

**NORTH EAST WELLBEING  
UNAUDITED FINANCIAL  
STATEMENTS  
31 DECEMBER 2020**

Charity Number 1154255

**NORTH EAST WELLBEING**  
**FINANCIAL STATEMENTS**  
**YEAR ENDED 31 DECEMBER 2020**

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**NORTH EAST WELLBEING**  
**MEMBERS OF THE BOARD**  
**YEAR ENDED 31 DECEMBER 2020**

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<b>Registered charity name</b>	North East Wellbeing
<b>Charity number</b>	1154255
<b>Company registration number</b>	08330138
<b>Registered office</b>	39a Hencotes Hexham Northumberland NE46 2EW
<b>Trustees</b>	Mr N J Blackburn Ms M Brown Ms J A Davidson Ms S McTimoney Mr P Ryan
<b>Company Secretary</b>	Mr N J Blackburn
<b>Independent Examiner</b>	Curlew Accounting Ltd Eastburn South Park Hexham Northumberland NE48 4DB

# **NORTH EAST WELLBEING**

## **TRUSTEES ANNUAL REPORT**

### **YEAR ENDED 31 DECEMBER 2020**

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The Trustees, who are also Directors of the Charity for the purposes of the Companies Act 2006, present the Financial Statements of the Charity for the year ended 31 December 2019.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 3 of the financial statements.

#### **THE TRUSTEES**

The trustees who served the charity during the period were as follows:

Mr N J Blackburn  
Ms M Brown  
Ms J A Davidson  
Ms S McTimoney  
Mr P Ryan (appointed 16 September 2020)

The trustees named above and on page 3 are trustees for the purposes of charity law and directors for the purpose of company law.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing Document**

The organisation is a charitable company limited by guarantee, incorporated on 13 December 2012 under the name Darlington Wellbeing Trust and registered as a charity on 18 October 2013. The name was changed to its present form by a Special Resolution dated 16 October 2014. The charitable company was established under a Memorandum of Association which sets out its objects and powers and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

##### **Recruitment and Appointment of Trustees**

Terms are two years and trustees are expected to serve a minimum of one and a maximum of two terms. Retiring trustees may be reappointed but a trustee who has served for two consecutive terms must take a break from office.

##### **Risk Management**

The trustees have examined the major strategic, business, financial and operational risks which the charity faces. Procedures are in place to manage those risks and to ensure compliance with best practice and legislation including health and safety regulations for staff, volunteers and clients. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

# **NORTH EAST WELLBEING**

## **TRUSTEES ANNUAL REPORT**

### **YEAR ENDED 31 DECEMBER 2020**

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#### **OBJECTIVES AND ACTIVITIES**

The Memorandum and Articles of Association dated 13 December 2012 state that the objects of the organisation are:

To advance and promote education with a view to improving and enhancing the emotional wellbeing and mental health of children and young people who are experiencing emotional, mental or physical distress and/or ill health in the school environment.

#### **PUBLIC BENEFIT**

In reporting the achievements and performance of the charity below the trustees have complied with section 4 of the Charities Act 2006 to have due regard to the Charity Commission's guidance on public benefit.

#### **ACHIEVEMENTS AND PERFORMANCE**

2020 was the year in which COVID turned the world upside down. Lockdown started on the 23rd March 2020 and lasted until July. There was an easing of restrictions over the summer and phased return to school in September. The second UK lockdown was announced on the 31st October and lasted for the rest of the year.

North East Wellbeing's work is based largely in school and in tandem with school activity. In the Spring Term 2020 we worked well, with much promise for the year ahead – until the first lockdown. In the summer term, all schools-based programmes stopped. In September education was one of the busiest and most uncertain sectors in the country, with Government changing safety protocols regularly as the pandemic developed and child absences affecting whole-class bubbles. Schools were staying on top of core processes with little capacity for additional services.

The net effect has been a near-total disruption of income for three of the four quarters of 2020. It is a testament to the hard work of NEW staff and the patience of our key clients that we did not run a deficit budget for any part of 2020, and finished the year by breaking even with a small reduction in our overall income (2020 = £183,405, 2019 = 193,923).

We survived by asking schools to pay for services without knowing when they would be delivered, by reducing staffing costs, and by adapting and innovating. We had two core grants from the Fore Foundation and the Community Foundation which made a lot possible. And we pushed ahead with our funded social prescribing project: Zone West.

Counsellors learnt to work online, and therapeutic services were delivered by walk-and-talk to the most vulnerable children who remained at school throughout. Wilderness Schooling made vigorous headway in September, being ideally suited to delivering the curriculum outdoors, before being cut short in October. Our puppetry programme, Curious Beasts transformed itself into an online adventure-game for socially distanced classrooms, and was successfully trialed in Gateshead. Zone West maintained the all-important relationship with our cohort of vulnerable children through doorstep delivery of resources and instructional videos on Facebook on how to use them.

**NORTH EAST WELLBEING**  
**TRUSTEES ANNUAL REPORT**  
**YEAR ENDED 31 DECEMBER 2020**

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The undoubted highlight of the year happened over the Summer Holidays. We ran twelve days of an integrated playscheme, developmentally focussed on the emotional and social wellbeing of locked-down children. Up to fifteen children attended each day, and as part of the city-wide 'Best Summer Ever' we were able to combine the best of what we do with puppetry, outdoor learning, health eating and pure enjoyment.

**FUTURE PLANS**

There is a prediction for the easing of restrictions in 2021, and schools did return mid-March. The hope of all of us at North East Wellbeing is for a full return to all the social activities that help a child to remain happy and healthy. The first major piece of work beyond lockdown is a playscheme planned for the Easter Holidays, and after that we are set to help schools with the catch-up curriculum. Despite everything, hope remains high, and we are strongly motivated to offer solutions to schools seeking to help children catch up on the social and emotional aspects of their development.

**RESERVES POLICY**

New is committed to building reserves to the value of three months operating costs and we hope that goal is consolidated in the year ahead.

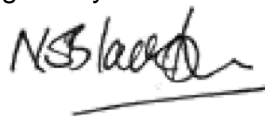
**FINANCIAL REVIEW**

The total income for the year was £183,405, and expenditure was £175,666. The excess of income over expenditure reduced the outstanding amount of the Development Loan that appears as a deficit on the Balance Sheet.

Approved by order of the Board of Trustees on .....9th September.....2021:

Registered office:  
39a Hencotes  
Hexham  
Northumberland  
NE46 2EW

Signed by order of the Trustees



N J Blackburn  
Company Secretary

# NORTH EAST WELLBEING

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NORTH EAST WELLBEING

YEAR ENDED 31 DECEMBER 2020

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### **Independent Examiner's report to the trustees of North East Wellbeing ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- . accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- . the accounts do not accord with those records; or
- . the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- . the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



**Paul Barron**, FMAAT ICPA (Fellow)

Certified Practising Accountant

Curlew Accounting Ltd  
Eastburn  
South Park  
Hexham  
N46 1BS



**NORTH EAST WELLBEING**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(Incorporating an income and expenditure account)**  
**YEAR ENDED 31 DECEMBER 2020**

		Total Funds Period 01 January 2020 to 31 December 2020	Total Funds Period 01 January 2019 to 31 December 19
	Note	£	£
<b>INCOMING RESOURCES</b>			
Incoming resources from charitable activities	3	173,532	170,148
Incoming resources from other activities	4	9,873	23,760
Income from interest	5	-	15
<b>TOTAL INCOMING RESOURCES</b>		<b>183,405</b>	<b>193,923</b>
<b>RESOURCES EXPENDED</b>			
Charitable activities	6	(168,678)	(179,375)
Governance costs	7	(6,988)	(4,726)
<b>TOTAL RESOURCES EXPENDED</b>		<b>(175,666)</b>	<b>(184,101)</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>		<b>7,739</b>	<b>9,822</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		(13,322)	(23,144)
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>(5,583)</b>	<b>(13,322)</b>

All of the above amounts relate to continuing activities.

The notes on pages 10 to 14 form part of these financial statements.



# NORTH EAST WELLBEING

## BALANCE SHEET

**31 DECEMBER 2020**

	Note	2020		2019
		£	£	£
<b>FIXED ASSETS</b>				
Tangible Assets	9	7,510	-	-
		<u>7,510</u>	<u>-</u>	<u>-</u>
<b>CURRENT ASSETS</b>				
Debtors	10	10,520	3,540	
Cash at bank		76,176	2,338	
		<u>86,696</u>	<u>5,878</u>	
<b>CREDITORS: Amounts falling due within one year</b>	11	(99,789)	(16,575)	
<b>NET CURRENT LIABILITIES</b>		(13,093)	(10,697)	
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>(5,583)</u>	<u>(10,697)</u>	
<b>CREDITORS: Amounts falling due after one year</b>	12	-	(2,625)	
<b>TOTAL NET ASSETS/(LIABILITIES)</b>		<u>(5,583)</u>	<u>(13,322)</u>	
<b>FUNDS</b>				
Restricted income funds	13	11,163	11,163	
Unrestricted income funds	14	(16,746)	(24,485)	
<b>TOTAL FUNDS</b>		<u>(5,583)</u>	<u>(13,322)</u>	

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on .....2021 and were signed on its behalf by:

N J Blackburn  
Director

**The notes on pages 10 to 14 form part of these financial statements.**

**NORTH EAST WELLBEING**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 DECEMBER 2020**

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**1. STATUTORY INFORMATION**

North East Wellbeing is a charity, registered in England and Wales. The Charity's registered number and registered office address can be found on the charity information page.

**2. ACCOUNTING POLICIES**

**Basis of accounting**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

There were no material departures from that standard.

**Fixed assets**

All fixed assets are initially recorded at cost.

**Depreciation**

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Computer and Office Equipment	-	20% straight line
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**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Support costs**

Raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of fundraising activities, events and non-charitable trading.

Grants offered subject to conditions which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

# NORTH EAST WELLBEING

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDED 31 DECEMBER 2020

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### Financial instruments

The charitable company has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Critical areas of judgement:

Due to the non-complex nature of the charities operations and balance sheet, in the opinion of the trustees there are no key judgements or estimation uncertainties that need to be considered when preparing the financial statements.

### 3. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Restricted Funds	Unrestricted Funds	Total Funds 2020	Total Funds 2019
	£	£	£	£
Conference income		705	705	-
Income – Therapeutic Schooling	-	54,190	54,190	50,855
Income – Wilderness Schooling	-	18,108	18,108	29,936
Income – Curious Beasts	7,500	17,545	25,045	29,491
Income – Zone West	-	75,484	75,484	59,866
	<u>7,500</u>	<u>166,032</u>	<u>173,532</u>	<u>170,148</u>

### 4. INCOMING RESOURCES FROM OTHER ACTIVITIES

	Restricted Funds	Unrestricted Funds	Total Funds 2020	Total Funds 2019
	£	£	£	£
Voluntary income (including grants)	-	9,873	9,873	20,740
Activities for generating funds	-	-	-	3,020
	<u>-</u>	<u>9,873</u>	<u>9,873</u>	<u>23,760</u>

**NORTH EAST WELLBEING**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 DECEMBER 2020**

**5. INCOME FROM INTEREST**

	<b>Restricted Funds</b>	<b>Unrestricted Funds</b>	<b>Total Funds 2020</b>	<b>Total Funds 2019</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Interest received	-	-	-	15
	<u>-</u>	<u>-</u>	<u>-</u>	<u>15</u>

**6. CHARITABLE ACTIVITIES**

	<b>Restricted Funds</b>	<b>Unrestricted Funds</b>	<b>Total Funds 2020</b>	<b>Total Funds 2019</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Direct Costs – Therapeutic Schooling	-	36,366	36,366	36,948
Direct Costs – Wilderness Schooling	-	7,866	7,866	17,396
Direct Costs – Curious Beasts	7,500	1,755	9,255	12,807
Direct Costs – Zone West	-	41,188	41,188	17,140
Direct Costs – NEW	-	4,135	4,135	3,837
Overheads – Therapeutic Schooling	-	3,326	3,326	3,787
Overheads – Wilderness Schooling	-	8,534	8,534	9,071
Overheads – Curious Beasts	-	8,254	8,254	20,052
Overheads – Zone West	-	638	638	4,195
Overheads – NEW	-	47,960	47,960	51,205
Outreach expenses	-	1,156	1,156	2,937
	<u>7,500</u>	<u>161,178</u>	<u>168,678</u>	<u>179,375</u>

**7. GOVERNANCE COSTS**

	<b>Restricted Funds</b>	<b>Unrestricted Funds</b>	<b>Total Funds 2020</b>	<b>Total Funds 2019</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Independent Examiners Fees	-	2,269	2,269	1,904
Bank charges	-	138	138	118
Loan interest payable	-	2,704	2,704	2,704
Depreciation	-	1,877	1,877	-
	<u>-</u>	<u>6,988</u>	<u>6,988</u>	<u>4,726</u>

**8. STAFF COSTS, TRUSTEES' REMUNERATION AND BENEFITS**

There were no staff costs, trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the year ended 31 December 2019.

There were no trustees' expenses paid for the year ended 31 December 2020 nor for the year ended 31 December 2019.

**NORTH EAST WELLBEING**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 DECEMBER 2020**

**9. TANGIBLE FIXED ASSETS**

	Office and other equipment £
<b>COST</b>	
Brought forward	-
Additions	9,387
Disposals	-
<b>At 31 December 2020</b>	<b>9,387</b>
<b>DEPRECIATION</b>	
Brought forward	-
Charge for the year	1,877
On disposals	-
<b>At 31 December 2020</b>	<b>1,877</b>
<b>NET BOOK VALUE</b>	
<b>At 31 December 2020</b>	<b>7,510</b>
At 31 December 2019	-

**10. DEBTORS**

	2020 £	2019 £
Trade debtors	9,520	2,540
Prepayments and accrued income	1,000	1,000
	<b>10,520</b>	<b>3,540</b>

**11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020 £	2019 £
Trade creditors	1,000	1,410
Accruals	720	720
Deferred income	88,878	-
Other creditors - Key Fund Loan	9,191	14,445
	<b>99,789</b>	<b>16,575</b>

**12. CREDITORS: AMOUNTS FALLING DUE AFTER ONE YEAR**

	2020 £	2019 £
Other creditors - Key Fund Loan	-	2,625
	-	2,625

**NORTH EAST WELLBEING**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 DECEMBER 2020**

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**13. RESTRICTED INCOME FUNDS**

	Balance at 1 January 2020	Net incoming/ (outgoing) resources	Balance at 31 December 2020
	£	£	£
General Funds	11,163	-	11,163

**14. UNRESTRICTED INCOME FUNDS**

	Balance at 1 January 2020	Net incoming/ (outgoing) resources	Balance at 31 December 2020
	£	£	£
General Funds	(24,485)	7,739	(16,746)

**15. NET MOVEMENT IN FUNDS**

	Income	Expenses	Net Movement
	£	£	£
Restricted Funds	7,500	7,500	-
Unrestricted Funds	175,905	168,166	7,739
	<u>183,405</u>	<u>175,666</u>	<u>7,739</u>

**NORTH EAST WELLBEING  
MANAGEMENT INFORMATION  
YEAR ENDED 31 DECEMBER 2020**

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**The following page does not form part of the statutory financial statements.**

# NORTH EAST WELLBEING

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES

**YEAR ENDED 31 DECEMBER 2020**

	2020 £	2019 £
<b>INCOMING RESOURCES</b>		
<b>INCOMING RESOURCES FROM CHARITABLE ACTIVITIES</b>		
Conference income	705	-
Income – Therapeutic Schooling	54,190	50,855
Income – Wilderness Schooling	18,108	29,936
Income – Curious Beasts	25,045	29,491
Income – Zone West	75,484	59,866
	<u>173,532</u>	<u>170,148</u>
<b>INCOMING RESOURCES FROM OTHER ACTIVITIES</b>		
Voluntary income (including grants)	9,873	20,740
Activities for generating funds	-	3,020
	<u>9,873</u>	<u>23,760</u>
<b>INCOME FROM INTEREST</b>	<u>-</u>	<u>15</u>
<b>TOTAL INCOMING RESOURCES</b>	<u><u>183,405</u></u>	<u><u>193,923</u></u>
<b>RESOURCES EXPENDED</b>		
<b>CHARITABLE ACTIVITIES</b>		
Direct Costs – Therapeutic Schooling	36,366	36,948
Direct Costs – Wilderness Schooling	7,866	17,396
Direct Costs – Curious Beasts	9,255	12,807
Direct Costs – Zone West	41,188	17,140
Direct Costs – NEW	4,135	3,837
Overheads – Therapeutic Schooling	3,326	3,787
Overheads – Wilderness Schooling	8,534	9,071
Overheads – Curious Beasts	8,254	20,052
Overheads – Zone West	638	4,195
Overheads – NEW	47,960	51,205
Outreach expenses	1,156	2,937
	<u>168,678</u>	<u>179,375</u>
<b>GOVERNANCE COSTS</b>		
Independent Examiners Fees	2,269	1,904
Bank charges	138	118
Loan interest payable	2,704	2,704
Depreciation	1,877	-
	<u>6,988</u>	<u>4,726</u>
<b>TOTAL RESOURCES EXPENDED</b>	<u><u>175,666</u></u>	<u><u>184,101</u></u>