

Better Action for Families CIO

Charity number 1154286

Annual Report and Financial Statements for the year ended 31 March 2024



Better Action for Families CIO

Annual Report and Financial Statements for the year ended 31 March 2024

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Prepared by West Yorkshire Community Accountancy Service CIO

Better Action for Families CIO

Trustees' report for the year ended 31 March 2024

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Adam Ogilvie	Chair	
Jackie Hartley	Secretary	
Paul Broadbent	Treasurer	
Kausar Iqbal		
Rebecca Greenwood		
Yvonne Ugarte		
Leanne Benson		
John Ruddette		
Kelly Hartley		
Christopher Charlton		

Charity number 1154286 Registered in England and Wales

Registered and principal address	Bankers
Beeston Village Community Centre	Virgin Money
Beeston Park Place	86A Queen Street
Leeds	Morley
LS11 8DQ	Leeds
	LS27 9BU

Independent examiner

E J Beverley FCCA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) association formed on 21 October 2013 and is governed by a constitution.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Better Action for Families CIO

Trustees' report (continued) for the year ended 31 March 2024

Objectives and activities

The charity's objects

The objects of the CIO are for the public benefit:

- (1) The advancement of health
- (2) The advancement of education
- (3) The relief of those in need because of youth, age, ill-health, disability, financial hardship or other disadvantage in particular through targeted and inclusive action for the improvement of the lives of people with learning disabilities and their families and carers.
- (4) The provision of facilities for recreation or leisure time occupation in the interests of social welfare to persons who have need of those facilities by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances and to their families and carers.

The charity's main activities

BAFF run several groups in the community that support parent/carers, people with learning disabilities, their families and the wider community.

The groups consist of a Monday social evening, two allotment sessions, family fun, chair based exercise, dancercise and an educational walking group.

Our main priority is to focus on an inclusive service that will benefit everyone, while improving the lives of people with learning disabilities and their families in Leeds, through targeted and inclusive action.

BAFF are commissioned to deliver four services for Leeds City Council. Facilitate the Carers Reference Group that feed back to the Learning Disability Partnership Board. Support Carers of the Good Lives Leaders Project. Manage the 'As One' project working with families of adults with learning disabilities to promote inclusion in the community. Asset Based Community Development facilitators to work on people's skills and assets to develop the community. Working with the crochet group and monthly craft and homemade food market.

BAFF were also part of the ABCD celebration event bringing all Leeds pathfinder sites together to share all the wonderful achievements.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

Achievements and performance

BAFF have listened to people with learning disabilities, their families and the wider community to support them to participate in new experiences, changing their health and wellbeing helping to adapt to a healthier lifestyle, building friendships with other local people, creating a circle of support in the area.

This has helped build confidence, self-esteem, improved integration and empowerment, encouraging people to become volunteers, access training and become more active in the local community.

We have managed to secure funding to continue with all our projects for another twelve months in these recent difficult times. We have more attendees than before which shows the desire and passion our local community has to safely come together again.

Better Action for Families CIO

Trustees' report (continued) for the year ended 31 March 2024

Achievements and performance (continued)

We have supported local residents at a craft and homemade food market and worked in partnership with Homestart, Forum Central, MHA live at home scheme and St Andrews Methodist Church to deliver a successful health and wellbeing event in South Leeds. BAFFs allotment group continue to have success at the Great Middleton Park Show for their amazing produce, winning certificates.

BAFF worked with Jan Wells & Mandy Haigh to produce a video celebrating 21yrs of BAFF which was launched at the AGM in October 2023.

Financial review

The net payments for the year were £11,648, including net receipts of £3,587 on unrestricted funds and net payments of £15,235 on restricted funds after transfers.

Reserves policy

The charity's free reserves, at the year end were £13,110.

The trustees plan to put a reserves policy in place and agreed a minimum level of reserves of £2,000 should be held in the interim.

Approved by the board of trustees on 09/07/2024

Adam Ogilvie (Trustee)

Better Action for Families CIO

Independent examiner's report to the trustees of Better Action for Families CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2024, which are set out on pages 6 to 10.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E J Beverley FCCA

09/07/2024

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Better Action for Families CIO
Receipts and payments account
for the year ended 31 March 2024

	Notes	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £	2023 Total funds £
Receipts					
Grants and donations	(2)	43	55,990	56,033	59,576
Other income		1,099	100	1,199	286
Total receipts		1,142	56,090	57,232	59,862
Payments					
Staff costs		858	32,398	33,256	32,486
Staff travel		54	-	54	72
Hall and facility hire		625	1,415	2,040	2,704
Insurance		-	270	270	270
Equipment and materials		81	1,678	1,759	2,460
Activity costs and resources		200	4,307	4,507	9,880
Travel and transport		-	6,217	6,217	3,676
Refreshments		36	820	856	1,130
Stationery and postage		86	49	135	45
Telephone		174	-	174	180
Exercise classes		-	7,128	7,128	6,105
Household support		-	-	-	3,620
Ingredients		-	1,017	1,017	1,167
Independent examination		-	516	516	492
Volunteer expenses		-	105	105	765
Small Sparks		-	750	750	2,200
Facilitator		-	375	375	2,168
Sundries		41	150	191	300
Promotional video		-	8,990	8,990	-
Grant repayment		-	540	540	-
Total payments		2,155	66,725	68,880	69,720
Net receipts / (payments)		(1,013)	(10,635)	(11,648)	(9,858)
Transfers between funds		4,600	(4,600)	-	-
Net movement in funds		3,587	(15,235)	(11,648)	(9,858)
Fund balances brought forward		9,523	64,471	73,994	83,852
Fund balances carried forward	(3)	13,110	49,236	62,346	73,994

Better Action for Families CIO
Statement of assets and liabilities
as at 31 March 2024

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	13,039	49,236	62,275	73,950
Cash in hand	71	-	71	44
Total cash funds	<u>13,110</u>	<u>49,236</u>	<u>62,346</u>	<u>73,994</u>

Liabilities	2024
	£
Accruals	<u>4,175</u>
	<u>4,175</u>

The financial statements were approved by the board of trustees on 09/07/2024

Adam Ogilvie (Trustee)

Better Action for Families CIO

Notes to the accounts

for the year ended 31 March 2024

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Better Action for Families CIO

Notes to the accounts continued

for the year ended 31 March 2024

2 Grants and donations

	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £	2023 Total funds £
Awards for All	-	-	-	9,750
Forum Central/Volition	-	-	-	5,000
Leeds City Council (ABCD Project)	-	25,000	25,000	25,000
Leeds City Council (Adult Social Care)	-	10,000	10,000	10,000
Leeds City Council (Carers Group)	-	6,000	6,000	6,000
Leeds City Council (Retreat)	-	-	-	500
The National Lottery (Heritage Fund)	-	9,990	9,990	-
Wades	-	5,000	5,000	-
Other donations	43	-	43	3,326
	<u>43</u>	<u>55,990</u>	<u>56,033</u>	<u>59,576</u>

3 Restricted funds

	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
LCC (ASC)	7,664	10,000	11,630	-	6,034
LCC (Carers)	11,007	6,000	5,170	-	11,837
LCC (GLL)	834	-	834	-	-
Awards for All	9,750	-	9,750	-	-
LCC (MICE)	187	-	131	-	56
LCC (ABCD)	26,547	25,100	20,733	(8,600)	22,314
Aspire	232	-	-	-	232
LCC (ABCD Small Sparks)	2,013	-	1,296	4,000	4,717
Cycling UK	993	-	-	-	993
WYCA	4,276	-	2,616	-	1,660
My Future Project	545	-	-	-	545
Jimbo's Fund	423	-	423	-	-
Wades	-	5,000	4,152	-	848
The National Lottery (Heritage Fund)	-	9,990	9,990	-	-
	<u>64,471</u>	<u>56,090</u>	<u>66,725</u>	<u>(4,600)</u>	<u>49,236</u>

Fund name

LCC (ASC)

Purpose of restriction

Adult Social Care funding towards the managers salary, rent, insurance and other running costs.

LCC (Carers)

To facilitate the Carers Reference Group for Leeds.

LCC (GLL)

To support the Good Lives Leaders project.

Awards for All

To provide activity sessions for group members during and after Covid-

LCC (MICE)

Towards the costs of the allotment and holistic relaxation sessions.

LCC (ABCD)

For the Asset Based Community Development project. The transfer relates to management costs of £4,600 transferred to unrestricted and £4,000 transferred to Little Sparks fund to continue that work.

Aspire

To purchase equipment for an accessible changing room.

LCC (ABCD Small Sparks)

To make small awards to residents to allow them to organise local activities. £4,000 has been put into this fund from the main grant during the year.

Cycling UK

To purchase cycles and other equipment to deliver group cycling sessions.

Better Action for Families CIO

Notes to the accounts continued

for the year ended 31 March 2024

3 Restricted funds (continued)

Fund name	Purpose of restriction
WYCA	To purchase equipment, helmets, first aid kits, cycles and training so BAFF can deliver cycling group sessions.
My Future Project	To deliver sessions with adults with learning disabilities on skills and strengths for future job workshops.
Jimbo's Fund	To deliver weekly sessions including exercise, walking group, family fun and allotment and a number of day trips. Also towards some overheads.
Wades	Towards the weekly groups running costs and transport for the summer
The National Lottery (Heritage Fund)	To produce a video celebrating 21 years of BAFF and for a launch event to promote this.

4 Related party transactions

Trustee expenses

During the year 3 trustees were paid a total of £242 in respect of travel (previous year: 0 trustees and £nil).

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.