

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

30 SEPTEMBER 2022

Company registered number 08208848

Charity registration number 1153446

KNOX ACCOUNTING

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

30 SEPTEMBER 2022

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The following page does not form part of the statutory accounts:

7	Trading and profit and loss account
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FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED**FINANCIAL STATEMENTS****FOR THE YEAR ENDED****30 SEPTEMBER 2022****Report of the directors**

The directors present their annual report and financial statements for the year ended 30 September 2022.

PRINCIPAL ACTIVITY

The principal activity of the company during the period was the advancement of health by the promotion of emotional well being, improving mental health and reducing the impact of poverty in the Furness and South Lakes area.

No material uncertainties that may cast significant doubt about the ability of the company to continue as a going concern have been identified by the directors

CHARITABLE STATUS

The company is a registered charity number 1153446.

DIRECTORS

The directors who served during the year were as follows:

M Mawdsley
J A Drake
E A Jackson
J Steventon
T G R McNaughton

The above report has been prepared in accordance with the small companies regime of the Companies Act 2006.

**Signed on behalf
of the board**

**Margaret Mawdsley
Secretary**

28 February 2023

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED**FINANCIAL STATEMENTS****FOR THE YEAR ENDED****30 SEPTEMBER 2022****Statement of directors responsibilities**

The directors are responsible for preparing the annual report and the accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each year.

Under that law the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The accounts are required by law to give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to:

select suitable accounting policies and then apply them consistently;

make judgments and estimates that are reasonable and prudent;

prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED

ACCOUNTANTS' REPORT
ON THE UNAUDITED FINANCIAL STATEMENTS TO THE BOARD OF DIRECTORS OF
FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED

In order to assist you to fulfill your duties under the Companies Act 2006, we have compiled the financial statements of the company which comprise the Income and Expenditure Account and Balance Sheet and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the company's Board of Directors as a body in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the company's Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's Board of Directors, as a body, for our work or for this report.

You have acknowledged on the balance sheet your duty to ensure that the company has kept proper accounting records and to prepare financial statements for the year ended 30 September 2016 that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the period.

We have not been instructed to carry out an audit of the financial statements. For this reason we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

The logo for Knox Accounting, featuring the word 'Knox' in a stylized, handwritten-style script.

Knox Accounting
1 Abbey Road
Barrow in Furness
Cumbria
LA14 1XH

28 February 2023

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED

30 SEPTEMBER 2022

	Notes	Restricted	Unrestricted 2022 £	Total	2021 £
INCOME	1,2	-	57,516	57,516	45,293
LESS:					
Operational Costs			41,519	41,519	41,134
Administration Costs		-	5,688	5,688	5,309
SURPLUS/(DEFICIT) FOR THE YEAR BEFORE INTEREST	3	-	10,310	10,310	(1,150)
Interest payable		-	-	-	-
SURPLUS/(DEFICIT) FOR THE YEAR AFTER INTEREST		-	10,310	10,310	(1,150)
Total funds brought forward		-	17,864	17,864	19,014
Total funds carried forward		-	28,174	28,174	17,864

The notes on pages 6a and 6b form part of these accounts

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED

BALANCE SHEET AS AT

30 SEPTEMBER 2022

		2022		2021	
		£	£	£	£
	Notes				
FIXED ASSETS					
Tangible Assets	4		1,310		1,457
CURRENT ASSETS:					
Trade debtors			-		0
Cash at Bank and in hand		27,012		16,556	
		<u>27,012</u>		<u>16,556</u>	
CURRENT LIABILITIES:					
CREDITORS: Amounts Falling					
Due Within One Year	5	150		150	
		<u>150</u>		<u>150</u>	
NET CURRENT ASSETS			<u>26,862</u>		<u>16,407</u>
TOTAL ASSETS			<u>28,174</u>		<u>17,864</u>
SHARE CAPITAL AND RESERVES					
Share Capital	6	-		-	
Restricted Funds	7	-		-	
Unrestricted Funds	7	28,174		17,864	
		<u>28,174</u>		<u>17,864</u>	

The notes on pages 6a and 6b form part of these accounts

The accounts have been prepared in accordance with the provisions of the Companies Act 2006 applicable to companies subject to the small companies regime, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

For the financial year ended 30 September 2022 the company was entitled to exemption from audit under section 477 Companies Act 2006, and no notice has been deposited under section 476B(2).

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and preparing accounts which give a true and fair view of the state of affairs of the company as at the year end and of its profit for the financial year in accordance with the requirements of sections 393 and 394 and which otherwise comply with the requirements of the Companies Act 2006, so far as applicable to the company.

Signed on behalf of the board

J A Drake
Director

Approved by the board of directors: 28 February 2023

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2022

NOTE 1 ACCOUNTING POLICIES

a Basis of Accounting

The accounts have been prepared in accordance with appropriate accounting standards and under the historical cost convention. The accounts have also been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) and the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2005).

b Turnover

Income comprises of grants and donations received during the year except when donors specify that amounts given to the charity may be used in future accounting years, the income is deferred until those years.

c Tangible Fixed Assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office Equipment	10% on the reducing balance
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NOTE 2 INCOME

In the period to 30 September 2014 none of the company's income was derived from outside the United Kingdom.

NOTE 3 EXCESS OF INCOME

The surplus of income is stated after charging:

	2022 £	2021 £
Depreciation of owned assets	<u>146</u>	<u>162</u>

NOTE 4 TANGIBLE FIXED ASSETS

	Office Equipment	Total
Cost		
At 1 October 2021	1,799	1,799
Additions	-	-
At 30 September 2022	<u>1,799</u>	<u>1,799</u>
Depreciation		
At 1 October 2021	342	342
Charge for year	146	146
At 30 September 2022	<u>487</u>	<u>487</u>
Net Book values		
At 30 September 2022	<u>1,310</u>	<u>1,310</u>
At 30 September 2021	<u>1,457</u>	<u>1,457</u>

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED
30 SEPTEMBER 2022**

NOTE 5 CREDITORS: Amounts falling due within one year

	2022	2021
	£	£
Trade Creditors	-	-
Accruals	150	150
Grants in advance	-	-
	<u>150</u>	<u>150</u>

NOTE 6 SHARE CAPITAL

The company is limited by guarantee and therefore has no share capital.

NOTE 7 RESERVES

	Restricted	Unrestricted	Total
At 1 October 2021	-	17,864	17,864
Excess of income for the period	<u>-</u>	<u>10,310</u>	<u>10,310</u>
At 30 September 2022	<u>-</u>	<u>28,174</u>	<u>28,174</u>

NOTE 8 GRANTS RECEIVED

	2022	2021
	£	
Orsted - Grantscape	18,405	
Sir John Fisher	10,000	10,000
Frances C Scott Trust	<u>20,000</u>	<u>10,000</u>
	<u>48,405</u>	<u>20,000</u>

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED

30 SEPTEMBER 2022

	2022		2021	
	£	£	£	£
INCOME SOURCES:				
Grants		48,405		20,000
Donations		2,011		484
Fees Received		7,100		24,809
Fundraising income		-		-
Interest Received		-		-
		<u>57,516</u>		<u>45,293</u>
		57,516		45,293
DIRECT CHARITABLE EXPENDITURE:				
Counselling costs	39,545		39,635	
Training costs	-		-	
Charitable contributions	1,006		531	
Young people	419		794	
Travelling	-		-	
Fees and licenses	-		-	
Telephone	404		14	
Stationery & Postage	-		-	
Depreciation	146		162	
	<u>41,519</u>		<u>41,134</u>	
	41,519		41,134	
		15,997		4,159
ADMINISTRATION COSTS				
CRB fees	-		-	
Administration costs	4,643		4,326	
Insurances	219		219	
Advertising	23		-	
Legal and professional fees	343		219	
Bank charges	47		-	
Accountancy	343		144	
Computer consumables	69.59		-	
Donations	-		400	
	<u>5,688</u>		<u>5,309</u>	
	5,688		5,309	
SURPLUS/(DEFICIT) FOR THE PERIOD		<u>10,310</u>		<u>(1,150)</u>

FAMILIES MATTER COUNSELLING AND SUPPORT SERVICES LIMITED**FINANCIAL STATEMENTS****FOR THE YEAR ENDED****30 SEPTEMBER 2022****CLIENT APPROVAL**

I confirm that I am in agreement with the financial statements on pages 1 to 6, which show the following results:

	2022	2021
	£	£
Turnover	57,516	45,293
Net surplus	10,310	(1,150)
Corporation tax payable	-	-
Dividends	-	-
Share capital	-	-
Accumulated reserves	28,173	17,864
Balance sheet total	28,174	17,864

I further confirm that I am agreeable to a copy of the relevant accounts being submitted to HMRC, along with the Company's Corporation Tax return form CT600, and an abbreviated set to Companies House.

J A Drake
Director

Dated **28 February 2023**

9 February 2023

Private and Confidential
Ms J A Drake
Families Matter Counselling and Support Services Limited
86 Rusland Crescent
Ulverston
Cumbria
LA12 9LZ

Invoice No. 1999/02/2023

To professional services rendered in connection with:

Accounts year ended 30 September 2022

- Examining accounting records
- Preparation of year end accounts
- Preparation of corporation tax computation
- Completion of corporation tax return form CT600
- Sundry discussions, correspondance, meetings, telephone calls to date

Fee	125.00
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VAT @ 20%	25.00
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Total due	£ 150.00
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Payment due on presentation - thank you!

Please pay direct:	HSBC plc	
	Manchester Branch	
	Sort Code	40 31 17
	Account Number	51553879
	Account name	Knox Accountants Limited