

# SEEDS FOUNDATION

England & Wales · Charity number 1153528

## Details

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Status	Registered
Legal form	Charitable company
Company number	<a href="#">08082533</a>
Registered	2013-08-23
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Suite 2B, The Hub, 40- Friar Lane, Nottingham
Postcode	Nottingh
Phone	01159598752
Email	<a href="mailto:info@seedsfoundation.co.uk">info@seedsfoundation.co.uk</a>
Website	<a href="http://www.seedsfoundation.co.uk">www.seedsfoundation.co.uk</a>

## Activities

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**Objects:** 1. THE PREVENTION OR RELIEF OF POVERTY.2. THE ADVANCEMENT OF EDUCATION.3. ANY OTHER PURPOSES WHICH ARE RECOGNISED AS CHARITABLE UNDER THE EXISTING LAW AND ANY NEW PURPOSES WHICH ARE SIMILAR TO ANOTHER PRESCRIBED PURPOSE.

**Activities:** To support and empower, adults and children from underprivilege communities, through skills and education to equip them to meet the challenges of global labour market. We help the local people of the community by arranging projects and activities in education, training and leisure/ recreational activities.

## Classification

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- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Arts/culture/heritage/science, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, Elderly/old People, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

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- Pakistan
- Nottinghamshire

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-05-24	£57,989	£55,699	-	-
2024-05-24	£10,415	£10,052	-	-
2023-05-24	£13,711	£11,761	-	-
2022-05-24	£8,233	£7,430	-	-
2021-05-24	£22,060	£9,367	-	-

## Trustees

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Name	Role	Appointed
<b>FAROOQ MIR</b>	Chair	2013-06-25
Mohammad Taha Mir		2024-02-21

**SEEDS FOUNDATION**

England & Wales - Charity number 1153528

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# Accounts

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Charity registration number: 1153528  
Company registered number: 08082533

**SEEDS FOUNDATION  
TRUSTEES' REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MAY 2025**

**Seeds Foundation**  
**Content**  
**For the Year Ended 31 May 2025**

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**Seeds Foundation  
Charity Information  
For the Year Ended 31 May 2025**

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**REFERENCE AND ADMINISTRATIVE INFORMATION**

**Charity Number** 1153528

**Company Number** 08082533

**Registered Office** Suite 2b 40-Friar Lane  
Nottingham City Centre  
Nottingham, Nottinghamshire  
NG1 6DQ

**Trustees**

The trustees and directors serving during the year and since the year end were as follows:

Mr. Farooq Ahmed Mir  
Mr. Mohammad Taha Mir

**Independent Examiner** Accountax (UK) Ltd  
21 Knightsbridge  
London  
England  
SW1X 7LY

**Seeds Foundation**  
**Trustees' Report (Including Directors' Report)**  
**For the Year Ended 31 May 2025**

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The trustees present their report and the financial statements for the year ended 31 May 2025.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing Document**

The charity is a charitable company limited by guarantee, governed by its memorandum and articles of association, and was incorporated on 24 May 2012.

### **Organisational Structure**

The trustees are responsible for the general control and management of the Trust. The trustees give their time freely and receive no remuneration or other financial benefits to fulfil this role. The trustees meet on a regular basis and are responsible for all decisions taken in relation to the overall control and strategic management of the trust. There is a team of volunteers and professionals who are dedicated members of Seeds Foundation and offer teaching and voluntary support services free of cost.

### **Trustee Board**

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the company. All trustee appointments are interviewed, assessed and approved by the Board of Trustees. Applications for trustees are encouraged from all sections of the community that reflect the diversity and range of community and business groups Seeds works with.

## **TRUST OBJECTIVES**

The objective of the trust is mainly to support and empower, adults and children from deprived communities, through skills and education to equip them to meet the challenges of global labour market. We help the local community by arranging projects and activities in education, training and leisure/recreational activities.

### **Public Benefit**

We have referred to the guidance in the Charity Commission general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that they have set. Seeds Foundation helps and supports disadvantaged and deprived communities across the charity's operational areas where approved. All Seeds projects and services are available for all types of communities with no discrimination based on gender, race, ethnicity, religion etc. Seeds provides education support, poverty relief and disaster relief.

## **FINANCIAL REVIEW**

During the financial year ended 31st May 2025, the charity had a total income of £57,989 (2024: £10,415) and generated a net surplus of £2,290 (2024: Net surplus of £363).

The principal funding sources of Seeds Foundation during the year were donations from fundraising, donations, and memberships. Funds were applied to key projects including humanitarian relief in Azad Kashmir and Pakistan (Qurbani, Winter Relief, Ramadan Food Parcels and Flood Relief), as well as education and community support services in Nottingham, including Homework Club, Individual Learning Support, Advice and Guidance, and ESOL provision. Most income is restricted and allocated directly to project delivery in line with the charity's objects.

The charity maintains appropriate financial controls to ensure transparency, accountability and responsible management of resources. Unrestricted reserves are maintained to support operational continuity and manage fluctuations in funding, ensuring long-term sustainability.

## **ACHIEVEMENT AND PERFORMANCE**

Below are detailed activities carried out by Seeds Foundation during the year:

### **Qurbani Project – Azad Kashmir**

This project supports some of the most deprived and remote communities in Azad Kashmir, Pakistan, with more than 400 families benefiting from assistance each year. Through this initiative, Seeds distributes meat during Eid al-Qurban to families who would otherwise be unable to afford it, enabling them to participate fully in the occasion.

### **Winter Relief – Azad Kashmir**

This initiative supports vulnerable families living below the poverty line in the northern areas of Azad Kashmir, where winter temperatures can fall to -15°C. The project distributes warm clothing, blankets, food packages, and medical kits to help communities cope with the severe cold. Nearly 300 families have benefited directly, and close to 1,000 families have received support through this programme overall.

**Seeds Foundation**  
**Trustees' Report (Including Directors' Report) (continued)**  
**For the Year Ended 31 May 2025**

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**Ramadan Food Parcels – Azad Kashmir**

This project is delivered annually during the month of Ramadan. Seeds provides each family with a month's supply of essential food items, prioritising those living in remote areas with little or no source of income to meet their basic needs. Through this initiative, 50,000 people across remote areas of Kashmir and various provinces and districts of Pakistan have received support.

**Homework Club – Nottingham**

This project supports women and children from disadvantaged communities in Nottingham. It provides education support, advice and guidance, training opportunities, job-seeking and employment support, as well as ESOL language provision.

**Flood Relief and medical camps – Azad Kashmir and Pakistan**

Seeds Foundation delivers this project to respond to flood disasters and other emergencies. During periods of severe flooding each year, the charity provides food, clothing, hygiene supplies, free medicines, and medical check-ups by organising medical camps across affected areas of Pakistan and Azad Kashmir.

**Individual Learning Support – Nottingham**

Seeds established this project to provide one-to-one learning support for young people with Special Educational Needs (SEN). A dedicated team of SEN-qualified specialist tutors and mentors delivers tailored sessions to meet individual learning requirements. In addition, the project offers advice and guidance, mentoring, and health and wellbeing support to ensure a holistic approach to each young person's development.

**Advice and Guidance – Nottingham**

Seeds Foundation has built a team of volunteers through dedicated membership schemes, offering their expertise to deliver training, teaching, and support services. Assigned mentors and coaches voluntarily provide their time to address the individual needs of the local community. These tutors and mentors also offer advice and guidance to support personal development within the community.

**English Language and ESOL Support – Nottingham, UK**

Seeds Foundation also delivers English language courses, from beginner to elementary levels, for disadvantaged communities, refugees, and migrants, helping them integrate into society and access employment and educational opportunities. The programme also provides support with CV writing to improve their chances of securing job opportunities.

**Plans for future**

The trustees of Seeds Foundation will continue to ensure that all activities are delivered strictly in accordance with the charity's governing document and charitable objects: the prevention or relief of poverty, the advancement of education, and other recognised charitable purposes under the law.

The focus over the coming years will be to strengthen governance, enhance accountability, and increase impact across all programmes in the UK and overseas. This will include the following priority areas:

1. **Strategic Alignment and Impact** – Ensure all projects clearly demonstrate public benefit and measurable outcomes in line with the charity's objects. Strengthen monitoring, evaluation and reporting to evidence impact.
2. **Governance and Compliance** – Maintain full compliance with charity law, safeguarding standards, financial regulations and regulatory requirements, ensuring transparency and accountability at all levels.
3. **Risk Management and Internal Controls** – Strengthen financial oversight, internal controls and risk management systems to protect charitable assets and ensure responsible stewardship of resources.
4. **Sustainability and Growth** – Develop a clear long-term funding strategy to secure financial stability, diversify income streams and support sustainable programme development.
5. **Leadership and Organisational Strengthening** – Enhance trustee effectiveness, policy review processes and operational systems to ensure efficient delivery and continuous improvement.

**Governance Challenges Over the Next Five Years**

- Changes in charity legislation and regulatory expectations.
- Increased demand for compliance, safeguarding and financial transparency.
- Economic pressures affecting fundraising and sustainability.
- Maintaining quality and accountability during organisational growth.
- Ensuring strong trustee capacity, skills and succession planning.

**Seeds Foundation**  
**Trustees' Report (Including Directors' Report) (continued)**  
**For the Year Ended 31 May 2025**

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**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also directors of Seeds Foundation for the purposes of company law, are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

Approved by the Board of Trustees and signed on its behalf by:



Mr Farooq Ahmed Mir  
Trustee Farooq Ahmed Mir

Date: 18.03.2026

**Seeds Foundation  
Independent Examiner Report  
For the Year Ended 31 May 2025**

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I report to the charity trustees on our examination of the accounts of the charity for the year ended 31<sup>st</sup> May 2025.

**Trustees & Examiner Responsibilities**

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent Examiner Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities as applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



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**Ghafoor Ahmad Khattak (Senior Statutory Auditor)  
For and on behalf of Accountax (UK) Ltd, Statutory Auditor  
Chartered Certified Accountant and Registered Auditors**

21 Knightsbridge  
London  
England  
SW1X 7LY

**Date: 18.03.2026**

**Seeds Foundation**  
**Statement of Financial Activities**  
**Including Income and Expenditure Account**  
**For the Year Ended 31 May 2025**

	Notes	Unrestricted Funds	Restricted Funds	Total	Total
		£ 2025	£ 2025	£ 2025	£ 2024
<b>Income and endowments from:</b>					
Donations and legacies	2	8,015	5,230	13,245	10,415
Other income	3	44,744	-	44,744	
<b>Total</b>		<b>52,759</b>	<b>5,230</b>	<b>57,989</b>	<b>10,415</b>
<b>Expenditure on:</b>					
Charitable activities	5	(50,469)	(5,230)	(55,699)	(10,052)
<b>Total</b>		<b>(50,469)</b>	<b>(5,230)</b>	<b>(55,699)</b>	<b>(10,052)</b>
<b>Net income</b>		<b>2,290</b>	<b>-</b>	<b>2,290</b>	<b>363</b>
Transfers between funds		-	-	-	-
<b>Net movement in funds</b>		<b>2,290</b>	<b>-</b>	<b>2,290</b>	<b>363</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		25,325	-	25,325	24,962
<b>Total funds carried forward</b>	<b>7</b>	<b>27,615</b>	<b>-</b>	<b>27,615</b>	<b>25,325</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 8 to 10 form part of these financial statements.

**Seeds Foundation**  
**Balance Sheet**  
**For the Year Ended 31 May 2025**

		2025		2024	
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible assets	4		115		230
			<b>115</b>		<b>230</b>
<b>CURRENT ASSETS</b>					
Debtors	6	2,334		-	
Cash at bank and in hand		28,043		28,087	
		<b>30,377</b>		<b>28,087</b>	
<b>Creditors: Amounts Falling Due Within One Year</b>	<b>8</b>	<b>(2,877)</b>		<b>(2,992)</b>	
<b>NET CURRENT ASSETS</b>			<b>27,500</b>		<b>25,095</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<b>27,615</b>		<b>25,325</b>
<b>NET ASSETS</b>			<b>27,615</b>		<b>25,325</b>
<b>INCOME FUNDS</b>					
Restricted funds			-		-
Unrestricted funds			27,615		25,325
<b>TOTAL FUNDS</b>			<b>27,615</b>		<b>25,325</b>

For the year ended 31 May 2025, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

On behalf of the board



Mr Farooq Ahmed Mir  
 Director **Farooq Ahmed Mir**  
 Date: 18.03.2026

The notes on pages 8 to 10 form part of these financial statements.



**Seeds Foundation**  
**Notes to the Financial Statements (continued)**  
**For the Year Ended 31 May 2025**

**3. Other income**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Rental income	44,744	-
	<b>44,744</b>	<b>-</b>
	<b>44,744</b>	<b>-</b>

**4. Tangible assets**

	<b>Computer Equipment £</b>	<b>Total £</b>
<b>Cost</b>		
As at 01 June 2024	460	460
Additions during the year	-	-
As at 31 May 2025	460	460

**Depreciation**

As at 01 June 2024	230	230
Provided during the year	115	115
As at 31 May 2025	345	345

**Net Book Value**

As at 31 May 2025	115	115
As at 01 June 2024	230	230

**5. Expenditure on charitable activities**

	<b>Unrestricted Funds 2025 £</b>	<b>Restricted Funds 2025 £</b>	<b>Total Funds 2025 £</b>	<b>Total Funds 2024 £</b>
Charitable donations	4,530	5,230	9,760	9,020
Accountancy fee	250	-	250	250
Telecommunications	-	-	-	111
Light, power and heat	499	-	499	-
Professional fees	751	-	751	441
Training seminars and workshops	-	-	-	53
Interest expense	80	-	80	62
Rent	29,828	-	29,828	-
Service charges	14,416	-	14,416	-
Depreciation of computer equipment	115	-	115	115
	<b>50,469</b>	<b>5,230</b>	<b>55,699</b>	<b>10,052</b>

**Seeds Foundation**  
**Notes to the Financial Statements (continued)**  
**For the Year Ended 31 May 2025**

**6. Debtors**

	2025	2024
	£	£
<b>Due within one year</b>		
Other debtors	2,334	-
	<b>2,334</b>	<b>-</b>

**7. Statement of funds**

	At 1st June 2024	Income	Expenditure	At 31st May 2025
	£	£	£	£
Unrestricted funds	25,325	52,759	(50,469)	27,615
Restricted funds	-	5,230	(5,230)	-
<b>Total Funds</b>	<b>25,325</b>	<b>57,989</b>	<b>(55,699)</b>	<b>27,615</b>

**8. Creditors: Amounts falling due within one year**

	2025	2024
	£	£
Bank loan	1,435	2,100
Other creditors	642	642
Accruals	800	250
	<b>2,877</b>	<b>2,992</b>

**9. Trustees' remuneration and benefits**

None of the trustees (or any person connected with them) received any remuneration or benefits from the charity during the year.

**10. Related party transactions**

During the year, the company entered into transactions with related parties. The nature of the relationships, transactions during the year and balances outstanding at the year-end were as follows:

Basis of relationship	Name of related party	Nature of transaction	Transactions during the year	Balance as at 31 May 2025
			(£)	(£)
<b>Entity under common control</b>	Anglo Skills College Limited	Rental income from letting of lease premises	44,744	2,334