



## Trustees' Annual Report for the period

	Period start date	Period end date
From	02 April 2023	To 31 March 2024

### Section A Reference and administration details

Charity name

Cascade Creative Recovery

Other names charity is known by

N/A

Registered charity number (if any)

1154002

Charity's principal address

Brighthelm Centre

North road

Brighton

Postcode

BN1 1YD

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Janet Going	Chair		
2	Tracy Stone			
3	Roger Brophy			
4	Steve Poole			
5				
6				
7				
8				
9				
10				

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Majority vote

Additional governance issues (Optional information)

- You may choose to include additional information, where relevant, about:
- policies and procedures adopted for the induction and training of trustees;
  - the charity's organisational structure and any wider network with which the charity

No board members received financial benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In 2023 we entered our 10<sup>th</sup> year of being a CIO and planned a schedule of events to mark it and raise our profile within Brighton and Hove.

Engaging all elements of our creative and wellbeing provision and investing in workshops and events.

Promoting recovery in the wider community. We had upto 20 volunteers helping with the facilitation and delivery.

Throughout the first half of 2023 we compiled collected works from our writing group to be published. Had four months of weekly recording sessions for regular attendees of our open mic night to record original compositions as part of an album/cd . Along with mindfulness walks we delivered a weekend of creativity, performances and wellbeing activities in September, In all 80 participants .

It created greater awareness in the wider voluntary sector of CCR as well as an increase in the uptake of our offer.

#### Additional details of objectives and activities (Optional information)

Early 2024 we reviewed core policies and will continue to do so to meet changes in law and good practice.

We engaged with partner organisations in planning and shaping the

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

Utilising all our resources in a coherent and wholistic manner . Engaging people with varied interests and providing opportunities that no other project in the area could . Creating a platform for individuals to express themselves while encouraging them to investigate and try various ways to enhance their wellbeing and diminish the prospect of relapse.



## Section E

### Financial review

Brief statement of the charity's policy on reserves

We endeavour to hold a reserve of £6000

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

CGL  
East and Central Brighton Primary Care Network NHS  
Brighton & Hove Council.

## Section F

### Other optional information

CASCADE CREATIVE RECOVERY

TRUSTEES' ANNUAL REPORT

AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 1 APRIL 2024

Charity Number: 1154002

Acorn Financial Solutions Limited  
Chartered Accountants  
99 Brentwood Road  
Brighton  
BN1 7ET

CASCADE CREATIVE RECOVERY  
Charity Number: 1154002

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CASCADE CREATIVE RECOVERY  
Charity Number 1154002

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 1ST APRIL 2024

Income and Expenditure Account  
For the year ending 1 April 2024

	Notes	Unrestricted Funds £	Restricted Funds	Total 2023/24 £	Total 2022/23 £
<b>Incoming Resources:</b>					
Donations, Grants and Legacies	3a	101,191	-	101,191	78,124
Charitable Activities	3b	356	-	356	-
Activities for Generating Funds	3c	0	-	0	-
<b>Total Incoming Resources</b>		<b>101,546</b>	<b>-</b>	<b>101,546</b>	<b>78,124</b>
<b>Resources Expended:</b>					
Costs of Charitable Activities	4a	89,480	-	89,480	70,568
Costs of Charitable Activities - Restrict	5	-	2,785	2,785	0
Governance Costs	4b	475	-	475	630
<b>Total Resources Expended</b>		<b>89,955</b>	<b>2,785</b>	<b>92,740</b>	<b>71,198</b>
<b>Net Incoming (Outgoing) Resources</b>		<b>11,591</b>	<b>(2,785)</b>	<b>8,806</b>	<b>6,925</b>
Funds Brought Forward	5	2,992	2,785	5,777	4,033
Adjustments to Funds Brought Forward	10				(5,201)
<b>Total Funds Carried Forward</b>		<b>14,583</b>	<b>0</b>	<b>14,583</b>	<b>5,777</b>



CASCADE CREATIVE RECOVERY  
Charity Number: 1154002

BALANCE SHEET AS AT 1ST APRIL 2023

	Notes	Unrestricted Funds	Restricted Funds	Total 2023/24	Total 2022/23
		£	£	£	£
<b>Fixed Assets</b>					
Tangible Assets	7	-	-	-	-
Total Fixed Assets					
<b>Current Assets</b>					
Cash at bank and in hand	8	26,924	-	26,924	18,945
Debtors & Prepayments	9	108	-	108	70
Total Current Assets		27,032	-	27,032	19,015
<b>Creditors: Amounts falling due within one year</b>	10	12,448	-	12,448	13,239
<b>Net Assets</b>		14,583	-	14,583	5,777
<b>Funds of the Charity</b>					
General funds	11	14,583	-	14,583	2,992
Restricted Funds	5	-	-	-	2,785
Total Funds		14,583	-	14,583	5,777

Approved by the Trustees on

29/01/25

Signed on their behalf by Trustees

*Tracy Stone*

Printed Name

Janet Going

Tracy Stone

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 1ST APRIL 2023

### 1. Basis of Preparation of the Accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

### 2. Accounting Policies

#### Incoming Resources

##### Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

##### Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

##### Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

##### Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

##### Donated services and facilities

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

##### Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

##### Material Prior year adjustments

The PAYE balance remains unpaid since the Covid pandemic years.

HM Revenue and Customs are charging interest on the overdue amounts only. See note 10 for further details.

#### Expenditure and Liabilities

##### Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

##### Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

##### Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

##### Grants payable without performance conditions

Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.

##### Deferred income

No material item of deferred income has been included in the accounts.

#### Assets

##### Tangible fixed assets for use by charity

These are capitalised if they can be used for more than one year, and cost at least £1,500. They are valued at cost.

CASCADE CREATIVE RECOVERY  
Charity Number 1154002

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 1ST APRIL 2023 (continued)

3. Incoming Resources

a) Donations, Grants and Legacies

	2023/24 £	2022/23 Unrestricted	2022/23 Restricted
Gifts & Donations	1,291	780	1,900
Contracts - CGL	60,000	50,000	-
Contracts - PCN	39,900	15,000	-
Grants	-	10,444	-
	<u>101,191</u>	<u>76,224</u>	<u>1,900</u>

b) Charitable Activities

Café Income  
Performance Show

	-	-
	<u>356</u>	<u>-</u>
	<u>356</u>	<u>-</u>

The impact of Covid severely hampered the activities of the charity as it moved address during the year, away from a bespoke café.

c) Activities for Generating Funds

Room Hire

	-	-
	<u>-</u>	<u>-</u>

All income in the prior year was unrestricted. £1,900 of the 2022-23 Donations are restricted.

4. Resources Expended

a) Costs of Charitable Activities

	2023/24 £	2022/23 Unrestricted
Administrative & Office Expenses	2,096	2,712
Bank Charges	19	72
Café Costs	1,007	210
Depreciation Expense	-	-
Equipment Costs	980	1,005
Activities & Project Costs	9,052	4,348
Insurance Costs	999	1,016
Rent & Rates	24,000	17,208
Repairs & Maintenance	-	-
Staff Costs	45,202	40,571
Other Staff Related Costs	269	737
Fundraising Costs	6,763	1,301
Sundry Expenses	-	-
Training Costs	95	287
Travel & Subsistence	1,452	523
Use of Home as Office	332	582
	<u>92,265</u>	<u>70,568</u>

b) Governance Costs

Independent Examiners Fees  
Legal & Professional Fees

	475	630
	<u>-</u>	<u>-</u>
	<u>475</u>	<u>630</u>

CASCADE CREATIVE RECOVERY  
Charity Number 1154002

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 1ST APRIL 2023 (continued)

5. Restricted Funds

	2023/24	2022/23
Recovery Walk Fund:		
Balance b/f	2,785	885
Income	-	1,900
Expenditure	(2,785)	-
Balance c/f	-	<u>2,785</u>

6. Fees paid for Accountancy work  
The trustees appointed Acorn Financial Solutions Limited to carry out an independent examination of the accounts and records of the charity.  
The fee for this work is £630.

7. Fixed Assets

	Fixtures & Fittings £	Equipment Cost £	Total £
Cost:			
Balance brought forward 1 April 2022	1,803	2,457	4,260
Additions	-	-	-
Disposals in the year ending 1 April 2023	(1,803)	(2,457)	(4,260)
Carried forward 1 April 2023 and 2024	-	-	-
Depreciation:			
Balance brought forward 1 April 2022	1,803	2,457	4,260
Charge in the year	-	-	-
Disposals in the year ending 1 April 2023	(1,803)	(2,457)	(4,260)
	-	-	-
	-	-	-
Net Book Value	-	-	-
As at 1 April 2023 and 2024	-	-	-

The Charity moved into new premises away from its bespoke Café in the year following the Covid Pandemic. Any equipment was disposed of following the move. The charity has no fixed assets now.

CASCADE CREATIVE RECOVERY  
Charity Number 1154002

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 1ST APRIL 2023 (continued)

8. Cash at bank and in hand  
All funds are held in current bank accounts and are within the secured balance threshold as advised by the Financial Services Authority (FSA) for the UK.

9. Debtors & Prepayments

	2023/24	2022/23
	£	£
Staff Loan	108	70
	<u>108</u>	<u>70</u>

The staff loan has been agreed to be repaid in instalments. The balance is fully repaid in the following financial year.

10. Liabilities: Amounts falling due within one year

	2023/24	2022/23
	£	£
Trade Creditors - paid in advance	-	(165)
PAYE	12,260	12,320
Accrued Expense	-	250
Other Creditors	-	709
Pension Contributions	-	124
	<u>12,260</u>	<u>13,238</u>

Since the Pandemic of 2020/21 funding has been less certain.

The Balance on the PAYE account has remained unpaid as a result.

The Trustees are aware and had made a provision for a monthly payment plan in agreement with HM Revenue and Customs. Debts relating to previous years included in these financial accounts total £5,503 which includes interest of £302.34 costed to the statement of financial activities within Other Staff-Related Expenses, in the year ending 1 April 2023.

11. General Funds

All monies included in the general funds are available for all charitable activities.

Of the Funds Brought Forward from the prior financial year for 1 April 2023, £5,200 has been adjusted to include the balance owing on PAYE, as detailed in n

12. Staff Costs

	2023/24	2022/23
	£	£
Gross Wages and Salaries	45,202	40,571

Employees who were engaged in each of the following activities:

	2023/24	2022/23
Activities in furtherance of organisation's objects	3	3

The Charity operates a PAYE scheme to pay all employed staff members and no employees have received emoluments in excess of £60,000.

13. Trustees and Other Related Parties

One officer receives remuneration for their work which is in the capacity of a salaried staff post as Chief Operating Executive, managing the overall running of the charity and its fundraising. Costs expensed in travelling to and from meetings and in providing subsistence during these meetings were reimbursed at cost only to the same salaried staff member.

The Trustees standing at the time of the Annual General Meeting are:

Janet Margaret Going  
Roger Brophy  
Steve Poole  
Tracy Stone

Of the above trustees, all have given their time on a voluntary basis and are not in receipt of any remuneration for their services.

**CASCADE CREATIVE RECOVERY**  
Charity Number 1154002

**INDEPENDENT EXAMINER'S REPORT**

**Independent Examiners Report**

This report is to the Trustees and members of Cascade Creative Recovery (Charity Number 1154002) and covers accounts prepared in the year ending 1 April 2024.

**Respective Responsibilities of Trustees and Examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

**Basis of Independent Examiner's statement**

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity.

It also includes consideration of any unusual items or disclosures in the accounts; and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent Examiner's statement**

In connection with my examination, no matter has come to my attention (other than that disclosed below):

- (1) which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act 2011;
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*A. Norris*

Miss D. Norris, ACA  
Director

Acorn Financial Solutions Limited, 99 Brentwood Road, Brighton BN1 7ET





CASCADE CREATIVE RECOVERY

TRUSTEES' ANNUAL REPORT

AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 1 APRIL 2024

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CASCADE CREATIVE RECOVERY  
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Charity Number 1154002

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For the year ending 1 April 2024

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CASCADE CREATIVE RECOVERY  
Charity Number: 1154002

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Tangible Assets	7	-	-	-	-
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*Tracy Stone*

Printed Name

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**Incoming Resources**

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CASCADE CREATIVE RECOVERY  
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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 1ST APRIL 2023 (continued)

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c) Activities for Generating Funds

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4. Resources Expended

a) Costs of Charitable Activities

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Legal & Professional Fees

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	<u>-</u>	<u>-</u>
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CASCADE CREATIVE RECOVERY  
Charity Number 1154002

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 1ST APRIL 2023 (continued)

5. Restricted Funds

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Expenditure	(2,785)	-
Balance c/f	-	<u>2,785</u>

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Carried forward 1 April 2023 and 2024	-	-	-
Depreciation:			
Balance brought forward 1 April 2022	1,803	2,457	4,260
Charge in the year	-	-	-
Disposals in the year ending 1 April 2023	(1,803)	(2,457)	(4,260)
	-	-	-
	-	-	-
Net Book Value	-	-	-
As at 1 April 2023 and 2024	-	-	-

The Charity moved into new premises away from its bespoke Café in the year following the Covid Pandemic. Any equipment was disposed of following the move. The charity has no fixed assets now.

CASCADE CREATIVE RECOVERY  
Charity Number 1154002

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 1ST APRIL 2023 (continued)

8. Cash at bank and in hand  
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	<u>12,260</u>	<u>13,238</u>

Since the Pandemic of 2020/21 funding has been less certain.

The Balance on the PAYE account has remained unpaid as a result.

The Trustees are aware and had made a provision for a monthly payment plan in agreement with HM Revenue and Customs. Debts relating to previous years included in these financial accounts total £5,503 which includes interest of £302.34 costed to the statement of financial activities within Other Staff-Related Expenses, in the year ending 1 April 2023.

11. General Funds

All monies included in the general funds are available for all charitable activities.

Of the Funds Brought Forward from the prior financial year for 1 April 2023, £5,200 has been adjusted to include the balance owing on PAYE, as detailed in n

12. Staff Costs

	2023/24	2022/23
	£	£
Gross Wages and Salaries	45,202	40,571

Employees who were engaged in each of the following activities:

	2023/24	2022/23
Activities in furtherance of organisation's objects	3	3

The Charity operates a PAYE scheme to pay all employed staff members and no employees have received emoluments in excess of £60,000.

13. Trustees and Other Related Parties

One officer receives remuneration for their work which is in the capacity of a salaried staff post as Chief Operating Executive, managing the overall running of the charity and its fundraising. Costs expensed in travelling to and from meetings and in providing subsistence during these meetings were reimbursed at cost only to the same salaried staff member.

The Trustees standing at the time of the Annual General Meeting are:

Janet Margaret Going  
Roger Brophy  
Steve Poole  
Tracy Stone

Of the above trustees, all have given their time on a voluntary basis and are not in receipt of any remuneration for their services.

**CASCADE CREATIVE RECOVERY**  
Charity Number 1154002

**INDEPENDENT EXAMINER'S REPORT**

**Independent Examiners Report**

This report is to the Trustees and members of Cascade Creative Recovery (Charity Number 1154002) and covers accounts prepared in the year ending 1 April 2024.

**Respective Responsibilities of Trustees and Examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

**Basis of Independent Examiner's statement**

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity.

It also includes consideration of any unusual items or disclosures in the accounts; and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent Examiner's statement**

In connection with my examination, no matter has come to my attention (other than that disclosed below):

- (1) which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act 2011;
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*A. Norris*

Miss D. Norris, ACA  
Director

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