

STARLIGHT SUPPORT GROUP

England & Wales · Charity number 1154220

Details

Other names STARLIGHT

Status Registered

Legal form CIO

Registered 2013-10-16

Register [View on the Charity Commission register](#)

Contact

Address Flat 2
Jane Court
Victoria Road
Romford
RM1 2EE

Phone 01708608477

Email starlightgroup2012@gmail.com

Activities

Objects: THE PRESERVATION AND PROTECTION OF MENTAL HEALTH OF PERSONS WHO HAVE EXPERIENCED MENTAL HEALTH ILLNESSES, THEIR CARERS AND FAMILY, BY PROMOTING REHABILITATION OF SUCH PERSONS THROUGH THE PROVISION OF PEER SUPPORT SERVICES, PRACTICAL ADVICE, COUNSELLING AND RECREATIONAL ACTIVITIES.

Activities: We organise peer support sessions where people meet and share their experiences of overcoming issues that affect their mental health. We also offer a range of recreational activities where people learn techniques that will assist them to develop coping strategies to address anxiety, low mood, stress, low esteem or anger. This includes organising group therapy sessions.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Barking And Dagenham
- Havering
- Redbridge

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	-	-	-	-
2023-12-31	-	-	-	-
2022-12-31	-	-	-	-
2021-12-31	-	-	-	-
2020-12-31	-	-	-	-
2014-12-31	£10,000	£7,500	-	-

Trustees

Name	Role	Appointed
LORRAINE BAILEY		2013-09-16
MICHAEL INNS		2013-09-16