

Report of the trustees and
Unaudited financial statements for the year ended 31 December 2023
For
The Blossom Charity CIO

Louise Rogers Limited
Columba House
Adastral Park
Martlesham Heath
IP5 3RE

Contents of the financial statements
for the Year Ended 31 December 2023

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Financial Statements	7 to 14
Detailed Statement of Financial Activities	15 to 16

The Blossom Charity CIO

Report of the trustees for the Year Ended 31 December 2023

The trustees present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and activities

Objectives and aims

The Blossom Charity is a Charitable Incorporated Organisation (CIO) aimed at developing, educating and assisting with the employability of individuals of the socially and economically disadvantaged. The charity's objectives includes, but is not limited to, the education and training of individuals, developing inter-personal skills and dealing with individuals who may be suffering from a wide spectrum of difficulties such as learning difficulties, a lack of means and/or individual hardship.

The charity has developed a number of new programmes that are overseen and reviewed by the Trustees.

Public benefit

The Trustees confirm that they have complied with the duty to have due regard to public benefit guidance issued by the Charity Commission in determining the activities undertaken by the charity.

Volunteers

We have over 135 volunteers who support us and much of our work. Would it be possible without them? We have appointed a leader who helps find and support our volunteers. We hope the opportunity to volunteer for us pays back in many ways in terms of support given, the reward of the appreciation of others, and enjoying being part of impactful activities.

Report of the trustees
for the Year Ended 31 December 2023

Achievement and performance

Charitable activities

The focus as a charity has continued to be in line with our charitable objects. We work with women and men of all ages facing rural isolation, on a low income or unemployed. We continue to help start or grow micro businesses, and to teach the skills of the business world. In 2023 we continued to develop our work supporting leaders of charities. We have created an Alumni which helps to increase our reach and impact.

Our redesigned programs are meeting the needs of the community we support. We evaluate the impact & are pleased to see an improvement in impact from the redesign.

We launched a new program for charity & public sector employees across the region. It is designed for aspiring leaders & again increases the impact we can have across the county. Results are strong & it will become part of our offerings.

We build on our use of the outdoors to run our programs. We partner with Greenlight Trust and Suffolk Wildlife Trust in order to do this. We find outdoors space fantastic for development and training. We also work with Natural Survivor where the leader shares his life experiences & encourages openness & confidence building in the outdoors

We are in the second year of our charity shop, Pink Trolley in Harleston. Not only do we obviously generate income from the shop, but also it helps us in understanding and meeting the needs of the market town of Harleston. We are grateful for the high quality donations & volunteers who support this. We also run pop up sales in Eye which are proving very successful in fundraising.

Our evaluation of our programs is seeing an average of 75% improvement in scores in terms of confidence, stress management, how to use your skills, problem-solving ability and gaining a sense of direction.

Sometimes words can be more powerful than data as shown in the quotes below

"My confidence has grown; I now have a role. I have a plan & I am working to achieve it"

"Thank you continue with your amazing work"

"I am more confident & resilient. I look at things from different perspectives. My anxiety levels have dropped significantly"

"I am now running my own business"

"Life is good, exciting & I have a real sense of opportunity"

Our makeover days for deserving women are very impactful. They are described by one of the referral partners as "a significant part of rebuilding life & recovery post cancer treatment"

Sustainability

The trustees place a high importance in sustaining the impact of the work we do. We stay in contact with many who come to us. We always say that the door is open and more recently. We have found that Open Door is important to people. on, we have created networks for the alumni of our programs and support this in whatever way we can.

Fundraising activities

We are grateful for those who make donations to our work.

We currently do not receive any grant funding, so our fund-raising activities are very important.

We have a winning support group who are an amazing team who meet monthly. In 2023 we ran another trail. Sit with us ...fantastic benches painted by talented artists. We also organised a Race across Suffolk that was based on the TV show Race across the World. A 2 day race across 10 destinations in Suffolk. It was very successful & will run in 2024. In total we raised £28k, lower than in previous years as we delayed our Fire Challenge & ran it in February 2024.

Financial review

Reserves policy

We continue to ensure we have sufficient funds to allow programs for the conclude. This means we can meet all the commitments of the clients we support. In addition, we hold funds for salary & closure costs. This in total amounts to £50k.

Report of the trustees
for the Year Ended 31 December 2023

Future plans

We have a full program schedule for 2024 and following our pilot leadership programme, we are now running those on an ongoing basis.

We plan to increase the number of makeover days again. Given the importance of the days in a woman's recovery from cancer we have increased our partnerships & work with 6 cancer centres across the region.

We continue to be creative with our fundraising plans with new ideas being piloted in 2024. We hope that we can develop the Pink Trolley charity shop model to help fund our work.

Structure, governance and management

Governing document

The charity is controlled by its governing document, a constitution, and was registered with the Charity Commission as a Foundation CIO on 20 September 2013.

Recruitment and appointment of new trustees

When a new trustee is needed, the trustees will discuss the skills that they would like someone to possess, such as a strong community link or financial skills that will enhance the skill set of the trustees. A meeting will be arranged between the prospective trustees and the trustees who will then make a decision as to who to appoint as a new trustee.

Reference and administrative details

Registered Charity number

1153881

Principal address

13 Castle Street

Eye

IP23 7AN

Trustees

Mrs A S Doolin

Mrs S M Humphrey

Mrs A Ralph

Mrs B McIntyre MBE

Mr A O Sutherland (resigned 17.10.23)

Mr D L Sutherland (appointed 7.11.23)

Independent Examiner

Louise Rogers

Louise Rogers Limited

Columba House

Adastral Park

Martlesham Heath

IP5 3RE

Approved by order of the board of trustees on 23 Aug 2024 and signed on its behalf by:



Mrs B McIntyre MBE - Trustee

Independent examiner's report to the trustees of
The blossom charity cio

Independent examiner's report to the trustees of The Blossom Charity CIO

I report to the charity trustees on my examination of the accounts of The Blossom Charity CIO (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Louise Rogers

Louise Rogers Limited
Columba House
Adastral Park
Martlesham Heath
IP5 3RE

Date: 23 Aug 2024

The Blossom Charity CIO

Statement of financial activities
for the Year Ended 31 December 2023

	Notes	Unrestricted funds £	Restricted funds £	31.12.23 Total funds £	31.12.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		85,582	-	85,582	75,259
Other trading activities	2	68,294	-	68,294	80,063
Investment income	3	4,083	-	4,083	7,029
Other income		4,071	-	4,071	3,712
Total		162,030	-	162,030	166,063
EXPENDITURE ON					
Raising funds	4	24,654	-	24,654	27,030
Charitable activities					
Makeover Day		7,367	-	7,367	-
CBFAS		-	-	-	2,838
General		94,763	9,085	103,848	124,380
Mens Programme		-	850	850	1,963
Womens Programme		1,546	1,955	3,501	1,670
Pink Trolley		32,693	-	32,693	23,811
Other		(1)	-	(1)	-
Total		161,022	11,890	172,912	181,692
NET INCOME/(EXPENDITURE)		1,008	(11,890)	(10,882)	(15,629)
RECONCILIATION OF FUNDS					
Total funds brought forward		160,440	22,176	182,616	198,245
TOTAL FUNDS CARRIED FORWARD		161,448	10,286	171,734	182,616

The notes form part of these financial statements

The Blossom Chanty CIO

Balance sheet
31 December 2023

		Unrestricted funds £	Restricted funds £	31.12.23 Total funds £	31.12.22 Total funds £
	Notes				
FIXED ASSETS					
Intangible assets	7	3,167	-	3,167	1,941
Tangible assets	8	18,567	-	18,567	21,720
		<u>21,734</u>	<u>-</u>	<u>21,734</u>	<u>23,661</u>
CURRENT ASSETS					
Debtors	9	41,821	-	41,821	21,053
Cash at bank and in hand		108,398	10,286	118,684	144,863
		<u>150,219</u>	<u>10,286</u>	<u>160,505</u>	<u>165,916</u>
CREDITORS					
Amounts falling due within one year	10	(10,505)	-	(10,505)	(6,961)
NET CURRENT ASSETS		<u>139,714</u>	<u>10,286</u>	<u>150,000</u>	<u>158,955</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>161,448</u>	<u>10,286</u>	<u>171,734</u>	<u>182,616</u>
NET ASSETS		<u>161,448</u>	<u>10,286</u>	<u>171,734</u>	<u>182,616</u>
FUNDS	11				
Unrestricted funds				161,448	160,440
Restricted funds				10,286	22,176
TOTAL FUNDS				<u>171,734</u>	<u>182,616</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 23 Aug 2024 and were signed on its behalf by:



Mrs B McIntyre MBE - Trustee

The notes form part of these financial statements

Notes to the financial statements
for the Year Ended 31 December 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements of the Charitable Incorporated Organisation, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Intangible fixed assets

This consists of development costs. They are amortised over their expected useful life of 5 years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Motor Vehicles	- 33% reducing balance
Computer Equipment	- 33% on cost
Fixtures and Fittings	- 10% reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the financial statements - continued
for the Year Ended 31 December 2023

2. OTHER TRADING ACTIVITIES

	31.12.23	31.12.22
	£	£
Fundraising events	35,495	49,600
Shop income	32,799	30,463
	<u>68,294</u>	<u>80,063</u>

3. INVESTMENT INCOME

	31.12.23	31.12.22
	£	£
Rents received	<u>4,083</u>	<u>7,029</u>

4. RAISING FUNDS

Raising donations and legacies

	31.12.23	31.12.22
	£	£
Raising funds	8,206	7,102
Cost re donated goods	74	988
Support costs	16,374	18,940
	<u>24,654</u>	<u>27,030</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

A trustee, Mrs A Ralph was paid £2,735 (2022 £1,457) No other trustees were paid or received benefits for either year.

Trustees' expenses

There were no trustees expenses paid for the year ended 31st December 2023 nor for the year ended 31st December 2022.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	75,259	-	75,259
Other trading activities	80,063	-	80,063
Investment income	7,029	-	7,029
Other income	117	3,595	3,712
Total	<u>162,468</u>	<u>3,595</u>	<u>166,063</u>
EXPENDITURE ON			
Raising funds	27,030	-	27,030
Charitable activities			
CBFAS	-	2,838	2,838
General	122,580	1,800	124,380
Mens Programme	-	1,963	1,963
Womens Programme	1,670	-	1,670

Notes to the financial statements - continued
for the Year Ended 31 December 2023

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Pink Trolley	23,811	-	23,811
Total	175,091	6,601	181,692
NET INCOME/(EXPENDITURE)	(12,623)	(3,006)	(15,629)
RECONCILIATION OF FUNDS			
Total funds brought forward	173,063	25,182	198,245
TOTAL FUNDS CARRIED FORWARD	160,440	22,176	182,616

7. INTANGIBLE FIXED ASSETS

	Development costs £
Cost	
At 1 January 2023	3,200
Additions	2,000
At 31 December 2023	5,200
Amortisation	
At 1 January 2023	1,259
Charge for year	774
At 31 December 2023	2,033
Net book value	
At 31 December 2023	3,167
At 31 December 2022	1,941

Notes to the financial statements - continued
for the Year Ended 31 December 2023

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor Vehicles £	Computer equipment £	Totals £
Cost				
At 1 January 2023	24,139	5,995	6,012	36,146
Disposals	(150)	-	-	(150)
At 31 December 2023	23,989	5,995	6,012	35,996
Depreciation				
At 1 January 2023	4,013	5,090	5,323	14,426
Charge for year	2,012	302	689	3,003
At 31 December 2023	6,025	5,392	6,012	17,429
Net book value				
At 31 December 2023	17,964	603	-	18,567
At 31 December 2022	20,126	905	689	21,720

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.23 £	31.12.22 £
Trade debtors	529	-
Other debtors	-	8,694
VAT	122	73
Prepayments and accrued income	41,170	12,286
	41,821	21,053

Included within accrued income is a donation of £32,500 (2022 £nil) from a company of which Mrs B McIntyre MBE is a director.

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.23 £	31.12.22 £
Trade creditors	3,791	741
Other creditors	6,714	6,220
	10,505	6,961

Notes to the financial statements - continued
for the Year Ended 31 December 2023

11. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	160,440	1,008	161,448
Restricted funds			
Property rental	9,750	(1,800)	7,950
Men's programme	3,186	(850)	2,336
High Sheriff	128	(128)	-
Reboot	1,955	(1,955)	-
Programme coordinator fund	7,157	(7,157)	-
	<u>22,176</u>	<u>(11,890)</u>	<u>10,286</u>
TOTAL FUNDS	<u>182,616</u>	<u>(10,882)</u>	<u>171,734</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	162,030	(161,022)	1,008
Restricted funds			
Property rental	-	(1,800)	(1,800)
Men's programme	-	(850)	(850)
High Sheriff	-	(128)	(128)
Reboot	-	(1,955)	(1,955)
Programme coordinator fund	-	(7,157)	(7,157)
	<u>-</u>	<u>(11,890)</u>	<u>(11,890)</u>
TOTAL FUNDS	<u>162,030</u>	<u>(172,912)</u>	<u>(10,882)</u>

Notes to the financial statements - continued
for the Year Ended 31 December 2023

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	173,063	(12,623)	160,440
Restricted funds			
Property rental	11,550	(1,800)	9,750
Men's programme	5,149	(1,963)	3,186
High Sheriff	128	-	128
Reboot	1,955	-	1,955
Programme coordinator fund	6,400	757	7,157
	<u>25,182</u>	<u>(3,006)</u>	<u>22,176</u>
TOTAL FUNDS	<u>198,245</u>	<u>(15,629)</u>	<u>182,616</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	162,468	(175,091)	(12,623)
Restricted funds			
Property rental	-	(1,800)	(1,800)
Men's programme	-	(1,963)	(1,963)
Programme coordinator fund	3,595	(2,838)	757
	<u>3,595</u>	<u>(6,601)</u>	<u>(3,006)</u>
TOTAL FUNDS	<u>166,063</u>	<u>(181,692)</u>	<u>(15,629)</u>

Notes to the financial statements - continued
for the Year Ended 31 December 2023

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	173,063	(11,615)	161,448
Restricted funds			
Property rental	11,550	(3,600)	7,950
Men's programme	5,149	(2,813)	2,336
High Sheriff	128	(128)	-
Reboot	1,955	(1,955)	-
Programme coordinator fund	6,400	(6,400)	-
	25,182	(14,896)	10,286
TOTAL FUNDS	<u>198,245</u>	<u>(26,511)</u>	<u>171,734</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	324,498	(336,113)	(11,615)
Restricted funds			
Property rental	-	(3,600)	(3,600)
Men's programme	-	(2,813)	(2,813)
High Sheriff	-	(128)	(128)
Reboot	-	(1,955)	(1,955)
Programme coordinator fund	3,595	(9,995)	(6,400)
	3,595	(18,491)	(14,896)
TOTAL FUNDS	<u>328,093</u>	<u>(354,604)</u>	<u>(26,511)</u>

Programmes Co-Ordinator fund

This fund was established by a donation for the purpose of covering part of the costs of the charity's programme co-ordinator.

Property Rental fund

This fund was established by a donation to cover future property rental costs of the charity.

Mens Programme

This fund was established by a donation, and is designed to support men to help them live their best lives.

Reboot Programme fund

This fund was established by a donation from The Ropes Trust and is designed to encourage participants to explore the effect of the pandemic on their individual lives.

Notes to the financial statements - continued
for the Year Ended 31 December 2023

11. MOVEMENT IN FUNDS - continued

High Sheriff fund

This fund was established by a donation from The High Sheriff to support the work of the High Sheriff and runs for 1 year only from April 2020.

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

The Blossom Charity CIO

Detailed statement of financial activities for the Year Ended 31 December 2023

	31.12.23 £	31.12.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	75,432	63,995
Gift aid	10,150	9,984
Grants	-	1,280
	<hr/> 85,582	<hr/> 75,259
Other trading activities		
Fundraising events	35,495	49,600
Shop income	32,799	30,463
	<hr/> 68,294	<hr/> 80,063
Investment income		
Rents received	4,083	7,029
Other income		
Restricted Income	350	3,595
Interest Income	721	-
Sale of miscellaneous items	3,000	117
	<hr/> 4,071	<hr/> 3,712
Total incoming resources	<hr/> 162,030	<hr/> 166,063
EXPENDITURE		
Raising donations and legacies		
Raising funds	8,206	7,102
Cost re donated goods	74	988
	<hr/> 8,280	<hr/> 8,090
Charitable activities		
Materials purchased	206	280
Hexagon costs	2,724	1,248
Programme costs	64,967	67,090
Makeover Day	7,367	19,778
Blossom Development Programmes	14,824	18,206
M.B.T.I	1,116	1,544
Mens Programme costs	850	1,963
Confidence Programme costs	3,501	1,670
Supervision	900	930
Alitus Programme costs	-	1,515
Rent of premises	15,200	14,300
Pink Trolley shared costs	30,064	20,379
Other Pink Trolley costs	2,629	3,432
	<hr/> 144,348	<hr/> 152,335

This page does not form part of the statutory financial statements

The Blossom Charity CIO

Detailed statement of financial activities
for the Year Ended 31 December 2023

	31.12.23 £	31.12.22 £
Support costs		
Management		
Rates and water	915	1,027
Insurance	882	847
Light and heat	3,730	3,809
Telephone	1,431	1,103
Postage and stationery	1,948	1,639
Advertising	350	465
Sundries	4	1,727
Subscriptions	490	283
Travel	195	315
Entertainment	103	-
Repairs & renewals	187	394
Cleaning	1,306	146
Vehicle exps	561	693
Depn of fixtures & fittings	2,013	2,072
Depn of motor vehicles	302	452
Depn of computer equipment	689	1,654
Depn of website	774	640
	<hr/> 15,880	<hr/> 17,266
 Finance		
Bank charges	974	913
Computer costs	293	761
	<hr/> 1,267	<hr/> 1,674
 Governance costs		
Accountancy fees	1,890	2,262
Legal fees	1,098	-
Book-keeping software	149	65
	<hr/> 3,137	<hr/> 2,327
 Total resources expended	<hr/> 172,912	<hr/> 181,692
 Net expenditure	<hr/> (10,882)	<hr/> (15,629)

This page does not form part of the statutory financial statements