

Registered Company Number :- 08330138 (England & Wales)

Registered Charity Number :- 1154255

NORTH EAST WELLBEING

TRUSTEES' REPORT
AND
FINANCIAL STATEMENTS

FOR THE YEAR END
31 December 2023

NORTH EAST WELLBEING

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TRUSTEES' REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 December 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

THE TRUSTEES

The trustees who served the charity during the period were as follows:

N J Blackburn

Ms M Brown

Ms J A Davidson

Ms S McTimoney

P Ryan

The Trustees named above and on page 5 are Trustees for the purposes of charity law.

OBJECTIVES AND ACTIVITIES

Objectives and aims

North East Wellbeing (NEW) objects are to advance and promote education with a view to improving and enhancing the emotional wellbeing and mental health of children and young people who are experiencing emotional, mental or physical distress and / or ill health in the school environment.

Public benefit

The activities set out in this report have been undertaken to further the Charity's charitable purposes for the public benefit. The Trustees have complied with the duty under Section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission, the Trustees have paid due regard to this guidance in deciding what the activities the charity should undertake.

ACHIEVEMENTS AND PERFORMANCE

2023 was a year of great operational success, with major new partnerships formed and current commitments delivered with model commitments to quality and child outcomes. This against the backdrop of signs that the voluntary and statutory sector were hitting the wall created by years of austerity and the emergencies of COVID.

The signs during 2023 for the future of current contracts were ominous, the investment by the Local Authority was confirmed as under risk to be renewed in 2024 and the Primary Care Networks signalled their uncertainty about the streams of funding for the Zone West project.

These rumblings aside, there were strategic successes in the adaptation of the Wilderness Schooling for therapeutic use with Pupil Referral Units, the evaluation contract with Sport England's You've Got This initiative and managing the increased scope of the Zone West Social Prescribing programme.

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023

The amount of work in the areas of project management, research, evaluation and liaison was considerable and this is reflected in the outcomes we secured for children and the reputation we believe we have built with all stakeholders as a reliable and dedicated organisation. It was a hard year in many ways, but one to be proud of.

There were challenges: the partnership to deliver the Zone West programme has not been easy for NEW, letting go of a programme built by NEW and the standards of delivery established since the programme's inception was difficult, but with hard work the team continued to deliver the best of care to children. Staff changes at senior level meant new responsibilities and the financial system had an overhaul.

The financial position shows a slight decrease in income as a result of the Zone West programme being housed in Healthworks, but this big movement in income was offset by the new contracts in each department, but especially in the Impact department.

FINANCIAL REVIEW

The total income for the year was £298,408 (2022: £393,935) and the total resources expended were £305,745 (2022: £367,180). The deficit for the year was £7,337 (2022: £26,755 surplus).

Reserves Policy

NEW is committed to building reserves to the value of three months operating costs and we hope that goal is consolidated in the year ahead.

The reserves held at 31 December 2023 were £61,398 (2022: £68,735), of which £31,000 are restricted and £30,398 are unrestricted.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charitable Company is controlled by its governing document, which was established under a Memorandum of Association which sets out its objects and powers and is governed under its Articles of Association.

The Charitable Company is limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

NEW is a charitable company limited by guarantee, incorporated on 13 December 2012 and registered as a charity on 18 October 2013.

In the event of the Charitable Company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and appointment of new Trustees

Trustees shall service in office for up to three terms of three years. At the end of each three-year term in office, a Trustee shall offer himself for retirement, and may be reappointed by his fellow Trustees if they deem such reappointment to be in the best interests of the Company. No Trustee shall service in office for more than nine consecutive years provided that a Trustee may be reappointed annually after, and the Trustees unanimously resolve that he be reappointed. Notwithstanding anything in these Articles, the Company may by ordinary resolution at a General Meeting of which special notice has been given in accordance with the Act remove any Trustee before the expiration of his period of office.

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08330138

Registered Charity number

1154255

Registered Office address

39a Hencotes
Hexham
Northumberland
NE46 2EW

Trustees

N Blackburn
Ms M Brown
Ms J Davidson
Ms S McTimoney
P Ryan

Independent Examiner

Paul Barron FMAAT ICPA (Fellow)
Curlew Accounting Ltd
Independent Certified Practising Accountants
Eastburn
South Park
Hexham
Northumberland
NE46 1BS

Approved by the order of the board of Trustees on 15th July 2024 and signed on its behalf by:

N Blackburn
Trustee

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023

Independent examiner's report to the trustees of North East Wellbeing

I report to the charity trustees on my examination of the accounts of North East Wellbeing for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Company (and also its Directors for the purposes of company law) , you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)/(b) of the 2011 Act.

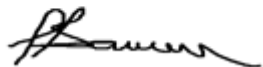
Independent examiner's statement

Since the charity's gross income exceeded £250,000 the Independent Examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Accounting Technicians, which is one of the listed professional bodies.

I have completed my examination and can confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Barron FMAAT ICPA (Fellow)
Curlew Accounting Ltd
Eastburn
South Park
Hexham
NE46 1BS

NORTH EAST WELLBEING

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 DECEMBER 2023

Recommended categories by activity	Notes	Unrestricted income funds £	Restricted income funds £	Total Funds 2023 £	Total Funds 2022 £
Incoming resources					
Income and endowments from:					
Charitable Activities	2	248,540	47,743	296,283	393,785
Investment income	3	2,125	-	2,125	150
Total		250,665	47,743	298,408	393,935
Resources expended					
Expenditure on:					
Charitable activities	4	250,002	55,743	305,745	367,180
Total		250,002	55,743	305,745	367,180
Net income/(expenditure)		663	(8,000)	(7,337)	26,755
Reconciliation of funds:					
Total funds brought forward		29,735	39,000	68,735	41,980
Total funds carried forward		30,398	31,000	61,398	68,735

NORTH EAST WELLBEING

BALANCE SHEET

FOR THE YEAR ENDED 31 DECEMBER 2023

Recommended categories by activity	Notes	Unrestricted income funds £	Restricted income funds £	Total Funds 2023 £	Total Funds 2022 £
Fixed assets					
Tangible assets	6	2,321	-	2,321	4,334
Total fixed assets		2,321	-	2,321	4,334
Current assets					
Debtors	7	6,247	-	6,247	31,411
Cash at bank		62,528	31,000	93,528	33,981
Total current assets		68,775	31,000	99,775	65,392
Creditors: amounts falling due within one year	8	40,698	-	40,698	991
Net current assets/(liabilities)		28,077	31,000	59,077	64,401
Total assets less current liabilities		30,398	31,000	61,398	68,735
Funds of the Charity					
Unrestricted income funds	9			30,398	29,735
Restricted income Funds	9			31,000	39,000
Total funds				61,398	68,735

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act.

The Trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Section 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 ad 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

NORTH EAST WELLBEING

BALANCE SHEET

FOR THE YEAR ENDED 31 DECEMBER 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 15th July 2024 and were signed on its behalf by:

N Blackburn, Trustee

1 Accounting Policies

1.1 Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

1.2 Basis of preparation

The financial statements of the Charitable Company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

1.3 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

1.4 Income

All income is recognised in the Statement of Financial Activities once the charity is entitled to the funds, the receipt is probable, and the amount can be measured reliably.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Computer Equipment – 20% on cost.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2023

1.7 Taxation

The organisation is a registered charity and is exempt from Corporation Tax on its charitable activities.

1.8 Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2 Income from Charitable Activities

	Unrestricted	Restricted	Total funds	Total funds
Analysis	income funds	income funds	2023	2022
£	£	£	£	£
Grant income	12,600	47,743	60,343	65,466
Other income	235,940	-	235,940	328,319
	248,540	47,743	296,283	393,785

3 Income from Investments

	Unrestricted	Restricted	Total funds	Total funds
Analysis	income funds	income funds	2023	2022
£	£	£	£	£
Interest income	2,125	-	2,125	150
	2,125	-	2,125	150

4 Expenditure on Charitable Activities

	Unrestricted	Restricted	Total funds	Total funds
Analysis	income funds	income funds	2023	2022
£	£	£	£	£
Direct costs	156,730	55,743	212,473	268,079
Support Costs	93,272	-	93,272	99,101
	250,002	55,743	305,745	367,180

5 Support Costs

	Total funds	Total funds
	2023	2022
Analysis	£	£
Management costs	89,741	95,279
Depreciation	2,013	1,979
Accountants fees	558	743
Independent examination fee	960	1,100
	93,272	99,101

6 Tangible Fixed Assets

6.1 Cost or valuation

	Computer Equipment
	£
At 01 January 2023	10,067
Additions	-
At 31 December 2023	10,067

6.2 Depreciation

	Computer Equipment
	£
At 01 January 2023	5,733
Additions	2,013
At 31 December 2023	7,746

6.3 Net book value

	Computer Equipment
	£
At 31 December 2022	4,334
At 31 December 2023	2,321

7 Debtors: Amounts falling due within one year

	2023	2022
	£	£
Trade debtors	6,247	20,326
Prepayments & accrued income	-	11,085
	6,247	31,411

8 Creditors: Amounts falling due within one year

	2023	2022
	£	£
Trade creditors	4,784	-
Other creditors	34,954	-
Accruals and deferred income	960	991
	40,698	991

9 Charity funds

9.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Fund balances carried forward
£	£	£	£	£
Unrestricted funds				
General Fund	29,735	250,665	(250,002)	30,398
Restricted funds				
Zone West	39,000	47,743	(55,743)	31,000
Total	68,735	298,408	(305,745)	61,398

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2023

9.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Fund balances carried forward
£	£	£	£	£
Unrestricted funds				
General Fund	12,980	328,469	(311,714)	29,735
Restricted funds				
Zone West	29,000	65,466	(55,466)	39,000
Total	41,980	393,935	(367,180)	68,735

10 Staff costs

There were no employees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

11 Trustees' Remuneration and Benefits

There were no Trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

There were no Trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.