

THE PURSUIT OF HAPPINESS

England & Wales · Charity number 1154052

Details

Other names DR DEEN, DR DEEN YOUTH SOLUTIONS

Status Registered

Legal form CIO

Registered 2013-10-02

Register [View on the Charity Commission register](#)

Contact

Address 41 Blawith Road
Harrow
HA1 1TL

Phone 020 8861 2265

Email info@doctordeen.com

Website www.doctordeen.com

Activities

Objects: TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 25 THROUGHOUT ENGLAND AND WALES BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:(A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;(B) ADVANCING EDUCATION;(C) RELIEVING UNEMPLOYMENT;(D) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.

Activities: TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 25 THROUGHOUT ENGLAND AND WALES BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, Religious Activities, Recreation
- **Who:** Children/young People, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£2,376	£16,655	-	-
2024-03-31	£2,849	£3,682	-	-
2023-03-31	£3,236	£1,125	-	-
2022-03-31	£10,129	£837	-	-
2021-03-31	£4,946	£1,360	-	-

Trustees

Name	Role	Appointed
MR KAMRAN QURESHI	Chair	2013-10-02
UZMA QURESHI		2013-06-20

THE PURSUIT OF HAPPINESS

England & Wales - Charity number 1154052

Accounts

The Pursuit of Happiness

Annual report and financial statements for the
year ended 31 March 2025

Contents

Page

Charity Details	3
Trustees' report	4-5
Statement of financial activities	6

Charity Details

Charity name	The Pursuit of Happiness
Charity registration number	1154052
Charity office	41 Blawith Road Harrow Middlesex HA1 1TL

Trustees' Report for the year ended 31 March 2025

Purpose of The Pursuit of Happiness

To act as a resource for young people up to the age of 25 throughout England and Wales by providing advice, assistance, and organising programmes of physical, educational, and other activities as a means of:

- (a) Advancing in life and supporting young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals;
- (b) Advancing education;
- (c) Relieving unemployment;
- (d) Providing recreational and leisure-time activities in the interests of social welfare for people living in the area of benefit who are in need by reason of youth, age, infirmity or disability, poverty, or social and economic circumstances, with a view to improving their quality of life.

Requests for Support

Our trustees are kept informed of guidance and advice from the Charity Commission. We work closely with other local charities and organisations that may share in the delivery of youth services.

Trustees' Report for the year ended 31 March 2025

Services Delivered

We delivered services in the following areas:

- ☑ Provided remote and face-to-face advocacy, advice, information services, and youth and parenting guidance.
- ☑ Delivered youth life skills programmes to help build confidence, resilience, and physical and mental well-being in young people.
- ☑ Acted as a resource body

Future prospects

The charity is in desperate needs of funds and currently has no paid staff members due to a lack of funds.

The trustees will work to ensure the continuation of services as far as is possible and to work with other stakeholders to strive to enhance and bring the optimum level of benefit to those who need our support the most.

Approved by the Trustees on 23rd December 2025 and signed on its behalf by:



Chairman & Trustee

Kamran Qureshi

Statement of financial activities (including income and expenditure account and statement of income) for the year ended 31 March 2025

Income	2025 £	2024 £
Donations	2,376	2,849
Grants	0	0
Investment income	0	0
Other income	0	0
Total income	2,376	2,849
Expenditure		
Youth training	14,476	858
Banking and accountancy	1,085	1069
IT /Media costs	1,094	1755
Issuing of Grants	0	0
Total expenditure	16,655	3682
Balance Sheet	2024/25	2023/24
Total funds carried forward	£184	14,463

THE PURSUIT OF HAPPINESS

England & Wales - Charity number 1154052

Accounts

Dr Deen Youth Solutions

Annual report and financial statements for the

year ended 31 March 2024



Charity registration number: 1154052

Contents

Page

Charity Details	3
Trustees' report	4-5
Statement of financial activities	6

Charity Details

Charity name	Dr Deen Youth Solutions
Charity registration number	1154052
Charity office	41 Blawith Road Harrow Middlesex HA1 1TL

Trustees' Report for the year ended 31 March 1755

Purpose of Dr Deen Youth Solutions

To act as a resource for young people up to the age of 25 throughout England and Wales by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

- (a) Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) Advancing education;
- (c) Relieving unemployment;
- (d) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Website

The website gives details of our projects and upcoming services, courses, events and support workshops. Our website, www.doctordeen.com provides details of charity activities and fundraising events.

Requests for support

Our trustees are kept aware of guidance and advice from the Charity Commission. We work closely with other local charities and organisations who may share in the delivery of youth services.

Trustees' Report for the year ended 31 March 2024

Services Delivered

We delivered services in the following areas:

1. Provided Remote and face to face Advocacy / Advice/ Information Services/ Youth & Parenting Advice and Guidance
2. Delivered Youth life skills programmes to help build confidence, resilience and physical/mental well-being in young people
3. Acted as a resource body

Future prospects

The charity is in desperate needs of funds and currently has no paid staff members due to alack of funds.

The trustees will work to ensure the continuation of services as far as is possible and to work with other stakeholders to strive to enhance and bring the optimum level of benefit to those who need our support the most.

Approved by the Trustees on 5th December 2024 and signed on its behalf by:



Chairman & Trustee

Kamran Qureshi

Statement of financial activities (including income and expenditure account and statement of income) for the year ended 31 March 2024

Income	2024 £	2023 £
Donations	2,849	3,236
Grants	0	0
Investment income	0	0
Other income	0	0
Total income	2,849	3,236
Expenditure		
Training and event costs	858	200
Banking and accountancy	1069	641
IT /Media costs	1755	284
Issuing of Grants	0	0
Total expenditure	3682	1125
Balance Sheet	2023/24	2022/23
Total funds carried forward	14,463	15296

THE PURSUIT OF HAPPINESS

England & Wales - Charity number 1154052

Accounts

Dr Deen Youth Solutions

Annual report and financial statements for the

year ended 31 March 2023



Charity registration number: 1154052

Contents

Page

Charity Details	3
Trustees' report	4-5
Statement of financial activities	6

Charity Details

Charity name Dr Deen Youth Solutions

Charity registration number 1154052

Charity office 41 Blawith Road
Harrow
Middlesex
HA1 1TL

Trustees' Report for the year ended 31 March 2023

Purpose of Dr Deen Youth Solutions

To act as a resource for young people up to the age of 25 throughout England and Wales by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

- (a) Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) Advancing education;
- (c) Relieving unemployment;
- (d) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Financial review

The charity's income for the year ending March 31st 2023 totalled £3236

Resources expended in the year totalled £1125

Funds brought forward at the beginning of the year totaled £13185

and those carried forward at March 31st 2023 are £15296

Website

The website gives details of our projects and upcoming services, courses, events and support workshops. Our website, www.doctordeen.com provides details of charity activities, services and fundraising events.

Requests for support

Our trustees are kept aware of guidance and advice from the Charity Commission. We work closely with other local charities and organisations who may share similar goals in the delivery of youth services.

Trustees' Report for the year ended 31 March 2023

Services Delivered

We had another challenging year due to the ill-effects of isolation on young people during the Covid-19 period. This caused many youth to struggle with interacting socially and engaging in outdoor youth activities

We delivered services in the following areas:

1. Provided Remote and Face To Face Advocacy / Advice/ Information Services/ Youth & Parenting Advice & Guidance
2. Delivered a three-month Youth life skills programme to help build confidence, resilience including physical and mental well-being in young people
3. Acted as a resource body

Future prospects

The charity is in desperate needs of funds and currently has no paid staff members due to a lack of funds.

The trustees will work to ensure the continuation of services as far as is possible and to work with other stakeholders to strive to enhance and bring the optimum level of benefit to those who need our support the most.

Approved by the Trustees and signed on its behalf by:

Chairman Kamran Qureshi

Date: 15 November 2023

Statement of financial activities (including income and expenditure account and statement of income) for the year ended 31 March 2023

Income	2023 £	2022 £
Donations	3,236	10,129
Grants	0	0
Investment income	0	0
Other income	0	0
Total income	3,236	10,129
Expenditure		
Training and event costs	200	35
Banking and accountancy	641	480
IT/Media costs	284	122
Issuing of Grants	0	200
Total expenditure	1125	837
Balance Sheet	2022/23	2021/22
Total funds carried forward	15296	13185

Approved by the Trustees on 15 November 2023 and signed on its behalf by:



Chairman & Trustee
Kamran Qureshi

THE PURSUIT OF HAPPINESS

England & Wales - Charity number 1154052

Accounts

Charity registration number: 1154052

Dr Deen Youth Solutions

Annual report and financial statements for the
year ended 31 March 2022

Contents

Page

Charity Details	3
Trustees' report	4-5
Statement of financial activities	6-7

Charity Details

Charity name Dr Deen Youth Solutions

Charity registration number 1154052

Charity office 41 Blawith Road
Harrow
Middlesex
HA1 1TL

Trustees' Report for the year ended 31 March 2022

Purpose of Dr Deen Youth Solutions

To act as a resource for young people up to the age of 25 throughout England and Wales by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

- (a) Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) Advancing education;
- (c) Relieving unemployment;
- (d) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Financial review

The charity's income for the year ending March 31st 2022 totaled £10,129

Resources expended in the year totalled £837

Funds brought forward at the beginning of the year totalled £3893

and those carried forward at March 31st 2022 are £13,185

Website

The website gives details of our projects and upcoming services, courses, events and support workshops. Our website, www.doctordeen.com provides details of charity activities and fundraising events.

Requests for support

Our trustees are kept aware of guidance and advice from the Charity Commission. We work closely with other local charities and organisations who may share in the delivery of youth services.

Trustees' Report for the year ended 31 March 2022

Services Delivered

We had a challenging year due to the Covid 19 Crisis. All services were provided remotely and online. The online events were very well received.

We offered services in the following areas:

1. Provided Remote Advocacy / Advice/ Information Services/ Youth & Parenting Courses
2. Undertook research into causes and cures of youth disaffection, demoralization, life and career issues.
3. Youth remote and face to face support and guidance workshops
4. Acted as a resource body

Future prospects

The charity is in desperate needs of funds and currently has no paid staff members or full-time staff due to a lack of funds.

The trustees will work to ensure the continuation of services as far as is possible and to work with other stakeholders to strive to enhance and bring the optimum level of benefit to those who need our support the most.

Approved by the Trustees and signed on its behalf by:

Chairman Kamran Qureshi

Date: 15 October 2022

Statement of financial activities (including income and expenditure account and statement of income) for the year ended 31 March 2022

	2022 £	2021 £
Income		
Donations	10,129	4946
Grants	0	0
Investment income	0	0
Other income	0	0
Total income	10,129	4946
Expenditure		
Training and event costs	35	580
Banking and accountancy	480	0
IT/Media costs	122	488
Issuing of Grants	200	0
Service delivery costs	0	292
Total expenditure	837	1360
Balance Sheet	2021/22	2020/21
Total funds carried forward	13,185	3893

Approved by the Trustees on 15 October 2022 and signed on its behalf by:

Chairman & Trustee

A handwritten signature in black ink, appearing to read 'Kamran Qureshi', written in a cursive style.

Kamran Qureshi

THE PURSUIT OF HAPPINESS

England & Wales - Charity number 1154052

Accounts

Charity registration number: 1154052

Dr Deen Youth Solutions

Annual report and financial statements

for the year ended 31 March 2021

Contents

Page

Charity Details	3
Trustees' report	4-5
Statement of financial activities	6

Charity Details

Charity name	Dr Deen Youth Solutions
Charity registration number	1154052
Charity office	41 Blawith Road Harrow Middlesex HA1 1TL

Trustees' Report for the year ended 31 March 2021

The Purpose of Dr Deen Youth Solutions

To act as a resource for young people up to the age of 25 throughout England and Wales by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

- (a) Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) Advancing education;
- (c) Relieving unemployment;
- (d) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Financial review

The charity's income for the year ending March 31st 2021 totalled £4946

Resources expended in the year totalled £1360

Funds brought forward at the beginning of the year totalled £307

and those carried forward at March 31st 2021 are £3893

Website

The website gives details of our projects and upcoming services, courses, events and support workshops. Our website, www.doctordeen.com provides details of charity activities and fundraising events.

Requests for support

Our trustees are kept aware of guidance and advice from the Charity Commission. We work closely with other local charities and organisations who may share in the delivery of youth services.

Trustees' Report for the year ended 31 March 2021

Services Delivered

We had a challenging year due to the Covid 19 Crisis. All services were provided remotely and online. The online events were very well received.

We offered services in the following areas:

1. Provided Remote Advocacy / Advice/ Information Services/ Youth & Parenting Courses
2. Undertook research into causes and cures of youth disaffection, demoralization, life and career issues.
3. Delivered remote workshops on issues relating to youth and parenting
4. Carried out specific research on the Marriage Crisis
5. University student remote support and guidance workshops
6. Acted as a resource body

Future prospects

The charity is in desperate needs of funds and currently has no paid staff members or full time staff due to a lack of funds.

The trustees will work to ensure the continuation of services as far as is possible and to work with other stakeholders to strive to enhance and bring the optimum level of benefit to those who need our support the most.

Approved by the Trustees and signed on its behalf by:

Chairman Kamran Qureshi

Date: 19 September 2021

Statement of financial activities (including income and expenditure account and statement of income) for the year ended 31 March 2021

	2021 £	2020 £
Income		
Donations	4946	7517
Grants	0	0
Investment income	0	0
Other income	0	0
Total income	4946	7517
Expenditure		
Training costs	580	0
Volunteers costs	0	0
IT/Media/office costs	488	1606
Service delivery costs	292	7935
Total expenditure	1360	9541
Balance Sheet	2020/21	2019/20
Total funds carried forward	3893	307

Approved by the Trustees on 19th September 2021 and signed on its behalf by:

Chairman & Trustee

Kamran Qureshi