

# The impact of Impact

Annual report June 2024 - May 2025



West End Impact, 4-10 Heysham Road, Morecambe, LA3 1DG

Reg Charity Nr. 1153736

Contact: 01524 888929 [info@westendimpact.org.uk](mailto:info@westendimpact.org.uk) [www.westendimpact.org.uk](http://www.westendimpact.org.uk) [www.therestore.uk](http://www.therestore.uk)

# Hi, great you're here!



## Managers Report

This year has brought its share of challenges, as ever. We have faced ongoing difficulties around funding, a shortage of volunteers, and key staff members being on long-term sick leave. Recruiting new trustees has also proven difficult, but we are pleased our 2 new trustees are settling in well. This year we have added a Youth Worker to our staff team, which is a great addition with exciting prospects to reach young people. However, the more staff members we add, the bigger the responsibility to manage a team well, especially with the nature of the work we do. Our staff team is constantly dealing with trauma and supporting people with multiple needs, and we therefore need to support each other a lot to manage our own wellbeing.

Of course, these organisational challenges are minor compared to the struggles our clients face every day. Recently, the proposed changes to the benefits system have caused significant anxiety among many of those we help. Even the possibility that their benefits might be reduced or withdrawn has led some into deep distress. Although attendance has been slightly lower this year, the clients we've supported have needed more intensive help. The problem of homelessness in the area has increased and we have found it useful to invite Calico to meet clients on our premises twice a week. Calico have a contract with our local council to address homelessness in the Lancaster & Morecambe area.

We are operating in tough times, and as managers, we remain committed to staying connected to the realities on the ground. By continuing to engage in front-line work, we ensure that our insights are rooted in the lived experiences and stories we hear from our clients—allowing us to advocate more effectively with statutory bodies such as the NHS, local councils, and the DWP. Our goal is always to be a voice for those we support. We continue to be part of the local Integrated Care Community and have attended meetings run by Community Voluntary Solutions around working together to address some of the issues in our community.

We recently had a visit from Mark Davies the CEO of Lancaster City Council after being invited to be involved in an NHS leadership project around population health. We feel it very important for people in authority to meet people in our community at ground level to hear the day-to-day struggles of people in our community and to listen without judgement. It was great to have him at Impact for the morning.

We also had a good visit from our newly elected MP Lizzi Collinge who is very active in the community. We quizzed her about her opinions on current affairs and shared client stories.

We continue to be the charity many other organisations speak highly of and we get many referrals from statutory organisations such as the job centre, the NHS, social services, the local authority and more. Wes Streeting has announced in his 10 year strategy, that working together with the third sector is essential to address some of the societal issues we presently face in the UK. We just hope that within his strategy there will be funding available so we can build the capacity to cope with all the referrals.

All in all, a good, busy, full, exhausting, challenging year with successes, continued support and the usual heart ache, when clients' struggles get too much. We have things planned for this next season, particularly around youth, young adults, mental health and maybe we'll get started on taking Impact to the next level - more on that in our newsletter in the coming months.

Much love

Tracy & Michael

# Chair Report



West End Impact is based in the West End of Morecambe, Lancashire. This ward, sadly, continues to be one of the poorest in the country with residents facing a multitude of issues, made worse by the worsening financial crisis. West End Impact seeks to address as many of those issues as it can with a two-pronged approach which we call Reacting to crisis and Rebuilding lives. Reacting takes the form of meeting the most pressing needs that are presented to us when we first meet people requiring help. The rebuilding comes about as we plan with them a way out of their current problems and into a better place. This better place could be somewhere physically, emotionally, mentally, financially, or spiritually more secure and rewarding.

Increasing economic uncertainty has meant funding has been difficult to come by, but the work of West End Impact has proved to present a first-class return on funders money in terms of people helped.

We continue to provide help to our local community in the form of advice and guidance, food, medical triage and mental health support amongst other things, with our mental health support now including access to counsellors..

The year 2024-2025 has seen a continued squeeze on people's finances and we have seen an even greater increase in use of our Food Bank than previously.

Our two shops, REStore and REStoration continue to grow. Income continues to be limited due to the challenges facing smaller shops including higher bills and lower footfall. The support given to local artists and unemployed clients taking part in learning opportunities and art therapy provided by the shops has an important benefit to our clients.

Our team of staff and volunteers continue to be an unmatched resource in our local area.

This year, although a challenge, has shown how much our services continue to be desperately needed in Morecambe's West End.

We continue to plan for the future, and we are updating our Risk Register to ensure we are still complying with all of the requirements of a Board of Trustees.

I can confirm that there is no serious incident to report this year.

Darren Phillips  
Chair of Trustees

# Treasurer Report



It has always been our hope and still is, that the income we need to maintain our charity would come equally from three sources namely DONATIONS gifts from the general public or groups, GENERATED INCOME from room hires or the sale of goods from our shops and finally GRANTS from charitable trusts or government agencies.

But as the need still grows for more trained and experienced employees, this year we have increased the number of mental health counsellors and appointed a youth leader; to cope with the increased counselling, advice and guidance; both in financial, benefits and mental issues.

This last year 2024-2025 the ratio of income has been 15% (-6%) donations, 8% (-3%) generated and 76% (+8%) reliant on grants. Our overall income for the year has increased by 17% compared to last year. Due to the uncertainty still in the financial and political world generally new grants are still slow in forthcoming and difficult to obtain. The major grant being the UK Shared Prosperity Fund (UKSPF) administered by Lancaster City Council and paid quarterly in arrears, has also been approved for an extension into part of next year.

The lack of space within the building for counselling and offering advice to vulnerable members of the public is an increasing problem. We still have the hope that the building plan to put a second floor above the meeting hall that was commissioned about ten years ago will come to fruition, providing much needed small private rooms for conversations with clients.

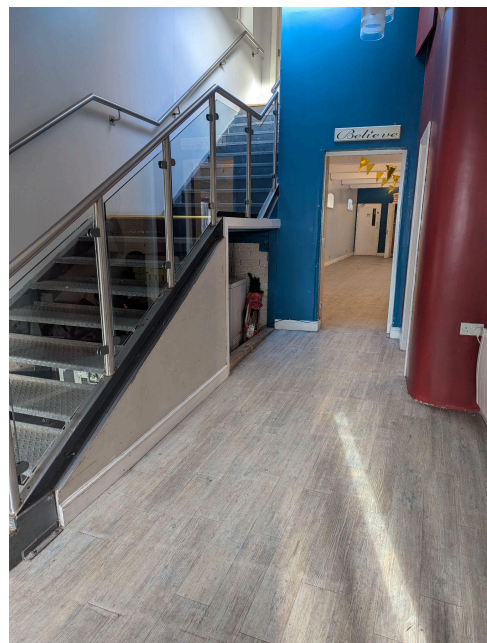
We started the year with cash brought forward from the previous of £112,990 and ended the year with £120,347 to be carried forward into the next; of which 32% is restricted funding from grants for specific tasks. Thank you to Kristina for taking over much of the legwork of bookkeeping and payroll this year!

Ian Swash  
Treasurer

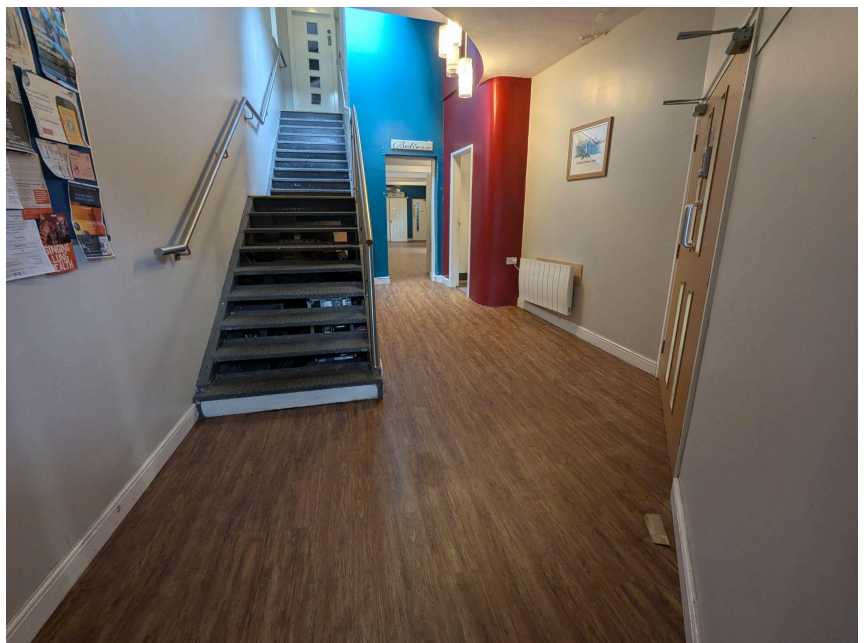
## Our Centre

We continue to be blessed with a fantastic building for our main site. It's served us very well over the years and with all our sessions, recovery groups and other room hires filling it most of the week, it's getting well used. Our floor has done well for over a decade, but needed replacing. We're grateful to UKSPF and others, who have funded our mini refurb and it looks and feels fantastic.

*Before...*



*After....*

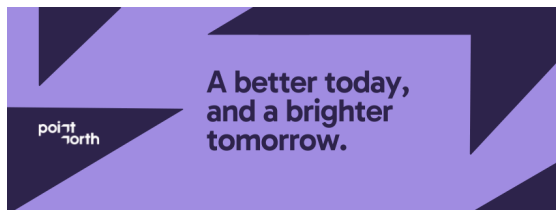




Thank you to all our funders during this financial year!



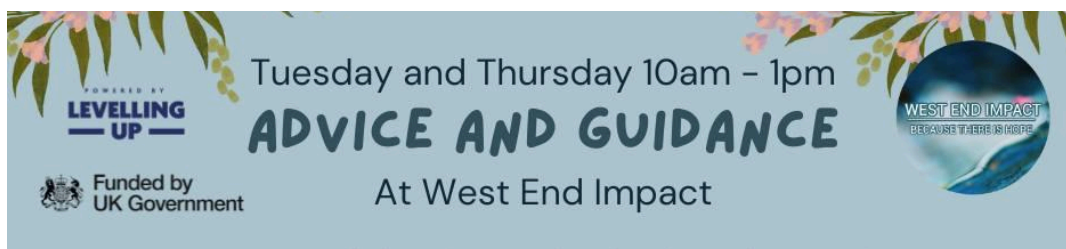
DUCHY of LANCASTER



THE LEATHERSELLERS



# Advice & Guidance



Our advice and guidance sessions on Tuesday and Thursday are as busy as they have ever been. Sometimes people have to wait a while to be seen, and sometimes it looks as if we are quiet, but there's plenty of stuff to get on with. We found that the intensity of our support has increased. The fight to get help for our clients has become harder and more complex. Here's Rachel sharing a bit more:



This year has seen a huge increase in blue badge applications. While I have mainly been successful in securing these for people, it does add so much worry and stress to their lives. We know that lack of a blue badge can lead to loneliness and isolation. I have also seen an increase in PIP reviews. People feel completely alone with this and often hide away, avoid or completely ignore these forms. People feel overwhelmed with them and often feel that they don't know the right words to explain how they feel or how their disability or condition affects them. It takes time to unpack this and people often find that there are parts of their conditions that they didn't notice or have just accepted as normal now. Sadly this is the case for most people.

Universal credit applications have increased due to the ending of legacy benefits. Many clients are not fully aware of their entitlement and that in some cases transitional protection applies. I help people learn whether this applies to them as we fill in their application. Universal credit has many barriers in the application process - including proving identification using only a photocard of some kind. Many people who access our services do not have the means to buy these. A current passport is nearly £100 and a provisional licence application is between £34-£43. This money is needed for essentials - food, electricity and housing. I help people find other ways to prove their identity that is within their means.

Housing is a substantial problem in our local area. Not only are the prices well out of budget for the people who access our services, they often require a very large deposit and a credit check - something that will not work in their favour. On top of these barriers - there are no properties. Landlords are selling up due to the Eden project or increasing the rent to an unachievable amount. While we can't make properties appear, I can help people look for properties, search for financial support and offer hope. Part of my job is helping people to keep fighting, to keep looking for properties and offer emotional support that is needed during the process because it is hard.

# Food Bank & Drop In

Our food bank is relatively small, but extremely busy. We are open once a week on Tuesday morning for around 50 weeks a year. On average we give out over 60 parcels per session, although recently it has been more like 65. The parcels are made up in crates and clients can choose what they need and ask for additional items such as toiletries, pet food etc depending on what we have in. We source the food from Morrisons Morecambe, where we have a donations basket. Sadly, we lost our 2nd drop off point in Garstang this year.



Due to the cost-of-living crisis our food donations have not been able to keep up with demand and we had to start buying food for our food bank. We spend an average of £300 per week on food. We go to local supermarkets and purchase a van full and also access Fairshare, a charity in Preston, who specialises in food redistribution.

Fairshare has been fantastic, really increasing the nutritional value of our provision. We are able to provide a lot more fresh vegetables than we ever used to.



We are grateful to many individual donors who instead of buying food, donate money to help us shop more strategically.

We also serve a cooked 2 course dinner at Thursday lunch time. Many people stay in and eat the meal together, creating and enjoying community, as

many live alone. We have a different cooking team each week and our menu varies, depending on what we can source. Our local butcher (Kennedy's) donates a meal once a month and we are very grateful for their continued support.

On Sundays we offer take away sandwiches, as there is no other free food provision in Morecambe. We have different teams who cover one Sunday per month. Thank you to all who contribute!

Oh and at Christmas we cook a full Christmas dinner for around 150 people. So many wonderful volunteers help out on the day that we can do table service and nobody goes home empty handed. We have toys for families with children and every guest gets a hamper full of goodies. It's a tiring but rewarding day.



# Statistics

Numbers don't tell the full story of our Impact, but they do tell part of the story. Behind and between each statistic are real life people with whom we work with consistently. Some come for a short while, others are with us for years.

In the last 12 months (June 24 - May 25)...

...over 1500 individuals collectively received help over 8800 times

...over 200 people received intense support for their depression & anxiety through courses and individual counselling

...over 3000 food parcels gave people and families 5 days of food when they had absolutely nothing

...more than 150 times we helped people find a home or keep their tenancy

...35 people and families could switch their lights on and heat their home

...over 350 people received or kept the benefits they are entitled to because we supported them with advice, phone calls, computer access, letters, form filling, appointments and appeals

...15 people have said that without West End Impact they wouldn't be alive anymore.

... 30 people sold their artwork at the Re-Store, earning money for the first time in their lives

... over 65 volunteers contributed more than 7500 hours as part of our volunteer program with training, mentoring and support to help people build confidence, self-esteem, new skills and become more employable.

...our Parish Nurse organised over 250 health assessments including Hep C tests, Liver scans, eye tests, blood pressure tests and countless health conversations including urgent interventions

we served...

over 3500 meals to vulnerable adults and families, and Christmas Dinner for 150 people



# Parish Nursing

As a Parish Nurse I support numerous vulnerable and homeless people who come into the West End Impact Charity. I use my professional skills and experience to help people improve their health and wellbeing. I work in targeted ways that help them help themselves, advocate, adapt to each individual's needs, access statutory and third sector services.



This year I have continued to draw in and host opticians. The prescription glasses arrive a few weeks or so later, following the eye testing. Then I aim to spend time with our guests whilst giving out 10 pairs of prescribed glasses on this occasion. It's a privilege to see each person's reactions as they receive their prescription specs & see more clearly. It provides another opportunity to build their trust for further support that day or at a later date.

In the past month I have continued to host the Hepatitis C Trust, also a charity, and the NHS Community Liver fibroscan teams. The fibroscanning is a new, constantly changing team in a service that has been joining us throughout their first year & now into their second. Both are also really helpful for the people who access WEI. The follow up is very helpful and confidential as you would expect.

In WEI, we are hosting the Well recovery team for two days a week while their building is being renovated. They work more widely across the region and with supported housing and programmes for people managing and recovering from addictions. I've made the most of this opportunity to build on my previous links. We continue to have a broad overlap of people we see. This continued networking is working well, almost accelerated by being under the same roof.

Here are a few snapshots of the people I have worked closely with these past couple of months:

Visiting and spending time with one of the people who is towards the end of their life was something I call a difficult privilege. They have been central to the community on the streets. As people, our hearing is one of the last senses to deteriorate so it was possible to sit with them and gently talk. Eight months prior to this I had initiated a multidisciplinary meeting which became onward support coordinated by NHS colleagues, with the other community and then hospice professionals over the past 8 months. Their partner was reacting angrily, which is not unusual when we are losing a loved one and grieving. They were angry towards me and they had also been this way at the care home/ hospice. I was not surprised, in the time I have known them they have been happy, angry and sad together through difficult times prior to this end of life. The following week they came into the drop in and apologized to me, I thanked them for this, explaining also that grieving can often include anger. They apologized a few more times throughout the morning. In my view they are not used to anyone accepting their apology. It was touching that they went on to try and assist a different unwell person I was trying to get an appointment for in the Urgent Care unit. I hope we can support them as they grieve and help them find ways of managing their anger and receiving counseling. Whilst continuing to help them access suitable accommodation.

D: Another person who had come for help 2 years ago with intense back pain, had continued to be antisocial in the charity until recently. I was inviting people to the Hep C testing and Liver fibroscanning a week in advance, and this person grumpily asked me if there was a voucher. I did not know this time and gently mentioned this and that it was his body – to help him in his decision. The following week he sheepishly came for the tests, and I quietly greeted him just as I was doing with everyone. Four months later he came calmly to ask me for assistance for something else. We have calmly worked on this – this is a huge change in him.

Z: I have supported this person to help themselves where possible over the past few years. They are always keen for me to take on their management of diabetes and other health/ life issues. I am equally keen for them not to abdicate responsibility for themselves. Currently after a very difficult hospital stay, just about able to stand, they came into the charity. They continue to need support physically, psychologically and with healthy food choices. Although at times others in the charity will give them several biscuits with each cuppa or meal. I

have found that they like tuna and beans, so I substitute this in their food parcel (I prefer to help people eat more protein as a simple effective way of helping them manage their own health) The local GP surgery is very much involved with this person too.

I enjoy hosting the trainee GPs who come for a 5 month placement in Health Inequalities/ Social Deprivation if they choose it as part of their 6 placements. I tend to see them at the start or end of the second of their three year training. The funding was found by a local GP, and I am glad that it is continuing at present. For me, one of the main aims is that these trainee GPs learn to listen deeply, to see beyond a person's outward appearance, smell, and presentation. To really hear what the person's priority is – for most medical care is about 4<sup>th</sup> or 5<sup>th</sup> on their felt needs. So to gain someone's trust and for the person to feel safe, it is important that they feel heard and other aspects may need to be addressed before any physical/ psychological appointments are made. The current GP trainee is the 5<sup>th</sup> I and the scheme have hosted.

Thank you

Wendy

Parish Nurse

## Well Being Wednesday

### Art Group



Art group meets every week on a Wednesday. We have had 10 regular people across the year. This year we have worked on collage projects, gelli plate printing, charcoal work and watercolour. These relaxing therapeutic sessions give people time to relax after CBT sessions. We are currently working on an autumn exhibition at our restore shop.

### Living life to the full

In Living Life To The Full we have found that there has been an increase in isolation and loneliness since Covid 19. It is still having a detrimental effect on people's lives. Living Life To The Full is running well on a Wednesday and people tell us it often saves their lives. We have been told that the course has saved relationships and allowed people not only to understand their emotions but the right to feel them. We are our worst critics and when we are around people who understand this, we often feel safe and are able to grow. We currently have 14 enrolled on our Living life to the full course and 6 in our after-care group. Over the year we had over 150 people attend. The after-care group is for people who feel they still need support and it's a life line for those who attend. We also run a Facebook page, posting helpful mental health support literature.

We have run a course every 10 weeks in term time across the year. The course is a NHS accredited CBT based programme that helps people to move forward and make decisions.

### Client Stories

Client A: is a new mum with a 1-year-old baby. She is struggling to cope with work alongside a difficult life work balance. She says LLTTF has helped her to think more about her negative thoughts and helped her to focus and relax more.

Client B: is in recovery and has not left the house for a considerable time. She was referred from the NHS and we first met one to one with her to help her into the building. Since then she has really improved in confidence, we have recently supported her to book her dream flight to Australia to see her son. She has really turned her life around by working on her confidence and low self-esteem. She values the weekly sessions.

Client C: has autism and is facing a very serious eye operation, he says the course has helped him with looking at how he feels about his medical diagnosis. We also recently supported him when his partner suffered a miscarriage.

Client D: has a brain injury caused by a traumatic incident. Whilst engaging with the course he has managed to get his driving license back and engage with our Restoration programme. He says the course keeps him alive.

Client E: did the course 3 times after a very dark period in her life. She really responded well and has now done 2 courses as a co-leader as well as moving forward in her life. She is now seeing her children more and has moved to overnight visits and is getting married. She says the course really helped pull her out of her depression.

## Counselling

Our person centred counselling service has been a really important addition to our CBT group work in recent years. We employ Richard as our main counsellor to see around 15 clients each week. Referrals come from West End Impact internally, from NHS Bay Medical group, who handpick clients who would really struggle on a long waiting list and from other organisations we are in contact with. We also host 3 counselling students, who as part of their degree, have to complete 100 training hours with clients. We vet them thoroughly before we offer them a placement. They provide an incredibly important and diligent service.

One of the recent feedbacks we received from a client:

*"I'm in my 50s and have struggled with poor mental health all my life. Through the counselling at Impact it's the first time in my life that I am getting somewhere with it!"*

Here is a recent case study from Richard:

Rebecca (not real name) a 19 yr. old female.

The referral came via signposting from Lancaster and Morecambe college. The client initially wanted help with feeling depressed all the time and hopeless.

Following an introductory session with assessment, conducted over the telephone, Rebecca attended 12 weekly sessions of face to face, person centred counselling and 2 telephone sessions. The client had been suffering from a persistently low mood and was having difficulties getting to sleep at night. The focus of the early sessions was a consideration of their barriers to a sleeping pattern which facilitated wellbeing. The client listed some unhelpful patterns and wrote their own better sleep protocols. As the work progressed they took the opportunity to revisit positive past experiences and reminded themselves that good days come along sometimes.

The client made some practical changes to their environment and routines which supported gradual improvements to their sleeping pattern. Simultaneously an earlier belief returned to their awareness; that good and bad days come and go and it's worth sticking around for tomorrow because it just might be a good one. Rebecca is starting to spend more time going for walks outside and noticed subsequent mental health and sleep benefits.

Feedback

The client reported that life was starting to feel better

# Operations



I am Kristina, and my role at West End Impact is to support the managers and trustees with all operational, administrative and accounting activities. This year has been a rewarding one in my role as I've continued to support the organisation's day-to-day running, funding bid writing and the transfer from one accounting software to another to save us money!

A personal highlight of the year was planning and organising our Annual Volunteer Appreciation Meal, which was a hugely successful and uplifting evening. It was a joy to celebrate our dedicated volunteers with a night of good food, heartfelt thanks, and shared community. Feedback from attendees was overwhelmingly positive, and it truly reflected the spirit of West End Impact.



This year, I've also continued to support our social enterprise, The ReStore, in a number of ways. The biggest impact being a noticeable increase in sales and the ReStore manager having more time to work one-to-one with clients, which all contributes to our invaluable work and positive outcomes.

Overall, and as always, it is a privilege to be a part of such an amazing, forward thinking, and loving charity. The most rewarding part is explaining to people what I do for work, and who I work for!

## Growing Veg & People

Growing Veg & people transformed a concrete area that has been derelict for about 15 years into a growing space. Growing food and biodiversity are vital to us as humans. The project improves opportunities for local people to grow their own food; learn new skills; taste fresh produce; build friendships; space to relax.... We aim to Grow Veg and People by growing veg outside in the community and with people in the community.



The new season on the Growing Veg & People project began with harvesting veg from the raised beds, that have over wintered and now gone into our Thursday community meal. I designed and Ian, one of our trustees, has made potting benches at two heights that can be raised out of the way when necessary. With assistance I'm creating storage for fold away chairs and two deck chairs that have been donated. The deck chairs are a fun addition to the dingy that I found on Freecycle last Autumn. My colleagues kindly helped transport it from 30 miles away. The boat is at the far end of the space nearer the houses that face the Growing area. I'm looking



forward to adapting this to a story-telling boat, surrounded by planters with vegetables and colourful companion flowers (these attract insects to them instead of the bugs eating the veg). The wood for this storage is funded by one of the recent grants and recycling local donated decking. The recycled bottle greenhouse then can be fully used for veg & not storage; We have begun clearing away new weeds, bramble and stinging nettle growth at the same time as planting seeds for this year's veg and companion flowers.

The youth group came and repotted some small apple trees that I had planted as bare rooted trees last year; a small bay tree and lily of the valley plant also now have larger pots in which to thrive. They also learned how to, and planted seed potatoes donated from the community farm in Lancaster. We had fun and learnt too. This year the seeds have taken off rapidly in the shelter of the greenhouse with the unusual amount of sunshine. Water too has always been a challenge. A kind donation and delivery of a 100l water storage container is definitely an answer to prayer.



Wendy, Parish Nurse

## The Restore



The Restore currently has 30 artists that we are working with and 12 clients, we continue to give people a safe space to be creative. As well as opportunities for people to be creative we also run retail placements with our AQA scheme. We also have a creative writing course which runs on a Tuesday for 7 people and Scrap booking groups on a Friday which are client led.

This year we had 6 clients across Restore and Restoration do AQA qualifications, and we had a ceremony in April to celebrate the success. Which was attended by 50 people. We had three client's complete schematics in art and making a collage with support. Another client also did these two courses but also making collage using sensory materials. We also had a client complete level 3 and suicide and mental health support in young people 1 client completed 3 retail qualifications after being on placement with us from the job

centre, this client now runs the shop independently twice a week and has recently gained a wage by painting furniture for our restoration shop.

2 clients are currently attending the CAP job club scheme which runs for 9 weeks. Also one of Restorations clients completed 2 AQA's in furniture restoration. We currently have 6 new clients working on AQA's which we will send off in July.

### Some Highlights

Over the year we have enjoyed a Christmas open weekend, workshops including Gelli plate printing and needle felting and abstract art these have been well attended. We have also sold our stock at Vintage by the sea and a craft Destash sale in Lancaster.

We also got involved with VE celebrations on the street. We also have plans for workshops for the lantern festival and will work from September in partnership with More music to make lanterns for the festival. We also have attended meetings for West end traders and continue to try and make improvements to the local area and economy.

We also have taken 4 students from Lancaster and Morecambe college on 2 Week placement who worked in the shop and also with a local CIC Wise up workshops where the Restore made scenery and props for 2 of their upcoming plays after the placement we helped gain employment for 2 of the students who are now employed by Wise Up.

We also have developed an art gallery for 5 artists in a local business called TP financial services who have a Restore art gallery at their premises. This is been a great way of selling some of our higher price items. We also painted scenery for Lancaster Grand Theatre's production of Dick Whittington and his cat.

Client A -One of our clients has complex mental health problems and is regularly dealing with suicidal thoughts and low mood she says coming to the restore helps to silence the voices and helps her find anchor points in her week which is vital for her mental health. Over the year she has sold some of her collage work, completed 3 AQA's and has since done 2 more which will be submitted in July. She has also started a recent retail course in the shop and is gaining confidence. She has recently helped to make collage inspiration kits and sold them in the shop and she is gaining confidence. She sees the Restore as a safe space.

Client B – is 21 has a complex diagnosis ASD,ADHD, Hyperacusis, audio processing disorder and Hyperkinetic disorder, he attends the Restore with his carer. We have made a quiet time when he can attend and we have a rules around noise while he is in the building. He has progressed from staying for 40 mins once a week to an hour twice a week. He has completed a AQA in Nature art and is currently working on a AQA in drawing animals. He enjoys the Restore and his carer says it is one of the only groups he attends outside of the home. He says the Restore is good for him as he can make art and he likes that we have lots of materials.

## The Restoration



Restoration works one to one with clients helping them to restore and repair furniture as well as waxing and polishing techniques. The clients have their own projects and also help with customer commissions. Restoration currently has 7 clients over the year. A lot of the clients at Restoration are retirement age and we find that many are needing something to leave the house for as it is combating loneliness as well as helping with their mental health.

Client A - was referred from adult social services, he is in his 50s and suffers with heart problems and he found the Restore helped him to get out of the house.

Client B - This client is a retired lady who was new to the area and wanted to get to know people. She comes to the Restoration project to get out of the house and has worked on restoring a table.

Client C- Client C gained 2 AQA awards in furniture restoration and has continued by doing a further qualification in making garden furniture from pallets. The planter is a much higher-level project after he has learned different skills. He suffers with depression and chronic pain and is a carer for his mum. The Restoration helps him to get out and make friendships.

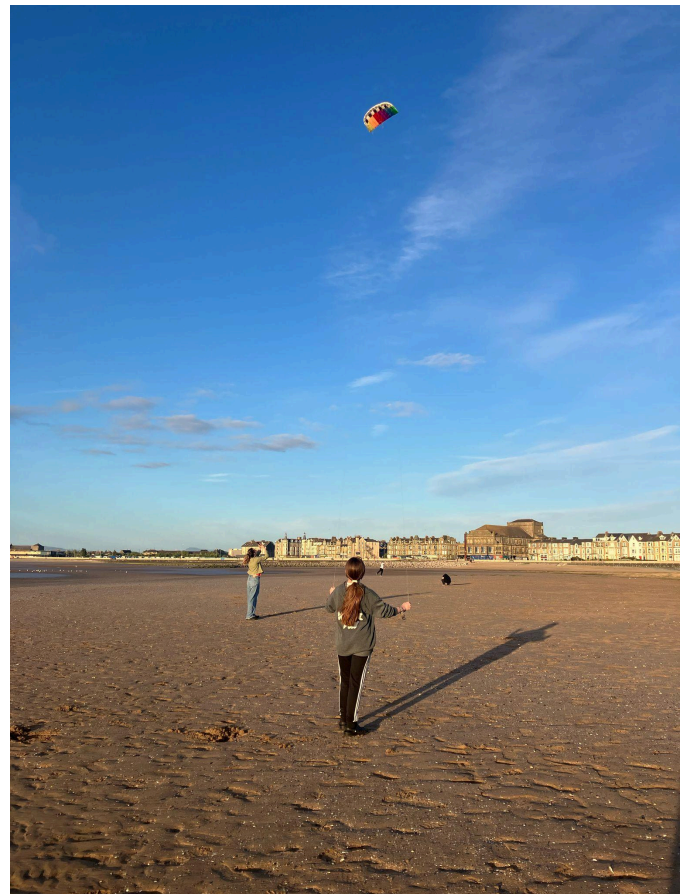


# Impact Youth

Our youth club is small but really important for those who come. This year we managed to significantly reduce the average age of our leaders with Maddie coming on board as our youthworker and Matt joining the team of volunteers. We have had some new young people join and had a good year learning, dancing, singing, shouting (a lot) and being arty and creative.

There were several trips to the beach, when the tide is out it's the perfect playground for flying a kite, BBQ etc. One highlight was the quiz night which the youth hosted for lots of people connected to Impact.

We're excited about the new season just round the corner, and have some exciting new things planned already.





# How to get involved:

While reading this you might have been thinking, 'That's amazing! I'd like to be a part of that!' The great news is, you can! There are lots of ways you can get involved.

You could... **Volunteer.** West End Impact isn't a building, it's a community. We offer a thriving volunteer programme! Being part of a community of volunteers - helping our community in Morecambe - is a fantastic opportunity. Most of our volunteers feel they get more out of it than they give. There are various volunteer roles available and more to be tailor-made to your experience, passions and availability. Get in touch and we can arrange an informal chat.

You could... **Be an Impact Angel.** Impact Angels support our work financially. Without their faithful and continuous support our work would not be possible. That is why we lovingly and affectionately call them 'angels'. If you would like to become one of our angels and contribute to this important community 'outpost' in the West End of Morecambe, please get in touch or use the details below.

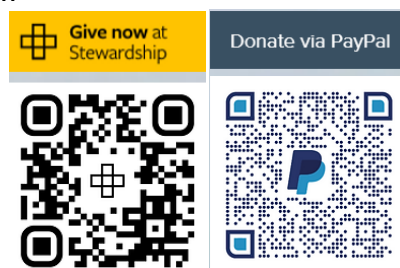
Donate direct into our account and every penny goes towards our work

Account Name: West End Impact

Account Number: 51337505

Sort Code: 40-33-15

You can also donate via Stewardship (they take a small cut) or via PayPal (they take a bigger cut).



If you are a UK taxpayer we can use Gift Aid to make your donation go further still, please email us.

You could... **Subscribe to our Newsletter.** Emailed to you about once a month, it keeps you updated with all the goings on at West End Impact. You can sign up to it right at the bottom of our website.

You could... **Follow us on Social Media.** We're everywhere and we share lots of news, requests, thank yous and useful information.

West End Impact Page: <https://www.facebook.com/WestEndImpact410>

West End Impact Hub: <https://www.facebook.com/groups/westendimpact>

West End Impact Mental Health group: <https://www.facebook.com/groups/3099446413399491>

The Restore: <https://www.facebook.com/therestoremorcambe>

Instagram: @the\_restore\_

X: @WestEndImpact

You could... **Shop.** You would find the greatest unique and handmade gifts for Birthdays, Christmas or just as a treat for you in our Restore. You might just find that amazing piece of furniture in the Restoration or have your favourite but tired looking table/cupboard/chair restored to full glory.

You could... **Donate to our food bank.** We have a donation bin at Morrisons in Morecambe, Pets at Home, St. Patrick's school in Heysham or you could drop it off at Impact. It's also really helpful if you donate money, so we can strategically buy the items we are particularly short of any given week.

You could... **Fund us.** If you happen to be one of those amazing organisations that funds charities like ours, thank you for taking the time to read this. You've kept us going for a lot of years and we're not finished yet. We're working hard to become more self-sufficient, but will always need outside funding to keep up the good work. Please get in touch with any more questions, come visit us or pass our details on to others. We really appreciate your support.





charity name WEST END IMPACT (CIO)  
charity No. 1153736  
period from 01/06/2024 (start date)

## A1 Receipts

### 2000 Donations

	unrestricted funds nearest £	restricted funds nearest £	endowment funds nearest £	2024-25 total nearest £	2023-2024 total nearest £
2100 Gift-Aid Donations	£12,205			£12,205	£14,295
2200 Non-Gift Aid Donations	£8,151			£8,151	£18,705
2300 Group Donations	£14,966			£14,966	£12,098
2400 GASDS Donation	£1,961			£1,961	£851
<b>Total 2000 Donations</b>	<b>£37,284</b>	<b>£0</b>		<b>£37,284</b>	<b>£45,949</b>

### 2500 Restricted Funds

2528 Neighbourly Foundation		£1,500		£1,500	
2536 CRH		£7,500		£7,500	£7,500
2541 Warm space grant LancsCounty Council		£750		£750	£500
2549 Blakebank Trust		£10,000		£10,000	£10,000
2555 Liverpool CVS		£600		£600	£600
2559 UKSPF		£153,264		£153,264	£0
2562 Bay ICC (Advice & Guidance)		£1,000		£1,000	
2563 Pots of Possibilities 2025 (Restoration)		£10,000		£10,000	
2564 Penhale Trust		£5,000		£5,000	
2565 Banks Lyon		£5,028		£5,028	
2566 Asda garden project		£1,500		£1,500	
others		-		-	£132,790
<b>Total 2500 Restricted Funds</b>	<b>£0</b>	<b>£196,142</b>		<b>£196,142</b>	<b>£151,390</b>

### 2800 Non-Restricted Grants

		<b>£0</b>		<b>£0</b>	<b>£0</b>
--	--	-----------	--	-----------	-----------

### 3000 Generated Income

3100 Room Hire	£6,608			£6,608	£6,583
3300 Interest gained & Gift Aid	£5,478			£5,478	£5,941
3400 Fundraisers	£1,132			£1,132	£1,392
3500 Uni payment				£0	£1,400
3600 Restore income from sales	£5,078			£5,078	£3,790
3700 Restoration income from sales	£775			£775	£2,903
<b>Total 3000 Generated Income</b>	<b>£19,070</b>	<b>£0</b>		<b>£19,070</b>	<b>£22,009</b>

### 3850 Employment Allowance

	£6,151				
--	--------	--	--	--	--

### Total Income

	<b>£62,505</b>	<b>£196,142</b>		<b>£258,647</b>	<b>£221,148</b>
--	----------------	-----------------	--	-----------------	-----------------

## A2 Asset and Investment sales, etc..

£0	£0	£0
----	----	----

## A3 Payments

### 4000 Buildings

Total 4100 Impact	<b>£9,408</b>	<b>£20,037</b>		<b>£29,444</b>	<b>£31,084</b>
Total 4300 The Restore	<b>£5,974</b>	<b>£4,352</b>		<b>£10,326</b>	<b>£6,274</b>
Total 4500 Restoration	<b>£768</b>	<b>£3,288</b>		<b>£4,056</b>	<b>£2,865</b>
<b>Total 4000 Buildings</b>	<b>£16,150</b>	<b>£27,676</b>		<b>£43,826</b>	<b>£40,223</b>

### Total 5000 Admin

	<b>£1,812</b>	<b>£1,380</b>		<b>£3,192</b>	<b>£4,671</b>
--	---------------	---------------	--	---------------	---------------

### Total 6000 Projects

	<b>£16,843</b>	<b>£9,396</b>		<b>£26,238</b>	<b>£25,089</b>
--	----------------	---------------	--	----------------	----------------

### Total 7000 Staff

	<b>£1,490</b>	<b>£176,531</b>		<b>£178,021</b>	<b>£155,693</b>
--	---------------	-----------------	--	-----------------	-----------------

### Total Expenses

	<b>£36,295</b>	<b>£214,982</b>		<b>£251,277</b>	<b>£225,676</b>
--	----------------	-----------------	--	-----------------	-----------------

## A4 Asset and investment purchases, etc..

£0	£0	£0
----	----	----

## A5 Transfers between funds

£0      £0      £0

## A6 Cash funds year end

### 9000 Funds brought forward into 2025/26

		2024-2025	2023-2024
9042 Albert Hunt (Parish Nursing)	£3,210	£3,210	£5,000
9044 CRH	£2,165	£2,165	£358
9047 Hubbub	£713	£713	£3,548
9050 Mens group	£6,941	£6,941	£6,941
9051 Pots of Possibilities (Garden)	£1,252	£1,252	£1,807
9019 Donations allocated Parish Nurse	£1,973	£1,973	£5,214
9020 Wage Reserve Fund	£18,445	£18,445	£28,492
9034 Unrestricted Funds	£81,764	£81,764	£54,154
9038 NGS	£1,763	£1,763	£2,234
ASDA Garden	£1,500	£1,500	
Banks Lyon	£3,472	£3,472	
Blakebank	£2,276	£2,276	
Penhale	£1,000	£1,000	
Pots of Possibilities (Restoration)	£7,649	£7,649	
UKSPF 25/26	-£16,417	-£16,417	
others	-	-	£2,689
<b>Total 9000 Funds brought forward</b>	<b>£81,764</b>	<b>£35,941</b>	<b>£117,705</b>
			<b>£110,436</b>

### Statement of assets and liabilities at the end of the period

B1 cash funds	unrestricted funds nearest £	restricted funds nearest £	endowment funds nearest £
current account	£5,473		£5,473    £10,280
deposit account	£75,573	£38,583	£114,156    £102,173
pay-pal account	£506		£506    £100
treasurer's petty cash	£212		£212    £436
<b>total cash funds</b>	<b>£81,764</b>	<b>£38,583</b>	<b>£120,347</b> <b>£112,990</b>

### B2 other monetary assets

£0      £0      £0

### B3 investment assets

funds to which assets belong	cost	current value
"unrestricted"		£0    £0

### B4 assets retained for the charity's own use

n/a      £0      £0

### B5 liabilities

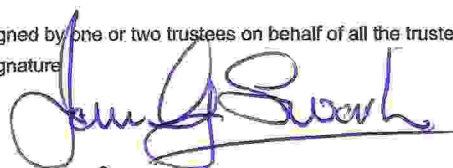
liability relates	amount due	when due
payroll (PAYE & NIC)	£1,827	15 June 2025
payroll (pension)	£815	16 June 2025
outstanding loan	£3,192	01 October 2026

### B6 Debtors

room hire invoices	"unrestricted"	£135
--------------------	----------------	------

signed by one or two trustees on behalf of all the trustees

signature

  
A. Swash

printed name

Mr. Ian George Swash (Treasurer)

MR ALAN STEPHEN RAINFORD  
(TRUSTEE)

date of approval

22 July 25  
22 June 25



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

WEST END IMPACT

On accounts for the year  
ended

31/05/2025

Charity no  
(if any)

1153736

Set out on pages

1-2

Responsibilities and  
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Phil Blundell

Date:

03/07/2025

Name:

PHILIP LESLIE BLUNDELL

Relevant professional  
qualification(s) or body

F.M.A.A.T.

(if any):

Address:

31 WILDMAN STREET

PLUNTINGTON

PRESTON PR1 7QH

#### Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Brief details of  
what the  
wishes to

NONE