

Kyra Women's Project

(A Company Charity limited by guarantee)

Annual Report & Financial Statements for the year ended

30th September 2021

**(Registered Charity Number: 1154290)
(Registered Company Number: 08707011)**

Kyra Women's Project

(A Company Charity limited by guarantee)

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Directors' report (incorporating the trustees' annual report)

For the year ended: 30th September 2021

The trustees are pleased to present their annual directors' report together with the consolidated financial statements of the charity for the year ending 30 September 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) effective 1 January 2015.

Reference and administration details

Charity's full name	Kyra Women's Project
Status	The Company is a Registered Charity and is limited by guarantee, not having a share capital.
Registered as a company on	26/09/2013
Registered as a charity on	21/10/2013
Company number	8707011
Charity number	1154290
Registered office	Central Methodist Church St Saviourgate York Postcode YO1 8NQ
Bank	HSBC 13 Parliament Street York Postcode YO1 8XS
Independent examiner	Nigel Everard BA FCA Hunter Gee Holroyd Club Chambers, Museum Street, York Postcode YO1 7DN

Reference and administration details (continued)

Names of the directors (trustees) who manage the charity

Directors Name	Office (if any)	Dates acted if not for whole year
Susan Brook	Treasurer	Appointed March 2018, resigned December 2020
Rebecca Biggins		Appointed September 2018
Susan Brench		Appointed September 2018, resigned September 2021
Natalie McMillan	Chair	Appointed July 2019
Claire Macnamara	Secretary	Appointed March 2018, resigned January 2021
Lisa Winward	Vice Chair	Appointed July 2019
Elizabeth Kaplan	Treasurer	Appointed May 2020
Annabel Jelley		Appointed March 2021
Nicola Winter		Appointed April 2021
Helen Bradley		Appointed April 2021
Victoria Remington-Smith		Appointed April 2021

Structure, Governance and Management

Description of the charity's trusts

Governing document: Memorandum and Articles of Association

How the charity is constituted Company Limited by Guarantee

Trustee selection methods Appointed by trustees in-year at meetings and elected at the following AGM

Recruitment, appointment and induction of trustees

The Board of Trustees has implemented an annual effective review and skills audit. In line with the finding of the audit, the Board identifies gaps in skills and formally agrees to undertake a recruitment process to address these. Vacancies are advertised and a selection process including short listing and formal interview is undertaken. The Board selects suitable candidates who are then formally approved at a Board Meeting and go forward for election at the following AGM.

The induction process for newly appointed trustees comprises an initial meeting with the Chair to brief them on their obligations under charity law as well as on Kyra's policies and procedures. Trustees are provided with an induction handbook detailing relevant aspects of the Charity and their role.

Structure, Governance and Management (continued)

Organisational structure & how decisions are made

Kyra has a board of Trustees which meets at least six times a year and is responsible for the strategic direction and policy of the charity. At the financial year end, the board had eight members from a range of professional backgrounds relevant to the work of the charity. During 2020/21, the Board re-instated two sub-groups, the Finance sub-committee and the Marketing sub-committee. The sub-committees, each comprising trustees with relevant experience and/or interest, discuss relevant matters in more depth with the assistance of the CEO and relevant staff, and make recommendations to the Board about key decisions in these areas.

A scheme of delegation is in place and day-to-day responsibility for the provision of the services rests with the CEO (0.67wte), who is supported by five other part-time staff members (2.4wte) and a team of volunteers.

The Chair of trustees is responsible for providing overall leadership to the charity, in close-co-operation with the CEO and treasurer, in a manner which maximises the contribution of trustees, staff and volunteers alike.

The treasurer is responsible for maintaining an overview of the organisation's financial affairs, ensuring the financial viability of the organisation and making sure that proper financial records and procedures are maintained.

How the trustees manage the risks facing the charity

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to provide trustees with regular reports to ensure all necessary steps are taken to lessen any risks.

Objectives and activities

Summary of the objects of the charity set out in its governing document:

- To promote equality and inclusion
- To address social isolation and develop sustainable support networks for women
- To improve well-being outcomes for children and families
- To develop partnerships with statutory, voluntary and private sector services to meet the needs of women and the community.

Objectives and activities (continued)

Summary of the main activities undertaken for the public benefit in relation to these objects:

Kyra Women's Project has been involved in many activities during the year, in spite of several lockdowns because of the Covid 19 pandemic. On-line (during lockdowns) and face-to-face activities (from April 2021) have included a range of courses offered free of charge that address specific needs such as recovery from domestic abuse, building self-esteem and tackling anxiety. There have also been activities aimed at expressing feelings and reducing isolation, such as the singing group, gardening projects, cookery classes and informal drop-ins. Skills-based courses to help women move forward in their lives, such as coaching, self-defence, yoga and meditation, have also been provided. Kyra also delivers two projects aimed at helping women get back into the workplace.

Kyra is able to evidence the impact of their work and have seen an increase in resilience, self-esteem and confidence within the members. This has enabled women to make changes in their lives, including making decisions on negative relationships, engaging more with their community, seeking and returning to work. A survey of members confirmed that 67% had found their mental health improved by engaging with Kyra; 56% said they were less lonely, and 56% said that Kyra had helped their recovery overall.

With the Covid 19 pandemic continuing and national lockdowns imposed in November 2020 and January to March 2021, Kyra premises had to close twice during this year. Our volunteers continued to offer almost all of Kyra's services online during this time, and we were able, with the help of Covid-19 specific emergency funds, to provide all members who needed them with devices to access these services. In April 2021, following the lifting of the 'stay at home' order, Kyra was able to re-open its premises and welcome back members and volunteers, all of whom followed strict Covid protocols to minimise risk.

Achievements and Performance

Summary of the main achievements of the charity during the year

The membership has grown to over 1400 members, widening the range of needs that Kyra needs to consider. As a result, the charity now offers more than 24 different activities and services to its members. Kyra has 10 counsellors who have helped around 75 women during the last year. Kyra currently has around 55 volunteers who help in a wide variety of ways. Around 40 new volunteers were recruited and trained during the year.

Kyra continues to have a strong social media presence through Facebook, Twitter and Instagram. This has enabled us to get our message out to a wider network of businesses, networks and other organisations around York, as well as keeping in touch with members and volunteers during lockdowns. During 2020/21, we re-designed and upgraded our website to make it easier for members to find out about us and contact us to join and access services. Kyra is also a member of a number of important networks in York including York Women's Network, of which it was a founder member, the Multiple and Complex Needs Network, and the new Mental Health Consortium set up in September 2021.

New projects which have started since 1 October 2020 are: the Route to Recovery project, helping women recovering from domestic abuse or mental illness; the Helping Hand project, which brings women who have been in touch with the justice system or at risk of offending into Kyra; and the LEAP project (Learn, Explore, Action, Progress) which helps women into employment. The SWIRL project (Supporting Women in Rural Locations) came to an end during this year, with the work continuing through Kyra.

Through the work with Kyra, many women have made positive changes in their lives, some leaving negative relationships, others reducing visits to their GP and reducing reliance on medication. Some of the women are now looking for or returning to work or education. They report increased confidence and self-esteem, enabling them to make closer links with their communities and are engaged in activities and events.

Plans for future Periods

During 2020/21, the Board of Trustees agreed a new five year strategy focused on improving the infrastructure of the growing charity, in order to achieve the provision of more services to more members, outreach to new communities, and advocacy and influence on women's services, and women's safety, recovery and growth. To implement this strategy, plans for 2021/22 include restoring fundraising to pre-pandemic levels; building more external partnerships including corporate partnerships; widening the volunteer skills pool; and improving the premises.

Financial Review

In this last year the charity received £19,819 from donations/fundraising (2020: £35,838) and £257,100 of grant funding (2020: £154,517). A list of the new and existing restricted grants received are shown in note 11 to the accounts. The expenses of administering the charity in the year was £234,806 (2020: £164,761).

Reserves policy

Kyra has a reserves policy which keeps adequate cash reserves to ensure Kyra can meet its contractual rent payments and continue providing services to our members for at least nine months.

At 30th September 2021 Kyra's unrestricted reserves totalled £71,131. £7,508 of this is only accessible through the disposal of fixed assets, allowing for this, there is £63,623 of readily accessible cash for Kyra to spend in 2021/22.

Kyra's restricted reserves at 30th September 2021 were £83,216, the details of these are given in note 11.2 to the accounts. These funds are not available for general purpose use, however some of the grants include an allowance for rent and other indirect costs. These elements of the grants will be used in proportion to the activity the grant supports.

Funds materially in deficit

There are no funds that were in deficit at 30 September 2021.

Trustee responsibilities in relation to financial statements

The charity trustees (who are also the directors for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for the year. In preparing those financial statements, the directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue on that basis.

The directors are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The directors are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities, as well as exercising proper financial controls.

Members of the Board of Trustees, who are Directors for the purpose of company law, and Trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 2.

Disclosure of information

In accordance with company law, as the company's Directors, each of the Board of Trustees certify that so far as they are aware:

- There is no relevant information of which the Charity's Independent Examiner is unaware;
- As Directors of the company, they have taken the necessary steps to be aware of the information, which would be relevant for independent examination purposes and have communicated them to the Independent Examiner.

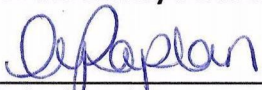
Exemptions

The trustees have taken advantage of the exemption available to small companies, including the audit exemption (as detailed on the balance sheet).

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees:

Signature	
Full Name	Elizabeth Kaplan
Position	Treasurer
Date	22 Jan 2022

Independent examiner's report to the Trustees of Kyra Women's Project

I report to the charity trustees on my examination of the accounts of the company for the year ended 30 September 2021, which are set out on pages 10 to 18.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

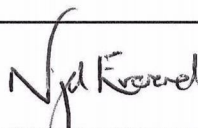
Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

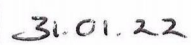
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nigel Conrad Everard BA FCA



Date:

Hunter Gee Holroyd
Club Chambers, Museum Street, York, YO1 7DN

Statement of Financial Activities for the year ended:
(incorporating Income & Expenditure accounts)

30th September 2021

		Unrestricted Funds	Restricted Funds	Total 2021	Total 2020
	Note	£	£	£	£
Income					
Donations and Legacies		11,866	257,100	268,966	180,625
Activities for generating funds		5,248	-	5,248	8,580
Investment income		-	-	-	-
Income from charitable activities		2,706	-	2,706	1,104
Other incoming resources		-	-	-	-
Total incoming resources	3	19,819	257,100	276,919	190,309
Expenditure					
Cost of raising funds					
Cost of generating voluntary income		-	-	-	-
Fundraising trading costs		1,636	-	1,636	602
Investment management costs		-	-	-	-
Charitable activities		39,864	192,916	232,780	163,787
Governance costs		390	-	390	372
Other resources expended		-	-	-	-
Total resources expended	4	41,890	192,916	234,806	164,761
Net Income/(expenditure) before other recognised gains/(losses)		(22,071)	64,184	42,113	25,548
Other recognised gains/(losses)					
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-
Gains and losses on investment assets		-	-	-	-
Gross transfers between funds	7	38,249	(38,249)	-	-
Net movement in funds		16,178	25,935	42,113	25,548
Total funds brought forward		54,954	57,281	112,235	86,684
Total funds carried forward		71,132	83,216	154,348	112,232

Kyra Women's Project

Balance Sheet as at:

30th September 2021

	Note	2021 £	2020 £
Fixed Assets			
Tangible assets	6	7,508	2,850
Investments		-	-
Total Fixed Assets		7,508	2,850
Current Assets			
Cash at bank and in hand	7	144,541	114,370
Debtors & Prepayments	8	9,289	299
Total Current Assets		153,830	114,669
Current Liabilities: amounts falling due within one year			
Creditors and accruals	9	(6,991)	(5,286)
Net Current Assets/(Liabilities)		146,839	109,383
Total Assets less Current Liabilities		154,347	112,233
Current Liabilities: amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		154,347	112,233
Funds of the Charity			
Unrestricted Funds		71,132	54,954
Restricted Funds		83,216	57,281
Total Funds Carried Forward	10	154,348	112,235

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors (trustees) acknowledge their responsibilities for:

- i) ensuring the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- ii) preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the trustees on 22/1/22 and signed on their behalf by:

Elizabeth Kaplan
Trustee



Kyra Women's Project

Notes to the accounts for the year ended:

30th September 2021

1 Basis of preparation

1.1 Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP (FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Kyra Women's Project meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2 Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Income with related expenditure

Where income has related expenditure (as with fundraising or contract income) the income and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Tax reclaims on donations and gifts

Income from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as income when receivable.

Donated services and facilities

These are only included in income (with an equivalent amount in expenditure) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on this income is the estimated value to the charity of the service or facility received.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Kyra Women's Project

Investment income

This is included in the accounts when receivable.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

Expenditure and liabilities

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Cost of generating funds

Cost of generating funds comprise those costs associated with attracting voluntary income.

Charitable expenditure

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs on an indirect nature necessary to support them.

Governance costs

Governance costs include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with performance conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Support costs

Support costs include central function and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. Allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Fixed Assets

Individual fixed assets are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

<u>Asset Category</u>	<u>Annual rate</u>
IT Equipment	25%

Fund accounting

Unrestricted funds - are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds - are unrestricted funds which have been set aside at the discretion of the trustees for specific purposes as detailed in the notes to the accounts.

Restricted funds - are funds that may only be used for a specific purpose as set out by the donor as detailed in the notes to the accounts.

Kyra Women's Project

3 Analysis of income

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Voluntary income				
Grants	-	257,100	257,100	154,517
Donations	11,866	-	11,866	26,108
	<u>11,866</u>	<u>257,100</u>	<u>268,966</u>	<u>180,625</u>
Activities for generating funds				
Fundraising	5,248	-	5,248	8,580
	<u>5,248</u>	<u>-</u>	<u>5,248</u>	<u>8,580</u>
Income from charitable activities				
Events & courses	2,706	-	2,706	1,104
	<u>2,706</u>	<u>-</u>	<u>2,706</u>	<u>1,104</u>
Total income	<u>19,819</u>	<u>257,100</u>	<u>276,919</u>	<u>190,309</u>

Kyra Women's Project

4 Analysis of expenditure

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Fundraising trading costs				
Fundraising expenses	1,636	-	1,636	602
	1,636	-	1,636	602
Charitable activities				
Rent	12,767	12,694	25,461	24,862
Rates	1,226	-	1,226	1,326
Repairs & Renewals	72	-	72	260
Insurance	659	-	659	-
Administration & stationery	4,788	1,700	6,488	11,152
Publicity & marketing	-	-	-	-
Utilities	-	-	-	-
I T costs	1,302	3,449	4,751	202
Project costs	-	109,970	109,970	53,830
Training courses	96	-	96	825
Membership fees & subscriptions	-	-	-	-
Licenses	-	-	-	-
Sundries	223	-	223	1,340
Staff Costs (see note 5.2)	16,890	65,103	81,994	69,294
Depreciation (see note 6)	1,840	-	1,840	696
	39,864	192,916	232,780	163,787
Governance costs				
Governance Costs	390	-	390	372
	390	-	390	372
Total expenditure	41,890	192,916	234,806	164,761

Kyra Women's Project

5 Details of certain items of expenditure

5.1 Trustee expenses

Number of trustees who were paid expenses

2020	2020
0	0

Total amount paid

£0	£0

5.2 Staff Costs

Salaries and wages

2021	2020
£	£

Social security costs

81,135	69,294
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Pension costs (defined contribution pension plan)

-	-
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Other employee benefits

859	152
-----	-----

Total Staff Costs

0	0
81,994	69,294

5.2.1 Average head count in the year

Fundraising

2021	2020
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Charitable Activities

-	-
---	---

Governance

6	5
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Other

-	-
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Total

-	-
6	5

5.3 Fees for examination of the accounts

Independent examiner's fee for reporting on the accounts

2021	2020
£	£

Other fees paid to the independent examiner

390	372
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Total amount paid

-	-
390	372

Kyra Women's Project

6 Fixed Assets

The accounts include a prior year adjustment of £2,615 relating to fixed assets (IT equipment) which were previously included in the SOFA as project costs.

	IT Equipment £	Total £
Cost		
As at 1 October 2020	7,300	7,300
Additions	6498	6498
Disposals	0	0
Adjustments	0	0
As at 30 September 2021	<u>13,798</u>	<u>13,798</u>
Depreciation		
As at 1 October 2020	4,450	4,450
Charge for the year	1840	1840
Disposals	0	0
Adjustments	0	0
As at 30 September 2021	<u>6,290</u>	<u>6,290</u>
Net Book Value	<u>7,508</u>	<u>7,508</u>

	IT Equipment £	Total £
Cost		
As at 1 October 2019	3,813	3,813
Additions	0	0
Disposals	0	0
Adjustments	3487	2615
As at 30 September 2020	<u>7,300</u>	<u>6,428</u>
Depreciation		
As at 1 October 2019	2,882	2,882
Charge for the year	696	696
Disposals	0	0
Adjustments	872	872
As at 30 September 2020	<u>4,450</u>	<u>4,450</u>
Net Book Value	<u>2,850</u>	<u>2,850</u>

Kyra Women's Project

7 Details of gross transfers between funds

There were transfers of £38,249 during the year from restricted funds to unrestricted funds, where a fund covered some core costs as follows:

	2021	2020
	£	£
Rent	9,733	-
Administration costs	1,274	-
IT costs	210	-
Refreshments and sundries	207	-
Running costs in general	20,327	-
Fixed assets	6,498	-
Total	38,249	-

8 Cash at bank and in hand

	2021	2020
	£	£
Current account	144,471	114,247
Petty cash	60	123
Voucher	10	-
Total	144,541	114,370

9 Debtors and prepayments

9.1 Analysis of debtors	2021	2020
Amounts receivable within one year	£	£
Prepayments	-	298
ATI	6,930	
Rotary for Dragon Boat Race	2,209	
Employee loan due to pensions error	150	
Total	9,289	298

10 Creditors and accruals

10.1 Analysis of creditors	2021	2020
Amounts falling due within one year	£	£
Loans and overdrafts	-	-
Creditors	5,426	2,531
Deferred income	-	-
Accruals	1,565	2,755
Total	6,991	5,286

11 Analysis of funds

11.1 Restricted income funds held

Art Gallery

Donations made at our art gallery event to be used for artistic purposes

Aviva Loss Group

Courses on recovery from bereavement and other loss.

Awards For All - SWIRL (Supporting Women in Rural Locations.)

Funding to reach out to women in rural areas through ambassadors.

Benenden Health

Counselling

Better Connect Action Towards Inclusion

A program that aims to get women ready for employment, with a specially trained mentor giving one-to-one support and creating a tailored support plan for each woman on the program.

Betty's and Taylor's Grant

Funding to set up new IT system and support

CG5 ESF 2021

A journey towards employment program, where a personal mentor helps women create an action plan and helps women review their progress.

Charles Hayward

This project will engage a Coordinator for Integration to bring women in touch with the justice system, or at risk of offending, into Kyra to integrate them into existing groups and services with the aim of diverting them from offending and helping them rebuild their lives.

Comic Relief - Peasholme

This funding provides women with advice on money matters and budgeting from an expert at the Peasholme Charity.

Covid 19 Emergency Funding

This funding from a variety of sources allowed us to provide emergency counselling, IT devices and support, additional support to volunteers and additional admin support during the pandemic.

Garfield Weston

This funding supported the employment of a Business Support Officer for one year to help plan and deliver services to members and to support volunteers

Guildhall Ward - Sofia Project

Funding for Solution Focussed Interventions for Anxiety group

Hilliards

Supporting the Rose Project for young women

IT Courses

Betty's, The Withram Family Trust and Feoffes of St Michael's Spurriergate have provided funding for IT equipment and courses

Jane Wright

Funding for the ROSE project supporting young women

Joseph Rowntree Foundation

Funding the ROSE project for young women

Leeds Building Society Furniture

A grant for new furniture from Leeds Building Society

MIND 50+ Wellbeing

Funding for the "Time of Our Lives" course for women over 50.

MIND Grief Recovery

This was used to run courses on recovery from bereavement and other loss.

MIND Menopause

Funding for a menopause support group

Minster Lions Mindfulness

Funding for Mindfulness

New Kitchen

Funds from the Spurriergate Feoffes and Persimmon

Kyra Women's Project

11.1 Restricted income funds held (continued)

Norman Collinson

Funding the ROSE project for young women

North Yorkshire Police - Covid Funding

For counselling and the Freedom course for women affected by domestic abuse

North Yorkshire Police - ROSE

Support for young women

North Yorkshire Sport

Funding for yoga classes

North Yorkshire Sport Self defence

Funding for self defence courses

Paul Bishop Writing

Funds for writing workshops

PCC (MoJ) Counselling

Funding from the Police and Crime Commissioner and Ministry of Justice to fund counselling for victims and survivors of domestic or sexual abuse

Persula (now renamed as) The Fairness Foundation

Grant for coaching

Purey Cust Trust

Funding stress management counselling

Safe and Strong PFCC Community Fund

Funding from the Police, Fire and Crime Commissioner to run self-defence and self esteem courses

Solwise Gardening 2017

A grant from Solwise to fund gardening activities

Sykes

The Charlie and Elsie Sykes Trust funding training costs for a counsellor in domestic violence

TCV Sound Healing

Funding for meditation

The Brelms Trust

A donation towards administration costs

The National Lottery Kyra Bounces Back

Coronavirus reopening support

The National Lottery Route to Recovery

Project supporting women who have experienced domestic abuse or mental health issues

Two Ridings Coronavirus Community Fund

Funding for a volunteer co-ordinator

Walking Group

Donations made for the walking group

Ways to Wellbeing

York CVS funding sound meditation, nutrition (cookery classes) and mindfulness

Ways to Wellbeing Culture For Confidence

Poetry, crafts, singing, writing, drama

Woodward Trust

2 hours administration support per week

York Common Good Trust

Providing the women of Kyra with an opportunity to improve their culinary skills and increase their knowledge of food and nutrition.

11.2 Movement of major funds

	Balance b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted funds					
General funds	54,954	19,819	41,890	38,249	71,132
	<u>54,954</u>	<u>19,819</u>	<u>41,890</u>	<u>38,249</u>	<u>71,132</u>
Restricted funds					
Art Gallery	-	160	-	-	160
Aviva Loss Group	-	3,623	-	-	3,623
Awards for All - SWIRL	9,104	-	7,818	(480)	806
Benenden Health	-	2,514	2,100	-	414
Better Connect Action towards inclusion	16,183	43,523	39,378	(20,327)	-
Betty's and Taylor's Grant	-	4,070	4,070	-	-
CG5 ESF 2021	-	6,460	2,536	(756)	3,168
Charles Hayward	6,500	-	3,366	-	3,134
Comic Relief - Peasholme	1,794	1,435	1,824	(1,044)	361
Covid 19 Emergency Funding	2,987	3,600	6,393	(68)	126
Garfield Weston	5,993	1,439	7,432	-	-
Guildhall Ward - Sofia Project	2,480	-	-	-	2,480
Hilliards	780	-	351	-	429
IT Courses	513	-	-	-	513
Jane Wright	-	450	450	-	-
Joseph Rowntree Foundation	-	4,964	3,469	(900)	595
Leeds Building Society Furniture	-	710	510	-	200
MIND 50+ Wellbeing	-	167	-	(128)	39
MIND Grief Recovery	-	1,983	1,106	(660)	217
MIND menopause	-	482	455	(27)	-
Minster Lions Mindfulness	360	-	360	-	-
New Kitchen	2,000	1,000	1,784	-	1,216
Norman Collinson	-	1,800	-	-	1,800
North Yorkshire Police - Covid funding	3,050	9,521	12,571	-	-
North Yorkshire Police - ROSE	104	-	104	-	-
North Yorkshire Sport	2,115	-	2,115	-	-
North Yorkshire Sport Self Defence	-	2,615	2,615	-	-
Paul Bishop Writing	-	300	285	-	15
PCC (MoJ) Counselling	-	10,800	4,400	(600)	5,800
Persula / Fairness Foundation	-	2,250	-	(225)	2,025
Purey Cust Trust	-	4,740	805	-	3,935
Safe and Strong PFCC Community Fund	-	6,410	2,001	(386)	4,022
Solwise Gardening 2017	21	-	-	-	21
Sykes	14	-	14	-	-
TCV Sound Healing	680	-	680	-	-
The Brelms Trust	1,750	-	1,750	-	-
The National Lottery Kyra Bounces Back	-	46,195	39,698	(6,498)	-
The National Lottery Route to Recovery	-	86,177	39,243	(5,810)	41,124
Two Ridings Coronavirus Community Fund	-	4,495	450	-	4,045
Walking Group	-	55	-	-	55
Ways to Wellbeing	-	2,645	1,521	-	1,124
Ways to Wellbeing Culture for Confidence	-	2,166	58	(340)	1,768
Woodward Trust Fund	600	350	950	-	-
York Common Good Trust	252	-	252	-	-
	<u>57,281</u>	<u>257,100</u>	<u>192,916</u>	<u>(38,249)</u>	<u>83,216</u>
Total funds	<u>112,235</u>	<u>276,919</u>	<u>234,805</u>	<u>-</u>	<u>154,348</u>

12 Net assets between funds

	Unrestricted Funds	Restricted Funds	Total 2021	Total 2020
	£	£	£	£
Fund balances at year end				
Fixed assets	7,508	-	7,508	2,850
Current assets	65,380	88,451	153,831	114,668
Current liabilities	(1,756)	(5,235)	(6,991)	(5,274)
Total funds	71,131	83,216	154,348	112,244

13 Related party transactions

No related party transactions have taken place during the year.

14 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.