

CHARITY REGISTERED NUMBER: 1154038

GATEWAY ACTION (SALFORD)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2022

BROOKS & CO.
CHARTERED ACCOUNTANTS
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GATEWAY ACTION (SALFORD)

LEGAL AND ADMINISTRATIVE INFORMATION

Registered Charity Number: 1154038

Chairman: Mr Avrohom Yeshayo Goldman

Treasurer: Mr Isaac Leitner

Trustees: Mr Isaac Leitner
Mr Moshe Klyne

Secretary: Mr Moshe Klyne

Registered Office: 27 Stanley Road
Salford
M7 4FR

Accountants: Brooks & Co.
Chartered Accountants
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M7 4FR
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GATEWAY ACTION (SALFORD)
FOR THE YEAR ENDED 31 JANUARY 2022

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INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF GATEWAY ACTION (SALFORD)
FOR THE YEAR ENDED 31 JANUARY 2022

I report on the accounts which are set out on pages 4 to 8

Respective responsibilities of the Council and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:

The trustees who are also directors of the company for the purpose of

Examine the accounts under section 145 of the 2011 Act; follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act); and state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements to prepare accounts which accord with the accounting records and comply with the accounting requirements of the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Brooks & Co

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Chartered Accountants
Salford
M7 4FR

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Dated: 11 November 2022

GATEWAY ACTION (SALFORD)

REPORT OF THE COUNCIL

FOR THE YEAR ENDED 31 JANUARY 2022

The Council present their annual report for the year ended 31 January 2022 under the Charities Act 2011, together with the financial statements for the year, and confirm that the latter comply with the requirements of the Act, the Trust Deed and the Charities SORP 2005.

Principal objects

The principal objects of the charity are:

Helping young people develop their skills

Advancing education

Relieving unemployment

Provide recreational and leisure time activity

Relieving mental ill health amongst children and young people.

Gateway Action 2022: Highlights of our achievements

We have been working with users with the following specific barriers :

Gateway Action (Salford) is based in the Broughton ward of Salford where deprivation is prevalent. In Broughton 27% of the population is Jewish compared to half a percent nationally (census 2011), with half under 25 years old and many are on benefits. The Orthodox population locally increases 4% annually with higher levels in the more deprived areas. The youth of the neighbourhood face disadvantages including lack of qualifications, lack of self-esteem, poor life prospects and lack of aspiration. There is also a range of learning disabilities.

Many Orthodox Jewish teenagers are from large families, with parents who have poor educational attainment and lack the resources to help their children flourish. Many youths are disadvantaged due to their religious practices restricting them to single sex education, single sex facilities and requiring them to conform to their community norms. Many Jewish homes do not have TVs or internet access at home, and they have a lack of opportunity to research about different skills which could lead to work.

The Orthodox Jewish community is one of many ethnic minority groups that has been severely impacted by COVID-19. It has tragically lost a good number of its community and their grief is compounded by not being able to attend to their prayer vigils or to pay their respects. For those living on their own or feeling isolated due to mental health anxieties the situation is extremely difficult. The project therefore supports people who are at high risk from COVID-19 and those who have been impacted directly and indirectly from COVID-19.

Many of the young people from this neighbourhood, come from disadvantaged backgrounds with most coming from large, low-income families and have to fight for attention and opportunities. Due to lack of qualifications or being excluded from school, they lack qualifications, have poor future prospects, low aspirations and generally under achieve, the consequence of which is:

- Lack of motivation, low self-esteem & confidence.
- Lack of basic life skills, hygiene and poor social skills.
- Inactivity, obesity and physical health issues particularly relating to lack of sporting opportunities.

They also face barriers to accessing mainstream provisions because of their cultural and religious needs, including the need for single sex after school clubs.

Two of the three founding trustees of Gateway Action (Salford) have lived experienced and/or have worked directly with teenagers and have seen the steamroller-effect of their struggles and the impact it has on their wellbeing, and that of their families.

Volunteers

Most of our volunteers, from all walks of life and from several professions, have anecdotes of family members and friends, who when faced with an unforeseen crisis lost their ability to function as a regular member of society, some for a short period, others for longer. They all understand, and that is why they are drawn to this work that offers proactive assistance and guidance, provided with compassion and common sense, by an outsider who can advocate for them. This support can literally save their clients lives and restore their equilibrium.

CCLORS funding:

The funding from CCLORS enabled us to continue to support 150+ Orthodox Jewish teenagers and their families. Indeed, demand for our services grew throughout the pandemic. Lockdown put an incredible strain on teenagers and their families. Orthodox Jewish families are large (avg 6-8 children) and few have access to TV or Internet. This left scores of young people with little to do in the lockdowns. We divided our attention between youth and parents. We therefore provided the following:

- CBT workshops, utilizing a workbook, sharing their learning and aptitudes
- Craft workshops, creating 6 x 3D wooden model kits which take up to 10 hours to complete
- Peer support groups (virtual and face to face depending on restrictions)
- Parent support groups on managing and supporting teenagers
- Refreshment packages for those engaging in the workshops
- Zoom mentoring – training volunteers to support community members (esp, grieving where cannot participate in religious and cultural obligations).
- Communication workshops
- Food parcels to families who were struggling financially
- Financial and Benefits support

The support provided throughout 2020 and 2021 has built trust with our members but has also extended our reach. Gateway Action recognised the despair many individuals or families experienced and established an anonymous HelpLine for people who felt they had nowhere else to turn. HelpChat soon followed for people not wishing to speak. This service is now well established in the community and has become a permanent and growing service.

As noted above, the continued engagement throughout the pandemic has seen our membership grow. As of September 2021, we have had a 50% increase in our membership. The HelpLine service is also expanding beyond the local community and is reaching people across the UK.

Albert Gubbay funding:

Following requests from the families that we support the project is to support Orthodox Jewish families whom have been impacted by COVID-19 and offer weekly Kosher food packages. There are already high levels of poverty in the community even before the current crisis, which has only made matter worse. Some users suffer from mental health challenges including anxiety and low self-esteem, which has deteriorated due to Covid-19. Most of these families are large with an average of 6 to 8 children and they often live in overcrowded accommodation.

We will provide food parcels weekly to families who will otherwise be hungry. We will begin with food packages, which will be delivered to people's homes and once restrictions are loosed, will run from a central Hub and most families will collect from us unless there are mobility issues in the family in which case we will still deliver. The project will support the community by making sure families get at least one good meal a day.

We will support those who:

Lost their jobs due to Covid-19
Furlough due to Covid-19
Less income due to Covid-19
are in debt due to Covid-19
and need financial help and support.
Where there has been a bereavement in the family due to Covid-19

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Covid-19 Activities

Due to lockdowns and restrictions we changed running our original program. We supported:

- approximately 100 teenagers and young people aged 15 – 25 years who are currently struggling to manage with lockdown. These include those with mental health issues, others divorced or single and living on their own.
- a range of young people to ensure they felt included and that communications channels remained open. Each person received a parcel every two weeks containing food treats, a game or book (of their choice), and some self-help information according to their particular need. Each parcel included telephone numbers to signpost those who needed additional support.
- for those who were experiencing anxiety, stress, depression or struggling with addictions, we ran: Counselling, and emotional health zoom support sessions.
- a specialist helpline set up by trained staff to support young people to receive a weekly call. People were supported or signposted as necessary.

The difference the project made over Covid-19 is in improving people's mental well-being and reducing isolation. Through telephone contact and food parcels the aim was to encourage people to stay home and stay safe while ensuring that no one feels forgotten. The benefit is to keep individuals, as well as the whole community, safe at home yet remain connected.

Activities this year

We have run:

1. Parenting and addictions course. We ran an eight week 'Parenting Teenagers' Course this year, including key topics:

- Communication - the key to happy families
- Parent/School relationship and peer pressure
- Cyberbullying and safety
- Conflict and how to handle it
- Managing and promoting positive behaviour
- Addressing addictions - drugs, alcohol, sex, eating disorders

We also provided counselling for those individuals or families who require additional ongoing support or for one-off interventions. Families or individuals are matched to the best available counsellor, and we have provided approximately an additional 150 hours of counselling during Covid-19.

The counsellors and mentors are supported to keep them up to date with their training and

supervision.

We also ran a mentoring course for 22 men and 28 women - all of whom passed or achieved a pass.

2. Keeping our community safe from suicides. Five sessions delivered via Zoom. Over 150 Orthodox Jewish people attended each session. Following the tragic number of deaths from suicides of young people over the past year, this topic drew many concerned parents and community leaders to try and understand what led to the deaths, and how suicides can be prevented in the future.

Following each suicide, we also arranged immediate support and help for young people, so that they had someone to chat to or to call for advice.

3. Mental Health First Aid course. We trained 25 key workers in Manchester. The two-day training provided the participant with the tools to recognize, understand and reach out to someone who is going through a mental health episode. The course included the following topics:

- What is mental health first aid
- What is mental health
- Depression
- Suicide
- Anxiety Disorders
- Self-Harm
- Eating Disorders
- Personality Disorders
- Psychosis
- Religious perspectives
- How to intervene
- How to get help
- Building Resilience
- Building Resilience after a crisis

4. Meditation sessions – these sessions were aimed at people with low to moderate levels of mental health and wellbeing. They offered self-relaxation techniques, how to lower and manage stress levels, breathing techniques, and other ways to reduce overwhelm, anxiety and stress.

5. Emotional Intelligence course (on Zoom)

This course had 80 participants and ran over 5 weeks. The purpose of this course was primarily for counsellors and mentors to advance their skills. Participants were taught:

- How is our perception shaped? What is EI and why it's important? Understanding your personality, and How to adapt and connect with others (e.g., introvert/extrovert or emotional/logical people).
- Using EI to overcome difficult conversations
- Using EI to deal with conflict.
- Understanding Stress and EI
- The ABCDE of building EI.
- Tools & Techniques Reflective Action Planning

Participants learnt about self-awareness and self-management:

- Know your own mood and how you feel about it.
- Know your own emotional strengths and weaknesses.
- Know words (signs) for your feelings.
- Know what action options you have (what you can do about your feelings)
- Know your own mood and how you feel about it.
- Know your own emotional strengths and weaknesses.
- Know words (signs) for your feelings.
- Know what action options you have (what you can do about your feelings)

6. Communication course (on Zoom)

A 4-week course run on Tuesday evenings with 34 participants. We targeted those in supporting roles such as educators, counsellors and also parents because it has become almost like the norm during lockdown for children to be at home throughout the day.

We chose to run the communication course due to feedback and surveys from previous courses, and because the key to implementing intervention with success is with good communication and at times like we are in parents need the tools to communicate well with their children or spouse.

The course ran on Zoom and is interactive. The course topic covered how people have different perceptions of reality and we therefore cannot assume we are being understood. If we want to be received by someone, we have to build their trust. Participants also learnt how to understand their own preferred learning style and how that affects the way we communicate.

They also explored the purpose and nature of communication, to understand how communication works, the barriers and how to overcome them. We also looking at different methods of communication via personality types and how to connect successfully. We also explored how your role as a communicator can be impactful – creating your own unique style.

Partnership work

The idea for this partnership project began in response to the tragic death of four Ultra-Orthodox teenagers within the last year. Within the five-year period of 2015 – 2019 there was only 1 suicide, but recently that has increased to at least 5 per year. This experience has been very distressing for the whole community and has brought organisations together in wanting to respond and connect in a positive and proactive way.

Due to this being the final year of the Reaching Communities grant - Gateway Action has been setting up partnership work to ensure we can continue to support and help young people.

- Delapage Limited has funded opening The Helpline and Helpchat 24/7. With a trained volunteer base, Helpline and Helpchat has supported those who have struggled throughout lockdown, are worried about their health, or have suffered family breakdowns. The trained volunteers serve as Helpline responders in the areas of mental health, domestic abuse, harassment, suicide prevention, addictions, or advice for concerned family members. The volunteers are trained to identify the nature of the call, to listen, and if appropriate, signpost the caller to organisations to meet their specific needs. The confidential and anonymous texting service is for those who cannot make a voice call. It is mostly used by teenagers but also those in violent relationships and are unable to speak.

Both Helpline and Helpchat services are open 24-hours, deemed necessary due to the sensitive and confidential nature of the service. For this reason, there is no voice-mail service - each call is answered by a volunteer.

This new partnership will benefit 2,000 children, teenagers and their families from the Orthodox Jewish community who have a unique set of cultural, language and religious sensitivities, who do not access mainstream services and find it far easier to connect with members of their own or closely aligned members of their community where there is a clear understanding of their background and needs.

All calls are monitored, with a reflective note from the Helpline responder, to ensure that the call has been handled correctly, with respect, and that any follow-up advice provided is proportionate and appropriate. Examples of calls are attached.

Funding

During the period we secured or maintained our main funding from the following institutions:
The Albert Gubbay Foundation,
National Lottery – Reaching Communities program,
National Lottery – Awards for All program,

Bury MBC,
Power to change / Ccolors,
Forever Manchester,
The Charity Service,
Winter Discharge Mental Health,
Crowdfunder Limited,
Delapage Limited.

We are very grateful to these funders, and a few others who prefer to remain anonymous, for the confidence they have shown in our charity by their financial support. We are also grateful for the continued support of our private individual donors. These are too many to be listed here but their contribution is particularly welcome especially during these years of economic uncertainty, despite which they have maintained (in some cases even increased) their support.

Structure, Governance and Management

Governing document

The charity is governed by its Constitution dated 3 April 2013.

Appointment of trustees

The trustees are responsible for the administration and investment policy of the Scheme. Trustees are appointed and removed by the sponsoring

The trustees who served during the year are set out on the charity information page at the front of these accounts.

Two trustees are elected annually by the members attending the AGM and serve for a period of two years.

Trustee induction and training

New Trustees undergo an orientation day to brief them on their legal obligations under charity and company law, the committee and decision making processes, the business plan and recent financial performance of the charity. During the induction day they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Organisation

A board of trustees of up to 5 members, who meet quarterly, administers the charity. There are sub-committees covering development, membership, finance and audit. A Chief executive is appointed by the trustees to manage the day-to-day operations of the charity.

Risk policy

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Volunteers

Many volunteers give up their time to help the charity. We are greatly to these volunteers for their commitment and support.

GATEWAY ACTION (SALFORD)
REPORT OF THE COUNCIL (Continued)
FOR THE YEAR ENDED 31 JANUARY 2022

Financial review

Accounting and reporting responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provision of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees on 11 November 2022 signed on its behalf by:

.....
Mr I Leitner
Trustee

GATEWAY ACTION (SALFORD)

BALANCE SHEET

AT 31 JANUARY 2022

	Note	2022	2021
		£	£
Current assets			
Bank Accounts		128,852	71,215
		<u>128,852</u>	<u>71,215</u>
Net current assets		<u>128,852</u>	<u>71,215</u>
Total assets less current liabilities		<u>128,852</u>	<u>71,215</u>
Net assets		<u>£128,852</u>	<u>£ 71,215</u>
Capital funds			
Unrestricted funds		128,852	71,215
Total funds		<u>£128,852</u>	<u>£ 71,215</u>

Approved by the trustees on 11 November 2022 and signed on its behalf.

.....
Mr A Y Goldman

The annexed notes form part of these financial statements.

GATEWAY ACTION (SALFORD)

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 JANUARY 2022

	Restricted Funds £	Unrest'd Funds £	Total Funds 2022 £	Total Funds 2021 £
Incoming resources				
Incoming Resources from generated funds:				
Voluntary income	17,719	189,112	206,831	235,572
	<hr/>	<hr/>	<hr/>	<hr/>
Total incoming resources	17,719	189,112	206,831	235,572
	<hr/>	<hr/>	<hr/>	<hr/>
Resources expended				
Costs re Charitable Activities	44,470	104,724	149,194	190,609
	<hr/>	<hr/>	<hr/>	<hr/>
Total resources expended	44,470	104,724	149,194	190,609
	<hr/>	<hr/>	<hr/>	<hr/>
Net movement in funds	(26,751)	84,388	57,637	44,963
	<hr/>	<hr/>	<hr/>	<hr/>
Total funds brought forward	27,409	43,806	71,215	26,252
	<hr/>	<hr/>	<hr/>	<hr/>
Total funds carried forward	£ 658	£ 128,194	£ 128,852	£ 71,215
	<hr/>	<hr/>	<hr/>	<hr/>

Details of Incoming resources and resources used are given in the notes to the financial statements.

GATEWAY ACTION (SALFORD)

STATEMENT OF FINANCIAL ACTIVITIES

DETAILED ANALYSIS OF MOVEMENTS IN FUNDS

FOR THE YEAR ENDED 31 JANUARY 2022

	2022		2021	
	£	£	£	£
General Fund				
Balance Brought Forward	43,806		6,636	
Surplus for the year	84,388		37,170	
	<hr/>		<hr/>	
		128,194		43,806
Restricted Funds				
Balance Brought Forward	27,409		19,616	
Surplus for the year	(26,751)		7,793	
	<hr/>		<hr/>	
		658		27,409
		<hr/>		<hr/>
Total funds at 31 January 2022		£ 128,852		£ 71,215
		<hr/> <hr/>		<hr/> <hr/>

GATEWAY ACTION (SALFORD)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2022

1. Accounting policies

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 (as updated through Bulletin 1 published on 2 February 2016), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The financial statements are prepared on a going concern basis under the historical convention (modified to include certain items at fair value). The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years unless otherwise stated.

Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund as set out in the notes to the financial statements.

GATEWAY ACTION (SALFORD)

NOTES TO THE FINANCIAL STATEMENTS (Continued)

FOR THE YEAR ENDED 31 JANUARY 2022

2. Incoming resources

	Restricted Funds 2022 £	Unrest'd Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Voluntary income				
Donations and Grants	-	159,462	159,462	24,956
Local Grants	18,650	-	18,650	-
National Lottery Grants	-	-	-	9,950
Reaching Community	17,719	-	17,719	109,266
The AGF Trust	-	-	-	44,600
Forever Manchester	5,000	-	5,000	8,500
CCLORS Grant	6,000	-	6,000	38,300
	<hr/>	<hr/>	<hr/>	<hr/>
	47,369	159,462	206,831	235,572
	<hr/>	<hr/>	<hr/>	<hr/>
	2022 £	2022 £	2021 £	2021 £

3. Costs re Charitable Activities:

Course costs and Training	20,953		9,191	
Refreshments and Food Grants	15,370		61,440	
Travel	652		891	
Staffing	12,977		10,183	
Accommodation	11,848		1,100	
Donation	1,000		-	
General Expenses	10,868		3,697	
Consultancy and Counselling	28,055		13,800	
Insurance	749		245	
Sports	190		4,992	
Advertising	2,062		2,615	
	<hr/>	104,724	<hr/>	108,154
Reaching Community Expenditure				
Staffing	11,300		24,855	
General Expenses	5,161		12,300	
Training and Courses	15,500		11,625	
Travel	412		-	
Sessional Workers	-		3,000	
Consultancy	2,000		2,100	
Counselling	7,000		20,500	
Accommodation	-		1,400	
Insurance and Accountancy	500		500	
Rent	2,597		3,095	
Signposting	-		3,080	
	<hr/>	44,470	<hr/>	82,455
		<hr/>		<hr/>
		149,194		190,609
		<hr/>		<hr/>