

Report of the trustees and

Unaudited financial statements for the year ended 31 December 2022

For

The Blossom Charity CIO

Louise Rogers Limited  
Columba House  
Adastral Park  
Martlesham Heath  
IP5 3RE

Contents of the financial statements  
for the Year Ended 31 December 2022

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Financial Statements	7 to 13
Detailed Statement of Financial Activities	14 to 15

## The Blossom Charity CIO

### Report of the trustees for the Year Ended 31 December 2022

The trustees present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Objectives and activities**

##### **Objectives and aims**

The Blossom Charity is a Charitable Incorporated Organisation (CIO) aimed at developing, educating and assisting with the employability of individuals of the socially and economically disadvantaged. The charity's objectives includes, but is not limited to, the education and training of individuals, developing inter-personal skills and dealing with individuals who may be suffering from a wide spectrum of difficulties such as learning difficulties, a lack of means and/or individual hardship.

The charity has developed a number of new programmes that are overseen and reviewed by the Trustees.

##### **Public benefit**

The Trustees confirm that they have complied with the duty to have due regard to public benefit guidance issued by the Charity Commission in determining the activities undertaken by the charity.

##### **Volunteers**

We have over 100 volunteers who support us and much of our work. Would it be possible without them? We have appointed a leader who helps find and support our volunteers. We hope the opportunity to volunteer for us pays back in many ways in terms of support given, the reward of the appreciation of others, and enjoying being part of impactful activities.

Report of the trustees  
for the Year Ended 31 December 2022

**Achievement and performance**

**Charitable activities**

The focus as a charity has continued to be in line with our charitable objects. We work with women and men of all ages facing rural isolation, on a low income or unemployed. We continue to help start or grow micro businesses, and to teach the skills of the business world. In 2022, we continued to develop our work supporting leaders of charities. And this continues to increase our reach and impact.

We redesigned many of our programs this year to meet the needs of the community we support

2022 continued the pattern of having to do amount of rescheduling, redesigning, and adapting, and finding ways to support our community.

We managed to conclude three programs, the Men's, Confidence & our flagship Blossom program. In addition, there are three in progress.

Our flagship program for Blossom was fully redesigned and the new charity leaders program run at Greenlight Trust achieved great impact.

2022 saw an increased use of the outdoors to run our programs. We partner with Greenlight Trust and Suffolk Wildlife Trust in order to do this. We find outdoors space fantastic for development and training

In 2022, we opened our first charity shop, the Pink Trolley in Harleston. It has started well and we hope to be able to open more in 2023. Not only do we obviously generate income from the shop, but also it helps us in understanding and meeting the needs of the market town of Harleston.

Our evaluation of our programs is seeing a minimum of a 60% improvement in scores in terms of confidence, stress management, how to use your skills, problem-solving ability and gaining a sense of direction.

Sometimes words can be more powerful than data as shown in the quotes below

"Thank you, what you have done is invaluable, the change has been recognised in me by many"

"A huge, thank you for the team. You all put a lot of time effort and hard work into what you do. You have helped so many people and helped us change our lives."

"I can't thank you enough for all you have done for me and introduced me to. I feel that anything is possible"

**Sustainability**

The trustees place a high importance in sustaining the impact of the work we do. We stay in contact with many who come to us. We always say that the door is open and more recently we have found that Open Door is important to people. on, we have created networks for the alumni of our programs and support this in whatever way we can.

**Fundraising activities**

We are grateful for those who make donations to our work.

We currently do not receive any grant funding, so our fund-raising activities are very important.

We have a winning support group who are an amazing team who meet monthly. In 2022 our Piggy Tail Trial, a Conquer The Cold event in partnership with the Forge Community Church, an auction of promises, a ceilidh & a Mill To Mill swim raised over £40,000.

**Financial review**

**Reserves policy**

We continue to ensure we have sufficient funds to allow programs for the committee timeframe. This means we can meet all the commitments of the clients we support.

## The Blossom Charity CIO

### Report of the trustees for the Year Ended 31 December 2022

#### **Future plans**

We have a full program schedule for 2023 and following our pilot programs supporting charities. We are now running those on an ongoing basis.

We plan to increase the number of makeover days again. Given the importance of the days in a woman's recovery from cancer.

We continue to be creative with our fundraising plans. With new ideas being piloted in 2023. We hope that we can develop the Pink trolley charity shop model to help fund our work.

#### **Structure, governance and management**

##### **Governing document**

The charity is controlled by its governing document, a constitution, and was registered with the Charity Commission as a Foundation CIO on 20 September 2013.

##### **Recruitment and appointment of new trustees**

When a new trustee is needed, the trustees will discuss the skills that they would like someone to possess, such as a strong community link or financial skills that will enhance the skill set of the trustees. A meeting will be arranged between the prospective trustees and the trustees who will then make a decision as to who to appoint as a new trustee.

#### **Reference and administrative details**

##### **Registered Charity number**

1153881

##### **Principal address**

13 Castle Street  
Eye  
IP23 7AN

##### **Trustees**

Mrs A S Doolin  
Mrs S M Humphrey  
Mrs A Ralph  
Mrs B McIntyre MBE  
Mr A O Sutherland

##### **Independent Examiner**

Louise Rogers  
Louise Rogers Limited  
Columba House  
Adastral Park  
Martlesham Heath  
IP5 3RE

Approved by order of the board of trustees on 30-10-23 and signed on its behalf by:



.....  
Mrs B McIntyre MBE - Trustee

Independent examiner's report to the trustees of  
The blossom charity cio

**Independent examiner's report to the trustees of The Blossom Charity CIO**

I report to the charity trustees on my examination of the accounts of The Blossom Charity CIO (the Trust) for the year ended 31 December 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Louise Rogers

Louise Rogers Limited  
Columba House  
Adastral Park  
Martlesham Heath  
IP5 3RE

Date: .....31.10.2023.....

The Blossom Charity CIO

Statement of financial activities  
for the Year Ended 31 December 2022

	Notes	Unrestricted funds £	Restricted funds £	31.12.22 Total funds £	31.12.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		75,259	-	75,259	84,404
Other trading activities	2	80,063	-	80,063	91,245
Investment income	3	7,029	-	7,029	6,667
Other income		117	3,595	3,712	10,210
<b>Total</b>		<b>162,468</b>	<b>3,595</b>	<b>166,063</b>	<b>192,526</b>
<b>EXPENDITURE ON</b>					
Raising funds	4	27,030	-	27,030	18,024
<b>Charitable activities</b>					
CBFAS		-	2,838	2,838	-
General		122,580	1,800	124,380	23,219
Mens Programme		-	1,963	1,963	10,528
Deserving Women		-	-	-	9,061
Womens Programme		1,670	-	1,670	70,094
Pink Trolley		23,811	-	23,811	-
<b>Total</b>		<b>175,091</b>	<b>6,601</b>	<b>181,692</b>	<b>130,926</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(12,623)</b>	<b>(3,006)</b>	<b>(15,629)</b>	<b>61,600</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		173,063	25,182	198,245	136,645
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>160,440</b>	<b>22,176</b>	<b>182,616</b>	<b>198,245</b>

The notes form part of these financial statements

The Blossom Charity CIO

Balance sheet  
31 December 2022

	Notes	Unrestricted funds £	Restricted funds £	31.12.22 Total funds £	31.12.21 Total funds £
<b>FIXED ASSETS</b>					
Intangible assets	7	1,941	-	1,941	2,581
Tangible assets	8	21,719	-	21,719	15,157
		<u>23,660</u>	<u>-</u>	<u>23,660</u>	<u>17,738</u>
<b>CURRENT ASSETS</b>					
Debtors	9	21,053	-	21,053	22,520
Cash at bank and in hand		122,687	22,176	144,863	162,425
		<u>143,740</u>	<u>22,176</u>	<u>165,916</u>	<u>184,945</u>
<b>CREDITORS</b>					
Amounts falling due within one year	10	(6,960)	-	(6,960)	(4,438)
<b>NET CURRENT ASSETS</b>		<u>136,780</u>	<u>22,176</u>	<u>158,956</u>	<u>180,507</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>160,440</u>	<u>22,176</u>	<u>182,616</u>	<u>198,245</u>
<b>NET ASSETS</b>		<u>160,440</u>	<u>22,176</u>	<u>182,616</u>	<u>198,245</u>
<b>FUNDS</b>	11				
Unrestricted funds				160,440	173,063
Restricted funds				22,176	25,182
<b>TOTAL FUNDS</b>				<u>182,616</u>	<u>198,245</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 30.10.2023 and were signed on its behalf by:

  
Mrs B McIntyre MBE - Trustee

The notes form part of these financial statements

Notes to the financial statements  
for the Year Ended 31 December 2022

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements of the Charitable Incorporated Organisation, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Intangible fixed assets**

This consists of development costs. They are amortised over their expected useful life of 5 years.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Motor Vehicles	- 33% reducing balance
Computer Equipment	- 33% on cost
Fixtures and Fittings	- 10% reducing balance

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the financial statements - continued  
for the Year Ended 31 December 2022

**2. OTHER TRADING ACTIVITIES**

	31.12.22	31.12.21
	£	£
Fundraising events	49,600	90,749
Shop income	30,463	496
	<u>80,063</u>	<u>91,245</u>

**3. INVESTMENT INCOME**

	31.12.22	31.12.21
	£	£
Rents received	<u>7,029</u>	<u>6,667</u>

**4. RAISING FUNDS**

**Raising donations and legacies**

	31.12.22	31.12.21
	£	£
Raising funds	7,102	5,841
Cost re donated goods	988	-
Support costs	18,940	12,183
	<u>27,030</u>	<u>18,024</u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees remuneration or other benefits for the year ended 31st December 2022 nor for the year ended 31st December 2021.

**Trustees' expenses**

There were no trustees expenses paid for the year ended 31st December 2022 nor for the year ended 31st December 2021.

**6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	84,404	-	84,404
Other trading activities	91,245	-	91,245
Investment income	6,667	-	6,667
Other income	1	10,209	10,210
<b>Total</b>	<u>182,317</u>	<u>10,209</u>	<u>192,526</u>
<b>EXPENDITURE ON</b>			
Raising funds	18,024	-	18,024
<b>Charitable activities</b>			
General	16,515	6,704	23,219
Mens Programme	6,607	3,921	10,528
Deserving Women	9,061	-	9,061
Womens Programme	70,094	-	70,094

Notes to the financial statements - continued  
for the Year Ended 31 December 2022

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
<b>Total</b>	120,301	10,625	130,926
<b>NET INCOME/(EXPENDITURE)</b>	62,016	(416)	61,600
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	111,047	25,598	136,645
<b>TOTAL FUNDS CARRIED FORWARD</b>	173,063	25,182	198,245

7. INTANGIBLE FIXED ASSETS

	Development costs £
<b>Cost</b>	
At 1 January 2022 and 31 December 2022	3,200
<b>Amortisation</b>	
At 1 January 2022	619
Charge for year	640
At 31 December 2022	1,259
<b>Net book value</b>	
At 31 December 2022	1,941
At 31 December 2021	2,581

Notes to the financial statements - continued  
for the Year Ended 31 December 2022

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor Vehicles £	Computer equipment £	Totals £
<b>Cost</b>				
At 1 January 2022	13,397	5,995	6,012	25,404
Additions	10,741	-	-	10,741
At 31 December 2022	24,138	5,995	6,012	36,145
<b>Depreciation</b>				
At 1 January 2022	1,940	4,638	3,669	10,247
Charge for year	2,073	452	1,654	4,179
At 31 December 2022	4,013	5,090	5,323	14,426
<b>Net book value</b>				
At 31 December 2022	20,125	905	689	21,719
At 31 December 2021	11,457	1,357	2,343	15,157

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.22 £	31.12.21 £
Trade debtors	-	784
Other debtors	8,694	-
VAT	73	-
Prepayments and accrued income	12,286	21,736
	21,053	22,520

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.22 £	31.12.21 £
Trade creditors	740	1,918
Other creditors	6,220	2,520
	6,960	4,438

Notes to the financial statements - continued  
for the Year Ended 31 December 2022

**11. MOVEMENT IN FUNDS**

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
<b>Unrestricted funds</b>			
General fund	173,063	(12,623)	160,440
<b>Restricted funds</b>			
Property rental	11,550	(1,800)	9,750
Men's programme	5,149	(1,963)	3,186
High Sheriff	128	-	128
Reboot	1,955	-	1,955
Programme coordinator fund	6,400	757	7,157
	<u>25,182</u>	<u>(3,006)</u>	<u>22,176</u>
<b>TOTAL FUNDS</b>	<u>198,245</u>	<u>(15,629)</u>	<u>182,616</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	162,468	(175,091)	(12,623)
<b>Restricted funds</b>			
Property rental	-	(1,800)	(1,800)
Men's programme	-	(1,963)	(1,963)
Programme coordinator fund	3,595	(2,838)	757
	<u>3,595</u>	<u>(6,601)</u>	<u>(3,006)</u>
<b>TOTAL FUNDS</b>	<u>166,063</u>	<u>(181,692)</u>	<u>(15,629)</u>

**Comparatives for movement in funds**

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
<b>Unrestricted funds</b>			
General fund	111,047	62,016	173,063
<b>Restricted funds</b>			
Property rental	13,350	(1,800)	11,550
Men's programme	9,070	(3,921)	5,149
High Sheriff	1,223	(1,095)	128
Reboot	1,955	-	1,955
Programme coordinator fund	-	6,400	6,400
	<u>25,598</u>	<u>(416)</u>	<u>25,182</u>
<b>TOTAL FUNDS</b>	<u>136,645</u>	<u>61,600</u>	<u>198,245</u>

Notes to the financial statements - continued  
for the Year Ended 31 December 2022

**11. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	182,317	(120,301)	62,016
<b>Restricted funds</b>			
Property rental	-	(1,800)	(1,800)
Men's programme	-	(3,921)	(3,921)
High Sheriff	-	(1,095)	(1,095)
Programme coordinator fund	10,209	(3,809)	6,400
	<u>10,209</u>	<u>(10,625)</u>	<u>(416)</u>
<b>TOTAL FUNDS</b>	<u>192,526</u>	<u>(130,926)</u>	<u>61,600</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21 £	Net movement in funds £	At 31.12.22 £
<b>Unrestricted funds</b>			
General fund	111,047	49,393	160,440
<b>Restricted funds</b>			
Property rental	13,350	(3,600)	9,750
Men's programme	9,070	(5,884)	3,186
High Sheriff	1,223	(1,095)	128
Reboot	1,955	-	1,955
Programme coordinator fund	-	7,157	7,157
	<u>25,598</u>	<u>(3,422)</u>	<u>22,176</u>
<b>TOTAL FUNDS</b>	<u>136,645</u>	<u>45,971</u>	<u>182,616</u>

Notes to the financial statements - continued  
for the Year Ended 31 December 2022

**11. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	344,785	(295,392)	49,393
<b>Restricted funds</b>			
Property rental	-	(3,600)	(3,600)
Men's programme	-	(5,884)	(5,884)
High Sheriff	-	(1,095)	(1,095)
Programme coordinator fund	13,804	(6,647)	7,157
	<u>13,804</u>	<u>(17,226)</u>	<u>(3,422)</u>
<b>TOTAL FUNDS</b>	<u>358,589</u>	<u>(312,618)</u>	<u>45,971</u>

**Programmes Co-Ordinator fund**

This fund was established by a donation for the purpose of covering part of the costs of the charity's programme co-ordinator.

**Property Rental fund**

This fund was established by a donation to cover future property rental costs of the charity.

**Mens Programme**

This fund was established by a donation, and is designed to support men to help them live their best lives.

**Reboot Programme fund**

This fund was established by a donation from The Ropes Trust and is designed to encourage participants to explore the effect of the pandemic on their individual lives.

**High Sheriff fund**

This fund was established by a donation from The High Sheriff to support the work of the High Sheriff and runs for 1 year only from April 2020.

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 December 2022.

The Blossom Charity CIO

Detailed statement of financial activities  
for the Year Ended 31 December 2022

	31.12.22 £	31.12.21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	63,995	53,862
Gift aid	9,984	9,851
Grants	1,280	20,691
	<hr/>	<hr/>
	75,259	84,404
<b>Other trading activities</b>		
Fundraising events	49,600	90,749
Shop income	30,463	496
	<hr/>	<hr/>
	80,063	91,245
<b>Investment income</b>		
Rents received	7,029	6,667
<b>Other income</b>		
Restricted Income	3,595	10,209
Interest Income	-	1
Sale of miscellaneous items	117	-
	<hr/>	<hr/>
	3,712	10,210
<b>Total incoming resources</b>	<hr/>	<hr/>
	166,063	192,526
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Raising funds	7,102	5,841
Cost re donated goods	988	-
	<hr/>	<hr/>
	8,090	5,841
<b>Charitable activities</b>		
Materials purchased	280	357
Hexagon costs	1,248	4,740
Programme costs	67,090	55,739
Makeover Day	19,778	8,538
Blossom Development Programmes	18,206	15,198
M.B.T.I	1,544	4,286
Mens Programme costs	1,963	3,921
Bloomers Programme costs	-	1,313
Confidence Programme costs	1,670	3,608
Supervision	930	889
High Sheriff costs	-	1,095
Alitus Programme costs	1,515	1,253
Rent of premises	14,300	9,800
Carried forward	128,524	110,737

This page does not form part of the statutory financial statements

The Blossom Charity CIO

Detailed statement of financial activities  
for the Year Ended 31 December 2022

	31.12.22 £	31.12.21 £
<b>Charitable activities</b>		
Brought forward	128,524	110,737
Pink Trolley shared costs	20,379	-
Other Pink Trolley costs	3,432	-
	<hr/> 152,335	<hr/> 110,737
<b>Support costs</b>		
<b>Management</b>		
Rates and water	1,027	331
Insurance	847	1,155
Light and heat	3,809	2,001
Telephone	1,103	584
Postage and stationery	1,639	965
Advertising	465	-
Sundries	1,727	516
Subscriptions	283	740
Travel	315	-
Repairs & renewals	394	279
Cleaning	146	121
Vehicle exps	693	1,056
Fixtures and fittings	2,072	1,292
Motor vehicles	452	668
Computer equipment	1,654	1,154
Depn of website	640	619
	<hr/> 17,266	<hr/> 11,481
<b>Finance</b>		
Bank charges	913	-
Computer costs	761	702
	<hr/> 1,674	<hr/> 702
<b>Governance costs</b>		
Accountancy fees	2,262	2,040
Book-keeping software	65	125
	<hr/> 2,327	<hr/> 2,165
Total resources expended	<hr/> 181,692	<hr/> 130,926
<b>Net (expenditure)/income</b>	<hr/> <hr/> (15,629)	<hr/> <hr/> 61,600

This page does not form part of the statutory financial statements