

# MY GIFTBOX COMMUNITY PROJECTS

England & Wales · Charity number 1152845

## Details

---

|             |   |
|-------------|---|
| Other names | MY GIFT BOX   |
| Status      | Registered  |
| Legal form  | Other   |
| Registered  | 2013-07-12  |
| Register    | <a href="#">View on the Charity Commission register</a> |

## Contact

---

|         |  |
|---------|--|
| Address | 2 Prospect Villas<br>Norton Heath<br>Ingatestone<br>Essex<br>CM4 0LQ |
| Phone   | 07951895889  |
| Email   | <a href="mailto:hello@mygiftbox.org">hello@mygiftbox.org</a>         |
| Website | <a href="http://www.mygiftbox.org">www.mygiftbox.org</a>             |

## Activities

---

**Objects:** TO DEVELOP THE CAPACITY AND SKILLS OF SOCIALLY DISADVANTAGED CHILDREN, YOUNG PEOPLE AND ADULTS IN LONDON AND ESSEX TO HELP MEET THEIR NEEDS AND DISCOVER THEIR POTENTIAL AND TO PARTICIPATE MORE FULLY IN SOCIETY. TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY. FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS); CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY). THE PREVENTION OR RELIEF OF POVERTY IN LONDON, ESSEX AND THE WORLD BY PROVIDING OR ASSISTING IN THE PROVISION OF EDUCATION, TRAINING, CARE AND RESETTLEMENT AND ALL THE NECESSARY SUPPORT DESIGNED TO ENABLE INDIVIDUALS TO BE SELF-SUFFICIENT. TO RELIEVE THE HARDSHIP AND TO PRESERVE THE HEALTH OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OR DISABILITY OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS OR DISABILITY BY THE PROVISION OF FACILITIES FOR WORK, SPORT AND RECREATION. TO STRENGTHEN COMMUNITY THROUGH BUILDING THE CAPACITY OF LOCAL CHRISTIANS AND FAITH-GROUPS TO BECOME MORE ACTIVE IN SERVING THEIR LOCAL COMMUNITIES.

**Activities:** youth hub, life-skills coaching and mentoring, social enterprise supported volunteering and learning, whole-life integration for people with disabilities, restoring eden resettlement from homelessness, essex healing rooms holistic wellbeing and relief and support of suffering people, support for victims of abuse, eden garden eco-therapy & healthy living, creative craft therapy, teambuilding

## Classification

---

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Environment/conservation/heritage, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

---

- Barking And Dagenham
- Essex
- Redbridge

## Finances

| Period end | Income  | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-06-30 | £22,200 | £22,284     | -      | -         |
| 2024-09-30 | £23,000 | £23,375     | -      | -         |
| 2023-09-30 | £24,591 | £25,828     | -      | -         |
| 2022-09-30 | £14,830 | £12,563     | -      | -         |
| 2021-09-30 | £14,200 | £12,960     | -      | -         |

## Trustees

| Name              | Role  | Appointed  |
|-------------------|-------|------------|
| ZAPHIRA KAPNISIS  | Chair | 2013-04-15 |
| FRANCESSCA WATSON |       | 2013-04-15 |
| JULIE KHAN        |       | 2013-04-15 |