

**LIQUID LISTENING**

**TRUSTEES REPORT AND UNAUDITED FINANCIAL  
STATEMENTS**

**FOR THE YEAR ENDED 31 AUGUST 2024**

**Company Registration Number 07344059 (England and Wales)**

**Charity Commission Registration Number 1154224 (England and Wales)**

# LIQUID LISTENING

## TRUSTEES AND DIRECTORS REPORT

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### Reference and Administrative Details Trustees and Directors

A I Drake (resigned December 2023)  
M G Bettridge  
H M Bujic  
D F Chapman  
L A Crust  
R Johnson  
I F Lush (Chair)  
C L Smith  
J E Tyson

**Secretary** M G Bettridge

**Co-founders** A I Drake and J Cahen

**Office Manager** J M Robinson

**Independent Examiner** C J Jones

**Company number** 07344059

**Charity number** 1154224

**Registered office**  
28, Broad Street  
Wokingham  
Berkshire  
RG40 1AB

**Bankers**  
CAF Bank  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

### Structure, Governance and Management

Liquid Listening is a limited company (no 07344059) and a charity (no 1154224) governed by its memorandum and articles incorporated 28 July 2010 as amended by special resolution registered as Companies House on 2 September 2013 and 31 August 2023.

The Trustees are responsible for monitoring the charity's activities, overseeing governance and ensuring the charity meets its aims and objectives. New Trustees are elected by existing Trustees based on their previous experience. They meet at least four times a year.

# LIQUID LISTENING

## Objectives and Activities

Co-Founded by Adele Drake and Joel Cahen, Liquid Listening aims to increase the well being of children with special needs and explore ways to promote their education and health, increased awareness and meaningful involvement with their environment.

Liquid Listening achieves this by providing underwater listening sessions for children with special and complex needs and training for their carers.

## Achievements and Performance and Financial Review

During the year ended 31 August 2024 incoming resources from listening sessions, training and donations was £90,190 (2023: £102,781). Charitable activities expenditure was £63,258 (2022: £54,158). Governance costs were £32,815 (2022: £25,697). Resulting in a deficit for the year of £5,883 (2022: £22,926 surplus).

We are delighted to report that we have had a third year of increased activity this year, after the challenges of the Covid-19 pandemic in 2020/21. The now-established team of Joel, Alice and Judith is working well and this is paying dividends in terms of the numbers of schools, teachers, individual practitioners we can reach, and the numbers of disabled children benefiting from our work.



During the year, we were able to train seven new schools in Musical Hydrotherapy, as well as completing the training of another two who had commenced theirs the previous year. The schools included St Nicholas in Canterbury, which had been one of the very first schools we worked with when still developing our work, as well as being able to renew another early relationship with Heron Academy (previously Michael Tippett School). Other schools in England include Ivy House in Derby (one of those we first worked with through our Arts Council tour in 2022), Dee Banks in Chester and Fox Wood in Warrington. Our first school in Wales, Ysgol Maes y Coed was trained in May, whilst two schools in Glasgow, Ashton Secondary and Croftcroighn Primary also received training.

***“Thank you so much for all your effort and bringing Liquid Listening into my training session and my life. I am thoroughly moved by the bodywork therapy and truly loved every moment of being in the water working with the other staff and the children. It is a real heart to heart connection and something that doesn’t happen enough in everyday life. A wonderfully meditative, spiritual and moving experience!”*** Teacher from St Nicholas School

A new initiative for the 2023/24 year was to offer a Musical Hydrotherapy training course for individual practitioners. Held in October 2023, three individuals attended and will all complete their training, including equipment installation back in their “home” pools. Undertaking this project was a learning experience for us as we worked for the first time with practitioners not working in specialist schools. We were pleased to train two people from a swim school and a third person based in Northern Ireland, completing our tour of the four nations this year!

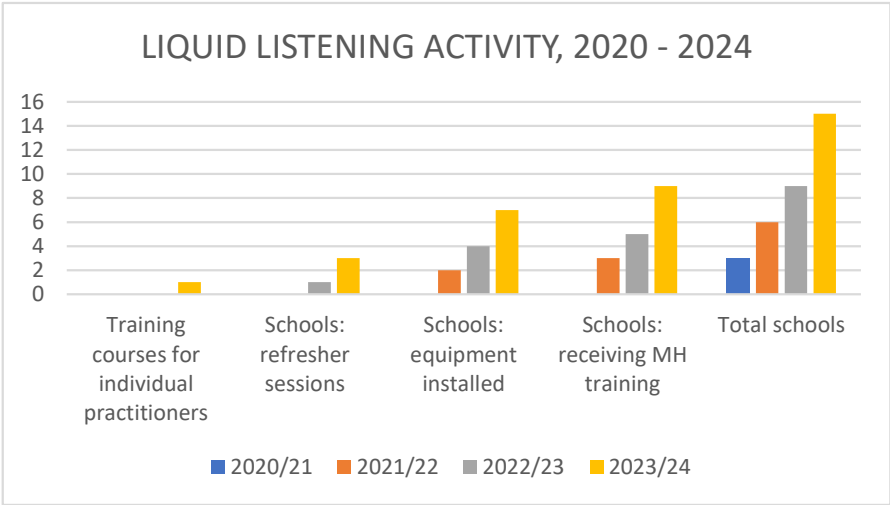
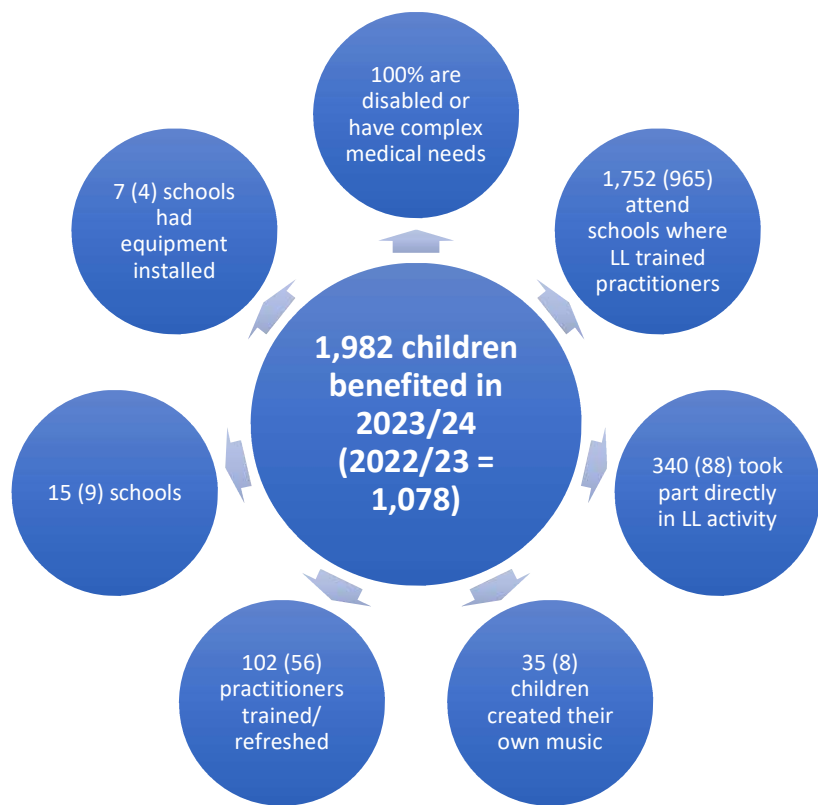
Thanks to the membership scheme launched last year, we delivered three refresher sessions at Valence School in Kent, Bedelsford School in Kingston and Marjorie McClure School in Bromley to help support the on-going delivery of Musical Hydrotherapy in the schools. Two other schools booked refresher training but cancelled at short notice and we have worked to address how to try to avoid this happening in future.

The music production strand of Liquid Listening’s programme is also gaining in strength and this year, thanks to funding from the Margaret Engering Music Trust, we were able to visit both Fox Wood and Dee Banks schools to work with pupils in the summer term, resulting in informal performances and the creation of music tracks for use in the school pool and classroom. Support for music within the schools we work with is an emerging area of work that we will continue to address in future.

# LIQUID LISTENING

*“Our pupils developed lovely relationships with the music facilitator Lawrence. They gained in confidence as they were aware that their participation was valued and gained new skills using instruments, electronic/ recording / amplification equipment. I found that my class were keen to listen and work together with others.”* Teacher from Fox Wood school

## 2023/24 IN NUMBERS (2022/23 figures in brackets)



# LIQUID LISTENING

## Independent Examiner's Report

**Report to the trustees/  
members of**

Charity Name  
Liquid Listening

**On accounts for the year  
ended**

31 August 2024

**Set out on pages**

6 to 8

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity for the year ended 31 August 2024.

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:**



**Name:**

Clare Jones

**Relevant professional  
qualification(s) or body  
(if any):**

ACA

**Address:**

3 Westwood Close

Bickley

Bromley BR1 2JJ

# LIQUID LISTENING

## STATEMENT OF FINANCIAL ACTIVITIES

**FOR THE YEAR ENDED 31 AUGUST 2024**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Trust and Foundations</b>	<b>62,005</b>	67,683
<b>Donations from Individuals</b>	<b>1,075</b>	87
<b>Government and Local Authorities</b>	<b>2,800</b>	1,344
<b>Income from Schools</b>	<b>22,179</b>	33,550
<b>Income from Individual Trainees</b>	<b>1,927</b>	-
<b>Bank Interest and Gift Aid</b>	<b>204</b>	117
<b>Incoming Resources from Charitable Activities</b>	<b>90,190</b>	102,781
<b>Resources Expended</b>		
Charitable Activities	(63,258)	(54,158)
Management and administration	(32,180)	(24,486)
Governance Costs	(635)	(1,211)
Net movement in funds	(5,883)	22,926
Funds brought forward 1 September 2023	78,774	55,848
<b>Funds carried forward 31 August 2024</b>	<b>72,891</b>	<b>78,774</b>

# LIQUID LISTENING

## BALANCE SHEET

AS AT 31 AUGUST 2024

	2024		2023	
	£	£	£	£
<b>Tangible fixed assets</b>		3,123		3,185
<b>Current assets</b>				
Debtors	-		-	
Bank and cash in hand	<u>69,768</u>		<u>78,901</u>	
	69,768		78,901	
<b>Liabilities</b>				
Creditors: falling due within one year	-		3,312	
	<u>          </u>		<u>          </u>	
<b>Net current assets</b>		<u>69,768</u>		<u>75,589</u>
<b>Net assets</b>		72,891		78,774
		<u>          </u>		<u>          </u>
Total restricted funds		27,500		17,550
Total unrestricted funds		<u>45,391</u>		<u>61,224</u>
<b>Total funds</b>		<u>72,891</u>		<u>78,774</u>

Liquid Listening is a private company limited by guarantee incorporated in England and Wales. The registered office is 28, Broad Street, Wokingham, Berkshire, RG40 1AB. For the year ended 31 August 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with SORP 2005 and in accordance with FRS 102.

The financial statements were approved by the board of directors and authorised for issue on 6th December 2024 and signed on its behalf by:



M G Bettridge  
Director

# LIQUID LISTENING

## ACCOUNTING POLICIES AND NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2024

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### ACCOUNTING POLICIES

The following accounting policies are used consistently with items that are considered material in relation to the charity's accounts:

*Basis of accounting:* The accounts are prepared under the historical cost convention.

*Income and expenses:* The income and expenses are stated using the "accrual" concept in accordance with the Statement of Recommended Practice for charity accounts.

*Depreciation :* Depreciation is provided at an annual rate of 15% on all tangible fixed assets under the reducing balance method.

### NOTES TO THE FINANCIAL STATEMENTS

#### 1. Tangible Fixed Assets

	Equipment £
<i>COST</i>	
At 1 September 2023	5,151
Additions	<u>489</u>
As at 31 August 2024	<u>5,640</u>
<i>DEPRECIATION</i>	
At 1 September 2023	1,966
Charges	<u>551</u>
As at 31 August 2024	<u>2,517</u>
<i>NET BOOK VALUE</i>	
As at 31 August 2024	<u>3,123</u>
As at 31 August 2023	<u>3,185</u>