

LIVES  
NOT  
KNIVES

# TRUSTEE ANNUAL REPORT



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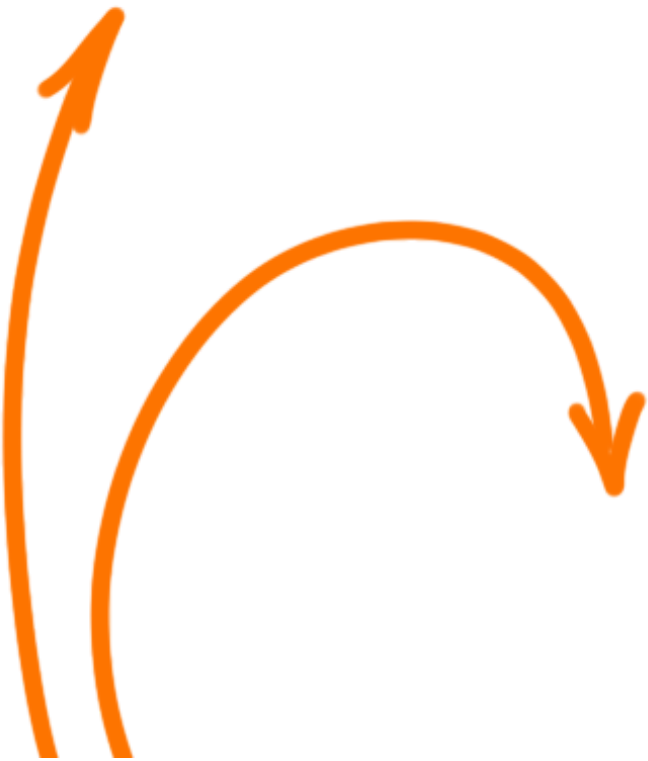
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# TRUSTEE OPENING

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The phrase 'famous last words' spring to mind when reflecting on the past year. In my previous report, my first in the role, I reflected on the challenges experienced in 2020 and expressed a desire, and some optimism, that they would not be replicated! Alas, as we know, the pandemic and its consequences continued into 2021.

People continued to experience the damage caused by Covid and its devastating consequences on domestic abuse, poverty, and physical and mental health - all of which have a detrimental impact on our young people. This was evidenced by London recording its highest number of fatalities by knife crime! A desperately sad record that none of us wanted to see.

Unfortunately, with the cost of living also increasing and about to skyrocket, we fear these challenges are likely to continue for some time yet. However, so will the passion and commitment of our team to make a difference and reduce the negative effects on our young people and their families. I commend their excellent work and dedication against the backdrop of such challenging circumstances. It really is great to witness the connection and trust our team develop with our young people and the difference they make is tangible.

The ongoing challenges demonstrate the need for our services and strengthen our resolve to expand our reach. Under the excellent stewardship of our CEO, we continue to grow and develop our relationship with the schools we work with, helping teachers to better support their young people, and their parents. The knowledge and skills of our Youth Workers and Mentors has also grown to help them provide a greater range of support and develop the resilience necessary to witness daily the impact of such tough circumstances on our young people.

Our family of supporters is crucial in our ability to deliver our work and I would like to extend our thanks to our Trustees who give up their time to support Eliza and the team and steer and develop our services. Particular thanks to former Trustees Stephanie Larnder and Giselle Brown whose guidance and expertise over a number of years made a significant contribution to our growth and development.

We also extend our continued and warmest thanks and appreciation to our funders and partners. Your ongoing support is invaluable and will help us to realise our exciting goals for the coming year.

There is still much to do and we look forward to sharing the outcomes with you in our next report!

Thank you.

**Monica Beckles**  
**Chair Lives Not Knives**





# CEO OPENING

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Following a year of uncertainties we were once again dominated by COVID-19 restrictions, however, I am extremely proud of every member of the LNK team and our extended support network of volunteers. The team at Lives Not Knives continued to put the young people first and were able to adapt to the changes in mood, behaviour and attitude in a lot of the young people we work with, in schools in Croydon with LNK Educate funded by YEF, as well as the support we give from the LNK Unit, with LNK Engage funded by donations.

Due to the changes in young people, as well as the various lock downs that were known to effect mental well-being, management worked closely to create a new health and well being policy, to better support our staff, and in turn to better support young people. All staff are now offered counselling as well as mandatory weekly 1 2 1's to discuss their case loads with their manager. All staff also completed further training on domestic violence, sexual health and bereavement, to feel better equipped on current issues during their mentoring sessions.

Following sessions with teachers and other community meetings, it was made clear that more community resources were needed, and with a number of phone calls also coming from parents, the team created a resource on knife crime, youth violence and gangs for parents and carers. The resource provides guidance on how to have difficult conversations on youth violence with children, identifying warning signs that a child may be being exploited and further information on county lines. This was widely shared with the families we work with and the wider Lives Not Knives community.

Internally, we'll continue to prioritise our young people. In 2021, this included the continuation of LNK Educate, giving young people 1 2 1 support to make them feel more empowered to be in school and make the right decisions for their futures. We would also continue to give young people on the poverty line, who are often not fed 3 meals a day without the help of free school meals, a hot meal and fun activities during the school holidays- as part of LNK Engage.

To our supporters for working with us to raise awareness and vital funds, we are extremely grateful for coming on this journey with us – our work wouldn't exist without you.

We hope to continue our work to prevent knife crime, and youth violence, as well as support those in the community who need us most.

**ElizaRebeiro**  
**CEO Lives Not Knives**

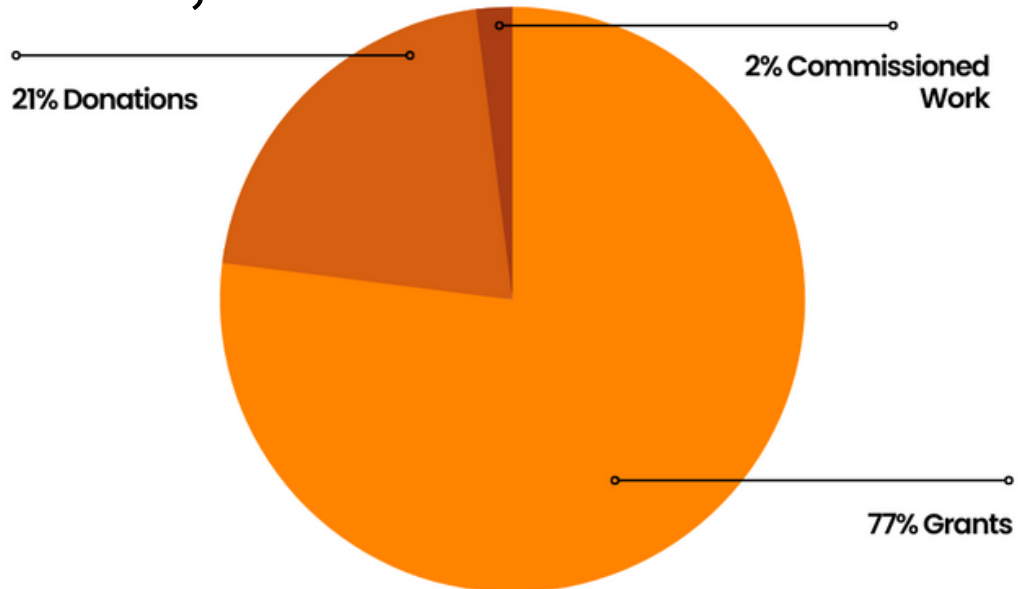




# FINANCES

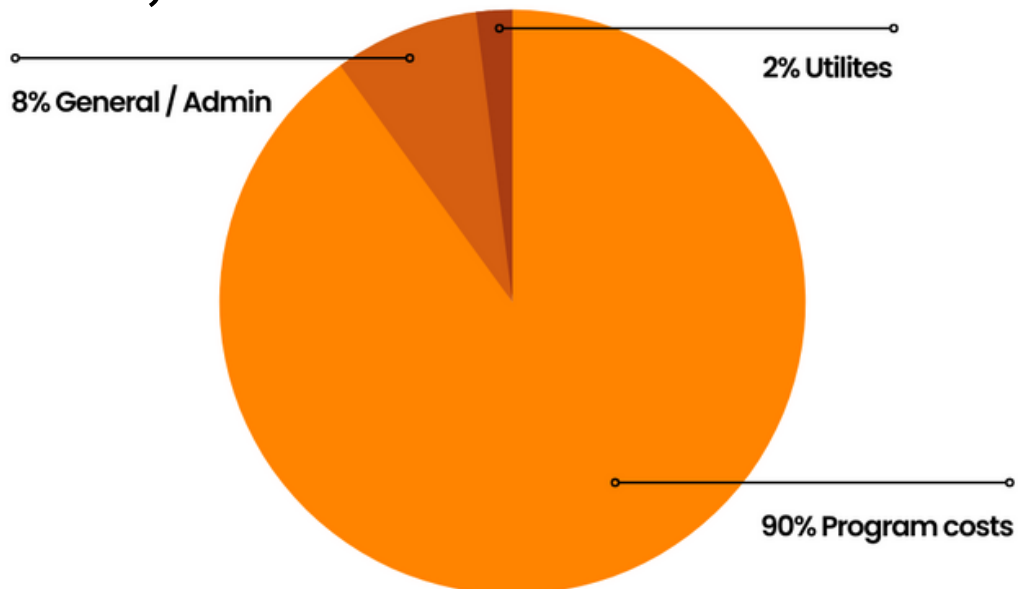
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## Income - £511,709



Income increased by £28,000 compared to the previous year, this is due to receiving £55,000 more in personal and corporate donations.

## Costs - £361,715



Costs have increased by £13,000 compared to the previous year, this is due to us purchasing new computers, as well as designating more funds towards staff wellbeing, and staff training.



# LNK ENGAGE

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LNK Engage is a programme that supports young people from our LNK Unit in Croydon. Through Engage we run Youth Hub, an after school club, on Mondays and Fridays from 3.30pm – 6.30pm. We also run a holiday programme through all school holidays including half terms, that supports young people who are on free school meals, to have a place to still be a child and make new friends.

**549**

young people aged 11 – 19 attended Youth Hub throughout the year giving them a safe space, access to a mentor on site and equipment to support young people with their homework, college applications and CVs.

young people aged 8 - 14 attended throughout the holiday programme providing 1050 hot meals to young people as well as cultural trips to museums, and fun activities such as bowling, ice skating and team sports days.

**351**

**90%**

of young people across both programmes were black and minority ethnic. 100% of all young people who attend the holiday programme are signed up online by their parents or carers. Young people who attend youth hub, do so off of their own accord.



# LNK Engage - Case Study

Jake is a people person. For a child in Year 5 going into Year 6, it is rather impressive to see his level of communication, which is by far his greatest strength. Jake can effectively communicate with children that are: older or younger than him, from different backgrounds, with other innate qualities – either introverted or extroverted, and in some cases, those with SEND (ADHD and Autism). Jake has impressively been able to have engaging and exciting conversations with some of the youth workers and, on many occasions, make us laugh!

Jake was initially very quiet and reserved, dependent on his friend to engage with others and in activities at the LNK Unit. Jake now takes the lead in many activities and has vocally expressed a desire to lead in new activities that he has in mind and share with the rest of the group (i.e., sports events). Jake is now a very independent character and will do what he wants to do without waiting for the approval of others. Jake is also very inclusive and likes to get all of the kids involved.

Jake has thrown himself into everything he has done and has never shied away from activities, and it has been amazing seeing him learn new skills, and one that he has adopted is his table tennis skills!

Jake is also a very caring, empathetic, and kind young man, often checking on the wellbeing of his peers. Jake's improvements and development have been natural, organic, genuine and self-acquired - I believe that the LNK Summer Programme helped Jake bring them to light. The Summer Programme was a safe space for Jake that allowed him to express himself freely, without judgement, letting him grow and be himself. The youth workers were able to engage with Jake, and at times stimulate him past the point that his peers may not have been able to – through thoughtful, insightful and patient dialogue. Jake benefitted, at a level of personal growth, from the LNK Summer Programme, and it would be a pleasure to see Jake continue to engage with LNK

The name in this case study has been changed, to protect the child's identity, this case study was written by **Jack Price (Lead Youth Worker)**





# LNK EDUCATE

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The LNK Educate programme is focused around prevention and it is dual-pronged, meaning there is both a "universal" and "targeted" element. It is a whole school approach and teachers are taught how to deliver workshops in class so all young people aged between 9-14 at the participating school will benefit from up to 6 educational lessons on the dangers of knife crime. A limited number will also be referred for 1-2-1 mentoring – those referred are at the highest risk of being excluded from school. This could be because they are in a Gang, have carried a knife, have been arrested, abuse drugs and alcohol, or have various special educational needs, mental health needs that have yet to be diagnosed and need more support in school. It could also be because of various needs at home that aren't being fulfilled by parents and they need a mentor.

The LNK Educate team is comprised of 7 youth workers who are based in 9 schools in the borough of Croydon. 4 of these are Primary schools and 5 are Secondary's, with each school having between 1 and 3 mentors based there on a weekly basis depending on the perceived level of need. In addition, LNK also work in a number of areas in the borough of Croydon to make our work as far-reaching and wide-ranging as possible. These areas include: South Norwood, Thornton Heath, Coulsdon, New Addington and Purley.

After the schools have agreed to partner with LNK for the academic year, the first step in the programme is beginning the process that is required for the "universal" element. This involves the Project Manager and Lead Youth Worker going into the schools and completing a teacher training session with all the school staff who will be tasked with delivering the resources to the relevant year groups. Once the teachers feel comfortable and confident with the content in the curriculum, the lessons are then delivered by the teachers in a way that aligns with the school timetable.

When the teachers are trained to deliver the resources, LNK staff can then begin their work with the Designated Safeguarding Lead to collaboratively identify between 8-24 young people (according to the number of mentors based there) in the relevant year groups who they feel, based on a variety of criteria (which will be discussed later), would benefit most from 1-2-1 mentoring sessions with our qualified mentors.

The mentors will then carry out 1-2-1 sessions on a weekly basis within the school environment and in accordance with the school timetable



All figures are from school year September 2021-July 2022.

213

teachers were trained to deliver LNKs Educational resources. The resources feature 6 video interviews with different people relating to knife crime. These lessons serve to educate and raise awareness of the issues surrounding knife crime, and help to foster a "whole school approach" to reducing exclusions and knife related incidents by increasing awareness amongst the students at the school, as well as the staff.

young people, between the ages of 9 and 16 across 9 Croydon schools were in attendance for all sessions in which teachers delivered LNKs Educational resources.

3750

168

young people were referred to us by teachers for varying reasons, some of them being; they were at the highest risk of exclusion, have a family background in violence or crime, have diagnosed and undiagnosed mental health issues, or have a negative attitude towards themselves and their future. All were given weekly 1-2-1 mentoring sessions with an LNK Youth Worker during school term.

Over the course of the YEF funded LNK Educate programme we were able to collect some data from the 168 mentees. The results are as follows :

- I have liked speaking to my mentor 95%
- My mentor is a good listener and has helped me to express myself 97%
- My mentor has helped me to enjoy school more 78%
- My mentor has helped me to engage with school more 80%
- My mentor makes me feel more supported 89%
- My mentor has helped me to think more about my actions 90%
- My mentor has given me useful advice and guidance 95%
- My mentor has helped me to understand my purpose and how I can achieve my goals 96%
- My mentor has empowered me and made me feel like I can succeed in the future 91%
- My mentor has helped me to understand other people better 77%
- My mentor has helped me to better understand and control my emotions 87%



# STAFF CASE STUDY

I am the operations manager at LNK, I oversee the day-to-day running of the Unit, the mental health and support for all LNK staff, and I am the designated safeguarding lead for all issues during the LNK Engage Programme. I first took the role at LNK, not knowing what to expect as my working experience has been corporate, so I wasn't aware of how hands-on I needed to be in a small charity. In previous roles, there was a finance department, an HR department, a department for a department and taking on this role, I have learnt that I need to be a lot more forward-thinking and organised, as well as have a hands-on approach to every situation. To help me with this, I completed a number of training courses, personally and with the whole team, to support me do my job such as designated safeguarding lead training, safeguarding training, sexual health and domestic violence, mental health first aid, counselling, basic Human Resources and bid writing. Since joining LNK, I have learnt that all mentors have a different work style and learning approach; whilst some are very hands on others need more support. I believe that I am very open with communication and try to at least acknowledge all staff needs by having 1-2-1 conversations and being available on WhatsApp messenger in working hours, to be a sounding board as well as offer support if any safeguarding issues arise in school. I have also learnt more about Croydon and the community needs and been more engaged with the people from Croydon as well as cross-partnership projects with other Croydon community partners.

In summer 2020 I took over the LNK Engage programme. The holiday programme is aimed at young people who are on free school meals. Through 2020 – 2021 we supported 985 young people with activities like bowling, science museum and trips to Brighton. I lead sessions on what a healthy plate looks like to provide a better understanding of food groups and to how easy and inexpensive meals can be for the whole family, in a bid to support our young people who often assumed that healthy eating was more expensive than eating takeaways.

What I've learnt is that there is a large community in Croydon, young people and parents, that need a lot of specialised support. 80% of the young people on our programmes have additional special educational needs and we often have to tailor the support given; giving dedicated time to the young people that need it, as well as making sure we have 5 young people per mentor and that all mentors are given training and a brief ahead of time to understand each young persons needs. Although we do not have a specific programme for parents, a lot of them are in need of an adult to talk and often call me to have conversations on gang's knife crime and violence.

**Darren Long**





# THANK YOU



**Huge thank you to our trustees, corporate sponsors and personal donors, as well as our partnered schools, parents and young people who continue to work with us to prevent knife crime and youth violence in London.**



**REGISTERED COMPANY NUMBER: CE000143 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1153634**

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2022  
for  
Lives Not Knives

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

## Lives Not Knives

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## Lives Not Knives

### Report of the Trustees for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **STRATEGIC REPORT**

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

CE000143 (England and Wales)

#### **Registered Charity number**

1153634

#### **Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

#### **Trustees**

Chris Jellow  
Monica Bellows  
Stephanie Larnder  
Giselle Brown  
Kate Newton  
Alexandra Umpleby

#### **Company Secretary**

#### **Independent Examiner**

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2022

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees,  
as the company directors, on ..... and signed on the board's behalf by:

.....  
Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Maddox  
FCCA  
Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

Date: .....



Lives Not Knives

Statement of Financial Activities  
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	108,447	-	108,447	65,205
<b>Charitable activities</b>	4				
Education and life skill development programmes		1,000	392,215	393,215	418,465
Other trading activities	3	<u>10,029</u>	<u>18</u>	<u>10,047</u>	<u>511</u>
<b>Total</b>		119,476	392,233	511,709	484,181
 <b>EXPENDITURE ON</b>					
Raising funds	5	5,913	1,554	7,467	10,456
<b>Charitable activities</b>	6				
Education and life skill development programmes		9,540	344,708	354,248	338,681
<b>Total</b>		<u>15,453</u>	<u>346,262</u>	<u>361,715</u>	<u>349,137</u>
 <b>NET INCOME</b>		104,023	45,971	149,994	135,044
 <b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>233,996</u>	<u>216,311</u>	<u>450,307</u>	<u>315,263</u>
 <b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>338,019</u></u>	<u><u>262,282</u></u>	<u><u>600,301</u></u>	<u><u>450,307</u></u>

The notes form part of these financial statements

Lives Not Knives

Balance Sheet  
31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	881	5,246	6,127	6,714
<b>CURRENT ASSETS</b>					
Debtors	13	-	-	-	2,160
Cash at bank and in hand		<u>337,138</u>	<u>272,001</u>	<u>609,139</u>	<u>470,348</u>
		337,138	272,001	609,139	472,508
<b>CREDITORS</b>					
Amounts falling due within one year	14	-	(14,965)	(14,965)	(28,915)
<b>NET CURRENT ASSETS</b>		<u>337,138</u>	<u>257,036</u>	<u>594,174</u>	<u>443,593</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>
<b>NET ASSETS</b>		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>
<b>FUNDS</b>	15				
Unrestricted funds				338,019	233,996
Restricted funds				<u>262,282</u>	<u>216,311</u>
<b>TOTAL FUNDS</b>				<u>600,301</u>	<u>450,307</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued

31 March 2022

..... and were signed on its behalf by:

.....  
Chris Jellow - Trustee

The notes form part of these financial statements

Lives Not Knives

Cash Flow Statement  
for the Year Ended 31 March 2022

	Notes	31.3.22 £	31.3.21 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	139,843	156,097
Finance costs paid		<u>(288)</u>	<u>(288)</u>
Net cash provided by operating activities		<u>139,555</u>	<u>155,809</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		<u>(764)</u>	<u>(5,377)</u>
Net cash used in investing activities		<u>(764)</u>	<u>(5,377)</u>
		<u>          </u>	<u>          </u>
<b>Change in cash and cash equivalents in the reporting period</b>		138,791	150,432
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>470,348</u>	<u>319,916</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>609,139</u></u>	<u><u>470,348</u></u>

The notes form part of these financial statements



Notes to the Cash Flow Statement  
for the Year Ended 31 March 2022

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.22 £	31.3.21 £
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	149,994	135,044
<b>Adjustments for:</b>		
Depreciation charges	1,351	2,971
Finance costs	288	288
(Decrease)/increase in creditors	<u>(11,790)</u>	<u>17,794</u>
<b>Net cash provided by operations</b>	<u>139,843</u>	<u>156,097</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.21 £	Cash flow £	At 31.3.22 £
<b>Net cash</b>			
Cash at bank and in hand	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>
	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>
<b>Total</b>	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**1. ACCOUNTING POLICIES - continued**

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. DONATIONS AND LEGACIES**

	31.3.22	31.3.21
	£	£
Donations	<u>108,447</u>	<u>65,205</u>

**3. OTHER TRADING ACTIVITIES**

	31.3.22	31.3.21
	£	£
Commissioned work	10,029	-
Commission	18	11
Apprenticeship incentive	<u>-</u>	<u>500</u>
	<u>10,047</u>	<u>511</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	31.3.22	31.3.21
		£	£
YEF	Education and life skill development programmes	390,000	380,000
Grants	Education and life skill development programmes	<u>3,215</u>	<u>38,465</u>
		<u>393,215</u>	<u>418,465</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**5. RAISING FUNDS**

**Raising donations and legacies**

	31.3.22	31.3.21
	£	£
Fund raising expenses	<u>3</u>	<u>1</u>

**Other trading activities**

	31.3.22	31.3.21
	£	£
Purchases	<u>7,464</u>	<u>10,455</u>
Aggregate amounts	<u>7,467</u>	<u>10,456</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development programmes	<u>353,830</u>	<u>418</u>	<u>354,248</u>

**7. SUPPORT COSTS**

	Finance £
Education and life skill development programmes	<u>418</u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	1,351	2,971
Other operating leases	<u>48</u>	<u>-</u>



Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**10. STAFF COSTS**

	31.3.22	31.3.21
	£	£
Wages and salaries	258,341	241,096
Social security costs	20,262	17,355
Other pension costs	<u>2,638</u>	<u>3,795</u>
	<u>281,241</u>	<u>262,246</u>

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Staff	<u>10</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	65,205	-	65,205
<b>Charitable activities</b>			
Education and life skill development programmes	7,000	411,465	418,465
Other trading activities	<u>-</u>	<u>511</u>	<u>511</u>
<b>Total</b>	72,205	411,976	484,181
<b>EXPENDITURE ON</b>			
Raising funds	10,131	325	10,456
<b>Charitable activities</b>			
Education and life skill development programmes	6,159	332,522	338,681

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
<b>Total</b>	16,290	332,847	349,137
<b>NET INCOME</b>	55,915	79,129	135,044
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	178,081	137,182	315,263
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>233,996</u>	<u>216,311</u>	<u>450,307</u>

12. TANGIBLE FIXED ASSETS

	Computer equipment £
<b>COST</b>	
At 1 April 2021	11,881
Additions	<u>764</u>
At 31 March 2022	<u>12,645</u>
<b>DEPRECIATION</b>	
At 1 April 2021	5,167
Charge for year	<u>1,351</u>
At 31 March 2022	<u>6,518</u>
<b>NET BOOK VALUE</b>	
At 31 March 2022	<u>6,127</u>
At 31 March 2021	<u>6,714</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Prepayments	-	2,160

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Social security and other taxes	14,293	26,008
Other creditors	672	958
Accrued expenses	-	1,949
	<u>14,965</u>	<u>28,915</u>

**15. MOVEMENT IN FUNDS**

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
<b>Unrestricted funds</b>			
General fund	233,996	104,023	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	216,311	45,971	262,282
	<u>450,307</u>	<u>149,994</u>	<u>600,301</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	119,476	(15,453)	104,023
<b>Restricted funds</b>			
Youth Endowment Fund	392,233	(346,262)	45,971
	<u>511,709</u>	<u>(361,715)</u>	<u>149,994</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**15. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	178,081	55,915	233,996
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	79,129	216,311
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>135,044</u>	<u>450,307</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	72,205	(16,290)	55,915
<b>Restricted funds</b>			
Youth Endowment Fund	411,976	(332,847)	79,129
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>484,181</u>	<u>(349,137)</u>	<u>135,044</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	178,081	159,938	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	125,100	262,282
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>285,038</u>	<u>600,301</u>



Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	191,681	(31,743)	159,938
<b>Restricted funds</b>			
Youth Endowment Fund	804,209	(679,109)	125,100
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>995,890</u>	<u>(710,852)</u>	<u>285,038</u>

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	108,447	65,205
<b>Other trading activities</b>		
Commissioned work	10,029	-
Commission	18	11
Apprenticeship incentive	-	500
	<u>10,047</u>	<u>511</u>
<b>Charitable activities</b>		
YEF	390,000	380,000
Grants	<u>3,215</u>	<u>38,465</u>
	<u>393,215</u>	<u>418,465</u>
<b>Total incoming resources</b>	511,709	484,181
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fund raising expenses	3	1
<b>Other trading activities</b>		
Programme expenses	7,464	10,455
<b>Charitable activities</b>		
Wages	258,341	241,096
Social security	20,262	17,355
Pensions	2,638	3,795
Rent	48	-
Rates and water	342	-
Insurance	755	691
Light and heat	4,394	3,873
Telephone	574	540
Postage and stationery	1,666	2,021
Advertising	2,160	6
Sundries	139	473
Consultancy	43,796	43,200
Accountancy	5,040	-
Carried forward	340,155	313,050

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
<b>Charitable activities</b>		
Brought forward	340,155	313,050
Professional fees	204	300
Counselling	915	2,475
Website IT and computer costs	1,350	9,022
Subscriptions	66	361
Travel	1,365	592
Cleaning	582	488
Staff Training	4,391	6,050
Repairs and renewals	2,981	747
Uniforms	-	2,253
Staff welfare	470	-
Computer equipment	<u>1,351</u>	<u>2,971</u>
	353,830	338,309
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	130	84
Interest paid	<u>288</u>	<u>288</u>
	<u>418</u>	<u>372</u>
Total resources expended	<u>361,715</u>	<u>349,137</u>
<b>Net income</b>	<u>149,994</u>	<u>135,044</u>

This page does not form part of the statutory financial statements

**REGISTERED COMPANY NUMBER: CE000143 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1153634**

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2022  
for  
Lives Not Knives

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

## Lives Not Knives

### Contents of the Financial Statements for the Year Ended 31 March 2022

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## Lives Not Knives

### Report of the Trustees for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **STRATEGIC REPORT**

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

CE000143 (England and Wales)

#### **Registered Charity number**

1153634

#### **Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

#### **Trustees**

Chris Jellow  
Monica Bellows  
Stephanie Larnder  
Giselle Brown  
Kate Newton  
Alexandra Umpleby

#### **Company Secretary**

#### **Independent Examiner**

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW



Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2022

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees,  
as the company directors, on ..... and signed on the board's behalf by:

.....  
Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Maddox  
FCCA  
Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

Date: .....

Lives Not Knives

Statement of Financial Activities  
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	108,447	-	108,447	65,205
<b>Charitable activities</b>	4				
Education and life skill development programmes		1,000	392,215	393,215	418,465
Other trading activities	3	<u>10,029</u>	<u>18</u>	<u>10,047</u>	<u>511</u>
<b>Total</b>		119,476	392,233	511,709	484,181
 <b>EXPENDITURE ON</b>					
Raising funds	5	5,913	1,554	7,467	10,456
<b>Charitable activities</b>	6				
Education and life skill development programmes		9,540	344,708	354,248	338,681
<b>Total</b>		<u>15,453</u>	<u>346,262</u>	<u>361,715</u>	<u>349,137</u>
 <b>NET INCOME</b>		104,023	45,971	149,994	135,044
 <b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>233,996</u>	<u>216,311</u>	<u>450,307</u>	<u>315,263</u>
 <b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>338,019</u></u>	<u><u>262,282</u></u>	<u><u>600,301</u></u>	<u><u>450,307</u></u>

The notes form part of these financial statements

Lives Not Knives

Balance Sheet  
31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	881	5,246	6,127	6,714
<b>CURRENT ASSETS</b>					
Debtors	13	-	-	-	2,160
Cash at bank and in hand		<u>337,138</u>	<u>272,001</u>	<u>609,139</u>	<u>470,348</u>
		337,138	272,001	609,139	472,508
<b>CREDITORS</b>					
Amounts falling due within one year	14	-	(14,965)	(14,965)	(28,915)
<b>NET CURRENT ASSETS</b>		<u>337,138</u>	<u>257,036</u>	<u>594,174</u>	<u>443,593</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>
<b>NET ASSETS</b>		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>
<b>FUNDS</b>	15				
Unrestricted funds				338,019	233,996
Restricted funds				<u>262,282</u>	<u>216,311</u>
<b>TOTAL FUNDS</b>				<u>600,301</u>	<u>450,307</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued  
31 March 2022

..... and were signed on its behalf by:

.....  
Chris Jellow - Trustee

The notes form part of these financial statements

Lives Not Knives

Cash Flow Statement  
for the Year Ended 31 March 2022

	Notes	31.3.22 £	31.3.21 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	139,843	156,097
Finance costs paid		<u>(288)</u>	<u>(288)</u>
Net cash provided by operating activities		<u>139,555</u>	<u>155,809</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		<u>(764)</u>	<u>(5,377)</u>
Net cash used in investing activities		<u>(764)</u>	<u>(5,377)</u>
		<u>          </u>	<u>          </u>
<b>Change in cash and cash equivalents in the reporting period</b>		138,791	150,432
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>470,348</u>	<u>319,916</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>609,139</u></u>	<u><u>470,348</u></u>

The notes form part of these financial statements



Notes to the Cash Flow Statement  
for the Year Ended 31 March 2022

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.22 £	31.3.21 £
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	149,994	135,044
<b>Adjustments for:</b>		
Depreciation charges	1,351	2,971
Finance costs	288	288
(Decrease)/increase in creditors	<u>(11,790)</u>	<u>17,794</u>
<b>Net cash provided by operations</b>	<u>139,843</u>	<u>156,097</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.21 £	Cash flow £	At 31.3.22 £
<b>Net cash</b>			
Cash at bank and in hand	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>
	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>
<b>Total</b>	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**1. ACCOUNTING POLICIES - continued**

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. DONATIONS AND LEGACIES**

	31.3.22	31.3.21
	£	£
Donations	<u>108,447</u>	<u>65,205</u>

**3. OTHER TRADING ACTIVITIES**

	31.3.22	31.3.21
	£	£
Commissioned work	10,029	-
Commission	18	11
Apprenticeship incentive	<u>-</u>	<u>500</u>
	<u>10,047</u>	<u>511</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	31.3.22	31.3.21
		£	£
YEF	Education and life skill development programmes	390,000	380,000
Grants	Education and life skill development programmes	<u>3,215</u>	<u>38,465</u>
		<u>393,215</u>	<u>418,465</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**5. RAISING FUNDS**

**Raising donations and legacies**

	31.3.22	31.3.21
	£	£
Fund raising expenses	<u>3</u>	<u>1</u>

**Other trading activities**

	31.3.22	31.3.21
	£	£
Purchases	<u>7,464</u>	<u>10,455</u>
Aggregate amounts	<u>7,467</u>	<u>10,456</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development programmes	<u>353,830</u>	<u>418</u>	<u>354,248</u>

**7. SUPPORT COSTS**

	Finance £
Education and life skill development programmes	<u>418</u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	1,351	2,971
Other operating leases	<u>48</u>	<u>-</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**10. STAFF COSTS**

	31.3.22	31.3.21
	£	£
Wages and salaries	258,341	241,096
Social security costs	20,262	17,355
Other pension costs	<u>2,638</u>	<u>3,795</u>
	<u>281,241</u>	<u>262,246</u>

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Staff	<u>10</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	65,205	-	65,205
<b>Charitable activities</b>			
Education and life skill development programmes	7,000	411,465	418,465
Other trading activities	<u>-</u>	<u>511</u>	<u>511</u>
<b>Total</b>	72,205	411,976	484,181
<b>EXPENDITURE ON</b>			
Raising funds	10,131	325	10,456
<b>Charitable activities</b>			
Education and life skill development programmes	6,159	332,522	338,681

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>Total</b>	16,290	332,847	349,137
<b>NET INCOME</b>	55,915	79,129	135,044
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	178,081	137,182	315,263
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>233,996</u>	<u>216,311</u>	<u>450,307</u>

**12. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 April 2021	11,881
Additions	<u>764</u>
At 31 March 2022	<u>12,645</u>
<b>DEPRECIATION</b>	
At 1 April 2021	5,167
Charge for year	<u>1,351</u>
At 31 March 2022	<u>6,518</u>
<b>NET BOOK VALUE</b>	
At 31 March 2022	<u>6,127</u>
At 31 March 2021	<u>6,714</u>



Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Prepayments	-	2,160

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Social security and other taxes	14,293	26,008
Other creditors	672	958
Accrued expenses	-	1,949
	<u>14,965</u>	<u>28,915</u>

**15. MOVEMENT IN FUNDS**

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
<b>Unrestricted funds</b>			
General fund	233,996	104,023	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	216,311	45,971	262,282
	<u>450,307</u>	<u>149,994</u>	<u>600,301</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	119,476	(15,453)	104,023
<b>Restricted funds</b>			
Youth Endowment Fund	392,233	(346,262)	45,971
	<u>511,709</u>	<u>(361,715)</u>	<u>149,994</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	178,081	55,915	233,996
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	79,129	216,311
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>135,044</u>	<u>450,307</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	72,205	(16,290)	55,915
<b>Restricted funds</b>			
Youth Endowment Fund	411,976	(332,847)	79,129
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>484,181</u>	<u>(349,137)</u>	<u>135,044</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	178,081	159,938	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	125,100	262,282
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>285,038</u>	<u>600,301</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	191,681	(31,743)	159,938
<b>Restricted funds</b>			
Youth Endowment Fund	804,209	(679,109)	125,100
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>995,890</u>	<u>(710,852)</u>	<u>285,038</u>

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	108,447	65,205
<b>Other trading activities</b>		
Commissioned work	10,029	-
Commission	18	11
Apprenticeship incentive	-	500
	10,047	511
<b>Charitable activities</b>		
YEF	390,000	380,000
Grants	3,215	38,465
	393,215	418,465
<b>Total incoming resources</b>	511,709	484,181
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fund raising expenses	3	1
<b>Other trading activities</b>		
Programme expenses	7,464	10,455
<b>Charitable activities</b>		
Wages	258,341	241,096
Social security	20,262	17,355
Pensions	2,638	3,795
Rent	48	-
Rates and water	342	-
Insurance	755	691
Light and heat	4,394	3,873
Telephone	574	540
Postage and stationery	1,666	2,021
Advertising	2,160	6
Sundries	139	473
Consultancy	43,796	43,200
Accountancy	5,040	-
Carried forward	340,155	313,050

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
<b>Charitable activities</b>		
Brought forward	340,155	313,050
Professional fees	204	300
Counselling	915	2,475
Website IT and computer costs	1,350	9,022
Subscriptions	66	361
Travel	1,365	592
Cleaning	582	488
Staff Training	4,391	6,050
Repairs and renewals	2,981	747
Uniforms	-	2,253
Staff welfare	470	-
Computer equipment	<u>1,351</u>	<u>2,971</u>
	353,830	338,309
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	130	84
Interest paid	<u>288</u>	<u>288</u>
	<u>418</u>	<u>372</u>
Total resources expended	<u>361,715</u>	<u>349,137</u>
<b>Net income</b>	<u>149,994</u>	<u>135,044</u>

This page does not form part of the statutory financial statements