

REGISTERED COMPANY NUMBER: 08479090 (England and Wales)
REGISTERED CHARITY NUMBER: 1154429

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025
FOR
VETERANS OUTREACH SUPPORT**

Gibson Whitter
Chartered Accountants
and Chartered Tax Advisers
Larch House
Parklands Business Park
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VETERANS OUTREACH SUPPORT

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VETERANS OUTREACH SUPPORT

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 JULY 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

CHAIR'S INTRODUCTION

2024-25 was a year of both progress and pressure for Veterans Outreach Support. Demand for our services grew, particularly in our clinical and welfare work, and we strengthened our ability to respond by securing QNVMHS accreditation, building new partnerships and launching Thrive Together South East. At the same time, a shortfall in core income and continued economic uncertainty highlighted the importance of the financial resilience strand of our new 2025-30 strategy.

Over the year our teams delivered more than 900 hours of clinical support, handled increasing numbers of complex welfare cases, and offered a rich programme of social groups and wellbeing activities in Portsmouth, the Isle of Wight and the surrounding areas. Our volunteers contributed over 10,000 hours of input, and our delivery partners continued to bring specialist expertise into our Drop-Ins and outreach work. We were particularly pleased to see veterans and families from under-served groups - including Merchant Navy seafarers and female veterans - beginning to benefit from our targeted outreach.

This was also a year in which VOS's voice was heard more widely. We were awarded the Employer Recognition Scheme Gold Award, elected to the Cobseo Executive Committee and began the process of appointing a high-calibre group of patrons, starting with our first Merchant Navy patron, Captain Louise Sara MNM. These developments, alongside our leadership of the Thrive Together South East portfolio, reflect our strategic ambition to combine high-quality local delivery with responsible regional and national leadership.

Financially, the charity ended the year with a modest overall surplus but a deficit in core operations, underlining the need to grow unrestricted income and rebuild reserves. Steps have already been taken to address this through a revised structure, recruitment to key posts, investment in systems and a renewed focus on fundraising diversification.

None of this would be possible without the dedication of our staff, volunteers, delivery partners and funders, and the trust placed in us by veterans and their families. On behalf of the Board, I would like to thank everyone who has contributed to VOS over the past year and to commend this report as a record of what we have achieved together and a statement of intent for the years ahead.

Lt Cdr John Scivier RN (retd)

**Chairman of the Board of Trustees
Veterans Outreach Support**

VETERANS OUTREACH SUPPORT

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 JULY 2025

OBJECTIVES AND ACTIVITIES

Charitable Objects

Veterans Outreach Support (VOS) exists to preserve and protect the mental health and wellbeing of Armed Forces veterans and former members of the Merchant Navy and their families, and to relieve need by providing assessment, treatment, support, advice and advocacy. The charity may also undertake other activities that, in the opinion of the trustees, further this objective.

Vision and Mission

Our vision is to be acknowledged as the exemplar of high quality, holistic and inclusive support to the Armed Forces and Merchant Navy veteran community, ensuring no veteran nor their family is left behind.

Our mission is to support veterans and their families through the provision of direct welfare, wellbeing, and clinical services, exercised through regional and national collaboration, and rooted in local delivery and strong partnerships.

Who we serve

VOS supports veterans from the Royal Navy and Royal Marines, the British Army, the Royal Air Force and the Merchant Navy, both Regular and Reservist, and their close families (spouses, partners, carers). In line with our 2025-30 strategy, we are placing particular emphasis on under-served groups such as Merchant Navy seafarers, female veterans and carers, who can be harder to identify and support.

We focus on those facing challenges such as poor mental health, social isolation, financial or housing insecurity, physical health issues and difficulties navigating civilian services.

How we work

Our work is organised through four service pillars and one regional programme:

1. Care - clinical and psychological support to improve mental health and functioning.
2. Welfare - practical support with benefits, housing, debt and other welfare needs.
3. Delivery - social groups, wellbeing activities and community outreach to reduce isolation and build peer support.
4. Exec Gov - governance, finance, HR and compliance for safe, effective services.
5. Thrive Together - a regional partnership programme improving access to mental health and wellbeing support for veterans and families across SE England.

These pillars form the framework for our 2025-30 strategy. Over this period we aim to consolidate VOS as a centre of excellence in veterans' mental health and welfare, a trusted regional systems leader, and a resilient charity with a strong volunteer base and sustainable funding.

Monthly Drop-Ins

Monthly Drop-Ins in Portsmouth and Newport, Isle of Wight, remain a key gateway into our services. At these Drop-Ins, veterans and family members can access:

- General welfare and wellbeing support from around 40 delivery partner organisations.
- A welcoming social environment with refreshments and peer support delivered by trained volunteers.
- On-site mental health triage provided by the Care team and clinical partners

Public Benefit

In setting our objectives and planning our activities, the trustees have had due regard to the Charity Commission's general guidance on public benefit. We believe the charity provides clear public benefit by:

- Improving veterans' mental health and wellbeing, enabling them to function better in daily life, work and relationships
- Reducing crisis, homelessness and financial risk through early intervention and practical welfare support
- Strengthening families by recognising and supporting carers and family members
- Enabling veterans to participate more fully in their communities, contributing their skills and experience

Our services are open to all who meet the eligibility criteria, with no requirement for any payment, and we actively reach out to under-served groups to ensure equitable access.

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ACHIEVEMENTS AND PERFORMANCE

Wellbeing Activities

Examples of our activities and outreach can be found on our website www.vosuk.org and across our social media channels on Facebook, Instagram and LinkedIn.

Care - clinical and mental health support

Demand for our clinical services continued to grow. During 2024-25 the Care team delivered 910 hours of clinical activity, up from 632.55 hours last year - an increase of approximately 44%. Veterans and family members accessed triage at both Portsmouth and Isle of Wight Drop-Ins, psychiatric assessment and review, psychological assessment, a range of evidence-based therapies (including EMDR, CBT, trauma-focused CBT and counselling) and stabilisation interventions such as coping strategies, grounding techniques and Mental Health & Wellbeing "Cuppa & Chats". Sessions were offered in person, by telephone and online, improving accessibility for those with mobility, work or caring constraints.

Clinical Outcomes

During the reporting period, therapy outcome measures were reviewed for a sample of 10 service users who completed therapy. Standardised measures were used to assess anxiety (GAD 7), depression (PHQ 9) and trauma related distress (IES R) at the start and end of therapy.

The outcome data shows that all service users in the sample experienced improvements in their mental health, with many showing notable reductions in symptoms by the end of therapy. Several individuals moved from moderate or severe levels of distress to mild or minimal symptoms.

Improvements were seen across anxiety, depression and trauma related symptoms. Even where some difficulties remained, every service user in the sample made progress, demonstrating the positive impact of the therapy provided.

These results indicate that the therapy service is effective and beneficial, supporting improved wellbeing and recovery for those accessing support.

These interventions helped veterans better understand their mental health, manage symptoms and re-engage with family life, work and the wider community. Qualitative feedback from participants was consistently strong. For example, 100% of those attending stabilisation sessions strongly agreed that the sessions gave them coping strategies they could use in daily life. Veterans described Cuppa & Chat as providing "huge uplift" during "an unbearably difficult time" and reported feeling more able to cope with grief and anxiety following CBT and counselling.

Strengthening clinical quality and partnerships

We strengthened our clinical quality and governance this year. On 13 May 2025 VOS was awarded Quality Network for Veterans Mental Health Services (QNVMS) accreditation by the Royal College of Psychiatrists, recognising that our clinical services meet agreed national standards. This accreditation is a cornerstone of our 2025-30 strategy, to embed nationally recognised standards and strengthen our clinical governance.

In partnership with PTSD Resolution, we established a new trauma-focused therapy pathway for veterans and families, extending our reach across the Thrive Together region, complementing existing NHS provision beyond VOS's direct resources.

VOS also took initial steps to join the Triangle of Care accreditation pathway, becoming the first armed forces charity to do so in Sept 2025. Led by our Families and Carers Outreach Officer and Head of Care, this will help ensure carers are recognised, informed and involved appropriately in care, and will support our applications to extend family-focused work, including an AFCFT 'Family Focus' grant. Alongside our planned participation in the Triangle of Care accreditation pathway for carers, this demonstrates our intention to lead by example in veterans' mental health, with practical benefits for carers as well as service users.

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Physical health

Alongside mental health, we began to address physical health more proactively. In February 2025, eight service users took part in a pilot health screening day delivered with the Mary How Trust, receiving a detailed health assessment (including health questionnaire, dietary and lifestyle consultation, diabetes risk assessment, physical observations, blood tests including PSA for men aged 40-79, FIT bowel screening, urine dip test, abdominal ultrasound scan and pelvic scan for females) and personalised action plan, with results shared with GPs where consent was given. Based on the very positive service user feedback, we are working with participants to develop individual health care plans and plan to repeat and expand this offer with the Mary How Trust.

Welfare - practical and financial stability

It has been another busy and productive year for the VOS Welfare team. We continued to offer informal support at monthly Drop-Ins in Portsmouth and the Isle of Wight, where veterans can receive quick advice or raise new concerns, and we provided more intensive casework for those with complex needs. Over the year we handled 96 individual cases, many complex, representing a 35% increase on the previous year.

The majority of those we supported were ex-Army veterans, followed by individuals from the Royal Navy, Royal Air Force, Royal Marines, Merchant Navy and their partners or carers. Of the veterans we assisted, 64 were of working age and 32 were older, reflecting both transition-related challenges and issues arising later in life.

The most common reasons for seeking support remained War Pension and Armed Forces Compensation Scheme claims, Personal Independence Payment (PIP) applications (including Mandatory Reconsiderations and appeals), and transitions between benefits such as Employment Support Allowance and Universal Credit. We also helped veterans with housing and homelessness, debt, access to health and social care, and unclaimed preserved pensions, often coordinating support across multiple agencies.

Many cases required urgent action, particularly where housing and benefits issues risked homelessness. We strengthened partnerships with Portsmouth City Council, the local DWP Armed Forces Champions, Probation and Portsmouth Adult Services, helping secure better and faster outcomes for veterans. Joint working with Op COURAGE, particularly on the Isle of Wight, ensured that those with combined mental health and welfare needs received coordinated support.

To increase responsiveness, we became an authorised referrer for The Veterans Charity (Charity Registration: 1123149), enabling rapid, one-off help such as emergency groceries or travel costs when other grant processes would be too slow. VOS is also contributing to the national Common Assessment Approach co-production initiative, with the Royal Marines Association, which aims to simplify referrals across sectors and reduce the burden on veterans of repeatedly retelling their story.

Integrated care

Strengthening joint working between Welfare and Care has been a deliberate strategic priority. By sharing insights and undertaking joint reviews, the teams are providing more responsive and trauma-informed support for veterans whose mental health, housing and financial issues are closely intertwined, reducing the risk of fragmented care and improving outcomes.

Delivery - social connection, activities and volunteers

Our Delivery work is driven by VOS's values of being accessible, together, responsive, reflective, recovery-oriented and user-centred. We aim to ensure:

- A safe, friendly, sociable and accessible Drop-In
- Professional, evidence-based mental health support
- Trustworthy "one-stop" access to partner services
- Strong engagement of service users and family members
- Intelligent and secure use of information

Throughout 2024-25 the Delivery team on the mainland and Isle of Wight actively engaged veterans through a diverse programme of social groups, wellbeing activities, outreach and events.

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Social groups

Weekly social groups in Southsea and Stubbington continued to grow, typically attracting around 20 attendees in Southsea and up to 40 in Stubbington. On the Isle of Wight, weekly groups ran in Cowes, Sandown, Brighstone and Freshwater, collectively seeing around 60 service users each month, with 20-30 attendees at each venue.

Wellbeing activities

Over the course of the year we delivered a wide range of activities, including new initiatives such as the 'Page Turners' book club, survival skills days, Chinese craft workshops, mobility classes, walking football, fossil-hunting trips and a user-led pantomime group. Established favourites such as the VOS singing group continued to flourish, performing at community events and supporting veterans' confidence, routine and sense of purpose.

Highlights included hosting the Chelsea Pensioners, Joining Forces collaboration with emergency services and showcasing the VOS singing group at Havant Borough Council. Summer activities included picnics at Fort Victoria and other scenic spots, singing group, skittles, quiz evenings, book club and a private tour of the D-Day Tunnels.

Participation in wider events - including Armed Forces Day (both mainland and Isle of Wight), VE Day commemorations, Riverfest, National Pride, the Fareham Community Showcase, HMNB Families Day, Royal Isle of Wight County Show and the 'Let's Talk About Suicide' event in Victoria Park Portsmouth - helped raise VOS's profile and celebrate veterans' contribution. Strategic use of village halls on the Isle of Wight improved cost-efficiency and created welcoming veteran-only spaces.

Volunteers

Volunteers remained central to this work. During 2024-25, 38 trained and DBS-cleared volunteers regularly supported monthly Drop-Ins and social groups on both sides of the Solent. In total they contributed 10,680 hours of time, with an estimated value of £143,646 - support without which our operations would not be sustainable.

Volunteers welcomed participants, managed front of house, facilitated activities, recorded data, represented VOS at community events and helped raise awareness in public spaces such as supermarkets and at externally organised events. We invested in volunteer development, providing training on mental health, dementia, domestic abuse and safeguarding, and invited volunteers to contribute blogs and other content to our website and social media.

The Portsmouth and IOW Drop-Ins are backed by a dedicated volunteer team. They manage the front of house, offer social support, and oversee the engagement of service users with delivery partners. Some team members lead weekly social and activity groups while others represent VOS at various information events and public displays throughout the year.

Volunteers remain central to our future. The recruitment of a dedicated Volunteer Coordinator and Head of Operations, as set out in our 2025-30 strategy, is designed to sustain and grow this vital contribution, improve coordination across Hampshire and the Isle of Wight, and support safe expansion of our wellbeing and outreach work.

National profile and thought leadership

Our 2025-30 strategy commits VOS to combining high-quality local delivery with a stronger national voice. During the year, the charity's profile and influence grew through recognition such as the MOD Employer Recognition Scheme Gold Award and election to the Cobseo Executive Committee, alongside the appointment of our first patron, Captain Louise Sara MNM. These developments sit alongside our delivery work and help ensure the experiences of our beneficiaries inform wider policy and practice for veterans, including small and often overlooked groups such as the Merchant Navy community.

VOS staff and volunteers proudly represented the charity at a variety of events across the region, generating over £1,300 in donations during the summer quarter alone, as well as broader interest in and awareness of what VOS does.

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Delivery Partners

Our Drop-Ins continued to benefit from the regular attendance of more than 30 delivery partners, including national, regional and local charities, statutory services and specialist providers. These partners offer expertise on welfare, housing, employment, physical and mental health, carers' support, addiction, finances and more.

The monthly Drop-Ins have seen regular attendance from over 30 representatives from partner charities and organisations, delivering general welfare support and advice to service users. Both Portsmouth and the Isle of Wight have welcomed several new delivery partners throughout 2024-2025, joining our existing network each month:

- AFCOT - Armed Forces Community Outreach Team.
- Age UK - providing advice to older veterans.
- Alabaré - supported accommodation for veterans.
- Alcoholics Anonymous - personal recovery.
- Andy Man's club - support group for men.
- Andover Mind - supporting carers in the UK.
- Blesma - assistance for those who have suffered life-changing limb loss or the use of a limb, an eye or loss of sight.
- Blind Veterans - Eyesight and hearing support.
- Citizens Advice - debt, money and benefits advice.
- Combat Stress - residential mental health support.
- DWP - Benefits and Pensions.
- DMWS - Defence Medical Welfare Service.
- Enable Ability - Disabled adults and children in the Portsmouth area.
- First Light Trust - community café and welfare advice.
- Fighting with Pride - LGBT+Veterans, service personnel and their families.
- Footprint Trust IOW - support with energy issues.
- Forces Employment Charity - helping veterans find and apply for jobs.
- Gamcare - support for gambling addiction.
- Hampshire County Council Forces Representatives - advice for those in Hampshire, outside of Portsmouth.
- Help for Heroes - lifelong support of WIS veterans.
- Hounds for Heroes - Provides benefit through specially trained assistance dogs.
- IOW Council, Veterans Champion - Information sharing.
- Inclusion Hampshire & IOW - substance misuse treatment and recovery.
- Legal Clinics - provided by Knights (Armed Forces team).
- Living Well Early Help IOW - Housing, welfare support.
- NHS Hampshire Court Liaison and Diversion Service - support in the criminal justice system.
- Op Courage - mental health support for veterans.
- Peeraid - gambling advice service
- Portsmouth Carers Centre (Carers UK) - support for all carers in Portsmouth.
- Portsmouth City Council Wellbeing team - wellbeing activities in the local community.
- Portsmouth Water - providing advice for clients of the water utility.
- Prostate IOW - provide testing for free and support.
- RBL Brighstone IOW - welfare support.
- RBL Lifeworks - Lifeworks is a free employment support programme for veterans.
- RFEA - renamed to The Forces Employment Charity - employment support and training.
- RAF Benevolent Fund - welfare benevolence for the RAF family.
- RMC - Royal Marines Charity
- RNA - Royal Naval Association - Welfare support.
- RN Benevolent Trust - welfare benevolence for the RN/RM family.
- Rowans Hospice Living Well - support for veterans and families with life-limiting illness.
- Royal Maritime Hotel - VOS HQ and principal delivery partner.
- Samaritans - emotional support.
- Shore Leave Haslar - horticultural therapy project in Royal Hospital Hawser Memorial Garden.
- Solent Mind - mental health support in the Solent region.
- SSAFA - welfare support.

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- St Mary's Hospital IOW - Veterans Awareness.
- The Pinacle Group - leading provider of service families accommodation.
- Tuppenny Barn - Horticultural Therapy and community based work.
- Utilita - providing advice for clients of their energy services

Delivery Partners Code of Conduct

A Code of Conduct ensures that Delivery Partners share VOS's values and can be regarded as trustworthy for our service users. All Delivery Partners are invited to sign up to the Code, by which they agree to a range of points from regular attendance, to behaviour, standards, provision of insurances, safeguarding and other matters.

Thrive Together South East - Partnership in Mind

Thrive Together South East, also known as Partnership in Mind, made significant progress during the year in developing and launching the programme. Phase 1, from April to September 2024, focused on consultation and design and was supported by a £133,369 grant from the Armed Forces Covenant Fund Trust (AFCFT). A public event in May 2024 attracted nearly 100 attendees, and surveys distributed across the region received 380 responses from veterans, families and carers. The independent No Wrong Door report found that 85% of veterans did not know where or how to access the mental health and wellbeing support they needed. Survey findings from organisations reinforced this picture, highlighting uncertainty about provision and limited understanding of pathways into care. These insights informed our successful bid to AFCFT, securing the maximum available programme grant of £900,000, with the first payment received in October 2024.

Following an open Expression of Interest process, the VOS Board approved partnership agreements in December 2024 with the Veterans Community Network, Kent Arts and Wellbeing and the Defence Medical Welfare Service (DMWS). These partners now deliver the Pathfinder Support Service and the Female Veterans Project, and the programme was formally launched in February 2025 with keynote contributions from General The Lord Richards (now Field Marshal) and AFCFT CEO Anna Wright.

Delivery in the first year has been encouraging. By June 2025, DMWS was supporting female veterans and delivering Pathfinder, while the Veterans Community Network was running lunch and learn webinars with GP practices to improve awareness of veterans' needs and available support. We also seconded a Network and Partnership Development Manager to accelerate cluster development, identified Alliance for Better Care CIC as the preferred partner for the central region, and appointed a dedicated Families and Carers Outreach Officer.

The programme is already strengthening collaboration, improving understanding of local provision and beginning to close access gaps for under-served groups, including female veterans. It is a flagship part of our 2025-30 strategy to provide no wrong door access to mental health and wellbeing support across the region. Wider engagement during the year included regional NHS planning, work with Hampshire and Isle of Wight NHS Trust, national collaboration with other portfolio leads and outreach at events across the South East.

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ACHIEVEMENTS AND PERFORMANCE

Marketing and communications

The VOS website enables the charity to communicate its services and support, champion the charity's partners, share news, blogs and updates, and further VOS's mission and vision by reaching more beneficiaries. Additionally, VOS has invested in a more consistent and collaborative social media engagement plan; and (acknowledging that not all our target audience is on social media) managing a proactive approach to running ads or reaching out into local magazines and newspapers.

Funding

VOS received generous funding from a number of grant makers and donors during the reporting period. A breakdown of the grant funding awarded during 2024-25 is as follows:

- Armed Forces Covenant Fund Trust	£363,901
- Royal Navy and Royal Marines Charity	£81,000
- Greenwich Hospital	£50,000
- The Seafarers Charity	£20,000
- Royal Naval Benevolent Trust	£16,415
- Queen Mary's Roehampton Trust	£12,000
- Trinity House Maritime Charity	£10,000

Other support and donations have been gratefully received from Exton Church, Hants & IOW Masonic Lodges, HMS Hermes Association, The King's Theatre Portsmouth, Portsmouth Lottery, Queen Alexandra RN Nursing Association, St Ann's Church (HMNB Portsmouth), Association of WRENS, BGF Foundation, URNU Solent, Practice Plus Group, a number of donations from individuals, collections at individual events, donations via online platforms such as Just Giving, Charities Trust, CAF Donate, Much Loved and PayPal.

VOS is grateful for all donations received and for the work involved by Staff and Volunteers who represent VOS, raising both funds and awareness at local events.

The charity is also indebted to the Royal Maritime Hotel (RMH) for the provision of office space, therapy and function rooms at discounted rates, and for the partnership it has with VOS. From the establishment of the charity to the period covered in this report, VOS would not have achieved what it has without this strong and critical support.

VETERANS OUTREACH SUPPORT

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FINANCIAL REVIEW

Financial position

This has been a challenging period for VOS, we ended the year in a fair financial position. There was an excess of income over expenditure of £47,881. As in the previous year, operating costs have risen, reflecting a national trend, whilst income from traditional funding sources have not generally taken this inflation into account.

The total funds brought forward from 31 July 2024 were £216,485 while total funds carried forward to the next financial year are £264,366. At the end of the period cash assets (cash at bank) totalled £206,935.

Management accounting reports are provided in advance of management and trustee meetings to all Board members.

Most cash funds were held in a higher interest and fixed term deposit accounts, with a smaller amount held in an easy access, interest-bearing deposit account and only transferred to the current account as required for immediate expenditure. In year, bank accounts were reviewed by the trustees (Finance & Remuneration Committee), with actions to open additional accounts with other banks to improve returns and mitigate the risk of bank failure.

The underlying picture remains finely balanced, as the year saw VOS operating in a challenging fundraising environment with some traditional sources of funding being unavailable to the charity. Much of our income is restricted to specific programmes, while core costs and the need for flexible, responsive support continue to rise.

The principal financial risk facing the charity is therefore long-term sustainability, particularly the sufficiency of unrestricted income to fund essential infrastructure and evolving needs. In response, we are actively exploring additional income sources beyond the military charity sector and seeking to broaden our donor base, alongside more effective full-cost recovery when bidding for funds.

The trustees recognise that the deficit in core (non-Thrive Together) operations in 2024-25 reflects both gaps in internal fundraising capacity and the non-receipt of some anticipated grants. In response, the 2025-30 strategy prioritises strengthening our fundraising function, implementing a new CRM system, targeting a broader mix of military and non-military funders, and rebuilding reserves over time.

During the year the Board approved a new organisational structure incorporating a Head of Operations and a Volunteer Coordinator, and work began on a dedicated fundraising strategy and action plan. The main financial focus for 2025-26 is to secure grant income and other funding in excess of forecast expenditure, with quarterly reviews of forecasts, cash flow and investments to support prudent financial management.

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FINANCIAL REVIEW

Reserves policy

VOS's designated financial reserve of £150,000 is intended to cover at least three months of operating costs for the Drop-In and essential clinical services - roughly the length of a typical course of treatment - and would allow trustees time to respond to a significant funding shortfall and, if necessary, manage an orderly transfer or closure of services. The reserve also acts as a buffer in times of financial challenges.

As a charity engaged in discretionary activities, with the ability to review many outputs and staffing levels, the reserve is unlikely to be required in full with the exception of a catastrophic requirement to shut down VOS.

Whilst the VOS reserves policy is based upon this sum, the income over expenditure figure above shows that we are well below this due to the factors related to capacity and fundraising sources above, having drawn upon our reserves to weather the challenging fundraising position experienced during this year and the one before.

Whilst this clearly requires further work to be done on restoring our reserves to the optimum amount, we have seen a positive shift of £143,489 based on this year's net position of £47,881 against the net position in the previous year's accounts which showed a deficit of £95,608.

Furthermore, early indications of progress in FY 2025-26 towards rebuilding our reserves are also positive, with our strategy of focusing on unrestricted grants from a diverse range of sources, allowing our donations to be dedicated to our reserves, proving successful. The proactive steps taken to increase capacity, with additional recruitment and the implementation of technology, alongside a dedicated, multi-channel fundraising campaign sit at the heart of this positive change.

The reserves level is reviewed regularly to ensure it remains appropriate and the Board is considering moving towards a six-month target over time to demonstrate resilience to beneficiaries, funders and the wider public. Moving towards a six-month reserves target over the life of the strategy will depend on successful delivery of our fundraising plan and careful cost control. The Board will review progress annually.

Funds held in excess of the current reserves target primarily represent restricted fund deferred balances, committed to future delivery of specific projects. In some cases, delivery has been slower than planned due to external factors, and we have agreed extensions with funders to ensure projects can be completed. We are most grateful for their cooperation and assistance in enabling our programmes to continue.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Articles of Association.

Charity constitution

The Charity is a company limited by guarantee (Company number 08479090) incorporated on 8 April 2013 and a registered Charity (number 1154429) registered 1 November 2013. The Charity's constitution is set out in its Articles of Association (adopted 16 October 2013, amended 24 March 2022 and 29 September 2022).

VETERANS OUTREACH SUPPORT

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STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustees Appointments

The Charity is governed by a Board of Trustees with responsibility for the strategic management of the Charity. The board consists of a minimum of four trustees and has no maximum number.

Annually, one third of the Trustees are required to retire by rotation dependent on the length of their service. Trustees may serve for a maximum of nine years unless they have served as Chair in which case that is extended to 12 years; they must then retire and may not be re-appointed (if eligible) without an interval of at least 12 months. The Charity recognises that the creation of a diverse Board is an important factor in recruiting the professional competence required to administer the Charity successfully while increasing the accountability and public confidence in the overall management of the organisation.

Full meetings of the Board took place on 1 September 2024, 12 December 2024, 20 March 2025 and 19 June 2025.

Induction and Training of Trustees

New Trustees are inducted by the Chair, the CEO and the other VOS staff. Trustees make use of the online training packages offered by the National Council of Voluntary Organisations (NCVO), of which VOS is a member.

Retirements

During the period of this report no Trustees retired.

Staff and Volunteers

Cdr Ian Millen RN (Retd) remains in post as CEO, supported by a team of permanent staff managing VOS's three pillars of service delivery: Care, Wellbeing and Welfare, with an additional, programme-based pillar for the AFCFT's Thrive Together Programme. The VOS core team is supplemented by external contractors providing clinical and other services.

VOS is pleased to be a member of the National Council for Volunteer Organisations (NCVO), which helps underpin our management of and support to VOS Volunteers. VOS has approximately 40 volunteers supporting the charity. A majority of our volunteering team (primarily in peer support) have completed a series of training commitments, including Mental Health First Aid (MHFA), Professional Boundaries and Safeguarding.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08479090 (England and Wales)

Registered Charity number

1154429

Registered office

Larch House
Parklands Business Park
Denmead
Hampshire
PO7 6XP

VETERANS OUTREACH SUPPORT

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Trustees

Lt Cdr RN (Retd) J Scivier	(Chair from 27 Mar 2023)
Cdr RN (Retd) M E Emerton	(Elected 27 Mar 2023 - Vice Chair)
Cdr RN (Retd) R Williams	(Elected 11 Dec 2018)
Mr M Dawe	(Elected on 18 Mar 2021)
Lt Cdr RN (Retd) A Sard	(Elected on 18 Mar 2021)
Professor C Kinane	(Elected 27 Mar 2024)
Mr J Porter	(Elected 27 Mar 2024)
Mr M Powell	(Elected 27 Mar 2024)

President

Field Marshall The Lord Richards of Herstmonceux GCB CBE DSO DL	(Elected 12 December 2024)
Rear Admiral Sir Jeremy de Halpert KCVO CB	(Retired 12 December 2024)

Honorary Vice Presidents

Surg Capt RN (Retd) M R O'Connell
CPO (Retd) Joe Erskine
Mrs A E M Townsend (deceased 13 May 2024)
WO1 RN (Retd) David Watts
Maj (Retd) M Powell

Independent Examiner

Gibson Whitter
Chartered Accountants
and Chartered Tax Advisers
Larch House
Parklands Business Park
Denmead
Hampshire
PO7 6XP

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Approved by order of the board of trustees on 24 APRIL 2026 and signed on its behalf by:



Mr J Scivier - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
VETERANS OUTREACH SUPPORT**

Independent examiner's report to the trustees of Veterans Outreach Support ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gavin Whitter

Gibson Whitter
Chartered Accountants
and Chartered Tax Advisers
Larch House
Parklands Business Park
Denmead
Hampshire
PO7 6XP

Date:

VETERANS OUTREACH SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 JULY 2025

	Notes	Unrestricted funds £	Restricted funds £	31.7.25 Total funds £	31.7.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	119,918	12,000	131,918	166,767
Charitable activities	4				
Veterans welfare		56,875	679,001	735,876	540,266
Investment income	3	9,244	-	9,244	10,971
Total		<u>186,037</u>	<u>691,001</u>	<u>877,038</u>	<u>718,004</u>
EXPENDITURE ON					
Charitable activities	5				
Veterans welfare		<u>235,364</u>	<u>593,793</u>	<u>829,157</u>	<u>813,612</u>
NET INCOME/(EXPENDITURE)		(49,327)	97,208	47,881	(95,608)
RECONCILIATION OF FUNDS					
Total funds brought forward		57,998	158,487	216,485	312,093
TOTAL FUNDS CARRIED FORWARD		<u><u>8,671</u></u>	<u><u>255,695</u></u>	<u><u>264,366</u></u>	<u><u>216,485</u></u>

The notes form part of these financial statements

VETERANS OUTREACH SUPPORT

BALANCE SHEET 31 JULY 2025

	Notes	31.7.25 £	31.7.24 £
FIXED ASSETS			
Tangible assets	12	12,004	18,803
CURRENT ASSETS			
Debtors	13	71,923	20,397
Cash at bank and in hand		206,935	343,154
		<u>278,858</u>	<u>363,551</u>
CREDITORS			
Amounts falling due within one year	14	(26,496)	(165,869)
NET CURRENT ASSETS		<u>252,362</u>	<u>197,682</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		264,366	216,485
NET ASSETS		<u>264,366</u>	<u>216,485</u>
FUNDS	16		
Unrestricted funds		8,671	57,998
Restricted funds		255,695	158,487
TOTAL FUNDS		<u>264,366</u>	<u>216,485</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2025.

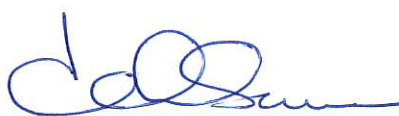
The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the Board of Trustees and authorised for issue on 24 APRIL 2026 and were signed on its behalf by:



Mr J Scivier - Trustee

The notes form part of these financial statements

VETERANS OUTREACH SUPPORT

CASH FLOW STATEMENT FOR THE YEAR ENDED 31 JULY 2025

	Notes	31.7.25 £	31.7.24 £
Cash flows from operating activities			
Cash generated from operations	1	(145,463)	(152,753)
Net cash used in operating activities		<u>(145,463)</u>	<u>(152,753)</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(1,862)
Interest received		9,244	10,971
Net cash provided by investing activities		<u>9,244</u>	<u>9,109</u>
Change in cash and cash equivalents in the reporting period		<u>(136,219)</u>	<u>(143,644)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>343,154</u>	<u>486,798</u>
Cash and cash equivalents at the end of the reporting period		<u><u>206,935</u></u>	<u><u>343,154</u></u>

The notes form part of these financial statements

VETERANS OUTREACH SUPPORT

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 JULY 2025

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.7.25 £	31.7.24 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	47,881	(95,608)
Adjustments for:		
Depreciation charges	6,799	6,875
Interest received	(9,244)	(10,971)
(Increase)/decrease in debtors	(51,526)	29,796
Decrease in creditors	(139,373)	(82,845)
Net cash used in operations	<u>(145,463)</u>	<u>(152,753)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.8.24 £	Cash flow £	At 31.7.25 £
Net cash			
Cash at bank and in hand	343,154	(136,219)	206,935
	<u>343,154</u>	<u>(136,219)</u>	<u>206,935</u>
Total	<u>343,154</u>	<u>(136,219)</u>	<u>206,935</u>

The notes form part of these financial statements

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

Income

Donations and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, the receipt is probable and the amount can be measured with sufficient reliability. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions is recognised as earned (as the related goods and services are provided). Grant income included in this category provides funding to support activities and is recognised where there is entitlement, the receipt is probable and the amount can be measured with sufficient reliability.

Volunteers and donated services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contributions is included in the financial statements at an estimate based on the value of the contribution to the charity.

Expenditure

Expenditure is recognised when a liability is incurred. Contractual arrangements are recognised as goods or services are supplied.

- Costs of raising funds are those costs incurred in attracting voluntary income.
- Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.
- Support costs include governance costs and central functions and have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 20% on cost
Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Individual fixed assets costing £500 or more are capitalised at cost.

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

1. ACCOUNTING POLICIES - continued

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.7.25	31.7.24
	£	£
Donated goods and services	101,094	106,101
Donations	30,824	60,666
	<u>131,918</u>	<u>166,767</u>

3. INVESTMENT INCOME

	31.7.25	31.7.24
	£	£
Deposit account interest	<u>9,244</u>	<u>10,971</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.7.25	31.7.24
		£	£
Grants	Veterans welfare	<u>735,876</u>	<u>540,266</u>

Grants received, included in the above, are as follows:

	31.7.25	31.7.24
	£	£
Royal Navy and Royal Marines Charity	81,000	81,000
The Seafarers' Charity	20,000	13,750
Greenwich Hospital	50,000	50,000
Queen Mary's Roehampton Trust	24,000	12,000
The Veterans' Foundation	25,000	32,083
The Royal Naval Benevolent Trust	16,415	8,990
Armed Forces Covenant Fund Trust	501,586	300,985
Lloyds Bank Foundation for England & Wales	8,708	26,125
Trinity House Maritime Charity	9,167	10,000
Hampshire and Isle of Wight ICB (NHS)	-	5,333
	<u>735,876</u>	<u>540,266</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 6) £	Support costs (see note 7) £	Totals £
Veterans welfare	433,858	395,299	829,157

6. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.7.25 £	31.7.24 £
Staff costs	266,282	182,792
Digital marketing support	16,224	46,575
Direct charitable costs	23,956	24,748
Training costs	1,547	609
Subcontracted clinical fees	15,146	20,275
Travel and subsistence	19,408	17,362
DBS checks	926	800
VPPP Partner payments	90,369	160,317
VPPP development expenditure	-	6,237
	433,858	459,715

7. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Veterans welfare	393,079	2,220	395,299

Support costs, included in the above, are as follows:

Management

	31.7.25 Veterans welfare £	31.7.24 Total activities £
Wages	181,500	150,779
Social security	19,550	9,766
Pensions	10,850	3,882
Insurance	13,949	8,044
Telephone	2,993	4,750
Postage and stationery	2,244	2,029
Advertising	4,092	1,777
Sundries	3,440	3,051
Rent	114,975	117,451
Computer and software costs	16,773	9,982
Repairs and renewals	180	1,064
Subscriptions	4,557	5,011
Conferences	317	-
Recruitment expenses	10,800	10,800
Bookkeeping and accountancy support	-	5,950
Bank charges	60	226
Depreciation of tangible assets	6,799	6,875
	393,079	341,437

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

7. SUPPORT COSTS - continued Governance costs

	31.7.25 Veterans welfare £	31.7.24 Total activities £
Trustee recruitment expenses	-	10,800
Accountancy and independent examination fees	1,800	1,660
Legal and professional fees	420	-
	<u>2,220</u>	<u>12,460</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.7.25 £	31.7.24 £
Depreciation - owned assets	<u>6,799</u>	<u>6,875</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

During the year no (2024: no) trustee directors were remunerated by the charitable company.

During the year two (2024: one) trustees made donations to the charitable company totalling £54 (2024: £25).

Trustees' expenses

During the year two (2024: three) trustee directors were reimbursed expenses by the charitable company totalling £181 (2024: £490) for travel costs.

10. STAFF COSTS

	31.7.25 £	31.7.24 £
Wages and salaries	429,800	318,198
Social security costs	33,759	23,823
Other pension costs	14,623	5,198
	<u>478,182</u>	<u>347,219</u>

The average monthly number of employees during the year was as follows:

	31.7.25	31.7.24
Direct charitable	9	6
Support	5	4
	<u>14</u>	<u>10</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	31.7.25	31.7.24
£60,001 - £70,000	<u>1</u>	<u>Nil</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	165,767	1,000	166,767
Charitable activities			
Veterans welfare	124,375	415,891	540,266
Investment income	10,971	-	10,971
Total	<u>301,113</u>	<u>416,891</u>	<u>718,004</u>
EXPENDITURE ON			
Charitable activities			
Veterans welfare	<u>410,704</u>	<u>402,908</u>	<u>813,612</u>
NET INCOME/(EXPENDITURE)	(109,591)	13,983	(95,608)
RECONCILIATION OF FUNDS			
Total funds brought forward	167,589	144,504	312,093
TOTAL FUNDS CARRIED FORWARD	<u>57,998</u>	<u>158,487</u>	<u>216,485</u>

12. TANGIBLE FIXED ASSETS

	Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 August 2024 and 31 July 2025	<u>23,715</u>	<u>6,399</u>	<u>9,802</u>	<u>39,916</u>
DEPRECIATION				
At 1 August 2024	8,396	4,941	7,776	21,113
Charge for year	<u>4,743</u>	<u>652</u>	<u>1,404</u>	<u>6,799</u>
At 31 July 2025	<u>13,139</u>	<u>5,593</u>	<u>9,180</u>	<u>27,912</u>
NET BOOK VALUE				
At 31 July 2025	<u>10,576</u>	<u>806</u>	<u>622</u>	<u>12,004</u>
At 31 July 2024	<u>15,319</u>	<u>1,458</u>	<u>2,026</u>	<u>18,803</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.25	31.7.24
	£	£
Trade debtors	-	1,000
Prepayments and accrued income	71,923	19,397
	<u>71,923</u>	<u>20,397</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.25	31.7.24
	£	£
Trade creditors	4,829	10,341
Other creditors	2,693	-
Accrued expenses	1,710	1,620
Deferred income	17,264	153,908
	<u>26,496</u>	<u>165,869</u>

Deferred income

Deferred income comprises grants received for future financial periods.

	31.7.25	31.7.24
	£	£
Balance brought forward	153,908	233,893
Amount released to incoming resources	(153,908)	(233,893)
Amount deferred in the year	17,264	153,908
	<u>17,264</u>	<u>153,908</u>
Balance carried forward	<u>17,264</u>	<u>153,908</u>

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31.7.25 Total funds £	31.7.24 Total funds £
Fixed assets	12,004	-	12,004	18,803
Current assets	23,163	255,695	278,858	363,551
Current liabilities	(26,496)	-	(26,496)	(165,869)
	<u>8,671</u>	<u>255,695</u>	<u>264,366</u>	<u>216,485</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

16. MOVEMENT IN FUNDS

	At 1.8.24 £	Net movement in funds £	Transfers between funds £	At 31.7.25 £
Unrestricted funds				
General fund	(69,772)	(21,557)	(50,000)	(141,329)
Contingency fund	100,000	-	50,000	150,000
Trinity House	13,333	(13,333)	-	-
RNRMC Clinical Services	14,437	(14,437)	-	-
	<u>57,998</u>	<u>(49,327)</u>	<u>-</u>	<u>8,671</u>
Restricted funds				
RNRMC Helping Hand	12,212	(12,212)	-	-
RNBT	17,453	(17,453)	-	-
Veterans Foundation - clinical	52,083	(52,083)	-	-
AFCFT Positive Pathways 3 Outdoor	1,750	(1,750)	-	-
AFCFT Strand 1 Clinical	46,415	(46,415)	-	-
AFCFT VPPP	-	227,653	-	227,653
AFCFT VPPP Development	17,105	(479)	-	16,626
RNRMC Wellbeing / Welfare	4,149	(4,149)	-	-
NHS No Wrong Door	6,257	(6,257)	-	-
AFCFT LGBT+ Veteran Support	244	(244)	-	-
AFCFT Vectis Veterans IOW	819	(819)	-	-
Veterans Foundation - salaries	-	11,416	-	11,416
	<u>158,487</u>	<u>97,208</u>	<u>-</u>	<u>255,695</u>
TOTAL FUNDS	<u>216,485</u>	<u>47,881</u>	<u>-</u>	<u>264,366</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	179,370	(200,927)	(21,557)
Trinity House	6,667	(20,000)	(13,333)
RNRMC Clinical Services	-	(14,437)	(14,437)
	<u>186,037</u>	<u>(235,364)</u>	<u>(49,327)</u>
Restricted funds			
RNRMC Helping Hand	-	(12,212)	(12,212)
RNBT	16,415	(33,868)	(17,453)
Veterans Foundation - clinical	-	(52,083)	(52,083)
AFCFT Positive Pathways 3 Outdoor	-	(1,750)	(1,750)
AFCFT Strand 1 Clinical	22,857	(69,272)	(46,415)
AFCFT VPPP	450,396	(222,743)	227,653
AFCFT VPPP Development	-	(479)	(479)
RNRMC Wellbeing / Welfare	81,000	(85,149)	(4,149)
NHS No Wrong Door	-	(6,257)	(6,257)
AFCFT LGBT+ Veteran Support	-	(244)	(244)
AFCFT Vectis Veterans IOW	33,333	(34,152)	(819)
Greenwich Hospital	50,000	(50,000)	-
Veterans Foundation - salaries	25,000	(13,584)	11,416
Queen Mary Roehampton Trust	12,000	(12,000)	-
	<u>691,001</u>	<u>(593,793)</u>	<u>97,208</u>
TOTAL FUNDS	<u>877,038</u>	<u>(829,157)</u>	<u>47,881</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.8.23 £	Net movement in funds £	At 31.7.24 £
Unrestricted funds			
General fund	33,778	(103,550)	(69,772)
Contingency fund	100,000	-	100,000
Trinity House	3,333	10,000	13,333
Greenwich Hospital	16,041	(16,041)	-
RNRMC Clinical Services	14,437	-	14,437
	<u>167,589</u>	<u>(109,591)</u>	<u>57,998</u>
Restricted funds			
RNRMC Helping Hand	12,528	(316)	12,212
RNBT	8,475	8,978	17,453
Veterans Foundation - clinical	32,500	19,583	52,083
AFCFT Positive Pathways 3 Outdoor	-	1,750	1,750
AFCFT Afghan SS	4,967	(4,967)	-
AFCFT Strand 1 Clinical	38,438	7,977	46,415
AFCFT VPPP	15,820	(15,820)	-
AFCFT VPPP Development	25,675	(8,570)	17,105
RNRMC Wellbeing / Welfare	-	4,149	4,149
NHS No Wrong Door	6,101	156	6,257
AFCFT LGBT+ Veteran Support	-	244	244
AFCFT Vectis Veterans IOW	-	819	819
	<u>144,504</u>	<u>13,983</u>	<u>158,487</u>
TOTAL FUNDS	<u>312,093</u>	<u>(95,608)</u>	<u>216,485</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	228,613	(332,163)	(103,550)
Trinity House	10,000	-	10,000
Greenwich Hospital	62,500	(78,541)	(16,041)
	<u>301,113</u>	<u>(410,704)</u>	<u>(109,591)</u>
Restricted funds			
RNRMC Helping Hand	-	(316)	(316)
RNBT	8,990	(12)	8,978
AFCFT Positive Pathways 1 IOW	2,625	(2,625)	-
Veterans Foundation - clinical	19,583	-	19,583
AFCFT Positive Pathways 3 Outdoor	1,750	-	1,750
AFCFT Afghan SS	-	(4,967)	(4,967)
AFCFT Strand 1 Clinical	34,286	(26,309)	7,977
AFCFT VPPP	224,796	(240,616)	(15,820)
AFCFT VPPP Development	-	(8,570)	(8,570)
RNRMC Wellbeing / Welfare	82,000	(77,851)	4,149
NHS No Wrong Door	5,333	(5,177)	156
AFCFT LGBT+ Veteran Support	9,750	(9,506)	244
AFCFT Vectis Veterans IOW	27,778	(26,959)	819
	<u>416,891</u>	<u>(402,908)</u>	<u>13,983</u>
TOTAL FUNDS	<u>718,004</u>	<u>(813,612)</u>	<u>(95,608)</u>

Contingency Fund

The contingency fund is calculated to cover a minimum of three months' operating costs to provide the drop-in facility and essential clinical services. In the event of a funding crisis, this will give the trustees time to address the issue and plan the best action to take.

RNRMC- Helping Hands

The Helping Hands grant funds projects that recruit volunteers to provide support, friendship and practical help for Royal Navy beneficiaries, specifically; to combat loneliness and social isolation, to promote health and wellbeing and to prevent escalation of need or deterioration in health.

RNBT

This grant provides funding for former RN ratings or RM other ranks, their spouses or partners who are provided support by VOS.

Veterans Foundation - Clinical and Salaries

"Veterans Foundation support VOS with 2 types of grants, one is a salaries grant for VOS staff, the other is for clinical services not provided by VOS staff, but contracted out to our trusted therapists with the skills and qualifications to help VOS service users.

AFCFT Positive Pathways 3 - Outdoor - A peer supported programme of outdoor activities aimed at promoting confidence, wellbeing and positive mental and physical health, through learning new skills, helping others and contributing to our local communities.

AFCFT Strand 1 Clinical

This funding is to meet the increased demand for, and complexity of, mental health support for veterans and families, by enhancing VOS's clinical team with additional psychological and psychiatric resource, providing improved support to those in need.

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2025

16. MOVEMENT IN FUNDS - continued

AFCFT VPPP

VOS is the grant holder for the Veterans' Places, Pathways and People (VPPP) Programme for the South East, working with a portfolio of nine project partners across the region delivering mental health and wellbeing support to veterans.

AFCFT VPPP Development

This grant was awarded to support the development of the VPPP portfolio through improved management and administration, working to ensure sustainability of projects beyond the VPPP grant period, and strengthening the network in the South East region.

RNRMC Wellbeing / Welfare

This grant is a contribution towards our running costs and the delivery of our Wellbeing programmes and Welfare services.

NHS No Wrong Door

This grant is a contribution to the costs of delivering welfare services.

AFCFT LGBT+ Veteran Support

This grant is to fund a Welfare Peer Support Worker, increasing capacity to support the LGBTQ+ veteran community, in response to the independent review by Lord Etherton published in May 2023.

AFCFT Vectis Veterans IOW

This grant is building on from the Positive Pathways project, this fund supports two part time staff members to deliver a range of activities on the Isle of Wight.

Greenwich Hospital

Greenwich Hospital provide clinical grants to support RNRMC veterans, who are in need of therapy or other clinical support.

17. RELATED PARTY DISCLOSURES

The charity rented room space from the Royal Maritime Hotel, a charity with a Trustee in common, at a rate below market rate. This amounted to £101,094 in the year ended 31 July 2025 (31 July 2024: £106,101) and this has been included as services in kind in the accounts.

There were no other related party transactions in the year ended 31 July 2025 or 31 July 2024 other than those disclosed in note 9.

18. ULTIMATE CONTROLLING PARTY

The charitable company is under the control of its trustees. No one trustee has control of the charitable company.

