

REGISTERED COMPANY NUMBER: 08479090 (England and Wales)
REGISTERED CHARITY NUMBER: 1154429

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2021
FOR
VETERANS OUTREACH SUPPORT

Gibson Whitter
Chartered Accountants
and Chartered Tax Advisers
Larch House
Parklands Business Park
Denmead
Hampshire
PO7 6XP

VETERANS OUTREACH SUPPORT

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2021

	Page
Report of the Trustees	1 to 13
Independent Examiner's Report	14
Statement of Financial Activities	15
Balance Sheet	16
Notes to the Financial Statements	17 to 28

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Charitable Objects

The Charity's Objects are specifically restricted to the following: "The preservation and protection of the mental health, wellbeing, and the relief of need for Armed Forces Veterans (both Regular and Reservist) or former members of the merchant marines and their family members, insofar as they have charitable need, by the provision of a Drop-In service providing assessment, treatment, support, advice and advocacy".

Vision

The vision of the Trustees is: "A nation in which ex-service personnel are valued, understood and supported according to their needs."

Mission Statement

The mission of VOS is "To meet the welfare, wellbeing, and mental health needs of veterans¹".

Main Activities

- VOS provides monthly Drop-Ins in a friendly and sociable environment on the 1st Wed of the month in Portsmouth and on the 3rd Wed in Newport, Isle of Wight (IOW). The Drop-In is available to ex-service personnel (i.e. veterans) from the Royal Navy and Royal Marines, the Army, the Royal Air Force and the Merchant Navy, both Regular and Reservist, and their families and dependants. Those who meet the eligibility criteria and make use of VOS services are known as Service Users (SUs). Those attending can find:
 - o General welfare and wellbeing support delivered through 40+ partner charities and agencies, termed Delivery Partners (DPs).
 - o A social forum with refreshments and peer support delivered by a team of volunteers.
 - o Mental health triage.
- Group peer support activity delivered through activity and visits programme outside of Drop-In days, supported by Mental Health First Aid (MHFA) trained volunteers.
- Weekly veterans and families outreach coffee mornings in Stubbington and Southsea.
- SUs who require psychological assessment are seen by a member of the triage team at Drop-In. Cases are discussed in confidence among the clinical team and appropriate care pathways are established. Weekly mental health clinics delivered by clinical professionals comprising assessment, medication reviews or evidence-based therapy treatment. VOS contracts a team of professional Mental Health clinicians led by a consultant psychiatrist and including a number of mental health therapists and psychologists. The team is also supported by a substance misuse support worker, who is a VOS employee. These individuals are familiar with the problems encountered by veterans and deliver mental health support in accordance with the Contact Group Guiding Principles for the delivery of Veterans' and Service Families' Mental Health Care.
- Substance misuse support delivered through 1-2-1 support sessions as required by caseload by the VOS Substance Misuse Support Worker.

¹ The term "veterans" encompasses ex-service personnel, their families and, where the appropriate eligibility criteria are met, their carers and helpers. Personnel who are still serving, especially those in transition out of the Armed Forces, are not excluded from support.

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

OBJECTIVES AND ACTIVITIES

Values

VOS embraces and seeks to promote the following values:

- Accessible. We are there for anyone who needs us.
- Together. We are stronger in partnership.
- Responsive. We listen, we act.
- Reflective. We learn, we develop.
- Recovery-oriented. We can make a difference.
- User-centred. Our service users define us.

Principles

The key principles that guide the organisation are to ensure:

- A safe, friendly, sociable and accessible Drop-In
- Professional, evidence-based Mental Health support;
- Trustworthy, one-stop agency services;
- Engagement of service users and family members;
- Intelligent and secure use of information.

Contribution made by Volunteers

VOS trustees and clinicians attend the monthly Drop-In on a pro bono basis. In addition, the Drop-Ins are supported by a team of 30+ volunteers who run the front of house, provide social support and advise on and manage the engagement of SUs with DPs. A sub-set of the team have completed Mental Health First Aid training and act as peer supporters, running the weekly social and activity groups. In addition, our hard-working volunteers represent VOS at the many information events and public displays that take place during the year.

Delivery Partners

The monthly Drop-Ins are attended by empowered representatives from 40+ partner charities and agencies to deliver general welfare support to SUs. During this year's reporting period, no Drop-Ins took place, due to national lockdowns and the unavailability of our Drop-In venues, due to the Coronavirus pandemic. However, our delivery partners, listed below, were available for referrals throughout the period that VOS operations took place remotely. Sadly, some delivery partners ceased to operate during the pandemic and have been removed from the list below:

- Age UK - *befriending and information service for older veterans.*
- Alabaré - *supported accommodation for veterans.*
- Alcoholics Anonymous - *personal recovery.*
- Blesma - *assistance for those who have suffered life-changing limb loss or the use of a limb, an eye or loss of sight*
- AFVBC - *breakfast club (IOW).*
- Citizens Advice - *debt, money and benefits advice.*
- Combat Stress - *residential mental health support.*
- Company of Makers - *creative making workshops.*
- Cranio-Sacral Therapy - *alternative relaxation therapy.*
- First Light Trust - *community café and welfare advice.*
- Forgotten Veterans - *peer support and respite camps.*
- Good Mental Health Cooperative - *recovery and volunteering in the community.*
- Help for Heroes - *lifelong support of WIS veterans.*
- Hire a Hero - *employment and transition support.*
- Hounds for Heroes - *assistance dogs.*
- Inclusion Hampshire & IOW - *substance misuse treatment and recovery.*
- Legal Clinics - *provided by Coffin Mew (Armed Forces team) and Biscoes Solicitors.*
- Models for Heroes - *plastic modelling activity group.*
- NHS Court Liaison and Diversion Service - *support in the criminal justice system.*

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

OBJECTIVES AND ACTIVITIES

Delivery Partners

- Portsmouth Carers Centre - *support for all carers in Portsmouth.*
- PWRR Association - *Southern branch association welfare service and social opportunities.*
- Ripple Pond - *support network for adult family members.*
- RFEA - *employment support and training.*
- RAF Association - *IOW branch providing advice and social support for the RAF family.*
- RAF Benevolent Fund - *welfare benevolence for the RAF family.*
- RBLI Lifeworks - *employment support.*
- RN Benevolent Trust - *welfare benevolence for the RN/RM family.*
- RN&RM Children's Fund - *supporting children whose parents serve or have served.*
- Rowans Hospice Living Well - *support for veterans and families with life-limiting illness.*
- Samaritans - *emotional support.*
- Seafarers' Advice and Information Line (SAIL) - *advice service for seafarers.*
- Shore Leave Haslar - *horticultural therapy project in Royal Hospital Haslar Memorial Garden.*
- Society of St James - *substance misuse and homelessness support.*
- Solent MIND - *support with employment and wellbeing.*
- SSAFA - *welfare support.*
- The Poppy Factory - *independence through employment with a health impairment.*
- The Royal British Legion - *lifelong financial/social/emotional support.*
- The Warrior Programme - *motivation and resilience training.*
- Op Courage (HIS/TILS/CTS)
- Veterans Welfare Service - *welfare, pensions and compensation advice.*

Other Partnerships

- Hampshire and IOW Military Mental Health Alliance Programme Board, influencing veteran's mental health care delivery and welfare services for Portsmouth.
- Solent Armed Forces Covenant Partnership Board, contributing to the Solent AFCP Regional Needs Assessment and progressing actions as part of the Solent AFC Drop-In partnership.
- Portsmouth City of Sanctuary initiative.
- Hampshire Veterans Court Diversion Scheme, contributing to the network of support for veterans in the criminal justice system in Hampshire and IOW.

Public benefit

In setting our objectives and planning our activities our trustees have had due regard to the Charity Commission's general guidance on public benefit.

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

ACHIEVEMENT AND PERFORMANCE

Effects of COVID-19 pandemic

As in the early part of 2020, and as detailed in our last annual report, the COVID-19 pandemic and its related public health restrictions continued to deny the charity its signature delivery method of face-to-face support to veterans and their families. The temporary changes made to our delivery model and approach, shifting to online and telephone methods of support across all areas, whilst maintaining normal office hours with staff in remote locations, continued to support our service users. VOS staff continued to provide direct welfare, wellbeing and clinical support, as well as referrals to our delivery partners where needed. Wellbeing activities, social groups and clinical support and therapy continued to be delivered via online and telephone means, and VOS made good use of volunteer couriers and the Royal Mail to deliver materials for those engaged in our activities and social groups from their homes. The quality of our engagement remained high and continued to be a lifeline to those who were adversely affected by isolation and loneliness during lockdown, albeit that we inevitably lost contact with some who preferred to access VOS services and support in person only. Throughout the reporting period, VOS continued to access financial support, particularly from the Armed Forces Covenant Fund Trust (AFCFT), to support and enhance our new ways of working. Other grant makers were also flexible in allowing us to re-purpose funding that had originally been provided for face-to-face activities, ensuring that we could continue to maintain contact with, and support our beneficiaries.

Drop-In Attendance

No Drop-Ins took place during the period of this report, due to Coronavirus lockdowns and non-availability of our Drop-In venues. However, VOS staff continued to provide remote support to SU and registered a total of 125 new SU during the reporting period. This is significantly lower than the 226 new registrations in the previous reporting period (2019-20) and reflects the fact that the main source of new registrations is attendance at our normal Drop-Ins in Portsmouth and Newport (IOW). The 125 registrations were mainly taken by telephone by VOS staff.

Mental Health Support

Throughout the reporting period, veterans suffering from mental health issues have continued to access weekly treatment, despite the loss of Drop-In days. Our clinical team provides: psychiatric assessment and review, medication reviews, psychological assessment, psychological therapies, and substance misuse support, working throughout the period and delivering support via telephone and virtual methods. Additionally, regular telephone welfare checks with SUs deemed a high risk or who were on our waiting list for therapy continued. Most, but not all SU were happy to be supported in this way, with some more comfortable with waiting until face-to-face support was available.

A total of 1341 hours of clinical activity has been delivered in this period to 187 clients. Of the 187 SU supported, 58% were Army, 36% RN/RM, 4% RAF and 2% Merchant Navy.

In total 65 clients were seen by the consultant psychiatrist for psychiatric diagnosis or medication review, 33 clients received psychological assessment, 110 started a course of therapy and 56 received substance misuse recovery support. Currently we estimate that the majority of our service user population receive some form of clinical intervention each year.

Social Groups

Following the suspension of our face to face peer support programme, due to the national Coronavirus pandemic, in the middle of 2020, we were able to resume one of our social groups, the Tea & Stickies group, based in Southsea, from mid-August to mid-October, but this was again suspended when case rates rose and Portsmouth went into Tier 2.

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

ACHIEVEMENT AND PERFORMANCE

Peer Supported Activities

Like our Drop-In activities, our face-to-face peer-supported activities have been significantly disrupted during the reporting period. However, like some other services, we were able to transition these into the virtual space, ensuring that activities and groups could continue either in or out of lockdown. The face-to-face peer support programme detailed in last year's report was suspended in the early part of 2020, until we were able to commence small group activities in May 2020, in line with government guidance.

During the reporting period (Aug 2020 - Jul 2021), we provided a virtual programme of 2 groups per week; an activity group providing workshops and armchair talks from local providers and a coffee group, Brew & Banter for social contact. This became an established virtual delivery offer that was accessed by a large group of service users. When the face-to-face activity group re-commenced in the Royal Maritime Club we retained the ability for SUs to join activities and lectures online and also maintained the separate virtual coffee group.

In total we have had 103 SUs engage at least once in the peer support programme during the reporting period. Our planned numbers for the year were under target but numbers engaging in the programme doubled in the second half of the period when face to face contact was permitted once again.

The activities above have included armchair pilates, painting and other arts & crafts and armchair lectures from Birdworld, the Mary Rose Museum, and National Museum of the Royal Navy as well as lectures on Bomber Command and the Commonwealth War Grave Commission. We were also pleased to secure a small grant from the D-day story in a community partnership over the Easter period to provide an activity for SUs to either do at home with family or participate with a VOS group online. We supplied wooden birdbox and feeder kits for assembly and decoration. Variety is a key component of our peer-supported activities, ensuring that we have something for most people's tastes, regularly planning around the suggestions of our beneficiary population.

Evaluation of Benefits

VOS is committed to monitoring and evaluating the benefits of its work to ensure that all its activities are having the desired outcomes and outputs and its charitable aims are being achieved. Evaluation works at 2 levels:

- Outcomes. The principal outcomes of VOS operations for SUs are better general welfare; improved mental health; and a heightened sense of wellbeing. These outcomes are measured both quantitatively and qualitatively through a combination of the Warwick Edinburgh Mental Wellbeing Scale (WEMWBS), clinical measurements (GAD7, PHQ9, IES-R, AUDIT, WSAS, CORE10 and CORE34²) as well as general and clinical user feedback questionnaires.

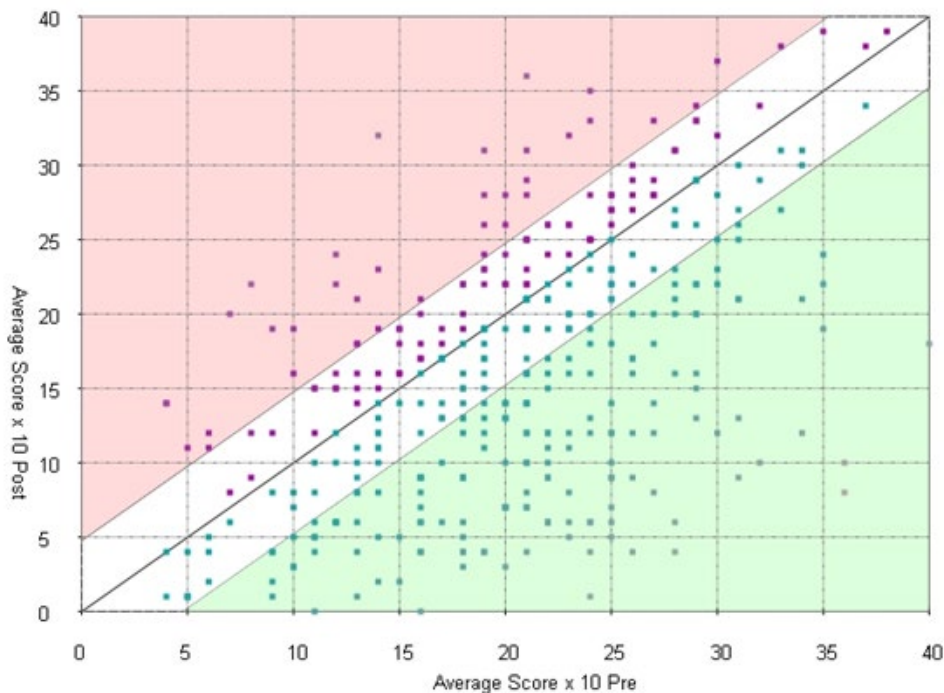
- Outputs. VOS outputs take the form of the monthly Drop-In and its associated social gathering, mental health therapy sessions and peer support sessions. These outputs are measured quantitatively in terms of the numbers of SUs attending Drop-In (new and returning), the number of Agency engagements, the number of SUs undergoing therapy, the number of therapy sessions delivered, the number of Did Not Attend (DNAs) and the number of volunteer peer mentors and mentees.

² Generalised Anxiety Disorder; Patient Health Questionnaire; Impact of Events Scale-Revised; Alcohol Use Disorders Identification TRest; Work and Social Adjustment Scale;

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

CORE Report

Improved Mental Health is measured quantitatively and qualitatively through a combination of clinical measurements. The diagram below is an indicative scatter plot of CORE scores of service users that have completed psychotherapy with VOS. For an individual to have made clinical improvement, the CORE score should drop by 5 points or more (the green area). Those whose improvement is less than 5 points (the white middle area) or their score increases (the purple area), are monitored by the clinical team. Occasionally, and for a variety of reasons, an individual may withdraw from therapy before their sessions are complete. VOS continues to maintain clinical improvement performance of around 66%.



WEMWBS Report

WEMWBS was adopted in 2016 as part of VOS's impact measurement methodology. Whilst the survey has not been designed as a clinical tool, it is sensitive to changes in mental wellbeing at the individual level. It is not used to screen for risk, but very low scores may be indicative of the need for clinical support. The WEMWBS form is administered to every SU at every visit and the results are entered into VETRA after every Drop-In. Service users with scores that are consistently low and below clinical cut-off or have visibly fallen over time are investigated on a case-by-case basis for referral to the VOS clinical team or other appropriate services, including our peer support programme.

Due to the suspension of face-to-face activities throughout the reporting period, there is no WEMWBS data to report in this annual report. WEMWBS forms are completed by SUs when attending Drop-Ins. Completion of this useful indicator of wellbeing will recommence when Drop-Ins re-start (post report note - this was in October 2021).

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

ACHIEVEMENT AND PERFORMANCE

Peer Support Impact Measurement

As the peer support programme is complementary to the formal mental health support offered by VOS, an in-house measure has been developed which is a subjective assessment of feelings of joy, sadness and levels of anxiety. Analysis of returns show that all those who participate in the activity programme declare increased feelings of joy and reduced feelings of sadness after an activity and their levels of anxiety decreased. They also indicate that the virtual experience is not detracting from the benefit felt. We have a core group of service users participating regularly in the virtual groups because they are shielding for health reasons and the clinical team have referred others to the programme for additional social support.

We also ask if they are 'satisfied/highly satisfied' with the peer mentor programme provided by VOS and returns indicate that 100% of participants were satisfied or highly satisfied. Feedback comments have included:

- Because of recent events it was nice to be able to enjoy the talk in the company of others.
- I really enjoyed the bird talk, and also the banter as I found life difficult this week.
- It was lovely to see our veterans enjoying themselves, it's very well organised thank you
- Just to say a big thank you for a most pleasant morning and activity.
- A great workshop, thank you. The scope of these workshops can be mind-blowing. It's amazing how we manage to have so much information from these experts which would normally be for privileged ears. I'm glad you will continue with things online.
- Thank you very much for this morning's Zoom chat, it was very much needed. Can't wait for next week's chat.

Funding 2020-21

VOS received generous funding from a number of grant makers and donors during the reporting period. A breakdown of the grant funding awarded during 2020-21 is as follows:

- Armed Forces Covenant Fund Trust	£142,500
- Royal Navy and Royal Marines Charity	£65,000
- Treasury LIBOR (Year 3 of 3)	£50,000
- Greenwich Hospital (Year 3 of 3)	£40,000
- Veterans Foundation	£30,000
- Blyth Charitable Trust	£25,000
- RNRMC Helping Hands	£25,000
- Royal Navy Benevolent Trust	£20,964
- RAF Benevolent Fund	£10,000
- Seafarers UK MN Fund	£10,000
- Queen Mary's Roehampton Trust	£6,000
- Hampshire and IOW Community Fund (HIWCF)	£500
- Other Donations & Local fundraising	£10,449

VOS is most grateful for all our grant funding, without which we would not have been able to sustain the services to veterans and their families.

We would also like to acknowledge the support and donations received this year from Arnold Clark, Asda Fareham, Gosport and Newport, Barley Aid, HMS Sheffield Association, Portsmouth City Council, Portsmouth Community Lottery, Southern Co-op, St Ann's Church, Veterans Raffle and Waitrose.

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

FINANCIAL REVIEW

Financial position

This has been another challenging period for VOS and the financial position remains stable. There was an excess of income over expenditure of £69,741, comprising £32,388 on restricted funds and £37,353 on unrestricted funds. Restricted funds are those where donors have placed specific requirements on their use. Income for the year decreased by £58,670 compared with the previous year, because of restrictions.

The total funds brought forward from 31 July 2020 were £169,310, while total funds carried forward to the next financial year are £239,051. Details are in note 17 of the Notes to the Financial Statements.

At the end of the period cash assets (cash at bank) totalled £368,640. This large figure is because of the balance of a LIBOR grant for a 3-year period previously paid in a single sum and grants received in year from AFCFT and RNRMC that are deferred to 2021-22. £134,251 is deemed to cover the next and subsequent financial years. The majority of cash funds are held in a deposit account and only transferred to the current account as required for immediate expenditure. The deposit account is interest bearing.

Seven staff were paid on payroll. Following auto-enrolment for pensions, all those eligible have been paid pensions at the minimum amounts since 1 July 2018. All clinicians are paid on production of monthly invoices.

One director received remuneration from the Company for part of the year for their role in clinical activity. This role came to an end in January 2021, and the Directors have agreed that such payments will not be made in future, in accordance with best practice in the charity sector.

Updated management accounting reports are provided in advance of management and trustee meetings to all Board members.

The principal risk facing the Charity is that of long-term financial sustainability. Given the uncertainty of future funding streams, additional sources are continually investigated.

Reserves policy

A financial reserve of £100,000 is held. It is estimated that this sum would be sufficient to wind down the organisation if necessary, whilst allowing Service Users to complete their courses of treatment - approximately 3 months. If Net Assets were to fall this low, the use of the reserve would be considered, and the organisation run down.

The £100,000 figure is an agreed change to the charity's previous reserve of £50,000, following an analysis and review ahead of the financial year (2020-21), as detailed in our last annual report. The reserve figure will be kept under regular review to ensure that it meets the needs of the charity, whilst not exceeding that required for the purposes above.

The relatively high balance of funds in excess of our financial reserves being carried forward into the next financial year is a reflection of funds that are held against future delivery for specific projects. There are also more funds available than would normally be the case, due to monies not spent as a result of the Coronavirus pandemic and the restrictions it placed upon in-person activities. We anticipate that many of these costs will now be incurred in the following two years as society and permitted activities have re-opened. Where necessary, we have agreed extensions to grant funding periods with our funding partners - we are most grateful for their cooperation and assistance in enabling our programmes to continue.

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Memorandum and Articles of Association.

Charity constitution

The Charity is a company limited by guarantee (Company number 08479090) incorporated on 8 April 2013 and a registered Charity (number 1154429) registered 1 November 2013. The Charity's constitution is its Memorandum and Articles of Association (adopted 16 October 2013).

The charity is also known as VOS.

Trustees Appointments

The Charity is governed by a Board of Trustees with responsibility for the strategic management of the Charity. The board consists of a minimum of 4 trustees and has no maximum number.

Annually, one third of the Trustees are required to retire by rotation dependent on the length of their service. The Charity recognises that the creation of a diverse Board is an important factor in recruiting the professional competence required to administer the Charity successfully while increasing the accountability and public confidence in the overall management of the organisation.

Full meetings of the Board took place on 17 Sep 2020, 10 Dec 2020, and 18 March 2021.

The AGM was held on 18 March 2021, at which Air Vice Marshal (retd) Anthony Stables was elected as a trustee (co-opted 10 Dec 2020) and Cdr RN (retd) Robert Williams was re-elected. The meeting was held to receive and approve the Annual Company Accounts. This meeting was held by virtual conference because of the national COVID-19 restrictions, and this was recorded in the minutes of the meeting.

Induction and Training of Trustees

New Trustees are inducted by the Chairman, the CEO and the other VOS staff. Trustees make use of the online training packages offered by the National Council of Voluntary Organisations (NCVO), of which VOS is a member.

Retirements

There were no retirements of trustees in the period of this report.

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Management & Clinical Staff

Ian Millen remains in post as CEO, supported by a team of permanent staff across the disciplines of charitable delivery, from Drop-Ins, peer support and social groups to clinical administration, substance misuse support, office administration and specific projects. Two of the permanent staff are integral parts of the wider clinical team, which is led by a Consultant Psychiatrist and was comprised of five additional members.

Volunteers

VOS has continued with the recruitment of further volunteers during the year and now has approximately 40 volunteers supporting the organisation, with a number of these (primarily in peer support) having completed Mental Health First Aid (MHFA) training. VOS is a member of the National Council for Volunteer Organisations (NCVO).

VOS is very grateful to its dedicated cohort of caring volunteers, without whom we could not deliver care and support to our beneficiaries. We are especially grateful for their support through the challenging period of the pandemic, when many went above and beyond in the service of others.

VOS would like to thank Mr Mike Powell, who stood down from his position as volunteer treasurer during the reporting period, having given many years of diligent service to the management of VOS finances. Mr Powell's kind contribution has been instrumental in the charity's growth and success, and as such he has been appointed as an Honorary Vice President by the VOS Board of Trustees.

Clinical Governance

As an independent provider of clinical services, VOS elected, in 2012, to adopt the Clinical Governance procedures introduced into the NHS in 1999 by Health Service Circular 1999/065: 'Clinical Governance in the new NHS'. These procedures were updated by the Care Quality Commission (CQC) regulations 'Essential Standards of Quality and Safety' (2009) based on the legislation outlined in the Health and Social Care Act, 2008 (Regulated Activities).

VOS is a signatory to Cobseo's Guiding Principles for the Delivery of Veterans' and Service Families' Mental Healthcare. The aim of the principles are to ensure that organisations that provide mental healthcare (in any form) for serving or ex-serving personnel and their families do so in a manner which is safe, does no harm and facilitates properly informed decisions about the care they might receive. Organisations that follow the principles have demonstrated that they have taken reasonable steps to assure that they provide a safe and reasonable service and do no harm.

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Delivery Partners Code of Conduct

A Code of Conduct has been established to ensure that Delivery Partners share VOS's values and can be regarded as trustworthy by SUs. All Delivery Partners are invited to sign up to the Code, by which they agree to:

- Attend or be represented every month, unless there is an emergency, in which case they agree to provide VOS with as much notice as possible.
- Conform to the highest standards of behaviour, language and dress (casual).
- Act with kindness and consideration for all SUs and other participants.
- Work together to deliver the best overall service to SUs in partnership with other agencies, and never to try to compete with each other.
- Be covered by appropriate professional indemnity insurance (evidence required).
- Abide by the guidance framework set by VOS (opening hours, layout, processes, appointment routines etc). This will be briefed during their induction process on first joining VOS and updated in writing (usually by email).
- Work with VOS management staff by: complying with any reasonable requests while on the premises during VOS hours; accepting their decisions, especially in event of incidents or internal differences between members; consulting them in event of anything unexpected concerning the routine or facilities; and notifying VOS of any incidents, accidents or complaints.
- In event of dispute with VOS or another Delivery Partner, enter into Alternative Dispute Resolution (ADR).
- Provide feedback on the services delivered to SUs and outcome information as requested by VOS.
- Attend periodic VOS governance and feedback workshops.

In addition, organisations offering therapeutic interventions agree to:

- Share SU data with VOS clinicians within the data protection regime outlined in the Privacy Notice on the SU registration form and the processes detailed for information governance.
- Demonstrate that they are covered by an appropriate clinical governance regime.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08479090 (England and Wales)

Registered Charity number

1154429

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

Registered office

Larch House
Parklands Business Park
Denmead
Hampshire
PO7 6XP

Principal address

Royal Maritime Club
75-80 Queen Street
Portsmouth
Hampshire
PO1 3HS

Trustees

Col (Retd) J M Bowles (Re-elected 12 May 2020 and elected Chairman 21 Mar 2019)
Dr R S G Kent (Re-elected 21 Mar 2019)
Lt Cdr RN (Retd) A Sard (Co-opted 12 May 2020 and elected on 18 Mar 2021)
Lt Cdr RN (Retd) J Scivier (Re-elected 12 May 2020)
Surg Capt J G Sharpley RN (Re-elected 21 Mar 2019)
Ms R C White (Re-elected 21 Mar 2019) - (Vice Chairman)
Cdr RN (Retd) R Williams (Co-opted 21 Jun 2018 and elected 11 Dec 2018)
AVM (reted) A Stables (Co-opted 10 Dec 2020 and elected on 18 Mar 2021)
Mr M Dawe (Co-opted 17 Sep 2020 and elected on 18 Mar 2021)

President

Rear Admiral Sir Jeremy de Halpert KCVO CB (Appointed 27 February 2014)

Honorary Vice Presidents

Surg Capt RN (Retd) M R O'Connell
CPO (Retd) Joe Erskine
Mrs A E M Townsend
WO1 RN (Retd) David Watts
Mr M Powell

Chief Executive

Cdr (Retd) Ian Millen

Clinical Lead

Dr G Howe

Independent Examiner

Gibson Whitter
Chartered Accountants
and Chartered Tax Advisers
Larch House
Parklands Business Park
Denmead
Hampshire
PO7 6XP

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

VETERANS OUTREACH SUPPORT
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 JULY 2021

Approved by order of the board of trustees on 24 March 2022 and signed on its behalf by:

Col (Retd) J M Bowles - Chairman

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF VETERANS OUTREACH SUPPORT

Independent examiner's report to the trustees of Veterans Outreach Support ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gavin Whitter
FCA
Gibson Whitter
Chartered Accountants
and Chartered Tax Advisers
Larch House
Parklands Business Park
Denmead
Hampshire
PO7 6XP

Date: 5 April 2022

VETERANS OUTREACH SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 JULY 2021

	Notes	Unrestricted funds £	Restricted funds £	31.7.21 Total funds £	31.7.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	35,367	-	35,367	14,232
Charitable activities	4				
Veterans welfare		218,754	103,604	322,358	405,587
Investment income	3	29	-	29	276
Other income		3,671	-	3,671	-
Total		<u>257,821</u>	<u>103,604</u>	<u>361,425</u>	<u>420,095</u>
EXPENDITURE ON					
Charitable activities	5				
Veterans welfare		220,468	71,216	291,684	334,603
NET INCOME		<u>37,353</u>	<u>32,388</u>	<u>69,741</u>	<u>85,492</u>
Transfers between funds	17	(19,395)	19,395	-	-
Net movement in funds		<u>17,958</u>	<u>51,783</u>	<u>69,741</u>	<u>85,492</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		156,209	13,101	169,310	83,818
TOTAL FUNDS CARRIED FORWARD		<u><u>174,167</u></u>	<u><u>64,884</u></u>	<u><u>239,051</u></u>	<u><u>169,310</u></u>

The notes form part of these financial statements

VETERANS OUTREACH SUPPORT

BALANCE SHEET 31 JULY 2021

	Notes	31.7.21 £	31.7.20 £
FIXED ASSETS			
Tangible assets	13	1,429	1,899
CURRENT ASSETS			
Debtors	14	4,853	-
Cash at bank and in hand		368,640	310,694
		<u>373,493</u>	<u>310,694</u>
CREDITORS			
Amounts falling due within one year	15	(135,871)	(143,283)
NET CURRENT ASSETS		<u>237,622</u>	<u>167,411</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>239,051</u>	<u>169,310</u>
NET ASSETS		<u>239,051</u>	<u>169,310</u>
FUNDS	17		
Unrestricted funds		174,168	156,209
Restricted funds		64,883	13,101
TOTAL FUNDS		<u>239,051</u>	<u>169,310</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the Board of Trustees and authorised for issue on 24 March 2022 and were signed on its behalf by:

Col (Retd) J M Bowles - Chairman

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

Income

Donations and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, the receipt is probable and the amount can be measured with sufficient reliability. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions is recognised as earned (as the related goods and services are provided). Grant income included in this category provides funding to support activities and is recognised where there is entitlement, the receipt is probable and the amount can be measured with sufficient reliability.

Volunteers and donated services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contributions is included in the financial statements at an estimate based on the value of the contribution to the charity.

Expenditure

Expenditure is recognised when a liability is incurred. Contractual arrangements are recognised as goods or services are supplied.

- Costs of raising funds are those costs incurred in attracting voluntary income.
- Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.
- Support costs include governance costs and central functions and have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Individual fixed assets costing £500 or more are capitalised at cost.

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

1. ACCOUNTING POLICIES - continued

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.7.21	31.7.20
	£	£
Donations	35,367	14,232

3. INVESTMENT INCOME

	31.7.21	31.7.20
	£	£
Deposit account interest	29	276

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.7.21	31.7.20
		£	£
Grants	Veterans welfare	322,358	405,587

Grants received, included in the above, are as follows:

	31.7.21	31.7.20
	£	£
Ministry of Defence - LIBOR Funding	33,332	125,397
Royal Navy and Royal Marines Charity	90,000	75,000
Seafarers UK	10,000	10,000
Army Benevolent Fund	-	20,000
RAF Benevolent Fund	12,708	12,500
Greenwich Hospital Grant	40,000	40,000
HIWCF	500	5,000
Queen Mary's Roehampton Trust	6,000	5,000
The Veterans' Foundation	30,000	20,000
The Royal Naval Benevolent Trust	20,964	17,285
Portsmouth City Council	250	12,333
Armed Forces Covenant Fund	78,604	57,072
Surrey County Council	-	3,000
Zurich	-	3,000
	322,358	405,587

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 6) £	Grant funding of activities (see note 7) £	Support costs (see note 8) £	Totals £
Veterans welfare	167,077	3,804	120,803	291,684

6. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.7.21 £	31.7.20 £
Staff costs	68,352	61,767
Direct charitable costs	4,998	14,128
Training costs	868	2,974
Subcontracted clinical fees	90,192	123,757
Travel and subsistence	2,278	13,399
Conference expenses	-	1,413
DBS checks	389	-
	167,077	217,438

7. GRANTS PAYABLE

	31.7.21 £	31.7.20 £
Veterans welfare	3,804	-
The total grants paid to institutions during the year was as follows:		
	31.7.21 £	31.7.20 £
ASDIC	3,804	-

8. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Veterans welfare	119,327	1,476	120,803

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

Management

	31.7.21 Veterans welfare £	31.7.20 Veterans welfare £
Wages	80,582	68,210
Social security	3,233	3,142
Pensions	1,551	1,031
Insurance	2,259	5,300
Telephone	2,811	2,846
Postage and stationery	1,062	2,895
Advertising	1,982	6,357
Sundries	1,075	902
Rent	2,576	4,728
Computer and software costs	15,634	9,283
Legal and professional fees	1,500	2,041
Repairs and renewals	611	91
Subscriptions	801	339
Recruitment expenses	-	7,800
Donations	181	-
Bookkeeping and accountancy support	2,390	-
Depreciation of tangible assets	1,079	730
	<u>119,327</u>	<u>115,695</u>

Governance costs

	31.7.21 Veterans welfare £	31.7.20 Veterans welfare £
Accountancy and independent examination fees	<u>1,476</u>	<u>1,470</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.7.21 £	31.7.20 £
Depreciation - owned assets	<u>1,080</u>	<u>730</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

10. TRUSTEES' REMUNERATION AND BENEFITS

During the year one (2020: two) trustee directors were remunerated by the charitable company totalling £3,284 (2019: £26,289) for the following management and clinical services. As stated in the Report of the Trustees, there will be no remuneration paid to trustee directors in future, in accordance with best practice in the charity sector.

	2021 £	2020 £
Subcontracted		
Dr R S G Kent - Clinical	3,284	12,546
Commander P J Mosse- Management (ASDIC)	-	13,743
	<u>3,284</u>	<u>26,289</u>
	<u>3,284</u>	<u>26,289</u>

Trustees' expenses

During the year no (2020: two) trustee directors were reimbursed expenses by the charitable company totalling £nil (2020: £2,628) for telephone and travel costs.

11. STAFF COSTS

	31.7.21 £	31.7.20 £
Wages and salaries	143,923	129,977
Social security costs	7,049	3,142
Other pension costs	2,746	1,031
	<u>153,718</u>	<u>134,150</u>

The average monthly number of employees during the year was as follows:

	31.7.21	31.7.20
Direct charitable	3	2
Support	3	3
	<u>6</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	14,232	-	14,232
Charitable activities			
Veterans welfare	299,982	105,605	405,587
Investment income	275	1	276
Total	<u>314,489</u>	<u>105,606</u>	<u>420,095</u>

EXPENDITURE ON

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Charitable activities			
Veterans welfare	228,412	106,191	334,603
NET INCOME/(EXPENDITURE)	<u>86,077</u>	<u>(585)</u>	<u>85,492</u>

RECONCILIATION OF FUNDS

Total funds brought forward	70,132	13,686	83,818
TOTAL FUNDS CARRIED FORWARD	<u>156,209</u>	<u>13,101</u>	<u>169,310</u>

13. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 August 2020	3,197	4,982	8,179
Additions	-	610	610
At 31 July 2021	<u>3,197</u>	<u>5,592</u>	<u>8,789</u>
DEPRECIATION			
At 1 August 2020	3,197	3,083	6,280
Charge for year	-	1,080	1,080
At 31 July 2021	<u>3,197</u>	<u>4,163</u>	<u>7,360</u>
NET BOOK VALUE			
At 31 July 2021	<u>-</u>	<u>1,429</u>	<u>1,429</u>
At 31 July 2020	<u>-</u>	<u>1,899</u>	<u>1,899</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.21 £	31.7.20 £
Prepayments and accrued income	<u>4,853</u>	<u>-</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.21 £	31.7.20 £
Accrued expenses	1,620	12,887
Deferred income	134,251	130,396
	<u>135,871</u>	<u>143,283</u>

Deferred income

Deferred income comprises grants received for future financial periods.

	31.7.21 £	31.7.20 £
Balance brought forward	130,396	195,272
Amount released to incoming resources	(130,396)	(195,272)
Amount deferred in the year	134,251	130,396
	<u>134,251</u>	<u>130,396</u>

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31.7.21 Total funds £	31.7.20 Total funds £
Fixed assets	1,022	407	1,429	1,899
Current assets	257,266	116,227	373,493	310,694
Current liabilities	(84,120)	(51,751)	(135,871)	(143,283)
	<u>174,168</u>	<u>64,883</u>	<u>239,051</u>	<u>169,310</u>

17. MOVEMENT IN FUNDS

	At 1.8.20 £	Net movement in funds £	Transfers between funds £	At 31.7.21 £
Unrestricted funds				
General fund	156,209	37,354	(119,395)	74,168
Contingency fund	-	-	100,000	100,000
	<u>156,209</u>	<u>37,354</u>	<u>(19,395)</u>	<u>174,168</u>
Restricted funds				
RNRMC Helping Hand	5,426	7,930	-	13,356
ASDIC	7,675	(7,675)	-	-
AFCFT Force for Change	-	4,114	-	4,114
AFCFT Veterans Shall not be Forgotten	-	(3,981)	6,500	2,519
AFCFT Positive Pathways 1 IOW	-	(3,495)	9,895	6,400
AFCFT Tackling Loneliness	-	12,469	-	12,469
AFCFT Positive Pathways 2 Hants	-	17,192	-	17,192
AFCFT Positive Pathways 3 Outdoor	-	5,833	-	5,833
Forces Connect South East	-	-	3,000	3,000
	<u>13,101</u>	<u>32,387</u>	<u>19,395</u>	<u>64,883</u>
TOTAL FUNDS	<u>169,310</u>	<u>69,741</u>	<u>-</u>	<u>239,051</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	257,822	(220,468)	37,354
Restricted funds			
RNRMC Helping Hand	25,000	(17,070)	7,930
ASDIC	-	(7,675)	(7,675)
AFCFT Force for Change	13,333	(9,219)	4,114
AFCFT Veterans Shall not be Forgotten	13,500	(17,481)	(3,981)
AFCFT Positive Pathways 1 IOW	13,854	(17,349)	(3,495)
AFCFT Tackling Loneliness	14,583	(2,114)	12,469
AFCFT Positive Pathways 2 Hants	17,500	(308)	17,192
AFCFT Positive Pathways 3 Outdoor	5,833	-	5,833
	<u>103,603</u>	<u>(71,216)</u>	<u>32,387</u>
TOTAL FUNDS	<u>361,425</u>	<u>(291,684)</u>	<u>69,741</u>

Comparatives for movement in funds

	At 1.8.19 £	Net movement in funds £	At 31.7.20 £
Unrestricted funds			
General fund	70,132	86,077	156,209
Restricted funds			
ASDIC	12,444	(4,769)	7,675
RNRMC- Helping hands	1,242	4,184	5,426
	<u>13,686</u>	<u>(585)</u>	<u>13,101</u>
TOTAL FUNDS	<u>83,818</u>	<u>85,492</u>	<u>169,310</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	314,489	(228,412)	86,077
Restricted funds			
ASDIC	80,606	(85,375)	(4,769)
RNRMC- Helping hands	25,000	(20,816)	4,184
	<u>105,606</u>	<u>(106,191)</u>	<u>(585)</u>
TOTAL FUNDS	<u>420,095</u>	<u>(334,603)</u>	<u>85,492</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.19 £	Net movement in funds £	Transfers between funds £	At 31.7.21 £
Unrestricted funds				
General fund	70,132	123,431	(119,395)	74,168
Contingency fund	-	-	100,000	100,000
	<u>70,132</u>	<u>123,431</u>	<u>(19,395)</u>	<u>174,168</u>
Restricted funds				
RNRMC Helping Hand	-	7,930	-	7,930
ASDIC	12,444	(12,444)	-	-
RNRMC- Helping hands	1,242	4,184	-	5,426
AFCFT Force for Change	-	4,114	-	4,114
AFCFT Veterans Shall not be Forgotten	-	(3,981)	6,500	2,519
AFCFT Positive Pathways 1 IOW	-	(3,495)	9,895	6,400
AFCFT Tackling Loneliness	-	12,469	-	12,469
AFCFT Positive Pathways 2 Hants	-	17,192	-	17,192
AFCFT Positive Pathways 3 Outdoor	-	5,833	-	5,833
Forces Connect South East	-	-	3,000	3,000
	<u>13,686</u>	<u>31,802</u>	<u>19,395</u>	<u>64,883</u>
TOTAL FUNDS	<u>83,818</u>	<u>155,233</u>	<u>-</u>	<u>239,051</u>

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	572,311	(448,880)	123,431
Restricted funds			
RNRMC Helping Hand	25,000	(17,070)	7,930
ASDIC	80,606	(93,050)	(12,444)
RNRMC- Helping hands	25,000	(20,816)	4,184
AFCFT Force for Change	13,333	(9,219)	4,114
AFCFT Veterans Shall not be Forgotten	13,500	(17,481)	(3,981)
AFCFT Positive Pathways 1 IOW	13,854	(17,349)	(3,495)
AFCFT Tackling Loneliness	14,583	(2,114)	12,469
AFCFT Positive Pathways 2 Hants	17,500	(308)	17,192
AFCFT Positive Pathways 3 Outdoor	5,833	-	5,833
	<u>209,209</u>	<u>(177,407)</u>	<u>31,802</u>
TOTAL FUNDS	<u>781,520</u>	<u>(626,287)</u>	<u>155,233</u>

Contingency Fund

The contingency fund is calculated on the basic cost of the administration of VOS and provision of the Drop-In-Facility. If future funding is not forthcoming, this reserve is to ensure sufficient funds are in place to run down the business and liquidate the charitable company.

ASDIC

ASDIC funding was provided to support a programme to join-up service drop-in centres across the UK, with the aim of sharing best practice and providing support and guidance under the structure of a membership association. Activities include, but are not limited to, an annual conference, website and newsletter.

RNRMC- Helping Hands

The helping hands is to fund projects that recruit volunteers to provide support, friendship and practical help for Royal Navy beneficiaries, specifically; to combat loneliness and social isolation, to promote health and well-being and to prevent escalation of need or deterioration in health.

AFCFT Force for Change

Establishing a dedicated team of volunteers to provide an outreach service to those who are isolated and lonely and / or are unable to visit VOS.

AFCFT Veterans Shall not be Forgotten - Click & Connect project

This shifted VOS's in person operations to the digital domain, with staff and volunteers working remotely during the Coronavirus pandemic, to ensure continuity of service as far as possible. Clinical therapies, peer/social group support and activities were delivered online and by telephone, with hybrid provision now continuing to make VOS's services more accessible.

AFCFT Positive Pathways 1 IOW - Extending activities aimed at combating social isolation and loneliness, through developing new skills and friendships, to the veteran community on the Isle of Wight.

AFCFT Positive Pathways 2 - Hants - Building on the success of VOS's activities programme to extend to more locations in Hants hire

VETERANS OUTREACH SUPPORT

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

17. MOVEMENT IN FUNDS - continued

AFCFT Positive Pathways 3 - Outdoor - A peer supported programme of outdoor activities aimed at promoting confidence, wellbeing and positive mental and physical health, through learning new skills, helping others and contributing to our local communities.

AFCFT Tackling Loneliness

Providing Welfare Officers in Portsmouth and the Isle of Wight to identify and engage with lonely and isolated veterans of all ages.

Forces Connect South East

This grant from Surrey County Council on behalf of Forces Connect South East and the Armed Forces Covenant Fund contributes to the costs of a Veterans' Hub at Wecock Farm providing activity and support groups.

18. RELATED PARTY DISCLOSURES

There were no related party transactions in the year ended 31 July 2021 or 31 July 2020 other than those disclosed in note 9.

19. ULTIMATE CONTROLLING PARTY

The charitable company is under the control of its trustees. No one trustee has control of the charitable company.