

CHEXS

England & Wales · Charity number 1153769

Details

Other names	(CHEXS), CHEXS CIO
Status	Registered
Legal form	CIO
Registered	2013-09-11
Register	View on the Charity Commission register

Contact

Address	Theobalds Enterprise Centre Theobalds Business Park Platinum Way Cheshunt Waltham Cross Hertford
Phone	07974262875
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Website	www.chexs.co.uk

Activities

Objects: TO ADVANCE EDUCATION FOR THE PUBLIC BENEFIT BY THE PROVISION OF EDUCATIONAL SERVICES, EXTRA-CURRICULAR ACTIVITIES, EXTENDED SERVICES FOR THE BENEFIT OF THE FAMILIES AND COMMUNITIES OF CHESHUNT AND THE SURROUNDING AREA AND THE PROVISION OF FAMILY SUPPORT.TO SUPPORT SOCIAL INCLUSION & SOCIAL MOBILITY FOR THE BENEFIT OF CHILDREN, YOUNG PEOPLE, FAMILIES AND COMMUNITIES THROUGH THE PROVISION OF INNOVATIVE SERVICES AND ACTIVITIES SUPPORTING PEOPLE'S WELLBEING, HELPING RAISE ASPIRATIONS AND LIFE CHANCES

Activities: CHEXS utilises a unique model to build strong families that contribute to a thriving community. By working with the whole family, CHEXS helps parents or carers build strong, positive relationships and trust with their children. We also coach children and young people through a variety of innovative projects designed to build self-esteem, teamwork, problem-solving and tangible skills.

Classification

- **How:** Provides Services
- **What:** Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Essex
- Hertfordshire
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£592,450	£539,643	£198,595	14
2024-08-31	£485,759	£480,713	-	-
2023-08-31	£417,286	£439,545	-	-
2022-08-31	£389,918	£363,018	-	-
2021-08-31	£344,227	£311,123	-	-

Trustees

Name	Role	Appointed
ANTHONY GORTON	Chair	2013-08-01
Benjamin Booth		2019-03-01
Jessica Hewitt		2024-03-18
Julie Cottenden		2024-03-18
Kerry Jane Laffar		2019-02-01
PAUL NICHOLAS SEEBY		2016-06-21
Patricia Spears		2024-03-18
SHEILA FARMER		2013-08-01
Sarah Goldsmith		2016-06-21

CHEXS

England & Wales - Charity number 1153769

Accounts

Charity registration number 1153769 (England and Wales)

CHEXS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2025

CHEXS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

A. Gorton
S. Farmer
P. Seeby
S. Goldsmith
B. Booth
K. Laffar
J. Cottenden
P. Spears
J. Hewitt

Patron

Dame Alison Peacock

CEO

P. Maiden

Charity number

1153769

Principal address

Theobalds Enterprise Centre
Theobalds Business Park
Innovation Place
Platinum Way
Cheshunt
Waltham Cross
EN8 8YD

Independent examiner

John Wilson FCA ATII
Howard Wilson Chartered Accountants
36 Crown Rise
Watford
Hertfordshire
WD25 0NE

CHEXS

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CHEXS

CHAIRPERSON FOREWORD

'Wherever there is a human being, there is an opportunity for a kindness.' Lucius Annaeus Seneca

Did you know that the word 'charity' comes from the Latin word, 'caritas' which means love? And I'm sure that you have heard the phrase 'charity begins at home.'?

This phrase is often attributed to 17th century writer Thomas Fuller, but the saying is actually a centuries old observation that learning how to care for all members of society at home encourages us to apply it elsewhere.

However, Fuller's meaning is often misinterpreted today. He didn't mean that we should only help those near to us...absolutely not! His full text states: 'Charity begins at home, but should not end there.'

In other words, we should nurture a sense of compassion and generosity in our relationships with those around us, but we should then work to extend that compassion and generosity to everyone in need in the wider world.

In my humble opinion, CHEXs is the epitome of Fuller's 'full quote'; our mission: 'to create a trusting and honest environment to inspire the next generation' is underpinned by our holistic approach through which we strive to ensure that every member of our local community/family is recognised and respected as an individual with infinite potential...as someone who can make a valued contribution to the common good.

Towards this aim, on 17th July 2025, the UK government launched the 'Civil Society Covenant', outlining a new way of working that puts people and communities at the heart of decision making; the Covenant sets out how civil society and public bodies will work together at both national and local level in the future, to design policy that works for everyone. While also marking a commitment to improve collaboration across wider public bodies in health, local government and the justice system.

Quite simply, this is music to our ears at CHEXs since this is what we have been doing for the last 14 years as we focus on those members of our local community (our 'family') in need of help and support; we see this as a collective responsibility, often involving a wide variety of organisations/agencies as part of our holistic approach.

A key factor in the success of our approach is that CHEXs is not a 'sticking plaster' solution...it is so much more than that...it goes much deeper; as you read through this wonderful annual report, you will clearly see through the data provided and within every 'story'.

As Saskia Konynenburg [(The National Council for Voluntary Organisations (NCVO) Executive Director] states:

'The voluntary sector is vital to the fabric of a fair and equal society...the government has recognised the crucial role our sector [(NCVO)] plays in achieving that. The Civil Society Covenant lays out the ambition for how we put people and communities back at the heart of decision making and lays a roadmap for a relationship where true lived experience forms the basis of designing good government policy.'

'Hoorah!' say all of us at CHEXs!

I began with a quote from Mark Twain...and if you have read previous CHEXs annual reports...you'll know that I love a quote!

And what better way to conclude than with a quote from Anne Frank, whose 'charity' most certainly extended beyond her own situation and provides 'food for thought' for us all:

'How wonderful it is that nobody need wait a single moment before starting to improve the world.' Anne Frank



A. Gorton
Chairperson

Dated: 3 November 2025

CHEXS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 AUGUST 2025

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CHEXS

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 AUGUST 2025

The trustees present their annual report and financial statements for the year ended 31 August 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

Who are CHEXS and what do we do?

CHEXS is an award-winning youth and family support charity based in Waltham Cross, Hertfordshire — one of the county's most deprived and ethnically diverse areas. Our purpose is to empower disadvantaged young people to reach their potential and to support families facing significant challenges.

We work with 11 local primary schools and 2 secondary schools who refer children to us when they are not achieving their potential and when underlying issues at home are suspected. By addressing root causes such as poverty, family stress, and poor mental health, we help children build aspirations and self-esteem while enabling parents to strengthen relationships and parenting skills.

CHEXS Vision, Mission and Values

Vision

CHEXS' vision is to be a sustainable and resilient organisation that helps families through difficult times, transforms lives by nurturing resilience, inspires hope, and provides opportunities for children and parents to thrive.

Family Support Mission

Our support helps parents develop stronger family relationships by building parenting confidence, improving communication, and tackling challenges such as financial stress, housing, and mental health.

Young People Support Mission

Our approach creates a trusting and positive environment where young people can set goals, build resilience and self-esteem, and discover their strengths through challenging projects and teamwork.

Values

- **Community** – We aim to create a united community working together to improve our local area.
- **Homes** – Supporting families to build happier home lives with better communication and stronger relationships.
- **Enrichments** – Engaging children and young people in positive activities that raise self-esteem, improve relationships, and develop life skills.
- **Xtra-mile** – Always going above and beyond to support families.
- **Support** – Providing a dedicated, enthusiastic, professional, and inclusive service for all families in the local community.

CHEXS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

Strategies for achieving aims and objectives

The Strategic Business Plan: Purpose and Objectives

Our five-year Strategic Plan (2024–2029) sets out ambitious but achievable goals to support over 600 children and young people and 345 families. It was developed through a three-month review of our Vision, Mission, Values, and strategic outcomes, culminating in a focus day in March 2024.

The plan is structured around **five key outcomes** and delivered through three core strategies:

1. **Growth Strategy** – Expanding reach, building partnerships, and ensuring succession planning.
2. **Marketing Strategy** – Strengthening visibility, stakeholder engagement, and community profile.
3. **Service Strategy** – Maintaining high-quality delivery while adapting to emerging needs.

Key Strengths

- **Whole Family Approach** – Supporting both children and parents together to address root causes.
- **Strong Culture of Support** – A cohesive team working collaboratively with beneficiaries and stakeholders.
- **Trusted Partnerships** – Longstanding relationships with schools, housing associations, and local authorities.
- **Commitment to Mental Health and Resilience** – Supporting wellbeing through tailored interventions.
- **Flexibility and Innovation** – Adapting services quickly to meet changing needs and going the extra mile for families.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Community Impact and Engagement

CHEXS has been embedded in the local community for over a decade. We take pride in our reputation for trust and reliability. In 2024–25, we continued to deliver our **Children & Young People GROWTH Programme** and **Family Support Services**, alongside new initiatives co-designed with partners to address emerging needs.

We are extremely grateful to our stakeholders, partner agencies, funders, and trusts and foundations that have supported CHEXS over the last 12 months.

CHEXS' whole-family approach has supported **507** disadvantaged and underperforming school-age children this year, helping to build their aspirations, self-esteem, and wellbeing. Alongside this, our team has worked with **156** disadvantaged families, supporting parents to strengthen family relationships, improve parenting confidence, and manage their children's behaviour more effectively.

The team has also supported and worked with:

- a. Providing afterschool and holiday support to **265** disadvantaged young people (**170** afterschool and **95** holiday), helping to build aspirations, self-esteem, and wellbeing
- b. Providing one-to-one and small group coaching to **113** children and young people.
- c. Issuing **132** foodbank vouchers to families.
- d. Securing emergency support for **161** families through food and fuel vouchers, helping them to keep their homes supplied with energy and essentials.
- e. Training **405** professionals including **361** in safeguarding, **23** in basic first aid, and **21** in paediatric first aid.
- f. Running **19** Real Talk sessions with **59** attendees, providing peer-to-peer support and expert input.
- g. Delivering **26** family craft sessions, attended by **143** families (**407** individual attendances)
- h. Supporting around **3,000** family members through our Easter and Summer Fun Days.

All families supported had children struggling to achieve their potential due to complex challenges at home or in school.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

Parent Quotes

"Thank you so much, that is beyond lovely to hear. I can't thank you guys enough for helping and including #####. His confidence has really grown this year. He's really enjoyed being included in this. He said he's asked to do it next year too but not sure if they will allow it. It's taken him out of his comfort zone and made him try things he would normally shy away from. I can see his confidence has grown talking to people too, children and adults. I am really grateful to you guys thank you."

"Truly your words, support, love and encouragement mean so much and what you say is spot on - we just need reminding sometimes. thank you for being a part of my journey and for your genuine pure heart too - I see the warrior in you to and it's inspiring and encouraging too. I'm so grateful"

Children Quotes

"I like CHEXS because it's fun. It helps me to calm down. CHEXS has made me more confident because it made me speak up more. I love the CHEXS activities and it has made me work with people that I wouldn't get to work with. I've made friends in CHEXS. CHEXS is 10/10."

Young People Quotes

"I found today very interesting as we learnt lots of new things especially at the nature centre. Being outside helps my mind to relax."

"I think this session really made me feel better about myself, I feel like if I had someone to talk to privately when I needed to would help a lot."

"Chexs has helped me improve how I handle my emotions and realising that if I feel wronged, I can regulate my emotions and respond after I've calmed down."

Achievements and performance

Significant activities and achievements against objectives

How CHEXS Responded to the Increased Demand Over the Last 12 Months

The cost-of-living crisis and increased school referrals meant demand for CHEXS' services rose again in 2024–25. Families continued to face food and fuel poverty, mental health struggles, and housing insecurity.

CHEXS responded by:

- Providing 1:1, face-to-face emotional and practical support in schools, homes, cafés, and community venues.
- Offering easy-to-access online support through social media, blogs, and "top tips," ensuring families stay connected to help and advice.
- Delivering specialist parent workshops on Emotionally Based School Avoidance, Parenting a Child with SEN, Boundaries/Routines/Behaviour, Identifying Early Signs of SEN, and SEND "Lunch and Learn" sessions.
- Running Real Talk, giving parents a voice in shaping services and the opportunity to learn from peers and visiting organisations (SPACE, B3 Living, Safer Places, NHS services, and local employment support).
- Supporting families to co-produce events, with growing involvement from Parent Champions.
- Offering **38** community volunteering opportunities for young people, parents, and local residents.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

Key achievements have been:

- Responding to referrals where the most common issues for young people were **emotional wellbeing (32%), confidence (28%), behaviour (19%), and risk-taking (13%)**.
- Seeing a continued rise in young people with special educational needs (134 in 2024–25 vs 122 last year, +10% a **43% increase in the last 2 years**).
- Delivering the GROWTH project to **242** young people, helping them develop resilience, leadership, and aspirations.
- Supporting **170** children in afterschool leadership activities.
- Engaging **95** children in holiday projects (**46** through CHEXS and **49** through the HAPpy programme).
- Supporting **21** young people through *My Life* projects aimed at reducing risky behaviour.
- Helping **28** young people transition successfully into secondary school.
- Offering families of young people in GROWTH additional support, with **84** parents completing questionnaires showing strong improvements across communication, relationships, and parenting confidence.
- Delivering Time for You sessions attended by **363** adults, tackling loneliness and isolation.

Outcomes

More often than not, the challenges faced by the young people we work with are related to issues at home. CHEXS therefore provides holistic family support alongside work with children and young people.

Outcomes achieved by parents (n=84 questionnaires):

- 87% improved communication with their children
- 88% felt more confident in their parenting skills
- 68% reported improved relationships with their children
- 86% found better ways to cope with behaviour
- 67% felt more effective at supporting learning
- 95% said CHEXS helped them access wider support (housing, debt, SEND)
- 97% felt supported throughout their time working with CHEXS

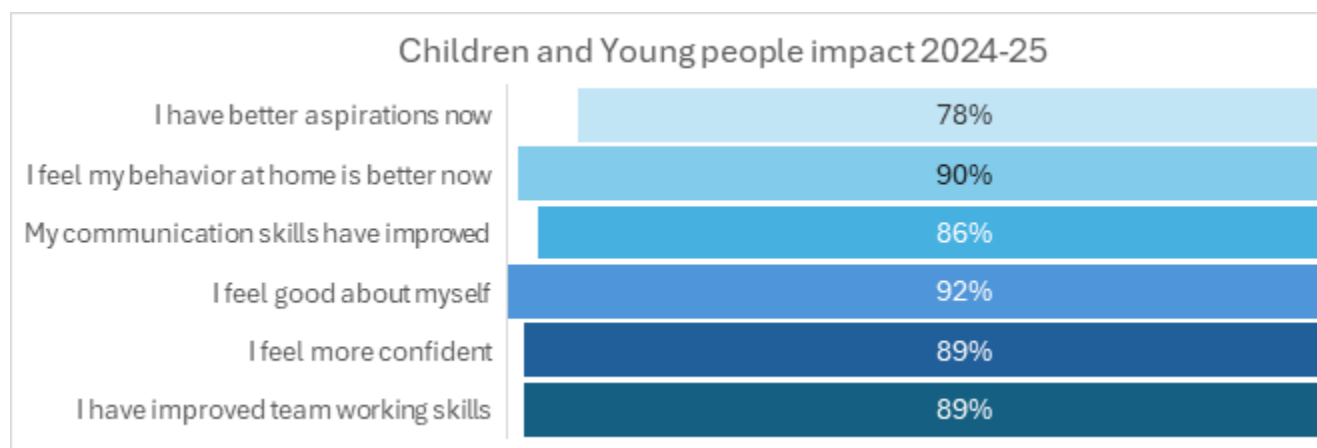
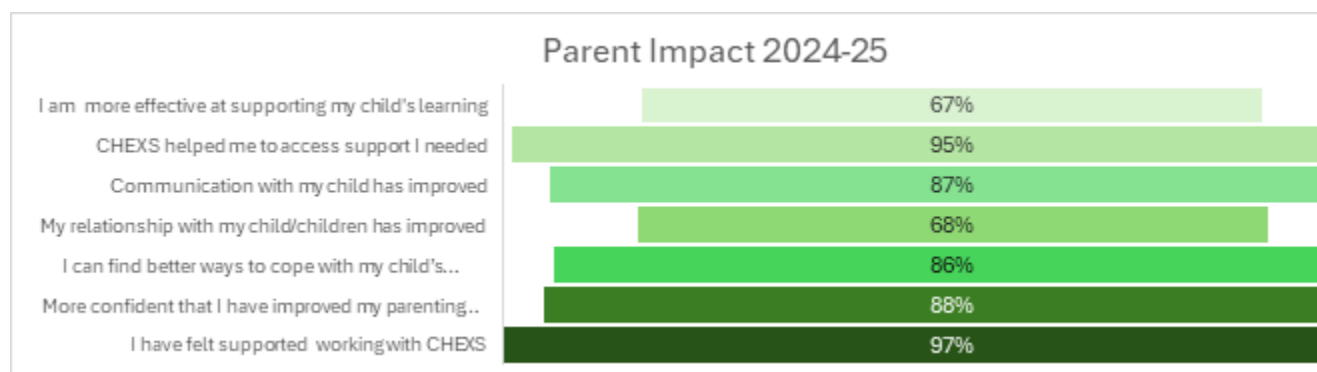
Outcomes achieved by children & young people (n=243 questionnaires):

- 92% said they feel good about themselves
- 89% said they feel more confident
- 95% reported following school rules better
- 90% said their behaviour at home improved
- 86% said their communication skills improved
- 85% improved problem-solving skills
- 86% improved leadership skills
- 92% felt proud of their achievements
- 76% said they could manage their emotions better
- 89% improved teamworking skills
- 84% improved independent working
- 95% said they got on better with friends

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025



Quotes from Schools

Alongside capturing outcomes data and case studies from parents, we also ask schools making referrals to provide feedback:

"The pupils at Flamstead End School have really enjoyed taking part. In the Growth Programme and the afterschool interventions. Taking part in these interventions has seen a marked improvement in their self-confidence and given them the opportunity to engage in activities they would not otherwise have experienced. There is also the massive benefit of Karen and the rest of the team who can offer a friendly face to our pupils transitioning into secondary school. Thank you to the whole of CHEXS for the support you offer to our families, it does make a massive difference to all that have been supported."

Fundraising practices

Community Events

Throughout the year, CHEXS held community events that brought families together, built relationships, and provided affordable fun for those struggling financially. In addition to our Easter and Summer Fun Days, we also ran seasonal activities such as wreath workshops.

CHEXS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

Fundraising performance



CHEXS

TRUSTEES' REPORT (CONTINUED) *FOR THE YEAR ENDED 31 AUGUST 2025*



CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

Financial review

CHEXS proactively continues to review income and expenditure with Trustees and other key stakeholders and is constantly looking for new funding streams that can complement the existing ones and support projects for the benefit of families and young people. This approach ensures CHEXS is continuing to build a sustainable platform to remain pivotal in helping families to reach their full potential.

During the year September 2024 to August 2025, CHEXS reported a total surplus of **£52,807**, of which **£4,742** related to unrestricted funds and **£48,065** to restricted funds. Total income increased to **£592,450** from **£485,759** in 2024, while expenditure rose modestly to **£539,643** from **£480,713** in 2024.

The charity remains in a strong financial position, with **Cash at bank and in hand of £187,299** at 31 August 2025, supporting healthy liquidity and operational resilience.

Income is derived from a range of sources, with grant income continuing to represent the majority share, complemented by direct project contributions and school memberships. CHEXS' growing base of corporate and community funders further strengthens financial resilience.

This diversification is being driven through four strategic pillars:

- **Pillar 1 – Social Enterprise:** Strengthening earned income through school contributions, traded services, training offers, and new commissioning partnerships.
- **Pillar 2 – Trusts and Foundations:** Deepening relationships with existing funders while pursuing multi-year and Lottery opportunities aligned to our prevention and GROWTH priorities.
- **Pillar 3 – Business and Corporates:** Expanding partnerships with businesses, major donors, and sponsors to secure unrestricted support and in-kind resources.
- **Pillar 4 – Fundraising and Donations:** Building individual giving, legacy pledges, and community fundraising events supported by digital engagement and stewardship.

Staff costs remain the largest area of expenditure, reflecting CHEXS' commitment to long-serving, skilled staff who provide consistent support and trusted relationships with families. This investment in people underpins the quality and impact of delivery across all programmes.

The surplus generated in 2024/25 will be added to reserves, strengthening CHEXS' ability to meet its updated reserves target and ensuring sustainability in the face of rising challenges.

Reserves policy

The CHEXS board diligently monitors the charity's reserves and actively works with the Senior Leadership Team to diversify and strengthen funding streams. While using reserves is not preferred, the board recognises that exceptional challenges may justify their use. Ensuring the charity's ability to continue supporting families during difficult times is our priority. We are committed to rebuilding and increasing our reserves to secure future stability.

Our reserves policy is regularly reviewed to ensure it meets operational needs. The goal is to maintain a fund of approximately three months of operational costs of **£135,000** and up to **£45,000** towards staff redundancy costs. This ensures we have sufficient reserves to address any unexpected income shortfalls and fulfil our financial obligations.

Looking forward, we anticipate higher expenditure to meet growing demand. This will necessitate increased reserves to protect our services from short-term financial disruptions and, in extreme situations, to cover redundancy costs if operations were to cease.

Currently our total unrestricted reserves stand at **£126,256**, of which **£49,742** have been designated towards the Organisational Resilience Fund, leaving **£76,514** as unrestricted free reserves. We are committed to maintaining and growing these reserves in line with our policy to ensure the charity's sustainability.

Investment policy

Under the constitution, the charity has the power to make any investment as the Trustees see fit.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

Major risks

CHEXS' trustees regularly review the charity's Risk Policy & Risk Register. We are confident that our governance framework allows us to plan for long-term sustainability while meeting the immediate needs of families and young people.

Structure, governance and management

The charity is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

The trustees who served during the year and up to the date of signature of the financial statements were:

A. Gorton
S. Farmer
P. Seeby
S. Goldsmith
B. Booth
K. Laffar
J. Cottenden
P. Spears
J. Hewitt

Recruitment and appointment of trustees

Trustees are appointed through an open nomination process. We invite community members via our website, social media, and word of mouth to apply when vacancies arise.

The Board meets formally four times a year (including the AGM) with three additional subgroup meetings. Trustees remain actively engaged with the Senior Leadership Team in monitoring the charity's Strategic Plan.

The trustees' report was approved by the Board of Trustees.



A. Gorton
Trustee

3 November 2025

CHEXS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHEXS

I report to the trustees on my examination of the financial statements of CHEXS (the charity) for the year ended 31 August 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

John Wilson

John Wilson FCA ATII

Howard Wilson Chartered Accountants
36 Crown Rise
Watford
Hertfordshire
WD25 0NE
4 November 2025

CHEXS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income from:							
Donations and legacies	3	774	-	774	6,671	-	6,671
Charitable activities	4	235,004	356,672	591,676	232,171	246,917	479,088
Total income		<u>235,778</u>	<u>356,672</u>	<u>592,450</u>	<u>238,842</u>	<u>246,917</u>	<u>485,759</u>
Expenditure on:							
Raising funds	5	4,488	-	4,488	5,504	-	5,504
Charitable activities	6	226,548	308,607	535,155	214,325	260,884	475,209
Total expenditure		<u>231,036</u>	<u>308,607</u>	<u>539,643</u>	<u>219,829</u>	<u>260,884</u>	<u>480,713</u>
Net income and movement in funds		4,742	48,065	52,807	19,013	(13,967)	5,046
Reconciliation of funds:							
Fund balances at 1 September 2024		<u>121,514</u>	<u>24,274</u>	<u>145,788</u>	<u>102,501</u>	<u>38,241</u>	<u>140,742</u>
Fund balances at 31 August 2025		<u>126,256</u>	<u>72,339</u>	<u>198,595</u>	<u>121,514</u>	<u>24,274</u>	<u>145,788</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

CHEXS

BALANCE SHEET

AS AT 31 AUGUST 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	12		4,112		-
Current assets					
Debtors	13	32,464		33,262	
Cash at bank and in hand		187,299		230,939	
		<u>219,763</u>		<u>264,201</u>	
Creditors: amounts falling due within one year	14	<u>(25,280)</u>		<u>(118,413)</u>	
Net current assets			194,483		145,788
Total assets less current liabilities			<u>198,595</u>		<u>145,788</u>
The funds of the charity					
Restricted income funds	17		72,339		24,274
Unrestricted funds	19		126,256		121,514
			<u>198,595</u>		<u>145,788</u>

The financial statements were approved by the trustees on 3 November 2025



A. Gorton
Trustee

CHEXS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2025

1 Accounting policies

Charity information

CHEXS is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts. Expenditure meeting the criteria as set is allocated against the specific reserve in the year it is incurred.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1.5 Expenditure

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of VAT.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% straight line
Motor vehicles	25% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.12 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	774	6,671

4 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Membership income	69,777	-	69,777	60,798	-	60,798
Project income	125,138	7,087	132,225	141,373	-	141,373
Grants receivable	40,089	349,585	389,674	30,000	246,917	276,917
	<u>235,004</u>	<u>356,672</u>	<u>591,676</u>	<u>232,171</u>	<u>246,917</u>	<u>479,088</u>

Grants receivable

	2025 £	2024 £
Children in Need	44,805	-
National Lottery	124,398	102,232
Hertfordshire Community Foundation	30,684	19,625
Garfield Weston	30,000	30,000
Stort Valley Rotary Helping Herts	7,784	-
Worshipful Co Garden	4,975	-
Broxbourne Borough Council	14,500	14,962
Henry Smith Charity	80,550	96,600
Google UK Ltd	65,876	-
Other	(13,898)	13,498
	<u>417,470</u>	<u>249,921</u>

5 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Community fundraising, events and sponsorship		
Advertising	4,488	5,504

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

6 Expenditure on charitable activities

	Educational and extended services 2025 £	Educational and extended services 2024 £
Direct costs		
Staff costs	414,593	388,236
Depreciation and impairment	1,371	-
Project costs	28,838	27,314
Staff training	13,306	12,659
Insurance	6,447	5,102
Office costs	18,494	12,408
Motor & travel costs	7,872	6,947
Professional fees	3,861	5,000
Sundry expenses	451	167
Bank charges	17	-
Governance costs	1,680	1,200
Venue costs	17,775	8,632
	<u>514,705</u>	<u>467,665</u>
Grant funding of activities (see note 7)	20,450	7,544
	<u>535,155</u>	<u>475,209</u>
Analysis by fund		
Unrestricted funds	226,548	214,325
Restricted funds	308,607	260,884
	<u>535,155</u>	<u>475,209</u>

7 Grants payable

	Educational and extended services 2025 £	Educational and extended services 2024 £
Grants to individuals	<u>20,450</u>	<u>7,544</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

8 Net movement in funds

2025	2024
£	£

The net movement in funds is stated after charging/(crediting):

Fees payable for the independent examination of the charity's financial statements	1,200	1,200
Depreciation of owned tangible fixed assets	1,371	-
	<u> </u>	<u> </u>

9 Trustees

J Cottenden who is a trustee, was paid £652 (2024 - £Nil) during the year.

10 Employees

The average monthly number of employees during the year was:

2025	2024
Number	Number
14	13
<u> </u>	<u> </u>

Employment costs

2025	2024
£	£

Wages and salaries	366,653	342,968
Social security costs	28,669	26,700
Other pension costs	19,271	18,568
	<u> </u>	<u> </u>
	414,593	388,236
	<u> </u>	<u> </u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

2025	2024
Number	Number
-	1
<u> </u>	<u> </u>

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

2025	2024
£	£

Aggregate compensation	205,154	180,150
	<u> </u>	<u> </u>

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

12 Tangible fixed assets

	Computers	Motor vehicles	Total
	£	£	£
Cost			
At 1 September 2024	-	53,006	53,006
Additions	5,483	-	5,483
	<u>5,483</u>	<u>53,006</u>	<u>58,489</u>
At 31 August 2025	5,483	53,006	58,489
Depreciation and impairment			
At 1 September 2024	-	53,006	53,006
Depreciation charged in the year	1,371	-	1,371
	<u>1,371</u>	<u>53,006</u>	<u>54,377</u>
At 31 August 2025	1,371	53,006	54,377
Carrying amount			
At 31 August 2025	<u>4,112</u>	<u>-</u>	<u>4,112</u>

13 Debtors

	2025	2024
	£	£
Amounts falling due within one year:		
Other debtors	32,464	33,262
	<u>32,464</u>	<u>33,262</u>

14 Creditors: amounts falling due within one year

	Notes	2025	2024
		£	£
Deferred income	16	23,283	117,179
Other creditors		-	34
Accruals		1,997	1,200
		<u>25,280</u>	<u>118,413</u>

15 Retirement benefit schemes

	2025	2024
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	19,271	18,568
	<u>19,271</u>	<u>18,568</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

16 Deferred income

	2025 £	2024 £
Other deferred income	23,283	117,179

Deferred income is included in the financial statements as follows:

	2025 £	2024 £
Deferred income is included within:		
Current liabilities	23,283	117,179
Movements in the year:		
Deferred income at 1 September 2024	117,179	104,843
Released from previous periods	(117,179)	(104,843)
Resources deferred in the year	23,283	117,179
Deferred income at 31 August 2025	23,283	117,179

17 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 September 2024 £	Incoming resources £	Resources expended £	At 31 August 2025 £
Awards for All (Big Lottery)	-	124,398	(115,406)	8,992
Worshipful Co Garden	-	4,975	(4,975)	-
Broxbourne Borough Council	-	14,500	(10,107)	4,393
Henry Smith COVID-19 Long-term Support	9,274	18,550	(27,824)	-
Henry Smith Charity - Improving Lives	15,000	62,000	(62,000)	15,000
Hertfordshire Community Foundation	-	30,684	(21,084)	9,600
Google UK	-	42,673	(18,169)	24,504
Children in Need - After School Programme	-	44,805	(36,137)	8,668
Goffs School	-	7,087	(5,905)	1,182
Chapman Charitable Trust	-	2,000	(2,000)	-
Peabody Community Foundation	-	2,000	(2,000)	-
Shanly Foundation	-	2,000	(2,000)	-
Ladbrokes	-	1,000	(1,000)	-
	24,274	356,672	(308,607)	72,339

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

17 Restricted funds

(Continued)

Previous year:	At 1 September 2023	Incoming resources	Resources expended	At 31 August 2024
	£	£	£	£
Awards for All (Big Lottery)	4,045	102,233	(106,278)	-
Warburtons Grant	7,500	-	(7,500)	-
Broxbourne Borough Council	500	14,962	(15,462)	-
Henry Smith COVID-19 Long-term Support	9,274	36,600	(36,600)	9,274
Henry Smith Charity - Improving Lives	3,037	60,000	(48,037)	15,000
Hertfordshire Community Foundation	-	19,625	(19,625)	-
Edward Gostling Foundtion	13,885	-	(13,885)	-
Kelly Family Trust	-	5,133	(5,133)	-
Other funds	-	8,364	(8,364)	-
	<u>38,241</u>	<u>246,917</u>	<u>(260,884)</u>	<u>24,274</u>

18 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 August 2025:			
Tangible assets	-	4,112	4,112
Current assets/(liabilities)	126,256	68,227	194,483
	<u>126,256</u>	<u>72,339</u>	<u>198,595</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 August 2024:			
Current assets/(liabilities)	121,514	24,274	145,788
	<u>121,514</u>	<u>24,274</u>	<u>145,788</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 September 2024	Incoming resources	Resources expended	Transfers	At 31 August 2025
	£	£	£	£	£
Organisational Resilience Fund	30,000	-	-	19,742	49,742
General funds	91,514	235,778	(231,036)	(19,742)	76,514
	<u>121,514</u>	<u>235,778</u>	<u>(231,036)</u>	<u>-</u>	<u>126,256</u>
	<u><u>121,514</u></u>	<u><u>235,778</u></u>	<u><u>(231,036)</u></u>	<u><u>-</u></u>	<u><u>126,256</u></u>
Previous year:	At 1 September 2023	Incoming resources	Resources expended	Transfers	At 31 August 2024
	£	£	£	£	£
Organisational Resilience Fund	30,000	-	-	-	30,000
General funds	72,501	238,842	(219,829)	-	91,514
	<u>102,501</u>	<u>238,842</u>	<u>(219,829)</u>	<u>-</u>	<u>121,514</u>
	<u><u>102,501</u></u>	<u><u>238,842</u></u>	<u><u>(219,829)</u></u>	<u><u>-</u></u>	<u><u>121,514</u></u>

The Organisational Resilience Fund was set up in order to provide funds to cover for any unexpected expenditure that the charity should face, as well as provide a fund towards redundancy should the charity have to reconsider its operations, subject to funding.

20 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

CHEXS

England & Wales - Charity number 1153769

Accounts

CHEXS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2024

CHEXS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A. Gorton S. Farmer P. Seeby S. Goldsmith B. Booth K. Laffar J. Cottenden P. Spears J. Hewitt	 (Appointed 18 March 2024) (Appointed 18 March 2024) (Appointed 18 March 2024)
Patron	Sir Charles Walker KBE MP for Broxbourne	
CEO	P. Maiden	
Charity number	1153769	
Principal address	Theobalds Enterprise Centre Theobalds Business Park Inovation Place Platinum Way Cheshunt Waltham Cross EN8 8YD	
Independent examiner	John Wilson FCA ATII Howard Wilson Chartered Accountants 36 Crown Rise Watford Hertfordshire WD25 0NE	

CHEXS

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CHAIRPERSON FOREWORD

Once again, I face the challenge of writing a foreword that will do justice to our charity and the wonderful achievements of all of those children, young people and families that CHEXS has had the privilege to work with during the last 12 months.

As daunting as this task always first appears, as soon as I started to immerse myself in the content of this year's annual report, I realised that I needn't have worried in the slightest. Once you also begin to peruse the following pages, you will soon appreciate that my real challenge with composing this foreword is that I could well run out of superlatives to describe the achievements described within its pages.

The data (and more importantly, the numerous inspirational success stories behind this data) contained within this fabulous report truly are a testament to the hard work and commitment of all concerned, personifying the following words from Martin Luther King Jr. '

All labour that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence.'

The tailored family support that the CHEXS team provide has ensured that over 160 families within our community have benefited from bespoke intervention, with 100% positive feedback in terms of the support provided by CHEXS, and subsequently other agencies based on identified needs. As part the services that CHEXS provides, our GROWTH programme has supported many children with complex needs to improve their confidence and self-esteem, enabling them to develop hitherto hidden talents and skills, and encouraging them to work steadfastly towards realising their true potential.

Through my ongoing involvement in CHEXS, I am constantly amazed at the sheer scale of the challenges facing so many members of our community in the current economic/societal climate; however, I am even more in awe of the resilience and determination of the people that our dedicated teams work with on a daily basis, helping them to face up to these challenges, and to ultimately overcome them.

Speaking from the perspective of a teacher for over 30 years, the demands placed on children and young people in today's society are very different to those of previous generations; this is of course equally the case for their parents and carers. Hence, the continued success of CHEXS and ensuring its increased outreach in the years to come will mean that our local community can be one in which the dignity of every person will be respected, and the contribution of every individual to the 'common good' will be valued and celebrated in equal measure.

As you read this truly inspiring report, take the opportunity to both appreciate and celebrate:

- the achievements of every person behind the facts and figures;
- the efforts of every individual that has contributed in some way to the data and statistics with which you are presented;
- the understanding and compassion that underpins the work of CHEXS, making each person involved in our programmes and activities feel truly valued.

As referenced in 'Final Thoughts' (page 15), as Trustees of CHEXS, we certainly 'recognise the incredible strides' that we've made this year...but we are also equally mindful of the 'significant challenges that remain' as we strive to ensure that all members of our community are recognised for their inherent worth and value to society.

I hope that you enjoy reading this wonderful report...and find as much inspiration as I did from the success stories described within the following pages; thank you for your continued support.

Tony Gorton

A. Gorton
Chairperson

Dated: 19 November 2024

CHEXS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 AUGUST 2024

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CHEXS

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 AUGUST 2024

The trustees present their annual report and financial statements for the year ended 31 August 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Who are CHEXS and what do we do?

CHEXS is an award-winning youth and family support charity based in Waltham Cross—the most deprived part of Hertfordshire and among the UK's most ethnically diverse areas. Our purpose is to empower disadvantaged young people to reach their potential and to support families facing significant challenges. Our strategic plan outlines how we will continue to provide this crucial support by building strong partnerships, addressing root causes, and delivering impactful programs.

What Makes CHEXS Unique?

Our unique approach focuses on working closely with 15 local primary and secondary schools that refer children to us when they are not achieving their potential and when underlying issues at home are suspected. We engage with both the child and the family to tackle these issues, which often involve poverty, isolation, and mental health problems. By addressing these challenges holistically, we help children build aspirations and self-esteem while supporting parents in developing their parenting skills and capabilities.

CHEXS Vision

CHEXS' vision is to be sustainable and resilient, guiding families through rough times. We transform lives by nurturing resilience, inspiring hope, and providing opportunities for children and families. Our growth includes expanding programs, strengthening school and business partnerships, enhancing outreach, investing in staff, securing funding, and adapting to needs.

CHEXS Family Support Mission

Our support helps parents develop stronger family relationships by creating opportunities to improve parenting confidence. We focus on promoting an environment of trust and open communication, enabling parents to support their child(ren)'s growth, confidence and ultimately their individual goals.

CHEXS Young People Support Mission

Our approach creates a trusting and honest environment to inspire the next generation by providing projects to challenge and promote growth. Our programme creates goal-driven experiences with clear expectations to build resilience and self-esteem whilst improving wellbeing.

CHEXS Values:

Community -

We aim to create a united community working together to improve our local area.

Homes -

Working with families to build a happier home life with improved communication and relationships.

Enrichments -

We engage children and young people in positive activities, giving them the opportunity to raise self-esteem, improve relationships and develop life skills.

Xtra-mile -

We always endeavour to go above and beyond to support families.

Support -

CHEXS provides a dedicated, enthusiastic, professional and inclusive support service for all families in the local community.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

The Strategic Business Plan: Purpose and Objectives

This strategic business plan is designed to guide CHEXS toward its long-term goals while adapting to changing needs. It was developed through a comprehensive 3-month review of our Vision, Mission, Values, and strategic outcomes, culminating in a focus day on Wednesday 20th March 2024. By consolidating these findings, we created a roadmap that outlines the pathways, programs, and initiatives to achieve our objectives.

Incorporating Goal-Setting Insights into the Strategic Plan

The insights gained from the CHEXS goal-setting day have helped us refine our strategic approach and identify key areas for improvement. These insights are instrumental in guiding our future development and ensuring we continue to support children, young people, and families effectively.

Key Strengths

CHEXS's key strengths are foundational to our success. Our unique approach, strong partnerships, and flexible services set us apart. These strengths are what make CHEXS a trusted partner in the community:

- 1 Whole Family Approach: CHEXS serves not only children and young people but also their families, creating an all-inclusive support system.
- 2 Strong Culture of Support: Our cohesive team fosters an environment of camaraderie, conducive to collaboration and shared goals.
- 3 Excellent Partnerships: CHEXS has established strong relationships with schools and stakeholders, reinforcing our support network.
- 4 Commitment to Mental Health and Resilience: CHEXS prioritizes mental health, building resilience, well-being, and confidence among beneficiaries.
- 5 Flexibility and Willingness to Go the Extra Mile: The charity can tailor services to meet specific needs, going above and beyond traditional support.

These strengths give us the foundation to implement the strategic plan and continue to make a meaningful impact.

Key Actions

To build on these strengths and address areas for improvement, we identified five key actions during the goal-setting day. Here's how these actions align with the strategic business plan:

1. Strengthen the Team

- Our impact depends on a strong, diverse team. By expanding our workforce and creating a supportive culture, we ensure our capacity to meet the increasing demand for our services.
- *Implementation Suggestions: Develop a recruitment plan to expand the workforce, establish a career development program with training and mentorship, and create a staff well-being culture with external support.*

2. Enhance Community Engagement

- By engaging more deeply with parents, volunteers, and local stakeholders, we can build a network of support that extends beyond our immediate programs.
- *Implementation Suggestions: Expand workshops to a broader audience, introduce intergenerational activities, and develop a comprehensive community outreach strategy.*

3. Diversify Funding Sources

- To maintain and expand our programs, we need a diverse funding stream. Exploring different funding sources is key to long-term sustainability.
- *Implementation Suggestions: Update our funding roadmap, explore additional funding avenues, and consider developing social enterprise initiatives to support CHEXS's activities.*

4. Improve Communication and Collaboration

- Effective communication is the foundation of a strong organization. By improving internal communication and strengthening partnerships with schools, we can create a more inclusive culture.
- *Implementation Suggestions: Establish regular team meetings and newsletters, strengthen relationships with schools through consistent presence, and promote cross-department collaboration within CHEXS.*

5. Develop a Comprehensive Strategy

- A comprehensive strategy ensures that CHEXS remains focused and adaptable. This includes updating our five-year plan, ensuring alignment with our mission and vision, and establishing processes for ongoing review and adaptation.
- *Implementation Suggestions: Engage stakeholders in reviewing the five-year plan, ensure alignment with the mission and vision, and establish a process for ongoing review and adaptation.*

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Conclusion from the Goal Setting Day

The insights from the goal-setting day play a crucial role in guiding our strategic development. By incorporating these key actions into the existing strategic plan, we can continue to build a stronger, more resilient CHEXS that meets the evolving needs of our stakeholders and community.

By addressing challenges with clear solutions and emphasising continuous improvement and flexibility, CHEXS is well-positioned to support more families, children, and young people in the coming years. Let's work together to implement these key actions, ensuring CHEXS continues to grow and create positive change.

Our plan is structured around five strategic outcomes that encompass our work with children, young people, families, and the community. Each outcome has a clear owner responsible for achieving measurable targets, supported by a dedicated management team and a robust governance structure. Our commitment to high standards and measurable success drives us to set clear, stretching goals for both our beneficiaries and our organisation.

These actions and considerations have been added to item 4, Focus / Consideration Areas, to ensure that clear direction and accountability are continually monitored and strategically reported. These areas will also be integrated into the appropriate sub-groups: service, marketing, and growth.

Community Impact and Engagement

CHEXS has been embedded in the local community for over 12 years, building strong relationships with schools, families, and other organisations. We take pride in our reputation for trust and reliability. This strategic plan aims to build on this trust and expand our impact to help even more young people and families overcome challenges and thrive.

CHEXS structured frameworks

Children and Young People Framework

The CHEXS GROWTH Programme is designed to build self-esteem, confidence, aspirations, relationships, and resilience by providing young people with opportunities to succeed outside the traditional classroom setting. This structured programme encompasses in-school, after-school, and holiday activities specifically aimed at disadvantaged young people. Delivered over multiple weeks through group sessions and one-on-one coaching, the program helps children raise their aspirations and develop the skills and confidence to achieve more in life.

Children and Young People framework link:

https://drive.google.com/file/d/18GPP66R3iBi5H_cAQdzeRqzwRIGI5Pdi/view?usp=drive_link

GROWTH Programme Activities

The GROWTH Programme is centred around four key pillars:

- 1 Projects that Give Meaning and Purpose:**
Activities that allow young people to engage in projects with real-world applications, fostering a sense of achievement. For example, students work on community-based projects, like environmental clean-ups, which give them a sense of responsibility and accomplishment.
- 2 Experiences that Build Resilience:**
Activities that challenge students physically and mentally, encouraging them to step out of their comfort zones. For instance, participants might go on outdoor adventure trips, which promote teamwork and problem-solving skills.
- 3 A Culture of Expectations:**
Setting clear and achievable goals for participants, which helps them focus on personal growth. This includes establishing expectations for behaviour, teamwork, and commitment, which encourages accountability.
- 4 An Environment that Inspires Aspirations:**
Providing a safe and supportive space where young people can explore their interests and passions. Through arts, crafts, sports, and other activities, participants can discover and pursue what excites them.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

The CHEXS Children and Young people Team promote the above pillars by offering support with a wide range of difficulties using lived experiences, specialised training and coaching by working side-by-side with young people as equals to deliver GROWTH:

- Goal Setting
- Resilience development
- One to one focus
- Working together
- Trust building
- Help each other

Quantifiable Outcomes

The impact of the GROWTH Programme is evident through measurable outcomes. Last year, CHEXS reported that:

- 79% of participants demonstrated improved self-esteem and confidence.
- 77% showed increased resilience and problem-solving skills.
- 83% developed stronger interpersonal relationships and teamwork abilities. These outcomes demonstrate the program's effectiveness in supporting young people's personal development.

Family Support Service Framework

The Family Support Service (FSS) framework addresses the underlying sources of family tension, such as financial stress, employment issues, and housing instability. CHEXS supports parents in developing better communication and behaviour management strategies. This framework offers 1-2-1 support, group sessions, and specialized courses to empower parents to create a positive home environment.

Family Support Service framework link:

https://drive.google.com/file/d/1liwBsLE0DpQyB1ZoTMJQso0TWzsi5ovv/view?usp=drive_link

Family Support Activities

The FSS framework includes a range of activities to help families overcome challenges:

- 1 **Supporting Home Life Stresses:**
Providing resources to address financial, employment, and housing issues. This might include access to food bank vouchers, assistance with job searches, and guidance on accessing emergency grants.
- 2 **Managing Difficult Behaviour:**
Offering parenting courses and workshops to help parents learn effective behaviour management techniques. This could include guidance on positive discipline and setting boundaries.
- 3 **Strengthening Family Relationships:**
Facilitating activities that promote family bonding, such as family outings and communication workshops.
- 4 **Improving Communication:**
Teaching parents effective communication skills to build better relationships with their children and reduce conflict at home.

Quantifiable Outcomes

CHEXS tracks the success of its Family Support Service through measurable outcomes. Last year, the program achieved the following:

- 100% of parents felt better supported after receiving intensive help.
- 91% of parents improved their communication skills with their children.
- 91% reported improved child-parent relationships.

These outcomes highlight the positive impact of the Family Support Service on families and underscore the value of CHEXS's holistic approach to supporting children, young people, and their families.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

3. Strategic Outcomes and Methods to Achieve Them

3.1 Underpinning Service Frameworks

CHEXS operates with two primary service frameworks: the Children and Young People GROWTH Programme and the Family Support Service (FSS). These frameworks form the backbone for achieving our five strategic outcomes, each designed to promote personal development, community engagement, and a sustainable organisational structure.

3.2 CHEXS' 5 Strategic Outcomes

Outcome 1: Enable parents, including those from deprived and vulnerable families, to develop their skills and confidence to build a happy home

- Methods to Achieve This Outcome: Provide tailored 1-2-1 support and group sessions focused on parenting skills, communication, and behaviour management. Offer resources to address home life stresses such as financial, employment, and housing issues.
- Examples and Milestones: Success is measured by tracking parental feedback and improvements in family relationships. A milestone could be 90% of parents reporting increased confidence in their parenting skills.

Outcome 2: Enable parents to improve their skills in managing behaviour and supporting learning, resulting in better relationships with children.

- Methods to Achieve This Outcome: Conduct parenting workshops, offer behaviour management courses, and provide educational resources to support children's learning at home. Encourage consistent feedback and mentoring.
- Examples and Milestones: Measure success by observing reduced behavioural issues in children and improved communication between parents and children. A milestone could be 85% of parents indicating they feel more equipped to manage their children's behaviour.

Outcome 3: Enable children to develop skills and improve relationships, building resilience and self-esteem while improving well-being.

- Methods to Achieve This Outcome: Implement a range of activities through the GROWTH Programme that promote teamwork, goal-setting, and outdoor experiences. Focus on projects that encourage personal development and resilience.
- Examples and Milestones: Track improvements in self-esteem, confidence, and teamwork among children in the program. A milestone could be 80% of participants report feeling more confident and resilient.

Outcome 4: Enable our community to work together with a sense of belief and ownership, tackling local issues and improving community relationships.

- Methods to Achieve This Outcome: Engage with local community groups, schools, and businesses to foster partnerships that support CHEXS's mission. Organise community events and collaborative projects
- Examples and Milestones: Success can be measured by the level of community engagement and participation in events. A milestone could be the successful organisation of multiple community events with increasing attendance and participation from stakeholders.

Outcome 5: Enable the Charity to be governed and sustainably resourced with the broadest strategic choice to best enable the achievement of its vision.

- Methods to Achieve This Outcome: Implement a governance structure that ensures accountability and strategic oversight. Diversify funding sources and engage with stakeholders to maintain sustainability.
- Examples and Milestones: Measure success through financial stability, governance reviews, and stakeholder feedback. A milestone could be achieving consistent funding streams and maintaining a high level of trustee engagement.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Clear Ownership and Responsibility

Each strategic outcome has a designated owner within CHEXS responsible for achieving measurable targets over a five-year period. These owners work closely with a dedicated member of the board of trustees, who supports their efforts and ensures accountability. This structure ensures that the strategic outcomes are not only clear and actionable but also achieved through focused efforts and ongoing evaluation.

Conclusion

CHEXS's dedication to achieving these outcomes is fundamental to its mission of supporting children, young people, and families. By having clear methods for achieving strategic goals and measurable indicators to track progress, CHEXS aims to make a lasting positive impact on the community.

Achievements and performance - A summary of what CHEXS has achieved.

September 2023 – August 2024

We are extremely grateful to our stakeholders, key partner agencies and trusts and foundation that have supported CHEXS, over the last 12 months.

CHEXS' whole family approach has supported during the last year 465 disadvantaged and underperforming school-age children, to build their aspirations, self-esteem and well-being with services including. The team has also worked with 165 disadvantaged families, helping parents improve family relationships, manage their children's behaviour and communicate more effectively.

The team has also supported and worked with:

- Providing after-school and holiday support to 240 disadvantaged young people, helping to build their aspirations, self-esteem and wellbeing.
- Providing one to one and small group coaching to 120 children and young people.
- Issued 136 foodbank vouchers to families.
- Secured emergency funding to help 133 destitute families keep their energy supply.
- 251 professionals have received training including children's safeguarding, workshops to raise awareness around Prevent (WRAP), internet safety and paediatric first aid.
- Run 25 community social sessions for isolated community members.

All families supported had children struggling to achieve their potential due to family challenges.

Parent Quotes

You gave me a chance to talk and you listened, which has helped me to cope a bit better. More things have been put in place for XXXX now which will help things to improve more, thank you for everything."

"Thank you so much, it has been very difficult financially. I appreciate all the help you have given us. We are truly grateful".

"Thank you for always listening and helping me it is hard when you have no support network and you're a single parent it can feel isolating. It has been nice attending parent hub and speaking to other parents who are in a similar situation to mine. As I don't feel judged."

Children Quotes

"Today I have been feeling really proud of myself because i did lots of weeding. It looked so much better when we had finished, for the school and for everyone else to see"

Young People Quotes

"I worked hard even though I was having a bad day, I persevered. I really like the way we could help each other out and preparing with the big jobs. It taught me how to deal with situations more easily"

"I feel comfortable and listened to. I have learnt a lot about relationships, confidence and budgets."

"I feel that I have made so many more connections with people and that I have now realised that some of my feelings are normal, and that other people have them too".

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

How CHEXS responded to the increased demand over the last 12 months

Absolute poverty leaves many families struggling to provide basic necessities like clothing and food, let alone the extended learning opportunities that financially secure families can access. It is alarming to see how these opportunities are often inaccessible to families who can't afford them, especially given the years of budget cuts that have weakened state schools. Schools are increasingly required to address not only educational concerns but also a range of social welfare issues. They need support from other agencies whose primary purpose is to assist with these needs such as housing, health, social security and ensuring that basic children's needs are met.

Statistics from a recent education conference highlight the disparities:

- In primary schools, children from financially insecure families are, on average, 10 months behind their peers.
- A staggering 91% of families report struggling with clothing needs, including regular washing.
- Additionally, 41% of families rely on food banks to make ends meet.

CHEXS has been at the forefront of inclusive programs that provide equal opportunities for all children and young people. Unfortunately, our most vulnerable areas suffer from a tiered system that creates inequality. State schools are a beacon to help children achieve; however, with the legacy of the pandemic, the cost-of-living crisis, and ongoing budget cuts, we now see a tiered system in our state education that historically would have divided private and state schools. If we look at CHEXS data from the families we have supported, we could categorize needs into:

- Tier 1: Families struggling to clothe, feed, and keep a home warm.
- Tier 2: Families unable to cover the cost of enrolling their children in extended learning opportunities, from music and drama lessons to sports clubs and extra tutoring to help catch up with age-related learning in subjects like maths and English.
- Tier 3: Parents unable to pay for private assessments for an Education, Health and Care Plan (EHCP). Families that can afford private assessments can reduce wait times from over 70 weeks to about 20 weeks

These tiered systems further socially exclude children and limit their ability to fulfill their full potential and thrive.

As a local charity in partnership with amazing local schools, CHEXS will do everything within our knowledge and resources to continue embracing kindness and caring with passion and commitment. Our skilled team operates within a bespoke framework that builds meaning, purpose, resilience, and aspirations for children and young people. The CHEXS Family Support Team continually creates warm gathering opportunities for anyone in the home who may need a listening ear. Making a home is in our DNA. Caring for our loved ones and helping them flourish within our homes is what we cherish most. Yet, life can feel like a roller coaster ride with its inevitable ups and downs. During those challenging moments, the stresses of home can become overwhelming. We have all, at some time in our lives, found ourselves feeling lost or alone; know that you're not alone. Join the team for a cuppa in a welcoming space where you can express yourself freely. Here, you'll always find understanding, compassion, and a listening ear ready to support you through it all. So, let's come together, share our stories, and lift each other up. Because sometimes, all we need is a little connection to find our way back home. This is how the magic happens—trust is established through peer-to-peer relationships, allowing the self-esteem of children, young people, and parents to blossom.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Key achievements have been:

- We responded to referrals from partners with the most common issues affecting children being risk taking, poor mental health and attendance. We also saw a rise in young people with special Educational needs (up 33% on the previous year).
- We have provided parents with 1-2-1, face-to-face emotional and practical support in neutral venues, such as local coffee shops and through home visits.
- We provided easy to access, online support through Facebook which includes, parenting tips, blogs and workshop updates. Ensuring all community have access to information and support:
- The Family Support Team helped issue 136 foodbank vouchers.
- We secured emergency funding to help 133 families, who are on energy key meters and couldn't afford the top-up payments, keep their power on.
- We helped some parents by meeting them in local shops to top up their utility cards/keys.
- We have set up a Real Talk, to enable parents and carers to give their views on how our services should be delivered and inform practice for the forthcoming year..
- We are now supporting parents to co-produce events, so they take ownership of family sessions; the Parent Champion networks will play a key role in these in the next academic year.
- Our FSS Team delivered Parenting a child with SEN, Emotionally Based School Avoidance, Boundaries, Routines, Behaviour workshops to 129 parents and we have been delivering.
We asked parents to tell us what future parent workshops they would like, the top three are:
 - a. Emotionally based child avoidance
 - b. Supporting a child with SEN
 - c. Boundaries, Routines and Behaviours
- We have delivered the GROWTH project to 225 children and young people. This is a 30 day structured programme of goal-driven, outdoor learning to disadvantaged young people not achieving their potential.
- We engaged and supported 184 children in the CHEXS Afterschool Leadership project
- 56 Children engaged in the GROWTH programme also took part in the CHEXS Holiday Programmes.
- 23 Young people who engage in risky behaviours were engaged in the My Life projects aimed at increasing their awareness of the dangers of modern world and how their actions can impact on their future
- CHEXS supported 86 vulnerable children to transition into secondary school.
- Families of children & young people engaged in GROWTH were offered support from CHEXS Family Support Service with 26 accepting intensive support
- 23 Community volunteering opportunities are offered to young people & family members building family relationships and community ownership.
- Universal support was given to 1,187 children via internet safety and aspirational talks

Further consultation with parents and stakeholders is on-going at present to ensure we understand emerging needs, particularly around the current climate of fuel and economic poverty.

During face-to-face consultations, one parent told us how support from CHEXS a few years ago had helped transform her future and provide a higher income for her family:

"You have been fantastic, I thought I was doing things the right way and after working with you, I know I was and it made me feel more confident."

Outcomes

More often than not, the challenges faced by the young people we work with are related to issues at home. Therefore, to help young people achieve their potential in life, we provide holistic support to the whole family. The outcomes below have been achieved through self-assessed questionnaires from 87 parents and 401 GROWTH children and young people.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Outcomes achieved by parents

Our Family Support Service provides one-to-one support, helping parents access support to tackle the underlying issues causing family tensions, such as parental mental health problems and poverty.

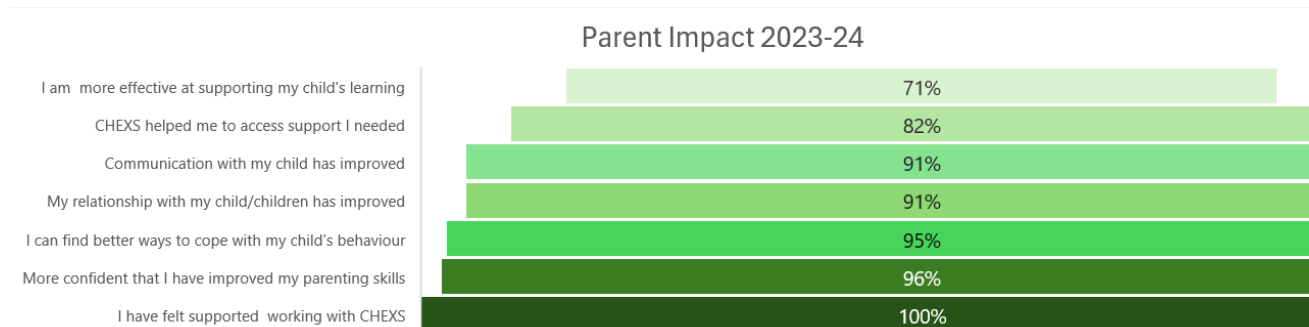
We also provide one-to-one support and workshops to help parents:

- Communicate effectively with their children
- Strengthen family relationships
- Manage difficult behaviour
- Support their children's learning

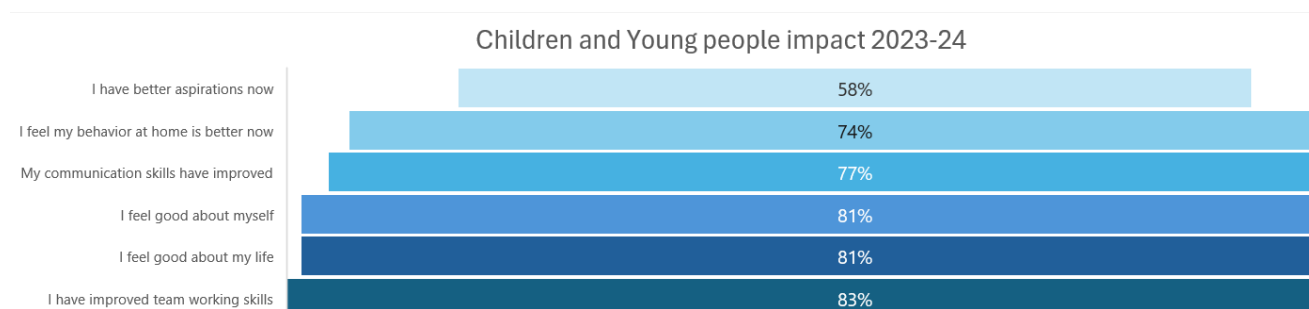
We worked intensively with parents from 165 families. Evaluation undertaken with parents supported this year shows that 96% of the parents we supported improved their parenting skills, 91% can now communicate better with their children, and we helped 91% resolve family problems that were increasing tensions at home, such as helping to resolve practical issues such as debt and housing.

These results are shown in the chart below:

Outcomes reported by parents



Outcomes achieved by Children and Young People



CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

QUOTES FROM SCHOOLS

Alongside capturing outcomes data and case studies from parents, we also ask schools making referrals to provide feedback:

Thank you for all the support you have given not only our parents and families, but staff here at Downfield too. When we refer families to you there is never any doubt in our minds that you will do your absolute best to support them, working with us to give as many opportunities for positive change as possible. You listen to us to understand the family / school dynamic and support us in making decisions - even the tricky ones! Nothing is ever too much trouble, you are always quick to respond to any request and contact families as soon as possible,

ZOE'S STORY

Zoe, a young girl living in a turbulent family environment, faced significant challenges both at home and school. At home, she often found herself in physical and verbal conflicts with her siblings, which spilled over into her school life, making friendships difficult and leaving her unsure of how to manage her emotions. Her father was not present in her life, adding to the complexity of her emotional world, and her home life with her mum and several siblings was often chaotic.

Recognising these difficulties, Zoe was enrolled in the CHEXS GROWTH programme, where she received 1:1 and small group coaching to help her better understand and cope with her emotions. Alongside the GROWTH programme, Zoe attended an after-school club, offering her additional support and the opportunity to make more progress in managing her challenges.

Through the programme, Zoe gradually learned to recognize her emotions and developed strategies to manage them more effectively. With the guidance of the CHEXS team, she began to understand the importance of stepping away from bad situations rather than reacting impulsively. Zoe also became better at forming friendships, learning how to express herself in a more positive way and navigate social interactions that had once felt overwhelming.

OUR OUTCOMES

One of the key outcomes for Zoe was her newfound ability to identify her safe space—a place she could retreat to when emotions ran high. This strategy gave her the tools she needed to remove herself from situations that might escalate, helping her avoid frustration and conflict. As a result of the GROWTH programme and the extra support through afterschool activities, Zoe has shown significant improvement in regulating her emotions and managing friendships. She is now more equipped to handle the ups and downs of life, both at home and at school.

CHEXS SUPPORT SERVICES

FINAL THOUGHTS..

CHILD'S FEEDBACK

"I have improved on my confidence, getting a long with people and my honesty. At first, I didn't feel good and now I feel good. Doing teamwork with others has made me feel better. I can recognise my emotions better now and I argue with my siblings less than before. It has helped me learn to be kind and honest and helping me have confidence to join in."

this helps them to feel someone has their back. Parent feedback is positive, they tell us they have clear direction from you and are able to share their concerns and learn from your advice and support whilst feeling unjudged.

Thanks for everything you do.

School staff feedback: What do we value about CHEXS Family Support ?

- Advice available to school on the end of a phone
- Quick support for urgent family referrals
- Non-urgent referrals are also picked up quickly and if there is any delay, we are notified about it and the reasons for it.
- Knowledge and signposting for services outside of education
- Liaison between home and school to promote consistency of expectations
- Parents are now asking to be referred as they become more familiar with what CHEXS do for our school
- Being available in school either meeting with parents, training or just a friendly face
- Working to adapt what they need to do to engage more parents in support groups / training
- New links to the growth project

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Community Events

Throughout the year we hold events that encompass the whole community and engage the families in activities that build relationships and are affordable for those that struggle financially. We also support our partners such as housing associations and the local borough council to ensure that our services are accessible to anyone who may find themselves in a time of need. In the summer we held pop-up events in the local parks to give children and young people a place to drop by and see the team whilst having some fun with the free activities and games



CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Financial review

The charity has had a successful year, and despite challenging circumstances, has increased income for the seventh consecutive year. This financial stability has allowed us to respond effectively to the significantly heightened demand from families and young people impacted by the ongoing effects of the pandemic and the cost-of-living crisis.

During the year, the charity reported a total income of **£485,759**, marking an increase of **£68,473** from the previous year. Expenditure was **£480,713**, an increase of **£41,168** from the previous year. This resulted in a surplus of **£5,046**, driven by an in-year overspend of restricted funds amounting to **£13,967** and a surplus of **£19,013** on unrestricted funds.

Our income comes from a variety of sources, with the largest contribution being grant income, which represents **57% (£237,025)** of the total income. Key contributors include the National Lottery and the Henry Smith Charity.

National Lottery funding for our Family Support commenced on the 3rd of March 2023, and we are currently in the second year of this four-year grant, totalling **£425,000**. This funding has significantly boosted our capacity for family support services, which have experienced nearly a 50% increase in demand.

CHEXS was awarded a Henry Smith Charity Improving Lives Grant of £186,000 to cover three years of running costs for a project supporting families from disadvantaged communities in Waltham Cross, Hertfordshire. This grant underscores our commitment to providing essential support and expanding services to meet the needs of children and their parents.

Our board has remained dedicated to our staff's wellbeing, approving salary inflation adjustments and additional support to address the cost-of-living crisis. Staff costs have risen from **£364,397** to **£388,236** a total increase of **£23,839**, reflecting in increased staff hours and our commitment to supporting both our employees and the wider community.

The organisation remains in a strong financial position, with overall funds of **£145,788**, comprising **£24,274** in restricted funds carried forward and **£121,514** in unrestricted funds. Cash at the bank or in hand totals **£230,939**, providing a solid foundation to address future challenges.

Reserves Policy

The CHEXS board diligently monitors the charity's reserves and actively works with the Operational Senior Leadership Team to diversify and strengthen funding streams. While using reserves is not preferred, the board recognises that the exceptional challenges faced this financial year justify their use. Ensuring the charity's ability to continue supporting families during difficult times is our priority. We are committed to rebuilding and increasing our reserves to secure future stability.

Our reserves policy is regularly reviewed to ensure it meets our operational needs. The goal is to maintain approximately three months of operational costs (**£90,000**) and up to **£30,000** for staff redundancy costs. This ensures we have sufficient reserves to address unexpected income shortfalls and fulfill our financial obligations.

Looking forward, we anticipate higher expenditure to meet growing demand. This will necessitate increased reserves to protect our services from short-term financial disruptions and, in extreme situations, to cover redundancy costs if operations were to cease. Currently, our unrestricted reserves stand at **£121,514**, with **£30,000** designated for redundancy and **£91,514** in unrestricted free reserves. We are committed to maintaining and growing these reserves in line with our policy to ensure the charity's sustainability.

Investment Powers

Under the constitution, the charity has the power to make any investment as the Trustees see fit.

Statement of compliance with Charity Commission guidance on public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Risk Management

CHEXS' trustees have assessed the major risks to which the charity is exposed, and are confident that CHEXS Risk Policy & Risk Register make it clear for the board to put the long-term success of our charity at the forefront and meet future objectives with greater certainty - both of which will ensure we continue to support our beneficiaries in the best possible way and keep our stakeholders confident in CHEXS' sustainability and control measures.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Structure, governance and management

The charity is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

The trustees who served during the year and up to the date of signature of the financial statements were:

A. Gorton	
S. Farmer	
D. Hewitt	(Deceased 5 November 2023)
P. Seeby	
S. Goldsmith	
L. Allum	(Resigned 4 February 2024)
B. Booth	
K. Laffar	
C. Angeli	(Resigned 19 June 2024)
J. Cottenden	(Appointed 18 March 2024)
P. Spears	(Appointed 18 March 2024)
J. Hewitt	(Appointed 18 March 2024)

CHEXS openly invites all community members via the CHEXS website, mailing circulation, social media, and word of mouth to put themselves forward for election to the CHEXS Trust Board by completing the nomination form.

When a position becomes available the Board of Trustees create a trustee advert outlining the roles and responsibilities required with a closing date. When potential candidates are identified the Board undertake a skills audit of the nominations and invite all potential trustees to meet the board before decisions about appointment to the CHEXS Trustees Board are made.

The Board has confirmed and voted that Board Members who have served 3 full terms (9 years) and still have the enthusiasm and skills to continue to develop the charity objectives are able to apply to be re-elected to the Board.

Frequency of meetings are 4 Full Trustee Meetings (including AGM) plus 3 Subgroup meetings.

The Board may choose to call extraordinary meetings to consider issues and action outside the normal cycle of meetings (or where an urgent response is required). The time of the meetings will also be rotated to give equal opportunity for members to attend. A timed agenda will be provided.

All Charity Commission requirements are overseen by the Treasurer. The Board of Trustees delegate CHEXS requirements that need to be submitted to the CHEXS CEO and/or Office Manager.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

In addition to the Trustee Meetings, the Trustees have active involvement with the development and monitoring of the charity Strategic Plan. See below for what is covered.

High-Level Strategic Plan

Our strategic plan for 2024-2029 outlines a stretching but achievable goal: supporting over 600 children and young people, along with 345 families, over five years. This plan is structured around five key outcomes and is supported by three core strategies that guide our approach to achieving these outcomes.

Key Strategies

The following three strategies underpin the success of the CHEXS strategic plan:

1. Growth Strategy

- This strategy is designed to ensure the growth, sustainability, and succession planning of CHEXS. It focuses on expanding our reach, building partnerships, and creating a sustainable framework for long-term success.
- **Key Objectives:**
- Increase the number of beneficiaries and stakeholders.
- Develop partnerships with local organisations and schools.
- Establish clear succession planning for critical roles within the charity.
- **Measurable Outcomes:**
- A defined growth rate for beneficiaries each year.
- Number of new partnerships established
- Succession plans developed for key positions

2. Marketing Strategy

- This strategy aims to increase the visibility and reach of CHEXS to engage more beneficiaries, stakeholders, and supporters. It involves a comprehensive marketing and communication approach, leveraging both traditional and digital channels.
- **Key Objectives:**
- Strengthen the CHEXS brand in the local community.
- Enhance communication with stakeholders and potential donors.
- Implement a robust social media presence.
- **Measurable Outcomes:**
- Increased social media engagement rates.
- Greater attendance at CHEXS events.
- Higher recognition of the CHEXS brand among stakeholders.

3. Service Strategy

- This strategy focuses on maintaining the high quality of our services while ensuring that every penny is used to support the charity's mission, values, and vision. It involves continuous improvement and innovation in service delivery.
- **Key Objectives:**
- Ensure the quality and consistency of the services provided.
- Develop new programs that address emerging needs.
- Maintain a focus on supporting children, young people, and families.
- **Measurable Outcomes:**
- Positive feedback from beneficiaries and stakeholders.
- Consistent delivery of existing services.
- Successful implementation of new programs.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Project Management and Reporting

To ensure the strategic plan's success, each strategy has a Project Manager (PM) responsible for updating the associated appendix. The PMs update the Project Deliverables Timeline with development milestones, description areas, deliverables, timeframes, and actions.

Each appendix has a supporting sub-group with its own agenda, consisting of the date, time, and venue (or Zoom link). The appendix should indicate when it was last updated and must be sent to the sub-group's trustees before meetings. The latest updated appendix is shared with all trustees at the full Trustee meeting.

Funding Strategic Aim and Objectives

Strategic Aim for Funding

The strategic aim for funding is to ensure CHEXS remains sustainable and has the necessary resources to support its vision while offering a broad range of choices. This section outlines how the charity intends to generate income to support its operations and ensure it can meet the needs of its beneficiaries.

Fund Development Objectives

CHEXS' fund development strategy is organized into four key pillars, each focusing on a different aspect of income generation:

Pillar 1 – Schools/Stakeholders

Pillar 2 – Trusts and Foundations

Pillar 3 – Business

Pillar 4 – Fundraising and Donations

Combined, these four pillars aim to generate a total of £482,541 in funding for CHEXS to support its mission and strategic goals.

CHEXS Trustees have an array of qualifications and experience obtained from various personal and working environments.

CHEXS has 10 trustees and a patron these are as follows:

- Patron: Sir Charles Walker KBE MP

Trustees

CHEXS has no Trustees standing down and not seeking re-appointment this year.

CHEXS has no Trustees willing to continue for up to 3 years but requiring re-appointment at this time.

Trustees willing to continue and not require re-appointment at this time:

1	Tony Gorton, Chairperson	4th Term 2022 - 2025
2	Sheila Farmer	4th Term 2022 - 2025
3	Paul Seeby, Vice Chair	3rd Term 2022 - 2025
4	Sarah Goldsmith	3rd Term 2022 - 2025
5	Ben Booth, Treasurer	2nd Term 2022 - 2025
6	Kerry Laffar	2nd Term 2022 - 2025
7	Jess Hewit	1st Term 2024 - 2027
8	Julie Cottenden	1st Term 2024 - 2027
9	Patsy Spears	1st Term 2024 - 2027
10	Under Recruitment	

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Involvement of their local knowledge and experience see the benefits of the work being performed and are able to engage with the organisation as to the effectiveness of the delivery of the support. The Trustees have regular communication with senior management and those responsible for delivery to understand the work being done, the effectiveness of the work and its delivery and its impact on the children and adults being supported

The trustees' report was approved by the Board of Trustees.

Tony Gorton

A. Gorton

Trustee

Dated: 19 November 2024

CHEXS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHEXS

I report to the trustees on my examination of the financial statements of CHEXS (the charity) for the year ended 31 August 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Campbell Wilson

John Wilson FCA ATII

Howard Wilson Chartered Accountants
36 Crown Rise
Watford
Hertfordshire
WD25 0NE

Dated: 19 November 2024

CHEXS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income from:							
Donations and legacies	3	6,671	-	6,671	21,550	-	21,550
Charitable activities	4	232,171	246,917	479,088	190,211	205,525	395,736
Total income		<u>238,842</u>	<u>246,917</u>	<u>485,759</u>	<u>211,761</u>	<u>205,525</u>	<u>417,286</u>
Expenditure on:							
Raising funds	5	5,504	-	5,504	2,093	-	2,093
Charitable activities	6	214,325	260,884	475,209	211,453	225,999	437,452
Total expenditure		<u>219,829</u>	<u>260,884</u>	<u>480,713</u>	<u>213,546</u>	<u>225,999</u>	<u>439,545</u>
Net income/(expenditure) and movement in funds		19,013	(13,967)	5,046	(1,785)	(20,474)	(22,259)
Reconciliation of funds:							
Fund balances at 1 September 2023		<u>102,501</u>	<u>38,241</u>	<u>140,742</u>	<u>104,286</u>	<u>58,715</u>	<u>163,001</u>
Fund balances at 31 August 2024		<u>121,514</u>	<u>24,274</u>	<u>145,788</u>	<u>102,501</u>	<u>38,241</u>	<u>140,742</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

CHEXS

BALANCE SHEET

AS AT 31 AUGUST 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Debtors	12	33,262		39,230	
Cash at bank and in hand		230,939		218,055	
		<u>264,201</u>		<u>257,285</u>	
Creditors: amounts falling due within one year	13	(118,413)		(116,543)	
Net current assets			145,788		140,742
Income funds					
Restricted funds	16		24,274		38,241
<u>Unrestricted funds</u>					
Designated funds	17	30,000		30,000	
General unrestricted funds		<u>91,514</u>		<u>72,501</u>	
			121,514		102,501
			<u>145,788</u>		<u>140,742</u>

The financial statements were approved by the Trustees on 19 November 2024

Tony Gorton

A. Gorton
Trustee

CHEXS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2024

1 Accounting policies

Charity information

CHEXS is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts. Expenditure meeting the criteria as set is allocated against the specific reserve in the year it is incurred.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1.5 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of VAT.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Motor vehicles	25% straight line
----------------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

1 Accounting policies

(Continued)

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.11 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	6,671	21,550

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

4 Income from charitable activities

	2024 £	2023 £
Membership income	60,798	43,710
Project income	141,373	115,001
Grants receivable	276,917	237,025
	<u>479,088</u>	<u>395,736</u>
Analysis by fund		
Unrestricted funds	232,171	190,211
Restricted funds	246,917	205,525
	<u>479,088</u>	<u>395,736</u>
Grants receivable		
Children in Need	-	7,675
National Lottery	102,232	58,011
Hertfordshire Community Foundation	19,625	4,807
Garfield Weston	30,000	25,000
Edward Gostling Foundtion	-	25,000
Marriots School	-	7,459
Broxbourne Borough Council	14,962	11,250
Henry Smith Charity	96,600	72,950
Warburtons	-	10,000
Other	13,498	14,873
	<u>276,917</u>	<u>237,025</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

5 Raising funds

	Unrestricted funds	Total
	2024	2023
	£	£
Community fundraising, events and sponsorship		
Advertising & marketing	5,504	2,093
	<u>5,504</u>	<u>2,093</u>

6 Charitable activities

	2024	2023
	£	£
Staff costs	388,236	364,397
Project costs	27,314	10,279
Staff training	12,659	6,994
Insurance	5,102	4,963
Office costs	12,408	21,338
Motor & Travel costs	6,947	8,747
Professional fees	5,000	480
Sundry expenses	167	264
Governance costs	1,200	1,200
Venue costs	8,632	7,120
Grant funding of activities (see note 7)	7,544	11,670
	<u>475,209</u>	<u>437,452</u>

Governance costs comprise fees paid to independent examiner's of £1,200 (2023 - £1,200).

7 Grants payable

	Educational and extended services	Educational and extended services
	2024	2023
	£	£
Grants to individuals	7,544	11,670
	<u>7,544</u>	<u>11,670</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

9 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
	13	13
Employment costs	2024	2023
	£	£
Wages and salaries	342,968	324,696
Social security costs	26,700	24,562
Other pension costs	18,568	15,139
	388,236	364,397

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Tangible fixed assets

	Motor vehicles £
Cost	
At 1 September 2023	53,006
At 31 August 2024	53,006
Depreciation and impairment	
At 1 September 2023	53,006
At 31 August 2024	53,006
Carrying amount	
At 31 August 2024	-
At 31 August 2023	-

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

12 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Other debtors	33,262	38,769
Prepayments and accrued income	-	461
	<u>33,262</u>	<u>39,230</u>

13 Creditors: amounts falling due within one year

	Notes	2024 £	2023 £
Deferred income	14	117,179	104,843
Other creditors		34	-
Accruals		1,200	11,700
		<u>118,413</u>	<u>116,543</u>

14 Deferred income

	2024 £	2023 £
Other deferred income	<u>117,179</u>	<u>104,843</u>

Deferred income is included in the financial statements as follows:

	2024 £	2023 £
Deferred income is included within:		
Current liabilities	<u>117,179</u>	<u>104,843</u>
Movements in the year:		
Deferred income at 1 September 2023	104,843	77,987
Released from previous periods	(104,843)	(77,987)
Resources deferred in the year	<u>117,179</u>	<u>104,843</u>
Deferred income at 31 August 2024	<u>117,179</u>	<u>104,843</u>

15 Retirement benefit schemes

	2024 £	2023 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	<u>18,568</u>	<u>15,139</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds			Movement in funds			
	Balance at 1 September 2022	Incoming resources	Resources expended	Balance at 1 September 2023	Incoming resources	Resources expended	Balance at 31 August 2024
	£	£	£	£	£	£	£
Awards for All (Big Lottery)	-	7,281	(3,236)	4,045	102,233	(106,278)	-
Postcode Lottery	13,960	-	(13,960)	-	-	-	-
Warburtons Grant	8,334	10,000	(10,834)	7,500	-	(7,500)	-
Broxbourne Borough Council	1,000	11,250	(11,750)	500	14,962	(15,462)	-
Henry Smith COVID-19 Long-term Support	11,616	35,550	(37,892)	9,274	36,600	(36,600)	9,274
Henry Smith Charity - Improving Lives	3,075	37,400	(37,438)	3,037	60,000	(48,037)	15,000
Hertfordshire Community Foundation	-	4,807	(4,807)	-	19,625	(19,625)	-
Children in Need - After School Programme	2,570	7,675	(10,245)	-	-	-	-
Marriots School	-	7,459	(7,459)	-	-	-	-
Edward Gostling Foundtion	-	25,000	(11,115)	13,885	-	(13,885)	-
Kelly Family Trust	-	-	-	-	5,133	(5,133)	-
Reaching Communities	17,160	50,730	(67,890)	-	-	-	-
Peabody Community Foundation	-	2,583	(2,573)	-	-	-	-
Shanly Foundation	-	5,000	(5,000)	-	-	-	-
Other funds	1,000	800	(1,800)	-	8,364	(8,364)	-
	<u>58,715</u>	<u>205,535</u>	<u>(225,999)</u>	<u>38,241</u>	<u>246,917</u>	<u>(260,884)</u>	<u>24,274</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	Balance at 1 September 2022 £	Movement in funds Incoming resources £	Balance at 1 September 2023 £	Movement in funds Incoming resources £	Balance at 31 August 2024 £
Contingency Fund	30,000	-	30,000	-	30,000
	<u>30,000</u>	<u>-</u>	<u>30,000</u>	<u>-</u>	<u>30,000</u>

The contingency fund was set up in order to provide funds to cover for any unexpected expenditure that the charity should face, as well as provide a fund towards redundancy should the charity have to reconsider its operations, subject to funding.

18 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 August 2024:			
Current assets/(liabilities)	121,514	24,274	145,788
	<u>121,514</u>	<u>24,274</u>	<u>145,788</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 August 2023:			
Current assets/(liabilities)	102,501	38,241	140,742
	<u>102,501</u>	<u>38,241</u>	<u>140,742</u>

19 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

CHEXS

England & Wales - Charity number 1153769

Accounts

CHEXS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2023

CHEXS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A Gorton S Farmer P Seeby S Goldsmith L Alum B Booth C Angeli K Laffar
Patron	Sir Charles Walker KBE MP for Broxbourne
CEO	P Maiden
Charity number	1153769
Principal address	Theobalds Enterprise Centre Theobalds Business Park Inovation Place Platinum Way Cheshunt Waltham Cross EN8 8YD
Independent examiner	John Wilson FCA ATII Howard Wilson Chartered Accountants 36 Crown Rise Watford Hertfordshire WD25 0NE

CHEXS

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CHEXS

CHAIRPERSON FOREWORD

Apparently, you are only as good as your last golf swing; well, if that is the case, CHEXs is well and truly 'top of the leader board' after another exceptional 'round' this year!

Whilst not a golfer myself, the analogy above seems to fit perfectly, with every member of the 'team' (think 'Ryder Cup' here!) playing to their full potential every time they step onto the course.

Having written a number of forewords for our annual report during the last few years, I often worry that I won't do justice to the wonderful work that the CHEXs team undertake on a daily basis in support of so many members of community. However, I need not worry, for quite simply, their work speaks for itself, as you will see/hear as you peruse this report. Whilst statistics and data certainly have their place, the personalised feedback from various members of our local community who have benefited from CHEXS' support during the last 12 months truly captures the impact of this support, particularly in terms of improved self-esteem, confidence and a real 'sense of belonging / worth'.

Another indicator of success is growth; as an organisation, CHEXs has grown dramatically during the last 12 years, with its outreach now benefitting so many more families, a trend which we foresee continuing in the coming years as our profile increases further, both within the local community and further afield.

Just a few months ago, CHEXs held its first Summer Gala in Cheshunt, an event aimed at raising additional funds to support the various programmes that we offer. This event was a wonderful success, with a number of local businesses in attendance, further raising our profile and publicising the work that we do in the local community to a new audience...and hopefully new 'financial supporters'. As such, this new initiative in itself demonstrates the success of CHEXS in recent years as the 'team' has expanded/evolved to meet demand, including in terms of 'backroom staff' who ensure that the organisation continues to go from strength to strength in terms of its frontline delivery.

Of course, one cannot become complacent about success, therein lies imminent failure. As you read this wonderful report outlining the numerous and varied successes supported by CHEXs during the previous year, you will also recognise the rigorous structures in place to ensure that the excellent 'services' provided through the various programmes outlined will continue apace in the future. Through our holistic approach to meeting the needs of our young children and families, we will look forward to further 'success stories' in the coming 12 months...and beyond!

In conclusion, whilst we do of course have our own CHEXs mission statement, I like to think that the following quote from Nelson Mandela encapsulates our core moral purpose, and provides inspiration for all members of our local community:

'What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others.'

Thank you for your continued support...happy reading!

Tony Gorton

A Gorton

Chairperson

Dated: 6 November 2023

CHEXS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 AUGUST 2023

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CHEXS

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 AUGUST 2023

The trustees present their annual report and financial statements for the year ended 31 August 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 2 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Who are CHEXS and what do we do?

CHEXS is an award-winning youth and family support charity based in Waltham Cross, on the Hertfordshire/Greater London/Essex border. We have been working with our 13 partner schools since 2010. Due to our strong working relationships with each school, founded on a track record of excellent results, partner schools refer families to us where a child is not achieving their potential, and the underlying reason is thought to be challenges at home.

We provide a combination of support to the child, through our Children and Young People team, and support to the wider family to address the underlying challenges the parents may be facing. Support to families is provided by our Family Support Team – which is the focus of this application.

Because we are very well known in our community and seen as a trusted, independent support for parents, almost all referred families choose to accept our help.

We feel a sense of pride seeing how the CHEXS team continually tries to connect with children, young people and their families. Isolation is a powerful and relatable experience that everybody has felt sometime in their life. Isolation, no matter what age, is probably one of the biggest influencers that eats away at our self-esteem.

CHEXS' proactive approach helps start the journey to building trust and the small steps to feeling a sense of belonging. Once we have the momentum it is easier to steer ourselves into environments where we are able to build friendship groups. This is crucial to our happiness and mental and physical well-being by giving us a sense of connection, which we all need.

The CHEXS team's qualities, especially empathy to support families in the community, are the major factors in why CHEXS can year on year help over 500 families a year. Empathy is a human quality that can't be replicated. The ability for the person with the issue to feel listened to, and for the person helping to instinctively pick up on the tone of somebody's voice, and body language whilst listening to understand, enables them to appreciate that their concerns are integral to helping to build a trusted relationship and ensure positive outcomes are achieved.

The board is continually amazed at the team's enthusiasm and passion to always look at new ways to evolve their services and help to connect children, young people, families, and our local communities. There are numerous pertinent examples in this report, when you create a fun and trusting environment the possibilities are endless!

CHEXS Vision

Our whole family approach is embedded in the local community, bringing both parents and young people together to support and inspire each other.

CHEXS Family Support Mission

Our support helps parents develop stronger family relationships by creating opportunities to improve parenting confidence. We focus on promoting an environment of trust and open communication, enabling parents to support their child(ren)'s growth, confidence and ultimately their individual goals.

CHEXS Young People Support Mission

Our approach creates a trusting and honest environment to inspire the next generation by providing projects to challenge and promote growth. Our programme creates goal-driven experiences with clear expectations to build resilience and self-esteem whilst improving wellbeing

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

CHEXS Values:

Community -

We aim to create a united community working together to improve our local area.

Homes -

Working with families to build a happier home life with improved communication and relationships.

Enrichments -

We engage children and young people in positive activities, giving them the opportunity to raise self-esteem, improve relationships and develop life skills.

Xtra-mile -

We always endeavour to go above and beyond to support families.

Support -

CHEXS provides a dedicated, enthusiastic, professional and inclusive support service for all families in the local community.

CHEXS Strategic Plan 2023 – 2027

Our Strategic Plan includes five strategic outcomes, which CHEXS will work towards during the period 2023-2027:

- 1 To enable parents including those from deprived and vulnerable families to develop their skills and confidence, to build a happy home.
- 2 To enable parents to have improved skills to manage behaviour and support learning. Resulting in better relationships with children.
- 3 To enable children to develop skills and improve relationships, to build resilience and self-esteem whilst improving wellbeing.
- 4 To enable our community to work together with a sense of belief and ownership tackling local issues and improving community relationships.
- 5 To enable the Charity to be governed and sustainably resourced with the broadest strategic choice to best enable the achievement of its vision.

Each of these strategic outcomes is sponsored by a Board member who works with the CEO and appropriate members of staff to ensure the charity achieves its goals.

We use Log Frames for each of the strategic outcomes to show the impact we want to achieve, the activities we will deliver to achieve that impact, and outlines measurable indicators to help us track whether we are making progress towards achieving the outcome

The Board member sponsoring each of the strategic outcomes reports back to the full Board on progress.

The Strategic Plan is underpinned by Structured Frameworks, which define exactly what we want to achieve from our core activities, including measured outcomes.

i) Our Children and Young People Framework

The CHEXS GROWTH Programme builds self-esteem, confidence, aspirations, relationships, and resilience by helping young people achieve success outside the traditional classroom environment.

It is a structured programme of in-school, after-school, and holiday activities for disadvantaged young people. Delivered over multiple weeks and including group and 1-2-1 work, it helps children raise their aspirations and gives them the skills/confidence to achieve more in life. Last year, we supported 353 children struggling with poor emotional well-being/mental health, behavioural challenges, and attendance. 81% of attendees raise their aspirations and 76% do better at school.

CHEXS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

There are four pillars to our GROWTH programme:

- 1 Project gives meaning and purpose
- 2 Experiences build resilience
- 3 A culture of expectations
- 4 Environment inspires aspirations

We achieve the pillars by working side-by-side with young people to achieve the following:

- ☐ Goal Setting
- ☐ Resilience development
- ☐ One to one focus
- ☐ Working together
- ☐ Trust building
- ☐ Help each other

Children and Young People framework link:

https://drive.google.com/file/d/18GPP66R3iBi5H_cAQdzeRqzwRIGI5Pdi/view?usp=drive_link

ii) Our Family Support Framework

Our Family Support Team works with parents to tackle the underlying sources of family tension, e.g., money, employment, or housing. We help parents develop better communication and behaviour management strategies. We provide support 1-2-1, in groups and through courses. Last year, we supported 138 families intensively, and 55 'light-touch' (e.g., with food bank vouchers/accessing emergency grants.) Of families helped intensively, 97% felt better supported, 87% could better communicate with their child, 82% improved child-parent relationships.

There are four pillars to our Family Support Team's work:

- 1 Supporting home life stresses
- 2 Managing difficult behaviour
- 3 Strengthening family relationships
- 4 Communication

CHEXS' family support team enables parents (including those from deprived and vulnerable families) to develop their skills and confidence and to build a happy home. We give parents the opportunity to improve their parenting skills, manage their child's behaviour and support their learning. This results in improved parent-child relationships.

Family Support Service framework link:

https://drive.google.com/file/d/1liwBsLE0DpQyB1ZoTMJQso0TWzsi5ovv/view?usp=drive_link

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Achievements and performance - A summary of what CHEXS has achieved September 2022 – August 2023

We are extremely grateful to our stakeholders, key partner agencies and trusts and foundation that have supported CHEXS.

CHEXS continues to be grateful for the support received over the last year.

CHEXS' whole family approach has supported during the last year **366 disadvantaged and underperforming school-age children**, to build their aspirations, self-esteem and well-being with services. The team has also worked with **193 disadvantaged families**, helping parents improve family relationships, manage their children's behaviour and communicate more effectively, including through lockdown.

The team has also supported and worked with:

- a Providing after-school and holiday support to 157 disadvantaged young people, helping to build their aspirations, self-esteem and wellbeing.
- b Providing one to one and small group coaching to 116 children and young people.
- c Issued 36 foodbank and 76 food shopping vouchers to families.
- d Secured emergency funding to help 48 destitute families keep their energy supply.
- e 283 professionals have received training including children's safeguarding, workshops to raise awareness around Prevent (WRAP), internet safety and paediatric first aid.
- f Run 25 community social sessions for isolated community members.

All families supported had children struggling to achieve their potential due to family challenges.

Parent Quotes

- *"You have been fantastic, I thought I was doing things the right way and after working with you, I know I was and it made me feel more confident".*
- *"Thank you for inviting me along to Real Talk, I found it so useful. It's good to talk to others, knowing you are not alone"*

Children Quotes

- *"I learnt teamwork it might help you in the future because it helped me be more happy and not sad! When I was working by myself it made me feel lonely but as soon people joined it made me work harder."*
- *"You don't get that much time to chat in class, it's good to talk about things that are worrying us."*

Young People Quotes

- *"It helped with my confidence because I didn't think I would go as I was nervous but I went anyway and enjoyed it, I glad I went."*
- *"My Life (project) has helped me with my self-esteem and self-care. I feel listened to and worthy. My life has shown me that no matter what I do in my life, to never give up and to always keep going."*
Referred for: School refuser
- *"CHEXS has helped me to be more independent and more confident and helped me find people that relate to me and I can talk to"*
Referred for: Friendship, relationship issues and low self esteem

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

How CHEXS responded to the increased demand over the last 12 months

Due to the cost-of-living crisis, twice as many families now need our support. Many organisations and individuals have helped CHEXS to support families in the local community. A fantastic example is how a business like Warburtons has invested in children's and young people's futures by sponsoring a specific CHEXS programme "Transition". Their support has enabled CHEXS to truly help a group of targeted children who have benefited from having regular interaction with the CHEXS team enabling them to flourish in their new school environment.

CHEXS has been on a mission to find and/or develop a child's interests and support parents that allows them to thrive in a particular environment - their niche. CHEXS' frameworks are designed to unlock an individual's potential by working with parents and their children's strengths and creating an environment for individuals to come together to support areas that do not come naturally to them.

Our overarching reflection from this year's review is we need to dedicate all our energy, passion, resources, and know-how to help ensure our children's future does not continue to be penalised by the legacy of the pandemic. It is a travesty reflecting on the countless opportunities, learning experiences, and interactions our children have missed out on. This unfortunately is now being compounded by the cost-of-living crisis which is creating a perfect storm to drag even more children from working families into poverty

Our schools have stepped up again to help mitigate these negative influences. I call on other sectors to interconnect and help by sharing resources, expertise, and limited funds to contribute to building positive outcomes and values for children, giving them dignity and a fighting chance to live the happy, fun, and thriving life we wish our own children to experience. This in turn will make a happier, stronger, and more prosperous community for us all to live in.

Key achievements have been:

- We responded to a significant increase in referrals from partners with the most common issues affecting children being anxiety, poor mental health, and poor behaviour. We also saw a rise in young people questioning their sexuality.
- We have provided parents with 1-2-1, face-to-face emotional and practical support in neutral venues, such as local coffee shops and through home visits.
- We provided easy to access, online support through Facebook which includes, parenting tips, blogs and workshop updates. Ensuring all community have access to information and support: <https://www.chexs.co.uk/category/family-support/>
- The Family Support Team helped issue 76 food shopping vouchers and handed out 36 foodbank vouchers.
- We secured emergency funding to help 48 families, who are on energy key meters and couldn't afford the top-up payments, keep their power on.
- We helped some parents by meeting them in local shops to top up their utility cards/keys.
- We have set up a Real Talk, to enable parents and carers to give their views on how our services should be delivered and inform practice for the forthcoming year.
- We are now supporting parents to co-produce events, so they take ownership of family sessions; the Parent Champion networks will play a key role in these in the next academic year.
- To ensure we listen to our families and provide appropriate support, we conducted face-to-face consultations with 193 parents, the results were:
 - 90% know who CHEXS are and the services we provide
- Our FSS Team delivered Boundaries, Routines and Behaviour workshops to 142 parents and we have been delivering Anxiety and My Child workshops in local Schools throughout the Summer Term to help parents address their children's poor mental health.
- We asked parents to tell us what future parent workshops they would like, the top three are:
 - a. Emotionally based child avoidance
 - b. Supporting a child with SEN
 - c. Boundaries, Routines and Behaviours
- We have delivered the GROWTH project to 186 children and young people. This is a 30 day structured programme of goal-driven, outdoor learning to disadvantaged young people not achieving their potential.
- We engaged and supported 125 children in the CHEXS Afterschool Leadership project
- Children engaged in the GROWTH programme also took part in the CHEXS Holiday Programmes.
- Young people who engage in risky behaviours were engaged in the My Life projects aimed at increasing their awareness of the dangers of modern world and how their actions can impact on their future.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

- CHEXS supported 35 vulnerable children to transition into secondary school.
- Families of children & young people engaged in GROWTH were offered support from CHEXS Family Support Service with 26 accepting intensive support.
- 31 Community volunteering opportunities are offered to young people & family members building family relationships and community ownership.
- Universal support was given to 511 children via internet safety and aspirational talks.

Further consultation with parents and stakeholders is on-going at present to ensure we understand emerging needs, particularly around the current climate of fuel and economic poverty.

During face-to-face consultations, one parent told us how support from CHEXS a few years ago had helped transform her future and provide a higher income for her family:

"You have been fantastic, I thought I was doing things the right way and after working with you, I know I was and it made me feel more confident."

Outcomes

More often than not, the challenges faced by the young people we work with are related to issues at home. Therefore, to help young people achieve their potential in life, we provide holistic support to the whole family. The outcomes below have been achieved through self-assessed questionnaires from 88 parents and 170 GROWTH children and young people.

Outcomes achieved by parents

Our Family Support Service provides one-to-one support, helping parents access support to tackle the underlying issues causing family tensions, such as parental mental health problems and poverty.

We also provide one-to-one support and workshops to help parents:

- Communicate effectively with their children
- Strengthen family relationships
- Manage difficult behaviour
- Support their children's learning

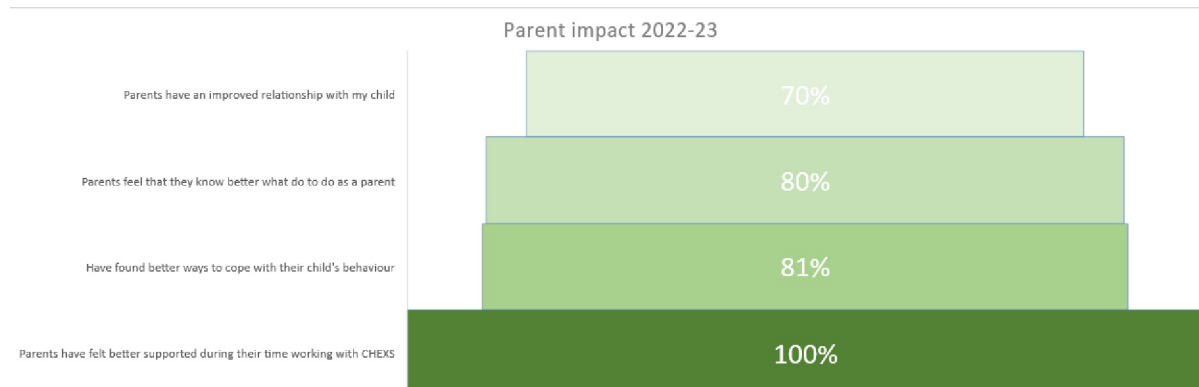
We worked intensively with parents from 193 families. Evaluation undertaken with parents supported this year shows that 80% of the parents we supported improved their parenting skills, 73% can now communicate better with their children, and we helped 79% resolve family problems that were increasing tensions at home, such as helping to resolve practical issues such as debt and housing.

These results are shown in the following chart:

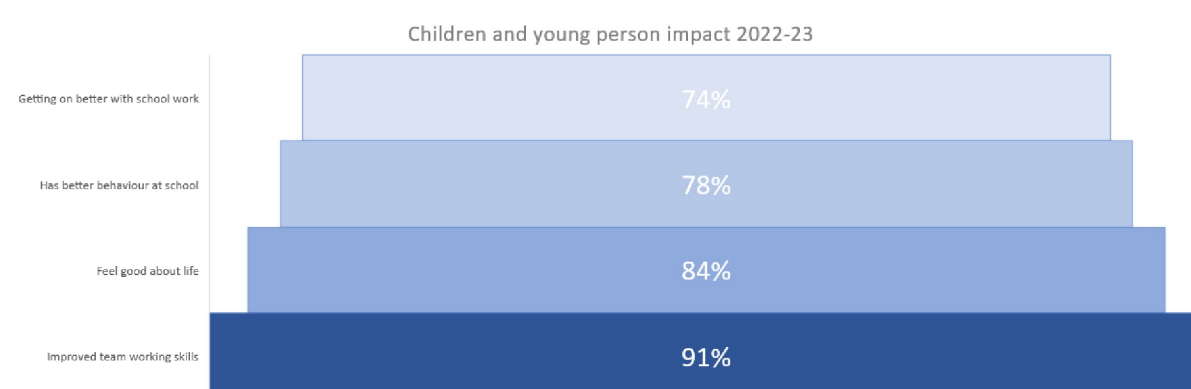
CHEXS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

Outcomes reported by parents



Outcomes achieved by Children and Young People



CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Case study



"CHEXS, you have been a lifesaver, you have held me accountable and encouraged me to do better. Our some life is now more settled, bills are being paid on time, my relationship with my children is better. I go to the gym now everyday and take classes like you said. Thank you so much, the relief I feel is amazing."

QUOTES FROM SCHOOLS

Alongside capturing outcomes data and case studies from parents, we also ask schools making referrals to provide feedback:

- "Communication between CHEXS and our parents has been a real strength this year. It has been great hearing how much interaction and response there has been between parents and CHEXS staff. This has supported relationships and allowed CHEXS to support both the children and their families." Primary Deputy Head
- "We have worked with CHEXS over a considerable period of time and continue to do so because of the quality of the provision that they are able to provide for our families. Each year CHEXS continues to adapt and refine what they are able to offer our pupils and their families and are excellent at responding to current issues within the community e.g. anxiety due to the pandemic, and financial worries due to the rising cost of living, increasing mental health concerns. CHEXS are also excellent at signposting families to other services, local and national, and supporting families to make the first steps to improving their own situations." Primary Deputy Head

Community Events

Throughout the year we hold events that encompass the whole community and engage the families in activities that build relationships and are affordable for those that struggle financially. We also support our partners such as housing associations and the local borough council to ensure that our services are accessible to anyone who may find themselves in a time of need. In the summer we held pop-up events in the local parks to give children and young people a place to drop by and see the team whilst having some fun with the free activities and games.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Financial review

The charity has had a successful year and despite challenging circumstances, has achieved increased income for the sixth year running. This has enabled CHEXS to respond positively to significantly increased demand from families and young people due to the pandemic and the cost-of-living crisis.

This year has been exceptionally challenging both in keeping up with demand operationally and in resourcing the team to maintain this delivery. Whilst the charity has reported a deficit of £22,259 this is almost entirely explained by the timing of receipt of restricted income.

Once the timing of receipt of restricted income is excluded, the charity is reporting a deficit of £1,786 in unrestricted spending which we have covered from our unrestricted reserves.

During the year, the charity had a total income of £417,286 representing an increase of £27,368 from the previous year.

Expenditure was £439,545 which saw an increase of £76,239 from the previous year.

The charity has had a successful year and despite challenging circumstances, has increased income for the sixth year running. This has enabled us to respond positively to significantly increased demand from families and young people due to the pandemic and the cost-of-living crisis.

During the year, the charity had a total income of £417,286 representing an increase of £27,368 from the previous year.

Expenditure was £439,545 which was an increase of £76,239 from the previous year.

The charity has reported a deficit of £22,259 as a result of staff investment and an unsuccessful CIN application for renewed funding.

The income received originates from several sources. The largest is grant income which accounts for £237,025 (57%) of the total income received, with National Lottery and Henry Smith Charity being the largest contributors.

National Lottery funding for our Family Support Lead finished in January 2023. We submitted a continuation application within the designated time frame and are delighted to confirm we received increased funding of £425k over 4 years. This support has enabled the charity to have increased capacity for our family support service which has seen nearly a 50 % increase in demand. Funding commenced on the 3rd of March so due to the end and start of the new funding the board approved our reserves to cover the difference.

Our 3-year After School Children in Need funding finished in January 2023. Following its conclusion a very strong continuation funding application that went to the final stage and interview. There was a larger-than-normal volume of applications due to Children In Need suspending their grant process for six months to update their priorities. A large number of backlogged applications and Hertfordshire, unfortunately, being lowered in their priority regions meant that we were unsuccessful. However, feedback was extremely positive, and we have been asked to resubmit in March 2024. The board approved our reserves to cover the additional salary costs of our Children and Young People Team throughout the remaining school year as the program was engaging and supporting a further 128 children.

This shows the commitment by CHEXS to expand services for both children and their parents with much-needed additional support during the pandemic.

The board has also been very mindful of our staff's wellbeing and mental health and approved staff salary inflation rises and additional support to help our staff through the cost-of-living crisis.

Staff costs increased from £275,834 to £364,397 representing a total rise of £88,563. This demonstrates the commitment of CHEXS to its staff and supporting our community.

The organisation remains in a healthy financial position, with overall funds of £163,001 and current balances held as cash at the bank or in the hand of £218,055. The trustees and management believe that due to this position they are able at present to respond to any changes they may face.

Reserves Policy

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

CHEXS' board continually monitors the Charity's reserves and proactively engages with the Operational Senior Leadership Team to develop and diversify funding streams.

Although we would prefer not to use our reserves, the board understands that the unprecedented challenges the charity has encountered within this financial year are extremely difficult, however, this is the very reason we have reserves. It is now the board's priority to ensure the charity utilises all our available capacity to cover and increase our reserves in the coming months and beyond. This will ensure the charity can continue to best support families in the community in these ever-increasing challenging times.

The reserves policy of CHEXS is regularly reviewed by the Trustees to ensure that it meets the day-to-day requirements of the organisation.

The aim is to ensure the charity has approximately 3 months of operational costs (£90,000) and staff redundancy costs (up to £30,000) and that in the event of the loss of major revenue streams, there are adequate reserves to give time to secure alternative income streams and discharge contractual or financial obligations.

In the long run, there is expected to be an increase in our expenditure to meet higher demand. This will require a higher level of reserves to protect the charity's services in case of a short-term unexpected fall in income and, in extreme circumstances, to cover redundancy costs should we have to cease operating. Currently, our unrestricted reserves total £102,501, made up of a designated £30,000 to cover redundancy/staff costs and £72,501 unrestricted free reserves.

Therefore we intend to increase our unrestricted reserves to ensure we maintain reserves in line with our policy level in future years.

Investment Powers

Under the constitution, the charity has the power to make any investment as the Trustees see fit.

Statement of compliance with Charity Commission guidance on public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Risk Management

CHEXS' trustees have assessed the major risks to which the charity is exposed, and are confident that CHEXS Risk Policy & Risk Register make it clear for the board to put the long-term success of our charity at the forefront and meet future objectives with greater certainty - both of which will ensure we continue to support our beneficiaries in the best possible way and keep our stakeholders confident in CHEXS' sustainability and control measures.

Structure, governance and management

The charity is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

The trustees who served during the year and up to the date of signature of the financial statements were:

A. Gorton

S. Farmer

D. Hewitt

(deceased 05 November 2023)

P. Seeby

S. Goldsmith

L. Alum

B. Booth

C. Bakalis

(resigned 22 September 2022)

K. Laffar

C. Angeli

CHEXS openly invites all community members via the CHEXS website, mailing circulation, social media, and word of mouth to put themselves forward for election to the CHEXS Trust Board by completing the nomination form.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

When a position becomes available the Board of Trustees create a trustee advert outlining the roles and responsibilities required with a closing date. When potential candidates are identified the Board undertake a skills audit of the nominations and invite all potential trustees to meet the board before decisions about appointment to the CHEXS Trustees Board are made.

The Board has confirmed and voted that Board Members who have served 3 full terms (9 years) and still have the enthusiasm and skills to continue to develop the charity objectives are able to apply to be re-elected to the Board.

Frequency of meetings are 4 Full Trustee Meetings (including AGM) plus 3 Subgroup meetings.

The Board may choose to call extraordinary meetings to consider issues and action outside the normal cycle of meetings (or where an urgent response is required). The time of the meetings will also be rotated to give equal opportunity for members to attend. A timed agenda will be provided.

All Charity Commission requirements are overseen by the Treasurer. The Board of Trustees delegate CHEXS requirements that need to be submitted to the CHEXS CEO and/or Office Manager.

In addition to the Trustee Meetings, the Trustees have active involvement with the development and monitoring of the charity Strategic Plan. See below for what is covered.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Strategic Plan Delivery Model - We have 3 key strategies:

- 1 Growth - Will enable us to have a strategy to essential ensure the growth and sustainability of CHEXS.
- 2 Marketing – Will enable us to reach more beneficiaries and stakeholders and generate more income to support our mission.
- 3 Services – Are important because it is at the heart of our practice and keeping the charity focused ensuring that every penny helps support the charities mission, values, and vision.

The plan is managed by a small Steering Group” appointed by “the CEO. The group consist of a number of “active” Trustees together with a senior member of staff. The group's remit is to provide governance to ensure that the plan is delivered on time and to agreed specification and budgets. The group meet 4 times a year and is chaired by the CEO.

The methodology of the group is to review, support and challenge the delivery of each outcome within the plan using the “traffic light” reports method.

Management, Sponsorship and Reporting

The strategic plan is reviewed to distinguish between those key deliverables that are a challenge but just need to be done (e.g., Recruitment) and those that are in effect stand-alone projects. Each Outcome has a project manager (PM) who is a member of staff whose day-job is closest to the specific outcome. The PM then requests the part time support of a small number of staff to form a Natural Work Team (NWT). The NWT consists of a team of individuals who work together or work in complementary roles to complete a task:

The role of the NWT is to:

- Define the outcome (add detail to the existing headline)
- Set out projects/services (linked to the outcome), timelines, key performance indicators
- Deliver the projects/services to achieve the outcome
- Review and report upon the outcomes

Each strategy is sponsored by a member of the Board of Trustees (Trustee Champion). The role of the sponsor is to support the NWT calling upon their experience and knowledge, to praise the NWT and to challenge to ensure delivery.

Each sponsor will agree with their NWT a termly traffic light report that will be made available to the Steering Group.

Traffic Light Report (also known as a RAG report), has the following outcomes applied:

- Red Outcome: not achieving KPI's needs significant support
- Amber Outcome: achieving most KPI's but needs to focus on one or more
- Green Outcome: achieving all KPI's
- Blue Outcome: over-achieving – celebrate success

Each Trustee Champion then report back to the full Trustees meetings on all progress/developments.

Strategic Aim - Ensure the Charity is sustainable, appropriately resourced, and has the broadest strategic choice to best enable achievement of its vision.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Fund Development Objectives

CHEXS fund development objectives have been categorised into 4 pillars each supporting a different aspect of the funding strategy:

Pillar 1– Schools/stakeholders

- a. Develop stakeholders to fund our increased services to beneficiaries

Pillar 2– Trusts and foundations

- a. Increase existing levels of trust & Foundations incomes

Pillar 3– Business

- a. Corporates sponsorship
- b. Develop corporate donor relationships to support CHEXS' mission
- c. Develop a major donor relationship to support CHEXS' mission
- d. Traded services
- e. Hire services

Pillar 4- Fundraising and donations

- a. CHEXS fundraising community Events
- b. Develop an individual committed giving
- c. Develop a legacy programme, securing five pledges

Strong leadership from the Chair, Board of Trustees and CEO provides direction and motivation. The CEO provides front line leadership and support to staff, with regular training and support meetings to ensure all staff/volunteers are monitored and have the opportunity to develop the skills they need.

CHEXS Trustees have an array of qualifications and experience obtained from various personal and working environments.

Involvement of the Trustees and Patron's local knowledge and experience see the benefits of the work being performed and are able to engage with the organisation as to the effectiveness of the delivery of the support. The Trustees have regular communication with senior management and those responsible for delivery to understand the work being done, the effectiveness of the work and its delivery and its impact on the children and adults being supported.

The trustees' report was approved by the Board of Trustees.

Tony Gorton

A Gorton

Trustee

Dated: 6 November 2023

CHEXS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHEXS

I report to the trustees on my examination of the financial statements of CHEXS (the charity) for the year ended 31 August 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Howard Wilson

John Wilson FCA ATII

Howard Wilson Chartered Accountants
36 Crown Rise
Watford
Hertfordshire
WD25 0NE

Dated: 6 November 2023

CHEXS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
<u>Income from:</u>							
Voluntary income including donations and legacies	3	21,550	-	21,550	8,683	-	8,683
Income from charitable activities	4	190,211	205,525	395,736	176,423	204,812	381,235
Total income		211,761	205,525	417,286	185,106	204,812	389,918
<u>Expenditure on:</u>							
Raising funds	5	2,093	-	2,093	4,309	-	4,309
Charitable activities	6	211,453	225,999	437,452	167,630	191,079	358,709
Total expenditure		213,546	225,999	439,545	171,939	191,079	363,018
Net (expenditure)/income for the year/							
Net movement in funds		(1,785)	(20,474)	(22,259)	13,167	13,733	26,900
Fund balances at 1 September 2022		104,286	58,715	163,001	91,119	44,982	136,101
Fund balances at 31 August 2023		102,501	38,241	140,742	104,286	58,715	163,001

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

CHEXS

BALANCE SHEET

AS AT 31 AUGUST 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Debtors	12	39,230		58,452	
Cash at bank and in hand		218,055		196,388	
		<u>257,285</u>		<u>254,840</u>	
Creditors: amounts falling due within one year	13	(116,543)		(91,839)	
Net current assets			140,742		163,001
Income funds					
Restricted funds	15		38,241		58,715
<u>Unrestricted funds</u>					
Designated funds	17	30,000		30,000	
General unrestricted funds		<u>72,501</u>		<u>74,286</u>	
			102,501		104,286
			<u>140,742</u>		<u>163,001</u>

The financial statements were approved by the Trustees on 6 November 2023

Tony Gorton

A Gorton
Trustee

CHEXS

BALANCE SHEET (CONTINUED)

AS AT 31 AUGUST 2023

1 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

2 Accounting policies

Charity information

CHEXS is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

2.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

2.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

2.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts. Expenditure meeting the criteria as set is allocated against the specific reserve in the year it is incurred.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2023

2 Accounting policies

(Continued)

2.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

2.5 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of VAT.

2.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Motor vehicles	25% straight line
----------------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

2.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

2 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2.11 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

3 Voluntary income including donations and legacies

	Unrestricted funds	Unrestricted funds
	2023 £	2022 £
Donations and gifts	21,550	8,683

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

4 Income from charitable activities

	2023 £	2022 £
Membership income	43,710	44,033
Project income	115,001	91,945
Grants receivable	237,025	245,257
	<u>395,736</u>	<u>381,235</u>
Analysis by fund		
Unrestricted funds	190,211	
Restricted funds	205,525	
	<u>395,736</u>	
For the year ended 31 August 2022		
Unrestricted funds		176,423
Restricted funds		204,812
		<u>381,235</u>
Grants receivable		
Children in Need	7,675	29,737
National Lottery	58,011	41,184
Postcode Lottery	-	23,737
Hertfordshire Community Foundation	4,807	9,802
Garfield Weston	25,000	25,000
Edward Gostling Foundtion	25,000	18,872
Marriots School	7,459	-
Broxbourne Borough Council	11,250	17,080
Henry Smith Charity	72,950	54,400
Warburtons	10,000	10,000
Other	14,873	15,445
	<u>237,025</u>	<u>245,257</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

5 Raising funds

	Unrestricted funds	Total
	2023	2022
	£	£
<u>Community fundraising, events and sponsorship</u>		
Advertising	2,093	4,309
	<u>2,093</u>	<u>4,309</u>

6 Charitable activities

	2023	2022
	£	£
Staff costs	364,397	275,834
Project costs	10,279	24,729
Staff training	6,994	8,107
Insurance	4,963	6,035
Office costs	21,338	13,494
Motor & Travel costs	8,747	3,950
Professional fees	480	384
Sundry expenses	264	244
Governance costs	1,200	1,200
Venue costs	7,120	7,935
Grant funding of activities (see note 7)	11,670	16,797
	<u>437,452</u>	<u>358,709</u>

Governance costs comprise fees paid to independent examiner's of £1,200 (2022 - £1,200).

7 Grants payable

	Educational and extended services	Educational and extended services
	2023	2022
	£	£
Grants to individuals	11,670	16,797
	<u>11,670</u>	<u>16,797</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	13	12
Employment costs	2023	2022
	£	£
Wages and salaries	324,696	246,167
Social security costs	24,562	16,675
Other pension costs	15,139	12,992
	364,397	275,834

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Tangible fixed assets

	Motor vehicles £
Cost	
Additions	53,006
At 31 August 2023	53,006
Depreciation and impairment	
Depreciation charged in the year	53,006
At 31 August 2023	53,006
Carrying amount	
At 31 August 2023	-

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

12 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Other debtors	38,769	54,346
Prepayments and accrued income	461	4,106
	<u>39,230</u>	<u>58,452</u>

13 Creditors: amounts falling due within one year

	Notes	2023 £	2022 £
Deferred income	14	104,843	77,987
Other creditors		-	2,152
Accruals and deferred income		11,700	11,700
		<u>116,543</u>	<u>91,839</u>

14 Deferred income

	2023 £	2022 £
Other deferred income	<u>104,843</u>	<u>77,987</u>

Deferred income is included in the financial statements as follows:

	2023 £	2022 £
Deferred income is included within:		
Current liabilities	<u>104,843</u>	<u>77,987</u>
Movements in the year:		
Deferred income at 1 September 2022	77,987	83,364
Released from previous periods	(77,987)	(83,364)
Resources deferred in the year	<u>104,843</u>	<u>77,987</u>
Deferred income at 31 August 2023	<u>104,843</u>	<u>77,987</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			Movement in funds		
	Balance at 1 September 2021	Incoming resources	Resources expended	Balance at 1 September 2022	Incoming resources	Resources expended	Balance at 31 August 2023	Incoming resources	Resources expended
	£	£	£	£	£	£	£	£	£
Awards for All (Big Lottery)	8,950	-	(8,950)	-	7,281	(3,236)	4,045		
Postcode Lottery	-	23,737	(9,777)	13,960	-	(13,960)	-		
Warburtons Grant	-	10,000	(1,666)	8,334	10,000	(10,834)	7,500		
Broxbourne Borough Council	-	17,080	(16,080)	1,000	11,250	(11,750)	500		
Henry Smith COVID-19 Long-term Support	-	17,500	(5,884)	11,616	35,550	(37,892)	9,274		
Henry Smith Charity - Improving Lives	3,025	36,900	(36,850)	3,075	37,400	(37,438)	3,037		
Hertfordshire Community Foundation	1,300	9,802	(11,102)	-	4,807	(4,807)	-		
Children in Need - After School Programme	5,997	28,737	(32,164)	2,570	7,675	(10,245)	-		
Children in Need - School Holiday Programme	8,805	-	(8,805)	-	-	-	-		
Marriots School	-	-	-	-	7,459	(7,459)	-		
Edward Gostling Foundation	-	18,872	(18,872)	-	25,000	(11,115)	13,885		
Lewis Cocking Locality Budget Scheme	-	1,000	-	1,000	-	(1,000)	-		
Reaching Communities	16,905	41,184	(40,929)	17,160	50,730	(67,890)	-		
Locality Budgets	-	-	-	-	800	(800)	-		
Shanly Foundation	-	-	-	-	5,000	(5,000)	-		
Peabody Community Foundation	-	-	-	-	2,573	(2,573)	-		
	44,982	204,812	(191,079)	58,715	205,525	(225,999)	38,241		

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

16 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 August 2023 are represented by:						
Current assets/(liabilities)	140,742	-	140,742	104,286	58,715	163,001
	<u>140,742</u>	<u>-</u>	<u>140,742</u>	<u>104,286</u>	<u>58,715</u>	<u>163,001</u>

17 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 September 2021 £	Movement in funds Incoming resources £	Balance at 1 September 2022 £	Movement in funds Incoming resources £	Balance at 31 August 2023 £
Contingency Fund	30,000	-	30,000	-	30,000
	<u>30,000</u>	<u>-</u>	<u>30,000</u>	<u>-</u>	<u>30,000</u>

The contingency fund was set up in order to provide funds to cover for any unexpected expenditure that the charity should face, as well as provide a fund towards redundancy should the charity have to reconsider its operations, subject to funding.

18 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

CHEXS

England & Wales - Charity number 1153769

Accounts

Charity registration number 1153769

CHEXS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2022

CHEXS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A Gorton S Farmer D Hewitt P Seeby S Goldsmith L Alum B Booth C Angeli K Laffar
Patron	Sir Charles Walker KBE MP for Broxbourne
CEO	P Maiden
Charity number	1153769
Principal address	CVSBEH Community Skills Hub 59 High Street Waltham Cross Hertfordshire EN8 7JU
Independent examiner	John Wilson FCA ATII Howard Wilson Chartered Accountants 36 Crown Rise Watford Hertfordshire WD25 0NE

CHEXS

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CHEXS

CHAIRPERSON FOREWORD

Just two years ago, I composed a foreword for the CHEXS Annual Review Report in which the word 'unprecedented' was referred to in terms of the numerous challenges being presented by the global COVID pandemic which was at its height; this foreword outlined and celebrated the work of CHEXS in successfully overcoming these challenges despite the various difficulties presented. This ongoing (and often innovative) work subsequently ensured that the essential support and provision for local families for which CHEXS has become known during the last few years continued apace; indeed, this support was further extended to reach out to particularly vulnerable members of our local community at this incredibly difficult time.

Well, 'fast-forward' 24 months and once again we are faced with challenges which, whilst not 'unprecedented', are certainly causing great concern for so many members of our community. The 'cost-of-living crisis' that we refer to here is a 'real and lived' concern for an increasing number of families; the word 'crisis' is not used lightly in this case.

However, based on its recent track record, the Trustees are confident that our wonderful CHEXS team will continue to 'weave their magic' as they go above and beyond the call of duty on a daily basis. The foresight of our CEO has ensured that the team has recently been expanded (a testament to its success, both in terms of outcomes and financial stability) to enable more support to be provided to those in need, support which is becoming ever more extensive thanks to the increasing skill-set of the CHEXS Team.

An oft-used phrase following the global pandemic is 'the new normal'...but surely 'normal' is a limiting term, meaning that the infinite potential of both the individual and society as a collective will never be truly realised, that it is fine just to be 'accepting' of the current situation. Well, from CHEXS' perspective, and as outlined in our 'Five Key Outcomes', this is certainly not acceptable. Hence, it is with a sense of renewed focus and hope that we look forward to the ongoing success of CHEXS, success which can be demonstrated by data/figures, but more importantly through outcomes that may not be immediately quantifiable but have an immeasurable impact long into the future.

Through reading this report you will certainly gain a sense of this long-term vision and the aspirations that CHEXS has for all members of our community...happy reading!



A Gorton
Chairperson

Dated: 16 November 2022

CHEXS

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 AUGUST 2022

The trustees present their annual report and financial statements for the year ended 31 August 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 2 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Cost of Living Crisis

The sheer scale of the cost of living crisis can feel overwhelming. As a charity, we have supported local families for the last 12 years, many of whom have needed face-to-face interaction with a smile and reassuring presence to help them deal with the causes of their stress and anxiety triggers. We are now faced with a 64% increase in adult referrals, from this year's data, with 30% being from households we historically would not have worked with.

This is on top of the 345 children and young people involved in the CHEXS GROWTH program with equal numbers predicted for the next financial year. All these children and young people have so much potential to reach their goals but just need a helping hand - if they don't get this help, would they still reach those goals?

To feel a little daunted would be an understatement, especially following what CHEXS has achieved through the pandemic.

How can we possibly do this?

We are fortunate to have a supportive trustee board, an incredibly dedicated, passionate, and enthusiastic team, incredible stakeholder schools, partners, and amazing volunteers who have a like-minded value - we care. We are confident together we can make headway into this crisis by being here and doing what we do best, caring for and looking out for people who need a helping hand.

Staff wellbeing is, and will always be our priority. How can we expect to support families in the community if we cannot truly support our staff and volunteers' wellbeing? This balance will continue to be a challenge however I know with open and honest communication within the team CHEXS will continue supporting families in the community for the foreseeable future.

One of the highlights of the year, especially after the pandemic restrictions, was being able to re-establish our 2 fantastic community days. These events help bring our local communities together interacting in person and putting a smile on everyone's face. We look forward to planning more community occasions in the coming year.

CHEXS continues to be a vehicle for helping bring people together. Together we can do so much more!

Who are CHEXS and what do we do?

We'd like to begin with a reminder about our work. CHEXS is an award-winning youth and family support charity working in and around Waltham Cross, Hertfordshire, which includes some of England's 10% most deprived areas for children to grow up.

We work with disadvantaged and underperforming school-age children, and their families. We raise young people's self-esteem, skills, wellbeing, and aspirations, and address the issues stopping them from achieving their potential.

A key reason for our success is that we help the whole family address the issues underlying a young person's challenges. Through this approach, we not only directly support the young person, but also raise parents' ability to communicate with their children, improve family relationships and support child development.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

Young people are referred to us by 13 primary schools and 2 secondary schools. They refer young people to us if the young person is from a disadvantaged background, and they are experiencing wellbeing, confidence or behavioural challenges that are stopping them achieving their potential.

- 1 We provide young people with a structured programme of outdoor learning called Growth, which includes creative work, mentoring and a community project. Our programme builds their self-esteem by helping them succeed outside the traditional classroom environment.
- 2 We help young people who are engaging in risky behaviours, such as drugs, alcohol, and sex to make positive choices to keep themselves safe.
- 3 We help parents to resolve financial and mental health challenges which maybe impacting their children, and work with them to develop positive parenting skills.
- 4 We support parents and young people to work alongside each other, delivering positive projects that strengthen their relationships and enhance our community.

Whilst the support received from schools contributes towards some of the work performed within schools, we need to continue to fundraise for our out-of-school activities supporting disadvantaged young people and for our work with families. This unfunded work typically makes up 75% of our annual budget.

CHEXS Updated Strategic Plan 2022 – 2026

We conducted a review of CHEXS' Vision, Mission, Values, and 5 strategic outcomes with a focus day conducted on Friday 20th May 2022 to consolidate the findings. The Charity Trustees and the senior leadership team identified CHEXS' desired long-term goals and worked back from these to identify the pathways we needed to follow to reach them. All the related engagement opportunities were mapped (in this case programs, projects, interventions and change initiatives) as well as the desired outcomes to create the pathway.

CHEXS' updated Vision, Mission, Values, and 5 Strategic Outcomes:

Vision

Our whole family approach is embedded in the local community, bringing both parents and young people together to support and inspire each other.

Updated Mission Note - We have created two missions to reflect the two areas of home /school support:

Family Support Mission

Our support helps parents develop stronger family relationships by creating opportunities to improve parenting confidence. We focus on promoting an environment of trust and open communication, enabling parents to support their child(ren)'s growth, confidence and ultimately their individual goals.

Young People Support Mission

Our approach creates a trusting and honest environment to inspire the next generation by providing projects to challenge and promote growth. Our programme creates goal-driven experiences with clear expectations to build resilience and self-esteem whilst improving wellbeing.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

Values:

Community -

We aim to create a united community working together to improve our local area.

Homes -

Working with families to build a happier home life with improved communication and relationships.

Enrichments -

We engage children and young people in positive activities, giving them the opportunity to raise self-esteem, improve relationships and develop life skills.

Xtra-mile -

We always endeavour to go above and beyond to support families.

Support -

CHEXS provides a dedicated, enthusiastic, professional and inclusive support service for all families in the local community.

5 Strategic Outcomes:

- 1 To enable parents including those from deprived and vulnerable families to develop their skills and confidence, to build a happy home.
- 2 To enable parents to have improved skills to manage behaviour and support learning. Resulting in better relationships with children.
- 3 To enable children to develop skills and improve relationships, to build resilience and self-esteem whilst improving wellbeing.
- 4 To enable our community to work together with a sense of belief and ownership tackling local issues and improving community relationships.
- 5 To enable the Charity to be governed and sustainably resourced with the broadest strategic choice to best enable the achievement of its vision.

Achievements and performance - A summary of what CHEXS has achieved September 2021 – August 2022

We are extremely grateful to our stakeholders, key partner agencies and trusts and foundation that have supported CHEXS, over the last 12 months we have:

CHEXS continues to be grateful for the support over the last year received over the last year.

- 1 CHEXS' whole family approach has supported during the last year **353 disadvantaged and underperforming school-age children**, to build their aspirations, self-esteem and well-being with services including. The team has also worked with **138 disadvantaged families**, helping parents improve family relationships, manage their children's behaviour and communicate more effectively, including through lockdown.

The team has also supported and worked with:

- a Providing after-school and holiday support to 185 disadvantaged young people, helping to build their aspirations, self-esteem and wellbeing.
- b Providing one to one and small group coaching to 117 children and young people.
- c Issued 126 foodbank vouchers to families.
- d Secured emergency funding to help 93 destitute families keep their energy supply.
- e 383 professionals have received training including children's safeguarding, workshops to raise awareness around Prevent (WRAP), internet safety and paediatric first aid.
- f Run 25 community social sessions for isolated community members.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

All families supported had children struggling to achieve their potential due to family challenges. All families supported were extremely grateful for the help your grant funded:

- *"Thank you so much, you have been amazing. I can feel I have someone who really understands and wants to help me!"*
- *"My relationship with Dad has improved; you've given me the confidence to communicate so much better with him. Speaking to you on a regular basis has helped my mental health"*
- *"I usually lack confidence but going to CHEXS helped my confidence and helped me work with a team"*

The impact of Covid-19 on our children and families

The legacy of Covid-19 continues to be extremely tough on the disadvantaged families and young people we support and the cost of living crisis is making things worse. Our families are struggling to feed their children and pay their bills, which raises stress levels and causes family tensions.

The families and young people we support face the following challenges:

Almost all children we support are entitled to free school meals and parents are now finding affording food very challenging. On average, in England 22% of children have free school meals, but in one of our partner schools the proportion is 58%, in another it is 35%. The number of children receiving free school meals has increased by 9% in our area.

Many of our families are in low paid jobs and, with energy bills increasing, are now seriously struggling to manage week by week.

Many have challenging inter-family relationships made worse by living in cramped flats/houses. The increase in tensions and anxieties during the pandemic continue to have a negative impact on parents' and children's mental health, many are desperate for help.

Children and young people from our families are experiencing higher levels of anxiety, some are refusing to attend school, and others are struggling with exams after a long break.

We have been able to respond to an increased demand for support around emotional and financial concerns, without which family relationships would have got even worse, damaging the emotional wellbeing of the whole family. Comments received from families include:

- *"This short time I have worked with you has been so good. You are like family to me and being able to speak has been a blessing. I have liked working with you, thank you for all your help and advice."*
- *"Thank you for all your support and help, it means a lot when I know I can pick up the phone to you."*
- *"I'm more open to take a breath and listen to my children now since working with you. Thank you for all the help!"*

How CHEXS responded to the increased demand over the last 12 months

We were able to support families through the legacy of Covid, as children returned to normal school patterns. Our Family Support Service ensured a higher number of families received support, many parents were anxious about the return and needed support and guidance to alleviate stress. Children and young people also exhibited an increase in anxieties and behavioural concerns.

Key achievements have been:

- We responded to a significant increase in referrals from partners with the most common issues affecting children being anxiety, poor mental health, and poor behaviour. We also saw a rise in young people questioning their sexuality.
- We have provided parents with 1-2-1, face-to-face emotional and practical support in neutral venues, such as local coffee shops and through home visits.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

Key achievements have been (continued):

- We provided easy to access, online support through Facebook which includes, parenting tips, blogs and workshop updates. Ensuring all community have access to information and support: <https://www.chexs.co.uk/category/family-support/>
- The Family Support Team helped issue 98 food shopping vouchers and handed out 128 foodbank vouchers.
- We secured emergency funding to help 31 families, who are on energy key meters and couldn't afford the top-up payments, keep their power on.
- We helped some parents by meeting them in local shops to top up their utility cards/keys.
- Our FSL delivered Boundaries, Routines and Behaviour workshops to 19 parents and we have been delivering Anxiety and My Child workshops in local Schools throughout the Summer Term to help parents address their children's poor mental health.
- We have set up a Parent Champion network, to enable parents and carers to give their views on how our services should be delivered and inform practice for the forthcoming year.
- We are now supporting parents to co-produce events, so they take ownership of family sessions; the Parent Champion networks will play a key role in these in the next academic year.
- To ensure we listen to our families and provide appropriate support, we conducted face-to-face consultations with 175 parents, the results were:
 - 90% know who CHEXS are and the services we provide
 - 247 have attended parenting workshops
- We asked parents to tell us what future parent workshops they would like, the top three are:
 - a. Understanding children with SEN behaviour
 - b. How to support children in making friendships
 - c. Bullying
- We have delivered the GROWTH project to 211 children and young people. This is a 30 day structured programme of goal-driven, outdoor learning to disadvantaged young people not achieving their potential.
- We engaged and supported 132 children in the CHEXS Afterschool Leadership project
- Children engaged in the GROWTH programme also took part in the CHEXS Holiday Programmes.
- Young people who engage in risky behaviours were engaged in the My Life projects aimed at increasing their awareness of the dangers of modern world and how their actions can impact on their future.
- CHEXS supported 23 vulnerable children to transition into secondary school.
- Families of children & young people engaged in GROWTH were offered support from CHEXS Family Support Service with 26 accepting intensive support.
- 13 Community volunteering opportunities are offered to young people & family members building family relationships and community ownership.
- Universal support was given to 90 children via internet safety and aspirational talks.

Further consultation with parents and stakeholders is on-going at present to ensure we understand emerging needs, particularly around the current climate of fuel and economic poverty.

During face-to-face consultations, one parent told us how support from CHEXS a few years ago had helped transform her future and provide a higher income for her family:

"It is thanks to you that I now have my own business. I did a cake decorating course with CHEXS and loved it. When it ended, I enrolled in a local college and did a four-year course, gained qualifications and set up my own business which has continued to thrive. Thank you CHEXS for giving me the confidence to do this!"

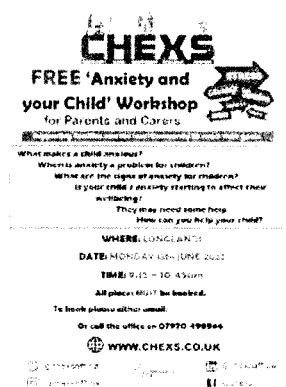
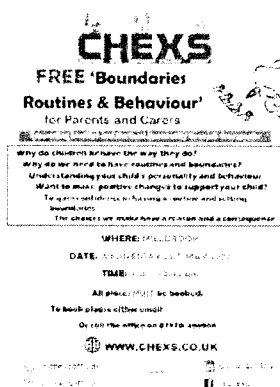
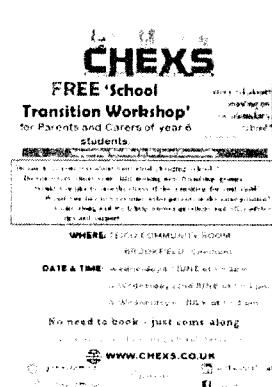
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2022

Outcomes

More often than not, the challenges faced by the young people we work with are related to issues at home. Therefore, to help young people achieve their potential in life, we provide holistic support to the whole family. The outcomes below have been achieved through self-assessed questionnaires from 90 parents and 332 children and young people.

Outcomes achieved by parents

- Our Family Support Service provides one-to-one support, helping parents access support to tackle the underlying issues causing family tensions, such as parental mental health problems and poverty.
- We also provide one-to-one support and workshops to help parents:
 - Communicate effectively with their children
 - Strengthen family relationships
 - Manage difficult behaviour
 - Support their children's learning

We worked intensively with parents from 100 families. Evaluation undertaken with parents supported this year shows that 88% of the parents we supported improved their parenting skills, 87% can now communicate better with their children, and we helped 81% resolve family problems that were increasing tensions at home, such as helping to resolve practical issues such as debt and housing.

These results are shown in the chart below:

Outcomes reported by parents

Communication with my child has improved	87%
I am more confident that I know what to do as a parent (improved my skills)	88%
My relationship with my children has improved	82%
I can find better ways to cope with my child/children's behaviour	83%
I am more effective at supporting my child/children with their learning	59%
CHEXS helped me to access the support that we needed as a family such as debt or housing advice, parenting courses and SEND	81%
I have felt supported during the process of working with CHEXS	97%

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

Outcomes achieved by Children and Young People

- 94% primary and 90% secondary (93% overall) said they felt good about themselves (raised self esteem)
- 90% primary and 95% secondary (92% overall) said were more confident
- 80% primary and 84% secondary (81% overall) said they had better goals/aspirations now
- 90% primary and 71% secondary (84% overall) said they were following school rules & expectations better now
- 79% primary and 69% secondary (76% overall) said they were getting on better with their school work now
- 80% primary and 82% secondary (81% overall) said their behaviour at home is better now
- 87% primary and 93% secondary (89% overall) said their communication skills have improved
- 85% primary and 90% secondary (87% overall) said they had improved problem solving skills
- 86% primary and 86% secondary (86% overall) said they had improved leadership skills
- 87% primary and 91% secondary (88% overall) said they felt proud of the things they do
- 77% primary and 78% secondary (78% overall) said they were able to deal with their emotions and feelings better now
- 81% primary and 83% secondary (82% overall) said they were more resilient and able to cope with life's problems now
- 94% primary and 98% secondary (95% overall) said they had improved team working skills
- 86% primary and 89% secondary (87% overall) said they had improved working on my own
- 87% primary and 89% secondary (88% overall) said they got on better with their friends now
- 81% primary and 84% secondary (83% overall) said they felt listened to
- 90% primary and 88% secondary (89% overall) said they felt got on well with their family now
- 90% primary and 88% secondary (90% overall) said they felt good about life

Case study

RUTH'S STORY



When Ruth's father went back to work, her mother was struggling to manage the household and Ruth's father was struggling to find a job. 	When Ruth's father went back to work, her mother was struggling to manage the household and Ruth's father was struggling to find a job. 	CHEXS helped Ruth's father to find a job and Ruth's mother to manage the household. Ruth's father was able to find a job and Ruth's mother was able to manage the household. 
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CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

QUOTES FROM SCHOOLS

Alongside capturing outcomes data and case studies from parents, we also ask schools making referrals to provide feedback:

- *Thank you for taking the time to attend our parents evening this week. It's so clear to families that you are both part of the Holdbrook team and I know they will be more comfortable talking to you and accepting the help that so many of them need."*
- *"I have always found the staff to have a caring and friendly attitude and are always willing to go the extra mile for our staff and community. They really work hard with the children and families and make a huge difference to their lives."*
- *"Thanks so very much for all you are continuing to do for our parents. You are brilliant and Your work is much appreciated."*
- *"For St Joseph's, CHEXS is an additional team member/s. All are fully committed to giving our children the best experience possible. This year so many of our children and families have gained support from: mentoring, projects, workshops, parent support and more that probably can't be said. More and more parents and therefore families are supported by Lee, that can be at varying levels, parents feel so supported by Lee that they will often inform me second as Lee has usually dealt with it. Our families feel supported and able to then feel strong enough to act alone in trusting in the advice and support."*

Continuing to support disadvantaged families in and around Waltham Cross.

This continues to be a very tough year – for our families and our Family Support Lead.

We're proud to have continued to support all our referred children and families through the crisis and believe we have helped mitigate the worst impact and legacy of Covid-19 on some of the most disadvantaged children in our community.

Looking to the future, our priority is to continue to identify and support families who suffered significantly during the Covid-19 pandemic and will struggle to achieve their potential in the coming months. We continue to expect to receive higher numbers of referrals.

We secured extra funding to help with our response to the pandemic in 2020/21. The challenge going forwards is sustaining our activities, as the long-term impact of Covid-19 on disadvantaged families is combined with the cost of living crisis.

The percentage of the unique individuals that we support today are from communities or groups of people severely impacted by the pandemic that we did not support before: 30% - many extra families we are supporting are from a new demographic; they're employed but on low incomes/insecure employment.

High rates of covid positive testing and school closures have forced parents to take extra time off work. This has reduced their incomes to the level that they struggle to meet mortgage/rent payments and often need help from foodbanks, it has also significantly inflamed family tensions. Cost pressures (e.g. energy bills) are making this worse. We will use your grant to help disadvantaged families in the Waltham Cross area with underperforming school-age children and multiple needs. These include low incomes, insecure employment, poor parental mental health, and family relationship challenges. The needs of our families/young people increased dramatically during Covid, as has the support we provide. We now support many more families annually.

We will develop and grow our Parent and Children/Young People Champions to become an integral part of planning services throughout the Community.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

They will develop and co-produce peer support groups to help parents, families, children and young people to build their confidence and coping strategies. They will also support our community days and deliver activities including:

- Consulting members of the public
- Setting up community events
- Taking ownership of craft sessions
- Support our holiday sessions

They will develop celebration events for families to share their success stories and encourage others to undertake similar journeys. They'll form a Steering Groups to help CHEXS identify and address emerging needs, especially from the autumn onwards as energy prices increase yet again and the anxieties for children and young people returning to school increase.

Community Events

Throughout the year we hold events that encompass the whole community and engage the families in activities that build relationships and are affordable for those that struggle financially. We also support our partners such as housing associations and the local borough council to ensure that our services are accessible to anyone who may find themselves in a time of need. In the summer we held pop-up events in the local parks to give children and young people a place to drop by and see the team whilst having some fun with the free activities and games.

One of this years highlights was the re-establishment our fantastic community days. We were able to hold 2 days during the year. These events help bring our local communities together interacting in person and putting a smile on everyone's face.

CHEXS Family Easter Egg Hunt Day at Cedars Park - Saturday 2nd April 2022.

This event saw over 1,000 people attend, with people coming from right across local area. We were also delighted to report that our annual Easter Hunt fundraising event at Cedars Park this year raised an amazing £2,500 for CHEXS.

It was a fantastic day and great to see so many smiling faces having a great time....

Some lovely messages received....

- *"I haven't seen so many happy faces and an overall good feeling at an event in many years."*
- *"It was so nice to see the local community out enjoying themselves, and was nice to meet so many people at our stall. We had a great amount of custom on the day."*
- *"To put on an outdoor event at this time of year and get that type of attendance was incredible. But perhaps more importantly, it was a super service to provide such a fun day out for families. I'm sure it will go down as the best day many enjoy in April and rightly so."*

Thank you for your support. The fantastic funds raised at CHEXS Annual Easter hunt fundraising event go straight back into CHEXS to support even more families with workshops, projects, coaching and so much more.

CHEXS Family Fun day at Grundy Park - Sunday 10th July 2022

We held our annual Community fun day on 10th July 2022 with everyone we have worked with during the year being invited along to celebrate their achievements with the CHEXS team alongside a growing competition.

This event was a huge success with approximately 1,500 adults and children throughout the community attending. Schools also attended to share the results of our Grow Club; produce was judged by Chris Thorne from Aylett's Nurseries who generously donated seeds for children to grow.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

CHEXS Supporting local Housing associations and Broxbourne Council Events

The CHEXS team attended several community events to meet families from the local area to advise them of our support available for their families. We provided a craft stall and activities to engage with the children and their parents at these events; Catalyst Housing Association at the Russell Ride Estate, B3 Living Housing Association at Slupe Lane Wormley and Broxbourne Council National play day at Cheshunt park.

Financial review

CHEXS proactively continues to review income & expenditure with Trustees and other key stakeholders and is constantly looking for new funding streams that can complement the existing ones and also support the projects for the benefit of the stakeholders. This approach ensures CHEXS is continuing to build a sustainable platform to enable the charity to remain pivotal in helping to support and enable families to reach their full potential.

The accounts for the year ended 31 August 2022 show an in-year surplus of £26,900. In the year ended 31 August 2021, there was an in-year surplus of £33,104 which demonstrates the changes that both the Trustees and the executive team are making are continuing to have a positive impact on the finances of the charity.

As a result of the timing differences that occur within the charity sector, there are activities that the charity undertakes whereby the income is received in advance of the expenditure taking place, particularly where projects do not start and finish in accordance with the accounting year. As a consequence, there are some years when the charity will report a surplus followed by a deficit in the next period. It is therefore crucial that the financial health of the charity is considered over a number of periods. The charity continues to enter into projects and expand its base to deliver services to its members and the community but to also increase its reserves to allow this to be sustained in the long term.

Reserves Policy

The reserves policy of CHEXS is regularly reviewed by the Trustees to ensure that it meets the day-to-day requirements of the organisation. The aim is to ensure the charity has approximately 3 months of operational costs (£90,000) and staff redundancy costs (up to £35,000) and that in the event of the loss of major revenue streams there are adequate reserves to give time to secure alternative income streams and discharge contractual or financial obligations.

In light of the in-year results and the financial commentary provided, the Board considers the year-end unrestricted reserves total (£104,286) to be slightly below the targeted level, however our satisfied that they are able, with the current level, to meet its day-to-day obligations.

CHEXS Updated Strategic Plan 2022 – 2026

During the year we conducted a review of CHEXS' Vision, Mission, Values, and 5 strategic outcomes with a focus day conducted on Fri 20th May 22 to consolidate the findings. The Charity Trustees and the senior leadership team identified CHEXS' desired long-term goals and worked back from these to identify the pathways we needed to follow to reach them. All the related engagement opportunities were mapped (in this case programs, projects, interventions and change initiatives) as well as the desired outcomes to create the pathway. The relationships the CHEXS team have developed with the children and families has helped strengthen their ability to support and work with the families involved. The regular CHEXS team check-ins, and build-up of trust has helped them through the legacy of the pandemic.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

5 Strategic Outcomes:

- 1 To enable parents including those from deprived and vulnerable families to develop their skills and confidence, to build a happy home.
- 2 To enable parents to have improved skills to manage behaviour and support learning. Resulting in better relationships with children.
- 3 To enable children to develop skills and improve relationships, to build resilience and self-esteem whilst improving wellbeing.
- 4 To enable our community to work together with a sense of belief and ownership tackling local issues and improving community relationships.
- 5 To enable the Charity to be governed and sustainably resourced with the broadest strategic choice to best enable the achievement of its vision.

Investment Powers

Under the constitution, the charity has the power to make any investment as the Trustees see fit.

Statement of compliance with Charity Commission guidance on public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Risk Management

CHEXS' trustees have assessed the major risks to which the charity is exposed, and are confident that CHEXS Risk Policy & Risk Register make it clear for the board to put the long-term success of our charity at the forefront and meet future objectives with greater certainty - both of which will ensure we continue to support our beneficiaries in the best possible way and keep our stakeholders confident in CHEXS' sustainability and control measures.

Structure, governance and management

The charity is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

The trustees who served during the year and up to the date of signature of the financial statements were:

A. Gorton
S. Farmer
D. Hewitt
P. Seeby
S. Goldsmith
L. Alum
B. Booth
C. Bakalis
K. Laffar
C. Angeli

(resigned 22 September 2022)

(appointed 26 November 2020)

CHEXS openly invites all community members via the CHEXS website, mailing circulation, social media, and word of mouth to put themselves forward for election to the CHEXS Trust Board by completing the nomination form.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

When a position becomes available the Board of Trustees create a trustee advert outlining the roles and responsibilities required with a closing date. When potential candidates are identified the Board undertake a skills audit of the nominations and invite all potential trustees to meet the board before decisions about appointment to the CHEXS Trustees Board are made.

The Board has confirmed and voted that Board Members who have served 3 full terms (9 years) and still have the enthusiasm and skills to continue to develop the charity objectives are able to apply to be re-elected to the Board.

Frequency of meetings are 4 Full Trustee Meetings (including AGM) plus 3 Subgroup meetings.

The Board may choose to call extraordinary meetings to consider issues and action outside the normal cycle of meetings (or where an urgent response is required). The time of the meetings will also be rotated to give equal opportunity for members to attend. A timed agenda will be provided.

All Charity Commission requirements are overseen by the Treasurer. The Board of Trustees delegate CHEXS requirements that need to be submitted to the CHEXS CEO and/or Office Manager.

In addition to the Trustee Meetings, the Trustees have active involvement with the development and monitoring of the charity Strategic Plan. See below for what is covered.

Strategic Plan Delivery Model - We have 3 key strategies:

- 1 Growth - Will enable us to have a strategy to essential ensure the growth and sustainability of CHEXS.
- 2 Marketing – Will enable us to reach more beneficiaries and stakeholders and generate more income to support our mission.
- 3 Services – Are important because it is at the heart of our practice and keeping the charity focused ensuring that every penny helps support the charities mission, values, and vision.

The plan is managed by a small Steering Group” appointed by “the CEO. The group consist of a number of “active” Trustees together with a senior member of staff. The group's remit is to provide governance to ensure that the plan is delivered on time and to agreed specification and budgets. The group meet 4 times a year and is chaired by the CEO.

The methodology of the group is to review, support and challenge the delivery of each outcome within the plan using the “traffic light” reports method.

Management, Sponsorship and Reporting

The strategic plan is reviewed to distinguish between those key deliverables that are a challenge but just need to be done (e.g., Recruitment) and those that are in effect stand-alone projects. Each Outcome has a project manager (PM) who is a member of staff whose day-job is closest to the specific outcome. The PM then requests the part time support of a small number of staff to form a Natural Work Team (NWT). The NWT consists of a team of individuals who work together or work in complementary roles to complete a task:

The role of the NWT is to:

- Define the outcome (add detail to the existing headline)
- Set out projects/services (linked to the outcome), timelines, key performance indicators
- Deliver the projects/services to achieve the outcome
- Review and report upon the outcomes

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

Each strategy is sponsored by a member of the Board of Trustees (Trustee Champion). The role of the sponsor is to support the NWT calling upon their experience and knowledge, to praise the NWT and to challenge to ensure delivery.

Each sponsor will agree with their NWT a termly traffic light report that will be made available to the Steering Group.

Traffic Light Report (also known as a RAG report), has the following outcomes applied:

- Red Outcome: not achieving KPI's needs significant support
- Amber Outcome: achieving most KPI's but needs to focus on one or more
- Green Outcome: achieving all KPI's
- Blue Outcome: over-achieving – celebrate success

Each Trustee Champion then report back to the full Trustees meetings on all progress/developments.

Strategic Aim - Ensure the Charity is sustainable, appropriately resourced, and has the broadest strategic choice to best enable achievement of its vision.

Fund Development Objectives

- 1 Recruit additional stakeholders to fund our increased services to our beneficiaries
- 2 Maintain existing levels of Trust & Foundation's incomes
- 3 CHEXS Community Events
- 4 Corporates (sponsorship of annual event)
- 5 Develop corporate donor relationships to support CHEXS mission
- 6 Develop a major donor relationship to support CHEXS mission
- 7 Develop an individual committed giving
- 8 Develop a legacy programme, securing five pledges

Strong leadership from the Chair, Board of Trustees and CEO provides direction and motivation. The CEO provides front line leadership and support to staff, with regular training and support meetings to ensure all staff/volunteers are monitored and have the opportunity to develop the skills they need.

CHEXS Trustees have an array of qualifications and experience obtained from various personal and working environments.

Involvement of the Trustees and Patron's local knowledge and experience see the benefits of the work being performed and are able to engage with the organisation as to the effectiveness of the delivery of the support. The Trustees have regular communication with senior management and those responsible for delivery to understand the work being done, the effectiveness of the work and its delivery and its impact on the children and adults being supported.

The trustees' report was approved by the Board of Trustees.



A Gorton

Trustee

Dated: 16 November 2022

CHEXS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 AUGUST 2022

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CHEXS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHEXS

I report to the trustees on my examination of the financial statements of CHEXS (the charity) for the year ended 31 August 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

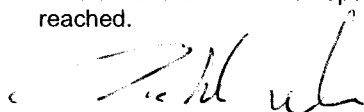
Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



John Wilson FCA ATII

Howard Wilson Chartered Accountants
36 Crown Rise
Watford
Hertfordshire
WD25 0NE

Dated: 16 November 2022

CHEXS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total Unrestricted funds 2022 £	Restricted funds 2021 £	Total 2021 £
<u>Income from:</u>						
Voluntary income including donations and legacies	3	8,683	-	8,683	12,943	-
Income from charitable activities	4	176,423	204,812	381,235	151,539	179,745
Total income		185,106	204,812	389,918	164,482	179,745
<u>Expenditure on:</u>						
Raising funds	5	4,309	-	4,309	5,230	-
Charitable activities	6	167,630	191,079	358,709	119,230	186,663
Total expenditure		171,939	191,079	363,018	124,460	186,663
Net income for the year/ Net movement in funds		13,167	13,733	26,900	40,022	(6,918)
Fund balances at 1 September 2021		91,119	44,982	136,101	51,097	51,900
Fund balances at 31 August 2022		104,286	58,715	163,001	91,119	44,982

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

CHEXS

BALANCE SHEET

AS AT 31 AUGUST 2022

	Notes	2022 £	£	2021 £	£
Current assets					
Debtors	11	58,452		44,600	
Cash at bank and in hand		196,388		186,596	
		<u>254,840</u>		<u>231,196</u>	
Creditors: amounts falling due within one year	12	(91,839)		(95,095)	
Net current assets			163,001		136,101
			<u>163,001</u>		<u>136,101</u>
Income funds					
Restricted funds	14		58,715		44,982
<u>Unrestricted funds</u>					
Designated funds	15	30,000		30,000	
General unrestricted funds		<u>74,286</u>		<u>61,119</u>	
			104,286		91,119
			<u>163,001</u>		<u>136,101</u>

The financial statements were approved by the Trustees on 16 November 2022



A Gorton
Trustee

CHEXS

BALANCE SHEET (CONTINUED)

AS AT 31 AUGUST 2022

1 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

2 Accounting policies

Charity information

CHEXS is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

2.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

2.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

2.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts. Expenditure meeting the criteria as set is allocated against the specific reserve in the year it is incurred.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2022

2 Accounting policies

(Continued)

2.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

2.5 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of VAT.

2.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Motor vehicles	25% straight line
----------------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

2.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

2 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2.11 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

3 Voluntary income including donations and legacies

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations and gifts	8,683	12,943

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2022

4 Income from charitable activities

	2022 £	2021 £
Membership income	44,033	44,885
Project income	91,945	87,711
Grants receivable	245,257	198,688
	<u>381,235</u>	<u>331,284</u>
Analysis by fund		
Unrestricted funds	176,423	
Restricted funds	204,812	
	<u>381,235</u>	
For the year ended 31 August 2021		
Unrestricted funds		151,539
Restricted funds		179,745
		<u>331,284</u>
Grants receivable		
Children in Need	29,737	83,054
National Lottery Reaching Communities	41,184	50,430
Postcode Lottery	23,737	-
Hertfordshire Community Foundation	9,802	9,961
Garfield Weston	25,000	-
Edward Gosling Foundation	18,872	-
Locality Budget Grants	-	3,500
Broxbourne Borough Council	17,080	-
Henry Smith Charity	54,400	36,300
Warburtons	10,000	-
Other	15,445	15,443
	<u>245,257</u>	<u>198,688</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

5 Raising funds

	Unrestricted funds	Total
	2022	2021
	£	£
<u>Community fundraising, events and sponsorship</u>		
Advertising	4,309	5,230
	<u>4,309</u>	<u>5,230</u>

6 Charitable activities

	2022	2021
	£	£
Staff costs	275,834	247,554
Depreciation and impairment	-	7,162
Project costs	24,729	8,902
Staff training	8,107	7,946
Insurance	6,035	5,680
Office costs	13,494	10,388
Motor & Travel costs	3,950	4,626
Professional fees	384	360
Sundry expenses	244	1,069
Bank charges	-	53
Governance costs	1,200	1,200
Venue costs	7,935	6,326
Grant funding of activities (see note 7)	16,797	4,627
	<u>358,709</u>	<u>305,893</u>

Governance costs comprise fees paid to independent examiner's of £1,200 (2021 - £1,200).

7 Grants payable

	Educational and extended services	Educational and extended services
	2022	2021
	£	£
Grants to individuals	16,797	4,627
	<u>16,797</u>	<u>4,627</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

9 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	12	10
Employment costs	2022	2021
	£	£
Wages and salaries	246,167	223,096
Social security costs	16,675	13,244
Other pension costs	12,992	11,214
	275,834	247,554

There were no employees whose annual remuneration was more than £60,000.

10 Tangible fixed assets

	Motor vehicles £
Cost	
At 1 September 2021	53,006
At 31 August 2022	53,006
Depreciation and impairment	
At 1 September 2021	53,006
At 31 August 2022	53,006
Carrying amount	
At 31 August 2022	-

11 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Other debtors	54,346	40,646
Prepayments and accrued income	4,106	3,954
	58,452	44,600

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

12 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Deferred income	13	77,987	83,364
Other creditors		2,152	31
Accruals and deferred income		11,700	11,700
		<u>91,839</u>	<u>95,095</u>

13 Deferred income

	2022 £	2021 £
Other deferred income	<u>77,987</u>	<u>83,364</u>

Deferred income is included in the financial statements as follows:

	2022 £	2021 £
Deferred income is included within:		
Current liabilities	<u>77,987</u>	<u>83,364</u>
Movements in the year:		
Deferred income at 1 September 2021	83,364	94,518
Released from previous periods	(83,364)	(94,518)
Resources deferred in the year	<u>77,987</u>	<u>83,364</u>
Deferred income at 31 August 2022	<u>77,987</u>	<u>83,364</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			Movement in funds			Balance at 31 August 2022
	Balance at 1 September 2020	Incoming resources	Resources expended	Balance at 1 September 2021	Incoming resources	Resources expended	Incoming resources	Resources expended	Balance at 31 August 2022	
	£	£	£	£	£	£	£	£	£	£
Awards for All (Big Lottery)	-	9,854	(904)	8,950	-	(8,950)	-	(8,950)	-	-
Postcode Lottery	-	-	-	-	23,737	(9,777)	23,737	(9,777)	13,960	13,960
Warburtons Grant	-	-	-	-	10,000	(1,666)	10,000	(1,666)	8,334	8,334
Broxbourne Borough Council	-	-	-	-	17,080	(16,080)	17,080	(16,080)	1,000	1,000
CTA UK LTD	7,162	-	(7,162)	-	-	-	-	-	-	-
Henry Smith COVID-19 Long-term Support	-	-	-	-	17,500	(5,884)	17,500	(5,884)	11,616	11,616
Henry Smith Charity - Improving Lives	-	36,300	(33,275)	3,025	36,900	(36,850)	36,900	(36,850)	3,075	3,075
Hertfordshire Community Foundation	-	9,961	(8,661)	1,300	9,802	(11,102)	9,802	(11,102)	-	-
B3 Living	4,000	-	(4,000)	-	-	-	-	-	-	-
Children in Need - After School Programme	5,756	26,895	(26,654)	5,997	28,737	(32,164)	28,737	(32,164)	2,570	2,570
Children in Need - School Holiday Programme	-	56,159	(47,354)	8,805	-	(8,805)	-	(8,805)	-	-
Covid 19	18,316	-	(18,316)	-	-	-	-	-	-	-
Edward Gosling Foundtion	-	-	-	-	18,872	(18,872)	18,872	(18,872)	-	-
Lewis Cocking Locality Budget Scheme	-	-	-	-	1,000	-	1,000	-	1,000	1,000
Reaching Communities	16,666	40,576	(40,337)	16,905	41,184	(40,929)	41,184	(40,929)	17,160	17,160
	51,900	179,745	(186,663)	44,982	204,812	(191,079)	204,812	(191,079)	58,715	58,715

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

15 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 September 2020	Transfers	Balance at 1 September 2021	Movement in funds Incoming resources	Balance at 31 August 2022
	£	£	£	£	£
Contingency Fund	21,000	9,000	30,000	-	30,000
	21,000	9,000	30,000	-	30,000

The contingency fund was set up in order to provide funds to cover for any unexpected expenditure that the charity should face, as well as provide a fund towards redundancy should the charity have to reconsider its operations, subject to funding.

16 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 August 2022 are represented by:						
Current assets/ (liabilities)	104,286	58,715	163,001	91,119	44,982	136,101
	104,286	58,715	163,001	91,119	44,982	136,101

17 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

CHEXS

England & Wales - Charity number 1153769

Accounts

CHEXS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2021

CHEXS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

A Gorton
S Farmer
D Hewitt
L Britten
P Seeby
S Goldsmith
L Alum
B Booth
C Bakalis
K Laffar

CEO

P Maiden

Charity number

1153769

Principal address

CVSBEH Community Skills Hub
59 High Street
Waltham Cross
Hertfordshire
EN8 7JU

Independent examiner

John Wilson FCA ATII
Howard Wilson Chartered Accountants
36 Crown Rise
Watford
Hertfordshire
WD25 0NE

CHEXS

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CHEXS

CHAIRPERSON FOREWORD

CHEXS is the personification of all that is 'good' in our world today; people caring about people, people making personal sacrifices for the benefit of others, and hence making the more vulnerable members of our local community recognise their true potential and celebrate their personal dignity; subsequently enabling them to identify how they can make a significant contribution to the common good of the community in which they live.

Quite simply, CHEXS values people, in turn helping them to realise their own true value. In a society increasingly obsessed with image and personal wealth, the more vulnerable members of our society are becoming increasingly marginalised and disenfranchised; CHEXS essentially strives to redress this imbalance through the marvelous work that it does, providing people with both hope and aspiration in equal measure.

The work carried out by the 'stronger than ever' CHEXS team in the local community is often life-changing and never less than highly effective. Indeed, the CHEXS team is now an integral feature of our local community, and the value that each member of the team brings to the organisation's collective efforts is truly inspirational; their individual contribution to the strategic vision of CHEXS is both inspiring and humbling in equal measure.

As demonstrated perfectly during the last 12 months, it is pivotal that CHEXS continues to be proactive in its approach to ensure that it continues to identify the needs of the community that it serves with such passion, and is able to respond readily to what are often subtle changes in these needs.

As you read this report, I invite you to reflect on what might have been the outcomes for those individuals/families that CHEXS has supported during the last 12 months had this support not been provided by CHEXS; therein lies the rationale for CHEXS existence...the reason why CHEXS 'does what it does'...and will continue to do so for the good of the community that it serves with such passion and commitment.



A Gorton
Chairperson

Dated: 29 October 2021

CHEXS

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 AUGUST 2021

The trustees present their report and financial statements for the year ended 31 August 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Mission, Values and Context

Who are CHEXS and what do we do?

We'd like to begin with a reminder about our work. CHEXS is an award-winning youth and family support charity working in and around Waltham Cross, Hertfordshire, which includes some of England's 10% most deprived areas for children to grow up.

We work with disadvantaged and underperforming school-age children, and their families. We raise young people's self-esteem, skills, wellbeing and aspirations, and address the issues stopping them from achieving their potential.

A key reason for our success is that we help the *whole family* address the issues underlying a young person's challenges. Through this approach, we not only directly support the young person, but also raise

parents' ability to communicate with their children, improve family relationships and support child development.

Young people are referred to us by 13 primary schools and 2 secondary schools. They refer young people to us if the young person is from a disadvantaged background and they are experiencing wellbeing, confidence or behavioural challenges that are stopping them achieving their potential.

There are four main aspects to our work:

1. We provide young people with a structured programme of outdoor learning called Growth, which includes creative work, mentoring and a community project. Our programme builds their self-esteem by helping them succeed outside the traditional classroom environment.
2. We help young people who are engaging in risky behaviours, such as drugs, alcohol and sex to make positive choices to keep themselves safe.
3. We help parents to resolve financial and mental health challenges which maybe impacting their children, and work with them to develop positive parenting skills.
4. We support parents and young people to work alongside each other, delivering positive projects that strengthen their relationships and enhance our community.

Whilst the support received from schools contributes towards some of the work performed within schools, we need to continue to fundraise for our out-of-school activities supporting disadvantaged young people and for our work with families. This unfunded work typically makes up 50% of our annual budget.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

Achievements and performance

What we have achieved - September 2020 – August 2021

We are extremely grateful to our stakeholders, key partner agencies and trusts and foundation that have supported CHEXS, over the last 12 months we have:

- Worked with 366 disadvantaged and underperforming school-age children, to build their aspirations, self-esteem and wellbeing – including supporting them through lockdowns.
- Provided after-school and holiday support to 108 disadvantaged young people, helping to build their aspirations, self-esteem and wellbeing. We secured emergency National Lottery funding to expand provision during the holidays to help the most disadvantaged young people.
- Worked with 33 children/young people who were at serious risk of exclusion. With our support only 1 young person was excluded.
- Worked with 97 disadvantaged families, helping parents improve family relationships, manage their children's behaviour and communicate more effectively, including through lockdown.
- Delivered 416 emergency food parcels, 179 free school meal packs, 194 foodbank vouchers and helped 73 families afford to feed and support their children through lockdown.
- Secured emergency funding to help 25 destitute families keep their energy supply.

On behalf of all the young people and families we have worked with, in what has been an incredibly challenging year: thank you!

The impact of Covid-19 on our children and families

The last year has been extremely tough on the disadvantaged families and young people we support. During the first lockdown many of our families struggled to afford to feed their children. Most of the families live in small homes and don't have access to outside spaces at home. Parents found it very extremely difficult to maintain positive relationships, whilst juggling work and home education.

Our families and young people faced the following challenges:

- Almost all children we support are entitled to free school meals, often it is their only hot meal of the day. When schools closed, there was very little provision and when food was finally provided, it was often inadequate. Parents found feeding their families very challenging.
- Three of the four local food banks closed, because they couldn't effectively operate social distancing and struggled with donations. The other foodbank quickly became overwhelmed.
- Many of our families are in low-paid, insecure employment; they were particularly vulnerable to being laid off, often without furlough.
- Most have challenging inter-family relationships, living in cramped flats and houses through lockdowns made the potential for escalating tensions extremely high.
- As well as lacking space to work and play, most of our families lack broadband, computers, printers and paper to enable their children to fully participate on on-line learning provision.
- Many young people we support engage in risky behaviours, many didn't follow lockdown rules, contributing to high levels of tension at home.

The net result was that, without significant support, family relationships would have deteriorated further, and children would fall even further behind at school.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

How CHEXS has responded over the last 12 months

Many of the local organisations we work alongside closed in the first lockdown. However, we decided not to furlough any staff, from day one of the crisis, our team has worked tirelessly to alleviate the negative impact on the disadvantaged young people we support.

1. worked with the one remaining open foodbank, using our minibus to distribute food parcels for 26 weeks. Altogether we handed out 416 food parcels and 194 foodbank vouchers.
2. We contacted families of children entitled to free school meals and delivered 179 food packs to keep them going. We also delivered 73 food shopping vouchers worth £4,380
3. We secured emergency funding to help 25 families, who are on energy key meters and couldn't afford the top-up payments, keep their power on during lockdown.
4. We stayed in touch with all our families. In a typical lockdown fortnight, we contacted 40 parents by phone to provide them with support, contacted another 16 by text and undertook many Zoom support sessions with families who had access to computers.
5. We used Facebook to provide access to learning and activities that disadvantaged parents found much easier to access than the official, online education platforms.
6. We contacted all the children and young people we mentor by phone and Zoom, continuing to provide 1-2-1 support even when schools were closed.
7. We restarted our in-school and expanded our after school and holiday clubs as soon as this became possible. We've provided Covid-19 secure, direct support to 249 disadvantaged young people over the last 12 months in school time, and 108 in after-school and holiday activities.

Case study 1

'Marcia' (not her real name) is a young carer. Her mum's medical conditions mean that she frequently has to stay in hospital. The family is on a very low income. Marcia was referred to us at age 10 because she was very quiet, found it challenging to talk about her experiences and the ways that she was proud of herself.

We worked with her during her final year of primary school and through her transition to secondary school, which can be a very challenging time for those who lack self-esteem and confidence. She attended our Growth programme and received mentoring during her transition. We provided support face-to-face when she was in school, and via Zoom during the lockdown periods.

During the first lockdown, we provided her with workbooks so she could keep up at school even though she didn't have a computer. We also gave the family food parcels and a sports activity pack to help keep Marcia fit and healthy.

As the year has progressed, she slowly began to talk about her experiences and the things she is proud of. She's shared her opinions and thoughts with others and been heard and appreciated.

Marcia's mum told us: "you guys are wonderful, the only person who's shown support – thank you so much."

Marcia said: "I am more open about things, I can talk to more people. CHEXS always seems to be able to get something out of me."

She's doing well in her new school, receiving several Reward Points, which she is really proud of.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

How do we measure outcomes?

We have an extremely strong focus on impact measurement, using qualitative and quantitative methods.

For our **Growth and After School/holiday** programmes, schools provide a referral reason and explain the support they feel the young person needs. As part of the first session, the group of young people discuss what they want to achieve, and set personal and team goals, which we record.

During each session, we observe individual child's progress against their goals, and adjust our support and activities, as needed. At the programme's end, children complete a self-assessment, including open-ended questions. We previously used pre-and-post support questionnaires but found young people can be reluctant to admit they have challenges at the start. Post support assessments were more meaningful.

The referring school feeds back on each child's progress, including whether they've seen an improvement in their ability to reach their potential. An example of recent teacher feedback is:

"Xxxx has shown a massive transformation since returning to school after the Covid-19 break, he has engaged a lot more in his learning and we've seen a much more positive and outgoing Xxxx than before."

We ask all parents to also feedback on their child's progress, using open-ended and scored questions. An example of recent parent feedback is:

"I just want to thank you for all you've done for myself and Xxxx. She's come so far since being with you. I feel like I have my happy little girl back!"

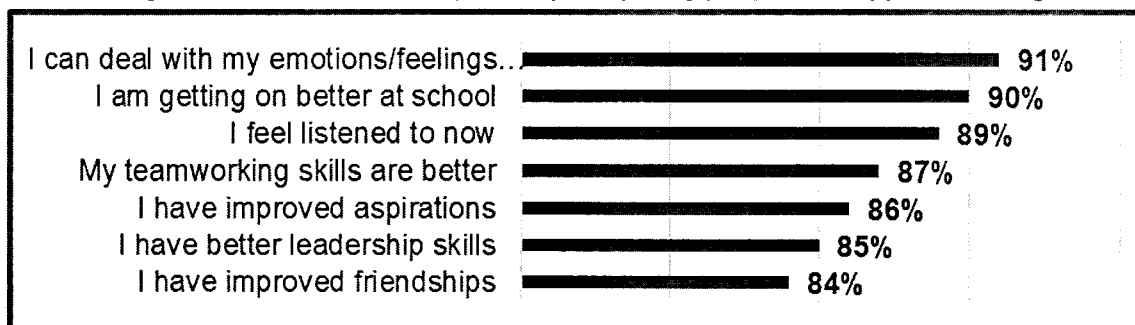
For our Family Support work, at the outset we capture details from parents regarding their need for support. After support, parents complete a self-assessment questionnaire including in-depth qualitative and quantitative questions about outcomes for parents and children.

Measures include improvements in communications, coping with behaviour, ability to support learning, parenting skills and family relationships. Parents also score improvements in their child's behaviour at home and school, confidence aspirations, school performance, wellbeing, and communications skills.

We seek school feedback on all our Family Support work and capture around 10 case studies a year.

Measuring success: outcomes reported by young people and our families

The following chart shows outcomes reported by 300 young people we supported during 2020/21.



Direct feedback from young people includes:

"I've learnt to never be scared to tell someone anything."

"CHEXS have helped me calm down from anger issues."

"I have learnt a lot about teamwork and respect. I'm better at listening to people's ideas."

"It helped educate me on some things I didn't know, like drugs, age of consent and relationships"

"I thought I'd be weak and not able to cut the trees, but I did it. I shouldn't underestimate myself in future."

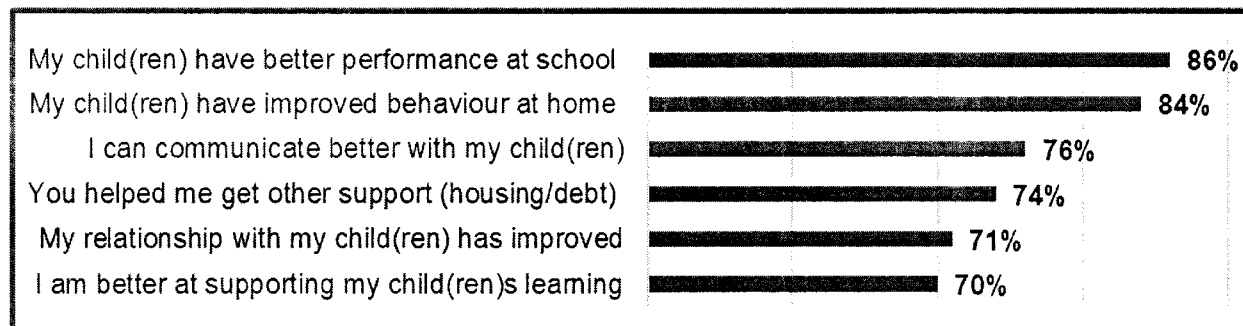
"I'm more confident after CHEXS. I now speak to a lot of different people and participate in class more."

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

The next chart shows outcomes reported by the **94 families** our Family Support team helped in 2020/21.



Direct feedback from parents includes:

"CHEXS has supported Xxxx and I through a range of challenging situations which has been invaluable. They always give you the level of support you need by listening carefully."

"Our relationship has got so much better. Thank you!"

"We have a routine and do homework together, Xxxx is so much calmer."

"You have been very supportive over this difficult time. The challenge [you gave us] has been amazing and given me and given me and Xxxx a focus. I was surprised by how much he enjoyed it."

2021 external evaluation by Dr Roger Green, Goldsmiths, University of London

Keen to get an external view of the impact of our work, in June 2021 we commissioned Dr Roger Green, the Director of Goldsmith's Centre for Community Engagement, to undertake an independent evaluation.

In his conclusion, he stated: "The CHEXS 'whole family' approach... is fully embracing of a number of good practice approaches. What is most striking is the ethos, culture and values behind its activities which are built on building positive and trusting relationships with children, young people, and their families."

CHEXS is a unique community organisation... [which] offers a more open and face-to-face approach that supports children and families in growing their capabilities, to learn, to change, to nurture relationships within families and beyond, to feel part of the community, and importantly for better, more fulfilled lives."

Dr Green sought feedback from parents, young people, and teachers. He quoted a young person as saying "it's different, I learn new things, building things. I learn about what I am doing, it makes me think."

More broadly, of young people Dr Green said: "the students all commented on the impact CHEXS had... in and out of school with relationships, giving them more confidence that they had previously, for example schoolwork, helping with tackling issues relating to feeling anxious and improving their ability to socialise."

Dr Green said of teachers "schools are collectively full of praise for CHEXS intervention in the children's and students' lives and their parents and families."

A Mum told him simply: "CHEXS saved my life."

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

Measuring success: Case Study 2, 'Nicole' (name changed)

Our family support team has supported a family of four children aged 8 to 12, with a history of domestic violence. The youngest child, 'Nicole', had a poor record of school attendance and was falling behind. The parents were not engaging with the school.

After referral, we invited Nicole to join our Growth and holiday programmes, which she did. This enabled us to build a positive, supporting relationship with her. Through this we identified safeguarding concerns: her father was arrested for breaching a non-molestation order and Nicole was also being asked to cook for her older siblings.

Although she found it hard to talk about these issues, we helped Nicole to develop strategies to discuss her feelings with her Mum. Through this, we opened relationships with her Mum, who then asked us to provide wider support from the Family Support team.

Mum has now started attending one of our parenting courses and is also receiving one-to-one help from our team. Her other children have begun attending our holiday programmes.

Nicole told us: "I'm proud of my homework because I keep getting it right! CHEXS made me feel happy."

Financial review

CHEXS pro-actively continues to review income & expenditure with Trustees and other key stakeholders and is constantly looking to new funding streams that can compliment the existing ones and also support the projects for the benefit of the stakeholders. This approach ensures CHEXS is continuing to build a sustainable platform to enable the charity to remain pivotal in helping to support and enable families to reach their full potential.

The accounts for the year ended 31 August 2021 show an in-year surplus of £33,104. In both the years ended 31 August 2018 and 2019 there was a deficit of £11,620 and £14,631. However, in the year ended 31 August 2020 there was an in-year surplus of £75,840 Which demonstrates the changes that both the Trustees and the executive team are making are continuing to have a positive impact on the finances to the charity.

As a result of the timing differences that occur within the charity sector, there are activities that the charity undertakes whereby the income is received in advance of the expenditure taking place, particularly where projects do not start and finish in accordance with the accounting year. As a consequence, there are some years where the charity will report a surplus followed by a deficit in the next period. It is therefore crucial that the financial health of the charity is considered over a number of periods. The charity continues to enter into projects and expand its base to deliver services to its members and the community, but to also increase its reserves to allow this be sustained in the long term.

The reserves policy of CHEXS is regularly reviewed by the Trustees to ensure that it meets the day-to-day requirements of the organisation. The aim is to ensure the charity has 3 months running operational cost (£60,000) and staff redundancy cost (£30,000) that in the event of the loss of major revenue streams there is adequate reserves to give time to secure alternative income streams and discharge contractual or financial obligations.

In light of the in-year results and the financial commentary provided, the Board considers the year end reserves total (£90,000) to be at the expected level and are satisfied that they are able, with the current level to meet its day-to-day obligations.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

CHEXS Strategic Plan 2020 – 2023 has steered CHEXS services during the COVID 19 crisis. The relationships the CHEXS team have developed with the children and families has helped strengthen their ability to support and work with the families involved. The regular CHEXS team check-ins, and build-up of trust has helped them through this crisis and will continue over the summer school break and into the autumn term.

This report highlights what is being delivered with outputs and outcomes linked to CHEXS Team roles and responsibilities:

What we want to achieve - CHEXS Strategic Plan 2020 - 2023 has five outcomes:

1. To build the skills and confidence of parents from deprived families to enable them to reach their full potential.
2. Parents will have better relationships with children and improved skills to manage behaviour and support learning.
3. Children will have improved family relationships, raised aspirations and performance.
4. A united community working together with a sense of belief and ownership tackling local issues and improving community relationships.
5. Ensure the Charity is sustainable, appropriately resourced, and has the broadest strategic choice to best enable achievement of its vision.

This approach ensures CHEXS remains focused to invest in looking ahead by analysing where the charity will be long term. Guidance and training, along with investing in up-skilling charity staff and resources, has helped the charity to better measure impact and outcomes. CHEXS has invested in looking ahead by analysing where the charity will be long term.

Under the constitution, the charity has the power to make any investment as the Trustees see fit.

Risk Management

The Trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. During the Covid-19 Pandemic a Risk Management policy, crisis succession plan and risk register for the organisation was developed and adopted by the Board of Trustees.

COVID-19

COVID-19 continues to create enormous extra challenges. CHEXS is in the front-line of supporting vulnerable children and their families.

We maintained weekly contact with the majority of the young people and families we supported. We provided a bi-weekly update on our Covid-19 work to all our partner schools and community stakeholders.

CHEXS' Board continues to be actively engaged with the Senior Management Team in developing and enhancing CHEXS COVID-19 response plan. The plan is continuously monitored and updated from government guidance, with the Board also ensuring our plans were in-line with the charities three-year strategy. The Board remained in agreement that the children, young people, and families we support were at high risk of suffering further disadvantage so approved plans not to furlough any staff and agreed extra hours for staff to ensure we could support families who now needed our help more than ever.

This enabled us to continue with our emergency support programme throughout all lockdowns when many organisations were still providing little or no support. In light of the increased risks children and young people faced during the lockdown periods, we regularly reviewed our Covid-19 Addendum to our Safeguarding policy to enable us to deliver our work through face to face, telephone, text and video conferencing. CHEXS also updated several risk assessments and enhanced equipment / materials to support staff, volunteers, and beneficiaries to adapt to new and future working practices have been put in place. CHEXS continues to work closely to Government guidelines and to canvass both staff and Trustees in their implementation of Covid-19 responses.

CHEXS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

Structure, governance and management

On 01 October 2013 all the assets and liabilities of the unincorporated charity (Cheshunt Extended Services - charity number (1139435), that existed previously were transferred the charitable incorporated organisation.

The trustees who served during the year and up to the date of signature of the financial statements were:

A. Gorton
S. Farmer
D. Hewitt
L. Britten (resigned 21 July 2020)
P. Seeby
S. Goldsmith
L. Alum
B. Booth
C. Bakalis
K. Laffar
C. Angeli (appointed 26 November 2020)

CHEXS openly invites all community members via the CHEXS website, mailing circulation, social media and word of mouth to put themselves forward for election to the CHEXS Trust Board by completing the nomination form.

When a position becomes available the board of Trustees create a Trustee advert outlining the roles & responsibilities required with a closing date. When potential candidates are identified the board undertake a skills audit of the nominations and invite all potential trustees to meet the board before decisions about appointment to the CHEXS Trustees Board are made.

The maximum length of appointment is for 3 full terms (9 years).

Frequency of meetings

4 Full Trustee Meetings (including AGM) plus 3 Sub Group meetings.

The group may choose to call extraordinary meetings to consider issues and action outside the normal cycle of meetings (or where an urgent response is required). The time of the meetings will also be rotated to give equal opportunity for members to attend. A timed agenda will be provided.

All Charity Commission requirements are over seen by the Treasurer. The Board of Trustees delegate CHEXS requirements that need to be submitted to the CHEXS CEO and/or Office Manager.

In addition to the Trustee Meetings, the Trustees have active involvement with the development and monitoring of the charity Strategic Plan. See below for what is covered.

Strategic Plan Delivery Model - We have 3 key strategies

- 1. Growth** - Will enable us to have a strategy to essential ensure the growth and sustainability of CHEXS.
- 2. Marketing** – Will enable us to reach more beneficiaries and stakeholders and generate more income to support our mission.
- 3. Services** – Are important because it is at the heart of our practice and keeping the charity focused ensuring that every penny helps support the charities mission, values and vision.

The plan is managed by a small Steering Group” appointed by “the CEO. The group consist of a number of “active” Trustees together with a senior member of staff. The groups remit is to provide governance to ensure that the plan is delivered on time and to agreed specification and budgets. The group meet 4 times a year and is chaired by the CEO.

The methodology of the group is to review, support and challenge the delivery of each outcome within the plan using the “traffic light” reports method.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

Management, Sponsorship and Reporting

The strategic plan is reviewed to distinguish between those key deliverables that are a challenge but just need to be done (e.g. Recruitment) and those that are in effect stand-alone projects. Each Outcome has a project manager (PM) who is a member of staff whose day-job is closest to the specific outcome. The PM then requests the part time support of a small number of staff to form a Natural Work Team (NWT). The NWT consists of a team of individuals who work together or work in complementary roles to complete a task:

The role of the NWT is to:

- Define the outcome (add detail to the existing headline)
- Set out projects/services (linked to the outcome), timelines, key performance indicators
- Deliver the projects/services to achieve the outcome
- Review and report upon the outcomes

Each strategy is sponsored by a member of the Board of Trustees (Trustee Champion). The role of the sponsor is to support the NWT calling upon their experience and knowledge, to praise the NWT and to challenge to ensure delivery.

Each sponsor will agree with their NWT a termly traffic light report that will be made available to the Steering Group.

Traffic Lights (also known as a RAG report)

- Red Outcome: not achieving KPI's needs significant support
- Amber Outcome: achieving most KPI's but needs to focus on one or more
- Green Outcome: achieving all KPI's
- Blue Outcome: over-achieving – celebrate success

Each Trustee Champion then report back to the full Trustees meetings on all progress/developments.

Strategic Aim - Ensure the Charity is sustainable, appropriately resourced, and has the broadest strategic choice to best enable achievement of its vision.

Fund Development Objectives

1. Recruit additional stakeholders to fund our increased services to our beneficiaries
2. Maintain existing levels of trust & Foundations incomes
3. CHEXS Community Events
4. Corporates (sponsorship of annual event)
5. Develop corporate donor relationships to support CHEXS mission
6. Develop a major donor relationship to support CHEXS mission
7. Develop an individual committed giving
8. Develop a legacy programme, securing five pledges

Strong leadership from the Chair, Board of Trustees and CEO provides direction and motivation. The CEO provides front line leadership and support to staff, with regular training and support meetings to ensure all staff/volunteers are monitored and have the opportunity to develop the skills they need.

CHEXS Trustees have an array of qualifications and experience obtained from various personal and working environments.

CHEXS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

CHEXS has 10 trustees and a patron these are as follows:

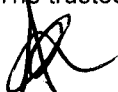
Patron: Charles Walker, Patron – MP Broxbourne

Trustees

- Tony Gorton, Chairperson – Primary Religious Education Advisor (Diocese of Westminster) 3rd Term 2019 – 2022
- Dave Hewitt, Trustee – County Councillor Member for Cheshunt Central – 3rd Term 2019 – 2022
- Sheila Farmer, Trustee - Leader of Waltham Cross Over 60's Club – 3rd Term 2019 – 2022
- Elizabeth Allum – (Vice Chair & Safeguarding Trustee) SENCO Goffs Churchgate Secondary School – 2nd Term 2019 – 2022
- Paul Seeby Trustee – (Deputy Safeguarding Trustee) Broxbourne Borough Councillor – 2nd Term 2019 – 2022
- Sarah Goldsmith, Trustee – Headteacher Downfield Primary School – 2nd Term 2019 – 2022
- Ben Booth, Trustee (Treasurer) – Business 1st Term March 2019 – 2022
- Kerry Laffar Trustee – Beneficiary 1st Term March 2019 – 2022
- Chris Bakalis – Young Person 1st Term March 2019 – 2022
- Charlotte Angeli – Headteacher Holdbrook Primary School – 1st Term 2020 – 2023

The Trustees, though the involvement of their local knowledge and experience see the benefits of the work being performed and are able to engage with the organisation as to the effectiveness of the delivery of the support. The Trustees have regular communication with senior management and those responsible for delivery to understand the work being done, the effectiveness of the work and its delivery and its impact on the children and adults being supported.

The trustees' report was approved by the Board of Trustees.



A Gorton
Trustee

Dated: 29 October 2021

CHEXS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 AUGUST 2021

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CHEXS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHEXS

I report to the trustees on my examination of the financial statements of CHEXS (the charity) for the year ended 31 August 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

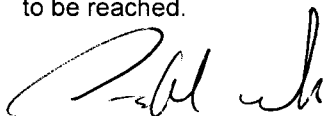
Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



John Wilson FCA ATII

Howard Wilson Chartered Accountants
36 Crown Rise
Watford
Hertfordshire
WD25 0NE

Dated: 29 October 2021

CHEXS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 AUGUST 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
<u>Income from:</u>							
Voluntary income including donations and legacies	3	12,943	-	12,943	8,337	-	8,337
Income from charitable activities	4	151,539	179,745	331,284	184,228	144,467	328,695
Total income		<u>164,482</u>	<u>179,745</u>	<u>344,227</u>	<u>192,565</u>	<u>144,467</u>	<u>337,032</u>
<u>Expenditure on:</u>							
Raising funds	5	5,230	-	5,230	1,743	-	1,743
Charitable activities	6	119,230	186,663	305,893	142,686	116,763	259,449
Total resources expended		<u>124,460</u>	<u>186,663</u>	<u>311,123</u>	<u>144,429</u>	<u>116,763</u>	<u>261,192</u>
Gross transfers between funds		-	-	-	(1,782)	1,782	-
Net income/(expenditure) for the year/							
Net movement in funds		40,022	(6,918)	33,104	46,354	29,486	75,840
Fund balances at 1 September 2020		<u>51,097</u>	<u>51,900</u>	<u>102,997</u>	<u>4,743</u>	<u>22,414</u>	<u>27,157</u>
Fund balances at 31 August 2021		<u>91,119</u>	<u>44,982</u>	<u>136,101</u>	<u>51,097</u>	<u>51,900</u>	<u>102,997</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

CHEXS

BALANCE SHEET

AS AT 31 AUGUST 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	10		-		7,161
Current assets					
Debtors	11	44,600		68,910	
Cash at bank and in hand		186,596		137,056	
		231,196		205,966	
Creditors: amounts falling due within one year	12	(95,095)		(110,130)	
Net current assets			136,101		95,836
Total assets less current liabilities			136,101		102,997
Income funds					
Restricted funds	13		44,982		51,900
<u>Unrestricted funds</u>					
Designated funds	14	30,000		21,000	
General unrestricted funds		61,119		30,097	
			91,119		51,097
			136,101		102,997

The financial statements were approved by the Trustees on 29 October 2021



A Gorton
Trustee

CHEXS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2021

1 Accounting policies

Charity information

CHEXS is an unincorporated charity.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, despite the ongoing and potential effects of COVID-19, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The trustees continue to adopt the going concern basis of accounting in preparing the financial statements and no adjustments to the results or the carrying values declared in these financial statements are required, and none have been made.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts. Expenditure meeting the criteria as set is allocated against the specific reserve in the year it is incurred.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1.5 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of VAT.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Motor vehicles	25% straight line
----------------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.12 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

3 Voluntary income including donations and legacies

	Unrestricted funds	Unrestricted funds
	2021 £	2020 £
Donations and gifts	12,943	8,337

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

4 Income from charitable activities

	2021 £	2020 £
Membership income	44,885	42,698
Project income	87,711	91,130
Grants receivable	198,688	194,867
	<u>331,284</u>	<u>328,695</u>
Analysis by fund		
Unrestricted funds	151,539	
Restricted funds	179,745	
	<u>331,284</u>	
For the year ended 31 August 2020		
Unrestricted funds		184,228
Restricted funds		144,467
		<u>328,695</u>
Grants receivable		
Children in Need	83,054	26,762
National Lottery Reaching Communities	50,430	81,032
Citizens Advice Bureau Broxbourne	-	25,866
Hertfordshire Community Foundation	9,961	14,707
Garfield Weston	-	25,000
B3 Living	-	5,900
Locality Budget Grants	3,500	9,700
Masonic Charitable Trust	5,000	5,000
Henry Smith Charity	36,300	-
Marriots School	3,743	-
Other	6,700	900
	<u>198,688</u>	<u>194,867</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

5 Raising funds

	Unrestricted funds	Total
	2021	2020
	£	£
<u>Community fundraising, events and sponsorship</u>		
Advertising	5,230	1,743
	<u>5,230</u>	<u>1,743</u>

6 Charitable activities

	2021	2020
	£	£
Staff costs	247,554	196,756
Depreciation and impairment	7,162	13,252
Project costs	8,902	24,127
Staff training	7,946	5,898
Insurance	5,680	2,051
Office costs	10,388	6,586
Motor & Travel costs	4,626	2,689
Professional fees	360	360
Sundry expenses	1,069	1,319
Bank charges	53	62
Governance costs	1,200	1,199
Venue costs	6,326	5,150
Grant funding of activities (see note 7)	4,627	-
	<u>305,893</u>	<u>259,449</u>

Governance costs comprise fees paid to independent examiner's of £1,200 (2020 - £1,199).

7 Grants payable

	Educational and extended services	2020
	2021	
	£	£
Grants to individuals	4,627	-
	<u>4,627</u>	<u>-</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

7 Grants payable

(Continued)

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

9 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	10	7
	<u> </u>	<u> </u>
Employment costs	2021 £	2020 £
Wages and salaries	223,096	176,252
Social security costs	13,244	11,290
Other pension costs	11,214	9,214
	<u>247,554</u>	<u>196,756</u>

10 Tangible fixed assets

	Motor vehicles £
Cost	
Additions	53,006
At 31 August 2021	<u>53,006</u>
Depreciation and impairment	
At 1 September 2020	45,844
Depreciation charged in the year	7,162
At 31 August 2021	<u>53,006</u>
Carrying amount	
At 31 August 2021	-
At 31 August 2020	<u>7,161</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

11 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Other debtors	40,646	64,534
Prepayments and accrued income	3,954	4,376
	<u>44,600</u>	<u>68,910</u>

12 Creditors: amounts falling due within one year

	Notes	2021 £	2020 £
Deferred income		83,364	94,518
Other creditors		31	3,098
Accruals and deferred income		11,700	12,514
		<u>95,095</u>	<u>110,130</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 September 2019 £	Movement in funds			Transfers	Balance at 1 September 2020 £	Movement in funds			Balance at 31 August 2021 £
		Incoming resources £	Resources expended £				Incoming resources £	Resources expended £		
Awards for All (Big Lottery)	-	-	-	-	-	-	9,854	(904)	-	8,950
Leathersellers Company Charitable Fund	2,000	-	(2,000)	-	-	-	-	-	-	-
CTA UK LTD	20,414	-	(13,252)	-	-	7,162	-	(7,162)	-	-
Lottery Community Fund (Broxbourne Better Futures)	-	25,866	(27,648)	1,782	-	-	-	-	-	-
CAB	-	-	-	-	-	-	36,300	(33,275)	-	3,025
Henry Smith Charity	-	-	-	-	-	-	9,961	(8,661)	-	1,300
Hertfordshire Community Foundation	-	-	-	-	-	-	-	(4,000)	-	-
B3 Living	-	5,000	(1,000)	-	-	4,000	-	-	-	-
Children in Need - After School Programme	-	26,763	(21,007)	-	-	5,756	26,895	(26,654)	-	5,997
Children in Need - School Holiday Programme	-	2,900	(2,900)	-	-	-	56,159	(47,354)	-	8,805
Covid 19	-	43,963	(25,647)	-	-	18,316	-	(18,316)	-	-
Reaching Communities	-	39,975	(23,309)	-	-	16,666	40,576	(40,337)	-	16,905
	22,414	144,467	(116,763)	1,782	-	51,900	179,745	(186,663)	-	44,982

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

14 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 September 2019 £	Transfers £	Balance at 1 September 2020 £	Transfers £	Balance at 31 August 2021 £
Contingency Fund	11,000	10,000	21,000	9,000	30,000
	<u>11,000</u>	<u>10,000</u>	<u>21,000</u>	<u>9,000</u>	<u>30,000</u>

The contingency fund was set up in order to provide funds to cover for any unexpected expenditure that the charity should face, as well as provide a fund towards redundancy should the charity have to reconsider its operations, subject to funding.

15 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 August 2021 are represented by:			
Current assets/(liabilities)	136,101	-	136,101
	<u>136,101</u>	<u>-</u>	<u>136,101</u>

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 August 2020 are represented by:			
Tangible assets	-	20,413	20,413
Current assets/(liabilities)	4,743	2,001	6,744
	<u>4,743</u>	<u>22,414</u>	<u>27,157</u>

16 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).