

**REGISTERED COMPANY NUMBER: 08330138 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1154255**

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**for the Year Ended 31 December 2021**  
**for**  
**North East Wellbeing**

Clive Owen LLP  
Chartered Accountants  
140 Coniscliffe Road  
DARLINGTON  
Co Durham  
DL3 7RT

## **North East Wellbeing**

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**Report of the Trustees  
for the Year Ended 31 December 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

North East Wellbeing (NEW) objects are to advance and promote education with a view to improving and enhancing the emotional wellbeing and mental health of children and young people who are experiencing emotional, mental or physical distress and / or ill health in the school environment.

**Public benefit**

The activities set out in this report have been undertaken to further the Charity's charitable purposes for the public benefit. The trustees have complied with the duty under Section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission, the trustees have paid due regard to this guidance in deciding what activities the charity should undertake.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

The Annual Accounts presented at the AGM for 2021 tell the story of North East Wellbeing flourishing in a time of need for North Eastern communities struggling to come to terms with the effects of the COVID pandemic. In truth the direction for NEW's increased size and scope of operations was set before the pandemic struck: as Trustees and Executive, we have been planning for this growth since the investment from social finance with the shock of first-wave COVID in 2020 setting us, along with the rest of the country, back by a year.

As the numbers show, the development of our social prescribing project Zone West from a pilot, to a proof of concept, to something ready for replication in other parts of the region has been the driver for this growth.

Due to the increase in turnover and the employment needs of a growing team of link workers for the Zone West project, NEW will review the long term governance and organisations structure during 2022.

Other areas of growth for NEW have been the playschemes that we started to run in the school holidays for children in the Zone West project who needed our continued support. We started in the summer of 2020 and in 2021 ran schemes at Easter, Summer and Christmas, providing a system of support for children and an initiative that other agencies can use to contact hard to reach families.

The methods, expertise and commitment of NEW staff have made this possible and I would like to thank them and the Trustees as we look forward to 2022.

**FINANCIAL REVIEW**

**Financial position**

The total income for the year was £303,487 (2020: £183,405) and expenditure was £255,924 (2020: £175,666). The surplus for the year was £47,563 (2020: £7,739)..

**Reserves policy**

NEW is committed to building reserves to the value of three months operating costs and we hope that goal is consolidated in the year ahead.

The reserves held at 31 December 2021 were £41,980, of which £29,000 are restricted and £12,980 are unrestricted.

**Principal risks and uncertainties**

The trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against such risks. The trustees consider the main risks to be the financial resources available to achieve its objectives.

The trustees regularly review the financial data and project's performance to help mitigate against those risks.

**Report of the Trustees  
for the Year Ended 31 December 2021**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charitable company is controlled by its governing document, which was established under a Memorandum of Association which sets out its objects and powers and is governed under its Articles of Association.

The charitable company is limited by guarantee, as defined by the Companies Act 2006.

**Charity constitution**

NEW is a charitable company limited by guarantee, incorporated on 13 December 2012 and registered as a charity on 18 October 2013.

In the event of the charitable company being wound up members are required to contribute an amount not exceeding £1.

**Recruitment and appointment of new trustees**

Trustees are appointed to serve a minimum of one and a maximum of two terms, terms are two years. Retiring Trustees may be reappointed but a trustee who has served for two consecutive terms must take a break from office.

All new Trustees are expected to attend an induction training session and to undertake appropriate training during their period of office.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

08330138 (England and Wales)

**Registered Charity number**

1154255

**Registered office**

39a Hencoates  
HEXHAM  
Northumberland  
NE46 2EW

**Trustees**

N Blackburn  
Ms M Brown  
Ms J Davidson  
Ms S McTimoney  
P Ryan

**Independent Examiner**

Antony Luckett BCom BFP FCA DChA  
Institute of Chartered Accountants in England and Wales  
Clive Owen LLP  
Chartered Accountants  
140 Coniscliffe Road  
DARLINGTON  
Co Durham  
DL3 7RT

Approved by order of the Board of Trustees on 23 August 2022 and signed on its behalf by:



N Blackburn - Trustee



## **Independent Examiner's Report to the Trustees of North East Wellbeing**

### **Independent examiner's report to the trustees of North East Wellbeing ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2021.

#### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### **Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*AW Luckett*

Antony Luckett BCom BFP FCA DChA  
Institute of Chartered Accountants in England and Wales  
Clive Owen LLP  
Chartered Accountants  
140 Coniscliffe Road  
DARLINGTON  
Co Durham  
DL3 7RT

23 August 2022

# North East Wellbeing

## Statement of Financial Activities for the Year Ended 31 December 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	3	349	-	349	21
<b>Charitable activities</b>	5				
Charitable activities		143,489	148,824	292,313	182,679
Other trading activities	4	10,825	-	10,825	705
<b>Total</b>		154,663	148,824	303,487	183,405
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	6				
Charitable activities		124,937	130,987	255,924	175,666
<b>NET INCOME</b>		29,726	17,837	47,563	7,739
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		(16,746)	11,163	(5,583)	(13,322)
<b>TOTAL FUNDS CARRIED FORWARD</b>		12,980	29,000	41,980	(5,583)

The notes form part of these financial statements

**Balance Sheet**  
**31 December 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	5,633	-	5,633	7,510
<b>CURRENT ASSETS</b>					
Debtors	13	3,919	-	3,919	10,520
Cash at bank		4,329	29,000	33,329	76,176
		<u>8,248</u>	<u>29,000</u>	<u>37,248</u>	<u>86,696</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(901)	-	(901)	(99,789)
<b>NET CURRENT ASSETS/(LIABILITIES)</b>		<u>7,347</u>	<u>29,000</u>	<u>36,347</u>	<u>(13,093)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>12,980</u>	<u>29,000</u>	<u>41,980</u>	<u>(5,583)</u>
<b>NET ASSETS/(LIABILITIES)</b>		<u><u>12,980</u></u>	<u><u>29,000</u></u>	<u><u>41,980</u></u>	<u><u>(5,583)</u></u>
<b>FUNDS</b>	16				
Unrestricted funds				12,980	(16,746)
Restricted funds				<u>29,000</u>	<u>11,163</u>
<b>TOTAL FUNDS</b>				<u><u>41,980</u></u>	<u><u>(5,583)</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 August 2022 and were signed on its behalf by:



N Blackburn - Trustee

The notes form part of these financial statements



## North East Wellbeing

### Notes to the Financial Statements for the Year Ended 31 December 2021

#### 1. STATUTORY INFORMATION

North East Wellbeing is a charitable company limited by guarantee registered in England and Wales. The company and charity registered numbers and registered office can be found on page 2.

#### 2. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Critical accounting judgements and key sources of estimation uncertainty**

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The charitable company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results.

Due to the non complex nature of the charitable company's operations in the opinion of the trustees there are no key judgements or estimation uncertainties that need to be considered when preparing the financial statements.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 20% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.



Notes to the Financial Statements - continued  
for the Year Ended 31 December 2021

**3. DONATIONS AND LEGACIES**

	2021	2020
	£	£
Donations	<u>349</u>	<u>21</u>

Income from donations and legacies was unrestricted during both the current and previous year.

**4. OTHER TRADING ACTIVITIES**

	2021	2020
	£	£
Conference income	<u>10,825</u>	<u>705</u>

Income from other trading activities was unrestricted during both the current and previous year.

**5. INCOME FROM CHARITABLE ACTIVITIES**

	2021	2020
	£	£
Grants	189,500	78,874
Income	<u>102,813</u>	<u>103,805</u>
	<u>292,313</u>	<u>182,679</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Zone West	139,861	48,350
Curious Beasts	19,500	7,500
Voluntary Sector Mental Health	5,000	-
Therapeutic Schooling	25,139	13,172
Other grant income	<u>-</u>	<u>9,852</u>
	<u>189,500</u>	<u>78,874</u>

Income from charitable activities was £292,313 (2020 - £182,679) of which £148,824 (2020 - £7,500) was attributable to restricted and £143,489 (2020 - £175,179) was attributable to unrestricted funds.

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>171,436</u>	<u>84,488</u>	<u>255,924</u>

Expenditure on charitable activities costs was £255,924 (2020: £175,666) of which £124,937 (2020: £168,166) was unrestricted and £130,987 (2020: £7,500) restricted.

# North East Wellbeing

## Notes to the Financial Statements - continued for the Year Ended 31 December 2021

### 7. SUPPORT COSTS

	Management	Finance	Governance	Totals
	£	£	costs	£
Charitable activities	<u>81,187</u>	<u>1,127</u>	<u>2,174</u>	<u>84,488</u>

### 8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	1,877	1,877
Independent examination fee	<u>1,000</u>	<u>1,000</u>

### 9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.

### 10. STAFF COSTS

There were no employees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

### 11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	21	-	21
<b>Charitable activities</b>			
Charitable activities	175,179	7,500	182,679
Other trading activities	<u>705</u>	<u>-</u>	<u>705</u>
<b>Total</b>	175,905	7,500	183,405
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities	<u>168,166</u>	<u>7,500</u>	<u>175,666</u>
<b>NET INCOME</b>	7,739	-	7,739

North East Wellbeing

Notes to the Financial Statements - continued  
for the Year Ended 31 December 2021

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	(24,485)	11,163	(13,322)
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>(16,746)</u>	<u>11,163</u>	<u>(5,583)</u>

**12. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 January 2021 and 31 December 2021	9,387
<b>DEPRECIATION</b>	
At 1 January 2021	1,877
Charge for year	1,877
At 31 December 2021	3,754
<b>NET BOOK VALUE</b>	
At 31 December 2021	5,633
At 31 December 2020	7,510

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade debtors	2,750	9,520
Prepayments and accrued income	1,169	1,000
	<u>3,919</u>	<u>10,520</u>

North East Wellbeing

Notes to the Financial Statements - continued  
for the Year Ended 31 December 2021

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Other loans (see note 15)	-	9,192
Trade creditors	-	1,000
Accruals and deferred income	901	89,597
	<u>901</u>	<u>99,789</u>

15. LOANS

An analysis of the maturity of loans is given below:

	2021 £	2020 £
Amounts falling due within one year on demand:		
Other loans	-	9,192
	<u>-</u>	<u>9,192</u>

16. MOVEMENT IN FUNDS

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
<b>Unrestricted funds</b>			
General fund	(16,746)	29,726	12,980
<b>Restricted funds</b>			
Curious Beasts	11,163	(11,163)	-
Zone West	-	29,000	29,000
	<u>11,163</u>	<u>17,837</u>	<u>29,000</u>
<b>TOTAL FUNDS</b>	<u>(5,583)</u>	<u>47,563</u>	<u>41,980</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	154,663	(124,937)	29,726
<b>Restricted funds</b>			
Curious Beasts	19,500	(30,663)	(11,163)
Zone West	99,185	(70,185)	29,000
Therapeutic Schooling	25,139	(25,139)	-
Voluntary Sector Mental Health	5,000	(5,000)	-
	<u>148,824</u>	<u>(130,987)</u>	<u>17,837</u>
<b>TOTAL FUNDS</b>	<u>303,487</u>	<u>(255,924)</u>	<u>47,563</u>



# North East Wellbeing

## Notes to the Financial Statements - continued for the Year Ended 31 December 2021

### 16. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
<b>Unrestricted funds</b>			
General fund	(24,485)	7,739	(16,746)
<b>Restricted funds</b>			
Curious Beasts	11,163	-	11,163
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>(13,322)</u>	<u>7,739</u>	<u>(5,583)</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	175,905	(168,166)	7,739
<b>Restricted funds</b>			
Curious Beasts	7,500	(7,500)	-
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>183,405</u>	<u>(175,666)</u>	<u>7,739</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.20 £	Net movement in funds £	At 31.12.21 £
<b>Unrestricted funds</b>			
General fund	(24,485)	37,465	12,980
<b>Restricted funds</b>			
Curious Beasts	11,163	(11,163)	-
Zone West	<u>-</u>	<u>29,000</u>	<u>29,000</u>
	<u>11,163</u>	<u>17,837</u>	<u>29,000</u>
<b>TOTAL FUNDS</b>	<u>(13,322)</u>	<u>55,302</u>	<u>41,980</u>

# North East Wellbeing

## Notes to the Financial Statements - continued for the Year Ended 31 December 2021

### 16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	330,568	(293,103)	37,465
<b>Restricted funds</b>			
Curious Beasts	27,000	(38,163)	(11,163)
Zone West	99,185	(70,185)	29,000
Therapeutic Schooling	25,139	(25,139)	-
Voluntary Sector Mental Health	<u>5,000</u>	<u>(5,000)</u>	<u>-</u>
	<u>156,324</u>	<u>(138,487)</u>	<u>17,837</u>
<b>TOTAL FUNDS</b>	<u><u>486,892</u></u>	<u><u>(431,590)</u></u>	<u><u>55,302</u></u>

Movement on individual funds are shown above. The purpose of each fund is as follows:

#### Unrestricted general funds

These funds represent unrestricted resources available for the general work of the charity.

#### Restricted funds

Curious Beasts - to fund costs incurred to support the use of puppets to help children and schools to better mental health and wellbeing.

Zone West - to fund costs incurred to join and link community resources to release talent and potential in children.

Therapeutic Schooling - to fund costs incurred to help schools deal with the difficult situations children sometimes face.

Voluntary Sector Mental Health - to fund costs for mental health research.

### 17. RELATED PARTY DISCLOSURES

During the year, the Chief Executive Officer received remuneration of £38,690 (2020: £26,020).