

Talk to SARA Ltd

England & Wales · Charity number 1153102

Details

Other names TRAFFORD RAPE CRISIS LIMITED, TRC

Status Registered

Legal form Charitable company

Company number [07318710](#)

Registered 2013-07-29

Register [View on the Charity Commission register](#)

Contact

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Peel House
30 The Downs
Altrincham
Cheshire
WA14 2PX

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Website www.traffordrapecrisis.com

Activities

Objects: 1) TO RELIEVE THE NEEDS AND PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF WOMEN AND GIRLS WHO HAVE SURVIVED RAPE OR SEXUAL ABUSE BY PROVIDING COUNSELLING, ADVICE AND SUPPORT.2) TO EDUCATE THE PUBLIC ABOUT RAPE AND SEXUAL VIOLENCE THROUGH THE PROVISION OF TALKS, TRAINING AND BY SUCH OTHER MEANS AS THE TRUSTEES MAY DETERMINE.

Activities: Providing support and information to women and girls who have suffered sexual violence or abuse; through helpline, Live Chat and email services. We also offer counselling and group work. In addition, we have an Independent Sexual Violence Advocate, aimed at Black and ethnically minoritised women. Working in partnership with commissioners, local groups, voluntary and statutory organisations.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Other Defined Groups

Geography

- Bolton
- Bury
- Manchester City
- Oldham
- Rochdale
- Salford City
- Stockport
- Tameside
- Trafford
- Wigan

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£295,826	£295,327	-	-
2024-03-31	£279,366	£280,597	-	-
2023-03-31	£230,226	£231,248	-	-
2022-03-31	£203,572	£185,247	-	-
2021-03-31	£204,865	£151,972	-	-

Trustees

Name	Role	Appointed
Dr Claire Handby	Chair	2023-10-18
Ashlea Sands		2025-12-12
Dr Omolade Allen		2023-11-25
Hannah Idriss		2025-11-30
Jasmine Holding Brown		2025-10-14
Jayne Hurst		2025-10-14
Jennie Coates		2025-10-14
Joanne Slinger		2023-10-18
Julie Cochran		2025-12-12
Lorraine Saunders		2025-10-14
Nathalie McCann		2025-10-14

Talk to SARA Ltd

England & Wales - Charity number 1153102

Accounts

Company Registration Number: 07318710

Charity Registration Number: 1153102

Trafford Rape Crisis Limited

(a company limited by guarantee)

Unaudited Annual Report and Financial Statements
for the Year Ended 31 March 2025

Trafford Rape Crisis Limited
Financial Year Ended 31 March 2025

(a company limited by guarantee)

(company registration 07318710, charity registration 1153102)

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Trafford Rape Crisis Limited
Financial Year Ended 31 March 2025

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CHAIR'S INTRODUCTION

It's been a productive year for TRC but as ever, it has had to overcome various challenges along the way including the ongoing crisis in funding support for VAWG organisations across England and Wales which has closed many women only and / or rape crisis centres.

The Board of Trustees have had to consider the future of the organisation in relation to what services and support there is across Greater Manchester. From strategic input from the CEO and wider staff team, we concluded that the need for TRC demonstrated clearly from the demand in services as well as the growing breadth of work it has been involved with.

TRC has benefitted from funding to support that development including new posts which has helped the process of consolidation. From these new opportunities have emerged and we look forward to the chance to rebrand and refresh our offer in the coming 12 months.

I also made the decision to stand down as Chair in March but thankfully have been able to welcome in Claire Handby as new Chair of Trustees who will continue to ensure TRC can continue its vital work for the women and girls who need us.

My thanks again to all Trustees for their support and involvement - Trustees are becoming harder to find for charities but the work is so important for the role that charities play in civil society.

Finally, my thanks to CEO, Charlotte who has weathered considerable storms over recent years and who I admire hugely for her commitment, expertise and passion for TRC. TRC would be the poorer without her.



Amanda Greenwood
Chair of the Board of Trustees
August 2025

Trafford Rape Crisis Limited
Financial Year Ended 31 March 2025

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(company registration 07318710, charity registration 1153102)

REFERENCE AND ADMINISTRATIVE INFORMATION

Registered office and operational address

Unit 314 Peel House
30 The Downs
Altrincham
Cheshire
WA14 2PX.

Trustees

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Omolade Allen (appointed 15 November 2023);
Amanda Greenwood (appointed 4 November 2023);
Claire Handby (appointed 18 October 2023);
Joanne Slinger (appointed 18 October 2023)
Ruhiya Yousef (appointed 1 March 2023);
Katharine Bastin (resigned 1 July 2023);
Susan Baldwin (resigned 4 November 2023);
Gail Gormley (resigned 4 November 2023);
Jenny Thomas (resigned 20 April 2023).

Key management personnel

Charlotte Clayton, Chief Executive Officer.

Bankers

HSBC Bank Plc.
11 Stamford New Road
Altrincham
WA14 1BW.

NatWest Bank
PO Box 16204
Birmingham
B2 2WP.

Independent Examiner

David Wallis ACA
DJW Accounts Consulting Ltd
8, 3 Chivalry Road
London
SW11 1HT.

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Financial Year Ended 31 March 2025

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TRUSTEES' ANNUAL REPORT (incorporating the Directors' Report)

The trustees present their report and the unaudited financial statements for the year ended 31 March 2025. Included within the trustees' annual report is the directors' report as required by company law. Reference and administrative information set out on page 3 forms part of this report.

The financial statements comply with current statutory requirements, the Memorandum and Articles of Association (the governing documents of the charity), UK Generally Accepted Accounting Principles including the requirements of Financial Reporting Standard 102 (FRS102), and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their financial statements in accordance with FRS 102, the guidance document in the UK which pertains to mainstream registered charities' accounts. The document also gives heed to necessary compliance with provision of company and charity law, and all other applicable regulations and guidance.

Aims and Objectives

Trafford Rape Crisis Ltd. (operating as 'TRC Sexual Abuse and Rape Support Greater Manchester') exists to provide trauma-informed support and information to women and girls who have experienced any form of sexual violence, no matter when or where it happened. TRC provides: a confidential helpline; a helpline session specifically for Black and Ethnically Minoritised women; LiveChat sessions; email support; trauma-informed, face-to face counselling and groupwork; an internal pathway for women who have experienced sexual violence and also experience complex mental health difficulties; an Independent Sexual Violence Advocacy service; outreach to Black and Ethnically Minoritised women and 'by and for' groups; training in 'Working with Sexual Violence' and 'How to Respond to a Disclosure'; workshops on 'Consent and Healthy Relationships.' We work in partnership with commissioners, local groups, voluntary and statutory organisations; raising awareness of services for survivors and working to reduce the shame and stigma sometimes associated with sexual violence.

Trafford Rape Crisis (TRC) is a feminist organisation, which aims to:

- Support women survivors of rape or sexual abuse so they may maintain control over their lives;
- Raise awareness of male violence against women and girls, regardless of their background or circumstances;
- Provide information, guidance, training and expertise within the community;
- Promote the involvement of all women in the development of TRC policies and services;
- Contribute to policy initiatives and strategies aiming at improving the service provision for survivors;
- Actively challenge the values, beliefs and behaviours which contribute to women's oppression, and work in partnership with local service providers and communities to promote the values of TRC.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, employee, volunteer and stakeholder experience of service, gathered through a variety of formal and informal processes.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

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Our activities benefit the public by:

- Providing support, advice and information to victims of rape and sexual violence to help them understand and cope with what they have experienced;
- Raising awareness amongst organisations and communities about the services available to those in need;
- Challenging sexual violence myths and rape culture through social media output, printed information, activism, training and workshops;
- Running activities for users of the service to develop their self-esteem and confidence and with the aim of aiding recovery from sexual violence trauma.

Achievements and Performance

The charity's main activities and whom it aims to support are described below. All of its charitable activities focus on women and girls across Greater Manchester and beyond, and are undertaken to further Trafford Rape Crisis Limited's charitable purposes for the public benefit.

Trafford Rape Crisis Ltd. operates as 'TRC Sexual Abuse and Rape Support Greater Manchester', to reflect the fact that it supports women across the region.

Overview

Over the financial year 2024-25, TRC enjoyed a period of consolidation in most areas, combined with a substantial review and restructure of the counselling service.

We recruited to two established roles and one slightly augmented role, in the shape of a new Business Support *and Development* officer, a new part-time GM RASSO Pathfinder; and a new Counselling Co-ordinator, this role is now full-time.

TRC was grateful to receive a funding boost from the National Lottery Reaching Communities fund for its 'Safe Space' work, focussed on increasing access to the counselling service and amplifying survivor voice throughout the organisation.

On receipt of this funding, TRC began working with an experienced consultant, to formulate a 'Survivor Engagement Roadmap,' and to ensure that the feedback loop is securely embedded into the organisation prior to recruitment of survivor participants and that the process is as ethical and meaningful as possible.

June 2024 saw another Volunteer Week celebration; on this occasion it also marked the departure of TRC's much-loved Business Support Officer and the 70th birthday of one of the organisation's founders.

There was also a Board Away Day during June, an opportunity to discuss strategic direction and for the Board to get to know each other in person.

A number of Consent Workshops were delivered to Trafford Sixth Formers during June; from which some interesting and positive feedback was obtained.

TRC, together with a consultant from the Cranfield Trust, completed a project on the organisation's collection, use and analysis of data. This contributed to changes in the way we conduct referrals and assessments, and how we use data collected for monitoring and reporting purposes.

Also through the Cranfield Trust, the CEO participated in the Peer2peer exchange for VCFSE leaders.

As part of TRC's commitment to creating a trauma-responsive organisation, the whole team attended a wellbeing programme at Beyond Barrier; designed to reduce the impact of stress and vicarious trauma through compassion-focussed support.

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In November 2024, TRC sent a number of delegates to Leeds to the Rape Crisis England and Wales conference, which also marked the 50th anniversary of the rape crisis movement in the UK. A great opportunity to listen to inspirational women speak and to exchange ideas and best practice with colleagues.

December saw the delivery of more training: *Sexual Violence and How to Respond to a Disclosure* training delivered to a group of Domestic Abuse Champions from across the Northern Care Alliance, at Fairfield Hospital in Bury.

In January 2025, staff attended an event to celebrate the success of the GM RASSO Pathfinder Partnership and raise awareness of the project across the wider sector.

During January and February 2025, another 12 solid volunteers attended TRC's training course: *Working with Sexual Violence*.

The specialist ISVA/Outreach service for Black and Ethnically Minoritised Women, celebrated a successful first year; with TRC's ISVA having completed the ISVA qualification with Purple Leaf over the summer months.

February 2025 marked another away day, this time our first **Team** Away Day. There was a session of much-needed somatic yoga and an afternoon of brain-storming, problem-solving, and strategy idea formation. Followed in March 2025 by a Board Away Day, an opportunity for the CEO to feedback the Team's ideas and agree forward actions.

During Q4, after a series of complex safeguarding cases had arisen, a deep dive of the counselling service was initiated. After a period of detailed review, a restructure plan was implemented. This culminated in the recruiting of a new counselling co-ordinator and changes to clinical supervision and governance procedures.

International Women's Day, March 2025 – a group of staff and volunteers ventured into the city to the Central Library to enjoy Manchester, City Council's celebration of women event. TRC's ISVA also received an award nomination at the Trafford Council IWD event.

The end of Q4 was marked with a joyous event in the Art Group calendar: an exhibition at the HIYA community space in Sale. The event was really well attended by a wide range of stakeholders including: staff; volunteers; survivors; friends; family; members of the public:



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Financial Review

Trafford Rape Crisis Limited's income and expenditure for the year ended 31 March 2025 is shown on the statement of financial activities (on page 12) and details of its assets, liabilities and reserves position as at 31 March 2025 are shown on the balance sheet (on page 13).

The charity reported a 'break-even' position for the year ended 31 March 2025, showing a positive net movement in funds of £498 (2024: negative net movement in funds for the year of £1,231).

Total income for the year was £295,826 (2024: £279,366), of which £27,452 was restricted (2024: £25,860), and the remainder was unrestricted income. Income consisted largely of funding received from funding bodies including the Ministry of Justice, Trafford Council, and others, as detailed in note 4 to these financial statements.

Total expenditure for the year was £295,327 (2024: £280,597), of which £27,452 (2024: £52,546) was allocated to restricted funds, and the remainder was unrestricted fund expenditure.

Trafford Rape Crisis Limited ended the financial year with total funds of £215,813 (2024: £215,314), of which £nil were restricted, and the entirety were unrestricted funds.

Regarding funding for the charity in future periods, Ministry of Justice funding has been extended to cover at least up until 31 March 2026. A five-year contract in relation to Trafford MBC funding is in place up until 31 March 2029. Extended funding periods have been agreed or are being negotiated, in respect of other funding streams.

TRC also receives voluntary income from time to time, in the form of donations, alongside minor interest income.

Reserves Policy

Trafford Rape Crisis maintains an established reserves policy which is used to monitor the appropriateness of the level of free reserves the charity holds on an ongoing basis, to cover any unforeseen expenses, and to ensure the charity remains a going concern.

The charity has a well thought through approach to setting a target for the level of free reserves it holds, and an established process for Board of Trustee monitoring of actual levels against that target throughout the year.

The charity intends to maintain a free reserve in unrestricted funds of around £85,000 to £100,000, to continue to offer a basic service in line with its charitable objects for a period of between three and six months.

Currently the charity's target level of free reserves is broadly set and informed by ongoing approximate calculations and considerations with regards to the costs which would need to be incurred should the charity, for any reason, need to cease trading or wind-up (which the Trustees deem to be unlikely). The charity monitors the level of this 'contingency fund' throughout the year.

The charity's free reserves (its unrestricted general funds) as shown on its balance sheet as at 31 March 2025 of £215,813, being unrestricted general funds less the value of tangible fixed assets (2024: £214,106) exceed the target set by the charity's reserves policy. The Trustees note that although this sum is unrestricted, the majority will be utilised on projects funded by its large funder donors.

Going forward the charity will continue its diligent efforts to ensure the target set by this reserves policy continues to be met where possible, whilst also distributing and expending its resources to aid its beneficiaries and further its charitable objectives, in a prompt and impactful manner, on an ongoing basis.

Trafford Rape Crisis Limited
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Structure, Governance and Management

Charity Background and Constitution.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2025 was 6 (2024: 6). The trustees are members of the charity but this entitles them only to voting rights.

The trustees have no beneficial interest in the charity. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the related party transactions note (note 9) to these financial statements.

Governance and Staffing

The trustees have the overall responsibility for compliance with the legal requirements of the limited company and the charity.

They jointly hold strategic planning, management of funds, policy development and implementation, and recruitment of volunteers, paid workers and trustees with the CEO.

The operational day to day running of the organisation is undertaken by the CEO and the paid workers, with volunteers working alongside.

At the start of 2023 the charity had a full-time Manager (35 hours), a Volunteer Co-ordinator (25 hours), a Face-to Face Services Coordinator (25 hours), a Business Support Officer (25 hours) and a Helpline, live chat and email Co-ordinator (25 hours), plus a number of paid sessional counsellors.

During the year TRC underwent some significant changes, and the structure is now:

- CEO (35 hours);
- Volunteer and Digital Services Co-ordinator (35 hours);
- Counselling Co-ordinator (30 hours);
- ISVA (35 hours);
- Business Support and Development Officer (28 hours);
- GM RASSO Pathfinder (18.75 hours);
- Sessional Digital Services Workers (2 x 3.5 hours);
- Sessional counsellors (11 x varying hours);
- Freelance Social Media and Communications Officer (approx. 14 hours).

Trustee induction and training

Trustees are recruited by Trafford Rape Crisis either following their involvement with the organisation as volunteers, through external advertising or via a specialist recruitment consultant. This recruitment process is in line with the volunteer recruitment procedure for Trafford Rape Crisis and the Fairer Recruitment Policy.

Trustees will be required to attend part of the volunteer training 'Working with Sexual Violence' to become familiar with the ethos, practice, governance and structure of the organisation and the wider rape crisis movement.

All trustees are encouraged to access opportunities for external training.

The organisation is a charitable company limited by guarantee, incorporated on 19 July 2010 and registered as a charity on 29 July 2013.

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Financial Year Ended 31 March 2025

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Risk management

Trafford Rape Crisis maintains a robust Risk Register. The most significant risks which the Trustees have identified for the charity relate to:

- Funding.
This risk is mitigated via:
 - Monthly monitoring of the finances by the CEO and Business Support and Development Officer;
 - Regular review of finances with the Board;
 - Regular meetings in place with funding partners;
 - Frequent assessment of potential funders;
 - Maintain links with GM VCFSE infrastructure organisations;
 - Regular updates to current funders.
- Volunteers.
This risk is mitigated via:
 - Biannual recruitment of volunteers;
 - Regular check-ins with volunteers;
 - Get-togethers offered with all volunteers;
 - Supervision for volunteers and frequency monitored via the Volunteer and Digital Services Co-ordinator;

Expenses being paid and claiming of these being encouraged.

Related parties and relationships with other organisations.

These are discussed in the related party transactions note (note 9) to these financial statements.

Statement of Trustees' Responsibilities.

The trustees, who are also the directors of Trafford Rape Crisis Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

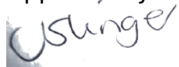
Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Company and enable it to ensure that the accounts comply with the Companies Act 2006. It is also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:



Trustee J. Slinger

18 September 2025

Trafford Rape Crisis Limited
Financial Year Ended 31 March 2025

(a company limited by guarantee)

(company registration 07318710, charity registration 1153102)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report to the trustees of Trafford Rape Crisis Limited ("the charity") on my examination of the charity's accounts for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

D. Wallis 29 October 2025

David Wallis ACA

Member of the Institute of Chartered Accountants in England and Wales

DJW Accounts Consulting Ltd

3 Chivalry Road, London, SW11 1HT

Trafford Rape Crisis Limited.

Company Registration No. 07318710. Charity Registration No. 1153102.

Statement of Financial Activities for the year ended 31 March 2025 (incorporating the Income and Expenditure account).

		Unrestricted funds 2025. £	Restricted funds 2025. £	Total funds 2025. £	<i>Unrestricted funds 2024. £</i>	<i>Restricted funds 2024. £</i>	<i>Total funds 2024. £</i>
	Note						
Income from:							
Donations and legacies	3	2,397	-	2,397	10,652	3,360	14,012
Charitable activities	4	264,352	27,452	291,804	242,488	22,500	264,988
Investment/ bank interest		1,624	-	1,624	367	-	367
		<u>268,374</u>	<u>27,452</u>	<u>295,826</u>	<u>253,506</u>	<u>25,860</u>	<u>279,366</u>
Total income for the year							
Expenditure on:							
Charitable activities	5	267,876	27,452	295,327	228,051	52,546	280,597
		<u>267,876</u>	<u>27,452</u>	<u>295,327</u>	<u>228,051</u>	<u>52,546</u>	<u>280,597</u>
Total expenditure for the year							
Net (expenditure)/							
Net income for the year	7	498	-	498	25,455	-26,686	-1,231
Transfer between funds		-	-	-	-	-	-
		<u>498</u>	<u>-</u>	<u>498</u>	<u>25,455</u>	<u>-26,686</u>	<u>-1,231</u>
Net movement in funds, for the year							
Reconciliation of funds:							
Total funds brought forward		215,314	-	215,314	189,859	26,686	216,545
		<u>215,313</u>	<u>-</u>	<u>215,813</u>	<u>215,314</u>	<u>-</u>	<u>215,314</u>
Total funds carried forward							

The statement of financial activities includes all gains and losses recognised in the year.
 All income and expenditure are derived from continuing activities.
 The accounting policies and accompanying notes form an integral part of these financial statements.

Trafford Rape Crisis Limited.
Company Registration No. 07318710. Charity Registration No. 1153102.
Balance Sheet, as at 31 March 2025.

	Note	2024		2024
		£	£	£
Fixed assets:				
Tangible assets	12		-	<u>1,208</u>
Total fixed assets			-	<u>1,208</u>
Current assets:				
Debtors	13	4,118		3,719
Cash at bank and in hand		<u>224,676</u>		<u>221,980</u>
Total current assets		228,794		<u>225,698</u>
Liabilities:				
Creditors: amounts falling due in less than one year	14	<u>12,981</u>		<u>11,592</u>
Net current assets			<u>215,813</u>	<u>214,106</u>
Total assets less current liabilities			215,813	<u>215,314</u>
Net assets			<u><u>215,813</u></u>	<u><u>215,314</u></u>
The funds of the charity:				
Restricted income funds	15		-	-
Unrestricted income funds	16		<u>215,813</u>	<u>215,314</u>
Total charity funds			<u><u>215,813</u></u>	<u><u>215,314</u></u>

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

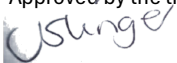
Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The accounting policies and notes to the financial statements, which follow from here until the end of the document, form an integral part of these financial statements.

Approved by the trustees and signed on their behalf by:


Trustee J, Slinger
18 September 2025

Trafford Rape Crisis Limited.

Company no. 07318710. Charity reg. no. 1153102.

Cash Flow Statement for the year ended 31 March 2025.

	Note	2025 £	2024 £
Cash provided by/ (used in) operating activities.	19	<u>2,696</u>	<u>8,832</u>
<i>Cash flows from investing activities:</i>			
Purchase of tangible fixed assets.		<u>-</u>	<u>-1,234</u>
Cash provided by/ (used in) investing activities.		<u>-</u>	<u>-1,234</u>
Increase/(decrease) in cash and cash equivalents in the year.		2,696	7,598
Cash and cash equivalents at the beginning of the year.		<u>221,980</u>	<u>214,382</u>
Cash and cash equivalents at the end of the year.		<u><u>224,677</u></u>	<u><u>221,980</u></u>

Trafford Rape Crisis Limited
Notes to the accounts for the year ended 31 March 2025

1. Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a. Basis of preparation.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Trafford Rape Crisis Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b. Preparation of the accounts on a going concern .

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. There are no key judgments which the trustees have made which have a significant effect on the accounts. However, judgements that have been made are described in the financial review of the Trustees' report. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c. Income.

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d. Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e. Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f. Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g. Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs of services undertaken to further the purposes of the charity.
- Other expenditure represents those items which do not fit into the former category.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h. Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 6.

i. Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j. Tangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Computers:	33%
Office fixtures and equipment:	25%

k. Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any

trade discounts due.

l. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n. Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o. Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 8.

2. Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2025 (continued)

3. Income from donations and legacies

	Unrestricted	Restricted	Total 2025
	£	£	£
General donations	2,397	-	2,397
Brabner Support for Art Club	-	-	-
Total	2,397	-	2,397

<i>Prior year comparatives:</i>	Unrestricted	Restricted	Total 2024
	£	£	£
General donations	10,652	-	10,652
Brabner Support for Art Club	-	3,360	3,360
Total	10,652	3,360	14,012

4. Income from charitable activities

	Unrestricted	Restricted	Total 2025
	£	£	£
Ministry of Justice	142,500	-	142,500
GMCA	-	27,452	27,452
GM RASSO	30,552	-	30,552
National Lottery - Reaching Communities	60,000	-	60,000
Community Foundation	1,300	-	1,300
Trafford Council	30,000	-	30,000
Total	264,352	27,452	291,804

<i>Prior year comparatives:</i>	Unrestricted	Restricted	Total 2024
	£	£	£
Ministry of Justice	168,440	-	168,440
GMCA	-	22,500	22,500
GM ICB	19,648	-	19,648
GM RASSO	19,400	-	19,400
Trafford Council	35,000	-	35,000
Total	242,488	22,500	264,988

5. Analysis of expenditure on charitable activities

	Total 2025	Total 2024
	£	£
Employment costs	189,493	152,957
Premises costs	25,972	38,102
Depreciation	1,208	1,368
Project costs	65,760	60,529
Governance costs (see note 6)	1,974	6,012
Support costs (see note 6)	10,920	21,628
	295,327	280,597

	2025	2024
	£	£
Restricted expenditure	27,452	52,546
Unrestricted expenditure	267,876	228,051
	295,327	280,597

6. Analysis of governance and support costs

	Basis of apportionment	Support	Governance	Total 2025
		£	£	£
Office costs	By nature of individual cost.	10,475	-	10,475
Legal and professional	By nature of individual cost.	-	474	474
Independent examination	Single annual accounts scrutiny (governance/ compliance) cost.	-	1,080	1,080
Accountancy services	Statutory annual accounts preparation (governance) or day-to-day / in-year support.	445	420	865
		10,920	1,974	12,894

<i>Prior year comparatives:</i>	Basis of apportionment	Support	Governance	Total 2024
		£	£	£
Office costs	By nature of individual cost.	19,408	-	19,408
Legal and professional	By nature of individual cost.	-	4,512	4,512
Independent examination	Single annual accounts scrutiny (governance/ compliance) cost.	-	1,080	1,080
Accountancy services	Statutory annual accounts preparation (governance) or day-to-day / in-year support.	2,221	420	2,641
		21,628	6,012	27,640

7. Net income/(expenditure) for the year

This is stated after charging:

	2025	2024
	£	£
Depreciation	1,208	1,368
Operating lease rentals:		
- Premises	7,500	7,500
- Equipment	1,685	750
Independent examiner's remuneration:		
- Annual accounts preparation	420	420
- Independent examination	1,080	1,080

8. Staff costs

Staff costs during the year were as follows:

	2025	2024
	£	£
Wages and salaries	168,712	129,312
Social security costs	11,142	11,066
Pension costs	7,745	6,234
Freelance contractors	15,730	6,345
	203,330	152,957

No employees received employee benefits in excess of £60,000 in either of the years ended 31 March 2025 or 31 March 2024.

The average headcount of staff employed throughout the year was 6 (2024: 6).

The average full-time equivalent number of staff employed throughout the year was 4.3 (2024: 3.4).

The key management personnel of the charity comprise the Trustees and the most Senior Member of Management.

Total employee benefits of the key management personnel of the charity were £51,826 (2024: £46,651).

9. Trustee remuneration and expenses, and other related party transactions

One trustee received reimbursement of expenses during the year ended 31 March 2025 for travel costs, totalling £38. (2024: three trustees received reimbursed expenses during the year in relation to travel, subsistence and miscellaneous expenses totalling £80).

One trustee continued to provide in-year accountancy services to the charity on a 'pro bono' basis in the year ended 31 March 2025 via a limited company in which they had a controlling interest; the charity paid that company £326 in the year in relation to the charity's accounting software license fees (2024: £53).

There were no monetary donations received from trustees in the year ended 31 March 2025 (2024: £nil).

[Details around trustees' indemnity insurance cover and annual cost borne by charity].

10. Government grants

The government grants recognised in the accounts were as follows:

	2025	2024
	£	£
Ministry of Justice	142,500	168,440
GMCA	27,452	22,500
GM ICB	-	19,648
GM RASSO	30,552	19,400
Trafford Council	30,000	35,000
	<u>230,504</u>	<u>264,988</u>

11. Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

12. Tangible fixed assets

	Office equipment	Computer equipment	Total
	£	£	£
Cost			
At 1 April 2024 & 31 March 2025	<u>8,416</u>	<u>13,722</u>	<u>22,138</u>
Depreciation			
At 1 April 2024	7,208	13,722	20,930
Charge for the year	<u>1,208</u>	<u>-</u>	<u>1,208</u>
At 31 March 2025	<u>8,416</u>	<u>13,722</u>	<u>22,138</u>
Net book value			
At 31 March 2025	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2024	<u>1,208</u>	<u>-</u>	<u>1,208</u>

13. Debtors

	2025	2024
	£	£
Prepayments	<u>4,118</u>	<u>3,719</u>
	<u>4,118</u>	<u>3,719</u>

14. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	5,279	4,930
Accruals	4,351	6,663
PAYE & social security	<u>3,351</u>	<u>-</u>
	<u>12,981</u>	<u>11,592</u>

15. Analysis of movements in restricted funds

	Balance at 1 April 2024	Income	Expenditure	Transfers	Balance at 31 March 2025
	£	£	£	£	£
GMCA	-	27,452	-27,452	-	-
	<u>-</u>	<u>27,452</u>	<u>-27,452</u>	<u>-</u>	<u>-</u>
<i>Prior year comparatives:</i>	<i>Balance at 1 April 2023</i>	<i>Income</i>	<i>Expenditure</i>	<i>Transfers</i>	<i>Balance at 31 March 2024</i>
	£	£	£	£	£
GMCA	26,408	22,500	-49,186	-	-
Brabner Support for Art Club	-	3,360	-3,360	-	-
NHS	278	-	-	-	-
	<u>26,686</u>	<u>25,860</u>	<u>-52,546</u>	<u>-</u>	<u>-</u>

Name of restricted fund

Description, nature and purposes of the found

NHS	Distributed by GMCA, this fund was used for counselling and therapy, admin and training costs, and IT hardware and software.
GMCA	Money was to set up face-to-face services including counselling and group work; the money was used to pay for a face-to-face services coordinator and training and marketing for the counselling service.
Brabner Support for Art Club	This fund arose from the generous gift of a donor, in November 2023, towards funding the costs of running a set number of sessions of the Charity's popular Arts Club.

16. Analysis of movement in unrestricted funds

	Balance at 1 April 2024	Income	Expenditure	Transfers	Balance at 31 March 2025
	£	£	£	£	£
General fund	215,314	268,374	-267,876	-	215,813
Total	<u>215,314</u>	<u>268,374</u>	<u>-267,876</u>	<u>-</u>	<u>215,813</u>
<i>Prior year comparatives:</i>	<i>Balance at 1 April 2023</i>	<i>Income</i>	<i>Expenditure</i>	<i>Transfers</i>	<i>Balance at 31 March 2024</i>
	£	£	£	£	£
General fund	189,859	253,506	-228,051	-	215,314
Total	<u>189,859</u>	<u>253,506</u>	<u>-228,051</u>	<u>-</u>	<u>215,314</u>

Name of unrestricted fund

Description, nature and purposes of the found

General fund. The free reserves after allowing for all designated funds.

The charity holds no designated funds, and no other unrestricted funds, other than the general fund.

17. Analysis of net assets between funds

	General fund	Designated funds	Restricted funds	2025 Total
	£	£	£	£
Tangible fixed assets	-	-	-	-
Net current assets/(liabilities)	215,813	-	-	215,813
Total	<u>215,813</u>	<u>-</u>	<u>-</u>	<u>215,813</u>
<i>Prior year comparatives:</i>	<i>General fund</i>	<i>Designated funds</i>	<i>Restricted funds</i>	<i>2024 Total</i>
	£	£	£	£
Tangible fixed assets	1,208	-	-	1,208
Net current assets/(liabilities)	214,106	-	-	214,106
Total	<u>215,314</u>	<u>-</u>	<u>-</u>	<u>215,314</u>

18. Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Equipment 2025	<i>Equipment 2024</i>
	£	£
Less than one year	1,685	1,685
One to five years	4,213	5,898
	<u>5,898</u>	<u><i>7,583</i></u>

19. Reconciliation of net movement in funds to net cash flow from operating activities

	2025	2024
	£	£
Net income/(expenditure) for the year	498	-1,231
Adjustments for:		
Depreciation charge	1,208	1,368
Decrease/(increase) in debtors	-397	6,415
Increase in creditors	1,388	2,279
Net cash provided by/(used in) operating	<u>2,696</u>	<u>8,831</u>

Talk to SARA Ltd

England & Wales - Charity number 1153102

Accounts

Company Registration Number: 07318710.

Charity Registration Number: 1153102.

Trafford Rape Crisis Limited

(a company limited by guarantee).

Unaudited Annual Report and Financial Statements
for the Year Ended 31 March 2024.

Trafford Rape Crisis Limited
Financial year ended 31 March 2024.

Company reg. no. 07318710. Charity reg. no. 1153102.

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Trafford Rape Crisis Limited
Financial year ended 31 March 2024.

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REFERENCE AND ADMINISTRATIVE INFORMATION.

Registered office and operational address.

Unit 314 Peel House
30 The Downs
Altrincham
Cheshire
WA14 2PX.

Trustees.

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Omolade Allen (appointed 15 November 2023);
Amanda Greenwood (appointed 4 November 2023);
Claire Handby (appointed 18 October 2023);
Joanne Harding (appointed 18 October 2023);
Joanne Slinger (appointed 18 October 2023)
Ruhiya Yousef (appointed 1 March 2023);
Katharine Bastin (resigned 1 July 2023);
Susan Baldwin (resigned 4 November 2023);
Gail Gormley (resigned 4 November 2023);
Jenny Thomas (resigned 20 April 2023).

Key management personnel.

Charlotte Clayton, Chief Executive Officer.

Bankers.

HSBC Bank Plc.
11 Stamford New Road
Altrincham
WA14 1BW.

NatWest Bank
PO Box 16204
Birmingham
B2 2WP.

Independent Examiner.

Dave Wallis ACA
DJW Accounts Consulting Ltd
71-75 Shelton Street
Covent Garden
London
WC2H 1JQ.

Trafford Rape Crisis Limited
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CHAIR'S INTRODUCTION.

From Autumn 2023 a new Board of Trustees was confirmed in place following a successful recruitment over the Spring and early Summer.

The Board have a range of skills and experience which are proving to be useful and supportive for the organisation as well as providing a reliable and effective level of scrutiny.

TRC are not alone in facing significant funding challenges over the next twelve months given the ongoing volatile and increasingly competitive funding environment. That said there are opportunities as noted in this report, that will hopefully yield new sources of funding and areas of development for TRC to continue its work at a time when it is needed perhaps more than ever.

My thanks to Charlotte who has had a challenging first, full year as CEO but whose commitment to the work, the staff team and to those who need TRC is unwavering.

Finally my thanks to my colleague Trustees who engage and involve themselves in their role with passion and determination to support the organisation to better and greater things.

A handwritten signature in black ink, appearing to read 'A Greenwood', written in a cursive style.

Amanda Greenwood
Chair of the Board of Trustees
11 December 2024.

Trafford Rape Crisis Limited
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TRUSTEES' ANNUAL REPORT (incorporating the Directors' Report).

The trustees present their report and the unaudited financial statements for the year ended 31 March 2024. Included within the trustees' annual report is the directors' report as required by company law. Reference and administrative information set out on page 3 forms part of this report.

The financial statements comply with current statutory requirements, the Memorandum and Articles of Association (the governing documents of the charity), UK Generally Accepted Accounting Principles including the requirements of Financial Reporting Standard 102 (FRS102), and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their financial statements in accordance with FRS 102, the guidance document in the UK which pertains to mainstream registered charities' accounts. The document also gives heed to necessary compliance with provision of company and charity law, and all other applicable regulations and guidance.

Aims and Objectives.

Trafford Rape Crisis Ltd. (operating as 'TRC Sexual Abuse and Rape Support Greater Manchester') exists to provide trauma-informed support and information to women and girls who have experienced any form of sexual violence, no matter when or where it happened. TRC provides: a confidential helpline; a helpline session specifically for Black and Ethnically Minoritised women; LiveChat sessions; email support; trauma-informed, face-to face counselling and groupwork; an internal pathway for women who have experienced sexual violence and also experience complex mental health difficulties; an Independent Sexual Violence Advocacy service; outreach to Black and Ethnically Minoritised women and 'by and for' groups; training in 'Working with Sexual Violence' and 'How to Respond to a Disclosure'; workshops on 'Consent and Healthy Relationships.' We work in partnership with commissioners, local groups, voluntary and statutory organisations; raising awareness of services for survivors and working to reduce the shame and stigma sometimes associated with sexual violence.

Trafford Rape Crisis (TRC) is a feminist organisation, which aims to:

- Support women survivors of rape or sexual abuse so they may maintain control over their lives;
- Raise awareness of male violence against women and girls, regardless of their background or circumstances;
- Provide information, guidance, training and expertise within the community;
- Promote the involvement of all women in the development of TRC policies and services;
- Contribute to policy initiatives and strategies aiming at improving the service provision for survivors;
- Actively challenge the values, beliefs and behaviours which contribute to women's oppression, and work in partnership with local service providers and communities to promote the values of TRC.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, employee, volunteer and stakeholder experience of service, gathered through a variety of formal and informal processes.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

Our activities benefit the public by:

- Providing support, advice and information to victims of rape and sexual violence to help them understand and cope with what they have experienced;

Trafford Rape Crisis Limited
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- Raising awareness amongst organisations and communities about the services available to those in need;
- Challenging sexual violence myths and rape culture through social media output, printed information, activism, training and workshops;
- Running activities for users of the service to develop their self-esteem and confidence and with the aim of aiding recovery from sexual violence trauma.

Achievements and Performance.

The charity's main activities and whom it aims to support are described below. All its charitable activities focus on women and girls across Greater Manchester and beyond, and are undertaken to further Trafford Rape Crisis Limited's charitable purposes for the public benefit.

Trafford Rape Crisis Ltd. operates as 'TRC Sexual Abuse and Rape Support Greater Manchester', to reflect the fact that it supports women across the region.

Overview

Since the AGM on 25 November 2023, TRC has launched two new services: The ISVA / Outreach Service for Black and Ethnically Minoritised Women and the GM RASSO Pathfinder Service, for women who have experienced sexual violence trauma and also present with complex mental health difficulties.

During this exciting period of change and growth, TRC has improved its social media and communications output, with the support of a freelance consultant, and has submitted numerous bids for funding, which we hope will come to fruition in the next financial year. Ensuring, or at least improving, future financial sustainability is a key focus of the CEO's activity.

As this report for the overall working period will highlight, TRC finds itself in a good position to be able to ensure it continues to fulfil its charitable objectives and to maximise its resources and capacity efficiently and effectively.

A Timeline of Achievements and Performance – April 2023 to March 2024.

Following extensive consultations with the team, TRC reviewed its mission, vision and values at the beginning of the year; contributing to a revision of the strategic aims and the impact TRC wants to make for survivors and the wider community.

Part of these strategic aims have been to raise TRC's profile and this has been achieved by participation on several Boards and in some key networks across Greater Manchester, for example: Manchester Sexual Violence and Trauma Network; Trafford Mental Health Reference Group; the GM Sexual Violence Harm Reduction group; Trafford Living Well Operational group; GM Victims' Partnership.

During the 16 Days of Activism Against Gender-Based Violence at the end of 2023; TRC joined partners (Trafford Domestic Abuse Service and Talk, Listen, Change) to raise awareness of sexual violence and also share information about the support available: Holding a stall in Altrincham town centre; providing a 'Consent and Healthy Relationships' presentation to around 80 young men at Trafford College, Stretford Campus. Culminating in participation in the 'Reclaim the Night' march.

January 2024 saw the launch of the Greater Manchester RASSO (Rape and Serious Sexual Offences) Pathfinder Service; providing support for people who have experienced the trauma of sexual violence and also present with complex mental health difficulties. We welcomed an additional team member, in the part-time Pathfinder role.

Trafford Rape Crisis Limited
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TRC also began taking referrals into the new Independent Sexual Violence Advocacy (ISVA) service at the start of 2024; this innovative service provides targeted outreach to women from diverse communities. We have a new team member in the full-time ISVA role; she will complete the ISVA qualification in the next reporting period.

On International Women's Day 2024, TRC held a celebratory event for stakeholders from GMCA, Trafford councillors, and VCFSE partners to officially launch the ISVA service. A group of people from TRC gathered to join the Manchester 'Walk for Women' and enjoyed a multigenerational day of activism and togetherness. Furthermore, at the Trafford Council Women's Day event, TRC counsellor and Art Group facilitator, Alex Thorogood, achieved the 'Trafford Volunteer of the Year' award.

Across November and December 2023, a total of twenty-two people attended TRC's 'Introduction to Working with Sexual Violence' training; many of whom went on to become helpline call-takers or come on board as sessional counsellors or as trustees.

The Counselling Service now has a number of supplementary offers for women on the waiting list; enabling people to 'wait well.' These include: A weekly art group; an online programme called 'Taste of Recovery'; stabilisation and wellbeing sessions. The Art Group got some great feedback following an exhibition in the John Lewis café at the Trafford Centre!

TRC continues to facilitate a drop-in at the University of Manchester and is active in the Sexual Violence Action Network of organisations supporting the student population across GM.

Following a six-month transition period and with the support of a specialist recruitment service, TRC welcomed six new trustees to the Board. It has been important for TRC to have this fresh scrutiny and challenge, in what is an increasingly difficult third sector landscape. A strategy day was held with trustees incoming and outgoing on 29 October 2023, to support the handover.

At the end of April, TRC held a 'Spinathon' fundraising event, raising a total of £4,395; it was a hugely fun way to generate much-needed extra-income.

TRC has continued to provide training around 'Sexual Violence Trauma' and 'How to Respond to a Disclosure' to other organisations and also to facilitate workshops on 'Consent and Healthy Relationships' to young people in schools and sixth forms; to young parents at Trafford Talk Shop.

Representation by TRC was made at the Council of Europe's Group of Experts on Action against Violence against Women and Domestic Violence (GREVIO) roundtable. TRC also sent delegates to the Rape Crisis England and Wales conference and the Trafford Women's Voices Conference.

The ISVA service has set up a regular outreach group for asylum-seeking women at one of the local contingency accommodations in Trafford; a weekly craft group where women can come to together and share skills and stories and talk in a safe space with an ISVA.

Towards the end of the period, the team have been working hard on the National Service Standards, in order to renew our membership of Rape Crisis England and Wales.

Case study – 'AB'.

AB is a 58-year-old black British woman living in Manchester currently living in a social housing accommodation with her son who is due to attend University. She has three other adult children. She is in a supportive, committed relationship and there is talk of them moving in together in the future.

AB is a survivor of complex trauma and reached out to TRC having had a very difficult start in her early life – witnessing domestic violence against her mother growing up and then in her own childhood sexual abuse by her brothers. She was put into care after trying to run away several times and left when she was 16 with very little

Trafford Rape Crisis Limited
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Company reg. no. 07318710. Charity reg. no. 1153102.

education. She was introduced to a period of drugs and prostitution, was later raped by other perpetrators and had abusive partners. She has a history of mental breakdown having been sectioned under the Mental Health Act and diagnosed as bipolar. She is still receiving support from the Community Mental Health Team.

On entering counselling, AB was very nervous, extremely anxious and carried a lot of shame and guilt, around periods of her life where she was unable to cope, and particularly around the care of her children. She has a good relationship with her children although some of her adult ones would manipulate her financially. She has no friends, as those from her past were not good influences.

Early sessions centred around her feeling comfortable with me and understanding that her experiences and behaviours were as a result of her traumas rather than her. It was a revelation for her as she was always made to feel like she was “mad” or “flawed” – she had a very medicalised view of herself.

She often struggled to end our sessions and would be very tearful but slowly we built trust and safety for her. Most of our sessions were around stabilisation as she had no strategies to deal with her hypervigilance, shame or loss of self. Day-to-day living and routine was also explored as it was apparent she sometimes found this hard. She was also supported by a mental health worker every two weeks with this. We worked on boundaries with her family, feelings of shame and the impact on her current relationship.

She attended all of our sessions and was able to use some regulation techniques to manage her emotions. The biggest impact of therapy was that she felt “normal” and was grateful for the support she received, and understood that trauma was responsible for some of her actions. Regulation continues to be a work in progress for her, as is building her confidence around new people. She was able to attend TRC’s Art Group since ending therapy.

AB reported that, over the period of therapy, her reliance on regular GP appointments reduced dramatically. AB has confirmed that she rarely sees her GP now at all for her mental health, as her needs are largely met by the mental health worker and her continued engagement with TRC groups.

Future Plans.

In the short term, TRC is looking for funding to allow an extension to the ISVA / Outreach service; focusing on women with disabilities, including neuro-diversity, and older women. Both groups, evidence suggests, are under-represented in terms of people accessing support for sexual violence.

Additionally, we are planning a project to capture survivor voice, foster meaningful survivor engagement, and embed lived experience in a meaningful feedback loop into service design and development.

As part of TRC’s commitment to trauma-informed practice, we completed an organisational audit and identified staff wellbeing needs. We plan to work with Beyond Barriers to access a wellbeing programme based on Compassion-Focused Therapy, to reduce the impact of secondary trauma on the team.

Financial Review.

The charity’s activity in relation to income and expenditure for the year ended 31 March 2024 is summarised in the Statement of Financial Activities (on page 13), and details of its assets and liabilities, and hence also its reserves position are shown on the Balance Sheet as at 31 March 2024 (on page 14).

The charity finished the year ended 31 March 2024 with a broadly ‘break-even’ position, with net movement in funds for the year being a small deficit of £1,231 (2023: deficit of £1,022).

Total income for the year was £279,366 (2023: £230,226), of which £25,860 was restricted (2023: £22,500), and the remainder was unrestricted income. Similar to the prior year, the charity’s income consisted of funding received from a selection of funding bodies, in respect of grant agreements with organisations including the Ministry of Justice, Trafford Council, and others, as detailed in note 4 to these financial statements.

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Total expenditure for the year was £280,597 (2023: £231,248), of which £52,546 (2023: £20,850) was allocated to restricted funds, and the remainder was unrestricted fund expenditure.

In respect of net assets, the charity ended the financial year with total funds of £215,314 (2023: £216,545), of which £nil was restricted (2023: £26,686), and the remainder, was unrestricted general funds.

Ministry of Justice funding was extended for the period 1 April 2023 to 31 July 2023 and further funding awarded for the period 1 August 2023 to 31 March 2025, with this now also having been extended to the period from 1 April 2025 to 31 March 2026. Trafford MBC funding was extended to 31 March 2024, and a further five-year contract was awarded for the period 1 April 2024 to 31 March 2029.

Other funding was received from GMCA which was extended for the period 1 April 2023 to 31 March 2024 and has been extended again for the period 1 April 2024 to 31 March 2025. NHS England funds the GM RASSO Pathfinder role – this commenced from 1 April 2024, and runs for two years. The National Lottery Reaching Communities Fund awarded a grant of £240,000 over four years, this commenced 1 June 2024. TRC also received a combination of one-off donations.

Reserves Policy.

Trafford Rape Crisis maintains an established reserves policy which is used to monitor the appropriateness of the level of free reserves the charity holds on an ongoing basis, to cover any unforeseen expenses, and to ensure the charity remains a going concern.

The charity has a well thought through approach to setting a target for the level of free reserves it holds, and an established process for Board of Trustee monitoring of actual levels against that target throughout the year.

The charity intends to maintain a free reserve in unrestricted funds of around £85,000 to £100,000, to continue to offer a basic service in line with its charitable objects for a period of between three and six months.

Currently the charity's target level of free reserves is broadly set and informed by ongoing approximate calculations and considerations with regards to the costs which would need to be incurred should the charity, for any reason, need to cease trading or wind-up (which the Trustees deem to be unlikely). The charity monitors the level of this 'contingency fund' throughout the year.

The charity's free reserves (its unrestricted general funds) as shown on its balance sheet as at 31 March 2024 of £214,106 (being unrestricted general funds less the value of tangible fixed assets) are considered to be at a level considered favourable versus the target set by the charity's reserves policy. The Trustees note that although this sum is unrestricted, the majority will be utilised on projects funded by its large funder donors.

Going forward the charity will continue its diligent efforts to ensure the target set by this reserves policy continues to be met where possible, whilst also distributing and expending its resources to aid its beneficiaries and further its charitable objectives, in a prompt and impactful manner, on an ongoing basis.

Structure, Governance and Management.

Charity Background and Constitution.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2024 was 6 (2023: 5). The trustees are members of the charity but this entitles them only to voting rights.

The trustees have no beneficial interest in the charity. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the related party transactions note (note 9) to these financial statements.

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Governance and Staffing.

The trustees have the overall responsibility for compliance with the legal requirements of the limited company and the charity.

They jointly hold strategic planning, management of funds, policy development and implementation, and recruitment of volunteers, paid workers and trustees with the CEO.

The operational day to day running of the organisation is undertaken by the CEO and the paid workers, with volunteers working alongside.

At the start of 2023 the charity had a full-time Manager (35 hours), a Volunteer Co-ordinator (25 hours), a Face-to Face Services Coordinator (25 hours), a Business Support Officer (25 hours) and a Helpline, live chat and email Co-ordinator (25 hours), plus a number of paid sessional counsellors.

During the year TRC underwent some significant changes, and the structure is now:

- CEO (35 hours);
- Volunteer and Digital Services Co-ordinator (35 hours);
- Counselling Co-ordinator (30 hours);
- ISVA (35 hours);
- Business Support and Development Officer (28 hours);
- GM RASSO Pathfinder (18.75 hours);
- Sessional Digital Services Workers (2 x 3.5 hours);
- Sessional counsellors (11 x varying hours);
- Freelance Social Media and Communications Officer (approx. 14 hours).

Trustee induction and training.

Trustees are recruited by Trafford Rape Crisis either following their involvement with the organisation as volunteers, through external advertising or via a specialist recruitment consultant. This recruitment process is in line with the volunteer recruitment procedure for Trafford Rape Crisis and the Fairer Recruitment Policy.

Trustees will be required to attend part of the volunteer training 'Working with Sexual Violence' to become familiar with the ethos, practice, governance and structure of the organisation and the wider rape crisis movement.

All trustees are encouraged to access opportunities for external training.

The organisation is a charitable company limited by guarantee, incorporated on 19 July 2010 and registered as a charity on 29 July 2013.

Risk management.

Trafford Rape Crisis maintains a robust Risk Register. The most significant risks which the Trustees have identified for the charity relate to:

- Funding.
This risk is mitigated via:
 - Monthly monitoring of the finances by the CEO and Business Support and Development Officer;
 - Regular review of finances with the Board;
 - Regular meetings in place with funding partners;
 - Frequent assessment of potential funders;
 - Maintain links with GM VCFSE infrastructure organisations;
 - Regular updates to current funders.

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- Volunteers.

This risk is mitigated via:

- Biannual recruitment of volunteers;
- Regular check-ins with volunteers;
- Get-togethers offered with all volunteers;
- Supervision for volunteers and frequency monitored via the Volunteer and Digital Services Co-ordinator;

Expenses being paid and claiming of these being encouraged.

Related parties and relationships with other organisations.

These are discussed in the related party transactions note (note 9) to these financial statements.

Statement of Trustees' Responsibilities.

The trustees, who are also the directors of Trafford Rape Crisis Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Company and enable it to ensure that the accounts comply with the Companies Act 2006. It is also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 11 December 2024, and signed on their behalf by:



J. Slinger – Trustee

A. Greenwood – Chair of Trustees

Trafford Rape Crisis Limited
Financial year ended 31 March 2024.

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INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS.

I report to the trustees of Trafford Rape Crisis Limited ("the charity") on my examination of the charity's accounts for the year ended 31 March 2024.

Responsibilities and basis of report.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement.

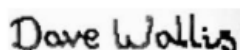
The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dave Wallis ACA – 19 December 2024

Member of the Institute of Chartered Accountants in England and Wales.

DJW Accounts Consulting Ltd.
71-75 Shelton Street
Covent Garden
London
WC1H 9JQ.

Trafford Rape Crisis Limited
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STATEMENT OF FINANCIAL ACTIVITIES (incorporating the Income and Expenditure Account).
For the year ended 31 March 2024.

	Note	Unrestricted funds, 2024. £	Restricted funds, 2024. £	Total of all funds, 2024. £	Unrestricted funds, 2023. £	Restricted funds, 2023. £	Total of all funds, 2023. £
Income from:							
Donations and legacies;	3	10,652	3,360	14,012	1,522	-	1,522
Charitable activities;	4	242,488	22,500	264,988	206,204	22,500	228,704
Investment/ bank interest.		367	-	367	-	-	-
Total income for the year.		253,506	25,860	279,366	207,726	22,500	230,226
Expenditure on:							
Charitable activities.	5	228,051	52,546	280,597	210,398	20,850	231,248
Total expenditure for the year.		228,051	52,546	280,597	210,398	20,850	231,248
Net (expenditure)/ Net income for the year.	7	25,455	-26,686	-1,231	-2,672	1,650	-1,022
Transfer between funds.		-	-	-	-	-	-
Net movement in funds, for the year.		25,455	-26,686	-1,231	-2,672	1,650	-1,022
Reconciliation of funds:							
Total funds brought		189,859	26,686	216,545	192,531	25,036	217,567
Total funds carried forward.		215,314	-	215,314	189,859	26,686	216,545

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure are derived from continuing activities.

The accounting policies and accompanying notes form an integral part of these financial statements.

Trafford Rape Crisis Limited
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BALANCE SHEET, as at 31 March 2024.

	Note	£	2024 £	£	2023 £
Fixed assets:					
Tangible assets.	12		<u>1,208</u>		<u>1,343</u>
Total fixed assets.			<u>1,208</u>		<u>1,343</u>
Current assets:					
Debtors;	13	3,719		10,132	
Cash at bank and in hand;		<u>221,980</u>		<u>214,382</u>	
Total current assets.		<u>225,698</u>		<u>224,514</u>	
Liabilities:					
Creditors: amounts falling due in less than one year;	14	<u>11,592</u>		<u>9,312</u>	
Net current assets.			<u>214,106</u>		<u>215,202</u>
Total assets less current liabilities.			<u>215,314</u>		<u>216,545</u>
Net assets.			<u><u>215,314</u></u>		<u><u>216,545</u></u>
The funds of the charity:					
Restricted income funds;	15		-		26,686
Unrestricted income funds;	16		<u>215,314</u>		<u>189,859</u>
Total charity funds.			<u><u>215,314</u></u>		<u><u>216,545</u></u>

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The accounting policies and notes to the financial statements on pages 16 to 23, form an integral part of these financial statements.

Approved by the trustees on 11 December 2024, and signed on their behalf by:



J. Slinger – Trustee

A. Greenwood – Chair of Trustees

Trafford Rape Crisis Limited
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STATEMENT OF CASH FLOWS, for the year ended 31 March 2024.

	Note	2024 £	2023 £
Cash provided by/ (used in) operating activities.	19	<u>8,832</u>	<u>-1,850</u>
<i>Cash flows from investing activities:</i>			
Purchase of tangible fixed assets.		<u>-1,234</u>	<u>0</u>
Cash provided by/ (used in) investing activities.		<u>-1,234</u>	<u>0</u>
Increase/(decrease) in cash and cash equivalents in the year.		7,598	-1,850
Cash and cash equivalents at the beginning of the year.		<u>214,382</u>	<u>216,232</u>
Cash and cash equivalents		<u><u>221,980</u></u>	<u><u>214,382</u></u>

Trafford Rape Crisis Limited

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NOTES TO THE FINANCIAL STATEMENTS.

1. Accounting policies.

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a. Basis of preparation.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), being a standard reflecting the application of UK Generally Accepted Accounting Practice, and the Companies Act 2006.

Trafford Rape Crisis Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b. Preparation of the accounts on a going concern.

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. There are no key judgments which the trustees have made which have a significant effect on the accounts. However, judgements that have been made are described in the financial review of the Trustees' report. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c. Income.

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d. Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution. On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Trafford Rape Crisis Limited

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NOTES TO THE FINANCIAL STATEMENTS (Continued).

e. Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f. Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g. Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Expenditure on charitable activities includes the costs of services undertaken to further the purposes of the charity.

Other expenditure represents those items which do not fit into the former category.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h. Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 6.

i. Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j. Tangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows.

Computers: 33%.

Office fixtures and equipment: 25%.

k. Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Trafford Rape Crisis Limited**Financial year ended 31 March 2024.**

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NOTES TO THE FINANCIAL STATEMENTS (Continued).m. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n. Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o. Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 8.

2. Legal status of the charity.

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 3.

3. Income from donations and legacies.

	Unrestricted	Restricted	Total 2024
	£	£	£
General donations	10,652	-	10,652
Brabner Support for Art Club	-	3,360	3,360
Total	10,652	3,360	14,012

	Unrestricted	Restricted	Total 2023
	£	£	£
<i>Previous reporting period</i>			
General donations	1,522	-	1,522
Total	1,522	-	1,522

4. Income from charitable activities.

	Unrestricted	Restricted	Total 2024
	£	£	£
Current reporting period			
Ministry of Justice	168,440	-	168,440
GMCA	-	22,500	22,500
GMICB	19,648	-	19,648
GM RASSO	19,400	-	19,400
Trafford Council	35,000	-	35,000
Total	242,488	22,500	264,988

	Unrestricted	Restricted	Total 2023
	£	£	£
<i>Previous reporting period</i>			
Ministry of Justice	180,204	-	180,204
GMCA	-	22,500	22,500
Trafford Council	25,500	-	25,500
Arnold Clark Automobiles	500	-	500
Total	206,204	22,500	228,704

Trafford Rape Crisis Limited**Financial year ended 31 March 2024.**

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5. Analysis of expenditure on charitable activities.

	Total 2024	Total 2023
	£	£
Employment costs	152,957	136,551
Premises costs	38,102	15,819
Depreciation	1,368	1,342
Project costs	60,529	50,340
Governance costs (see note 6)	6,012	15,300
Support costs (see note 6)	21,628	11,896
	<u>280,597</u>	<u>231,248</u>
	2024	2023
	£	£
Restricted expenditure	52,546	20,850
Unrestricted expenditure	228,051	210,398
	<u>280,597</u>	<u>231,248</u>

6. Analysis of governance and support costs.

		Support	Governance	Total 2024
Current reporting period	Basis of apportionment	£	£	£
Office costs	By nature of individual cost	19,408	-	19,408
Legal and professional	By nature of individual cost.	-	4,512	4,512
Independent examination	Single annual accounts scrutiny (governance/ compliance) cost.	-	1,080	1,080
Accountancy services	Statutory annual accounts preparation (governance) or day-to-day / in-year support.	2,221	420	2,641
		<u>21,628</u>	<u>6,012</u>	<u>27,640</u>
Previous reporting period	Basis of apportionment	£	£	Total 2023
Office costs	By nature of individual cost.	11,896	-	11,896
Legal and professional	By nature of individual cost.	-	11,476	11,476
Accountancy services	By nature of individual cost.	-	3,488	3,488
Independent examination	Single annual accounts scrutiny (governance/	-	336	336
		<u>11,896</u>	<u>15,300</u>	<u>27,196</u>

7. Net income/(expenditure) for the year.

This is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation	1,368	1,342
Operating lease rentals:		
- Property	1,685	10,953
- Other	750	784
Independent examiner's remuneration:		
- Accountancy	420	1,135
- Bookkeeping	-	1,380
- Payroll bureau	-	392
- Independent examination	<u>1,080</u>	<u>280</u>

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8. Staff costs.

Staff costs during the year were as follows:

	2024	2023
	£	£
Wages and salaries	129,312	121,709
Social security costs	11,066	5,330
Pension costs	6,234	4,977
Freelance administrator	6,345	4,535
	<u>152,957</u>	<u>136,551</u>

No employees have employee benefits in excess of £60,000 (2023: Nil).

The average number of staff employed during the period was 6 (2023: 5).

The average full-time equivalent number of staff employed during the period was 3.4 (2023: 3.1).

The key management personnel of the charity comprise the Trustees and the most Senior Member of Management.

The total employee benefits of the key management personnel of the charity were £46,651 (2023: £50,582).

9. Trustee remuneration, trustee expenses, and other related party transactions.

Three (2023: two) trustees received reimbursed expenses during the year, in relation to travel, subsistence or miscellaneous expenses of £80 (2023: £78).

In addition, one trustee began to provide in-year accountancy services to the charity on a 'pro bono' basis in the year ended 31 March 2024 via a limited company in which they had a controlling interest; the charity paid that company £53 in the year solely for the reimbursement of accounting software license fees (2023: £nil).

There were no donations from related parties which are outside the normal course of business in the years ended 31 March 2024 and 31 March 2023.

Aside from as discussed above, no trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year ended 31 March 2024 or 31 March 2023.

The trustees are covered by insurance (public liability) up to a limit of £2,000,000, which was paid for in 2024 by the charity at a cost of £1,454 per annum (2023: £1,454).

10. Government grants.

The government grants recognised in the accounts were as follows:

	2024	2023
	£	£
Ministry of Justice	168,440	180,204
GMCA	22,500	22,500
GM ICB	19,648	0
GM RASSO	19,400	0
Trafford Council	35,000	22,500
	<u>264,988</u>	<u>225,204</u>

11. Corporation tax.

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Trafford Rape Crisis Limited
Financial year ended 31 March 2024.

Company reg. no. 07318710. Charity reg. no. 1153102.

12. Tangible fixed assets.

	Office equipment	Computer equipment	Total
	£	£	£
Cost			
At 1 April 2023	7,182	13,722	20,904
Additions	1,234	-	1,234
At 31 March 2024	<u>8,416</u>	<u>13,722</u>	<u>22,138</u>
Depreciation			
At 1 April 2023	7,182	12,380	19,562
Charge for the year	26	1,342	1,368
At 31 March 2024	<u>7,208</u>	<u>13,722</u>	<u>20,930</u>
Net book value			
At 31 March 2024	<u>1,208</u>	<u>-</u>	<u>1,208</u>
At 31 March 2023	<u>-</u>	<u>1,343</u>	<u>1,343</u>

13. Debtors.

	2024	2023
	£	£
Accrued income	-	6,250
Prepayments	3,719	3,882
	<u>3,719</u>	<u>10,132</u>

14. Creditors falling due within less than one year.

	2024	2023
	£	£
Trade creditors	4,930	-
Accruals	6,663	2,619
Other creditors	-	6,693
	<u>11,592</u>	<u>9,312</u>

15. Analysis of movements in restricted funds.

Current reporting period	Balance at 1 April 2023	Income	Expenditure	Transfers	Balance at 31 March 2024 £
	£	£	£	£	
GMCA	26,408	22,500	-48,908	-	-
Brabner Support for Art Club	-	3,360	-3,360	-	-
NHS	278	-	-278	-	-
	<u>26,686</u>	<u>25,860</u>	<u>-52,546</u>	<u>-</u>	<u>-</u>
Previous reporting period	Balance at 1 April 2022	Income	Expenditure	Transfers	Balance at 31 March 2023 £
	£	£	£	£	
GMCA	16,102	22,500	-12,194	-	26,408
NHS	8,934	-	-8,656	-	278
	<u>25,036</u>	<u>22,500</u>	<u>-20,850</u>	<u>-</u>	<u>26,686</u>

Trafford Rape Crisis Limited
Financial year ended 31 March 2024.

Company reg. no. 07318710. Charity reg. no. 1153102.

Name of restricted fund	Fund description, nature and purpose
NHS	Distributed by GMCA, this fund was used for counselling and therapy, admin and training costs, and IT hardware and software.
GMCA	Money was to set up face-to-face services including counselling and group work; the money was used to pay for a face-to-face services coordinator and training and marketing for the counselling service.
Brabner Support for Art Club	This fund arose from the generous gift of a donor, in November 2023, towards funding the costs of running a set number of sessions of the Charity's popular Arts Club.

16. Analysis of movements in unrestricted funds.

Current reporting period	Balance at 1 April 2023	Income	Expenditure	Transfers	Balance at 31 March 2024
	£	£	£	£	£
General fund	189,859	253,506	-228,051	-	215,314
Total	189,859	253,506	-228,051	-	215,314

Previous reporting period	Balance at 1 April 2022	Income	Expenditure	Transfers	Balance at 31 March 2023
	£	£	£	£	£
General fund	192,531	207,726	-210,398	-	189,859
Total	192,531	207,726	-210,398	-	189,859

Name of unrestricted fund **Description, nature and purposes of the fund**

General fund. The free reserves after allowing for all designated funds.

The charity holds no designated funds, and no other unrestricted funds, other than the general fund.

17. Analysis of net assets between funds.

Current reporting period	General fund	Designated funds	Restricted funds	2024 Total
	£	£	£	£
Tangible fixed assets	1,208	-	-	1,208
Net current assets/(liabilities)	214,106	-	-	214,106
Total	215,314	-	-	215,314

Previous reporting period	General fund	Designated funds	Restricted funds	2023 Total
	£	£	£	£
Tangible fixed assets	1,343	-	-	1,343
Net current assets/(liabilities)	188,516	-	26,686	215,202
Total	189,859	-	26,686	216,545

Trafford Rape Crisis Limited
Financial year ended 31 March 2024.

Company reg. no. 07318710. Charity reg. no. 1153102.

18. Operating lease commitments.

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Equipment 2024 £	Equipment 2023 £
Less than one year	1,685	910
One to five years	5,898	1,820
	<u>7,583</u>	<u>2,730</u>

19. Reconciliation of net movement in funds to net cash flow from operating activities.

	2024 £	2023 £
Net income/(expenditure) for the year	-1,231	-1,022
Adjustments for:		
Depreciation charge	1,368	1,342
Decrease/(increase) in debtors	6,415	-6,490
Increase/(decrease) in creditors	2,279	4,320
Net cash provided by/(used in) operating	<u>8,832</u>	<u>-1,850</u>

20. Post-balance sheet events.

There were no events which occurred between the year end of 31 March 2024 and the date of signature of these accounts (during the post-balance sheet period), that could have affected the financial statements significantly, and that would warrant additional disclosure or amendment to these accounts.

Talk to SARA Ltd

England & Wales - Charity number 1153102

Accounts

Company number: 07318710

Charity Number: 1153102

Trafford Rape Crisis Limited

Report and financial statements
For the year ended 31 March 2023

Trafford Rape Crisis Limited
Reference and administrative information
for the year ended 31 March 2023

Company number 07318710

Charity number 1153102

Registered office and operational address Unit 314 Peel House, 30 The Downs, Altrincham,
Cheshire, WA14 2PX

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Blessing Ibe	(resigned 27 th May 2022)
Charlotte Clayton	(appointed 21 st September 2022, resigned 1 st March 2023)
Gail Gormley	(resigned 18 th October 2023)
Jenny Thomas	(appointed 22 nd July 2022, resigned 20 th April 2023)
Katharine Bastin	(resigned 1 st July 2023)
Katherine Bendall	(resigned 1 st September 2022)
Susan Baldwin	(appointed 1 st March 2023, resigned 18 th October 2023)
Ruhiya Yousuf	(appointed 1 st March 2023)
Joanne Slinger	(appointed 18 th October 2023)
Amanda Greenwood	(appointed 18 th October 2023)
Claire Handby	(appointed 18 th October 2023)
Joanne Harding	(appointed 18 th October 2023)
Carrie Klepzig	(appointed 18 th October 2023)

Key management Fiaza Manzoor Manager (until 13th January 2023)

personnel Charlotte Clayton Manager (from 1st March 2023)

Bankers HSBC Bank Plc
11 Stamford New Road, Altrincham WA14 1BW

Independent Christy Lau FCCA CTA DChA, Slade & Cooper Limited

Examiner Beehive Mill, Jersey St, Manchester, M4 6JG

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2023

The trustees present their report and the unaudited financial statements for the year ended 31 March 2023. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The charity's objects ('Objects') are specifically restricted to the following:

- to relieve the needs and preserve and protect the physical and mental health of women and girls who have survived rape or sexual abuse by providing counselling, advice and support;
- to educate the public about rape and sexual violence through the provision of talks, training and by other such means as the trustees shall determine.

Our activities are:

Providing support and information to women and girls who have suffered sexual assault, sexual abuse, rape whether past or recent. We provide helpline and email services: general, and for BAME women. We offer face-to-face counselling and groupwork.

We work in partnership with commissioners, local groups, voluntary and statutory organisations, providing information and training.

Trafford Rape Crisis (TRC) is a feminist organisation run by women for women, which aims to:

- Support women survivors of rape or sexual abuse so they may maintain control over their lives
- Raise awareness about rape and sexual abuse committed against women and girls, regardless of their background or circumstances
- Provide information, guidance, training and expertise within the community
- Enhance the involvement of all women in the development of TRC policies and services
- Contribute to policy initiatives and strategies aiming at improving the service provision for women survivors
- Actively challenge the values, beliefs and behaviours which contribute to women's oppression, and Work in partnership with local service providers and communities to promote the values of TRC.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2023

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

Our activities benefit the public by:

- Providing support, advice and information to victims of rape and sexual violence to help them cope with what they have experienced
- Raising awareness amongst organisations and communities about the services available to those in need
- Informing and challenging myths through social media, printed information, training and workshops
- Running activities for users of the service to develop their self-esteem and confidence and with the aim of helping them recover going forward.

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on women and girls in Trafford and Greater Manchester and beyond and are undertaken to further Trafford Rape Crisis Limited's charitable purposes for the public benefit.

Overview

Since the AGM in February 2023, there have been several changes across the organisation which have proven to be stretching across both the Trustee Board and Employee team. Nonetheless as this report for the overall working period will highlight, TRC finds itself in a better position to be able to ensure it continues to fulfil its charitable objectives and to maximise its resources and capacity efficiently and effectively.

A Timeline of Achievements and Performance – April 2022 –March 2023

Over the April / May months, work began in pulling together a new approach and strategy for TRC and in May a 'roundtable' was held for all those involved with the organisation to review what next.

August: TRC employed a part-time Helpline & Live Chat worker which was a new post.

July: we had an information stall at NHS Party in the Park (organised by Trafford Council) and also took part in leading a talk at a menopause café in Urmston and attended a GM women event.

As a way of thanking of our incredible volunteers we did a guided walking tour of Manchester City centre and a celebratory meal which was preceded at the beginning of the month with a self-care session. TRC could not operate our services to the extent we do without the support of volunteers, and this is just a small token of that appreciation for their support and contribution.

September: volunteer café sessions and a stall & talk at menopause health session in Withington.

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2023

December : we organised a FGM event with speakers from 'EducateNotMutilate' & NESTAC. There were 70 attendees and organisations alongside ourselves running stalls including NESTAC, Safety4Sisters, Collaborative Women, Saheli, TDAS.

It was a busy month with stalls at various events in 16 Days of Activism & Reclaim the night

We also commissioned a consultant to look at structure of TRC – Baldwin Consultancy - who conducted an organisational review to consider whether the current structure and processes were supporting TRC to be able to deliver its charitable aims as effectively as possible. This also recognised the increasing demand for support and services for women and girls and within an increasingly competitive and difficult external operating environment.

2023

February: We developed and submitted our bid to the Ministry of Justice which was a significant piece of work. We also ran a pilot drop-in at the University of Manchester and as part of the early outcomes for the organisation review held our AGM bring stakeholders together and make some critical changes to Board structure.

March –for International Womens Day (IWD) we had a stall at the 'She Said' film launch in Stockport as well as attending the Trafford Council IWD event where a TRC volunteer, Kay Bastin, was nominated for an award.

By the end of March, we completed another volunteer training programme.

There were also some changes in staff alongside welcoming new Trustees including the departure of Fiaza Mansoor and the introduction of Charlotte Clayton as interim manager. Charlotte has a long history at TRC having become a volunteer in 2014, she later became a trustee and is now a permanent employee.

Financial review

The project performed at a slight deficit during the period being report. Reserves were used to offset this deficit. It is not expected that this will reoccur during the next financial year.

Ministry of Justice funding was awarded for the period 2019-2022 and further extended in February 2021 until 31st July 2023. Trafford MBC funding was also awarded for 2019-2022 and extended to 2024.

Other funding was received from GMCA and a combination of one-off donations.

At the start of 2022 we had 1 full-time Manager (35 hours), 1 volunteer Coordinator, 1 Face-to Face Services Coordinator (both 25 hours), 1 Business Support Officer (25 hours) and a sessional worker to assist with volunteer recruitment (25 hours).

During the year the sessional worker role was converted into a fixed term contract.

At the year end 31 March 2023 Trafford Rape Crisis held £216,545 total charity funds, £26,686 was for restricted projects going forward.

Reserves policy

TRC has a reserves policy which is used to report our reserves position. We will be raising unrestricted funds to improve our unrestricted reserves position.

Trafford Rape Crisis Limited

Trustees' annual report

for the year ended 31 March 2023

The charity intends to maintain a free reserve in unrestricted funds, around £85,000, to continue to offer a basic service in line with its charitable objects for a period of between 3 and 6 months.

Structure, governance and management

The trustees have the overall responsibility for compliance with the legal requirements of the limited company and the charity. They jointly hold strategic planning, management of funds, policy development and implementation and recruitment of volunteers, paid workers and trustees with the Management Group, which is made up of the trustees, the manager and 1 member of paid staff. There are a number of Sub Groups and a Volunteer Forum which report to the Management Group via the Manager.

The operational day to day running of the organisation is undertaken by the Manager and the paid workers, with volunteers working alongside.

Trustee induction and training

The trustees hear about Trafford Rape Crisis following their involvement with the organisation as volunteers and also through some external recruitment. This recruitment process is in line with the volunteer recruitment procedure for Trafford Rape Crisis, and Trustees will be required to attend part of the volunteer training to become familiar with the ethos, practice, governance and structure of the organisation.

All trustees are encouraged to access opportunities for external training.

The organisation is a charitable company limited by guarantee, incorporated on 19th July 2010 and registered as a charity on 29th July 2013.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2023 was 5 (2022:4). The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts.

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2023

Related parties and relationships with other organisations

In so far as it is complementary to the charity's objects, the charity is guided by both local and national policy.

Risk management

Trafford Rape Crisis maintains a robust Risk Register.

Trafford Rape Crisis Limited

Trustees' annual report

for the year ended 31 March 2023

Statement of responsibilities of the trustees

The trustees (who are also directors of Trafford Rape Crisis Limited for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on 25th November 2023 and signed on their behalf by

Joanne Slinger

Trustee

Independent examiner's report
to the trustees of
Trafford Rape Crisis Limited

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2023 which are set out on pages 9 to 23.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA

Slade & Cooper Limited
Beehive Mill, Jersey Street
Manchester, M4 6JG

20th December 2023

Trafford Rape Crisis Limited
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2023

	Note	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Income from:					
Donations and legacies	3	1,522	-	1,522	4,148
Charitable activities	4	206,204	22,500	228,704	199,424
Total income		207,726	22,500	230,226	203,572
Expenditure on:					
Charitable activities	5	210,398	20,850	231,248	185,247
Total expenditure		210,398	20,850	231,248	185,247
Net income/(expenditure) before net gains/(losses) on investments		(2,672)	1,650	(1,022)	18,325
Net income/(expenditure) for the year	7	(2,672)	1,650	(1,022)	18,325
Transfer between funds		-	-	-	-
Net movement in funds for the year		(2,672)	1,650	(1,022)	18,325
Reconciliation of funds					
Total funds brought forward		192,531	25,036	217,567	199,242
Total funds carried forward		189,859	26,686	216,545	217,567

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

A full comparative statement of financial activities is available on the last page of the financial statements.

Trafford Rape Crisis Limited
Company number 7318710
Balance sheet as at 31 March 2023

	Note	£	2023	£	2022	£
Fixed assets						
Tangible assets	12		1,343			2,685
Total fixed assets			1,343			2,685
Current assets						
Debtors	13	10,132			3,642	
Cash at bank and in hand	14	214,382			216,232	
Total current assets		224,514			219,874	
Liabilities						
Creditors: amounts falling due in less than one year	15	(9,312)			(4,992)	
Net current assets			215,202			214,882
Total assets less current liabilities			216,545			217,567
Net assets			216,545			217,567
The funds of the charity:						
Restricted income funds	16		26,686			25,036
Unrestricted income funds	17		189,859			192,531
Total charity funds			216,545			217,567

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 12 to 23 form part of these accounts.

Approved by the trustees on 25/11/2023 and signed on their behalf by:

.....
Joanne Slinger
Trustees

Trafford Rape Crisis Limited
Statement of Cash Flows
for the year ending 31 March 2023

	Note	2023 £	2022 £
Cash provided by/(used in) operating activities	20	(1,850)	15,189
<i>Cash flows from investing activities:</i>			
Purchase of tangible fixed assets		-	(4,027)
Cash provided by/(used in) investing activities		-	(4,027)
Increase/(decrease) in cash and cash equivalents in the year		(1,850)	11,162
Cash and cash equivalents at the beginning of the year		216,232	205,070
Cash and cash equivalents at the end of the year		214,382	216,232

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Trafford Rape Crisis Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

There are no key judgments which the trustees have made which have a significant effect on the accounts. However, judgments that have been made are described in the financial review of the Trustees' report.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs of services undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 6.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Computers	33%
Office fixtures and equipment	25%

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 8. There were £1,017 outstanding contributions at the year end (2022: £626).

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

3 Income from donations and legacies

	2023 £	2022 £
Donations	1,522	4,148
Total	1,522	4,148

All donations and legacies income is unrestricted.

4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2023 £
Ministry of Justice	180,204	-	180,204
GMCA	-	22,500	22,500
Trafford Council	25,500	-	25,500
Arnold Clark Automobiles	500	-	500
Total	206,204	22,500	228,704

Previous reporting period

	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2022 £</i>
Ministry of Justice	149,204	-	149,204
GMCA	-	22,500	22,500
Trafford Council	25,510	-	25,510
NHS	2,000	-	2,000
Total	176,924	22,500	199,424

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

5 Analysis of expenditure on charitable activities

	Total 2023 £	Total 2022 £
Employment costs	136,551	110,449
Premises costs	15,819	19,867
Depreciation	1,342	1,527
Project costs	50,340	43,474
Governance costs (see note 6)	15,300	3,704
Support costs (see note 6)	11,896	6,226
	<hr/>	<hr/>
	231,248	185,247
	<hr/> <hr/>	<hr/> <hr/>
	2023 £	2022 £
Restricted expenditure	20,850	41,592
Unrestricted expenditure	210,398	143,655
	<hr/>	<hr/>
	231,248	185,247
	<hr/> <hr/>	<hr/> <hr/>

6 Analysis of governance and support costs

Current reporting period	Basis of apportionment	Support £	Governance £	Total 2023 £
Office costs	Support	11,896	-	11,896
Legal and professional	Governance	-	11,476	11,476
Accountancy services	Governance	-	3,488	3,488
Independent examination	Governance	-	336	336
		<hr/>	<hr/>	<hr/>
		11,896	15,300	27,196
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous reporting period	Basis of apportionment	Support £	Governance £	Total 2022 £
Office costs	Support	6,226	-	6,226
Accountancy services	Governance	-	3,392	3,392
Independent examination	Governance	-	312	312
		<hr/>	<hr/>	<hr/>
		6,226	3,704	9,930
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

7 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2023 £	2022 £
Depreciation	1,342	1,527
Operating lease rentals:		
Property	10,953	7,500
Other	784	910
Independent Examiner's remuneration:		
Accountancy	1,135	1,050
Bookkeeping	1,380	1,320
Payroll bureau	392	364
Independent examination	280	260
	136,551	110,449

8 Staff costs

Staff costs during the year were as follows:

	2023 £	2022 £
Wages and salaries	121,709	94,723
Social security costs	5,330	4,190
Pension costs	4,977	4,186
Freelance administrator	4,535	7,350
	136,551	110,449

No employees has employee benefits in excess of £60,000 (2022: Nil).

The average number of staff employed during the period was 5 (2022: 4).

The average full time equivalent number of staff employed during the period was 3.1 (2022: 3.1).

The key management personnel of the charity comprise the trustees and the Manager. The total employee benefits of the key management personnel of the charity were 50,582 (2022: £ 41,667).

9 Trustee remuneration and expenses, and related party transactions

Two (2022: one) trustee received reimbursed expenses during the year of £78 (2022: £13).

One (2022: nil) trustee received reimbursed travel and subsistence expenses during the year of £34 (2022: nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2022: nil).

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

10 Government grants

The government grants recognised in the accounts were as follows:

	2023 £	2022 £
Ministry of justice	180,204	149,204
GMCA	22,500	22,500
Trafford Council	25,500	25,510
	<hr/>	<hr/>
	228,204	197,214
	<hr/> <hr/>	<hr/> <hr/>

The unfulfilled conditions relate to the unspent GMCA grant are explained in note 16.

11 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

12 Fixed assets: tangible assets

	Office equipment £	Computer equipment £	Total £
Cost			
At 1 April 2022	7,182	13,722	20,904
Additions	-	-	-
	<hr/>	<hr/>	<hr/>
At 31 March 2023	7,182	13,722	20,904
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Depreciation			
At 1 April 2022	7,182	11,037	18,219
Charge for the year		1,342	1,342
	<hr/>	<hr/>	<hr/>
At 31 March 2023	7,182	12,379	19,561
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Net book value			
At 31 March 2023	-	1,343	1,343
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
At 31 March 2022	-	2,685	2,685
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

13 Debtors

	2023 £	2022 £
Grants receivable	6,250	-
Prepayments	3,882	3,642
	<u>10,132</u>	<u>3,642</u>

14 Cash at bank and in hand

	2023 £	2022 £
Cash at bank and in hand	214,382	216,232
	<u>214,382</u>	<u>216,232</u>

15 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals	2,619	3,235
Other creditors	6,693	1,757
	<u>9,312</u>	<u>4,992</u>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

16 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
NHS	8,934	-	(8,656)	-	278
GMCA	16,102	22,500	(12,194)	-	26,408
Total	25,036	22,500	(20,850)	-	26,686
Previous reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
NHS	34,356	-	(21,395)	(4,027)	8,934
GMCA	13,799	22,500	(20,197)	-	16,102
Total	48,155	22,500	(41,592)	(4,027)	25,036

Name of restricted fund	Description, nature and purposes of the fund
NHS	Distributed by GMCA this fund was used for counselling and therapy, admin and training costs and IT hardware and software.
GMCA	Money was to set up face to face services including counselling and group work, the money was used to pay for a face to face services coordinator and training and marketing for the counselling service.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

17 Analysis of movement in unrestricted funds

Current reporting period	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	As at 31 March 2023 £
General fund	192,531	207,726	(210,398)	-	189,859
	<u>192,531</u>	<u>207,726</u>	<u>(210,398)</u>	<u>-</u>	<u>189,859</u>
	<u><u>192,531</u></u>	<u><u>207,726</u></u>	<u><u>(210,398)</u></u>	<u><u>-</u></u>	<u><u>189,859</u></u>
Previous reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	As at 31 March 2022 £
General fund	151,087	181,072	(143,655)	4,027	192,531
	<u>151,087</u>	<u>181,072</u>	<u>(143,655)</u>	<u>4,027</u>	<u>192,531</u>
	<u><u>151,087</u></u>	<u><u>181,072</u></u>	<u><u>(143,655)</u></u>	<u><u>4,027</u></u>	<u><u>192,531</u></u>

Name of unrestricted fund	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds

18 Analysis of net assets between funds

Current reporting period	General fund £	Designated funds £	Restricted funds £	2023 Total £
Tangible fixed assets	1,343	-	-	1,343
Net current assets/(liabilities)	188,516	-	26,686	215,202
	<u>189,859</u>	<u>-</u>	<u>26,686</u>	<u>216,545</u>
	<u><u>189,859</u></u>	<u><u>-</u></u>	<u><u>26,686</u></u>	<u><u>216,545</u></u>
Previous reporting period	General fund £	Designated funds £	Restricted funds £	2022 Total £
Tangible fixed assets	2,685	-	-	2,685
Net current assets/(liabilities)	189,846	-	25,036	214,882
	<u>192,531</u>	<u>-</u>	<u>25,036</u>	<u>217,567</u>
	<u><u>192,531</u></u>	<u><u>-</u></u>	<u><u>25,036</u></u>	<u><u>217,567</u></u>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2023 (continued)

19 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Equipment	
	2023	2022
	£	£
Less than one year	910	910
One to five years	1,820	2,730
	<hr/>	<hr/>
	2,730	3,640
	<hr/> <hr/>	<hr/> <hr/>

20 Reconciliation of net movement in funds to net cash flow from operating activities

	2023	2022
	£	£
Net income/(expenditure) for the year	(1,022)	18,325
Adjustments for:		
Depreciation charge	1,342	1,527
Decrease/(increase) in debtors	(6,490)	(330)
Increase/(decrease) in creditors	4,320	(4,333)
	<hr/>	<hr/>
Net cash provided by/(used in) operating	(1,850)	15,189
	<hr/> <hr/>	<hr/> <hr/>

Trafford Rape Crisis Limited
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2023

Prior year Statement of Financial Activities

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	<i>Total funds</i> <i>2021</i> £
Income from:				
Donations and legacies	4,148	-	4,148	1,999
Charitable activities	176,924	22,500	199,424	202,866
Total income	181,072	22,500	203,572	204,865
Expenditure on:				
Charitable activities	143,655	41,592	185,247	151,972
Total expenditure	143,655	41,592	185,247	151,972
Net income/(expenditure) before net gains/(losses) on investments	37,417	(19,092)	18,325	52,893
Net income/(expenditure) for the year	37,417	(19,092)	18,325	52,893
Net movement in funds for the year	41,444	(23,119)	18,325	52,893
Reconciliation of funds				
Total funds brought forward	151,087	48,155	199,242	146,349
Total funds carried forward	192,531	25,036	217,567	199,242

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Talk to SARA Ltd

England & Wales - Charity number 1153102

Accounts

Company number: 07318710

Charity Number: 1153102

Trafford Rape Crisis Limited

Report and financial statements
For the year ended 31st March 2022

Trafford Rape Crisis Limited
Reference and administrative information
for the year ended 31 March 2022

Company number 07318710

Charity number 1153102

Registered office

Unit 314 Peel House
30 The Downs
Altrincham
Cheshire
WA14 2PX

Trustees

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Katharine Melinda Bastin

Gail Gormley

Jenny Thomas (appointed 22nd July 2022)

Charlotte Clayton (appointed 21st September 2022)

Suzie Henriques (resigned 30th March 2022)

Virginia Sherbourne (resigned 24th January 2022)

Blessing Ibe (resigned 27th May 2022)

Katherine Bendall (resigned 1st September 2022)

**Key management
personnel**

Fiaza Manzoor Manager

Bankers

HSBC Bank Plc
11 Stamford New Road, Altrincham WA14 1BW

Independent

Christy Lau FCCA CTA DChA, Slade & Cooper Limited

Examiner

Beehive Mill, Jersey St, Manchester, M4 6JG

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2022

The trustees present their report and the unaudited financial statements for the year ended 31st March 2022. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The charity's objects ('Objects') are specifically restricted to the following:

- to relieve the needs and preserve and protect the physical and mental health of women and girls who have survived rape or sexual abuse by providing counselling, advice and support;
- to educate the public about rape and sexual violence through the provision of talks, training and by other such means as the trustees shall determine.

Our activities are:

Providing support and information to women and girls who have suffered sexual assault, sexual abuse, rape whether past or recent. We provide helpline and email services: general, and for BAME women. We offer face-to face counselling and groupwork.

We work in partnership with commissioners, local groups, voluntary and statutory organisations, providing information and training.

Trafford Rape Crisis (TRC) is a feminist organisation run by women for women, which aims to:

- Support women survivors of rape or sexual abuse so they may maintain control over their lives
- Raise awareness about rape and sexual abuse committed against women and girls, regardless of their background or circumstances
- Provide information, guidance, training and expertise within the community
- Enhance the involvement of all women in the development of TRC policies and services
- Contribute to policy initiatives and strategies aiming at improving the service provision for women survivors
- Actively challenge the values, beliefs and behaviours which contribute to women's oppression, and Work in partnership with local service providers and communities to promote the values of TRC.

Trafford Rape Crisis Limited

Trustees' annual report

for the year ended 31 March 2022

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

Our activities benefit the public by:

- Providing support, advice and information to victims of rape and sexual violence to help them cope with what they have experienced
- Raising awareness amongst organisations and communities about the services available to those in need
- Informing and challenging myths through social media, printed information, training and workshops
- Running activities for users of the service to develop their self-esteem and confidence and with the aim of helping them recover going forward.

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on women and girls in Trafford and Greater Manchester and beyond and are undertaken to further Trafford Rape Crisis Limited's charitable purposes for the public benefit.

In March 2021, 1 Trustee re-joined the team of 5. 2 Trustees stepped down in January, March 2022 respectively.

TRC is an active member of Rape Crisis England & Wales and is signed up to their National Standards (RCNSS) which were renewed in 2019. We were particularly recognised for our feminist ethos and working practices and invited to speak to other centres around working with a feminist ethos.

We take part in regular strategic and development meetings with RCEW at regional and national level, including a Women of Colour Solidarity space. We worked closely with other Rape Crisis Centres in developing our LiveChat service, the first such service across Greater Manchester run by a specialist women's service.

We continued to provide our service online and began to offer face to face trainings, meetings and counselling as the restrictions changed. We were able to go out into the community, schools and events to run stalls and sessions. Some of our users still preferred to use an online service and this is still part of our offer.

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2022

The isolation created by the pandemic restrictions resulted in a significant increase in violence against women. This was still the case when the restrictions changed and the financial and social toll of the pandemic still impacts women's lives.

We actively use social media to reach more women and provide information and advice. The launch of our LiveChat service in March 2022 has provided women with another way to contact us that can be done safely and privately from anywhere from a phone, tablet or computer. We have also installed a new IT system that includes a modernisation of our telephone system and we also received training in cyber security awareness.

We employed a sessional worker to assist with volunteer recruitment and the helpline service. We trained another 13 volunteers. Our total volunteer number of 39 also includes volunteer counsellors who went on to become paid counsellors after the initial probation period.

We were able to provide a robust helpline and email service, only having to close 10 helpline sessions in the year.

The counselling service continued to use the secure platform provided by Rape Crisis England and Wales to provide online counselling. The service continues to offer a choice of face-to-face, zoom or telephone counselling. By 2022 just over half of all sessions were still being delivered online or by telephone.

128 women used the counselling services, with a total of 635 individual counselling sessions.

Women on the waiting list and using the service receive a weekly supportive and inspirational text.

Volunteers and counsellors were given regular supervision and support as well as specific training around self-care and boundaries, and more, including trauma presentation and image based sexual abuse. All involved in TRC received a facilitated session in self-care.

TRC provides a voice for survivors who do not want to proceed through the Criminal Justice System, and as such may only reach out to a specialist service like TRC.

TRC continues to engage with funders and commissioners in Trafford and Greater Manchester, as well as further afield. We continue to have good strong working relationships with local, statutory, third sector and voluntary organisations to inform and to input into local and Greater Manchester strategy and the community sector. We work with Greater Manchester Combined Authority around Victim Services and with GM4 Women and the GM4 Women BAME Women's third sector network. We are also engaging with a Mental Health Pathfinders Steering Group to provide a pathway to services for clients with complex needs.

TRC is an active partner in the Gender Based Violence Strategy in Trafford and partners with Trafford Domestic Abuse Services (TDAS), the Trafford Domestic Abuse Forum and the Trafford Domestic Abuse Practitioners Network (DAPN) and the Stop The Traffic Modern Slavery Forum.

We do information and advice work with Trafford Council, CCG, Living Well Locality Group, MIND, IRISi Sexual Health services training, community groups and Trafford General Hospital where we spoke to senior ward staff. We go out to schools to provide sessions on consent and have created a Consent slide deck. We have distributed over 1,700 of our Consent booklets to educational establishments.

We go out to events and universities in Trafford and Greater Manchester with information and advice stalls, to counter the myths that are prevalent about sexual violence. We are present at public events that challenge sexual violence.

We work in partnership with the Black Health Agency, Greater Manchester BAME Women's network and community groups such as the Pakistani Women's Association, Women Asylum Seekers Together, Safety for Sisters. We have also been working with several focus groups representing survivors in general and BAMER survivors particularly. We have delivered training to Trafford Council on Honour Based Violence.

We produce a regular newsletter that goes out to 200 agencies and individuals.

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2022

Financial review

The project has performed on budget during the period being reported.

Ministry of Justice funding was awarded for the period 2019-2022, and further extended in February 2021 until 2023. Trafford MBC funding was awarded for 2019-2022 also. Greater Manchester Combined Authority funding was awarded for six months, with a further six months then awarded.

At the start of the year 2021 we had in place 1 full-time Manager (35 hours), 1 Volunteer Coordinator, 1 Face-to-Face Services Coordinator (both 25 hours), 1 Business Support Officer (25 hours).

At year end 31 March 2022 Trafford Rape Crisis held £217,567 total Charity funds, £25,036 was for restricted projects going forward.

Reserves policy

TRC has a reserves policy which is used to report our reserves position. We will be raising unrestricted funds to improve our unrestricted reserves position.

The charity intends to maintain a free reserve in unrestricted funds, around £85,000, to continue to offer a basic service in line with its charitable objects for a period of between 3 and 6 months.

Plans for the future

As services open up to more possibilities of face to face events, we are looking at how we engage with community, education, health groups once more.

We know that it is often the personal contact that supports women to come forward, engage, share and ask for support. In the light of this we are seeking to engage with different and diverse community groups, particularly the hard to reach communities and those who require engagement at their community level. This is an ongoing conversation with different groups. We are gathering feedback from these groups, which will inform our strategy going forward, discerning what we need to put in place to reach these women.

We will train a cohort of volunteers to work on the Livechat service and will expand this service offer over the next year. We will put in place volunteer cafes and trainings to enrol and train more volunteers for the helpline and email service.

We will provide a stabilisation service for women on the counselling waiting list to support them until they can receive counselling.

Structure, governance and management

The trustees have the overall responsibility for compliance with the legal requirements of the limited company and the charity. They jointly hold strategic planning, management of funds, policy development and implementation and recruitment of volunteers, paid workers and trustees with

Trafford Rape Crisis Limited

Trustees' annual report

for the year ended 31 March 2022

the Management Group, which is made up of the trustees, the manager and 1 member of paid staff. There are a number of Sub Groups and a Volunteer Forum which report to the Management Group via the Manager.

The operational day to day running of the organisation is undertaken by the Manager and the paid workers, with volunteers working alongside.

Trustee induction and training

The trustees hear about Trafford Rape Crisis following their involvement with the organisation as volunteers and also through some external recruitment. This recruitment process is in line with the volunteer recruitment procedure for Trafford Rape Crisis, and Trustees will be required to attend part of the volunteer training to become familiar with the ethos, practice, governance and structure of the organisation.

All trustees are encouraged to access opportunities for external training.

The organisation is a charitable company limited by guarantee, incorporated on 19th July 2010 and registered as a charity on 29th July 2013.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31st March 2022 was 4 (2021:6). The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts. None claimed as trustees.

Related parties and relationships with other organisations

In so far as it is complementary to the charity's objects, the charity is guided by both local and national policy.

Risk management

Trafford Rape Crisis maintains a robust Risk Register.

Trafford Rape Crisis Limited

Trustees' annual report

for the year ended 31 March 2022

Statement of responsibilities of the trustees

The trustees (who are also directors of Trafford Rape Crisis for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on 23rd December 2022 and signed on their behalf by

Katharine Bastin

Chair of Trustees

Independent examiner's report
to the trustees of
Trafford Rape Crisis Limited

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2022 which are set out on pages 9 to 25.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA

Slade & Cooper Limited
Beehive Mill, Jersey Street
Manchester, M4 6JG

28th December 2022

Trafford Rape Crisis Limited
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	3	4,148	-	4,148	1,999
Charitable activities	4	176,924	22,500	199,424	202,866
Total income		181,072	22,500	203,572	204,865
Expenditure on:					
Charitable activities	5	143,655	41,592	185,247	151,972
Total expenditure		143,655	41,592	185,247	151,972
Net income/(expenditure) before net gains/(losses) on investments		37,417	(19,092)	18,325	52,893
Net income/(expenditure) for the year	7	37,417	(19,092)	18,325	52,893
Net movement in funds for the year		41,444	(23,119)	18,325	52,893
Reconciliation of funds					
Total funds brought forward		151,087	48,155	199,242	146,349
Total funds carried forward		192,531	25,036	217,567	199,242

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

A full comparative statement of financial activities is available on the last page of the financial statements.

Trafford Rape Crisis Limited
Company number 7318710
Balance sheet as at 31 March 2022

	Note	£	2022	£	2021	£
Fixed assets						
Tangible assets	12			2,685		185
				2,685		185
Total fixed assets						
Current assets						
Debtors	13	3,642			3,312	
Cash at bank and in hand	14	216,232			205,070	
				219,874	208,382	
Total current assets						
Liabilities						
Creditors: amounts falling due in less than one year	15		(4,992)		(9,325)	
				214,882	199,057	
Net current assets						
				214,882	199,057	
Total assets less current liabilities				217,567	199,242	
				217,567	199,242	
Net assets						
				217,567	199,242	
The funds of the charity:						
Restricted income funds	16		25,036		48,155	
Unrestricted income funds	17		192,531		151,087	
				217,567	199,242	
Total charity funds				217,567	199,242	

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 12 to 25 form part of these accounts.

Approved by the trustees on 23/12/2022 and signed on their behalf by:

Katharine Bastin (Chair of Trustees)

Trafford Rape Crisis Limited
Statement of Cash Flows
for the year ending 31 March 2022

	Note	2022 £	2021 £
Cash provided by/(used in) operating activities	20	15,189	55,623
<i>Cash flows from investing activities:</i>			
Purchase of tangible fixed assets		(4,027)	-
Cash provided by/(used in) investing activities		(4,027)	-
Increase/(decrease) in cash and cash equivalents in the year		11,162	55,623
Cash and cash equivalents at the beginning of the year		205,070	149,447
Cash and cash equivalents at the end of the year		216,232	205,070

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Trafford Rape Crisis Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

There are no key judgments which the trustees have made which have a significant effect on the accounts. However, judgments that have been made are described in the financial review of the Trustees' report.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs of services undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 6.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Computers	33%
Office fixtures and equipment	25%

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 8. There were £626 outstanding contributions at the year end (2021: £700).

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	2022 £	2021 £
Donations	4,148	1,999
Total	4,148	1,999

All donations and legacies income is unrestricted.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

4 Income from charitable activities

	Unrestricted	Restricted	Total 2022
Current reporting period	£	£	£
Ministry of Justice	149,204	-	149,204
GMCA	-	22,500	22,500
Trafford Council	25,510	-	25,510
Rape Crisis England & Wales	2,000	-	2,000
Other	210	-	210
	<hr/>	<hr/>	<hr/>
Total	176,924	22,500	199,424
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous reporting period	<i>Unrestricted</i>	<i>Restricted</i>	<i>Total 2021</i>
	£	£	£
Ministry of Justice	119,033	-	119,033
GMCA	-	22,500	22,500
Trafford Council	25,000	-	25,000
NHS	-	36,333	36,333
	<hr/>	<hr/>	<hr/>
Total	144,033	58,833	202,866
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

5 Analysis of expenditure on charitable activities

	Total 2022 £	Total 2021 £
Employment costs	110,449	100,404
Premises costs	19,867	12,896
Depreciation	1,527	448
Project costs	43,474	26,926
Governance costs (see note 6)	3,704	3,308
Support costs (see note 6)	6,226	7,990
	<hr/>	<hr/>
	185,247	151,972
	<hr/> <hr/>	<hr/> <hr/>
	2022 £	2021 £
Restricted expenditure	41,592	17,566
Unrestricted expenditure	143,655	134,406
	<hr/>	<hr/>
	185,247	151,972
	<hr/> <hr/>	<hr/> <hr/>

6 Analysis of governance and support costs

Current reporting period	Basis of apportionment	Support £	Governance £	Total 2022 £
Office costs	Support	6,226	-	6,226
Accountancy services	Governance	-	3,392	3,392
Independent examination	Governance	-	312	312
		<hr/>	<hr/>	<hr/>
		6,226	3,704	9,930
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous reporting period	Basis of apportionment	Support £	Governance £	Total 2021 £
Office costs	Support	7,990	-	7,990
Accountancy services	Governance	-	3,008	3,008
Independent examination	Governance	-	300	300
		<hr/>	<hr/>	<hr/>
		7,990	3,308	11,298
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

7 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2022 £	2021 £
Depreciation	1,527	447
Operating lease rentals:		
Property	7,500	7,500
Other	910	-
Independent Examiner's remuneration:		
Accountancy	1,050	1,000
Bookkeeping	1,320	1,320
Payroll bureau	364	364
Independent examination	260	250
	<u>110,449</u>	<u>100,404</u>

8 Staff costs

Staff costs during the year were as follows:

	2022 £	2021 £
Wages and salaries	94,723	92,446
Social security costs	4,190	3,909
Pension costs	4,186	4,049
Freelance administrator	7,350	-
	<u>110,449</u>	<u>100,404</u>

No employees has employee benefits in excess of £60,000 (2021: Nil).

The average number of staff employed during the period was 4 (2021: 4).

The average full time equivalent number of staff employed during the period was 3.1 (2021: 3.1).

The key management personnel of the charity comprise the trustees and the Manager. The total employee benefits of the key management personnel of the charity were £41,667 (2021: £ 38,792).

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

9 Trustee remuneration and expenses, and related party transactions

One trustee received reimbursed expenses during the year of £13 (2021: Nil).

No (2021: one) trustee received reimbursed travel and subsistence expenses during the year (2021: £750).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2021: nil).

10 Government grants

The government grants recognised in the accounts were as follows:

	2022 £	2021 £
Ministry of justice	149,204	119,033
GMCA	22,500	22,500
Trafford Council	25,510	25,000
	<hr/>	<hr/>
	197,214	166,533
	<hr/> <hr/>	<hr/> <hr/>

The unfulfilled conditions relate to the unspent GMCA grant are explained in note 16.

11 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

12 Fixed assets: tangible assets

	Office equipment £	Computer equipment £	Total £
Cost			
At 1 April 2021	7,182	9,695	16,877
Additions	-	4,027	4,027
	<hr/>	<hr/>	<hr/>
At 31 March 2022	7,182	13,722	20,904
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Depreciation			
At 1 April 2021	7,182	9,510	16,692
Charge for the year		1,527	1,527
	<hr/>	<hr/>	<hr/>
At 31 March 2022	7,182	11,037	18,219
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Net book value			
At 31 March 2022	-	2,685	2,685
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
At 31 March 2021	-	185	185
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

13 Debtors

	2022 £	2021 £
Prepayments	3,642	3,312
	<hr/>	<hr/>
	3,642	3,312
	<hr/> <hr/>	<hr/> <hr/>

14 Cash at bank and in hand

	2022 £	2021 £
Cash at bank and in hand	216,232	205,070
	<hr/>	<hr/>
	216,232	205,070
	<hr/> <hr/>	<hr/> <hr/>

15 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals	3,235	4,704
Other creditors	1,757	4,621
	<hr/>	<hr/>
	4,992	9,325
	<hr/> <hr/>	<hr/> <hr/>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

16 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
NHS	34,356	-	(21,395)	(4,027)	8,934
GMCA	13,799	22,500	(20,197)	-	16,102
Total	48,155	22,500	(41,592)	(4,027)	25,036
Previous reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
NHS	-	36,333	(1,977)	-	34,356
GMCA	6,888	22,500	(15,589)	-	13,799
Total	6,888	58,833	(17,566)	-	48,155

Name of restricted fund	Description, nature and purposes of the fund
NHS	Distributed by GMCA this fund was used for counselling and therapy, admin and training costs and IT hardware and software.
GMCA	Money was to set up face to face services including counselling and group work, the money was used to pay for a face to face services coordinator and training and marketing for the counselling service.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

17 Analysis of movement in unrestricted funds

Current reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	As at 31 March 2022 £
General fund	151,087	181,072	(143,655)	4,027	192,531
	<u>151,087</u>	<u>181,072</u>	<u>(143,655)</u>	<u>4,027</u>	<u>192,531</u>
Previous reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	As at 31 March 2021 £
General fund	139,461	146,032	(134,406)	-	151,087
	<u>139,461</u>	<u>146,032</u>	<u>(134,406)</u>	<u>-</u>	<u>151,087</u>

Name of unrestricted fund

Description, nature and purposes of the fund

General fund The free reserves after allowing for all designated funds

18 Analysis of net assets between funds

Current reporting period	General fund £	Designated funds £	Restricted funds £	2022 Total £
Tangible fixed assets	2,685	-	-	2,685
Net current assets/(liabilities)	189,846	-	25,036	214,882
	<u>192,531</u>	<u>-</u>	<u>25,036</u>	<u>217,567</u>
Previous reporting period	General fund £	Designated funds £	Restricted funds £	2021 Total £
Tangible fixed assets	185	-	-	185
Net current assets/(liabilities)	150,902	-	48,155	199,057
	<u>151,087</u>	<u>-</u>	<u>48,155</u>	<u>199,242</u>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2022 (continued)

19 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Equipment	
	2022	2021
	£	£
Less than one year	910	-
One to five years	2,730	-
	<hr/>	<hr/>
	3,640	-
	<hr/> <hr/>	<hr/> <hr/>

20 Reconciliation of net movement in funds to net cash flow from operating activities

	2022	2021
	£	£
Net income/(expenditure) for the year	18,325	52,893
Adjustments for:		
Depreciation charge	1,527	447
Decrease/(increase) in debtors	(330)	(1,392)
Increase/(decrease) in creditors	(4,333)	3,675
	<hr/>	<hr/>
Net cash provided by/(used in) operating	15,189	55,623
	<hr/> <hr/>	<hr/> <hr/>

Trafford Rape Crisis Limited
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2021

	Unrestricted funds £	Restricted funds £	Total funds 2021 £	<i>Total funds 2020 £</i>
Income from:				
Donations and legacies	1,999	-	1,999	4,957
Charitable activities	144,033	58,833	202,866	122,634
Total income	146,032	58,833	204,865	127,591
Expenditure on:				
Charitable activities	134,406	17,566	151,972	127,057
Total expenditure	134,406	17,566	151,972	127,057
Net income/(expenditure) before net gains/(losses) on investments	11,626	41,267	52,893	534
Net income/(expenditure) for the year	11,626	41,267	52,893	534
Net movement in funds for the year	11,626	41,267	52,893	534
Reconciliation of funds				
Total funds brought forward	139,461	6,888	146,349	145,815
Total funds carried forward	151,087	48,155	199,242	146,349

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Talk to SARA Ltd

England & Wales - Charity number 1153102

Accounts

Company number: 07318710

Charity Number: 1153102

Trafford Rape Crisis Limited

Report and financial statements
For the year ended 31st March 2021

Trafford Rape Crisis Limited
Reference and administrative information
for the year ended 31 March 2021

Company number 07318710

Charity number 1153102

Registered office

Unit 314 Peel House
30 The Downs
Altrincham
Cheshire
WA14 2PX

Trustees

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Katharine Melinda Bastin

Katherine Bendall

Gail Gormley (appointed 3rd March 2021)

Suzie Henriques

Blessing Ibe

Virginia Sherbourne

Bankers

HSBC Bank Plc

11 Stamford New Road, Altrincham WA14 1BW

Independent

Christy Lau FCCA CTA DChA, Slade & Cooper Limited

Examiner

Beehive Mill, Jersey St, Manchester, M4 6JG

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2021

The trustees present their report and the unaudited financial statements for the year ended 31st March 2021. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The charity's objects ('Objects') are specifically restricted to the following:

- to relieve the needs and preserve and protect the physical and mental health of women and girls who have survived rape or sexual abuse by providing counselling, advice and support;
- to educate the public about rape and sexual violence through the provision of talks, training and by other such means as the trustees shall determine.

Our activities are:

Providing support and information to women and girls who have suffered sexual assault, sexual abuse, rape whether past or recent. We provide helpline and email services: general, and for BAME women. We offer face-to face counselling and groupwork.

We work in partnership with commissioners, local groups, voluntary and statutory organisations, providing information and training.

Trafford Rape Crisis (TRC) is a feminist organisation run by women for women, which aims to:

- Support women survivors of rape or sexual abuse so they may maintain control over their lives
- Raise awareness about rape and sexual abuse committed against women and girls, regardless of their background or circumstances
- Provide information, guidance, training and expertise within the community
- Enhance the involvement of all women in the development of TRC policies and services
- Contribute to policy initiatives and strategies aiming at improving the service provision for women survivors
- Actively challenge the values, beliefs and behaviours which contribute to women's oppression, and Work in partnership with local service providers and communities to promote the values of TRC.

Trafford Rape Crisis Limited

Trustees' annual report

for the year ended 31 March 2021

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

Our activities benefit the public by:

- Providing support, advice and information to victims of rape and sexual violence to help them cope with what they have experienced
- Raising awareness amongst organisations and communities about the services available to those in need
- Informing and challenging myths through social media, printed information, training and workshops
- Running activities for users of the service to develop their self-esteem and confidence and with the aim of helping them recover going forward.

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on Women and girls in Trafford and Greater Manchester and beyond and are undertaken to further Trafford Rape Crisis Limited's charitable purposes for the public benefit.

In March 2021 1 trustee re-joined the existing team of 5.

TRC has continued to be an active member of Rape Crisis England & Wales and are signed up to their National Standards (RCNSS) which were renewed in 2019. We were particularly recognised for our feminist ethos and working practices and invited to speak to other centres around working with a feminist ethos.

This year the COVID pandemic impacted our face-to-face services and required us to create new and improved ways of delivering our service, whilst exercising due care and diligence towards the health and wellbeing of our staff team, volunteers and service users. We were grateful for additional COVID funding offered by funders to help centres to provide the necessary precautions, and additional services.

The lack of face-to face working had an impact on our paid worker team, and the trustees provided regular support and acknowledgement of the team.

It soon became apparent that the isolation created by the pandemic restrictions resulted in a significant increase in violence against women.

Trafford Rape Crisis Limited

Trustees' annual report

for the year ended 31 March 2021

We used social media to reach more women, and provide information and advice, including partnering with the Ministry of Justice in an online video for survivors.

The number of volunteers dropped initially as some moved away to spend lockdown with family and some were not able to continue volunteering due to demands on time and changing personal circumstances.

We were able to keep the helpline open, within COVID guidelines, using stringent precautionary measures in the Centre. This was only possible because of a tremendous effort on the part of our volunteers, despite the increased challenges they faced of working from home, additional health issues, caring responsibilities, childcare and home education, as well as the overarching increase in stress levels and impact on mental health wellbeing. Thanks to this phenomenal commitment we were able to keep the helpline open 98%, delivering 2,322 helpline contacts, and the email service was covered 100%, delivering 187 email supports.

We cancelled our training for new volunteers in April because of lockdown, but were able to do this training in September and October, part safely-distanced face-to-face and part online. Because of the trauma-based content of our work, some of this training has to be done face to face for trainees' welfare and support. An additional 11 volunteers joined bringing our total to 26 volunteers.

The counselling service was able to continue online on a secure platform provided by Rape Crisis England and Wales, telephone sessions were also offered as an alternative. Most of the clients took up these options, with five women choosing to wait for face-to-face sessions to start again.

Counsellors received training in providing online counselling. 340 counselling sessions were delivered.

Regular contact was put in place for women waiting for this service, to address the increased isolation. Weekly support calls were put in place and a weekly text went out to 20 women.

In partnership with MSC Foodbank, Christmas food parcels were delivered to some of the women who use our counselling service, who were struggling financially.

Alongside the existing regular clinical supervision for our volunteers who work on the helpline, email and counselling services, TRC put in place additional resources and support for wellbeing and resilience, plus additional training. A weekly, virtual, volunteer drop-in support group was set up, also wellbeing and self-care sessions were provided plus access to self-care workshops provided by Rape Crisis England and Wales. The Volunteer Coordinator checked in with volunteers regularly and provided additional phone and online support. Alongside this was additional training on Working with Trauma, , Adult Safeguarding, Cohesive Control and Honour Based Violence and a Carolyn Spring webinar training series.

Volunteers were kept updated and informed on all aspects of Covid-19.

TRC continued to engage, now online, with funders and commissioners in Trafford and Greater Manchester, as well as further afield. The pandemic brought additional requirements, regular updating and more frequent meetings and reporting.

We continued to have good strong working relationships with local, statutory, third sector and voluntary organisations to inform and to input into local and Greater Manchester strategy. We continued to work with GMCA whilst they looked to redesign their victim service delivery framework services and with the Greater Manchester Police RASSO Rape Partnership forum across Greater Manchester. TRC also remained a voice for survivors who did not want to proceed through the Criminal Justice System, and as such may only reach out to a specialist service like TRC.

We work in partnership with the Black Health Agency, Greater Manchester BAME Women's network. and community groups such as the Pakistani Women's Association, Women Asylum Seekers Together,

Trafford Rape Crisis Limited

Trustees' annual report

for the year ended 31 March 2021

Safety for Sisters. We have also been working with several focus groups representing survivors in general and BAMER survivors particularly.

TRC partners locally with Trafford Domestic Abuse Services (TDAS) and attends the Trafford Domestic Abuse Forum and the Trafford Domestic Abuse Practitioners Network (DAPN) regularly and the Stop The Traffic Modern Slavery Forum.

We strengthened our social media presence and played an active part in campaigns and education around Violence Against Women. We created, publicised and distributed a consent slide deck aimed at younger women. We partnered with the MOJ to create an online video for survivors and have been interviewed by African Heritage Radio.

Financial review

The project has performed on budget during the period being reported.

Ministry of Justice funding was awarded for the period 2019-2022, and further extended in February 2021 until 2023. Trafford MBC funding was awarded for 2019-2022 also. Greater Manchester Combined Authority funding was awarded for six months, with a further six months then awarded.

At the start of the year we had in place 1 full-time Manager (35 hours), 1 Volunteer Coordinator, 1 Face-to-Face Services Coordinator (both 25 hours), 1 Business Support Officer (25 hours).

At year end 31 March 2021 Trafford Rape Crisis held £199,242 total Charity funds, £48,155 was for restricted projects going forward.

Reserves policy

TRC has a reserves policy which is used to report our reserves position. We will be raising unrestricted funds to improve our unrestricted reserves position.

The charity intends to maintain a free reserve in unrestricted funds, around £85,000, to:

Continue to offer a basic service in line with its charitable objects for a period of between 3 and 6 months.

Plans for the future

Due to the pandemic, plans for an Outreach worker were put on hold. Face-to-face projects were also put on hold, including plans for a drop-in for women on the counselling waiting list. Regulations and restrictions permitting, TRC will provide face to face counselling sessions in 2021 within COVID safe parameters.

Online services have enabled women to reach out to services, and it is clear that younger women in particular use the medium of live chat. TRC will be expanding its digital offering in 2021 with the development of a Webchat service.

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2021

Structure, governance and management

The trustees have the overall responsibility for compliance with the legal requirements of the limited company and the charity. They jointly hold strategic planning, management of funds, policy development and implementation and recruitment of volunteers, paid workers and trustees with the Management Group, which is made up of the trustees, the manager and 1 member of paid staff. There are a number of Sub Groups and a Volunteer Forum which report to the Management Group via the Manager.

The operational day to day running of the organisation is undertaken by the Manager and the paid workers, with volunteers working alongside.

Trustee induction and training

The trustees hear about Trafford Rape Crisis following their involvement with the organisation as volunteers and also through some external recruitment. This recruitment process is in line with the volunteer recruitment procedure for Trafford Rape Crisis, and Trustees will be required to attend part of the volunteer training to become familiar with the ethos, practice, governance and structure of the organisation.

All trustees are encouraged to access opportunities for external training.

The organisation is a charitable company limited by guarantee, incorporated on 19th July 2010 and registered as a charity on 29th July 2013.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31st March 2021 was 6 (2020:5). The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts. None claimed as trustees.

Related parties and relationships with other organisations

In so far as it is complementary to the charity's objects, the charity is guided by both local and national policy.

Risk management

Trafford Rape Crisis maintains a robust Risk Register.

Trafford Rape Crisis Limited
Trustees' annual report
for the year ended 31 March 2021

Statement of responsibilities of the trustees

The trustees (who are also directors of Trafford Rape Crisis for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on 28/12/2021 and signed on their behalf by

Katharine Bastin
Chair of Trustees

Suzie Henriques
Treasurer

Independent examiner's report
to the trustees of
Trafford Rape Crisis Limited

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2021 which are set out on pages 9 to 24.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA

Slade & Cooper Limited
Beehive Mill, Jersey Street
Manchester, M4 6JG

Date 29th December 2021

Trafford Rape Crisis Limited
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	1,999	-	1,999	4,957
Charitable activities	4	144,033	58,833	202,866	122,634
Total income		146,032	58,833	204,865	127,591
Expenditure on:					
Charitable activities	5	134,406	17,566	151,972	127,057
Total expenditure		134,406	17,566	151,972	127,057
Net income/(expenditure) before net gains/(losses) on investments		11,626	41,267	52,893	534
Net income/(expenditure) for the year	7	11,626	41,267	52,893	534
Net movement in funds for the year		11,626	41,267	52,893	534
Reconciliation of funds					
Total funds brought forward		139,461	6,888	146,349	145,815
Total funds carried forward		151,087	48,155	199,242	146,349

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Trafford Rape Crisis Limited
Company number 7318710

Balance sheet as at 31 March 2021

	Note	2021		2020	
		£	£	£	£
Fixed assets					
Tangible assets	12		185		632
Total fixed assets			185		632
Current assets					
Debtors	13	3,312		1,920	
Cash at bank and in hand	14	205,070		149,447	
Total current assets		208,382		151,367	
Liabilities					
Creditors: amounts falling due in less than one year	15	(9,325)		(5,650)	
Net current assets			199,057		145,717
Total assets less current liabilities			199,242		146,349
Net assets			199,242		146,349
The funds of the charity:					
Restricted income funds	16		48,155		6,888
Unrestricted income funds	17		151,087		139,461
Total charity funds			199,242		146,349

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 12 to 24 form part of these accounts.

Approved by the trustees on 28/12/2021 and signed on their behalf by:

Suzie Henriques (Treasurer)

Katharine Bastin (Chair of Trustees)

Trafford Rape Crisis Limited
Statement of Cash Flows
for the year ending 31 March 2021

	Note	2021 £	2020 £
Cash provided by/(used in) operating activities	19	55,623	15,153
<i>Cash flows from investing activities:</i>			
Purchase of tangible fixed assets		-	(554)
Cash provided by/(used in) investing activities		-	(554)
Increase/(decrease) in cash and cash equivalents in the year		55,623	14,599
Cash and cash equivalents at the beginning of the year		149,447	134,848
Cash and cash equivalents at the end of the year		205,070	149,447

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Trafford Rape Crisis Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

There are no key judgments which the trustees have made which have a significant effect on the accounts. However, judgments that have been made are described in the financial review of the Trustees' report.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs of services undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 6.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Computers	33%
Office fixtures and equipment	25%

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 8. There were £700 outstanding contributions at the year end (2020: £ 642).

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	2021 £	2020 £
Donations	1,999	4,957
Total	1,999	4,957

All donations and legacies income is unrestricted.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

4 Income from charitable activities

	Unrestricted	Restricted	Total 2021
Current reporting period	£	£	£
Ministry of Justice	119,033	-	119,033
GMCA	-	22,500	22,500
Trafford Council	25,000	-	25,000
NHS	-	36,333	36,333
	<hr/>	<hr/>	<hr/>
Total	144,033	58,833	202,866
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous reporting period	<i>Unrestricted</i> £	<i>Restricted</i> £	<i>Total 2020</i> £
Ministry of Justice	72,850	-	72,850
GMCA	-	22,500	22,500
Trafford Council	25,000	-	25,000
VOS	-	1,500	1,500
Mcr Rape Crisis Training	784	-	784
	<hr/>	<hr/>	<hr/>
Total	98,634	24,000	122,634
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

5 Analysis of expenditure on charitable activities

	Total 2021 £	Total 2020 £
Employment costs	100,404	87,392
Premises costs	12,896	9,889
Depreciation	448	1,091
Project costs	26,926	14,989
Governance costs (see note 6)	3,308	3,461
Support costs (see note 6)	7,990	10,235
	<hr/>	<hr/>
	151,972	127,057
	<hr/> <hr/>	<hr/> <hr/>
	2021 £	2020 £
Restricted expenditure	17,566	27,752
Unrestricted expenditure	134,406	99,305
	<hr/>	<hr/>
	151,972	127,057
	<hr/> <hr/>	<hr/> <hr/>

6 Analysis of governance and support costs

Current reporting period	Basis of apportionment	Support £	Governance £	Total 2021 £
Office costs	Support	7,990	-	7,990
Accountancy services	Governance	-	3,008	3,008
Independent examination	Governance	-	300	300
		<hr/>	<hr/>	<hr/>
		7,990	3,308	11,298
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Previous reporting period	Basis of apportionment	Support £	Governance £	Total 2020 £
Office costs	Support	10,235	-	10,235
Accountancy services	Governance	-	3,161	3,161
Independent examination	Governance	-	300	300
		<hr/>	<hr/>	<hr/>
		10,235	3,461	13,696
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

7 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2021 £	2020 £
Depreciation	447	1,091
Operating lease rentals:		
Property	7,500	7,500
Independent Examiner's remuneration:		
Accountancy	1,000	1,000
Bookkeeping	1,320	1,320
Payroll bureau	364	364
Independent examination	250	250
	<u> </u>	<u> </u>

8 Staff costs

Staff costs during the year were as follows:

	2021 £	2020 £
Wages and salaries	92,446	70,659
Social security costs	3,909	2,980
Pension costs	4,049	3,347
Sessional workers	-	10,406
	<u> </u>	<u> </u>
	<u>100,404</u>	<u>87,392</u>

No employees has employee benefits in excess of £60,000 (2020: Nil).

The average number of staff employed during the period was 4 (2020: 4).

The average full time equivalent number of staff employed during the period was 3.1 (2020: 3.1).

The key management personnel of the charity comprise the trustees and the Manager. The total employee benefits of the key management personnel of the charity were £38,792 (2020: £ 32,957).

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

9 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration or reimbursed expenses during the year (2020: Nil).

One (2020: one) trustee received reimbursed travel and subsistence expenses during the year of £750 (none claimed as trustees) (2020: £1,007).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2020: nil).

10 Government grants

The government grants recognised in the accounts were as follows:

	2021 £	2020 £
Ministry of justice	119,033	72,850
GMCA	22,500	22,500
Trafford Council	25,000	25,000
	<hr/>	<hr/>
	166,533	120,350
	<hr/> <hr/>	<hr/> <hr/>

The unfulfilled conditions relate to the unspent GMCA grant are explained in note 16.

11 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

12 Fixed assets: tangible assets

	Office equipment £	Computer equipment £	Total £
Cost			
At 1 April 2020	7,182	9,695	16,877
At 31 March 2021	7,182	9,695	16,877
Depreciation			
At 1 April 2020	6,919	9,326	16,245
Charge for the year	263	184	447
At 31 March 2021	7,182	9,510	16,692
Net book value			
At 31 March 2021	-	185	185
<i>At 31 March 2020</i>	<i>263</i>	<i>369</i>	<i>632</i>

13 Debtors

	2021 £	2020 £
Prepayments	3,312	1,920
	3,312	1,920

14 Cash at bank and in hand

	2021 £	2020 £
Cash at bank and in hand	205,070	149,447
	205,070	149,447

15 Creditors: amounts falling due within one year

	2021 £	2020 £
Accruals	4,704	2,498
Other creditors	4,621	2,015
Taxation and social security costs	-	1,137
	9,325	5,650

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

16 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
GMCA	6,888	22,500	(15,589)	-	13,799
NHS	-	36,333	(1,977)	-	34,356
Total	6,888	58,833	(17,566)	-	48,155
Previous reporting period	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2020 £
VOS	-	1,500	(1,500)	-	-
GMCA	10,640	22,500	(26,252)	-	6,888
Total	10,640	24,000	(27,752)	-	6,888

Name of restricted fund	Description, nature and purposes of the fund
GMCA	Money was to set up face to face services including counselling and group work, the money was used to pay for a face to face services coordinator and training and marketing for the counselling service.
VOS	A management fee was received for the creation and administration of the Voices Of Survivors (VOS) report including roadshows to deliver the report.
NHS	Distributed by GMCA this fund was used for counselling and therapy, admin and training costs and IT hardware and software.

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

17 Analysis of movement in unrestricted funds

Current reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	As at 31 March 2021 £
General fund	139,461	146,032	(134,406)	-	151,087
	<u>139,461</u>	<u>146,032</u>	<u>(134,406)</u>	<u>-</u>	<u>151,087</u>
	<u><u>139,461</u></u>	<u><u>146,032</u></u>	<u><u>(134,406)</u></u>	<u><u>-</u></u>	<u><u>151,087</u></u>
Previous reporting period	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	As at 31 March 2020 £
General fund	135,175	103,591	(99,305)	-	139,461
	<u>135,175</u>	<u>103,591</u>	<u>(99,305)</u>	<u>-</u>	<u>139,461</u>
	<u><u>135,175</u></u>	<u><u>103,591</u></u>	<u><u>(99,305)</u></u>	<u><u>-</u></u>	<u><u>139,461</u></u>

Name of unrestricted fund	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds

18 Analysis of net assets between funds

Current reporting period	General fund £	Designated funds £	Restricted funds £	2021 Total £
Tangible fixed assets	185	-	-	185
Net current assets/(liabilities)	150,902	-	48,155	199,057
	<u>151,087</u>	<u>-</u>	<u>48,155</u>	<u>199,242</u>
	<u><u>151,087</u></u>	<u><u>-</u></u>	<u><u>48,155</u></u>	<u><u>199,242</u></u>
Previous reporting period	General fund £	Designated funds £	Restricted funds £	2020 Total £
Tangible fixed assets	632	-	-	632
Net current assets/(liabilities)	138,829	-	6,888	145,717
	<u>139,461</u>	<u>-</u>	<u>6,888</u>	<u>146,349</u>
	<u><u>139,461</u></u>	<u><u>-</u></u>	<u><u>6,888</u></u>	<u><u>146,349</u></u>

Trafford Rape Crisis Limited

Notes to the accounts for the year ended 31 March 2021 (continued)

19 Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net income/(expenditure) for the year	52,893	534
Adjustments for:		
Depreciation charge	447	1,091
Decrease/(increase) in debtors	(1,392)	11,483
Increase/(decrease) in creditors	3,675	2,045
	<hr/>	<hr/>
Net cash provided by/(used in) operating	55,623	15,153
	<hr/> <hr/>	<hr/> <hr/>