

Trustees' Annual Report for the period

Period start date

Period end date

From

01 April 2022

To

31 March 2023

Section A

Reference and administration details

Charity name

Liver4Life

Other names charity is known by

Registered charity number (if any)

1152618

Charity's principal address

Holme Cottage

Croft Road

Neacroft

Postcode

BH23 8JS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Aspinall	Chairperson		
2	Sheila Connolly			
3	Elizabeth Wilson			
4	Alan Williams			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional Information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Richard Hall –Founder

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document

(e.g. trust deed or articles)

Constitution

How the charity is constituted

(e.g. as a company or otherwise)

Charitable Incorporated Organisation

Trustee selection methods

(e.g. via ballot or nomination)

Elected by

Additional governance issues (Optional Information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the health of people, at risk of, or affected by liver conditions, in such ways as the Trustees shall think fit, including the provision of information, advice, and support in detecting, preventing and living with such conditions.

The charity trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit, and have followed this in planning and undertaking our activities.

The charity's aims are to support people affected by liver conditions through the provision of a variety of activities. The main activities undertaken in relation to our objects are:

1. Continued delivery of Auto-immune condition support groups to enable both peers, carers and mentors to develop a better understanding of auto-immune liver conditions and to build closer links within their communities.
2. Signposting other charities, helping organisations and groups which support the needs of service users.
3. Ongoing development of a helpline and website to allow people affected by liver conditions to access relevant information
4. Helpline available 5 days per week with specialist advice and signposting
5. Van work continued, and the van was used for outreach and community support, we continue to work with University Hospital Dorset and Wessex Health Vans for outreach to smaller more rural communities, including Fibroscanning

Summary of the main activities undertaken for the public benefit in relation to these objects (Include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Liver4Life (L4L), which set its initial goals as providing a free-phone helpline and developing information to help the recently diagnosed and those affected by liver conditions has continued to grow and develop. Continue to support 4 patient support groups

The L4L van was a valuable asset in reaching communities during the continued lockdowns. We used the van to support patients who were vulnerable and shielding. Working with UHD to provide outreach into smaller rural communities, and we are planning outreach to homeless and at risk groups across the South of England.

We are also working hard to build our social media profile.

The management team continue to create a strong brand and excellent awareness to ensure L4L is identified as a very successful national liver charity. Clear goals and targets have been developed jointly with the trustees and the management team, and with the implementation of these strategies, L4L will continue to grow and continue to be a key influencer with the liver community.

The charities income was undermined again this year, but continued to deliver on all services including the helpline and patient support groups. The CO-Founders continue to strive to ensure all services are delivered at all times.

Section E Financial review

Brief statement of the charity's policy on reserves

The Trustees of Liver4Life believe that the charity should hold financial reserves (the "Emergency Operating Reserve" - EOR) because

- i. it has no endowment funding and is entirely dependent for income upon donor funding from year to year which is inevitably subject to fluctuation and
- ii. it requires protection against, and the ability to continue operating despite, catastrophic or lesser but damaging events

The trustees believe that the minimum level of the EOR should be the equivalent of six months' operating costs calculated and reviewed annually and believe that the EOR should be built up to the desired level in stages consistent with the charity's overall financial position and its need to maintain and develop its charitable activities.

Details of any funds materially in deficit

N/A

Further financial review details (Optional Information)

You **may choose** to include additional information, where relevant about:

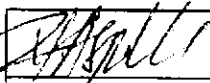

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Richard Aspinall	Alan Williams
Position (eg Secretary, Chair, etc)	Chair of Trustees	Trustee
Date	08/01/24	



Liver4Life		1152618		CC16a
Receipts and payments accounts				
For the period from	01/04/2022	To	31/03/2023	

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Income	11,126	-	-	11,126	16,445
Friends of Liver Lifeline	-	2	-	2	2
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	11,126	2	-	11,128	16,447
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,126	2	-	11,128	16,447
A3 Payments					
Not2Sexy - Project	-	-	-	-	-
Office Equipment/Stationery	-	-	-	-	348
Van and Travel Expenses	11,609	1,879	-	13,488	4,130
Patient Support	-	-	-	-	3,868
Membership	-	-	-	-	-
I'm Worth It	-	-	-	-	-
Helpline	6,026	-	-	6,026	12,055
Optimising Hep C Support - Project	-	-	-	-	-
Fibros can	-	-	-	-	1,050
Fundraising	-	-	-	-	429
Sub total	17,635	1,879	-	19,514	21,698
A4 Asset and Investment purchases, (see table)					
Medical Equipment	-	-	-	-	-
Testing Van	-	-	-	-	10,400
Sub total	-	-	-	-	10,400
Total payments	17,635	1,879	-	19,514	32,298
Net of receipts/(payments)	- 6,509	- 1,877	-	- 8,386	- 15,851
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,475	2,123	-	12,598	10,475
Cash funds this year end	3,966	246	-	4,212	5,376

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Accounts	2,565	-	-
	CAF Cash	-	-	-
	HCPC	-	-	-
	CAF Gold - FOLL	-	246	-
	Total cash funds	2,565	246	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets

Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-


B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name R. ASPINALL	Date of approval 09/01/24
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