

THE CASCADE FOUNDATION

Financial statements for the
year ended 31st August 2023

Charity number: 1154017

Charitable Incorporated Organisation
Registered England and Wales

THE CASCADE FOUNDATION

Contents of the financial statements for the period ended 31st August 2023

	Page
Administrative Details	1
Trustees Report	2 - 12
Independent Examiners Report	13 - 14
Income and Expenditure Account	15 - 16
Balance Sheet	17
Notes to the accounts	18 - 20

THE CASCADE FOUNDATION

Administrative details for the period ended 31st August 2023

Registered Charity number	1154017
Trustees and Management Committee	Ken Lewis OBE Richard Main MBE Susan Blackburn Victoria Blakeman
Administrative address	Ms J. Hewitt-Main OBE 40 Kents Hill Road Benfleet Essex SS7 5PL
Bankers	HSBC Bank Plc 33 Town Square Basildon Essex SS14 1BA
Independent Examiner	Mrs Dinah Markwell Retired Acc., Manager Willow House Eccles, Norwich Norfolk NR16 2JR

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Governing document

The organisation is operated under the rules of its constitution which was adopted 30th September 2013.

Recruitment and appointment of new Trustees

The Charity aims to ensure that its Trustees can bring a range of different skills to the board. We would look to recruit Trustees who have worked with offenders, ex-offenders, the long-term unemployed, NEETs and people who are at risk of crime due to their learning disabilities, which contributes towards the achievement of the Charity's objective.

Induction and training of new Trustees

All new Trustees are provided with details of their responsibilities by the way of relevant charity commission leaflets. Further training is available to any Trustees who need it.

Organisational structure and management

The day-to-day running and management of the Charity is undertaken by the Trustees. They are responsible for identifying and appointing staff members, to whom some aspects of the charitable work is delegated.

Risk management

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable insurance against fraud and error.

Objectives and activities

Objective for this year: The charity aims to help as many people as possible via telephone or email. This includes individuals, groups, TV producers, colleges, and universities. The goal is to raise awareness of The Cascade Foundation, its results, and research while working with prisoners and individuals who have come through The Cascade hub.

Looking back over our emails:

- Barnsley College is interested in doing apprenticeships with Cascade.
- Carmen Hancox, MABA Honours PGCE, from Doncaster College, has just started as a Program Leader of Criminal Justice University Lead. She wanted our CEO to be a guest speaker for her students

- A group of journalism students at Sheffield University is investigating whether the government provides enough support for ex-offenders after leaving prison.
- Alex Mills, a Master's student in MS Crime, Justice, and Psychology at the University of Leicester, inquired about peer mentoring for his dissertation.

We also had many specialists, teachers, and centres looking to work with us:

- The Centre for Social Justice requested a meeting about our work in Doncaster, as they have just set up their first hub in Yorkshire as a forum. - Hilary Nicholls, Events Manager.
- Many companies expressed interest in collaborating with us, including Scanning Pens, Dyslexic Learning, Reed in Partnership, and DWP.
- We have been kept up to date with a project in an American prison at Sioux Falls: She contacted me during lockdown and needed help planning her route into the prison system.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Activities:

Our charity has been incredibly active and impactful! over this last year.

1. Overview of Activities

- **Consultancy with the Home Office:** Since 2021, our Chairperson, Richard Main MBE, has been successfully consulting with the Home Office, leading to continued lectures and support for their colleagues.
- **Governorship at SEN School in Kettering:** Richard Main MBE has also been appointed as a governor, where he has been observing teachers, introducing new engagement strategies, and promoting a holistic approach to child development.

2. Impact and Outcomes

- **Dyslexia Show at NEC Birmingham:** Our CEO collaborated with Arran Smith to present the 'Dyslexia Behind Bars II' report and research on the digital divide affecting over 30,000 people during the coronavirus lockdown.
- **ITV Meridian Special Programme:** Our CEO shared literacy knowledge with journalist Natalie Verney, assisting a presenter from "The Repair Shop" with script reading.

3. Financial Overview

Volunteer Contributions: All activities during this period were conducted on a volunteer basis, with some learners donating from their own benefits.

4. Governance and Management

- Collaborations and Partnerships:
 - Worked with Jamie Wace on a podcast about the future of dyslexia in the workplace.
 - Collaborated with Trevor Henderson on the Digital Creator Storytelling project book.
 - Engaged with Debbie Williams, founder of “Succeed from the Start,” to support a community of coaches.

5. Challenges and Future Plans

- **Support for Learners:** Our CEO has been providing ongoing support to learners like Ronald, who faced challenges after the closure of Cascade within Doncaster.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Achievements:

Our CEO has made significant strides in addressing complex social issues through her work.

Here are two key achievements based on her description:

1. Addressing County Lines and Youth Involvement in Drug Dealing:
2. Education initiatives in Prisons:

Initial Encounter and Research: In 2002, while working at a Training Provider in London, our CEO encountered a young individual involved in county lines drug dealing. This experience led her to research and engage with affected youths, understanding their backgrounds and the factors leading them into such activities.

Intervention and Support: By 2006, she secured funding to work with young offenders in Chelmsford Prison, helping them transform their lives. Her efforts culminated in the report “County Lines: Breaking the Cycle,” emphasizing early intervention and prevention 1. Educational Initiatives in Prisons:

Learning Coach Course: Our CEO developed a Learning Coach course in Doncaster, aimed at prisoners, prison staff, and program observers. This course included the introduction of the report “Dyslexia Behind Bars” and a 250-word essay to deepen understanding of the issues faced by individuals with learning disabilities in the prison system 2.

Engagement in co-production with people living in prison:

In article for the publication Prison Service Journal 262: the special edition explores engagement in co-production with people living in prison who are under supervision in the community. Our Learning Coach course in Doncaster was being rolled out to prisoners, prison staff, and observers of our program for its first session.

Our CEO was introducing 20 pages of the first report, “Dyslexia Behind Bars”, followed by a 250-word essay to ensure a thorough understanding of the issues faced by the prisoners they would be working with. During a discussion on this topic, a prisoner learner explained that, despite being at level 3 in literacy, nobody had shown them how to perform this task. Realizing the need for a different approach, our CEO immediately decided to backtrack the course. She involved the prisoners in activities that provided them with opportunities to shape change, drive direction, and improve outcomes, which are crucial components of supporting desistance.

One of the London-based observers was shocked at how quickly our CEO understood the need to change the entire course. They remarked, “We have only started to understand

this in London. How are you doing this in Doncaster?" To our CEO, it was just plain common sense.

These examples highlight our proactive approach and dedication to making a positive impact on individuals and communities.

It's inspiring to hear about the journeys of Michael and Imran whom took part in our Learning Coach Course: Their dedication to creating positive change through social enterprises is commendable.

Michael:

Location: Plot 22, Sheffield, The Exchange Street Venue.

Journey: After working with Jackie Hewitt-Main OBE, Michael took a teaching and business course, learning about social enterprise. With support from the Princess Trust and £1500 raised through crowdfunding, he set up Rite Trax.

Aim: Michael's goal was to involve more vendors and promote creative participation, having seen a lack of it in prison. Rite Trax organizes events around the city featuring underground music, art, and poetry.

Imran:

Location: A rehabilitation house in Rotherham.

Journey: Imran needed more help to set up his social enterprise. With support from your CEO, who helped with references and letters, he established a 10-bedroom rehabilitation house with a kitchen, laundry room, and community room.

Achievements: Inspired by your project in Barnsley, Imran's house was completed to a high standard. His team participated in a two-day recording for a breakfast show, which was used to attract potential funders and supporters. In one year, they had 20 residents, with none re-offending.

Sharing their stories are highlight the impact of support and mentorship in transforming lives and communities. These initiatives have influenced our organization to keep in communication with our learners through emails, phones, Facebook and WhatsApp.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Publicity and media exposure:

Our CEO has been the voice and face of our charity's publicity and media for over 24 years. Nine months into Long Covid, she found talking to radio presenters hard due to how the COVID cough had affected her voice box. This led to her having speech therapy. On TikTok and Facebook, she would use old videos due to the loss of her hair. Nobody saw her for at least a year, after having counselling to help with this matter.

Given that our research is the first of its kind, we have always been approached by many TV media outlets. In October 2022, we were approached by Channel 4 for Shine TV on a prison pilot to help advise on this documentary. This program was to lead to a discussion of how the prisons are not working. We spent weeks sending information over to Kate Billows, the producer. We found prisoners and officers who were willing to be a part of this program. We were then informed that the program would bring in celebrities who would engage with prisoners. The first celebrity was Sid Owen of EastEnders. The prisoners were to behave as they did during their prison sentences, which was quite harrowing for people to watch, and audience figures were dropping. The prisoners were talking in all of the media to reassure, that they had now changed their lives and were not like this anymore, and that it was only done for the cameras. However, the audience figures dropped so dramatically week after week that Channel 4 canceled the women's series "Banged Up." This was such a sad ending to an interesting project that could have delivered many discussions that could have directed our efforts towards relieving the plight of prisoners within prison.

Our goal of media was to still keep raising our brand awareness, and reaching potential customers that need our help. Our CEO took part in the "King Lear Prize" it was great experience for her to keep her writing skills up, the feedback helped her to focus on the future of The Cascade Foundation which could be writing books or producing a drama of the lives of the thousands of prisoners and families she met on her journey.

Feedback:

A Mother To Thousands Of Prisoners by Jackie Hewitt-Main OBE

Initial reflections on your Short Story

The opening of this short story evokes a sense of both sadness and hopefulness. The sadness is evoked by the line "you never think that your life can change, but in just 10 minutes, our whole lives were turned up side down," which conveys a feeling of tragedy. On the other hand, hopefulness is evoked by lines such as "the accident was reported on the radio" and "it was a miracle," which hint at a potentially positive outcome.

Features which are particularly good:

- The opening captures the reader's attention immediately by introducing the protagonist Richard and his story. This is emphasised by the vivid description of his achievements and ambition to buy his first car.

"By the age of seven he would go into the grocery store, for vegetables for my sandwich round, by the age of 14, he was involved in the presentations and shows in the health

trade in London, with the foods that we had imported from America. By the age of 17 he was employed by Telewest Broadband, the youngest employee, they had ever had."

- The vivid imagery used to describe the accident captivates the reader and creates an immediate emotional response.

"The accident was reported on the radio, first news out, was that it was two friends, later in the day every one was sharing the news of two brothers, and how Stuart had survived being thrown out of the car at 70 miles an hour. It was a miracle!"

- The use of repetition adds to the suspense and builds tension.

"Richard and his girlfriend was wearing seatbelts, Stuart had just jumped in the back, we believed to this day that the seatbelts were trapped down the back of the car. As the car was scrapped I never did see the car or the window that Stuart must've been thrown out off, to have been found lying on the centre reservation on the A13, covered by the long grass."

Areas for improvement

- Use more vivid sensory details to engage the reader and build atmosphere
- Make sure to avoid repetition of words or phrases
- Make sure all points of the story lead to the climax or resolution of the story

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Financial Review

When our CEO became ill in December 2021, with Covid pneumonia, Hospitalised, Rehab and a year and a half of Community Care Plan with Social Workers and the Long Covid Service, which led to many therapy's and Hospital treatments. Even though she has been really ill, we are still trying too:

1. Support and Continuity: We are maintaining our website and email addresses to continue supporting and signposting people, to other colleges universities, schools and any of our learners that may help. We are ensuring that our charity remains a valuable resource even during this difficult times.
2. Financial Management: We are managing our debt with HSBC on a monthly basis, this is helping us to maintain financial stability and keeps the charity's obligations in check.
3. Future Planning: We are considering the CEO's health and future role is important. Our contingency plan, may be to shut down the charity has it been our CEO's work of over 24 years, we could identifying interim leadership or additional support, to ensure the charity's operations can continue smoothly.
4. Volunteer Efforts: The dedication of our volunteers has been truly admirable. Recognizing and appreciating their efforts which has helped our CEO which has kept our charity maintaining its morale and engagement, with all parties.
5. Communication with our Stakeholders: Keeping our funding stream and colleagues informed of the situation and our plans to foster understanding and continued support.

Final note

We have kept the The Cascade Foundation still running until we find out how her health will be affect, this charity has been her dream for so long, we do not feel that we could take her dream away at this point.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Statement of trustees' responsibilities

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs for the Charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statement on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

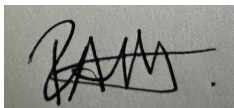
The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities' Act 2011.

They are also responsible for safeguarding the assets of the Charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees declare that they have approved the above report.

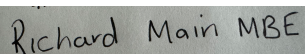
Signed on behalf of the Trustees

Signed:



Date: 12 September 2024

Name and position:



Chairperson

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2023

I report on the accounts of the Charity for the year ended 31st August 2021 which are set out on pages / to /.

Respective responsibilities of Trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities' Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations for you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

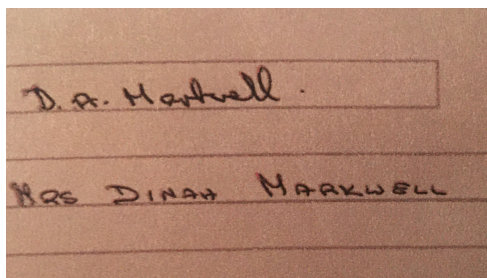
In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and
to prepare accounts which accord with the accounting records and comply with
accounting requirements of the 2011 Act have not been met: or

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2023

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



D. A. Markwell .
MRS DINAH MARKWELL

Mrs D.A. Markwell
Retired Accounts Manager
Willow House
Eccles,
Norwich
Norfolk
NR16 2JR

Date: 12 September 2023

THE CASCADE FOUNDATION
Income and expenditure account
for the period ended 31st August 2023

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
Income				
Contracts & commissioning (Home Office)	0.00		0.00	0.00
Grants & donations	375.00		375.00	325.00
Fundraising	0.00		0.00	0.00
Total	375.00		375.00	325.00
Restricted funds				
Total Income	375.00			
Expenditure				
Advertising and marketing	85.00		85.00	85.00
Bank charges	75.00		75.00	557.89
Depreciation	0.00		0.00	0.00
Equipment	0.00		0.00	0.00
Insurances	0.00		0.00	0.00
Printing and stationery	0.00		0.00	0.00
Rent and rates	0.00		0.00	0.00
Salaries	0.00		0.00	0.00
Staff, trustees and volunteers	0.00		0.00	0.00
Telephone, internet, ICT	0.00		0.00	0.00
Fundraising costs	0.00		0.00	0.00
Professional fees	0.00		0.00	0.00
Debtors (JHM)	0.00		0.00	0.00
Expenses	0.00		0.00	0.00

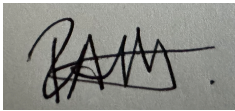
Total Expenditure	160.00	160.00	642.89
Net income (expenditure)			
Funds brought forward at 1 September 2022	-4677.48	-4677.48	
Prior year adjustment	0	0	0
Funds carried forward at 1 September 2023	-4173.77	-4173.77	

THE CASCADE FOUNDATION
Balance sheet
for the period ended 31st August 2021

		2021	2020
	Notes	£	£
Fixed Assets	2	0	0
Current Assets			
Debtors	3		0
Cash in bank & in hand			0
Total Current Assets			0
Liabilities			
Creditors – amounts due more than one year	3	0	0
Net Current Assets			
Creditors – amounts due more than one year		0	0
Net Assets		0	0
Funds of the company			
Unrestricted Funds		0	0
Restricted Funds		0	0
Total funds			0

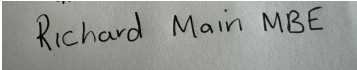
The financial statements on pages 13 and 14 were approved by the Trustees and signed on their behalf by:

Signed:

A handwritten signature in black ink, appearing to be 'RAM' with a stylized flourish.

Date: 12 September 2024

Name and position:

A handwritten note in black ink that reads 'Richard Main MBE'.

Chairperson

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2022

1 Accounting policies

1.1 Basis of preparation

These financial statements have been prepared under the historical cost basis and in accordance with the Charities Act 2011 and related regulations.

1.2 Incoming resources

These are included in the Income and Expenditure account. Incoming resources are recognised when:

- the company becomes entitled to the resources
- the directors are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract in the Income and Expenditure account

Grants and donations are only included in the Income and Expenditure account when the company has unconditional entitlement to the resources.

Contractual income is only included in the Income and Expenditure account once the related goods or performance related services have been delivered.

Investment income is included in the accounts when receivable.

1.3 Expenditure and liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the company to pay out resources.

1.4 Depreciation

Tangible assets are capitalised if they can be used for more than three years and cost at least £250. They are valued at cost, or, if gifted, at the value to the company on receipt.

The rates applicable are;

Fixtures and fittings	25% Reducing balance
-----------------------	----------------------

IT Equipment	33% on cost
--------------	-------------

1.5 Taxes

The Charity is exempt from corporation tax on its charitable activities. As at the date of these accounts the Charity is not VAT registered

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2023

2 Tangible fixed assets

	Fixtures & Fittings £	IT Equipment £	Total £
Cost			
Additions	0	0	0
At 31st August 2022	0	0	0
	<hr/>	<hr/>	<hr/>
	0	0	0

Depreciation

At 1st September 2022

Charge this period

At 31st August 2023

Net book value at 31st August 2023

3 Debtors and creditors

	2023
	£
Trade debtors	0
	<hr/>
	0
Creditors - due within one year	
Trade creditors	0
	<hr/>

4 Trustees remuneration, benefits and expenses

There were no trustees' remuneration in the period of these accounts.

5 Staff costs

Salaries and wages

2023
£
0

No employees received emoluments in excess of £60,000

THE CASCADE FOUNDATION
Notes to the financial statements
for the period ended 31st August 2022

6 Grants and Donations

	Unrestricted Funds	Restricted Funds	Total
	£	£	£
Awards for All		0	0
South Yorkshire PCC		0	0
Moto		0	0
Rotary Club		0	0
Donations	325.00	0	325.00
Total Grants and Donations	325.00	0	325.00

--