

THE CASCADE FOUNDATION

England & Wales · Charity number 1154017

Details

Status Registered

Legal form CIO

Registered 2013-09-30

Register [View on the Charity Commission register](#)

Contact

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Benfleet
Essex
SS7 5PL

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Website www.thecascadefoundation.org.uk

Activities

Objects: 1) TO PROMOTE FOR THE PUBLIC BENEFIT THE EDUCATION, SUPPORT AND REHABILITATION OF OFFENDERS, EX-OFFENDERS AND THOSE WHO ARE DEEMED TO BE AT RISK OF OFFENDING (AND THEIR FAMILIES) WITH LEARNING DIFFICULTIES RELATED TO DYSLEXIA OR HEAD-INJURIES IN SUCH WAYS AS THE CHARITY TRUSTEES THINK FIT, INCLUDING (BUT NOT LIMITED TO):A. THE PROVISION OF SKILLS TRAINING AND EDUCATIONAL, PERSONAL AND SOCIAL DEVELOPMENT PROGRAMMES.B. THE PROVISION OF 'TRANSITION' CENTRES PROVIDING SUPPORT, ADVICE, GUIDANCE AND TRAINING.2) TO ADVANCE THE EDUCATION OF THE PUBLIC REGARDING DYSLEXIA AND SIMILAR LEARNING DIFFICULTIES IN SUCH WAYS AS THE CHARITY TRUSTEES SEE FIT, INCLUDING (BUT NOT LIMITED TO):A. THE PROVISION OF OUTREACH AND OTHER SERVICES FOR THE BENEFIT OF SCHOOLS, COLLEGES AND OTHER INSTITUTIONS.B. PROVIDING OR FACILITATING THE LEARNING AND SKILLS OF CHILDREN AND ADULTS IN ANY SETTING WHO EXPERIENCE DIFFICULTIES RELATED TO DYSLEXIA OR HEAD INJURIES.

Activities: We work with disengaged ex-offenders and community members of all ages with dyslexia, head-injury and other learning difficulties. We have moved back to Essex and helping people on line, zoom or phone. Our professional development courses and Innovative projects have led us to work with Channel 4 'The Write Offs' programme, sharing our bespoke learning activities with schools and universities.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Accommodation/housing, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Essex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£85	£85	-	-
2024-08-31	£706	£160	-	-
2023-08-31	£375	£85	-	-
2022-08-31	£325	£653	-	-
2021-08-31	£876	£553	-	-

Trustees

Name	Role	Appointed
RICHARD MAIN MBE	Chair	2013-08-17
KENNETH LEWIS OBE		2013-08-17
SUSAN BLACKBURN		2013-08-17
Victoria Blakeman		2014-12-08

THE CASCADE FOUNDATION

England & Wales - Charity number 1154017

Accounts

THE CASCADE FOUNDATION

Financial statements for the
year ended 31st August 2025

Charity number: 1154017

Charitable Incorporated Organisation
Registered England and Wales

THE CASCADE FOUNDATION

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THE CASCADE FOUNDATION

Administrative details for the period ended 31st August 2025

Registered Charity number	1154017
Trustees and Management Committee	Ken Lewis OBE Richard Main MBE Susan Blackburn Victoria Blakeman
Administrative address	Ms J. Hewitt-Main OBE 40 Kents Hill Road Benfleet Essex SS7 5PL
Bankers	HSBC Bank Plc 33 Town Square Basildon Essex SS14 1BA
Independent Examiner	Mrs Dinah Markwell Retired Acc., Manager Willow House Eccles, Norwich Norfolk NR16 2JR

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2025

Governing document

The organisation is operated under the rules of its constitution which was adopted 30th September 2013.

Recruitment and appointment of new Trustees

The Charity aims to ensure that its Trustees can bring a range of different skills to the board. We would look to recruit Trustees who have worked with offenders, ex-offenders, the long-term unemployed, NEETs and people who are at risk of crime due to their learning disabilities, which contributes towards the achievement of the Charity's objective.

Induction and training of new Trustees

All new Trustees are provided with details of their responsibilities by the way of relevant charity commission leaflets. Further training is available to any Trustees who need it.

Organisational structure and management

The day-to-day running and management of the Charity is undertaken by the Trustees. They are responsible for identifying and appointing staff members, to whom some aspects of the charitable work is delegated.

Risk management

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable insurance against fraud and error.

Objectives and activities

Objective for this year: The charity aims to help as many people as possible via telephone or email. This includes individuals, groups, TV producers, colleges, and universities. The goal is to raise awareness of The Cascade Foundation, its results, and research while working with prisoners and individuals who have come through The Cascade hub, whom may need references or accommodation.

Looking back over our emails and Zoom meetings whom The Cascade as engage with:

CSJ - Ben Robinson, How fix Broken Britain

Russell Webster - Getting Prison Education

Jamie Olivers team

Russell Webster - First Probation Hub

Russell Webster - Growing old and dying inside – one in six prisoners age 50+
Prison education and accredited: Programme statistics 2022 to 2024.
Prison isn't working for women: 18.4% with send
Bravo solution: DWP Employment
Russell Webster - Peer Mentoring in prison
Kate Hemingway - Senior producer & video journalist - Good Morning Britain
The Centre for Social Justice CSJ - Call for evidence - Lost Boys
Howard League - Death Toll in prisons - 10% in 2024
Georgia Marriott-Smith Liverpool John Moores University - research on neurodiversity
Shannon Trust campaign - 70% of people struggling to read
Prison is keeping children locked up in the cells
Danielle Bryce - “Unseen” a documentary on neurodiversity!

Collaborations and Engagements:

This year, we were approached by a wide range of professionals—including specialists, teachers, TV producers, and educational centres—who were interested in working with us.

- At the beginning of the year, **CSJ Ben Robinson:** A United Nation, How to fix Broken Britain 300 grassroots organisations for across the country. Since Two Nations report, was released, 400,000 more people have become economically inactive new tolerating 9,4670 prisoners have been added to an over whelmed prison system and tragically, we have lost 4,907 more people to addiction.
- **Russell Webster** - getting prison education right: A To-Point plan for prison education prisoners need to: Access to digital technology and the internet support for teachers and investment in education departments. Broadening the offer and meeting diverse needs. Taking a longer-term view, Jon Collins of Prisoners Education Trust, these recommendations would make a difference, providing a route to put prison education on the road to recovery.
- Working with **Jame Olivers Team** about the T.V. programs. Looking at our formula, I felt that they was really interest in multi-sensory and mentoring training.
- **Russell Webster** - The New adult first probation hub should be implemented across UK. Academies at Sheffield Hallam Uni and Middlesex Uni finding that YZA Hub reduced pressure on probation staff.
- **Natasha Porter CEO & Founder of Unlocked Graduates** - posted on what we can learn from Swedish prisons: A rehabilitative custodial system that is the envy of the world, but which is underpinned by fundamental principles which seemed almost impossible to apply to a country as diversity is ours. like us, their prisons are full, with the population prediction to triple in the next 10 years. Like us there is a huge project underway to expand insistent existing Prison and building new ones like us there is a strong public support for a tougher approached crime, driven by the perception that immigration is largely to blame for an increase in the crime rate bracket specially gang specifically gang gun and terrorist offences.
- A culture of a 'better out' firstly there is a clear vision focused on the concept of 'better out' this philosophically under pins everything it provides framework for decisions to be made for culture to be set into relentlessly focus on addressing what they call criminal identification. Rather than doing that by looking at trauma or engaged in deep therapy

they use more CBT and applies social learning theory in practice. This looks like programs and education for prisoners programs to teach new habits and behaviours when responding into familia problems with a strong narratively that if you keep acting like you have always acted, you will only end up back in Prison again. So Natalie says it is not the Prison the Building it is about what happens inside them and, of course the staff that work there.

Minister of Justice: Education, Skills, and work peer mentoring in men's prisons: by Eva Taylor and Dan Jones, Ministry of justice and analytical series 2024

Numerous prisons, charities, and prison education providers live appearing schemes relating to education, skills, and work in (ESW.) However, practical is inconsistent and there is limited evidence about which delivery models are most successful. The findings from this study will be used by the HMPPS Prison education service team to inform ESWP mentoring policy development.

The key findings are based on 48 interviews with Mentees, mentors, and ESW staff members across five prisons in England in April and May 2023.

- There is is 'no-one-size' fits all approach to pay mentioning in ESW, allow an individual sites to tailor their provision to the learners at their site.
- Mentor have previous experience as a mentee or mentor in other custodial and non-custodial settings
- Approachable Mentor is have to facilitate recruitment and efficiently running of schemes.
- Privileges and low risk status enable greater access to the Prison site and recognise of the hard work of mentors.
- Some of the barriers to effectively practice identify by participates in this study included regime and restricted movement preventing access to mentoring
- Ltd awareness from operation staff about the purpose of pain mentoring.
- Lack of approaching space on wings to provide support
- Recruitment issues raising from stigma and lack of awareness.
- A lack of pipeline for new mentors which made some schemes and unsustainable.

Benefits included improve staff, prisoner relationships and the development of soft skills such as communications and learning new skills.

Drawbacks identified by by participants include:

- Mentor having to deliver mentoring during association and losing their downtime became demoralised by the lack of engagement, and previous poor experience of mentoring being off-putting for future participants in schemes.

Conclusion

To summarise, participants in this study identified the following characteristics has been important for the startup on the operation of Peer Mentor schemes in men's prisons.

Staff buying in an involvement: This includes staff and operation staff to ensure schemes are logically visible and have the necessary support structures in place.

Physical resources: The appropriate space: and materials were identified as important from the day-to-day operations of Peter mentoring schemes.

Accredited training: was identified as in enabling all payment Mentor to have the same skills development opportunities. Training was emphasise by mentors, as it enables them to use their qualifications on release.

Flexible in the delivering: of payment participates raised at the abilities to flexibility delivering peer mentoring was important, including the location and format of Prison mentoring activities. This was sought to help when building relationships between mentors and men tease New. Paragraph this highlights the importance of joined up work across different departments within a prison system to allow pre-mentoring to function efficiently.
Sent from my iPhone

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2025

Activities:

Our charity has been incredibly active and impactful! over this last year.

1. Overview of Activities of Richard Main MBE

- **Governorship at SEN School in Kettering:** Has also been appointed as a governor, where he has been observing teachers, introducing new engagement strategies, and promoting a holistic approach to child development.
- **Member Board of Trustees Student Union, University of South Wales:** Has been appointed as a Trustee.
- **Barrister Rowchester Chambers:** - founded in 1977 located in central Birmingham and cover cases nationwide.

2. Impact and Outcomes

Barrister Richard Main MBE Q&A to King John School Benfleet: From classroom to courtroom. Their Year 9 Scholars, PRIDE and Sixth Former students were inspired during a Q&A session, he shared his journey into law and politics. A parent sent a email to the school management to sharing with him - one of the girls in PRIDE has applied to become a school ambassador!

Subject: Query regarding research involvement - PhD Student at Liverpool John Moores University for project ref: 24/PHI/009: This project contributes to the University's role in conducting research/evaluation, and teaching research methods. My name is Georgia Marriott-Smith and I am a PhD student at Liverpool John Moores University. I am currently conducting my PhD research, titled: Doing Time during Pandemic Times: An investigation of experiential time and related impacts of COVID-19 restricted measures on people who lived in prison during the pandemic.

I am looking to interview individuals aged 18 and over who have experience of living in an English prison during the Covid-19 restrictive measures. Individuals need to have served at least a 12-month sentence, so they are able to reflect on the restrictive measures fully. Individuals should be living in the community, but can participate if they are currently under probation supervision (excluding NPS North east, East Midlands and London). I have received NRC ethical approval for this research (Ref: 2024-132).

Participation would include individuals being interviewed (either virtually or in person) regarding how they experienced time during this period and the broader impacts of the restrictive measures. Time is the focus of the research, but if this topic will cause distress, participants are not advised to participate, participant wellbeing is the ultimate priority. To help her in this research we signed post to all different organisations and also produce a

TikTok video to share this information, due to the fact many of my audience are ex-offenders. She did have a few participants for her researcher.

3. Financial Overview

Volunteer Contributions: All activities during this period were conducted on a volunteer basis.

5. Challenges and Future Plans

Support for Learners: Our CEO has been providing ongoing support to learners like Ronald, Ian Curry and many others who faced challenges after the closure of Cascade within Doncaster, and her new audience on TickTock.

Reason for Closure: The Trustees have taken the difficult decision to close The Cascade Foundation at the end of the 2024–2025 financial year. Our founder, CEO, and Chair, Jacqueline Hewitt-Main OBE, has been unable to return to work following four years of severe illness after Covid pneumonia. As her leadership and specialist expertise were central to the charity's operations, and with no new income streams available, the organisation can no longer continue its work sustainably.

Despite her illness, she has continued to support individuals informally, but the charity has been unable to deliver its full programmes or secure the funding required to operate. The final outstanding debt of £4,000 relating to previous commissioned work has been formally waived, allowing the charity to close without liabilities.

The Trustees recognise the significant legacy of The Cascade Foundation and close with gratitude for all who contributed to its mission.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2025

Achievements:

Our CEO has made significant strides in addressing neurodiversity within the prison system.

Here are two key achievements based on her description:

1. Founder & CEO of Unlocked Graduates, Natasha Porter CEO & Founder of - posted on what we can learn from Swedish prisons:
2. Additional Analysis: How The Cascade Foundation's Mentoring Model Exceeded ESW Standards

1. During my first visit to the Swedish prison system over twenty-two years ago—specifically Gothenburg Prison—I witnessed a model of rehabilitation that was far more advanced than anything we were offering in the UK at the time. The emphasis on education was remarkable: fully equipped classrooms, computer systems linked directly to external colleges, and a clear expectation that learning was central to rehabilitation. However, I also identified a significant gap. Individuals with learning difficulties, ADHD, or other neurodivergent needs struggled to navigate the interview processes required to access these courses. As a result, many of them ended up in full-time paid work roles within the prison, such as the laundry. While the concept of paid employment was excellent, the lack of tailored educational pathways meant that once released, these individuals often reoffended simply to regain the stability and income they had inside.

When I was told that only 6% of the prison population had learning difficulties, my own assessments showed the figure was closer to 60%. This discrepancy highlighted a systemic blind spot. Yet despite this, the overall environment was impressive: curtains on the windows, clean and homely living spaces, and a strong focus on personal presentation, hygiene, and self-respect. These were the same principles I later embedded in English prisons—encouraging men to shave daily, wear clean clothes, maintain tidy cells, and take pride in themselves.

For this reason, I was disappointed to read Natasha's recent reflections suggesting that Sweden is now facing the same overcrowding and systemic pressures as the UK. If this is the case, it represents a significant decline from the progressive, humane, and forward-thinking system I encountered. The Swedish model I saw demonstrated that proper wages, structured work, and strong links with employers on the outside could transform lives. This is precisely what I believe British prisons should be doing: building real employment pathways before release, strengthening family responsibility, and ensuring that individuals leave custody with a job, a purpose, and a clear understanding of workplace expectations.

2. Additional Analysis: How The Cascade Foundation's Mentoring Model Exceeded ESW Standards

In reviewing the Ministry of Justice's 2024 report on Education, Skills and Work (ESW) peer mentoring in men's prisons, it is clear that while many prisons and providers are attempting to deliver mentoring schemes, the overall picture remains inconsistent and limited in depth. The report highlights issues such as restricted movement, lack of staff awareness, insufficient training, and the absence of a sustainable pipeline of new mentors. These challenges stand in stark contrast to the outcomes achieved through The Cascade Foundation's dyslexia-informed mentoring programme, as documented in *Dyslexic Behind Bars*.

Our model was built on a fundamentally different philosophy: you cannot expect a prisoner to mentor others until you have first equipped them with the skills, self-understanding, and confidence to mentor themselves. This foundational principle shaped every aspect of our methodology.

Key Strengths of The Cascade Foundation Model

1. A Structured Development Pathway

Unlike the ESW schemes described in the 2024 report, Cascade created a clear, progressive pathway:

- Mentee → Mentor → Learning Coach → Teacher Ten men ultimately progressed into teaching roles — a level of advancement not reflected in the ESW findings.

2. Comprehensive Training Before Mentoring

Cascade mentors were not simply selected; they were prepared. Training covered:

- Understanding their own learning differences
- Nutrition and wellbeing
- Self-presentation and personal responsibility
- Neuro-Linguistic Programming (NLP)
- Multiple Intelligences theory
- Communication and relationship-building
- Family and community engagement

This holistic approach ensured that mentors were emotionally, cognitively, and socially ready to support others — something notably absent from the ESW schemes, where mentors often lacked structured preparation.

3. Courses Tailored to Neurodivergent Learners

Our programme recognised that many prisoners had undiagnosed or unsupported learning difficulties. Training was therefore designed to:

- Build confidence
- Strengthen self-awareness

- Develop practical life skills
- Address barriers to learning
- Prepare individuals for employment and community reintegration

This contrasts sharply with the ESW report, which identifies stigma, lack of awareness, and limited access to appropriate spaces as barriers to effective mentoring.

4. Sustainability Through Skill-Building

The ESW study notes a “lack of pipeline” for new mentors, making schemes unsustainable. Cascade’s model created its own pipeline by developing each participant’s skills to the next level. This ensured continuity, growth, and long-term impact.

5. Real-World Application and Reintegration

Cascade’s training was not confined to the prison walls. It prepared individuals for:

- Employment
- Family responsibilities
- Community relationships
- Continued learning

This outward-facing approach is missing from the ESW schemes, which focus primarily on internal prison operations.

Conclusion: Why Cascade’s Model Goes Further

The Ministry of Justice report concludes that staff buy-in, physical resources, accredited training, and flexible delivery are essential for effective peer mentoring. While these are valid observations, they represent only the starting point.

The Cascade Foundation demonstrated that true rehabilitation requires deep personal development, structured progression, and training that addresses the whole person — not just their role within a scheme.

Our methodology shows that when prisoners are given the right tools, understanding, and support, they do not simply become mentors; they become leaders, teachers, and contributors to their communities. This level of transformation is not reflected in the ESW findings, and it highlights the need for more ambitious, neurodiversity-informed approaches within the UK prison system.

Long-Term Impact: Two Decades of Dyslexia-Informed Mentoring

As we conclude this report, it is important to recognise that The Cascade Foundation’s dyslexia-informed mentoring programme has now been operating for over twenty years. This longevity has allowed us to witness not only immediate changes in confidence and learning, but the long-term life outcomes of the men who took part. Many of the individuals we supported have not returned to custody, have built stable careers, and have re-established meaningful relationships with their families and communities. Their journeys

demonstrate the lasting value of a mentoring model that begins with self-understanding and builds towards independence, responsibility, and contribution.

One example illustrates this impact with particular clarity. Earlier this year, on my birthday, I received a message from a former participant whom I first met two decades ago. He was six foot six, deeply ashamed of his past, and convinced he had no future. I told him the first thing I wanted to see was his head held high. Twenty years later, he remembered that moment word for word. He went on to rebuild his life: completing university, securing employment, meeting his partner, marrying, and becoming a father to two beautiful children. His story is not an exception — it is one of many.

These lived outcomes will form part of our forthcoming publication documenting the development of the men who engaged with our programme over the past twenty years. Their progress stands as evidence that when prisoners are given the right tools, understanding, and support, they do not simply avoid reoffending — they thrive, contribute, and build lives they once believed were impossible.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2025

Publicity, Media Exposure & Public Engagement Overview

During the reporting period, significant public engagement occurred through digital platforms, professional networks, and national organisations. Although the Cascade Foundation formally closed, Jacqueline Hewitt-Main OBE continued to receive substantial public attention for her pioneering work in neurodiversity, prison education, and trauma-informed mentoring. This exposure directly contributed to raising awareness of learning difficulties, workplace discrimination, and the need for accessible support systems.

1. Social Media Reach & Public Engagement

In April 2025, our CEO's work gained renewed visibility on TikTok, where individuals experiencing neurodiversity-related challenges began reaching out for guidance. One such individual ("Cookie"), a National Health Service employee in Scotland, initiated contact after following Jacqueline's videos on neurodiversity and rehabilitation.

Through ongoing conversations, Cookie shared her personal experiences of:

- Workplace discrimination
- Lack of reasonable adjustments
- Barriers within NHS systems
- Difficulties accessing support at university
- The emotional impact of masking and long-term misunderstanding

Her content and guidance provided emotional support, validation, and practical direction. This interaction reflects the continued public trust in her expertise and the ongoing relevance of Cascade's legacy.

2. National Health Service (Scotland) Engagement

Cookie's discussions about our CEO work led to formal interest from the NHS Diversity & Wellbeing Employment Network in Scotland. Senior staff reviewed our website, learned about her national and international work, and invited her to speak at an internal professional development event.

This resulted in:

- A one-hour online session attended by over 55 NHS staff
- A live Q&A facilitated by the network's chair
- Immediate recognition of systemic gaps in neurodiversity support
- Commitments from NHS staff to review internal processes and forms
- Increased awareness of the lived experience of dyslexia and learning difficulties

The session generated significant internal discussion and was described as “powerful”, “eye-opening”, and “transformative” by attendees.

3. Media Legacy & Public Recognition

Our CEO previous media exposure continued to influence public perception and engagement. This includes:

- ITV’s Surprise Surprise (2015), where Jacqueline publicly called for “mothers” and community mentors to support vulnerable young people
- National and international coverage of her work in prison reform
- Ongoing visibility through online platforms and community networks

These past media appearances continue to attract individuals seeking guidance, mentorship, and understanding.

4. Impact on Individuals & Systems

The publicity generated through TikTok and NHS Scotland led to:

- Increased awareness of neurodiversity in the workplace
- Senior NHS leaders acknowledging systemic failures
- Staff members recognising the need for improved training
- A renewed conversation about accessible communication and support
- Individuals feeling empowered to advocate for themselves

One senior NHS manager disclosed that his own daughter had recently been diagnosed with dyslexia and stated that our CEO insights were helping him understand her needs more clearly.

5. Personal Impact & Organisational Reflection

While the exposure was positive, the process highlighted the emotional and physical toll placed on our CEO as an individual with significant health challenges. Conflicting instructions, inaccessible materials, and pressure to limit her authentic voice contributed to a decline in wellbeing.

This experience informed the decision to formally close the Cascade Foundation, recognising that the traditional model of public speaking and consultancy was no longer sustainable.

However, the public response demonstrated that:

- The need for our CEO expertise remains high
- There is a growing national conversation about neurodiversity
- Digital platforms provide a powerful route for awareness
- A new, remote, community-based model may be more sustainable in future

6. Summary of Public Benefit

Despite the charity's closure, Jacqueline's work continued to deliver public benefit through:

- Raising awareness of neurodiversity and learning difficulties
- Supporting individuals facing discrimination
- Influencing NHS staff and systems
- Providing emotional support and guidance
- Highlighting gaps in national provision
- Inspiring conversations about inclusive practice

Her media legacy and digital presence continue to shape public understanding and professional practice.

Even though the CEO hasn't physically been to Doncaster in years, the reach of our work has only grown.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2025

Financial Review

Financial and Operational Review - Reporting Period: 2024–2025

CEO Health and Leadership Transition

Since December 2021, our CEO has been living with the severe long-term effects of Covid pneumonia. Following hospitalization, rehabilitation, and an extensive community care plan supported by social services and the Long Covid Service, she has been diagnosed with a number of chronic conditions, including:

- Long Covid
- Fibromyalgia
- Widespread Osteoarthritis
- Sjögren's Syndrome
- Postural Orthostatic Tachycardia Syndrome (POTS)
- Sleep Apnoea

Due to mobility challenges and unstable blood pressure, the CEO is now housebound and relies on a crutch, walker, or wheelchair. Despite this, she continues to lead voluntarily from home with the support of two care companions who assist her on brief weekly outings.

Support and Continuity

Despite these challenges, The Cascade Foundation has remained active and available:

- Website and email services continue uninterrupted, offering referrals and advice to colleges, universities, schools, and individuals with neurodiverse needs.
- We remain a valuable knowledge base for ongoing research and requests from academics, educators, and charities.

Financial Closure Update: HSBC Supports the Winding Down of The Cascade Foundation

As part of the formal process of closing The Cascade Foundation, the charity undertook a full review of its financial position and remaining obligations. The Foundation had maintained a long-standing banking relationship with HSBC, who held the charity's dedicated account throughout its operational years.

Due to the charity's declining activity in recent years—largely a result of the founder's significant health challenges and the eventual cessation of frontline services—the account had not processed any transactions for an extended period. During the closure review, it became clear that the account held an outstanding balance of approximately £4,000, accumulated through unavoidable banking fees and charges during the period of inactivity.

When HSBC conducted their own assessment, they recognised that:

- The charity had not been trading or generating income
- The outstanding amount had arisen during a period of genuine operational difficulty
- The organisation was in the process of responsibly winding down
- The founder had personally carried the financial and emotional weight of the charity for over two decades

In light of these circumstances, HSBC made the decision to write off the full outstanding balance, enabling the charity to close its account without further burden.

This gesture allowed The Cascade Foundation to complete its closure with dignity and without placing additional financial strain on its founder. It also reflected the bank's acknowledgement of the charity's long history of public benefit, its national impact, and the challenges faced during its final years.

The Foundation expresses its appreciation for HSBC's understanding and support during this final administrative stage. Their decision ensured that the charity could conclude its affairs cleanly, transparently, and in accordance with Charity Commission requirements.

Although The Cascade Foundation has now formally closed, its legacy continues through the lives it changed, the national conversations it influenced, and the ongoing public engagement surrounding neurodiversity, trauma, and rehabilitation.

A Final Note from the CEO

Reason for Closure

The Trustees have taken the difficult decision to close The Cascade Foundation at the end of the 2024–2025 financial year. Our founder, CEO, and Chair, Jacqueline Hewitt-Main

OBE, has been unable to return to work following four years of severe illness after Covid pneumonia. As her leadership and specialist expertise were central to the charity's operations, and with no new income streams available, the organisation can no longer continue its work sustainably.

Despite her illness, she has continued to support individuals informally, but the charity has been unable to deliver its full programmes or secure the funding required to operate. The final outstanding debt of £4,000 relating to previous commissioned work has been formally waived, allowing the charity to close without liabilities.

The Trustees recognise the significant legacy of The Cascade Foundation and close with gratitude for all who contributed to its mission.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2025

Statement of trustees' responsibilities

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs for the Charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statement on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

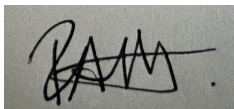
The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities' Act 2011.

They are also responsible for safeguarding the assets of the Charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees declare that they have approved the above report.

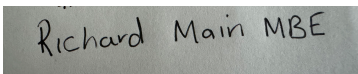
Signed on behalf of the Trustees

Signed:



Date: 2 April 2026

Name and position:



Chairperson

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2025

I report on the accounts of the Charity for the year ended 31st August 2024 which are set out on pages / to /.

Respective responsibilities of Trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities' Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations for you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

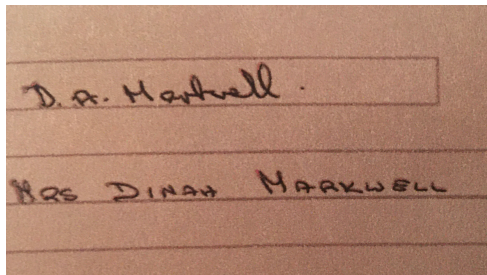
Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1 Which gives me reasonable cause to believe that, in any material respect, the requirements: to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with accounting requirements of the 2011 Act have not been met: or

**Independent examiners report to the Trustees of
THE CASCADE FOUNDATION for the period ended 31st August 2023**

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



A photograph of a piece of lined paper with two lines of handwriting. The first line, enclosed in a rectangular box, reads 'D. A. Markwell.' in cursive. The second line, below it, reads 'MRS DINAH MARKWELL' in a more formal, blocky script.

Mrs D.A. Markwell
Retired Accounts Manager
Willow House
Eccles,
Norwich
Norfolk
NR16 2JR

Date: 2 April 2026

THE CASCADE FOUNDATION
Income and expenditure account
for the period ended 31st August 2025

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Income				
Contracts & commissioning (Home Office)	0.00		0.00	0.00
Grants & donations	85.00		85.00	706.29
Fundraising	0.00		0.00	0.00
Total	85.00		85.00	706.29
Restricted funds				
Total Income	85.00			
Expenditure				
Advertising and marketing	85.00		85.00	85.00
Bank charges	0.00		0.00	75.00
Depreciation	0.00		0.00	0.00
Equipment	0.00		0.00	0.00
Insurances	0.00		0.00	0.00
Printing and stationery	0.00		0.00	0.00
Rent and rates	0.00		0.00	0.00
Salaries	0.00		0.00	0.00
Staff, trustees and volunteers	0.00		0.00	0.00
Telephone, internet, ICT	0.00		0.00	0.00
Fundraising costs	0.00		0.00	0.00
Professional fees	0.00		0.00	0.00
Debtors (JHM)	0.00		0.00	0.00
Expenses	0.00		0.00	0.00

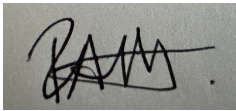
Total Expenditure	85.00	85.00	160.00
Net income (expenditure)			
Funds brought forward at 1 September 2024	0.00	0.00	
Prior year adjustment	0	0	0
Funds carried forward at 1 September 2024	0.00	0.00	

THE CASCADE FOUNDATION
Balance sheet
for the period ended 31st August 2021

		2021	2020
	Notes	£	£
Fixed Assets	2	0	0
Current Assets			
Debtors	3		0
Cash in bank & in hand			0
Total Current Assets			0
Liabilities			
Creditors – amounts due more than one year	3	0	0
Net Current Assets			
Creditors – amounts due more than one year		0	0
Net Assets		0	0
Funds of the company			
Unrestricted Funds		0	0
Restricted Funds		0	0
Total funds			0

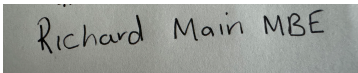
The financial statements on pages 13 and 14 were approved by the Trustees and signed on their behalf by:

Signed:

A handwritten signature in black ink, appearing to be 'RAM' with a stylized flourish.

Date: 2 April 2026

Name and position:

A handwritten note in black ink that reads 'Richard Main MBE'.

Chairperson

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2025

1 Accounting policies

1.1 Basis of preparation

These financial statements have been prepared under the historical cost basis and in accordance with the Charities Act 2011 and related regulations.

1.2 Incoming resources

These are included in the Income and Expenditure account. Incoming resources are recognised when:

- the company becomes entitled to the resources
- the directors are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract in the Income and Expenditure account

Grants and donations are only included in the Income and Expenditure account when the company has unconditional entitlement to the resources.

Contractual income is only included in the Income and Expenditure account once the related goods or performance related services have been delivered.

Investment income is included in the accounts when receivable.

1.3 Expenditure and liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the company to pay out resources.

1.4 Depreciation

Tangible assets are capitalised if they can be used for more than three years and cost at least £250. They are valued at cost, or, if gifted, at the value to the company on receipt.

The rates applicable are;

Fixtures and fittings	25% Reducing balance
-----------------------	----------------------

IT Equipment	33% on cost
--------------	-------------

1.5 Taxes

The Charity is exempt from corporation tax on its charitable activities. As at the date of these accounts the Charity is not VAT registered

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2025

2 Tangible fixed assets

	Fixtures & Fittings £	IT Equipment £	Total £
Cost			
Additions	0	0	0
At 31st August 2025	0	0	0
	0	0	0

Depreciation

At 1st September 2024

Charge this period

At 31st August 2025

Net book value at 31st August 2023

3 Debtors and creditors

	2025
	£
Trade debtors	0
	0
Creditors - due within one year	
Trade creditors	0

4 Trustees remuneration, benefits and expenses

There were no trustees' remuneration in the period of these accounts.

5 Staff costs

	2025
	£
Salaries and wages	0

No employees received emoluments in excess of £60,000

THE CASCADE FOUNDATION
Notes to the financial statements
for the period ended 31st August 2024

6 Grants and Donations

	Unrestricted Funds	Restricted Funds	Total
	£	£	£
Awards for All		0	0
South Yorkshire PCC		0	0
Moto		0	0
Rotary Club		0	0
Donations	85.00	0	85.00
Total Grants and Donations	85.00	0	85.00

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THE CASCADE FOUNDATION

England & Wales - Charity number 1154017

Accounts

THE CASCADE FOUNDATION

Financial statements for the
year ended 31st August 2024

Charity number: 1154017

Charitable Incorporated Organisation
Registered England and Wales

THE CASCADE FOUNDATION
Contents of the financial statements for the period ended 31st August
2024

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Balance Sheet	17
Notes to the accounts	18 - 20

THE CASCADE FOUNDATION

Administrative details for the period ended 31st August 2024

Registered Charity number	1154017
Trustees and Management Committee	Ken Lewis OBE Richard Main MBE Susan Blackburn Victoria Blakeman
Administrative address	Ms J. Hewitt-Main OBE 40 Kents Hill Road Benfleet Essex SS7 5PL
Bankers	HSBC Bank Plc 33 Town Square Basildon Essex SS14 1BA
Independent Examiner	Mrs Dinah Markwell Retired Acc., Manager Willow House Eccles, Norwich Norfolk NR16 2JR

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2024

Governing document

The organisation is operated under the rules of its constitution which was adopted 30th September 2013.

Recruitment and appointment of new Trustees

The Charity aims to ensure that its Trustees can bring a range of different skills to the board. We would look to recruit Trustees who have worked with offenders, ex-offenders, the long-term unemployed, NEETs and people who are at risk of crime due to their learning disabilities, which contributes towards the achievement of the Charity's objective.

Induction and training of new Trustees

All new Trustees are provided with details of their responsibilities by the way of relevant charity commission leaflets. Further training is available to any Trustees who need it.

Organisational structure and management

The day-to-day running and management of the Charity is undertaken by the Trustees. They are responsible for identifying and appointing staff members, to whom some aspects of the charitable work is delegated.

Risk management

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable insurance against fraud and error.

Objectives and activities

Objective for this year: The charity aims to help as many people as possible via telephone or email. This includes individuals, groups, TV producers, colleges, and universities. The goal is to raise awareness of The Cascade Foundation, its results, and research while working with prisoners and individuals who have come through The Cascade hub, whom may need references or accommodation.

Looking back over our emails and Zoom meetings whom The Cascade as engage with:

- **Matthew Hancock** - (ALF) Accessible Learning Foundation - Launch
- **CSJ Foundation** - Better Insulate than Never:
- **Jo-ann Simpson** – Neurodiversity Support Manager - HMP Buckley Hall

- **TV Producer for Channel 4 Banged Up 2023**
- **The Shannon Trust, our only Competitor within the prison system**
- **Josh Phoenix**, - the recruitment coordinator for DN Colleges Group
- **Michael Malmqvist** - imvi improving vision:
- **Kadie Smith** - Trainee Counselling Psychologist
- **Russell Webster**
- **Arran Smith** - Send Group
- **The DWP Fails People With A Learning Disability**
- **Amy McManus** Employer Consultant - Get Set UK
- **James Seaton** - Apprenticeship opportunities
- **Matt Hancock** - I've secured a Bill slot in Parliament
- **Dr Neil Alexander-Passe**
- **Carol Harris** - The South Yorkshire authorities
- **Tiger Ritchie** BB2 Studios - Chris Packham
- **Samantha Beddoes** Head of TV | Executive Producer Jamie Oliver Productions

Collaborations and Engagements:

This year, we were approached by a wide range of professionals—including specialists, teachers, TV producers, and educational centres—who were interested in working with us.

- At the beginning of the year, Matt Hancock's charity ALF was due to launch. He also secured a bill slot in Parliament for his Dyslexia Street Screening and Teacher Training Bill. Scheduled for presentation in the House of Commons on 23rd April, this marks its final opportunity to become law. He hoped we could attend in London to show support.
- We were contacted by the newly appointed Neurodiversity Sports Manager from HMP Buckley Hall. She shared that they were at the early stages of working within the prison system and were keen to collaborate and learn from us.
- Three television programmes reached out: one from Channel 4's Banged Up, which was to be filmed in a prison; another with Chris Packham's team; and the third seeking our involvement in a new Jamie Oliver show, also for Channel 4. All focused on supporting neurodiverse individuals in education and employment.
- The DN Colleges Group—which includes University Campus Doncaster, Doncaster College, University Campus North Lancashire, and North Lindsey College—contacted us to explore collaboration with Cascade. They saw great partnership potential in supporting mature students.
- Numerous agencies from the Doncaster area also reached out. They were impressed by our work with adult learners and alternative provision for children and expressed interest in working with us on apprenticeships and our distinctive teaching methods.
- We've also been involved with the CSJ Foundation's "Better Insulate Than Never" initiative. This research highlights how the number of male NEETs (Not in Education, Employment, or Training) is rising at a record pace due to stagflation. Our CEO has dedicated years to this cause, conducting interviews in Basildon, Southend, London, and Leeds.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2024

Activities:

Our charity has been incredibly active and impactful! over this last year.

1. Overview of Activities

- **Consultancy with the Home Office:** Since 2021, our Chairperson, Richard Main MBE, has been successfully consulting with the Home Office, leading to continued lectures and support for their colleagues. This year he engaged with 3 Lunch n' Learn.
- **Governorship at SEN School in Kettering:** Richard Main MBE has also been appointed as a governor, where he has been observing teachers, introducing new engagement strategies, and promoting a holistic approach to child development.

2. Impact and Outcomes

- **Matt Hancock** - Launch Our CEO collaborated with ALF to present the 'Dyslexia Behind Bars' report part 1 & 2 and research other research papers from our many other projects.
- **3 TV Producers from Channel 4 and BBC:** Our CEO shared literacy knowledge with zoom and telephone calls about our work within the prison system.

3. Financial Overview

Volunteer Contributions: All activities during this period were conducted on a volunteer basis.

4. Governance and Management

- Collaborations and Partnerships:
 - Worked with Matt Hancock on zoom about the future of dyslexia in school.
 - Collaborated with Aaron Smith on the Send Group.
 - Engaged with Katie Smith, studying on the Doctorate programme at York St John University. She was seeking charities in the Yorkshire area who support prison leavers, which she aims to publish. Her study is about hearing their experience of receiving support from psychological practitioners. In particular she aims to explore these experiences for individuals who are highly vulnerable to likelihood of exploitation, trafficking and coercion. She noticed there is a gap in the literature and our psychological understanding of this and therefore she feels that giving this voice back to the survivors of such experiences, themselves would make a powerful impact.
- **James Seaton** - Apprenticeship opportunities within Cascade Foundation, looking to work with employers who can take advantage of our government funded provision to

give local people opportunities. The standards we deliver are also available to existing staff within the organisation where appropriate.

5. Challenges and Future Plans

- **Support for Learners:** Our CEO has been providing ongoing support to learners like Ronald, Ian Curry and many others who faced challenges after the closure of Cascade within Doncaster.

Title: A One-Man Protest: Ian's Journey Through Illiteracy and Hope

Introduction

Introduce Ian Curry: a former miner with exceptional practical skills who never had the chance to succeed in traditional education. How his life unravelled after the death of his father and the systemic failures he faced when seeking support.

Early Struggles

- Ian's childhood learning difficulties and isolation in school
- The bond with his father, who managed all his paperwork
- The loss of his father, leading to Ian's world collapsing

A Meeting at the Cascade Hub

- Our vision for the Cascade Health and Learning Hub
- Ian's arrival, his determination, and your first encounters
- Building mutual trust: offering Ian a place to grow while he helped physically build the space

Transformation Through Learning

- How affirmations, phonics, and new approaches helped Ian learn
- His growing confidence: attending events, using computers, engaging with the community
- The pivotal moment when Ian felt empowered enough to enroll in college

The System That Failed Him

- The college's denial of his learning disability
- The toll: mental health struggles, antidepressants, and having to fund private assessments
- Ian's realization: traditional teaching methods worsened his condition

The One-Man Protest

Ian's powerful protest statements quotes:

"I am not a black spot? I am a human being with disabilities I just wanted to learn. Why couldn't teachers learn to teach phonics the key to success is a classroom like The Cascade Foundation flooded with phonics reading. The college and the council are failing us looking around. DONCASTER depression tablets were bad for my disabilities. I just stopped learning the pain in my head gone. DONCASTER Council and College discriminate discriminated my disability guest reading is the most dangerous thing I've done to my brain. They nearly turned me into a zombie 6 years, 15 hours a day wasted studying now I won't stop the pain for the next human that worked all their life and illiterate. I paid, for an English psychotherapist teacher and seeing a psychiatrist they saved my brain!"

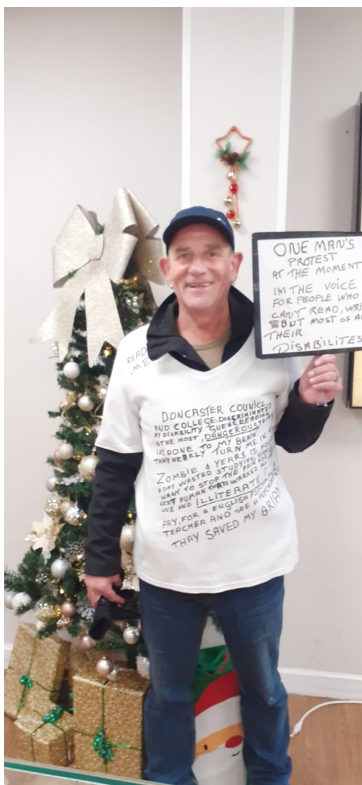
"At the moment I am the voice for people who can't read right but most of all their disabilities mainstream teaching is dangerous Psychotherapist pact-final report said double defect working memory, extremely old memory below 56%. College adult assessment report no sign of Dyslexia. They broke my heart and put me on antidepressants, no good for a Dyslexia disability!"

"Cascade is a place where you know you're learning for the first time in your life, clearing your head from anxiety!"

- The desperation of adults with learning difficulties
- The inadequacy of mainstream education systems
- The transformative power of safe, nurturing environments like Cascade

Conclusion

Ian's story teaches us: about compassion, educational reform, the need for tailored learning, and how giving someone dignity and belief can change everything. He now stands as a voice for others like him.



THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Achievements:

Our CEO has made significant strides in addressing neurodiversity within the prison system.

Here are two key achievements based on her description:

1. Addressing Prison education and the Shannon Trust
2. Chelmsford suicide prevention measures

Initial Encounters and Research:

Her journey began in 2004 at a women's prison in Hockley, where she observed shocking conditions in neurodiversity education. Resources were poor, and teachers misunderstood neurodiverse learners, often mislabeling their needs as attention-seeking.

Her second visit was to Chelmsford men's prison, where classrooms were disorganised and uninspiring. After personally trying the Shannon Trust's Toe-by-Toe programme and finding it ineffective, she identified similar struggles among others. She reached out to Christopher Morgan MBE of the Shannon Trust—whose work began through a pen-friend system—and learned how his book Invisible Crying Tree funded the trust's early development.

Innovation and Support:

Determined to improve teaching for neurodiverse learners, she spent five years researching multi-sensory learning approaches, NLP (Neuro-Linguistic Programming), and theories of multiple intelligences. She introduced creative, tactile tools—like sand and even toothpaste—into lessons, creating fun and memorable ways for prisoners to engage with reading, writing, and their own learning styles.

Mentoring and Training:

Recognising the limitations of peer-led programmes such as Toe-by-Toe, she envisioned something more empowering. Many inmates weren't engaging with education or employment, so we recruited them as mentors. After training, they became teachers and eventually qualified learning coaches. This boosted their confidence and employability, and dramatically improved the prison environment. Inspectors praised the outcomes: reduced conflict, increased morale, and a noticeable cultural shift. Staff said it had become a pleasure to come to work.

Russel Webster - The voices of Neurodiverse People in the criminal justice system "Not naughty, stupid or bad" A new (6 December 2023) report by User Voice seeks to give a

voice to the many neurodivergent people in the criminal justice system. The report is based on interviews with 104 people in 11 different prisons and a survey with 250 other people in contact with the criminal justice system. All these 354 people had been diagnosed or had diagnosed themselves as neurodivergent. Interviewees were asked about their lives prior to involvement in the criminal justice system before focusing on their experiences as neurodivergent people with the police, probation and prison services.

Overall themes

The report found that most interviewees had not been educated about their neurodiverse condition or how it impacts their emotions, feelings, or ways to communicate. The majority had continuously been labelled 'stupid', 'bad' or 'naughty' when they were children and "lived their lives according to this label".

Chelmsford Prison December 2023:

A Prison Service spokesperson said: "Since this incident, HMP Chelmsford has improved its safety procedures to better spot and support those at risk of self-harm and suicide including rolling out training for all staff."

It said more than 85% of staff had received suicide and self-harm training, and that would rise to 100% within three months. An additional 16 safety officers and two custodial managers had been put in place since 2021, the MoJ said.

A jail's suicide prevention measures have been criticised by the prisons ombudsman after an inmate killed himself within days of arriving.

Paul Joseph, 46, had been remanded to HMP Chelmsford on 24 February 2021, charged with attempted murder.

Mr Joseph was not being monitored when he was found hanged in his cell on 2 March, and the ombudsman said warnings had been ignored.

The Ministry of Justice said Chelmsford had improved its safety measures.

Mr Joseph, who had been also been charged with kidnap, had told court staff he would kill himself if he was sent to prison, the Local Democracy Reporting Service said.

Despite prison staff being warned about what Mr Joseph said, they stopped the suicide and self-harm monitoring protocol, known as ACCT, the day after his arrival.

Drug access contributed to inmate's death - report Elizabeth Moody, deputy prisons and probation ombudsman, said in her report that staff had "ignored" warnings from the court about Mr Joseph's comments.

She added the prison also failed to wait for a mental health assessment before they stopped ACCT monitoring.

A report from the most recent full inspection of Chelmsford by His Majesty's Inspectorate of Prisons (HMIP), in May and June 2018, had also raised concerns about how inmates at risk of self-harm and suicide were managed.

It noted there were 16 self-inflicted deaths over the previous eight years, and four since the last inspection, and too many recommendations from the ombudsman had not been implemented.

The inquest into Mr Joseph's death recorded a narrative conclusion, finding the ACCT should have been left open on 25 February.

It concluded Mr Joseph did not receive adequate care or support from prison or healthcare staff at Chelmsford. 'Poor judgement' The criticism comes two years after previous reports highlighted failings about ACCT at Chelmsford Prison.

HMIP said in 2021 that despite serious concerns raised in 2018 and the subsequent intervention of the ombudsman, outcomes had deteriorated in those three years.

The ombudsman said she was concerned the same issues arising in February 2021 had been found again following Mr Joseph's death.

She added: "I consider that staff showed poor judgement and stopped ACCT monitoring too soon. This is not the first time I have raised concerns about ACCT management at Chelmsford."

Inspection of HMP & YOI Chelmsford Inspectors visited this prison in January/February 2024.

What did they find?

Prisoners did not feel safe enough. Too many prisoners were harming themselves.

We gave the prison 2 out of 4 for this

Prisoners did not get enough time out of their cells. Some prisoners were not treated fairly. The prison needed a lot of repairs.

We gave the prison 2 out of 4 for this.

Teaching for prisoners was not good enough. Prisoners did not get enough help with reading.

We gave the prison 2 out of 4 for this.

Remand prisoners did not get enough help before they left the prison.

We gave the prison 2 out of 4 for this.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2024

Publicity and Media Exposure: A Year of Visibility, Resilience, and Advocacy

Despite our CEO becoming housebound following long-term illness and Covid-related complications, The Cascade Foundation continues to grow in reach and impact. From telephone interviews and Zoom calls to TikTok content, we've remained deeply engaged with researchers, educators, and ex-offenders—ensuring our work remains both visible and valuable.

Remote Leadership, Ongoing Influence

The CEO has overseen all operations voluntarily from home. Despite personal health challenges, we continue to be contacted weekly by universities, colleges, researchers in criminal justice, and dyslexia specialists. Our inbox is full, our calendar is booked—and our mission has never been more relevant.

Television and Media Projects

1. Channel 4 Documentary on Prisons

Initially envisioned as a groundbreaking program featuring real ex-offenders and prison officers, the production sadly shifted direction—opting instead for a celebrity-driven format. While we had supported the early casting and research, including offering several ex-offenders willing to share their experiences, the final result was deeply disappointing. The show included violent outbursts that misrepresented rehabilitation progress. Planned follow-ups—including a women's prison segment—were scrapped. No recognition was given to our input.

2. BBC Two Program with Chris Patton

This project sought to highlight the connection between dyslexia and the criminal justice system. Producers were enthusiastic about our research and experience. However, due to last-minute filming restrictions from the Ministry of Justice, the prison-based aspect of the episode had to be abandoned, diluting the original focus. Although aired, it no longer reflected the central purpose we had supported.

3. Jamie Oliver Team Collaboration (in Development)

Following visits to several UK prisons, the production team approached us to consult on their next concept. Drawing on our work in Chelmsford, Doncaster, and beyond, we helped shape the early stages of a potential program aimed at supporting children with dyslexia—addressing root causes before they manifest in the criminal system. While Jamie Oliver was keen to enter the prisons, current restrictions prevented that, and the concept is being reworked. The program remains in active development.

Digital Advocacy Through TikTok

With in-person work paused, we turned to digital outreach. Our TikTok account now features clips from prison sessions, insights from our research, and testimonials from ex-offenders. The response has been remarkable:

- 79% of our viewers are women, with 21% men
- Half of our viewership is based in Doncaster, and the rest comes from Sheffield, Benfleet, Southend, Barnsley, and Chelmsford
- We continue to connect with SEN teachers, parents, and professionals committed to literacy and rehabilitation

Even though the CEO hasn't physically been to Doncaster in years, the reach of our work has only grown.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Financial Review

Financial and Operational Review - Reporting Period: 2023–2024

CEO Health and Leadership Transition

Since December 2021, our CEO has been living with the severe long-term effects of Covid pneumonia. Following hospitalization, rehabilitation, and an extensive community care plan supported by social services and the Long Covid Service, she has been diagnosed with a number of chronic conditions, including:

- Fibromyalgia
- Widespread Osteoarthritis
- Sjögren's Syndrome
- Postural Orthostatic Tachycardia Syndrome (POTS)
- Sleep Apnoea

Due to mobility challenges and unstable blood pressure, the CEO is now housebound and relies on a crutch, walker, or wheelchair. Despite this, she continues to lead voluntarily from home with the support of two care companions who assist her on brief weekly outings.

Support and Continuity

Despite these challenges, The Cascade Foundation has remained active and available:

- Website and email services continue uninterrupted, offering referrals and advice to colleges, universities, schools, and individuals with neurodiverse needs.
- We remain a valuable knowledge base for ongoing research and requests from academics, educators, and community partners.

Financial Management

- Discussions are ongoing with HSBC regarding interest-related debt on The Cascade Foundation's account.
- To date, monthly payments have been consistently made despite the absence of full-time staff or paid fundraising activity.

- All activity since 2023 has been voluntary, eliminating salary expenses but placing limits on expansion.

Future Planning

- The CEO, who has championed this work since entering her first prison in 2003, is facing growing health challenges.
- A decision regarding the formal closure of The Cascade Foundation is being considered for 2026.
- As we approach the 20th anniversary of our second project, the focus is shifting toward capturing and preserving the legacy of our work.

Volunteer Involvement

Our volunteer community remains strong and motivated:

- Numerous individuals continue to inquire about volunteering, training, and supporting neurodiverse learners in both prison and community settings.
- These ongoing expressions of interest underscore the continued demand and appreciation for Cascade's unique approach.

A Final Note from the CEO

"The Cascade Foundation has been my dream, my vocation, and my life's work. Watching others take up the work I once led on the ground—Jamie Oliver, Matt Hancock, and others—is bittersweet. I would've been there too, if my body allowed. But I've started exploring AI as a way to keep our stories alive—to document everything from our prison projects to the transition houses and success stories we've helped nurture. Some of the ex-offenders we supported still reach out, 20 years on, sharing how they've rebuilt their lives. That's when I know: nothing was wasted. Not a single effort, not a single moment. I'm still here, just working with a different kind of strength now."

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Statement of trustees' responsibilities

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs for the Charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statement on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

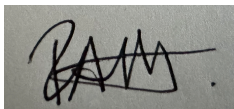
The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities' Act 2011.

They are also responsible for safeguarding the assets of the Charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees declare that they have approved the above report.

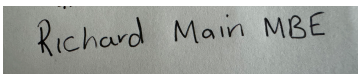
Signed on behalf of the Trustees

Signed:



Date: 12 September 2024

Name and position:



Chairperson

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2023

I report on the accounts of the Charity for the year ended 31st August 2024 which are set out on pages / to /.

Respective responsibilities of Trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities' Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations for you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

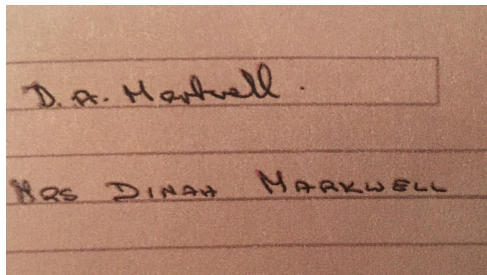
1 which gives me reasonable cause to believe that, in any material respect, the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and

to prepare accounts which accord with the accounting records and comply with accounting requirements of the 2011 Act have not been met: or

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2023

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



D. A. Markwell .
MRS DINAH MARKWELL

Mrs D.A. Markwell
Retired Accounts Manager
Willow House
Eccles,
Norwich
Norfolk
NR16 2JR

Date: 12 September 2024

THE CASCADE FOUNDATION
Income and expenditure account
for the period ended 31st August 2024

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Income				
Contracts & commissioning (Home Office)	0.00		0.00	0.00
Grants & donations	706.29		706.29	375.00
Fundraising	0.00		0.00	0.00
Total	706.29		706.29	375.25
Restricted funds				
Total Income	706.29			
Expenditure				
Advertising and marketing	85.00		85.00	85.00
Bank charges	75.00		75.00	75.00
Depreciation	0.00		0.00	0.00
Equipment	0.00		0.00	0.00
Insurances	0.00		0.00	0.00
Printing and stationery	0.00		0.00	0.00
Rent and rates	0.00		0.00	0.00
Salaries	0.00		0.00	0.00
Staff, trustees and volunteers	0.00		0.00	0.00
Telephone, internet, ICT	0.00		0.00	0.00
Fundraising costs	0.00		0.00	0.00
Professional fees	0.00		0.00	0.00
Debtors (JHM)	0.00		0.00	0.00
Expenses	0.00		0.00	0.00

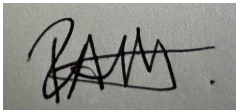
Total Expenditure	160.00	160.00	160.00
Net income (expenditure)			
Funds brought forward at 1 September 2023	-4677.48	-4677.48	
Prior year adjustment	0	0	0
Funds carried forward at 1 September 2024	-4173.77	-4173.77	

THE CASCADE FOUNDATION
Balance sheet
for the period ended 31st August 2021

		2021	2020
	Notes	£	£
Fixed Assets	2	0	0
Current Assets			
Debtors	3		0
Cash in bank & in hand			0
Total Current Assets			0
Liabilities			
Creditors – amounts due more than one year	3	0	0
Net Current Assets			
Creditors – amounts due more than one year		0	0
Net Assets		0	0
Funds of the company			
Unrestricted Funds		0	0
Restricted Funds		0	0
Total funds			0

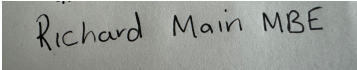
The financial statements on pages 13 and 14 were approved by the Trustees and signed on their behalf by:

Signed:

A handwritten signature in black ink, appearing to be 'RAM', followed by a period.

Date: 12 September 2024

Name and position:

A handwritten note in black ink that reads 'Richard Main MBE'.

Chairperson

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2022

1 Accounting policies

1.1 Basis of preparation

These financial statements have been prepared under the historical cost basis and in accordance with the Charities Act 2011 and related regulations.

1.2 Incoming resources

These are included in the Income and Expenditure account. Incoming resources are recognised when:

- the company becomes entitled to the resources
- the directors are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract in the Income and Expenditure account

Grants and donations are only included in the Income and Expenditure account when the company has unconditional entitlement to the resources.

Contractual income is only included in the Income and Expenditure account once the related goods or performance related services have been delivered.

Investment income is included in the accounts when receivable.

1.3 Expenditure and liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the company to pay out resources.

1.4 Depreciation

Tangible assets are capitalised if they can be used for more than three years and cost at least £250. They are valued at cost, or, if gifted, at the value to the company on receipt.

The rates applicable are;

Fixtures and fittings	25% Reducing balance
-----------------------	----------------------

IT Equipment	33% on cost
--------------	-------------

1.5 Taxes

The Charity is exempt from corporation tax on its charitable activities. As at the date of these accounts the Charity is not VAT registered

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2023

2 Tangible fixed assets

	Fixtures & Fittings £	IT Equipment £	Total £
Cost			
Additions	0	0	0
At 31st August 2022	0	0	0
	0	0	0

Depreciation

At 1st September 2022

Charge this period

At 31st August 2023

Net book value at 31st August 2023

3 Debtors and creditors

	2024
	£
Trade debtors	0
	0
Creditors - due within one year	
Trade creditors	0

4 Trustees remuneration, benefits and expenses

There were no trustees' remuneration in the period of these accounts.

5 Staff costs

Salaries and wages

2024
£
0

No employees received emoluments in excess of £60,000

THE CASCADE FOUNDATION
Notes to the financial statements
for the period ended 31st August 2024

6 Grants and Donations

	Unrestricted Funds	Restricted Funds	Total
	£	£	£
Awards for All		0	0
South Yorkshire PCC		0	0
Moto		0	0
Rotary Club		0	0
Donations	706.29	0	706.29
Total Grants and Donations	706.29	0	706.29

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THE CASCADE FOUNDATION

England & Wales - Charity number 1154017

Accounts

THE CASCADE FOUNDATION

Financial statements for the
year ended 31st August 2023

Charity number: 1154017

Charitable Incorporated Organisation
Registered England and Wales

THE CASCADE FOUNDATION

Contents of the financial statements for the period ended 31st August 2023

	Page
Administrative Details	1
Trustees Report	2 - 12
Independent Examiners Report	13 - 14
Income and Expenditure Account	15 - 16
Balance Sheet	17
Notes to the accounts	18 - 20

THE CASCADE FOUNDATION

Administrative details for the period ended 31st August 2023

Registered Charity number	1154017
Trustees and Management Committee	Ken Lewis OBE Richard Main MBE Susan Blackburn Victoria Blakeman
Administrative address	Ms J. Hewitt-Main OBE 40 Kents Hill Road Benfleet Essex SS7 5PL
Bankers	HSBC Bank Plc 33 Town Square Basildon Essex SS14 1BA
Independent Examiner	Mrs Dinah Markwell Retired Acc., Manager Willow House Eccles, Norwich Norfolk NR16 2JR

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Governing document

The organisation is operated under the rules of its constitution which was adopted 30th September 2013.

Recruitment and appointment of new Trustees

The Charity aims to ensure that its Trustees can bring a range of different skills to the board. We would look to recruit Trustees who have worked with offenders, ex-offenders, the long-term unemployed, NEETs and people who are at risk of crime due to their learning disabilities, which contributes towards the achievement of the Charity's objective.

Induction and training of new Trustees

All new Trustees are provided with details of their responsibilities by the way of relevant charity commission leaflets. Further training is available to any Trustees who need it.

Organisational structure and management

The day-to-day running and management of the Charity is undertaken by the Trustees. They are responsible for identifying and appointing staff members, to whom some aspects of the charitable work is delegated.

Risk management

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable insurance against fraud and error.

Objectives and activities

Objective for this year: The charity aims to help as many people as possible via telephone or email. This includes individuals, groups, TV producers, colleges, and universities. The goal is to raise awareness of The Cascade Foundation, its results, and research while working with prisoners and individuals who have come through The Cascade hub.

Looking back over our emails:

- Barnsley College is interested in doing apprenticeships with Cascade.
- Carmen Hancox, MABA Honours PGCE, from Doncaster College, has just started as a Program Leader of Criminal Justice University Lead. She wanted our CEO to be a guest speaker for her students

- A group of journalism students at Sheffield University is investigating whether the government provides enough support for ex-offenders after leaving prison.
- Alex Mills, a Master's student in MS Crime, Justice, and Psychology at the University of Leicester, inquired about peer mentoring for his dissertation.

We also had many specialists, teachers, and centres looking to work with us:

- The Centre for Social Justice requested a meeting about our work in Doncaster, as they have just set up their first hub in Yorkshire as a forum. - Hilary Nicholls, Events Manager.
- Many companies expressed interest in collaborating with us, including Scanning Pens, Dyslexic Learning, Reed in Partnership, and DWP.
- We have been kept up to date with a project in an American prison at Sioux Falls: She contacted me during lockdown and needed help planning her route into the prison system.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Activities:

Our charity has been incredibly active and impactful! over this last year.

1. Overview of Activities

- **Consultancy with the Home Office:** Since 2021, our Chairperson, Richard Main MBE, has been successfully consulting with the Home Office, leading to continued lectures and support for their colleagues.
- **Governorship at SEN School in Kettering:** Richard Main MBE has also been appointed as a governor, where he has been observing teachers, introducing new engagement strategies, and promoting a holistic approach to child development.

2. Impact and Outcomes

- **Dyslexia Show at NEC Birmingham:** Our CEO collaborated with Arran Smith to present the 'Dyslexia Behind Bars II' report and research on the digital divide affecting over 30,000 people during the coronavirus lockdown.
- **ITV Meridian Special Programme:** Our CEO shared literacy knowledge with journalist Natalie Verney, assisting a presenter from "The Repair Shop" with script reading.

3. Financial Overview

Volunteer Contributions: All activities during this period were conducted on a volunteer basis, with some learners donating from their own benefits.

4. Governance and Management

- Collaborations and Partnerships:
 - Worked with Jamie Wace on a podcast about the future of dyslexia in the workplace.
 - Collaborated with Trevor Henderson on the Digital Creator Storytelling project book.
 - Engaged with Debbie Williams, founder of “Succeed from the Start,” to support a community of coaches.

5. Challenges and Future Plans

- **Support for Learners:** Our CEO has been providing ongoing support to learners like Ronald, who faced challenges after the closure of Cascade within Doncaster.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Achievements:

Our CEO has made significant strides in addressing complex social issues through her work.

Here are two key achievements based on her description:

1. Addressing County Lines and Youth Involvement in Drug Dealing:
2. Education initiatives in Prisons:

Initial Encounter and Research: In 2002, while working at a Training Provider in London, our CEO encountered a young individual involved in county lines drug dealing. This experience led her to research and engage with affected youths, understanding their backgrounds and the factors leading them into such activities.

Intervention and Support: By 2006, she secured funding to work with young offenders in Chelmsford Prison, helping them transform their lives. Her efforts culminated in the report “County Lines: Breaking the Cycle,” emphasizing early intervention and prevention 1. Educational Initiatives in Prisons:

Learning Coach Course: Our CEO developed a Learning Coach course in Doncaster, aimed at prisoners, prison staff, and program observers. This course included the introduction of the report “Dyslexia Behind Bars” and a 250-word essay to deepen understanding of the issues faced by individuals with learning disabilities in the prison system 2.

Engagement in co-production with people living in prison:

In article for the publication Prison Service Journal 262: the special edition explores engagement in co-production with people living in prison who are under supervision in the community. Our Learning Coach course in Doncaster was being rolled out to prisoners, prison staff, and observers of our program for its first session. Our CEO was introducing 20 pages of the first report, “Dyslexia Behind Bars”, followed by a 250-word essay to ensure a thorough understanding of the issues faced by the prisoners they would be working with. During a discussion on this topic, a prisoner learner explained that, despite being at level 3 in literacy, nobody had shown them how to perform this task. Realizing the need for a different approach, our CEO immediately decided to backtrack the course. She involved the prisoners in activities that provided them with opportunities to shape change, drive direction, and improve outcomes, which are crucial components of supporting desistance.

One of the London-based observers was shocked at how quickly our CEO understood the need to change the entire course. They remarked, “We have only started to understand

this in London. How are you doing this in Doncaster?" To our CEO, it was just plain common sense.

These examples highlight our proactive approach and dedication to making a positive impact on individuals and communities.

It's inspiring to hear about the journeys of Michael and Imran whom took part in our Learning Coach Course: Their dedication to creating positive change through social enterprises is commendable.

Michael:

Location: Plot 22, Sheffield, The Exchange Street Venue.

Journey: After working with Jackie Hewitt-Main OBE, Michael took a teaching and business course, learning about social enterprise. With support from the Princess Trust and £1500 raised through crowdfunding, he set up Rite Trax.

Aim: Michael's goal was to involve more vendors and promote creative participation, having seen a lack of it in prison. Rite Trax organizes events around the city featuring underground music, art, and poetry.

Imran:

Location: A rehabilitation house in Rotherham.

Journey: Imran needed more help to set up his social enterprise. With support from your CEO, who helped with references and letters, he established a 10-bedroom rehabilitation house with a kitchen, laundry room, and community room.

Achievements: Inspired by your project in Barnsley, Imran's house was completed to a high standard. His team participated in a two-day recording for a breakfast show, which was used to attract potential funders and supporters. In one year, they had 20 residents, with none re-offending.

Sharing their stories are highlight the impact of support and mentorship in transforming lives and communities. These initiatives have influenced our organization to keep in communication with our learners through emails, phones, Facebook and WhatsApp.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Publicity and media exposure:

Our CEO has been the voice and face of our charity's publicity and media for over 24 years. Nine months into Long Covid, she found talking to radio presenters hard due to how the COVID cough had affected her voice box. This led to her having speech therapy. On TikTok and Facebook, she would use old videos due to the loss of her hair. Nobody saw her for at least a year, after having counselling to help with this matter.

Given that our research is the first of its kind, we have always been approached by many TV media outlets. In October 2022, we were approached by Channel 4 for Shine TV on a prison pilot to help advise on this documentary. This program was to lead to a discussion of how the prisons are not working. We spent weeks sending information over to Kate Billows, the producer. We found prisoners and officers who were willing to be a part of this program. We were then informed that the program would bring in celebrities who would engage with prisoners. The first celebrity was Sid Owen of EastEnders. The prisoners were to behave as they did during their prison sentences, which was quite harrowing for people to watch, and audience figures were dropping. The prisoners were talking in all of the media to reassure, that they had now changed their lives and were not like this anymore, and that it was only done for the cameras. However, the audience figures dropped so dramatically week after week that Channel 4 canceled the women's series "Banged Up." This was such a sad ending to an interesting project that could have delivered many discussions that could have directed our efforts towards relieving the plight of prisoners within prison.

Our goal of media was to still keep raising our brand awareness, and reaching potential customers that need our help. Our CEO took part in the "King Lear Prize" it was great experience for her to keep her writing skills up, the feedback helped her to focus on the future of The Cascade Foundation which could be writing books or producing a drama of the lives of the thousands of prisoners and families she met on her journey.

Feedback:

A Mother To Thousands Of Prisoners by Jackie Hewitt-Main OBE

Initial reflections on your Short Story

The opening of this short story evokes a sense of both sadness and hopefulness. The sadness is evoked by the line "you never think that your life can change, but in just 10 minutes, our whole lives were turned up side down," which conveys a feeling of tragedy. On the other hand, hopefulness is evoked by lines such as "the accident was reported on the radio" and "it was a miracle," which hint at a potentially positive outcome.

Features which are particularly good:

- The opening captures the reader's attention immediately by introducing the protagonist Richard and his story. This is emphasised by the vivid description of his achievements and ambition to buy his first car.

"By the age of seven he would go into the grocery store, for vegetables for my sandwich round, by the age of 14, he was involved in the presentations and shows in the health

trade in London, with the foods that we had imported from America. By the age of 17 he was employed by Telewest Broadband, the youngest employee, they had ever had."

- The vivid imagery used to describe the accident captivates the reader and creates an immediate emotional response.

"The accident was reported on the radio, first news out, was that it was two friends, later in the day every one was sharing the news of two brothers, and how Stuart had survived being thrown out of the car at 70 miles an hour. It was a miracle!"

- The use of repetition adds to the suspense and builds tension.

"Richard and his girlfriend was wearing seatbelts, Stuart had just jumped in the back, we believed to this day that the seatbelts were trapped down the back of the car. As the car was scrapped I never did see the car or the window that Stuart must've been thrown out off, to have been found lying on the centre reservation on the A13, covered by the long grass."

Areas for improvement

- Use more vivid sensory details to engage the reader and build atmosphere
- Make sure to avoid repetition of words or phrases
- Make sure all points of the story lead to the climax or resolution of the story

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Financial Review

When our CEO became ill in December 2021, with Covid pneumonia, Hospitalised, Rehab and a year and a half of Community Care Plan with Social Workers and the Long Covid Service, which led to many therapy's and Hospital treatments. Even though she has been really ill, we are still trying too:

1. Support and Continuity: We are maintaining our website and email addresses to continue supporting and signposting people, to other colleges universities, schools and any of our learners that may help. We are ensuring that our charity remains a valuable resource even during this difficult times.
2. Financial Management: We are managing our debt with HSBC on a monthly basis, this is helping us to maintain financial stability and keeps the charity's obligations in check.
3. Future Planning: We are considering the CEO's health and future role is important. Our contingency plan, may be to shut down the charity has it been our CEO's work of over 24 years, we could identifying interim leadership or additional support, to ensure the charity's operations can continue smoothly.
4. Volunteer Efforts: The dedication of our volunteers has been truly admirable. Recognizing and appreciating their efforts which has helped our CEO which has kept our charity maintaining its morale and engagement, with all parties.
5. Communication with our Stakeholders: Keeping our funding stream and colleagues informed of the situation and our plans to foster understanding and continued support.

Final note

We have kept the The Cascade Foundation still running until we find out how her health will be affect, this charity has been her dream for so long, we do not feel that we could take her dream away at this point.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2023

Statement of trustees' responsibilities

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs for the Charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statement on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

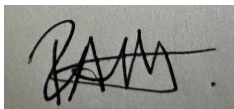
The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities' Act 2011.

They are also responsible for safeguarding the assets of the Charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees declare that they have approved the above report.

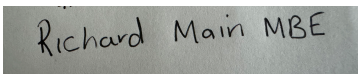
Signed on behalf of the Trustees

Signed:



Date: 12 September 2024

Name and position:



Chairperson

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2023

I report on the accounts of the Charity for the year ended 31st August 2021 which are set out on pages / to /.

Respective responsibilities of Trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities' Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations for you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

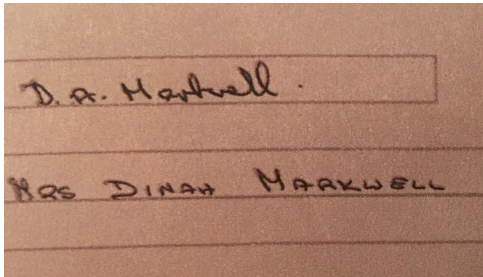
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to keep accounting records in accordance with section 130 of the 2011 Act; and
to prepare accounts which accord with the accounting records and comply with
accounting requirements of the 2011 Act have not been met: or

**Independent examiners report to the Trustees of
THE CASCADE FOUNDATION for the period ended 31st August 2023**

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



A photograph of a piece of lined paper with two lines of handwriting. The first line, enclosed in a rectangular box, reads 'D. A. Markwell'. The second line reads 'MRS DINAH MARKWELL'.

Mrs D.A. Markwell
Retired Accounts Manager
Willow House
Eccles,
Norwich
Norfolk
NR16 2JR

Date: 12 September 2023

THE CASCADE FOUNDATION
Income and expenditure account
for the period ended 31st August 2023

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
Income				
Contracts & commissioning (Home Office)	0.00		0.00	0.00
Grants & donations	375.00		375.00	325.00
Fundraising	0.00		0.00	0.00
Total	375.00		375.00	325.00
Restricted funds				
Total Income	375.00			
Expenditure				
Advertising and marketing	85.00		85.00	85.00
Bank charges	75.00		75.00	557.89
Depreciation	0.00		0.00	0.00
Equipment	0.00		0.00	0.00
Insurances	0.00		0.00	0.00
Printing and stationery	0.00		0.00	0.00
Rent and rates	0.00		0.00	0.00
Salaries	0.00		0.00	0.00
Staff, trustees and volunteers	0.00		0.00	0.00
Telephone, internet, ICT	0.00		0.00	0.00
Fundraising costs	0.00		0.00	0.00
Professional fees	0.00		0.00	0.00
Debtors (JHM)	0.00		0.00	0.00
Expenses	0.00		0.00	0.00

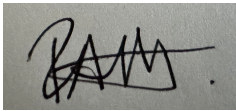
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Net income (expenditure)			
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Prior year adjustment	0	0	0
Funds carried forward at 1 September 2023	-4173.77	-4173.77	

THE CASCADE FOUNDATION
Balance sheet
for the period ended 31st August 2021

		2021	2020
	Notes	£	£
Fixed Assets	2	0	0
Current Assets			
Debtors	3		0
Cash in bank & in hand			0
Total Current Assets			0
Liabilities			
Creditors – amounts due more than one year	3	0	0
Net Current Assets			
Creditors – amounts due more than one year		0	0
Net Assets		0	0
Funds of the company			
Unrestricted Funds		0	0
Restricted Funds		0	0
Total funds			0

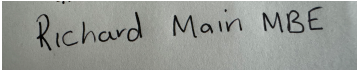
The financial statements on pages 13 and 14 were approved by the Trustees and signed on their behalf by:

Signed:

A handwritten signature in black ink, appearing to be 'RAM' with a stylized flourish.

Date: 12 September 2024

Name and position:

A handwritten note in black ink that reads 'Richard Main MBE'.

Chairperson

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2022

1 Accounting policies

1.1 Basis of preparation

These financial statements have been prepared under the historical cost basis and in accordance with the Charities Act 2011 and related regulations.

1.2 Incoming resources

These are included in the Income and Expenditure account. Incoming resources are recognised when:

- the company becomes entitled to the resources
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Where incoming resources have related expenditure (as with fund-raising or contract in the Income and Expenditure account

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Liabilities are recognised as soon as there is a legal or constructive obligation committing the company to pay out resources.

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Tangible assets are capitalised if they can be used for more than three years and cost at least £250. They are valued at cost, or, if gifted, at the value to the company on receipt.

The rates applicable are;

Fixtures and fittings	25% Reducing balance
-----------------------	----------------------

IT Equipment	33% on cost
--------------	-------------

1.5 Taxes

The Charity is exempt from corporation tax on its charitable activities. As at the date of these accounts the Charity is not VAT registered

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2023

2 Tangible fixed assets

	Fixtures & Fittings £	IT Equipment £	Total £
Cost			
Additions	0	0	0
At 31st August 2022	0	0	0
	0	0	0

Depreciation

At 1st September 2022

Charge this period

At 31st August 2023

Net book value at 31st August 2023

3 Debtors and creditors

	2023
	£
Trade debtors	0
	0
Creditors - due within one year	
Trade creditors	0

4 Trustees remuneration, benefits and expenses

There were no trustees' remuneration in the period of these accounts.

5 Staff costs

Salaries and wages

2023
£
0

No employees received emoluments in excess of £60,000

THE CASCADE FOUNDATION
Notes to the financial statements
for the period ended 31st August 2022

6 Grants and Donations

	Unrestricted Funds	Restricted Funds	Total
	£	£	£
Awards for All		0	0
South Yorkshire PCC		0	0
Moto		0	0
Rotary Club		0	0
Donations	325.00	0	325.00
Total Grants and Donations	325.00	0	325.00

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THE CASCADE FOUNDATION

England & Wales - Charity number 1154017

Accounts

THE CASCADE FOUNDATION

Financial statements for the
year ended 31st August 2022

Charity number: 1154017

Charitable Incorporated Organisation
Registered England and Wales

THE CASCADE FOUNDATION
Contents of the financial statements for the period ended 31st August
2022

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THE CASCADE FOUNDATION

Administrative details for the period ended 31st August 2022

Registered Charity number	1154017
Trustees and Management Committee	Ken Lewis OBE Richard Main MBE Susan Blackburn Victoria Blakeman
Administrative address	Ms J. Hewitt-Main OBE 40 Kents Hill Road Benfleet Essex SS7 5PL
Bankers	HSBC Bank Plc 33 Town Square Basildon Essex SS14 1BA
Independent Examiner	Mrs Dinah Markwell Retired Acc., Manager 36 The Park EAST HARLING NORWICH Norfolk NR16 2LY

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2022

Governing document

The organisation is operated under the rules of its constitution which was adopted 30th September 2013.

Recruitment and appointment of new Trustees

The Charity aims to ensure that its Trustees can bring a range of different skills to the board. We would look to recruit Trustees who have worked with offenders, ex-offenders, the long-term unemployed, NEETs and people who are at risk of crime due to their learning disabilities, which contributes towards the achievement of the Charity's objective.

Induction and training of new Trustees

All new Trustees are provided with details of their responsibilities by the way of relevant charity commission leaflets. Further training is available to any Trustees who need it.

Organisational structure and management

The day-to-day running and management of the Charity is undertaken by the Trustees. They are responsible for identifying and appointing staff members, to whom some aspects of the charitable work are delegated.

Risk management

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable insurance against fraud and error.

Objectives and Activities

Our strategy for The Cascade Foundation is to transform lives for safer communities. Due to the Coronavirus lockdown, we have had to change direction, prisons are no longer having any teaching being delivered, prisoners' work are being handed through the door. We have had teachers and nurses asking for help for prisoners who are being locked behind their cell doors 23 hours a day.

We have had many phone calls from our learners in the north of England, asking for help with their Personal Independence Payment (PIP) and Universal Credit benefits. We were asked for references for our learners from the YMCA and other agencies, who were homeless and having fallouts with their family through lockdown.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2022

Our CEO had been working with the Shine TV production and their Executive Producer, Lana Salah, as their on-screen, off-screen literacy expert and after-care support. The show was to be aired in April but due to the lockdown it was not aired until September 2020. We had an audience of 5 million viewers which led to inundated requests for help, such as schools, prisons, secured units, and parents who have neurodiversity. The list was endless. This programme was nominated for a BAFTA Award and was also being formatted for local versions in Australia and Denmark. This led to TV producers contacting our CEO for help, such as Hungry Bear Media, BBC, Bright Media project which was about Bridgend and the suicide rates of 27 young children, the handling of our young children in HM Prison Pac, which is the large prison in Wales and also Channel 4. So far only the BBC have had their programme aired with Jay Blades; 'Learning to Read at 51'.

Our objective this year was to raise the public awareness of the work of The Cascade Foundation and to show that if we all worked together our children with SEND would not end up in prison.

Latest Government research shows that 80% of our young children going into the criminal system has at least one level of special educational needs.

The question is: if you cannot read how do you get a CSCS card to be able to work in construction? How do you get a 'food health & safety' qualification to work in the catering industry?

If you can't work, do you turn to crime?

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2022

Activities:

By September 2021 the doors were beginning to open, a consultancy with the Home Office had been so successful that we had been asked to continue with lectures to show how to support colleagues with neurodiversity. Our CEO had been working with Arran Smith, Founder and Show Director for the Dyslexia show at NEC Birmingham in March 2022. This lecture was to present our 'Dyslexia Behind Bars II' report and the research into 'The Digital Divide', a Briefing paper on the digital divide of reading & literacy skills within the coronavirus lockdown involving people with neurodiversity, head injury and mental health. This included over 30,000 people.

The CEO had shared her knowledge and experience with literacy using multi-sensory methods with the 'Hungry Bear Media' to help one presenter read his scripts for the program 'The Repair Shop'.

She was also working with Jo Pearce of 'Bright Branch Media', regarding Bridgend and the suicide rates of 27 young children, together with the handling of our young children in HM Prison Pac, the large prison in Wales.

All our work during this time had been carried out by volunteers. Some learners have been donating into the Charity out of their own benefits.

In November 2021, The Cascade Foundation was invited to the Roundtable Report (CJS) at their offices in London. We had been working with this company for the previous six years with the added information from our front-line charity we gained due the 5 million people who watched the 'WriteOffs', plus feedback from our website, text messages and WhatsApp. This data was useful to help us understand how the lockdown had affected people on the poverty line.

We received a text from Adrian Crossley, inviting us to be a part of the 'Dyslexia in the Education and Criminal Justice Systems', Roundtable Report December 2021. The Cascade Foundation has been a part of the criminal justice service for the last 15 years, within probation services, prisons, secure units and Young Offenders. We also set up the first residential home and a place of safety for learning from within the first Cascade Health and Learning Hub. Our ethos has always been to understand the DNA of each person, and to be able to inform others about our work and journey of Cascade. The chairperson for this meeting was The Rt Hon Matt Hancock MP. One of his stories was how he spelt

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2022

the word 'Untied' instead of 'United' for a 50,000 leaflet drop and the candidate was not elected. This is a typical dyslexic trait, all the letters are there, just in the wrong order.

In December 2012, Rebecca Harris MP for Castle Point stood in front of the MPs in the House of Commons and spoke about her dyslexia. More recently another person was bringing the attention of Dyslexia, Matt Hancock called for more support for people living with dyslexia and for advocates for wider screening at transitional stages in childhood.

The invitation was forwarded to Rebecca's office, and it was a pleasant surprise to hear from the assistant of Matt, stating that Rebecca had requested they listen to this amazing Jackie Hewitt-Main and her goals of changing the world.

Watching Matt take the meeting, and sharing our expertise, it was evident that he was using his dyslexic mind setting and could see how people with similar thought processes had the same ideas or concepts and how they could work together. Since 2005 Jackie had used a software called Lexia which came from Sweden and the assessments found by using this software that 53% of prisoners had dyslexia. This proved to be the most effective assessment method to be used within the prison system. Novus, the education provider was using the hidden disability questionnaire written by Dr John Rack, which appeared to be more useful as a check list for the tutor without giving full quality of an understanding of the learner's disability. Could we find a system that would be suitable for everybody? The British Dyslexic Association at the time still considered using phonics was the only way that a child could learn to read. Other organisations had differing opinions. Our quest was to study the individual and help them to understand their own learning styles, giving them empowerment of their own difficulties.

Matt Hancock MP has been on the trail to make people aware of his difficulties and how this would help every child.

During this time our CEO was claiming University Credit, due to no funds available for her to continue to help prisoners or members of the community to read or write. She continued to support people who were contacting her by phone or other media channels.

On 13 December 2021 our CEO gave a presentation by zoom to management across the country on dyslexia within the workplace. Two days later she had been tested and found to have Covid for the third time. Within nine days her whole body had been affected by

long term covid. By 24 December she was sent to Southend hospital where pneumonia had developed. This led to rehab and a community care plan. She is now under the care of the Long Covid Service and is fighting to get back to normal living. The work of the Cascade Foundation is now on hold until further notice.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2022

Achievements:

Our achievements for this year was that our Chairperson, Richard Main received an MBE for services to the Charitable Sector. Originally this was to be held at Buckingham Palace with his wife and two children in attendance. However, this occasion was cancelled at this time due to the lock down. His investiture finally happened on Wednesday 3rd November 2021 at Windsor Castle, with his award being presented to him by Princess Anne who was very interested in our Charity and why it was set up.

The Cascade Foundation work within the prisons and community had received a Commendation from the Howard League Penal Reform Restorative Approaches Awards November 2021. Rebecca Harris MP for Castle Point had congratulated The Cascade Foundation for being awarded a Commendation for the Howard League for Penal Reform for their 7-year project 'Dyslexia Behind Bars' within Doncaster Prison and community. *"Well done to Jackie Hewitt-Main OBE and The Cascade Foundation. The Foundation has been on an amazing journey since it was inaugurated in 2013 and launched at the House of Commons."*

In November 2021, The Cascade Foundation was invited to the Roundtable Report (CJS) at their offices in London, the chairperson was to be Matt Hancock MP. We had been working with this company for the previous six years with the added information from our front-line charity we gained due the 5 million people who watched the 'WriteOffs', plus feedback from our website, text messages and WhatsApp. This data was useful to help us understand how the lockdown had affected people on the poverty line.

The 'Dyslexia in the Education and Criminal Justice Systems', Roundtable Report came out in December 2021.

While in Rehab I received a wonderful email from Matt Hancock MP telling me to get well soon as he wants to work with The Cascade Foundation.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2022

Publicity and media exposure:

This year we were involved in two publications, locally and national papers and radio:

Teaching Times: Author Sal McKeown 'Life, Learning and Dyslexia Behind Bars' for receiving a commendation from the Howard League for Penal Reform in the Restorative Justice category.

The Centre for Social Justice CSJ Dyslexia in the Education and Criminal Justice Systems Roundtable Report December 2021 with Matt Hancock MP.

Our CEO wrote a heartfelt plea from her hospital bed, thanking the staff for looking after her and getting her into Rochford Rehab to show her ways to help herself though this illness.

The Cascade Foundation work within the prisons and community has received a Commendation from the Howard League Penal Reform Restorative Approaches Awards October 2021.

Our CEO was asked by her local BBC radio to report on her work with Richard Branson (Surprise Surprise) and his dyslexia.

In July 2022 our CEO was asked to phone LBC radio to have a chat with Matt Hancock about the work that had taken place around the roundtable on Dyslexia - thanking Matt for the email he sent while she was in Rehab.

While our CEO has been recovering, she has introduced a TikTok account, with photos and videos of The Cascade Foundation work over the last 20 years.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2022

Financial Review

Since lockdown our funding has ceased, our donators and sponsors had now been furloughed or lost jobs, and contracts had not been renewed. We were ready to set up a contract with the Home Office to help them to set up a support mentoring system to help colleagues who had been diagnosed with dyslexia. This has now been interrupted by our CEO's illness, with her recovery taking much longer than anticipated. She has since suffered a series of pneumonia and chest infections, with many visits to our local A&E. She is making slow progress and is now under the Long Covid Service. She has a community care plan and is visited by social workers each day who are all helping her to come to terms with her illness & physical disabilities.

Our Chairperson, Richard Main MBE, has taken on the presentations and lectures for management in different areas of his work, learning how to work with staff with neurodiversity.

Final note

The Cascade Foundation is still running, and we are hoping that our CEO will make a good recovery to enable her to continue the work she has successfully set up for the community to her ability and determination.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2022

Statement of Trustees' responsibilities

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs for the Charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statement on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

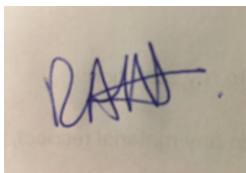
The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities' Act 2011.

They are also responsible for safeguarding the assets of the Charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees declare that they have approved the above report.

Signed on behalf of the Trustees

Signed:



Date: 11 April 2022

Name and position: Richard Main MBE Chairperson

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2022

Report on the accounts of the Charity for the year ended 31st August 2021 which are set out on pages / to /.

Respective responsibilities of Trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities' Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations for you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view," and the report is limited to those matters set out in the statement below.

Independent examiner's statement

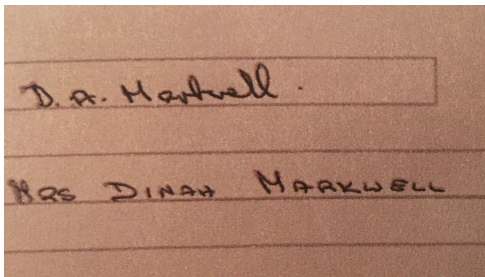
In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and
to prepare accounts which accord with the accounting records and comply with
accounting requirements of the 2011 Act have not been met: or

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2021

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



D.A. Markwell.
MRS DINAH MARKWELL

Mrs D.A. Markwell
Retired Accounts Manager
36 The Park
EAST HARLING
NORWICH
Norfolk
NR16 2LY

Date: 11 April 2022

THE CASCADE FOUNDATION

Income and expenditure account for the period ended 31st August 2022

	Unrestricted funds	Restricted funds	Total 2021	Total 2020
	£	£	£	£
Income				
Contracts & commissioning (Home Office)	0.00		0.00	508.00
Grants & donations	325.00		325.00	367.48
Fundraising	0.00		0.00	0.00
Total	325.00		325.00	875.48
Restricted funds				
Total Income	325.00			
Expenditure				
Advertising and marketing	85.00		85.00	0.00
Bank charges	567.89		567.89	331.16
Depreciation	0.00		0.00	0.00
Equipment	0.00		0.00	0.00
Insurances	0.00		0.00	0.00
Printing and stationery	0.00		0.00	0.00
Rent and rates	0.00		0.00	0.00
Salaries	0.00		0.00	0.00
Staff, trustees and volunteers	0.00		0.00	0.00
Telephone, internet, ICT	0.00		0.00	0.00
Fundraising costs	0.00		0.00	0.00
Professional fees	0.00		0.00	0.00
Debtors (JHM)	0.00		0.00	0.00

Expenses	0.00	0.00	221.67
Total Expenditure	652.89	652.89	552.83
Net income (expenditure)			
Funds brought forward at 1 September 2021	-4942.42	-4942.42	
Prior year adjustment	0	0	0

Funds carried forward at 1 September 2022	-4563.07	4563.07	
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THE CASCADE FOUNDATION

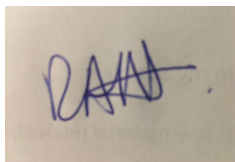
Balance sheet

for the period ended 31st August 2022

		2021	2020
	Notes	£	£
Fixed Assets	2	0	0
Current Assets			
Debtors	3		0
Cash in bank & in hand			0
Total Current Assets			0
Liabilities			
Creditors – amounts due more than one year	3	0	0
Net Current Assets			
Creditors – amounts due more than one year		0	0
Net Assets		0	0
Funds of the company			
Unrestricted Funds		0	0
Restricted Funds		0	0
Total funds			0

The financial statements on pages 13 and 14 were approved by the Trustees and signed on their behalf by:

Signed:

A photograph of a handwritten signature in blue ink on a light-colored piece of paper. The signature appears to be 'R Main'.

Date: 11 November 2022

Name and position: Richard Main MBE Chairperson

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2022

1 Accounting policies

1.1 Basis of preparation

These financial statements have been prepared under the historical cost basis and in accordance with the Charities Act 2011 and related regulations.

1.2 Incoming resources

These are included in the Income and Expenditure account. Incoming resources are recognised when:

- the company becomes entitled to the resources
- the directors are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract in the Income and Expenditure account

Grants and donations are only included in the Income and Expenditure account when the company has unconditional entitlement to the resources.

Contractual income is only included in the Income and Expenditure account once the related goods or performance related services have been delivered.

Investment income is included in the accounts when receivable.

1.3 Expenditure and liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the company to pay out resources.

1.4 Depreciation

Tangible assets are capitalised if they can be used for more than three years and cost at least £250. They are valued at cost, or, if gifted, at the value to the company on receipt.

The rates applicable are;

Fixtures and fittings	25% Reducing balance
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IT Equipment	33% on cost
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1.5 Taxes

The Charity is exempt from corporation tax on its charitable activities. As at the date of these accounts the Charity is not VAT registered.

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2022

2 Tangible fixed assets

	Fixtures & Fittings £		IT Equipment £		Total £
Cost					
Additions	0		0		0
At 31st August 2022	0	0		0	
	0		0		0

Depreciation

At 1st September 2021

Charge this period

At 31st August 2022

Net book value at 31st August 2021

3 Debtors and creditors

	2022
	£
Trade debtors	0
	0
Creditors - due within one year	
Trade creditors	0

4 Trustees remuneration, benefits and expenses

There were no trustees' remuneration in the period of these accounts.

5 Staff costs

Salaries and wages

2022
£
0

No employees received emoluments in excess of £60,000

THE CASCADE FOUNDATION
Notes to the financial statements
for the period ended 31st August 2022

6 Grants and Donations

	Unrestricted Funds	Restricted Funds	Total
	£	£	£
Awards for All		0	0
South Yorkshire PCC		0	0
Moto		0	0
Rotary Club		0	0
Donations	325.00	0	325.00
Total Grants and Donations	325.00	0	325.00

THE CASCADE FOUNDATION

England & Wales - Charity number 1154017

Accounts



Trustees' Annual Report for the period

	Period start date			T O	Period end date		
	Day	Month	Year		Day	Month	Year
From	31	09	2020		31	08	2021



Charity name

The Cascade Foundation

Other names charity is known by

Registered charity number (if any)

1154017

Charity's principal address

6 Pinewood Ave

Leigh-on-Sea

Essex

Postcode

SS9 5PH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Main	Chair/Legal Adviser		
2	Ken Lewis	Vice-Chair		
3	Sue Blackburn	Secretary		
4	Victoria			

Blakeman

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser Name Address

--	--	--

Name of chief executive or names of senior staff members (Optional information)

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Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO (Charitable Incorporated Organisation)
Trustee selection methods (eg. appointed by, elected by)	Elected and Appointed by existing Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The organisation is operated under the rules of the Constitution which was adopted 30th of September 2013.

Recruitment and employment of new trustees:
The Charity aims to ensure that its trustees are able to bring a range of different skills to the board. We would look to recruit trustees who have worked with offenders, ex-offenders, the long-term unemployed, NEETs and people that are at risk of crime due to their learning disabilities, which contributes towards the achievement of the Charity's objective.

Induction and training of new trustees:
All new trustees are provided with details of their responsibilities by the way of relevant charity commission leaflets. Further training is available to any trustees who need it.

Our Founder/CEO and Chair are related - our Chair/legal adviser, Richard Main MBE and Founder/CEO Jackie Hewitt-Main OBE— are mother and son.

Summary of the objects of the charity set out in its governing document

Our vision at The Cascade Foundation is to transform lives for safer communities. It is our mission to use a new an approach to support and educate disengaged prisoners, ex-offenders and others living in the local community with specific learning difficulties to transform their lives and reduce re-offending.

With the Coronavirus lockdown The Cascade Foundation has had many concerns about the digital divide devoid of reading/literacy skills, which refers to the gap between those able to benefit from the digital age and those who are not. For the past seven years the Cascade Foundation has been researching digital exclusion, lacking in reading/literacy skills within the Doncaster Marshgate prison and the community. Our 6,000 learners who took part in all our projects with nerodiversity, head injury and mental health had no access to laptops or computers, also 75% of our learners did not have the income to pay for internet access. By opening the Cascade Hub at 7.00am each morning for our learners and having mentor support we were able to prevent them from being sanctioned from receiving their Universal Credit benefit. We supported them with job searching and trained them to use a computer and access the internet. With their low levels of literacy, we were able to put in place flexible learning programs.

With the Cascade Foundation resettlement back to Essex, and a lack of funding for new projects within Doncaster, our learners had nowhere to go to get help. Their desperation of not having the monies or knowledge of computer skills became increasingly apparent. We had built a small network of mentors, many who were learners themselves, to help each other. Many new learners were asking for help and during the lockdown our CEO was constantly taking phone calls and WhatsApp messages to continue to support the learners both with their learning and with their mental health.

The Cascade Foundation had been working with the Shine TV production and their Executive Producer Lana Salah, as their on-screen, off-screen literacy expert and after-care support. The show was to be aired in April but due to the lockdown it was not aired until September 2020. We were inundated with requests for help for schools, prisons, secured units, parents who have nerodiversity, the list was endless.

“I predict around 12% of our current Y11s will leave school with a reading age of below 10yrs, which is in line with the national 8.5 million statistic across the UK”.

A teacher in a school in the North

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

A poll of our learners: A Cascade poll, carried out by our CEO after each phone call. Sample: 1,000 adults whose household income is below £15,000 March 2020 - March 2021: Our Charity was being contacted almost daily for these types of issues. We are giving as much help as we can by signposting them to the relevant places, but due to our lack of funding we are doing the best we can without remuneration.

Digital equality with reading and literacy skills matters to everyone, during the lock down so many families were missing out on the important areas of the digital world. Many families our CEO spoke to could not manage their finances, as banks and retailers have increasingly encouraged their customers to use on-line services. In one village it was found that cash was no longer accepted in the local bakery and many of the elderly people had never used a card to pay for food. Eventually help was at hand and they did managed to purchase food from the bakery.

During the lockdown a food business delivery service had set up fresh meals to buy. The business was trading solely on-line. Soon the owner realised that many of her customers did not have this facility, which meant that she would be losing much custom. She then set up an 0800 number for her business which allowed her business to thrive.

Benefits were another big issue. Many people that had lost jobs were now claiming benefits, again working on-line to claim help was impossible for so many people. To find a debt agent to speak to directly was almost impossible. Only text messages or on-line communication was required.

This also applied when trying to set up the App for Just Eat, Uber Eats and Need Help, nobody could be contacted directly, only by text. The world is changing so rapidly and millions of people that are digital excluded are the worse affected. This can only spiral them further into debt and poverty.

Many children across the UK have experienced disruption to their education. Much of the remote teaching offered by schools, as well as resources offered by other organisations, require internet and/or device access. An Ofcom survey carried out between January and March 2020 found that 9% of households with children did not have home access to a laptop, desktop PC or tablet.

Children from⁶disadvantaged backgrounds have^{March 2012}

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The importance of digital equality with reading/literacy skills

The cost to the economy is put at more than £37bn a year by the World Literacy Foundation. Adults with poor literacy skills are more likely to be unemployed or in low-paid jobs. There is a link between low levels of literacy and shorter life expectancy, depression and obesity. At the Cascade Hub we found that our learners were more likely to be socially isolated and lacking in self-esteem. They were unable to read a book, newspapers, emails, use the internet, fill in forms, read road signs, have an on-line bank account, or use instruction leaflets. They were unable to help their children with schoolwork, reinforcing a cycle of illiteracy. They were also so ashamed of themselves and they would work so hard to keep it a secret. At the Hub we used 'a whole family approach', we would encourage the child to play being a teacher and working with the adults, the whole fun is working together and playing games of learning, we also engage with Nessy software given families to understand each other differences. We were always creating new models of learning for families to ensure that no child leaves school unable to read.

Email from an ex-offender: *Please forgive this intrusion, but thought I would drop you a line to see if my life experiences could be of any help to your organisation. I caught your appearance on radio 5 some months back in the early hours of the morning and was impressed enough to watch the tv program you also contributed to. Which if I'm to be honest, I felt didn't concentrate enough on the work you're doing and was perhaps more focussed on entertainment and for non-dyslexics. Anyway a short cv - I'm a young 59 year old dyslexic who spent a lot of my youth in the thick class and had a particularly upsetting nickname which resulted in many a fight. Like many dyslexics I developed coping strategies, poor handwriting etc etc. but after a reasonable successful working start I lost my business I then find myself being my late mother's full time carer (Alzheimers) and using alcohol and recreational drugs, I'm guessing as a sort of crotch ,but eventually resulting in my imprisonment. Alcohol affecting my judgement of the company I was keeping, where I'm diagnosed as dyslexic. Cutting a long story short on my release a friend of a friend helps me re find my self-belief. Since then and for the last 20 years I've been designing, manufacturing and selling mainly niche products reasonably successfully. I've been a finalist in a few design competitions, won awards at the likes of Rhs Chelsea flower show and appeared on a few tv shows including Dragons Den. Point is I'm actually proud of my*

dyslexia and embrace it as a positive part of my make up NOW. Thankfully we can't all be the same!
Anyway because of Covid I've found myself really at a loose end (were an events-based company) and even my granddaughter's getting fed up with me being at home so much.
To be honest, I'm not all heart and although not religious I do believe in karma. I've been lucky in love and life and just feel it appropriate to try and give a little back.



Summary of the main achievements of the charity during the year

A little bit of background behind the project - Channel 4 "The Write offs".

The UK has staggeringly low levels of literacy. Today, English teenagers 'are the most illiterate in the developed world' with 20% of school leavers lacking the literacy skills necessary for coping with most jobs and many everyday situations. This is worse than previous generations before them in living memory. Through a 4-month process of experiences we took 8 people to shed their shame and accelerate their learning, who were lacking the literacy skills necessary for many everyday situations and transform their abilities, enabling them to live fuller lives. Our CEO was asked to become the onscreen and offscreen expert while also looking at their after-care package with the learners while waiting for the program to be aired. The day the programme was being released she was invited to two radio shows, Essex and Doncaster. We had managed to get one of our learners to talk about her experiences within the Cascade Hub. We were all so proud of her that the presenter played this interview three or four times throughout the day. Over that year we had 30,000 people contact our website, 2,000 emails, 1,000 phone calls and from Facebook to WhatsApp received over 500 requests of help. We had prison healthcare assistants, functional skills tutors to ex-offenders offering help, volunteers across the country to become mentors, and teachers who wanted to try different approaches of teaching to help their students. It has been an honour to work on this program with fantastic producers, management, learners and of course Sandi Toksvig. What we need now is to get behind this program and show the devastation of peoples' lives when they can't read and write. We need passion, commitment, creativity and a contact focus to ensure that all children and adults are given the opportunity to be able to read and write.

Sandi Toksvig added, "Working on The Write Offs has been one of the great honours of my working life. I have had the extraordinary pleasure of spending time with eight courageous people who have approached their deepest fears with humour and determination. Like me, I just know not only will everyone fall in love with them, they will review what they think they know about reading and writing. I believe the ripple effect from these eight will be

The Cascade Health & Learning Hub

OPERATING RESERVE POLICY

I. PURPOSE

The purpose of this Operating Reserve Policy for The Cascade Foundation is to build and maintain an adequate level of unrestricted net assets to support the organization's day-to-day operations in the event of unforeseen shortfalls. The reserve may also be used for one-time, nonrecurring expenses that will build long-term capacity, such as staff development, research and development, or investment in infrastructure. Operating reserves are not intended to replace a permanent loss of funds or eliminate an ongoing budget gap. The organization intends for the operating reserves to be used and replenished within a reasonable period of time. This Operating Reserve Policy will be implemented in conjunction with the other financial policies of the organization and is intended to support the goals and strategies contained in those related policies and in strategic and operational plans.

None

Brief statement of the charity's policy on reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

The Cascade Foundation re-location back to Essex in February 2020 just before lockdown. Our last two funding projects which had been with the DMBC Doncaster had had some issues with funding, they had paid us up front to keep us in Doncaster until their funding had been resolved, which never came to fruition. We also had researched a project with two of our ex-offenders that run social enterprises for the homeless and RiteTrax that helps youngsters understand their crimes this was to be funded by the police and crime commissioner (PCC). Which again .never came to fruition

By September 2020 all our donations had stopped came through to the charity, so many of our donators had lost their job and were now on benefits. Amazon had been given a donation for the charity's CEO birthday in March .(2020) it had taken a whole year to it paid into our account

During lockdown our CEO was invited to visit a company by a manager who had noticed that one member of staff was struggling with dyslexia. It had cost the company £750 for an assessment to take place online with a registered educational & occupational psychologist. The man in question was 54 years old, he had always known that something was wrong. It had taken him a long time to read and process information. After the assessment whilst in lockdown, which was sent to him, he had to process the information from the registered educational, it upset him so much that he tried to take his own life, ending up in hospital. We felt that the assessment was not conducted to fit the purpose and a lot more help should have been .implemented for him

The company had heard about the work of The Cascade Foundation. We were brought in to help him to understand his strengths and skills and how to process information in .his own individual way
:This was his feedback on his first session

*It was wonderful to meet you, I think you are an ‘
 .extraordinary human being
 It is inspiring and delightful, to see altruistic and selfless
 people like you, who constantly put others' needs and
 .wants before their own*

You **may choose** to include additional information, where :relevant about

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

[Redacted]

There have been no investments made during the accounting period under review and all funds have been applied in delivering the aims of the Charity other than funds held in the Charity's current bank account.

[Redacted]

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

[Signature: R Main] [Signature: S A Blackburn]

Full name(s)

Richard Main	Sue Blackburn
--------------	---------------

Position (eg Secretary, Chair, etc)

Chairperson	Secretary
-------------	-----------

Date

11 November 2021

THE CASCADE FOUNDATION

Financial statements for the
year ended 31st August 2021

Charity number: 1154017

Charitable Incorporated Organisation
Registered England and Wales

THE CASCADE FOUNDATION

Contents of the financial statements for the period ended 31st August 2021

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13 - 14	Independent Examiners Report
15 - 16	Income and Expenditure Account
17	Balance Sheet
18 - 20	Notes to the accounts

THE CASCADE FOUNDATION

Administrative details for the period ended 31st August 2021

1154017

Registered Charity number

Ken Lewis OBE
Richard Main MBE
Susan Blackburn
Victoria Blakeman

Trustees and Management Committee

Susan Blackburn
Pinewood Ave 6
Leigh-on-Sea
Essex
SS9 5PH

Administrative address

HSBC Bank Plc
Town Square 33
Basildon
Essex
SS14 1BA

Bankers

Mrs Dinah Markwell
Retired Acc., Manager
Willow House
,Eccles
Norwich
Norfolk
NR16 2JR

Independent Examiner

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

Governing document

The organisation is operated under the rules of its constitution which was adopted 30th September 2013

Recruitment and appointment of new Trustees

The Charity aims to ensure that its Trustees can bring a range of different skills to the board. We would look to recruit Trustees who have worked with offenders, ex-offenders, the long-term unemployed, NEETs and people who are at risk of crime due to their learning disabilities, which contributes towards the achievement of the Charity's objective

Induction and training of new Trustees

All new Trustees are provided with details of their responsibilities by the way of relevant charity commission leaflets. Further training is available to any Trustees who need it

Organisational structure and management

The day-to-day running and management of the Charity is undertaken by the Trustees. They are responsible for identifying and appointing staff members, to whom some aspects of the charitable work is delegated

Risk management

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable insurance against fraud and error

Objectives and activities

Our vision at The Cascade Foundation is to transform lives for safer communities. It is our mission to use a new approach to support and educate

disengaged prisoners, ex-offenders and others living in the local community with specific learning difficulties to transform their lives and reduce re-offending

With the Coronavirus lockdown, The Cascade Foundation has had many concerns about the digital divide devoid of reading/literacy skills, which refers to the gap between those able to benefit from the digital age and those who are not. For the past seven years the Cascade Foundation has been researching digital exclusion, lacking in reading/literacy skills within the Doncaster Marshgate prison and the community. Our 6,000 learners who took part in all our projects with neurodiversity, head injury and mental health had no access to laptops or computers, also 75% of our learners did not have the income to pay for internet access

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

By opening the Cascade Hub at 7.00am each morning for our learners and having mentor support we were able to prevent them from being sanctioned from receiving their Universal Credit benefit. We supported them with job searching and trained them to use a computer and access the internet. With their low levels of literacy, we were able to put in place flexible learning programs

With the Cascade Foundation resettlement back to Essex, and a lack of funding for new projects within Doncaster, our learners had nowhere to go to get help. Their desperation of not having the monies or knowledge of computer skills became increasingly apparent. We had built a small network of mentors, many who were learners themselves, to help each other. Many new learners were asking for help and during the lockdown our CEO was constantly taking phone calls and WhatsApp messages to continue to support the learners both with their learning and with their mental health

The Cascade Foundation had been working with the Shine TV production and their Executive Producer, Lana Salah, as their on-screen, off-screen literacy expert and after-care support. The show was to be aired in April but due to the lockdown it was not aired until September 2020. We were inundated with requests for help from schools, prisons, secured units, parents who have neurodiversity, the list was endless

I predict around 12% of our current Y11s will leave school with a reading age of below 10yrs, which is in line with the national 8.5 million statistic across the UK

A quote from teacher in a school in the north

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

:Activities

A poll of our learners: A Cascade poll, carried out by our CEO after each phone call. Sample: 1,000 adults whose household income is below £15,000 March 2020 - March 2021: Our Charity was being contacted almost daily for these types of issues. We are giving as much help as we can by signposting them to the relevant places, but due to our lack of funding we are doing the .best we can without remuneration

Digital equality with reading and literacy skills matters to everyone, during the lock down so many families were missing out on the important areas of the digital world. Many families our CEO spoke to could not manage their finances, as banks and retailers have increasingly encouraged their customers to use on-.line services

In one village it was found that cash was no longer accepted in the local bakery and many of the elderly people had never used a card to pay for food.

Eventually help was at hand and they did manage to purchase food from the .bakery

During the lockdown a food business delivery service had set up fresh meals to buy. The business was trading solely on-line. Soon the owner realised that many of her customers did not have this facility, which meant that she would be losing much custom. She then set up an 0800 number for her business .which allowed her business to thrive

Benefits were another big issue. Many people who had lost jobs were now claiming benefits, again working on-line to claim help was impossible for so .many people

To find a debt agent to speak to directly was almost impossible. Only text

.messages or on-line communication was required
This also applied when trying to set up the App for Just Eat, Uber Eats and Need Help, nobody could be contacted directly, only by text. The world is changing so rapidly and millions of people that are digital excluded are the worse .affected. This can only spiral them further into debt and poverty
Many children across the UK have experienced disruption to their education. Much of the remote teaching offered by schools, as well as resources offered by other organisations, require internet and/or device access. An Ofcom survey carried out between January and March 2020 found that 9% of households with children did not have home access to a laptop, desktop PC or tablet. Children from disadvantaged backgrounds have experienced the greatest disruption .widening the attainment gap between disadvantage children and their peers
They're not on internet banking at all. If their building " society decides to close for the coronavirus, they'll have no ".money

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

The importance of digital equality with reading/literacy skills

The cost to the economy is put at more than £37bn a year by the World Literacy Foundation. Adults with poor literacy skills are more likely to be unemployed or in low-paid jobs. There is a link between low levels of literacy and shorter life expectancy, depression and obesity. At the Cascade Hub we found that our learners were more likely to be socially isolated and lacking in self-esteem. They were unable to read a book, newspapers, emails, use the internet, fill in forms, read road signs, have an on-line bank account, or use instruction leaflets. They were unable to help their children with schoolwork, reinforcing a cycle of illiteracy. They were also so ashamed of themselves, and they would work so hard to keep it a secret. At the Hub we used 'a whole family approach', we would encourage the child to play being a teacher and working with the adults, the whole fun is working together and playing games of learning, we also engage with Nessy software given families to understand each other's differences. We were always creating new models of learning for .families to ensure that no child leaves school unable to read

Email from an ex-offender: *Please forgive this intrusion, but thought I would drop you a line to see if my life experiences could be of any help to your organisation. I caught your appearance on radio 5 some months back in the early hours of the morning and was impressed enough to watch the tv program you also contributed to which if I'm to be honest, I felt didn't concentrate enough on the work you're doing and was perhaps more focussed on entertainment and for non-dyslexics. Anyway a short cv - I'm a young 59 year*

old dyslexic who spent a lot of my youth in the thick class and had a particularly upsetting nickname which resulted in many a fight. Like many dyslexics I developed coping strategies, poor handwriting etc etc. but after a reasonably successful working start I lost my business I then find myself being my late mother's full-time carer (Alzheimers) and using alcohol and recreational drugs, I'm guessing as a sort of crotch, but eventually resulting in my imprisonment. Alcohol affecting my judgement of the company I was keeping, where I'm diagnosed as dyslexic. Cutting a long story short on my release a friend of a friend helps me re find my self-belief. Since then and for the last 20 years I've been designing, manufacturing and selling mainly niche products reasonably successfully. I've been a finalist in a few design competitions, won awards at the likes of Rhs Chelsea flower show and appeared on a few tv shows including Dragons Den. Point is I'm actually proud of my dyslexia and embrace it as a positive part of my make up NOW. !Thankfully we can't all be the same Anyway because of Covid I've found myself really at a loose end (we're an events-based company) and even my granddaughter's getting fed up with me .being at home so much To be honest, I'm not all heart and although not religious I do believe in karma. I've been lucky in love and life and just feel it appropriate to try and give a .little back

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

:Achievements

A little bit of background behind the project - Channel 4 "The Write . "Offs

The UK has staggeringly low levels of literacy. Today, English teenagers 'are the most illiterate in the developed world' with 20% of school leavers lacking the literacy skills necessary for coping with most jobs and many everyday situations. This is worse than previous generations before them in living memory. Through a 4-month process of experiences we took 8 people, who were lacking the literacy skills necessary for many everyday situations, to shed their shame and accelerate their learning to transform their abilities, enabling them to live fuller lives. Our CEO was asked to become the onscreen and offscreen expert while also looking at their after-care package with the learners while waiting for the program to be aired. The day the programme was being released she was invited to two radio shows, Essex and Doncaster. We had managed to get one of our learners to talk about her experiences within the Cascade Hub. We were all so proud of her that the presenter played this interview three or four times throughout the day. Over that year we had 30,000 people contact our website, 2,000 emails, 1,000 phone calls and from Facebook to WhatsApp received over 500 requests of help. We had prison healthcare assistants, functional skills tutors to ex-offenders offering help,

volunteers across the country to become mentors, and teachers who wanted to try different approaches of teaching to help their students. It has been an honour to work on this program with fantastic producers, management, learners and of course Sandi Toksvig. What we need now is to get behind this program and show the devastation of peoples' lives when they can't read and write. We need passion, commitment, creativity and a contact focus to ensure that all children and adults are given the opportunity to be able to read and .write

Sandi Toksvig added, *"Working on The Write Offs has been one of the great honours of my working life. I have had the extraordinary pleasure of spending time with eight courageous people who have approached their deepest fears with humour and determination. Like me, I just know not only will everyone fall in love with them, but they will also review what they think they know about reading and writing. I believe the ripple effect from these eight will be ".astounding*

This project was up for a BAFTA and was commissioned for Australia and .Denmark TV

Lana Salah, executive producer at Shine TV, added: "Shine TV aims to create thought-provoking formats which entertain, and we are incredibly proud to add another travelling format to our roster. 'The Write Offs' is an empowering series, tackling a sensitive topic with sense of warmth and fun, it's going to be exciting to see how the lives of learners from Australia and Denmark will be ".changed forever

Our achievement this year was that our Chairperson, Richard Main received an .MBE for services to the Charitable Sector

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

The Cascade Foundation re-located back to Essex in February 2020 just before lockdown. There had been some issues with funding during our last two funded projects which had been with the DMBC Doncaster. They had paid us up front to keep us in Doncaster until their funding had been resolved. This never came to fruition. We also had researched a project with two of our ex-offenders who run social enterprises for the homeless and RiteTrax who help youngsters understand their crimes. This was to be funded by the Police and .Crime Commissioner (PCC), which again never came to fruition

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The company had heard about the work of The Cascade Foundation. We were brought in to help him to understand his strengths and skills and how to process information in his own individual way
:This was his feedback on his first session

*.It was wonderful to meet you, I think you are an extraordinary human being'
It is inspiring and delightful, to see altruistic and selfless people like you, who
'constantly put others' needs and wants before their own*

There have been no investments made during the accounting period under review and all funds have been applied in delivering the aims of the Charity other than funds held in the Charity's current bank account

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

:Publicity and media exposure

Due to the lockdown the two-part series produce by channel 4, "The 'Write Offs'", which was supposed to be aired in April had been delayed to September. This has led to many media and radio stations talking about the issue of low literacy and dyslexia in the UK. The show was watched by over 5 million people and came 4th place in the top 50 programs on Channel 4

The phone calls, emails, visits to our website ended up with over 30,000 people contacting us. This TV program has shown just the tip of the iceberg, because you could not get to the celebrity (Sandi Toksvig) of the show, we were the next call. Everyone wanted help for their families and friends

The feedback on the program was very positive, by arranging the activities, it gives us a variety of teaching methods and helps us to understand prior knowledge and to ascertain the skills we need to support each particular learner

Travelling to a destination is so hard if you don't know bus numbers or what route to take or if you cannot read the road signs or a bus timetable. At The Cascade we felt this was really important that any prisoner who came out of prison and was unable to read we would accompany him on a bus to the probation service, drug clinic, dentist, bank and other locations they would need to attend so they would have the confidence to know exactly what bus is required and the get on and get off stops

With the cooking activity they had to go into the supermarket first and buy the ingredients. We had seen this in the Hub where many of the parents could not cook a nutritional meal for their family, because they couldn't read the cookbook or know what food to buy. This activity was to help them to go into the supermarket to buy the ingredients for them to cook. Craig and Dean, two of the eight learners mistook parsley instead of basil for their spaghetti bolognese

All these activities were showing the audience how a person with learning difficulties has to face so many challenges with everyday life. There were only small clips of the teaching of the learners to help them to read and write. We had so many calls from people who wanted to know how to be trained to help others learn

I have presented two emails from a functional Skills Tutor and a Healthcare assistant within the prison system asking for help of how to work and to understand these people's disabilities

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

A Functional Skills Tutor: Apprenticeships

I am the Functional Skills Tutor, I joined the company in August this year after being made redundant. I previously worked for a large training provider where I delivered Hospitality Apprenticeships along with Functional Skills, in this role I had little time to spend on Functional Skills and due to the pressure placed on

*Development Coaches to meet targets, you really had little choice but to
."teach for the test*

*I am hugely passionate about apprenticeships and training and the difference
that it makes to people's lives (I think this came across in my interview!) I am
always so proud of my learners when they achieve their qualifications and tell
them to be so proud of themselves and what they have achieved, getting to
reflect on the journey they have been on and how far they have come from
.when they started*

*I am loving working where both learners and staff are not just a number but
are genuinely cared about. I now get to spend the time with the learners that
they deserve and can really make a difference to improve their Numeracy and
Literacy skills which have such benefits to their everyday lives and life
.chances*

*It really saddens me to hear the same stories from the learners of how they
were constantly kicked out of class, allowed to sit at the back with their phone
as long as they were quiet or that they didn't bother going to school. Many of
these learners are not long out of school and their literacy skills are really poor
and many have Dyslexia. School has been a really negative experience with
the familiar cycle of not being able to understand, so mess about and then
thrown out of class, being told that they will never achieve anything without
their GCSE's. The good news is that they have made the positive choice of
starting an apprenticeship, so many could of, and some have previously
started on the negative journey of crime. Being able to provide positive role
models in the tutors, (some of which were apprentices here themselves) and
encouraging aspirations of a brighter future, helping to improve their life
.choices*

*When many of the learners start, they have a very negative view of having to
do maths and English and one of the first things that I do say to them is that it
isn't going to be like at school. I see learners either individually or in very
small groups and have time for them. My classroom rules are that it is a judge
.free space, and we respect each other*

*Every learner is an individual and they all have such varying needs and
.abilities*

THE CASCADE FOUNDATION

**The Trustees present their annual report for the period ended 31st
August 2021**

*Anyway, the main reason for contacting you is that I am really keen to help the
learners, especially those who find reading and writing so difficult. I am finding
it difficult to find resources/guidance for Adults, I have found things for younger
school age children who have dyslexia but really very little for adults. I am
very conscious of not treating the learners as children as they are adults and I
don't want them to feel as though they are being treated as a child and have
their already low confidence knocked. I don't know if you can recommend
.anything*

I saw the 'Write Off's' programme and of course cried through most of it as I see the effects of adults struggling with these skills. It was a truly amazing program which I have recommended to so many people as I don't think most .people realise how hard it is and how common it is

:Healthcare assistant within the prison system

I work in a prison as a healthcare assistant and I'm really passionate about learning disability and I have a level 4 (A level) in learning disabilities, I 'm just wondering if you have any ideas on how I can help these ladies a bit more... at the moment during covid it's been a bit difficult I create care plans for the ladies and before covid was doing a lot of one to one work, my line manager is .happy I've got in contact with for a little bit more advice and information

Mental health

- A British Journal of Psychiatry study from 31 March - 11 May found suicidal thoughts increased from 8% to 10% and they were highest among young adults (18-29 years), rising from 12.5% to 14%
- 85% which is leading to a more negative effect on their mental health
- Samaritans are receiving more that 7,000 requests for help a day. They found that men (aged 45 - 49) from low socioeconomic backgrounds living in deprived areas were 10 times more likely to die by suicide than men from high socioeconomic backgrounds living in the most affluent areas.
- New Ministry of Justice figures confirmed that men were significantly more likely than women to kill themselves: males accounted for 77% of suicide verdicts.

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

:Article in our local paper Evening Echo September 2020

Our MP for the Castle Point has congratulated The Cascade Foundation for winning the Countywide Community Charity Award. Rebecca Harris, Patron for the Cascade Foundation, has praised the Charity for its working, teaching, mentoring and supporting people who have dyslexia, head injury or other .learning difficulties

Rebecca commented: "Well done to Jackie Hewitt-Main OBE and the Cascade Foundation. The Foundation has been on an amazing journey since it was inaugurated in 2013 and launched at the House of Commons, Westminster, with a speech by the Right Hon. Secretary of State for Justice Chris Grayling

.”MP

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

Financial Review

By September 2020 our funding had dried up, all of our donators had been furloughed or lost their jobs. Our contracts had not been renewed and we were awaiting work with the Home Office for supporting colleagues that had been diagnosed with dyslexia. The world had come to a stop, we were hearing prisoners had been locked up for 23 hours a day, mental health was so high and the health care assistance was at a loss at what to do, frightened by

.suicide rates within the prison

Schools were leaving children with special needs at home, many parents could not afford to pay for internet service, so no schooling was taking place

We had been working with many TV producers on different projects which came to a stop, everyone was so frightened to move forward, COVID-19 was changing the world to become more digital but families with no internet access were unable to shop on-line or those with learning difficulties had difficulty in ordering food online due to not being able to follow instructions

Our CEO, although herself was now on University Credit, continued to support people who were contacting her by phone or zoom. During this time, she set to work on writing the report 'Dyslexia Behind Bars II' and researched into 'The Digital Divide' a Briefing paper on the digital divide of reading & literacy skills within the coronavirus lockdown involving people with neurodiversity, head injury and mental health. This included over 30,000 people

Final note

September 2021 the doors were beginning open, a job with the Home Office was so successful that we have been asked to continue with lectures and supporting colleagues. Our CEO has her first lecture presentation at NEC Birmingham in March 2022

We have been looking at book publishing to share our stories and work. We have shared our knowledge with the Hungry Bear media to help a presenter read his scripts for the program the Repair Shop

Our latest project is about Bridgend and the suicide rates of 27 young children and the handling of our young children in HM Prison Pac, the large prison in Wales. All the work has been voluntary at this moment in time, a few of our learners have been donating into the Charity out of their own benefits

THE CASCADE FOUNDATION

The Trustees present their annual report for the period ended 31st August 2021

Statement of trustees' responsibilities

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs for the Charity at the year end and of its incoming resources and resources expended

during that year. In preparing those financial statements, the Trustees are required to

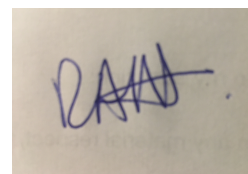
- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statement on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities' Act 2011

They are also responsible for safeguarding the assets of the Charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities

Trustees declare that they have approved the report

on behalf of the Trustees



The above

Signed

Date: 11 November 2021

Signed:

Name and position: Richard Main MBE Chairperson

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2021

I report on the accounts of the Charity for the year ended 31st August 2021
./ which are set out on pages / to

Respective responsibilities of Trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under

section 144(2) of the Charities' Act 2011 (the 2011 Act) and that an independent examination is needed

:It is my responsibility to

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations for you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below

Independent examiner's statement

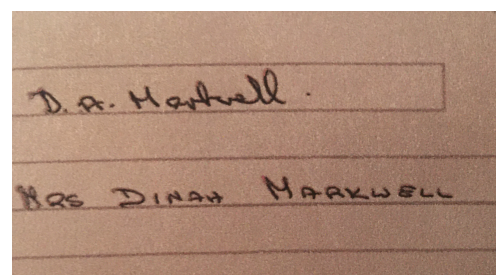
:In connection with my examination, no matter has come to my attention

which gives me reasonable cause to believe that, in any material respect, the requirements 1

to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with accounting requirements of the 2011 Act have not been met: or

Independent examiners report to the Trustees of THE CASCADE FOUNDATION for the period ended 31st August 2021

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached 2



D. A. Maxwell
MRS DINAH MAXWELL

Date: 11 November 2021
Retired Accounts Manager
Willow House
,Eccles
Norwich
Norfolk
NR16 2JR

Mrs D.A. Markwell

THE CASCADE FOUNDATION
Income and expenditure account
for the period ended 31st August 2021

	Unrestricted funds	Restricted funds	Total 2020	Total 2019
	£	£	£	£
Income				
Contracts & commissioning (Home Office)	508.00		508.00	17,075
Grants & donations	367.48		367.48	16,750

Fundraising	0.00	0.00	2,217
Total	875.48	875.48	36,042
Restricted funds			
Total Income	875.48		
Expenditure			
Advertising and marketing	0.00	0.00	3,000
Bank charges	331.16	331.16	91
Depreciation	0.00	0.00	1,819
Equipment	0.00	0.00	4,030
Insurances	0.00	0.00	831
Printing and stationery	0.00	0.00	2,000
Rent and rates	0.00	0.00	21,188
Salaries	0.00	0.00	29,813
Staff, trustees and volunteers	0.00	0.00	3,879
Telephone, internet, ICT	0.00	0.00	433
Fundraising costs	0.00	0.00	628
Professional fees	0.00	0.00	450
Debtors (JHM)	0.00	0.00	0
Expenses	221.67	221.67	
Total Expenditure	552.83	552.83	68,162
Net income (expenditure)			-5732
Funds brought forward at 1 September 2020	1348.00	1348.00	3058
Prior year adjustment	0	0	0
Funds carried forward at 1 September 2021	-4942.42	-4942.42	-2674

THE CASCADE FOUNDATION
Balance sheet
for the period ended 31st August 2021

		2020	2019
	Notes	£	£
Fixed Assets	2	0	0
Current Assets			
Debtors	3		0

Cash in bank & in hand			1,266
Total Current Assets			1,266

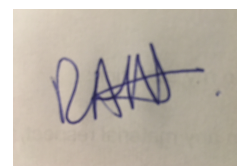
Liabilities			
Creditors – amounts due more than one year	3	0	0

Net Current Assets			
Creditors – amounts due more than one year		0	0
Net Assets		0	1,266

Funds of the company			
Unrestricted Funds		0	1,266
Restricted Funds		0	0

Total funds			1,266
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financial statements on pages 13 and 14 were approved by
:Trustees and signed on their behalf by



The
the

Date: 11 November 2021

Signed:

Name and position: Richard Main MBE Chairperson

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2021

Accounting policies 1

Basis of preparation 1.1

These financial statements have been prepared under the historical cost basis
.and in accordance with the Charities Act 2011 and related regulations

Incoming resources 1.2

These are included in the Income and Expenditure account. Incoming resources are recognised when

the company becomes entitled to the resources -

the directors are virtually certain they will receive the resources; and -

the monetary value can be measured with sufficient reliability -

Where incoming resources have related expenditure (as with fund-raising or contract in the Income and Expenditure account

Grants and donations are only included in the Income and Expenditure account when the company has unconditional entitlement to the resources

Contractual income is only included in the Income and Expenditure account once the related goods or performance related services have been delivered

Investment income is included in the accounts when receivable

Expenditure and liabilities 1.3

Liabilities are recognised as soon as there is a legal or constructive obligation committing the company to pay out resources

Depreciation 1.4

Tangible assets are capitalised if they can be used for more than three years and cost at least £250. They are valued at cost, or, if gifted, at the value to the company on receipt

The rates applicable are

25% Reducing balance

Fixtures and fittings

33% on cost

IT Equipment

Taxes 1.5

The Charity is exempt from corporation tax on its charitable activities. As at the date of these accounts the Charity is not VAT registered

THE CASCADE FOUNDATION

Notes to the financial statements for the period ended 31st August 2021

Tangible fixed assets 2

IT

Fixtures &

	Equipment	Fittings	
Total			
£	£	£	
Cost			
0	0	0	Additions
0	0	0	At 31st August 2021
0	0	0	

Depreciation

At 1st September 2020

Charge this period

At 31st August 2021

Net book value at 31st August 2021

Debtors and creditors 3

2020

£

0

Trade debtors

0

Creditors - due within one year

0

Trade creditors

Trustees remuneration, benefits and expenses 4

.There were no trustees' remuneration in the period of these accounts

.Expenses of £221.67 were paid in respect of expenses

2020

£

0

Staff costs 5

Salaries and wages

No employees received emoluments in excess of £60,000

THE CASCADE FOUNDATION

Notes to the financial statements

for the period ended 31st August 2021

Grants and Donations 6

Total	Restricted Funds	Unrestricted Funds	
£	£	£	
0	0		Awards for All
0	0		South Yorkshire PCC
0	0		Moto
0	0		Rotary Club
367.48	0	367.48	Donations
367.48	0	367.48	Total Grants and Donations

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