

PHAB NOTTINGHAM

England & Wales · Charity number 1153383

Details

Status Registered

Legal form CIO

Registered 2013-08-14

Register [View on the Charity Commission register](#)

Contact

Address 82 Wandsworth Bridge Road
London
SW6 2TF

Phone 01157180118

Email enquiries@phabnottingham.co.uk

Website www.phabnottingham.co.uk

Activities

Objects: THE OBJECT OF THE CIO IS THE PROVISION OF,OR ASSISTANCE IN THE PROVISION OF,IN THE INTERESTS OF SOCIAL WELFARE,FACILITIES FOR RECREATION OR OTHER LEISURE-TIME OCCUPATION FOR PEOPLE WITH DISABILITIES RESIDENT IN NOTTINGHAM AND THE SURROUNDING AREAS.

Activities: Organise and run activities and days out for children and young adults with mental and physical disabilities.

Classification

- **How:** Provides Services
- **What:** Education/training, Disability
- **Who:** Children/young People, People With Disabilities

Geography

- Nottingham City
- Nottinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£10,486	£12,269	-	-
2023-08-31	£6,619	£12,991	-	-
2022-08-31	£9,769	£27,286	-	-
2021-08-31	£8,723	£5,602	-	-
2020-08-31	£29,281	£11,140	-	-

Trustees

Name	Role	Appointed
Katy Conlon	Chair	2021-08-26
Bradley Singh Badhan		2022-01-16
Courtney Clarke		2024-06-26
Dr Pegah Asgarian Damavandi		2025-09-16
Emily Atkinson		2025-09-16
Louise Alison Parker		2018-09-25
Navalakshan Rajamohan		2018-09-25

PHAB NOTTINGHAM

England & Wales - Charity number 1153383

Accounts

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2024

Charity No: 1153383

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PHAB NOTTINGHAM

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 AUGUST 2024

Status

The organisation is a Charitable Incorporated Organisation (CIO) with charitable objects. The CIO was established under a Constitution dated 7 June 2013. Registration as a Charity was confirmed on 14 August 2013 no.1153383.

Trustees

Katy Conlon (Chair)
Bradley Singh Badhan (Treasurer)
Benjamin Berelowitz (resigned 23 June 2024)
Miriam Sanderson
Louise Alison Parker
Navalakshan Rajamohan
Steven Pattison
Alice Rose Yates
Courtney Clarke (appointed 26 June 2024)

Principal Office Address

82 Wandsworth Bridge Road
London
SW6 2TF

Bankers

Barclays Bank plc
Leicester
LE87 2BB

Santander UK plc
Triton Square
Regent's Place
London
NW1 3AN

Independent Examiner

Steven Davies FCA
McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2024

ANNUAL REPORT OF THE TRUSTEES

The Trustees present their Annual Report and Accounts for the year ended 31 August 2024.

Principal Activities and review of the period

Objectives

The objectives of the Charity are as follows:

1. To promote and encourage opportunities for people with disabilities (whether physical, developmental or other) - our members, and our volunteers, to share experiences on a genuinely equal basis, thereby contributing towards a fully inclusive society.
2. To provide respite to the parents/carers of children and young adults with disabilities.
3. To give these children and young adults opportunities to have experiences that they may not otherwise have the chance to do (whether that be for financial, logistical or other reasons).
4. To provide them with care and companionship and ensure they have a great time.
5. To support them in their transition to adulthood.
6. To increase awareness of disabilities (particularly among the student community) and equip people with the knowledge and skills to support those who have disabilities.

Activities

We have worked towards these objectives through our programme of activities that has focussed on improving our members' confidence, heightening their social skills and increasing their integration into wider society. Feedback we received from parents and carers highlighted how our activities provided them with invaluable respite and crucially provided our members with opportunities to grow. We have strived to ensure our members are thoroughly enriched throughout all of our events and we are incredibly proud of our Committee for their contribution towards the events held this year.

2023 marked the ten-year anniversary of Phab Nottingham. We celebrated the occasion with parents, carers and members of Phab Nottingham over the last decade.

Details of all events held are listed below:

Date	Event
7 th October 2023	Committee Training
22 nd October 2023	10-year anniversary and DNA Kids
12 th November 2023	Robin Hood Gymnastics and White Post Farm
10 th December 2023	Christmas Party
11 th February 2024	Cadbury World
25 th February 2024	Creswell Crags
24 th March 2024	Lea Green
12 th May 2024	Peak Wildlife Park
9 th June 2024	Alton Towers

Public Benefit

The Trustees have paid close attention to the advice published by the Charity Commission concerning public benefit, and therefore consider that they have fulfilled their obligations under s.17(53), Charities Act 2011. The Trustees believe that this Trust provides a demonstrable benefit to a sufficient section of the public in accordance with existing case law concerning trusts with similar objects, and is consistent with the aforementioned act.

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2024

Future Developments

Phab Nottingham will continue to grow and develop its programme of activities, including expanding into more educational opportunities and initiatives focused on improving members' mental health. It also remains committed to hosting regular residential holidays to maximise the benefits experienced by members, their parents, and carers

Financial Review

During the year the Charity received grants, donations and other receipts of £10,486. Its expenditure was £12,269 leaving a cash balance at the year end of £28,541 (made up of £5,000 Restricted funds and £23,541 Unrestricted funds).

The Trustees have a policy of keeping non-front line expenditure to an absolute minimum and pride themselves on the fact that the Charity has no fixed assets or significant overheads – all its staff give their time voluntarily. The Trustees are pleased to note that non-front line costs were kept to a minimum and seek to continue this in the next financial year. The Trustees are generally pleased with the Charity's progress and they will continue to grow its unrestricted funds to meet its reserve policy, detailed below.

Reserves Policy

The main factors that are taken into account in the Charity's reserves policy are the needs to cover fluctuations in income and unplanned expenditure. The Charity continues with its aim to build up an unrestricted reserve fund to a level that will enable the running of activities for twelve months should this be necessary. The Charity defines this as the annual average of actual spend over the previous two financial years. For this purpose, the Trustees have adopted the policy of retaining 15% of unrestricted receipts in-year to achieve the reserves policy objective. As at 31 August 2024 we had utilised a portion of our reserves and continued to submit grant applications in FY25.

Governance and Risk Management

The Trustees have conducted a review of the operational, financial and management issues affecting the Charity and have prepared documentation giving guidance in this area, which is regularly reviewed. The Trustees agree that the process is appropriate and thorough, such that they can be confident that systems are in place to mitigate foreseeable risks.

Trustees

The Trustees of the Charity who served at any time during the financial period are as listed on page 1.

Management

The Board delegates the day-to-day activities of the Charity, specifically the running of the regular events programme and the recruitment of new volunteers and members to a Management Committee. The responsibilities and accountabilities of the Management Committee and its relationship with the Board are defined by a Governance Document.

This report was approved by the Trustees on 14 June 2025 and signed on their behalf by:



B S Badhan - Trustee

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2024

INDEPENDENT EXAMINER’S REPORT TO THE TRUSTEES OF PHAB NOTTINGHAM

I report to the trustees on my examination of the accounts of PHAB Nottingham (the Charity) for the year ended 31 August 2024, which are set out on pages 6 to 9.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (‘the Act’).

I report in respect of my examination of the Trust’s accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner’s statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Steven Davies FCA

McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

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PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 AUGUST 2024

	Unrestricted Funds £	2024 Restricted Funds £	Total Funds £	2023 Total Funds £
A1 Receipts				
Grants and donations	3,467	5,000	8,467	5,383
Fundraising events	2,019	-	2,109	1,236
Gift Aid receipts	-	-	-	-
Other miscellaneous receipts	-	-	-	-
	5,486	5,000	10,486	6,619
A2 Asset and investment sales, etc.	-	-	-	-
Total Receipts	5,486	5,000	10,486	6,619
A3 Payments				
Events – regular	9,787	-	9,787	10,227
Events – residential weekend	-	-	-	118
Grants	-	-	-	-
Training	287	-	287	400
Insurance	401	-	401	336
Administration	1,794	-	1,794	1,910
	12,269	-	12,269	12,991
A4 Asset and Investment purchases, etc.	-	-	-	-
Total Payments	12,269	-	12,269	12,991
Net receipts/(payments)	(6,783)	5,000	(1,783)	(6,372)
A5 Transfers Between Funds	-	-	-	-
A6 Cash funds last period	30,324	-	30,324	36,696
Cash funds this year	23,541	5,000	28,541	30,324


PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 AUGUST 2024

Categories	Details	Unrestricted Funds £	Restricted Funds £	Endowment Funds £
B1 Cash funds	Cash at Bank	23,541	5,000	-
	Total cash funds	23,541	5,000	-
B2 Other monetary assets	Gift aid claim	574	-	-
	Prepaid expenses	-	-	-
	Total other monetary assets	574	-	-
		Fund	Cost	Current value
			£	£
B3 Investment assets		None	Nil	Nil
B4 Assets retained for the Charity's own use		None	Nil	Nil
B5 Liabilities		None	Nil	Nil

Approved on behalf of the Trustees on 14 June 2025.



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B S Badhan - Trustee

1. Accounting Policies

- (a) The Accounts have been prepared on the receipts and payments basis in accordance with Charity Commission's guidance.
- (b) Cash funds include cash held on deposit at the bank and e-money issuers.
- (c) Funds are analysed and reported on in a variety of classes, the principal distinction being between Unrestricted Funds and Restricted Funds. "Restricted funds" consist of money earmarked by the donor or by the terms of an appeal for particular purposes. "Unrestricted Funds" are those not subject to such limitations. Unrestricted Funds may include Designated funds, which are funds set aside by the Board to be used for particular purposes in the future and the Board has the power to reallocate such funds unless and until expended.

2. Trustees Transactions

No committee member or person connected with the Charity has been paid remuneration or other benefit from the organisation's funds.

3. Independent Examiners fees

Independent Examiners fees for the year amounted to £nil.

4. Funds

	Balance 1 September 2023	Receipts	Payments	Transfers	Balance 31 August 2024
	£	£	£	£	£
Restricted Funds					
The Thomas Farr Charity	-	3,000	-	-	3,000
The Boshier Hinton Foundation	-	2,000	-	-	2,000
	-	5,000	-	-	5,000
Unrestricted Funds					
Reserve fund	15,518	-	-	823	16,341
General Purposes	14,806	5,486	(12,269)	(823)	7,200
	30,324	5,486	(12,269)	-	23,541
Total funds	30,324	10,486	(12,269)	-	28,541

Restricted funds are as listed above. The Thomas Farr Charity provided a grant for specific future events and The Boshier Hinton Foundation provided a grant for future events. The reserve fund is a fund designated by the Trustees as detailed in the Trustees Report.

PHAB NOTTINGHAM

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2024

5. Nottingham University Students' Union

The Charity works closely with Nottingham University Students' Union which runs 'Phab Society'. However, the society is independent of the Charity and accounts for its own funds, which are controlled by the Students' Union. As such the receipts and payments of Phab Society are excluded from these accounts.

PHAB NOTTINGHAM

England & Wales - Charity number 1153383

Accounts

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
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Charity No: 1153383

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ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2023

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LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 AUGUST 2023

Status

The organisation is a Charitable Incorporated Organisation (CIO) with charitable objects. The CIO was established under a Constitution dated 7 June 2013. Registration as a Charity was confirmed on 14 August 2013 no.1153383.

Trustees

Mr Benjamin Berelowitz (Chairman)
Mr Bradley Singh Badhan (Treasurer)
Mrs Danielle Avital Feingold
Miss Miriam Sanderson
Miss Louise Alison Parker
Mr Navalakshan Rajamohan
Miss Katy Conlon
Mr Steven Pattison (appointed 3 October 2022)
Miss Alice Rose Yates (appointed 1 January 2023)

Mr Nicholas Feingold resigned as a Trustee and Chairman on 18 January 2023

Mrs Danielle Avital Feingold resigned as a Trustee and Treasurer on 31 March 2023

Principal Office Address

82 Wandsworth Bridge Road
London
SW6 2TF

Bankers

Barclays Bank plc
Leicester
LE87 2BB

Santander UK plc
Triton Square
Regent's Place
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Independent Examiner

Steven Davies FCA
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PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2023

ANNUAL REPORT OF THE TRUSTEES

The Trustees present their Annual Report and Accounts for the year ended 31 August 2023.

Principal Activities and review of the period

Objectives

The objectives of the Charity are as follows:

1. To promote and encourage opportunities for people with disabilities (whether physical, developmental or other) - our members, and our volunteers, to share experiences on a genuinely equal basis, thereby contributing towards a fully inclusive society.
2. To provide respite to the parents/carers of children and young adults with disabilities.
3. To give these children and young adults opportunities to have experiences that they may not otherwise have the chance to do (whether that be for financial, logistical or other reasons).
4. To provide them with care and companionship and ensure they have a great time.
5. To support them in their transition to adulthood.
6. To increase awareness of disabilities (particularly among the student community) and equip people with the knowledge and skills to support those who have disabilities.

Activities

We have worked towards these objectives through our programme of activities that has focussed on improving our members' confidence, heightening their social skills and increasing their integration into wider society. Feedback we received from parents and carers highlighted how our activities provided them with invaluable respite and crucially provided our members with much needed social interaction after so many experienced isolation during the pandemic. We have strived to ensure our members are thoroughly enriched throughout all of our events and we are incredibly proud of our Committee for running our first full year of in-person events since the start of the Covid-19 Pandemic. Details of all events held are listed below:

Date	Event
7 th October 2022	Committee Training
23 rd October 2022	Conkers
20 th November 2022	Thinktank and Creation Climbing
11 th December 2022	Cadbury World
12 th February 2023	Animal Disco
12 th March 2023	White Post Farm
23 rd March 2023	Sycamore Adventure
11 th May 2023	Lea Green
11 th June 2023	Alton Towers

Public Benefit

The Trustees have paid close attention to the advice published by the Charity Commission concerning public benefit, and therefore consider that they have fulfilled their obligations under s.17(53), Charities Act 2011. The Trustees believe that this Trust provides a demonstrable benefit to a sufficient section of the public in accordance with existing case law concerning trusts with similar objects, and is consistent with the aforementioned act.

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2023

Future Developments

Phab Nottingham will continue to grow and develop its programme of activities including expanding its activities to those that are more educational and those that are focused on improving its members' mental health.

Financial Review

During the year the Charity received grants, donations and other receipts of £6,619. Its expenditure was £12,991 leaving a cash balance at the year end of £30,324 (made up of entirely Unrestricted funds).

The Trustees have a policy of keeping non-front line expenditure to an absolute minimum and pride themselves on the fact that the Charity has no fixed assets or significant overheads – all its staff give of their time voluntarily. The Trustees are pleased to note that non-front line costs were kept to a minimum and seek to continue this in the next financial year. The Trustees are generally pleased with the Charity's progress and they will continue to grow its unrestricted funds to meet its reserve policy, detailed below.

Reserves Policy

The main factors that are taken into account in the Charity's reserves policy are the needs to cover fluctuations in income and unplanned expenditure. The Charity continues with its aim to build up an unrestricted reserve fund to a level that will enable the running of activities for twelve months should this be necessary. The Charity defines this as the annual average of actual spend over the previous two financial years. For this purpose, the Trustees have adopted the policy of retaining 15% of unrestricted receipts in-year to achieve the reserves policy objective. As at 31 August 2023 we had exceeded our target for reserves and therefore had paused grant applications for FY23. We have resumed grant applications in FY24 following the utilisation of the reserves.

Governance and Risk Management

The Trustees have conducted a review of the operational, financial and management issues affecting the Charity and have prepared documentation giving guidance in this area, which is regularly reviewed. The Trustees agree that the process is appropriate and thorough, such that they can be confident that systems are in place to mitigate foreseeable risks.

Trustees

The Trustees of the Charity who served at any time during the financial period are as listed on page 1.

Management

The Board delegates the day-to-day activities of the Charity, specifically the running of the regular events programme and the recruitment of new volunteers and members to a Management Committee. The responsibilities and accountabilities of the Management Committee and its relationship with the Board are defined by a Governance Document.

This report was approved by the Trustees on 15 June 2024 and signed on their behalf by:



B S Badhan - Trustee

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PHAB NOTTINGHAM

I report to the trustees on my examination of the accounts of PHAB Nottingham (the Charity) for the year ended 31 August 2023, which are set out on pages 6 to 9.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Steven Davies FCA

McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

27 June 2024

PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 AUGUST 2023

	Unrestricted Funds £	2023 Restrict ed Funds £	Total Funds £	2022 Total Funds £
A1 Receipts				
Grants and donations	5,383	-	5,383	7,571
Fundraising events	1,236	-	1,236	1,041
Gift Aid receipts	-	-	-	1,157
Other miscellaneous receipts	-	-	-	-
	6,619	-	6,619	9,769
A2 Asset and investment sales, etc.				
	-	-	-	-
Total Receipts	6,619	-	6,619	9,769
A3 Payments				
Events – regular	10,227	-	10,227	10,787
Events – residential weekend	118	-	118	14,274
Grants	-	-	-	-
Training	400	-	400	535
Insurance	336	-	336	260
Administration	1,910	-	1,910	1,430
	12,991	-	12,991	27,286
A4 Asset and Investment purchases, etc.				
	-	-	-	-
Total Payments	12,991	-	12,991	27,286
Net receipts/(payments)	(6,372)	-	(6,372)	(17,517)
A5 Transfers Between Funds				
	-	-	-	-
A6 Cash funds last period				
	36,696	-	36,696	54,213
Cash funds this year	30,324	-	30,324	36,696

PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 AUGUST 2023

Categories	Details	Unrestricted Funds £	Restricted Funds £	Endowment Funds £
B1 Cash funds	Cash at Bank	30,324	-	-
	Total cash funds	30,324	-	-
B2 Other monetary assets	Gift aid claim	505	-	-
	Prepaid expenses	-	-	-
	Total other monetary assets	505	-	-
		Fund	Cost	Current value
			£	£
B3 Investment assets		None	Nil	Nil
B4 Assets retained for the Charity's own use		None	Nil	Nil
B5 Liabilities		None	Nil	Nil

Approved on behalf of the Trustees on 15 June 2024



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B S Badhan - Trustee

1. Accounting Policies

- (a) The Accounts have been prepared on the receipts and payments basis in accordance with Charity Commission's guidance.
- (b) Short term deposits include cash held on deposit at the bank.
- (c) Funds are analysed and reported on in a variety of classes, the principal distinction being between Unrestricted Funds and Restricted Funds. "Restricted funds" consist of money earmarked by the donor or by the terms of an appeal for particular purposes. "Unrestricted Funds" are those not subject to such limitations. Unrestricted Funds may include Designated funds, which are funds set aside by the Board to be used for particular purposes in the future and the Board has the power to reallocate such funds unless and until expended.

2. Unqualified statement

No committee member or person connected with the Charity has been paid remuneration or other benefit from the organisation's funds.

3. Independent Examiners fees

Independent Examiners fees for the year amounted to £nil.

4. Funds

	Balance 1 September 2022	Receipts	Payments	Transfers	Balance 31 August 2023
	£	£	£	£	£
Restricted Funds					
-	-	-	-	-	-
	-	-	-	-	-
Unrestricted Funds					
Reserve fund	14,525	-	-	505	15,030
General Purposes	22,171	6,619	(12,991)	(505)	15,294
	36,696	6,619	(12,991)	-	30,324
Total funds	36,696	6,619	(12,991)	-	30,324

The reserve fund is a fund designated by the Trustees as detailed in the Trustees Report. All restricted funding had been previously utilised.

5. Nottingham University Students' Union

PHAB NOTTINGHAM

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2023

The Charity works closely with Nottingham University Students' Union which runs 'Phab Society'. However, the society is independent of the Charity and accounts for its own funds, which are controlled by the Students' Union. As such the receipts and payments of Phab Society are excluded from these accounts.

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England & Wales - Charity number 1153383

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LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 AUGUST 2022

Status

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Trustees

Mr Benjamin Berelowitz (Chairman, appointed as Chairman 19 January 2023)

Mr Bradley Singh Badhan (Treasurer, appointed as Treasurer 1 April 2023)

Miss Miriam Sanderson

Miss Louise Alison Parker

Mr Navalakshan Rajamohan

Miss Katy Conlon

Mr Steven Pattison (appointed 3 October 2022)

Miss Alice Rose Yates (appointed 1 January 2023)

Mr Nicholas Feingold resigned as a Trustee and Chairman on 18 January 2023

Mrs Danielle Avital Feingold resigned as a Trustee and Treasurer on 31 March 2023

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FOR THE YEAR ENDED 31 AUGUST 2022

ANNUAL REPORT OF THE TRUSTEES

The Trustees present their Annual Report and Accounts for the year ended 31 August 2022.

Principal Activities and review of the period

Objectives

The objectives of the Charity are as follows:

1. To promote and encourage opportunities for people with disabilities (whether physical, developmental or other) - our members, and our volunteers, to share experiences on a genuinely equal basis, thereby contributing towards a fully inclusive society.
2. To provide respite to the parents/carers of children and young adults with disabilities.
3. To give these children and young adults opportunities to have experiences that they may not otherwise have the chance to do (whether that be for financial, logistical or other reasons).
4. To provide them with care and companionship and ensure they have a great time.
5. To support them in their transition to adulthood.
6. To increase awareness of disabilities (particularly among the student community) and equip people with the knowledge and skills to support those who have disabilities.

Activities

We have worked towards these objectives through our programme of activities that has focussed on improving our members' confidence, heightening their social skills and increasing their integration into wider society. During the financial year ending 31 August 2022, we have reintroduced in-person events (whilst still scheduling three virtual events during the year). We are incredibly proud of the work done to bring back in-person events following their pause during the pandemic. Feedback we received from parents and carers highlighted how our activities provided them with invaluable respite and crucially provided our members with much needed social interaction after so many experienced isolation during the pandemic. Following the cancellation of the residential trip in 2021 due to the COVID-19 pandemic we are also pleased to have been able to run a weekend long trip to Bendrigg Lodge in June 2022 which significantly extends the care hours provided to our members. Details of all events held are listed below:

Date	Event
1st August 2021 and 5th September 2021	Summer social calls (virtual)
10th October 2021	Committee Training
24th October 2021	Magpie dance session (virtual)
28th November 2021	Interactive animal session and party
12th December 2021	Pantomime and Christmas activities
30th January 2022	Freewheelers dance and wellbeing session (virtual)
20th February 2022	Lea Green activity centre
13th March 2022	Cadbury World
3rd April 2022	Twycross Zoo
5th June 2022	Alton Towers
29th May 2022	Residential volunteer training
10th - 12th June 2022	Bendrigg Lodge Residential Weekend

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2022

Public Benefit

The Trustees have paid close attention to the advice published by the Charity Commission concerning public benefit, and therefore consider that they have fulfilled their obligations under s.17(53), Charities Act 2011. The Trustees believe that this Trust provides a demonstrable benefit to a sufficient section of the public in accordance with existing case law concerning trusts with similar objects, and is consistent with the aforementioned act.

Future Developments

Phab Nottingham will continue to grow and develop its programme of activities including expanding its activities to those that are more educational and those that are focused on improving its members' mental health.

Financial Review

During the year the Charity received grants, donations and other receipts of £9,769. Its restricted expenditure was £15,586 and unrestricted expenditure was £11,700 leaving a cash balance at the year end of £36,696 (made up of entirely Unrestricted funds).

COVID-19

We have returned to in-person events during the financial year following a year of virtual events due to the COVID-19 pandemic.

The Trustees have a policy of keeping non-front line expenditure to an absolute minimum and pride themselves on the fact that the Charity has no fixed assets or significant overheads – all its staff give of their time voluntarily. The Trustees are pleased to note that non-front line costs were kept to a minimum and seek to continue this in the next financial year. The Trustees are generally pleased with the Charity's progress and they will continue to grow its unrestricted funds to meet its reserve policy, detailed below.

Reserves Policy

The main factors that are taken into account in the Charity's reserves policy are the needs to cover fluctuations in income and unplanned expenditure. The Charity continues with its aim to build up an unrestricted reserve fund to a level that will enable the running of a reduced/limited programme of activities for 12 months should this be necessary. For this purpose, the Trustees have adopted the policy of retaining 15% of unrestricted receipts in-year to achieve the reserves policy objective. As at 31 August 2022 the Trustees are close to achieving their target unrestricted reserve fund and therefore may look to amend their Reserves Policy for the year-ending 31 August 2023.

Governance and Risk Management

The Trustees have conducted a review of the operational, financial and management issues affecting the Charity and have prepared documentation giving guidance in this area, which is regularly reviewed. The Trustees agree that the process is appropriate and thorough, such that they can be confident that systems are in place to mitigate foreseeable risks.

Trustees

The Trustees of the Charity who served at any time during the financial period are as listed on page 1.

Management

The Board delegates the day-to-day activities of the Charity, specifically the running of the regular events programme and the recruitment of new volunteers and members to a Management Committee. The

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2022

responsibilities and accountabilities of the Management Committee and its relationship with the Board are defined by a Governance Document.

This report was approved by the Trustees on 17 June 2023 and signed on their behalf by:



B S Badhan - Trustee

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2022

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PHAB NOTTINGHAM

I report to the trustees on my examination of the accounts of PHAB Nottingham (the Charity) for the year ended 31 August 2022, which are set out on pages 6 to 9.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Steven Davies FCA

McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

17 June 2023

PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 AUGUST 2022

	Unrestricted Funds £	2022 Restricted Funds £	Total Funds £	2021 Total Funds £
A1 Receipts				
Grants and donations	7,571	-	7,571	5,441
Fundraising events	1,041	-	1,041	3,109
Gift Aid receipts	1,157	-	1,157	172
Other miscellaneous receipts	-	-	-	1
	<u>9,769</u>	<u>-</u>	<u>9,769</u>	<u>8,723</u>
A2 Asset and investment sales, etc.	-	-	-	-
Total Receipts	<u>9,769</u>	<u>-</u>	<u>9,769</u>	<u>8,723</u>
A3 Payments				
Events – regular	3,471	7,316	10,787	4,117
Events – residential weekend	6,453	7,821	14,274	-
Grants	-	-	-	-
Training	96	439	535	-
Insurance	260	-	260	350
Administration	1,420	10	1,430	1,135
	<u>11,700</u>	<u>15,586</u>	<u>27,286</u>	<u>5,602</u>
A4 Asset and Investment purchases, etc.	-	-	-	-
Total Payments	<u>11,700</u>	<u>15,586</u>	<u>27,286</u>	<u>5,602</u>
Net receipts/(payments)	(1,931)	(15,586)	(17,517)	3,121
A5 Transfers Between Funds	-	-	-	-
A6 Cash funds last period	38,627	15,586	54,213	51,092
Cash funds this year	<u>36,696</u>	<u>-</u>	<u>36,696</u>	<u>54,213</u>

PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 AUGUST 2022

Categories	Details	Unrestricted Funds £	Restricted Funds £	Endowment Funds £
B1 Cash funds	Cash at Bank	36,696	-	-
	Total cash funds	36,696	-	-
B2 Other monetary assets	Gift aid claim	407	-	-
	Prepaid expenses	-	-	-
	Total other monetary assets	407	-	-
		Fund	Cost	Current value
B3 Investment assets		None	£ Nil	£ Nil
B4 Assets retained for the Charity's own use		None	Nil	Nil
B5 Liabilities		None	Nil	Nil

Approved on behalf of the Trustees on 17 June 2023



B S Badhan - Trustee

PHAB NOTTINGHAM

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2022

1. Accounting Policies

- (a) The Accounts have been prepared on the receipts and payments basis in accordance with Charity Commission's guidance.
- (b) Short term deposits include cash held on deposit at the bank.
- (c) Funds are analysed and reported on in a variety of classes, the principal distinction being between Unrestricted Funds and Restricted Funds. "Restricted funds" consist of money earmarked by the donor or by the terms of an appeal for particular purposes. "Unrestricted Funds" are those not subject to such limitations. Unrestricted Funds may include Designated funds, which are funds set aside by the Board to be used for particular purposes in the future and the Board has the power to reallocate such funds unless and until expended.

2. Unqualified statement

No committee member or person connected with the Charity has been paid remuneration or other benefit from the organisation's funds.

3. Independent Examiners fees

Independent Examiners fees for the year amounted to £nil.

4. Funds

	Balance 1 September 2021	Receipts	Payments	Transfers	Balance 31 August 2022
	£	£	£	£	£
Restricted Funds					
Awards for All	7,821	-	(7,821)	-	-
BBC CiN	7,765	-	(7,765)	-	-
	<u>15,586</u>	<u>-</u>	<u>(15,586)</u>	<u>-</u>	<u>-</u>
Unrestricted Funds					
Reserve fund	13,060	-	-	1,465	14,525
General Purposes	25,567	9,769	(11,700)	(1,465)	22,171
	<u>38,627</u>	<u>9,769</u>	<u>(11,700)</u>	<u>-</u>	<u>36,696</u>
Total funds	<u>54,213</u>	<u>9,769</u>	<u>(27,286)</u>	<u>-</u>	<u>36,696</u>

Restricted funds are as listed above. BBC Children in Need provided a grant for events and Big Lottery Fund (Awards for All) provided a grant towards the residential weekend, an event which was held in June 2022 following a two year delay due to the COVID-19 pandemic. The reserve fund is a fund designated by the Trustees as detailed in the Trustees Report. All restricted funding has been utilised in this financial year.

5. Nottingham University Students' Union

The Charity works closely with Nottingham University Students' Union which runs 'Phab Society'. However, the society is independent of the Charity and accounts for its own funds, which are controlled by the Students' Union. As such the receipts and payments of Phab Society are excluded from these accounts.

PHAB NOTTINGHAM

England & Wales - Charity number 1153383

Accounts

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2021

Charity No: 1153383

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2021
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PHAB NOTTINGHAM

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 AUGUST 2021

Status

The organisation is a Charitable Incorporated Organisation (CIO) with charitable objects. The CIO was established under a Constitution dated 7 June 2013. Registration as a Charity was confirmed on 14 August 2013 no.1153383.

Trustees

Mr Nicholas Feingold (Chairman)
Mrs Danielle Avital Feingold (Treasurer)
Mr Benjamin Berelowitz
Miss Miriam Sanderson
Miss Louise Alison Parker
Mr Navalakshan Rajamohan
Miss Katy Conlon (appointed on 28 August 2021)
Mr Bradley Singh Badhan (appointed on 16 January 2022)

Mr Joshua Hunt resigned as a Trustee on 4 December 2021

Principal Office Address

82 Wandsworth Bridge Road
London
SW6 2TF

Bankers

Barclays Bank plc
Leicester
LE87 2BB

Santander UK plc
Triton Square
Regent's Place
London
NW1 3AN

Independent Examiner

Steven Davies FCA
McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2021

ANNUAL REPORT OF THE TRUSTEES

The Trustees present their Annual Report and Accounts for the year ended 31 August 2021.

Principal Activities and review of the period

Objectives

The objectives of the Charity are as follows:

1. To promote and encourage opportunities for people with disabilities (whether physical, developmental or other) - our members, and our volunteers, to share experiences on a genuinely equal basis, thereby contributing towards a fully inclusive society.
2. To provide respite to the parents/carers of children and young adults with disabilities.
3. To give these children and young adults opportunities to have experiences that they may not otherwise have the chance to do (whether that be for financial, logistical or other reasons).
4. To provide them with care and companionship and ensure they have a great time.
5. To support them in their transition to adulthood.
6. To increase awareness of disabilities (particularly among the student community) and equip people with the knowledge and skills to support those who have disabilities.

Activities

We have worked towards these objectives through our programme of activities that has focussed on improving our members' confidence, heightening their social skills and increasing their integration into wider society. Throughout the financial year ending 31 August 2021 the COVID-19 pandemic continued in the UK. We are particularly pleased to have been able to adapt our activities to continue to meet the needs of our members throughout this incredibly difficult period and provide them with much needed opportunities for social interaction. All of the events set out below were run virtually and, in some cases, enabled our members to enjoy activities that otherwise wouldn't have been possible due to their physical location. We received numerous messages from parents and carers who were incredibly grateful for our continued service provision, which also provided them with some respite. In addition, recognising the importance of positive mental health for young people, particularly those with disabilities, we ran our first ever wellbeing event with great success.

Date	Event
3rd October 2020	Committee Training
w/c 12th October 2020	Volunteer Training
25th October 2020	Electric Umbrella (music skills)
9th November 2020	1:1 virtual calls
22nd November 2020	Our Amazing Animal World (animal education)
13th December 2020	Flamingo Chicks (dance activities) and Razzle Dazzle (circus skills)
31st January 2021	Creation Station (arts & crafts)
21st February 2021	Disability sports
21st March 2021	Electric Umbrella (music skills)
18th April 2021	Pizza making & cake baking
27th April 2021	Wellbeing event
<i>The following events were planned but unfortunately had to be cancelled as a result of the COVID-19 pandemic and the fact that the events could not be rearranged to be virtual</i>	
6th June 2021	Alton Towers (cancelled)
11th – 13th June 2021	Bendrigg Lodge Residential Weekend (cancelled)

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2021

Public Benefit

The Trustees have paid close attention to the advice published by the Charity Commission concerning public benefit, and therefore consider that they have fulfilled their obligations under s.17(53), Charities Act 2011. The Trustees believe that this Trust provides a demonstrable benefit to a sufficient section of the public in accordance with existing case law concerning trusts with similar objects, and is consistent with the aforementioned act.

Future Developments

Phab Nottingham will continue to grow and develop its programme of activities including expanding its activities to those that are more educational and those that are focused on improving its members' mental health. We have also run a third Residential Weekend in June 2022.

Financial Review

During the year the Charity received grants, donations and other receipts of £8,723 (of which £5,000 was restricted as detailed in note 4 to the accounts). Its expenditure was £5,602 leaving a cash balance at the year end of £54,213 (made up of Unrestricted Funds of £38,627 and Restricted Funds of £15,586).

COVID-19

Expenditure for the year was lower owing to the virtual nature of events due to the COVID-19 pandemic. Income for the year was also lower than in previous years, reflecting the constraints in hosting fundraising events and attracting donations.

The Trustees have a policy of keeping non-front line expenditure to an absolute minimum and pride themselves on the fact that the Charity has no fixed assets or significant overheads – all its staff give of their time voluntarily. The Trustees are pleased to note that non-front line costs were kept to a minimum and seek to continue this in the next financial year. The Trustees are generally pleased with the Charity's progress and they will continue to grow its unrestricted funds to meet its reserve policy, detailed below.

Reserves Policy

The main factors that are taken into account in the Charity's reserves policy are the needs to cover fluctuations in income and unplanned expenditure. The Charity continues with its aim to build up an unrestricted reserve fund to a level that will enable the running of a reduced/limited programme of activities for 12 months should this be necessary. For this purpose, the Trustees have adopted the policy of retaining 15% of unrestricted receipts in-year to achieve the reserves policy objective. As at 31 August 2021 the Trustees are close to achieving their target unrestricted reserve fund and therefore may look to amend their Reserves Policy for the year-ending 31 August 2022.

Governance and Risk Management

The Trustees have conducted a review of the operational, financial and management issues affecting the Charity and have prepared documentation giving guidance in this area, which is regularly reviewed. The Trustees agree that the process is appropriate and thorough, such that they can be confident that systems are in place to mitigate foreseeable risks.

Trustees

The Trustees of the Charity who served at any time during the financial period are as listed on page 1.

Management

The Board delegates the day-to-day activities of the Charity, specifically the running of the regular events programme and the recruitment of new volunteers and members to a Management Committee. The

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2021

responsibilities and accountabilities of the Management Committee and its relationship with the Board are defined by a Governance Document.

This report was approved by the Trustees on 20 June 2022 and signed on their behalf by:



D Feingold - Trustee

PHAB NOTTINGHAM

ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2021

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PHAB NOTTINGHAM

I report to the trustees on my examination of the accounts of PHAB Nottingham (the Charity) for the year ended 31 August 2021, which are set out on pages 6 to 9.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Steven Davies FCA

McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

20 June 2022

PHAB NOTTINGHAM

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2021

	Unrestricted Funds £	2021 Restricted Funds £	Total Funds £	2020 Total Funds £
A1 Receipts				
Grants and donations	441	5,000	5,441	25,933
Fundraising events	3,109	-	3,109	2,630
Gift Aid receipts	172	-	172	281
Other miscellaneous receipts	1	-	1	437
	<u>3,723</u>	<u>5,000</u>	<u>8,723</u>	<u>29,281</u>
A2 Asset and investment sales, etc.	-	-	-	-
Total Receipts	<u>3,723</u>	<u>5,000</u>	<u>8,723</u>	<u>29,281</u>
A3 Payments				
Events – regular	-	4,117	4,117	6,890
Events – residential weekend	-	-	-	2,179
Grants	-	-	-	-
Training	-	-	-	603
Insurance	350	-	350	330
Administration	1,135	-	1,135	1,138
	<u>1,485</u>	<u>4,117</u>	<u>5,602</u>	<u>11,140</u>
A4 Asset and Investment purchases, etc.	-	-	-	-
Total Payments	<u>1,485</u>	<u>4,117</u>	<u>5,602</u>	<u>11,140</u>
Net receipts/(payments)	2,238	883	3,121	18,141
A5 Transfers Between Funds	-	-	-	-
A6 Cash funds last period	36,389	14,703	51,092	32,951
Cash funds this year	<u><u>38,627</u></u>	<u><u>15,586</u></u>	<u><u>54,213</u></u>	<u><u>51,092</u></u>

PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 AUGUST 2021

Categories	Details	Unrestricted Funds £	Restricted Funds £	Endowment Funds £
B1 Cash funds	Cash at Bank	38,627	15,586	-
	Total cash funds	38,627	15,586	-
B2 Other monetary assets	Gift aid claim	1,157	-	-
	Prepaid expenses	-	2,179	-
	Total other monetary assets	1,157	2,179	-
		Fund	Cost	Current value
			£	£
B3 Investment assets		None	Nil	Nil
B4 Assets retained for the Charity's own use		None	Nil	Nil
B5 Liabilities		None	Nil	Nil

Approved on behalf of the Trustees on 20 June 2022



.....
D Feingold - Trustee

1. Accounting Policies

- (a) The Accounts have been prepared on the receipts and payments basis in accordance with Charity Commission's guidance.
- (b) Short term deposits include cash held on deposit at the bank.
- (c) Funds are analysed and reported on in a variety of classes, the principal distinction being between Unrestricted Funds and Restricted Funds. "Restricted funds" consist of money earmarked by the donor or by the terms of an appeal for particular purposes. "Unrestricted Funds" are those not subject to such limitations. Unrestricted Funds may include Designated funds, which are funds set aside by the Board to be used for particular purposes in the future and the Board has the power to reallocate such funds unless and until expended.

2. Unqualified statement

No committee member or person connected with the Charity has been paid remuneration or other benefit from the organisation's funds.

3. Independent Examiners fees

Independent Examiners fees for the year amounted to £nil.

4. Funds

	Balance 1 September 2020	Receipts	Payments	Transfers	Balance 31 August 2021
	£	£	£	£	£
Restricted Funds					
Awards for All	7,821	-	-	-	7,821
BBC CiN	6,882	5,000	(4,117)	-	7,765
	14,703	5,000	(4,117)	-	15,586
Unrestricted Funds					
Reserve fund	12,502	-	-	558	13,060
General Purposes	23,887	3,723	(1,485)	(558)	25,567
	36,389	3,723	(1,485)	-	38,627
Total funds	51,092	8,723	(5,602)	-	54,213

Restricted funds are as listed above. BBC Children in Need provided a grant for events and Big Lottery Fund (Awards for All) provided a grant towards the residential weekend, an event which was deferred until June 2022 due to the COVID-19 pandemic. The reserve fund is a fund designated by the Trustees as detailed in the Trustees Report.

PHAB NOTTINGHAM

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2021

5. Nottingham University Students' Union

The Charity works closely with Nottingham University Students' Union which runs 'Phab Society'. However, the society is independent of the Charity and accounts for its own funds, which are controlled by the Students' Union. As such the receipts and payments of Phab Society are excluded from these accounts.

PHAB NOTTINGHAM

England & Wales - Charity number 1153383

Accounts

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2020

Charity No: 1153383

PHAB NOTTINGHAM
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PHAB NOTTINGHAM

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 AUGUST 2020

Status

The organisation is a Charitable Incorporated Organisation (CIO) with charitable objects. The CIO was established under a Constitution dated 7th June 2013. Registration as a Charity was confirmed on 14 August 2013 no.1153383.

Trustees

Mr Nicholas Feingold (Chairman)
Mrs Danielle Avital Feingold (Treasurer)
Mr Benjamin Berelowitz
Miss Miriam Sanderson
Mr Joshua Hunt
Miss Louise Alison Parker
Mr Navalakshan Rajamohan

The Honourable Alastair Livingston resigned as a Trustee on 1 September 2019

Principal Office Address

82 Wandsworth Bridge Road
London
SW6 2TF

Bankers

Barclays Bank plc
Leicester
LE87 2BB

Santander UK plc
Triton Square
Regent's Place
London
NW1 3AN

Independent Examiner

Steven Davies FCA
McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2020

ANNUAL REPORT OF THE TRUSTEES

The Trustees present their Annual Report and Accounts for the year ended 31 August 2020.

Principal Activities and review of the period

Objectives

The objectives of the Charity are as follows (updated with effect from July 2020):

1. To promote and encourage opportunities for people with disabilities (whether physical, developmental or other) - our members, and our volunteers, to share experiences on a genuinely equal basis, thereby contributing towards a fully inclusive society.
2. To provide respite to the parents/carers of children and young adults with disabilities.
3. To give these children and young adults opportunities to have experiences that they may not otherwise have the chance to do (whether that be for financial, logistical or other reasons)
4. To provide them with care and companionship and ensure they have a great time.
5. To support them in their transition to adulthood.
6. To increase awareness of disabilities (particularly among the student community) and equip people with the knowledge and skills to support those who have disabilities.

Activities

We have worked towards these objectives through our programme of activities that has focussed on improving our members' confidence, heightened their social skills and increased their integration into wider society. In particular, we have continued to focus on empowering our older cohort of members (18-21) through initiatives such as the Young Leader's Scheme, which encourages these members to take on responsibilities during Events to help them develop leadership skills. We also increased our focus on volunteer development to enable our volunteers to best support our members, including running specific Makaton training sessions. Towards the end of the financial year during the COVID-19 pandemic we introduced regular video calls with our members to provide support and companionship at an incredibly difficult time.

Date	Event
13th October 2019	Committee Training
w/c 14th October 2019	Volunteer Training
27th October 2019	Twycross Zoo
24th November 2019	Lea Green (Activity Centre)
8th December 2019	Pizza making and Pottery painting
2nd February 2020	Cadbury World
16th February 2020	Lion Learners (Educational animal experience)
Across May and June 2020	Various 2-to-1 video catch up calls
<i>The following 4 events were planned but unfortunately had to be cancelled as a result of the COVID-19 pandemic and the national lockdown in the UK</i>	
8th March 2020	Black Country Living Museum (cancelled)
29th March 2020	Yorkshire Wildlife Park (cancelled)
7th June 2020	Alton Towers (cancelled)
12th – 14th June 2020	Bendrigg Lodge Residential Weekend (cancelled)

Public Benefit

The Trustees have paid close attention to the advice published by the Charity Commission concerning public benefit, and therefore consider that they have fulfilled their obligations under s.17(53), Charities Act 2011. The Trustees believe that this Trust provides a demonstrable benefit to a sufficient section of the public in accordance with existing case law concerning trusts with similar objects, and is consistent with the aforementioned act.

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2020

Future Developments

Phab Nottingham will continue to grow and develop its programme of activities including expanding its activities to those that are more educational and those that are focused on improving its members' mental health as well as running a third Residential Weekend in June 2022. Phab Nottingham had intended to run a Residential Weekend in June 2020 but unfortunately had to postpone this to 2022 in light of the COVID-19 situation.

Financial Review

During the year the Charity received grants, donations and other receipts of £29,281 (of which £20,000 was restricted as detailed in note 4 to the accounts). Its expenditure was £11,140 leaving a cash balance at the year end of £51,092 (made up of Unrestricted Funds of £36,389 and Restricted Funds of £14,703).

Expenditure for the year was lower owing to the cancelled events due to the COVID-19 pandemic.

The Trustees have a policy of keeping non-front line expenditure to an absolute minimum and pride themselves on the fact that the Charity has no fixed assets or significant overheads – all its staff give of their time voluntarily. The Trustees are pleased to note that non-front line costs were kept to a minimum and seek to continue this in the next financial year. The Trustees are generally pleased with the Charity's progress and they will continue to grow its unrestricted funds to meet its reserve policy, detailed below.

Reserves Policy

The main factors that are taken into account in the Charity's reserves policy are the needs to cover fluctuations in income and unplanned expenditure. The Charity continues with its aim to build up an unrestricted reserve fund to a level that will enable the running of a reduced/limited programme of activities for 12 months should this be necessary. For this purpose, the Trustees have adopted the policy of retaining 15% of unrestricted receipts in-year to achieve the reserves policy objective. As at 31 August 2020 the Trustees are close to achieving their target unrestricted reserve fund and therefore may look to amend their Reserves Policy for the year-ending 31 August 2021

Governance and Risk Management

The Trustees have conducted a review of the operational, financial and management issues affecting the Charity and have prepared documentation giving guidance in this area, which is regularly reviewed. The Trustees agree that the process is appropriate and thorough, such that they can be confident that systems are in place to mitigate foreseeable risks.

Trustees

The Trustees of the Charity who served at any time during the financial period are as listed on page 1.

Management

The Board delegates the day-to-day activities of the Charity, specifically the running of the regular events programme and the recruitment of new volunteers and members to a Management Committee. The responsibilities and accountabilities of the Management Committee and its relationship with the Board are defined by a Governance Document.

This report was approved by the Trustees on 28 June 2021 and signed on their behalf by:



D Feingold - Trustee

PHAB NOTTINGHAM
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2020

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF PHAB NOTTINGHAM

I report on the Accounts of the Charity for the year ended 31 August 2020, which are set out on pages 5 to 8.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the Accounts. The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the Accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the Accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare Accounts which accord with the accounting records, and comply with the accounting requirements of the Charities Act
- have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

Steven Davies FCA

McKelvie & Co LLP
Chartered Accountants
82 Wandsworth Bridge Road
London
SW6 2TF

28 June 2021

PHAB NOTTINGHAM

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2020

	Unrestricted Funds £	2020 Restricted Funds £	Total Funds £	2019 Total Funds £
A11 Receipts				
Grants and donations	5,933	20,000	25,933	41,349
Fundraising events	2,630	-	2,630	5,140
Gift Aid receipts	281	-	281	3,514
Other miscellaneous receipts	437	-	437	-
	<u>9,281</u>	<u>20,000</u>	<u>29,281</u>	<u>50,003</u>
A2 Asset and investment sales, etc.	-	-	-	-
Total Receipts	<u>9,281</u>	<u>20,000</u>	<u>29,281</u>	<u>50,003</u>
A3 Payments				
Events – regular	-	6,890	6,890	9,112
Events – residential weekend	-	2,179	2,179	14,806
Grants	-	-	-	-
Training	-	603	603	1,513
Insurance	330	-	330	322
Administration	1,138	-	1,138	1,579
	<u>1,468</u>	<u>9,672</u>	<u>11,140</u>	<u>27,332</u>
A4 Asset and Investment purchases, etc.	-	-	-	-
Total Payments	<u>1,468</u>	<u>9,672</u>	<u>11,140</u>	<u>27,332</u>
Net receipts/(payments)	<u>7,813</u>	<u>10,328</u>	<u>18,141</u>	<u>22,671</u>
A5 Transfers Between Funds	-	-	-	-
A6 Cash funds last period	28,576	4,375	32,951	10,280
Cash funds this year	<u>36,389</u>	<u>14,703</u>	<u>51,092</u>	<u>32,951</u>

PHAB NOTTINGHAM

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 AUGUST 2020

Categories	Details	Unrestricted Funds £	Restricted Funds £	Endowment Funds £
B1 Cash funds	Cash at Bank	36,389	14,703	-
	Total cash funds	36,389	14,703	-
B2 Other monetary assets	Gift aid claim	1,713	-	-
	Prepaid expenses	-	2,179	-
	Total other monetary assets	1,713	2,179	-
		Fund	Cost	Current value
			£	£
B3 Investment assets		None	Nil	Nil
B4 Assets retained for the Charity's own use		None	Nil	Nil
B5 Liabilities		None	Nil	Nil

Approved on behalf of the Trustees on 28 June 2021



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D Feingold - Trustee

1. Accounting Policies

- (a) The Accounts have been prepared on the receipts and payments basis in accordance with Charity Commission's guidance.
- (b) Short term deposits include cash held on deposit at the bank.
- (c) Funds are analysed and reported on in a variety of classes, the principal distinction being between Unrestricted Funds and Restricted Funds. "Restricted funds" consist of money earmarked by the donor or by the terms of an appeal for particular purposes. "Unrestricted Funds" are those not subject to such limitations. Unrestricted Funds may include Designated funds, which are funds set aside by the Board to be used for particular purposes in the future and the Board has the power to reallocate such funds unless and until expended.

2. Unqualified statement

No committee member or person connected with the Charity has been paid remuneration or other benefit from the organisation's funds.

3. Independent Examiners fees

Independent Examiners fees for the year amounted to £nil.

4. Funds

	Balance 1 September 2019	Receipts	Payments	Transfers	Balance 31 August 2020
	£	£	£	£	£
Restricted Funds					
Awards for All	-	10,000	(2,179)	-	7,821
BBC CiN	4,375	10,000	(7,493)	-	6,882
	4,375	20,000	(9,672)	-	14,703
Unrestricted Funds					
Reserve fund	11,110	-	-	1,392	12,502
General Purposes	17,466	9,281	(1,468)	(1,392)	23,887
	28,576	9,281	(1,468)	-	36,389
Total funds	32,951	29,281	(11,140)	-	51,092

Restricted funds are as listed above. BBC Children in Need provided a grant for events and Big Lottery Fund (Awards for All) provided a grant towards the residential weekend, an event which has been deferred until next year due to the COVID-19 pandemic. The reserve fund is a fund designated by the Trustees as detailed in the Trustees Report.

5. Nottingham University Students' Union

The Charity works closely with Nottingham University Students' Union which runs 'Phab Society'. However, the society is independent of the Charity and accounts for its own funds, which are controlled by the Students' Union. As such the receipts and payments of Phab Society are excluded from these accounts.