

HARROW FOODBANK

England & Wales · Charity number 1154292

Details

Status Registered

Legal form CIO

Registered 2013-10-21

Register [View on the Charity Commission register](#)

Contact

Address Unit H2
Phoenix Business Centre
Rosslyn Crescent
Harrow

Phone 02084167344

Email info@harrow.foodbank.org.uk

Website www.harrow.foodbank.org.uk

Activities

Objects: THE PREVENTION OR RELIEF OF POVERTY IN HARROW AND SURROUNDING AREAS IN PARTICULAR BUT NOT EXCLUSIVELY BY PROVIDING EMERGENCY FOOD SUPPLIES TO INDIVIDUALS IN NEED AND TO CHARITIES OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.

Activities: The Harrow Foodbank has as its objective the prevention or relief of poverty in Harrow and surrounding areas in particular, but not exclusively, by providing emergency food supplies to individuals in need and to charities or other organisations working to prevent or relieve poverty.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Religious Activities
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Harrow

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		-	-	-
2024-03-31	£131,756	£91,614	-	-
2023-03-31	£122,510	£71,101	-	-
2022-03-31	£289,906	£270,601	-	-
2021-03-31	£182,950	£76,266	-	-
2020-03-31	£134,856	£145,866	-	-

Trustees

Name	Role	Appointed
BRENDAN TIMLIN	Chair	2020-06-03
Abigail Papadopoulos		2025-04-29
David Al-Basha		2025-09-15
Lara Waywell		2021-11-03
Nahid Boethe		2020-06-16
Rachelle Goldberg		2021-12-08
Rob Ogundere		2020-07-15

Accounts



HARROW FOODBANK

REGISTERED CHARITY NUMBER: 1154292

REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024



HARROW FOODBANK

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HARROW FOODBANK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their report with the financial statements of the Harrow Foodbank for the year ended 31 March 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name

Harrow Foodbank

Registered Charity number

1154292 (England and Wales)

Registered office

Harrow Foodbank Centre
Unit H2, Phoenix Business Centre
Rosslyn Crescent
Harrow
HA1 2SP

Charity Trustees

Brendan Timlin	Joint Chair	from 29 Jan 24
Rob Ogundere	Joint Chair	from 29 Jan 24
Kishor Dattani	Treasurer	from 09 Dec 24
Nahid Boethe	Networking Lead	from 29 Jan 24
Lara Waywell		from 03 Nov 21
Rachelle Goldberg	Safeguarding Lead	from 08 Dec 21
Barry Wong	Administrator / Secretary	from 09 Dec 24

Independent Examiner

Ms. Abigail Papadopoulos
78 Cannonbury Avenue
Pinner
HA5 1TT

Bank

Lloyds Bank Plc
286-288 Station Road
Harrow
HA1 2EB



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

1. STRUCTURE, GOVERNANCE AND MANAGEMENT

1.1 Governing document

Harrow Foodbank is a Charitable Incorporated Organisation whose only voting members are its charity trustees. The trustees adopted a constitution on 9 September 2013 in accordance with the "foundation model" published by the Charity Commission. The Harrow Foodbank achieved registered charitable status on 21 October 2013 and its registered charity number is 1154292.

1.2 Trustee selection and management

The charity is managed by a board of trustees selected because they strongly endorse the charitable objectives of the organisation and support its Christian ethos. When selecting trustees, the charity aims to ensure there is a broad range of relevant skills, while also aiming to reflect a geographical spread across Harrow, particularly the areas of deprivation in Harrow.

Trustees are appointed after interviews with existing trustees and formal visits to the organisation, to ensure they understand its vision and values. The Trustees meet approximately every 8 weeks to review performance and monitor the achievement of objectives.

1.3 Related Organisations

The Harrow Foodbank is affiliated to the Trussell Trust - we are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.

The Trussell Trust support a UK-wide network of more than 1,400 food bank centres and together we provide emergency food and support to people locked in poverty in the UK, providing a minimum of three days' emergency food and support to people in crisis.

1.4 Management of risk

The Trustees have adopted a range of policy documents that are intended to manage and minimise risk. These include policies covering Health & Safety, Safeguarding, Lone Workers and Data Protection.

The Trussell Trust carries out cycles of Governance Health Checks (GHC) biennial (every two years) across the network to ensure that everything meets its recommended standards. The GHC is a self-assessment designed for food banks to help keep up to speed with governance best practice.

2. OBJECTIVES, AIMS AND ACTIVITIES

2.1 Charitable Objectives

The Harrow Foodbank has as its objective the prevention or relief of poverty in Harrow and surrounding areas in particular, but not exclusively, by providing emergency food supplies to individuals in need and to charities or other organisations working to prevent or relieve poverty.



**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

2.2 Aims

Our aims are to alleviate poverty through the provision of food parcels to those in crisis, in partnership with local care agencies who refer clients in crisis to us. By signposting people to care agencies, advice services and other support agencies we aim to seek resolutions to their immediate crisis, which is causing their need to use the Foodbank. Anyone in need can be referred to the Foodbank, regardless of race or creed.

2.3 Objectives for the year

This was our 11TH year of operation. Our key objectives remain to be in a position to provide emergency food support for people experiencing crisis in the community. The soaring cost of living means more and more people are being pushed to crisis point and forced to use foodbanks. The cost-of-living crisis has affected Harrow foodbank with need exceeding donations.

Objectives for the year include:

- Distribute food to meet increasing demand and alleviate the food needs for people referred to our foodbank
- Develop our signposting project and work closely with support agencies for referral
- Develop our relationship with charities that aim to relieve food poverty and reduce food waste
- Ensuring we have sufficient funds for the running costs of the charity for up to three years to continue as a going concern
- Ensuring that we have sufficient resources and volunteers to help run the charity.
- continuously developing and implementing robust processes for food distribution and redistribution and increasing organisational sustainability.

2.4 Strategies for achieving the objectives

Working closely with the Trussell Trust programme for food banks in its network and aligning to its 5-year strategic development, including:

- Considering and testing innovative projects that work towards ending the need for food banks locally
- Consider partnering with Citizens Advice (CA) for them to provide a advisor to give specialist advice to at our distribution centres to clients attending our centres
- Develop relations with specialist benefits and/or debt advice local agencies to address the under-lying causes of crisis and reduce the need for future food bank support in the community
- Develop volunteers as part of a commitment to excellence in volunteer management
- Engage in a wide range of locally driven activities aligned to providing support to people experiencing crisis in the community
- Volunteer development – trained Advice First Aid (AFA) volunteer coordinators at all distribution centres, to lead on in-depth local research into the local drivers of poverty, to inform support agencies, and in the development of the signposting programme

2.5 How the Foodbank works

The Harrow Foodbank works with professional Voucher Partners from organisations providing welfare and community support in the local area, such as: the Citizens Advice Bureau (CAB) and Help through Hardship. Voucher Partners identify people in crisis and issue them with a foodbank voucher which they bring to any of our distribution centre in



**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

order to redeem them for emergency food.

- The Foodbank works with frontline professionals to identify people who need support and give them a food bank voucher. These professionals include local agencies like citizens advice and other advice centres, schools and children's centres, GP surgeries, housing associations, and mental health teams, who are best placed to assess need.
- Non-perishable food donations are donated at local supermarkets, in our permanent collection points. Donations are also dropped off by donors at our warehouse.
- These donations are checked for "use by" dates, weighed and sorted by food type and stored in the warehouse.
- Clients experiencing a food crisis are issued with a Harrow Foodbank voucher by a recognised Voucher Partner.
- Our clients (Harrow residents who have found themselves, through no fault of their own, on hard times) bring their voucher to one of our distribution centres, where it is redeemed for an emergency food parcel.
- The contents of emergency food parcels are selected using guidelines that aim to give clients a nutritionally balanced diet, providing sufficient food for 3 days.

2.6 Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charities Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

3. ACHIEVEMENTS AND PERFORMANCE

3.1 Summary of the year's activities to 31st March 2024

The cost-of-living crisis has affected Harrow foodbank, with need for emergency food parcels ever-increasing. Need has increased to a record level up to 50% from Apr 2023 to Mar 2024.

In 2023-24 we received 91.84 tons of food compared to in 2022-23 when we received 95.40 tons of food, an decrease of 3.73 tons on the previous year; we distributed 88.61 tons of food in 23/24 against 78.34 tons in 22/23, an increase of 14%. We distributed 8843 emergency food parcels to people locally (5863 parcels in 2022-23), of which 3703 were to local children (2469 to local children).

Financially, through working with our partner churches, faith groups and schools, corporate and individual donors, and with a number of successful grant applications, we have improved the levels of funding and support year on year and built on a longer-term financial security.

Since 2020 we've had a reduced pool of volunteers, with just over 20 volunteers; we lost some volunteers in 23/24 due to family and health issues. Our local relationships remain strong, we work with a number of partner organisations including the Citizens Advice Bureau, GP surgeries, various Harrow Council departments, schools and diverse faith organisations.

All these activities were possible because of the generosity and continued support from individuals and groups giving food and monetary donations, and our volunteers' hard work. The support from donors and volunteers has been incredible and admirable. We are fortunate to



HARROW FOODBANK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

have a warehouse with a large storage capacity, and with office space. We renewed the lease in May 2023 for a further three years at an increased rent (11.11%).

3.2 Voucher Partners

We have 251 active Voucher Partners and between them they issued 3200 (2271 at y/e March 2023) vouchers which were fulfilled, that were exchanged for food at one of the four Harrow Foodbank Distribution Centres.

Number of Referral Agencies: 256	
Sector	Number
Charity	56
Church	16
Community group	72
Other	2
Statutory agency	90
Voluntary agency	20
Total	256

3.3 Recipients of food

For the financial year ending on 31 March 2024, we provided 8843 parcels of emergency food. Table 1 provides an analysis of the crises that prompted their use of the Harrow Foodbank, as extracted from information completed on redeemed vouchers.



HARROW FOODBANK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Reason for issuing vouchers.

Category	Reasons for referral	No. of vouchers fulfilled	Adults	Children	Total
Financial - earnings related	Change in work hours	101	192	155	347
Financial - earnings related	Unemployment following permanent work	138	213	129	342
Financial - earnings related	Unemployment following temporary work	51	68	26	94
Financial - earnings related	Delay in or awaiting other income	115	147	92	239
Financial - benefits related	Benefit delay	209	275	115	390
Financial - benefits related	Benefit deduction due to overpayment or benefit advance	41	53	25	78
Financial - benefits related	Benefit reduction due to change in eligibility	35	69	51	120
Financial - benefits related	Benefit reduction due to sanction	30	37	23	60
Financial - benefits related	Awaiting first benefit payment for less than a month	44	70	35	105
Financial - benefits related	Awaiting first benefit payment for more than a month	33	39	24	63
Financial - debts, costs and expenses	Priority debt	368	595	361	956
Financial - debts, costs and expenses	Non-priority debt	131	203	113	316
Financial - debts, costs and expenses	Cost of dependents has increased	524	1126	1382	2508
Financial - debts, costs and expenses	Rising costs of essentials	1326	2301	1576	3877
Financial - debts, costs and expenses	Other unexpected expense	153	231	130	361
Personal circumstances	Insecurely housed	159	209	101	310
Personal circumstances	No access to financial support due to immigration status	304	469	369	838
Personal circumstances	Loss of support from friends or family	68	92	55	147
Personal circumstances	Change in relationship status	46	63	61	124
Personal circumstances	Domestic abuse	60	88	83	171
Personal circumstances	Change in dependents	30	58	62	120
Health	New physical or mental health condition	81	123	66	189
Health	Ongoing impact of physical or mental health condition	497	731	304	1035
No answer	None applicable	49	61	37	98
No answer	Declined to answer	45	56	8	64
No answer	Unable to ask	147	235	177	412
Health	Change in existing physical or mental health condition	26	33	21	54

3.4 Food donated

The non-perishable food donated to Harrow Foodbank comes predominately from individuals, local businesses and corporate companies, other local organisations, schools and churches, directly to our warehouse, and from shoppers donating in our local supermarkets' permanent collection points at:

1. Tesco Superstore Station Road
2. Tesco Superstore Pinner
3. Waitrose Harrow Weald
4. Waitrose South Harrow
5. Asda South Ruislip
6. Asda South Harrow
7. Asda Harrow Wealdstone
8. Sainsbury's Stanmore
9. Aldi South Harrow



HARROW FOODBANK

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and from food collection drives held periodically throughout the year at supermarkets: Tesco, Waitrose and occasionally Asda.

We are grateful for continued support from all our donors.

Stock in source	Donated in kg	Purchased in kg	Source total in kg	% of overall total
Donations from donors - Charities	1,858.80	0.00	1,858.80	2.02%
Donations from donors - Churches	11,301.32	0.00	11,301.32	12.30%
Donations from donors - Community groups	1,420.15	0.00	1,420.15	1.55%
Donations from donors - Corporates	1,608.50	0.00	1,608.50	1.75%
Donations from donors - Educations	5,933.79	0.00	5,933.79	6.46%
Donations from donors - Individual(s)	5,846.49	0.00	5,846.49	6.37%
Donations from donors - Other bulk food distributors	10,637.30	0.00	10,637.30	11.58%
Donations from donors - Supermarkets	51,131.56	0.00	51,131.56	55.67%
Purchased - Tesco Harrow 2	0.00	51.95	51.95	0.06%
Purchased - Tesco Harrow Apollo Exp	0.00	2,025.90	2,025.90	2.21%
Returns from food bank centre	N/A	N/A	29.69	0.03%
Totals	89,737.91	2,077.85	91,845.45	100%

Stock overview (01 April 2023 - 31 March 2024)

Stock in (kg)	Stock out (kg)
91845.45	88610.81

3.5 Communication and promotion

PR activity and events

We continue to operate a full programme of awareness raising with our referral agencies and other groups.

Website and newsletters

The website covers general information and details on how the foodbank works, including the locations of our distribution centres and sessions, as well as any agreed closure periods over Easter, Christmas & New Year.

Additionally we benefit from some of Trussell Trust's national PR activity and generation of news.

3.6 Fundraising activity

In 2023/24 we continued to benefit from our grant applications, and from financial



**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

donations received from donors, and from money collected at our Tesco food Collections.

3.7 Service offering

In 2023/24 we continued our policy of ensuring that volunteers were signposting other local services (e.g., Citizens Advice, debt management coaching) as appropriate.

3.8 Volunteers

We are fortunate to have a dedicated team of volunteers - from Trustees to warehouse teams, foodbank centres teams, supermarket collections teams, delivery teams, and admin assisting in the office. Without their effort and hard work, we would not be able to function and deliver the project as successfully. Our volunteers are the driving force behind our activities at the Harrow Foodbank.

The Trustees are enormously grateful for the commitment of the volunteers and the expertise that they have brought to the organisation.

4. FINANCIAL REVIEW

4.1 Principal funding sources

Funding for the Harrow Foodbank has come from voluntary financial donations and successful grant applications.

'Give as you Live' has proved to be a great platform for our donors to donate money more easily and efficiently. Harrow Foodbank is very grateful for the incredibly generous, continued, and vital financial support received from the many organisations and individuals donors during the year.

In addition, Tesco generously tops up customer food donations, by making a financial contribution equivalent to 20%, of the value of the food donated by their customers in their stores. Waitrose and Asda also provide periodic top up grants relating to weights of food reported. Harrow Foodbank greatly appreciate this extra financial support.

4.2 How expenditure has supported the key objectives of the charity

The expenditure incurred by the Harrow Foodbank has been necessary to operate the Foodbank.

In past years the Harrow Foodbank occasionally had surplus stock that they would redistribute to other Trussell Trust London Foodbanks experiencing shortages, and to other charities. The crisis has led to a shortfall in essential items at the foodbank and to the foodbank having to buy stock to make up for the shortfall. In recent times the foodbank has been reliant on financial contributions, alongside the items that people donate, to buy the essential items that are in short supply.

4.3 Investment policy and objectives

Reserves are placed with the Charities' Official Investment Fund (COIF) deposit fund, where they earn interest whilst not required immediately to cover expenditure.



5. FUTURE DEVELOPMENTS

5.1 Communications

In 2023/24 we continued to focus on targeting schools, churches and interest groups. We will continue to raise awareness of the importance of foodbanks for people experiencing a food crisis. We will continue to encourage donations from the local community as well as continue to work with voucher partners to ensure that clients in need of our service have access to it.

5.2. Fundraising

For 2023/24 we continue to focus on bidding for corporate or charitable grants for new projects. The Foodbank aspires towards building up reserves that equate to up to three years of projected expenditure, and major operating costs, to ensure the continuous running of the Foodbank for the medium term.

6. ACKNOWLEDGEMENTS

- 6.1.** A large partnership of churches and other groups worked together to develop Harrow Foodbank and with their ongoing support we have continued to deliver the project successfully.
- 6.2.** This report has detailed the successful running of the Harrow Foodbank during its eleventh financial reporting year. The Harrow Foodbank has become a mature and stable charity. We are indebted to our volunteers', past and present, for the day-to-day running of the Foodbank, thank you. We are also indebted to the many individual donors, faith groups and other organisations that have organised events and appeals which have generated much of the income recorded in these pages. The Trustees are extremely grateful to everyone in the local community who has provided support and encouragement to this project.



HARROW FOODBANK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year Ended 31 March 2024

Statement of Financial Activities

		Unrestricted Funds	Restricted Funds	Total 2024	Unrestricted Funds	Restricted Funds	Total 2023
		£	£	£	£	£	£
Incoming resources							
Voluntary income							
Donations and any related gift aid claimed	Note 2	113,274		113,274	116,275		116,275
Grants	Note 3	-	10,340	10,340	4,225		4,225
Activities for generating funds							
Fundraising events		1,550		1,550	-		-
Investment income		6,592		6,592	2,010		2,010
Incoming resources before donated goods		121,416	10,340	131,756	122,510	-	122,510
Donated goods	Note 4			-			-
Total incoming resources		121,416	10,340	131,756	122,510	-	122,510
Resources expended							
Salaries and National Insurance		36,892	10,340	47,232	36,855	-	36,855
Warehouse rent & service charges		31,298		31,298	25,498		25,498
Waste collection		1,018		1,018	1,148		1,148
Rates		-		-	-	4,288	-
Sundries		225	-	225	521	-	521
Publicity and signage		241		241	-		-
Printing and stationery		1,052	-	1,052	1,627	-	1,627
Telephones		2,052		2,052	1,697		1,697
Transport		1,661	-	1,661	570	-	570
Insurance		2,949		2,949	3,392		3,392
Pest control charges		288		288	216		216
Small equipment & consumables		757		757	1,376		1,376
Bank charges		-		-	-		-
Other expenditure		857		857	5		5
Depreciation	Note 4	1,987		1,987	2,484		2,484
Resources expended before cost of distributed food		81,277	10,340	91,617	71,101	-	71,101
Food distributed		4,694		4,694	-		-
Total resources expended		85,971	10,340	96,311	71,101	-	71,101
Net incoming resources before other recognised gains/(losses)		35,445	-	35,445	51,409	-	51,409
Transfer between funds				-			-
Net movement in funds		35,445	-	35,445	51,409	-	51,409
Reconciliation of Funds							
Total funds brought forward		226,362	4,665	231,027	174,953	4,665	179,618
Total funds carried forward		261,807	4,665	266,472	226,362	4,665	231,027



HARROW FOODBANK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

HARROW FOODBANK (Charity Number 1154292) Annual Accounts for the Year ended 31 March 2024

Balance Sheet as at

		31.3.2024	31.03.2023
		£	£
Fixed assets			
Tangible assets	Note 4	7,947	9,934
Current assets			
Stock and work in progress			
Debtors	Note 5	5,000	3,000
(Short term) investments		185,000	135,000
Cash at bank and in hand		70,525	83,093
Total current assets		<u>260,525</u>	<u>221,093</u>
Liabilities			
Creditors: amounts falling due within one year	Note 6	0	0
Net current assets		<u>260,525</u>	<u>221,093</u>
Net assets		<u>268,472</u>	<u>231,027</u>
Funds of the charity			
Unrestricted funds	Note 7	261,807	226,362
Restricted income funds	Note 7	4,665	4,665
Total funds		<u>266,472</u>	<u>231,027</u>



HARROW FOODBANK
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

HARROW FOODBANK (Charity Number 1154292)
Annual Accounts for the Year Ended 31 March 2024
Notes to the Accounts

1 Accounting Policies

Accounting convention

The financial statements have been prepared under the historical cost convention, in accordance with the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

Voluntary income including donations, gifts and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement;
- Gift Aid tax recovery is recognised when received.

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, these contributions are included in the financial statements as an estimate based on the value of the contribution.

Goods donated and held as stock for distribution by the foodbank are recognised as incoming resources within voluntary income only when distributed, with an equivalent amount being included as resources expended.

Resources expended

Expenditure is recognised when a liability is incurred.

Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.

Harrow Foodbank is not VAT registered and any VAT incurred on its expenditure is included in the resources expended.

Tangible fixed assets

Depreciation has been provided at the following annual rates in order to write off each asset over its estimated useful life. Capital expenditure less than £2000.00 is written off in the year of acquisition.

Fixtures and Fittings & Equipment	20% on a straight line basis
Motor Vehicles	20% Reducing balance Basis

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.



HARROW FOODBANK

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.



HARROW FOODBANK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

HARROW FOODBANK (Charity Number 1154292)						
Annual Accounts for the Year Ended 31 March 2024						
Notes to the Accounts						
2	VOLUNTARY INCOME - DONATIONS					
			Total 2024	Total 2023		
			£			
	Donations from individuals		41,707	12,293		
	Donations from churches and other faith groups		3,774	9,314		
	Donations from schools		-	1,057		
	Donations at supermarket collections		-	-		
	Donations Via give as you live		42,321	64,027		
	Corporate donations		25,472	29,585		
			113,274	116,276		
3	VOLUNTARY INCOME - GRANTS					
		Unrestricted Funds	Restricted Funds	Total 2024		Total 2023
		£	£	£		£
	City Bridge Trust		10,340.00	10,340.00		-
		-	10,340.00	10,340.00		-
4	FIXED ASSETS					
		Fixtures, fittings and equipment	Motor vehicle	Total 2023/24		
		£		£		
	Cost at 1/4/2023	6,067	19,404	25,471		
	Additions during the year	0	0	0		
	Cost at 31 March 2024	£6,067	£19,404	£25,471		
	Depreciation					
	Accumulated Depreciation 1/4/2023	6,067	9,470	15,537		
	Charge for year		1,987	1,987		
	Accumulated Depreciation 31/3/2024	£6,067	£11,457	£17,524		
	Net Book value 31/3/2023	£0	£9,934	£9,934		
	Net Book value 31/3/2024	£0	£7,947	£7,947		
5	DEBTORS	2023/24		2022/23		
		£		£		
	Rent Deposit (renewed lease / deposit increase)	5,000		3,000		
	Rent in advance	-				
	Total	5,000		3,000		
6	CREDITORS	Creditors 2023/24		Creditors 2022/23		
		£		£		
	Total	-		-		
7	RESERVES					
		Balances brought forward	Transfers	Incoming resources	Resources expended	Balances carried forward
		£	£	£	£	£
	Unrestricted Funds					
	Designated for warehouse works					0
	Unrestricted	226,362		121,416	-85,971	261,807
		226,362	0	121,416	-85,971	261,807
	Restricted Funds					
	Grants for specified purposes	4,665		10,340	-10,340	4,665
	Total	231,027	0	131,756	-96,311	266,472

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Harrow Foodbank

**On accounts for the year
ended**

31st March 2024

**Charity no
(if any)**

1154292

Set out on pages

10 - 14

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below *~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Abigail Papadopoulos

Date:

17 March 2025

Name:

Abigail Papadopoulos

**Relevant professional
qualification(s) or body
(if any):**

Chartered Institute of Management Accountants (Certificate No. 12010540)

Address:

78 Cannonbury Avenue, Pinner, HA5 1TT

HARROW FOODBANK

England & Wales - Charity number 1154292

Accounts



HARROW FOODBANK

REGISTERED CHARITY NUMBER: 1154292

**REPORT OF THE TRUSTEES AND FINANCIAL
STATEMENTS FOR THE YEAR ENDED
31 MARCH 2023**

HARROW FOODBANK

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HARROW FOODBANK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their report with the financial statements of the Harrow Foodbank for the year ended 31 March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name

Harrow Foodbank

Registered Charity number

1154292 (England and Wales)

Registered office

Harrow Foodbank Centre
Unit H2, Phoenix Business Centre
Rosslyn Crescent
Harrow
HA1 2SP

Charity Trustees

Brendan Timlin	Joint Chair	From 03 Jun 23
Rob Ogundere	Joint Chair	From 15 Jun 23
Nahid Boethe		From 16 Jun 23
Lara Waywell		From 03 Nov 21
Rachelle Goldberg		From 08 Dec 21

Independent Examiner

Mr. Stuart Cawthorne
12 Montgomery Road
Edgware
Middlesex
HA8 6NT

Bank

Lloyds Bank Plc
286-288 Station Road
Harrow
HA1 2EB



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

1. STRUCTURE, GOVERNANCE AND MANAGEMENT

1.1 Governing document

Harrow Foodbank is a Charitable Incorporated Organisation whose only voting members are its charity trustees. The trustees adopted a constitution on 9 September 2013 in accordance with the “foundation model” published by the Charity Commission. The Harrow Foodbank achieved registered charitable status on 21 October 2013 and its registered charity number is 1154292.

1.2 Trustee selection and management

The charity is managed by a board of trustees selected because they strongly endorse the charitable objectives of the organisation and support its Christian ethos. When selecting trustees, the charity aims to ensure there is a broad range of relevant skills, while also aiming to reflect a geographical spread across Harrow, particularly the areas of deprivation in Harrow.

Trustees are appointed after interviews with existing trustees and formal visits to the organisation, to ensure they understand its vision and values. The Trustees meet half termly (every 6 weeks) to review performance and monitor the achievement of objectives.

1.3 Related Organisations

The Harrow Foodbank is affiliated to the Trussell Trust - we are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.

The Trussell Trust support a UK-wide network of more than 1,300 food bank centres and together we provide emergency food and support to people locked in poverty in the UK, providing a minimum of three days' emergency food and support to people in crisis.

1.4 Management of risk

The Trustees have adopted a range of policy documents that are intended to manage and minimise risk. These include policies covering Health & Safety, Safeguarding, Lone Workers and Data Protection.

The Trussell Trust carries out a annual / biannual Governance Health Check to ensure that everything meets its recommended standards.

2. OBJECTIVES, AIMS AND ACTIVITIES

2.1 Charitable Objectives

The Harrow Foodbank has as its objective the prevention or relief of poverty in Harrow and surrounding areas in particular, but not exclusively, by providing emergency food supplies to individuals in need and to charities or other organisations working to prevent or relieve poverty.

2.2 Aims

Our aims are to alleviate poverty through the provision of food parcels to those in crisis, in partnership with local care agencies who refer clients in crisis to us. By signposting people to care agencies, advice services and other support agencies we aim to seek



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

resolutions to their immediate crisis, which is causing their need to use the Foodbank. Anyone in need can be referred to the Foodbank, regardless of race or creed.

2.3 Objectives for the year

This was our 10th year of operation. Our key objectives remain to always be in a position to be able to provide emergency food and support for people in crisis in Harrow and surrounding areas.

In order to continue our operation our key objectives include ensuring that we have sufficient funds for the running costs of the charity, including: rent, salaries, insurance, van running costs, utility bills and other operating costs. Moreover, ensuring that we have sufficient resources and volunteers to help run the charity.

Further objectives alongside the above include: continuously developing and implementing robust processes for food distribution and redistribution and increasing organisational sustainability.

2.4 Strategies for achieving the objectives.

1. Distribute food to meet increasing demand

Our aim is to distribute food to people facing hardship throughout the cost-of-living crisis and alleviate food poverty. We work with over 200 referral agencies, including: charities, churches, and community groups, statutory and voluntary agencies. Our Voucher Partners identify people in crisis and issue them with a foodbank voucher.

2. Developing our signposting service - Advice First Aid (AFA) training

Citizens Advice Harrow is delivering Advice First Aid (AFA) training to our distribution centre volunteers to help them to identify the root cause of the crisis bringing our clients to the foodbank. They will be trained to identify the problem, provide initial, basic help and also know when, and how, to signpost them.

Further, the training delivered by Citizens Advice to foodbank volunteers cover an overview of benefits, introduction to Debt, Housing, Immigration and Cost Of Living support. It will equip volunteers to pinpoint issues, provide accurate signposting and know when to refer to specialist advisors. In this way the foodbank will hear and represent the views and needs of people who are not usually represented.

3. The Harrow Foodbank would like to help its local community further by setting up a Community Fridge.

We currently collect surplus perishable food from various supermarkets, including Waitrose and a local bakery. Our borough is in a region which has very few community fridges. Our community fridge will make freely available to the Harrow community the surplus food we collect from our supermarket donors that would otherwise be wasted. Community fridges are a tried and tested way of reducing the environmental impact of food waste.

4. Recruit more Trustees.

2.5 How the Foodbank works.

- The Foodbank works with frontline professionals to identify people who need

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

support and give them a food bank voucher. These professionals include local agencies like citizens advice and other advice centres, schools and children's centres, GP surgeries, housing associations, and mental health teams, who are best placed to assess need.

- Food donations of non-perishable food are donated at local supermarkets, in our permanent collection points. Donations are also dropped off by donors at our warehouse.
- These donations are checked for "use by" dates, weighed and sorted by food type and stored in the warehouse.
- Clients in food crisis are issued with a Harrow Foodbank voucher by a recognised Voucher Partner.
- Our clients (Harrow residents who have found themselves, through no fault of their own, on hard times) bring their voucher to one of our distribution centres, where it is redeemed for an emergency food parcel.
- The contents of emergency food parcels are selected using guidelines that aim to give clients a nutritionally balanced diet, providing sufficient food for 3 days.

2.6 Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charities Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

3. ACHIEVEMENTS AND PERFORMANCE

3.1 Summary of the year's activities to 31st March 2023

The cost-of-living crisis has affected Harrow foodbank, with need for emergency food parcels ever-increasing. Need has increased to a record level up to 65% from Apr 2022 to Mar 2023. The cost-of-living crisis is hitting everyone's income, with around a third of adults finding it difficult to afford paying their rent or mortgage.

In 2022-23 we received 95.40 tonnes of food compared to in 2021-22 when we received 88.85 tonnes of food, an increase of 6.5 tonnes on the previous year; we distributed 78.34 tonnes of food and 86.41 tonnes of food respectively, a decrease of 8 tonnes. We distributed 5863 emergency food parcels to people locally (3839 parcels in 2021-22), of which 2469 were to local children (1514 to local children). Additionally, we redistributed over 20 tonnes of surplus food to other Foodbanks in the Trussell Trust network in London (over 46 tonnes in the previous year).

Our partnerships with other charities mean that if we have a surplus, it is put to good use rather than going out of date and / or going to waste. It means that we have been able to help communities in surrounding areas too, by redistributing surplus food that cannot be distributed at our distribution centres to other foodbanks experiencing shortages in the Trussell Trust network in London and /or to other charities.

Financially, through working with our partner churches, faith groups and schools, corporate and individual donors, and with a number of successful grant applications, we have improved the levels of funding and support year on year and built on a longer-term financial security.

Since 2020 we've had a reduced pool of volunteers, with just over 25 volunteers. Our local relationships remain strong; we work with a number of partner organisations



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

including the Citizens Advice Bureau, GP surgeries, various Harrow Council departments, schools and diverse faith organisations.

All these activities were possible because of the generosity and continued support from individuals and groups giving food and monetary donations, and our volunteers' hard work. The support from donors and volunteers has been incredible and admirable. We are fortunate to have a warehouse with a large storage capacity, and with office space. We renewed the lease in May 2023 for a further three years at an increased rent (11.11%).

3.2 Voucher Partners

At the end of March 2023, we had 247 active Voucher Partners and between them they issued 2271 (1628 at y/e March 2022) vouchers which were fulfilled, that were exchanged for food at one of the four Harrow Foodbank Distribution Centres.

Voucher Partners / Referral Agencies

Sector	Number
Charity	54
Church	15
Community group	73
Other	2
Statutory agency	85
Voluntary agency	18
Total	247

The Voucher Partners identify people in crisis and issue them with a foodbank voucher in order to provide them with emergency food. People bring their vouchers to redeem them for food at one of our distribution centres.

3.3 Recipients of food

For the financial year ending on 31 March 2023, we provided 5863 parcels of emergency food. Figure 1 provides an analysis of the crises that prompted their use of the Harrow Foodbank, as extracted from information completed on redeemed vouchers.

Reason for issuing vouchers.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Reasons for referral	No. of vouchers fulfilled	No. of parcels distributed to		
		Adults	Children	Total
Benefit Changes	114	164 (52.4%)	149 (47.6%)	313
Benefit Delays	174	246 (54.91%)	202 (45.09%)	448
Child Holiday Meals	2	3 (33.33%)	6 (66.67%)	9
Debt	115	165 (57.29%)	123 (42.71%)	288
Delayed Wages	4	6 (66.67%)	3 (33.33%)	9
Domestic Violence	20	30 (50%)	30 (50%)	60
Homeless	57	73 (77.66%)	21 (22.34%)	94
Low Income	1276	1990 (58.72%)	1399 (41.28%)	3389
No recourse to public funds	239	335 (53.01%)	297 (46.99%)	632
Other	179	258 (61.43%)	162 (38.57%)	420
Refused STBA	1	1 (33.33%)	2 (66.67%)	3
Sickness	90	123 (62.12%)	75 (37.88%)	198

3.4 Food donated.

The non-perishable food donated to Harrow Foodbank comes predominately from individuals, local businesses and corporate companies, other local organisations, schools and churches, directly to our warehouse, and from shoppers donating in our local supermarkets' permanent collection points at:

1. Tesco Superstore Station Road
2. Tesco Superstore Pinner
3. Waitrose Harrow Weald
4. Waitrose South Harrow
5. Asda South Ruislip
6. Sainsbury's Stanmore
7. Aldi South Harrow

and from food collection drives held periodically throughout the year at supermarkets: Tesco, and occasionally Asda.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

We are grateful for continued support from all our donors.

Stock IN

Stock in type	Stock in (kg)	Stock in (% of total)
Donations from donors - Charities	523.4	0.55%
Donations from donors - Churches	10012.74	10.5%
Donations from donors - Community groups	2337.05	2.45%
Donations from donors - Corporates	753.8	0.79%
Donations from donors - Educations	3816.35	4.0%
Donations from donors - Individual(s)	5655.53	5.93%
Donations from donors - Other bulk food distributors	11795.71	12.36%
Donations from donors - Supermarkets	60405.8	63.32%
Purchased	98.0	0.1%
Total	95398.38	100%

3.5 Communication and promotion

PR activity and events

We continue to operate a full programme of awareness raising with our referral agencies and other groups.

Website and newsletters

The website covers general information and details on how the foodbank works, including the locations of our distribution centres and sessions, as well as any agreed closure periods over Easter, Christmas & New Year.

Additionally we benefit from some of Trussell Trust's national PR activity and generation of news.

3.6 Fundraising activity

In 2022/23 we continued to benefit from our grant applications, and from financial donations received from donors, and from money collected at our Tesco food



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Collections.

3.7 Service offering

In 2022/23 we continued our policy of ensuring that volunteers were signposting other local services (e.g., Citizens Advice, debt management coaching) as appropriate.

3.10. Volunteers

We are fortunate to have a dedicated team of volunteers - from Trustees to warehouse teams; foodbank centres teams, supermarket collections teams, delivery teams, and admin assisting in the office. Without their effort and hard work, we would not be able to function and deliver the project as successfully. Our volunteers are the driving force behind our activities at the Harrow Foodbank.

The Trustees are enormously grateful for the commitment of the volunteers and the expertise that they have brought to the organisation.

4. FINANCIAL REVIEW

4.1 Principal funding sources

Funding for the Harrow Foodbank has come from voluntary financial donations and successful grant applications.

'Give as you Live' has proved to be a great platform for our donors to donate money more easily and efficiently. Harrow Foodbank is very grateful for the incredibly generous, continued, and vital financial support received from the many organisations and individuals donors during the year.

In addition, Tesco generously tops up customer food donations, by making a financial contribution equivalent to 20%, of the value of the food donated by their customers in their stores. Waitrose and Asda also provide periodic top up grants relating to weights of food reported. Harrow Foodbank greatly appreciates this extra financial support.

4.2 How expenditure has supported the key objectives of the charity.

The expenditure incurred by the Harrow Foodbank has been necessary to operate the Foodbank.

4.3 Investment policy and objectives

Reserves are placed with the Charities' Official Investment Fund (COIF) deposit fund, where they earn interest whilst not required immediately to cover expenditure.

5. FUTURE DEVELOPMENTS

5.1 Communications

In 2022/23 we continued to focus on targeting schools, churches and interest groups. We will continue to raise awareness of the importance of foodbanks for people experiencing a food crisis. We will continue to encourage donations from the local community as well as continue to work with voucher partners to ensure that clients in need of our service have access to it.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

5.2. Fundraising

For 2022/23 we continue to focus on fundraising, in particular to bidding for corporate or charitable grants for new projects. The Foodbank aspires towards building up reserves that equate to up to three years of projected expenditure, and major operating costs, to ensure the continuous running of the Foodbank for the medium term.

6. ACKNOWLEDGEMENTS

- 6.1. A large partnership of churches and other groups worked together to develop Harrow Foodbank and with their ongoing support we have continued to deliver the project successfully.
- 6.2. This report has detailed the successful running of the Harrow Foodbank during its tenth financial reporting year. The Harrow Foodbank has become a mature and stable charity. We are indebted to our volunteers', past and present, for the day-to-day running of the Foodbank, thank you. We are also indebted to the many individual donors, faith groups and other organisations that have organised events and appeals which have generated much of the income recorded in these pages. The Trustees are extremely grateful to everyone in the local community who has provided support and encouragement to this project.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Harrow Foodbank

**On accounts for the year
ended**

31st March 2023

**Charity no
(if any)**

1154292

Set out on pages

(remember to include the page numbers of additional sheets)

**Responsibilities and
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below *~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: Stuart Cawthorne

Date: 31 January 2024

Name: Stuart Cawthorne

**Relevant professional
qualification(s) or body
(if any):**

Address: 12 Montgomery Road, Edgware, Middx, HA8 6NT

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year Ended 31 March 2023

Statement of Financial Activities

		Unrestricted Funds	Restricted Funds	Total 2023		Unrestricted Funds	Restricted Funds	Total 2022
		£	£	£		£	£	£
Incoming resources								
Voluntary income								
Donations and any related gift aid claimed	Note 2	116,275		116,275		85,074		85,074
Grants	Note 3	4,225		4,225		-	16,250	16,250
Activities for generating funds								
Fundraising events		-		-		-		-
Investment income		2,010		2,010		36		36
Incoming resources before donated goods		122,510	-	122,510		85,110	16,250	101,360
Donated goods	Note 4	-		-		204,796		204,796
Total incoming resources		122,510	-	122,510		289,906	16,250	306,156
Resources expended								
Salaries and National Insurance		36,855		36,855		23,941	13,000	36,941
Warehouse rent & service charges		25,498		25,498		23,844		23,844
Waste collection		1,148		1,148		1,257		1,257
Rates		- 4,288	-	4,288		4,288		4,288
Sundries		521	-	521		843	-	843
Publicity and signage		-		-		152		152
Printing and stationery		1,627	-	1,627		597	-	597
Telephones		1,697		1,697		1,518		1,518
Transport		570	-	570		551	-	551
Insurance		3,392		3,392		4,425		4,425
Pest control charges		216		216		-		-
Small equipment & consumables		1,376		1,376		1,210		1,210
Bank charges		-		-		-		-
Other expenditure		5		5		74		74
Depreciation	Note 5	2,484		2,484		3,105		3,105
Resources expended before cost of distributed food		71,101	-	71,101		65,805	13,000	78,805
Food distributed		-		-		204,796	-	204,796
Total resources expended		71,101	-	71,101		270,601	13,000	283,601
Net incoming resources before other recognised gains/(losses)		51,409	-	51,409		19,305	3,250	22,555
Transfer between funds				-				-
Net movement in funds		51,409	-	51,409		19,305	3,250	22,555
Reconciliation of Funds								
Total funds brought forward		174,953	4,665	179,618		155,648	1,415	157,063
Total funds carried forward		226,362	4,665	231,027		174,953	4,665	179,618

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year ended 31 March 2023

Balance Sheet as at

			31.3.2023		31.03.2022
			£		£
Fixed assets					
Tangible assets	Note 5		9,934		12,418
Current assets					
Stock and work in progress					
Debtors	Note 6	3,000		3,000	
(Short term) investments		135,000		85,000	
Cash at bank and in hand		83,093		79,200	
Total current assets		221,093		167,200	
Liabilities					
Creditors: amounts falling due within one year	Note 7	0		0	
Net current assets			221,093		167,200
Net assets			231,027		179,618
Funds of the charity					
Unrestricted funds	Note 8	226,362		174,953	
Restricted income funds	Note 8	4,665		4,665	
Total funds			231,027		179,618

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year Ended 31 March 2023

Notes to the Accounts

1 Accounting Policies

Accounting convention

The financial statements have been prepared under the historical cost convention, in accordance with the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

Voluntary income including donations, gifts and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement;
- Gift Aid tax recovery is recognised when received.

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, these contributions are included in the financial statements as an estimate based on the value of the contribution.

Goods donated and held as stock for distribution by the foodbank are recognised as incoming resources within voluntary income only when distributed, with an equivalent amount being included as resources expended.

Resources expended

Expenditure is recognised when a liability is incurred.

Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.

Harrow Foodbank is not VAT registered and any VAT incurred on its expenditure is included in the resources expended.

Tangible fixed assets

Depreciation has been provided at the following annual rates in order to write off each asset over its estimated useful life. Capital expenditure less than £2000.00 is written off in the year of acquisition.

Fixtures and Fittings & Equipment	20% on a straight line basis
Motor Vehicles	20% Reducing balance Basis

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year Ended 31 March 2023

Notes to the Accounts

2	VOLUNTARY INCOME - DONATIONS					
			Total 2023	Total 2022		
			£			
	Donations from individuals		12,293	21,427		
	Donations from churches and other faith groups		9,314	4,482		
	Donations from schools		1,057	616		
	Donations at supermarket collections		-	-		
	Donations Via give as you live		64,027	36,094		
	Corporate donations		29,585	22,454		
			116,275	85,074		
3	VOLUNTARY INCOME - GRANTS					
		Unrestricted Funds	Restricted Funds	Total 2023		Total 2022
		£	£	£		£
	City Bridge Trust			-		16,250.00
	Waste & Reso wrap			-		
	6 Crowne			-		
	Trussell trust			-		
	Harrow Giving Covid Grant			-		
		-	-	-		16,250.00
4	DONATED GOODS					
		Total 2022/23		Total 2021/22		
		£		£		
	Value of donated food distributed			204,796		
	Donated Furniture and Equipment					
		-		204,796		
5	FIXED ASSETS					
		Fixtures, fittings and equipment	Motor vehicle	Total 2022/23		
		£		£		
	Cost at 1/4/2022	6,067	19,404	25,471		
	Additions during the year	0	0	0		
	Cost at 31 March 2023	£6,067	£19,404	£25,471		
	Depreciation					
	Accumulated Depreciation 1/4/2022	6,067	6,986	13,053		
	Charge for year		2,484	2,484		
	Accumulated Depreciation 31/3/2022	£6,067	£9,470	£15,537		
	Net Book value 31/3/2022	£0	£12,418	£12,418		
	Net Book value 31/3/2023	£0	£9,934	£9,934		
6	DEBTORS	2022/23		2021/22		
		£		£		
	Rent Deposit	3,000		3,000		
	Rent in advance	-				
	Total	3,000		3,000		
7	CREDITORS	Creditors 2022/23		Creditors 2021/22		
		£		£		
	Total	-		-		
8	RESERVES					
		Balances brought forward	Transfers	Incoming resources	Resources expended	Balances carried forward
		£	£	£	£	£
	Unrestricted Funds					
	Designated for warehouse works					0
	Unrestricted	174,953		122,510	-71,101	226,362
		174,953	0	122,510	-71,101	226,362
	Restricted Funds					
	Grants for specified purposes	4,665	14	0	0	4,665
	Total	179,618	0	122,510	-71,101	231,027

HARROW FOODBANK

England & Wales - Charity number 1154292

Accounts



HARROW FOODBANK

REGISTERED CHARITY NUMBER: 1154292

**REPORT OF THE TRUSTEES AND FINANCIAL
STATEMENTS FOR THE YEAR ENDED
31 MARCH 2022**

HARROW FOODBANK

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HARROW FOODBANK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their report with the financial statements of the Harrow Foodbank for the year ended 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name

Harrow Foodbank

Registered Charity number

1154292 (England and Wales)

Registered office

Harrow Foodbank Centre
Unit H2, Phoenix Business Centre
Rosslyn Crescent
Harrow
HA1 2SP

Charity Trustees

Brendan Timlin	Chair	From 03 Jun 20
Nahid Boethe		From 16 Jun 20
Rob Ogundere		From 15 Jul 20
Lara Waywell		From 03 Nov 21
Rachelle Goldberg		From 08 Dec 21
Andrew Searle		From 03 Jun 20

Independent Examiner

Mr. Stuart Cawthorne
12 Montgomery Road
Edgware
Middlesex
HA8 6NT

Bank

Lloyds Bank Plc
286-288 Station Road
Harrow
HA1 2EB



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

1. STRUCTURE, GOVERNANCE AND MANAGEMENT

1.1 Governing document

Harrow Foodbank is a Charitable Incorporated Organisation whose only voting members are its charity trustees. The trustees adopted a constitution on 9 September 2013 in accordance with the “foundation model” published by the Charity Commission. The Harrow Foodbank achieved registered charitable status on 21 October 2013 and its registered charity number is 1154292.

1.2 Trustee selection and management

The charity is managed by a board of trustees selected because they strongly endorse the charitable objectives of the organisation and support its Christian ethos. When selecting trustees, the charity aims to ensure there is a broad range of relevant skills, while also aiming to reflect a geographical spread across Harrow, particularly the areas of deprivation in Harrow.

Trustees are appointed after interviews with existing trustees and formal visits to the organisation, to ensure they understand its vision and values. The Trustees meet six times a year (every 2 months) to review performance and monitor the achievement of objectives.

1.3 Related Organisations

The Harrow Foodbank is affiliated to the Trussell Trust - we are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.

The Trussell Trust support a UK-wide network of more than 1,200 food bank centres and together we provide emergency food and support to people locked in poverty in the UK, providing a minimum of three days' emergency food and support to people in crisis.

1.4 Management of risk

The Trustees have adopted a range of policy documents that are intended to manage and minimise risk. These include policies covering Health & Safety, Safeguarding, Lone Workers and Data Protection.

The Trussell Trust carries out an annual Governance Health Check to ensure that everything meets its recommended standards.

2. OBJECTIVES, AIMS AND ACTIVITIES

2.1 Charitable Objectives

The Harrow Foodbank has as its objective the prevention or relief of poverty in Harrow and surrounding areas in particular, but not exclusively, by providing emergency food supplies to individuals in need and to charities or other organisations working to prevent or relieve poverty.

2.2 Aims

Our aims are to alleviate poverty through the provision of food parcels to those in crisis, in partnership with local care agencies who refer clients in crisis to us. By signposting



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

people to care agencies, advice services and other support agencies we aim to seek resolutions to their immediate crisis, which is causing their need to use the Foodbank. Anyone in need can be referred to the Foodbank, regardless of race or creed.

2.3 Objectives for the year

This was our 9th year of operation. Our key objectives remain to always be in a position to be able to provide emergency food and support for people in crisis in Harrow and surrounding areas. Food donations have kept pace with unprecedented increases in demand for emergency food in Harrow.

Additionally, Harrow Foodbank has successfully redistributed surplus food to other Trussell Trust Foodbanks and to other charities in short supply, thereby helping more people in crisis in London communities.

In order to continue our operation our key objectives include ensuring that we have sufficient funds for the running costs of the charity, including: rent, salaries, insurance, van running costs/insurance/fuel costs, utility bills and other operating costs. Moreover, ensuring that we have enough sufficient resources and volunteers to help run the charity, although volunteer numbers are greatly reduced since the pandemic started.

Further objectives alongside the above include: developing and implementing robust processes for food distribution and redistribution, including expanding the reach to vulnerable users by offering a delivery service; and increasing organisational sustainability.

2.4 Strategies for achieving the objectives.

The Change and Uncertainty brought about during the pandemic brought a fresh approach to the performance of the Foodbank, with improved productivity, processes, and procedures. Risk Assessments are conducted and reviewed following HSE guidelines and Trussell Trust, and a COVID-19 risk assessment to help manage risk and protect volunteers and users.

The volunteers are organized into teams (bubbles) all overseen by the Project manager, each distribution centre with it's own foodbank centre co-ordinator, and at the warehouse.

The implementation of our delivery model significantly expanded our reach to support the most vulnerable people in our community facing a crisis. Harrow Foodbank successfully set up a weekly delivery service, delivering food in a safe, timely manner to vulnerable people in the Borough of Harrow.

Our 3 new distribution centres in Rayners Lane, South Harrow and Kenton run smoothly, and we continue to hold weekly distribution days at our centres on Mondays, Tuesdays, Wednesday, Fridays and Saturdays, with a delivery service on Thursdays.

The Harrow Foodbank joined the FareShare programme, committing to reducing food waste by collecting weekly good quality surplus food from Waitrose that would otherwise be thrown away. The surplus food collected provides additional emergency support with food to the people in the local community experiencing a crisis. Additionally, the Harrow Foodbank has formed partnerships with other organisations,



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

collecting their surplus to further reduce food waste; including a local partnership with Wenzels (the local bakers), collecting bread and pastries that would otherwise go to waste, and distributing this surplus food to our clients. As a result our clients receive a mixture of fresh food including fruit, vegetables, red & white meats, fish, as well as the non-perishable foods donated by our donors.

2.5 How the Foodbank works.

- The Foodbank works with frontline professionals to identify people who need support and give them a food bank voucher. These professionals include local agencies like citizens advice and other advice centres, schools and children's centres, GP surgeries, housing associations, and mental health teams, who are best placed to assess need.
- Food donations of non-perishable food are donated at local supermarkets, in our permanent collection points. Donations are also dropped off by donors at our warehouse.
- These donations are checked for "use by" dates, weighed and sorted by food type and stored in the warehouse.
- Clients in food crisis are issued with a Harrow Foodbank voucher by a recognised Voucher Partner.
- Our clients (Harrow residents who have found themselves, through no fault of their own, on hard times) bring their voucher to a Foodbank distribution session where it is redeemed for an emergency food parcel.
- The contents of emergency food parcels are selected using guidelines that aim to give clients a nutritionally balanced diet, providing sufficient food for 3 days.

2.6 Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charities Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

3. ACHIEVEMENTS AND PERFORMANCE

3.1 Summary of the year's activities to 31st March 2022

Local food donations continue to be extremely strong – we are fortunate to have the very strong support of generous local residents in the community from all faiths and none and from all income gaps, donating food for people facing crisis. In the last couple of years individuals have been encouraged to help support the Foodbank with funds as well as their food donations.

In 2021-22 we received 88.85 tones of food compared to in 2020-21 when we received 93.89 tons of food, an decrease of 5 tons on the previous year. We distributed 3839 of emergency food parcels to people locally, of which 1514 of emergency food parcels were to local children. Additionally, we redistributed over 20 tons of surplus food to other Foodbanks in the Trussell Trust network in London.

Our partnerships with other charities means that if we have a surplus, it is put to good use rather than going out of date and / or food being wasted. It means that we are able to help communities in surrounding areas too, by redistributing surplus food to other food banks experiencing shortages in the Trussell Trust network in London, and to other charities.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Financially, through working with our partner churches, faith groups and schools, corporate and individual donors, and with a number of successful grant applications, we have improved the levels of funding and support year on year and built on a longer-term financial security.

Since 2020 we've had a reduced pool of volunteers, with just over 25 volunteers, this number is significantly reduced by half from before the first lockdown. Our local relationships remain strong, we work with a number of partner organisations including the Citizens Advice Bureau, GP surgeries, many Harrow Council departments, schools and various faith organisations.

All these activities were possible because of the generosity and continued support from individuals and groups giving food and monetary donations, and our volunteers' hard work. The support from donors and volunteers has been tremendous and admirable. We are fortunate to have a warehouse which has a large storage capacity, and with office space. We moved into Unit H2 in May 2020 and our current lease expires in May 2023.

Harrow Foodbank worked with a pro-bono consultancy to develop focused and strategic roles for each Trustee, creating Trustee Role Definitions with each role description outlined; and a skills audit performed, which provided a clearer picture of existing skills and proficiency levels on our board, and identified where the gaps lay. Two Trustee stepped down in line with our constitution which allocates a term of 3 years and we welcomed two new additional Trustees.

3.2 Voucher Partners

At the end of March 2022, we had 247 active Voucher Partners and between them they issued 1628 vouchers which were fulfilled, that were exchanged for food at one of the four Harrow Foodbank Distribution Centres.

The Harrow Foodbank works with professional Voucher Partners from organisations providing welfare and community support in the local area, such as: the Citizens Advice Bureau (CAB) and Help through Hardship. The Voucher Partners identify people in crisis and issue them with a foodbank voucher in order to provide them with immediate assistance. People bring their vouchers to one of our distribution centres to redeem them for food. One of the strengths of this process is that it is not incumbent on our volunteer team to make any assessment of need, but to fulfil a referral by a qualified individual.

3.3 Recipients of food

Between 1 April 2021 and the end of the financial year on 31 March 2022, we provided 3839 parcels of emergency food. Figure 1 provides an analysis of the crises that prompted their use of the Harrow Foodbank, as extracted from information completed on redeemed vouchers.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Reason for issuing vouchers.

Crisis Types

Crisis	No. Vouchers	Adults	Children	Total
Benefit Changes	101	143 (56.3%)	111 (43.7%)	254
Benefit Delays	156	209 (62.02%)	128 (37.98%)	337
Child Holiday Meals	2	3 (42.86%)	4 (57.14%)	7
Debt	52	69 (54.33%)	58 (45.67%)	127
Delayed Wages	9	11 (61.11%)	7 (38.89%)	18
Domestic Violence	22	27 (29.67%)	64 (70.33%)	91
Homeless	40	47 (64.38%)	26 (35.62%)	73
Low Income	932	1374 (62%)	842 (38%)	2216
No recourse to public funds	144	208 (59.43%)	142 (40.57%)	350
Other	118	155 (62.5%)	93 (37.5%)	248
Sickness	52	79 (66.95%)	39 (33.05%)	118
Totals	1628	2325	1514	3839

3.4 Food donated.

The non-perishable food donated to Harrow Foodbank comes predominately from individuals, local businesses and corporate companies, other local organisations, schools and churches, directly to our warehouse, and from shoppers donating in our local supermarkets' permanent collection points at:

1. Tesco Superstore Station Road
2. Tesco Superstore Pinner
3. Waitrose Harrow Weald
4. Waitrose South Harrow
5. Asda South Ruislip
6. Sainsbury's Stanmore
7. Aldi South Harrow

and from food collection drives held periodically throughout the year at supermarkets: Tesco, and occasionally Asda.

We are grateful for continued support from all our donors.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

3.5 Communication and promotion

PR activity and events

We continue to operate a full programme of awareness raising with our referral agencies and other groups.

Website and newsletters

The website covers general information and details on how the foodbank works, including the locations of our distribution centres and sessions, as well as any agreed closure periods over Easter, Christmas & New Year.

Additionally we benefit from some of Trussell Trust's national PR activity and generation of news.

3.6 Fundraising activity

In 2021/22 we continued to benefit from our grant applications, and from financial donations received from donors.

3.7 Service offering

In 2021/22 we continued our policy of ensuring that volunteers were signposting other local services (e.g., Citizens Advice, debt management coaching) as appropriate.

3.10. Volunteers

We are fortunate to have a dedicated team of volunteers, from Trustees to warehouse teams, foodbank centres teams, supermarket collections teams, delivery teams, and admin assisting in the office. Without their effort and hard work, we would not be able to function and deliver the project as successfully. Our volunteers are the driving force behind our activities at the Harrow Foodbank.

The Trustees are enormously grateful for the commitment of the volunteers and the expertise that they have brought to the organisation.

4. FINANCIAL REVIEW

4.1 Principal funding sources

Funding for the Harrow Foodbank has come from voluntary financial donations and successful grant applications.

'Give as you Live' has proved to be a great platform for our donors to donate money more easily and efficiently. Harrow Foodbank is very grateful for the incredibly generous, continued, and vital financial support received from the many organisations and individuals during the year.

In addition, Tesco generously tops up customer food donations, by making a financial contribution equivalent to 20%, of the value of the food donated by their customers in their stores. Waitrose and Asda also provide periodic top up grants relating to weights of food reported. Harrow Foodbank greatly appreciate this extra financial support.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

4.2 How expenditure has supported the key objectives of the charity.

The expenditure incurred by the Harrow Foodbank has been necessary to operate the Foodbank.

4.3 Investment policy and objectives

Surplus funds are placed with the Charities' Official Investment Fund (COIF) deposit fund, where they earn interest whilst not required immediately to cover expenditure.

5. FUTURE DEVELOPMENTS

5.1 Communications

In 2021/22 we continued to focus on targeting schools, churches and interest groups. We will continue to raise awareness of the importance of foodbanks for people experiencing a food crisis. We will continue to encourage donations from the local community as well as continue to work with voucher partners to ensure that clients in need of our service have access to it.

5.2. Fundraising

For 2022/23 we continue to focus on fundraising, in particular to bidding for corporate or charitable grants for new projects. The Foodbank aspires towards building up reserves that equate to up to three years of projected expenditure, and major operating costs, to ensure the continuous running of the Foodbank for the medium term.

6. ACKNOWLEDGEMENTS

- 6.1.** A large partnership of churches and other groups worked together to develop Harrow Foodbank in 2013 and with their ongoing support we have continued to deliver the project successfully.
- 6.2.** This report has detailed the successful running of Harrow Foodbank during its ninth financial reporting year. The Harrow Foodbank has become a mature and stable charity. We are indebted to our volunteers', past and present, for the day-to-day running of the Foodbank, thank you. We are also indebted to the many individuals and faith groups that have organised events and appeals which have generated much of the income recorded in these pages. The Trustees are extremely grateful to everyone in the local community who has provided support and encouragement to this project.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Harrow Foodbank

On accounts for the year
ended

31st March 2022

Charity no
(if any)

1154292

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

27 Jan 2023

Name:

Stuart Cawthorne

Relevant professional
qualification(s) or body
(if any):

Address:

12 Montgomery Road, Edgware, Middx, HA8 6NT

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year Ended 31 March 2022

Statement of Financial Activities

		Unrestricted Funds £	Restricted Funds £	Total 2022 £	Unrestricted Funds £	Restricted Funds £	Total 2021 £
Incoming resources							
Voluntary income							
Donations and any related gift aid claimed	Note 2	85,074		85,074	129,491		129,491
Grants	Note 3	-	16,250	16,250	15,000	38,430	53,430
Activities for generating funds							
Fundraising events		-		-	-		-
Investment income		36		36	29		29
Incoming resources before donated goods		85,110	16,250	101,360	144,520	38,430	182,950
Donated goods	Note 4	204,796		204,796	161,277		161,277
Total incoming resources		289,906	16,250	306,156	305,797	38,430	344,227
Resources expended							
Salaries and National Insurance		23,941	13,000	36,941	19,685	9,750	29,435
Warehouse rent & service charges		23,844		23,844	9,512	15,000	24,512
Waste collection		1,257		1,257	1,264		1,264
Rates		4,288		4,288	809		809
Sundries		843	-	843	2,177	-	2,177
Publicity and signage		152		152	-	366	366
Printing and stationery		597	-	597	1,228	-	1,228
Telephones		1,518		1,518	1,988		1,988
Transport		551	-	551	-	-	-
Insurance		4,425		4,425	4,067	1,500.00	5,567
Pest control charges		-		-	-		-
Small equipment & consumables		1,210		1,210	4,823		4,823
Bank charges		-		-	-		-
Other expenditure		74		74			-
Depreciation	Note 5	3,105		3,105	4,096		4,096
Resources expended before cost of distributed food		65,805	13,000	78,805	49,649	26,616	76,265
Food distributed		204,796		204,796	161,277	-	161,277
Total resources expended		270,601	13,000	283,601	210,926	26,616	237,542
Net incoming resources before other recognised gains/(losses)		19,305	3,250	22,555	94,871	11,814	106,685
Transfer between funds				-	17,680	(17,680)	-
Net movement in funds		19,305	3,250	22,555	112,551	-	106,685
Reconciliation of Funds							
Total funds brought forward		155,648	1,415	157,063	43,097	7,281	50,378
Total funds carried forward		174,953	4,665	179,618	155,648	1,415	157,063

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year ended 31 March 2022

Balance Sheet as at

			31.3.2022		31.03.2021
			£		£
Fixed assets					
Tangible assets	Note 5		12,418		15,522
Current assets					
Stock and work in progress					
Debtors	Note 6	3,000		8,610	
(Short term) investments		85,000		85,000	
Cash at bank and in hand		79,200		47,931	
Total current assets		167,200		141,541	
Liabilities					
Creditors: amounts falling due within one year		0		0	
Net current assets			167,200		141,541
Net assets			179,618		157,063
Funds of the charity					
Unrestricted funds	Note 8		174,953		155,648
Restricted income funds	Note 8		4,665		1,415
Total funds			179,618		157,063
The attached notes form part of these financial statements					
These financial statements were approved by the trustees at their meeting on 30 Jan 2023 and signed on their behalf by Brendan Timlin					

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year Ended 31 March 2022

Notes to the Accounts

1 Accounting Policies

Accounting convention

The financial statements have been prepared under the historical cost convention, in accordance with the requirements of the Statement of Recommended Practice. Accounting and Reporting by Charities.

Incoming resources

Voluntary income including donations, gifts and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement;
- Gift Aid tax recovery is recognised when received.

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, these contributions are included in the financial statements as an estimate based on the value of the contribution.

Goods donated and held as stock for distribution by the foodbank are recognised as incoming resources within voluntary income only when distributed, with an equivalent amount being included as resources expended.

Resources expended

Expenditure is recognised when a liability is incurred.

Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.

Harrow Foodbank is not VAT registered and any VAT incurred on its expenditure is included in the resources expended.

Tangible fixed assets

Depreciation has been provided at the following annual rates in order to write off each asset over its estimated useful life. Capital expenditure less than £2000.00 is written off in the year of acquisition.

Fixtures and Fittings & Equipment	20% on a straight line basis
Motor Vehicles	20% Reducing balance Basis

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

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Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

HARROW FOODBANK (Charity Number 1154292)					
Annual Accounts for the Year Ended 31 March 2022					
Notes to the Accounts					
2	VOLUNTARY INCOME - DONATIONS				
			Total 2022	Total 2021	
			£		
	Donations from individuals		21,427	15,344	
	Donations from churches and other faith groups		4,482	6,264	
	Donations from schools		616	2,273	
	Donations at supermarket collections		-	2,606	
	Donations Via give as you live		36,094	78,283	
	Corporate donations		22,454	24,721	
			85,074	129,491	
3	VOLUNTARY INCOME - GRANTS				
		Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
		£	£	£	£
	City Bridge Trust		16,250.00	16,250.00	9,750.00
	Waste & Reso wrap			-	10,000.00
	6 Crowne			-	15,000.00
	Trussell trust			-	3,680.00
	Harrow Giving Covid Grant			-	15,000.00
		-	16,250.00	16,250.00	53,430.00
4	DONATED GOODS				
		Total 2021/22		Total 2020/21	
		£		£	
	Donated Food	204,796		161,277	
	Donated Furniture and Equipment				
		204,796		161,277	
	Donated food is valued at £2.37 per kilo (£1.68 2021) when distributed.				
5	FIXED ASSETS				
		Fixtures, fittings and equipment	Motor vehicle	Total 2021/22	
		£		£	
	Cost at 1/4/2021	6,067	19,404	25,471	
	Additions during the year	0	0	0	
	Cost at 31 March 2022	£6,067	£19,404	£25,471	
	Depreciation				
	Accumulated Depreciation 1/4/2021	6,067	3,881	9,948	
	Charge for year		3,105	3,105	
	Accumulated Depreciation 31/3/2022	£6,067	£6,986	£13,053	
	Net Book value 31/3/2021	£0	£15,523	£15,523	
	Net Book value 31/3/2022	£0	£12,418	£12,418	
6	DEBTORS	2021/22		2020/21	
		£		£	
	Rent Deposit	3,000		3,000	
	Rent in Advance	-		5,610	
	Total	3,000		8,610	
7	Creditors	Creditors 2021/22		Creditors 2020/21	
		£		£	
	Total	-		-	
8	RESERVES				
		Balances brought forward	Transfers	Incoming resources	Resources expended
		£	£	£	£
	Unrestricted Funds				
	Designated for warehouse works				0
	Unrestricted	155,648		289,906	174,953
		155,648	0	289,906	174,953
	Restricted Funds				
	Grants for specified purposes	1,415		16,250	4,665
	Total	157,063	0	306,156	179,618

HARROW FOODBANK

England & Wales - Charity number 1154292

Accounts



HARROW FOODBANK

REGISTERED CHARITY NUMBER: 1154292

**REPORT OF THE TRUSTEES AND FINANCIAL
STATEMENTS FOR THE YEAR ENDED
31 MARCH 2021**

HARROW FOODBANK

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HARROW FOODBANK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their report with the financial statements of the Harrow Foodbank for the year ended 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

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Harrow Foodbank

Registered Charity number

1154292 (England and Wales)

Registered office

Harrow Foodbank Centre
Unit H2, Phoenix Business Centre
Rosslyn Crescent
Harrow
HA1 2SP

Charity Trustees

Brendan Timlin	Joint Chair	From 03 Jun 20
Andrew Searle	Joint Chair	From 03 Jun 20
Clive Backhouse	Treasurer	From 11 Nov 14
Nahid Boethe		From 16 Jun 20
Rob Ogundere		From 15 Jul 20
Lara Waywell		From 03 Nov 21
Rachelle Goldberg		From 08 Dec 21

Independent Examiner

Mr. Stuart Cawthorne
12 Montgomery Road
Edgware
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HA8 6NT

Bank

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286-288 Station Road
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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

1. STRUCTURE, GOVERNANCE AND MANAGEMENT

1.1 Governing document

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The charity is managed by a board of trustees selected because they strongly endorse the charitable objectives of the organisation and support its Christian ethos. When selecting trustees, the charity aims to ensure there is a broad range of relevant skills, while also aiming to reflect a geographical spread across Harrow, particularly the areas of deprivation in Harrow.

Trustees are appointed after interviews with existing trustees and formal visits to the organisation, to ensure they understand its vision and values. The Trustees meet half termly (every 6 weeks) to review performance and monitor the achievement of objectives. Trustees approve a budget for the current and next financial years and the Treasurer presents a financial monitoring statement to each meeting so that Trustees can review income and expenditure against their forecasts.

1.3 Related Organisations

The Harrow Foodbank is affiliated to the Trussell Trust - we are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.

The Trussell Trust support a UK-wide network of more than 1,200 food bank centres and together we provide emergency food and support to people locked in poverty in the UK, providing a minimum of three days’ emergency food and support to people in crisis.

1.4 Management of risk

The Trustees have adopted a range of policy documents that are intended to manage and minimise risk. These include policies covering Health & Safety, Safeguarding, Lone Workers and Data Protection.

The Trussell Trust carries out an annual Quality Assurance Visit to ensure that everything meets its recommended standards.

2. OBJECTIVES, AIMS AND ACTIVITIES

2.1 Charitable Objectives

The Harrow Foodbank has as its objective the prevention or relief of poverty in Harrow and surrounding areas in particular, but not exclusively, by providing emergency food supplies to individuals in need and to charities or other organisations working to prevent or relieve poverty.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

2.2 Aims

Our aims are to alleviate poverty through the provision of food parcels to those in crisis, in partnership with local care agencies who refer clients in crisis to us. By signposting people to care agencies, advice services and other support agencies we aim to seek resolutions to their immediate crisis, which is causing their need to use the Foodbank. Anyone in need can be referred to the Foodbank, regardless of race or creed.

2.3 Objectives for the year

This was our 8th year of operation. Our key objectives are always to ensure that we have enough funding for the operation (primarily the running costs of the charity, including: rent, salaries, insurance, van running costs/fuel costs, utility bills and other operating costs) and robust processes for fundraising, food distribution, and raising awareness in the community.

As the coronavirus pandemic unfolds in the UK, our main priority is ensuring the safety of everyone who comes to a food bank – whether it's someone needing help, someone volunteering their time, or someone making a donation.

Food supplies have kept pace with unprecedented increases in need across London, Harrow Foodbank has successfully redistributed surplus food to other Trussell Trust Foodbanks and to other charities in short supply and to HelpHarrow. Volunteer numbers are greatly reduced, however sufficient numbers have been maintained. Covid-19 secure processes have been developed and put in place both to support referrals to food banks and the distribution of food. Risk Assessments are conducted and reviewed following HSE guidelines and Trussell Trust, and a COVID-19 risk assessment to help manage risk and protect people.

2.4 Strategies for achieving the objectives.

The volunteers are organized into regular teams with volunteer distribution co-ordinators and regular volunteer teams (bubbles) both at the distribution centres and at the warehouse, all overseen by the Project Manager.

Harrow Foodbank has had to make many drastic changes to its operational model, including changing its distribution centre model to a transactional model. Additionally, Harrow Foodbank has developed a delivery model for a delivery service. We recently purchased a van to significantly increase our reach to people in crisis, people with disabilities, people shielding and other vulnerable groups especially during these unprecedented times.

Additionally we opened 3 new distribution centres in Rayners Lane, South Harrow and Kenton increasing our distribution days by up to 60% and keeping all distribution centres open during the lockdowns. We hold regular distribution days at our centres on Mondays, Tuesdays, Wednesday, Fridays and Saturdays.

Further we have moved to electronic referral, using e-referral vouchers and 'code-only' referrals (where the client is not given a voucher, but just a voucher code to take to the foodbank)

2.5 How the Foodbank works

- Donations of non-perishable food are checked for "use by" dates, weighed and sorted



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

by food type.

- Clients in food crisis are issued with a Harrow Foodbank voucher by a recognised Voucher Partner.
- Clients bring their voucher to a Foodbank distribution session where it is redeemed for an emergency food parcel.
- The contents of emergency food parcels are selected using guidelines that aim to give clients a nutritionally balanced diet, providing sufficient food for 3 days.

2.6 Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charities Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

3. ACHIEVEMENTS AND PERFORMANCE

3.1 Summary of the year's activities to 31st March 2021

Local food donations continue to be extremely strong – we are fortunate to have the support of a group of exceptionally generous donors and an extraordinary generous community donating food to people in crisis. In past years we were less effective in persuading individuals to make financial donations. For the last couple of years we have become more successful in encouraging individuals to make monetary donations, in addition the pandemic has inspired more donors to help more people and has further motivated donors to increase their financial donations as well as their food donations.

In 2020-21 we received 93.89 tones of food compared to in 2019-20 when we received 58.57 tons of food, an increase of 35.28 tons on the previous year. We distributed 3787 of emergency food parcels to people locally with over 35 tones of food, of which 1579 of emergency food parcels were to local children. Additionally, we redistributed over 15 tons of surplus food to other Foodbanks in the Trussell Trust network in London, and over 25 tons of Food to HelpHarrow (Harrow Covid-19 emergency response partnership) during the lockdown period. Harrow Council along with a number of voluntary sector organisation came together to form a partnership (HelpHarrow) to support Harrow residents during the Covid-19 outbreak.

Our partnerships with other charities means that if we have a surplus, it is put to good use rather than going out of date. It also means that we are able to help a wider community in need. Financially, through working with our partner churches, faith groups and schools, corporate and individual donors, and with a number of successful grant applications, we have increased the levels of financial donations and support year on year and we have built on a longer-term financial security.

We opened three new distribution centres at:

- | | |
|--------------------------------|--------------------|
| 1. Rayners Lane Baptist church | opened in Jun 2020 |
| 2. Kenton Methodist church | opened in Nov 2020 |
| 3. South Harrow Baptist church | opened in Nov 2020 |

We successfully raised the funding for the purchase of the Foodbank van purchasing the van in Nov 2020, and further raising the funding for any driver van insurance and for fuel costs – to achieve for greater mobility in our outreach work to significantly expand our



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

reach to support more vulnerable people experiencing a crisis with a delivery service.

In 2020-21 we've had a reduced pool of volunteers, with just over 20 volunteers this number is significantly reduced by half from before the first lockdown. Our local relationships remain strong, we work with a number of partner organisations including the Citizens Advice Bureau, GP surgeries, many Harrow Council departments, schools and various faith organisations.

All these activities were possible because of the generosity and continued support from individuals and groups giving food and monetary donations, and our volunteers' hard work. The support from donors and volunteers has been tremendous and commendable. Further, we are fortunate to have a warehouse with both large storage capacity to store food donated and with office space, we have been in our new premises Unit H2 since May 2020.

Our previous Chair and one Trustee resigned, and we have a new Joint Chair elected Jun 2020 and two new Trustees elected Jun & Jul 2020 (we were also in the process of looking to recruit and welcoming additional new Trustees and we successfully elected 2 more new Trustees in Nov & Dec 2021 making our total number currently seven). When recruiting new trustees, we aim to attract a diverse range of candidates who have the skills the charity needs.

We have successfully partnering with FareShare (to collect surplus stock from Waitrose), Neighbourly (to collect surplus stock from Sainsburys and Aldi) and local bakery Wenzel's the Bakers (to collect any surplus stock) to reduce food waste - offering our client the opportunity to take the good quality surplus perishable food collected (including fresh fruit, fresh vegetables, cold meats, plant based meals and bread, sandwiches and bakery products) in addition to the non-perishable food items we currently provide, thereby helping people in crisis more in our community.

3.2 Voucher Partners

The Harrow Foodbank gives food to people who come with a voucher from one of our approved Voucher Partners. The Partners are professionals from organisations providing welfare and community support in the local area, such as the Citizens Advice Bureau (CAB), the social work department or healthcare professionals. When the Voucher Partners identify people in crisis, they are able to issue them with a Foodbank voucher in order to provide them with immediate assistance. People bring their vouchers to the Harrow Foodbank Distribution Centres to redeem them for food. One of the strengths of this process is that it is not incumbent on our volunteer team to make any assessment of need, but to fulfil a referral by a qualified individual.

At the end of March 2021, we had 234 active Voucher Partners and between them they had issued 1347 vouchers during the year, that were exchanged for food at one of the four (previous year: two) Harrow Foodbank Distribution Centres.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Referral Agencies Summary

Referral Agency Type	Number
Charity	53
Church	14
Community group	73
Other	2
Statutory agency	79
Voluntary agency	13

3.3 Recipients of food

Between 1 April 2020 and the end of the financial year on 31 March 2021, we provided 3787 parcels of emergency food. Figure 1 provides an analysis of the crises that prompted their use of the Harrow Foodbank, as extracted from information completed on redeemed vouchers.

Reason for issuing vouchers.

Crisis Types

Crisis	No. Vouchers	Adults	Children	Total
Benefit Changes	55	80 (58.82%)	56 (41.18%)	136
Benefit Delays	136	207 (64.89%)	112 (35.11%)	319
Child Holiday Meals	8	11 (25.58%)	32 (74.42%)	43
Debt	59	94 (79.66%)	24 (20.34%)	118
Delayed Wages	2	4 (50%)	4 (50%)	8
Domestic Violence	23	28 (46.67%)	32 (53.33%)	60
Homeless	39	51 (82.26%)	11 (17.74%)	62
Low Income	754	1316 (55.81%)	1042 (44.19%)	2358
No recourse to public funds	135	205 (65.08%)	110 (34.92%)	315
Other	100	157 (55.28%)	127 (44.72%)	284
Refused STBA	2	2 (66.67%)	1 (33.33%)	3
Sickness	34	53 (65.43%)	28 (34.57%)	81
Totals	1347	2208	1579	3787

3.4 Food donated.

The non-perishable food donated to Harrow Foodbank comes predominately from individuals, local businesses and corporate companies, other local organisations, schools and churches directly to our warehouse, and from shoppers donating in our local supermarkets permanent collection points at:



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

1. Tesco Superstore Station Road
2. Tesco Superstore Pinner
3. Waitrose Harrow Weald
4. Waitrose South Harrow
5. Asda South Ruislip
6. Sainsbury's Stanmore

and from food collection drives held periodically throughout the year at supermarkets: Tesco, and occasionally Asda.

In this financial year, we have received 93.89 tons from various groups and individuals. We are grateful for continued support from all our donors.

Stock in type	Stock in (kg)	Stock in (% of total)
Donations from donors - Charities	2469.1	2.63%
Donations from donors - Churches	3775.79	4.02%
Donations from donors - Community groups	1645.65	1.75%
Donations from donors - Corporates	686.1	0.73%
Donations from donors - Educations	3397.53	3.62%
Donations from donors - Individual(s)	16117.18	17.17%
Donations from donors - Supermarkets	65800.46	70.08%
Total	93891.81	100%

3.5 Communication and promotion

PR activity and events

We have continued to operate a full programme of awareness raising activity with Voucher Partners, Referral Agencies and other groups. Often the aim is not only to educate about the foodbank itself, but also to explain that we are seeking financial donations towards running costs, as well as food donations.

Website and newsletters

HFB website has been maintained throughout the year, with regular updates on our operations during COVID-19.

General publicity covers details and locations of our Distribution Centre sessions, times and weekdays, plus agreed closure periods over Easter, Christmas & New Year.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Trussell Trust communication

We also benefited from some of Trussell Trust's national PR activity and generation of news, as well as the national supermarket collections.

3.6 Fundraising activity

In 2020/21 we continued to raise funding through grant applications and from financial donations received from donors.

3.7 Service offering

In 2020/21 we continued our policy of ensuring that volunteers were signposting other local services (e.g., Citizens Advice, debt management coaching) as appropriate.

3.10. Volunteers

We are fortunate to have a dedicated team of volunteers. Without their effort and hard work, we would not be able to function and deliver the project as successfully. Our volunteers are the driving force behind our activities at Harrow Foodbank.

The Trustees are enormously grateful for the commitment of the volunteers and the expertise that they have brought to the organisation.

4. FINANCIAL REVIEW

4.1 Principal funding sources

Funding for the Harrow Foodbank has come from voluntary donations and successful grant applications. Financial donations received during the year, totalling £129,491, are summarised in Note 2 in the notes to the accounts. This included £15,344 from individuals, £24,722 from corporate donations and £78,283 donated via our new donation's platform 'Give as you Live', £6,264 from church groups and other faith groups within the borough.

'Give as you Live' has proved to have been a great platform for our donors to donate money more easily and efficiently to our Foodbank with Gift Aid included for eligible donations – they provide all the info to claim Gift Aid from HMRC. Harrow Foodbank is extremely grateful for the incredible financial support from the many organisations and individuals during the pandemic.

Tesco generously tops up customer food donations, by making a financial contribution equivalent to 20% of the value of the food donated through their stores. Additionally, Waitrose and Asda provide periodic top up grants relating to weights of food reported.

4.2 How expenditure has supported the key objectives of the charity.

The expenditure incurred by the Harrow Foodbank has been necessary to operate the Foodbank.

4.3 Investment policy and objectives

At the present time, prevailing interest rates are very low so there is no prospect of earning significant returns on balances without an unacceptable level of risk to the capital sum. Nevertheless, Trustees still believed it was worthwhile to place these funds where



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

they would earn interest whilst not required immediately to cover expenditure. Surplus funds are placed with the Charities' Official Investment Fund (COIF) deposit fund.

5. FUTURE DEVELOPMENTS

5.1 Communications

In 2020/21 we continued to focus on targeting schools, churches and interest groups. We will continue to raise awareness of the importance of foodbanks for people experiencing a food crisis. We will continue to encourage donations from the local community as well as continue to work with voucher partners to ensure that clients who might benefit from our service have access to it.

5.2. Fundraising

For 2021/22 we continue to focus on fundraising, in particular to bidding for corporate or charitable grants for new projects. We do not think that anyone in our community should have to face going hungry. The Foodbank aspires towards building up reserves that equate to up to three - five years of projected expenditure and major operating costs to ensure the continuous running of the Foodbank for the medium term.

6. ACKNOWLEDGEMENTS

- 6.1.** A large partnership of churches and other groups worked together to develop Harrow Foodbank in 2013 and with their ongoing support we have continued to deliver the project successfully.
- 6.2.** This report has detailed the successful running of Harrow Foodbank during its eighth financial reporting year. The Foodbank is now becoming a mature and stable charity. We are indebted to many volunteers' past and present for the day-to-day running of the Foodbank, thank you. We are also indebted to the many individuals and faith groups that have organised events and appeals which have generated much of the income recorded in these pages. The Trustees are extremely grateful to everyone in the local community who has provided support and encouragement to this project. The Trustees would also like to express their thanks to the Project Manager for all her work on our behalf.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Harrow Foodbank

On accounts for the year
ended

31st March 2020

Charity no
(if any)

1154292

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2019.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: Stuart Cawthorne

Date: 12 Jan 2022

Name: Stuart Cawthorne

Relevant professional
qualification(s) or body
(if any):

Chartered Public Finance Accountant

Address: 12 Montgomery Road, Edgware, Middx, HA8 6NT

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year Ended 31 March 2021

Statement of Financial Activities

		Unrestricted Funds	Restricted Funds	Total 2021		Unrestricted Funds	Restricted Funds	Total 2020
		£	£	£		£	£	£
Incoming resources								
Voluntary income								
Donations and any related gift aid claimed	Note 2	129,491	-	129,491		39,106	5,000	44,106
Grants	Note 3	15,000	38,430	53,430		-	-	-
Activities for generating funds								
Fundraising events		-		-		352		352
Investment income		29		29		170		170
Incoming resources before donated goods		144,520	38,430	182,950		39,628	5,000	44,628
Donated goods	Note 4	161,277		161,277		90,228		90,228
Total incoming resources		305,797	38,430	344,227		129,856	5,000	134,856
Resources expended								
Salaries and National Insurance	Note 9	19,685	9,750	29,435		27,569	-	27,569
Warehouse Rent & service Charges		9,513	15,000	24,513		21,726	-	21,726
Waste collection		1,264		1,264		1,000		1,000
Rates		809		809		796		796
Sundries		2,177	-	2,177		1,183	-	1,183
Publicity and signage		-	366	366		-	92	92
Printing and stationery		1,228	-	1,228		864	-	864
Telephones		1,988	-	1,988		1,408	-	1,408
Repairs		-	-	-		-	-	-
Insurance		4,067	1,500.00	5,567		495		495
Pest control charges		-	-	-		288	-	288
Small equipment & consumables		4,823		4,823		-		-
Depreciation		4,096		4,096		217		217
Resources expended before cost of distributed food		49,650	26,616	76,266	-	55,546	92	55,638
Food distributed		161,277		161,277		90,228		90,228
Total resources expended		210,927	26,616	237,543	-	145,774	92	145,866
Net incoming resources before other recognised gains/(losses)		94,870	11,814	106,684	-	15,918	4,908	- 11,010
Transfer between funds		17,680	- 17,680	-		-	-	-
Net movement in funds		112,550	- 5,866	106,684	-	15,918	4,908	- 11,010
Reconciliation of Funds								
Total funds brought forward		43,098	7,281	50,379		59,016	2,373	61,389
Total funds carried forward		155,648	1,415	157,063		43,098	7,281	50,379

HARROW FOODBANK (Charity Number 1154292)
Annual Accounts for the Year ended 31 March 2021

Balance Sheet as at

		31.3.2021	31.03.2020
		£	£
Fixed assets			
Tangible assets	Note 5	15,523	215
Current assets			
Stock and work in progress			
Debtors	Note 6	8,609	3,000
(Short term) investments		85,000	10,000
Cash at bank and in hand		47,931	37,164
Total current assets		<u>141,540</u>	<u>50,164</u>
Liabilities			
Creditors: amounts falling due within one year	Note 7	0	0
Net current assets		<u>141,540</u>	<u>50,164</u>
Net assets		<u>157,063</u>	<u>50,379</u>
Funds of the charity			
Unrestricted funds	Note 8	155,648	43,098
Restricted income funds	Note 8	1,415	7,281
Total funds		<u>157,063</u>	<u>50,379</u>

The attached notes form part of these financial statements

These financial statements were approved by the trustees at their meeting on 12 Jan 2022
and signed on their behalf by Brendan Timlin.



HARROW FOODBANK (Charity Number 1154292)
Annual Accounts for the Year Ended 31 March 2021

Notes to the Accounts

1 Accounting Policies

Accounting convention

The financial statements have been prepared under the historical cost convention, in accordance with the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

Voluntary income including donations, gifts and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement;
- Gift Aid tax recovery is recognised when received.

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, these contributions are included in the financial statements as an estimate based on the value of the contribution.

Goods donated and held as stock for distribution by the foodbank are recognised as incoming resources within voluntary income only when distributed, with an equivalent amount being included as resources expended.

Resources expended

Expenditure is recognised when a liability is incurred.

Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.

Harrow Foodbank is not VAT registered and any VAT incurred on its expenditure is included in the resources expended.

Tangible fixed assets

Depreciation has been provided at the following annual rates in order to write off each asset over its estimated useful life. Capital expenditure less than £2000.00 is written off in the year of acquisition.

Fixtures and Fittings & Equipment 20% on a straight line basis

Motor Vehicles 20% Reducing balance Basis

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

HARROW FOODBANK (Charity Number 1154292)

Annual Accounts for the Year Ended 31 March 2021

Notes to the Accounts

2 VOLUNTARY INCOME - DONATIONS

	Total 2021	Total 2020
	£	
Donations from individuals	15,344	9,533
Donations from churches and other faith groups	6,264	8,955
Donations from schools	2,273	834
Donations at supermarket collections	2,605	2,361
Donations Via give as you live	78,283	
Corporate donations	24,722	22,423
	<u>129,491</u>	<u>44,106</u>

3 VOLUNTARY INCOME - GRANTS

	Unrestricted Funds	Restricted Funds	2,021.00	2,020.00
	£	£	£	£
City Bridge Trust		9,750.00	9,750.00	
Waste & Reso wrap		10,000.00	10,000.00	
6 Crowne		15,000.00	15,000.00	
Trussell trust		3,680.00	3,680.00	
Harrow Giving Covid Grant	15,000.00		15,000.00	
	<u>15,000.00</u>	<u>38,430.00</u>	<u>53,430.00</u>	<u>-</u>

4 DONATED GOODS

	Total 2021	Total 2020
	£	£
Donated Food	161,277	90,228
Donated Furniture and Equipment	<u>161,277</u>	<u>90,228</u>

Donated food is valued at £1.68 per Kilo (£1.68 2020) when distributed.

5 FIXED ASSETS

	Fixtures, fittings and equipment £	Motor vehicle
Cost at 1/4/2020	6,067	-
Additions during the year	0	19,404
Cost at 31 March 2021	£6,067	£19,404
Depreciation		
Accumulated Depreciation 1/4/2020	5,852	-
Charge for year	215	3,881
Accumulated Depreciation 31/3/2021	£6,067	£3,881
Net Book value 31/3/2020	£215	£0
Net Book value 31/3/2021	£0	£15,523

6 DEBTORS	2021/2020 £	2019/2020 £
Rent Deposit	3,000	3,000
Rent in advance	5,609	
Total	8,609	3,000

7 Creditors	Creditors 2020/21 £	Creditors 2019/20 £
Total	-	-

8 RESERVES

	Balances brought forward £	Transfers	Incoming resources £	Resources expended £	Balances carried forward £
Unrestricted Funds					
Designated for warehouse rent etc	0				0
General	43,098	17,680	305,797	-210,927	155,648
	43,098		305,797	-210,927	155,648
Restricted Funds					
Grants for specified purposes	7,281	-17,680	38,430	-26,616	1,415
Total	50,379		344,227	-237,543	157,063

9 Paid Employees

The Salaries and national Insurance costs 2020/21 are in respect of 1 full time equivalent (2019/2020) 1.

10 Trustee's Remuneration and Governance Costs

No Trustee received any remuneration.

The Independent Examiner did not charge a fee.