

MINDFUL

England & Wales · Charity number 1154189

Details

Status Registered

Legal form Other

Registered 2013-10-14

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO PRESERVE AND PROTECT GOOD MENTAL HEALTH OF OLDER INDIVIDUALS WITH MENTAL HEALTH AND MEMORY PROBLEMS AND INDIVIDUALS WITH A MEMORY PROBLEM OF ANY AGE AND PROVIDE SUPPORT FOR THEIR CARERS IN SHAFTESBURY, GILLINGHAM, STURMINSTER NEWTON AND STALBRIDGE AND THE SURROUNDING VILLAGES, BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES AND SUPPORT SERVICES NOT NORMALLY PROVIDED BY THE STATUTORY SERVICES

Activities: Fund raising; dissemination of information and advice; social events and outings; financial assistance with education and training; raising awareness of dementia and mental health issues.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes
- **Who:** Other Defined Groups

Geography

- Dorset

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-06	£9,924	£8,360	-	-
2024-02-06	£8,108	£7,131	-	-
2023-02-06	£4,067	£4,441	-	-
2022-02-06	£3,605	£4,642	-	-
2021-02-06	£2,128	£1,458	-	-

Trustees

Name	Role	Appointed
Sally Nutbeem	Chair	2015-03-03
Barbara Turnbull		2015-03-03
Holly Bernia Morgan		2023-11-23
Michelle Collicott		2021-03-01
Mike Turnbull		2018-02-01
PETER JULIAN FINEMAN		2019-02-01
VALERIE GLADYS STEVENS		2013-05-03