

**REGISTERED COMPANY NUMBER: 08479090 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1154429**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2022**  
**FOR**  
**VETERANS OUTREACH SUPPORT**

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## **VETERANS OUTREACH SUPPORT**

### **CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2022**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 14
<b>Independent Examiner's Report</b>	15
<b>Statement of Financial Activities</b>	16
<b>Balance Sheet</b>	17
<b>Cash Flow Statement</b>	18
<b>Notes to the Cash Flow Statement</b>	19
<b>Notes to the Financial Statements</b>	20 to 30

**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

**OBJECTIVES AND ACTIVITIES**

**Charitable Objects**

The Charity's Objects were updated in March 2022 to the following:

- 1 The preservation and protection of the mental health, wellbeing and the relief of need for Armed Forces Veterans (both Regular and Reservist) or former members of the merchant marine and their families, insofar as they have charitable need, by providing assessment, treatment, support, advice, and advocacy.
- 2 Such other activities that, in the opinion of the trustees, further the Charity's objective of providing support to Armed Forces Veterans (both Regular and Reservist) or former members of the merchant marine and their families.

**Vision**

The vision of the Trustees is: "A nation in which ex-service personnel are valued, understood and supported according to their needs."

**Mission Statement**

The mission of VOS is "To meet the welfare, wellbeing, and mental health needs of veterans<sup>1</sup>".

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The term "veterans" encompasses ex-service personnel, their families and, where the appropriate eligibility criteria are met, their carers and helpers. Personnel who are still serving, especially those in transition out of the Armed Forces, are not excluded from support.

## VETERANS OUTREACH SUPPORT

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 JULY 2022

#### OBJECTIVES AND ACTIVITIES

##### Main Activities

- VOS provides monthly Drop-Ins in a friendly and sociable environment on the first Wednesday of the month in Portsmouth, and on the third Wednesday in Newport, Isle of Wight (IOW). The Drop-In is available to ex-service personnel from the Royal Navy and Royal Marines, the British Army, the Royal Air Force and the Merchant Navy, both Regular and Reservist, and their families and dependants. Those who meet the eligibility criteria and make use of VOS services are known as Service Users (SUs). Those attending can find:
  - o General welfare and wellbeing support delivered through 40+ partner charities and agencies, termed Delivery Partners (DPs).
  - o A social forum with refreshments and peer support delivered by a team of volunteers.
  - o Mental health triage.
- Group wellbeing and peer support service delivered through a wide range of indoor, outdoor and online activities and visits throughout the year, supported by Mental Health First Aid (MHFA) trained volunteers, during the daytime, evenings and weekends.
- Regular veterans and families outreach coffee mornings in Stubbington, Southsea, Waterlooville, Fratton, Wroxall, Cowes, Sandown, Brighstone and online; all promoting community, camaraderie and connection.
- Service users who require psychological assessment are seen, face to face, by a member of the Triage team at one of the monthly Drop-Ins either on the Isle of Wight or Portsmouth or at separate, pre-arranged appointments. Cases are discussed in confidence among the clinical team to manage risk and safeguarding concerns and to put in place appropriate care pathways.
- Clinical delivery comprises assessments, diagnostic reviews, recommendations on specific psychiatric medications and the provision of evidence-based therapy in line with the Contact Group Guiding Principles for the delivery of Veterans' and Service Families' Mental Health Care and the NICE guidelines for PTSD and other mental health conditions. The team is led by an employed clinical manager, a contracted Consultant Psychiatrist<sup>2</sup> and a small number of contracted therapists who deliver weekly therapy based on clinical need. An assistant psychologist formed part of the team providing assessments. Working alongside the clinical team was a substance misuse recovery worker who delivered 1-1 recovery work in line with the NICE guidelines for alcohol reduction. The clinical team have veteran specific knowledge and are all trauma informed.
- Veterans Places, Pathways and People (VPPP). A portfolio of 9 delivery partners across the South-East of England, funded by the Armed Forces Covenant Fund Trust and managed by VOS. The purpose of this 2-year programme is to ensure:
  - Veterans can find the support they need and access mental health and wellbeing services activities that are interesting and relevant to them
  - When accessing activities, veterans are safe and can be supported to recover. They can be referred seamlessly to NHS or other services
  - Veterans at higher risk of suicide or other risk relating to mental ill health can receive better cross-sector support
  - Effective veteran-led projects are embedded in local care pathways supported by good partnerships

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<sup>2</sup> Position gapped from June 2022 to end of reporting period.

**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

**OBJECTIVES AND ACTIVITIES**

**Values**

VOS embraces and seeks to promote the following values:

- Accessible. We are there for anyone who needs us.
- Together. We are stronger in partnership.
- Responsive. We listen, we act.
- Reflective. We learn, we develop.
- Recovery-oriented. We can make a difference.
- User-centred. Our service users define us.

**Principles**

The key principles that guide the organisation are to ensure:

- A safe, friendly, sociable and accessible Drop-In;
- Professional, evidence-based Mental Health support;
- Trustworthy, one-stop agency services;
- Engagement of service users and family members;
- Intelligent and secure use of information.

**Contribution made by Volunteers**

VOS trustees and clinicians attend the monthly Drop-In on a pro bono basis. In addition, the Drop-Ins are supported by a team of 30+ volunteers who run the front of house, provide social support, and advise on and manage the engagement of SUs with DPs. A sub-set of the team have completed Mental Health First Aid training and act as peer supporters, running the weekly social and activity groups. In addition, our hard-working volunteer team of nearly 60 in total, represent VOS at the many information events and public displays that take place during the year.

**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

**OBJECTIVES AND ACTIVITIES**

**Delivery Partners**

The monthly Drop-Ins are attended by empowered representatives from between 30-40 partner charities and agencies to deliver general welfare support to SUs. After the disruption to this service caused by the Covid-19 pandemic, during which some partners either ceased operating or had their operations curtailed, we were delighted to resume the monthly Drop-Ins during 2021-22, working with the following delivery partners:

- Age UK - befriending and information service for older veterans.
- Alabaré - supported accommodation for veterans.
- Alcoholics Anonymous - personal recovery.
- Andover Mind - supporting carers in the UK
- Blesma - assistance for those who have suffered life-changing limb loss or the use of a limb, an eye or loss of sight
- Citizens Advice - debt, money and benefits advice.
- Combat Stress - residential mental health support.
- DWP - Benefits and Pensions
- DMWS - Defence Medical Welfare Service
- Enable Ability - Disabled adults and children in the Portsmouth area
- First Light Trust - community café and welfare advice.
- Forgotten Veterans - peer support and respite camps.
- Footprint Trust IOW - support with energy issues.
- Help for Heroes - lifelong support of WIS veterans.
- Inclusion Hampshire & IOW - substance misuse treatment and recovery.
- Legal Clinics - provided by Coffin Mew (Armed Forces team) and Biscoes Solicitors.
- Models for Heroes - plastic modelling activity group.
- NHS Hampshire Court Liaison and Diversion Service - support in the criminal justice system.
- Portsmouth Carers Centre (Carers UK) - support for all carers in Portsmouth.
- RFEA - employment support and training.
- RAF Association - IOW branch providing advice and social support for the RAF family.
- RAF Benevolent Fund - welfare benevolence for the RAF family.
- RNA - Royal Naval Association - Welfare support
- RN Benevolent Trust - welfare benevolence for the RN/RM family.
- Rowans Hospice Living Well - support for veterans and families with life-limiting illness.
- Samaritans - emotional support.
- Seafarers' Advice and Information Line (SAIL) - advice service for seafarers.
- Service Dogs UK - therapy/service dogs.
- Shore Leave Haslar -horticultural therapy project in Royal Hospital Haslar Memorial Garden.
- Solent MIND - support with employment and wellbeing.
- SSAFA - welfare support.
- The Poppy Factory - independence through employment with a health impairment.
- The Royal British Legion - lifelong financial/social/emotional support.
- The Warrior Programme -motivation and resilience training.
- Op Courage (HIS/TILS/CTS)
- Veterans Welfare Service - welfare, pensions and compensation advice.

## VETERANS OUTREACH SUPPORT

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 JULY 2022

#### OBJECTIVES AND ACTIVITIES

##### Other Partnerships

- Royal Maritime Club & Hotel – *HQ of VOS and primary partner in delivery of support* Hampshire and IOW Military Mental Health Alliance Programme Board, influencing veteran's mental health care delivery and welfare services for Portsmouth.
- Solent Armed Forces Covenant Partnership Board, contributing to the Solent AFCP Regional Needs Assessment and progressing actions as part of the Solent AFC Drop-In partnership.
- Portsmouth City of Sanctuary initiative - building a culture of hospitality.
- Hampshire Veterans Steering Group
- Military Charities Working Group
- Hampshire Veterans Court Diversion Scheme, contributing to the network of support for veterans in the criminal justice system in Hampshire and IOW.

##### Public benefit

In setting our objectives and planning our activities our trustees have had due regard to the Charity Commission's general guidance on public benefit.

#### ACHIEVEMENT AND PERFORMANCE

##### Effects of COVID-19 pandemic

The charity emerged from Covid regulations in a series of staged 'returns', impacted both by the ebb and flow of Government covid restrictions over Oct 2021 -Jan 2022 but also the need to upskill new staff who had arrived during covid restricted delivery but had no corporate knowledge of pre-covid delivery patterns. Furthermore, our statistics and feedback reveal a certain reluctance amongst our service users, volunteers, and delivery partners to return to full face to face delivery and interaction over the first months of 2022. Numbers in all these areas have continued to show a steady increase and we now are hitting our targets across the board whether in wellbeing specific activities or the larger monthly Drop In events. Grant makers have remained flexible in offering extensions where necessary to ensure planned roll out of activities could continue, albeit with extended timelines.

##### Drop-In Attendance

Having been unable to hold in-person Drop-Ins from April 2020 to June 2021, due to the Covid-19 restrictions and non-availability of our venues, we took some time over the summer of 2021 to update our volunteers' training, and then resumed the Drop-In service in September 2021. During the reporting period of these accounts, we registered a total of 149 new SUs at Drop-Ins, with a further 74 registered through other contact - by phone, walk-in or outreach visits. This compares with 125 total new registrations during 2020-21, when Drop-Ins did not take place.

##### Mental Health Support

Our clinical team has provided psychiatric assessment and review, diagnostic appointments, medication reviews and recommendations, psychological assessments, psychological therapies, and substance misuse support. Most sessions have been provided in person, but with the offering of telephone and virtual methods where service users prefer. Additionally, regular contact has been made with those service users on the waiting list for therapy to ensure risk is managed and that service user are updated on their progress on the waiting list.

A total of 964 hours of clinical activity has been delivered in this period with 84 clinical administration hours recorded to 94 service users.

Over the past year the clinical team have forged close working relationship with the Op Courage Veterans Mental Health team in the NHS and this has resulted in a number of referrals to them for crisis support via their high intensity team and assessment for complex treatment services.

There has also been a strong focus on building greater ties with the existing primary care Improving Access to Psychological Therapies (IAPT) teams across the region and, where needed, service users have been linked into this additional mental health support.

In addition, pathways are being developed with the local Recovery Hub, to ensure that service users with substance misuse issues receive appropriate care and treatment.

Ongoing work around stakeholder engagement continues, to ensure that all service users to VOS receive the best possible help and support.

## VETERANS OUTREACH SUPPORT

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 JULY 2022

#### ACHIEVEMENT AND PERFORMANCE

##### Social Groups

Our weekly social groups in Southsea, Stubbington and online resumed in summer 2021 and have continued throughout this year, attracting a growing community of around 20 discrete attendees at each venue, each week. Additionally, a fortnightly social group is held in Waterlooville, and a new monthly social group has been set up in collaboration with Southern Housing Group, in Fratton. On the Isle of Wight, we hold weekly social groups in four different locations around the Island - Wroxall, Cowes, Sandown and Brighstone - with around 16 attendees at each venue.

##### Peer Supported Activities

Our wellbeing programme has grown significantly since lockdown was lifted. We have taken on board feedback from our veteran community, via polls and surveys, and begun offering significantly more opportunities in the evenings and the weekends, the result being that not only are we reaching more people but the average age of those we're reaching has dropped as we accommodate working-age veterans.

During the reporting period (Aug 2021 - Jul 2022), we provided over 100 activities in the community and over 200 social groups, which has led to more than 3400 social interactions by our beneficiaries. Additionally, this delivery has been in partnership, collaboration, or engagement with more than 30 local businesses, venues, charities, and other organisations, which further embeds and augments our mission within the wider civilian community, too.

The activities above have included painting, writing, bookbinding, lino printing, picture framing and other arts & crafts; guest speakers from the National Museum of the Royal Navy, and inspirational individuals; monthly 'Skittles & Snorkers' nights at the Royal Maritime Club; visits to museums; plus outdoor adventures including wellness walks, WetWheels, archery, sea fishing, crazy golf, sailing, and all manner of exciting heritage-vessel excursions resulting from a fantastic collaboration with the Portsmouth Naval Base Property Trust. Variety is a key component of our programme, ensuring that we have something for most people's tastes, regularly planning around the suggestions of our expanding community.

##### Evaluation of Benefits

VOS is committed to monitoring and evaluating the benefits of its work to ensure that all its activities are having the desired outcomes and outputs and its charitable aims are being achieved. Evaluation works at 2 levels:

- Outcomes. The principal outcomes of VOS operations for service users are better general welfare; improved mental health; and a heightened sense of wellbeing. These outcomes are measured both quantitatively and qualitatively through a combination of the clinical measurements (GAD7, PHQ9, IES-R, AUDIT, WSAS, CORE10 and CORE34<sup>3</sup>) as well as general and clinical user feedback questionnaires.
- Outputs. VOS outputs take the form of the monthly Drop-In and its associated social gathering, mental health therapy sessions and peer support sessions. These outputs are measured quantitatively in terms of the numbers of service users attending Drop-In (new and returning), the number of Agency engagements, the number of service users undergoing therapy, the number of therapy sessions delivered, the number of Did Not Attend (DNAs) and the number of volunteer peer mentors and mentees.

##### CORE Report

Improved Mental Health is measured quantitatively and qualitatively through a combination of clinical measurements. The diagram below is an indicative scatter plot of CORE scores of service users that have completed psychotherapy with VOS. For an individual to have made clinical improvement, the CORE score should drop by 5 points or more (the green area). Those whose improvement is less than 5 points (the white middle area) or their score increases (the purple area), are monitored by the clinical team. Occasionally, and for a variety of reasons, an individual may withdraw from therapy before their sessions are complete. The below graph details those service users who have completed therapy in the reporting period.

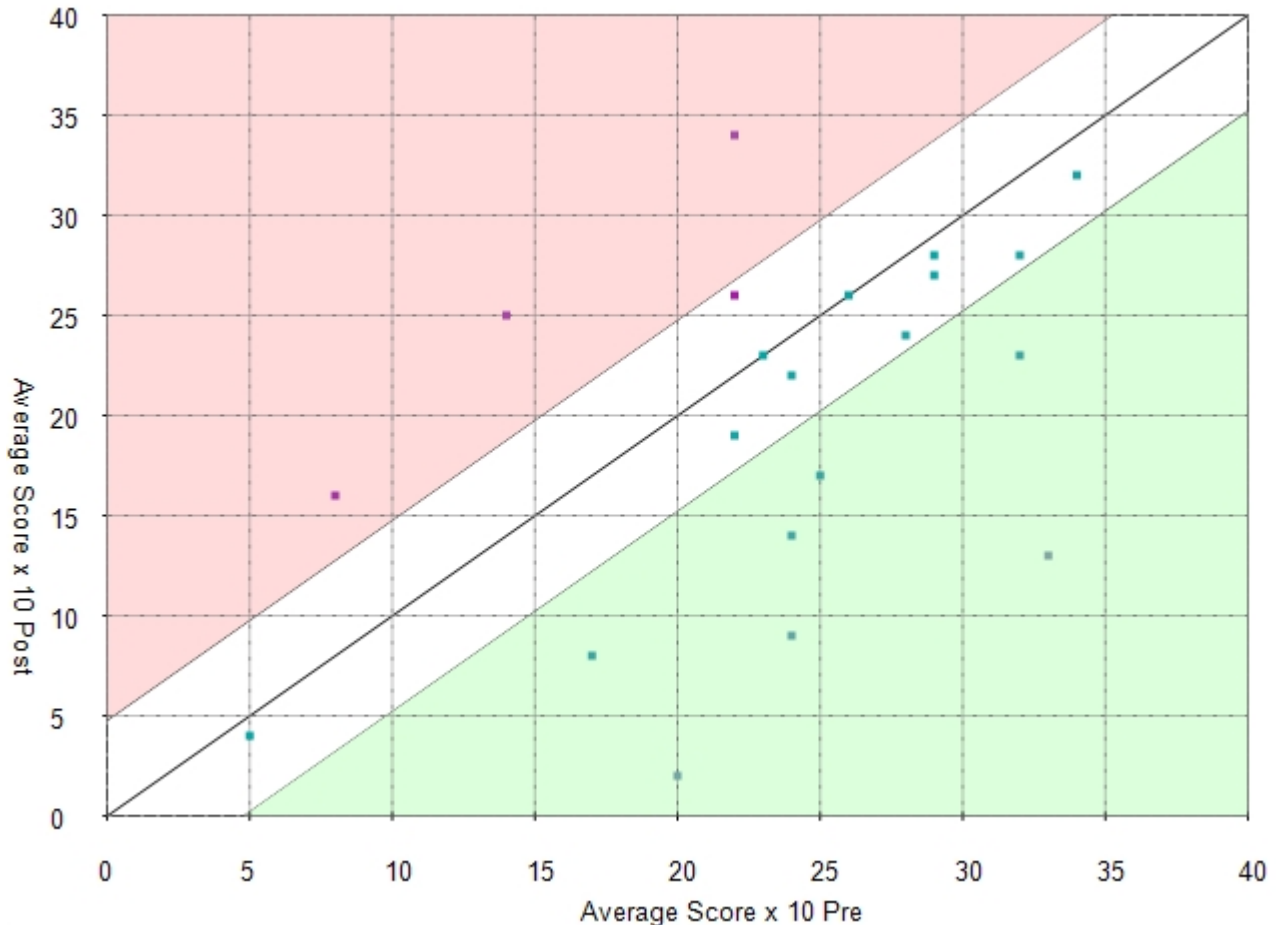
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<sup>3</sup> Generalised Anxiety Disorder; Patient Health Questionnaire; Impact of Events Scale-Revised; Alcohol Use Disorders Identification Test; Work and Social Adjustment Scale;



**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

**ACHIEVEMENT AND PERFORMANCE**  
**CORE Report**



**Peer Support Impact Measurement**

As the wellbeing social group and activities programme is complementary to the formal mental health support offered by VOS, an in-house measure has been developed which is a subjective assessment of feelings of joy, sadness and levels of anxiety. Analysis of returns show that all those who participate in the activity programme declare increased feelings of joy and reduced feelings of sadness after an activity and their levels of anxiety decreased. Returns of forms indicate 'satisfied/highly satisfied' by 100% of participants. Feedback comments have included:

- Such a good giggle, thank you
- Another fun filled evening – what more could one ask for!
- I would just like to say that since coming along to these social groups, I am feeling much nearer my old self
- My word what an excellent evening's entertainment at the RMC for Skittles and Snorkers
- New faces. New friends. Thanks to everyone at VOS
- I love the camaraderie, banter and fun
- Great fun! I have since started taking a beginner's course in archery as a result!

**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

**ACHIEVEMENT AND PERFORMANCE**

**Marketing and Communications**

VOS has launched a new website in this year. Enabling us to better communicate what we do, our new website also enables us to champion our industry partners; share exciting news, blogs and updates; and further our mission and vision by reaching more people. Additionally, VOS has invested in ensuring we have a more consistent and collaborative social media engagement plan; and (acknowledging that not all our target audience is on social media) managing a proactive approach to running ads or reaching out into local magazines and newspapers. Equally, VOS has refined its communications with local news outlets, which has been especially valuable during this Falklands 40 commemorative year; we have been interviewed on BBC South, BFBS and more.

VOS is also proud to have been awarded 'Silver' in the Armed Forces Covenant Employer Recognition Scheme during this year. Not only do we support veterans, but we employ veterans, cadet-force workers, reservists and spouses of these communities.

Examples of our activities and outreach can be found on our website [www.vosuk.org](http://www.vosuk.org) and across our social media channels on FaceBook, Instagram and Linked.

**Veterans' Places, Pathways and People Programme**

The Veterans Places, Pathways and People Programme for the South-East (VPPPSE), funded by the Armed Forces Covenant Fund Trust (AFCFT) commenced at the beginning of January 2022. The two-year programme, delivering under the collective title of 'Partnership in Mind' brings together a diverse thematic and geographical group of nine partners from across the South-East of England with the aim of providing a safe, more joined-up, and professional approach to the delivery of mental health and wellbeing support for veterans. It is widely acknowledged that the veteran community can seek different kinds of assistance at different times or stages in life. Offering a range of support and activities, from social groups and creative activities, to needs assessments and onward referrals, beneficiaries of the Partnership in Mind programme can access the whole range of services through a single network.

Included in the VOS-led partnership are the following organisations:

- Defence Medical Welfare Service
- Fighting With Pride
- First Light Trust
- Kents Arts and Wellbeing
- Poppy Factory
- Veterans Community Network
- Veterans In Action
- Veterans Growth
- Walking With The Wounded

After a slow start, caused mainly by a difficult recruitment environment post-Covid, the programme has rapidly built into a solid and complimentary network, with partners working together to improve the lives of their beneficiaries, sharing best-practice, and ensuring that appropriate and safe pathways and support are in place at every stage of the journey. Successes have included the transition of veterans diagnosed with PTSD from statutory mental health care into wellbeing programmes and in some cases into employment. At the time of writing, 16 veterans have been assisted into employment, and a further 24 individuals are working towards employment. To the end of October 2022, over 1300 veterans have been supported by the programme.

**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

**ACHIEVEMENT AND PERFORMANCE**

**Funding 2021-22**

VOS received generous funding from a number of grant makers and donors during the reporting period. A breakdown of the grant funding awarded during 2021-22 is as follows:

- Armed Forces Covenant Fund Trust	£365,619
- Royal Navy and Royal Marines Charity	£55,000
- Veterans Foundation	£30,000
- RNRMC Helping Hands	£25,000
- Royal Navy Benevolent Trust	£20,073
- RAF Benevolent Fund	£9,000
- Queen Mary's Roehampton Trust	£8,000
- Legacy	£69,965
- Other Donations & Local fundraising	£40,084
- Gifts in kind	£858

VOS is most grateful for all our grant funding, without which we would not have been able to sustain our services to veterans and their families. We are also incredibly grateful for the generous legacy received.

The Royal Maritime Club (RMC) is both our HQ and primary location from which the majority of VOS support and services are planned and delivered to our service users. The RMC provides VOS with a range of benefits, from reduced rent and room hire costs for VOS operation, events and activities, to the provision of emergency respite accommodation and food for VOS service users in need. Importantly, the RMC is a welcoming venue, familiar to veterans and families alike, with staff who understand and respect armed forces personnel and veterans. VOS could not enjoy the success it has had without the support and cooperation of the RMC, for which we are extremely grateful.

We would also like to thank our trustee and volunteer, Lt Cdr John Scivier RN (retd) for his superb efforts in organizing a ball to commemorate the 40th anniversary of the Falklands conflict, which raised a total of £25,000 for VOS, including generous donations by The Gosling Foundation and Babcock International.

Other support and donations, for which the charity is grateful have been received from Greenwich Hospital, Queen Alexandra's Royal Naval Nursing Association, Recycled Office Solutions, Asda Foundation and stores in Fareham, Gosport and Newport, Southern Co-op in East Cowes and Portsmouth, HMS Hermes Association, HMS Dainty Association, St Ann's Church (HMNB Portsmouth) and the generous participants in John Scivier's 200 Club. In addition, we are very grateful to our wonderful staff and volunteers who have represented VOS to raise both awareness and funds through attending local events, organising raffles and collections, and completing the Great South Run.

**FINANCIAL REVIEW**

**Financial position**

This has been a successful period for VOS, and we ended the year in a strong financial position. There was an excess of income over expenditure of £52,101, comprising £65,264 on restricted funds and -£13,163 on unrestricted funds. Restricted funds are those where donors have placed specific requirements on their use. Income for the year increased by £275,227 compared with the previous year.

The total funds brought forward from 31 July 2021 were £239,051, while total funds carried forward to the next financial year are £291,152. Details are in note 17 of the Notes to the Financial Statements.

At the end of the period cash assets (cash at bank) totalled £381,231. This includes grants received in the year from AFCFT that are deferred to 2022-23 - £85,956 is deemed to cover the next and subsequent financial years. The majority of cash funds are held in a deposit account and only transferred to the current account as required for immediate expenditure. The deposit account is interest bearing.

**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

**FINANCIAL REVIEW**

Management accounting reports are provided in advance of management and trustee meetings to all Board members.

The principal risk facing the Charity is that of long-term financial sustainability. Given the uncertainty of future funding streams, additional sources are continually investigated.

**Reserves policy**

A financial reserve of £100,000 is held. It is estimated that this sum would be sufficient to cover a minimum of three months' operating costs, to provide the drop-in facility and essential clinical services - three months is the usual length of a course of clinical treatment delivered to Service Users, so this would ensure that treatments could be completed. If Net Assets were to approach this level, the reserve would allow the Trustees to take action to address the funding issue and enable an orderly handover of services if necessary.

The reserve was increased from £50,000 to £100,000 during the previous financial year 2020-21. The reserve level is kept under regular review to ensure that it meets the needs of the charity, whilst not exceeding that required for the purposes above. In light of the growth of the charity during 2021-22, the Trustees have reviewed this in September 2022 and decided to increase the reserve level to £150,000 with effect from 1<sup>st</sup> August 2023.

The relatively high balance of funds in excess of our financial reserve being carried forward into the next financial year is a reflection of restricted funds that are held against future delivery of specific projects, and a generous unrestricted legacy received during the year. We found the uncertainty over the situation with Covid in the first half of this financial year, including the re-introduction of work-at-home guidance in December 2021 and January 2022, caused hesitancy on the part of Service Users and consequent slow starts to some project activities in the year. Where necessary, we have agreed extensions to grant funding periods with our funding partners - we are most grateful for their cooperation and assistance in enabling our programmes to continue.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Articles of Association.

**Charity constitution**

The Charity is a company limited by guarantee (Company number 08479090) incorporated on 8 April 2013 and a registered Charity (number 1154429) registered 1 November 2013. The Charity's constitution is set out in its Articles of Association (adopted 16 October 2013, amended 24 March 2022 and 29 September 2022).

**Trustees Appointments**

The Charity is governed by a Board of Trustees with responsibility for the strategic management of the Charity. The board consists of a minimum of four trustees and has no maximum number.

Annually, one third of the Trustees are required to retire by rotation dependent on the length of their service. Trustees may serve for a maximum of nine years unless they have served as Chair in which case that is extended to 12 years; they must then retire and may not be re-appointed (if eligible) without an interval of at least 12 months. The Charity recognises that the creation of a diverse Board is an important factor in recruiting the professional competence required to administer the Charity successfully while increasing the accountability and public confidence in the overall management of the organisation.

Full meetings of the Board took place on 16 September 2021, 9 December 2021, 18 January 2022, 24 March 2022 and 23 June 2022. The AGM was held on 24 March 2022, at which Mrs Ruth White, Surg Capt John Sharpley RN, and Dr Robin Kent retired by rotation and were re-elected. The meeting was held to receive and approve the Annual Company Accounts.

## **VETERANS OUTREACH SUPPORT**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 JULY 2022**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Induction and Training of Trustees**

New Trustees are inducted by the Chairman, the CEO and the other VOS staff. Trustees make use of the online training packages offered by the National Council of Voluntary Organisations (NCVO), of which VOS is a member. A training day for Trustees was held in June 2022 where an overview of roles, responsibilities and an update on current rules and regulations was given by an external trustee training provider.

##### **Retirements**

During the period of this report Mrs Ruth White, Surg Capt John Sharpley RN, and Dr Robin Kent retired by rotation and were re-elected. At each AGM, one-third of trustees must retire from office; this is by rotation of those who have been in office longest. If trustees were appointed on the same day, those to retire are determined by 'lot' or agreement amongst themselves.

In September 2022, the trustees approved an amendment to the Articles of Association, to add a stipulation that any trustee who has completed nine years' continuous service since 10 September 2015 shall retire at the next AGM and may not be re-appointed (if eligible) without an interval of at least 12 months. If the trustee has served as Chairman at any point during the nine years, then the period of continuous service is extended to 12 years until an interval is required. This change was registered at Companies House on 20 October 2022 and submitted to the Charities Commission.

##### **Management & Clinical Staff**

Ian Millen remains in post as CEO, supported by a small team of permanent staff managing VOS's three pillars of service delivery: Clinical, Wellbeing and Welfare. That team is supplemented by external contractors providing clinical and other services.

##### **Volunteers**

VOS is pleased to be a member of the National Council for Volunteer Organisations (NCVO), which helps underpin our management of and support to VOS Volunteers. VOS has continued with the recruitment of additional volunteers during the year and now has approximately 60 volunteers supporting the charity. A majority of our volunteering team (primarily in peer support) having completed a series of training commitments, including: Mental Health First Aid (MHFA), Professional Boundaries, Trauma Informed Veteran Aware, Dementia Awareness and Suicide Awareness. VOS has run two training days this year for its volunteer cohort, to enable our diverse individuals to come together as a strengthened team. VOS has also invested in training to support interested volunteers to adopt a 'Lead Volunteer' role in our activity programmes: welcoming participants, recording data, taking photographs, and reporting back; this development has underpinned our ability to deliver an increased & more locationally-diverse portfolio of opportunities, as well as serving to increase the confidence of our volunteers.

Additionally, we have proactively invited volunteers to contribute blogs and other copy, to publish on our website and social media material, thereby increasing the types of engagement with the charity's talented volunteer team. Our volunteers also supported us in attending 17 different community events during this year - from Portsmouth Pride to Armed Forces Day; from ASDA stalls to HMS Collingwood open day; and from IOW Riverfest to Northwood House Fair.

By way of demonstrating an economic equivalent of our volunteers' time-donation to VOS, we can use an example from April-June 2022: our team donated a conservative estimate of 2192 hours. Multiplying these hours by an accepted monetary figure of £13.70<sup>4</sup>, results in an economic value of over £30,000 in donated hours, or roughly £10,000 a month.

VOS is very grateful to its dedicated cohort of excellent volunteers, without whom we could not deliver such varied and quality support to our VOS community.

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Equivalent cost of volunteering:

[https://www.powertochange.org.uk/wpcontent/uploads/2020/06/Value\\_of\\_Volunteering\\_Working\\_Paper\\_Final.pdf](https://www.powertochange.org.uk/wpcontent/uploads/2020/06/Value_of_Volunteering_Working_Paper_Final.pdf)

**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Clinical Governance**

In 2021 VOS entered the first development year for the Quality Network for Veterans Mental Health Services (QNVNHS) through the Royal College of Psychiatrists and achieved very positive feedback, with a subsequent invitation to apply for full accreditation in June 2023. The team are currently working towards this accreditation.

VOS remains a signatory to Cobseo's Guiding Principles for the Delivery of Veterans' and Service Families' Mental Healthcare. The aim of the principles is to ensure that organisations that provide mental healthcare (in any form) for serving or ex-serving personnel and their families do so in a manner which is safe, does no harm and facilitates properly informed decisions about the care they might receive. Organisations that follow the principles have demonstrated that they have taken reasonable steps to assure that they provide a safe and reasonable service and do no harm.

**Delivery Partners Code of Conduct**

A Code of Conduct has been established to ensure that Delivery Partners share VOS's values and can be regarded as trustworthy by SUs. All Delivery Partners are invited to sign up to the Code, by which they agree to:

- Attend or be represented every month, unless there is an emergency, in which case they agree to provide VOS with as much notice as possible.
- Conform to the highest standards of behaviour, language and dress (casual).
- Act with kindness and consideration for all SUs and other participants.
- Work together to deliver the best overall service to SUs in partnership with other agencies, and never to try to compete with each other.
- Be covered by appropriate professional indemnity insurance (evidence required).
- Abide by the guidance framework set by VOS (opening hours, layout, processes, appointment routines etc). This will be briefed during their induction process on first joining VOS and updated in writing (usually by email).
- Work with VOS management staff by: complying with any reasonable requests while on the premises during VOS hours; accepting their decisions, especially in event of incidents or internal differences between members; consulting them in event of anything unexpected concerning the routine or facilities; and notifying VOS of any incidents, accidents or complaints.
- In event of dispute with VOS or another Delivery Partner, enter into Alternative Dispute Resolution (ADR).
- Provide feedback on the services delivered to SUs and outcome information as requested by VOS.
- Attend periodic VOS governance and feedback workshops.

In addition, organisations offering therapeutic interventions agree to:

- Share SU data with VOS clinicians within the data protection regime outlined in the Privacy Notice on the SU registration form and the processes detailed for information governance.
- Demonstrate that they are covered by an appropriate clinical governance regime.

**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Charity Name**

Veterans Outreach Support

**Other Name the Charity Uses**

VOS

**Registered Company number**

08479090 (England and Wales)

**Registered Charity number**

1154429

**Registered office**

Larch House  
Parklands Business Park  
Denmead  
Hampshire  
PO7 6XP

**Charity's Principal Address**

Royal Maritime Club  
75-80 Queen Street  
Portsmouth  
PO1 3HS

**Trustees**

Col (Retd) J M Bowles	(Re-elected 12 May 2020 and elected Chairman 21 Mar 2019)
Mr M Dawe	(Co-opted 17 Sep 2020 and elected on 18 Mar 2021)
Dr R S G Kent	(Re-elected 24 Mar 2022)
Lt Cdr RN (Retd) A Sard	(Co-opted 12 May 2020 and elected on 18 Mar 2021)
Lt Cdr RN (Retd) J Scivier	(Re-elected 12 May 2020)
Surg Capt J G Sharpley RN	(Re-elected 24 Mar 2022)
AVM (reted) A Stables	(Co-opted 10 Dec 2020 and elected on 18 Mar 2021)
Cdr RN (Retd) R Williams	(Co-opted 21 Jun 2018 and elected 11 Dec 2018)
Mrs R C White	(Re-elected 24 Mar 2022) - (Vice Chairman)

**President**

Rear Admiral Sir Jeremy de Halpert KCVO CB (Appointed 27 February 2014)

**Honorary Vice Presidents**

Surg Capt RN (Retd) M R O'Connell  
CPO (Retd) Joe Erskine  
Mrs A E M Townsend  
WO1 RN (Retd) David Watts  
Maj (reted) M Powell

**Chief Executive**

Cdr (Retd) Ian Millen

**Clinical Lead**

Vacant post

**VETERANS OUTREACH SUPPORT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 JULY 2022**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Gibson Whitter  
Chartered Accountants  
and Chartered Tax Advisers  
Larch House  
Parklands Business Park  
Denmead  
Hampshire  
PO7 6XP

**Bankers**

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

Approved by order of the board of trustees on 15 December 2022 and signed on its behalf by:

Col (Retd) J M Bowles Chairman



## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF VETERANS OUTREACH SUPPORT**

### **Independent examiner's report to the trustees of Veterans Outreach Support ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2022.

#### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

#### **Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gavin Whitter  
ICAEW  
Gibson Whitter  
Chartered Accountants  
and Chartered Tax Advisers  
Larch House  
Parklands Business Park  
Denmead  
Hampshire  
PO7 6XP

Date: 20 December 2022

# VETERANS OUTREACH SUPPORT

## STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 JULY 2022

	Notes	Unrestricted funds £	Restricted funds £	31.7.22 Total funds £	31.7.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	110,907	-	110,907	35,367
<b>Charitable activities</b>					
Veterans welfare		77,000	448,568	525,568	322,358
Investment income	3	177	-	177	29
Other income		<u>-</u>	<u>-</u>	<u>-</u>	<u>3,671</u>
<b>Total</b>		<u>188,084</u>	<u>448,568</u>	<u>636,652</u>	<u>361,425</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	5				
Veterans welfare		<u>204,005</u>	<u>380,546</u>	<u>584,551</u>	<u>291,684</u>
<b>NET INCOME/(EXPENDITURE)</b>					
<b>Transfers between funds</b>	17	(15,921) <u>2,758</u>	68,022 <u>(2,758)</u>	52,101 <u>-</u>	69,741 <u>-</u>
<b>Net movement in funds</b>		(13,163)	65,264	52,101	69,741
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>174,168</u>	<u>64,883</u>	<u>239,051</u>	<u>169,310</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>161,005</u>	<u>130,147</u>	<u>291,152</u>	<u>239,051</u>

The notes form part of these financial statements

# VETERANS OUTREACH SUPPORT

## BALANCE SHEET 31 JULY 2022

	Notes	31.7.22 £	31.7.21 £
<b>FIXED ASSETS</b>			
Tangible assets	13	21,532	1,429
<b>CURRENT ASSETS</b>			
Debtors	14	35,813	4,853
Cash at bank and in hand		<u>381,231</u>	<u>368,640</u>
		417,044	373,493
<b>CREDITORS</b>			
Amounts falling due within one year	15	(147,424)	(135,871)
		<u>269,620</u>	<u>237,622</u>
<b>NET CURRENT ASSETS</b>			
		<u>269,620</u>	<u>237,622</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		291,152	239,051
<b>NET ASSETS</b>		<u>291,152</u>	<u>239,051</u>
<b>FUNDS</b>	17		
Unrestricted funds		161,005	174,168
Restricted funds		<u>130,147</u>	<u>64,883</u>
<b>TOTAL FUNDS</b>		<u>291,152</u>	<u>239,051</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the Board of Trustees and authorised for issue on 15 December 2022 and were signed on its behalf by:

Col (Retd) J M Bowles - Chairman

The notes form part of these financial statements

# VETERANS OUTREACH SUPPORT

## CASH FLOW STATEMENT FOR THE YEAR ENDED 31 JULY 2022

	Notes	31.7.22 £	31.7.21 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	<u>12,414</u>	<u>58,527</u>
Net cash provided by operating activities		<u>12,414</u>	<u>58,527</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		-	(610)
Interest received		<u>177</u>	<u>29</u>
Net cash provided by/(used in) investing activities		<u>177</u>	<u>(581)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		12,591	57,946
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>368,640</u>	<u>310,694</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>381,231</u></u>	<u><u>368,640</u></u>

The notes form part of these financial statements

# VETERANS OUTREACH SUPPORT

## NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 JULY 2022

### 1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.7.22 £	31.7.21 £
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	52,101	69,741
<b>Adjustments for:</b>		
Depreciation charges	1,365	1,079
Interest received	(177)	(29)
Donated goods and services	(858)	-
Increase in debtors	(30,960)	(4,852)
Decrease in creditors	(9,057)	(7,412)
<b>Net cash provided by operations</b>	<u>12,414</u>	<u>58,527</u>

### 2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.8.21 £	Cash flow £	At 31.7.22 £
<b>Net cash</b>			
Cash at bank and in hand	<u>368,640</u>	<u>12,591</u>	<u>381,231</u>
	<u>368,640</u>	<u>12,591</u>	<u>381,231</u>
<b>Total</b>	<u>368,640</u>	<u>12,591</u>	<u>381,231</u>

The notes form part of these financial statements

## VETERANS OUTREACH SUPPORT

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2022

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

##### **Income**

Donations and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, the receipt is probable and the amount can be measured with sufficient reliability. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions is recognised as earned (as the related goods and services are provided). Grant income included in this category provides funding to support activities and is recognised where there is entitlement, the receipt is probable and the amount can be measured with sufficient reliability.

##### **Volunteers and donated services**

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

##### **Expenditure**

Expenditure is recognised when a liability is incurred. Contractual arrangements are recognised as goods or services are supplied.

- Costs of raising funds are those costs incurred in attracting voluntary income.
- Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.
- Support costs include governance costs and central functions and have been allocated to activities on a basis consistent with the use of resources.

##### **Irrecoverable VAT**

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

- |                          |               |
|--------------------------|---------------|
| Improvements to property | - 20% on cost |
| Fixtures and fittings    | - 25% on cost |
| Computer equipment       | - 33% on cost |

Individual fixed assets costing £500 or more are capitalised at cost.

# VETERANS OUTREACH SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2022

### 1. ACCOUNTING POLICIES - continued

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

### 2. DONATIONS AND LEGACIES

	31.7.22	31.7.21
	£	£
Donated goods and services	858	-
Donations	40,084	35,367
Legacies	<u>69,965</u>	<u>-</u>
	<u>110,907</u>	<u>35,367</u>

### 3. INVESTMENT INCOME

	31.7.22	31.7.21
	£	£
Deposit account interest	<u>177</u>	<u>29</u>

### 4. INCOME FROM CHARITABLE ACTIVITIES

	31.7.22	31.7.21
	£	£
Grants	<u>525,568</u>	<u>322,358</u>

Grants received, included in the above, are as follows:

	31.7.22	31.7.21
	£	£
Ministry of Defence - LIBOR Funding	-	33,332
Royal Navy and Royal Marines Charity	80,000	90,000
Seafarers UK	10,000	10,000
RAF Benevolent Fund	4,000	12,708
Greenwich Hospital Grant	-	40,000
HIWCF	-	500
Queen Mary's Roehampton Trust	8,000	6,000
The Veterans' Foundation	30,000	30,000
The Royal Naval Benevolent Trust	20,073	20,964
Portsmouth City Council	<u>-</u>	<u>250</u>
Carried forward	152,073	243,754

# VETERANS OUTREACH SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2022

### 4. INCOME FROM CHARITABLE ACTIVITIES - continued

	31.7.22	31.7.21
	£	£
Brought forward	152,073	243,754
Armed Forces Covenant Fund	<u>373,495</u>	<u>78,604</u>
	<u>525,568</u>	<u>322,358</u>

### 5. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 6) £	Support costs (see note 8) £	Totals £
Veterans welfare	<u>383,208</u>	<u>201,343</u>	<u>584,551</u>

### 6. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.7.22	31.7.21
	£	£
Staff costs	104,121	68,352
Direct charitable costs	21,343	4,998
Training costs	1,035	868
Subcontracted clinical fees	61,002	90,192
Travel and subsistence	10,401	2,278
DBS checks	236	389
VPPP Partner payments	<u>185,070</u>	<u>-</u>
	<u>383,208</u>	<u>167,077</u>

### 7. GRANTS PAYABLE

	31.7.22	31.7.21
	£	£
Veterans welfare	<u>-</u>	<u>3,804</u>
The total grants paid to institutions during the year was as follows:		
	31.7.22	31.7.21
	£	£
ASDIC	<u>-</u>	<u>3,804</u>



# VETERANS OUTREACH SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2022

### 8. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Veterans welfare	<u>199,873</u>	<u>1,470</u>	<u>201,343</u>

Support costs, included in the above, are as follows:

#### Management

	31.7.22 Veterans welfare £	31.7.21 Total activities £
Wages	126,328	80,582
Social security	7,002	3,233
Pensions	2,544	1,551
Insurance	2,500	2,259
Telephone	3,375	2,811
Postage and stationery	2,407	1,062
Advertising	8,067	1,982
Sundries	3,336	1,075
Rent	4,737	2,576
Computer and software costs	8,685	15,634
Legal and professional fees	3,726	1,500
Repairs and renewals	3,166	611
Subscriptions	2,389	801
Recruitment expenses	7,871	-
Donations	-	181
Bookkeeping and accountancy support	12,375	2,390
Depreciation of tangible assets	<u>1,365</u>	<u>1,079</u>
	<u>199,873</u>	<u>119,327</u>

#### Governance costs

	31.7.22 Veterans welfare £	31.7.21 Total activities £
Accountancy and independent examination fees	<u>1,470</u>	<u>1,476</u>

### 9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.7.22 £	31.7.21 £
Depreciation - owned assets	<u>1,365</u>	<u>1,080</u>

# VETERANS OUTREACH SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2022

### 10. TRUSTEES' REMUNERATION AND BENEFITS

During the year no (2021: one) trustee directors were remunerated by the charitable company totalling £Nil (2021: £3,284) for the following clinical services. As stated in the Report of the Trustees last year, VOS has ceased remuneration of trustee directors and this practice will not recur.

	2022 £	2021 £
<b>Subcontracted</b>		
Dr R S G Kent - Clinical	-	3,284
	-	3,284
	-	3,284

During the year four (2021: no) trustees made donations to the charitable company totalling £17,530 (2021: £Nil). Of this total, £16,800 was funds raised from the 40th anniversary Falklands Ball held on behalf of VOS.

### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 July 2022 nor for the year ended 31 July 2021.

### 11. STAFF COSTS

	31.7.22 £	31.7.21 £
Wages and salaries	221,307	143,923
Social security costs	14,625	7,049
Other pension costs	4,063	2,746
	<u>239,995</u>	<u>153,718</u>

The average monthly number of employees during the year was as follows:

	31.7.22	31.7.21
Direct charitable	4	3
Support	4	3
	<u>8</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

# VETERANS OUTREACH SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2022

### 12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	35,367	-	35,367
<b>Charitable activities</b>			
Veterans welfare	218,754	103,604	322,358
Investment income	29	-	29
Other income	<u>3,671</u>	<u>-</u>	<u>3,671</u>
<b>Total</b>	<u>257,821</u>	<u>103,604</u>	<u>361,425</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Veterans welfare	<u>220,468</u>	<u>71,216</u>	<u>291,684</u>
<b>NET INCOME</b>	37,353	32,388	69,741
<b>Transfers between funds</b>	<u>(19,395)</u>	<u>19,395</u>	<u>-</u>
<b>Net movement in funds</b>	17,958	51,783	69,741
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>156,209</u>	<u>13,101</u>	<u>169,310</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>174,167</u>	<u>64,884</u>	<u>239,051</u>

### 13. TANGIBLE FIXED ASSETS

	Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>				
At 1 August 2021	-	3,197	5,592	8,789
Additions	<u>18,266</u>	<u>3,202</u>	<u>-</u>	<u>21,468</u>
At 31 July 2022	<u>18,266</u>	<u>6,399</u>	<u>5,592</u>	<u>30,257</u>
<b>DEPRECIATION</b>				
At 1 August 2021	-	3,197	4,163	7,360
Charge for year	<u>-</u>	<u>286</u>	<u>1,079</u>	<u>1,365</u>
At 31 July 2022	<u>-</u>	<u>3,483</u>	<u>5,242</u>	<u>8,725</u>
<b>NET BOOK VALUE</b>				
At 31 July 2022	<u>18,266</u>	<u>2,916</u>	<u>350</u>	<u>21,532</u>
At 31 July 2021	<u>-</u>	<u>-</u>	<u>1,429</u>	<u>1,429</u>

Included in improvements to property and fixtures and fittings is £20,610 for assets under construction at the balance sheet date. Consequently no depreciation has been charged on these in the year ended 31 July 2022.

# VETERANS OUTREACH SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2022

<b>14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	31.7.22	31.7.21
	£	£
Prepayments and accrued income	<u>35,813</u>	<u>4,853</u>

<b>15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	31.7.22	31.7.21
	£	£
Other creditors	8,559	-
Accrued expenses	52,909	1,620
Deferred income	<u>85,956</u>	<u>134,251</u>
	<u>147,424</u>	<u>135,871</u>

### Deferred income

Deferred income comprises grants received for future financial periods.

	31.7.22	31.7.21
	£	£
Balance brought forward	134,251	130,396
Amount released to incoming resources	(134,251)	(130,396)
Amount deferred in the year	<u>85,956</u>	<u>134,251</u>
Balance carried forward	<u>85,956</u>	<u>134,251</u>

<b>16. ANALYSIS OF NET ASSETS BETWEEN FUNDS</b>			31.7.22	31.7.21
	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Fixed assets	21,125	407	21,532	1,429
Current assets	182,409	234,635	417,044	373,493
Current liabilities	<u>(42,529)</u>	<u>(104,895)</u>	<u>(147,424)</u>	<u>(135,871)</u>
	<u>161,005</u>	<u>130,147</u>	<u>291,152</u>	<u>239,051</u>

# VETERANS OUTREACH SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2022

### 17. MOVEMENT IN FUNDS

	At 1.8.21 £	Net movement in funds £	Transfers between funds £	At 31.7.22 £
<b>Unrestricted funds</b>				
General fund	74,168	(15,921)	2,758	61,005
Contingency fund	<u>100,000</u>	<u>-</u>	<u>-</u>	<u>100,000</u>
	174,168	(15,921)	2,758	161,005
<b>Restricted funds</b>				
RNRMC Helping Hand	13,356	5,733	-	19,089
AFCFT Force for Change	4,114	(4,356)	242	-
AFCFT Veterans Shall not be Forgotten	2,519	(621)	-	1,898
AFCFT Positive Pathways 1 IOW	6,400	(4,813)	-	1,587
AFCFT Tackling Loneliness	12,469	30,813	-	43,282
AFCFT Positive Pathways 2 Hants	17,192	(5,184)	-	12,008
AFCFT Positive Pathways 3 Outdoor	5,833	(4,558)	-	1,275
Forces Connect South East	3,000	-	(3,000)	-
AFCFT Afghan SS	-	18,831	-	18,831
AFCFT Strand 1 Clinical	-	11,847	-	11,847
AFCFT VPPP	-	14,616	-	14,616
AFCFT VPPP Development	<u>-</u>	<u>5,714</u>	<u>-</u>	<u>5,714</u>
	<u>64,883</u>	<u>68,022</u>	<u>(2,758)</u>	<u>130,147</u>
<b>TOTAL FUNDS</b>	<u><u>239,051</u></u>	<u><u>52,101</u></u>	<u><u>-</u></u>	<u><u>291,152</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	188,084	(204,005)	(15,921)
<b>Restricted funds</b>			
RNRMC Helping Hand	25,000	(19,267)	5,733
RNBT	20,073	(20,073)	-
AFCFT Force for Change	6,667	(11,023)	(4,356)
AFCFT Veterans Shall not be Forgotten	-	(621)	(621)
AFCFT Positive Pathways 1 IOW	15,538	(20,351)	(4,813)
Veterans Foundation	30,000	(30,000)	-
AFCFT Tackling Loneliness	55,416	(24,603)	30,813
AFCFT Positive Pathways 2 Hants	15,750	(20,934)	(5,184)
AFCFT Positive Pathways 3 Outdoor	11,667	(16,225)	(4,558)
AFCFT Afghan SS	20,417	(1,586)	18,831
AFCFT Strand 1 Clinical	12,500	(653)	11,847
AFCFT VPPP	229,826	(215,210)	14,616
AFCFT VPPP Development	<u>5,714</u>	<u>-</u>	<u>5,714</u>
	<u>448,568</u>	<u>(380,546)</u>	<u>68,022</u>
<b>TOTAL FUNDS</b>	<u><u>636,652</u></u>	<u><u>(584,551)</u></u>	<u><u>52,101</u></u>

# VETERANS OUTREACH SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2022

### 17. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 1.8.20 £	Net movement in funds £	Transfers between funds £	At 31.7.21 £
<b>Unrestricted funds</b>				
General fund	156,209	37,354	(119,395)	74,168
Contingency fund	-	-	100,000	100,000
	156,209	37,354	(19,395)	174,168
<b>Restricted funds</b>				
RNRMC Helping Hand	5,426	7,930	-	13,356
ASDIC	7,675	(7,675)	-	-
AFCFT Force for Change	-	4,114	-	4,114
AFCFT Veterans Shall not be Forgotten	-	(3,981)	6,500	2,519
AFCFT Positive Pathways 1 IOW	-	(3,495)	9,895	6,400
AFCFT Tackling Loneliness	-	12,469	-	12,469
AFCFT Positive Pathways 2 Hants	-	17,192	-	17,192
AFCFT Positive Pathways 3 Outdoor	-	5,833	-	5,833
Forces Connect South East	-	-	3,000	3,000
	13,101	32,387	19,395	64,883
<b>TOTAL FUNDS</b>	<u>169,310</u>	<u>69,741</u>	<u>-</u>	<u>239,051</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	257,822	(220,468)	37,354
<b>Restricted funds</b>			
RNRMC Helping Hand	25,000	(17,070)	7,930
ASDIC	-	(7,675)	(7,675)
AFCFT Force for Change	13,333	(9,219)	4,114
AFCFT Veterans Shall not be Forgotten	13,500	(17,481)	(3,981)
AFCFT Positive Pathways 1 IOW	13,854	(17,349)	(3,495)
AFCFT Tackling Loneliness	14,583	(2,114)	12,469
AFCFT Positive Pathways 2 Hants	17,500	(308)	17,192
AFCFT Positive Pathways 3 Outdoor	5,833	-	5,833
	103,603	(71,216)	32,387
<b>TOTAL FUNDS</b>	<u>361,425</u>	<u>(291,684)</u>	<u>69,741</u>

#### Contingency Fund

The contingency fund is calculated to cover a minimum of three months' operating costs to provide the drop-in facility and essential clinical services. In the event of a funding crisis, this will give the trustees time to address the issue and plan the best action to take.

## VETERANS OUTREACH SUPPORT

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2022

#### 17. MOVEMENT IN FUNDS - continued

##### **ASDIC**

ASDIC funding was provided to support a programme to join-up service drop-in centres across the UK, with the aim of sharing best practice and providing support and guidance under the structure of a membership association. ASDIC was registered as a charity in its own right in August 2020.

##### **RNRMC- Helping Hands**

The Helping Hands grant funds projects that recruit volunteers to provide support, friendship and practical help for Royal Navy beneficiaries, specifically; to combat loneliness and social isolation, to promote health and wellbeing and to prevent escalation of need or deterioration in health.

##### **AFCFT Force for Change**

Establishing a dedicated team of volunteers to provide an outreach service to those who are isolated and lonely and / or are unable to visit VOS.

##### **AFCFT Veterans Shall not be Forgotten - Click & Connect project**

This shifted VOS's in person operations to the digital domain, with staff and volunteers working remotely during the Coronavirus pandemic, to ensure continuity of service as far as possible. Clinical therapies, peer/social group support and activities were delivered online and by telephone, with hybrid provision now continuing to make VOS's services more accessible.

**AFCFT Positive Pathways 1 IOW** - Extending activities aimed at combating social isolation and loneliness, through developing new skills and friendships, to the veteran community on the Isle of Wight.

**AFCFT Positive Pathways 2 - Hants** - Building on the success of VOS's activities programme to extend to more locations in Hampshire.

**AFCFT Positive Pathways 3 - Outdoor** - A peer supported programme of outdoor activities aimed at promoting confidence, wellbeing and positive mental and physical health, through learning new skills, helping others and contributing to our local communities.

##### **AFCFT Tackling Loneliness**

Providing Welfare Officers in Portsmouth and the Isle of Wight to identify and engage with lonely and isolated veterans of all ages.

##### **Forces Connect South East**

This grant from Surrey County Council on behalf of Forces Connect South East and the Armed Forces Covenant Fund contributes to the costs of a Veterans' Hub at Wecock Farm providing activity and support groups.

##### **AFCFT Afghan SS**

This grant extends the provision of VOS's outdoor activities and wellbeing support to veterans impacted by the UK's involvement in Afghanistan.

##### **AFCFT Strand 1 Clinical**

This funding is to meet the increased demand for, and complexity of, mental health support for veterans and families, by enhancing VOS's clinical team with additional psychological and psychiatric resource, providing improved support to those in need.

##### **AFCFT VPPP**

VOS is the grant holder for the Veterans' Places, Pathways and People (VPPP) Programme for the South East, working with a portfolio of nine project partners across the region delivering mental health and wellbeing support to veterans.

##### **AFCFT VPPP Development**

This grant was awarded to support the development of the VPPP portfolio through improved management and administration, working to ensure sustainability of projects beyond the VPPP grant period, and strengthening the network in the South East region.

**VETERANS OUTREACH SUPPORT**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 JULY 2022**

**18. RELATED PARTY DISCLOSURES**

There were no related party transactions in the year ended 31 July 2022 or 31 July 2021 other than those disclosed in note 9.

**19. ULTIMATE CONTROLLING PARTY**

The charitable company is under the control of its trustees. No one trustee has control of the charitable company.