

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2022

Charity No: 1153383

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2022

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LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 AUGUST 2022

Status

The organisation is a Charitable Incorporated Organisation (CIO) with charitable objects. The CIO was established under a Constitution dated 7 June 2013. Registration as a Charity was confirmed on 14 August 2013 no.1153383.

Trustees

Mr Benjamin Berelowitz (Chairman, appointed as Chairman 19 January 2023)

Mr Bradley Singh Badhan (Treasurer, appointed as Treasurer 1 April 2023)

Miss Miriam Sanderson

Miss Louise Alison Parker

Mr Navalakshan Rajamohan

Miss Katy Conlon

Mr Steven Pattison (appointed 3 October 2022)

Miss Alice Rose Yates (appointed 1 January 2023)

Mr Nicholas Feingold resigned as a Trustee and Chairman on 18 January 2023

Mrs Danielle Avital Feingold resigned as a Trustee and Treasurer on 31 March 2023

Principal Office Address

82 Wandsworth Bridge Road
London
SW6 2TF

Bankers

Barclays Bank plc
Leicester
LE87 2BB

Santander UK plc
Triton Square
Regent's Place
London
NW1 3AN

Independent Examiner

Steven Davies FCA
McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

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ANNUAL REPORT OF THE TRUSTEES

The Trustees present their Annual Report and Accounts for the year ended 31 August 2022.

Principal Activities and review of the period

Objectives

The objectives of the Charity are as follows:

1. To promote and encourage opportunities for people with disabilities (whether physical, developmental or other) - our members, and our volunteers, to share experiences on a genuinely equal basis, thereby contributing towards a fully inclusive society.
2. To provide respite to the parents/carers of children and young adults with disabilities.
3. To give these children and young adults opportunities to have experiences that they may not otherwise have the chance to do (whether that be for financial, logistical or other reasons).
4. To provide them with care and companionship and ensure they have a great time.
5. To support them in their transition to adulthood.
6. To increase awareness of disabilities (particularly among the student community) and equip people with the knowledge and skills to support those who have disabilities.

Activities

We have worked towards these objectives through our programme of activities that has focussed on improving our members' confidence, heightening their social skills and increasing their integration into wider society. During the financial year ending 31 August 2022, we have reintroduced in-person events (whilst still scheduling three virtual events during the year). We are incredibly proud of the work done to bring back in-person events following their pause during the pandemic. Feedback we received from parents and carers highlighted how our activities provided them with invaluable respite and crucially provided our members with much needed social interaction after so many experienced isolation during the pandemic. Following the cancellation of the residential trip in 2021 due to the COVID-19 pandemic we are also pleased to have been able to run a weekend long trip to Bendrigg Lodge in June 2022 which significantly extends the care hours provided to our members. Details of all events held are listed below:

Date	Event
1 st August 2021 and 5 th September 2021	Summer social calls (virtual)
10 th October 2021	Committee Training
24 th October 2021	Magpie dance session (virtual)
28 th November 2021	Interactive animal session and party
12 th December 2021	Pantomime and Christmas activities
30 th January 2022	Freewheelers dance and wellbeing session (virtual)
20 th February 2022	Lea Green activity centre
13 th March 2022	Cadbury World
3 rd April 2022	Twycross Zoo
5 th June 2022	Alton Towers
29 th May 2022	Residential volunteer training
10 th - 12 th June 2022	Bendrigg Lodge Residential Weekend

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Public Benefit

The Trustees have paid close attention to the advice published by the Charity Commission concerning public benefit, and therefore consider that they have fulfilled their obligations under s.17(53), Charities Act 2011. The Trustees believe that this Trust provides a demonstrable benefit to a sufficient section of the public in accordance with existing case law concerning trusts with similar objects, and is consistent with the aforementioned act.

Future Developments

Phab Nottingham will continue to grow and develop its programme of activities including expanding its activities to those that are more educational and those that are focused on improving its members' mental health.

Financial Review

During the year the Charity received grants, donations and other receipts of £9,769. Its restricted expenditure was £15,586 and unrestricted expenditure was £11,700 leaving a cash balance at the year end of £36,696 (made up of entirely Unrestricted funds).

COVID-19

We have returned to in-person events during the financial year following a year of virtual events due to the COVID-19 pandemic.

The Trustees have a policy of keeping non-front line expenditure to an absolute minimum and pride themselves on the fact that the Charity has no fixed assets or significant overheads – all its staff give of their time voluntarily. The Trustees are pleased to note that non-front line costs were kept to a minimum and seek to continue this in the next financial year. The Trustees are generally pleased with the Charity's progress and they will continue to grow its unrestricted funds to meet its reserve policy, detailed below.

Reserves Policy

The main factors that are taken into account in the Charity's reserves policy are the needs to cover fluctuations in income and unplanned expenditure. The Charity continues with its aim to build up an unrestricted reserve fund to a level that will enable the running of a reduced/limited programme of activities for 12 months should this be necessary. For this purpose, the Trustees have adopted the policy of retaining 15% of unrestricted receipts in-year to achieve the reserves policy objective. As at 31 August 2022 the Trustees are close to achieving their target unrestricted reserve fund and therefore may look to amend their Reserves Policy for the year-ending 31 August 2023.

Governance and Risk Management

The Trustees have conducted a review of the operational, financial and management issues affecting the Charity and have prepared documentation giving guidance in this area, which is regularly reviewed. The Trustees agree that the process is appropriate and thorough, such that they can be confident that systems are in place to mitigate foreseeable risks.

Trustees

The Trustees of the Charity who served at any time during the financial period are as listed on page 1.

Management

The Board delegates the day-to-day activities of the Charity, specifically the running of the regular events programme and the recruitment of new volunteers and members to a Management Committee. The

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responsibilities and accountabilities of the Management Committee and its relationship with the Board are defined by a Governance Document.

This report was approved by the Trustees on 17 June 2023 and signed on their behalf by:



B S Badhan - Trustee

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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PHAB NOTTINGHAM

I report to the trustees on my examination of the accounts of PHAB Nottingham (the Charity) for the year ended 31 August 2022, which are set out on pages 6 to 9.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Steven Davies FCA

McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

17 June 2023

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STATEMENT OF ASSETS AND LIABILITIES AS AT 31 AUGUST 2022

	Unrestricted Funds £	2022 Restricted Funds £	Total Funds £	2021 Total Funds £
A1 Receipts				
Grants and donations	7,571	-	7,571	5,441
Fundraising events	1,041	-	1,041	3,109
Gift Aid receipts	1,157	-	1,157	172
Other miscellaneous receipts	-	-	-	1
	<u>9,769</u>	<u>-</u>	<u>9,769</u>	<u>8,723</u>
A2 Asset and investment sales, etc.	-	-	-	-
Total Receipts	<u>9,769</u>	<u>-</u>	<u>9,769</u>	<u>8,723</u>
A3 Payments				
Events – regular	3,471	7,316	10,787	4,117
Events – residential weekend	6,453	7,821	14,274	-
Grants	-	-	-	-
Training	96	439	535	-
Insurance	260	-	260	350
Administration	1,420	10	1,430	1,135
	<u>11,700</u>	<u>15,586</u>	<u>27,286</u>	<u>5,602</u>
A4 Asset and Investment purchases, etc.	-	-	-	-
Total Payments	<u>11,700</u>	<u>15,586</u>	<u>27,286</u>	<u>5,602</u>
Net receipts/(payments)	(1,931)	(15,586)	(17,517)	3,121
A5 Transfers Between Funds	-	-	-	-
A6 Cash funds last period	38,627	15,586	54,213	51,092
Cash funds this year	<u>36,696</u>	<u>-</u>	<u>36,696</u>	<u>54,213</u>

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STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 AUGUST 2022

Categories	Details	Unrestricted Funds £	Restricted Funds £	Endowment Funds £
B1 Cash funds	Cash at Bank	36,696	-	-
	Total cash funds	36,696	-	-
B2 Other monetary assets	Gift aid claim	407	-	-
	Prepaid expenses	-	-	-
	Total other monetary assets	407	-	-
		Fund	Cost	Current value
			£	£
B3 Investment assets		None	Nil	Nil
B4 Assets retained for the Charity's own use		None	Nil	Nil
B5 Liabilities		None	Nil	Nil

Approved on behalf of the Trustees on 17 June 2023



B S Badhan - Trustee

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NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2022

1. Accounting Policies

- (a) The Accounts have been prepared on the receipts and payments basis in accordance with Charity Commission's guidance.
- (b) Short term deposits include cash held on deposit at the bank.
- (c) Funds are analysed and reported on in a variety of classes, the principal distinction being between Unrestricted Funds and Restricted Funds. "Restricted funds" consist of money earmarked by the donor or by the terms of an appeal for particular purposes. "Unrestricted Funds" are those not subject to such limitations. Unrestricted Funds may include Designated funds, which are funds set aside by the Board to be used for particular purposes in the future and the Board has the power to reallocate such funds unless and until expended.

2. Unqualified statement

No committee member or person connected with the Charity has been paid remuneration or other benefit from the organisation's funds.

3. Independent Examiners fees

Independent Examiners fees for the year amounted to £nil.

4. Funds

	Balance 1 September 2021	Receipts	Payments	Transfers	Balance 31 August 2022
	£	£	£	£	£
Restricted Funds					
Awards for All	7,821	-	(7,821)	-	-
BBC CiN	7,765	-	(7,765)	-	-
	15,586	-	(15,586)	-	-
Unrestricted Funds					
Reserve fund	13,060	-	-	1,465	14,525
General Purposes	25,567	9,769	(11,700)	(1,465)	22,171
	38,627	9,769	(11,700)	-	36,696
Total funds	54,213	9,769	(27,286)	-	36,696

Restricted funds are as listed above. BBC Children in Need provided a grant for events and Big Lottery Fund (Awards for All) provided a grant towards the residential weekend, an event which was held in June 2022 following a two year delay due to the COVID-19 pandemic. The reserve fund is a fund designated by the Trustees as detailed in the Trustees Report. All restricted funding has been utilised in this financial year.

5. Nottingham University Students' Union

The Charity works closely with Nottingham University Students' Union which runs 'Phab Society'. However, the society is independent of the Charity and accounts for its own funds, which are controlled by the Students' Union. As such the receipts and payments of Phab Society are excluded from these accounts.