



**MUMMY'S STAR
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

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**Mummy's Star
Reference and Administrative Details
For The Year Ended 31 March 2025**

Trustees	Ms Barbara Nelson Ms Felicity Bennett Ms Lyvia Crampton Mr Thomas Groom - Treasurer Mr Peter Wallroth Ms Tina South Ms Alice Pemberton-Barlow Ms Karen Edwards Ms Kathryn Nattress
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Bankers	Natwest PLC
Charity number in Scotland	SC046449
Charity number in Ireland	20106812
Charity Number	1152808
Company Number	08548961
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Mummy's Star Trustees' Report For The Year Ended 31 March 2025

The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Significant Activities

Vice-Chair's Summary

As Vice Chair of Mummy's Star, I'm honoured to reflect on a year of great growth and the continuing positive impact of our charity.

First and foremost, I would like to express our thanks to Kathryn Nattress, who stepped down as Chair just before the end of the financial year. On behalf of the Board and all those involved in Mummy's Star, I want to thank Kathryn sincerely for her dedication and wish her the very best in her future endeavours.

This year, Mummy's Star supported 444 mums with a cancer diagnosis in or around pregnancy, while continuing to extend our reach to healthcare professionals through education and training. Over 3,000 professionals took part in our sessions, equipping them to better recognise and respond to cancer in pregnancy. From bespoke support and financial grants to awareness campaigns like 'Be Body Aware', our team worked tirelessly to ensure no family faces this journey alone. We also strengthened our internal systems, grew our support team to meet rising demand, and laid foundations for new initiatives in the year ahead. Looking to 2025-26, our focus remains on listening to the families we support, expanding our reach, and continuing to advocate for early diagnosis and compassionate care.

These achievements reflect a strong and united team of staff, volunteers and supporters along with a team of highly committed Board members. To all our donors, fundraisers and supporters: your generosity powers everything we do. Whether you've shared your story, raised awareness, or donated time or money, your kindness is making a life-changing difference.

Thank you for being part of the Mummy's Star community.

Barbara Anne Nelson

Barbara-Anne Nelson, Vice Chair

14 October 2025

Why we're needed

Cancer affects around 1 in 1000 pregnancies. Every day in the UK, two women or birthing people are diagnosed with cancer in or around pregnancy.

Everyone hopes that pregnancy will be a time of joy and excitement, when families can look forward to welcoming a new life into the world. Instead, hundreds of pregnant people each year hear the devastating words: "you've got cancer." On top of the usual challenges of being pregnant, there are now so many extra concerns for families to grapple with. Mums tell us they are filled with anxiety, grieving the motherhood they always hoped for and having to make difficult choices about treatment, birth and their baby. Parents often feel very lonely, as they have not met anyone who understands what they are going through.

1 in 1000 pregnancies are affected by cancer, but it is still not a compulsory part of NHS training or university courses. Patients often present to healthcare professionals on multiple occasions with their symptoms before they are referred for further testing and an accurate cancer diagnosis is made. As cancer in pregnancy is quite rare, many health professionals haven't come across it before or services aren't designed to help families in this unique situation, all of which adds to the confusion and loneliness they feel when they get diagnosed.

At Mummy's Star, we want as many healthcare professionals as possible to be aware of the potential for cancer symptoms to be masked by expected physical changes in and around pregnancy, and to know how to best respond and support their patients if they do find something concerning.

History of Mummy's Star

Mummy's Star was founded in memory of Mair Wallroth. Mair was a much-loved mum, wife, daughter, sister, and friend. She was diagnosed with breast cancer at 22 weeks pregnant with her second child and sadly died aged 41, just two months after his birth.

Mummy's Star was founded in 2013 by her husband Pete, and friend Nicolette Peel MBE, to ensure families going through a similar experience could access all the support and information they needed in one place and have help to navigate this traumatic and complex situation.

Our purpose & public benefit

Mummy's Star is the only charity in the UK and Ireland dedicated to supporting mums and birthing parents diagnosed with cancer in or around pregnancy.

Running since 2013, we fulfil our charitable objectives and demonstrate public benefit by supporting women and birthing people who:

- receive a cancer diagnosis during pregnancy
- receive a cancer diagnosis up to twelve months after the birth of their baby

Mummy's Star Trustees' Report For The Year Ended 31 March 2025

- experience a baby loss around their diagnosis

Mummy's Star is here to support them from the moment they are diagnosed, through their pregnancy, birth, loss and beyond.

Vision: For no mum or birthing person to feel alone following a cancer diagnosis, in or around pregnancy, and to ensure they can make informed choices about their cancer treatment and pregnancy care.

Mission: We ensure mums and birthing parents, diagnosed with cancer in or around pregnancy, receive personalised and compassionate support that decreases loneliness and anxiety, while still acknowledging and celebrating their parenthood. We also increased awareness of cancer and pregnancy amongst healthcare professionals to improve diagnosis, treatment and care of pregnant or recently pregnant people diagnosed with cancer.

Public Benefit

How we help

For mums and birthing parents, Mummy's Star delivers:

- **One-to-one support for every mum/birthing parent**, delivered by a designated Information and Support Worker to ensure consistency and a personalised service.
- **Access to a secure online forum** where they feel safe to ask questions, share their anxieties and access 'peer to peer' support from one another.
- **Bespoke advice and information** about cancer in and around pregnancy, including links to local services and signposting to other organisations.
- **Supporting families to make informed choices** about their pregnancy care, their cancer treatment and providing information and guidance about returning to work.
- **Small Grants Programme** to help families manage unexpected costs that arise after a cancer diagnosis. There is a robust application process in place, which is simple to complete, and funds are issued quickly to minimise stress and maximise benefit. Every grant is reviewed and authorised by the Trustees.
- **Pre-bereavement, End-of-Life support and memory-making resources** for mums facing a terminal diagnosis. We continue to offer bereavement support to partners and wider family members after their loved one dies.

For the wider public and health professionals, Mummy's Star delivers:

Cancer and Pregnancy Education and Training Programme for healthcare professionals, to expand on and complement current training and curriculum provision. We have been delivering our Training and Education programme since 2015. It is a bespoke course, tailored to each cohort, and the session covers:

- how pregnancy, breastfeeding and post-natal body changes can mask potential signs of cancer (symptom masking)
- what healthcare professionals should look for and discuss with their patients if concerns present
- how best to escalate any concerns they may have about a patient using referral pathways and urgent clinics

Annual awareness campaigns

- **Cancer and Pregnancy Awareness Week**- this is aimed at the public and aims to take relevant messages to the general population through online material shared through social media and our website. Each year the campaign covers a different theme or topic based on our learning and feedback throughout the year.
- **Healthcare Professionals Awareness Week** - this campaign focuses on people working in healthcare settings, who may be part of the journey of a family affected by cancer in pregnancy, such as GPs, midwives, gynaecologists, oncologists, hospice staff and many more.

We share our campaign content online, as well as proactively networking with key health professionals, supporters of Mummy's Star and partner organisations, networks and charities, who help us to promote the content to their audiences. The ultimate goal of these areas of work is that more pregnant or new mums/birthing parents with cancer:

- Get diagnosed and start treatment more quickly, hopefully saving lives. Finding cancer early doesn't make the diagnosis any less traumatic or prevent the cruel interruption of the maternity experience for the person involved, but it does provide a far wider scope of treatment and surgical options for them and the medical team supporting them.
- Receive more timely and effective support in all areas of their journey

Story sharing, media engagement and conference presentations

We seek to amplify the voices and experiences of families affected by cancer in and around pregnancy, not only to raise awareness but also to advocate for the specific needs of people navigating this complex crossover. Each year is different, and may include sharing mums' stories on our website and social media, appearing on podcasts, responding to media interviews or engaging in national campaigns relevant to our cause.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Mummy's Star Trustees' Report For The Year Ended 31 March 2025

Partnerships

Collaboration is at the heart of Mummy's Star's way of working. We know that joining together with others gets much better outcomes for the mums and families we are supporting, and ensures that our awareness raising messages reach much further.

Getting through cancer treatment and prioritising time with family often means that mums have very little physical or emotional energy left to research the different support they might be entitled to. Our support work for Mums includes researching what support or services are available for a family's specific needs and then helping them access it. Alongside helping mums navigate national financial support systems, we frequently refer families to other organisations, such as those specialising in memory making for families or children's bereavement support. This collaborative way of working means that we regularly receive referrals from other charities too.

Mummy's Star is a member of:

- Cancer52 (group of charities focused on rare cancers)
- The Wales Cancer Alliance
- MBRRACE-UK (Mothers and Babies: Reducing Risk through Audits and Confidential Enquiries across the UK). This is the collaboration responsible for running the national Maternal, Newborn and Infant clinical Outcome Review. Pete Wallroth is part of MBRRACE's lay report writing group for the annual report into maternal mortality. The latest report was released 10th October 2024.
- We have also been a key partner in the Parenting with Cancer project over the last two years, creating a wide range of resources to better support parents where there is cancer in the family. This culminated in the first 'Parenting with Cancer' conference in May 2024, at which our CEO was a Chair

Research

Mummy's Star is part of the International Network for Cancer in Fertility and Pregnancy (INCIP), the central body for medical research in this area. We are also a partner in a study with The National Oncology Trainees Collaborative for Healthcare Research (NOTCH), mapping incidence rates of cancer and pregnancy in the UK for the first time.

Advisors to Mummy's Star

Our advisors offer the Board and Mummy's Star Team their professional expertise throughout the year. They make an invaluable contribution to the successful running of the charity and are a much-valued source of knowledge and guidance. We are very grateful to the following people who have supported Mummy's Star this year:

- Dr Richard Simcock - Oncology
- Jude Jones - Midwifery
- Dr Jenny Rattray - General Practice
- David Wright - Young people's cancer

Achievements and Performance

Main Achievements

Achievements & performance: Family Support Service

517 mums engaged with Mummy's Star during 2024-25: receiving active support, raising awareness of cancer and pregnancy, or working with Mummy's Star to fundraise and help support future mums. Of the 517 mums engaged this year, we provided personalised practical, emotional and financial support to 444 mums who received a cancer diagnosis in or around their pregnancy.

Over a third (171) of these were new to our service this year. We also supported 2 partners/spouses or family members of our Star Mums. We delivered:

- 3,301 communications through our practical and emotional support in 2024/25, an average of more than 63 contacts a week.
- 127 care packages were sent to mums with pampering or helpful items to give them a boost during hospital treatments or times of recovery at home.
- 108 small financial grants were given to families in need, to help towards additional costs of cancer, such as transport and parking for hospital, childcare, or buying equipment to help mums care easily for their babies after treatment or surgery. The continued high costs of living have meant that these grants have made a real difference to struggling families. One former recipient told us the difference it made:

"I was able to (pay for) mental health support via counselling while I was on a very long waiting list for NHS support. I was in a dark place at the time and I don't know if I'd still be alive if it wasn't for this support."

Mummy's Star Trustees' Report For The Year Ended 31 March 2025

Main Achievements - continued

We ran 7 "Ask the Expert" sessions this year. Hundreds of people have been able to view these videos either live or by accessing the recorded sessions. The topics covered:

- Perinatal hair loss and hair care during cancer
- Managing cancer related fatigue
- Returning to Work
- Managing Menopause Following Cancer
- Journalling for Therapy
- Perinatal Mental Health Support
- Pregnancy Loss & Cancer

Feedback from families

During the year we offered survey opportunities every 6 months for mums to give us their feedback on the difference our emotional support has made. The results showed:

- 99% of mums who responded agreed or strongly agreed that they could access emotional support from their Support Worker when they needed it
- 98% of mums surveyed agreed or strongly agreed they felt less isolated after accessing emotional support from Mummy's Star
- 96% of mums agreed or strongly agreed that emotional support from Mummy's Star helps them manage the emotional challenges of their cancer diagnosis

It was also amazing to hear how mums described the impact of our support:

"Thank you for everything you have been invaluable and a true angel! Please know that your support means so much to so many people."

"You may not realise it but talking to you and getting all that stuff out in the open was so much a HUGE relief for me, it's stuff I haven't disclosed really to others or even myself properly and it obviously needed out! Sorry for bombarding you with it all but please know it was hugely beneficial for me and I enjoyed talking to you very much. Definitely felt like a weight had been lifted when I woke up today and feel grateful for the opportunity it to start to explore these feelings I have been having in preparation for when I do go to counselling."

"I wanted to thank you for your referral to (another charity). They very kindly have arranged a memory day to Legoland and even suggested an overnight stay. We are overwhelmed with the kindness and the kids are thrilled! Without you we wouldn't be sharing such a special time together so a huge thank you!!"

During the year we started work with an industry volunteer to review our evaluation forms. The Support Team have been involved in helping develop a form that better captures feedback from the mums we support, identifies areas for improvement, and assesses the impact we are having on the families we support. The form is now in use for the 2025-26 year, and we have already started to receive more detailed feedback and information, and will be incorporating this into ongoing service evaluation and planning.

A growing and developing service

Referrals to the Support service increased by 17% compared to 2023-24. In addition to higher numbers of referrals we continue to see increasing complexity or intensity of support needed for some families. In May 2024, the Board of Trustees took the decision to expand the size of the Support Team in order to respond to growing demand.

We advertised for a new Support Team Manager role, to not only increase the service's capacity, but also make sure our service is fit for purpose and that we are managing referrals well. We were delighted to offer existing Support Worker Fiona the position. This meant we needed to fill the new vacancy of a Support Worker post, and appointed Frankie to the team in September. She has settled in really well in the team.

Thanks to this expansion we are now able to offer an additional 65 hours of support to mums per month. We have also been able to improve our referral distribution process amongst the team, making caseloads more even and alleviating stress. We continue to place a high priority on our team's wellbeing, who all continue to access external supervision on a monthly basis, recognising the emotional impact of their work. We continued to build on relationships with other organisations to learn from their ways of working and embed good practices. This included working with the Lightning Portal, Candle Counselling, PANDAS, and Cancer Pal.

During the year we also made improvements across a number of 'behind the scenes' areas to help the project run as smoothly and efficiently as possible. This included:

- Updating website content and referral forms to make the 'onboarding' process consistent for all families seeking support
- Updating our approach to support for partners of Star Mums, ensuring we have a fully confidential and structured form of support available for partners.
- Developing a standardised process to monitor and record the number of self or third-party referrals which do not

Mummy's Star Trustees' Report For The Year Ended 31 March 2025

meet our eligibility criteria. This will ensure consistency across the team, and may also provide valuable data for the Board, offering insights into the number of mums applying but not receiving support.

- Working with the Operations Manager and Trustees to clarify the guidance on what support we can offer to mums who have been referred to Mummy's Star who are here on a visa, asylum seekers, or who have no recourse to public funds to ensure consistent practice across the organisation.

Looking forward

Some things we have learnt this year and are looking to improve and develop in the coming year include:

- Many mums struggle with life after treatment, when they are no longer in regular contact with their medical teams. This includes helping manage potential longer term treatment side effects (such as menopause, lymphoedema or mental health issues). We are looking at how we can offer improved 'return to work' advice and 1:1 health coaching to support mums through this transition time.
- We have learnt from feedback from mums that many are unable to attend the live recordings of the Ask the Expert sessions and that videos may not be the best format for our audience. We are exploring the possibility of moving the sessions to a podcast format, which would mean even more people can benefit from the expert information available and increase the reach of Mummy's Star.
- Looking to improve the awareness of the value of memory making for all mums and how Mummy's Star can help with this.

Achievements and performance: Training and Education Programme

The Programme has continued to go from strength to strength this year. We have continued to have excellent levels of engagement from the Universities we had existing connections with, as well as adding 12 new sites. During the 2024-25 academic year, we are scheduled to deliver training at over 30 of the 55 universities offering midwifery courses in the UK. Many of these universities now regularly invite us back to train new student cohorts each year.

"Amazing, insightful presentation. I definitely feel more confident in pregnancy and cancer care now. Thankyou." (Student feedback, 2024)

Outside of Universities, we have continued to reach a wider range of health professionals through engagement with the relatively newly-formed Maternal Medicine Networks (MMNs) and broadened our reach across different healthcare trusts. We have seen how MMNs are a really helpful platform for different medical teams to find out about Mummy's Star and request some input and training, and the flexible nature of the programme means we can adapt the content, length and style of the session to suit different audiences.

During the 2024-25 financial year, we delivered sessions to 3,052 attendees across 23 different universities, 9 hospitals, health trusts or medical network groups, and also presented at 4 conferences.

After training sessions we collect feedback about their impact on students and attendees. Students have repeatedly shared how eye-opening and encouraging it has been for them to see their roles highlighted as a key component in the care planning for families, and how it has boosted their confidence going into practice in the future, knowing that Mummy's Star also provides support and resources for healthcare professionals as well as for families affected.

It was really pleasing to see that in the last year:

- 92% of survey respondents strongly agreed that they had learned something new
- 95% said they now felt more confident talking about the subject of cancer and pregnancy (47% strongly agree, 48% agree)
- 96% said they would now feel confident accessing support for a patient experiencing cancer in and around pregnancy (49% strongly agree, 47% agree)
- 93% rated their session as excellent, 6% rated it good

"The session was very engaging and eye opening. I have learned a lot and have enjoyed seeing Pete's passion for this topic. I will definitely go forward into practice with the messages shared from this session in mind." (Student feedback, 2024)

"So informative and honest. It made me feel more confident to talk about cancer during pregnancy, as before when I've encountered it I wasn't sure how to approach it."

"Really insightful and also gave actual practical advice that we can take into practice straight away."

"Such an informative presentation and certainly made me understand how my role as a future midwife can be hugely important when supporting families during such difficult times."

We are also expanding our university audiences beyond just midwifery; for example, at Salford University third year nursing students are now also being invited to Mummy's Star sessions. As we look forward to the 2025-26 academic year, we already have bookings right through to June 2026. We are really pleased to see how universities value the learning opportunities for their students. We are able to earn a small amount of income from session fees for this year, primarily from universities, though we have been affected by budget cuts at many institutions and continue to fundraise through our charitable trust and corporate supporters to make this work possible.

Our experience shows that making contacts and building trusted relationships are some of the most reliable leads to further opportunities for sharing the programme's messages to new audiences. We will continue with our approach to promote and

Mummy's Star Trustees' Report For The Year Ended 31 March 2025

talk about our training sessions and awareness campaigns on our website, social media and in conversations with stakeholders and partners. Around 60% of invitations for training sessions come from healthcare professionals who have heard Pete speak at a conference or other event, and can see the benefit for their students or colleagues.

We also create a database of all our contacts and map where they are geographically. This enables us to target areas of the UK which have not yet been covered. We use our existing networks of contacts to also seek introductions to relevant institutions or health networks in these target areas.

Achievements and performance: Awareness raising

Our Cancer and Pregnancy Awareness Week campaign for 2024 was 'Be Body Aware' highlighting the key cancer symptoms which can be masked by or mistaken for expected physical and mental changes during pregnancy and post-partum. We also shared tips and tricks about staying connected to your body and what's 'normal' so that pregnant and recently pregnant people could spot changes sooner. We involved one of our Star Mums, who is also a GP, in message-testing to help us ensure that the content was accurate and realistic.

The campaign consisted of:

- Daily infographics shared on social media
- A dedicated webpage
- A free webinar on 'Connecting to your body' with Sam Reynolds (Post Natal Doula)
- A downloadable booklet of tips to stay body aware whilst pregnant or post-natal
- We also shared videos of 4 mums' stories which highlighted the importance of spotting symptoms and sharing them as soon as possible.

Our internal aims were to:

- host our first campaign with a proactive message that encouraged action
- reach more pregnant and recently pregnant people who aren't currently impacted by cancer
- increase awareness of symptom masking

Key messages included:

- the risk of symptom masking
- most likely symptoms to be masked by or mistaken for pregnancy related changes
- the importance of raising concerns with healthcare professionals if any change feels 'wrong' or worries you

The campaign received great reach and engagement on social media including >100% increase on Instagram and LinkedIn and >200% increase on X.

We had our content shared by numerous strategic organisations, including the Chief Midwifery Officer for England, the Maternity and Neonates Clinical Patient Safety Lead for NHS England, and the Ockenden Review. Our second annual campaign, Health Professionals Awareness Week (HPAW) did not happen in this financial year as planned. The theme and plans centred around collaboration with other organisations, which required more lead in time to engage with additional parties. This campaign was then planned, ready to go live in May 2025.

Social media and website

Social media continues to be the main way we reach and engage with our followers and supporters. It also continues to be an effective way of building our network of healthcare professionals and other charities and organisations, who we can support and signpost to respectively. Our Healthcare Professionals Newsletter continues to grow since its inception last year, with over 300 subscribers.

Our audiences continue to grow steadily across all channels, with a total follower audience of approximately 28,000.

We saw a particular increase across reach and engagement from September 2024 onward. This coincides with work done to clarify our audience identities and become even more specific on the kinds of content we share to each platform. While this has led to an overall reduction in the number of posts shared in total, the posts we do share are more specifically tailored – in type and time posted – to maximise impact on each platform.

We have also seen an improvement in engagement since starting to use more video content, specifically from our Ask The Expert sessions. Our Mums' stories continue to perform best of all the content we create.

During the year we made lots of improvements to our website, especially our referral and contact forms and the Support pages, to make it easier for people to get in touch and access the support they need.

Mums' stories

We shared 10 Mums' stories this year. Our most popular stories this year included Kelly's story of secondary breast cancer, viewed over 10,000 times, including during Cancer and Pregnancy Awareness Week campaign, and Sophie's story of Non-Hodgkin Lymphoma, which was viewed over 3,000 times.

Mummy's Star Trustees' Report For The Year Ended 31 March 2025

Collaborations/events

Pete and Keli attended Women's Voices in early March, an event hosted by Media Trust. They were invited, as one of 15 charities who support women and girls, to be matched with a team of volunteers from the media sector, to receive mentoring on an upcoming campaign. This was a fantastic day with lots of really valuable input and an opportunity at the end to speak to over 100 attendees about Mummy's Star, what we do and why it matters.

Financial Review

Financial Position

Expenditure summary 2024/2025

Funds continue to be spent in line with the charity's objectives and used effectively to provide the different elements of support offered to families. Expenditure was fairly consistent throughout the year, apart from an additional member of staff joining the support team in September 2024 to help meet growing demand for our services.

Regarding our support grants, we continued with our revised policy from 2022-23 of paying grants of £250 to families. This has meant we have been able to offer support to everyone who has needed it and kept the programme sustainable for future years. If we are in a financial position to increase the grant amount the Trustees will revisit this decision.

Income summary 2024/2025

The charity continues to focus on attracting income from a diverse range of income sources, to ensure sustainability and that it is not reliant on any one source of income. Mummy's Star was fortunate to receive income from grant-giving trusts, individuals, corporates and community groups, training delivery, as well as from charity-led fundraising activities.

Trading

The charity trades Mummy's Star branded items such as t-shirts, running vests, hooded tops for adults and children as well as pin badges and wristbands. These items are sold via the shop on our website and some merchandise is given to fundraisers free of charge to increase brand awareness as they fundraise.

Reserves Policy

Our current reserves policy is to hold 6 months' running costs. This is to ensure that, if the charity had to wind down, women and birthing parents already in contact would be able to access support as they go through treatment, which typically lasts 4-6 months. This is reviewed regularly by Trustees. At the end of March 2025, the unrestricted funds available to the charity totalled £271,434.

Thank you

We are very privileged to benefit from the fundraising activities of many hundreds of people across the UK and Ireland, some of whom have been supported themselves by Mummy's Star, some fundraising in memory of loved ones, or others simply passionate about making a difference in the lives of families affected by cancer in and around pregnancy.

To each and every person who has donated, supported, or started a conversation about Mummy's Star with others - thank you.

Looking forward to 2025/2026

Over the past year, we've been fortunate to receive new grants as well as renewed support from our existing funders. At the same time, we recognise that fundraising is challenging, with more charities competing for limited resources.

Our Trustees review the charity's finances regularly at Board meetings, monitoring risks and making sure we're prepared for changes in income. By carefully managing our budget, we're able to plan with confidence.

As we look to 2025/2026, we are aware that some of our grants will be coming to an end, and renewing this support is a key priority for the Board. Thanks to clear planning and the commitment of our generous community of supporters, we are confident the charity will continue to grow. Most importantly, this means mums and birthing parents will keep receiving the support they need, without interruption.

Structure, Governance and Management

Governing Document

Mummy's Star is a company limited by guarantee and it is also a Charity registered with the Charity Commission of England and Wales, as well as being registered in Scotland (SC046449) and Ireland (20106812). It is governed by its Articles of Association which were updated in February 2020. There are currently 7 members of the company, each of whom agrees to contribute up to £10 in the event of the charity winding up.

Trustee Selection Methods

Where vacancies arise on the Board of Trustees or an expansion of the Board is required, new trustees are recruited through a mix of public advertising and direct approach by existing trustees.

Mummy's Star Trustees' Report For The Year Ended 31 March 2025

During the recruitment process, potential trustees are made aware of the role requirements including the time and skills required, and the nature of what being a trustee means in full and in line with guidance provided by both the Charities Commission and NCVO. The officer roles of the Board are elected at the AGM for a 3-year term in office.

When new trustees join the Board, they are given induction material including a history of Mummy's Star and its work, a copy of its accounts, and key internal documents. Once appointed, trustees continue to receive training during trustee meetings and their contribution is reviewed by the Chair of Trustees.

Additional information

Accommodation

The charity presently has no accommodation assets.

New equipment and consumables

New equipment and consumables to enable the charity to carry out its work will be purchased as necessary, but Mummy's Star will always seek to attain value for money.

Risk management

Each year, a risk register is developed by the Board of Trustees. This is reviewed on a regular basis in order to keep up to date with any changing internal or external risks to the Charity and its successful operation. The Board ensure that the charity has established policies, systems, and procedures to mitigate risks identified in its reviews.

Safeguarding

Safeguarding is essential to the safe and effective running of Mummy's Star. The safeguarding policy is reviewed annually by the Board of Trustees. Ongoing training is regularly undertaken by all team members and trustees in a variety of subjects, including safeguarding training for vulnerable people and suicide prevention training.

All staff and trustees are appointed following a pre-agreed recruitment process, which includes proving they have the skills and experience to successfully work with vulnerable people.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Mummy's Star for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statement unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing the financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at anytime the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:

Mr Peter Wallroth

Trustee

14/10/2025

Mummy's Star
Independent Examiner's Report to the Trustees of Mummy's Star
For The Year Ended 31 March 2025

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Chartered Institute of Management Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Rachel Eden FCMA
19/10/2025
Curious Lounge
Reading
Berkshire
RG11NH

Mummy's Star
Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	238,388	120,732	359,120	367,714
Other trading activities	4	-	-	-	10,000
Investments	5	1,119	-	1,119	673
		239,507	120,732	360,239	378,387
EXPENDITURE ON:					
Raising funds	6	(3,452)	1	(3,451)	(75,957)
Charitable activities:	6				
Charitable Activities		(194,215)	(124,332)	(318,547)	(228,331)
		(197,667)	(124,331)	(321,998)	(304,288)
NET INCOME		41,840	(3,599)	38,241	74,099
NET MOVEMENT IN FUNDS		41,840	(3,599)	38,241	74,099
RECONCILIATION OF FUNDS:					
Total funds brought forward		229,594	23,174	252,768	178,670
TOTAL FUNDS CARRIED FORWARD	15	271,434	19,575	291,009	252,769

The notes on pages 14 to 18 form part of these financial statements.

Mummy's Star
Comparative Statement of Financial Activities (including Income and Expenditure
Account)
For The Year Ended 31 March 2025

		Unrestricted funds	Restricted funds	2024 Total funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	273,206	94,508	367,714
Other trading activities	4	10,000	-	10,000
Investments	5	673	-	673
		<u>283,879</u>	<u>94,508</u>	<u>378,387</u>
EXPENDITURE ON:				
Raising funds	6	(75,957)	-	(75,957)
Charitable activities:	6			
Charitable Activities		(151,336)	(76,995)	(228,331)
		<u>(227,293)</u>	<u>(76,995)</u>	<u>(304,288)</u>
NET INCOME		56,586	17,513	74,099
NET MOVEMENT IN FUNDS		56,586	17,513	74,099
RECONCILIATION OF FUNDS:				
Total funds brought forward		173,009	5,661	178,670
TOTAL FUNDS CARRIED FORWARD	15	<u>229,595</u>	<u>23,174</u>	<u>252,769</u>

The notes on pages 14 to 18 form part of these financial statements.

**Mummy's Star
Balance Sheet
As At 31 March 2025**

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
CURRENT ASSETS					
Debtors	12	4,007	-	4,007	6,336
Cash at bank and in hand		272,748	19,574	292,322	247,359
		276,755	19,574	296,329	253,695
Creditors: Amounts Falling Due Within One Year	13	(5,321)	1	(5,320)	(926)
NET CURRENT ASSETS (LIABILITIES)		271,434	19,575	291,009	252,769
TOTAL ASSETS LESS CURRENT LIABILITIES		271,434	19,575	291,009	252,769
NET ASSETS		271,434	19,575	291,009	252,769
FUNDS OF THE CHARITY					
Restricted Funds				19,575	23,174
Unrestricted Funds				271,434	229,595
TOTAL FUNDS	15			291,009	252,769

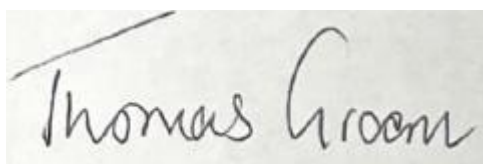
For the year ending 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board



Mr Thomas Groom

Trustee
14/10/2025

The notes on pages 14 to 18 form part of these financial statements.

Mummy's Star

Notes to the Financial Statements

For The Year Ended 31 March 2025

1. General Information

Mummy's Star is a company limited by guarantee, incorporated in England & Wales, registered number 08548961 and registered charity number 1152808. The registered office is .

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

2.2. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	2025		
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Donations and gifts	163,342	-	163,342
Grants	75,046	120,732	195,778
	238,388	120,732	359,120

	2024		
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Donations and gifts	273,206	94,508	367,714
Grants	-	-	-
	273,206	94,508	367,714

4. Income from Other Trading Activities

	2025	2024
	Unrestricted funds	Unrestricted funds
	£	£
Income from other trading activities	-	10,000

5. Investment Income

	2025	2024
	Unrestricted funds	Unrestricted funds
	£	£
Interest on short-term deposits	1,119	673

Mummy's Star
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

6. Analysis of Expenditure

	2025		
	Activities undertaken directly	Grant funding of activities (see note 7)	Support costs (see note 8)
	£	£	£
Raising funds	3,451	-	-
Charitable Activities	27,829	28,474	262,244
	31,280	28,474	262,244

	2024		
	Activities undertaken directly	Grant funding of activities (see note 7)	Support costs (see note 8)
	£	£	£
Raising funds	75,957	-	-
Charitable Activities	58,838	34,687	134,806
	134,795	34,687	134,806

7. Grants Payable

	2025	2024
	Grants to Individuals	Grants to Individuals
	£	£
Charitable Activities	28,474	34,687

8. Support Costs

	2025
	Charitable Activities
	£
Employee costs	233,426
Premises expenses	165
General administration	26,686
Interest payable	1,967
	262,244
	2024
	Charitable Activities
	£
Employee costs	107,391
General administration	25,953
Interest payable	1,462
	134,806

Mummy's Star
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

9. Independent Examiner's Remuneration

	2025	2024
	£	£
Independent examination of the financial statements	612	927
Other assurance services	-	-
Tax advisory services	-	-
Other financial services	828	-
	<u>1,440</u>	<u>927</u>

Other financial services constituted the preparation of the accounts prior to examination

10. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	226,350	159,606
Social security costs	13,219	6,201
Other pension costs	3,088	11,129
	<u>242,657</u>	<u>176,936</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

11. Average Number of Employees

Average number of employees during the year was: 8 (2024: 8)

12. Debtors

	2025	2024
	£	£
Due within one year		
Prepayments and accrued income	<u>4,007</u>	<u>6,336</u>

13. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade creditors	1	(1)
Other taxes and social security	3,295	-
Net wages	1,196	-
Accruals	828	927
	<u>5,320</u>	<u>926</u>

14. Pension Commitments

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund.

During the year the charge to the statement of financial activities in respect of defined contribution schemes was £3,088 (2024: £11,129).

At the balance sheet date contributions of £NIL were due to the fund and are included in creditors.

Mummy's Star
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

15. Movement in Funds

	As at 1 April 2024	Income	Expenditure	As at 31 March 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	173,610	239,507	(196,548)	216,569
Designated:				
Operational Continuity	50,000	-	-	50,000
Bereavement/memory making	5,984	-	(1,119)	4,865
	55,984	-	(1,119)	54,865
Total unrestricted funds	229,594	239,507	(197,667)	271,434
Restricted funds				
Training and Education	23,174	15,000	(24,501)	13,673
Emotional Support - Lottery	-	49,232	(49,232)	-
Bereavement and Memory making - restricted	-	11,500	(11,500)	-
Emotional Support - restricted	-	45,000	(39,098)	5,902
Total restricted funds	23,174	120,732	(124,331)	19,575
Total funds	252,768	360,239	(321,998)	291,009

	As at 1 April 2023	Income	Expenditure	As at 31 March 2024
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	107,095	283,879	(217,363)	173,611
Designated:				
Operational Continuity	50,000	-	-	50,000
Bereavement/memory making	9,385	-	(3,401)	5,984
Small Grants Programme	6,529	-	(6,529)	-
	65,914	-	(9,930)	55,984
Total unrestricted funds	173,009	283,879	(227,293)	229,595
Restricted funds				
Training and Education	-	53,205	(30,031)	23,174

...CONTINUED

Mummy's Star
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

Bereavement and Memory making - restricted	5,047	-	(5,047)	-
Emotional Support - restricted	614	41,303	(41,917)	-
Total restricted funds	5,661	94,508	(76,995)	23,174
Total funds	178,670	378,387	(304,288)	252,769

16. Transactions with Trustees

The following trustees have been paid remuneration or have received other benefits from the charity or related entity:

Name of trustee	Legal authority	Remuneration	Pension Contributions	2025 Total
		£	£	£
Mr Peter Wallroth	Governing document provision	43,147	2,157	45,304

During the previous year the following trustees have been paid remuneration or have received other benefits from the charity or a related entity:

Name of trustee	Legal authority	Remuneration	2024 Total
		£	£
Mr Peter Wallroth	Governing document provision	45,351	45,351

No trustee expenses have been incurred.

17. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure, except for those disclosed in the Transactions with Trustees note.

18. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.