

# Trustees' Annual Report for the period

Period start date		Period end date	
From	01 April 2021	To	31 March 2022

## Section A Reference and administration details

Charity name

Liver4Life

Other names charity is known by

Registered charity number (if any)

1152618

Charity's principal address

Holme Cottage

Croft Road

Neacroft

Postcode

BH23 8JS

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Aspinall	Chairperson		
2	Sheila Connolly			
3	Elizabeth Wilson			
4	Alan Williams			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The charity trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit, and have followed this in planning and undertaking our activities.

The charity's aims are to support people affected by liver conditions through the provision of a variety of activities. The main activities undertaken in relation to our objects are:

1. Continued delivery of 'Optimising Hep C Support' campaign to raise awareness of HCV and to offer information about associated risks via the medium of regional training sessions aimed at both people affected by HCV and those who engage with this community.
2. Continued delivery of Auto-immune condition support groups to enable both peers, carers and mentors to develop a better understanding of auto-immune liver conditions and to build closer links within their communities.
3. Signposting other charities, helping organisations and groups which support the needs of service users.
4. Ongoing development of a helpline and website to allow people affected by liver conditions to access relevant information
5. Helpline available 5 days per week with specialist advice and signposting
6. Van work continued, and the van was used for outreach and community support during COVID crisis, we also started working with University Hospital Dorset for outreach to smaller more rural communities, including Fibroscanning

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

Liver4Life (L4L), which set its initial goals as providing a free-phone helpline and developing information to help the recently diagnosed and those affected by liver conditions has continued to grow and develop. Continue to support 4 patient support groups

The L4L van was a valuable asset in reaching communities during the continued lockdowns. We used the van to support patients who were vulnerable and shielding. Working with UHD to provide outreach into smaller rural communities, and we are planning outreach to homeless and at risk groups across the South of England.

L4L did not attend any conferences this year. We are also working hard to build our social media profile.

The management team continue to create a strong brand and excellent awareness to ensure L4L is identified as a very successful national liver charity. Clear goals and targets have been developed jointly with the trustees and the management team, and with the implementation of these strategies, L4L will continue to grow and continue to be a key influencer with the liver community.

The charities work was undermined again this year with COVID, but continued to deliver on all services including the helpline and patient support groups.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The Trustees of Liver4Life believe that the charity should hold financial reserves (the "Emergency Operating Reserve" - EOR) because

- i. it has no endowment funding and is entirely dependent for income upon donor funding from year to year which is inevitably subject to fluctuation and
- ii. it requires protection against, and the ability to continue operating despite, catastrophic or lesser but damaging events

The trustees believe that the minimum level of the EOR should be the equivalent of six months' operating costs calculated and reviewed annually and believe that the EOR should be built up to the desired level in stages consistent with the charity's overall financial position and its need to maintain and develop its charitable activities.

### Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F


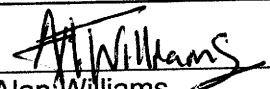
## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Richard Aspinall	Alan Williams
Position (eg Secretary, Chair, etc)	Chair of Trustees	Trustee

Date 26/01/2023



Liver4Life		1152618		CC16a
Receipts and payments accounts				
For the period from	01/04/2021	To	31/03/2022	

## Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Income	16,445	-	-	16,445	41,370
Friends of Liver Lifeline	-	2	-	2	1,579
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>16,445</b>	<b>2</b>	<b>-</b>	<b>16,447</b>	<b>42,949</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>16,445</b>	<b>2</b>	<b>-</b>	<b>16,447</b>	<b>42,949</b>
<b>A3 Payments</b>					
Not2Sexy - Project	-	-	-	-	-
Office Equipment/Stationery	348	-	-	348	947
Van and Travel Expenses	2,251	1,879	-	4,130	4,796
Patient Support	3,886	-	-	3,886	2,686
Membership	-	-	-	-	-
I'm Worth It	-	-	-	-	-
Helpline	12,055	-	-	12,055	5,194
Optimising Hep C Support - Project	-	-	-	-	3,683
Fibroscan	1,050	-	-	1,050	-
Fundraising	429	-	-	429	-
<b>Sub total</b>	<b>20,019</b>	<b>1,879</b>	<b>-</b>	<b>21,898</b>	<b>17,306</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Medical Equipment	-	-	-	-	-
Testing Van	-	-	-	-	10,400
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>10,400</b>
<b>Total payments</b>	<b>20,019</b>	<b>1,879</b>	<b>-</b>	<b>21,898</b>	<b>27,706</b>
<b>Net of receipts/(payments)</b>	<b>- 3,574</b>	<b>- 1,877</b>	<b>-</b>	<b>- 5,451</b>	<b>15,243</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>10,475</b>	<b>2,123</b>	<b>-</b>	<b>12,598</b>	<b>10,475</b>
<b>Cash funds this year end</b>	<b>6,901</b>	<b>246</b>	<b>-</b>	<b>7,147</b>	<b>25,718</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Accounts	6,895	-	-
	CAF Cash	-	-	-
	HCPC	-	-	-
	CAF Gold - FOLL	-	246	-
	<b>Total cash funds</b>	<b>6,895</b>	<b>246</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-

<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval