

BREAK IT DOWN

England & Wales - Charity number 1153727

Details

Other names GET FRESH PROJECT, GFP

Status Registered

Legal form CIO

Registered 2013-09-09

Register [View on the Charity Commission register](#)

Contact

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Cardiff
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Activities

Objects: TO HELP YOUNG PEOPLE THROUGH LEISURE TIME ACTIVITIES, PARTICULARLY THROUGH THE TEACHING OF THE DANCE FORM KNOWN AS 'BREAKIN' AND ITS ASSOCIATED CULTURE, ART AND MUSIC SO AS TO DEVELOP THEIR SKILLS, CAPACITIES, AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESPONSIBLE INDIVIDUALS

Activities: Break it Down aims - in pursuit of its charitable objectives - to provide dance instruction to young people who would otherwise not be able to receive such services. The focus of the first year has been: developing models of operation and proposals for projects and funding; fundraising and the establishment of a website.

Classification

- **How:** Provides Services
- **What:** Education/training, Arts/culture/heritage/science, Economic/community Development/employment, Recreation
- **Who:** Children/young People

Geography

- Blaenau Gwent
- Caerphilly
- Cardiff
- Rhondda Cynon Taff
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05		£0	£0	-
2024-04-05		£0	£0	-
2023-04-05		£0	£0	-
2022-04-05		£0	£0	-
2021-04-05		£0	£0	-

Trustees

Name	Role	Appointed
TOM WALKER BARRISTER	Chair	2013-07-11
ADAM BLUNT		2013-07-11
DR MARTIN JOHNES PHD		2013-07-11

BREAK IT DOWN

England & Wales - Charity number 1153727

Accounts

CHARITY NO. 1153727

CIO Name - BREAK IT DOWN – YE 2025

The Object

The object of Break it Down (“BID”) is:

To help young people through leisure time activities, particularly through the teaching of the dance form known as breaking and its associated culture, art and music so as to develop their skills, capacities, and capabilities to enable them to participate in society as mature and responsible individuals.

Annual Return

Trustees for the financial period ending **05.04.2025**:

1. Tom Walker
2. Delme Griffiths
3. Adam Blunt
4. Dr Martin Johnes

Trustees’ Annual Report

The CIO was incorporated on the 09.09.2013. There have been no changes for the financial period ending 05.04.2023, and no resignations or new appointments.

Activity was effectively suspended during due to insufficient funds to deliver activities. No activity was conducted.

The Trustees have had due regard to relevant Guidance issued by the Charity Commission, to include Guidance on Public Benefit.

BID delivered a number of successful projects between 2016-2017 summarised in the previous report. BID intends to maintain its existence to deliver projects in the future in a similar manner. The goal continues to be the establishment of a regular drop-in weekly dance session at a stable venue.

Following incorporation on 09.09.2013 the Trustees resolved to ensure that there was a long term plan to ensure that the CIO did not rely on any limited company to the detriment of its overall objectives.

Annual Accounts

No active accounts. The closure of the HSBS account may result in a credit due to the charity but this had not been redeemed.

Income

No income.

Expenditure

No expenditure.

BREAK IT DOWN

England & Wales - Charity number 1153727

Accounts

CHARITY NO. 1153727

CIO Name - BREAK IT DOWN – YE 2024

The Object

The object of Break it Down (“BID”) is:

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BREAK IT DOWN

England & Wales - Charity number 1153727

Accounts

CHARITY NO. 1153727

CIO Name - BREAK IT DOWN – YE 2023

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Income

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Expenditure

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BREAK IT DOWN

England & Wales - Charity number 1153727

Accounts

CHARITY NO. 1153727

CIO Name - BREAK IT DOWN: FYE April 2022

The Object

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Annual Return

Trustees for the financial period ending **05.04.2022**:

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2. Delme Griffiths
3. Adam Blunt
4. Dr Martin Johnes

Trustees' Annual Report

The CIO was incorporated on the 09.09.2013. There have been no changes for the financial period ending 05.04.2022, and no resignations or new appointments. There has been no activity in this financial year.

Annual Accounts

Income

There has been no income. There is no bank account but HSBC hold approximately £75.00 in credit pending opening of a new account.

Summary

Cash balance - none realisable pending re-opening of bank account

Income: £0

Expenditure: £0

BREAK IT DOWN

England & Wales - Charity number 1153727

Accounts

Charity Commission - 1153727

CIO Name - Break it Down

Annual Return

Trustees for period YE 5/4/2021

1. Tom Walker
2. Delme Griffiths
3. Adam Blunt
4. Martin Johnes

There has been no activity in this year.

The trustees have had due regard to the available guidance regarding public benefit.

The trustees need to review the continuation of the CIO and/or dissipation of any assets to creditors if the CIO was to be dissolved. Activity is currently suspended and the CIO is dormant.

The key individual nominated to deliver projects is unable to offer assistance due to other commitments, but this will be reviewed.

Annual Accounts

There has been no income or expenditure. The residual balance remains £79.67. The HSBC Bank Account has closed and the funds are in an unredeemed cheque made payable to the CIO.

This needs resolving once a decision is made as regards continuation.