

Better Action for Families CIO

Charity number 1154286

Annual Report and Financial Statements for the year ended 31 March 2025



Better Action for Families CIO

Annual Report and Financial Statements for the year ended 31 March 2025

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Prepared by West Yorkshire Community Accountancy Service CIO

Better Action for Families CIO

Trustees' report for the year ended 31 March 2025

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Joanne Lay	Chair	Appointed 18 March 2025
Paul Broadbent	Treasurer	
Adam Ogilvie		Resigned 15 October 2024
Jackie Hartley		
Kausar Iqbal		
Rebecca Greenwood		Resigned 15 October 2024
Yvonne Ugarte		
Leanne Benson		
John Ruddette		
Kelly Hartley		
Christopher Charlton		

Charity number	1154286	Registered in England and Wales
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Registered and principal address	Bankers
Beeston Village Community Centre	Virgin Money
Beeston Park Place	86A Queen Street
Leeds	Morley
LS11 8DQ	Leeds
	LS27 9BU

Independent examiner

Simon Bostrom FCIE

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) association formed on 21 October 2013 and is governed by a constitution.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Better Action for Families CIO

Trustees' report (continued) for the year ended 31 March 2025

Objectives and activities

The charity's objects

The objects of the CIO are for the public benefit:

- (1) The advancement of health
- (2) The advancement of education
- (3) The relief of those in need because of youth, age, ill-health, disability, financial hardship or other disadvantage in particular through targeted and inclusive action for the improvement of the lives of people with learning disabilities and their families and carers.
- (4) The provision of facilities for recreation or leisure time occupation in the interests of social welfare to persons who have need of those facilities by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances and to their families and carers.

The charity's main activities

BAFF run several groups in the community that support parent/carers, people with learning disabilities, their families and the wider community. The groups consist of a Monday social evening, two allotment sessions, family fun, chair based exercise, dancercise and an educational walking group. Our main priority is to focus on an inclusive service that will benefit everyone, while improving the lives of people with learning disabilities and their families in Leeds, through targeted and inclusive action. BAFF are commissioned to deliver three services for Leeds City Council. Facilitate the Carers Reference Group that feed back to the Learning Disability Partnership Board. Manage the 'As One' project working with families of adults with learning disabilities to promote inclusion in the community. Asset Based Community Development facilitators to work on people's skills and assets to develop the community.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

Achievements and performance

BAFF have listened to people with learning disabilities, their families and the wider community to support them to participate in new experiences, changing their health and wellbeing helping to adapt to a healthier lifestyle, building friendships with other local people, creating a circle of support in the area.

This has helped build confidence, self-esteem, improved integration and empowerment, encouraging people to become volunteers, access training and become more active in the local community. We have more attendees than before which shows the desire and passion our local community has to safely come together again. BAFFs allotment group continue to have success at the Great Middleton Park Show for their amazing produce, winning certificates.

Our manager, Lynn, was honoured by having her name added to the Ribbon Sculpture celebrating the inspirational women of Leeds. BAFF also held an event to celebrate the achievements of the 6 year long ABCD project which ended in early March 2025.

Better Action for Families CIO

Trustees' report (continued) for the year ended 31 March 2025

Financial review

The net payments for the year were £28,532, including net receipts of £70 on unrestricted funds and net payments of £28,602 on restricted funds after transfers.

Reserves policy

The charity's free reserves, at the year end were £13,180.

The charity does not currently have a reserves policy in place. However, the board of trustees is actively working on developing one.

Approved by the board of trustees on 14 July 2025

Jackie Hartley (Trustee)

Better Action for Families CIO

Independent examiner's report to the trustees of Better Action for Families CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2025, which are set out on pages 6 to 10.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Bostrom FCIE

17 July 2025

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Better Action for Families CIO
Receipts and payments account
for the year ended 31 March 2025

	Notes	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
Receipts					
Grants and donations	(2)	532	40,940	41,472	56,033
Other income		34	-	34	1,199
Total receipts		566	40,940	41,506	57,232
Payments					
Staff costs		-	34,175	34,175	33,256
Staff travel		-	-	-	54
Hall and facility hire		-	3,690	3,690	2,040
Insurance		-	270	270	270
Equipment and materials		107	692	799	1,759
Activity costs and resources		-	7,628	7,628	4,507
Travel and transport		372	8,018	8,390	6,217
Refreshments		5	685	690	856
Stationery and postage		41	41	82	135
Telephone		142	-	142	174
Exercise classes		-	6,905	6,905	7,128
Household support		-	-	-	-
Ingredients		-	1,253	1,253	1,017
Independent examination		-	660	660	516
Volunteer expenses		-	79	79	105
Small Sparks		-	2,950	2,950	750
Facilitator		-	735	735	375
Office and other expenses		361	1,229	1,590	191
Promotional video		-	-	-	8,990
Grant repayment		-	-	-	540
Total payments		1,028	69,010	70,038	68,880
Net (payments)		(462)	(28,070)	(28,532)	(11,648)
Transfers between funds	(3)	532	(532)	-	-
Net movement in funds		70	(28,602)	(28,532)	(11,648)
Fund balances brought forward		13,110	49,236	62,346	73,994
Fund balances carried forward	(3)	13,180	20,634	33,814	62,346

Better Action for Families CIO
Statement of assets and liabilities
as at 31 March 2025

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	13,090	20,634	33,724	62,275
Cash in hand	90	-	90	71
Total cash funds	<u>13,180</u>	<u>20,634</u>	<u>33,814</u>	<u>62,346</u>

Liabilities	2025
	£
Creditors	1,003
Accruals	<u>5,592</u>
	<u>6,595</u>

The financial statements were approved by the board of trustees on 14 July 2025

Jackie Hartley (Trustee)

Better Action for Families CIO

Notes to the accounts

for the year ended 31 March 2025

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Better Action for Families CIO

Notes to the accounts continued

for the year ended 31 March 2025

2 Grants and donations	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
Leeds City Council (ABCD Project)	-	-	-	25,000
Leeds City Council (Adult Social Care)	-	10,000	10,000	10,000
Leeds City Council (Carers Group)	-	6,000	6,000	6,000
Household Support Fund	-	5,000	5,000	-
The National Lottery	-	19,940	19,940	9,990
Wades	-	-	-	5,000
Other donations	532	-	532	43
	<u>532</u>	<u>40,940</u>	<u>41,472</u>	<u>56,033</u>

3 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
LCC - ASC 24/25	6,034	10,000	10,529	-	5,505
LCC (Carers)	11,837	6,000	7,483	-	10,354
Awards for All	-	19,940	18,446	-	1,494
LCC (MICE)	56	-	56	-	-
LCC (ABCD)	22,314	-	21,071	-	1,243
Aspire	232	-	200	(32)	-
LCC (ABCD Small Sparks)	4,717	-	4,217	-	500
Cycling UK	993	-	-	-	993
WYCA	1,660	-	1,660	-	-
My Future Project	545	-	-	-	545
Wades	848	-	848	-	-
Household Fund	-	5,000	4,500	(500)	-
	<u>49,236</u>	<u>40,940</u>	<u>69,010</u>	<u>(532)</u>	<u>20,634</u>

Fund name	Purpose of restriction
LCC - ASC 24/25	Adult Social Care funding towards the managers salary, rent, insurance and other running costs.
LCC (Carers)	To facilitate the Carers Reference Group for Leeds.
Awards for All	To hire an instructor and a support worker to run family fun and walking groups in the local community. Also, refreshments, transport, pantomime tickets, insurance and AGM.
LCC (MICE)	Towards the costs of the allotment and holistic relaxation sessions.
LCC (ABCD)	For the Asset Based Community Development project.
Aspire	To purchase equipment for an accessible changing room. The transfer relates to the reallocation of overhead costs and management fees to unrestricted funds.
LCC (ABCD Small Sparks)	To make small awards to residents to allow them to organise local activities.
Cycling UK	To purchase cycles and other equipment to deliver group cycling sessions.
WYCA	To purchase equipment, helmets, first aid kits, cycles and training so BAFF can deliver cycling group sessions.
My Future Project	To deliver sessions with adults with learning disabilities on skills and strengths for future job workshops.
Wades	Towards the weekly groups running costs and transport for the summer trips.
Household Fund	To provide vouchers for food, clothing, bedding etc due to cost-of-living crisis. The transfer relates to the reallocation of 10% management fees to unrestricted funds.

Better Action for Families CIO
Notes to the accounts continued
for the year ended 31 March 2025

4 Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee expenses

During the year trustees were not paid in respect of travel (previous year: 3 trustees and £242).

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.