

Better Action for Families CIO

Charity number 1154286

Annual Report and Financial Statements for the year ended 31 March 2022



West Yorkshire Community Accounting Service

Better Action for Families CIO

Annual Report and Financial Statements for the year ended 31 March 2022

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Prepared by West Yorkshire Community Accountancy Service CIO

Better Action for Families CIO

Trustees' report for the year ended 31 March 2022

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Stacey Atkinson	Chair	Appointed 5 October 2021
Jackie Hartley	Secretary	
Pat McGeever	Acting Chair	Resigned 5 October 2021
Paul Broadbent	Treasurer	
Kausar Iqbal		
Rebecca Mitchell		
Yvonne Ugarte		
Anthony Dawson		
Leanne Benson		
Rita Metcalfe		
Adam Ogilvie		
John Ruddette		
Kelly Hartley		
Christopher Charlton		Appointed 7 December 2021

Charity number	1154286	Registered in England and Wales
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Registered and principal address

Beeston Village Community Centre
Beeston Park Place
Leeds
LS11 8DQ

Bankers

Virgin Money
86A Queen Street
Morley
Leeds
LS27 9BU

Independent examiner

Stephen Procter

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) formed on 21 October 2013 and its governed by an association constitution.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Better Action for Families CIO

Trustees' report (continued) for the year ended 31 March 2022

Objectives and activities

The charity's objects

The advancement of health

The advancement of education

The relief of those in need because of youth, age, ill-health, disability, financial hardship or other disadvantage in particular through targeted and inclusive action for the improvement of the lives of people with learning disabilities and their families and carers.

The provision of facilities for recreation or leisure time occupation in the interests of social welfare to persons who have need of those facilities by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances and to their families and carers.

The charity's main activities

BAFF run several groups in the community that support parent/carers, people with learning disabilities, their families and the wider community. The groups consist of a Monday social evening, two allotment sessions, family fun, chair based exercise, dancercise and an educational walking group. Our main priority is to focus on an inclusive service that will benefit everyone, while improving the lives of people with learning disabilities and their families in Leeds, through targeted and inclusive action.

BAFF are commissioned to deliver four services for Leeds City Council. Facilitate the Carers Reference Group that feed back to the Learning Disability Partnership Board. Support Carers of the Good Lives Leaders Project visiting homes and submitting a report for any changes to CQC to put these in place.

Manage the 'As One' project working with families of adults with learning disabilities to promote inclusion in the community.

Asset Based Community Development facilitators to work on people's skills and assets to develop the community.

Working with the crochet group and monthly craft and homemade food market.

We also deliver My Future Workshops in partnership with Health for All Leeds to support people with learning disabilities into employment using the strength based approach.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

Achievements and performance

BAFF have helped people with learning disabilities, their families and the wider community to participate in new experiences, changing their health and wellbeing helping to adapt to a healthier lifestyle, building friendships with other local people, creating a circle of support in the area. This has helped build confidence, self-esteem, improved integration and empowerment, encouraging people to become volunteers, access training and become more active in the local community.

We have managed to secure funding to continue with all our projects for another twelve months in these recent difficult times.

After closures due to Covid, we are very proud to have restarted most of our groups. We have more attendees than before which shows the desire and passion our local community has to safely come together again.

We have started several new groups such as cycling, outdoor chair-based exercises and supporting an outdoor craft market.

We are very proud of two of our trustees. Yvonne Ugarte launched her poetry book with illustrations from the children of Beeston Primary School, raising £900 for Martin House children's Hospice. Kelly Hartley won a gold medal with the Scarborough Gymnastic Academy in the British Team Gym Championships 2022.

Also BAFFs allotment group won two Firsts and a Third prize at the Great Middleton Park Show for their amazing produce.

Better Action for Families CIO

Trustees' report (continued) for the year ended 31 March 2022

Financial review

The net receipts for the year were £18,519, including net payments of £1,915 on unrestricted funds and net receipts of £20,434 on restricted funds.

Reserves policy

The charity's free reserves at the year end were £4,234.

We are currently working on a reserves policy but due to the pandemic this has been put on hold. The trustees agreed that we should keep a minimum £2,000 for the reserves in the interim.

Signed on behalf of the board of trustees on 27/06/2022

Jacqueline Alice Hartley (Trustee)

Better Action for Families CIO

Independent examiner's report to the trustees of Better Action for Families CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2022, which are set out on pages 6 to 10.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen Procter

30/06/2022

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Better Action for Families CIO

Receipts and payments account for the year ended 31 March 2022

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Receipts					
Grants and donations	(2)	-	63,686	63,686	60,632
Other income		175	-	175	471
Total receipts		<u>175</u>	<u>63,686</u>	<u>63,861</u>	<u>61,103</u>
Payments					
Staff costs	(3)	436	29,397	29,833	26,542
Staff travel		-	21	21	-
Hall and facility hire		1,254	1,354	2,608	3,187
Insurance		270	-	270	270
Equipment and materials		-	912	912	1,512
Activity costs and resources		130	2,044	2,174	-
Travel and transport		-	737	737	148
Refreshments		-	634	634	178
Stationery and postage		-	103	103	192
Telephone		-	160	160	168
Exercise classes		-	5,025	5,025	4,560
Gifts and donations		-	88	88	323
Ingredients		-	337	337	-
Independent examination		-	492	492	492
Volunteer expenses		-	298	298	299
Small Sparks		-	1,650	1,650	-
Sundries		-	-	-	166
Total payments		<u>2,090</u>	<u>43,252</u>	<u>45,342</u>	<u>38,037</u>
Net income / (expenditure)		<u>(1,915)</u>	<u>20,434</u>	<u>18,519</u>	<u>23,066</u>
Fund balances brought forward		<u>6,149</u>	<u>59,184</u>	<u>65,333</u>	<u>42,267</u>
Fund balances carried forward	(3)	<u>4,234</u>	<u>79,618</u>	<u>83,852</u>	<u>65,333</u>

Better Action for Families CIO
Statement of assets and liabilities
as at 31 March 2022

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	3,813	79,618	83,431	64,934
Cash in hand	421	-	421	399
Total cash funds	<u>4,234</u>	<u>79,618</u>	<u>83,852</u>	<u>65,333</u>

Liabilities	£
Independent examination	<u>492</u>
	<u>492</u>

The financial statements were approved by the board of trustees on 27/06/2022

Jacqueline Alice Hartley (Trustee)

Better Action for Families CIO

Notes to the accounts

for the year ended 31 March 2022

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Better Action for Families CIO

Notes to the accounts continued

for the year ended 31 March 2022

2 Grants and donations	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Leeds City Council (Adult Social Care)	-	10,000	10,000	10,000
Leeds City Council (ABCD Project)	-	25,000	25,000	25,000
Leeds City Council (ABCD Small Sparks)	-	1,000	1,000	2,000
Leeds City Council (Carers Group)	-	6,000	6,000	6,000
Leeds City Council (MICE)	-	1,450	1,450	-
National Lottery Community Fund	-	-	-	9,996
Cycling UK	-	-	-	1,336
Jimbo's Fund	-	14,960	14,960	-
Leeds Community Foundation	-	-	-	6,050
My Future Project	-	1,000	1,000	-
West Yorkshire Combined Authority (WYCA)	-	4,276	4,276	-
Other donations	-	-	-	250
	-	63,686	63,686	60,632

3 Restricted funds	Balance b/f £	Receipts £	Payments £	Transfers £	Balance c/f £
LCC (ASC)	2,959	10,000	7,698	-	5,261
LCC (ABCD)	27,390	25,000	22,400	(6,000)	23,990
LCC (ABCD Small Sparks)	2,600	1,000	2,200	6,000	7,400
LCC (Carers)	10,682	6,000	3,339	-	13,343
LCC (GLL)	862	-	-	-	862
LCC (MICE)	-	1,450	545	-	905
Aspire	234	-	2	-	232
Awards for All	9,387	-	2,991	-	6,396
Cycling UK	1,143	-	150	-	993
Jimbo's Fund	-	14,960	-	-	14,960
Liz and Terry Bramhall	3,889	-	3,889	-	-
My Future Project	-	1,000	-	-	1,000
Wades Charity	38	-	38	-	-
WYCA	-	4,276	-	-	4,276
	59,184	63,686	43,252	-	79,618

Fund name

Purpose of restriction

LCC (ASC)	For Manager salary, rent, insurance and other running costs.
LCC (ABCD)	For the Asset Based Community Development project.
LCC (ABCD Small Sparks)	To make small awards to residents to allow them to organise local activities. (Transfer to Small Sparks from ABCD to increase amounts available for future grants).
LCC (Carers)	To facilitate the Carers Reference Group for Leeds.
LCC (GLL)	To support the Good Lives Leaders project.
LCC (MICE)	Towards the costs of the allotment and holistic relaxation sessions.
Aspire	To purchase equipment for an accessible changing room.
Awards for All	To provide activity sessions for group members during and after Covid-19.
Cycling UK	To purchase cycles and other equipment to deliver group cycling sessions.
Jimbo's Fund	To deliver weekly sessions including exercise, walking group, family fun and allotment and a number of day trips. Also towards some overheads.

Better Action for Families CIO

Notes to the accounts continued

for the year ended 31 March 2022

3 Restricted funds (continued)

Fund name	Purpose of restriction
Liz and Terry Bramhall	To re-establish groups and staff costs for social and health activities.
My Future Project	To deliver sessions with adults with learning disabilities on skills and strengths for future job workshops.
Wades Charity	Towards the costs of equipment, activities and staff costs.
WYCA	To purchase equipment, helmets, first aid kits, cycles and training so BAFF can deliver cycling group sessions.

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.