

# LIVES NOT KNIVES

England & Wales · Charity number 1153634

## Details

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**Other names** LNK

**Status** Registered

**Legal form** CIO

**Company number** [CE000143](#)

**Registered** 2013-09-02

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Lives Not Knives  
Unit Lsu5  
Upper Mall  
Centrale Shopping Centre  
North End  
CROYDON

**Phone** 02086818244

**Email** [info@livesnotknives.org](mailto:info@livesnotknives.org)

**Website** [www.livesnotknives.org](http://www.livesnotknives.org)

## Activities

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**Objects:** TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 24 LIVING IN CROYDON, LONDON, THE SURROUNDING AREA, AND THE WIDER UNITED KINGDOM, BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ASSISTANCE AS A MEANS OF:(A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;(B) ADVANCING EDUCATION;(C) PROMOTING THE PRESERVATION OF GOOD PHYSICAL AND MENTAL HEALTH;(C) RELIEVING UNEMPLOYMENT.

**Activities:** Act as a resource for young people (up to 24) living in Croydon, London and the surrounding areas. We provide advice and assistance as well as organise programmes as a means of: a) helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; b) advancing education; c) relieving unemployment

## Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Other Charities Or Voluntary Bodies

## Geography

- Throughout London

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£245,419	£352,864	-	-
2024-03-31	£412,654	£309,002	-	-
2023-03-31	£156,840	£352,993	-	-
2022-03-31	£118,494	£361,715	£600,301	10
2021-03-31	£484,181	£349,137	-	-

## Trustees

Name	Role	Appointed
<b>Monica Beckles</b>	Chair	2020-02-24
Charandeep Kaur Khaira		2023-08-09
Christine Williams		2023-08-09
Kate Newton		2020-04-09
Rahim Hirji		2024-03-12
Walter Verkaik		2023-08-09

**LIVES NOT KNIVES**

England & Wales - Charity number 1153634

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# Accounts

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LIVES  
NOT  
KNIVES

ENGAGE, EDUCATE, EMPOWER  
TRUSTEE ANNUAL REPORT 2024-2025

# CHARITY INFORMATION



Lives Not Knives  
Charity number 1153634, registered in England and Wales

LNK Unit, Upper Mall, Centrale Shopping Centre, Croydon, CR0 1TY

[www.livesnotknives.org](http://www.livesnotknives.org)  
[info@livesnotknives.org](mailto:info@livesnotknives.org)

## BOARD OF TRUSTEES:

Monica Beckles, Chair  
Kate Newton  
Walter Verkaik  
Rahim Hijri  
Christine Williams  
Charandeep Kaur Kaira

## PRINCIPLE STAFF:

Eliza Rebeiro, CEO  
Jack Price, Programmes Manager  
Paul Bogle, Content Manager

## CHARTERED CERTIFIED ACCOUNTANTS:

Maddox & Maddox  
9 Commercial Yard  
Barnard Castle  
County Durham  
DL12 8FE

## Bankers:

Metro Bank  
Centrale Shopping Centre  
CR0 1TY



Paul, LNK Content Manager and former mentor, plays table tennis with a young person from our Engage Programme. After discovering his passion for the sport through LNK, he has since joined a local table tennis club and competed in national tournaments.

# CEO STATEMENT:

## ELIZA REBEIRO

At the heart of everything we do is a simple belief: the young people we work with are entitled to a childhood that is safe, stable, and provides the foundations to grow both physically and mentally. A childhood shaped by love, consistent support, trusted role models, and the freedom to make choices for their own futures.

Youth violence is never a simple choice. For the young people we support, it is often a response to instability and limited options. Many grow up in families affected by poverty, in low-income households reliant on free school meals. Some have parents in prison and are supported by professionals such as case workers, while others are in the care system, where they may meet many adults and professionals but rarely receive consistent support. These circumstances cast a long shadow over their lives. In the UK, around one in five young people live in relative low-income families, and that figure continues to rise, leaving millions facing financial insecurity each year.

When a home lacks secure income, or when a young person moves in and out of care, the emotional and practical consequences accumulate. Many go on to face additional barriers in education: higher rates of special educational needs, low attainment, and persistent absence from school — factors that constrain opportunity rather than create it. Research shows that young people from disadvantaged backgrounds are significantly more likely to be cautioned or sentenced by police than their peers from wealthier families, even when academic ability is similar.

This is not about blame. Socio-economic inequality shapes the world young people grow up in and limits the choices available to them. They did not choose the circumstances they are born into; they are responding to the world with the tools they have — often far fewer than they should. That is why preventative work is essential. At Lives Not Knives, prevention means showing up before a young person reaches crisis, listening before behaviour is criminalised, and offering consistent, trusted support when it matters most.

We exist to **Engage, Educate, and Empower** — to create the conditions where young people feel seen, valued, and supported, and where they can make positive choices because they believe in a future for themselves. Every conversation, every mentoring session, and every programme we deliver is about giving young people a childhood they deserve — one with stability, care, role models, and real opportunities to thrive.

This work is not easy, and it cannot be done alone. I want to thank our Board of Trustees for their guidance and challenge. To our staff and volunteers: your commitment and resilience change lives every day. I am also grateful to our funders and partners — your support makes a real difference to young people and the wider community.

While this report celebrates impact and progress, it also reminds us that the need continues to grow. Young people are still facing extraordinary pressures, and our work is far from finished. We must continue to invest in prevention, in community-led solutions, and in ensuring that every young person has the chance to simply be young.

**The work continues — and together, so must we.**





# TRUSTEE STATEMENT: RAHIM HIRJI

This year has been another important and impactful one for **Lives Not Knives**, and as I reflect on my second year as a Trustee, I am proud of the progress we have made in delivering meaningful and lasting change for young people and communities.

The work of Lives Not Knives is vital, but it is not easy. The young people we support are often navigating complex challenges, shaped by inequality, trauma and limited opportunity. Creating real, sustainable change requires trust, consistency and a long-term commitment to prevention rather than short-term solutions. It is this understanding that underpins everything Lives Not Knives does, and why our work continues to be so important.

Our core **Educate, Engage and Empower** programmes have continued to go from strength to strength, supporting young people at critical moments and equipping them with the tools, confidence and guidance needed to make positive life choices. A key milestone this year has been the successful rollout of Lives Not Knives' Educate Hub software platform, which enables us to deliver high-quality educational resources digitally to schools across the UK. This innovation has significantly expanded our reach and impact, ensuring that our preventative work can be accessed by more young people than ever before.

Over the past year, the Trustees have used their experience and areas of expertise to support and challenge the executive team, helping to ensure that the charity continues to move in the right direction strategically and operationally. We are pleased to report that Lives Not Knives remains in a healthy financial position, providing a strong foundation from which the charity can continue to deliver its programmes, support its staff and youth workers, and plan confidently for the future.

Finally, I would like to thank our partners and donors for their continued generosity, my fellow Trustees for their time and governance, and our employees and youth workers for their tireless commitment to the young people we serve.

# FINANCIAL HIGHLIGHTS:

## EXPENDITURE:

A total of £352,864, was spent on Program Costs, General Administration and Utilities.

- 92%** £324,310 paid for all programme costs, which includes staff, training and equipment.
- 4%** A total of £14,868 was spent on general administration costs, such as website, accounting, and insurance.
- 4%** Utilities came to a total of £13,686 including light, water and other essential bills.

## INCOMING:

A total of £245,419 was accumulated from Grants, Donations and Commissioned Work.

- 33%** A total of £81,849 in Grants from Holiday and Food Fund, London Community Foundation.
- 51%** £124,223 was raised from individual donors, fundraising efforts and corporate social responsibility initiatives.
- 16%** Commissioned work came to a total of £39,005 for Lives Not Knives programmes.

## STAFF AND VOLUNTEERS

On 31 March 2025, Lives Not Knives employed 8 full-time members of staff and was supported by 6 Trustees.

The organisation continues to be rooted in the communities it serves, with over half of staff and trustees living in Croydon or neighbouring boroughs, and a significant proportion bringing lived experience that informs and strengthens our approach to youth violence prevention.

We are extremely grateful to the approximately 60 volunteers who supported Lives Not Knives throughout the year. Volunteers from Amazon Fresh, Amazon Web Services, and the Pension Protection Fund contributed valuable time and expertise across events and projects. In addition, we benefited from corporate support and partnership engagement from Unibail-Rodamco-Westfield and Wates, which enhanced our capacity to deliver impact.

There was no remuneration or benefits paid to Trustees, and no Trustee expenses were claimed during the year ended 31 March 2025 or the previous financial year.

## FUNDRAISING

**During the financial year, Lives Not Knives raised £124,223 through a combination of personal donations, corporate contributions, and community-led fundraising initiatives.**

We are deeply grateful to everyone who donated, fundraised, or helped raise awareness of our work. All funds raised throughout the year directly supported the delivery and development of our Engage, Educate, and Empower programmes, ensuring we could sustain and strengthen our work within schools and communities.



**Friends and family of Kam Reel, take part in a charity football fundraiser organised by Nadzm wearing LNK T-shirts to honour Kams's memory and raise awareness of knife crime.**

# PROGRAMME: ENGAGE

## OVERVIEW

Engage provides safe, out-of-school support that promotes young people's mental, physical, and emotional wellbeing in Croydon. Delivered from the Lives Not Knives Unit, the Engage Holiday programme runs throughout school holidays, offering a safe space, hot meals, and enrichment activities for young people on free school meals or from low-income families.

Our Youth Hub, open on Mondays and Fridays, is a drop-in for all young people across Croydon to access mentoring, support, or simply a safe place to be themselves.

## KEY OUTCOMES

**515 young people attended our Engage Holiday programmes** during the year. All participants were eligible for free school meals and aged 10–15, ensuring targeted support for those most affected by holiday hardship.

A further **146 young people accessed support through our Youth Hub** drop-in sessions, held on Mondays and Fridays.

Young people supported through Engage came from a diverse range of backgrounds, including Black Caribbean (23%), White and Black African (18%), White and Black Caribbean (12%), White British (12%), and Mixed or Other ethnicities (35%).

A significant proportion of participants presented with additional needs, including diagnosed and undiagnosed ADHD (24%) and Autism Spectrum Disorder (18%), reinforcing the importance of accessible, inclusive provision.

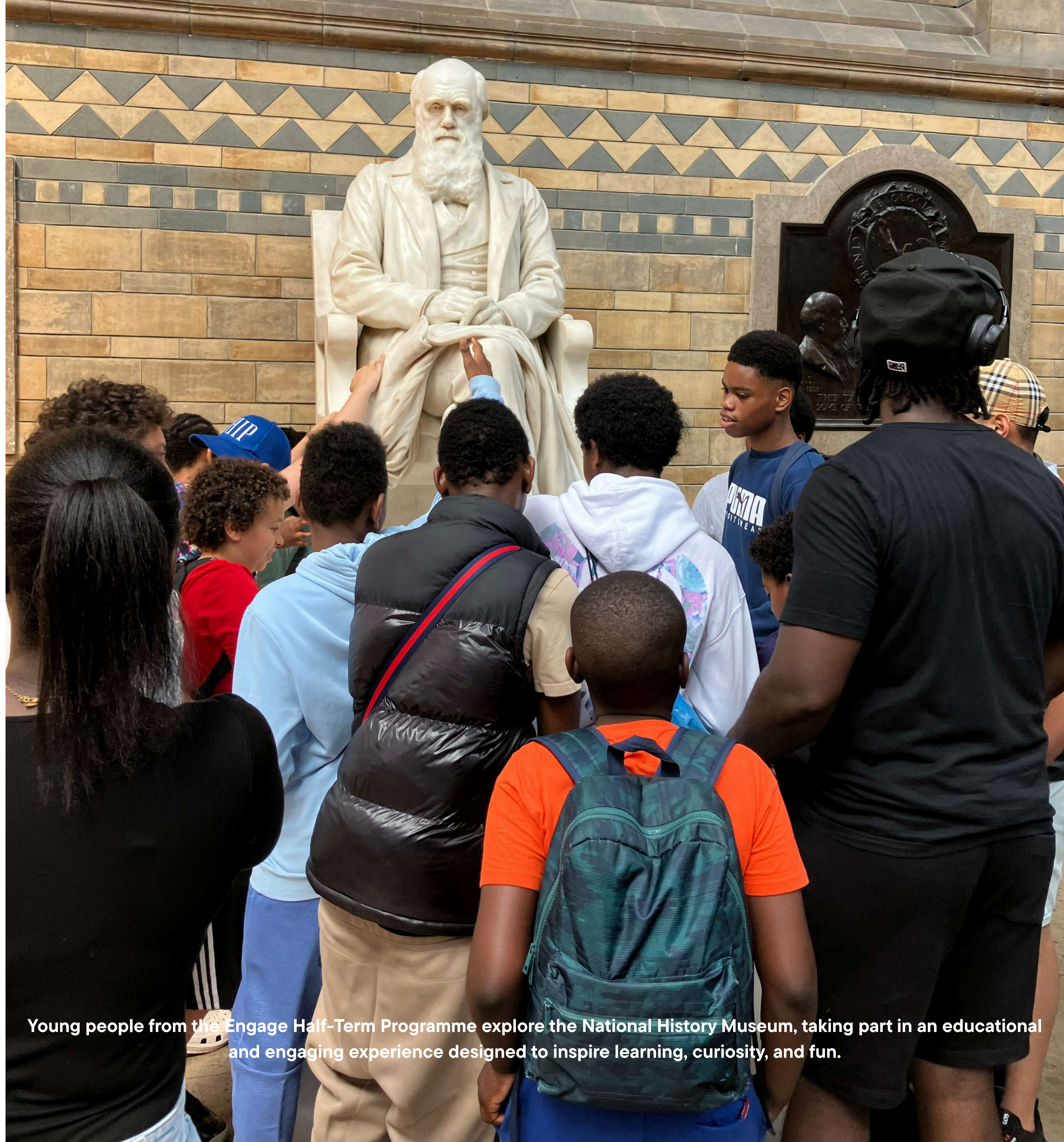
**100% of participants reported that they felt safe, happy, and listened to;** enjoyed the programme; liked the staff; would recommend Lives Not Knives to their friends; and wanted to return.

Young people described Engage as:

**“a very good place to make friends”**

**“I really like the youth workers — they listen and encourage me to do my best”**

**“fun, safe, perfect, interactive, joyful, enjoyable, and amazing”**



Young people from the Engage Half-Term Programme explore the National History Museum, taking part in an educational and engaging experience designed to inspire learning, curiosity, and fun.



# PROGRAMME: EDUCATE

## OVERVIEW

Educate brings Lives Not Knives' preventative work directly into schools through mentoring, workshops, roadshows, and outreach.

At its core, is a targeted mentoring programme supporting young people at highest risk of exclusion, delivered by trained mentors with relatable lived experience who work weekly with mentees to build trust, resilience, and positive decision-making. Alongside mentoring, Educate raises awareness of knife crime and youth violence through school roadshows, and delivers healthy relationships workshops for Year 9 pupils, addressing violence against women and girls and harmful behaviours.

Together, Educate supports young people to remain in mainstream education, navigate personal challenges, and make safer, informed choices that support their long-term wellbeing.

## KEY OUTCOMES

During the academic year, **three youth workers delivered consistent 1:1 mentoring to 61 young people** across three Croydon secondary schools, providing targeted support to those most at risk of exclusion and wider vulnerability.

Alongside mentoring, **LNK delivered knife crime and youth violence roadshows to 1,850 young people across nine schools in three London boroughs**, supporting early intervention through education, awareness, and prevention messaging.

We also delivered **Violence Against Women and Girls (VAWG) education through three workshops reaching 425 young people across three schools**, alongside 48 1:1 support sessions delivered both in school and at the LNK Unit. We have a further 575 young people to reach through workshops and 52 additional 1:1 sessions planned, and we remain on track to complete delivery by July 2026.

Feedback from the VAWG workshops highlighted a significant increase in understanding. Before the session, 100% of participants reported they were unaware of the meaning of VAWG. Following the workshop:

- **85% said they understood what VAWG is**
- **85% said they knew ways they could help prevent VAWG**
- **80% said they understood the difference between healthy and unhealthy relationships**

In one school, only 10% of pupils initially felt they had a trusted adult or knew where to go for help. Following the session, young people were reassured of the support available through the school safeguarding team, including access to LNK mentoring and guidance.

Pupils at Ursuline High School meet with Jack, our Programmes Manager after choosing Lives Not Knives as their charity for the First Give Programme. They used what they learned to create and deliver a thoughtful presentation, demonstrating their enthusiasm and commitment to our mission.

# PROGRAMME: EDUCATE: CASE STUDY

## THE NEED

Charlie has been supported through the LNK mentoring programme for three years, following significant concerns about her behaviour in and outside school. At referral, she was gang-affiliated, involved in fights, known to the police, and engaged in criminal activity. Having previously been permanently excluded, she joined her current school through a managed move, though concerns remained about her ability to sustain placement. She was also assessed as being at heightened risk of child sexual exploitation (CSE) and vulnerable within unhealthy relationships.

The referral highlighted complex needs, including parental separation, traumatic experiences, vulnerability to peer pressure, an unstable family environment, low-income household, anxiety, low self-esteem, depression, self-harm, social isolation, and exposure to friends or family involved in gangs and criminality.

## LNK MENTORING SUPPORT

The mentoring relationship with Charlie was established with ease, as she was already familiar with several Lives Not Knives staff members. The assigned mentor, was well equipped to support her and had received training in Domestic Abuse, Healthy Relationships, Mental Health First Aid, and bringing extensive youth work experience across a range of complex issues.

Throughout the year, our mentor worked closely with Charlie, focusing on her personal wants, needs, and goals. Central to their work was helping Charlie understand that loving and valuing yourself is the foundation for making positive decisions and following a constructive path in life. Charlie was encouraged to engage fully with the range of provisions LNK offers, ensuring she benefited from wraparound support.

Charlie participated in multiple workshops and mentoring sessions on health and unhealthy relationships, which supported her in distancing herself from fast-paced, toxic friendships that put her at risk. Importantly, she began building relationships with peers who demonstrated genuine care, rather than following previous social pressures or status concerns.

## OUTCOME

Charlie began attending the Youth Hub regularly and quickly became one of its most enthusiastic visitors, enjoying informal mentoring, time to relax, and support with homework and revision. During school holidays, she actively participated in Engage: Holidays, becoming an integral member of the youth cohort — often helping staff, setting up activities, creating games, and warmly welcoming younger or new participants to the programme. A highlight for Charlie was visiting 10 Downing Street and meeting the Mayor of London as part of her work experience placement with a renowned charity. She credited much of her success, personal growth, and confidence to the mentoring support she received from LNK.

School reports highlighted significant improvements in and out of the classroom, with Charlie making positive decisions independently, excelling academically, and showing a marked reduction in behavioural challenges. Charlie herself reported feeling confident and optimistic as she approaches her final year of school, applying the lessons she has learned through mentoring.

A key area of personal growth for Charlie was in her relationships. She recognised that healthy connections start with a positive relationship with herself, shaping how she allows others to treat her and how she treats those around her — with love, kindness, care, and respect.

**\*This case study is anonymous and the young persons name has been changed to protect their identity.**

## IMPACT SNAPSHOT

### Mentoring (Educate Programme)

In the academic year 2024–2025, LNK received 72 referrals for mentoring support and provided consistent 1:1 mentoring to 61 young people across the year. The remaining 11 disengaged due to managed moves, exclusions, and Year 11 exam pressures. Of the young people mentored, 39 were male and 22 were female.

All young people were referred as being at highest risk of school exclusion, and referral information highlighted complex, overlapping needs linked to trauma, unstable home environments, emotional dysregulation, and high-risk behaviours—often impacting attendance, behaviour, safeguarding, and long-term outcomes.

From initial referrals of the 61 young people:

### Behaviour, Risk & Emotional Regulation

- 90% had regular behaviour issues
- 79% were vulnerable to peer pressure
- 44% showed violent tendencies
- 34% were involved in anti-social behaviour
- 16% were known/flagged to police
- 13% were linked to drug use
- 2% were linked to alcohol use

### Mental Health & Trauma

- 56% had experienced a traumatic life event
- 49% had poor self-esteem
- 34% had wider mental health needs
- 28% experienced anxiety
- 21% experienced depression
- 11% had self-harmed

### Family, Poverty & School Pressures

- 67% came from a low-income household
- 61% faced an unstable family dynamic
- 61% had poor attainment levels
- 48% had high truancy/absence
- 48% had friends/family involved in gangs or criminality
- 48% were regularly excluded from school
- 75% had experienced parental separation
- 20% had previously been excluded and entered via managed move

**Despite being referred at the highest risk of school exclusion, young people reported overwhelmingly positive outcomes from their mentoring relationships. 98% said they liked speaking to their mentor and felt more supported, 100% said their mentor was a good listener and helped them engage with school more, and 96–98% said mentoring helped them express their emotions, reflect on their actions, understand their goals, and feel empowered to succeed in the future.**

**Importantly, 96% said mentoring helped them avoid conflict, 91% reported improved emotional regulation, and 82% said it helped them enjoy school more—supporting improved engagement, behaviour, and long-term stability.**

# PROGRAMME: THE EDUCATE HUB

Knife violence is a rising epidemic and a national crisis affecting communities across the UK, not just London. In 2023, the West Midlands Police recorded the highest rate of knife crime offences in England, with Birmingham identified as a violent hotspot, and there were 3,775 hospital episodes due to assault by a sharp object nationwide (NHS Digital, 2022/23).

## OVERVIEW

Many teachers are seeking support to educate young people on these issues, but LNK cannot deliver programmes across the country in person. In response, we developed the Educate Hub, an online platform designed by LNK, teachers, and young people to provide ready-to-use lesson plans and teaching resources that address knife crime, youth violence, and wider social issues. All content is created by professionals or people with lived experience, ensuring lessons are practical, relevant, and impactful. Contributors include the Met Police, psychologists, trauma specialists, Pooja Kanda (mother of Ronan Kanda), and interviews with prisoners at HMP Highpoint, helping young people understand the realities of crime and deglamourise prison.

The Educate Hub equips teachers across the UK to deliver informed, engaging lessons that educate, empower, and protect young people.

## TESTING AND FEEDBACK

"Education on youth violence should be mandatory in schools, and we are very lucky at our school that it is part of our PHSE program already, but I think resources like the Lives on Knives educate hub are going to make teachers more confident"

MR JAMES FINCH - HEAD OF BIOLOGY WIRRAL BOYS GRAMMAR SCHOOL

"Having the LNK resources allows educators to really feel empowered in order to know that our young people are accessing resources that have been developed by people who are aware of the context, aware of the dangers that young people exist in."

SAQIB CHAUDHRI - OASIS SHIRLEY PARK SECONDARY AND SIXTH FORM PRINCIPAL

## FUTURE PLANS

LNK will continue to update the Educate Hub in line with PSHE guidelines, expanding content to ensure teachers and young people have access to accurate, evidence-based information.

The Hub will increasingly partner with schools, local authorities, law enforcement, and specialist services, providing a collaborative platform to educate young people about knife crime, youth violence, healthy relationships, and wider social issues. By equipping teachers with ready-to-use, high-quality resources created by professionals and people with lived experience, the Hub will empower educators to deliver engaging, informed lessons and support young people to make safe, positive choices.

Over time, the Educate Hub is set to become a key cornerstone of mainstream education, raising awareness, driving behavioural change, and creating safer, better-informed communities across the UK.



HABIBA MOHAMMED ADAMU - BEDE HOUSE



ALEX OKUWA - SERVING A LIFE SENTENCE



POOJA KANDA - JUSTICE FOR RONAN KANDA



JAMES FINCH - WIRRAL BOYS GRAMMAR SCHOOL



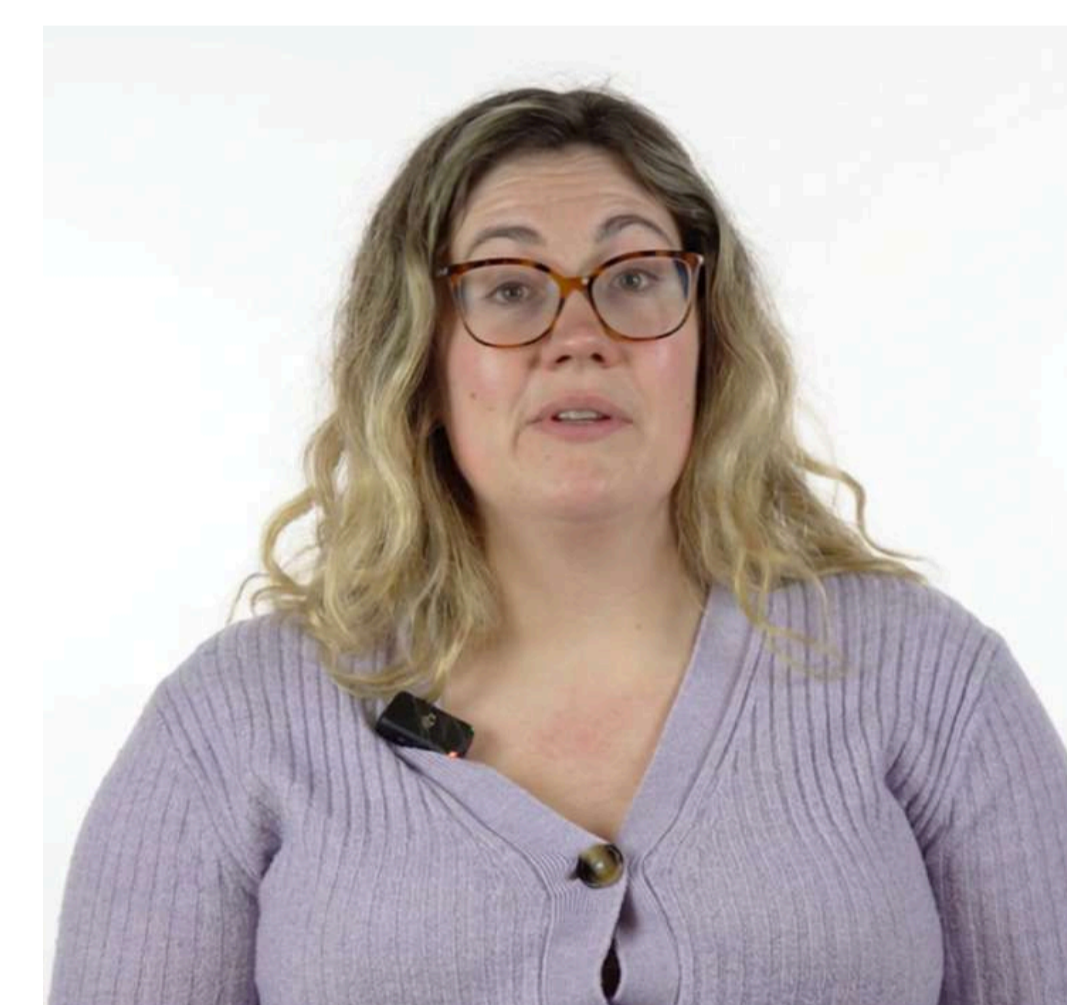
PC ZOE ROWBOTHAM - METROPOLITAN POLICE



TAYLOR COOPER - JOURNEY THROUGH PTSD



MALCOLM GILL - ST CHRISTOPHERS HOSPICE



LAURA MAXWELL - WORKING IN THE MUSIC INDUSTRY



DR JAE RHEE - THE PHYSICAL CONSEQUENCES IMPACT OF KNIFE CRIME





# PROGRAMME: EMPOWER

## OVERVIEW

Through our Empower Programme, LNK supports local families and individuals by providing food and essential household items to those who need a helping hand. We recognise that many households are facing increasing financial pressure, and that day-to-day essentials can quickly become unaffordable. By easing this burden, we help families redirect limited income towards other priorities, reduce stress at home, and create greater stability for children and young people.

Empower is rooted in dignity and practical support — ensuring our community feels seen, supported, and strengthened, while also helping to protect mental and physical wellbeing during the most challenging times.

In 2024, we continued our partnership with Amazon Web Services, with additional support from Amazon Fresh and TransAcct.



From the LNK Unit, we hosted two Giving Days one in September and one in December.

**38 volunteers from Amazon Fresh, Amazon Web Services and TransAcct helped manage, organise, and distribute donations efficiently.**

**We supported 332 different households with vital necessities, ensuring families had access to essentials when they needed them most.**

**“It’s always a pleasure to work with Eliza and the team at Lives Not Knives. This year marks our third year running, and the indicative has grown significantly, enabling us to support more than 1,000 families in the local community, we look forward to the years to come.”**

**NATHAN SWAMINATHAN SNR ENTERPRISE ACCOUNT MANAGER HCLS**



# EMPLOYEE SPOTLIGHT: PAUL BOGLE - CONTENT MANAGER



**“ENJOY YOUR CHILDHOOD AND DON’T RUSH. NOT EVERYTHING HAPPENS OVERNIGHT. I STRONGLY BELIEVE IN PUTTING IN THE HOURS TO MASTER YOUR CRAFT, KNOWING THAT ONE DAY THOSE EFFORTS WILL PAY OFF.”**

## HOW LONG HAVE YOU WORKED FOR LIVES NOT KNIVES?

I’ve worked at Lives Not Knives for ten years. I originally began working with LNK after Eliza reached out to me for support with content and branding. Around 2016, there was a noticeable shift towards organisations needing a stronger online presence. Although LNK had always done an incredible job telling stories through the media, there was a gap when it came to having our own visual identity — a way to represent our work ourselves and tell our own stories authentically.

My role allows me to be creative while making a real difference. Some days are spent preparing production — from backdrops and scripts to questions for people with lived experience, creating videos for our Educate Hub. Other days, I’m able to share my interests with young people, teaching them how to use a camera and the fundamentals of taking a good photograph. That balance between creativity and impact is what’s kept me here.

## ONE THING YOU ACHIEVED THIS YEAR?

This year, I was offered the role of Content Manager. At first, I was reluctant to take on the additional responsibility due to my own confidence and self-belief. I knew I could do the role, but I wasn’t sure if I was ready. I ultimately said yes because Eliza believed I could do it, and that showed me I had the support I needed. This role has pushed me to be more confident in my own work and recognise that I can also support others.

## FAVOURITE MEMORY?

I once mentored a young person at a local primary school for nearly two years. After the mentoring relationship ended, he came to visit me at work a year later to introduce me to his parents. They were incredibly appreciative of the positive impact I’d had on their son, and that moment has stayed with me.

For me, I was simply doing my job as a mentor — but the fact that he came back to visit showed that the conversations we’d had had really stayed with him. During the mentoring relationship, you don’t always realise how important those sessions are, or that a young person is taking that support home with them and reflecting on it long after.



Paul, LNK Content Manager, pictured with Alan Bacon, founder of No Point Knives, following an interview for The Educate Hub — sharing his powerful lived experience and the story behind his campaign to ban pointed kitchen knives.

**LIVES  
NOT  
KNIVES**



**LIVES NOT KNIVES  
CHARITY NUMBER: 1153634  
REGISTERED IN ENGLAND AND WALES**

**REGISTERED OFFICE AND OPERATIONAL ADDRESS:  
LNK UNIT, UPPER MALL, CENTRALE SHOPPING CENTRE,  
CROYDON, CRO 1TY  
[WWW.LIVESNOTKNIVES.ORG](http://WWW.LIVESNOTKNIVES.ORG)**

REGISTERED COMPANY NUMBER: CE000143 (England and Wales)  
REGISTERED CHARITY NUMBER: 1153634

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2025  
for  
Lives Not Knives

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Contents of the Financial Statements  
for the Year Ended 31 March 2025

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## Lives Not Knives

### Report of the Trustees for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **STRATEGIC REPORT**

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

CE000143 (England and Wales)

#### **Registered Charity number**

1153634

#### **Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

#### **Trustees**

Monica Beckles  
Kate Newton  
Walter Verkaik  
Rahim Hirji  
Christine Williams  
Charandeep Kaur Khaira

#### **Company Secretary**

#### **Independent Examiner**

Simon Maddox FCCA  
Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2025

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees,  
as the company directors, on ..... and signed on the board's behalf by:

.....  
Monica Beckles - Trustee

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Maddox FCCA  
The Association of Chartered Certified Accountants

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Date: .....

## Lives Not Knives

### Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	124,223	-	124,223	337,104
<b>Charitable activities</b>					
Education and life skill development	4	6,070	75,779	81,849	65,500
Other trading activities	3	347	39,000	39,347	10,050
<b>Total</b>		<u>130,640</u>	<u>114,779</u>	<u>245,419</u>	<u>412,654</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	5,483	7,620	13,103	6,736
<b>Charitable activities</b>					
Education and life skill development	6	253,375	86,386	339,761	302,266
<b>Total</b>		<u>258,858</u>	<u>94,006</u>	<u>352,864</u>	<u>309,002</u>
<b>NET INCOME/(EXPENDITURE)</b>		(128,218)	20,773	(107,445)	103,652
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		414,895	-	414,895	311,243
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>286,677</u></u>	<u><u>20,773</u></u>	<u><u>307,450</u></u>	<u><u>414,895</u></u>

The notes form part of these financial statements

Lives Not Knives

Balance Sheet

31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	12,318	-	12,318	2,585
<b>CURRENT ASSETS</b>					
Debtors	13	5,070	-	5,070	545
Cash at bank and in hand		279,361	20,773	300,134	422,645
		<u>284,431</u>	<u>20,773</u>	<u>305,204</u>	<u>423,190</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(10,072)	-	(10,072)	(10,880)
		<u>274,359</u>	<u>20,773</u>	<u>295,132</u>	<u>412,310</u>
<b>NET CURRENT ASSETS</b>					
		<u>286,677</u>	<u>20,773</u>	<u>307,450</u>	<u>414,895</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>286,677</u>	<u>20,773</u>	<u>307,450</u>	<u>414,895</u>
<b>NET ASSETS</b>					
		<u>286,677</u>	<u>20,773</u>	<u>307,450</u>	<u>414,895</u>
<b>FUNDS</b>					
	15				
Unrestricted funds				286,677	414,895
Restricted funds				20,773	-
				<u>307,450</u>	<u>414,895</u>
<b>TOTAL FUNDS</b>					
				<u>307,450</u>	<u>414,895</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued  
31 March 2025

.....  
Monica Beckles - Trustee

Lives Not Knives

Cash Flow Statement  
for the Year Ended 31 March 2025

	Notes	31.3.25 £	31.3.24 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(108,084)	89,650
Net cash (used in)/provided by operating activities		(108,084)	89,650
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(14,427)	(2,020)
Net cash used in investing activities		(14,427)	(2,020)
<b>Change in cash and cash equivalents in the reporting period</b>			
Cash and cash equivalents at the beginning of the reporting period		422,645	335,015
Cash and cash equivalents at the end of the reporting period		300,134	422,645

The notes form part of these financial statements

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2025

**1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.25 £	31.3.24 £
<b>Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)</b>	(107,445)	103,652
<b>Adjustments for:</b>		
Depreciation charges	4,694	1,243
Increase in debtors	(4,525)	(1)
Decrease in creditors	(808)	(15,244)
	<u>          </u>	<u>          </u>
<b>Net cash (used in)/provided by operations</b>	<u>(108,084)</u>	<u>89,650</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.24 £	Cash flow £	At 31.3.25 £
<b>Net cash</b>			
Cash at bank and in hand	422,645	(122,511)	300,134
	<u>422,645</u>	<u>(122,511)</u>	<u>300,134</u>
<b>Total</b>	<u>422,645</u>	<u>(122,511)</u>	<u>300,134</u>

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

<b>2. DONATIONS AND LEGACIES</b>		31.3.25	31.3.24
		£	£
Donations		<u>124,223</u>	<u>337,104</u>
<b>3. OTHER TRADING ACTIVITIES</b>		31.3.25	31.3.24
		£	£
T Shirt sales		342	-
Commissioned work		39,000	10,015
Commission		5	35
		<u>39,347</u>	<u>10,050</u>
<b>4. INCOME FROM CHARITABLE ACTIVITIES</b>		31.3.25	31.3.24
	Activity	£	£
Grants	Education and life skill development	<u>81,849</u>	<u>65,500</u>
<b>5. RAISING FUNDS</b>			
<b>Other trading activities</b>		31.3.25	31.3.24
		£	£
Purchases		<u>13,103</u>	<u>6,736</u>
<b>6. CHARITABLE ACTIVITIES COSTS</b>			
		Direct	Support
		Costs	costs (see
		£	note 7)
			Totals
		£	£
Education and life skill development		<u>339,439</u>	<u>322</u>
			<u>339,761</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**7. SUPPORT COSTS**

	Finance
	£
Education and life skill development	322
	<u>          </u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Depreciation - owned assets	4,694	1,243
	<u>          </u>	<u>          </u>

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**10. STAFF COSTS**

	31.3.25	31.3.24
	£	£
Wages and salaries	241,442	196,065
Social security costs	18,487	13,935
Other pension costs	10,435	3,860
	<u>          </u>	<u>          </u>
	<u>270,364</u>	<u>213,860</u>

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Staff	-	7
	<u>          </u>	<u>          </u>

No employees received emoluments in excess of £60,000.

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	286,804	50,300	337,104
<b>Charitable activities</b>			
Education and life skill development	-	65,500	65,500
Other trading activities	10,050	-	10,050
<b>Total</b>	<u>296,854</u>	<u>115,800</u>	<u>412,654</u>
<b>EXPENDITURE ON</b>			
Raising funds	6,736	-	6,736
<b>Charitable activities</b>			
Education and life skill development	186,466	115,800	302,266
<b>Total</b>	<u>193,202</u>	<u>115,800</u>	<u>309,002</u>
<b>NET INCOME</b>	103,652	-	103,652
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	311,243	-	311,243
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>414,895</u></u>	<u><u>-</u></u>	<u><u>414,895</u></u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**12. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2024	-	7,052	7,052
Additions	11,040	3,387	14,427
	<hr/>	<hr/>	<hr/>
At 31 March 2025	11,040	10,439	21,479
	<hr/>	<hr/>	<hr/>
<b>DEPRECIATION</b>			
At 1 April 2024	-	4,467	4,467
Charge for year	2,760	1,934	4,694
	<hr/>	<hr/>	<hr/>
At 31 March 2025	2,760	6,401	9,161
	<hr/>	<hr/>	<hr/>
<b>NET BOOK VALUE</b>			
At 31 March 2025	8,280	4,038	12,318
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
At 31 March 2024	-	2,585	2,585
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.25	31.3.24
	£	£
Prepayments and accrued income	3,036	-
Prepayments	2,034	545
	<hr/>	<hr/>
	5,070	545
	<hr/> <hr/>	<hr/> <hr/>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.25	31.3.24
	£	£
Social security and other taxes	5,687	6,236
Other creditors	1,385	1,644
Accrued expenses	3,000	3,000
	<hr/>	<hr/>
	10,072	10,880
	<hr/> <hr/>	<hr/> <hr/>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**15. MOVEMENT IN FUNDS**

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	414,895	(128,218)	286,677
<b>Restricted funds</b>			
Restricted	-	20,773	20,773
<b>TOTAL FUNDS</b>	<u>414,895</u>	<u>(107,445)</u>	<u>307,450</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	130,640	(258,858)	(128,218)
<b>Restricted funds</b>			
LNK Educate Programme	39,000	(39,000)	-
Restricted	75,779	(55,006)	20,773
	<u>114,779</u>	<u>(94,006)</u>	<u>20,773</u>
<b>TOTAL FUNDS</b>	<u>245,419</u>	<u>(352,864)</u>	<u>(107,445)</u>

**Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	311,243	103,652	414,895
<b>TOTAL FUNDS</b>	<u>311,243</u>	<u>103,652</u>	<u>414,895</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	296,854	(193,202)	103,652
<b>Restricted funds</b>			
LNK Educate Programme	115,800	(115,800)	-
<b>TOTAL FUNDS</b>	<u>412,654</u>	<u>(309,002)</u>	<u>103,652</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	311,243	(24,566)	286,677
<b>Restricted funds</b>			
Restricted	-	20,773	20,773
<b>TOTAL FUNDS</b>	<u>311,243</u>	<u>(3,793)</u>	<u>307,450</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	427,494	(452,060)	(24,566)
<b>Restricted funds</b>			
LNK Educate Programme	154,800	(154,800)	-
Restricted	75,779	(55,006)	20,773
	<u>230,579</u>	<u>(209,806)</u>	<u>20,773</u>
<b>TOTAL FUNDS</b>	<u>658,073</u>	<u>(661,866)</u>	<u>(3,793)</u>

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025.

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	124,223	337,104
<b>Other trading activities</b>		
T Shirt sales	342	-
Commissioned work	39,000	10,015
Commission	5	35
	<hr/>	<hr/>
	39,347	10,050
<b>Charitable activities</b>		
Grants	81,849	65,500
	<hr/>	<hr/>
<b>Total incoming resources</b>	245,419	412,654
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Programme expenses	13,103	6,736
<b>Charitable activities</b>		
Wages	241,442	196,065
Social security	18,487	13,935
Pensions	10,435	3,860
Rates and water	3,268	3,230
Insurance	773	773
Light and heat	8,341	7,611
Telephone	1,304	597
Postage and stationery	180	384
Advertising	1,461	4,789
Sundries	469	2,326
Consultancy	9,150	44,272
Accountancy	3,000	3,000
Professional fees	224	150
Counselling	3,250	1,640
Website IT and computer costs	7,680	8,430
Subscriptions	3,285	781
Travel	5,039	3,593
Cleaning	216	291
Staff Training	1,226	2,050
Carried forward	319,230	297,777

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2025

	31.3.25	31.3.24
	£	£
<b>Charitable activities</b>		
Brought forward	319,230	297,777
Repairs and renewals	4,947	1,975
Staff welfare	1,899	710
Medical insurance	3,661	241
Recruitment	4,968	-
Charitable donations	40	-
Plant and machinery	2,760	-
Computer equipment	1,934	1,243
	<hr/>	<hr/>
	339,439	301,946
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	322	320
	<hr/>	<hr/>
Total resources expended	352,864	309,002
	<hr/>	<hr/>
<b>Net (expenditure)/income</b>	(107,445)	103,652
	<hr/> <hr/>	<hr/> <hr/>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: CE000143 (England and Wales)  
REGISTERED CHARITY NUMBER: 1153634

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2025  
for  
Lives Not Knives

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Contents of the Financial Statements  
for the Year Ended 31 March 2025

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Detailed Statement of Financial Activities	17 to 18

## Lives Not Knives

### Report of the Trustees for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **STRATEGIC REPORT**

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

CE000143 (England and Wales)

#### **Registered Charity number**

1153634

#### **Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

#### **Trustees**

Monica Beckles  
Kate Newton  
Walter Verkaik  
Rahim Hirji  
Christine Williams  
Charandeep Kaur Khaira

#### **Company Secretary**

#### **Independent Examiner**

Simon Maddox FCCA  
Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2025

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees,  
as the company directors, on ..... and signed on the board's behalf by:

.....  
Monica Beckles - Trustee

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Maddox FCCA  
The Association of Chartered Certified Accountants

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Date: .....

## Lives Not Knives

### Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	124,223	-	124,223	337,104
<b>Charitable activities</b>	4				
Education and life skill development		6,070	75,779	81,849	65,500
Other trading activities	3	347	39,000	39,347	10,050
<b>Total</b>		<u>130,640</u>	<u>114,779</u>	<u>245,419</u>	<u>412,654</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	5,483	7,620	13,103	6,736
<b>Charitable activities</b>	6				
Education and life skill development		253,375	86,386	339,761	302,266
<b>Total</b>		<u>258,858</u>	<u>94,006</u>	<u>352,864</u>	<u>309,002</u>
<b>NET INCOME/(EXPENDITURE)</b>		(128,218)	20,773	(107,445)	103,652
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		414,895	-	414,895	311,243
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>286,677</u></u>	<u><u>20,773</u></u>	<u><u>307,450</u></u>	<u><u>414,895</u></u>

The notes form part of these financial statements

Lives Not Knives

Balance Sheet

31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	12,318	-	12,318	2,585
<b>CURRENT ASSETS</b>					
Debtors	13	5,070	-	5,070	545
Cash at bank and in hand		279,361	20,773	300,134	422,645
		<u>284,431</u>	<u>20,773</u>	<u>305,204</u>	<u>423,190</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(10,072)	-	(10,072)	(10,880)
<b>NET CURRENT ASSETS</b>					
		<u>274,359</u>	<u>20,773</u>	<u>295,132</u>	<u>412,310</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>286,677</u>	<u>20,773</u>	<u>307,450</u>	<u>414,895</u>
<b>NET ASSETS</b>					
		<u><u>286,677</u></u>	<u><u>20,773</u></u>	<u><u>307,450</u></u>	<u><u>414,895</u></u>
<b>FUNDS</b>					
	15				
Unrestricted funds				286,677	414,895
Restricted funds				20,773	-
<b>TOTAL FUNDS</b>					
				<u><u>307,450</u></u>	<u><u>414,895</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued  
31 March 2025

.....  
Monica Beckles - Trustee

Lives Not Knives

Cash Flow Statement  
for the Year Ended 31 March 2025

	Notes	31.3.25 £	31.3.24 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(108,084)	89,650
Net cash (used in)/provided by operating activities		(108,084)	89,650
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(14,427)	(2,020)
Net cash used in investing activities		(14,427)	(2,020)
<b>Change in cash and cash equivalents in the reporting period</b>		(122,511)	87,630
<b>Cash and cash equivalents at the beginning of the reporting period</b>		422,645	335,015
<b>Cash and cash equivalents at the end of the reporting period</b>		300,134	422,645

The notes form part of these financial statements

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2025

**1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.25 £	31.3.24 £
<b>Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)</b>	(107,445)	103,652
<b>Adjustments for:</b>		
Depreciation charges	4,694	1,243
Increase in debtors	(4,525)	(1)
Decrease in creditors	(808)	(15,244)
	<u>          </u>	<u>          </u>
<b>Net cash (used in)/provided by operations</b>	<u>(108,084)</u>	<u>89,650</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.24 £	Cash flow £	At 31.3.25 £
<b>Net cash</b>			
Cash at bank and in hand	422,645	(122,511)	300,134
	<u>422,645</u>	<u>(122,511)</u>	<u>300,134</u>
<b>Total</b>	<u>422,645</u>	<u>(122,511)</u>	<u>300,134</u>

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**2. DONATIONS AND LEGACIES**

	31.3.25	31.3.24
	£	£
Donations	124,223	337,104
	<u>          </u>	<u>          </u>

**3. OTHER TRADING ACTIVITIES**

	31.3.25	31.3.24
	£	£
T Shirt sales	342	-
Commissioned work	39,000	10,015
Commission	5	35
	<u>          </u>	<u>          </u>
	<u>39,347</u>	<u>10,050</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	31.3.25	31.3.24
	£	£
Grants	81,849	65,500
	<u>          </u>	<u>          </u>

**5. RAISING FUNDS****Other trading activities**

	31.3.25	31.3.24
	£	£
Purchases	13,103	6,736
	<u>          </u>	<u>          </u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development	339,439	322	339,761
	<u>          </u>	<u>          </u>	<u>          </u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**7. SUPPORT COSTS**

	Finance
	£
Education and life skill development	322
	<u>          </u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Depreciation - owned assets	4,694	1,243
	<u>          </u>	<u>          </u>

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**10. STAFF COSTS**

	31.3.25	31.3.24
	£	£
Wages and salaries	241,442	196,065
Social security costs	18,487	13,935
Other pension costs	10,435	3,860
	<u>          </u>	<u>          </u>
	<u>270,364</u>	<u>213,860</u>

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Staff	-	7
	<u>          </u>	<u>          </u>

No employees received emoluments in excess of £60,000.

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	286,804	50,300	337,104
<b>Charitable activities</b>			
Education and life skill development	-	65,500	65,500
Other trading activities	10,050	-	10,050
<b>Total</b>	<u>296,854</u>	<u>115,800</u>	<u>412,654</u>
<b>EXPENDITURE ON</b>			
Raising funds	6,736	-	6,736
<b>Charitable activities</b>			
Education and life skill development	186,466	115,800	302,266
<b>Total</b>	<u>193,202</u>	<u>115,800</u>	<u>309,002</u>
<b>NET INCOME</b>	103,652	-	103,652
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	311,243	-	311,243
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>414,895</u></u>	<u><u>-</u></u>	<u><u>414,895</u></u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**12. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2024	-	7,052	7,052
Additions	11,040	3,387	14,427
	<hr/>	<hr/>	<hr/>
At 31 March 2025	11,040	10,439	21,479
	<hr/>	<hr/>	<hr/>
<b>DEPRECIATION</b>			
At 1 April 2024	-	4,467	4,467
Charge for year	2,760	1,934	4,694
	<hr/>	<hr/>	<hr/>
At 31 March 2025	2,760	6,401	9,161
	<hr/>	<hr/>	<hr/>
<b>NET BOOK VALUE</b>			
At 31 March 2025	8,280	4,038	12,318
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
At 31 March 2024	-	2,585	2,585
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.25	31.3.24
	£	£
Prepayments and accrued income	3,036	-
Prepayments	2,034	545
	<hr/>	<hr/>
	5,070	545
	<hr/> <hr/>	<hr/> <hr/>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.25	31.3.24
	£	£
Social security and other taxes	5,687	6,236
Other creditors	1,385	1,644
Accrued expenses	3,000	3,000
	<hr/>	<hr/>
	10,072	10,880
	<hr/> <hr/>	<hr/> <hr/>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**15. MOVEMENT IN FUNDS**

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	414,895	(128,218)	286,677
<b>Restricted funds</b>			
Restricted	-	20,773	20,773
<b>TOTAL FUNDS</b>	<u>414,895</u>	<u>(107,445)</u>	<u>307,450</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	130,640	(258,858)	(128,218)
<b>Restricted funds</b>			
LNK Educate Programme	39,000	(39,000)	-
Restricted	75,779	(55,006)	20,773
	<u>114,779</u>	<u>(94,006)</u>	<u>20,773</u>
<b>TOTAL FUNDS</b>	<u>245,419</u>	<u>(352,864)</u>	<u>(107,445)</u>

**Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	311,243	103,652	414,895
<b>TOTAL FUNDS</b>	<u>311,243</u>	<u>103,652</u>	<u>414,895</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	296,854	(193,202)	103,652
<b>Restricted funds</b>			
LNK Educate Programme	115,800	(115,800)	-
<b>TOTAL FUNDS</b>	<u>412,654</u>	<u>(309,002)</u>	<u>103,652</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	311,243	(24,566)	286,677
<b>Restricted funds</b>			
Restricted	-	20,773	20,773
<b>TOTAL FUNDS</b>	<u>311,243</u>	<u>(3,793)</u>	<u>307,450</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	427,494	(452,060)	(24,566)
<b>Restricted funds</b>			
LNK Educate Programme	154,800	(154,800)	-
Restricted	75,779	(55,006)	20,773
	<u>230,579</u>	<u>(209,806)</u>	<u>20,773</u>
<b>TOTAL FUNDS</b>	<u>658,073</u>	<u>(661,866)</u>	<u>(3,793)</u>

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025.

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	124,223	337,104
<b>Other trading activities</b>		
T Shirt sales	342	-
Commissioned work	39,000	10,015
Commission	5	35
	<hr/>	<hr/>
	39,347	10,050
<b>Charitable activities</b>		
Grants	81,849	65,500
	<hr/>	<hr/>
<b>Total incoming resources</b>	245,419	412,654
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Programme expenses	13,103	6,736
<b>Charitable activities</b>		
Wages	241,442	196,065
Social security	18,487	13,935
Pensions	10,435	3,860
Rates and water	3,268	3,230
Insurance	773	773
Light and heat	8,341	7,611
Telephone	1,304	597
Postage and stationery	180	384
Advertising	1,461	4,789
Sundries	469	2,326
Consultancy	9,150	44,272
Accountancy	3,000	3,000
Professional fees	224	150
Counselling	3,250	1,640
Website IT and computer costs	7,680	8,430
Subscriptions	3,285	781
Travel	5,039	3,593
Cleaning	216	291
Staff Training	1,226	2,050
Carried forward	319,230	297,777

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2025

	31.3.25	31.3.24
	£	£
<b>Charitable activities</b>		
Brought forward	319,230	297,777
Repairs and renewals	4,947	1,975
Staff welfare	1,899	710
Medical insurance	3,661	241
Recruitment	4,968	-
Charitable donations	40	-
Plant and machinery	2,760	-
Computer equipment	1,934	1,243
	<hr/>	<hr/>
	339,439	301,946
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	322	320
	<hr/>	<hr/>
Total resources expended	352,864	309,002
	<hr/>	<hr/>
<b>Net (expenditure)/income</b>	(107,445)	103,652
	<hr/> <hr/>	<hr/> <hr/>

This page does not form part of the statutory financial statements

**LIVES NOT KNIVES**

England & Wales - Charity number 1153634

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# Accounts

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LIVES  
NOT  
KNIVES

**Engage**

**Educate**

**Empower**

**TRUSTEE ANNUAL REPORT  
MARCH 2024**

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Employee Spotlight

# CEO STATEMENT: ELIZA REBEIRO



Being the CEO of Lives Not Knives is both challenging and rewarding. I am very proud to see the impact my colleagues and our programmes - **engage**, **educate** and **empower** positively effect the lives of the young people and community we support.

Our mission is to offer our youth, in Croydon, more opportunities to grow, connect with positive role models, and discover new experiences that can help shift their outlook on life. Through mentoring, support, and tailored programmes, we guide young people toward safer, more hopeful futures—showing them that they have options beyond violence and fear.

I am profoundly grateful to our dedicated staff, Trustee Board, and supporters, whose passion and commitment make this work possible. Our staff members bring not just expertise, but heart, to everything we do. The guidance of our Trustees ensures we stay focused and accountable, while our supporters—whether through donations, time, or advocacy—are the backbone of our efforts. Together, we form a community working tirelessly to create real, lasting change.

However, the struggles faced by young people affected by knife crime are immense. Many live in communities where violence is normalised, and survival often feels like the only option. These young people need more than just interventions, they need hope, mentorship, and tangible pathways to ensure they believe in their own future.

The work we do is a long-term commitment, and the need for support is ongoing. We can't do it alone. To continue offering these critical services and create lasting change, we need the continued support of our community.

Together, we can help young people build a future free from violence.

# TRUSTEE STATEMENT:

## MONICA BECKLES, CHAIR

**Educate, Engage and Empower!** Our focus on these key areas is helping young people to make better choices and change the trajectory of their lives.

Youth violence and detrimental family dynamics, such as poverty, neglect, crime and abuse are inextricably linked. These factors, exacerbated by the pandemic and austerity measures, are pushing young people down the wrong path, and creating vulnerabilities to gang recruitment.

The young people we work with are telling us loud and clear about the challenges they are experiencing and the support they need to help manage them. The myriads of studies over recent years also echo these findings and highlight the urgency for interventions as we see youth violence increase year on year, whilst opportunities for funding decrease.

The impact of our team's work through the generosity of our supporters is unequivocal. Our comprehensive approach to **Educating, Engaging** and **Empowering** young people in Croydon gives them hope and the methods to find a better way. Our case study discusses one such heartwarming example from our **Educate** programme, demonstrating the influence that our youth workers and mentors have through their tireless work. Work that is driven by their understanding through experience and their passion and commitment to making a positive difference and helping young people to succeed, in spite of their detrimental circumstances.

Thus, as I prepare to hand over the reins to a new Chair, I do so with complete confidence that the LNK team will continue to create lasting change, one step at a time. I would love to have the same confidence that we will see an increase in funding so that one step can become a march and then a widespread movement for change. A change that would see young people able to walk the streets without fear or resorting to carrying a knife for protection. How I pray that I will see this in my lifetime.

Until then, on behalf of all young people, their families and communities, I would like to express our gratitude to those who are committed to this aim. To Eliza, CEO, for her assiduous leadership and a lifetime of dedication to reducing knife crime. To our youth workers and mentors for their hard work, resilience and commitment to being there for our young people. To the teachers who identify young people at potential risk and refer them to our team for support. To our Trustees for volunteering their time, knowledge and skills to ensure strong governance and support for Eliza and the team, and to our sponsors, donors, volunteers and partners for the financial gifts, fundraising initiatives and hands on operational support they give so generously. Thank you!

I am honoured to have been Chair of LNK and while my tenure is ending, my support for Eliza and the LNK team will continue.





# CHARITY INFORMATION:

## **BOARD OF TRUSTEES:**

Monica Beckles, Chair  
Kate Newton  
Walter Verkaik  
Rahim Hijri  
Christine Williams  
Charandeep Kaur Kaira

## **PRINCIPLE STAFF:**

Eliza Rebeiro, CEO  
Jack Price, Programmes Manager  
Paul Bogle, Content Manager

## **BANKERS:**

Metro Bank  
Centrale Shopping Centre  
CRO 1TY

## **CHARTERED CERTIFIED ACCOUNTANTS:**

Maddox & Maddox  
9 Commerical Yard  
Barnard Castle  
County Durham  
DL12 8FE



**LIVES NOT KNIVES**

**CHARITY NUMBER: 1153634**

**REGISTERED IN ENGLAND AND WALES**

**REGISTERED OFFICE AND OPERATIONAL ADDRESS:**

**LNK UNIT, UPPER MALL, CENTRALE SHOPPING CENTRE, CROYDON,  
CRO 1TY**

**WWW.LIVESNOTKNIVES.ORG**

# FINANCIAL HIGHLIGHTS:



## STAFF AND VOLUNTEERS:

At 31 March 2024, Lives Not Knives had 7 full time employees, and 6 Trustees. Over half live in Croydon or neighbouring boroughs and a quarter have lived experience of youth violence.

We are grateful for the many volunteers from the local community and local businesses, who support our events and projects through the year. During 2023/24, volunteers from Amazon Web Services, Amazon Fresh, Pension Protection Fund and Unibail-Rodamco-Westfield, provided Lives Not Knives with vital support.

There were no trustee's remuneration or other benefits, and no trustee expenses paid for the year end 2024 or for the previous tax year.

No employees received emoluments in excess of £60,000 the year end 2024, or for the previous tax year.

## INCOMING:

A total of £412,654 was accumulated from Grants, Donations and Commissioned Work.

**12%** A total of £50,300 in Grants from Holiday and Food Fund, MeWe360.

**70%** £286,804 was raised from individual donors, fundraising efforts and corporate social responsibility initiatives.

**18%** Commissioned work came to a total of £75,550 for Lives Not Knives programmes.

## EXPENDITURE:

A total of £309,002 was spent on Program Costs, General Administration and Utilities.

**84%** £259,347 paid for all programme costs, which includes staff, training and equipment.

**12%** A total of £36,912 was spent on general administration costs, such as website, accounting, and insurance.

**4%** Utilities came to a total of £12,743 including light, water and other essential bills.

# NEED FOR: LIVES NOT KNIVES

Croydon has historically been vilified for its increasing levels of crime, especially amongst young people. The growing issue of serious youth violence and knife crime has been highlighted over the years, alongside the decline of conditions and rise in social issues.

In 2021/22 Croydon recorded the most teenage murders in London, and was named the city's knife crime capital, accounting for 17% of murders of young people in London.

In 2022/23, the number of knife crime offences in Croydon was 681; from March 2023 to February 2024, this rose to 834 knife crime offences in Croydon.

Croydon Council stated that "findings indicate that serious youth violence inordinately impacts young men, those aged 18-24, and potentially Black/African/Caribbean groups compared to their demographic profiles in Croydon". They also went on to report that "Croydon Town Centre (including the High Street, shopping centres and North End) maintained its status as a primary hotspot, and West Croydon Station continued to be a high-crime area".

Knife crime and Serious Youth Violence isn't the only growing problem, Croydon Council, 2022/2023, reported there being an increase in overall crime, violence, theft and robbery. They also reported that there is an increase in open cases and children subject to a Child Protection Plan.

**Croydon knife crime rate up 25 per cent from last year**

**Croydon stabbings: Teenager dies and two hurt**

**Boy, 15, arrested over murder of teenager found stabbed to death in London park**

**CALLER'S FATHER ON CARRYING A KNIFE:  
'I'D RATHER YOU GO TO JAIL THAN DIE'**

# NEED FOR: LIVES NOT KNIVES

The quality of young people's lives are declining, and it has gone from a cause for concern, to an urgent need to intervene and stop young people losing their lives.

Multiple agencies, stakeholders, organisations and communities have worked individually and collectively for years, conducting amazing work with young people. Through various modes and themes, there has been work focusing on: prevention, intervention, disruption and diversion; looking at providing support at various points in a young person's life and journey.

Despite this hard-work, it is clear that there is still an issue that needs tackling. This is not reflective of the work that has been delivered - it highlights the problem of the complex and multi-factorial issues multiplying and growing - faster than support can be delivered.

With young people being more aware of the increase in trends, numbers, statistics, reports, and shared feelings of a troubled society, young people are no longer aspiring for success. Young people are dreaming of survival.

Young people need help seeing beyond their boundaries and barriers. They need help and support learning about a world beyond theirs. Beyond a declining state of society and towards a thriving community.

**SUPPORT IS NEEDED MORE THAN EVER.**

The 2019 Vulnerable Adolescents Thematic Review was commissioned by Croydon's strategic partners through the Croydon Safeguarding Children's Board to support the improvement and effectiveness of the multi-agency response to children and families in Croydon.

"The review considered sixty vulnerable adolescents in total and made five key findings with fifteen recommendations for consideration, which were far reaching and included:

- early help and prevention is critical
- greater recognition of, and response to children's emotional health and wellbeing is needed
- an integrated, whole systems approach is needed across agencies, communities and families
- schools should be at the heart of multi-agency intervention
- disproportionality, linked to ethnicity, gender and deprivation requires attention and action."

A study by HM Inspectorate of Probation Research & Analysis 2022/23 also found that:

"The nature of knife crime is changing, with participants suggesting it is both more prevalent and more serious than in previous years. This change has, in part, been driven by austerity and cuts to preventive services."

These findings amongst others, recognise that knife crime is multi-factorial and with this there is a need for a multi-faceted approach.

# PROGRAMME: ENGAGE

## OVERVIEW

We aim to provide **engaging** enrichment for young people, that overall benefits their mental, physical and emotional wellbeing and development; doing so independently, with their peers, and with the wider community, in their community. We have two programmes that support young people, outside of their daily school activities, that we run from the LNK Unit, Croydon.

## YOUTH HUB

Our Youth Hub provides a space in a time where the Town Centre has been recognised as a cause for concern by the police and council. We aim to bring back hope amongst the community, by creating a safe environment for young people to socialise, do homework, express themselves, anything they want - but most importantly, **be young people**.

Many young people that we worked with, on different programmes, voiced that they wanted a “safe space to chill with friends”, “see mentors and staff”, “play games” and “make new friends”. Following this feedback and the clear need for more safe, social spaces, we chose to improve our Youth Hub, to meet the needs of our young people, Our Youth Hub, used to operate only on Fridays, and is now open for drop -in Mondays and Fridays.

## ENGAGE

Many families have voiced their struggles to provide for their young people during the holiday periods, therefore it is a priority to support young people and their families with **Engage** - Holiday. **Engage** runs during the school holidays, throughout the year, and specifically supports those on free school meals, or young people from low income families. Each holiday is slightly different however all programmes provide: enrichment activities, hot food, trips out of Croydon, skills development, and fun during the times that many disadvantaged young people may struggle to have a holiday.



# PROGRAMME: ENGAGE

## DURING THE SCHOOL HOLIDAYS: 2023/24

**Lives Not Knives** supported **431 young people** aged 10 - 14.

We provided activities on **32 out of the 65 days**, across **5 school holidays**.

Many of the young people who attended the programme have **additional needs** such as: **Attention Deficit Hyperactivity Disorder (ADHD), Attention Deficit Disorder (ADD), Autism and other Mental Health needs.**

All young people on the programme are on **free school meals** and rely on us for a hot nutritious meal during the holidays. We provided **640 meals** throughout the year.

## 100% OF YOUNG PEOPLE SAID THEY:

“Enjoyed the food” “Felt Safe”. “Felt Happy”  
“Made Friends” and - “Want to come again!”

## We also provided enrichment and learning activities such as:

- Nutritional Workshops
- Visit to BBC Studios
- Brighton Beach
- Basketball Coaching
- Arts and Crafts
- Photography Workshop
- Cinema
- Arcade
- Sports Day



“I was *too shy* to speak to anyone before but now **I have so many friends at Lives Not Knives**” - Child

“Because of his additional needs *he usually struggles making friends and fitting in.* He doesn't like other holiday clubs, but he **doesn't ever want to leave you!**” - Parent

# PROGRAMME: EDUCATE

## OVERVIEW

The main aim of our **Educate** programme is that through mentoring, young people – who are subjected to (a number of) complex experiences, characteristics, needs and adversities, are best supported in schools. After identifying the most vulnerable young people, who are deemed to be at high-risk of school exclusion, trained mentors – from similar backgrounds, work closely with their mentees every week, to help them overcome their problems.

## EDUCATE AIMS:

- Keep mentees in mainstream **education** whereby they can further their own learning and development, to achieve their full potential
- Teach young people the dangers and implications of making the wrong decisions; especially in relation to knife crime, antisocial behaviour and crime
- Teach young people how to make the right decisions
- **Educate** young people on how to navigate through their own personal problems, typically in relation to school and their own personal lives; whilst teaching them how to achieve their goals and dreams

Young people need **education**, advice, guidance, praise and support navigating through their own journeys. For those who are at risk or vulnerable, it may be harder to relate or take in this knowledge in the conventional way that is often delivered to young people ie, in the classroom. It is the young people that are exposed to disadvantages, hardships, barriers and social issues, that often go on to make decisions that have a negative impact on themselves and society. They need guidance, non-judgementally, from those that can understand, potentially relate, and teach – in a way that is best for the individuals specific needs.

Mentoring is used as a tool to prevent and intervene with the issues that young people are facing. Not only is mentoring used to tackle these problems, but is used to **engage, educate** and **empower** all young people, guiding them towards positivity and elevated levels of emotional, mental and physical wellbeing.

**“MENTORING IS EFFECTIVE IN BOTH REDUCING CRIME AND THE BEHAVIOURS ASSOCIATED WITH CRIME AND VIOLENCE. THE RESEARCH SUGGESTS THAT, ON AVERAGE, MENTORING REDUCES VIOLENCE BY 21% ALL OFFENDING BY 14%, AND REOFFENDING BY 19%.”**

**- YOUTH ENDOWMENT FUND**

# PROGRAMME: EDUCATE

We mentored **60 young people** through the academic year: **69% Male and 31% Female, 65% Black and Minority Ethnic and 35% White British**. All young people were referred due to being **highest risk of permanent exclusion**, as well as other lifestyle, and wellbeing factors such as:



70% Parental separation  
33% Household mental illness  
26% Household domestic violence  
61% Unstable family dynamic  
52% Friends and Family in gangs and criminality  
80% Low-income household  
24% Known to police



72% Anger  
71% Anxiety and/or depression  
59% Poor self esteem  
44% Mental health issues  
24% Verbally abused  
13% Physically abused  
15% Physically neglected  
28% Emotionally neglected



80% Vulnerable to peer pressure  
41% Violent tendencies  
83% Inability to regulate emotions  
39% Regular exclusions  
52% Poor attainment levels  
44% High levels of truancy  
44% Involvement in antisocial behaviour  
94% on Free School Meals

A questionnaire was given to all mentees each school term which enabled us to track the distance travelled in their mentoring relationships. Our mentors were looking at all factors that support a young person with an end goal of:

**Increasing:** Community Attitude and Behaviours - Attendance and Participation in School - Physical, Mental and Emotional Wellbeing

**Decreasing:** Criminal Attitudes and Behaviours - Barriers to Learning - Negative Influences

## BY THE END OF THE SCHOOL YEAR:

**98%**

Identified of being at risk of permanent exclusion were not permanently excluded

**100%**

Didn't want to be in a gang and said they were not in a gang

**79%**

Of those who didn't feel confident now feel confident

**57%**

Of young people admitted to committing crime before having a mentor

**96%**

Did not think community was important before mentoring.

**37%** Of the 57% said they no longer commit crimes

**49%** Now think community is important

**100%**  
**SAID THEIR MENTOR**

- Was a good listener
- Helped them express their thoughts, feelings and emotions
- Helped teach them how to avoid conflict
- Helped them better understand and control their emotions
- Made them feel supported

# PROGRAMME: EDUCATE (CASE STUDY)

*We understand the importance of anonymity and for this reason, we have changed the name of the young person in the following case study, however all other details are true.*

## REFERRAL:

Tyler was originally referred to LNK by the school's Designated Safeguarding Lead in 2022 due to his high-risk of exclusion, challenging behaviours, inability to regulate his emotions, poor attainment levels and concerns around his safety in the community.

Tyler's behaviours included displays of anger, fighting, inappropriate language to staff and peers, which in turn resulted in regular high-level consequences, including exclusions from school. The most specific reasons that led him to be a priority on the referral list were; being found in possession of a sharp object, susceptibility to peer pressure from friends and family in gangs/criminality and displays of what was described as "worsening and worrying behaviour".

During the 2022/2023 academic year Tyler worked with a mentor and showed positive growth and changes in behaviour. The school believed that the changes were significant enough for Tyler to not need any further support and the school would try a period without a mentor to see if Tyler could implement the strategies, knowledge and advice he received from mentoring on his own. This was successful for a period, until the school noticed a drop in his behaviour.

Following the summer holidays, Tyler was faced with new problems, and it was revealed that he had to start helping a lot more at home including cooking, shopping and caring for his mum due to her health issues. As a result, they requested that we continue working with him, to help him navigate through these new situations in a crucial time of his school life. At the time of the second referral made in 2023, Tyler was receiving 5 detentions a week, he had over 10 internal exclusions in one school term and 3 external exclusions in the previous academic year.



### Health and Lifestyle Factors:

Suspected: ADHD (awaiting diagnosis)

Known: Suffered a Traumatic Life Experience

Anger

Inability to Regulate Emotions



### Household Factors:

Suspected: Physical Neglect

Known: Parental Separation

Household Mental Illness

Unstable Family Dynamic

Low-Income Household

Emotional Neglect

Friends and Family in Gangs/Criminality



### School Factors:

Known: Poor Attainment Levels

Regularly Excluded from School

Regular Behavioural Issues

Vulnerable to Peer Pressure

# PROGRAMME: EDUCATE (CASE STUDY)

## SUPPORT:

Tyler needed a **positive role model** who understood and related to some of the problems and challenges he faced, as it seemed that he was spending time with people who didn't necessarily make the right choices in and outside of school. Tyler showed that he was extremely passionate about basketball and was allocated a mentor who was equally as enthusiastic and passionate about sport.

Tyler quickly took to his mentor. Basketball was used to motivate and **engage** him in sessions. Tyler became comfortable and able to confide in his mentor about matters bothering him. His mentor expressed the need to work hard, be resilient, and disciplined in basketball; this message was also transferable to his school, home and personal life. Tyler benefitted from weekly sessions; having someone praise him when he made the right decisions and guide him back on to the right path when he didn't.

At the end of each half term, he would complete a questionnaire as a measurement of where he was mentally, with school, home, personally and his overall well-being; helping direct the sessions. In January, he ticked a box on the questionnaire that he had committed crimes. His mentor prioritised speaking to him about the importance of making the correct decisions, and the impact of those decisions on himself and others.

Over the academic year his mentor also worked with him on regulating his emotions, to reduce the number of outbursts in school and helped him to see the impact and affects of his behaviour, and the ways that they might hinder him; but also went on to show him how positive and productive strategies could better his life.



## OUTCOME:

By July 2024 there were **huge improvements** in his behaviour, with the **number of high-level incidents** in school **dropping significantly**. Members of staff had lots of **positive words** to say about Tyler, realising a **shift in his behaviour and mentality**. By the last questionnaire Tyler **strongly disagreed that he was committing crimes**. He received some **positive behaviour points** and became an **ambassador** for basketball for his school. He also became a **positive role model** for other young people even **hosting and refereeing a basketball tournament for a local primary school**.

# PROGRAMME: EMPOWER



We help to **Empower** our local community by providing food and essential household items to families and those in need of a helping hand. We believe that easing the burden of purchasing home goods will allow our community to have more time for themselves and those around them, supporting their mental health and physical well-being.

We continued our partnership with Amazon Web Services who also gained support from TransAcct, Apvia and Amazon Fresh, Source Fuse and Levy & Co.



We supported **200** households with goods.

Provided **18** haircuts for the community

Supported **6** people with flu jabs.

Sign-posted those in need of services who can further support with mental health.



*'This was truly a blessing for me and my two daughters, I have been under great financial strain this year and the chocolates and other treats will be wrapped up for them to open, thank you from the bottom of my heart.'*

**Croydon Mum (Facebook Comment)**



**</SOURCE FUSE>**



# EMPLOYEE SPOTLIGHT:

## JASMINE LONG, YOUTH WORKER

I joined LNK because I wanted to work with young people and leave a positive impact on their lives. A lot of young people have problems that they don't get help with because they don't have someone to go to. I want young people to feel safe and supported, without feeling judged. I'm proud to say I have been a mentor for over a year now and have made a positive impact already, mainly through working on the **Educate** and **Engage** programmes that we deliver.

To make sure I can give the best support, it's important that I'm organised and structure my week well. During the school term time I use Mondays to prepare for my day's mentoring in schools; reviewing notes that I've made from sessions with my mentees and prepare for their 1:1 sessions. I'm then based across three different schools Tuesdays to Thursdays and have 1:1 sessions with up to 8 young people a day. On Fridays, I spend time organising my work, meet with my manager - reviewing work, communicate with teachers and then work with the young people who drop in at our Youth Hub.



In the past year, I've realised that a lot of the young people I support often don't have many safe relationships with adults. Many young people have extremely hectic home lives and just don't get on with their teachers; making the rest of the LNK team and I the only adults they have trusted relationships with. Building these relationships has been a priority in my work, as I've understood that when young people open up confidently, you can help them with their problems and goals. When first meeting my mentees, some of them are comfortable straight away and are very open to talk and share, others take a few weeks, but then when they open up, they tell me absolutely everything. As the relationship grows they share more and their progress increases.

Most of the sessions are very positive, however due to the nature of the referrals, I have had to manage a lot of safeguarding concerns and disclosures. In the past year I've supported young people with a number of different sensitive safeguarding issues; **missing episodes, self-harming, gang affiliation, court cases, eating concerns, school exclusions and involvement in knife crime**. I work alongside the school's and LNK's safeguarding policies to ensure all concerns are managed, with my main concern being the young person, their needs and how I can best support them.



All the young people I mentor appreciate having someone to talk to and have expressed that they feel more confident in making their own decisions after using me as a sounding board. I listen and give advice, but I aim to **empower** them to make their own positive decisions. They often tell me that they've been waiting to speak to me all week, or that they're excited to have a session with me as it's their only calm period of the week. This makes me feel like I'm doing a good job - so when I hear positive feedback from teachers, see other indications, like less exclusions and better engagement in school, I really feel like I've made an impact. I enjoy working on the **Educate** programme throughout the school year as it gives more time to build a relationship, focus on the young people, their goals, what they want to achieve, and help them travel a distance.

When schools are closed, we run our **Engage** programme to ensure young people have a safe place to go to during the break. **Engage** is full of trips, activities and often a first time-experience for those on the programme. Sign ups are open to everyone, not just referrals, which means that every **Engage** programme is different due to the mix of attendees. We see some that we have known for years through **Educate** and previous **Engage** programmes, and some fresh faces. **Engage** can be challenging due to the number of young people attending and their needs, however it's a challenge that keeps me on my toes, and I have lots of fun keeping them entertained, introducing them to new skills, opportunities and support they deserve.

With both **Engage** and **Educate**, I believe I have had a positive impact on the young people. Both programmes support young people from various backgrounds, with issues or challenges in their home, school and personal life. I personally feel that having them open up and use the support, is an achievement in itself and something they should be proud of.



My favourite day working at LNK so far has been our 'Giving Day'. I enjoyed speaking to different people in the **community**, seeing lots of parents whose children we support, and them recognising the relationship that the mentors have with their kids. **Helping the community and giving back.**



**Safeguarding Level 1 -3**  
**Mental Health First Aid**  
**Domestic Violence**  
**Designated Safeguarding Lead**  
**Counselling Level 2**  
**First Aid**  
**Food and Safety**  
**Sexual Health**



**LIVES  
NOT  
KNIVES**

**LIVES NOT KNIVES  
CHARITY NUMBER: 1153634  
REGISTERED IN ENGLAND AND WALES  
REGISTERED OFFICE AND OPERATIONAL ADDRESS:  
LNK UNIT, UPPER MALL, CENTRALE SHOPPING CENTRE, CROYDON, CRO 1TY  
WWW.LIVESNOTKNIVES.ORG**

**REGISTERED COMPANY NUMBER: CE000143 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1153634**

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 March 2024**

**for**

**Lives Not Knives**

**Maddox & Maddox Limited**  
**9 Commercial Yard**  
**Barnard Castle**  
**Co Durham**  
**DL12 8FE**

**Lives Not Knives**

**Report of the Trustees  
for the Year Ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities. Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRATEGIC REPORT**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
CE000143 (England and Wales)

**Registered Charity number**  
1153634

**Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY


**Trustees**

Monica Beckles  
Kate Newton  
Walter Verkaik (appointed 9.8.23)

**Company Secretary**

**Independent Examiner**  
Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 20.12.2024 and signed on the board's behalf by:

  
.....  
Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**  
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Maddox FCCA  
The Association of Chartered Certified Accountants

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Date: 20-12-2024

**Lives Not Knives**

**Statement of Financial Activities  
for the Year Ended 31 March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	286,804	50,300	337,104	92,383
<b>Charitable activities</b>	4				
Education and life skill development		-	65,500	65,500	(33,112)
Other trading activities	3	10,050	-	10,050	4,664
<b>Total</b>		<u>296,854</u>	<u>115,800</u>	<u>412,654</u>	<u>63,935</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	6,736	-	6,736	9,484
<b>Charitable activities</b>	6				
Education and life skill development		186,466	115,800	302,266	343,509
<b>Total</b>		<u>193,202</u>	<u>115,800</u>	<u>309,002</u>	<u>352,993</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>103,652</u>	<u>-</u>	<u>103,652</u>	<u>(289,058)</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		311,243	-	311,243	600,301
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>414,895</u></u>	<u><u>-</u></u>	<u><u>414,895</u></u>	<u><u>311,243</u></u>

The notes form part of these financial statements

**Lives Not Knives**

**Balance Sheet  
31 March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	2,585	-	2,585	1,808
<b>CURRENT ASSETS</b>					
Debtors	13	545	-	545	544
Cash at bank and in hand		422,645	-	422,645	335,015
		<u>423,190</u>	<u>-</u>	<u>423,190</u>	<u>335,559</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(10,880)	-	(10,880)	(26,124)
<b>NET CURRENT ASSETS</b>		<u>412,310</u>	<u>-</u>	<u>412,310</u>	<u>309,435</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>414,895</u>	<u>-</u>	<u>414,895</u>	<u>311,243</u>
<b>NET ASSETS</b>		<u>414,895</u>	<u>-</u>	<u>414,895</u>	<u>311,243</u>
<b>FUNDS</b>	15				
Unrestricted funds				414,895	311,243
<b>TOTAL FUNDS</b>				<u>414,895</u>	<u>311,243</u>

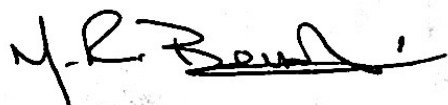
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 20.12.2024 and were signed on its behalf by:



The notes form part of these financial statements

**Lives Not Knives**

**Balance Sheet - continued**  
**31 March 2024**

**Trustee**

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Lives Not Knives

Cash Flow Statement  
for the Year Ended 31 March 2024

	Notes	31.3.24 £	31.3.23 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	89,650	(272,101)
Finance costs paid		-	(259)
		<u>89,650</u>	<u>(272,360)</u>
<b>Net cash provided by/(used in) operating activities</b>		<u>89,650</u>	<u>(272,360)</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(2,020)	(1,764)
		<u>(2,020)</u>	<u>(1,764)</u>
<b>Net cash used in investing activities</b>		<u>(2,020)</u>	<u>(1,764)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>87,630</u>	<u>(274,124)</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>335,015</u>	<u>609,139</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>422,645</u></u>	<u><u>335,015</u></u>

The notes form part of these financial statements

**Lives Not Knives**

**Notes to the Cash Flow Statement  
for the Year Ended 31 March 2024**

**1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.24	31.3.23
	£	£
<b>Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)</b>	<b>103,652</b>	<b>(289,058)</b>
<b>Adjustments for:</b>		
Depreciation charges	1,243	837
Loss on disposal of fixed assets	-	5,246
Finance costs	-	259
Increase in debtors	(1)	(544)
(Decrease)/increase in creditors	(15,244)	11,159
<b>Net cash provided by/(used in) operations</b>	<b>89,650</b>	<b>(272,101)</b>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.23	Cash flow	At 31.3.24
	£	£	£
<b>Net cash</b>			
Cash at bank and in hand	335,015	87,630	422,645
	<u>335,015</u>	<u>87,630</u>	<u>422,645</u>
<b>Total</b>	<u>335,015</u>	<u>87,630</u>	<u>422,645</u>

The notes form part of these financial statements

## Lives Not Knives

### Notes to the Financial Statements for the Year Ended 31 March 2024

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Lives Not Knives**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2024**

**2. DONATIONS AND LEGACIES**

	31.3.24	31.3.23
	£	£
Donations	<u>337,104</u>	<u>92,383</u>

**3. OTHER TRADING ACTIVITIES**

	31.3.24	31.3.23
	£	£
Commissioned work	10,015	4,627
Commission	35	37
	<u>10,050</u>	<u>4,664</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

		31.3.24	31.3.23
		£	£
YEF	Activity	-	(92,912)
Grants	Education and life skill development	65,500	59,800
	Education and life skill development	<u>65,500</u>	<u>(33,112)</u>

**5. RAISING FUNDS**

**Other trading activities**

	31.3.24	31.3.23
	£	£
Purchases	<u>6,736</u>	<u>9,484</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development	<u>301,946</u>	<u>320</u>	<u>302,266</u>

**Lives Not Knives**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**7. SUPPORT COSTS**

	Finance
	£
Education and life skill development	320
	<u>320</u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.24	31.3.23
	£	£
Depreciation - owned assets	1,243	837
Deficit on disposal of fixed assets	-	5,246
	<u>1,243</u>	<u>6,083</u>

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**10. STAFF COSTS**

	31.3.24	31.3.23
	£	£
Wages and salaries	196,065	230,691
Social security costs	13,935	17,941
Other pension costs	3,860	3,016
	<u>213,860</u>	<u>251,648</u>

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
Staff	<u>7</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

**Lives Not Knives**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	92,383	-	92,383
<b>Charitable activities</b>			
Education and life skill development	59,800	(92,912)	(33,112)
Other trading activities	4,657	7	4,664
<b>Total</b>	<u>156,840</u>	<u>(92,905)</u>	<u>63,935</u>
<b>EXPENDITURE ON</b>			
Raising funds	8,097	1,387	9,484
<b>Charitable activities</b>			
Education and life skill development	175,519	167,990	343,509
<b>Total</b>	<u>183,616</u>	<u>169,377</u>	<u>352,993</u>
<b>NET INCOME/(EXPENDITURE)</b>	(26,776)	(262,282)	(289,058)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	338,019	262,282	600,301
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>311,243</u>	<u>311,243</u>	<u>311,243</u>

Lives Not Knives

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

**12. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 April 2023	5,032
Additions	<u>2,020</u>
At 31 March 2024	<u>7,052</u>
<b>DEPRECIATION</b>	
At 1 April 2023	3,224
Charge for year	<u>1,243</u>
At 31 March 2024	<u>4,467</u>
<b>NET BOOK VALUE</b>	
At 31 March 2024	<u>2,585</u>
At 31 March 2023	<u>1,808</u>

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.24	31.3.23
	£	£
Prepayments	<u>545</u>	<u>544</u>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.24	31.3.23
	£	£
Social security and other taxes	6,236	14,425
Other creditors	1,644	611
Accrued expenses	<u>3,000</u>	<u>11,088</u>
	<u>10,880</u>	<u>26,124</u>

**Lives Not Knives**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**15. MOVEMENT IN FUNDS**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	311,243	103,652	414,895
<b>TOTAL FUNDS</b>	<u>311,243</u>	<u>103,652</u>	<u>414,895</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	296,854	(193,202)	103,652
<b>Restricted funds</b>			
LNK Educate Programme	115,800	(115,800)	-
<b>TOTAL FUNDS</b>	<u>412,654</u>	<u>(309,002)</u>	<u>103,652</u>

**Comparatives for movement in funds**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	338,019	(26,776)	311,243
<b>Restricted funds</b>			
Youth Endowment Fund	262,282	(262,282)	-
<b>TOTAL FUNDS</b>	<u>600,301</u>	<u>(289,058)</u>	<u>311,243</u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	156,840	(183,616)	(26,776)
<b>Restricted funds</b>			
Youth Endowment Fund	(92,905)	(169,377)	(262,282)
<b>TOTAL FUNDS</b>	<u>63,935</u>	<u>(352,993)</u>	<u>(289,058)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement In funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	338,019	76,876	414,895
<b>Restricted funds</b>			
Youth Endowment Fund	262,282	(262,282)	-
<b>TOTAL FUNDS</b>	<u>600,301</u>	<u>(185,406)</u>	<u>414,895</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	453,694	(376,818)	76,876
<b>Restricted funds</b>			
Youth Endowment Fund	(92,905)	(169,377)	(262,282)
LNK Educate Programme	115,800	(115,800)	-
	<u>22,895</u>	<u>(285,177)</u>	<u>(262,282)</u>
<b>TOTAL FUNDS</b>	<u>476,589</u>	<u>(661,995)</u>	<u>(185,406)</u>

**Lives Not Knives**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

	2024	2023	
Other related activities	1,484.0	81.0	Other related activities
Programme expenses	180,082	180,082	Programme expenses
Travel expenses	1,811	18,000	Travel expenses
General security	2,850	2,850	General security
Repairs	2,286	2,286	Repairs
Water and water	384	384	Water and water
Insurance	2,000	2,000	Insurance
Light and heat	1,000	1,000	Light and heat
Telephone	1,000	1,000	Telephone
Postage and stationery	8,400	4,780	Postage and stationery
Advertising	180	2,000	Advertising
Printing	48,000	44,500	Printing
Accountancy	2,000	2,000	Accountancy
Professional fees	2,000	2,000	Professional fees
Consulting	5,000	5,000	Consulting
IT and computer costs	180	180	IT and computer costs
Subscriptions	2,200	2,200	Subscriptions
Travel	200,400	200,400	Travel
Other related	300,000	300,000	Other related

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2024

#### **INCOME AND ENDOWMENTS**

	31.3.24	31.3.23
	£	£
<b>Donations and legacies</b>		
Donations	337,104	92,383
<b>Other trading activities</b>		
Commissioned work	10,015	4,627
Commission	35	37
	<u>10,050</u>	<u>4,664</u>
<b>Charitable activities</b>		
YEF	-	(92,912)
Grants	65,500	59,800
	<u>65,500</u>	<u>(33,112)</u>
<b>Total incoming resources</b>	<b>412,654</b>	<b>63,935</b>

#### **EXPENDITURE**

<b>Other trading activities</b>		
Programme expenses	6,736	9,484
<b>Charitable activities</b>		
Wages	196,065	230,691
Social security	13,935	17,941
Pensions	3,860	3,016
Rates and water	3,230	8,566
Insurance	773	354
Light and heat	7,611	7,686
Telephone	597	408
Postage and stationery	384	1,187
Advertising	4,789	5,418
Sundries	2,326	457
Consultancy	44,272	43,200
Accountancy	3,000	2,880
Professional fees	150	900
Counselling	1,640	3,335
Website IT and computer costs	8,430	4,906
Subscriptions	781	40
Travel	3,593	2,841
Carried forward	295,436	333,826

This page does not form part of the statutory financial statements

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
<b>Charitable activities</b>		
Brought forward	295,436	333,826
Cleaning	291	159
Staff Training	2,050	738
Repairs and renewals	1,975	1,956
Staff welfare	710	373
Medical insurance	241	-
Computer equipment	1,243	637
Loss on sale of tangible fixed assets	-	5,246
	<hr/>	<hr/>
	301,946	343,135
 <b>Support costs</b>		
<b>Finance</b>		
Bank charges	320	115
Interest paid	-	259
	<hr/>	<hr/>
	320	374
 <b>Total resources expended</b>	<hr/>	<hr/>
	309,002	352,993
 <b>Net Income/(expenditure)</b>	<hr/>	<hr/>
	103,652	(289,058)

This page does not form part of the statutory financial statements

**REGISTERED COMPANY NUMBER: CE000143 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1153634**

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 March 2024**

**for**

**Lives Not Knives**

**Maddox & Maddox Limited**  
**9 Commercial Yard**  
**Barnard Castle**  
**Co Durham**  
**DL12 8FE**

**Lives Not Knives**

**Report of the Trustees  
for the Year Ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities. Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRATEGIC REPORT**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
CE000143 (England and Wales)

**Registered Charity number**  
1153634

**Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY


**Trustees**

Monica Beckles  
Kate Newton  
Walter Verkaik (appointed 9.8.23)

**Company Secretary**

**Independent Examiner**  
Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 20.12.2024 and signed on the board's behalf by:

  
.....  
Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**  
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Maddox FCCA  
The Association of Chartered Certified Accountants

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Date: 20-12-2024

**Lives Not Knives**

**Statement of Financial Activities  
for the Year Ended 31 March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	286,804	50,300	337,104	92,383
<b>Charitable activities</b>	4				
Education and life skill development		-	65,500	65,500	(33,112)
Other trading activities	3	10,050	-	10,050	4,664
<b>Total</b>		<u>296,854</u>	<u>115,800</u>	<u>412,654</u>	<u>63,935</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	6,736	-	6,736	9,484
<b>Charitable activities</b>	6				
Education and life skill development		186,466	115,800	302,266	343,509
<b>Total</b>		<u>193,202</u>	<u>115,800</u>	<u>309,002</u>	<u>352,993</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>103,652</u>	<u>-</u>	<u>103,652</u>	<u>(289,058)</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		311,243	-	311,243	600,301
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>414,895</u></u>	<u><u>-</u></u>	<u><u>414,895</u></u>	<u><u>311,243</u></u>

The notes form part of these financial statements

**Lives Not Knives**

**Balance Sheet**  
**31 March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	2,585	-	2,585	1,808
<b>CURRENT ASSETS</b>					
Debtors	13	545	-	545	544
Cash at bank and in hand		422,645	-	422,645	335,015
		<u>423,190</u>	<u>-</u>	<u>423,190</u>	<u>335,559</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(10,880)	-	(10,880)	(26,124)
<b>NET CURRENT ASSETS</b>		<u>412,310</u>	<u>-</u>	<u>412,310</u>	<u>309,435</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>414,895</u>	<u>-</u>	<u>414,895</u>	<u>311,243</u>
<b>NET ASSETS</b>		<u>414,895</u>	<u>-</u>	<u>414,895</u>	<u>311,243</u>
<b>FUNDS</b>	15				
Unrestricted funds				414,895	311,243
<b>TOTAL FUNDS</b>				<u>414,895</u>	<u>311,243</u>

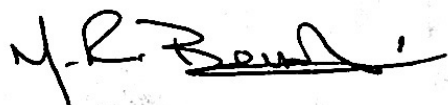
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 20.12.2024 and were signed on its behalf by:



The notes form part of these financial statements

**Lives Not Knives**

**Balance Sheet - continued**  
**31 March 2024**

**Trustee**

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The notes form part of these financial statements

Lives Not Knives

Cash Flow Statement  
for the Year Ended 31 March 2024

	Notes	31.3.24 £	31.3.23 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	89,650	(272,101)
Finance costs paid		-	(259)
		<hr/>	<hr/>
Net cash provided by/(used in) operating activities		89,650	(272,360)
		<hr/>	<hr/>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(2,020)	(1,764)
		<hr/>	<hr/>
Net cash used in investing activities		(2,020)	(1,764)
		<hr/>	<hr/>
<b>Change in cash and cash equivalents in the reporting period</b>		87,630	(274,124)
<b>Cash and cash equivalents at the beginning of the reporting period</b>		335,015	609,139
		<hr/>	<hr/>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u>422,645</u>	<u>335,015</u>

The notes form part of these financial statements

**Lives Not Knives**

**Notes to the Cash Flow Statement  
for the Year Ended 31 March 2024**

**1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.24	31.3.23
	£	£
<b>Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)</b>	<b>103,652</b>	<b>(289,058)</b>
<b>Adjustments for:</b>		
Depreciation charges	1,243	837
Loss on disposal of fixed assets	-	5,246
Finance costs	-	259
Increase in debtors	(1)	(544)
(Decrease)/increase in creditors	(15,244)	11,159
<b>Net cash provided by/(used in) operations</b>	<b>89,650</b>	<b>(272,101)</b>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.23	Cash flow	At 31.3.24
	£	£	£
<b>Net cash</b>			
Cash at bank and in hand	335,015	87,630	422,645
	<u>335,015</u>	<u>87,630</u>	<u>422,645</u>
<b>Total</b>	<u>335,015</u>	<u>87,630</u>	<u>422,645</u>

The notes form part of these financial statements

## Lives Not Knives

### Notes to the Financial Statements for the Year Ended 31 March 2024

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Lives Not Knives**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2024**

**2. DONATIONS AND LEGACIES**

	31.3.24	31.3.23
	£	£
Donations	<u>337,104</u>	<u>92,383</u>

**3. OTHER TRADING ACTIVITIES**

	31.3.24	31.3.23
	£	£
Commissioned work	10,015	4,627
Commission	35	37
	<u>10,050</u>	<u>4,664</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

		31.3.24	31.3.23
		£	£
YEF	Activity	-	(92,912)
Grants	Education and life skill development	65,500	59,800
	Education and life skill development	<u>65,500</u>	<u>(33,112)</u>

**5. RAISING FUNDS**

**Other trading activities**

	31.3.24	31.3.23
	£	£
Purchases	<u>6,736</u>	<u>9,484</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development	<u>301,946</u>	<u>320</u>	<u>302,266</u>

**Lives Not Knives**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**7. SUPPORT COSTS**

	<b>Finance</b>
	<b>£</b>
Education and life skill development	<u>320</u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	<b>31.3.24</b>	<b>31.3.23</b>
	<b>£</b>	<b>£</b>
Depreciation - owned assets	1,243	837
Deficit on disposal of fixed assets	-	5,246
	<u>          </u>	<u>          </u>

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**10. STAFF COSTS**

	<b>31.3.24</b>	<b>31.3.23</b>
	<b>£</b>	<b>£</b>
Wages and salaries	196,065	230,691
Social security costs	13,935	17,941
Other pension costs	3,860	3,016
	<u>213,860</u>	<u>251,648</u>

The average monthly number of employees during the year was as follows:

	<b>31.3.24</b>	<b>31.3.23</b>
Staff	<u>7</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

**Lives Not Knives**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	92,383	-	92,383
<b>Charitable activities</b>			
Education and life skill development	59,800	(92,912)	(33,112)
Other trading activities	4,657	7	4,664
<b>Total</b>	<u>156,840</u>	<u>(92,905)</u>	<u>63,935</u>
<b>EXPENDITURE ON</b>			
Raising funds	8,097	1,387	9,484
<b>Charitable activities</b>			
Education and life skill development	175,519	167,990	343,509
<b>Total</b>	<u>183,616</u>	<u>169,377</u>	<u>352,993</u>
<b>NET INCOME/(EXPENDITURE)</b>	(26,776)	(262,282)	(289,058)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	338,019	262,282	600,301
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>311,243</u>	<u>311,243</u>	<u>311,243</u>

Lives Not Knives

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

**12. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 April 2023	5,032
Additions	<u>2,020</u>
At 31 March 2024	<u>7,052</u>
<b>DEPRECIATION</b>	
At 1 April 2023	3,224
Charge for year	<u>1,243</u>
At 31 March 2024	<u>4,467</u>
<b>NET BOOK VALUE</b>	
At 31 March 2024	<u>2,585</u>
At 31 March 2023	<u>1,808</u>

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.24	31.3.23
	£	£
Prepayments	<u>545</u>	<u>544</u>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.24	31.3.23
	£	£
Social security and other taxes	6,236	14,425
Other creditors	1,644	611
Accrued expenses	<u>3,000</u>	<u>11,088</u>
	<u>10,880</u>	<u>26,124</u>

**Lives Not Knives**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**15. MOVEMENT IN FUNDS**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	311,243	103,652	414,895
<b>TOTAL FUNDS</b>	<u>311,243</u>	<u>103,652</u>	<u>414,895</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	296,854	(193,202)	103,652
<b>Restricted funds</b>			
LNK Educate Programme	115,800	(115,800)	-
<b>TOTAL FUNDS</b>	<u>412,654</u>	<u>(309,002)</u>	<u>103,652</u>

**Comparatives for movement in funds**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	338,019	(26,776)	311,243
<b>Restricted funds</b>			
Youth Endowment Fund	262,282	(262,282)	-
<b>TOTAL FUNDS</b>	<u>600,301</u>	<u>(289,058)</u>	<u>311,243</u>

**Lives Not Knives**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	156,840	(183,616)	(26,776)
<b>Restricted funds</b>			
Youth Endowment Fund	(92,905)	(169,377)	(262,282)
<b>TOTAL FUNDS</b>	<u>63,935</u>	<u>(352,993)</u>	<u>(289,058)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement In funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	338,019	76,876	414,895
<b>Restricted funds</b>			
Youth Endowment Fund	262,282	(262,282)	-
<b>TOTAL FUNDS</b>	<u>600,301</u>	<u>(185,406)</u>	<u>414,895</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	453,694	(376,818)	76,876
<b>Restricted funds</b>			
Youth Endowment Fund	(92,905)	(169,377)	(262,282)
LNK Educate Programme	115,800	(115,800)	-
	<u>22,895</u>	<u>(285,177)</u>	<u>(262,282)</u>
<b>TOTAL FUNDS</b>	<u>476,589</u>	<u>(661,995)</u>	<u>(185,406)</u>

**Lives Not Knives**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024**

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

2024	2023	
1,000	1,000	Travel and related expenses
500	500	Office and related expenses
200	200	Professional fees
100	100	Legal and related expenses
50	50	Insurance
25	25	Utilities
10	10	Transportation
5	5	Entertainment
2	2	Gifts
1	1	Other
1,000	1,000	Total

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2024

#### **INCOME AND ENDOWMENTS**

	31.3.24	31.3.23
	£	£
<b>Donations and legacies</b>		
Donations	337,104	92,383
<b>Other trading activities</b>		
Commissioned work	10,015	4,627
Commission	35	37
	<u>10,050</u>	<u>4,664</u>
<b>Charitable activities</b>		
YEF	-	(92,912)
Grants	65,500	59,800
	<u>65,500</u>	<u>(33,112)</u>
<b>Total incoming resources</b>	<b>412,654</b>	<b>63,935</b>

#### **EXPENDITURE**

<b>Other trading activities</b>		
Programme expenses	6,736	9,484
<b>Charitable activities</b>		
Wages	196,065	230,691
Social security	13,935	17,941
Pensions	3,860	3,016
Rates and water	3,230	8,566
Insurance	773	354
Light and heat	7,611	7,686
Telephone	597	408
Postage and stationery	384	1,187
Advertising	4,789	5,418
Sundries	2,326	457
Consultancy	44,272	43,200
Accountancy	3,000	2,880
Professional fees	150	900
Counselling	1,640	3,335
Website IT and computer costs	8,430	4,906
Subscriptions	781	40
Travel	3,593	2,841
Carried forward	295,436	333,826

This page does not form part of the statutory financial statements

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
<b>Charitable activities</b>		
Brought forward	295,436	333,826
Cleaning	291	159
Staff Training	2,050	738
Repairs and renewals	1,975	1,956
Staff welfare	710	373
Medical insurance	241	-
Computer equipment	1,243	637
Loss on sale of tangible fixed assets	-	5,246
	<hr/>	<hr/>
	301,946	343,135
 <b>Support costs</b>		
<b>Finance</b>		
Bank charges	320	115
Interest paid	-	259
	<hr/>	<hr/>
	320	374
 <b>Total resources expended</b>	<hr/>	<hr/>
	309,002	352,993
 <b>Net Income/(expenditure)</b>	<hr/>	<hr/>
	103,652	(289,058)

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**LIVES NOT KNIVES**

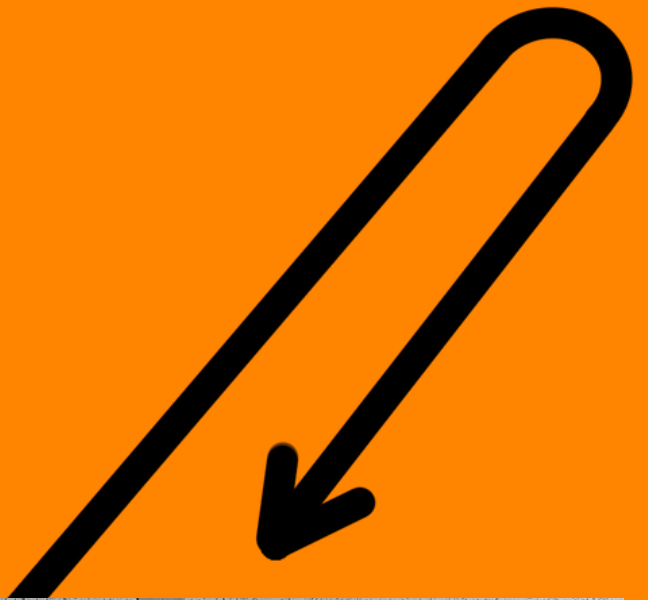
England & Wales - Charity number 1153634

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# Accounts

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# TRUSTEE ANNUAL REPORT 2024

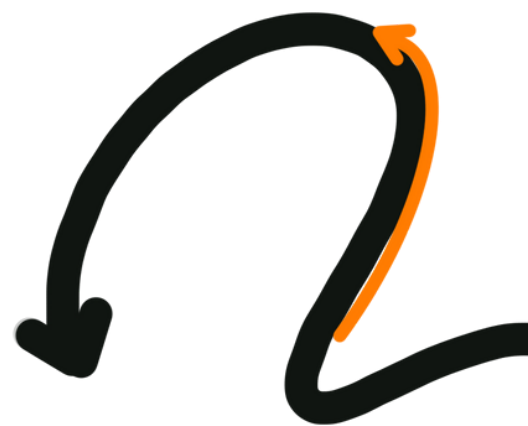


**LIVES  
NOT  
KNIVES**

Charity Number:  
**1153634**



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# ADMINISTRATIVE INFORMATION

## **CHARITY NUMBER:**

1153634 registered in England and Wales

## **REGISTERED OFFICE AND OPERATIONAL ADDRESS:**

LNK Unit Upper Mall Shopping Centre, Croydon, CR0 1TY

## **BOARD OF TRUSTEES:**

The members of the Council, who are directors under company law, who served during the year and up to the date of this report were as follows:

Monica Beckles (Chair)  
Kate Newton  
Chris Jellow (Treasurer)

## **PRINCIPLE STAFF:**

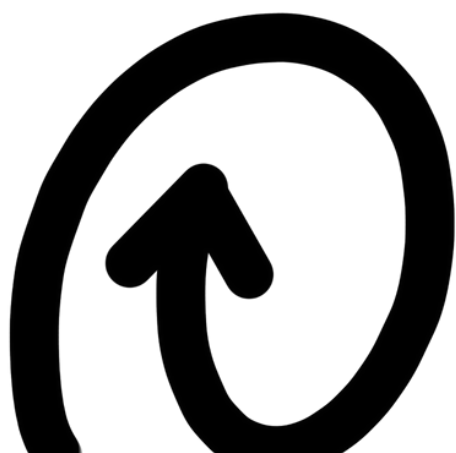
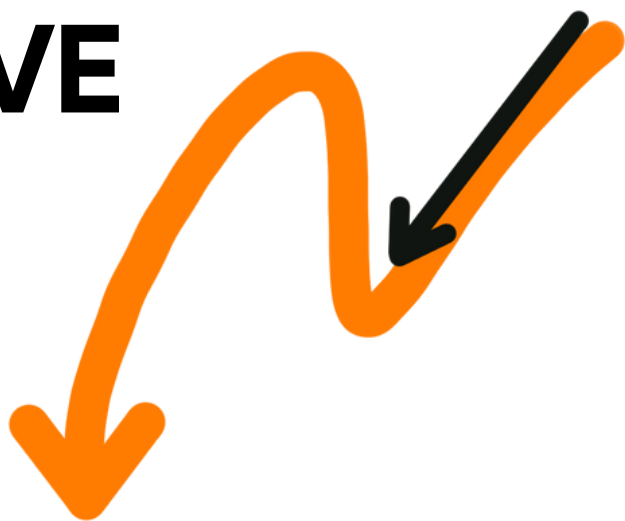
Eliza Rebeiro (CEO)  
Darren Long (Operations Manager)

## **BANKERS:**

Metro Bank  
Centrale Shopping Centre, CR0 1TY

## **CHARTERED CERTIFIED ACCOUNTANTS**

Maddox& Maddox  
9 Commercial Yard  
Barnard Castle  
County Durham  
DL12 8FE



# LETTER FROM THE CEO:

## ELIZA REBEIRO

Our mission and commitment to engage, educate, and empower young people is the driving force behind our preventative initiatives that all aim for a future where young people are shaped not by fear, but by opportunity.

From our unit in central Croydon, LNK Engage supports the families in Croydon who need us most. Through workshops, community events, and enrichment activities, we provide a safe space for young people to; make friends, foster a sense of belonging, and simply enjoy being a young person.

Our LNK Educate: Schools Programme partners with schools to take a holistic approach to tackle youth violence. By working with the whole school community, we work with teachers, safeguarding leads, pastoral welfare staff and senior leaders to hold safe-guarded discussions in a classroom setting. Ensuring that those affected by youth violence are heard and supported, and those who may be at risk, understand the lasting effects of youth violence; on not just the victim and perpetrator, but families and whole communities.

LNK Empower was designed to equip young people with the tools they need to rise above adversity. They have personally grown with us through the programmes, Engage and Educate. This has empowered them to continue their journey, which involves supporting others. By others, I mean young people from our other programmes. Giving access to the wider community, and expanding their support to other young people who may not have had the opportunity to access our other programmes.

However, it is not the mission or goal that makes our programmes effective, it is the passion and force provided by the people that support us – the trustees, the team and the community. We are proud to employ youth workers, who are still young people themselves, from similar socio-economic background to the young people they mentor. We have a diverse board, with lived experience and an emotional understanding on the effects of knife crime who are the driving force behind our operations, and a supportive and understanding community. We have been extremely grateful this year to work with community partners who have raised awareness, raised funds, and worked with some of our young people. Without the power of our community we would not be able to support as many people as we do today.

Thank you for being part of this journey.





# TRUSTEE OVERVIEW:

## KATE NEWTON



Over the past year, LNK has worked with cohorts of young people who are more than ever in need of our support and mentoring. The repercussions of the pandemic on young people include loneliness, stress and fear. Many young people have experienced a deterioration in their mental health, caused by further deprivation, poverty, domestic violence and family breakdown. Sadly, against this challenging backdrop, knife crime in London continues at record levels.

We want to thank Eliza, our tireless Chief Executive, for continuing to lead and develop the organisation during these tough times. She and her team of dedicated staff have made an ever-greater impact on the lives of vulnerable young people in Croydon.

The transformational effect of LNK's mentoring and holistic support on young people is evident to parents, teachers, other agencies, and most importantly to the young people themselves. It is always a delight to meet them during the Engage holiday programmes: to witness their lively energy, their willingness to embrace new opportunities and their evident enjoyment and respect for the LNK mentors.

Our Trustees have continued to give their time and expertise and we wish to acknowledge the considerable work of Chris Jellow on the accounts and other finance issues.

We also extend our continued thanks and appreciation to our funders and partners. Your ongoing support is invaluable and will help us to realise our exciting goals for the coming year.

If you feel passionate about stopping knife crime and supporting vulnerable young people, do get in touch to offer your time and talents, as a Trustee, advisor, ambassador or donor. There is still much to do and we look forward to sharing the outcomes with you in our next report!

# FINANCIAL STATEMENTS

## \* INCOME STATEMENT

Our total revenue year ending March 2023 was £156,840.

This was made up of £92,383 in donations. These donations came from personal donors, who gave in different ways. For example, one off or monthly donations via our website, school or community fundraisers, marathons, boxing matches or other sporting events.

An additional £59,800 was awarded in grants, to be spent on Educational programmes - to help the community. Through Charities Aid Foundation, £50,000 was given by an anonymous donor. A further £9,800 was awarded by Awards for All.

£4,657 was received from the Holiday and Food Fund, to support the LNK Engage programme.



## \* OUTGOING STATEMENT

Our total spend, year ending March 2023, was £352,993

The cost of all three programmes came to £310,236. This covered staffing and all associated costs; inclusive of CPD training, counselling, and resources.

A further £25,743 was spent on admin and general costs, including; accountants, professional advice, repairs, renewals and services.

£17,014 was spent on utilities, including; water, telephone, internet and electricity.



TOTAL REVENUE

**£157K**



OUTGOINGS

**£353K**



TOTAL FUNDS YEAR END

**£311K**

## \* ACCOUNT REFLECTIONS

# 2022- 2023

There are significant differences in our accounts this year compared to last. The main differences are as follows:

Our LNK Educate programme pilot study came to an end we did not receive any further funding from the Youth Endowment Fund. LNK reimbursed £92,383 to Youth Endowment Fund, this was an underspend on the finalised budget due to staff being furloughed during the lockdowns in 2020-2021.

Since becoming a charity in 2013, LNK has received discretionary rate relief. However, Croydon Council withdrew Rent Subsidy and Discretionary Rate Relief and asked LNK to pay £8,207 in business rates.

The amount spent on staff wages were reduced by £27,650. This was due to reducing the amount of schools that we deliver LNK Educate.

We spent £3,653 less on staff training due to staff retention, as LNK Mentors already had training and certification.



## \* RESERVED FUNDS 23/24 OPERATING RESERVE

# £285K

The purpose of the reserves for LNK is to ensure the stability of the mission, programmes, employment and ongoing operations of the organisation. The reserves also intend to provide a source of internal funds for organisational priorities such as; building repairs and improvements, programme opportunity and capacity building.

Our 'Reserves Policy' is implemented in concert with the other governance and financial policies of LNK. The policy is also intended to support the goals and strategies contained in these related policies, and in strategic and operational plans.

£284,700 has been allocated to operational reserves in the 2023 - 2024 financial year.

This is the minimum amount to be designated as an annual operating reserve. The amount will be used to maintain ongoing operations for the year.



### KEY POINT

LNK's strength and passion comes from the dedicated and skilled staffing team. 86% of our total outgoings are spent on staff costs.



# EMPLOYEE SPOTLIGHT:

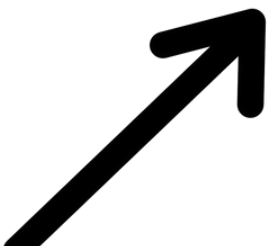
## JACK PRICE

I knew I wanted to help make a change – but I didn't know that I would be where I am today.

When I walked into Lives Not Knives with my friend, we envisioned being part of something greater than us. There were so many problems around us – we wanted to know if anyone was tackling them. We wanted to be a part of a community, that cared for and understood the youth. We wanted to share a vision with those that had the same hopes as we did.

We really were young boys who were affected by the things going on around us and we wanted to help. We were sick of seeing our friends get dragged down a path that they didn't want to go down - but felt they had to. We were tired of feeling hopeless, thinking that we couldn't do anything. We had enough of seeing people our age losing their life – to their choices, or those of others. We found Lives Not Knives.

When Eliza told me to apply for the Apprentice Youth Worker role I leapt at the chance. I was so excited to start training; gaining the professional knowledge and skills needed to make an impact. I was happy someone took a chance on me. In my first year I quickly learnt how to build a trusting, professional and successful mentoring relationship – with lots of lessons, challenges and blessings on the way. I then learnt how to run holiday programmes, an after-school club, train my colleagues, and most importantly support young people, with their individual and group needs.



The need for Youth Work got greater and so did my passion to help. Eliza said to go for Lead Youth Worker. I leapt. Then Designated Safeguarding Lead. I leapt. To then assisting with the management of Educate, to now Programmes Manager. I saw the difference that the support Lives Not Knives provided and I kept leaping. All the while LNK kept pushing me and kept believing in me; equipping me with all the training, knowledge and opportunities I needed. I am so grateful to have been able to facilitate the change I dreamed of years ago.

I have formally worked with 100's of young people, supported families and spoke in front of thousands! It isn't just statistics or numbers. There have been a number of memorable moments. Watching my mentors perform and showcase their talents, being a familiar face in the community, gone to court with a young man, co-ordinated a Christmas Community Day, taken boys to the gym, and coached basketball games.. I've stopped a young man getting stabbed. I've been the role model I needed as a young person.

Now today - reflecting on my time spent at LNK and thinking about the future ahead, I am blessed to not only have grown in the professional world, but I am blessed to have grown in the community.



**TRAINING RECEIVED**

Youth Work LVL3  
 Counselling Skills LVL2  
 First Aid  
 Mental Health First Aid  
 Domestic Violence Training  
 Bereavement Training  
 Sexual Health Training  
 Safeguarding Level 1,2,3  
 Designated Safeguarding Lead Training



**GOOD NEWS STORY**

I worked closely with a young person for 2 years who was deemed the most vulnerable in the school. He was involved in criminality and gang culture, had been stabbed and had multiple family members in prison. After our time working together, he achieved his dream and goal of playing academy-level football and signed a scholarship with a football-focused college. I've also seen many of my old mentees with jobs and bumped into a few at the gym - maturing into the best versions of themselves!

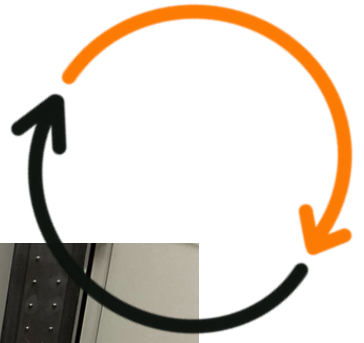


**PERSONAL HIGHLIGHT**

My favourite day at LNK has to be going to the seaside! Taking the young people to the beach, some of them for their first time, was a memory I'll cherish - I truly believe that we all have to see horizons wider than our own to grow. Being able to help facilitate this was something I'll never forget.



# LNK ENGAGE



“  
QUOTE

“My son has a mentor with LNK, and he is always talking about her so when he asked to attend your programme I was open to him joining but was worried to leave him because he is a little shy, him coming to your programme has changed him and he has opened up more and open to making friends and talks a lot more!! I can't express enough how important LNK has been for me and my son during the summer, he has been able to have a summer with people who care and take the time with him he has tried other holiday groups and hasn't enjoyed himself! The team you have is amazing, again thank you and please let me know when the next programme is!”

PARENT

## WHAT IS LNK ENGAGE?

Our school holiday programme supports up to 25 of the most disadvantaged young people aged 10 - 15. Throughout the school holidays we provide young people with; a hot meal, mentoring, advice, games, activities, experiences, day trips and a safe environment to make new friends. All young people on the programme are referred or 'signed up' via our website by their parents/carers.

From our website we had between 62 and 98 parents 'sign up' for each Engage programme, unfortunately due to funding constraints we only have capacity for 25 young people per day. We offered the programme to parents on a first come first serve basis. On days when we were not taking young people on enrichment activities, we had capacity within the LNK unit for up to 30 young people.

Through our Engage programme we worked with 102 young people, 35 of these young people attended the programme during every school holiday. All 102 young people were eligible for free school meals. We worked with local caterers and provided 1200 hot meals throughout the year. Of the 102, 72% were diagnosed with special education needs, with 60% being diagnosed with ADHD.

On Tuesdays and Thursdays we took young people on trips to Brighton, the funfair, crazy golf, the cinema and bowling. On Wednesdays we held workshops on mental wellbeing and healthy eating, from our Unit. On Fridays we partnered with AWS (Amazon Web Services) who provided a team of volunteers that engaged our young people in sport days, craft days and fun days.



“  
QUOTE

As a parent I understand first-hand how important and enjoyable the Christmas period is for children and their families. I was both humbled and grateful for being able to help LNK team to provide support to those that needed it most.

Ending the year by focusing on giving back was the most gratifying and festive things we could have done as a team. But if we thought it was a beneficial event, it was nothing compared to the impact on the young people. Their faces absolutely lit up when they heard about Santa, their enjoyment at sneaking an extra biscuit for their friends who'd forgotten about the dessert table, the paper airplanes and the smiles under the layers of face paint showed where the real value was. For us it's a day that takes planning and a little extra on top of our day to day jobs, but for the people that Lives Not Knives support, if we can make a small difference to their festive period then we are delighted to support. Thank you LNK and all those who came for the day.

**VOLUNTEER  
AMAZON WEB SERVICES**

Following a successful partnership during the summer holidays, LNK partnered with AWS again for a 'Christmas Giving Day'. Nathan and James from AWS promoted LNK's work through the office and asked their teams to support the young people we work with by buying them a Christmas present.

Nathan and James did not stop there, they managed to secure a large donation of festive treats, cupboard staples and everyday essentials from Amazon Fresh to help families in Croydon alleviate the cost of Christmas.

**58**

Servings of Christmas dinner were provided to young people and their parents.

**80**

Young people were given a Christmas present of their choosing from AWS staff who personally purchased and wrapped a gift for each young person we mentor.

**160**

Families were supported with festive treats as well as kitchen staples such as rice, pasta, seasonings, cereal, canned fish, vegetables, beans and more.



# LNK EDUCATE



## WHAT IS LNK EDUCATE?

LNK Educate is a mentoring programme that is delivered by LNK Mentors in Croydon Schools. LNK Management work closely with the schools safeguarding team to identify young people who are at highest risk of school exclusion or already involved in youth crime. These young people are then given weekly 1-2-1 mentoring sessions.

We worked across 4 Croydon schools, 3 Secondary and 1 Primary school, from these schools a total of 78 young people were referred to us for mentoring. We prioritised referrals with young people who were subjected to:

- Abuse, Neglect, Mental illness or Domestic Violence in the home
- Family/Friends who are currently incarcerated, or involved in gangs and criminality
- Unstable low-income and single parents household
- Known alcohol or drug abuse
- Regular exclusions from school , high levels of truancy or a history of managed moves
- Involvement in anti-social behaviour, known to/flagged by the police
- Mental health issues: self harm, anxiety and depression



### KEY POINT

#### OF THE 78 REFERRALS:

**81%**

Suffered a traumatic life experience.

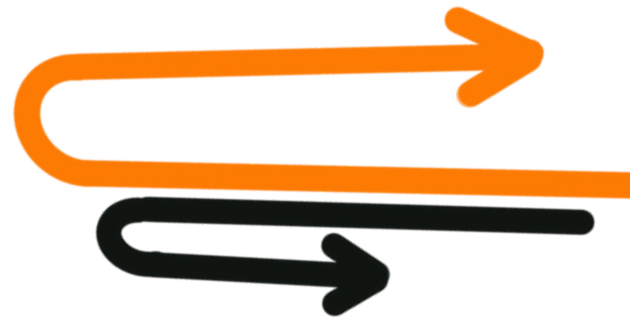
**77%**

Were eligible for free school meals.

**56%**

Known to have friends/family involved in gangs of criminal activity.

# LNK EDUCATE: CASE STUDY



## \* THE NEED

Child A's behaviour was first raised to a team at a school meeting, regarding safeguarding, special educational needs, attendance and behaviour categories. Child A has a number of difficulties and behavioural problems; struggling to manage their emotions, truanting from lessons, disengaging from learning and found the transition from Primary to Secondary very difficult.

Child A was referred to LNK in September 2021 for weekly 1-1 mentoring sessions as they needed a positive role model whom they could build a positive, trusted relationship with but someone who was not a teacher. The referral met the LNK threshold due to Child A being a student who had experienced a number of adverse childhood experiences, being at risk of possible exclusion, not making progress and anti-social activities within the local community were a cause of concern. They were also identified as a student who was at risk of child exploitation due to looking up to older peers who did not make positive choices and appeared to be seeking a relationship with a male role model.

## \* LNK SUPPORT

Child A had a lack of trust in adults and he initially found it difficult to speak about factors outside of school that were impacting on his well-being and his behaviour in school. LNK allocated Child A a mentor who had played semi-professional football as we knew Child A was passionate about football. Over time his LNK mentor used many strategies to engage Child A with his sessions, these included team building activities, positive praise and Child A's love of football.

The LNK sessions continued for the whole of Y8 and a positive relationship was building with his mentor and the impact of this support on Child A well-being was evident. Their relationship grew as Child A had learnt that he could share his thoughts and feelings, in a safe space with an adult who was consistently there for him. The mentor used Child A's love of football as a strategy to hook Child A in and to support Child A to understand the importance of being able to manage his emotions, this was achieved by; expressing the need for discipline, hard work - that he displayed on the pitch, the incorporation of these skills and transferring them into his school and personal life.

Child A had a significant loss and also had to deal with the incarceration of his mum. This hugely impacted his well-being and led to his disengagement from school. Returning to school from the summer break his behaviour declined. Child A would have outbursts of anger, leading to situations escalating which result in sanctions. Due to this a mental health referral was made.

It was agreed LNK would continue to support Child A weekly into Y9 and through this difficult period,

Child A was supported by their mentor who encouraged them to talk about their feelings rather than bottling them up.

## \* OUTCOME

The school of Child A operate a scoring system, focusing on behaviours that are classed positive or negative. Positive behaviour points are awarded for displays of behaviours such as; excellent communication, resilience, respect, ambition, excellent classroom behaviour. Example of negative behaviours would include: truancy, negative classroom behaviour, fighting, need for removal from classroom - disruption, talking, lack of work.

Child A saw a huge increase in positive behaviour points awarded to him - from senior leadership, teachers, teaching assistants and Pastoral Welfare Leads.

In the year prior to mentoring Child A was awarded:  
**29 points for respect, 31 for resilience and 62 for ambition.**

In the 22/23 year of mentoring:  
**Child A had been awarded 133 for respect, 148 resilience, 187 ambition.**



# LNK EMPOWER



“  
QUOTE

'This is a great chance for a school we have in our JagTag network to meet an NFL player, both to be on field enjoying the game but moreover having that interaction to speak about issues that affected them directly in the community. Lives Not Knives do amazing work to educate and teach young people on the pitfalls of anti-social behaviour and knife crime, we support the messages that were communicated on the day and the work they do across London, this is an invaluable partner for the Union Jax Foundation'.

**ANDY SCOTT**  
**UK GRASSROOTS MANAGER**

## WHAT IS LNK EMPOWER?

Empower has evolved from our Engage and Educate programmes, Empower supports young people aged 14- 18 who have referred themselves. These young people have expressed the need for access to more opportunities and support for when they leave school. Empower supports young people into a positive future by partnering with community organisations that build their soft skills and provide them with work experience.

We were lucky enough to partner with Jacksonville Jaguars (UK) and the Union Jax Foundation who reached out after their current British born current Jags player Ayo Oyelola, spotlighted Lives Not Knives charity as part of the NFL wide 'My Cause, My Cleats' where NFL players highlight the work of US or UK Charities.

We delivered a Q+A session with Ayo to 30 young people. The young people learnt about the discipline and commitment it takes to become a professional athlete, this also provided a chance for the young people to ask their own questions and Union Jax kindly gave all the young people who participated signed merchandise. The Q & A was followed by a JagTag on field session, in which JagTag coaches guided the young people through the drills and skills and games of 5v5 Flag Football.

Working with Ayo, Andy and Union Jax allowed us inspire the young people we work with, there was a real buzz during and following the session and all young people said they felt inspired!



# THANK YOU



“

The Big Fight UK are very proud to have worked with Lives not Knives for the last couple of years. We originally reached out to LNK because we wanted to help fight knife crime amongst young people. Although there are many charities fighting to help the youth of London and the surrounding areas we felt that LNK, being led by the youth was approaching things differently and we wanted to do what we could to help. To date our fighters have raised over £23,000. The Big Fight Team are looking forward to continuing to support the charity in the incredibly important work they do for our young people.

**GEM SAVAGE**  
**THE BIG FIGHT UK**



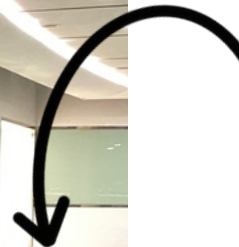
“

St Christophers hospice supported LNK by delivering training on bereavement and grief to the LNK team.

Working with Lives Not Knives has been a rewarding experience, particularly in our collaborative efforts on various projects. The opportunity to engage in co-production has been enriching, allowing for a mutually beneficial exchange of knowledge and insights. The mentorship provided has been invaluable, providing me with a deeper understanding of the challenges and strengths within the community. Additionally, conducting training sessions for mentors has been a fulfilling aspect of our partnership, as I've observed their ability to draw from personal backgrounds that resonate with the youth, fostering a meaningful and impactful connection.

**MALCOLM GILL**  
**ST CHRISTOPHERS HOSPICE**

# CONTACT US



**LIVES  
NOT  
KNIVES**

**LNK UNIT  
UPPER MALL  
CENTRALE SHOPPING CENTRE  
CROYDON  
CR0 1TY**

**INFO@LIVESNOTKNIVES.ORG**

**02086818244**

**CHARITY NUMBER:  
1153634**



REGISTERED COMPANY NUMBER: CE000143 (England and Wales)  
REGISTERED CHARITY NUMBER: 1153634

Contents of the Financial Statements  
for the Year Ended 31 March 2023

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2023

for

Lives Not Knives

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Contents of the Financial Statements  
for the Year Ended 31 March 2023

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Independent Examiner's Report	3
Statement of Financial Activities	4
Balance Sheet	5 to 6
Cash Flow Statement	7
Notes to the Cash Flow Statement	8
Notes to the Financial Statements	9 to 16
Detailed Statement of Financial Activities	17 to 18

Report of the Trustees  
for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRATEGIC REPORT**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE000143 (England and Wales)

**Registered Charity number**

1153634

**Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

**Trustees**

Monica Beckles  
Chris Jellow  
Kate Newton

**Company Secretary**

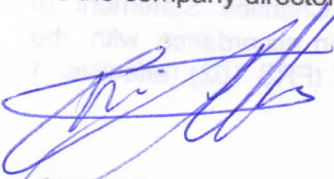
**Independent Examiner**

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2023

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 1 August 2023 and signed on the board's behalf by:



Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

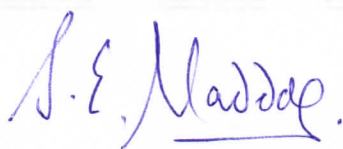
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Maddox FCCA  
The Association of Chartered Certified Accountants

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

1 August 2023

Lives Not Knives

Statement of Financial Activities  
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	92,383	-	92,383	108,447
<b>Charitable activities</b>	4				
Education and life skill development		59,800	(92,912)	(33,112)	393,215
Other trading activities	3	4,657	7	4,664	10,047
<b>Total</b>		<u>156,840</u>	<u>(92,905)</u>	<u>63,935</u>	<u>511,709</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	8,097	1,387	9,484	7,467
<b>Charitable activities</b>	6				
Education and life skill development		175,519	167,990	343,509	354,248
<b>Total</b>		<u>183,616</u>	<u>169,377</u>	<u>352,993</u>	<u>361,715</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(26,776)</u>	<u>(262,282)</u>	<u>(289,058)</u>	<u>149,994</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		338,019	262,282	600,301	450,307
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>311,243</u></u>	<u><u>-</u></u>	<u><u>311,243</u></u>	<u><u>600,301</u></u>

The notes form part of these financial statements

Balance Sheet  
31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	1,808	-	1,808	6,127
<b>CURRENT ASSETS</b>					
Debtors	13	544	-	544	-
Cash at bank and in hand		335,015	-	335,015	609,139
		<u>335,559</u>	-	<u>335,559</u>	<u>609,139</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(26,124)	-	(26,124)	(14,965)
<b>NET CURRENT ASSETS</b>		<u>309,435</u>	-	<u>309,435</u>	<u>594,174</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>311,243</u>	-	<u>311,243</u>	<u>600,301</u>
<b>NET ASSETS</b>		<u>311,243</u>	-	<u>311,243</u>	<u>600,301</u>
<b>FUNDS</b>	15				
Unrestricted funds				311,243	338,019
Restricted funds				-	262,282
<b>TOTAL FUNDS</b>				<u>311,243</u>	<u>600,301</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 1 August 2023 and were signed on its behalf by:

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued  
31 March 2023

Reserves	Unvested funds	Fixed Assets	Current Assets	Creditors	Net Current Assets	Total Assets less Current Liabilities	Net Assets	Funds	Total Funds
1,808	1,808	1,808	1,808	(1,808)	1,808	1,808	1,808	1,808	1,808
308,435	308,435	308,435	308,435	(308,435)	308,435	308,435	308,435	308,435	308,435
310,243	310,243	310,243	310,243	(310,243)	310,243	310,243	310,243	310,243	310,243
311,243	311,243	311,243	311,243	(311,243)	311,243	311,243	311,243	311,243	311,243
311,243	311,243	311,243	311,243	(311,243)	311,243	311,243	311,243	311,243	311,243
311,243	311,243	311,243	311,243	(311,243)	311,243	311,243	311,243	311,243	311,243
311,243	311,243	311,243	311,243	(311,243)	311,243	311,243	311,243	311,243	311,243
311,243	311,243	311,243	311,243	(311,243)	311,243	311,243	311,243	311,243	311,243
311,243	311,243	311,243	311,243	(311,243)	311,243	311,243	311,243	311,243	311,243

The trustee acknowledges their responsibilities for ensuring that the charitable company keeps accounting records that comply with Sections 388 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 384 and 385 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorized for issue on 1 August 2023 and were signed on its behalf by

The notes form part of these financial statements

Cash Flow Statement  
for the Year Ended 31 March 2023

	Notes	31.3.23 £	31.3.22 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(272,101)	139,843
Finance costs paid		(259)	(288)
		<u>(272,360)</u>	<u>139,555</u>
Net cash (used in)/provided by operating activities		<u>(272,360)</u>	<u>139,555</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(1,764)	(764)
		<u>(1,764)</u>	<u>(764)</u>
Net cash used in investing activities		<u>(1,764)</u>	<u>(764)</u>
<b>Change in cash and cash equivalents in the reporting period</b>			
		(274,124)	138,791
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>609,139</u>	<u>470,348</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>335,015</u></u>	<u><u>609,139</u></u>

The notes form part of these financial statements

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2023

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
<b>Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)</b>	(289,058)	149,994
<b>Adjustments for:</b>		
Depreciation charges	837	1,351
Loss on disposal of fixed assets	5,246	-
Finance costs	259	288
(Increase)/decrease in debtors	(544)	2,160
Increase/(decrease) in creditors	11,159	(13,950)
<b>Net cash (used in)/provided by operations</b>	<u>(272,101)</u>	<u>139,843</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
<b>Net cash</b>			
Cash at bank and in hand	609,139	(274,124)	335,015
	<u>609,139</u>	<u>(274,124)</u>	<u>335,015</u>
<b>Total</b>	<u>609,139</u>	<u>(274,124)</u>	<u>335,015</u>

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES - continued

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	92,383	108,447

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Commissioned work	4,627	10,029
Commission	37	18
	<u>4,664</u>	<u>10,047</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.23	31.3.22
		£	£
YEF	Education and life skill development	(92,912)	390,000
Grants	Education and life skill development	59,800	3,215
		<u>(33,112)</u>	<u>393,215</u>

5. RAISING FUNDS

**Other trading activities**

	31.3.23	31.3.22
	£	£
Purchases	9,484	7,467

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development	343,135	374	343,509

**7. SUPPORT COSTS**

	Finance £
Education and life skill development	374

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23 £	31.3.22 £
Depreciation - owned assets	837	1,351
Other operating leases	-	48
Deficit on disposal of fixed assets	5,246	-

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**10. STAFF COSTS**

	31.3.23 £	31.3.22 £
Wages and salaries	230,691	258,341
Social security costs	17,941	20,262
Other pension costs	3,016	2,638
	<u>251,648</u>	<u>281,241</u>

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Staff	<u>8</u>	<u>10</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

10. STAFF COSTS - continued

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	108,447	-	108,447
<b>Charitable activities</b>			
Education and life skill development	1,000	392,215	393,215
Other trading activities	10,029	18	10,047
<b>Total</b>	<b>119,476</b>	<b>392,233</b>	<b>511,709</b>
<b>EXPENDITURE ON</b>			
Raising funds	5,913	1,554	7,467
<b>Charitable activities</b>			
Education and life skill development	9,540	344,708	354,248
<b>Total</b>	<b>15,453</b>	<b>346,262</b>	<b>361,715</b>
<b>NET INCOME</b>	<b>104,023</b>	<b>45,971</b>	<b>149,994</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	233,996	216,311	450,307
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>338,019</b>	<b>262,282</b>	<b>600,301</b>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

12. TANGIBLE FIXED ASSETS

	Computer equipment £
<b>COST</b>	
At 1 April 2022	12,645
Additions	1,764
Disposals	(9,377)
	<u>5,032</u>
At 31 March 2023	<u>5,032</u>
<b>DEPRECIATION</b>	
At 1 April 2022	6,518
Charge for year	837
Eliminated on disposal	(4,131)
	<u>3,224</u>
At 31 March 2023	<u>3,224</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u>1,808</u>
At 31 March 2022	<u>6,127</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Prepayments	544	-
	<u>544</u>	<u>-</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Social security and other taxes	14,425	14,293
Other creditors	611	672
Accrued expenses	11,088	-
	<u>26,124</u>	<u>14,965</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**15. MOVEMENT IN FUNDS**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	338,019	(26,776)	311,243
<b>Restricted funds</b>			
Youth Endowment Fund	262,282	(262,282)	-
<b>TOTAL FUNDS</b>	<u>600,301</u>	<u>(289,058)</u>	<u>311,243</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	156,840	(183,616)	(26,776)
<b>Restricted funds</b>			
Youth Endowment Fund	(92,905)	(169,377)	(262,282)
<b>TOTAL FUNDS</b>	<u>63,935</u>	<u>(352,993)</u>	<u>(289,058)</u>

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	233,996	104,023	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	216,311	45,971	262,282
<b>TOTAL FUNDS</b>	<u>450,307</u>	<u>149,994</u>	<u>600,301</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	119,476	(15,453)	104,023
<b>Restricted funds</b>			
Youth Endowment Fund	392,233	(346,262)	45,971
<b>TOTAL FUNDS</b>	<u>511,709</u>	<u>(361,715)</u>	<u>149,994</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	233,996	77,247	311,243
<b>Restricted funds</b>			
Youth Endowment Fund	216,311	(216,311)	-
<b>TOTAL FUNDS</b>	<u>450,307</u>	<u>(139,064)</u>	<u>311,243</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	276,316	(199,069)	77,247
<b>Restricted funds</b>			
Youth Endowment Fund	299,328	(515,639)	(216,311)
<b>TOTAL FUNDS</b>	<u>575,644</u>	<u>(714,708)</u>	<u>(139,064)</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Movement in funds	Resources expended	Income received	
£	£	£	
101,033	(78,489)	1,878	Unrestricted funds General fund
48,971	(348,282)	582,203	Restricted funds Youth Enrichment Fund
149,904	(526,771)	864,081	TOTAL FUNDS

Movement in funds	Resources expended	Income received	
£	£	£	
37,174	(77,541)	280,088	Unrestricted funds General fund
-	(218,311)	218,311	Restricted funds Youth Enrichment Fund
37,174	(295,852)	498,409	TOTAL FUNDS

Movement in funds	Resources expended	Income received	
£	£	£	
37,174	(190,088)	278,218	Unrestricted funds General fund
(110,311)	(128,899)	288,288	Restricted funds Youth Enrichment Fund
(73,137)	(318,987)	566,506	TOTAL FUNDS

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

	31.3.23	31.3.22
	£	£
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	92,383	108,447
<b>Other trading activities</b>		
Commissioned work	4,627	10,029
Commission	37	18
	<u>4,664</u>	<u>10,047</u>
<b>Charitable activities</b>		
YEF	(92,912)	390,000
Grants	59,800	3,215
	<u>(33,112)</u>	<u>393,215</u>
<b>Total incoming resources</b>	63,935	511,709
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Programme expenses	9,484	7,467
<b>Charitable activities</b>		
Wages	230,691	258,341
Social security	17,941	20,262
Pensions	3,016	2,638
Rent	-	48
Rates and water	8,566	342
Insurance	354	755
Light and heat	7,686	4,394
Telephone	408	574
Postage and stationery	1,187	1,666
Advertising	5,418	2,160
Sundries	457	139
Consultancy	43,200	43,796
Accountancy	2,880	5,040
Professional fees	900	204
Counselling	3,335	915
Website IT and computer costs	4,906	1,350
Subscriptions	40	66
Carried forward	330,985	342,690

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

	31.3.23	31.3.22
	£	£
<b>Charitable activities</b>		
Brought forward	330,985	342,690
Travel	2,841	1,365
Cleaning	159	582
Staff Training	738	4,391
Repairs and renewals	1,956	2,981
Staff welfare	373	470
Computer equipment	837	1,351
Loss on sale of tangible fixed assets	5,246	-
	<u>343,135</u>	<u>353,830</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	115	130
Interest paid	259	288
	<u>374</u>	<u>418</u>
<b>Total resources expended</b>	<u>352,993</u>	<u>361,715</u>
<b>Net (expenditure)/income</b>	<u>(289,058)</u>	<u>149,994</u>

REGISTERED COMPANY NUMBER: CE000143 (England and Wales)  
REGISTERED CHARITY NUMBER: 1153634

Contents of the Financial Statements  
for the Year Ended 31 March 2023

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2023

for

Lives Not Knives

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Contents of the Financial Statements  
for the Year Ended 31 March 2023

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Cash Flow Statement	7
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Detailed Statement of Financial Activities	17 to 18

Report of the Trustees  
for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRATEGIC REPORT**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE000143 (England and Wales)

**Registered Charity number**

1153634

**Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

**Trustees**

Monica Beckles  
Chris Jellow  
Kate Newton

**Company Secretary**

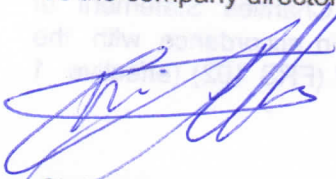
**Independent Examiner**

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2023

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 1 August 2023 and signed on the board's behalf by:



Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

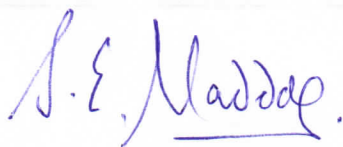
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Maddox FCCA  
The Association of Chartered Certified Accountants

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
DL12 8FE

1 August 2023

Lives Not Knives

Statement of Financial Activities  
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	92,383	-	92,383	108,447
<b>Charitable activities</b>	4				
Education and life skill development		59,800	(92,912)	(33,112)	393,215
Other trading activities	3	4,657	7	4,664	10,047
<b>Total</b>		<u>156,840</u>	<u>(92,905)</u>	<u>63,935</u>	<u>511,709</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	8,097	1,387	9,484	7,467
<b>Charitable activities</b>	6				
Education and life skill development		175,519	167,990	343,509	354,248
<b>Total</b>		<u>183,616</u>	<u>169,377</u>	<u>352,993</u>	<u>361,715</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(26,776)</u>	<u>(262,282)</u>	<u>(289,058)</u>	<u>149,994</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		338,019	262,282	600,301	450,307
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>311,243</u></u>	<u><u>-</u></u>	<u><u>311,243</u></u>	<u><u>600,301</u></u>

The notes form part of these financial statements

Balance Sheet  
31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	1,808	-	1,808	6,127
<b>CURRENT ASSETS</b>					
Debtors	13	544	-	544	-
Cash at bank and in hand		335,015	-	335,015	609,139
		<u>335,559</u>	-	<u>335,559</u>	<u>609,139</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(26,124)	-	(26,124)	(14,965)
<b>NET CURRENT ASSETS</b>		<u>309,435</u>	-	<u>309,435</u>	<u>594,174</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>311,243</u>	-	<u>311,243</u>	<u>600,301</u>
<b>NET ASSETS</b>		<u>311,243</u>	-	<u>311,243</u>	<u>600,301</u>
<b>FUNDS</b>	15				
Unrestricted funds				311,243	338,019
Restricted funds				-	262,282
<b>TOTAL FUNDS</b>				<u>311,243</u>	<u>600,301</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 1 August 2023 and were signed on its behalf by:

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued  
31 March 2023

Reserves	Unvested funds	Fixed Assets	Current Assets	Creditors	Net Current Assets	Total Assets less Current Liabilities	Net Assets	Funds	Total Funds
1,808	1,808	1,808	1,808	(1,808)	1,808	1,808	1,808	1,808	1,808
308,435	308,435	308,435	308,435	(308,435)	308,435	308,435	308,435	308,435	308,435
800,301	800,301	800,301	800,301	(800,301)	800,301	800,301	800,301	800,301	800,301
311,243	311,243	311,243	311,243	(311,243)	311,243	311,243	311,243	311,243	311,243
388,019	388,019	388,019	388,019	(388,019)	388,019	388,019	388,019	388,019	388,019
283,282	283,282	283,282	283,282	(283,282)	283,282	283,282	283,282	283,282	283,282
800,301	800,301	800,301	800,301	(800,301)	800,301	800,301	800,301	800,301	800,301

The trustee acknowledges their responsibilities for ensuring that the charitable company keeps accounting records that comply with Sections 388 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 384 and 385 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorized for issue on 1 August 2023 and were signed on its behalf by

The trustee is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The notes form part of these financial statements

Cash Flow Statement  
for the Year Ended 31 March 2023

	Notes	31.3.23 £	31.3.22 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(272,101)	139,843
Finance costs paid		(259)	(288)
		<u>(272,360)</u>	<u>139,555</u>
Net cash (used in)/provided by operating activities		<u>(272,360)</u>	<u>139,555</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(1,764)	(764)
		<u>(1,764)</u>	<u>(764)</u>
Net cash used in investing activities		<u>(1,764)</u>	<u>(764)</u>
<b>Change in cash and cash equivalents in the reporting period</b>			
		(274,124)	138,791
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>609,139</u>	<u>470,348</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>335,015</u></u>	<u><u>609,139</u></u>

The notes form part of these financial statements

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2023

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
<b>Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)</b>	(289,058)	149,994
<b>Adjustments for:</b>		
Depreciation charges	837	1,351
Loss on disposal of fixed assets	5,246	-
Finance costs	259	288
(Increase)/decrease in debtors	(544)	2,160
Increase/(decrease) in creditors	11,159	(13,950)
<b>Net cash (used in)/provided by operations</b>	<u>(272,101)</u>	<u>139,843</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
<b>Net cash</b>			
Cash at bank and in hand	609,139	(274,124)	335,015
	<u>609,139</u>	<u>(274,124)</u>	<u>335,015</u>
<b>Total</b>	<u>609,139</u>	<u>(274,124)</u>	<u>335,015</u>

Notes to the Financial Statements  
for the Year Ended 31 March 2023

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES - continued

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	92,383	108,447

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Commissioned work	4,627	10,029
Commission	37	18
	<u>4,664</u>	<u>10,047</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.23	31.3.22
		£	£
YEF	Education and life skill development	(92,912)	390,000
Grants	Education and life skill development	59,800	3,215
		<u>(33,112)</u>	<u>393,215</u>

5. RAISING FUNDS

**Other trading activities**

	31.3.23	31.3.22
	£	£
Purchases	9,484	7,467

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development	343,135	374	343,509

**7. SUPPORT COSTS**

Education and life skill development	Finance £ 374
--------------------------------------	---------------------

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23	31.3.22
	£	£
Depreciation - owned assets	837	1,351
Other operating leases	-	48
Deficit on disposal of fixed assets	5,246	-

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**10. STAFF COSTS**

	31.3.23	31.3.22
	£	£
Wages and salaries	230,691	258,341
Social security costs	17,941	20,262
Other pension costs	3,016	2,638
	<u>251,648</u>	<u>281,241</u>

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Staff	<u>8</u>	<u>10</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

10. STAFF COSTS - continued

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	108,447	-	108,447
<b>Charitable activities</b>			
Education and life skill development	1,000	392,215	393,215
Other trading activities	10,029	18	10,047
<b>Total</b>	<b>119,476</b>	<b>392,233</b>	<b>511,709</b>
<b>EXPENDITURE ON</b>			
Raising funds	5,913	1,554	7,467
<b>Charitable activities</b>			
Education and life skill development	9,540	344,708	354,248
<b>Total</b>	<b>15,453</b>	<b>346,262</b>	<b>361,715</b>
<b>NET INCOME</b>	<b>104,023</b>	<b>45,971</b>	<b>149,994</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	233,996	216,311	450,307
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>338,019</b>	<b>262,282</b>	<b>600,301</b>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**12. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 April 2022	12,645
Additions	1,764
Disposals	(9,377)
	<u>5,032</u>
At 31 March 2023	<u>5,032</u>
<b>DEPRECIATION</b>	
At 1 April 2022	6,518
Charge for year	837
Eliminated on disposal	(4,131)
	<u>3,224</u>
At 31 March 2023	<u>3,224</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u>1,808</u>
At 31 March 2022	<u>6,127</u>

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23 £	31.3.22 £
Prepayments	544	-
	<u>544</u>	<u>-</u>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23 £	31.3.22 £
Social security and other taxes	14,425	14,293
Other creditors	611	672
Accrued expenses	11,088	-
	<u>26,124</u>	<u>14,965</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**15. MOVEMENT IN FUNDS**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	338,019	(26,776)	311,243
<b>Restricted funds</b>			
Youth Endowment Fund	262,282	(262,282)	-
<b>TOTAL FUNDS</b>	<u>600,301</u>	<u>(289,058)</u>	<u>311,243</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	156,840	(183,616)	(26,776)
<b>Restricted funds</b>			
Youth Endowment Fund	(92,905)	(169,377)	(262,282)
<b>TOTAL FUNDS</b>	<u>63,935</u>	<u>(352,993)</u>	<u>(289,058)</u>

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	233,996	104,023	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	216,311	45,971	262,282
<b>TOTAL FUNDS</b>	<u>450,307</u>	<u>149,994</u>	<u>600,301</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	119,476	(15,453)	104,023
<b>Restricted funds</b>			
Youth Endowment Fund	392,233	(346,262)	45,971
<b>TOTAL FUNDS</b>	<u>511,709</u>	<u>(361,715)</u>	<u>149,994</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	233,996	77,247	311,243
<b>Restricted funds</b>			
Youth Endowment Fund	216,311	(216,311)	-
<b>TOTAL FUNDS</b>	<u>450,307</u>	<u>(139,064)</u>	<u>311,243</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	276,316	(199,069)	77,247
<b>Restricted funds</b>			
Youth Endowment Fund	299,328	(515,639)	(216,311)
<b>TOTAL FUNDS</b>	<u>575,644</u>	<u>(714,708)</u>	<u>(139,064)</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Movement in funds	Resources expended	Income received	
£	£	£	
101,033	(78,489)	1,878	Unrestricted funds General fund
48,971	(348,282)	582,203	Restricted funds Youth Enrichment Fund
149,904	(526,771)	864,081	TOTAL FUNDS

Movement in funds	Resources expended	Income received	
£	£	£	
37,374	(7,541)	280,088	Unrestricted funds General fund
-	(218,311)	218,311	Restricted funds Youth Enrichment Fund
37,374	(225,852)	498,409	TOTAL FUNDS

Movement in funds	Resources expended	Income received	
£	£	£	
37,374	(190,088)	278,218	Unrestricted funds General fund
(110,311)	(128,899)	288,288	Restricted funds Youth Enrichment Fund
(72,937)	(318,987)	566,506	TOTAL FUNDS

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

	31.3.23	31.3.22
	£	£
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	92,383	108,447
<b>Other trading activities</b>		
Commissioned work	4,627	10,029
Commission	37	18
	<u>4,664</u>	<u>10,047</u>
<b>Charitable activities</b>		
YEF	(92,912)	390,000
Grants	59,800	3,215
	<u>(33,112)</u>	<u>393,215</u>
<b>Total incoming resources</b>	63,935	511,709
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Programme expenses	9,484	7,467
<b>Charitable activities</b>		
Wages	230,691	258,341
Social security	17,941	20,262
Pensions	3,016	2,638
Rent	-	48
Rates and water	8,566	342
Insurance	354	755
Light and heat	7,686	4,394
Telephone	408	574
Postage and stationery	1,187	1,666
Advertising	5,418	2,160
Sundries	457	139
Consultancy	43,200	43,796
Accountancy	2,880	5,040
Professional fees	900	204
Counselling	3,335	915
Website IT and computer costs	4,906	1,350
Subscriptions	40	66
Carried forward	330,985	342,690

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

	31.3.23	31.3.22
	£	£
<b>Charitable activities</b>		
Brought forward	330,985	342,690
Travel	2,841	1,365
Cleaning	159	582
Staff Training	738	4,391
Repairs and renewals	1,956	2,981
Staff welfare	373	470
Computer equipment	837	1,351
Loss on sale of tangible fixed assets	5,246	-
	<u>343,135</u>	<u>353,830</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	115	130
Interest paid	259	288
	<u>374</u>	<u>418</u>
<b>Total resources expended</b>	<u>352,993</u>	<u>361,715</u>
<b>Net (expenditure)/income</b>	<u>(289,058)</u>	<u>149,994</u>

**LIVES NOT KNIVES**

England & Wales - Charity number 1153634

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# Accounts

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LIVES  
NOT  
KNIVES

# TRUSTEE ANNUAL REPORT



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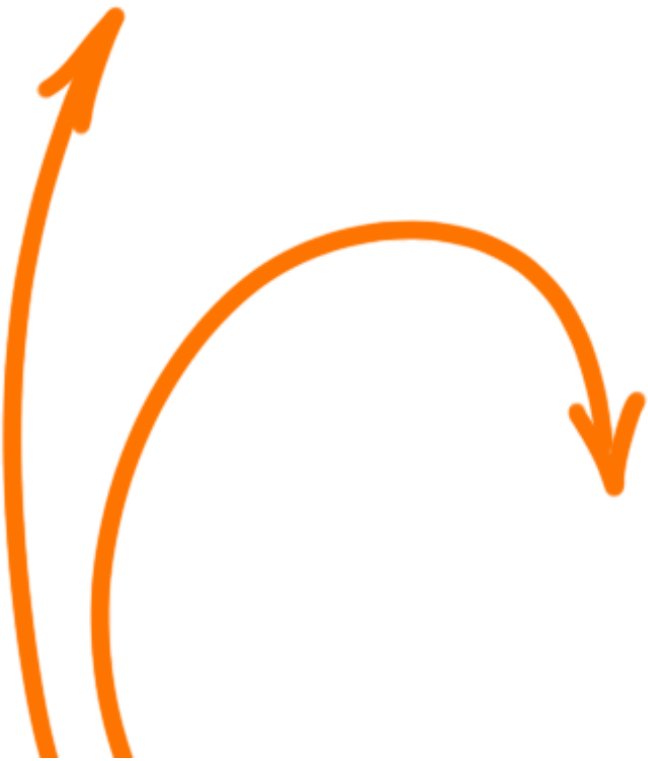
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**Thank You**



# TRUSTEE OPENING

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The phrase 'famous last words' spring to mind when reflecting on the past year. In my previous report, my first in the role, I reflected on the challenges experienced in 2020 and expressed a desire, and some optimism, that they would not be replicated! Alas, as we know, the pandemic and its consequences continued into 2021.

People continued to experience the damage caused by Covid and its devastating consequences on domestic abuse, poverty, and physical and mental health - all of which have a detrimental impact on our young people. This was evidenced by London recording its highest number of fatalities by knife crime! A desperately sad record that none of us wanted to see.

Unfortunately, with the cost of living also increasing and about to skyrocket, we fear these challenges are likely to continue for some time yet. However, so will the passion and commitment of our team to make a difference and reduce the negative effects on our young people and their families. I commend their excellent work and dedication against the backdrop of such challenging circumstances. It really is great to witness the connection and trust our team develop with our young people and the difference they make is tangible.

The ongoing challenges demonstrate the need for our services and strengthen our resolve to expand our reach. Under the excellent stewardship of our CEO, we continue to grow and develop our relationship with the schools we work with, helping teachers to better support their young people, and their parents. The knowledge and skills of our Youth Workers and Mentors has also grown to help them provide a greater range of support and develop the resilience necessary to witness daily the impact of such tough circumstances on our young people.

Our family of supporters is crucial in our ability to deliver our work and I would like to extend our thanks to our Trustees who give up their time to support Eliza and the team and steer and develop our services. Particular thanks to former Trustees Stephanie Larnder and Giselle Brown whose guidance and expertise over a number of years made a significant contribution to our growth and development.

We also extend our continued and warmest thanks and appreciation to our funders and partners. Your ongoing support is invaluable and will help us to realise our exciting goals for the coming year.

There is still much to do and we look forward to sharing the outcomes with you in our next report!

Thank you.

**Monica Beckles**  
**Chair Lives Not Knives**



# CEO OPENING

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Following a year of uncertainties we were once again dominated by COVID-19 restrictions, however, I am extremely proud of every member of the LNK team and our extended support network of volunteers. The team at Lives Not Knives continued to put the young people first and were able to adapt to the changes in mood, behaviour and attitude in a lot of the young people we work with, in schools in Croydon with LNK Educate funded by YEF, as well as the support we give from the LNK Unit, with LNK Engage funded by donations.

Due to the changes in young people, as well as the various lock downs that were known to effect mental well-being, management worked closely to create a new health and well being policy, to better support our staff, and in turn to better support young people. All staff are now offered counselling as well as mandatory weekly 1 2 1's to discuss their case loads with their manager. All staff also completed further training on domestic violence, sexual health and bereavement, to feel better equipped on current issues during their mentoring sessions.

Following sessions with teachers and other community meetings, it was made clear that more community resources were needed, and with a number of phone calls also coming from parents, the team created a resource on knife crime, youth violence and gangs for parents and carers. The resource provides guidance on how to have difficult conversations on youth violence with children, identifying warning signs that a child may be being exploited and further information on county lines. This was widely shared with the families we work with and the wider Lives Not Knives community.

Internally, we'll continue to prioritise our young people. In 2021, this included the continuation of LNK Educate, giving young people 1 2 1 support to make them feel more empowered to be in school and make the right decisions for their futures. We would also continue to give young people on the poverty line, who are often not fed 3 meals a day without the help of free school meals, a hot meal and fun activities during the school holidays- as part of LNK Engage.

To our supporters for working with us to raise awareness and vital funds, we are extremely grateful for coming on this journey with us – our work wouldn't exist without you.

We hope to continue our work to prevent knife crime, and youth violence, as well as support those in the community who need us most.

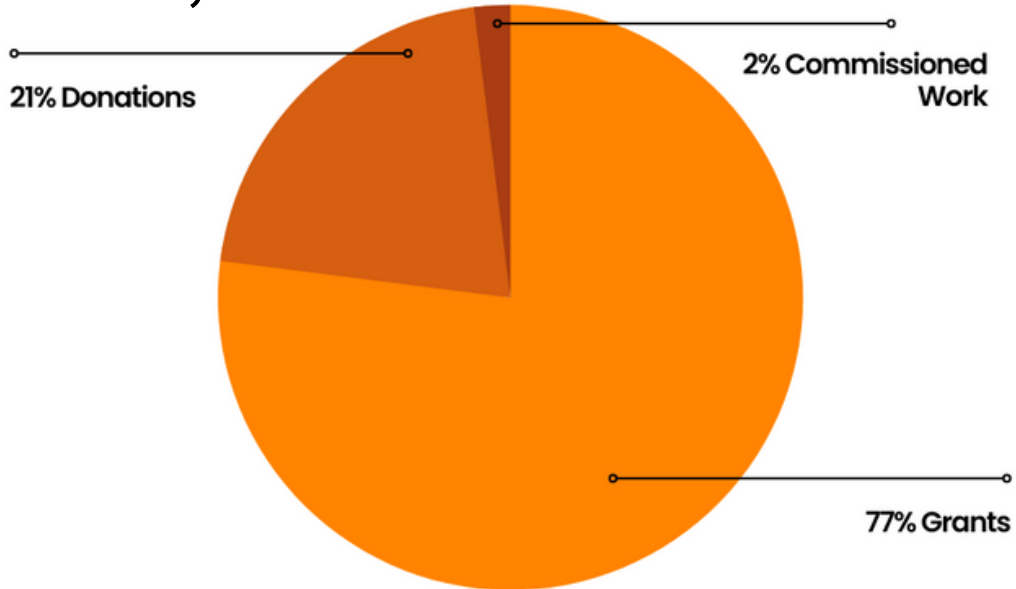
**ElizaRebeiro**  
**CEO Lives Not Knives**



# FINANCES

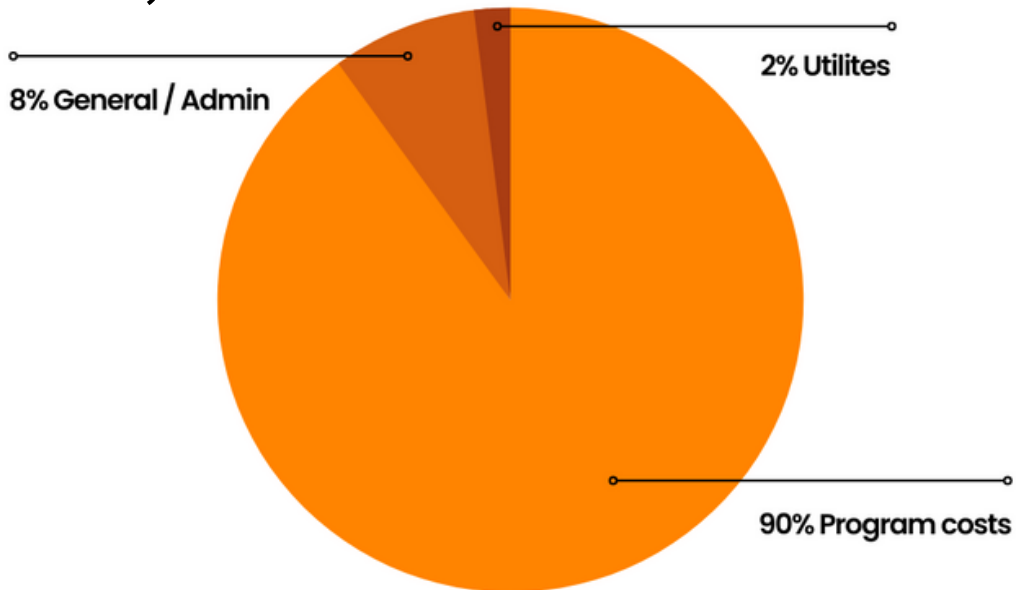
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## Income - £511,709



Income increased by £28,000 compared to the previous year, this is due to receiving £55,000 more in personal and corporate donations.

## Costs - £361,715



Costs have increased by £13,000 compared to the previous year, this is due to us purchasing new computers, as well as designating more funds towards staff wellbeing, and staff training.



# LNK ENGAGE

---

LNK Engage is a programme that supports young people from our LNK Unit in Croydon. Through Engage we run Youth Hub, an after school club, on Mondays and Fridays from 3.30pm – 6.30pm. We also run a holiday programme through all school holidays including half terms, that supports young people who are on free school meals, to have a place to still be a child and make new friends.

**549**

young people aged 11 – 19 attended Youth Hub throughout the year giving them a safe space, access to a mentor on site and equipment to support young people with their homework, college applications and CVs.

young people aged 8 - 14 attended throughout the holiday programme providing 1050 hot meals to young people as well as cultural trips to museums, and fun activities such as bowling, ice skating and team sports days.

**351**

**90%**

of young people across both programmes were black and minority ethnic. 100% of all young people who attend the holiday programme are signed up online by their parents or carers. Young people who attend youth hub, do so off of their own accord.



# LNK Engage - Case Study

Jake is a people person. For a child in Year 5 going into Year 6, it is rather impressive to see his level of communication, which is by far his greatest strength. Jake can effectively communicate with children that are: older or younger than him, from different backgrounds, with other innate qualities – either introverted or extroverted, and in some cases, those with SEND (ADHD and Autism). Jake has impressively been able to have engaging and exciting conversations with some of the youth workers and, on many occasions, make us laugh!

Jake was initially very quiet and reserved, dependent on his friend to engage with others and in activities at the LNK Unit. Jake now takes the lead in many activities and has vocally expressed a desire to lead in new activities that he has in mind and share with the rest of the group (i.e., sports events). Jake is now a very independent character and will do what he wants to do without waiting for the approval of others. Jake is also very inclusive and likes to get all of the kids involved.

Jake has thrown himself into everything he has done and has never shied away from activities, and it has been amazing seeing him learn new skills, and one that he has adopted is his table tennis skills!

Jake is also a very caring, empathetic, and kind young man, often checking on the wellbeing of his peers. Jake's improvements and development have been natural, organic, genuine and self-acquired - I believe that the LNK Summer Programme helped Jake bring them to light. The Summer Programme was a safe space for Jake that allowed him to express himself freely, without judgement, letting him grow and be himself. The youth workers were able to engage with Jake, and at times stimulate him past the point that his peers may not have been able to – through thoughtful, insightful and patient dialogue. Jake benefitted, at a level of personal growth, from the LNK Summer Programme, and it would be a pleasure to see Jake continue to engage with LNK

The name in this case study has been changed, to protect the child's identity, this case study was written by **Jack Price (Lead Youth Worker)**



# LNK EDUCATE

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The LNK Educate programme is focused around prevention and it is dual-pronged, meaning there is both a "universal" and "targeted" element. It is a whole school approach and teachers are taught how to deliver workshops in class so all young people aged between 9-14 at the participating school will benefit from up to 6 educational lessons on the dangers of knife crime. A limited number will also be referred for 1-2-1 mentoring – those referred are at the highest risk of being excluded from school. This could be because they are in a Gang, have carried a knife, have been arrested, abuse drugs and alcohol, or have various special educational needs, mental health needs that have yet to be diagnosed and need more support in school. It could also be because of various needs at home that aren't being fulfilled by parents and they need a mentor.

The LNK Educate team is comprised of 7 youth workers who are based in 9 schools in the borough of Croydon. 4 of these are Primary schools and 5 are Secondary's, with each school having between 1 and 3 mentors based there on a weekly basis depending on the perceived level of need. In addition, LNK also work in a number of areas in the borough of Croydon to make our work as far-reaching and wide-ranging as possible. These areas include: South Norwood, Thornton Heath, Coulsdon, New Addington and Purley.

After the schools have agreed to partner with LNK for the academic year, the first step in the programme is beginning the process that is required for the "universal" element. This involves the Project Manager and Lead Youth Worker going into the schools and completing a teacher training session with all the school staff who will be tasked with delivering the resources to the relevant year groups. Once the teachers feel comfortable and confident with the content in the curriculum, the lessons are then delivered by the teachers in a way that aligns with the school timetable.

When the teachers are trained to deliver the resources, LNK staff can then begin their work with the Designated Safeguarding Lead to collaboratively identify between 8-24 young people (according to the number of mentors based there) in the relevant year groups who they feel, based on a variety of criteria (which will be discussed later), would benefit most from 1-2-1 mentoring sessions with our qualified mentors.

The mentors will then carry out 1-2-1 session's on a weekly basis within the school environment and in accordance with the school timetable



All figures are from school year September 2021-July 2022.

# 213

teachers were trained to deliver LNKs Educational resources. The resources feature 6 video interviews with different people relating to knife crime. These lessons serve to educate and raise awareness of the issues surrounding knife crime, and help to foster a "whole school approach" to reducing exclusions and knife related incidents by increasing awareness amongst the students at the school, as well as the staff.

young people, between the ages of 9 and 16 across 9 Croydon schools were in attendance for all sessions in which teachers delivered LNKs Educational resources.

# 3750

# 168

young people were referred to us by teachers for varying reasons, some of them being; they were at the highest risk of exclusion, have a family background in violence or crime, have diagnosed and undiagnosed mental health issues, or have a negative attitude towards themselves and their future. All were given weekly 1-2-1 mentoring sessions with an LNK Youth Worker during school term.

Over the course of the YEF funded LNK Educate programme we were able to collect some data from the 168 mentees. The results are as follows :

- I have liked speaking to my mentor 95%
- My mentor is a good listener and has helped me to express myself 97%
- My mentor has helped me to enjoy school more 78%
- My mentor has helped me to engage with school more 80%
- My mentor makes me feel more supported 89%
- My mentor has helped me to think more about my actions 90%
- My mentor has given me useful advice and guidance 95%
- My mentor has helped me to understand my purpose and how I can achieve my goals 96%
- My mentor has empowered me and made me feel like I can succeed in the future 91%
- My mentor has helped me to understand other people better 77%
- My mentor has helped me to better understand and control my emotions 87%



# STAFF CASE STUDY

I am the operations manager at LNK, I oversee the day-to-day running of the Unit, the mental health and support for all LNK staff, and I am the designated safeguarding lead for all issues during the LNK Engage Programme. I first took the role at LNK, not knowing what to expect as my working experience has been corporate, so I wasn't aware of how hands-on I needed to be in a small charity. In previous roles, there was a finance department, an HR department, a department for a department and taking on this role, I have learnt that I need to be a lot more forward-thinking and organised, as well as have a hands-on approach to every situation. To help me with this, I completed a number of training courses, personally and with the whole team, to support me do my job such as designated safeguarding lead training, safeguarding training, sexual health and domestic violence, mental health first aid, counselling, basic Human Resources and bid writing. Since joining LNK, I have learnt that all mentors have a different work style and learning approach; whilst some are very hands on others need more support. I believe that I am very open with communication and try to at least acknowledge all staff needs by having 1-2-1 conversations and being available on WhatsApp messenger in working hours, to be a sounding board as well as offer support if any safeguarding issues arise in school. I have also learnt more about Croydon and the community needs and been more engaged with the people from Croydon as well as cross-partnership projects with other Croydon community partners.

In summer 2020 I took over the LNK Engage programme. The holiday programme is aimed at young people who are on free school meals. Through 2020 – 2021 we supported 985 young people with activities like bowling, science museum and trips to Brighton. I lead sessions on what a healthy plate looks like to provide a better understanding of food groups and to how easy and inexpensive meals can be for the whole family, in a bid to support our young people who often assumed that healthy eating was more expensive than eating takeaways.

What I've learnt is that there is a large community in Croydon, young people and parents, that need a lot of specialised support. 80% of the young people on our programmes have additional special educational needs and we often have to tailor the support given; giving dedicated time to the young people that need it, as well as making sure we have 5 young people per mentor and that all mentors are given training and a brief ahead of time to understand each young persons needs. Although we do not have a specific programme for parents, a lot of them are in need of an adult to talk and often call me to have conversations on gang's knife crime and violence.



**Darren Long**

# THANK YOU



**Huge thank you to our trustees, corporate sponsors and personal donors, as well as our partnered schools, parents and young people who continue to work with us to prevent knife crime and youth violence in London.**



REGISTERED COMPANY NUMBER: CE000143 (England and Wales)  
REGISTERED CHARITY NUMBER: 1153634

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2022  
for  
Lives Not Knives

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

Lives Not Knives

Contents of the Financial Statements  
for the Year Ended 31 March 2022

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Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRATEGIC REPORT**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE000143 (England and Wales)

**Registered Charity number**

1153634

**Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

**Trustees**

Chris Jellow  
Monica Bellows  
Stephanie Larnder  
Giselle Brown  
Kate Newton  
Alexandra Umpleby

**Company Secretary**

**Independent Examiner**

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2022

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees,  
as the company directors, on ..... and signed on the board's behalf by:

.....  
Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Maddox  
FCCA  
Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

Date: .....

Lives Not Knives

Statement of Financial Activities  
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	108,447	-	108,447	65,205
<b>Charitable activities</b>	4				
Education and life skill development programmes		1,000	392,215	393,215	418,465
Other trading activities	3	<u>10,029</u>	<u>18</u>	<u>10,047</u>	<u>511</u>
<b>Total</b>		119,476	392,233	511,709	484,181
<b>EXPENDITURE ON</b>					
Raising funds	5	5,913	1,554	7,467	10,456
<b>Charitable activities</b>	6				
Education and life skill development programmes		9,540	344,708	354,248	338,681
<b>Total</b>		<u>15,453</u>	<u>346,262</u>	<u>361,715</u>	<u>349,137</u>
<b>NET INCOME</b>		104,023	45,971	149,994	135,044
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		233,996	216,311	450,307	315,263
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>

The notes form part of these financial statements

Lives Not Knives

Balance Sheet  
31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	881	5,246	6,127	6,714
<b>CURRENT ASSETS</b>					
Debtors	13	-	-	-	2,160
Cash at bank and in hand		<u>337,138</u>	<u>272,001</u>	<u>609,139</u>	<u>470,348</u>
		337,138	272,001	609,139	472,508
<b>CREDITORS</b>					
Amounts falling due within one year	14	-	(14,965)	(14,965)	(28,915)
		<u>337,138</u>	<u>257,036</u>	<u>594,174</u>	<u>443,593</u>
<b>NET CURRENT ASSETS</b>					
		<u>337,138</u>	<u>257,036</u>	<u>594,174</u>	<u>443,593</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>
		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>
<b>NET ASSETS</b>					
		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>
<b>FUNDS</b>	15				
Unrestricted funds				338,019	233,996
Restricted funds				<u>262,282</u>	<u>216,311</u>
<b>TOTAL FUNDS</b>				<u>600,301</u>	<u>450,307</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued  
31 March 2022

..... and were signed on its behalf by:

.....  
Chris Jellow - Trustee

Lives Not Knives

Cash Flow Statement  
for the Year Ended 31 March 2022

	Notes	31.3.22 £	31.3.21 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	139,843	156,097
Finance costs paid		<u>(288)</u>	<u>(288)</u>
Net cash provided by operating activities		<u>139,555</u>	<u>155,809</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		<u>(764)</u>	<u>(5,377)</u>
Net cash used in investing activities		<u>(764)</u>	<u>(5,377)</u>
		<u>                    </u>	<u>                    </u>
<b>Change in cash and cash equivalents in the reporting period</b>		138,791	150,432
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>470,348</u>	<u>319,916</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u>609,139</u>	<u>470,348</u>

The notes form part of these financial statements

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2022

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.22 £	31.3.21 £
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	149,994	135,044
<b>Adjustments for:</b>		
Depreciation charges	1,351	2,971
Finance costs	288	288
(Decrease)/increase in creditors	<u>(11,790)</u>	<u>17,794</u>
<b>Net cash provided by operations</b>	<u>139,843</u>	<u>156,097</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.21 £	Cash flow £	At 31.3.22 £
<b>Net cash</b>			
Cash at bank and in hand	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>
	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>
<b>Total</b>	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**1. ACCOUNTING POLICIES - continued**

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. DONATIONS AND LEGACIES**

	31.3.22	31.3.21
	£	£
Donations	<u>108,447</u>	<u>65,205</u>

**3. OTHER TRADING ACTIVITIES**

	31.3.22	31.3.21
	£	£
Commissioned work	10,029	-
Commission	18	11
Apprenticeship incentive	<u>-</u>	<u>500</u>
	<u>10,047</u>	<u>511</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	31.3.22	31.3.21
	£	£
YEF	390,000	380,000
Grants	<u>3,215</u>	<u>38,465</u>
	<u>393,215</u>	<u>418,465</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**5. RAISING FUNDS****Raising donations and legacies**

	31.3.22	31.3.21
	£	£
Fund raising expenses	<u>3</u>	<u>1</u>

**Other trading activities**

	31.3.22	31.3.21
	£	£
Purchases	<u>7,464</u>	<u>10,455</u>
Aggregate amounts	<u>7,467</u>	<u>10,456</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Education and life skill development programmes	<u>353,830</u>	<u>418</u>	<u>354,248</u>

**7. SUPPORT COSTS**

	Finance £
Education and life skill development programmes	<u>418</u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	1,351	2,971
Other operating leases	<u>48</u>	<u>-</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**10. STAFF COSTS**

	31.3.22	31.3.21
	£	£
Wages and salaries	258,341	241,096
Social security costs	20,262	17,355
Other pension costs	<u>2,638</u>	<u>3,795</u>
	<u>281,241</u>	<u>262,246</u>

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Staff	<u>10</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	65,205	-	65,205
<b>Charitable activities</b>			
Education and life skill development programmes	7,000	411,465	418,465
Other trading activities	<u>-</u>	<u>511</u>	<u>511</u>
<b>Total</b>	72,205	411,976	484,181
<b>EXPENDITURE ON</b>			
Raising funds	10,131	325	10,456
<b>Charitable activities</b>			
Education and life skill development programmes	6,159	332,522	338,681

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>Total</b>	16,290	332,847	349,137
<b>NET INCOME</b>	55,915	79,129	135,044
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	178,081	137,182	315,263
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>233,996</u>	<u>216,311</u>	<u>450,307</u>

**12. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 April 2021	11,881
Additions	<u>764</u>
At 31 March 2022	<u>12,645</u>
<b>DEPRECIATION</b>	
At 1 April 2021	5,167
Charge for year	<u>1,351</u>
At 31 March 2022	<u>6,518</u>
<b>NET BOOK VALUE</b>	
At 31 March 2022	<u>6,127</u>
At 31 March 2021	<u>6,714</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Prepayments	<u>-</u>	<u>2,160</u>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Social security and other taxes	14,293	26,008
Other creditors	672	958
Accrued expenses	<u>-</u>	<u>1,949</u>
	<u>14,965</u>	<u>28,915</u>

**15. MOVEMENT IN FUNDS**

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
<b>Unrestricted funds</b>			
General fund	233,996	104,023	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	<u>216,311</u>	<u>45,971</u>	<u>262,282</u>
<b>TOTAL FUNDS</b>	<u>450,307</u>	<u>149,994</u>	<u>600,301</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	119,476	(15,453)	104,023
<b>Restricted funds</b>			
Youth Endowment Fund	<u>392,233</u>	<u>(346,262)</u>	<u>45,971</u>
<b>TOTAL FUNDS</b>	<u>511,709</u>	<u>(361,715)</u>	<u>149,994</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**15. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	178,081	55,915	233,996
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	79,129	216,311
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>135,044</u>	<u>450,307</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	72,205	(16,290)	55,915
<b>Restricted funds</b>			
Youth Endowment Fund	411,976	(332,847)	79,129
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>484,181</u>	<u>(349,137)</u>	<u>135,044</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	178,081	159,938	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	125,100	262,282
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>285,038</u>	<u>600,301</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	191,681	(31,743)	159,938
<b>Restricted funds</b>			
Youth Endowment Fund	804,209	(679,109)	125,100
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>995,890</u>	<u>(710,852)</u>	<u>285,038</u>

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	108,447	65,205
<b>Other trading activities</b>		
Commissioned work	10,029	-
Commission	18	11
Apprenticeship incentive	-	500
	<u>10,047</u>	<u>511</u>
<b>Charitable activities</b>		
YEF	390,000	380,000
Grants	<u>3,215</u>	<u>38,465</u>
	<u>393,215</u>	<u>418,465</u>
<b>Total incoming resources</b>	511,709	484,181
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fund raising expenses	3	1
<b>Other trading activities</b>		
Programme expenses	7,464	10,455
<b>Charitable activities</b>		
Wages	258,341	241,096
Social security	20,262	17,355
Pensions	2,638	3,795
Rent	48	-
Rates and water	342	-
Insurance	755	691
Light and heat	4,394	3,873
Telephone	574	540
Postage and stationery	1,666	2,021
Advertising	2,160	6
Sundries	139	473
Consultancy	43,796	43,200
Accountancy	5,040	-
Carried forward	340,155	313,050

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022

	31.3.22	31.3.21
	£	£
<b>Charitable activities</b>		
Brought forward	340,155	313,050
Professional fees	204	300
Counselling	915	2,475
Website IT and computer costs	1,350	9,022
Subscriptions	66	361
Travel	1,365	592
Cleaning	582	488
Staff Training	4,391	6,050
Repairs and renewals	2,981	747
Uniforms	-	2,253
Staff welfare	470	-
Computer equipment	<u>1,351</u>	<u>2,971</u>
	353,830	338,309
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	130	84
Interest paid	<u>288</u>	<u>288</u>
	<u>418</u>	<u>372</u>
Total resources expended	<u>361,715</u>	<u>349,137</u>
<b>Net income</b>	<u>149,994</u>	<u>135,044</u>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: CE000143 (England and Wales)  
REGISTERED CHARITY NUMBER: 1153634

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2022  
for  
Lives Not Knives

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

Lives Not Knives

Contents of the Financial Statements  
for the Year Ended 31 March 2022

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Balance Sheet	5 to 6
Cash Flow Statement	7
Notes to the Cash Flow Statement	8
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Detailed Statement of Financial Activities	17 to 18

Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRATEGIC REPORT**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE000143 (England and Wales)

**Registered Charity number**

1153634

**Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

**Trustees**

Chris Jellow  
Monica Bellows  
Stephanie Larnder  
Giselle Brown  
Kate Newton  
Alexandra Umpleby

**Company Secretary**

**Independent Examiner**

Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

Lives Not Knives

Report of the Trustees  
for the Year Ended 31 March 2022

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees,  
as the company directors, on ..... and signed on the board's behalf by:

.....  
Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Maddox  
FCCA  
Maddox & Maddox Limited  
9 Commercial Yard  
Barnard Castle  
Co. Durham  
CR6 9LW

Date: .....

Lives Not Knives

Statement of Financial Activities  
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	108,447	-	108,447	65,205
<b>Charitable activities</b>	4				
Education and life skill development programmes		1,000	392,215	393,215	418,465
Other trading activities	3	<u>10,029</u>	<u>18</u>	<u>10,047</u>	<u>511</u>
<b>Total</b>		119,476	392,233	511,709	484,181
<b>EXPENDITURE ON</b>					
Raising funds	5	5,913	1,554	7,467	10,456
<b>Charitable activities</b>	6				
Education and life skill development programmes		9,540	344,708	354,248	338,681
<b>Total</b>		<u>15,453</u>	<u>346,262</u>	<u>361,715</u>	<u>349,137</u>
<b>NET INCOME</b>		104,023	45,971	149,994	135,044
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>233,996</u>	<u>216,311</u>	<u>450,307</u>	<u>315,263</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>

The notes form part of these financial statements

Lives Not Knives

Balance Sheet  
31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	12	881	5,246	6,127	6,714
<b>CURRENT ASSETS</b>					
Debtors	13	-	-	-	2,160
Cash at bank and in hand		<u>337,138</u>	<u>272,001</u>	<u>609,139</u>	<u>470,348</u>
		337,138	272,001	609,139	472,508
<b>CREDITORS</b>					
Amounts falling due within one year	14	-	(14,965)	(14,965)	(28,915)
		<u>337,138</u>	<u>257,036</u>	<u>594,174</u>	<u>443,593</u>
<b>NET CURRENT ASSETS</b>					
		<u>337,138</u>	<u>257,036</u>	<u>594,174</u>	<u>443,593</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>
<b>NET ASSETS</b>		<u>338,019</u>	<u>262,282</u>	<u>600,301</u>	<u>450,307</u>
<b>FUNDS</b>	15				
Unrestricted funds				338,019	233,996
Restricted funds				<u>262,282</u>	<u>216,311</u>
<b>TOTAL FUNDS</b>				<u>600,301</u>	<u>450,307</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued  
31 March 2022

..... and were signed on its behalf by:

.....  
Chris Jellow - Trustee

Lives Not Knives

Cash Flow Statement  
for the Year Ended 31 March 2022

	Notes	31.3.22 £	31.3.21 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	139,843	156,097
Finance costs paid		<u>(288)</u>	<u>(288)</u>
Net cash provided by operating activities		<u>139,555</u>	<u>155,809</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		<u>(764)</u>	<u>(5,377)</u>
Net cash used in investing activities		<u>(764)</u>	<u>(5,377)</u>
		<u>                    </u>	<u>                    </u>
<b>Change in cash and cash equivalents in the reporting period</b>		138,791	150,432
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>470,348</u>	<u>319,916</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u>609,139</u>	<u>470,348</u>

The notes form part of these financial statements

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2022

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.22 £	31.3.21 £
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	149,994	135,044
<b>Adjustments for:</b>		
Depreciation charges	1,351	2,971
Finance costs	288	288
(Decrease)/increase in creditors	<u>(11,790)</u>	<u>17,794</u>
<b>Net cash provided by operations</b>	<u><u>139,843</u></u>	<u><u>156,097</u></u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.21 £	Cash flow £	At 31.3.22 £
<b>Net cash</b>			
Cash at bank and in hand	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>
	<u>470,348</u>	<u>138,791</u>	<u>609,139</u>
<b>Total</b>	<u><u>470,348</u></u>	<u><u>138,791</u></u>	<u><u>609,139</u></u>

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**1. ACCOUNTING POLICIES - continued**

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. DONATIONS AND LEGACIES**

	31.3.22	31.3.21
	£	£
Donations	<u>108,447</u>	<u>65,205</u>

**3. OTHER TRADING ACTIVITIES**

	31.3.22	31.3.21
	£	£
Commissioned work	10,029	-
Commission	18	11
Apprenticeship incentive	<u>-</u>	<u>500</u>
	<u>10,047</u>	<u>511</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	31.3.22	31.3.21
	£	£
YEF	390,000	380,000
Grants	<u>3,215</u>	<u>38,465</u>
	<u>393,215</u>	<u>418,465</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**5. RAISING FUNDS**

**Raising donations and legacies**

	31.3.22	31.3.21
	£	£
Fund raising expenses	<u>3</u>	<u>1</u>

**Other trading activities**

	31.3.22	31.3.21
	£	£
Purchases	<u>7,464</u>	<u>10,455</u>
Aggregate amounts	<u>7,467</u>	<u>10,456</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs	Support costs (see note 7)	Totals
	£	£	£
Education and life skill development programmes	<u>353,830</u>	<u>418</u>	<u>354,248</u>

**7. SUPPORT COSTS**

	Finance £
Education and life skill development programmes	<u>418</u>

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	1,351	2,971
Other operating leases	<u>48</u>	<u>-</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**10. STAFF COSTS**

	31.3.22	31.3.21
	£	£
Wages and salaries	258,341	241,096
Social security costs	20,262	17,355
Other pension costs	<u>2,638</u>	<u>3,795</u>
	<u>281,241</u>	<u>262,246</u>

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Staff	<u>10</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	65,205	-	65,205
<b>Charitable activities</b>			
Education and life skill development programmes	7,000	411,465	418,465
Other trading activities	<u>-</u>	<u>511</u>	<u>511</u>
<b>Total</b>	72,205	411,976	484,181
<b>EXPENDITURE ON</b>			
Raising funds	10,131	325	10,456
<b>Charitable activities</b>			
Education and life skill development programmes	6,159	332,522	338,681

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
<b>Total</b>	16,290	332,847	349,137
<b>NET INCOME</b>	55,915	79,129	135,044
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	178,081	137,182	315,263
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>233,996</u>	<u>216,311</u>	<u>450,307</u>

12. TANGIBLE FIXED ASSETS

	Computer equipment £
<b>COST</b>	
At 1 April 2021	11,881
Additions	<u>764</u>
At 31 March 2022	<u>12,645</u>
<b>DEPRECIATION</b>	
At 1 April 2021	5,167
Charge for year	<u>1,351</u>
At 31 March 2022	<u>6,518</u>
<b>NET BOOK VALUE</b>	
At 31 March 2022	<u>6,127</u>
At 31 March 2021	<u>6,714</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Prepayments	<u>-</u>	<u>2,160</u>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Social security and other taxes	14,293	26,008
Other creditors	672	958
Accrued expenses	<u>-</u>	<u>1,949</u>
	<u>14,965</u>	<u>28,915</u>

**15. MOVEMENT IN FUNDS**

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
<b>Unrestricted funds</b>			
General fund	233,996	104,023	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	<u>216,311</u>	<u>45,971</u>	<u>262,282</u>
<b>TOTAL FUNDS</b>	<u>450,307</u>	<u>149,994</u>	<u>600,301</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	119,476	(15,453)	104,023
<b>Restricted funds</b>			
Youth Endowment Fund	<u>392,233</u>	<u>(346,262)</u>	<u>45,971</u>
<b>TOTAL FUNDS</b>	<u>511,709</u>	<u>(361,715)</u>	<u>149,994</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**15. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	178,081	55,915	233,996
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	79,129	216,311
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>135,044</u>	<u>450,307</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	72,205	(16,290)	55,915
<b>Restricted funds</b>			
Youth Endowment Fund	411,976	(332,847)	79,129
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>484,181</u>	<u>(349,137)</u>	<u>135,044</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	178,081	159,938	338,019
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	125,100	262,282
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>285,038</u>	<u>600,301</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	191,681	(31,743)	159,938
<b>Restricted funds</b>			
Youth Endowment Fund	804,209	(679,109)	125,100
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>995,890</u>	<u>(710,852)</u>	<u>285,038</u>

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	108,447	65,205
<b>Other trading activities</b>		
Commissioned work	10,029	-
Commission	18	11
Apprenticeship incentive	-	500
	<u>10,047</u>	<u>511</u>
<b>Charitable activities</b>		
YEF	390,000	380,000
Grants	<u>3,215</u>	<u>38,465</u>
	<u>393,215</u>	<u>418,465</u>
<b>Total incoming resources</b>	511,709	484,181
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fund raising expenses	3	1
<b>Other trading activities</b>		
Programme expenses	7,464	10,455
<b>Charitable activities</b>		
Wages	258,341	241,096
Social security	20,262	17,355
Pensions	2,638	3,795
Rent	48	-
Rates and water	342	-
Insurance	755	691
Light and heat	4,394	3,873
Telephone	574	540
Postage and stationery	1,666	2,021
Advertising	2,160	6
Sundries	139	473
Consultancy	43,796	43,200
Accountancy	5,040	-
Carried forward	340,155	313,050

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
<b>Charitable activities</b>		
Brought forward	340,155	313,050
Professional fees	204	300
Counselling	915	2,475
Website IT and computer costs	1,350	9,022
Subscriptions	66	361
Travel	1,365	592
Cleaning	582	488
Staff Training	4,391	6,050
Repairs and renewals	2,981	747
Uniforms	-	2,253
Staff welfare	470	-
Computer equipment	<u>1,351</u>	<u>2,971</u>
	353,830	338,309
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	130	84
Interest paid	<u>288</u>	<u>288</u>
	<u>418</u>	<u>372</u>
Total resources expended	<u>361,715</u>	<u>349,137</u>
<b>Net income</b>	<u>149,994</u>	<u>135,044</u>

This page does not form part of the statutory financial statements

**LIVES NOT KNIVES**

England & Wales - Charity number 1153634

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# Accounts

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# LIVES NOT KNIVES

20/21



# CEO OPENING

Reflecting on 2019/2020, nobody could deny it has been a year like no other, with many new challenges and changes forced upon us and with little time for us to embrace them. I am pleased to say we adapted as well as we could to support the young people in our community that needed us most.

Historically our referrals have always been young people at high risk of gang involvement, carrying a knife or already known to the police for offending. Although our programmes, aims and objectives as a charity have not changed, through the pandemic up until today, 95% of young people referred are on free school meals, and 100% of young people face more than 2 of the following, live in poverty, have parents with mental health problems, parents who abuse drugs and alcohol, are in care, suffer from domestic violence or abuse, have undiagnosed mental health or special educational needs and do not enjoy school or attend classes that they don't understand/feel they achieve in.

In spite of Covid-19 we managed to, continue our work with Youth Endowment Fund and work across 10 schools in Croydon delivering LNK Educate, our in house mentoring programme that works on creating a whole school approach to tackle knife crime. We also kept a close eye on government guidelines and managed to support a number of young people from the LNK Unit, on our LNK Engage programme, providing educational and fun activities as well as warm meals, throughout the lockdowns and all school holidays.

At a time when, collectively, we have never been more aware of the need for charity and community in all of our lives, I am proud to be CEO of Lives Not Knives and have such a wonderful and supportive LNK team as well as amazing trustees.



# TRUSTEE OPENING

This report represents my first year in office as Chair of Lives not Knives (LNK), having been elected in February 2020. What a year to commence the role! I am sure we would all agree that it has been unlike any other, and hope that it will not be replicated in our lifetime. I worked with the team at LNK before becoming Chair and was honoured to be appointed. I thoroughly enjoy working with Eliza Rebeiro, CEO, and the Trustees; a group of like-minded people who are enthusiastic about the work of this charity and who ensure effective governance to drive its success.

The new Board attended training in January, delivered by Kate and hosted by Alexandra Umpleby - with thanks. Kate has extensive experience of working with Charities in both funding and management roles and provided a valuable overview of the role of a Trustee and best practice in strong governance. Shortly thereafter, the Covid-19 pandemic arrived on UK shores and restricted governance procedures and, for the safety of Trustees, the decision was taken in March to move Board meetings to online rather than in person. This was particularly unfortunate due to the new composition of the Board.

The pandemic also restricted the Charity's general operations. Several staff were furloughed, and many schools were closed. Those that remained opened faced a myriad of challenges. It continues to be a difficult time for everybody, particularly so for young people. They have experienced disruption in every facet of their lives; learning, friendships, physical activities, and access to support services, all things which can provide an escape from life's harmful influences and which were so suddenly removed. Young people have witnessed their parents, teachers and caregivers wrestle with fear and uncertainty, financial hardship, and in too many instances, illness and death. These stresses increase the risks of young people witnessing or experiencing higher levels of abuse, the ramifications of which will be evident for years to come. It is estimated that approximately 1.5m children will require new or additional mental health support as a consequence of the crisis which will have a direct effect on attitude and behaviour.

These factors heightened the teams' passion and tenacity not to allow a pandemic to stand in the way of their important work. To address the unique challenges of the pandemic required ingenuity, creativity, and resilience. They developed risk assessments, adapted their methods of delivery, and demonstrated grit and determination. New team members were recruited and trained, new schools were enrolled, teacher training resources were enhanced, and accessibility improved, technology and branding were upgraded, fundraising packs were created and distributed, disadvantaged children were supported during the summer, and a programme of events for the black lives matter movement delivered. Phenomenal achievements through the toughest of terrains and the Board would like to extend our deepest gratitude and respect to every member of the team.

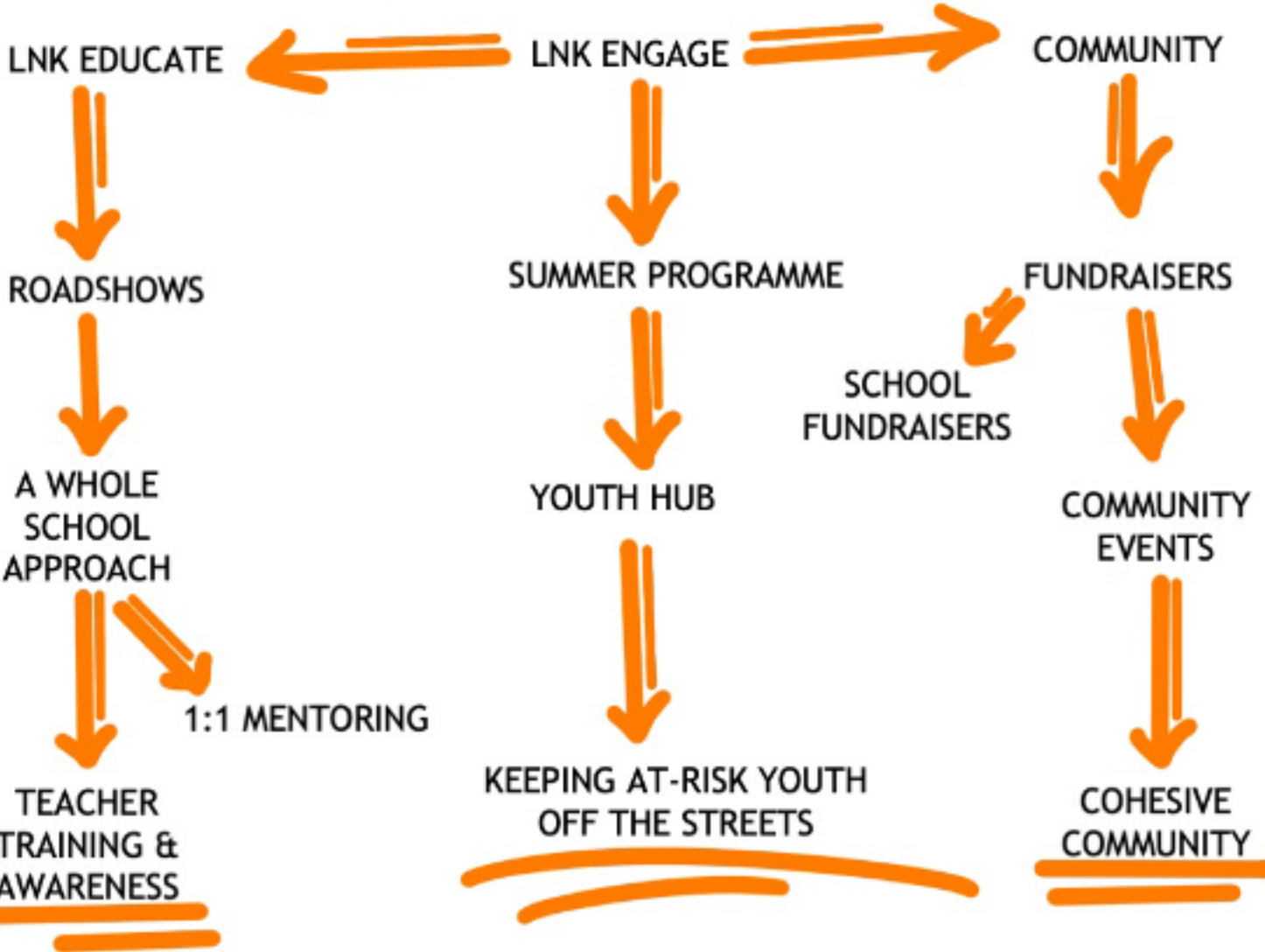
The Board would also like to extend our thanks and appreciation to the former Chair, Mr. James Emtage, who resigned in February, having held the position for 4 years. James steered the Charity through some of its greatest achievements, overseeing the Achievement of record funding levels, thereby facilitating a greater penetration of our services throughout the borough of Croydon. Thanks also to two former trustees who resigned from their positions this year, Saffron Saunders and Jackie King also integral to our growth.

Finally, we would like to extend our sincere thanks to our funders and partners, without whom our work would not be possible. With a commitment to long-term investment from our funders and the dedication of our team, we will continue to meet the growing needs of young people and make tangible improvements to their lives, helping to steer them onto paths to success.

Thank you.



**LIVES  
NOT  
KNIVES**



LNK Educate is the principal component of the **PREVENTATIVE WORK** that we do here at LNK. We work with teachers to deliver resources to primary and secondary school students in an attempt to keep them away from youth crime and violence, as well as 1-1 mentoring students identified as being more vulnerable.

**60%**

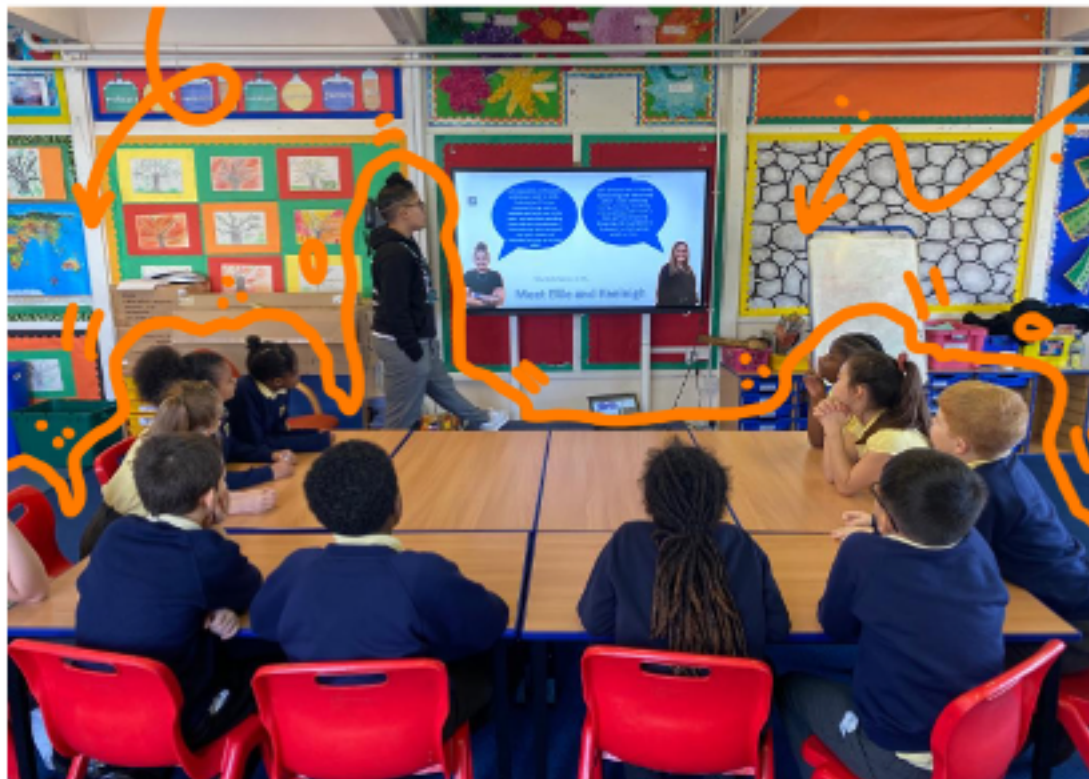
Of the U.K's prison population, **60%** were excluded from schools. Also, excluded pupils are **four times** more likely to grow up in poverty, meaning those excluded generally require the most support.

**94k**

Of Croydon's population is under-18, making it the **largest youth population** of any London borough.

**89**

Knife offences on school premises within the Croydon borough between 2015-2018 ranks the highest out of any London borough, over **30 more offences** than the next highest.



We firmly believe that **EARLY INTERVENTION IS ESSENTIAL** in protecting our next generation and improving these statistics.

Over the past year, LNK have worked with **11 schools** in the Croydon borough. We have trained roughly **320 teachers**, and delivered resources to over **4300 pupils**. Below is a testimony from Louise, who is head of safeguarding at Oasis Academy Ryelands

“ The children on the programme have definitely benefited from LNK, as they continue to break existing negative patterns that are in place. For example, I have seen an improvement amongst children who refuse to engage or come in to school at all. When working with the children that do display challenging behaviour, they seem to show a low level of empathy. One benefit of the programme is that LNK builds these levels up. **Having LNK work with the school strengthens our core message and solidifies in the pupils' minds the kind of ideals and moral compass that we as a school try to build.** This translates strongly in the classroom where you can see the child has made the effort to change their behaviour and approach others with more empathy. LNK's mentors reflect a similar community as the ones children are used to which is hugely impactful because they are nearer their age and so can relate to LNK's staff a lot better. They are not seen as authority as such, and so it is beneficial for working with those who have grown up with little respect for authority. When we think about the types of children we work with, they come from backgrounds where crime is an issue, so their perception of authority is often negative. This means that the messages coming from teachers are not always heard by the pupil but can be very powerful when said by an LNK mentor.

The children's knowledge of the dangers and gang and youth violence has improved. I have noticed that in previous sessions, the children joked around with the discussion on gangs whereas they now are exploring more real-life situations and wanting answers for them. Having a whole school approach has been beneficial because **some children may not need direct intervention at that stage in their life, but if 6-9 months later their personal circumstances change they may need that knowledge.** Two children were able to disclose their home situation since the LNK workshop, and the school were not aware about it until that session.

**The delivery of resources was very useful and specialised.** This allowed the teacher training to be effective as many did not have much knowledge prior to LNK, giving them confidence to tackle those issues when they rise. Having LNK staff around the school has given teachers confidence and continues that whole-school approach. I have no trouble discussing issues with them so that we produce collaborative work that is useful on both ends. All the teachers are happy because the children respond so positively when they are there.

I would love to be working with LNK in the future and it is definitely an initiative that should be in all schools. Other schools will benefit from similar provision, especially primary schools. **I believe that the earlier there is intervention, then the earlier positive changes can be brought about.** A lot of the children may not be directly involved in knives or gangs themselves, but a lot of them have the exposure and need the tools to avoid and prevent issues like this in the future. ”

# LNK ENGAGE

As part of LNK Engage, we run multiple programmes to provide a safe space for children aged 13-17, particularly those from single-parent or low income households, during out of school hours to keep them off the streets.

During the Summer holidays, we run a free six-week programme, providing hot meals and drinks, especially for those children from single-parent or low-income households. There are also daily activities available such as going ice skating or trips to the museum to allow these kids to socialise in a positive way with people their age. We run similar programmes over half-terms as well.

During the school term, we run our youth hub, where the LNK unit is open until 6:30pm from Monday to Friday. We provide mental health support, a place to relax and play videogames, as well as give employment advice.

Despite COVID-19 heavily reducing our capacity over the past year due to social distancing measures, we still managed 114 sign-ups to our different programmes.



# APPRENTICESHIPS AND STAFF TRAINING

To ensure that all of our youth workers are fully prepared to work with vulnerable young people in schools, we ensure that they complete a variety of training programmes. A testimony of this training is written below by Paul Bogle



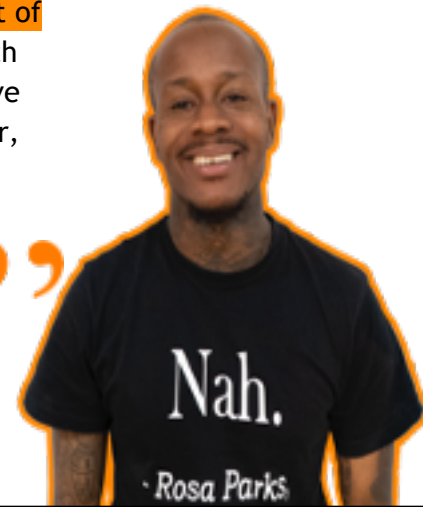
“ When I started at LNK I was initially employed as the social media content creator. Since then, I have started my youth work apprenticeship, so I am now a youth worker alongside the content creating. I got into youth work after going into the office and seeing the day-to-day running of the charity, witnessing first-hand how much of an impact was being made in young people's' lives. I wanted to also contribute to making a positive impact on the youth.

When I started my apprenticeship, I undertook a variety of training. For example, I partook in sexual health training, which taught me how to have conversations with young people who are sexually active, giving them pointers on how to stay safe, equipping me with the knowledge required to advise them correctly. I was also given mental health training, which has helped me to identify if a young person is suffering from ill mental health. I have also done HR training with Monica, which has helped me to settle into the workplace environment. LNK is my first office job, so this training has shown me how to deal with any discrepancies I may have in a professional manner.

Without doing the training or the apprenticeship, I would not be fully equipped to safeguard children, and I think that I would only have about 10% of what I need to work with a young person effectively. The 90% of what I have learnt at LNK from being around experienced mentors and doing my coursework has given me these abilities. Things such as case studies and witnessing first-hand the development of a young person allows me to see the impact of my work and allows me to analyse and improve in the future. All the training has been enjoyable mainly down to the fact that we can do it as a team, so it can also act as a bonding experience. It also allows for new staff to express their opinions on sensitive matters and ask open questions, which creates a much more comfortable environment to work with them in the future as part of a team.

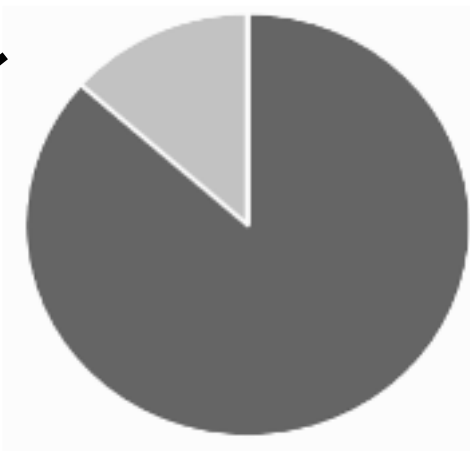
I have been at LNK for nearly 4 years now, and there is always something new to learn which allows me to constantly develop my skills, which I believe LNK have equipped me with to the best of their ability. From working here, I have been able to look at people differently, such as some friends who perhaps if they had a youth worker in their life, they would have turned out different. It is sad to think that something as small as not having an older, positive role model could make such a large impact on certain people.

And perhaps that one piece of advice they missed out on could have been the one that prevented them from making the wrong decision at a point in their life. ”





## INCOME



- Grants - £418,965
- Donations - £65,205

## COSTS



- Programme Costs - £327,272
- General / Admin - £16,273
- Utilities - £5,592

Income increased by £23k compared to the previous year, despite heavy limitations such as not being able to host fundraisers due to COVID.

Costs have increased over £127k compared to the previous year, mainly due to the expansion of the charity by taking on more youth workers to work as mentors on the LNK Educate programme.

There has been a 43% increase in total funds from £315k to £450k, which shows that LNK continues to be in a healthy financial position.



# THANK YOU

We would like to give a huge thanks to everyone who has donated, supported, or ran some sort of fundraiser which has allowed us to deliver our work to the community successfully



[WWW.LIVESNOTKNIVES.ORG](http://WWW.LIVESNOTKNIVES.ORG)  
[INFO@LIVESNOTKNIVES.ORG](mailto:INFO@LIVESNOTKNIVES.ORG)  
[@LNKCharity](https://www.instagram.com/LNKCharity)

LNK UNIT  
CENTRALE SHOPPING CENTRE  
CR0 1TY  
0208 6818 244

REGISTERED COMPANY NUMBER: CE000143 (England and Wales)  
REGISTERED CHARITY NUMBER: 1153634

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2021  
for  
Lives Not Knives

Maddox & Maddox Limited  
4 Spire Place  
Warlingham  
Surrey  
CR6 9LW

Lives Not Knives

Contents of the Financial Statements  
for the Year Ended 31 March 2021

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## Lives Not Knives

### Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

CE000143 (England and Wales)

##### **Registered Charity number**

1153634

##### **Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

##### **Trustees**

Chris Jellow (appointed 9.4.20)  
Monica Bellows  
Stephanie Larnder  
Giiselle Brown  
Kate Newton (appointed 9.4.20)  
Alexandra Umpleby

##### **Company Secretary**

##### **Independent Examiner**

Maddox & Maddox Limited  
4 Spire Place  
Warlingham  
Surrey  
CR6 9LW

Approved by order of the board of trustees on 14 December 2021 and signed on its behalf by:



Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Maddox  
FCCA  
Maddox & Maddox Limited  
4 Spire Place  
Warlingham  
Surrey  
CR6 9LW

14 December 2021

## Lives Not Knives

### Statement of Financial Activities for the Year Ended 31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	31.3.21 Total funds £	31.3.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		65,205	-	65,205	50,414
<b>Charitable activities</b>					
Education and life skill development programmes		7,000	411,465	418,465	324,705
Other trading activities	2	-	511	511	85,923
Investment income	3	-	-	-	250
<b>Total</b>		<b>72,205</b>	<b>411,976</b>	<b>484,181</b>	<b>461,292</b>
<b>EXPENDITURE ON</b>					
Raising funds		-	-	-	1,587
<b>Charitable activities</b>					
Education and life skill development programmes		16,290	332,847	349,137	219,174
<b>Total</b>		<b>16,290</b>	<b>332,847</b>	<b>349,137</b>	<b>220,761</b>
<b>NET INCOME</b>		<b>55,915</b>	<b>79,129</b>	<b>135,044</b>	<b>240,531</b>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>178,081</b>	<b>137,182</b>	<b>315,263</b>	<b>74,732</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u>233,996</u></b>	<b><u>216,311</u></b>	<b><u>450,307</u></b>	<b><u>315,263</u></b>

The notes form part of these financial statements

Lives Not Knives

Balance Sheet  
31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	31.3.21 Total funds £	31.3.20 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	8	1,310	5,404	6,714	4,308
<b>CURRENT ASSETS</b>					
Debtors	9	-	2,160	2,160	2,180
Cash at bank and in hand		<u>240,033</u>	<u>230,315</u>	<u>470,348</u>	<u>319,916</u>
		240,033	232,475	472,508	322,096
<b>CREDITORS</b>					
Amounts falling due within one year	10	(7,347)	(21,568)	(28,915)	(11,141)
<b>NET CURRENT ASSETS</b>		<u>232,686</u>	<u>210,907</u>	<u>443,593</u>	<u>310,955</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>233,996</u>	<u>216,311</u>	<u>450,307</u>	<u>315,263</u>
<b>NET ASSETS</b>		<u>233,996</u>	<u>216,311</u>	<u>450,307</u>	<u>315,263</u>
<b>FUNDS</b>	11				
Unrestricted funds				233,996	178,081
Restricted funds				<u>216,311</u>	<u>137,182</u>
<b>TOTAL FUNDS</b>				<u>450,307</u>	<u>315,263</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued

31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 14 December 2021 and were signed on its behalf by:



Chris Jellow - Trustee

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## Lives Not Knives

### Notes to the Financial Statements - continued for the Year Ended 31 March 2021

#### **2. OTHER TRADING ACTIVITIES**

	31.3.21	31.3.20
	£	£
Commissioned work	-	84,912
Commission	11	11
Apprenticeship incentive	500	500
Competition award	-	500
	<u>511</u>	<u>85,923</u>

#### **3. INVESTMENT INCOME**

	31.3.21	31.3.20
	£	£
Rents received	-	250

#### **4. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	<u>2,971</u>	<u>1,626</u>

#### **5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

#### **6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Staff	<u>8</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

## 7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	50,414	-	50,414
<b>Charitable activities</b>			
Education and life skill development programmes	55,705	269,000	324,705
Other trading activities	85,918	5	85,923
Investment income	<u>250</u>	<u>-</u>	<u>250</u>
<b>Total</b>	192,287	269,005	461,292
<b>EXPENDITURE ON</b>			
Raising funds	-	-	1,587
<b>Charitable activities</b>			
Education and life skill development programmes	88,938	131,823	219,174
<b>Total</b>	<u>88,938</u>	<u>131,823</u>	<u>220,761</u>
<b>NET INCOME</b>	103,349	137,182	240,531
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>74,732</u>	-	<u>74,732</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>178,081</u></u>	<u><u>137,182</u></u>	<u><u>315,263</u></u>

Lives Not Knives

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**8. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 April 2020	6,504
Additions	<u>5,377</u>
At 31 March 2021	<u>11,881</u>
<b>DEPRECIATION</b>	
At 1 April 2020	2,196
Charge for year	<u>2,971</u>
At 31 March 2021	<u>5,167</u>
<b>NET BOOK VALUE</b>	
At 31 March 2021	<u>6,714</u>
At 31 March 2020	<u>4,308</u>

**9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Other debtors	-	2,180
Prepayments	<u>2,160</u>	<u>-</u>
	<u>2,160</u>	<u>2,180</u>

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Social security and other taxes	26,008	8,951
Other creditors	958	30
Accrued expenses	<u>1,949</u>	<u>2,160</u>
	<u>28,915</u>	<u>11,141</u>

Lives Not Knives

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**11. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	178,081	55,915	233,996
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	79,129	216,311
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>135,044</u>	<u>450,307</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	72,205	(16,290)	55,915
<b>Restricted funds</b>			
Youth Endowment Fund	411,976	(332,847)	79,129
<b>TOTAL FUNDS</b>	<u>484,181</u>	<u>(349,137)</u>	<u>135,044</u>

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General fund	74,732	103,349	178,081
<b>Restricted funds</b>			
Youth Endowment Fund	-	137,182	137,182
<b>TOTAL FUNDS</b>	<u>74,732</u>	<u>240,531</u>	<u>315,263</u>

**11. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	192,287	(88,938)	103,349
<b>Restricted funds</b>			
Youth Endowment Fund	269,005	(131,823)	137,182
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>461,292</u>	<u>(220,761)</u>	<u>240,531</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	74,732	159,264	233,996
<b>Restricted funds</b>			
Youth Endowment Fund	-	216,311	216,311
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>74,732</u>	<u>375,575</u>	<u>450,307</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	264,492	(105,228)	159,264
<b>Restricted funds</b>			
Youth Endowment Fund	680,981	(464,670)	216,311
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>945,473</u>	<u>(569,898)</u>	<u>375,575</u>

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	65,205	50,414
<b>Other trading activities</b>		
Commissioned work	-	84,912
Commission	11	11
Apprenticeship incentive	500	500
Competition award	-	500
	<u>511</u>	<u>85,923</u>
<b>Investment income</b>		
Rents received	-	250
<b>Charitable activities</b>		
YEF	380,000	269,000
Grants	<u>38,465</u>	<u>55,705</u>
	<u>418,465</u>	<u>324,705</u>
<b>Total incoming resources</b>	484,181	461,292
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fund raising expenses	-	1,587
<b>Other trading activities</b>		
Programme Expenses	10,456	7,736
<b>Charitable activities</b>		
Wages	241,096	136,232
Social security	17,355	7,431
Pensions	3,795	-
Rates and water	-	246
Insurance	691	655
Light and heat	3,873	5,398
Telephone	540	1,046
Postage and stationery	2,021	2,494
Advertising	6	10
Carried forward	269,377	153,512

This page does not form part of the statutory financial statements

Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2021

	31.3.21	31.3.20
	£	£
<b>Charitable activities</b>		
Brought forward	269,377	153,512
Sundries	473	1,346
Consultancy	43,200	30,762
Accountancy	-	4,344
Professional fees	300	1,885
Counselling	2,475	3,465
Website IT and computer costs	9,022	2,055
Subscriptions	361	320
Travel	592	1,760
Cleaning	488	725
Staff Training	6,050	4,563
Repairs and renewals	747	4,446
Uniforms	2,253	469
Computer equipment	<u>2,971</u>	<u>1,626</u>
	338,309	211,279
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	84	160
Interest paid	<u>288</u>	<u>-</u>
	<u>372</u>	<u>160</u>
Total resources expended	<u>349,137</u>	<u>220,761</u>
<b>Net income</b>	<u>135,044</u>	<u>240,531</u>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: CE000143 (England and Wales)  
REGISTERED CHARITY NUMBER: 1153634

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2021  
for  
Lives Not Knives

Maddox & Maddox Limited  
4 Spire Place  
Warlingham  
Surrey  
CR6 9LW

Lives Not Knives

Contents of the Financial Statements  
for the Year Ended 31 March 2021

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Balance Sheet	5 to 6
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Detailed Statement of Financial Activities	14 to 15

## Lives Not Knives

### Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

CE000143 (England and Wales)

##### **Registered Charity number**

1153634

##### **Registered office**

LNK Unit  
Upper Mall  
Centrale Shopping Centre  
Croydon  
Surrey  
CR0 1TY

##### **Trustees**

Chris Jellow (appointed 9.4.20)  
Monica Bellows  
Stephanie Larnder  
Giiselle Brown  
Kate Newton (appointed 9.4.20)  
Alexandra Umpleby

##### **Company Secretary**

##### **Independent Examiner**

Maddox & Maddox Limited  
4 Spire Place  
Warlingham  
Surrey  
CR6 9LW

Approved by order of the board of trustees on 14 December 2021 and signed on its behalf by:



Chris Jellow - Trustee

Independent Examiner's Report to the Trustees of  
Lives Not Knives

**Independent examiner's report to the trustees of Lives Not Knives ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Maddox  
FCCA  
Maddox & Maddox Limited  
4 Spire Place  
Warlingham  
Surrey  
CR6 9LW

14 December 2021

## Lives Not Knives

### Statement of Financial Activities for the Year Ended 31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	31.3.21 Total funds £	31.3.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		65,205	-	65,205	50,414
<b>Charitable activities</b>					
Education and life skill development programmes		7,000	411,465	418,465	324,705
Other trading activities	2	-	511	511	85,923
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<b>Total</b>		<b>72,205</b>	<b>411,976</b>	<b>484,181</b>	<b>461,292</b>
<b>EXPENDITURE ON</b>					
Raising funds		-	-	-	1,587
<b>Charitable activities</b>					
Education and life skill development programmes		16,290	332,847	349,137	219,174
<b>Total</b>		<b>16,290</b>	<b>332,847</b>	<b>349,137</b>	<b>220,761</b>
<b>NET INCOME</b>		<b>55,915</b>	<b>79,129</b>	<b>135,044</b>	<b>240,531</b>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>178,081</b>	<b>137,182</b>	<b>315,263</b>	<b>74,732</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u>233,996</u></b>	<b><u>216,311</u></b>	<b><u>450,307</u></b>	<b><u>315,263</u></b>

The notes form part of these financial statements

Lives Not Knives

Balance Sheet  
31 March 2021

	Notes	Unrestricted fund £	Restricted fund £	31.3.21 Total funds £	31.3.20 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	8	1,310	5,404	6,714	4,308
<b>CURRENT ASSETS</b>					
Debtors	9	-	2,160	2,160	2,180
Cash at bank and in hand		<u>240,033</u>	<u>230,315</u>	<u>470,348</u>	<u>319,916</u>
		240,033	232,475	472,508	322,096
<b>CREDITORS</b>					
Amounts falling due within one year	10	(7,347)	(21,568)	(28,915)	(11,141)
<b>NET CURRENT ASSETS</b>		<u>232,686</u>	<u>210,907</u>	<u>443,593</u>	<u>310,955</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>233,996</u>	<u>216,311</u>	<u>450,307</u>	<u>315,263</u>
<b>NET ASSETS</b>		<u>233,996</u>	<u>216,311</u>	<u>450,307</u>	<u>315,263</u>
<b>FUNDS</b>	11				
Unrestricted funds				233,996	178,081
Restricted funds				<u>216,311</u>	<u>137,182</u>
<b>TOTAL FUNDS</b>				<u>450,307</u>	<u>315,263</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Lives Not Knives

Balance Sheet - continued

31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 14 December 2021 and were signed on its behalf by:



Chris Jellow - Trustee

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

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Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## Lives Not Knives

### Notes to the Financial Statements - continued for the Year Ended 31 March 2021

#### **2. OTHER TRADING ACTIVITIES**

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	£	£
Commissioned work	-	84,912
Commission	11	11
Apprenticeship incentive	500	500
Competition award	-	500
	<u>511</u>	<u>85,923</u>

#### **3. INVESTMENT INCOME**

	31.3.21	31.3.20
	£	£
Rents received	-	250
	<u>-</u>	<u>250</u>

#### **4. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	<u>2,971</u>	<u>1,626</u>

#### **5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

#### **6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Staff	<u>8</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	50,414	-	50,414
<b>Charitable activities</b>			
Education and life skill development programmes	55,705	269,000	324,705
Other trading activities	85,918	5	85,923
Investment income	<u>250</u>	<u>-</u>	<u>250</u>
<b>Total</b>	192,287	269,005	461,292
<b>EXPENDITURE ON</b>			
Raising funds	-	-	1,587
<b>Charitable activities</b>			
Education and life skill development programmes	88,938	131,823	219,174
<b>Total</b>	<u>88,938</u>	<u>131,823</u>	<u>220,761</u>
<b>NET INCOME</b>	103,349	137,182	240,531
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	<u>74,732</u>	<u>-</u>	<u>74,732</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>178,081</u></u>	<u><u>137,182</u></u>	<u><u>315,263</u></u>

Lives Not Knives

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**8. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 April 2020	6,504
Additions	<u>5,377</u>
At 31 March 2021	<u>11,881</u>
<b>DEPRECIATION</b>	
At 1 April 2020	2,196
Charge for year	<u>2,971</u>
At 31 March 2021	<u>5,167</u>
<b>NET BOOK VALUE</b>	
At 31 March 2021	<u>6,714</u>
At 31 March 2020	<u>4,308</u>

**9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Other debtors	-	2,180
Prepayments	<u>2,160</u>	<u>-</u>
	<u>2,160</u>	<u>2,180</u>

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Social security and other taxes	26,008	8,951
Other creditors	958	30
Accrued expenses	<u>1,949</u>	<u>2,160</u>
	<u>28,915</u>	<u>11,141</u>

## Lives Not Knives

### Notes to the Financial Statements - continued for the Year Ended 31 March 2021

#### 11. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	178,081	55,915	233,996
<b>Restricted funds</b>			
Youth Endowment Fund	137,182	79,129	216,311
<b>TOTAL FUNDS</b>	<u>315,263</u>	<u>135,044</u>	<u>450,307</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	72,205	(16,290)	55,915
<b>Restricted funds</b>			
Youth Endowment Fund	411,976	(332,847)	79,129
<b>TOTAL FUNDS</b>	<u>484,181</u>	<u>(349,137)</u>	<u>135,044</u>

#### Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General fund	74,732	103,349	178,081
<b>Restricted funds</b>			
Youth Endowment Fund	-	137,182	137,182
<b>TOTAL FUNDS</b>	<u>74,732</u>	<u>240,531</u>	<u>315,263</u>

**11. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	192,287	(88,938)	103,349
<b>Restricted funds</b>			
Youth Endowment Fund	269,005	(131,823)	137,182
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>461,292</u>	<u>(220,761)</u>	<u>240,531</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	74,732	159,264	233,996
<b>Restricted funds</b>			
Youth Endowment Fund	-	216,311	216,311
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>74,732</u>	<u>375,575</u>	<u>450,307</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	264,492	(105,228)	159,264
<b>Restricted funds</b>			
Youth Endowment Fund	680,981	(464,670)	216,311
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>945,473</u>	<u>(569,898)</u>	<u>375,575</u>

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

## Lives Not Knives

### Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	65,205	50,414
<b>Other trading activities</b>		
Commissioned work	-	84,912
Commission	11	11
Apprenticeship incentive	500	500
Competition award	-	500
	<u>511</u>	<u>85,923</u>
<b>Investment income</b>		
Rents received	-	250
<b>Charitable activities</b>		
YEF	380,000	269,000
Grants	<u>38,465</u>	<u>55,705</u>
	<u>418,465</u>	<u>324,705</u>
<b>Total incoming resources</b>	484,181	461,292
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fund raising expenses	-	1,587
<b>Other trading activities</b>		
Programme Expenses	10,456	7,736
<b>Charitable activities</b>		
Wages	241,096	136,232
Social security	17,355	7,431
Pensions	3,795	-
Rates and water	-	246
Insurance	691	655
Light and heat	3,873	5,398
Telephone	540	1,046
Postage and stationery	2,021	2,494
Advertising	6	10
Carried forward	269,377	153,512

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Lives Not Knives

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2021

	31.3.21	31.3.20
	£	£
<b>Charitable activities</b>		
Brought forward	269,377	153,512
Sundries	473	1,346
Consultancy	43,200	30,762
Accountancy	-	4,344
Professional fees	300	1,885
Counselling	2,475	3,465
Website IT and computer costs	9,022	2,055
Subscriptions	361	320
Travel	592	1,760
Cleaning	488	725
Staff Training	6,050	4,563
Repairs and renewals	747	4,446
Uniforms	2,253	469
Computer equipment	<u>2,971</u>	<u>1,626</u>
	338,309	211,279
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	84	160
Interest paid	<u>288</u>	<u>-</u>
	<u>372</u>	<u>160</u>
Total resources expended	<u>349,137</u>	<u>220,761</u>
<b>Net income</b>	<u>135,044</u>	<u>240,531</u>

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