

Disability Advice Service (East Suffolk)

Registered Charity, No: 1152772

Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31 December 2024



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Reference and Administration Details

Name & Registration

The Disability Advice Service (East Suffolk), or "DAS" for short, is a Charitable Incorporated Organisation, registration no: 1152772, registered with the Charity Commission on 08 July 2013. We are registered with HM Revenue & Customs.

Address

14 The Square, Martlesham Heath, Suffolk, IP5 3SL

e-mail: advice@daseastsuffolk.org www.daseastsuffolk.org

telephone: 01394 387070

website: www.daseastsuffolk.org

Names of the Trustees Who Manage the Charity

	Role	Appointed	Resigned
Graham Walker	Chair	29 November 2022	
Rod Gibson	Secretary	26 January 2023	6 June 2024
Robin Stroud	Treasurer	25 January 2022	
Claire Hindmarsh	Trustee	29 September 2023	
Gary Morgan	Trustee	23 November 2023	
Joanne Stroud	Secretary	April 2024	
Sarah Arch	Trustee	June 2024	
Joseph Attah	Trustee	December 2024	

Names of Senior Members of Staff

Steve Race, Manager

Bank

Lloyds Bank, 8 The Thoroughfare, Woodbridge, Suffolk, IP12 1AF

Structure, Governance & Management

Type of Governing Document

The charity's constitution is based on the Charity Commission's Foundation Model for Charitable Incorporated Organisations, where the trustees are the only members of the charity.

Charitable Object

As defined in Disability Advice Service (East Suffolk)'s constitution (governing document):

The charity's object is: The relief of children and adults with disabilities and their carers in East Suffolk and nearby areas.

Trustee Selection Methods

There must be at least three charity trustees. The maximum number of trustees is 12.

In accordance with the constitution, trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the Management Committee.

Activities

Statutory Declaration

The trustees of DAS confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

Achievements & Performance

Chairman's Report 2024

Outputs and Outcomes for the Charity's Beneficiaries

The DAS mission is: "To enable those who live with disabilities to gain the same rights and quality of life opportunities as others."

We provide practical solutions to tackle the short and long-term financial issues underlying or worsening the well-being of our beneficiaries who live in Ipswich and rural East Suffolk. We support children, adults and their carers, who have a disability related problem, with free, independent advice on:

- which benefits individuals are eligible for and how to apply for them
- help with the arduous form filling for: Attendance Allowance, Disability Living Allowance, Income Support, Personal Independence Payments and Universal Credit
- advocacy in challenging DWP decisions and representation at tribunal appeals
- blue parking badges and RADAR keys
- care after discharge from hospital
- council tax, energy and water rates relief schemes
- Industrial Injuries Disablement Benefit and Victims of Crime compensation
- Pension Credit

We also signpost on many other matters such as housing rights; adaptations to the home; accessible transport and leisure; and the Local Welfare Assistance Scheme.

	2023	2024
Clients engaged	2,242	2,316
Enquiries received	14,857	13,670
Appeals representations	44	27
Success rate on appeals	98%	100%
Benefit Gain (Year One)	£2,337,410	£2,930,227
Benefit Gain (Full)*	£7,339,467	£9,171,610
Crisis clients	185	153
Listening Service contacts	614	309
Subsistence grants and food parcels to individuals	£6,286	£3,600

* Some benefits have longevity beyond the first year and the full benefit calculation accounts for this.

As shown in the table above, in 2024 the clients we helped increased by 3.3% compared to the year before, whilst enquiries fell by 8.7%. Work content per client, however, rose as case complexity escalated. A majority of clients now have a crisis element to their enquiry and we are also finding the majority are reporting multiple health issues which in the main are untreated. Due to the way we triage our calls into DAS we are seeing fewer face to face clients but they are tending to be much more complex cases which take longer to resolve.

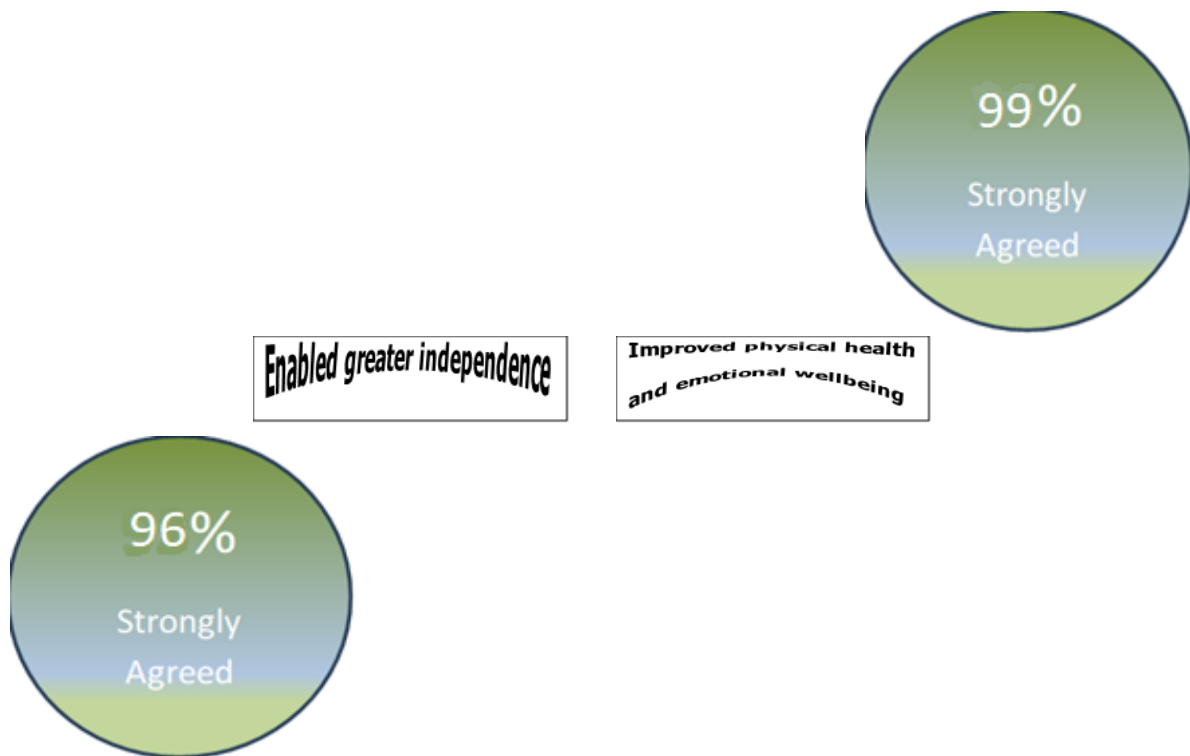
Integral to the operation is a busy Crisis Intervention Service that has helped 1,079 clients in the five years it has been running. These are clients in the most difficult of circumstances and invariably suffering from mental ill-health, some severely so. Numbers were lower than the previous year at the peak impact of the cost-of-living crisis but remained more higher than pre-pandemic levels. The availability of hardship funds from the government's Household Support Fund was also much lower due to the fund being closed for part of the year in the lead up to the General election. However this situation was eased, to some extent, by an increase in funding availability to be spent between mid February 2025 and 31st March 2025 of which DAS were awarded £5,000. This will be reported in the 2025 accounts.

On appeals, we won all cases. Over the past five years we have advocated and won for our clients in 246 out of 247 cases.

Benefit Gain was somewhat lower than the previous year but over the last five years our clients have received a total of £12,357,003 in the first year of their award (which translates to over £36 million when taking into account the whole term of the award).

This means that every £1 granted/donated to DAS is multiplied by more than 10 times into financial improvement for our beneficiaries, or 30 times when considering the full length of their award. Our Listening Service, established five years ago, during the pandemic, has had 4,181 interactions with non-active clients in that time. Many of them live in rural isolation and our calls bring some unexpected light relief to their circumstances. As during last year we would have wished to make more contacts, however this has not been possible due to the difficulty we have experienced, like many third sector organisations, in recruiting and retaining the volunteers who operate our telephones.

In addition to the financial improvements enumerated, our clients also benefit from an uplift in their well-being as a result of their interaction with the service. We measure this through our *Questions of Future Well-Being Survey*, this is focused on two key areas: "Improved physical health and emotional wellbeing" and "Enabled greater independence". In both cases the results are overwhelmingly positive:



One Trustee resigned during the year, following a four-year term. Our strategy to diversify the Management Committee in terms of age and gender has delivered, with three Trustees appointed during the year who both have highly relevant lived experience they can bring to bear in helping to take the charity forward.

Our strategic projects continue to be progressed in accordance with our annually updated Business Plan and Fundraising Strategy. Our operational priorities for the coming year continue to be:

- Outreach: Bringing the service closer to our communities by establishing triage outreach Partnerships: Building on our success in engaging with “hard to reach” groups e.g. ex-offenders and LGBTQ+, where feasible developing into e.g. ethnic minority groups, refugees and food bank users, and capitalising on our efforts to get closer to NHS agencies. During the last year we’ve established permanent contact with, amongst others: Orford based NHS Peninsular Practice Patient Participation Group; Sizewell C; Leiston with Sizewell Benefice.
- Centres in appropriate locations; pursuing opportunities to extend our geographic reach to areas not well provided for. Over the last year we have established services in Felixstowe, Leiston and Ipswich at a minimum of twice monthly.
- Awareness: Building on the progress made to get our message out through a better social media presence; increasing our leadership presence on networks and developing partnerships; and using non-digital forms of communication via parish councils, benefice organisations, town magazines and targeted leafleting. Over the past year we have redesigned our website to make it more customer focussed; Continued to regularly post information on social media platforms; Ensured publication of case studies and adverts across a range of local area magazines.

- Clients and Operational Excellence: Building on our advice accreditation success by encouraging staff and volunteers to obtain recognised individual qualifications for the work they do; exploiting our IT investment in digitising all remaining processes to become as close as possible to a paperless office; and adding to the expression of our positive impact on our beneficiaries' well-being by introducing further industry standard qualitative measures. For the latter we have been using the Warwick Edinburgh measure since March 2024, with 84 clients agreeing to complete the survey and 49 clients so far completing a follow up survey. The second survey demonstrates a positive "well-being" increase of approximately 11.8%.

Additionally, with the help of consultation funded by Lloyds Bank Foundation, we have begun the development of Disability Awareness training, which we will target towards organisations across our catchment area. As well as improving attitudes towards employing people with disabilities we anticipate increased awareness of our service, and attract additional income.

How the Public Have Benefitted



The charity has a preference for providing paid work and volunteering opportunities to the disabled community. In addition to beneficial impact of our work directly on our clients, the service also benefits other related groups indirectly as illustrated in the chart below:

Contributing to Activities Run by Other Organisations

The charity provides a gateway assessment service for other organisations that provide hardship funds for crisis intervention and poverty relief.

Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

Manager's Report 2024

Monthly Stats comparison between 2023 and 2024

	2023	2024	Difference
Total No of Clients	2242	2316	+24 in 2024
Total No of new Clients	996	938	-28 on 2023
Appeals concluded	44	27	All won
Appeals won	43	27	All won
Benefit Gain	£2,337,410	£2,578,309	+£240,899
Benefit Gain from Appeals	£330,202	£282,150	-£48,052
Pensions Credit Benefit Gain	£12,610	£73,393	+£60,783

Some points to highlight regarding the difference between 2023 and 2024.

The Total no of clients has remained more or less static as have the number of contacts, but in 2023 we had on average 6.6 contacts per client and in 2024 this dropped slightly to 5.9, this year we have been working hard on the triage of clients to try and ensure that clients we see are the ones we can really help and not those that have been told by whoever that they are entitled to some sort of benefit. It should be noted the biggest referral source during 2024 was still Friends and Relatives (130 referrals in 2024). The closest to this was Medical Professionals with 47 referrals.

Benefit Gain

Despite how difficult it is to manage the DWP we have still managed to increase the Benefit Gain to our clients by nearly a quarter of a million pounds in a year, and as many of these awards are over multiple years that figure is amazing for a charity the size of DAS to achieve.

Appeals – we dealt with 17 fewer Appeals in 2024 but there are some caveats to note, we are waiting a lot longer for information to be forthcoming from DWP, e.g. if we ask for a Mandatory Reconsideration the DWP have told us that we can now wait for up to 6 months before receiving a decision and if we subsequently move to go to an Appeal Tribunal we can wait anywhere between 9 and 12 months for a date that might be 6 months ahead of the date of the letter. We have also had a number of appeals during 2024 cancelled either the day before or when we have already arrived at court, we then wait months for a new court date, you would hope cancelled Tribunals would get a priority for a new date, but they don't, this does not take into account the toll it has on the client.

It is also worth mentioning that the appeals are getting more complicated and the bundles a lot larger, over 400 pages for some.

Having mentioned all this we have not lost a Tribunal and the Benefit Gain in 2023 was an average of £7,504 for each client whereas in 2024 this rose to £10,504 per client.

During 2023 we withdrew from 50 cases advising Clients how to pursue their claim should they decide to do so as we were of the opinion, they had no grounds to appeal, whereas in 2024 this rose slightly to 58 cases withdrawn. It should be noted that the same amount of time is spent on each bundle regardless as to whether we pursue an appeal for a client or not. Until you have all the information you cannot make a decision, and the more complicated cases are discussed amongst the Team and opinions sought from the most experienced staff/volunteers.

In the past the time frame from making a PIP claim to Tribunal hearing was 1 year. Now it is 1.5-2 years so completing appeals takes longer. Even if we win before the Tribunal hearing, the time frames for each step of an appeal are so much longer than in the past. The fault lies both with the DWP and Tribunal's part.

People are getting desperate so even if we cannot represent them we do give them the best possible advice so they can pursue their own claim should they wish to do so, the other difficult issue we have had to deal with is people coming to us who were previously being helped by IDAB and after looking at their paperwork we could only advise them how to pursue their existing claim or whether they should consider starting the process again but stressed, it has to be their decision as it could amount to the potential loss of thousands of pounds if they decide to restart the process as any award is backdated to the original application date.

The Benefit Gain per client in 2023 was £1,189 and in 2024 this rose slightly to £1,2352 per client.

IDAB knock on effect.

IP1 – IP4 The number of clients we are helping from these postcodes has been steadily rising over the last 3 years with a bigger jump during 2024 when at about the halfway mark IDAB closed its service.

2022 we helped 427 clients

2023 we helped 464 clients

2024 this increased to 568, just short of the 600 + we predicted.

Following a meeting between Graham, myself and Michael Attwood of SCC we managed to secure an additional £5,000 to help fund us to the end of March 2025 when hopefully we can lobby for a larger overall sum for 2025/26.

We have also been awarded by Ropes Trust £20,00 a year for two years, this is made up of the normal £12,000 we received for help with costs but the additional £8,000 per year to help with Outreach in taking up the slack in Ipswich following the closure of IDAB.

Customer Feedback

Here are just a few of the many positive comments we received from Clients on the feedback forms.

An extraordinary, professional and compassionate service. Carrie was so lovely; all the staff were.

Judith has been wonderful. Friendly and helpful.

Very professional and courteous.

Judith has been very helpful - thank you.

Thank you so much for your support, it means a lot.

Very helpful and caring.

Excellent service, Thank you.

Thank you so much for your support.

Would be lost without this service.

These comments illustrate how much the staff, volunteers and DAS is appreciated.

Staffing

We currently have 12 paid members of staff, We lost Colin Cook few months back as he had decided to work full time at the prison where he teaches, he was a valued member of staff. We have managed to allocate some of his hours to Dorothy Brace and recruited a new member of staff who starts on January 13th. I should also mention Dorothy will be going on maternity leave in May 2025 as she will be expecting her second child, congratulations to her and her family.

We have 10 volunteers currently with vacancies for another 4, recruiting volunteers has been difficult in the last 18 months and I don't see it getting any easier. Staff retention continues to remain high and in Colin, he went back to what was his first passion- teaching.

We have added a section on the feedback form asking if they would like to volunteer with us but no positive results yet.

Increased traffic from the new website.

Outreach

Currently we have Outreach at:

The Grove - 1st Tuesday and 3rd Thursday of each month 10am-2pm

Felixstowe library - Last Wednesday of each month 10am-2pm

Leiston Hub - Last Thursday of each month 10am-1.30pm

Steamhouse cafe- 1st and 2nd Thursday of each month 11.30am-2pm

The Live Well Centre in Leiston – Once a month on a Wednesday, we have a stand at reception.

Chinwags - as a when (will be once a month at Aldeburgh, Saxmundham, Woodbridge)

On the feedback sheets we are now beginning to see Outreach appear as a referral source.

I am also getting very positive feedback about Jade, our Outreach staff member.

Challenges

I think the next 12 months will be just as hard as the last 12 months but we have the right staff and volunteers in place to maintain our position and reputation within the community. Whilst it was disappointing not to get the bid from Sizewell C, especially bearing in mind how they pushed us to apply, they are encouraging us to apply again so it is worth considering.

Expanding Outreach into Ipswich will be a priority and even though we have had funding from Ropes Trust IBC is worth pursuing, I just need some sort of consistent strategy from them.

The DWP will continue be a challenge and I don't see things improving bearing in mind the current governments stance on saving money but we will continue doing what we have been doing and do what we can to help our clients through the process which is becoming more about managing expectations.

Finally, we are forty this year, what a fantastic achievement, I wonder if we could find any of the original DAS personnel and invite them to our celebration?

DAS Monthly Data		December 2024	FINAL totals for 2024
Total Clients this year:			2316
<i>running total of individuals - each counted only once no matter how often they have attended</i>			
CLIENTS			
Number of clients NEW to DAS this month		27	938
Number of clients		268	4,812
Number of contacts with clients		585	13,670
Staff hours worked		448	
Volunteer hours		112	
Number of contacts dealt with per hour:		1.0	
APPEALS			
<i>no. of appeals concluded</i>		3	27
<i>no. of appeals won</i>		3	27
<i>appeals won prior to tribunal</i>		2	20
<i>appeals won at tribunal</i>		1	7
<i>% of appeals won</i>		100%	100%
BENEFIT GAIN For December		£181,293	£2,578,309
Total of BG won at appeal		£29,583	£282,150
CRISIS WORK			
Clients in crisis		11	153
Cash grants total to crisis clients		£0	£3,600

<i>Food parcels & vouchers - FIND (£80) + vouchers</i>		£0
ENERGY SUPPORT		
Clients in need	0	16
<i>Number of contacts with clients</i>	<i>0</i>	<i>36</i>
<i>Value of grants awarded to clients</i>	<i>£0</i>	<i>£0</i>
PENSION CREDIT SERVICE		
Number of clients	0	126
<i>Number of contacts with clients</i>	<i>0</i>	<i>225</i>
Benefit Gain of PC - running total	£11,343	£73,393
LISTENING SERVICE		
Number of clients	16	258
<i>Number of contacts with clients</i>	17	309
<i>Referrals into DAS from Listening Service</i>	<i>0</i>	<i>0</i>
<i>Referrals to other orgs from Listening Service</i>	<i>0</i>	<i>72</i>

DAS - Average monthly figures 2024

	Total Clients	Total Contacts	Working days in the month	Avg daily no. of clients	Avg daily no. of contacts	No. of contacts per hour	Total staff+vol hours
January	406	1257	18	23	70	2.2	560
February	434	1240	17	26	73	2.2	560
March	394	1199	16	25	75	2.1	560
April	381	1190	16	24	74	2.1	560
May	439	1267	18	24	70	2.3	570
June	363	1025	16	26	64	1.8	570
July	408	1216	19	21	64	2.2	560
August	442	1031	16	28	64	1.8	560
September	445	1204	17	26	71	2.2	560
October	440	1435	19	23	76	2.6	560
November	390	1021	16	24	64	1.8	560
December	268	585	12	22	49	1.0	336

Service Stats 2019 - 2024

		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Total clients in year*	Total contacts*
Clients	2025														
<i>contacts</i>															
Clients	2024	406	434	394	381	439	363	408	444	445	440	390	268	4,812	
<i>Contacts</i>		1,257	1,240	1,199	1,190	1,267	1,025	1,216	1,031	1,185	1,435	1,021	585		13,651
clients	2023	449	468	451	379	473	391	434	445	397	420	401	244	4,952	
<i>contacts</i>		1,538	1,345	1,452	1,055	1,188	1,355	1,413	1,442	1,052	1,172	1,226	619		14,857
clients	2022	350	390	436	478	517	440	432	415	421	453	458	343	5,133	15,588
<i>contacts</i>		963	1,167	1,498	1,328	1,566	1,330	1,337	1,393	1,491	1,224	1,414	877		
clients	2021	149	118	193	146	194	232	204	195	247	179	237	264	2,358	7,589
<i>contacts</i>		422	321	604	573	517	815	694	627	817	645	822	732		
clients		307	271	182	85	136	214	163	143	270	203	229	158	2,361	4,581

contacts	2020	460	676	380	132	213	317	413	338	455	410	437	350		
clients	2019	288	245	214	221	246	283	309	268	256	239	243	148	2960	5141
contacts		512	446	376	437	406	429	537	462	440	354	460	282		

Contributing to Activities Run by Other Organisations

The charity provides a gateway assessment service for other organisations that provide hardship funds for crisis intervention and poverty relief.

Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

Financial Review

Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

Financial Reserves Policy

The Charity's policy on reserves is determined by Charity Commission guidance in that having no fixed assets it maintains an amount of cash which is sufficient to discharge its obligations in the event that the Management Committee deems it necessary to close the charity plus sufficient to ensure continuity of the operations equivalent to 6-12mths operating costs.

Principal Sources of Funding and Outgoings

The principal sources of funding are grants made to the charity by small and large charitable foundations, all levels of local government and individual donations. The charity is a member of the Chartered Institute of Fundraising and adheres to its Code of Conduct.

In compliance with the Charities (Protection and Social Investment) Act 2016 all fundraising is carried out in a safe way which protects the public. We do not cold call or appeal to the public to sign up to long-term giving commitments other than providing options to do so on our website. The charity does not make payments for fundraising activity of any kind and it has never received a complaint related to fundraising activity.

Remuneration of Trustees

All trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by trustees in promoting the purposes of the Charity are reimbursed at cost.

Financial Status

Though modest, the charity's current resources are sufficient to meet its outgoings in accordance with its Financial Reserves Policy and all the indications are that this will remain the case for the foreseeable future.

Total net assets at the end of the financial year were £309,639 representing less than 12 months of operating costs based on our 2024 budget.

Statutory Statements on Liabilities

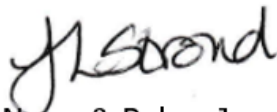
The trustees declare that:

The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement; and

The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO.

Signature

Signed on behalf of the trustees



Name & Role Joanne Stroud
Secretary to the Management Committee

Date: 20th March
2025

Statement of Financial Activity

Independent Examiner's Report on the Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

DISABILITY ADVICE SERVICE (EAST SUFFOLK)

On accounts for the year
ended

31 DECEMBER 2024

Charity no
(if any)

1152772

Set out on pages

1 and 2

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable: ICAEW.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Daniel Jennings

Date:

06/03/2025

Name:

DANIEL JENNINGS

Relevant professional
qualification(s) or body

ACA Membership No. 3924877

IER

1

Oct 2018

Disability Advice Service (East Suffolk)			1152772		
Annual accounts for the period					
01-Jan-24		To	Period end date	31-Dec-24	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	4,301	-	-	4,301	4,564
	S02	-	-	-	-	1,499
	S03	-	-	-	-	-
	S04	16,474	-	-	16,474	9,282
	S05	-	-	-	-	-
	S06	81,801	339,253	-	421,054	344,801
	S07	102,576	339,253	-	441,829	360,146
Charitable activities	S08	-	-	-	-	600
Separate material item of expense	S09	169,931	142,647	-	312,578	286,668
Other		-	-	-	-	-
		-	-	-	-	-
Total	Investments		142,647	-	312,578	287,268
Net income/(expenditure) before investment gains/(losses)	Other		196,606	-	129,251	72,878
Net gains/(losses) on investments	S14	-	-	-	-	-
Total	Resources expended (Note 6)		196,606	-	129,251	72,878
Net income/(expenditure) Extraordinary items		-	-	-	-	-
Expenditure on:						
Transfers between funds	Raising funds		-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	- 67,355	196,606	-	129,251	72,878

Reconciliation of funds:

Total funds brought forward

Total funds carried forward

S21	159,600	150,039	-	309,639
				236,761
S22	92,245	346,645	-	438,890
				309,639

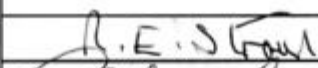

(if any):

Address: 9 Carlisle Avenue
Ipswich Suffolk
IP4 4EB

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

6.2 Balance Sheet		Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	79,172	261,977	-	341,149	263,115
Cash at bank and in hand	(Note 24)	B09	37,325	84,668	-	121,993	46,524
Total current assets		B10	116,497	346,645	-	463,142	309,639
Creditors: amounts falling due within one year							
	(Note 20)	B11	24,252	-	-	24,252	-
Net current assets/(liabilities)		B12	92,245	346,645	-	438,890	309,639
Total assets less current liabilities		B13	92,245	346,645	-	438,890	309,639
Creditors: amounts falling due after one year							
	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	92,245	346,645	-	438,890	309,639
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	346,645	-	346,645	150,039
Unrestricted funds		B19	92,245	-	-	92,245	159,600
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	92,245	346,645	-	438,890	309,639
Signed by one or two trustees on behalf of all the trustees							
			Signature	Print Name		Date of approval dd/mm/yyyy	
				Robin Stroud		06/03/2025	
				Graham Walker		20/3/2025	

Approval of the Board of Trustees

The trustees declare that they have approved the above Annual Report & Statement of Financial Activity.

Signed on behalf of the trustees



Name & Role Joanne Stroud
Secretary to the Management Committee
Date: 20 March 2025

Notes to the Accounts

a) Accounting Policies

The financial statements have been prepared in accordance with the Charities Act 2011 Section 145, using the accruals basis.

b) Cost of Fundraising

No payment was made for costs related to raising funds.

c) Reimbursement of Out-of-Pocket Expenses

Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.

No trustees received any reimbursement of out-of-pocket expenses in the financial year.

d) Salaries & Professional Fees

No trustee receives any payments for the services they provide to the charity.

In the current financial year, the charity employed staff but no paid external contractors.

e) Fixed Assets

The charity has not purchased or disposed of any fixed assets in the current financial year.

f) Creditors & Debtors

Payments for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.

g) Rounding Discrepancies

All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not

being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

h) Grants Received

We are grateful for all donations and grants upon which we are almost entirely dependent to enable us to continue to deliver our services for our beneficiaries and the public benefit. This includes many tier 1&2 councils and councillors, but we are particularly grateful for the grants and other long term support we receive from East Suffolk Council, Suffolk County Council and Ipswich Borough Council. We would also like to acknowledge the great support of the Suffolk Community Foundation and the Rope Trust.

Of the charitable organisations that provided financial support this year the following are recognised below for grants of £1,000 or more for which we are enormously grateful:

Access to Justice £68,111
Bailey Thomas £4,000
Lloyds Foundation £25,000
National Lottery Comm Fund £30,852
Mrs. L D Rope 3rd Char. Set. £32,000
D & J Simpson £3,000
Strangward Trust £1,000
Three Guineas Trust £25,000
Tudor Trust £15,000