

# FRIENDS OF NAVAJEEVANA HEALTHCARE CENTRE

## Annual Report

Year ending 5 April 2023

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the main languages of Sri Lanka

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- 2 The Charity is constituted further to a Trust Deed dated 26 November 2012. The objects of the Charity are:

**The relief of sickness and the preservation of health among  
people residing permanently or temporarily in Sri Lanka.**

- 3 In practical terms, the Charity exists to raise monies in the UK and elsewhere and forward them to the Navajeevana Healthcare Centre in Colombo, Sri Lanka. This is a primary care medical and dental clinic, which received its Certificate of Incorporation under the Companies Act of Sri Lanka on 11 April 1996. It aims to practise, promote and provide compassionate, Christ-centred healthcare to all, with special consideration for the poor and vulnerable, from all ethnic backgrounds. The organisation has a well established health centre in Dehiwela, a suburb of Colombo. This provides facilities for doctors, dentists, nurses and a pharmacist, as well as counselling and other support services. An outstation was set up on the east coast in 2005, following the tsunami disaster in 2004. Sadly, permits for outreaches there were withdrawn. Future outreach ministries remain under active consideration by the Board. In addition, the Trust has been informed that the Board is in the process of establishing a Home Based Palliative Care Service, for which there is very considerable need.
- 4 The first meeting of the Trustees took place in Newcastle upon Tyne on 27 September 2013. Meetings have continued on a regular bi-annual basis, with extraordinary meetings called as required, and specific tasks delegated to Sub-committees. The names of the current Trustees (and details of post-holders for 2022/23) are as follows:  
Mr Tom Smyth (Chairman & Acting Treasurer)  
Mr Graham Garnham (Secretary)  
Dr Nick Lewis-Barned  
Mrs Premini Tissainayagam  
Dr Mohini Wood
- 5 The Trust has a bank account with the Lloyds Bank Group, with sort code 30-93-55 and account no. 53384668.
- 6 The Trustees' regular meetings are normally held in April (the AGM) and October each year. They had to be on Zoom until recently. Minutes are circulated, considered and agreed. Tasks are identified for individual Trustees, to enable the efficient running of the Trust. The requirements of the Charity Commission are regularly reported on, and actioned as appropriate. Other standing agenda items are: a Navajeevana Update (provided by Mrs Tissainayagam); a Financial Update (from the Treasurer); decisions on Utilising Outstanding Funds; Informing and Expanding the Support Base; and Reports needed (typically on matters relating to the Charity Commission, including the review of financial controls). Copies of the minutes can be obtained from the Secretary.
- 7 Regular meetings in 2022/23 were held on 7 April and 20 October 2022 and 30 March 2023. An Extraordinary Meeting was held on 14 June 2022. The June meeting actioned the appointment of Dr Nicholas John Lewis-Barned as a Trustee; gave further attention to our supporter base; and sought a replacement Treasurer. At the regular meetings, the Navajeevana Updates are a vital means of informing the Trust of how past monies have been used; outlining the nature of current needs; and guiding decisions on the amount and timing of future remittances. A regular channel of communication between Mrs Tissainayagam and the Administrator in Dehiwela (Mrs Lekha Fernando) facilitates

this process. Certain donations have been earmarked for specific purposes (e.g., historically, for the ministry in the East), and this restriction is conveyed to the Administrator. Otherwise, the Trustees make suggestions to the Navajeevana Board as to how remittances might be used, to satisfy the objects of the Charity; but in general it is recognised that decisions on specific matters of expenditure are the responsibility of the Board. At the October meeting, the Trustees accepted the resignation of Jason Abdelnoor. Jason was one of the founding trustees, and we are most grateful for his many years of willing, Christ-centred and assiduous service as Treasurer.

- 8 Remittances sent to the Navajeevana Healthcare Centre in 2022/23 comprised £6,800, £7,500 and £ 8,500, sent in April, September and December respectively. We liaise with the Jesmond Trust regarding the timing and amount of remittances sent during the year, to seek to ensure a degree of regularity and predictability in the flow of funding from Navajeevana's two principal overseas donors. This has been especially important during a year when the cost of living has sky-rocketed in Sri Lanka, and staff attraction and retention have become increasingly difficult. An additional sum of £375 was paid in September 2022 to top-up to full payment the first year's fees for Dr Chrishanthi Hoole (a doctor based at the Dehiwela clinic) to undertake a two year course in Family Medicine provided by the International Christian Medical and Dental Association (ICMDA) in collaboration with the Christian Medical College and Hospital at Vellore, India. This was in response to a specific request from Dr Arul Anketell, chair of the Navajeevana Board, and was actioned online by the Trustees in June/July 2022.
- 9 A major priority for the Trustees looking ahead is to widen the support base for the Navajeevana HealthCare Centre, particularly among younger people, and to benefit the service in Sri Lanka through UK Gift Aid provisions. To this end, Nick & Mandy Lewis-Barned very kindly hosted an open meeting of supporters in October 2022, which generated a number of ideas to be pursued further. A number of people who might be interested in supporting Navajeevana have been approached directly, including to represent the Trust to Jesmond Parish Church.
- 10 A Summary Statement of income and payments in 2022/23 is attached to this Report. The following table summarises the income and expenditure of the Trust from inception to the financial year 2022/23.

Chairman: Tom Smyth

Secretary: Graham Garnham, 4 Clifton Terrace, Newcastle upon Tyne, NE12 9NP

### Annual Record of Income and Expenditure from 2013 to present

Year	Balance brought forward	Income for the year		Expenditure for the year		Balance carried forward
		Donations	Gift Aid recovered + other *	Monies sent to Sri Lanka	Transfer fees	
2013/14	nil	14,950.00	nil	3,800.00	nil	11,150.00
2014/15	11,150.00	9,750.00	nil + 800.00*	11,442.00	42.00	10,258.00
2015/16	10,258.00	26,260.00	1,927.00 + 116.00*	16,551.00	42.00	21,968.00
2016/17	21,968.00	11,052.00	1,041.00	27,842.00	84.00	6,135.00
2017/18	6,135.00	20,550.00	1,375.00	22,000.00	42.00	6,018.00
2018/19	6,019.00	15,242.00	1,549.00	10,000.00	42.00	12,757.00
2019/20	12,757.00	14,060.00	2,315.00 + 26.00*	18,500.00	46.00	10,612.00
2020/21	10,612.00	18,451.00	2,265.00	27,200.00	60.00	4,069.00
2021/22	4,069.00	16,520.00	3,241.00	11,650.00	45.00	12,135.00
2022/23	12,135.00	24,145.00	2,866.00	23,175.00	45.00	15,926.00
Totals to 2022/23		170,980.00	17,521.00	172,160.00	448.00	
Annual averages		17,098.00	1,752.10	17,216.00	44.80	

Notes	+ £*	Compensation payments from Lloyds Bank
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## Summary of Accounts for 2022-23

	2022-23	2021-22
<b>Opening Balance 6 April 2022</b>	<b>£12,135</b>	<b>£4,069</b>
<b>Income for 2022-23</b>		
Gift Aid Refund from HMRC	£2,866	£3,242
CAF donation	£0	£30
One-off Gifts	£14,355	£8,275
Regular Gifts	£9,790	£8,215
<b>TOTAL Income for 2022-23</b>	<b><u>£27,011</u></b>	<b><u>£19,761</u></b>
<b>Expenditure for 2022-23</b>		
Overseas Payments	-£22,800	-£11,650
ICMDA Training Cost **	-£375	
Transfer Fees	<u>-£45</u>	<u>-£45</u>
<b>TOTAL Expenditure for 2022-23</b>	<b>-£23,220</b>	<b>-£11,695</b>
<b>Closing Balance 5 April 2023 &amp; 2022</b>	<b>£15,926</b>	<b>£12,135</b>

\*\* Part of further training costs for Dr Chrishanthi Hoole of Navajeevana

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Section A

Independent Examiner's Report

Report to the trustees

Charity Name

FRIENDS OF NAVATEEVANA HEALTHCARE CENTRE

On accounts for the year  
ended

05 APRIL 2023

Charity no  
(if any)

1152710

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 05 / 04 / 2023.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]. Delete [ ] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Matthew Murray

Date:

25/10/2023

Name:

MATTHEW MURRAY

Relevant professional  
qualification(s) or body

ACA (ICAEW)

(if any):

Address:

9 COCHRANE PARK AVENUE, HEATON  
NEWCASTLE-UPON-TYNE  
NE 7 7JU

## Section B

### Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.