

KEYS COMMUNITY DETOX

The KEYS Project

Registered Charity No. 1154263

Annual Report 2022

Including
Independently Examined Accounts for
Financial Year Ended 31st August 2022



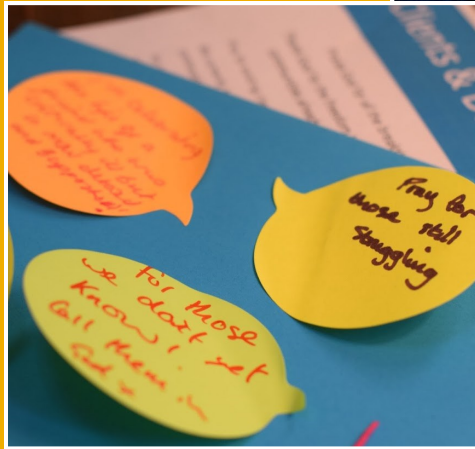
Unlocking Freedom from Addiction

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Unlocking Freedom from Addiction



OUR MISSION & VALUES

Our mission at KEYS is to equip churches and Christian organisations to reach their communities and support those struggling with addiction to find freedom. This support is given through the three “keys to recovery” that our programme provides: **medical**, **spiritual**, and **community** support.



Our programme is *Christ-centred*, *practical*, and *relational*. We provide holistic support to address physical addiction, its emotional or spiritual root causes, and the ongoing impact it can have, bringing hope, healing, and lasting freedom. Our work is client-driven - we work with individuals, their local church, and their existing support networks to provide support tailored to their needs, through every stage of the recovery journey. This enables us to see lives saved and transformed, relationships restored, and helps people find new hope for the future.



INTRODUCTION



DR STEVE SMITH
PROJECT DIRECTOR

The world is so full of pain, yet much of it is on our doorstep. At the time of writing, our newsfeeds tell of devastation and trauma from floods, from war and from famine. Yet there is also much anguish and despair amongst those in our own communities who are trapped in seemingly hopeless cycles of addiction.

For that reason I celebrate the privilege we have at KEYS to be able to minister to many who are crying out for relief from their particular pain. Now into our ninth year, our teams continue to see wonderful results, as those we seek to serve find their hearts healed in encountering the reality of the love of God alongside the support of caring and loving communities.

Russell Brand said these words: “The priority of any addict is to anaesthetise the pain of living to ease the passage of the day”. We often need to remind those around us, in our churches and beyond, that addiction cannot simply be explained as the result of some poor choices. Rather, it is much more a reflection of heartbreak that reveals a soul needing to find healing balm; and how healing it is to fully enter into the truth of God’s infinite love and mercy.

I am so grateful to the HQ and church teams that so faithfully support the work of KEYS. In the pages of this report you will read wonderful stories of hope, in addition to encouraging statistics that have only been made possible by the faithful service of both staff and volunteers. I am also profoundly grateful to God for those that have resourced our work. Individuals, churches and grant-making trusts have demonstrated wonderful generosity. This has all worked together to build KEYS into an invaluable resource for the Church.

I trust you will be blessed as you read on.

VIEW FROM THE CHAIR

In the gospel of John, in chapter 5, Jesus meets a man who has been unable to walk for 38 years. In replying to Jesus’s question “Do you want to get well?”, the man explains that he does, but “I have no-one to help me”. Jesus helped him. That was not an isolated event as Jesus continues to help desperate people get well not only through the care and concern offered by KEYS staff and volunteers, but also by giving new life to people who have been without hope in this world.

The work of KEYS continues to expand. One exciting development this year was a trip to India for Dr Steve and his wife Lucinda. There is great need in that country and we wait to see if there will be openings for KEYS to help.

As Trustees we remain deeply grateful for the dedicated efforts put in by all KEYS workers who give of their time and energy to helping people on the front line. We don’t forget those who work in the background either, making the organisation function efficiently and effectively and to whom we are indebted. We thank Doug Curties for his past chairmanship of the Board of Trustees and wish him well for the future. We will miss his wisdom and great sense of humour. We are pleased to welcome onto the Board Llewellyn Ramos and Audrey Tan-Ramos, who will undoubtedly bring fresh and valuable insight and support to the ongoing work of KEYS.

We entrust the work of KEYS to the Lord, who we pray will strengthen and equip it, and provide for all its needs.



DR KERON FLETCHER
CHAIR OF TRUSTEES

OPERATIONAL OVERVIEW

After two difficult years due to the pandemic, this year has been refreshing as our centres have opened up and new centres are in a position to get started. Being able to meet in person and reconnect has been a great blessing and has given us fresh energy and vision. Despite the challenges, KEYS has emerged stronger than ever and in a good position to move forward and reach more people. This is the result of God's grace, the dedication of the staff and volunteers and the generosity of our faithful supporters. We are thankful for God's provision.

Our KEYS centres are based within or linked to local churches in areas across the UK, where clients are supported by Detox Coaches and Befrienders, supporting clients through their detox journey, running weekly recovery groups, developing recovery plans, providing prayer support and helping them to get connected with their church and local community. Clients who do not live in the area of a KEYS Centre can access our online National Recovery Groups and receive additional remote support and encouragement.



LAURA WATERS
OPERATIONS DIRECTOR

We have opened three new centres this year and welcome teams from Stoke, Chesterfield and Preston, and are pleased to have welcomed back our Portsmouth team. It is also great to be in conversation with a number of other churches who are exploring a partnership with us. Our partnership in Thetford was put on hold this year as we wished Nigel, Glenda, and Bridget all the very best in their retirement. This was a great opportunity to reflect on the dedication they have shown to supporting those struggling with addiction over the years. We look forward to relaunching KEYS Thetford in the future if it is right to do so.

It is a great privilege to continue working with the Cinnamon Network as part of their two year Incubator Project. This is a brilliant programme supporting Christian social action projects to develop and replicate in churches throughout the UK. We also continue to enjoy our connection with ISAAC, Jubilee Plus and The Recovery Course. We are thankful to have such a wealth of great networks to share with and learn from.

This year we have seen our medical team grow, allowing us to further support clients who require detoxification and high level support without the need for residential or inpatient treatment. This enables clients to remain living and functioning in their own homes and communities, whilst engaging in their ongoing recovery journeys with support from their local KEYS team.

We have finished this financial year in a stable position. We are grateful for the strategic planning and direction of Richard West, our financial consultant, in enabling us to keep a clear focus on our budget position and needs for the future, and further developing our financial systems and policies. In this climate of financial uncertainty we are incredibly grateful for his input and direction.

Tom Phelan, who has been running our KEYS National and 12 Step Mentoring programmes, is joining our Head Office team in a part time role as Regional Manager. Tom will be expanding this role later in this year and will be supporting our teams as well as continuing his existing work. Tracy Clarridge, who has supported the KEYS National Recovery Group following her own recovery journey with KEYS, will be joining the Board of Trustees in due course.

I hope you enjoy reading our Annual Report and that you will join us in celebrating the stories of freedom found and the courage and determination of our clients. It is an honour to journey with them.



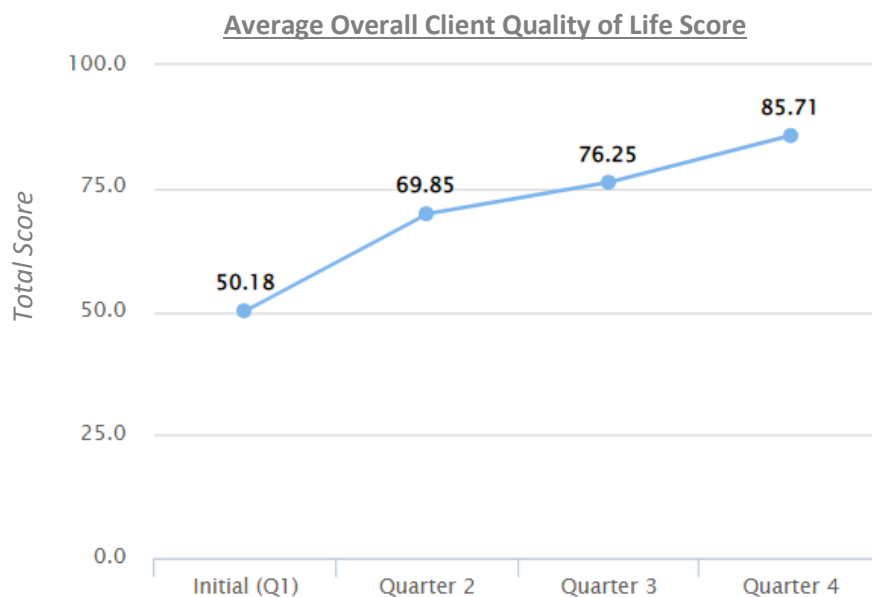
RT. HON FIONA BRUCE MP

A WORD FROM OUR PATRON

It was brilliant to have had the opportunity to meet with the KEYS team in person this year, and hear first-hand some of the amazing stories of lives being transformed through the work of this programme. It is a pleasure to see KEYS continuing to grow and develop, making a real difference in the lives of individuals, families and communities across the UK, and hopefully beyond! I wish the team every success in the year ahead as they continue to provide this vital and life-changing service.

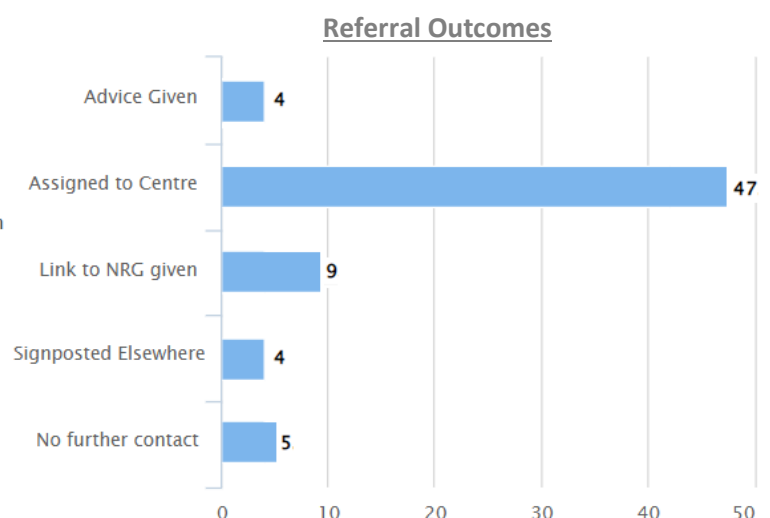
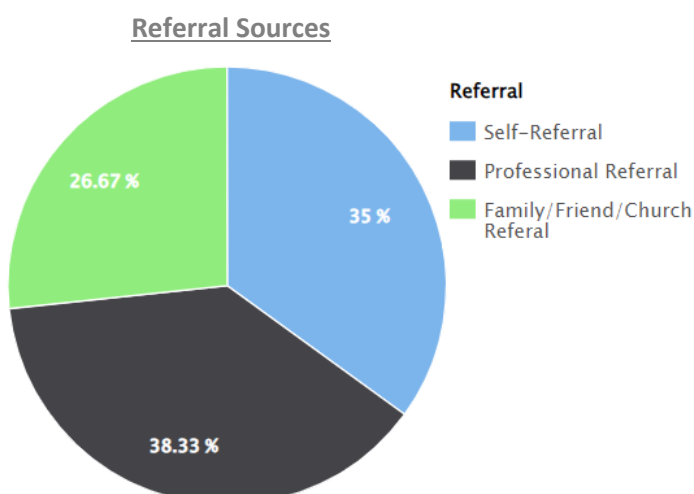
CLIENT OUTCOMES

We monitor our client progress and outcomes using our Client Outcome Assessment Tool. This allows us to see progress throughout the stages of their recovery journey, across 10 areas of life commonly impacted by addiction. These are: drug and alcohol misuse, physical and mental health, relationships, financial situation, accommodation, meaningful use of time, community involvement, and offending. Clients are asked to score how they feel they are doing in these areas from 1-10 under the following guides: 1-2 hopeless, 3-4 accepting help, 5-6 good and bad days, 7-8 progressing well & 9-10 freedom. These scores are totalled to give an overall "Quality of Life Score". We do this at the beginning of a client's journey with us, and repeat this process periodically (typically every 3 months) throughout the year. The graph below shows our collated data across all of our clients since September 2020. We are pleased to show an average Quality of Life Score improvement of 71%. The improvements our clients have experienced as a result of working with our teams are shown throughout this report.



Average
Quality of Life
Score
Improvement:
71%

This year we have received record numbers of referrals and enquires. For many people, we are able to connect them with either a local KEYS team or the National Recovery Group (NRG) as we begin to work with them on their recovery journey. Where our support may not be appropriate, or for those who contact us with concerns for a loved one who may not be reaching out for support themselves, we offer advice and signposting to other services such as local drug or alcohol services or inpatient facilities that are more suited to their needs. We work with many professionals who refer to us, including GPs and Adult Social Care. Many of our existing clients also share about KEYS to friends struggling with addiction, encouraging them to attend recovery groups and help them get connected with our teams. The below graphs show our referral sources and outcomes throughout the last year, and we are pleased to share that the majority of those we support are able to be assigned to a KEYS Centre, including those who are consistently engaged with the National programme.





MEDICAL SUPPORT

Our Detox Coaches are trained to support individuals through a process of safe stabilisation and reduction from drugs or alcohol, using expertly developed protocols. These protocols can allow individuals to detox without the need for additional medication, while remaining in the community. All detoxes are overseen by our Medical Team of trained NHS professionals, and are undertaken in liaison with the individual's own GP or drug/alcohol clinic. For those not in need of or who have completed detox we offer additional high-level support alongside our ongoing spiritual and community resources. This can include for example, organising and supervising relapse-prevention medication (prescribed by their GP), or arranging for drug-testing as part of a client's Personal Recovery Plan.

Our Medical Team

Clients are supported by our brilliant volunteer Medical Team who work alongside Steve to support clients safely through detox, and to provide advice and advocacy to client's GPs or local drug and alcohol service.



DR STEVE SMITH
MEDICAL DIRECTOR



DR DAVID METSON

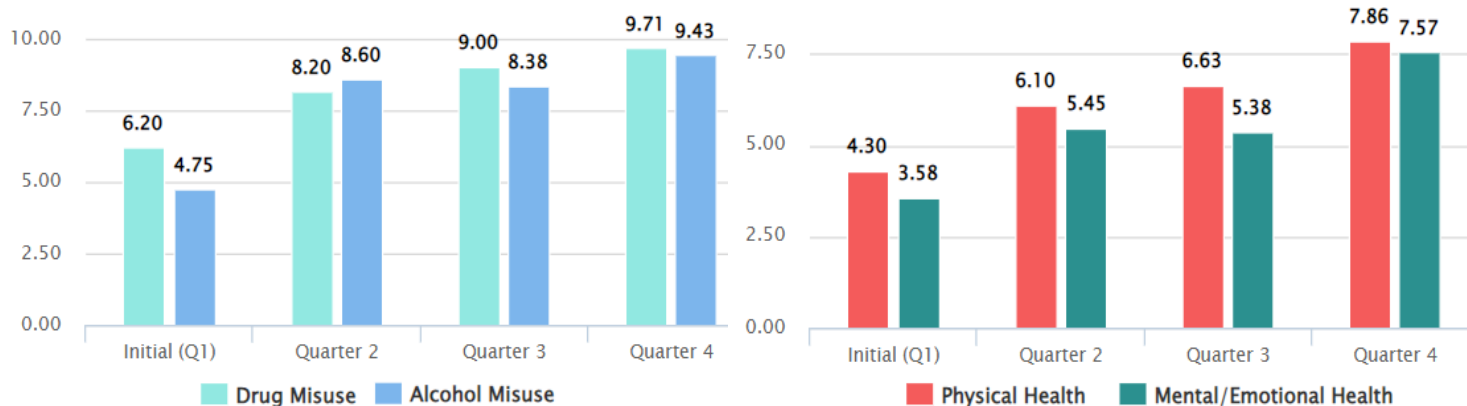


DR JENNY KATSONI

"I have been helping with KEYS for around a year and found it to be rewarding. I feel I am a small but important cog in the chain needed to help people struggling with addiction become sober. My role has been to advise the client on the rate at which they can reduce their alcohol and encourage them to take the advised vitamins. It has been great to be able to learn from more experienced medical colleagues like Steve and others like Laura, too." - David

The graphs below show how clients scored from 1-10 how they feel they are doing in the areas of drug misuse, alcohol misuse, physical health and mental/emotional health. By comparing how clients scored at the beginning of their recovery journey and approximately one year after receiving support, we are pleased to share that clients have on average reported improvements of: 98.5% in alcohol misuse, 56.6% in drug misuse, 111.5% in mental health and 82% in physical health.

Average Client Scores as of 31st Aug 2022



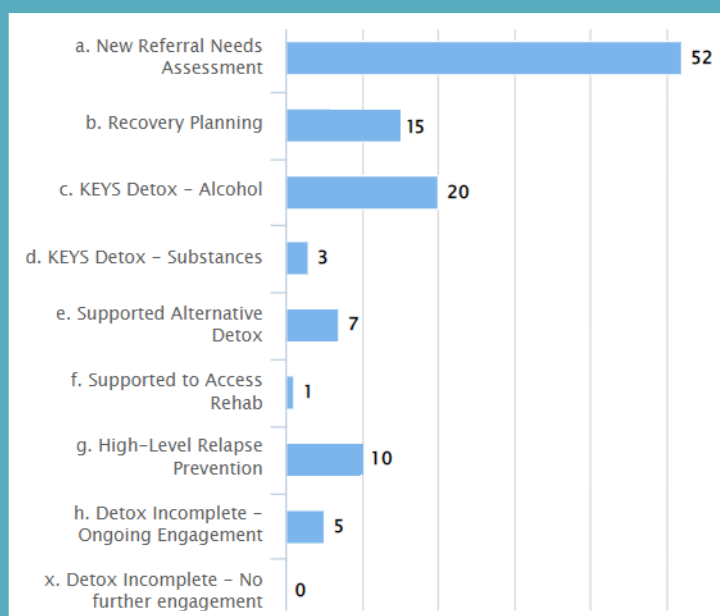
Client's Average Reported Improvement

Alcohol Misuse:
98.5%
Drug Misuse:
56.6%

Mental Health:
111.5%
Physical Health:
82.8%

Support Provided

There are a number of different types of support clients can include in their recovery plans. The graph below shows a summary of some of the recovery activities clients have accessed this year.



a. New Referral Needs Assessment includes liaising with the individual, their GP or drug and alcohol service, and their existing support network (such as loved ones or their local church) to determine what support they require and if our programme would be suitable.

e/f. Sometimes a community-based detox is not appropriate, so we support individuals to connect with other services such as inpatient treatment, or support detoxes while in hospital, and provide them the necessary support as they prepare to enter and leave treatment.

g. This support includes helping to arrange and supervise taking relapse-prevention medication.

h/x. National statistics 2020-21 show that only 50% of individuals in drug and alcohol treatment exit after successfully completing their treatment. Comparatively, we have not seen any clients seeking high-level support disengage with our programme before completing detox. The small number of clients who have not successfully completed detox have continued to be well supported by our teams.

Data for 1st Sept 2020—31st Aug 2022

ALASDAIR'S STORY - PART 1

For me, taking the pills was an escape. Escape from the pain of a life that was very, very hard. I realised I needed to do something about it and I had turned to KEYS and started interacting with Steve and Tom.

I'm so grateful to God for your intervention and particularly for the way that I was carried through that whole time when I went through hospital admission - your advocating for me with the doctors there at the hospitals to detox, as it is very difficult for hospitals to administer what is needed for a proper detox. I am so grateful that you are able to do that for me, to start me on a gradual detox. When I came out of hospital for 5 days later you liaised with my doctor for me again and got the doctor to prescribe codeine for me for about 9-10 weeks for a gradual reduction which is amazing. I'm so thankful that you were able to step in...



SPIRITUAL SUPPORT

The heart of our approach is overcoming addiction not only to address an individual's practical needs but to also help them work through the deeper issues at the root of their addiction. Addiction is often rooted in deep, emotional pain. Only through addressing this pain in a safe and supported way can lasting freedom be found. Many people are already on or are open to a spiritual route to recovery, and we believe in a God of unconditional love and acceptance and it is this love that motivates everything we do at KEYS. We believe that through Jesus, healing and restoration can be found. There is no requirement for individuals to be Christian to receive our support. Through the use of a Christian-adapted 12-step programme delivered through weekly recovery groups and 12-Step mentoring, one-to-one support, and prayer ministry when desired, we support individuals to find inner healing as a key part of their ongoing freedom.

CHRIS' STORY

When I first reached out to KEYS, I was hopeless, even having had previous recovery and knowing there was a way out. Once I'd connected with the local KEYS team, early recovery was a period of repair and restoration and being willing to engage with all the help on offer. I'm now finally doing everything that was suggested for my recovery so I feel completely free for the first time in my life even though this is not my first time in recovery. It's hard to put into words the difference KEYS has made. Taking a broader view of addiction and using biblical principles in the solution has made all the difference in my recovery.

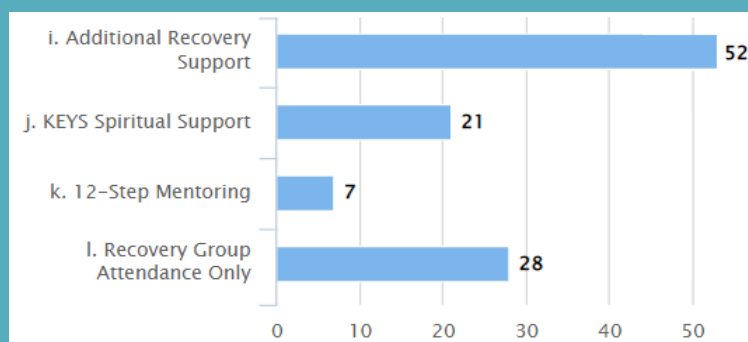
Clients seeking a spiritual route to recovery have access to various one to one support. The KEYS Prayer Ministry and 'Big Green Heart' sessions help individuals find greater freedom by addressing issues such as unforgiveness and resentment, and to find healing from past hurts. The KEYS Prayer Ministry is led by experienced facilitators who have worked with KEYS for several years. Clients who have a faith benefit greatly from these one to one sessions. The Big Green Heart is a programme of one-to-one support sessions focused on identifying emotional burdens and finding freedom through forgiveness. This is a brilliant tool that has been utilised in schools and soon to be used in prisons, and is greatly beneficial for those who do or do not have a faith. Alongside these ministries, clients also have the opportunity to work through the KEYS Help in Finding Freedom course and 12-Step Mentoring.

Our 12-Step Mentoring programme is facilitated by those who have their own experience of the 12-Step process and who are able to lead others through sustainable and solid recovery. We are delighted to welcome Chris onto the 12-Step Mentoring Team following his own journey through the steps. We are grateful to Tom, Tracy and Jo who have all played a significant part in developing and establishing our 12-Step Mentoring programme this year. We look forward to welcoming others to this team as more clients continue to work through the steps and seek to pass on to others what they have learned through their experiences.



The Big Green Heart session I had came just at the right time for me. Since managing to stop drinking six weeks before, I was struggling with deep emotions I couldn't quite understand. My session gently helped me to identify what these feelings were and what they were about. I was supported to work through these and to allow God to show me what it meant to be forgiven and to lead me into being able to forgive others and myself. It felt like such a safe and healing time and I continue to live in the good of the healing and freedom I found during that session." - AS, Hailsham Client.

Support Provided



i. Additional Recovery Support includes Befriender support, Recovery Planning, support to engage with church, and other courses that run in addition to weekly recovery groups.

j. KEYS Spiritual Support includes activities such as prayer ministry support, Big Green Heart sessions, and the Help in Finding Freedom and Freedom in Christ courses.

l. Our recovery groups are also open to those maintaining stable recovery or who do not need or desire more focused one-to-one support.

Data from 1st Sept 2020—31st Aug 2022

It is widely recognised that spirituality is a major factor in successful recovery for many, particularly as part of the 12-Step Program developed by Alcoholics Anonymous. This was originally created based on Christian principles and is now used worldwide by numerous different addiction recovery fellowships and programmes. The 12-Step philosophy recognises the need for surrender to a “Higher Power” as a vital to the recovery process, which we recognise at KEYS as the God of the Bible (Jesus). Principles of seeking forgiveness, prayer, gratitude, community and serving others—key biblical teachings—are widely encouraged as part of the recovery journey.



Research into the impact of faith on addiction recovery highlights three key benefits provided by being part of Christian addiction recovery programmes: safety, identity, and belonging.¹ Through understanding God’s unconditional love and freedom from judgement and shame, individuals can feel safe to explore the deeper, more painful issues in their lives which surround their addiction more openly and without fear. This is instrumental in allowing people to truly explore and process these issues and decreases the desire to depend on their addiction to provide the emotional regulation they would otherwise be seeking. The genuinely loving support, grace, and accountability found in a committed recovery community, a renewed sense of self-worth and purpose, and the opportunity for forgiveness and spiritual empowerment offered by Christian programmes makes an enormous difference in preventing relapse and improving the lives of those struggling with addiction.

ANNA’S STORY

Anna had had a problem with alcohol for a long time, and eventually moved from drinking to using drugs instead. Eventually she knew her drug use was out of control and she needed help. She had been in therapy to try and tackle her mental health difficulties, but still felt hopeless and was found it very hard to maintain relationships with others. Anna knew her drug use was causing physical damage to her body and it could not continue. In all, she was suffering, and felt hopeless before reaching out to KEYS for help.

In just the first few months of working with KEYS Anna has been able to get a handle on her drug and alcohol use and is already feeling physically healthier, and is no longer struggling with the extremely low feelings she was battling before. She is in a better position financially, too. Anna has found community through attending her KEYS group, has been going to church for the first time and has met new people, with a new desire to build relationships with others. Anna is hopeful that things will continue to improve. Anna shared that she hadn’t been looking for a faith-based recovery group - just any help at all - when she came across the KEYS website. She only found out it was a Christian group when she connected with a member of the KEYS team - so this journey towards God was unexpected.

She shares: *"I'm really grateful for being led back to God and building a relationship with Him. It's been great to learn so much in the group and I'm really glad to have found this path."*

1. Martin Howe (2019): Transformed thinking: steering into addiction recovery, Practical Theology, DOI: 10.1080/1756073X.2019.1674544



COMMUNITY SUPPORT

We understand that being part of a loving, supportive community is a vital part of maintaining freedom. At KEYS we build this community through: working with the individuals' own support network, connecting them with others in recovery, engaging with their local church, and accessing other support in their local area. Through our programme individuals can find friendship and belonging among peers and supporters, and be supported to get connected with their local church for fellowship and ongoing spiritual development. Our Befrienders can help individuals to connect with local community services such as financial advice, housing support, and accessing foodbanks. This helps to address the areas of disadvantage often associated with addiction and increases the chances of sustained recovery by allowing individuals to make lifestyle changes to support lasting freedom.

Recovery Communities

One of the most important aspects of a KEYS Centre is a Recovery Community. Throughout the week our teams across the country run recovery groups and create spaces where people can get together to support one another. Many of our clients recognise the benefits of being able to journey alongside others, with hope, encouragement and acceptance, knowing that they are not alone.

Our team in Darlington (Roots in the Community) have been running The Recovery Course, Recovery Support Groups and drop ins. Our Hailsham and Horsham teams both have thriving Recovery Communities that meet once a week. Nigel ran a men's group at a farm in Thetford until he retired this summer. David's group in Everton continues to run the Crossroads Liverpool meetings and Malcolm and Sally in Stoke are supporting a Recovery Community there with plans to establish other groups in the area. There is also a thriving Recovery Community in Portsmouth. We are looking forward to our Preston, Chesterfield and Brighton Recovery Communities launching soon. For those outside of the areas where we have a KEYS centre, our KEYS National Online group meets twice a week. This group also acts as an additional recovery support group for those who attend our local groups.

Recovery Planning

We continue to use and develop our KEYS Recovery Planning tool. For clients requiring support in addition to recovery group attendance we are able to help them look at recovery in a holistic way and create an individualised and self-directed recovery plan. This can include topics such as health and wellbeing, relationships, triggers, accountability and testing, spiritual support, relapse prevention and additional recovery support.

Community

As part of supporting clients to build Recovery Capital (factors that help people access and sustain good recovery) our teams support people to access other community and church-run organisations. This year our Befrienders have supported clients to access foodbanks, debt support, benefit help, bereavement counselling, mental health services, voluntary work and employment services. We encourage our teams to be well connected with local agencies and other charities to help meet the varied needs of our clients.

ALASDAIR'S STORY - PART 2

...[One KEYS Volunteer] has been a real ray of hope for me. I'm so grateful for the support KEYS has given. Life is hard but I know right now that I feel stable and I'm able to manage the thoughts that run away with me. I'm able to reel them in and keep a godly focus on those problems and a lot of that help has come from my [Recovery Group] meetings on Tuesday night and chatting with my lovely Christian addict friends. Days are still hard, and if I thought about all the things [in my past], I would give up and go back to drink and drugs, but I'm able to stay in the present thanks to the support of the group each week and I wouldn't miss it for anything.

Client's Average Reported Improvement

Family & Relationships:
72.8%

Finances:
73.4%

Accommodation:
31.6%

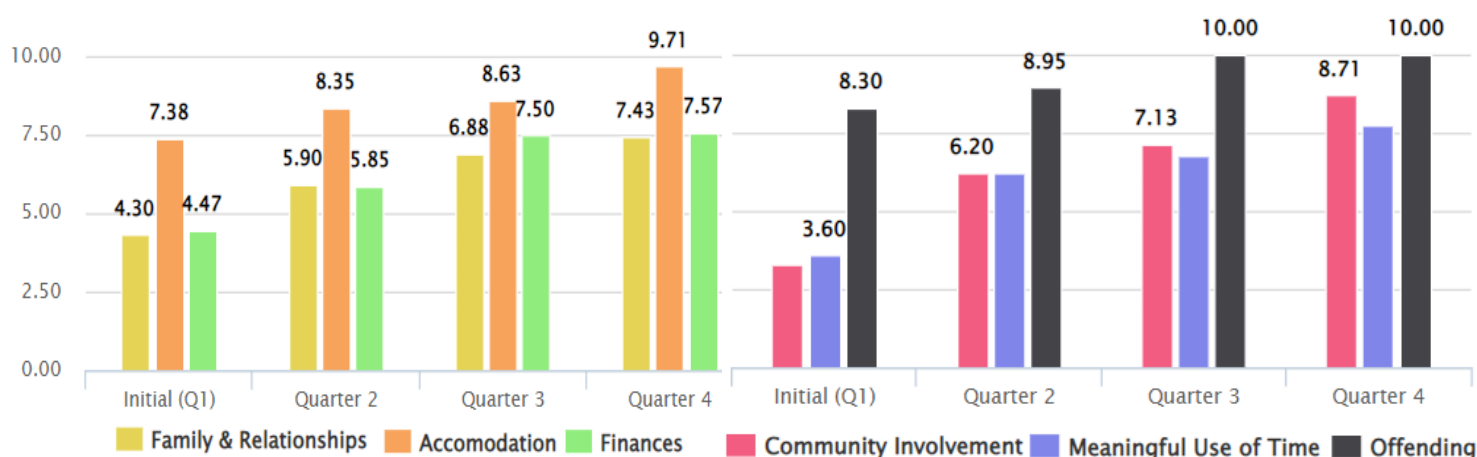
Meaningful Use of Time:
114.2%

Community Involvement:
163.9%

Offending:
20.5%

The graphs below show the improvements our clients have made in the following areas, comparing the scores they have given out of 10 from when they began their journey with us and periodically throughout. We are pleased to see such significant improvements in meaningful use of time and community involvement as a result of engaging with our teams, with 114.2% and 163.9% improvement respectively. Clients also report significant improvements in their relationships and other areas of practical need such as achieving greater stability in their finances and accommodation, as well as reducing offending behaviour.

Average Client Scores as of 31st Aug 2022



MATT'S STORY

Before connecting with KEYS, Matt was drinking very heavily, physically dependant on alcohol and spent his time doing nothing but drinking at home alone. He felt unwell most of the time and felt suicidal, anxious and depressed. *"I was in very dark place with no hope,"* he shared.

Matt connected with KEYS Stoke and the National Online Recovery Group and in the early days of finding sobriety, he said *"I was starting to feel better but was still suffering from the obsession with alcohol"*. He began attending church regularly and found his physical health and his relationships starting to improve. Before long, he was able to be completely abstinent from alcohol. Matt found that although he still struggled with anxiety and depression, he was able to manage these thoughts and feeling better being sober, and found his relationships with friends and family becoming stable, with better communication and finally *"feeling back to normal again"*. Now Matt is getting out of the house more, engaging with his church and recovery community more, and is now even returning to employment.

KEYS ONLINE SUPPORT

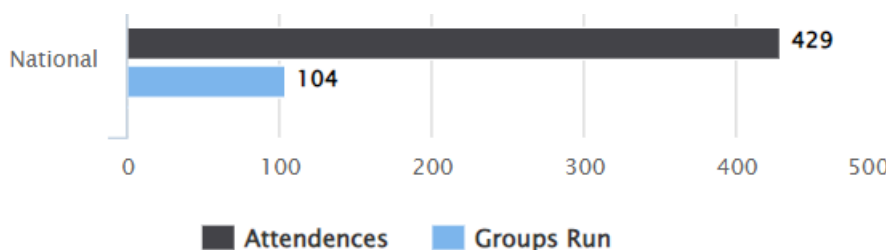
Sadly, the KEYS programme can only be accessed in full in areas where there is a KEYS Centre. We are however able to offer anyone seeking support from KEYS the opportunity to join an online Recovery Community. This is because we understand the significance and value that belonging to a safe and supportive community has on a person's recovery. Set up in 2020 in response to the pandemic, the online National Recovery Group continues to be accessible to those who do not have access to a local KEYS Centre. Alongside the Tuesday meetings that utilise the 12-Steps as a guide to progress alongside biblical teaching, we also run a Check-In & Pray meeting on Thursdays for those who are seeking extra support. Check In & Pray is a space for individuals to share about their week, receive prayer, practice guided mindfulness, and welcomes participants to share songs or videos they find encouraging.



**KEYS NATIONAL
RECOVERY COMMUNITY**

“Before receiving support, I was in a very low, very dark place. The KEYS [National] group has meant more to me than any other group I’ve ever been in.” - AT, National Client

KEYS National Activity from Sept 2021—Aug 2022



**Groups Run:
104**

**Groups have
been attended:
429 times**

The KEYS Blog

This year we launched The KEYS Blog on our website, managed by our Media & Communications Manager, Kevin. This is a brilliant tool that provides short and easy to read articles to encourage individuals in recovery and those supporting them. With a variety of contributing authors writing from personal and professional experience, we share information, encouragement, practical advice and biblical teaching on a range of subjects related to recovery. This has included understanding the 12-Steps, handling forgiveness, living by faith and more. We look forward to growing our blog even more over the coming year as a further resource for those we are supporting and beyond. The KEYS Blog can be found at keysuk.org/blog.



**KEVIN CAMPBELL
MEDIA & COMMS MANAGER**

FINANCIAL NOTES

The key indicators for the year are:

- Income - 33% Increased from 2020/2021
- Direct Costs (excluding events) - 10% below 2020/21
- Events, travel and subsistence - £5.8K above 2020/21
- Surplus before loan repayments - £17.8K above 2020/21
- Cash at Bank - £14.7K above 2021/22

Income

We have been blessed to receive an extremely generous grant of £20K from a source previously unknown to the charity funder. This grant is the major reason for the significant increase in grant income and it comes together with a number of smaller grants to help with new projects that the charity is undertaking. Individual Donations increased by 10% during the year with Partnership Fees falling by 8% overall, however Partnership Fees are set to increase with additional centres that have joined in later part of 2022.

Operating Expenditure

Salaries costs increased by 9% during the year the main reason being increased service delivery. Operating expenditure remained largely neutral apart from an increase in travel and event expenditure. Both travel and event expenditure were greater than the previous year as a result of lifting of COVID restrictions.

Loans

Loan repayments were accelerated during the year and the outstanding start up loan balance of £11.9K repaid in full.

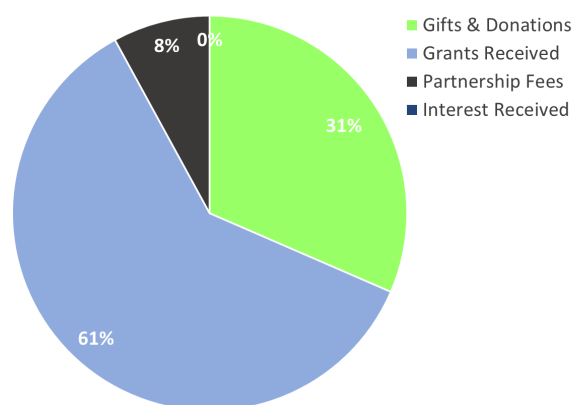
2022/2023 Looking forward

The KEYS Project starts 2022/23 with £73K of committed income. This figure represents 62% of the overall income budgeted for the year and is a good, solid start to the year. KEYS will continue to develop new relationships and funding opportunities and in particular will concentrate on developing recurring revenue from individual donations.

Reserves

The KEYS Project seeks to keep 3 months operating costs at bank, which they have managed to achieve this year end.

Distribution of Income Sources
Sept 2021—Aug 2022



A Message of Thanks

We offer our heartfelt thanks to all those who have financially supported us this year. It is this support that allows us to continue to reach increasingly more people, helping them to experience life changing freedom from addiction. We are grateful to all those who: sponsored fundraising activities; donated via our Big Give campaign; donate on a regular basis; have given an ad-hoc or one off donation; donated goods for our Big Give auction; gifted to us as a church; or gifted by signing up to Amazon Smile.

We are also extremely grateful to all the Trusts and Foundations who have so generously given us grant funding this year. This has enabled us to reach our budget goals and expand the reach of our service and without whom our work would not be possible.

OVERNANCE INFORMATION

Organisation Type

Charitable Incorporated Organisation (CIO)

Governing Document

The Constitution of The KEYS Project

Charitable Objectives

The objectives of The KEYS Project as recorded within its constitution are as follows:

"To relieve persons suffering from drug and alcohol misuse through a programme of detoxification and rehabilitation in order to help preserve and protect their good health in accordance with Christian principles."

Recruitment and Appointment of Trustees

Trustees are recruited and appointed by the existing Board of Trustees and are representative of medical, professional, business, and charitable Christian service backgrounds.

Trustee Induction and Training

Our Trustees Induction Policy includes the completion of Code of Conduct and Trustee Eligibility Agreement and Conflict of Interest Declaration. Trustees are also required to agree to our Data Protection Policy and complete a DBS check.

Investment Policy

The KEYS Project does not have any investments

Registration History:

Registered 18th October 2013
Registered Charity Number: 1154263

Registered Address:

The KEYS Project
c/o Christchurch
Ropemaker Park
Hailsham
BN27 3GY

Trustees:

Dr. Keron Fletcher - *Chair*
Mr. David Barratt
Mrs. Priscilla Smith
Mr. Llewellyn Ramos (*appointed 22nd July 2022*)
Ms. Audrey Tan-Ramos (*appointed 22nd July 2022*)
Mr. Douglas Curties (*until 23rd Feb 2022*)

Project Director:

Dr. Stephen Smith

Operations Director:

Mrs. Laura Waters

Administrator:

Mrs. Naomi Brown

Accountants for Independent Examination of Accounts:

Caladine Ltd.
22 Upperton Road
Eastbourne
East Sussex BN21 1BF

Bank:

CAF Bank
25 Kings Hill Avenue
Kings Hill
West Malling
ME19 4JQ

Report signed on behalf of the Trustees by:

Dr Keron Fletcher



Date: 07/10/2022

CONTACT INFORMATION



www.keysuk.org
www.keysdetox.org



KEYS Community Detox
facebook.com/KEYSDetox



@KEYSDetox



@KEYSCommunityDetox



KEYS Community Detox



0800 634 9638



info@keysdetox.org



www.keysuk.org/donate



Registered with
**FUNDRAISING
REGULATOR**



**THE KEYS PROJECT
(KEYS COMMUNITY DETOX)**

RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2022



THE KEYS PROJECT
FOR THE YEAR ENDED 31 AUGUST 2022

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CHARITY INFORMATION

Trustees

Mr David Barratt
Mrs Priscilla Smith
Dr Keron Fletcher (Chair)
Mr Llewelyn Ramos (appointed 22 July 2022)
Mrs Audrey Tan-Ramos (appointed 22 July 2022)

Charity number

1154263

Address

The KEYS Project
C/O Christ Church, Unit G1-G2
Ropemaker Park
Hailsham
East Sussex
BN27 3GY

Independent Examiner

C J Dadswell FCA ACCA
Caladine Limited
Chartered Certified Accountants
Chantry House
22 Upperton Road
Eastbourne
East Sussex
BN21 1BF

I report to the charity trustees on my examination of the accounts of The Keys Project ('the CIO') for the year ended 31 August 2022, which are set out on pages 3 to 5.

Responsibilities and basis of the report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance

I report in respect of my examination of the CIO's accounts carried out under section 145 of the Act. In carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- (2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C J Dadswell FCA ACCA DChA
Caladine Limited
Chartered Certified Accountants
Chantry House, 22 Upperton Road
Eastbourne, BN21 1BF

Date: 11/10/2022

Receipts and Payments Account

	<u>Unrestricted</u> <u>Funds</u> £	<u>Restricted</u> <u>Funds</u> £	<u>Total</u> <u>2022</u> £	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>2021</u> £
<u>Receipts</u>						
Gifts and donations	37,316	-	37,316	33,798	-	33,798
Grants received	61,800	9,883	71,683	44,455	600	45,055
Partnership Fees	9,425	-	9,425	10,150	-	10,150
Interest Received	3	-	3			
<u>Total Receipts</u>	108,544	9,883	118,427	88,403	600	89,003
<u>Payments</u>						
Volunteer and other expenses	597	-	597	100	-	100
Staff salaries	75,574	850	76,424	70,187	-	70,187
Direct materials	3,124	455	3,579	5,305	600	5,905
Fundraising	3,056	-	3,056	687	-	687
Staff travel and subsistence	2,429	1,947	4,376	377	893	1,270
Training	936	781	1,717	210	36	246
Marketing	685	-	685	743	-	743
Accountancy and independent examination	828	-	828	810	-	810
Bank charges	93	-	93	90	-	90
Partnership Fees	459	-	459	129	-	129
<i>Sub Total</i>	87,781	4,033	91,814	78,638	1,529	80,167
<u>Other payments</u>						
Loans repayment to an external funder	11,900	-	11,900	5,000	-	5,000
<u>Total Payments</u>	99,681	4,033	103,714	83,638	1,529	85,167
Net Receipts / (Payments)	8,863	5,850	14,713	4,765	(929)	3,836
Cash Funds at 1 September 2021	17,016	-	17,016	12,251	929	13,180
Cash Funds at 31 August 2022	25,879	5,850	31,729	17,016	-	17,016

Statement of Assets and Liabilities

<u>Cash funds</u>	31 Aug 2022	31 Aug 2021
	£	£
CAF Cash Account	31,481	14,804
Spending Account	248	2,212
	31,729	17,016

Liabilities

Loan from external funder	-	11,900
Accrued expenses	1,101	828

Approved by the Trustees on 07/10/2022 and signed on its behalf by



Dr Keron Fletcher
Chair of Trustees

Notes to the Financial Statements

1 Accounting Policies

The Financial Statements have been prepared on a receipts and payments basis in accordance with Section 133 of the Charities Act 2011.

2 Funds

Unrestricted funds are income funds which are to be spent on the Charity's general purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used.

3 Related party transactions

In 2018, the charity was given start-up loan funds by Project Director Dr Steve Smith. During the year the charity made repayments of £11,900 (2021: £5,000). At the year end, the outstanding balance on the loan was £nil (2021: £11,900).

During the year, the charity paid £335 (2021: £nil) to trustee Priscilla Smith for work done through her role as trustee at the Big Green Heart charity. No other trustees received any remuneration or were reimbursed out of pocket expenses during the year.

4 Restricted funds

	b/f	Income	Expenditure	Transfers	c/f
Centre running costs		3,100	600	-	2,500
Staff travel		1,833	1,833	-	-
Payroll costs		3,600	600	-	3,000
Team day		1,000	1,000	-	-
Centre testing kits		350			350
	-	9,883	4,033	-	5,850

Payroll Costs - Represents monies given to fund new employment roles in 2022/23

Centre Running Costs - Represents monies given to aid in running KEYS' various centres

Centre testing kits - Represents a grant awarded August 2022 for centre testing kits

Staff travel - Represents monies given to fund the travel of a charitable trip to India

Team Day - Represents monies given to fund staff and volunteer travel expenses



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