

The KEYS Project

Registered Charity No. 1154263

Annual Report 2023

including independently examined accounts
for financial year ending 31st August 2023



Unlocking Freedom from Addiction

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A MESSAGE FROM THE CEO



Dr Steve Smith

The need for KEYS continues to be massive. There are well over half a million people in England alone who are physically dependent upon alcohol and hundreds of thousands more misuse alcohol in a hazardous way. In fact, alcohol misuse is one of the top five risk factors in ALL cases of death, ill health and disability in our society.

And then there's drug use.. it's an enormous and painful problem! But as the KEYS Project enters its tenth year, I am both massively encouraged by all that we have achieved and truly excited by the prospect of continued and significant growth.

This year alone:

- We've seen our clients' quality of life score increase by 133% on average
- We've established 5 new centres across England and Wales and relaunched one that had been unable to operate since the pandemic
- We've continued to host nationwide support groups twice a week, on top of each centre's local work
- We welcomed 37 new volunteers, many of whom have been through the KEYS recovery programme themselves
- We've conducted 4 in person training days and volunteers have completed 210 training modules
- Our management team have graduated from a two-year incubator programme, developing critical operational skills to prepare us for an upcoming period of substantial organisational growth
- We've formed new, key strategic partnerships, enabling us to expand the programme and depth of support we can offer clients, delivering forgiveness education training in 6 centres
- We also held 2 celebration sessions, to acknowledge some of the incredible recovery journeys already taken

God has undoubtedly blessed KEYS and we have a truly great team of staff and volunteers, who are wonderfully supported by our faithful trustees and donors. As we work together to break the chains of addiction, it is a delight to continue to hear stories and testimonies as more men and women find true freedom and lasting sobriety through our work.

It is also exciting to be on the verge of potentially explosive growth as more enthusiastic teams join us from towns and cities across the country. Furthermore, we're beginning meaningful collaboration with both hospital and community agencies in the upcoming year - who themselves are struggling to meet the increasing burden of addiction across our society.

Despite the challenges we face, I have no doubt that you will also be encouraged as you read this report. I thank you for taking time to read this and for your interest in KEYS. My thanks also to all those who tirelessly uphold this work through their practical, financial and prayerful support. And my thanks especially, to our glorious God, who gives us the privilege of sharing His love for the broken.

Steve

VIEW FROM THE CHAIR



Dr Keron Fletcher
Chair of Trustees

In Matthew's gospel chapter 11, Jesus gives out the most wonderful invitation anyone could ever wish to receive. He says, "Come to me, all you who are weary and burdened, and I will give you rest." Who else, in the history of mankind, has ever given such an invitation, or had the ability to provide rest to the weary and burdened?

Jesus goes on to say, "Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Who wouldn't want to take off an ill-fitting, chafing yoke and swap it for one that is comfortable, fits well, and is "easy"? Who wouldn't want to swap a crippling, oppressive burden for one that is "light"?

The KEYS teams spread across churches in the UK, strive to help people wearied and burdened by addiction. Through their support, care, help, medical aid and prayers, the whole team both on the front line and behind the scenes works to achieve this goal and where it is invited, point those in need to the One who can give rest for their souls.

Welcome to Rachel de Jongh, Jo Harris and Lily Waters who have joined the Head Office team. Welcome to those new churches who have joined KEYS in the last 12 months. May everyone involved in KEYS know the help and strength of our Lord as you strive on behalf of those who are weary and burdened by addiction.

A word from our patron



Fiona Bruce MP

"Each year we see the impact that The KEYS Project is having, not only on the lives of those they support but also on families and communities they belong to. This year, the growth and development for KEYS has been unprecedented and I am greatly encouraged to know that this growth means more and more people have access to this life changing recovery support. I am thankful for all the teams, their dedicated volunteers and the churches and organisations who partner with KEYS to continue this vital work."

INTRODUCTION



Laura Waters
Operations Director

Welcome to our Annual Report, which gives an overview of the year's achievements, milestones, and the impactful work undertaken by KEYS Community Detox in our ongoing commitment to transforming lives through our powerful recovery support programme, including detoxification from drugs and alcohol.

Over the past year, KEYS has continued to be a beacon of hope and a lifeline, offering a path for individuals seeking recovery from addiction. We understand that addiction is a pervasive issue with deep-seated roots. Subsequently, our multifaceted approach and dedication to creating a safe, supportive and compassionate environment for individuals on their journey to freedom from addiction remains resolute.

We aim to share this journey with you through these pages. This report will provide you with an insightful glimpse into our operational activities, strategies, and outcomes, highlighting the tireless efforts of our teams, the remarkable stories of those who have found hope and freedom through the KEYS programme and the progress we've made in addressing the complex challenges of an expanding and developing charity.

The success of the programme is intertwined with your unwavering support, which empowers us to make a lasting impact. Together, we strive to create healthier and more vibrant communities, where addiction is met with understanding, care, and evidence-based solutions.

Thank you for standing with us on this journey, and we invite you to explore the pages that follow to witness the change we've ignited within KEYS Community Detox and the lives we've touched.

With gratitude and determination,

Laura

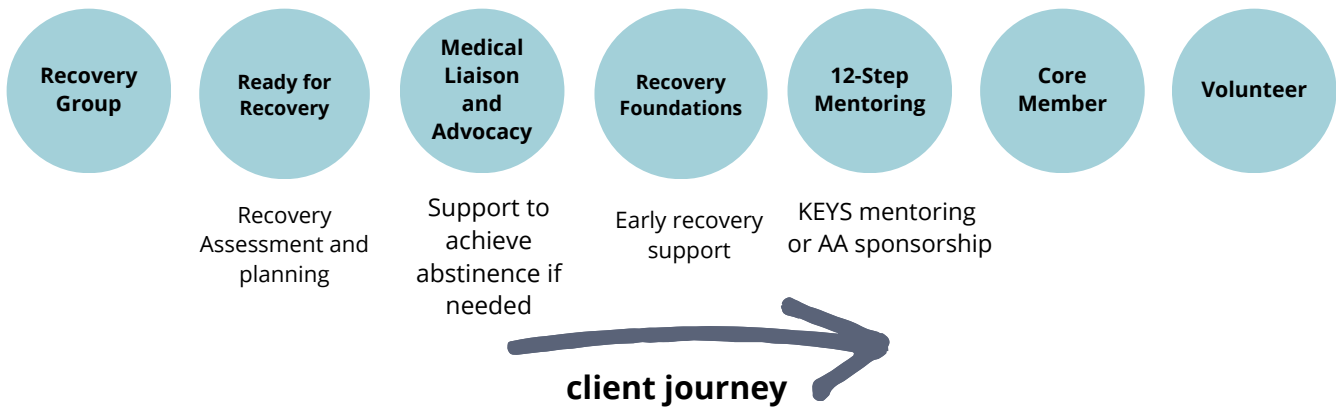
OUR MISSION AND VALUES

Our mission at KEYS is to equip churches and Christian organisations to reach their communities and support those struggling with addiction to find freedom. This support is given through the three "keys to recovery" that our programme provides: community, spiritual and medical support.

Our programme is Christ-centred, practical, and relational. We provide holistic support to address addiction, its emotional or spiritual root causes, and the ongoing impact it can have, bringing hope, healing, and lasting freedom. Our work is client-driven - we work with individuals, their local church, and their existing support networks to provide support tailored to their needs, through every stage of the recovery journey. This enables us to see lives saved and transformed, relationships restored, and helps people find new hope for the future.

HOW WE DO IT

We support people both when they are in the full grip of their addiction with individual recovery planning, mentorship and liaison with their drug/alcohol services, as well as when they have achieved abstinence, offering one-to-one support through our Christian-adapted 12-step recovery programme.



Community key



- Being part of a loving, supportive community is vital to maintaining freedom from addiction. We work with the individuals' own support network as well as connecting them with others in recovery and with their local church. The journey to freedom can be long and we remain engaged in the long term.
- Through a Christian-adapted 12-step programme, one-to-one support and recovery mentoring via experienced peer mentors.
- Our Befrienders also connect individuals with services such as financial advice, housing support, foodbanks, employment or volunteering opportunities to counter the disadvantages often connected to addiction. This increases the chance of lasting recovery.
- We also offer open online support meetings and prayer check-ins twice a week.

Spiritual key



- The heart of our approach is not only to address the symptoms but to help individuals work through the deeper issues at the root of their addiction - engaging in a spiritual route to recovery, rooted in God's unconditional love.
- Offering prayer ministry when desired, we support individuals to find inner healing as a key part of their ongoing freedom. Whilst we support those who are seeking a spiritual route to recovery, there is no requirement for individuals to be Christian.

Medical key



- KEYS offers an advocacy and liaison service for our clients and our detox programme can be provided by centres across the country. Developed by our medical team of expert NHS professionals, our proven protocols support our clients in stabilising and safely reducing their alcohol or drug consumption on a path to abstinence.
- The programme is delivered by trained volunteers, in liaison with the individual's own GP and/or drug service and overseen by our medical team.
- We also offer alternative high-level support, developing individual recovery plans for people, advocating for them, if need be, to access relapse-prevention medication. We also make use of alcohol/drug testing.

OUR IMPACT THIS YEAR

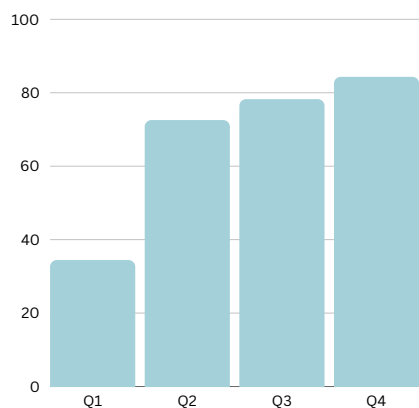


We are partnered with thirteen centres across the country and have established four new partnerships this year, alongside our online National Recovery Group (NRG). Our full recovery programme supports an individual to journey through readiness for recovery including:

- individual recovery assessment and planning
- supported controlled reduction plans for substance and alcohol misuse where required and appropriate
- recovery foundations supporting those in early recovery
- 12-step mentoring to support and maintain long term recovery

The programme can be accessed by anyone at any stage of their recovery journey.

- We have had **64** referrals this year, by individuals themselves, professionals and family/friends.
- **50** have been assigned to a centre and the remainder have been referred to the NRG, been given advice or signposted to other services.
- We have had over **1500** attendances at our recovery groups nationwide this year.
- **13** people have undergone a controlled alcohol reduction programme.
- Over **20** clients participated in structured spiritual support sessions, some of whom engaged with multiple sessions and several others engaged with other church based support.



Overall Quality of Life score totals reported by our clients for each quarter (Sep 22-23)

The KEYS Project employs a comprehensive Client Outcome Assessment Tool (COAT) to systematically evaluate the Quality-of-Life improvements resulting from addiction treatment and recovery support. The COAT assesses 10 key dimensions of Quality of Life that are particularly affected by addiction, widely recognised in the field of drug and alcohol services.

Through our KEYS Detox programme this year, we have seen an average client quality of life improvement score of **133%**.



“Through early recovery and abstinence, the KEYS National online group has become a regular part of my journey. The hosts are committed to their roles and its good to have that familiarity. The online group gives everyone the opportunity to check in and it's good to feel included because we are all seeking to maintain a sober lifestyle. It has helped me open up and the scriptures are often thought provoking. I have attended these meetings throughout different life experiences and emotions. I feel comfortable and reassured that I can attend without feeling judged.”

Client and NRG attendee

Tracy, one of our trustees, faithfully leads our weekly online ‘**check in and pray**’ session. This group is accessible to all and is an opportunity to connect with a supportive recovery community towards the end of the week, pray and enjoy connection and reflection. The aim of the group is to encourage each other to draw closer to God and to pray together about struggles and concerns that may have come up during the week. Clients often express how they feel more at peace at the end of the session, and it is a privilege to be able to share this time together.



“I came to KEYS recovery about 6 months ago and started attending the online groups which filled the void I was feeling, trying to do recovery but without God. KEYS recovery was different to other recovery programmes I had tried before as adding scripture to the meetings was powerful and I can always feel God's presence in the meetings. I started working through the 12-Step work with KEYS, which helped me have a stronger relationship with God but also helped me see where and why I was reverting back to old patterns that I am now aware of. From personal experience, after putting the drink down, I was left with a lot of trauma and unresolved past issues. KEYS Recovery step work has helped me through this and has led me on to having a passion to help others with addiction and domestic abuse and share what God has done and how He has helped me get to where I am today. I am very grateful to KEYS and everyone who is part of it.”

Recovery Celebrations 2023

Two Recovery Celebrations were hosted this year in Horsham and Seaford, with nationwide participation via Zoom. It was great to gather together for a time of testimony and celebration. Acknowledging progress is critical to the recovery journey and these events were inspiring as people shared stories. We are looking forward to our first recovery celebration in the North at the end of 2023. It has been heartening to witness individuals who were once beneficiaries of our projects remaining connected and providing peer support, inspiring hope to others on their journey to recovery.

“KEYS has helped me not only in the early stages of my recovery, showing me God's grace as I resisted the change, but, like true friends and followers of Jesus, the team have held my hand through every step of my journey. I am now coming up to 12 months clean and sober thanks to their support!”

KEYS client - Sussex



Spotlight on Keighley

This year has also seen centres join together to provide new offerings...

In August, a remarkable collaboration took place at a Sussex farm, where two of our KEYS Centres converged. During this period, our dedicated team provided support to achieve abstinence for four clients from our Keighley centre who would once have described themselves as street drinkers.

Throughout this process, campfire recovery groups were organised, uniting our Keighley clients with members of the Sussex KEYS recovery community for mutual peer support and encouragement. The cohesion and dedication of our teams was evident as they diligently delivered KEYS early recovery interventions and crafted comprehensive follow-up recovery plans for the participants.

Upon their return home, the Keighley team continued to provide invaluable support. They assisted two of the men, who were without suitable housing, to secure appropriate accommodation and the necessary financial resources for their transition. These individuals have now found stability in their new homes and are diligently working on their paths to recovery, embracing newfound freedom and a transformed life. Importantly, all participants maintain a strong connection with and active involvement in the Keighley KEYS recovery community.

The heart-warming outpouring of love and support from both the Sussex and Keighley communities, as well as dedicated volunteers, was truly overwhelming. This encompassed acts of kindness such as providing nourishing meals, offering haircuts and chiropody services, donating essential computer equipment for programme participation, arranging trips to the seaside, engaging in field games, donating tents and clothing, and the generous hospitality of the farm hosts who graciously opened up a peaceful and beautiful space for these endeavours. This exemplifies the remarkable synergy of God's church in action.

This inspiring collaborative effort underscores the positive impact that can be achieved when communities unite to support individuals on their journey to recovery, ultimately reaffirming the power of compassion and collective action.



CENTRE UPDATES

- We have formed four new partnerships with churches and organisations: KEYS Morecambe, KEYS Norwich, Voice of Hope Stoke (our second KEYS centre in Stoke), and KEYS Swansea. We eagerly anticipate the growth and impact of these KEYS Centres in their respective communities.
- Centres established and nurtured last year in Keighley, Stoke, Seaford, and Preston have demonstrated exceptional progress, offering recovery groups and providing comprehensive support through delivering the full KEYS programme.
- The Head Office team have enjoyed being able to deliver three in-person training days in Stoke, Keighley and Chesterfield and to meet the local teams. These training days have greatly enhanced what these centres can offer to the clients they support.
- We've recruited thirty-seven new volunteers.
- We've been able to support people across Eastbourne as dedicated teams in Hailsham and Seaford have come together to create an additional group, addressing a keen need for faith-based recovery options in the town. We extend our gratitude to the Kingdom Way Trust for their support in providing an ideal location for this initiative.
- We have supported the relaunch of an in-person recovery community in Brighton.

'From a church leader's point of view, KEYS Community Detox really is an answer to prayer. We have people in our community with addiction issues and many find it really difficult to get detox from local authorities because of the sheer volume of people needing it. The fact that we now do have the tools to help people stop drinking ourselves, and have helped a number break free from their addiction has been wonderful. And then of course we also now have a community to bring them into - a recovery community which has Christ at the centre and that has made all the difference. As a recovered alcoholic myself, I know how important it is to have the spiritual side of the programme.'

Rev Malcolm Mycock - St Johns Welcome Centre Stoke

National Online Recovery Group

The KEYS National Recovery Group is an online recovery community that meets every Tuesday evening on Zoom for mutual support, encouragement and for the discussion and application of key recovery ideas and tools. This is always facilitated by an experienced member of the KEYS team. The content of the National Recovery group is based on biblical and 12-step principles with plenty of opportunity to explore how we connect faith to sobriety and ongoing recovery in a way that is truly effective and sustainable.

In the three and a half years that the NRG has been operating, a number of people have started their recovery journey in the online group, going on to sustained sobriety, increased faith and connection. A number have also gone on to become core members and mentors with KEYS. Others have found the group to be a lifeline at challenging moments in early recovery, knowing there is a community not connected to their locality but with people ready to listen, support, pray and help them to find the help that they need. We have been delighted with the feedback from NRG participants on the difference it has made to their recovery journeys.

OUR STRATEGIC PARTNERSHIPS

Ashburnham Memorial Tree

We have been blessed by the hospitality and support of Ashburnham Christian Trust and are particularly grateful to them for allowing us space to plant a memorial tree in loving memory of members of our KEYS community who were dearly loved and deeply missed. Loved one and friends are welcome to visit the prayer labyrinth in the beautiful and peaceful grounds of Ashburnham where the tree is planted.

'My peace I leave with you, my peace I give unto you.'
John 14:27



Cinnamon Network

Following on from the update in the midterm report, our management team have completed the two-year Cinnamon Network incubator programme, building critical organisational knowledge across finance, HR, governance, leadership, marketing and promotion.



*Incubator
Graduate*

This will be integral as we grow over the upcoming year and has proven to be a well-timed and valuable endeavour. We have benefitted greatly from connecting with peers also running other social action projects across the country and have signed up for the Alumni Stream in 2024.

Big Green Heart

We understand that at the root of addiction there is so often deep emotional pain. Addressing this pain, dealing with resentments and the lasting scars of painful life experiences plays a significant part in finding freedom from addiction. The Big Green Heart is a very effective, gentle and supportive tool that KEYS has adopted. It can be used effectively by people who have a Christian faith and also by those who don't.

Big
Green
Heart



KEYS volunteers have accessed training to become practitioners in the Big Green Heart (BGH). We are thankful to The Big Green Heart for their thorough and robust training, support to our volunteers, the sessions our clients have been able to access and for their partnership and collaboration with KEYS.

Live From Rest



Live from Rest is a resource to support people to develop the practice of mindfulness and meditation, widely recommended by Mental Health Practitioners and key to 12-step recovery work. We are delighted to have partnered with Live from Rest as this will help strengthen the recovery focused content on Live From Rest and will enable us to share helpful resources between KEYS and Live From Rest.

ISAAC International



We are now a member of ISAAC International (International Substance Abuse and Addiction Coalition). This connection is incredibly beneficial for our growth in the addiction and recovery field. This August, members of our HQ team attended ISAAC training with a view to developing this useful training resource for our Centre Managers to access as part of their continued professional development.

We are keen to continue to be part of the ISAAC regional networks as we believe these connections will enhance our local partnerships with other Christian organisations, providing support in both the North and South of England.

Jubilee Plus

Jubilee Plus is a national charity with a mission to equip UK churches to change the lives of those in poverty in their communities. We remain grateful for our connection with Jubilee Plus who continue to inspire and equip us to support and serve those in our communities who are often marginalised.



Meet the team



Steve Smith
CEO



Laura Waters
Operations Director



Richard West
Financial Consultant



Lilly Waters
Service Manager
Social media and Comms



Tom Phelan
National Programme Lead



Rachel de Jongh
Fundraiser and Administrator



Jo Harris
Admin Assistant

THE YEAR AHEAD

As we embark on the next financial year, we carry with us a sense of hope and anticipation, especially for those individuals we support on their recovery journey. The upcoming year promises exciting opportunities as our new centres take root, and our existing ones mature and expand. KEYS is poised to journey alongside more individuals than ever before.

We are dedicated to meeting the increasing demands as a growing and thriving charity, continually refining our strategy to navigate the evolving landscape. With growth comes new opportunities in diverse areas, accompanied by fresh challenges. To address these challenges, we will continue to develop comprehensive strategies.

Annually, we review our policies and procedures, focusing on specific areas to achieve excellence. Our 2024 goals include:

1. **Operational Guidance and Policy:** Further developing our volunteer training programme and guidance to ensure volunteers are well-equipped, confident, and supported, catering to diverse learning styles and professional backgrounds.
2. **Service Delivery:** Building upon our client recovery pathway, ensuring that each client who wishes to do so, can take advantage of all aspects of the full KEYS programme. Advancing our protocols and systems to excel in record-keeping, ensuring consistency and maintaining high-quality service delivery for an enhanced client experience.
3. **Safeguarding:** Striving for excellence in safeguarding vulnerable adults, ingraining it into the very fabric of who we are. Our goal is to create exceptionally safe spaces for individuals to heal and thrive.
4. **Equality and Diversity:** Ensuring accessibility for all, with a special focus this year on those with learning needs. Our commitment to equality and diversity remains unwavering.

In addition to these focused projects, keep an eye out for our upcoming new brand identity and the reveal of our new KEYS Project logo.

Finances and Fundraising

As we grow and continue to endeavour to meet the ever-increasing need of addiction support, so our funding needs grow. Our strategy for this year focuses on becoming less dependent on grant funding. Whilst our fundraising target for 2023-2024 is £84,400 and we will be seeking grant funding, we want to be able to grow a more stable and secure funding source of regular individual donations alongside other new funding options.

We intend to launch a new fundraising campaign with a focus on increasing regular individual donations. Our QR code can be used to help supporters set up a donation. The KEYS Project website will soon be developed to make it easier for supporters to undertake fundraising activities on our behalf. We are set up as a charity for Go Fund me campaigns and Facebook birthday fundraisers that anyone can undertake on behalf of KEYS. Our head office team are equipped and able to help anyone create a fundraising campaign.



OUR HEARTFELT GRATITUDE

As we reflect on the past year, we extend our deepest gratitude to all our donors, grant funders, and partners who have been pillars of support for KEYS. Your generous commitment to our work has made a profound impact, enabling us to carry out our mission and make a positive difference in the lives of those we serve. Your financial support has been instrumental in bringing hope, healing, and opportunities to individuals in need. It is through your generosity that we can continue to grow and make our programme available in new locations.

To our donors, who faithfully contribute to our work, your contributions, whether big or small, have collectively formed the backbone of our success.

To our grant funders, who have recognised the value of our endeavours, thank you for entrusting us with the resources to bring about meaningful change.

To our partners and to our volunteers, partner churches and organisations who stand beside us in our endeavours, thank you for your dedication, collaboration, and collective efforts. Together, we have forged strong alliances that enhance the impact of our work.

We thank those who pray with us and for us. This forms the foundation and bedrock from which our work flows.

As we express our gratitude, we also acknowledge the responsibility that comes with your trust. We are committed to transparency and accountability, ensuring that we steward our resources well and efficiently to fulfil our mission.

In the coming year, we look forward to continuing this journey together, united in our commitment to making a positive impact on the lives of those we serve. Once again, thank you for making it possible.

We extend a special thanks to all the children of Lottie's family who chose, in their grief, to do a sponsored walk to benefit KEYS in loving memory of Lottie, a mum, auntie, nana, sister and daughter. Please join us in continuing to pray for them.



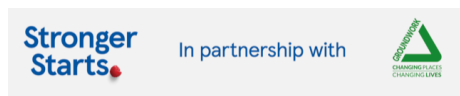
Thank you



The Anchor Trust



GOODNEWS
Evangelical Mission



We love to connect with our supporters by sharing updates and prayer needs, and if you would like to be added to our mailing list, please let us know by emailing admin@keysdetox.org. If you would prefer not to receive annual reports, you can tell us, along with any communication preferences, by contacting us at admin@keysdetox.org.

GOVERNANCE INFORMATION

Organisation Type

Charitable Incorporated Organisation

Governing Document

The Constitution of The KEYS Project

Charitable Objectives

The objectives of The KEYS Project as recorded within its constitution are as follows:

'To relieve persons suffering from drug and alcohol misuse through a programme of detoxification and rehabilitation in order to help preserve and protect their good health in accordance with Christian principles.'

Recruitment and Appointment of Trustees

Trustees are recruited and appointed by the existing Board of Trustees and are representative of medical professional, business and charitable Christian service backgrounds.

Trustee Induction and Training

Our Trustees Induction Policy includes the completion of Code of Conduct and Trustee Eligibility Agreement and Conflict of Interest Declaration. Trustees are also required to agree to our Data Protection Policy and complete a DBS check.

Investment Policy

The KEYS Project does not have any investments.

Registration History:

Registered 18th October 2013
Registered Charity Number: 1154263

Registered Address:

The KEYS Project
c/o ChristChurch
Ropemaker Park
Hailsham
BN27 3GY

Trustees:

Dr Keron Fletcher - Chair
Mr David Barratt
Mrs Priscilla Smith
Ms Tracy Clarridge
Mr Llewellyn Ramos
Ms Audrey Tan-Ramos

Project Director:

Dr Stephen Smith

Operations Director:

Mrs Laura Waters

Accountants for Independent Examination of Accounts:

Caladine Ltd.
22 Upperton Road
Eastbourne
East Sussex
BN21 1BF

Bank:

CAF Bank
25 Kings Hill Avenue
Kings Hill
West Maling
ME19 4JQ

Report signed on behalf of the Trustees by:



**THE KEYS PROJECT
(KEYS COMMUNITY DETOX)**

RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2023



THE KEYS PROJECT
FOR THE YEAR ENDED 31 AUGUST 2023

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CHARITY INFORMATION

Trustees

Mr David Barratt
Mrs Priscilla Smith
Dr Keron Fletcher (Chair)
Mr Llewellyn Ramos
Mrs Audrey Tan-Ramos
Ms Tracy Clarridge (appointed 15/09/2022)

Charity number

1154263

Address

The KEYS Project
C/O Christ Church, Unit G1-G2
Ropemaker Park
Hailsham
East Sussex
BN27 3GY

Independent Examiner

C J Dadswell FCA ACCA
Caladine Limited
Chartered Certified Accountants
Chantry House
22 Upperton Road
Eastbourne
East Sussex
BN21 1BF

I report to the charity trustees on my examination of the accounts of The Keys Project ('the CIO') for the year ended 31 August 2023, which are set out on pages 3 to 5.

Responsibilities and basis of the report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance

I report in respect of my examination of the CIO's accounts carried out under section 145 of the Act. In carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C J Dadswell FCA ACCA DChA
Caladine Limited
Chartered Certified Accountants
Chantry House, 22 Upperton Road
Eastbourne, BN21 1BF

Date: 31/01/2024

Receipts and Payments Account

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>
	<u>Funds</u>	<u>Funds</u>	<u>2023</u>	<u>Funds</u>	<u>Funds</u>	<u>2022</u>
	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>
<u>Receipts</u>						
Gifts and donations	50,156	-	50,156	37,316	-	37,316
Grants received	61,550	6,550	68,100	61,800	9,883	71,683
Partnership Fees	10,165	-	10,165	9,425	-	9,425
Interest Received	71	-	71	3	-	3
<u>Total Receipts</u>	<u>121,942</u>	<u>6,550</u>	<u>128,492</u>	<u>108,544</u>	<u>9,883</u>	<u>118,427</u>
<u>Payments</u>						
Payroll Costs	90,092	6,150	96,242	75,574	850	76,424
Staff Travel and Training	2,363	1,050	3,413	3,034	2,614	5,648
Volunteer Costs	898	700	1,598	928	114	1,042
Service Delivery Costs	3,582	-	3,582	418	455	873
Office and IT Costs	4,067	-	4,067	3,257	-	3,257
Professional Fees	900	-	900	828	-	828
Fundraising and Event Costs	1,126	-	1,126	3,056	-	3,056
Media and Publicity	1,527	-	1,527	686	-	686
<i>Sub Total</i>	<u>104,555</u>	<u>7,900</u>	<u>112,455</u>	<u>87,781</u>	<u>4,033</u>	<u>91,814</u>
<u>Other payments</u>						
Loans repayment to an external funder	-	-	-	11,900	-	11,900
<u>Total Payments</u>	<u>104,555</u>	<u>7,900</u>	<u>112,455</u>	<u>99,681</u>	<u>4,033</u>	<u>103,714</u>
Net Receipts / (Payments)	17,387	(1,350)	16,037	8,863	5,850	14,713
Cash Funds at 1 September 2022	25,879	5,850	31,729	17,016	-	17,016
Cash Funds at 31 August 2023	<u>43,266</u>	<u>4,500</u>	<u>47,766</u>	<u>25,879</u>	<u>5,850</u>	<u>31,729</u>

Statement of Assets and Liabilities

<u>Cash funds</u>	31 Aug 2023	31 Aug 2022
	£	£
CAF Cash Account	45,899	31,481
Spending Account	1,867	248
	47,766	31,729
 <u>Liabilities</u>		
Accrued expenses	960	1,101

Approved by the Trustees on 30/01/2024 and signed on its behalf by



Dr Keron Fletcher
Chair of Trustees

Notes to the Financial Statements

1 Accounting Policies

The Financial Statements have been prepared on a receipts and payments basis in accordance with Section 133 of the Charities Act 2011.

2 Funds

Unrestricted funds are income funds which are to be spent on the Charity's general purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used.

3 Related party transactions

None of the trustees received any remuneration or were reimbursed out of pocket expenses during the

4 Restricted funds

	b/f	Income	Expenditure	Transfers	c/f
Centre running costs - payroll	5,500	4,800	(6,150)	350	4,500
Volunteer Training	-	1,050	(1,050)	-	-
Centre testing kits	350	700	(700)	(350)	-
	5,850	6,550	(7,900)	-	4,500

Centre Running Costs - Represents monies given to aid in running KEYS various centres.

Volunteer training - Represents monies given for volunteer training.

Centre Testing kits - Represents monies provided for testing kits.

5 Change of Cost Analysis

The receipts and payments account analysis for the comparative period has been restated and therefore differs from the original filed 2022 financial statements. The revised headings more closely follow the reporting requirements of both the charity and its funders.



Unlocking Freedom from Addiction