

THE NORTH EAST LINCOLNSHIRE DOWN'S SYNDROME FAMILY SUPPORT GROUP

England & Wales · Charity number 1154260

Details

Status Registered

Legal form Other

Registered 2013-10-18

Register [View on the Charity Commission register](#)

Contact

Address Landsbrook
Swinhope
Market Rasen
Lincolnshire
LN8 6HT

Phone 07549214111

Email nedownssyndrome@gmail.com

Website nedownssyndrome.org.uk

Activities

Objects: TO RELIEVE THE NEEDS OF PEOPLE WITH DOWN'S SYNDROME, THEIR FAMILIES, HELPERS AND CARERS IN NORTH EAST LINCOLNSHIRE IN SUCH WAYS AS THE TRUSTEES SHALL THINK FIT, PARTICULARLY BUT NOT EXCLUSIVELY BY:1) CREATING AND DEVELOPING CONDITIONS WHICH WILL ENABLE THEM TO ATTAIN THEIR FULL POTENTIAL; AND2) TO OFFER INFORMATION AND SUPPORT

Activities: We work to relieve the needs of people with Down's Syndrome, their families, helpers and carers in North East Lincolnshire in such ways as the trustees shall think fit, particularly but not exclusively by: creating and developing conditions which will enable them to attain their full potential: and to offer information and support.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability, Recreation
- **Who:** People With Disabilities

Geography

- North East Lincolnshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£7,999	£15,791	-	-
2024-05-31	£25,610	£17,496	-	-
2023-05-31	£11,442	£14,910	-	-
2022-05-31	£9,101	£10,635	-	-
2021-05-31	£3,407	£6,110	-	-

Trustees

Name	Role	Appointed
Angela Smith		2013-07-17
KEITH WILSON		2013-07-17
Kathryn Cottingham		2019-01-16
LYNN WILSON		2013-07-17

THE NORTH EAST LINCOLNSHIRE DOWN'S SYNDROME FAMILY SUPPORT GROUP

England & Wales - Charity number 1154260

Accounts



Trustees' Annual Report for the period

From **1st June 2023** Period start date To **31st May 2024**
Period end date

Charity name: The North East Lincolnshire Down's Syndrome Family Support Group

Charity registration number: 1154260

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To support healthcare professionals, carers and family members to provide effective, relevant and up to date interventions with the object of improving and advancing the health and education of people with Down's Syndrome. To promote social inclusion among people with Down's Syndrome and their parents and families, who may be excluded from society, or parts of society due to their disability, by: <input type="checkbox"/> Providing recreational facilities and opportunities for people with Down's Syndrome and their families <input type="checkbox"/> Raising public awareness of the issues affecting people with Down's Syndrome, and their families, both generally and in relation to their social exclusion; To advance education of people with Down's Syndrome and the public in the subject of Down's Syndrome. To provide education, training, information and help to parent/carers with the object of empowering them to enhance our members lives and assist their development
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The main activities are to facilitate support for members in their everyday living, and with new challenges they may face, inclusive of the following: Social Events We host a range of fun activities throughout the year where families can meet new friends and share their experiences. Training events for family members and professionals to ensure that all those supporting people with Down's Syndrome have access to the most up to date knowledge and skills, so our members receive the best care possible.

		<p>Individual Support We also provide 1:1 support for families when they need some assistance to deal with challenging times.</p> <p>Fundraising Events We prioritise raising awareness within our communities and regularly hold events to promote greater understanding of Down's Syndrome.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	All activities, projects or services facilitated by the charity are supplied by volunteer members, including the activities of the committee.
Other		Not applicable

Achievements and Performance

	SORP reference	

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>During the reporting period, The North East Lincolnshire Family Support Group has undertaken the following activities and services for the benefit of people members and their families:</p> <p>Bingo Night</p> <p>Christmas Fair (raising over £1800 to help towards our Christmas Party)</p> <p>Rand Farm Summer Barbeque</p> <p>Production and sale of a Calendar of our some of our members</p> <p>Fortnightly gymnastics sessions with Grimsby Twist and Flip</p> <p>Various social events throughout the year (bowling and cinema trips)</p> <p>Festive Christmas Experience at Rand Farm Park all</p> <p>Yearly Pantomine trip (oh yes we did!)</p> <p>Symbol Assessments for some of our members</p> <p>Training events for parents and professionals</p> <p>Hosting weekly parent drop in sessions</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	
<p>Other</p>		

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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>During the reporting period, this is The North East Lincolnshire Down's Syndrome Family Support Group financial summary: In total the yearly income was £25,610.89.</p> <p>Thanks in no small part to the charities generous supporters, as well as the two challenge events (National Three Peaks Challenge and Sponsored Bike Ride) and calendar sales and income from our Christmas Fair. We were also nominated by Grimsby Netball team to be their charity of the year.</p> <p>Total outgoings for running costs, social events hosting, training events was £17496.73. The main expenditure being the social events we hold throughout the year,</p> <p>The end of year bank balance stands at £35,635.75</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Not applicable
Amount of reserves held	Para 1.22	Not Applicable
Reasons for holding zero reserves	Para 1.22	Not Applicable
Details of fund materially in deficit	Para 1.24	Not Applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not Applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The North East Lincolnshire Down's Syndrome Support Group is primarily funded through public donations, therefore fund-raising activities and awareness raising activities are essential to the charity's continuation.
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	
Other		

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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	All Trustees must have 3 years' service acting as a Committee member to qualify or be approved unanimously by other Trustee

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	The North East Lincolnshire Down's Syndrome Family Support Group
Other name the charity uses	
Registered charity number	1154260
Charity's principal address	Lansbrook Swinhope Market Rasen Lincolnshire LN8 6HT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mrs Kate Cottingham	Chair person		
2	Mrs A Smith	Treasurer		
3	Mrs L Wilson	Secretary		
4	Mr K Wilson			
5				
6				
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	No assets
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		

The N E lincs Downs Syndrome Family Support Group

Income and Expenditure Account

For The Year Ending 31 May 2024

Income

Bingo Night	29
Calendars	1,330
Christmas Fair	1,821
Donations	16,025
HMRC Gift Aid	293
National Three Peaks Challenge	2,938
Sponsored Bike Ride	2,080
Other Income	1,095
	<u>25,611</u>

Overheads

Bank Charges	84
Bingo Nights	127
Calendar	533
Christmas Fair	453
Comunication Group	598
Donations Made	500
Gifts	140
Misc	95
Postage	216
Printing & Stationery	453
Social Events	1,977
Bowling	288
Christmas Party	1,985
Cinema Trip	603
Pantomine	1,158
Rand Farm - Christmas	2,077
Rand Farm - Summer BBQ	1,261
Symbol Assessments	1,140
Training Events	1947
Twist & Flip Gymnastics	1590
Website	163
Welcome packs	43
Birthday cards	56

Total expenses

17,487

Surplus/Defecit for the year

8,124

25,611



Section A

Independent Examiner's Report

Report to the trustees

Charity Name

The N E Lincs Downs Syndrome Family Support Group

On accounts for the year
ended

31 May 2024

Charity no
(if any)

1154260

Set out on pages

1

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/05/2024**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

22/04/2025

Name:

Alex Dellow

Relevant professional
qualification(s) or body

FMAAT

(if any):

Address:

95 Cromwell Road

Grimsby

DN31 2DL

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

