

Evolve - Tackling the Impact of Substance Misuse

England & Wales · Charity number 1153938

Details

Other names	EVOLVE - TACKLING LEGAL HIGHS
Status	Registered
Legal form	CIO
Registered	2013-09-24
Register	View on the Charity Commission register

Contact

Address	The Youth Centre Beaconsfield Close Birkenhead CH42 3YN
Phone	0744947737
Email	evolve.ah@outlook.com
Website	WWW.EVOLVENORTHWEST.COM

Activities

Objects: TO ADVANCE THE EDUCATION OF THE PUBLIC, ESPECIALLY YOUNG PEOPLE, IN THE SUBJECT OF LEGAL SUBSTANCE ABUSE ESPECIALLY VOLATILE SUBSTANCES WITH THE INTENTION OF PREVENTING RELATED ILLNESS, ACCIDENTS, CRIME DEATH AND FAMILY BREAKDOWN.THE RELIEF OF THE PHYSICAL AND MENTAL SICKNESS OF PERSONS IN NEED BY REASON OF ADDICTION TO LEGAL SUBSTANCES ESPECIALLY VOLATILE SUBSTANCES IN PARTICULAR BY THE PROVISION OF FREE COUNSELLING AND SUPPORT FOR THE USER AND THEIR FAMILIES.

Activities: Age-appropriate preventive education for young people and awareness for parents/carers around the dangers & consequences of Volatile Substance Misuse, Substance Misuse, Vaping and County Lines. Training for professionals and community awareness events. Support and/or counselling for the user and their families.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, The General Public/mankind

Geography

- Cheshire East
- Cheshire West & Chester
- Knowsley
- Liverpool City
- Sefton
- St Helens
- Wirral

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£43,328	£40,235	-	-
2024-03-31	£50,450	£16,087	-	-
2023-03-31	£18,684	£23,343	-	-
2022-03-31	£25,868	£35,881	-	-
2021-03-31	£47,747	£42,925	-	-

Trustees

Name	Role	Appointed
Nancy Boyle	Chair	2013-10-09
Annette Derby		2024-05-15
Hayley Ruffley		2023-12-12
Judi Blacow		2017-09-07
Keith Wilson		2014-02-15
MARJORIE BRANDON		2013-08-05
Philip Seddon		2013-08-05
ROY BRANDON		2013-08-05

Evolve - Tackling the Impact of Substance Misuse

England & Wales - Charity number 1153938

Accounts



tackling the impact of substance misuse



“EDUCATION. SUPPORT. CHANGE.”

ANNUAL REPORT

&

ACCOUNTS

FYE 2025

Mission Statement

We provide education, support, and counselling to individuals, families, and professionals affected by:

- Substance Misuse
- Volatile Substance Misuse
- Vaping
- County Lines

Our aim: to provide education and support that prevent harm, reduce stigma, and build safer, healthier communities for young people and families.

IN LOVING MEMORY OF CHRISTIAN JOHN RUFFLEY

**THIS REPORT IS DEDICATED TO MY BEAUTIFUL NEPHEW,
CHRISTIAN —**

A son. A grandson. A father. A brother. An uncle. A nephew. A friend. A rapper. A soul too bright for this world, too brave for his battles, too loved to ever be forgotten.

He wasn't perfect. None of us are. But he fought. God, he fought. He faced his demons with a fire that burned... and somehow, in his own way, he came full circle —

**Raw, real, and passionate.
Christian's story isn't just his. It's a lifeline. A lesson. A legacy. He mattered. He was loved. He is loved. And his story will keep changing lives — long after this page ends.**

To his mum, my sister Hayley — thank you for letting me carry his story forward. I love you. I honour you. I stand beside you.

**Rest in peace, darling boy. I love you with every beat of my heart.
I miss you with every breath in my soul.**

“There ain't no justice... there is just us.”

Always, your Ally Aunty

XXX



IN LOVING MEMORY CHRISTIAN JOHN RUFFLEY

20/08/1983 - 25/03/2007

These affirmations were written by his classmates at Wirral Met, Twelve Quays College, where Christian had just completed his counselling diploma.

Christian never got to read them. He was murdered the day before their final meeting.

Now, they stand as a tribute — to his courage, his presence, and the love that surrounds him still.

NAME Christian
Quiet, cooperative and helpful.

NAME Christian - I think you have the potential to connect with people in order to help them explore their problems. You are approachable

NAME CHRISTIAN - QUIET BUT ALWAYS HAS VALUABLE POINTS TO MAKE.

NAME Christian. You're a very nice bloke, look forward to what you can do with your life don't miss any chances take them !!

NAME Christian - I'm glad you decided to continue with the course because you were going to have really enjoyed it.

Christian was a good laugh, a good listener and it was a pleasure to have known him.

Name: Christian
Christian is a very pleasant person who always comes across as having an empathetic nature – lovely to see in a young person.

NAME Christian
Keep on going Christian. Such a breath of fresh air.

NAME CHRISTIAN - NICE GUY - DETERMINED TO SUCCEED, SEEMS TO HAVE BEEN THROUGH A LOT FOR HIS YEARS BUT ALWAYS SMILING - AND GOOD LUCK WITH YOUR NEW JOB

NAME CHRISTIAN IS A lovely person who was willing to learn

NAME CHRISTIAN A quietly confident contributor.

NAME Christian
Has gained confidence and conquered a lot of fears and completed the course. Well done!! you deserve it

Founders

Barbara Skinner MBE



Her legacy continues to inspire everything we do.
Forever loved, never forgotten... YNWA

Ally Hodgson CEO



Certified counsellor, educator, and passionate advocate. Her lived experience drives our mission forward.

CEO Report

2025 has been a year of growth, grit, and gratitude. We've responded to rising demand with compassion and clarity — especially around vaping and volatile substances.

I'm proud to be back full-time and thrilled by our expanding reach. To our Trustees, Evolver's YPAG, Funders, and Volunteers: Thank you.

To every young person we've supported: We see you, we hear you, we're here for you!!!

**Warm regards and Hugs, of course
Ally Hodgson
CEO**

Evolve... Tackling the Impact of Substance Misuse

2024-2025 AT A GLANCE

**WORKSHOPS DELIVERED:
173**

**SCHOOLS REACHED:
50 WITH OUR VAPING TOOLKIT**

**MENTAL HEALTH FIRST AID
SESSIONS:
EXPANDED TO PROFESSIONALS AND
CARERS**

**COMMUNITY SUPPORT:
SPONSORED FENDER FC
SUPPORTED NOCTORUM &
BEECHWOOD COMMUNITIES**

COUNSELLING HOURS:



Evolves Journey: A Timeline of Impact

2012 – The Spark

Barbara Skinner MBE & Ally Hodgson co-found Evolve with a vision to tackle volatile substance misuse through education and compassion.

2012 – 2017 – Building Foundations

Evolve becomes a registered charity #1153938 in 2013 & we have our official launch at Liverpool Football Club.

- Early workshops delivered in schools across Merseyside
- First partnerships with youth services and local councils
- Community trust begins to grow

2017 – 2021 – Expanding Reach

- Launch of Volatile Substance Misuse programme
- Counselling services introduced
- First awards received for community impact
- Deepening Support
- County Lines awareness added to core curriculum
- Mental Health First Aid training begins
- Evolve becomes a trusted name in safeguarding education

2021 – 2023 – Resilience & Recovery

- Navigating pandemic challenges with virtual workshops
- Increased demand for youth support
- Return to in-person delivery with renewed energy
- 2024 – Growth & Gratitude
- Full-time hours reinstated
- New Development Officer joins the team
- Launch of Vaping Awareness Toolkit
- Launch of Evolve Empowerment Programme
- Financial recovery and surplus achieved

2025 – Legacy & Leadership

- Farewell to Trustees Alan Skinner, Barbara Yates & Esther Maple
- Toolkit adopted by 40+ schools
- Sponsorship of Fender FC continues
- Evolves reach and reputation stronger than ever
- Support of Noctorum & Beechwood communities continues



WHY WE ARE SHARING THIS -

Our Children's Stories

Rian was a bright and adventurous soul. He experimented with drugs like so many others do. He began using ketamine at festivals and parties. Like many, he believed it was the safest drug to take but he did not know the full risks, he died aged 26 after 4 years of addiction.



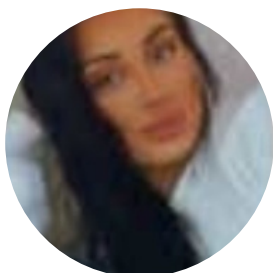
Tom loved his music and bouldering. Sometimes he struggled to cope - ketamine was his escape. It took control of his mind, he couldn't be without it, he died aged 22.

Josh loved surfing, snowboarding & music festivals. He was a talented welder. Ketamine stole him, his life at 26. He often said if he'd known the damage it does he would have never taken it.



Ellie was a bright, funny, caring and lovable 18 year old who tried ketamine three times at festivals, 1st was Glastonbury, 2nd was Sunrise and the 3rd time was Boomtown. She was dead by the time the ambulance took her out of Boomtown.

Georgia was a strong, confident mum of 2 girls, who started using ketamine after a series of life events to try and escape the emotional pain she was in, once saying "Ketamine can't kill you mum, it just lets you escape reality for a while." Little did she know that she would die 18 months later.



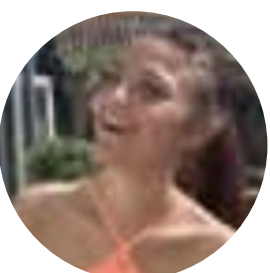
Louise was only 21 when she drowned in her bath after taking ketamine... She thought it was just another party drug.

Jamie was a sociable, kind, successful business owner who loved sport and music. He thought ketamine was safer than cocaine and died within 3 years of his addiction to ketamine.



Nathan was 36, he was a hard working dad of 3 beautiful boys, he started using ketamine, thinking it was harmless. After 15 years of addiction he drowned while fishing. His body was found 4 days later.

Louis was a brilliant artist, he had his own clothing brand with his artwork design. His friends say that he touched everyone he met with his kind heart but found it impossible to get the right kind of help for his substance misuse. He struggled, went through a lot of pain. I found him at peace age 23, a broken heart is my life now



Sophie was a social and lovable person, she knew what she wanted to do in life. She started taking ketamine like many, at festivals and nights out. This drug just took two years to destroy her body and mind and said "I'm going to die but I don't want to die. I just can't stop." Sophie died of a cardiac arrest whilst in her sleep... she was just 20 years of age.

"This flyer isn't here to judge - it's here because we lost our children. If sharing their stories helps even one person make a safer choice, then their lives continue to mean something."

**To Our Amazing Supporters... Thank
You!**

**Because of you, we've reached more
young people, expanded our
services, and responded to urgent
needs with compassion and clarity.**

**Your generosity fuels every
workshop, every counselling
session, every life changed.**

**"Evolve gave me the tools to
understand what I was going
through – and the courage to ask
for help." – Young Person, 2025**

**We couldn't do this without you.
With heartfelt thanks,**

Ally Hodgson & the Evolve Team

THANKYOU

**To our funders, partners, and supporters:
You make this possible.
Your belief in our mission fuels every workshop, every counselling session, every life changed.**



EVOLVE ACCOUNTS 2024-2025

**LJS ACCOUNTING SERVICES (UK)
LTD**

**INDEPENDENT EXAMINER'S
REPORT**

**EVOLVE TACKLING THE IMPACT
OF SUBSTANCE MISUSE &
STATEMENT OF FINANCIAL
ACTIVITY FOR THE YEAR ENDED
31ST MARCH 2025**



LJS ACCOUNTING
SERVICES

evolve
tackling the impact of substance misuse

Evolve

Tackling The Impact Of Substance Misuse (Registered number: 1153938)

Income Statement

for the Year Ended 31 March 2025

	31.3.25	31.3.24
	£	£
TURNOVER	3,486	1,311
Administrative expenses	<u>40,235</u>	<u>18,380</u>
	(36,749)	(17,069)
Other operating income	<u>39,842</u>	<u>50,450</u>
OPERATING SURPLUS and SURPLUS BEFORE TAXATION	3,093	33,381
Tax on surplus	—	—
SURPLUS FOR THE FINANCIAL YEAR	<u>3,093</u>	<u>33,381</u>

Evolve
Tackling The Impact Of Substance Misuse (Registered number: 1153938)

Balance Sheet
31 March 2025

	Notes	31.3.25 £	31.3.24 £
CURRENT ASSETS			
Cash at bank		37,396	34,303
CREDITORS			
Amounts falling due within one year	5	<u>600</u>	<u>600</u>
NET CURRENT ASSETS		<u>36,796</u>	<u>33,703</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>36,796</u>	<u>33,703</u>
RESERVES			
Income and expenditure account	6	<u>36,796</u>	<u>33,703</u>
		<u>36,796</u>	<u>33,703</u>

Approval

This balance sheet was approved by the Board of Trustees on 07th November 2025 and signed on its behalf

Nancy Boyle

Chair

LJS Accounting Services (UK) Ltd

Independent Examiner's Report to the Trustees of Evolve Tackling The Impact Of Substance Misuse

I report on the accounts of the charity for the year ended 31st March 2025 which are set out on the following pages.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is eligible for independent examination, it is my responsibility to:

- (a) Examine the accounts under section 145 of the 2011 Act
- (b) Following procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Act, as amended)
- (c) State whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with generation directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the account presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustee's concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below. **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

1. **STATUTORY INFORMATION**

Evolve Tackling The Impact Of Substance Misuse is a charity, registered in England and Wales. The charity's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

1. **Basis of preparation of accounts**

The accounts are prepared under the historical cost convention. The accounts have been prepared in accordance with the statement of recommended practice, accounting and reporting by Charities (SORP 2005) issued in March 2005.

2. **Incoming resources**

Voluntary income and donations are included in incoming resources when they are received, except when the donors specify that they must be used for future accounting periods or donors conditions have been fulfilled, then the income is deferred. The income from fundraising ventures is shown gross, with the associated costs in fundraising costs.

3. **Resources expended**

Resources expended are included in the statement of financial activities on an accrual basis, inclusive of VAT which cannot be recovered.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources.

4. **Tangible fixed assets**

Individual fixed assets costing £1,000 or more are capitalised at cost after deducting any specific grants received. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost over their expected useful economic lives.

5. **Governance Costs**

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 1 (2024 - 1).

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

4. **TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
COST	
At 1 April 2024 and 31 March 2025	<u>630</u>
DEPRECIATION	
At 1 April 2024 and 31 March 2025	<u>630</u>
NETBOOKVALUE	
At 31 March 2025	<u><u>-</u></u>
At 31 March 2024	<u><u>-</u></u>

5. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.25 £	31.3.24 £
Accruals and deferred income	<u>600</u>	<u>600</u>

6. **RESERVES**

	Income and expenditure account £
At 1 April 2024	33,703
Surplus for the year	<u>3,093</u>
At 31 March 2025	<u><u>36,796</u></u>

Evolve

Tackling The Impact Of Substance Misuse (Registered number: 1153938)

Detailed Income and Expenditure Account
for the Year Ended 31 March 2025

	31.3.25		31.3.24	
	£	£	£	£
Turnover				
Unrestricted Funds		3,486		1,311
Other income				
Government grants		<u>39,842</u>		<u>50,450</u>
		43,328		51,761
Expenditure				
Insurance	270		270	
Wages	25,417		7,846	
Pensions	1,160		269	
Post and stationery	2,005		3,371	
Advertising	410		-	
Travel and subsistence	1,837		5,573	
Computer costs	4,400		246	
Sundry expenses	1,624		-	
Subscriptions	445		204	
Accountancy	708		600	
Legal fees	<u>1,959</u>		<u>-</u>	
		<u>40,235</u>		<u>18,379</u>
		3,093		33,382
Finance costs				
Bank charges		<u>-</u>		<u>1</u>
NET SURPLUS		<u>3,093</u>		<u>33,381</u>

BEACONSFIELD
COMMUNITY HOUSE
ROCK FERRY
WIRRAL
MERSEYSIDE CH42 3YN

EVOLVE TACKLING THE IMPACT OF SUBSTANCE MISUSE

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074494 77737
WWW.EVOLVENORTHWEST.COM



EvolveTacklingLegalHighs



evolve_substancemisuse



@Evolvecharity

Evolve - Tackling the Impact of Substance Misuse

England & Wales - Charity number 1153938

Accounts

Evolve

Tackling The Impact Of Substance Misuse (Registered number: 1153938)

Income Statement

for the Year Ended 31 March 2024

	Notes	31.3.24 £	31.3.23 £
TURNOVER		1,311	2,597
Administrative expenses		<u>18,380</u>	<u>23,343</u>
		(17,069)	(20,746)
Other operating income		<u>50,450</u>	<u>16,087</u>
OPERATING SURPLUS/(DEFICIT) and SURPLUS/(DEFICIT) BEFORE TAXATION		33,381	(4,659)
Tax on surplus/(deficit)		<u>-</u>	<u>-</u>
SURPLUS/(DEFICIT) FOR THE FINANCIAL YEAR		<u>33,381</u>	<u>(4,659)</u>

Evolve

Tackling The Impact Of Substance Misuse (Registered number: 1153938)

Balance Sheet

~~31 March 2024~~

	Notes	31.3.24 £	31.3.23 £
CURRENT ASSETS			
Cash at bank		34,303	1,150
CREDITORS			
Amounts falling due within one year	6	<u>600</u>	<u>828</u>
NET CURRENT ASSETS		33,703	
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>33,703</u>	<u>322</u>
RESERVES			
Income and expenditure account	7	<u>33,70</u>	<u>322</u>
		<u>3</u>	<u>322</u>
Approval		33,70	
		3	

This balance sheet was approved by the Board of Trustees on 31/05/2024 and signed on its behalf

Nancy Boyle

.....
Chairman

LJS Accounting Services (UK) Ltd

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Notes to the Financial Statements
for the Year Ended 31 March 2024

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3. Resources expended

Resources expended are included in the statement of financial activities on an accrual basis, inclusive of VAT which cannot be recovered.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources.

4. Tangible fixed assets

Individual fixed assets costing £1,000 or more are capitalised at cost after deducting any specific grants received. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost over their expected useful economic lives.

5. Governance Costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 1 (2023 - 2).

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

4. OPERATING SURPLUS/(DEFICIT)

The operating surplus (2023 - operating deficit) is stated after charging:

	31.3.24 £	31.3.23 £
Depreciation - owned assets	<u>-</u>	<u>105</u>

5. TANGIBLE FIXED ASSETS

COST

At 1 April 2023
and 31 March 2024

Fixtures
and
fittings
£

630

DEPRECIATION

At 1 April 2023
and 31 March 2024

630

NET BOOK VALUE

At 31 March 2024

-

At 31 March 2023

-

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Social security and other taxes	-	228
Accruals and deferred income	<u>600</u>	<u>600</u>
	<u>600</u>	<u>828</u>

7. RESERVES

	Income and expenditure account £
At 1 April 2023	322
Surplus for the year	<u>33,381</u>
At 31 March 2024	<u>33,703</u>

EvolveTackling The Impact Of Substance Misuse (Registered number: 1153938)Detailed Income and Expenditure Account

for the Year Ended 31 March 2024

	31.3.24		31.3.23	
	£	£	£	£
Turnover				
Unrestricted Funds		1,311		2,597
Other income				
Government grants		<u>50,45</u>		<u>16,08</u>
		0		7
Expenditure		51,76		18,68
Insurance	270		270	
Wages	7,846	1	14,707	4
Social security	-		3,979	
Pensions	269		686	
Telephone	-		300	
Post and stationery	3,371		758	
Travel and subsistence	5,573		1,450	
Computer costs	246		181	
Subscriptions	204		307	
Accountancy	600		600	
Depreciation of tangible fixed assets	-		105	
Fixtures and fittings				
		<u>18,37</u>		<u>23,343</u>
		9		(4,659)
Finance costs		33,38		
Bank charges		<u>1</u>		
NET SURPLUS/(DEFICIT)		2		<u>-</u>
		<u>33,381</u>		<u>(4,659)</u>

Evolve - Tackling the Impact of Substance Misuse

England & Wales - Charity number 1153938

Accounts

The logo for 'evolve' features the word in a red, lowercase, sans-serif font. A small green cluster of leaves is positioned above the 'e', and a small blue butterfly is positioned above the 'e'.

tackling the impact of substance misuse

A large blue circle with a multi-colored border (red, orange, green, blue) is centered on the page. The text 'ANNUAL REPORT' is written in white, bold, uppercase letters inside the circle. The background features abstract blue shapes and a green triangle.

2023

A solid red horizontal bar is located at the bottom left of the page.

MISSION STATEMENT

“To provide a dedicated service for young people, adults, families, professionals and organisations that promotes understanding, awareness, and education to the consequences of Substance Misuse, Volatile Substance Misuse & County Lines (trafficking drugs into rural areas and smaller towns, away from major cities). Working towards the prevention of related deaths, illness, accidents, crimes and the impact such misuse has on the family and community, enabling a safer, stronger and healthier environment.

To provide a confidential information, support, counselling & mental health first aid service to all those affected by such misuse.

To provide all such services, free of charge, to children, young people and families including those affected by such misuse.

To actively encourage the participation of children and young people in all areas of our service provision.”

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- **INDEPENDENT EXAMINER'S REPORT**
- **STATEMENT OF FINANCIAL ACTIVITY**

OUR FOUNDERS

Barbara Skinner MBE, a former nurse, became passionate about working with young people following the death of her 16 year old son, Darren, due to Volatile Substance Misuse. Barbara officially retired from her position as Chairman in 2017 and Evolve will forever remain in her gratitude for all her years dedicated to helping the community. Barbara sadly passed in December 2020. She will be sadly missed and remembered with great love and fondness... "EVOLVE WOULD HAVE NEVER COME TO FRUITION WITHOUT YOU..... LOVE YOU YNWA."



Barbara Skinner MBE

Ally Hodgson has spent many years as a qualified Counsellor and educator in the field of VSA, Former Legal Highs (NPS) & County Lines and has personal experience of the consequences of substance misuse after a drug related murder within her own close family.



Ally Hodgson

OUR TRUSTEES

NANCY BOYLE - CHAIR

JUDI BLACOW - VICE - CHAIR

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MARJORIE BRANDON

ALAN SKINNER

KEITH WILSON

BARBARA YATES

PHILIP SEDDON

" THANK YOU TO ALL OUR TRUSTEES FOR THEIR CONTINUED SUPPORT "

OUR TEAM

Development Officer
Alan Kelly

A big thank you to Alan for all his hard work & dedication over the past 8 years. We couldn't have done it without you!

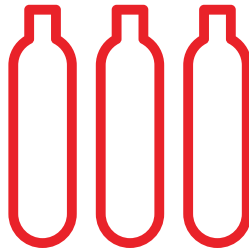


Independent Examiner
Adam Carter

Thanks to Adam and his dedicated team for all your hard work over the last 5 years. You are all super stars!



FACTS



NITROUS OXIDE/BALLOONS

WHAT IS NITROUS OXIDE?

It is a gas that when inhaled causes quick 'rush' and short-lasting effects. When used in extra risky ways, used in large doses or used frequently over time it can cause harm to health.

Nitrous oxide has several industrial uses and is used medically. When mixed with air (50/50 gas and air) it is used as an anesthetic gas for pain-relief in dentistry and childbirth.

It is a colourless gas that some say is slightly sweet smelling and tasting. It can be found in different forms such as in whipped cream chargers 'whippets' which are small silver cartridges. It can also come as crackers with balloons attached or in large canisters which are different colours that are used to fill balloons.

Nitrous oxide is often categorised as a 'depressant', 'dissociative' or 'inhalant' type drug because of its effects and how it is consumed through inhalation. A depressant drug is one that slows the body down. A dissociative type of drug has effects which causes disconnect or detachment from yourself or your surroundings.

Nitrous oxide is known by people who use it as 'Laughing Gas', 'Whippets', 'Chargers', 'N2O', 'Nos' and 'Balloons'. Media reports have also termed this substance as 'Hippy Crack'.

It may be confused with CO2 which comes in similar silver canisters used to inflate bike tyres. Because they are both gases used to fill balloons, nitrous oxide could also be confused with helium. The two gases are not related.



HOW IS IT TAKEN?

It is inhaled from a balloon which has been filled with the gas, sometimes referred to as 'nagging'. Gas needs to be discharged from the canister (large and small) to another object such as a balloon. To release the gas from 'whippets' canisters, they need to be fitted into a whipped cream canister or an object known as a 'cracker'. Larger nitrous oxide containers are also used to release gas directly into a balloon.

WHY DO PEOPLE USE NITROUS OXIDE?

People may choose to use this substance for quick euphoric effects.

WHAT ARE THE EFFECTS?

There are always risks with drugs and it is safer not to use at all.

It is important to note that each person will react differently to a substance, including nitrous oxide. Effects can be based on several factors depending on; how much is taken (the dose could be often unknown), personal factors such as the person's mental health, if the person has consumed the substance before and if other drugs, alcohol or prescription medication are used at the same time. The setting it is used in can also influence a person's reaction.

Effects start almost immediately peaking at about 10-30 seconds after use. The effects are short-lived, meaning they don't last long.

EFFECTS CAN INCLUDE:

- 'Dissociative effects' change in senses, perception and feelings
- Feeling detached from yourself and your surroundings
- People can feel euphoric, giddy and want to giggle or laugh
- Some people feel relaxation, floating, calm and a sense of wellbeing
- Time distortion – losing track of time
- Effects on sound or visuals – visual patterning or hallucination

UNWANTED EFFECTS CAN INCLUDE:

- Some people may get a headache, dizziness or blurred vision
- Loss of balance, feeling unsteady or disorientation
- Irritated respiratory tract – the part of the body that helps a person breathe
- Tight chest after heavy use
- People could feel nausea
- Short lived paranoia
- It can also cause a change in blood pressure for some people or sudden death due to a lack of oxygen

WHAT ARE THE RISKS?

Further research is needed in relation to the short and long term risks. We know that risks are increased based on the below factors:

1. How it is taken
2. How much is taken
3. How often it is taken

TAKING NITROUS OXIDE DIRECTLY FROM THE CANISTER WITHOUT A BALLOON CAN INCREASE HARMS

It is dangerous to inhale nitrous oxide directly from a canister. Inhaling directly from a canister can cause frost bite to the mouth and nose as well as cause damage to the throat and lungs which can be risky. Gas within the canisters is extremely cold and needs to be warmed before inhaling.

SOME PEOPLE MAY BE AT GREATER RISK TO UNWANTED EFFECTS AND BECOMING UNWELL

People with heart, blood pressure or mental health concerns could be at greater risk. Nitrous oxide can cause a drop in oxygen levels which could increase heart rate.

THE SETTING

People risk falling or accidents after use, risks are increased if used in roadways or water.

THE ENVIRONMENT

Nitrous oxide related litter is a concern in some areas.

MIXING DRUGS INCREASES RISK

Using nitrous oxide with other drugs increases the risks, including use with alcohol or prescription medication. It is possible that nitrous oxide taken at the same time as stimulants has a greater effect on blood pressure and heart rate.

LONG TERM RISKS TO HEALTH

Long terms and heavy use can cause vitamin B12 deficiency which can lead to health harms. Vitamin B12 deficiency can cause nerve damage, pain/tingling in toes and fingers and changes to skin pigment. Look out for signs of vitamin B12 deficiency such as numbness in fingers, hands and toes and don't be afraid to discuss your concerns with a medical professional.

SUFFOCATION OR LACK OF AIR

Suffocation can happen when taking nitrous oxide. People risk being deprived of oxygen if too much nitrous oxide is inhaled or if a person uses continuously without taking breaths. Internationally there are some reports of people experiencing suffocation or lack of oxygen.

NITROUS OXIDE HARM REDUCTION

- **Don't inhale nitrous oxide directly from the canister or tank:** Always use a device to release the gas and use a balloon to inhale. Nitrous oxide within the canister is cold and could seriously damage the throat and lungs. Releasing the gas helps warm and normalise the pressure before using.
- **Don't use in extra risky ways:** Use in well ventilated locations and not confined spaces such as cars.
- **Don't use near roads or water:** You could become dizzy or lose coordination.
- **Sit down to minimise the risk of falling**
- **Start low and go slow:** Take your time, use very small amounts and make sure you are getting enough oxygen.

Nitrous oxide is risky if it is inhaled continuously with no air taken.

- **Avoid using with other substances:** This includes using with alcohol and prescription medication. Nitrous oxide used with stimulant type drugs such as MDMA or cocaine could put extra pressure on your heart. Nitrous oxide can also make the effects of other drugs more intense and it is harder to predict and manage the effects.
- **Limit the amount of balloons consumed per session:** Don't use multiple balloons, one after the other. The more you take, the higher the risk.
- **Limit how frequently you use:** The long term risks associated with nitrous oxide are linked with regular use.
- **Don't share balloons with other people**
- **Don't be afraid to get medical help on 999/112 if someone becomes unwell**
- **Look out for long term harms:** Talk to your GP if you have numbness, pain, tingling or unusual sensations in your feet, arms, hands or legs as this could be a sign of vitamin B12 deficiency which can lead to irreversible long term health problems. Don't be afraid to tell medical professionals about your use of nitrous oxide.
- **Pick up litter after use**

THE LAW

Class: Psychoactive Substances

- Some volatile substances are covered by the 2016 Psychoactive Substances Act, which means it's illegal to give away or sell
- There's no penalty for possession, unless you're in prison
- Supply and production can get you up to 7 years in prison, an unlimited fine or both

Like drink-driving, driving when high is dangerous and illegal. If you're caught driving under the influence, you may receive a heavy fine, driving ban, or prison sentence.

If the police catch people supplying illegal drugs in a home, club, bar or hostel, they can potentially prosecute the landlord, club owner or any other person concerned in the management of the premises.

ADDITIONAL LAW DETAILS

As of 2016, nitrous oxide is covered by the Psychoactive Substances Act and is illegal to supply for its psychoactive effect.



FACTS



KETAMINE/KET

Sold as a grainy white or light brown powder. Looks similar to cocaine but is a very different drug.

Also called:

- Donkey Dust
- Green
- K
- Ket
- Special K
- Super K
- VitaminK
- Wonk

WHAT DOES IT LOOK LIKE?

- A clear liquid, when used in medicine
- A grainy white or brown crystalline powder when sold on the street
- Tablets, although this is less common

WHAT DOES IT TASTE/SMELL LIKE?

Ketamine tastes bitter and unpleasant.



HOW DO PEOPLE TAKE IT?

Ketamine is used in medicine as an anesthetic for humans and animals.

By snorting it as a powder

Most people who take powder ketamine will snort it. Users often talk of taking a 'bump', meaning they snort a small amount of ketamine. In the UK, snorting is the most common way to take ketamine.

By injecting it

People who regularly use ketamine sometimes inject it to get a bigger hit. They usually inject ketamine into a muscle.

By swallowing it as a tablet

Some people swallow it in tablet form, but this is less common.

By bombing

Some people 'bomb' it, which is swallowing the powder wrapped in a cigarette paper.

HOW DOES IT MAKE YOU FEEL?

Ketamine is a general anaesthetic so it reduces sensations in the body. Trips can last for a couple of hours.

Taking ketamine can make you feel:

- dream-like and detached
- chilled, relaxed and happy
- confused and nauseated

Ketamine can also:

- alter your perception of time and space and make you hallucinate (see or hear things that aren't there)
- stop you feeling pain, putting you at risk of hurting yourself and not realising it

If you take too much ketamine you may lose the ability to move and go into a 'k-hole'. This feels like your mind and body have separated and you can't do anything about it – which can be a very scary experience.

Regular ketamine use can cause:

- agitation
- panic attacks
- damage to short- and long-term memory
- depression, if taken frequently



HOW DOES IT MAKE PEOPLE BEHAVE?

It can make people seem slower, more relaxed and chilled out, but it can also stop people from being able to move properly and from making sense.

DURATION

How long the effects last and the drug stays in your system depends on how much you've taken, your size and what other drugs you may have also taken.

TO KICK IN

When snorted, ketamine normally takes about 15 minutes to take effect. When taken orally, it will take longer, around 20 minutes to an hour.

HOW LONG IT LASTS

The buzz can last around for 30 minutes to an hour, but the effects really depend on how much you take.

AFTER EFFECTS

People may feel down and low in mood for a few days after using ketamine.

HOW LONG WILL IT BE DETECTABLE?

Ketamine can be detected in a urine test for several days after taking it.

How long a drug can be detected for depends on how much is taken and which testing kit is used. This is only a general guide.

THE RISKS

PHYSICAL HEALTH RISKS

Ketamine is a very powerful anesthetic that can cause serious harm. Taking ketamine can be fatal, particularly if it is mixed with other drugs.

Ketamine can increase your heart rate and blood pressure. It can make you confused, agitated, delirious and disconnected from reality.

It can make you feel sick, and it can cause damage to your short- and long-term memory.

Because of the body's loss of feelings, paralysis of the muscles and the mind's loss of touch with reality, you can be left vulnerable to hurting yourself or being hurt by others.

Because you don't feel pain properly when you've recently taken ketamine, you can injure yourself and not know you've done it.

Ketamine can cause serious bladder problems, with the urgent and frequent need to pee. This can be very painful and the pee can be blood-stained. Although stopping using ketamine can help, sometimes the damage can be so serious that the bladder needs surgical repair or even removal.

The urinary tract, from the kidneys down to the bladder, can also be affected and incontinence (uncontrolled peeing) may also develop.

Abdominal pain, sometimes called 'K cramps', have been reported by people who have taken ketamine for a long time.

Evidence of liver damage due to regular, heavy ketamine use is emerging. The liver has a range of important functions, such as cleaning your blood and removing toxic substances.



MENTAL HEALTH RISKS

The longer term effects of ketamine use can include flashbacks, memory loss and problems with concentration.

Regular use can cause depression and, occasionally, psychotic symptoms such as hallucinations. Ketamine can also make existing mental health problems worse.

Interestingly, medical grade ketamine is now being researched as a potential treatment for severe depression, but it is too early to know the results of this research.

WHAT IS KETAMINE CUT WITH?

Street ketamine is usually sold as a white/beige crystallised powder and is sometimes cut with other powders to add weight and improve the dealer's profits.

It's impossible to tell whether the ketamine you buy has been cut with other substances by looking at it.

MIXING

IS IT DANGEROUS TO MIX WITH OTHER DRUGS?

Yes, every time you mix drugs you take on new risks.

If you mix ketamine with other drugs, particularly depressant drugs like alcohol, benzodiazepines or opiates, you risk collapsing, passing out and/or seriously injuring yourself. You could also choke, especially if you vomit.

Ketamine can also be very dangerous when mixed with ecstasy or amphetamine (speed), as it can cause high blood pressure.

If you take lots of ketamine and mix it with other drugs you could die.

ADDICTION

CAN YOU GET ADDICTED?

Yes! People who become addicted to ketamine will keep taking it – whether they're aware of the health risks or not.

Others will attend drug treatment services to help them stop.

People who use ketamine regularly can develop a tolerance to it, which could lead to them taking even more to get the effects they're looking for.

There are no physical withdrawal symptoms with ketamine, so ketamine addiction is sometimes called a psychological dependence.



THE LAW

Class: B

This is a Class B drug, which means it's illegal to have for yourself, give away or sell.

Possession can get you up to 5 years in prison, an unlimited fine or both.

Supplying someone else, even your friends, can get you up to 14 years in prison, an unlimited fine or both.

Like drink-driving, driving when high is dangerous and illegal. If you're caught driving under the influence, you may receive a heavy fine, driving ban, or prison sentence.

If the police catch people supplying illegal drugs in a home, club, bar or hostel, they can potentially prosecute the landlord, club owner or any other person concerned in the management of the premises.

WHAT TO DO IN AN EMERGENCY

If you or someone else needs urgent help after taking drugs or drinking, call 999 for an ambulance. Tell the crew everything you know. It could save their life.



AWARDS & RECOGNITION

- National Crimebeat Awards 2022 Commendation
- Merseyside High Sheriff Award 2022
- International Rotary Peace Award 2020 Nominee
- Merseyside's 100 Inspirational Women List 2019 - Women Who Speak Out <https://www.liverpoolecho.co.uk/news/liverpool-news/100-inspirational-merseyside-women-celebrate-15918724>
- Lloyds SSE Social Entrepreneur Fellow 2018
- Merseyside Police Community First Recognition Award 2018
- Merseyside Woman Of The Year NEO Community Change Winner 2017
- Merseyside Woman Of The Year Overall Winner 2017
- Merseyside High Sheriff 'Changing Communities' Award 2017



TESTIMONIALS & SUPPORT

WHAT DID YOU LIKE
ABOUT TODAY'S SESSION?

Impact that can be created.
Education efforts to make
people aware of VSA... Learning
how negatively drugs can
effect families and relationships
-St Edwards College Student -
Age 17

evolve
tackling the impact of substance misuse

"The Evolve presentation was
amazing... I have seen this
presentation many times and I am
moved by it and learn something
new each time - Thank you Ally" -
Support Worker - Merseyside
Police

evolve
tackling the impact of substance misuse

TESTIMONIALS & SUPPORT

WHAT DID YOU LIKE
ABOUT TODAY'S SESSION?

It was upfront, straight to the point and I could tell there was real drive to help people. It was so informative I will be able to educate others on the topics discussed - MPC - Age 16

evolve
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"Very impactful & informative session from Ally at Evolve... Thank's Ally"
- Con Community Engagement - Merseyside Police

evolve
tackling the impact of substance misuse

TESTIMONIALS & SUPPORT

WHAT DID YOU LIKE
ABOUT TODAY'S SESSION?

It was very moving,
emotional and informative. I
liked the anecdotes,
personal rapport and
statistics - Merseyside
Police Cadet - Age 17

evolve
tackling the impact of substance misuse

"Very impactful - we all make
random comments about 'Bag
Heads' and make assumptions. This
made us think more about why
people take this path" - Police
Sergeant - Merseyside Police
Cadets

evolve
tackling the impact of substance misuse

TESTIMONIALS & SUPPORT

I would be most supportive of this bid from behalf of Merseyside Police. Ally has been a regular contributor to the Merseyside Police Cadet programme over numerous years and has always had a positive impact on our young people. She has also performed several presentations / workshops at numerous schools within the Merseyside area, highlighting the dangers of legal highs.

From my experience, the Evolve charity is unique in its focus on the misuse of these substances and Ally is stand alone in tackling this matter.

Topically, the use of nitrous oxide is soon to be made an illegal substance and it is hard to see how this will be managed by both health and enforcement agencies. I am certain that Ally's contribution to reducing harm to young people from these substances will be vital in tackling this issue and even more so in the years ahead

Nick Banlin
Con Community Engagement
PREV Community Engagement

TESTIMONIALS & SUPPORT

Text messages received post presentation

Thank you for the talk, I never knew the danger of former legal highs and it was informative and interesting. Thank you!! X

Hi Ally, thanks for the session, I found it really touching! It even made me cry! Thanks again xxxxx

Hi just wanted to say thank you for the presentation today and good luck going forwards.

Hey. We really enjoyed your presentation on former legal highs. And we liked listening to your stories. From the two blonde girls from group 5 (period 2) X ;)

Just thought I'd say thank you for such a moving and informative session, I feel as if I have benefited from the knowledge and I am happy to know I am able to inform others and potentially save them. It's such an amazing cause and something I'd love to get involved in. (I was a boy in the audience)

Hi, my name is Iman and I was truly touched by the talk you gave at my sixth form today about drug abuse. Myself and my friends all agreed that you are incredibly brave to share your stories and you are truly inspiring because you took tragic incidents and try to make something positive. I can definitely say I learnt a lot and this was the greatest PSHCE day I've ever had. Thanks so much X

YPAG 2022-23

Thank you to our Young Person's Advisory Group... Showing complete dedication and working hard all throughout the year to bring in funds of over £1000 you are all just wonderful!



CEO REPORT

I have been busy in schools all year and it's great to be getting back to some kind of 'normality'. With the help of our volunteers from our Young Persons Advisory Group (YPAG) we are now producing a quarterly newsletter which is packed with up to date information and news articles, the same young people from our YPAG also managed to raise £1000 organising a fun day at Bebington Co-Op Academy. The first issue of the newsletter was sent out to over 200 schools/colleges/agencies across the Northwest.

Earlier in the year Wirral Met Colleges contacted me to request that we go into all 5 campuses over the year, we have agreed to do 50 sessions which will actually lead into next year, with the potential to reach out to 10,000 students.

I have spent time counselling more YP's as the mental health issues amongst our young people are at a level high (Almost half of YP's in the UK now suffering with mental health issues). A lot of this goes hand in hand with substance misuse.

Early 2022 it was announced that Evolve had been chosen by The Liverpool Crown Court judges to be one of their 'Proceeds of Crime' charities and we received 7K and, of course, lots of recognition. We also received funding from National Lottery Community Fund and Cheshire Community Foundation, a big thank you to them all.

We received our 2nd High Sheriff Award for 2022... I do love it when the work that we do is recognised!

I am excited and looking forward to Evolve's future and cannot wait to go forward with all our plans.

Love and hugs to you all... Ally xxx





**THANKS FOR
YOUR
SUPPORT**

jmf

John Moores Foundation



COMMUNITY
FOUNDATION
For Merseyside



CHESHIRE
COMMUNITY
FOUNDATION

Income Statement
for the Year Ended 31 March 2023

	Notes	31.3.23 £	31.3.22 £
TURNOVER		2,597	8,882
Administrative expenses		<u>23,343</u>	<u>35,881</u>
		(20,746)	(26,999)
Other operating income		<u>16,087</u>	<u>16,986</u>
OPERATING DEFICIT and DEFICIT BEFORE TAXATION		(4,659)	(10,013)
Tax on deficit		<u>-</u>	<u>-</u>
DEFICIT FOR THE FINANCIAL YEAR		<u>(4,659)</u>	<u>(10,013)</u>

Evolve
Tackling The Impact Of Substance Misuse (Registered number: 1153938)

Balance Sheet
31 March 2023

	Notes	31.3.23		31.3.22	
		£	£	£	£
FIXED ASSETS					
Tangible assets	5		-		105
CURRENT ASSETS					
Cash at bank		1,150		4,238	
CREDITORS					
Amounts falling due within one year	6	<u>828</u>		<u>(638)</u>	
NET CURRENT ASSETS			<u>322</u>		<u>4,876</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>322</u>		<u>4,981</u>
RESERVES					
Income and expenditure account	7		<u>322</u>		<u>4,981</u>
			<u>322</u>		<u>4,981</u>

Approval

This balance sheet was approved by the Board of Trustees on12/12/23.....and signed on its behalf

Nancy Boyle

Chairman

LJS Accounting Services (UK) Ltd

Independent Examiner's Report to the Trustees of

Evolve Tackling The Impact Of Substance Misuse

I report on the accounts of the charity for the year ended 31st March 2023 which are set out on the following pages.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is eligible for independent examination, it is my responsibility to:

- (a) Examine the accounts under section 145 of the 2011 Act
- (b) Following procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Act, as amended)
- (c) State whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with generation directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the account presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustee's concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

LJS Accounting Services (UK) Ltd

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. STATUTORY INFORMATION

Evolve Tackling The Impact Of Substance Misuse is a charity, registered in England and Wales. The charity's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

1. Basis of preparation of accounts

The accounts are prepared under the historical cost convention. The accounts have been prepared in accordance with the statement of recommended practice, accounting and reporting by Charities (SORP 2005) issued in March 2005.

2. Incoming resources

Voluntary income and donations are included in incoming resources when they are received, except when the donors specify that they must be used for future accounting periods or donors conditions have been fulfilled, then the income is deferred. The income from fundraising ventures is shown gross, with the associated costs in fundraising costs.

3. Resources expended

Resources expended are included in the statement of financial activities on an accrual basis, inclusive of VAT which cannot be recovered.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources.

4. Tangible fixed assets

Individual fixed assets costing £1,000 or more are capitalised at cost after deducting any specific grants received. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost over their expected useful economic lives.

5. Governance Costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 2 (2022 - 2).

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

4. **OPERATING DEFICIT**

The operating deficit is stated after charging:

	31.3.23	31.3.22
	£	£
Depreciation - owned assets	<u>105</u>	<u>105</u>

5. **TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
COST	
At 1 April 2022 and 31 March 2023	<u>630</u>
DEPRECIATION	
At 1 April 2022	525
Charge for year	<u>105</u>
At 31 March 2023	<u>630</u>
NET BOOK VALUE	
At 31 March 2023	<u>-</u>
At 31 March 2022	<u>105</u>

6. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23	31.3.22
	£	£
Social security and other taxes	228	(1,238)
Accruals and deferred income	<u>600</u>	<u>600</u>
	<u>828</u>	<u>(638)</u>

7. **RESERVES**

	Income and expenditure account £
At 1 April 2022	4,981
Deficit for the year	<u>(4,659)</u>
At 31 March 2023	<u>322</u>

Evolve

Tackling The Impact Of Substance Misuse (Registered number: 1153938)

Detailed Income and Expenditure Account
for the Year Ended 31 March 2023

	31.3.23		31.3.22	
	£	£	£	£
Turnover				
Unrestricted Funds	-		2,000	
Restricted Funds	-		5,662	
Donations	<u>2,597</u>		<u>1,220</u>	
		2,597		8,882
Other income				
Government grants		<u>16,087</u>		<u>16,986</u>
		18,684		25,868
Expenditure				
Insurance	270		172	
Wages	14,707		24,863	
Social security	3,979		6,857	
Pensions	686		1,535	
Telephone	300		-	
Post and stationery	758		411	
Travel and subsistence	1,448		981	
Computer costs	181		120	
Sundry expenses	2		-	
Subscriptions	307		237	
Accountancy	600		600	
Depreciation of tangible fixed assets				
Fixtures and fittings	<u>105</u>		<u>105</u>	
		<u>23,343</u>		<u>35,881</u>
NET DEFICIT		<u>(4,659)</u>		<u>(10,013)</u>

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EVOLVE... TACKLING THE IMPACT OF SUBSTANCE MISUSE

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EvolveTacklingLegalHighs



evolve_substancemisuse



@Evolvecharity

Evolve - Tackling the Impact of Substance Misuse

England & Wales - Charity number 1153938

Accounts

ANNUAL REPORT 2022



evolve

tackling the impact of substance misuse

MISSION STATEMENT

“To provide a dedicated service for young people, adults, families, professionals and organisations that promotes understanding, awareness, and education to the consequences of Substance Misuse, Volatile Substance Misuse & County Lines (trafficking drugs into rural areas and smaller towns, away from major cities). Working towards the prevention of related deaths, illness, accidents, crimes and the impact such misuse has on the family and community, enabling a safer, stronger and healthy environment.

To provide a confidential information, support, counselling & mental health first aid service to all those affected by such misuse. To provide all such services, free of charge to children, young people and families including those affected by such misuse.

To actively encourage the participation of children and young people in all areas of our service provision.”

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-

MEET OUR FOUNDERS

Barbara Skinner, MBE, a former nurse, became passionate about working with young people following the death of her 16 year old son, Darren, due to Volatile Substance Misuse. Barbara officially retired from her position as Chairman in 2017 and Evolve will forever remain in her gratitude for all her years dedicated to helping the community. Barbara sadly passed in December 2020. She will be sadly missed and remembered with great love and fondness... "EVOLVE WOULD HAVE NEVER COME TO FRUITION WITHOUT YOU... LOVE YOU YNWA B".



Alison Hodgson has spent many years as a qualified Counsellor and educator in the field of VSA, Former Legal Highs (NPS) & County Lines and has personal experience of the consequences of substance misuse after a drug related murder within her own close family.



OUR TRUSTEES

- NANCY BOYLE-CHAIR
- JUDI BLACOW-VICE-CHAIR
- ESTHER MAPLE-SECRETARY
- ROY BRANDON-TREASURER
- MARJORIE BRANDON
- ALAN SKINNER
- KEITH WILSON
- BARBARA YATES
- PHILIP SEDDON

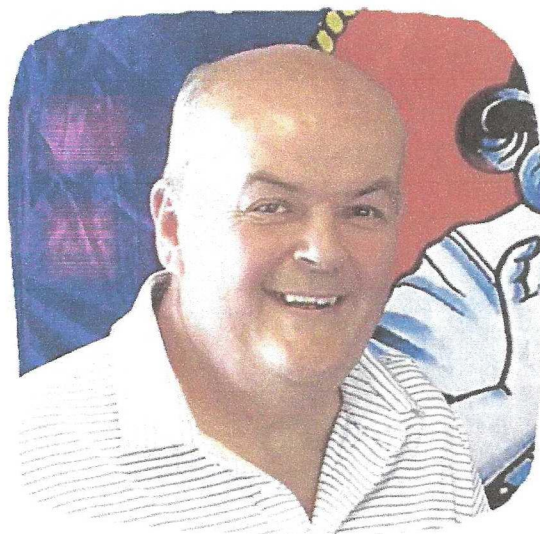
"THANK YOU TO ALL OUR TRUSTEES FOR YOUR CONTINUED SUPPORT"

OUR TEAM

Development Officer

Mr Alan Kelly

A big thank you to Alan for all his hard work & dedication over the past 7 years. We couldn't have done it without you!



Independent Examiner

LJS Accounting

Services (UK)

Limited

Thanks to LJS for all your hard work over the last 5 years. You are all superstars!



LJS ACCOUNTING
SERVICES

THE FIGURES

125

IN 2018 THERE WERE 125
FORMER LEGAL HIGH (NPS)
DEATHS RECORDED IN THE UK

834

DEATHS INVOLVING VOLATILE
SUBSTANCES REGISTERED
BETWEEN 2001 AND 2016

69

IN 2016 THERE WERE 69 HELIUM
RELATED DEATHS

27,000

A 2020 REPORT FOR THE HOME
OFFICE STATES THAT
THE COUNTY LINES DRUG TRADE
INVOLVED 27,000 YOUNG PEOPLE IN
THE UK

THE FACTS

COUNTY LINES - BETWEEN THE YEARS OF 2018 TO 2019, NATIONAL CRIME AGENCY FIGURES SHOWED THERE WERE 1,500 DRUG TRAFFICKING ROUTES OF THIS SORT IN THE UNITED KINGDOM, RISING TO 3,000; IN THAT YEAR THE AGENCY ESTIMATED THE TOTAL TURNOVER OF COUNTY LINES ACTIVITIES THROUGHOUT THE UK TO BE ROUGHLY £500 MILLION. A 2020 REPORT FOR THE HOME OFFICE STATES THAT THE COUNTY LINES DRUG TRADE INVOLVED 27,000 YOUNG PEOPLE IN THE UK.

August 2019 – United Kingdom: Deaths related to NPS back to previous levels in England and Wales in 2018 The Office for National Statistics released data on deaths related to drug poisoning in England and Wales in 2018. The number of deaths related to drug poisoning was the highest in 2018 with 4,359 deaths and the annual increase (16 per cent) observed the largest since the time series began in 1993. Both the males' mortality rate significantly increased from 89.6 deaths per million males in 2017 to 105.4 in 2018 and the female rate increased for the ninth consecutive year to 47.5 deaths per 1 million females in 2018.

Deaths related to NPS halved from 123 deaths in 2016 to 61 deaths in 2017 but returned to the previous levels with 125 deaths in 2018. Deaths related to synthetic cannabinoids more than doubled from 24 deaths in 2017 to 60 deaths in 2018. Deaths related to cathinones also increased in comparison to the previous year, from 7 deaths in 2017 to 16 deaths in 2018.

In 2016, there were 64 deaths related to volatile substances registered in Great Britain; over 80% of these volatile substance abuse (VSA) deaths were males. There were 834 deaths involving volatile substances registered between 2001 and 2016.

AWARDS & RECOGNITION

National Crimebeat Awards 2022 Commendation

International Rotary Peace Award 2020 Nominee

Merseyside's 100 Inspirational Women List 2019 - Women Who Speak Out
<https://www.liverpoolecho.co.uk/news/liverpool-news/100-inspirational-merseyside-women-celebrate-15918724>

Lloyds SSE Social Entrepreneur Fellow 2018

Merseyside Police Community First Recognition Award 2018

Merseyside Woman Of The Year NEO Community Change Winner 2017 #MWOTY

Merseyside Woman Of The Year Michael W Halsall Solicitors Overall Winner 2017 #MWOTY

Merseyside High Sheriff 'Changing Communities' Award 2017



CEO REPORT

After Alan and I were furloughed when covid hit the UK in March 2020, we have had a battle on our hands trying to build Evolve back up.

I'm happy to say that we have been allowed back into schools, unfortunately not as much as pre covid as the schools are struggling to get back to 'normality' also. I have spent some time counselling more YP's as the mental health issues amongst young people are at a level high (Almost half of YP's in the UK now suffering with mental health issues). A lot of this goes hand in hand with substance misuse.

In January 2022 it was announced that Evolve had been chosen by The Liverpool Crown Court judges to be one of their proceeds of Crime charities and we received 7K and, of course, lots of recognition.

I am excited and looking forward to Evolve's future and cannot wait to go forward with all our plans.

Love and hugs to you all...

Ally xxx

TREASURER'S REPORT

2020

ACCOUNTS OVERVIEW 2021-2022

ROY BRANDON TREASURER

BANK 01/04/2021 = £ 15,451.73

BANK 31/03/2022 = £ 2,481.22

GRANTS RECEIVED:

GOVERNMENT FURLOUGH GRANTS = £ 16,985.81

UNRESTRICTED GRANTS = £ 2,000.00

RESTRICTED GRANTS = £ 2,000.00

DONATIONS = £ 821.15

THANK YOU TO OUR
SUPPORTERS



COMMUNITY
FOUNDATION
For Merseyside

CHESHIRE
COMMUNITY
FOUNDATION

BIG HELP
PROJECT



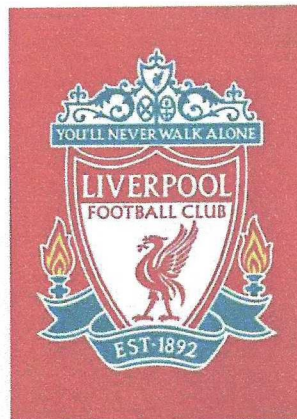
jmf

John Moores Foundation

Bentley
Foundation
Giving Straight From The Heart



John Dwyer
Police & Crime
Commissioner
for Cheshire



Evolve – Tackling the Impact of Substance Misuse
Registered Charity Number 1153938
Contents, Year Ended 31 March 2022

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Statement of Financial Activities	3-4
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Evolve – Tackling the Impact of Substance Misuse
Registered Charity Number 1153938
Contents, Year Ended 31 March 2022

Charity Number: 1153938

Trustees:

- Mr Alan Skinner
- Mrs Marjorie Brandon
- Mr Roy Brandon
- Mr Philip Seddon
- Ms Barbara Yates
- Ms Nancy Boyle
- Ms Ester Maple
- Mrs Judi Blacow
- Mr Keith Wilson

Contact Address:

Evolve – Tackling the impact of substance misuse
Youth Federation Shaftesbury YC
Mendip Road
Tranmere
Wirral, CH42 8NU

Independent Examiner:

LJS Accounting Services (UK) Ltd
Connect Business Village
Unit 5, 24 Derby Road
Liverpool
L5 9PR

LJS Accounting Services (UK) Ltd

Independent Examiner's Report to the Trustees of

Evolve – Tackling The Impact of Substance Misuse

I report on the accounts of the charity for the year ended 31st March 2022 which are set out on pages 6 to 10.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is eligible for independent examination, it is my responsibility to:

- (a) Examine the accounts under section 145 of the 2011 Act
- (b) Following procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Act, as amended)
- (c) State whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with generation directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the account presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustee's concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

LJS Accounting Services (UK) Ltd

Evolve
Tackling The Impact Of Substance Misuse
Evolve - Tackling the Impact of
Substance Misuse

Income Statement
for the Year Ended 31 March 2022

	Notes	31.3.22 £	31.3.21 £
TURNOVER		8,882	16,499
Administrative expenses		<u>35,881</u>	<u>42,925</u>
		(26,999)	(26,426)
Other operating income		<u>16,986</u>	<u>31,248</u>
OPERATING (DEFICIT)/SURPLUS and (DEFICIT)/SURPLUS BEFORE TAXATION		(10,013)	4,822
Tax on (deficit)/surplus		—	—
(DEFICIT)/SURPLUS FOR THE FINANCIAL YEAR		<u>(10,013)</u>	<u>4,822</u>

Evolve
Tackling The Impact Of Substance Misuse (Registered number: 1153938)
Evolve - Tackling the Impact of
Substance Misuse

Balance Sheet
31 March 2022

	Notes	31.3.22		31.3.21	
		£	£	£	£
FIXED ASSETS					
Tangible assets	5		105		210
CURRENT ASSETS					
Cash at bank		4,238		15,452	
CREDITORS					
Amounts falling due within one year	6	<u>(638)</u>		<u>668</u>	
NET CURRENT ASSETS			<u>4,876</u>		<u>14,784</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>4,981</u>		<u>14,994</u>
RESERVES					
Income and expenditure account	7		<u>4,981</u>		<u>14,994</u>
			<u>4,981</u>		<u>14,994</u>

Approval

This balance sheet was approved by the Board of Trustees on 07/12/2022 and signed on its behalf

Nancy Boyle

.....
Chairman

1. **STATUTORY INFORMATION**

Evolve Tackling The Impact Of Substance Misuse is a charity, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparation of accounts

The accounts are prepared under the historical cost convention. The accounts have been prepared in accordance with the statement of recommended practice, accounting and reporting by charities (SORP 2005) issued in March 2005

Incoming resources

Voluntary income and donations are included in incoming resources when they are received, except when the donors specify that they must be used for future accounting periods or donor conditions have been fulfilled, then the income is deferred. The income from fundraising ventures is shown gross, with associated costs in fundraising.

Resources expended

Resources expended are included in the statement of financial activities on an accrual basis, inclusive of VAT which cannot be recovered.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources.

Tangible fixed assets

Individual fixed assets costing £1,000 or more are capitalised at cost after deducting any specific grants received. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost over their expected useful economic lives.

Deferred tax

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with the constitutional and statutory requirements.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 2 (2021 - 2).

Evolve
Tackling The Impact Of Substance Misuse
Evolve - Tackling the Impact of
Substance Misuse

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

4. **OPERATING (DEFICIT)/SURPLUS**

The operating deficit (2021 - operating surplus) is stated after charging:

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	<u>105</u>	<u>105</u>

5. **TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
COST	
At 1 April 2021 and 31 March 2022	<u>630</u>
DEPRECIATION	
At 1 April 2021	420
Charge for year	<u>105</u>
At 31 March 2022	<u>525</u>
NET BOOK VALUE	
At 31 March 2022	<u>105</u>
At 31 March 2021	<u>210</u>

6. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Social security and other taxes	(1,238)	668
Accruals and deferred income	<u>600</u>	<u>-</u>
	<u>(638)</u>	<u>668</u>

7. **RESERVES**

	Income and expenditure account £
At 1 April 2021	14,994
Deficit for the year	<u>(10,013)</u>
At 31 March 2022	<u>4,981</u>

Evolve
Tackling The Impact Of Substance Misuse
Evolve - Tackling the Impact of
Substance Misuse

Detailed Income and Expenditure Account
for the Year Ended 31 March 2022

	31.3.22		31.3.21	
	£	£	£	£
Turnover				
Unrestricted Funds	2,000		-	
Restricted Funds	5,662		15,800	
Donations	<u>1,220</u>		<u>699</u>	
		8,882		16,499
Other income				
Government grants		<u>16,986</u>		<u>31,248</u>
		25,868		47,747
Expenditure				
Insurance	172		499	
Wages	24,863		31,022	
Social security	6,857		8,754	
Pensions	1,535		1,924	
Post and stationery	411		15	
Travel and subsistence	981		111	
Computer costs	120		312	
Subscriptions	237		183	
Accountancy	600		-	
Depreciation of tangible fixed assets				
Fixtures and fittings	<u>105</u>		<u>105</u>	
		<u>35,881</u>		<u>42,925</u>
NET (DEFICIT)/SURPLUS		<u>(10,013)</u>		<u>4,822</u>

Signature: Nancy Boyle
Nancy Boyle (Dec 7, 2022 17:38 GMT)

Email: nancy.boyle@ymail.com

Evolve - Tackling the Impact of Substance Misuse

England & Wales - Charity number 1153938

Accounts

Report of the Director and
Unaudited Financial Statements for the Year Ended 31 March 2021
for
Evolve
Tackling The Impact Of Substance Misuse

Evolve
Tackling The Impact Of Substance Misuse

Contents of the Financial Statements
for the Year Ended 31 March 2021

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Evolve
Tackling The Impact Of Substance Misuse

Company Information
for the Year Ended 31 March 2021

REGISTERED OFFICE: c/o Beaconsfield Community House
Rock Ferry
Wirral
CH42 3YN

REGISTERED NUMBER: 1153938 (England and Wales)

ACCOUNTANTS: LJS Accounting Services (UK) Ltd
Unit 5, 1st Floor
Connect Business Village
24 Derby Road
Liverpool
Merseyside
L5 9PR

Evolve
Tackling The Impact Of Substance Misuse

Report of the Director
for the Year Ended 31 March 2021

The director presents report with the financial statements of the company for the year ended 31 March 2021.

DIRECTOR

This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE BOARD:



.....
Director

Date: 25/11/2021
.....

Evolve
Tackling The Impact Of Substance Misuse

Income Statement
for the Year Ended 31 March 2021

	Notes	31.3.21 £	31.3.20 £
TURNOVER		16,499	35,363
Cost of sales		-	320
GROSS SURPLUS		16,499	35,043
Administrative expenses		42,925	47,535
		(26,426)	(12,492)
Other operating income		31,248	-
OPERATING SURPLUS/(DEFICIT) and SURPLUS/(DEFICIT) BEFORE TAXATION		4,822	(12,492)
Tax on surplus/(deficit)		-	-
SURPLUS/(DEFICIT) FOR THE FINANCIAL YEAR		4,822	(12,492)

The notes form part of these financial statements

Balance Sheet

31 March 2021

	Notes	31.3.21 £	£	31.3.20 £	£
FIXED ASSETS					
Tangible assets	5		210		315
CURRENT ASSETS					
Cash at bank		15,452		11,303	
CREDITORS					
Amounts falling due within one year	6	668		1,446	
NET CURRENT ASSETS			14,784		9,857
TOTAL ASSETS LESS CURRENT LIABILITIES			14,994		10,172
RESERVES					
Income and expenditure account	7		14,994		10,172
			14,994		10,172

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 25/11/2021 and were signed by:



.....
Director

1. **STATUTORY INFORMATION**

Evolve Tackling The Impact Of Substance Misuse is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - at varying rates on cost

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 2 (2020 - 2).

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

4. **OPERATING SURPLUS/(DEFICIT)**

The operating surplus (2020 - operating deficit) is stated after charging:

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	105	-
	<u>105</u>	<u>-</u>

5. **TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
COST	
At 1 April 2020 and 31 March 2021	630
DEPRECIATION	
At 1 April 2020	315
Charge for year	105
At 31 March 2021	420
NET BOOK VALUE	
At 31 March 2021	210
At 31 March 2020	315

6. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21	31.3.20
	£	£
Social security and other taxes	668	696
Accrued expenses	-	750
	<u>668</u>	<u>1,446</u>

7. **RESERVES**

	Income and expenditure account £
At 1 April 2020	10,172
Surplus for the year	4,822
At 31 March 2021	<u>14,994</u>

Evolve
Tackling The Impact Of Substance Misuse

Detailed Income and Expenditure Account
for the Year Ended 31 March 2021

	31.3.21		31.3.20	
	£	£	£	£
Turnover				
Unrestricted Funds	-		15,463	
Restricted Funds	15,800		19,900	
Donations	699		-	
	<u> </u>	16,499	<u> </u>	35,363
Cost of sales				
Purchases		-		320
		<u> </u>		<u> </u>
GROSS SURPLUS		16,499		35,043
Other income				
Government grants		31,248		-
		<u> </u>		<u> </u>
		47,747		35,043
Expenditure				
Insurance	499		554	
Wages	31,022		33,640	
Social security	8,754		8,370	
Pensions	1,924		1,668	
Post and stationery	15		2,874	
Advertising	-		617	
Travel and subsistence	111		438	
Computer costs	312		24	
Training	-		100	
Subscriptions	183		(855)	
Depreciation of tangible fixed assets				
Fixtures and fittings	105		105	
	<u> </u>	42,925	<u> </u>	47,535
NET SURPLUS/(DEFICIT)		<u> </u>	<u> </u>	<u> </u>
		4,822		(12,492)
		<u> </u>		<u> </u>