

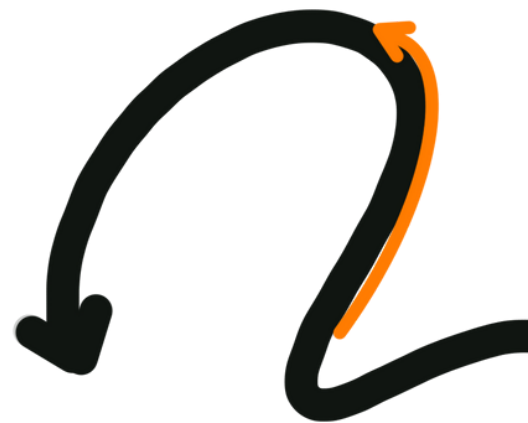
TRUSTEE ANNUAL REPORT 2024



**LIVES
NOT
KNIVES**

Charity Number:
1153634

TABLE OF CONTENTS



LNK ENGAGE	10
LNK EDUCATE	12
LNK EMPOWER	14
THANK YOU	15
CONTACT INFORMATION	16

ADMINISTRATIVE INFORMATION	3
CEO OPENING	4
TRUSTEE OVERVIEW	5
FINANCIAL HIGHLIGHTS	6
EMPLOYEE SPOTLIGHT	8



ADMINISTRATIVE INFORMATION

CHARITY NUMBER:

1153634 registered in England and Wales

REGISTERED OFFICE AND OPERATIONAL ADDRESS:

LNK Unit Upper Mall Shopping Centre, Croydon, CR0 1TY

BOARD OF TRUSTEES:

The members of the Council, who are directors under company law, who served during the year and up to the date of this report were as follows:

Monica Beckles (Chair)
Kate Newton
Chris Jellow (Treasurer)

PRINCIPLE STAFF:

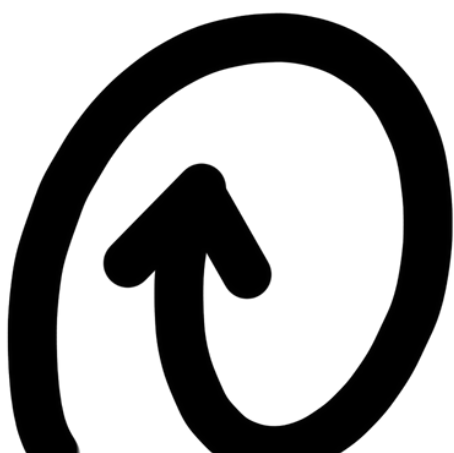
Eliza Rebeiro (CEO)
Darren Long (Operations Manager)

BANKERS:

Metro Bank
Centrale Shopping Centre, CR0 1TY

CHARTERED CERTIFIED ACCOUNTANTS

Maddox& Maddox
9 Commercial Yard
Barnard Castle
County Durham
DL12 8FE



LETTER FROM THE CEO:

ELIZA REBEIRO

Our mission and commitment to engage, educate, and empower young people is the driving force behind our preventative initiatives that all aim for a future where young people are shaped not by fear, but by opportunity.

From our unit in central Croydon, LNK Engage supports the families in Croydon who need us most. Through workshops, community events, and enrichment activities, we provide a safe space for young people to; make friends, foster a sense of belonging, and simply enjoy being a young person.

Our LNK Educate: Schools Programme partners with schools to take a holistic approach to tackle youth violence. By working with the whole school community, we work with teachers, safeguarding leads, pastoral welfare staff and senior leaders to hold safe-guarded discussions in a classroom setting. Ensuring that those affected by youth violence are heard and supported, and those who may be at risk, understand the lasting effects of youth violence; on not just the victim and perpetrator, but families and whole communities.

LNK Empower was designed to equip young people with the tools they need to rise above adversity. They have personally grown with us through the programmes, Engage and Educate. This has empowered them to continue their journey, which involves supporting others. By others, I mean young people from our other programmes. Giving access to the wider community, and expanding their support to other young people who may not have had the opportunity to access our other programmes.

However, it is not the mission or goal that makes our programmes effective, it is the passion and force provided by the people that support us – the trustees, the team and the community. We are proud to employ youth workers, who are still young people themselves, from similar socio-economic background to the young people they mentor. We have a diverse board, with lived experience and an emotional understanding on the effects of knife crime who are the driving force behind our operations, and a supportive and understanding community. We have been extremely grateful this year to work with community partners who have raised awareness, raised funds, and worked with some of our young people. Without the power of our community we would not be able to support as many people as we do today.

Thank you for being part of this journey.





TRUSTEE OVERVIEW:

KATE NEWTON



Over the past year, LNK has worked with cohorts of young people who are more than ever in need of our support and mentoring. The repercussions of the pandemic on young people include loneliness, stress and fear. Many young people have experienced a deterioration in their mental health, caused by further deprivation, poverty, domestic violence and family breakdown. Sadly, against this challenging backdrop, knife crime in London continues at record levels.

We want to thank Eliza, our tireless Chief Executive, for continuing to lead and develop the organisation during these tough times. She and her team of dedicated staff have made an ever-greater impact on the lives of vulnerable young people in Croydon.

The transformational effect of LNK's mentoring and holistic support on young people is evident to parents, teachers, other agencies, and most importantly to the young people themselves. It is always a delight to meet them during the Engage holiday programmes: to witness their lively energy, their willingness to embrace new opportunities and their evident enjoyment and respect for the LNK mentors.

Our Trustees have continued to give their time and expertise and we wish to acknowledge the considerable work of Chris Jellow on the accounts and other finance issues.

We also extend our continued thanks and appreciation to our funders and partners. Your ongoing support is invaluable and will help us to realise our exciting goals for the coming year.

If you feel passionate about stopping knife crime and supporting vulnerable young people, do get in touch to offer your time and talents, as a Trustee, advisor, ambassador or donor. There is still much to do and we look forward to sharing the outcomes with you in our next report!

FINANCIAL STATEMENTS

* INCOME STATEMENT

Our total revenue year ending March 2023 was £156,840.

This was made up of £92,383 in donations. These donations came from personal donors, who gave in different ways. For example, one off or monthly donations via our website, school or community fundraisers, marathons, boxing matches or other sporting events.

An additional £59,800 was awarded in grants, to be spent on Educational programmes - to help the community. Through Charities Aid Foundation, £50,000 was given by an anonymous donor. A further £9,800 was awarded by Awards for All.

£4,657 was received from the Holiday and Food Fund, to support the LNK Engage programme.

* OUTGOING STATEMENT

Our total spend, year ending March 2023, was £352,993

The cost of all three programmes came to £310,236. This covered staffing and all associated costs; inclusive of CPD training, counselling, and resources.

A further £25,743 was spent on admin and general costs, including; accountants, professional advice, repairs, renewals and services.

£17,014 was spent on utilities, including; water, telephone, internet and electricity.



TOTAL REVENUE

£157K



OUTGOINGS

£353K



TOTAL FUNDS YEAR END

£311K

* ACCOUNT REFLECTIONS

2022-2023

There are significant differences in our accounts this year compared to last. The main differences are as follows:

Our LNK Educate programme pilot study came to an end we did not receive any further funding from the Youth Endowment Fund. LNK reimbursed £92,383 to Youth Endowment Fund, this was an underspend on the finalised budget due to staff being furloughed during the lockdowns in 2020-2021.

Since becoming a charity in 2013, LNK has received discretionary rate relief. However, Croydon Council withdrew Rent Subsidy and Discretionary Rate Relief and asked LNK to pay £8,207 in business rates.

The amount spent on staff wages were reduced by £27,650. This was due to reducing the amount of schools that we deliver LNK Educate.

We spent £3,653 less on staff training due to staff retention, as LNK Mentors already had training and certification.

* RESERVED FUNDS 23/24 OPERATING RESERVE

£285K

The purpose of the reserves for LNK is to ensure the stability of the mission, programmes, employment and ongoing operations of the organisation. The reserves also intend to provide a source of internal funds for organisational priorities such as; building repairs and improvements, programme opportunity and capacity building.

Our 'Reserves Policy' is implemented in concert with the other governance and financial policies of LNK. The policy is also intended to support the goals and strategies contained in these related policies, and in strategic and operational plans.

£284,700 has been allocated to operational reserves in the 2023 - 2024 financial year.

This is the minimum amount to be designated as an annual operating reserve. The amount will be used to maintain ongoing operations for the year.



KEY POINT

LNK's strength and passion comes from the dedicated and skilled staffing team. 86% of our total outgoings are spent on staff costs.



EMPLOYEE SPOTLIGHT:

JACK PRICE

I knew I wanted to help make a change – but I didn't know that I would be where I am today.

When I walked into Lives Not Knives with my friend, we envisioned being part of something greater than us. There were so many problems around us – we wanted to know if anyone was tackling them. We wanted to be a part of a community, that cared for and understood the youth. We wanted to share a vision with those that had the same hopes as we did.

We really were young boys who were affected by the things going on around us and we wanted to help. We were sick of seeing our friends get dragged down a path that they didn't want to go down – but felt they had to. We were tired of feeling hopeless, thinking that we couldn't do anything. We had enough of seeing people our age losing their life – to their choices, or those of others. We found Lives Not Knives.

When Eliza told me to apply for the Apprentice Youth Worker role I leapt at the chance. I was so excited to start training; gaining the professional knowledge and skills needed to make an impact. I was happy someone took a chance on me. In my first year I quickly learnt how to build a trusting, professional and successful mentoring relationship – with lots of lessons, challenges and blessings on the way. I then learnt how to run holiday programmes, an after-school club, train my colleagues, and most importantly support young people, with their individual and group needs.

The need for Youth Work got greater and so did my passion to help. Eliza said to go for Lead Youth Worker. I leapt. Then Designated Safeguarding Lead. I leapt. To then assisting with the management of Educate, to now Programmes Manager. I saw the difference that the support Lives Not Knives provided and I kept leaping. All the while LNK kept pushing me and kept believing in me; equipping me with all the training, knowledge and opportunities I needed. I am so grateful to have been able to facilitate the change I dreamed of years ago.

I have formally worked with 100's of young people, supported families and spoke in front of thousands! It isn't just statistics or numbers. There have been a number of memorable moments. Watching my mentors perform and showcase their talents, being a familiar face in the community, gone to court with a young man, co-ordinated a Christmas Community Day, taken boys to the gym, and coached basketball games.. I've stopped a young man getting stabbed. I've been the role model I needed as a young person.

Now today - reflecting on my time spent at LNK and thinking about the future ahead, I am blessed to not only have grown in the professional world, but I am blessed to have grown in the community.



TRAINING RECIEVED

Youth Work LVL3
Counselling Skills LVL2
First Aid
Mental Health First Aid
Domestic Violence Training
Bereavement Training
Sexual Health Training
Safeguarding Level 1,2,3
Designated Safeguarding Lead Training



GOOD NEWS STORY

I worked closely with a young person for 2 years who was deemed the most vulnerable in the school. He was involved in criminality and gang culture, had been stabbed and had multiple family members in prison. After our time working together, he achieved his dream and goal of playing academy-level football and signed a scholarship with a football-focused college. I've also seen many of my old mentees with jobs and bumped into a few at the gym - maturing into the best versions of themselves!



PERSONAL HIGHLIGHT

My favourite day at LNK has to be going to the seaside! Taking the young people to the beach, some of them for their first time, was a memory I'll cherish - I truly believe that we all have to see horizons wider than our own to grow. Being able to help facilitate this was something I'll never forget.



LNK ENGAGE



“
QUOTE

“My son has a mentor with LNK, and he is always talking about her so when he asked to attend your programme I was open to him joining but was worried to leave him because he is a little shy, him coming to your programme has changed him and he has opened up more and open to making friends and talks a lot more!! I can't express enough how important LNK has been for me and my son during the summer, he has been able to have a summer with people who care and take the time with him he has tried other holiday groups and hasn't enjoyed himself! The team you have is amazing, again thank you and please let me know when the next programme is!”

PARENT

WHAT IS LNK ENGAGE?

Our school holiday programme supports up to 25 of the most disadvantaged young people aged 10 - 15. Throughout the school holidays we provide young people with; a hot meal, mentoring, advice, games, activities, experiences, day trips and a safe environment to make new friends. All young people on the programme are referred or 'signed up' via our website by their parents/carers.

From our website we had between 62 and 98 parents 'sign up' for each Engage programme, unfortunately due to funding constraints we only have capacity for 25 young people per day. We offered the programme to parents on a first come first serve basis. On days when we were not taking young people on enrichment activities, we had capacity within the LNK unit for up to 30 young people.

Through our Engage programme we worked with 102 young people, 35 of these young people attended the programme during every school holiday. All 102 young people were eligible for free school meals. We worked with local caterers and provided 1200 hot meals throughout the year. Of the 102, 72% were diagnosed with special education needs, with 60% being diagnosed with ADHD.

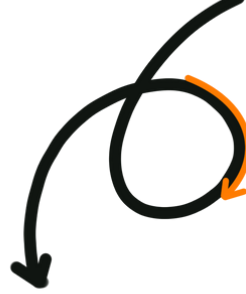
On Tuesdays and Thursdays we took young people on trips to Brighton, the funfair, crazy golf, the cinema and bowling. On Wednesdays we held workshops on mental wellbeing and healthy eating, from our Unit. On Fridays we partnered with AWS (Amazon Web Services) who provided a team of volunteers that engaged our young people in sport days, craft days and fun days.

“ QUOTE

As a parent I understand first-hand how important and enjoyable the Christmas period is for children and their families. I was both humbled and grateful for being able to help LNK team to provide support to those that needed it most.

Ending the year by focusing on giving back was the most gratifying and festive things we could have done as a team. But if we thought it was a beneficial event, it was nothing compared to the impact on the young people. Their faces absolutely lit up when they heard about Santa, their enjoyment at sneaking an extra biscuit for their friends who'd forgotten about the dessert table, the paper airplanes and the smiles under the layers of face paint showed where the real value was. For us it's a day that takes planning and a little extra on top of our day to day jobs, but for the people that Lives Not Knives support, if we can make a small difference to their festive period then we are delighted to support. Thank you LNK and all those who came for the day.

**VOLUNTEER
AMAZON WEB SERVICES**



Following a successful partnership during the summer holidays, LNK partnered with AWS again for a 'Christmas Giving Day'. Nathan and James from AWS promoted LNK's work through the office and asked their teams to support the young people we work with by buying them a Christmas present.

Nathan and James did not stop there, they managed to secure a large donation of festive treats, cupboard staples and everyday essentials from Amazon Fresh to help families in Croydon alleviate the cost of Christmas.

58

Servings of Christmas dinner were provided to young people and their parents.

80

Young people were given a Christmas present of their choosing from AWS staff who personally purchased and wrapped a gift for each young person we mentor.

160

Families were supported with festive treats as well as kitchen staples such as rice, pasta, seasonings, cereal, canned fish, vegetables, beans and more.



LNK EDUCATE



WHAT IS LNK EDUCATE?

LNK Educate is a mentoring programme that is delivered by LNK Mentors in Croydon Schools. LNK Management work closely with the schools safeguarding team to identify young people who are at highest risk of school exclusion or already involved in youth crime. These young people are then given weekly 1-2-1 mentoring sessions.

We worked across 4 Croydon schools, 3 Secondary and 1 Primary school, from these schools a total of 78 young people were referred to us for mentoring. We prioritised referrals with young people who were subjected to:

- Abuse, Neglect, Mental illness or Domestic Violence in the home
- Family/Friends who are currently incarcerated, or involved in gangs and criminality
- Unstable low-income and single parents household
- Known alcohol or drug abuse
- Regular exclusions from school , high levels of truancy or a history of managed moves
- Involvement in anti-social behaviour, known to/flagged by the police
- Mental health issues: self harm, anxiety and depression



KEY POINT

OF THE 78 REFERRALS:

81%

Suffered a traumatic life experience.

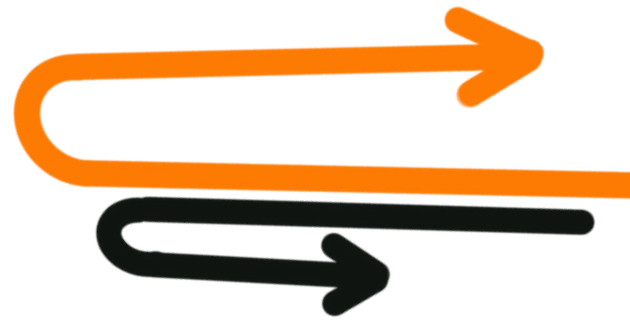
77%

Were eligible for free school meals.

56%

Known to have friends/family involved in gangs of criminal activity.

LNK EDUCATE: CASE STUDY



* THE NEED

Child A's behaviour was first raised to a team at a school meeting, regarding safeguarding, special educational needs, attendance and behaviour categories. Child A has a number of difficulties and behavioural problems; struggling to manage their emotions, truanting from lessons, disengaging from learning and found the transition from Primary to Secondary very difficult.

Child A was referred to LNK in September 2021 for weekly 1-1 mentoring sessions as they needed a positive role model whom they could build a positive, trusted relationship with but someone who was not a teacher. The referral met the LNK threshold due to Child A being a student who had experienced a number of adverse childhood experiences, being at risk of possible exclusion, not making progress and anti-social activities within the local community were a cause of concern. They were also identified as a student who was at risk of child exploitation due to looking up to older peers who did not make positive choices and appeared to be seeking a relationship with a male role model.

* LNK SUPPORT

Child A had a lack of trust in adults and he initially found it difficult to speak about factors outside of school that were impacting on his well-being and his behaviour in school. LNK allocated Child A a mentor who had played semi-professional football as we knew Child A was passionate about football. Over time his LNK mentor used many strategies to engage Child A with his sessions, these included team building activities, positive praise and Child A's love of football.

The LNK sessions continued for the whole of Y8 and a positive relationship was building with his mentor and the impact of this support on Child A well-being was evident. Their relationship grew as Child A had learnt that he could share his thoughts and feelings, in a safe space with an adult who was consistently there for him. The mentor used Child A's love of football as a strategy to hook Child A in and to support Child A to understand the importance of being able to manage his emotions, this was achieved by; expressing the need for discipline, hard work - that he displayed on the pitch, the incorporation of these skills and transferring them into his school and personal life.

Child A had a significant loss and also had to deal with the incarceration of his mum. This hugely impacted his well-being and led to his disengagement from school. Returning to school from the summer break his behaviour declined. Child A would have outbursts of anger, leading to situations escalating which result in sanctions. Due to this a mental health referral was made.

It was agreed LNK would continue to support Child A weekly into Y9 and through this difficult period,

Child A was supported by their mentor who encouraged them to talk about their feelings rather than bottling them up.

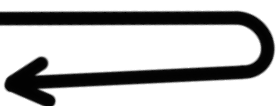
* OUTCOME

The school of Child A operate a scoring system, focusing on behaviours that are classed positive or negative. Positive behaviour points are awarded for displays of behaviours such as; excellent communication, resilience, respect, ambition, excellent classroom behaviour. Example of negative behaviours would include: truancy, negative classroom behaviour, fighting, need for removal from classroom - disruption, talking, lack of work.

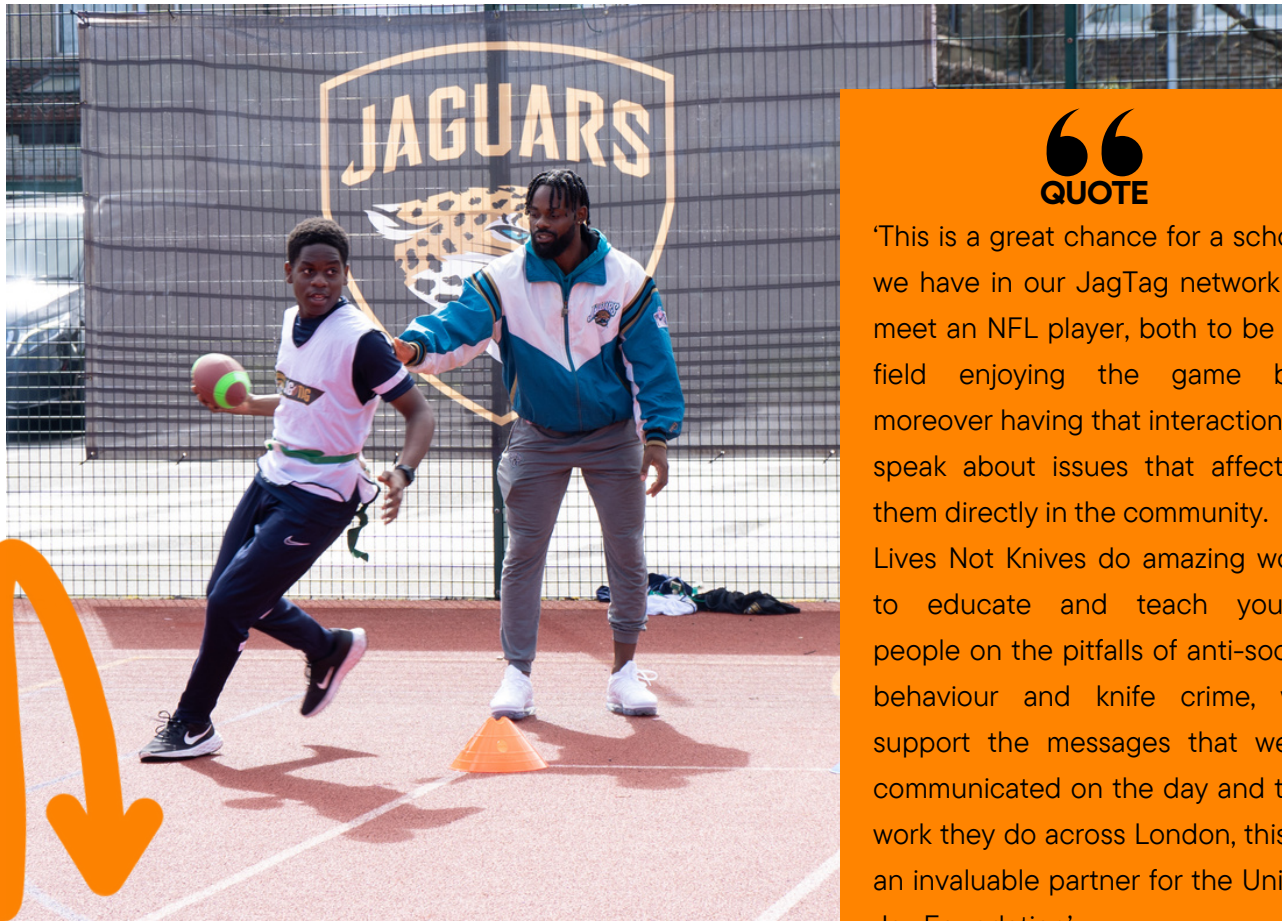
Child A saw a huge increase in positive behaviour points awarded to him - from senior leadership, teachers, teaching assistants and Pastoral Welfare Leads.

In the year prior to mentoring Child A was awarded:
29 points for respect, 31 for resilience and 62 for ambition.

In the 22/23 year of mentoring:
Child A had been awarded 133 for respect, 148 resilience, 187 ambition.



LNK EMPOWER



“
QUOTE

'This is a great chance for a school we have in our JagTag network to meet an NFL player, both to be on field enjoying the game but moreover having that interaction to speak about issues that affected them directly in the community. Lives Not Knives do amazing work to educate and teach young people on the pitfalls of anti-social behaviour and knife crime, we support the messages that were communicated on the day and the work they do across London, this is an invaluable partner for the Union Jax Foundation'.

ANDY SCOTT
UK GRASSROOTS MANAGER

WHAT IS LNK EMPOWER?

Empower has evolved from our Engage and Educate programmes, Empower supports young people aged 14- 18 who have referred themselves. These young people have expressed the need for access to more opportunities and support for when they leave school. Empower supports young people into a positive future by partnering with community organisations that build their soft skills and provide them with work experience.

We were lucky enough to partner with Jacksonville Jaguars (UK) and the Union Jax Foundation who reached out after their current British born current Jags player Ayo Oyelola, spotlighted Lives Not Knives charity as part of the NFL wide 'My Cause, My Cleats' where NFL players highlight the work of US or UK Charities.

We delivered a Q+A session with Ayo to 30 young people. The young people learnt about the discipline and commitment it takes to become a professional athlete, this also provided a chance for the young people to ask their own questions and Union Jax kindly gave all the young people who participated signed merchandise. The Q & A was followed by a JagTag on field session, in which JagTag coaches guided the young people through the drills and skills and games of 5v5 Flag Football.

Working with Ayo, Andy and Union Jax allowed us inspire the young people we work with, there was a real buzz during and following the session and all young people said they felt inspired!



THANK YOU



“

The Big Fight UK are very proud to have worked with Lives not Knives for the last couple of years. We originally reached out to LNK because we wanted to help fight knife crime amongst young people. Although there are many charities fighting to help the youth of London and the surrounding areas we felt that LNK, being led by the youth was approaching things differently and we wanted to do what we could to help. To date our fighters have raised over £23,000. The Big Fight Team are looking forward to continuing to support the charity in the incredibly important work they do for our young people.

GEM SAVAGE
THE BIG FIGHT UK



“

St Christophers hospice supported LNK by delivering training on bereavement and grief to the LNK team.

Working with Lives Not Knives has been a rewarding experience, particularly in our collaborative efforts on various projects. The opportunity to engage in co-production has been enriching, allowing for a mutually beneficial exchange of knowledge and insights. The mentorship provided has been invaluable, providing me with a deeper understanding of the challenges and strengths within the community. Additionally, conducting training sessions for mentors has been a fulfilling aspect of our partnership, as I've observed their ability to draw from personal backgrounds that resonate with the youth, fostering a meaningful and impactful connection.

MALCOLM GILL
ST CHRISTOPHERS HOSPICE

CONTACT US



**LIVES
NOT
KNIVES**

**LNK UNIT
UPPER MALL
CENTRALE SHOPPING CENTRE
CROYDON
CR0 1TY**

INFO@LIVESNOTKNIVES.ORG

02086818244

**CHARITY NUMBER:
1153634**

REGISTERED COMPANY NUMBER: CE000143 (England and Wales)
REGISTERED CHARITY NUMBER: 1153634

Contents of the Financial Statements
for the Year Ended 31 March 2023

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2023

for

Lives Not Knives

Maddox & Maddox Limited
9 Commercial Yard
Barnard Castle
Co. Durham
DL12 8FE

Contents of the Financial Statements
for the Year Ended 31 March 2023

	Page
Report of the Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Balance Sheet	5 to 6
Cash Flow Statement	7
Notes to the Cash Flow Statement	8
Notes to the Financial Statements	9 to 16
Detailed Statement of Financial Activities	17 to 18

Report of the Trustees
for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRATEGIC REPORT

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE000143 (England and Wales)

Registered Charity number

1153634

Registered office

LNK Unit
Upper Mall
Centrale Shopping Centre
Croydon
Surrey
CR0 1TY

Trustees

Monica Beckles
Chris Jellow
Kate Newton

Company Secretary

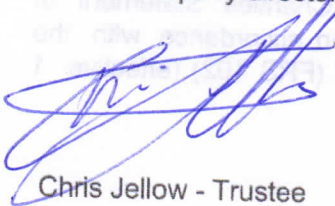
Independent Examiner

Maddox & Maddox Limited
9 Commercial Yard
Barnard Castle
Co. Durham
DL12 8FE

Lives Not Knives

Report of the Trustees
for the Year Ended 31 March 2023

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 1 August 2023 and signed on the board's behalf by:



Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of
Lives Not Knives

Independent examiner's report to the trustees of Lives Not Knives ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

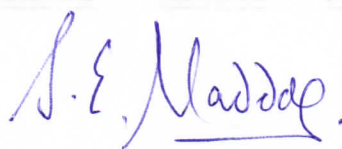
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Maddox FCCA
The Association of Chartered Certified Accountants

Maddox & Maddox Limited
9 Commercial Yard
Barnard Castle
Co. Durham
DL12 8FE

1 August 2023

Lives Not Knives

Statement of Financial Activities for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	92,383	-	92,383	108,447
Charitable activities	4				
Education and life skill development		59,800	(92,912)	(33,112)	393,215
Other trading activities	3	4,657	7	4,664	10,047
Total		<u>156,840</u>	<u>(92,905)</u>	<u>63,935</u>	<u>511,709</u>
EXPENDITURE ON					
Raising funds	5	8,097	1,387	9,484	7,467
Charitable activities	6				
Education and life skill development		175,519	167,990	343,509	354,248
Total		<u>183,616</u>	<u>169,377</u>	<u>352,993</u>	<u>361,715</u>
NET INCOME/(EXPENDITURE)		<u>(26,776)</u>	<u>(262,282)</u>	<u>(289,058)</u>	<u>149,994</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		338,019	262,282	600,301	450,307
TOTAL FUNDS CARRIED FORWARD		<u><u>311,243</u></u>	<u><u>-</u></u>	<u><u>311,243</u></u>	<u><u>600,301</u></u>

The notes form part of these financial statements

Balance Sheet
31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
FIXED ASSETS					
Tangible assets	12	1,808	-	1,808	6,127
CURRENT ASSETS					
Debtors	13	544	-	544	-
Cash at bank and in hand		335,015	-	335,015	609,139
		<u>335,559</u>	<u>-</u>	<u>335,559</u>	<u>609,139</u>
CREDITORS					
Amounts falling due within one year	14	(26,124)	-	(26,124)	(14,965)
NET CURRENT ASSETS		<u>309,435</u>	<u>-</u>	<u>309,435</u>	<u>594,174</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>311,243</u>	<u>-</u>	<u>311,243</u>	<u>600,301</u>
NET ASSETS		<u>311,243</u>	<u>-</u>	<u>311,243</u>	<u>600,301</u>
FUNDS	15				
Unrestricted funds				311,243	338,019
Restricted funds				-	262,282
TOTAL FUNDS				<u>311,243</u>	<u>600,301</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 1 August 2023 and were signed on its behalf by:

The notes form part of these financial statements

The notes form part of these financial statements

Cash Flow Statement
for the Year Ended 31 March 2023

	Notes	31.3.23 £	31.3.22 £
Cash flows from operating activities			
Cash generated from operations	1	(272,101)	139,843
Finance costs paid		(259)	(288)
Net cash (used in)/provided by operating activities		(272,360)	139,555
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,764)	(764)
Net cash used in investing activities		(1,764)	(764)
Change in cash and cash equivalents in the reporting period		(274,124)	138,791
Cash and cash equivalents at the beginning of the reporting period		609,139	470,348
Cash and cash equivalents at the end of the reporting period		335,015	609,139

The notes form part of these financial statements

Notes to the Cash Flow Statement
for the Year Ended 31 March 2023

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(289,058)	149,994
Adjustments for:		
Depreciation charges	837	1,351
Loss on disposal of fixed assets	5,246	-
Finance costs	259	288
(Increase)/decrease in debtors	(544)	2,160
Increase/(decrease) in creditors	11,159	(13,950)
Net cash (used in)/provided by operations	<u>(272,101)</u>	<u>139,843</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank and in hand	609,139	(274,124)	335,015
	<u>609,139</u>	<u>(274,124)</u>	<u>335,015</u>
Total	<u>609,139</u>	<u>(274,124)</u>	<u>335,015</u>

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	92,383	108,447

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Commissioned work	4,627	10,029
Commission	37	18
	<u>4,664</u>	<u>10,047</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.23	31.3.22
		£	£
YEF	Education and life skill development	(92,912)	390,000
Grants	Education and life skill development	59,800	3,215
		<u>(33,112)</u>	<u>393,215</u>

5. RAISING FUNDS

Other trading activities

	31.3.23	31.3.22
	£	£
Purchases	9,484	7,467

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development	343,135	374	343,509

7. SUPPORT COSTS

	Finance £
Education and life skill development	374

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23 £	31.3.22 £
Depreciation - owned assets	837	1,351
Other operating leases	-	48
Deficit on disposal of fixed assets	5,246	-

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

10. STAFF COSTS

	31.3.23 £	31.3.22 £
Wages and salaries	230,691	258,341
Social security costs	17,941	20,262
Other pension costs	3,016	2,638
	251,648	281,241

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Staff	8	10

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

10. STAFF COSTS - continued

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	108,447	-	108,447
Charitable activities			
Education and life skill development	1,000	392,215	393,215
Other trading activities	10,029	18	10,047
Total	<u>119,476</u>	<u>392,233</u>	<u>511,709</u>
EXPENDITURE ON			
Raising funds	5,913	1,554	7,467
Charitable activities			
Education and life skill development	9,540	344,708	354,248
Total	<u>15,453</u>	<u>346,262</u>	<u>361,715</u>
NET INCOME	104,023	45,971	149,994
RECONCILIATION OF FUNDS			
Total funds brought forward	233,996	216,311	450,307
TOTAL FUNDS CARRIED FORWARD	<u>338,019</u>	<u>262,282</u>	<u>600,301</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

12. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2022	12,645
Additions	1,764
Disposals	(9,377)
	<u>5,032</u>
At 31 March 2023	
DEPRECIATION	
At 1 April 2022	6,518
Charge for year	837
Eliminated on disposal	(4,131)
	<u>3,224</u>
At 31 March 2023	
NET BOOK VALUE	
At 31 March 2023	<u>1,808</u>
At 31 March 2022	<u>6,127</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Prepayments	544	-

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Social security and other taxes	14,425	14,293
Other creditors	611	672
Accrued expenses	11,088	-
	<u>26,124</u>	<u>14,965</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

15. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	338,019	(26,776)	311,243
Restricted funds			
Youth Endowment Fund	262,282	(262,282)	-
TOTAL FUNDS	<u>600,301</u>	<u>(289,058)</u>	<u>311,243</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	156,840	(183,616)	(26,776)
Restricted funds			
Youth Endowment Fund	(92,905)	(169,377)	(262,282)
TOTAL FUNDS	<u>63,935</u>	<u>(352,993)</u>	<u>(289,058)</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	233,996	104,023	338,019
Restricted funds			
Youth Endowment Fund	216,311	45,971	262,282
TOTAL FUNDS	<u>450,307</u>	<u>149,994</u>	<u>600,301</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	119,476	(15,453)	104,023
Restricted funds			
Youth Endowment Fund	392,233	(346,262)	45,971
TOTAL FUNDS	<u>511,709</u>	<u>(361,715)</u>	<u>149,994</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	233,996	77,247	311,243
Restricted funds			
Youth Endowment Fund	216,311	(216,311)	-
TOTAL FUNDS	<u>450,307</u>	<u>(139,064)</u>	<u>311,243</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	276,316	(199,069)	77,247
Restricted funds			
Youth Endowment Fund	299,328	(515,639)	(216,311)
TOTAL FUNDS	<u>575,644</u>	<u>(714,708)</u>	<u>(139,064)</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Unrestricted funds	Restricted funds	TOTAL FUNDS
General fund	Youth Enrichment Fund	
Resources expended	Resources expended	Resources expended
£	£	£
1,847,878	585,503	2,433,381
(1,754,559)	(508,382)	(2,262,941)
93,319	77,121	170,440

Unrestricted funds	Restricted funds	TOTAL FUNDS
General fund	Youth Enrichment Fund	
Resources expended	Resources expended	Resources expended
£	£	£
2,383,086	318,317	2,701,403
(2,247,747)	(216,317)	(2,464,064)
135,339	102,000	237,339

Unrestricted funds	Restricted funds	TOTAL FUNDS
General fund	Youth Enrichment Fund	
Resources expended	Resources expended	Resources expended
£	£	£
276,316	328,328	604,644
(198,088)	(131,639)	(329,727)
78,228	196,689	274,917

Detailed Statement of Financial Activities
for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	92,383	108,447
Other trading activities		
Commissioned work	4,627	10,029
Commission	37	18
	<u>4,664</u>	<u>10,047</u>
Charitable activities		
YEF	(92,912)	390,000
Grants	<u>59,800</u>	<u>3,215</u>
	<u>(33,112)</u>	<u>393,215</u>
Total incoming resources	63,935	511,709
EXPENDITURE		
Other trading activities		
Programme expenses	9,484	7,467
Charitable activities		
Wages	230,691	258,341
Social security	17,941	20,262
Pensions	3,016	2,638
Rent	-	48
Rates and water	8,566	342
Insurance	354	755
Light and heat	7,686	4,394
Telephone	408	574
Postage and stationery	1,187	1,666
Advertising	5,418	2,160
Sundries	457	139
Consultancy	43,200	43,796
Accountancy	2,880	5,040
Professional fees	900	204
Counselling	3,335	915
Website IT and computer costs	4,906	1,350
Subscriptions	40	66
Carried forward	330,985	342,690

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
Charitable activities		
Brought forward	330,985	342,690
Travel	2,841	1,365
Cleaning	159	582
Staff Training	738	4,391
Repairs and renewals	1,956	2,981
Staff welfare	373	470
Computer equipment	837	1,351
Loss on sale of tangible fixed assets	5,246	-
	<u>343,135</u>	<u>353,830</u>
Support costs		
Finance		
Bank charges	115	130
Interest paid	259	288
	<u>374</u>	<u>418</u>
Total resources expended	<u>352,993</u>	<u>361,715</u>
Net (expenditure)/income	<u>(289,058)</u>	<u>149,994</u>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: CE000143 (England and Wales)
REGISTERED CHARITY NUMBER: 1153634

Contents of the Financial Statements
for the Year Ended 31 March 2023

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2023

for

Lives Not Knives

Maddox & Maddox Limited
9 Commercial Yard
Barnard Castle
Co. Durham
DL12 8FE

Contents of the Financial Statements
for the Year Ended 31 March 2023

	Page
Report of the Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Balance Sheet	5 to 6
Cash Flow Statement	7
Notes to the Cash Flow Statement	8
Notes to the Financial Statements	9 to 16
Detailed Statement of Financial Activities	17 to 18

Report of the Trustees
for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRATEGIC REPORT

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE000143 (England and Wales)

Registered Charity number

1153634

Registered office

LNK Unit
Upper Mall
Centrale Shopping Centre
Croydon
Surrey
CR0 1TY

Trustees

Monica Beckles
Chris Jellow
Kate Newton

Company Secretary

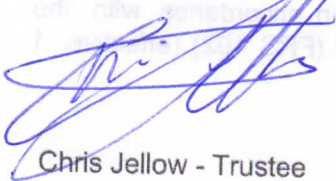
Independent Examiner

Maddox & Maddox Limited
9 Commercial Yard
Barnard Castle
Co. Durham
DL12 8FE

Lives Not Knives

Report of the Trustees
for the Year Ended 31 March 2023

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 1 August 2023 and signed on the board's behalf by:



Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of
Lives Not Knives

Independent examiner's report to the trustees of Lives Not Knives ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

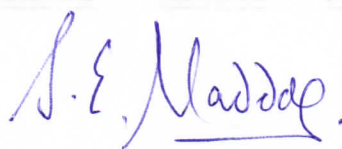
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Maddox FCCA
The Association of Chartered Certified Accountants

Maddox & Maddox Limited
9 Commercial Yard
Barnard Castle
Co. Durham
DL12 8FE

1 August 2023

Lives Not Knives

Statement of Financial Activities for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	92,383	-	92,383	108,447
Charitable activities	4				
Education and life skill development		59,800	(92,912)	(33,112)	393,215
Other trading activities	3	4,657	7	4,664	10,047
Total		<u>156,840</u>	<u>(92,905)</u>	<u>63,935</u>	<u>511,709</u>
EXPENDITURE ON					
Raising funds	5	8,097	1,387	9,484	7,467
Charitable activities	6				
Education and life skill development		175,519	167,990	343,509	354,248
Total		<u>183,616</u>	<u>169,377</u>	<u>352,993</u>	<u>361,715</u>
NET INCOME/(EXPENDITURE)		<u>(26,776)</u>	<u>(262,282)</u>	<u>(289,058)</u>	<u>149,994</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		338,019	262,282	600,301	450,307
TOTAL FUNDS CARRIED FORWARD		<u>311,243</u>	<u>-</u>	<u>311,243</u>	<u>600,301</u>

The notes form part of these financial statements

Balance Sheet
31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
FIXED ASSETS					
Tangible assets	12	1,808	-	1,808	6,127
CURRENT ASSETS					
Debtors	13	544	-	544	-
Cash at bank and in hand		335,015	-	335,015	609,139
		<u>335,559</u>	<u>-</u>	<u>335,559</u>	<u>609,139</u>
CREDITORS					
Amounts falling due within one year	14	(26,124)	-	(26,124)	(14,965)
NET CURRENT ASSETS		<u>309,435</u>	<u>-</u>	<u>309,435</u>	<u>594,174</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>311,243</u>	<u>-</u>	<u>311,243</u>	<u>600,301</u>
NET ASSETS		<u>311,243</u>	<u>-</u>	<u>311,243</u>	<u>600,301</u>
FUNDS	15				
Unrestricted funds				311,243	338,019
Restricted funds				-	262,282
TOTAL FUNDS				<u>311,243</u>	<u>600,301</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

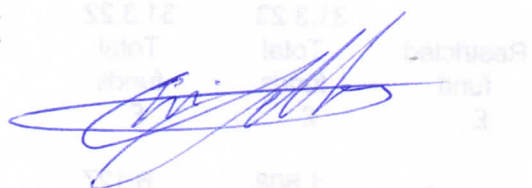
The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 1 August 2023 and were signed on its behalf by:

The notes form part of these financial statements

Balance Sheet - continued
31 March 2023



Chris Jellow - Trustee

FIXED ASSETS				
Tangible assets	1,808	-	1,808	
CURRENT ASSETS				
Debtors	542	-	542	
Cash at bank and in hand	308,015	-	308,015	
	308,557	-	308,557	
CREDITORS				
Amounts falling due within one year	(20,124)	-	(20,124)	
	(20,124)	-	(20,124)	
NET CURRENT ASSETS				
	308,433	-	308,433	
TOTAL ASSETS LESS CURRENT LIABILITIES				
	311,243	-	311,243	
NET ASSETS				
	311,243	-	311,243	
FUNDS				
Unrestricted funds	18	-	18	
Restricted funds	311,225	-	311,225	
	311,243	-	311,243	
TOTAL FUNDS				
	311,243	-	311,243	

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 478 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:

- ensuring that the charitable company keeps accounting records that comply with Sections 388 and 389 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 384 and 385 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 1 August 2023 and were signed on its behalf by:

Cash Flow Statement
for the Year Ended 31 March 2023

	Notes	31.3.23 £	31.3.22 £
Cash flows from operating activities			
Cash generated from operations	1	(272,101)	139,843
Finance costs paid		(259)	(288)
Net cash (used in)/provided by operating activities		(272,360)	139,555
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,764)	(764)
Net cash used in investing activities		(1,764)	(764)
Change in cash and cash equivalents in the reporting period		(274,124)	138,791
Cash and cash equivalents at the beginning of the reporting period		609,139	470,348
Cash and cash equivalents at the end of the reporting period		335,015	609,139

The notes form part of these financial statements

Notes to the Cash Flow Statement
for the Year Ended 31 March 2023

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(289,058)	149,994
Adjustments for:		
Depreciation charges	837	1,351
Loss on disposal of fixed assets	5,246	-
Finance costs	259	288
(Increase)/decrease in debtors	(544)	2,160
Increase/(decrease) in creditors	11,159	(13,950)
Net cash (used in)/provided by operations	<u>(272,101)</u>	<u>139,843</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank and in hand	609,139	(274,124)	335,015
	<u>609,139</u>	<u>(274,124)</u>	<u>335,015</u>
Total	<u>609,139</u>	<u>(274,124)</u>	<u>335,015</u>

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	92,383	108,447

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Commissioned work	4,627	10,029
Commission	37	18
	<u>4,664</u>	<u>10,047</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.23	31.3.22
		£	£
YEF	Education and life skill development	(92,912)	390,000
Grants	Education and life skill development	59,800	3,215
		<u>(33,112)</u>	<u>393,215</u>

5. RAISING FUNDS

Other trading activities

	31.3.23	31.3.22
	£	£
Purchases	9,484	7,467

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development	343,135	374	343,509

7. SUPPORT COSTS

	Finance £
Education and life skill development	374

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23 £	31.3.22 £
Depreciation - owned assets	837	1,351
Other operating leases	-	48
Deficit on disposal of fixed assets	5,246	-

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

10. STAFF COSTS

	31.3.23 £	31.3.22 £
Wages and salaries	230,691	258,341
Social security costs	17,941	20,262
Other pension costs	3,016	2,638
	251,648	281,241

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Staff	8	10

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

10. STAFF COSTS - continued

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	108,447	-	108,447
Charitable activities			
Education and life skill development	1,000	392,215	393,215
Other trading activities	10,029	18	10,047
Total	<u>119,476</u>	<u>392,233</u>	<u>511,709</u>
EXPENDITURE ON			
Raising funds	5,913	1,554	7,467
Charitable activities			
Education and life skill development	9,540	344,708	354,248
Total	<u>15,453</u>	<u>346,262</u>	<u>361,715</u>
NET INCOME	104,023	45,971	149,994
RECONCILIATION OF FUNDS			
Total funds brought forward	233,996	216,311	450,307
TOTAL FUNDS CARRIED FORWARD	<u>338,019</u>	<u>262,282</u>	<u>600,301</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

12. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2022	12,645
Additions	1,764
Disposals	(9,377)
	<u>5,032</u>
At 31 March 2023	
DEPRECIATION	
At 1 April 2022	6,518
Charge for year	837
Eliminated on disposal	(4,131)
	<u>3,224</u>
At 31 March 2023	
NET BOOK VALUE	
At 31 March 2023	<u>1,808</u>
At 31 March 2022	<u>6,127</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Prepayments	544	-

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Social security and other taxes	14,425	14,293
Other creditors	611	672
Accrued expenses	11,088	-
	<u>26,124</u>	<u>14,965</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

15. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	338,019	(26,776)	311,243
Restricted funds			
Youth Endowment Fund	262,282	(262,282)	-
TOTAL FUNDS	<u>600,301</u>	<u>(289,058)</u>	<u>311,243</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	156,840	(183,616)	(26,776)
Restricted funds			
Youth Endowment Fund	(92,905)	(169,377)	(262,282)
TOTAL FUNDS	<u>63,935</u>	<u>(352,993)</u>	<u>(289,058)</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	233,996	104,023	338,019
Restricted funds			
Youth Endowment Fund	216,311	45,971	262,282
TOTAL FUNDS	<u>450,307</u>	<u>149,994</u>	<u>600,301</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	119,476	(15,453)	104,023
Restricted funds			
Youth Endowment Fund	392,233	(346,262)	45,971
TOTAL FUNDS	<u>511,709</u>	<u>(361,715)</u>	<u>149,994</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	233,996	77,247	311,243
Restricted funds			
Youth Endowment Fund	216,311	(216,311)	-
TOTAL FUNDS	<u>450,307</u>	<u>(139,064)</u>	<u>311,243</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	276,316	(199,069)	77,247
Restricted funds			
Youth Endowment Fund	299,328	(515,639)	(216,311)
TOTAL FUNDS	<u>575,644</u>	<u>(714,708)</u>	<u>(139,064)</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Unrestricted funds	Restricted funds	TOTAL FUNDS
General fund	Youth Enrichment Fund	
1,847,878	585,503	2,433,381
(175,459)	(348,382)	(523,841)
1,672,419	237,121	1,909,540

Unrestricted funds	Restricted funds	TOTAL FUNDS
General fund	Youth Enrichment Fund	
2,383,986	318,317	2,702,303
(77,547)	(318,317)	(395,864)
2,306,439	-	2,306,439

Unrestricted funds	Restricted funds	TOTAL FUNDS
General fund	Youth Enrichment Fund	
576,316	388,388	964,704
(198,088)	(518,639)	(716,727)
378,228	(130,251)	247,977

Detailed Statement of Financial Activities
for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	92,383	108,447
Other trading activities		
Commissioned work	4,627	10,029
Commission	37	18
	<hr/> 4,664	<hr/> 10,047
Charitable activities		
YEF	(92,912)	390,000
Grants	59,800	3,215
	<hr/> (33,112)	<hr/> 393,215
Total incoming resources	<hr/> 63,935	<hr/> 511,709
EXPENDITURE		
Other trading activities		
Programme expenses	9,484	7,467
Charitable activities		
Wages	230,691	258,341
Social security	17,941	20,262
Pensions	3,016	2,638
Rent	-	48
Rates and water	8,566	342
Insurance	354	755
Light and heat	7,686	4,394
Telephone	408	574
Postage and stationery	1,187	1,666
Advertising	5,418	2,160
Sundries	457	139
Consultancy	43,200	43,796
Accountancy	2,880	5,040
Professional fees	900	204
Counselling	3,335	915
Website IT and computer costs	4,906	1,350
Subscriptions	40	66
Carried forward	<hr/> 330,985	<hr/> 342,690

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
Charitable activities		
Brought forward	330,985	342,690
Travel	2,841	1,365
Cleaning	159	582
Staff Training	738	4,391
Repairs and renewals	1,956	2,981
Staff welfare	373	470
Computer equipment	837	1,351
Loss on sale of tangible fixed assets	5,246	-
	<u>343,135</u>	<u>353,830</u>
Support costs		
Finance		
Bank charges	115	130
Interest paid	259	288
	<u>374</u>	<u>418</u>
Total resources expended	<u>352,993</u>	<u>361,715</u>
Net (expenditure)/income	<u>(289,058)</u>	<u>149,994</u>

This page does not form part of the statutory financial statements