

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2024

Charity No: 1153383

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FOR THE YEAR ENDED 31 AUGUST 2024
CONTENTS

	Page
Legal and administrative information	1
Trustees Annual Report	2 - 4
Independent Examiner's Report	5
Receipts and Payments Account	6
Statement of Assets and liabilities	7
Notes to the Accounts	8 - 9

PHAB NOTTINGHAM

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 AUGUST 2024

Status

The organisation is a Charitable Incorporated Organisation (CIO) with charitable objects. The CIO was established under a Constitution dated 7 June 2013. Registration as a Charity was confirmed on 14 August 2013 no.1153383.

Trustees

Katy Conlon (Chair)
Bradley Singh Badhan (Treasurer)
Benjamin Berelowitz (resigned 23 June 2024)
Miriam Sanderson
Louise Alison Parker
Navalakshan Rajamohan
Steven Pattison
Alice Rose Yates
Courtney Clarke (appointed 26 June 2024)

Principal Office Address

82 Wandsworth Bridge Road
London
SW6 2TF

Bankers

Barclays Bank plc
Leicester
LE87 2BB

Santander UK plc
Triton Square
Regent's Place
London
NW1 3AN

Independent Examiner

Steven Davies FCA
McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2024

ANNUAL REPORT OF THE TRUSTEES

The Trustees present their Annual Report and Accounts for the year ended 31 August 2024.

Principal Activities and review of the period

Objectives

The objectives of the Charity are as follows:

1. To promote and encourage opportunities for people with disabilities (whether physical, developmental or other) - our members, and our volunteers, to share experiences on a genuinely equal basis, thereby contributing towards a fully inclusive society.
2. To provide respite to the parents/carers of children and young adults with disabilities.
3. To give these children and young adults opportunities to have experiences that they may not otherwise have the chance to do (whether that be for financial, logistical or other reasons).
4. To provide them with care and companionship and ensure they have a great time.
5. To support them in their transition to adulthood.
6. To increase awareness of disabilities (particularly among the student community) and equip people with the knowledge and skills to support those who have disabilities.

Activities

We have worked towards these objectives through our programme of activities that has focussed on improving our members' confidence, heightening their social skills and increasing their integration into wider society. Feedback we received from parents and carers highlighted how our activities provided them with invaluable respite and crucially provided our members with opportunities to grow. We have strived to ensure our members are thoroughly enriched throughout all of our events and we are incredibly proud of our Committee for their contribution towards the events held this year.

2023 marked the ten-year anniversary of Phab Nottingham. We celebrated the occasion with parents, carers and members of Phab Nottingham over the last decade.

Details of all events held are listed below:

Date	Event
7 th October 2023	Committee Training
22 nd October 2023	10-year anniversary and DNA Kids
12 th November 2023	Robin Hood Gymnastics and White Post Farm
10 th December 2023	Christmas Party
11 th February 2024	Cadbury World
25 th February 2024	Creswell Crag
24 th March 2024	Lea Green
12 th May 2024	Peak Wildlife Park
9 th June 2024	Alton Towers

Public Benefit

The Trustees have paid close attention to the advice published by the Charity Commission concerning public benefit, and therefore consider that they have fulfilled their obligations under s.17(53), Charities Act 2011. The Trustees believe that this Trust provides a demonstrable benefit to a sufficient section of the public in accordance with existing case law concerning trusts with similar objects, and is consistent with the aforementioned act.

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2024

Future Developments

Phab Nottingham will continue to grow and develop its programme of activities, including expanding into more educational opportunities and initiatives focused on improving members' mental health. It also remains committed to hosting regular residential holidays to maximise the benefits experienced by members, their parents, and carers

Financial Review

During the year the Charity received grants, donations and other receipts of £10,486. Its expenditure was £12,269 leaving a cash balance at the year end of £28,541 (made up of £5,000 Restricted funds and £23,541 Unrestricted funds).

The Trustees have a policy of keeping non-front line expenditure to an absolute minimum and pride themselves on the fact that the Charity has no fixed assets or significant overheads – all its staff give their time voluntarily. The Trustees are pleased to note that non-front line costs were kept to a minimum and seek to continue this in the next financial year. The Trustees are generally pleased with the Charity's progress and they will continue to grow its unrestricted funds to meet its reserve policy, detailed below.

Reserves Policy

The main factors that are taken into account in the Charity's reserves policy are the needs to cover fluctuations in income and unplanned expenditure. The Charity continues with its aim to build up an unrestricted reserve fund to a level that will enable the running of activities for twelve months should this be necessary. The Charity defines this as the annual average of actual spend over the previous two financial years. For this purpose, the Trustees have adopted the policy of retaining 15% of unrestricted receipts in-year to achieve the reserves policy objective. As at 31 August 2024 we had utilised a portion of our reserves and continued to submit grant applications in FY25.

Governance and Risk Management

The Trustees have conducted a review of the operational, financial and management issues affecting the Charity and have prepared documentation giving guidance in this area, which is regularly reviewed. The Trustees agree that the process is appropriate and thorough, such that they can be confident that systems are in place to mitigate foreseeable risks.

Trustees

The Trustees of the Charity who served at any time during the financial period are as listed on page 1.

Management

The Board delegates the day-to-day activities of the Charity, specifically the running of the regular events programme and the recruitment of new volunteers and members to a Management Committee. The responsibilities and accountabilities of the Management Committee and its relationship with the Board are defined by a Governance Document.

This report was approved by the Trustees on 14 June 2025 and signed on their behalf by:



B S Badhan - Trustee

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PHAB NOTTINGHAM

I report to the trustees on my examination of the accounts of PHAB Nottingham (the Charity) for the year ended 31 August 2024, which are set out on pages 6 to 9.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Steven Davies FCA

McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

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PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 AUGUST 2024

	Unrestricted Funds £	2024 Restricted Funds £	Total Funds £	2023 Total Funds £
A1 Receipts				
Grants and donations	3,467	5,000	8,467	5,383
Fundraising events	2,019	-	2,109	1,236
Gift Aid receipts	-	-	-	-
Other miscellaneous receipts	-	-	-	-
	5,486	5,000	10,486	6,619
A2 Asset and investment sales, etc.	-	-	-	-
Total Receipts	5,486	5,000	10,486	6,619
A3 Payments				
Events – regular	9,787	-	9,787	10,227
Events – residential weekend	-	-	-	118
Grants	-	-	-	-
Training	287	-	287	400
Insurance	401	-	401	336
Administration	1,794	-	1,794	1,910
	12,269	-	12,269	12,991
A4 Asset and Investment purchases, etc.	-	-	-	-
Total Payments	12,269	-	12,269	12,991
Net receipts/(payments)	(6,783)	5,000	(1,783)	(6,372)
A5 Transfers Between Funds	-	-	-	-
A6 Cash funds last period	30,324	-	30,324	36,696
Cash funds this year	23,541	5,000	28,541	30,324


PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 AUGUST 2024

Categories	Details	Unrestricted Funds £	Restricted Funds £	Endowment Funds £
B1 Cash funds	Cash at Bank	23,541	5,000	-
	Total cash funds	23,541	5,000	-
B2 Other monetary assets	Gift aid claim	574	-	-
	Prepaid expenses	-	-	-
	Total other monetary assets	574	-	-
		Fund	Cost	Current value
			£	£
B3 Investment assets		None	Nil	Nil
B4 Assets retained for the Charity's own use		None	Nil	Nil
B5 Liabilities		None	Nil	Nil

Approved on behalf of the Trustees on 14 June 2025.


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B S Badhan - Trustee

1. Accounting Policies

- (a) The Accounts have been prepared on the receipts and payments basis in accordance with Charity Commission's guidance.
- (b) Cash funds include cash held on deposit at the bank and e-money issuers.
- (c) Funds are analysed and reported on in a variety of classes, the principal distinction being between Unrestricted Funds and Restricted Funds. "Restricted funds" consist of money earmarked by the donor or by the terms of an appeal for particular purposes. "Unrestricted Funds" are those not subject to such limitations. Unrestricted Funds may include Designated funds, which are funds set aside by the Board to be used for particular purposes in the future and the Board has the power to reallocate such funds unless and until expended.

2. Trustees Transactions

No committee member or person connected with the Charity has been paid remuneration or other benefit from the organisation's funds.

3. Independent Examiners fees

Independent Examiners fees for the year amounted to £nil.

4. Funds

	Balance 1 September 2023	Receipts	Payments	Transfers	Balance 31 August 2024
	£	£	£	£	£
Restricted Funds					
The Thomas Farr Charity	-	3,000	-	-	3,000
The Boshier Hinton Foundation	-	2,000	-	-	2,000
	-	5,000	-	-	5,000
Unrestricted Funds					
Reserve fund	15,518	-	-	823	16,341
General Purposes	14,806	5,486	(12,269)	(823)	7,200
	30,324	5,486	(12,269)	-	23,541
Total funds	30,324	10,486	(12,269)	-	28,541

Restricted funds are as listed above. The Thomas Farr Charity provided a grant for specific future events and The Boshier Hinton Foundation provided a grant for future events. The reserve fund is a fund designated by the Trustees as detailed in the Trustees Report.

5. Nottingham University Students' Union

The Charity works closely with Nottingham University Students' Union which runs 'Phab Society'. However, the society is independent of the Charity and accounts for its own funds, which are controlled by the Students' Union. As such the receipts and payments of Phab Society are excluded from these accounts.