

Trustees' Annual Report for the period

From Period start date 01 April 2020 **To** Period end date 31 March 2021

Section A

Reference and administration details

Charity name

Liver4Life

Other names charity is known by

Registered charity number (if any)

1152618

Charity's principal address

Holme Cottage

Croft Road

Neacroft

Postcode

BH23 8JS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Aspinall	Chairperson		
2	Sheila Connolly			
3	Elizabeth Wilson			
4	Alan Williams			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Richard Hall –Founder

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>Charitable Incorporated Organisation</i>	Constitution
How the charity is constituted <i>Charitable Incorporated Organisation</i>	Charitable Incorporated Organisation
Trustee selection methods <i>By the members of the charity</i>	Elected by

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the health of people, at risk of, or affected by liver conditions, in such ways as the Trustees shall think fit, including the provision of information, advice, and support in detecting, preventing and living with such conditions.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit, and have followed this in planning and undertaking our activities.

The charity's aims are to support people affected by liver conditions through the provision of a variety of activities. The main activities undertaken in relation to our objects are:

1. Continued delivery of 'Optimising Hep C Support' campaign to raise awareness of HCV and to offer information about associated risks via the medium of regional training sessions aimed at both people affected by HCV and those who engage with this community.
2. Continued delivery of Auto-immune condition support groups to enable both peers, carers and mentors to develop a better understanding of auto-immune liver conditions and to build closer links within their communities.
3. Signposting other charities, helping organisations and groups which support the needs of service users.
4. Ongoing development of a helpline and website to allow people affected by liver conditions to access relevant information
5. Helpline available 5 days per week with specialist advice and signposting
6. Van work continued, and the van was used for outreach and community support during COVID crisis

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Liver4Life (L4L), which set its initial goals as providing a free-phone helpline and developing information to help the recently diagnosed and those affected by liver conditions has continued to grow and develop. Continue to support 4 patient support groups

The L4L van was a valuable asset in reaching communities during the first lockdown of 2020. We used the van to support patients who were vulnerable and shielding.

L4L did not attend any conferences this year due to COVID. We are also working hard to build our social media profile.

Engagement in NICE technology appraisals has also contributed to developing better outcomes for patients, particularly with new Fatty Liver and Liver Cancer treatments.

The management team continue to create a strong brand and excellent awareness to ensure L4L is identified as a very successful national liver charity. Clear goals and targets have been developed jointly with the trustees and the management team, and with the implementation of these strategies, L4L will continue to grow and continue to be a key influencer with the liver community.

The charities work was undermined again this year COVID, but continued to deliver on all services including the helpline and patient support groups.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Trustees of Liver4Life believe that the charity should hold financial reserves (the "Emergency Operating Reserve" - EOR) because

- i. it has no endowment funding and is entirely dependent for income upon donor funding from year to year which is inevitably subject to fluctuation and
- ii. it requires protection against, and the ability to continue operating despite, catastrophic or lesser but damaging events

The trustees believe that the minimum level of the EOR should be the equivalent of six months' operating costs calculated and reviewed annually and believe that the EOR should be built up to the desired level in stages consistent with the charity's overall financial position and its need to maintain and develop its charitable activities.

Details of any funds materially in deficit

N/A

Further financial review details (Optional Information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

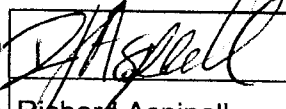
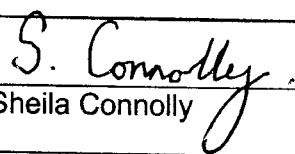
Signed on behalf of the charity's trustees

Signature(s)

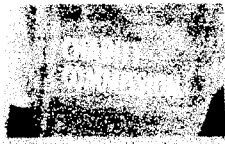
Full name(s)

Position (eg Secretary, Chair,
etc)

Date

	
Richard Aspinall	Sheila Connolly
Chair of Trustees	Trustee

04 | 01 | 2022



Receipts and payments accounts		CC16a	
For the period from	01/07/21	To	31/12/21

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Income	31,464	-	-	31,464	41,370
Friends of Liver Lifeline	-	2	-	2	1,579
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	31,464	2	-	31,466	42,949
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	31,464	2	-	31,466	42,949
A3 Payments					
Not2Sexy - Project	-	-	-	-	-
Office Equipment/Stationery	348	-	-	348	947
Van and Travel Expenses	5,712	-	-	5,712	4,796
Patient Support	-	-	-	-	2,686
Membership	-	-	-	-	-
I'm Worth It	-	-	-	-	-
Helpline	23,076	-	-	23,076	5,194
Optimising Hep C Support - Project	-	-	-	-	3,683
Fibroscan	-	-	-	-	-
Fundraising	429	-	-	429	-
Sub total	29,565	-	-	29,565	17,306
A4 Asset and investment purchases, (see table)					
Medical Equipment	-	-	-	-	-
Testing Van	-	-	-	-	10,400
Sub total	-	-	-	-	10,400
Total payments	29,565	-	-	29,565	27,706
Net of receipts/(payments)	1,899	2	-	1,901	15,243
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,475	2,123	-	12,598	10,475
Cash funds this year end	12,374	2,125	-	14,499	25,718

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Accounts	10,612	-	-
	CAF Cash	2,995	-	-
	HCPC	1,704	-	-
	CAF Gold - FOLL	-	2,126	-
	Total cash funds	15,311	2,126	-

(agree balances with receipts and payments
account(s))


[illegible]

B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-

[illegible]

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	RICHARD HALL	04/01/2022

Independent examiner's report to the trustees of Liver4Life

I report to the trustees on my examination of the accounts of Liver4Life for the year ended 31st March 2021.

Responsibilities and basis of report

As the charity trustees of Liver4Life you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of Liver4life's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

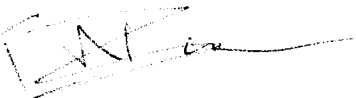
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Liver4Life as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Mark Bright

Relevant professional qualification or membership of professional bodies (if any):

Address: 27 Windham Road, Bournemouth, Dorset

Date: 7th January 2022