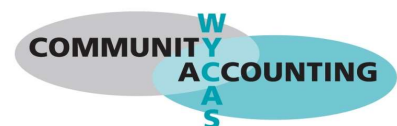


Better Action for Families CIO

Charity number 1154286

Annual Report and Financial Statements for the year ended 31 March 2023



West Yorkshire Community Accounting Service

Better Action for Families CIO

Annual Report and Financial Statements for the year ended 31 March 2023

Contents	Page
Trustees' report	2 to 4
Examiner's report	5
Receipts and payments account	6
Statement of assets and liabilities	7
Notes to the accounts	8 to 10

Prepared by West Yorkshire Community Accountancy Service CIO

Better Action for Families CIO

Trustees' report for the year ended 31 March 2023

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Stacey Atkinson	Chair	Resigned 11 October 2022
Adam Ogilvie	Chair	From 24 January 2023
Jackie Hartley	Secretary	
Paul Broadbent	Treasurer	
Kausar Iqbal		
Rebecca Greenwood		
Yvonne Ugarte		
Leanne Benson		
John Ruddette		
Kelly Hartley		
Christopher Charlton		

Charity number 1154286 Registered in England and Wales

Registered and principal address

Beeston Village Community Centre
Beeston Park Place
Leeds
LS11 8DQ

Bankers

Virgin Money
86A Queen Street
Morley
Leeds
LS27 9BU

Independent examiner

Stephen Procter

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) formed on 21 October 2013 and its governed by an association constitution.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Better Action for Families CIO

Trustees' report (continued) for the year ended 31 March 2023

Objectives and activities

The charity's objects

The advancement of health

The advancement of education

The relief of those in need because of youth, age, ill-health, disability, financial hardship or other disadvantage in particular through targeted and inclusive action for the improvement of the lives of people with learning disabilities and their families and carers.

The provision of facilities for recreation or leisure time occupation in the interests of social welfare to persons who have need of those facilities by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances and to their families and carers.

The charity's main activities

BAFF run several groups in the community that support parent/carers, people with learning disabilities, their families and the wider community. The groups consist of a Monday social evening, two allotment sessions, family fun, chair based exercise, dancercise and an educational walking group. Our main priority is to focus on an inclusive service that will benefit everyone, while improving the lives of people with learning disabilities and their families in Leeds, through targeted and inclusive action.

BAFF are commissioned to deliver four services for Leeds City Council. Facilitate the Carers Reference Group that feed back to the Learning Disability Partnership Board. Support Carers of the Good Lives Leaders Project visiting homes and submitting a report for any changes to CQC to put these in place.

Manage the 'As One' project working with families of adults with learning disabilities to promote inclusion in the community.

Asset Based Community Development facilitators to work on people's skills and assets to develop the community.

Working with the crochet group and monthly craft and homemade food market.

We also deliver My Future Workshops in partnership with Health for All Leeds to support people with learning disabilities into employment using the strength based approach.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

Achievements and performance

BAFF have listened to people with learning disabilities, their families and the wider community to support them to participate in new experiences, changing their health and wellbeing helping to adapt to a healthier lifestyle, building friendships with other local people, creating a circle of support in the area

This has helped build confidence, self-esteem, improved integration and empowerment, encouraging people to become volunteers, access training and become more active in the local community.

We have managed to secure funding to continue with all our projects for another twelve months in these recent difficult times.

We have more attendees than before which shows the desire and passion our local community has to safely come together again.

BAFF has supported local residents at a craft and homemade food market and worked in partnership with Homestart, Forum Central, MHA live at home scheme and St Andrews Methodist Church to deliver a successful health and wellbeing event in South Leeds.

Our allotment group continues to have success at the Great Middleton Park Show for their amazing produce, winning four certificates.

Better Action for Families CIO

Trustees' report (continued) for the year ended 31 March 2023

Financial review

The net payments for the year were £13,703, including net receipts of £4,432 on unrestricted funds and net payments of £18,135 on restricted funds after transfers.

Reserves policy

The charity's free reserves at the year end were £8,666.

We were working on a reserves policy but due to the pandemic was put on hold. The trustees agreed that we should keep a minimum £2,000 for the reserves in the interim.

Approved by the board of trustees on 27/07/2023

Adam Ogilvie (Trustee)

Better Action for Families CIO

Independent examiner's report to the trustees of Better Action for Families CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2023, which are set out on pages 6 to 10.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen Procter

31/07/2023

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Better Action for Families CIO

Receipts and payments account for the year ended 31 March 2023

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Receipts					
Grants and donations	(2)	3,326	56,250	59,576	63,686
Other income		286	-	286	175
Total receipts		<u>3,612</u>	<u>56,250</u>	<u>59,862</u>	<u>63,861</u>
Payments					
Staff costs		1	32,485	32,486	29,833
Staff travel		72	-	72	21
Hall and facility hire		-	2,704	2,704	2,608
Insurance		-	270	270	270
Equipment and materials		24	2,436	2,460	912
Activity costs and resources		431	9,449	9,880	2,174
Travel and transport		-	3,676	3,676	737
Refreshments		89	1,041	1,130	634
Stationery and postage		26	19	45	103
Telephone		180	-	180	160
Exercise classes		-	6,105	6,105	5,025
Household support		-	3,620	3,620	88
Ingredients		-	1,167	1,167	337
Independent examination		-	492	492	492
Volunteer expenses		-	765	765	298
Small Sparks		-	2,200	2,200	1,650
Facilitator		-	2,168	2,168	-
Sundries		300	-	300	-
Total payments		<u>1,123</u>	<u>68,597</u>	<u>69,720</u>	<u>45,342</u>
Net income / (expenditure)		<u>2,489</u>	<u>(12,347)</u>	<u>(9,858)</u>	<u>18,519</u>
Transfers between funds		2,800	(2,800)	-	-
Net movement in funds		<u>5,289</u>	<u>(15,147)</u>	<u>(9,858)</u>	<u>18,519</u>
Fund balances brought forward		<u>4,234</u>	<u>79,618</u>	<u>83,852</u>	<u>65,333</u>
Fund balances carried forward	(3)	<u>9,523</u>	<u>64,471</u>	<u>73,994</u>	<u>83,852</u>

Better Action for Families CIO

Statement of assets and liabilities as at 31 March 2023

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	9,479	64,471	73,950	83,431
Cash in hand	44	-	44	421
Total cash funds	<u>9,523</u>	<u>64,471</u>	<u>73,994</u>	<u>83,852</u>
Liabilities			£	
Independent examination			516	
March 2023 salaries (paid April)			<u>3,846</u>	
			<u>4,362</u>	

The financial statements were approved by the board of trustees on 27/07/2023

Adam Ogilvie (Trustee)

Better Action for Families CIO

Notes to the accounts

for the year ended 31 March 2023

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Better Action for Families CIO

Notes to the accounts continued

for the year ended 31 March 2023

2 Grants and donations	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Awards for All	-	9,750	9,750	-
Forum Central/Volition	-	5,000	5,000	-
Leeds City Council (ABCD Project)	-	25,000	25,000	25,000
Leeds City Council (Adult Social Care)	-	10,000	10,000	10,000
Leeds City Council (Carers Group)	-	6,000	6,000	6,000
Leeds City Council (Retreat)	-	500	500	-
Leeds City Council (ABCD Small Sparks)	-	-	-	1,000
Leeds City Council (MICE)	-	-	-	1,450
Jimbo's Fund	-	-	-	14,960
My Future Project	-	-	-	1,000
West Yorkshire Combined Authority (WYCA)	-	-	-	4,276
Other donations	3,326	-	3,326	-
	<u>3,326</u>	<u>56,250</u>	<u>59,576</u>	<u>63,686</u>

3 Restricted funds	Balance b/f £	Receipts £	Payments £	Transfers £	Balance c/f £
LCC (ASC)	5,261	10,000	7,597	-	7,664
LCC (ABCD)	23,990	25,000	22,443	-	26,547
LCC (ABCD Small Sparks)	7,400	-	3,387	(2,000)	2,013
LCC (Carers)	13,343	6,000	8,336	-	11,007
LCC (GLL)	862	-	28	-	834
LCC (MICE)	905	-	718	-	187
LCC (Retreat)	-	500	500	-	-
Aspire	232	-	-	-	232
Awards for All	6,396	9,750	6,396	-	9,750
Cycling UK	993	-	-	-	993
Forum Central/Volition	-	5,000	4,500	(500)	-
Jimbo's Fund	14,960	-	14,237	(300)	423
My Future Project	1,000	-	455	-	545
WYCA	4,276	-	-	-	4,276
	<u>79,618</u>	<u>56,250</u>	<u>68,597</u>	<u>(2,800)</u>	<u>64,471</u>

Fund name

LCC (ASC)
LCC (ABCD)
LCC (ABCD Small Sparks)

LCC (Carers)
LCC (GLL)
LCC (MICE)
LCC (Retreat)

Aspire
Awards for All
Cycling UK
Forum Central/Volition

Purpose of restriction

For Manager salary, rent, insurance and other running costs.
For the Asset Based Community Development project.
To make small awards to residents to allow them to organise local activities.
(The transfer is in respect of funds returned to the 'host' project)
To facilitate the Carers Reference Group for Leeds.
To support the Good Lives Leaders project.
Towards the costs of the allotment and holistic relaxation sessions.
Towards the costs of a holistic relaxation retreat.
To purchase equipment for an accessible changing room.
To provide activity sessions for group members during and after Covid-19.
To purchase cycles and other equipment to deliver group cycling sessions.
To support families with vouchers for food and household goods.
(The transfer is in respect of central costs allocated to the project)

Better Action for Families CIO

Notes to the accounts continued for the year ended 31 March 2023

3 Restricted funds (continued)

Fund name	Purpose of restriction
Jimbo's Fund	To deliver weekly sessions including exercise, walking group, family fun and allotment and a number of day trips. Also towards some overheads. (The transfer is the remaining balance of fund at project end to be used where required)
My Future Project	To deliver sessions with adults with learning disabilities on skills and strengths for future job workshops.
WYCA	To purchase equipment, helmets, first aid kits, cycles and training so BAFF can deliver cycling group sessions.

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.