

PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION (PARCA)

England & Wales · Charity number 1152592

Details

Other names	PROMOTING AFRICAN REFUGEE COMMUNITY ASSOCIATION (PARCA)
Status	Registered
Legal form	Charitable company
Company number	08397491
Registered	2013-06-25
Register	View on the Charity Commission register

Contact

Address	Unity Hall Northfield Road Peterborough PE1 3QH
Phone	01733563420
Email	info@parcaltld.org
Website	www.parcaltld.org

Activities

Objects: 1) TO PROVIDE RELIEF TO THOSE GRANTED REFUGEES, ASYLUM SEEKERS, EASTERN EUROPEAN MIGRANTS AND OTHERS RESIDING IN THE UNITED KINGDOM AND ABROAD TO PROVIDE TRAINING FACILITIES AND SUPPORT SERVICES WITH THE OBJECTS OF: - A)RELIEVING FINANCIAL HARDSHIP; B)PROMOTING AND PROTECTING GOOD HEALTH; C)ADVANCING THE EDUCATION AND TRAINING SO AS TO ADVANCE THEM IN LIFE AND ASSIST THEM TO ADAPT WITHIN A NEW COMMUNITY; AND D)PROVIDING FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION IN THE INTERESTS OF SOCIAL WELFARE WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THOSE PERSONS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES.

Activities: PROVISION OF GENERAL ACTIVITIES.INFORMATION AND SUPPORT SERVICES TO THE REFUGEES, ASYLUM SEEKERS,MIGRANTS .SIGN POSTING AND REFERRAL WITH IMMIGRATION ISSUES, REPRESENTATION LOCAL AUTHORITYTRANSLATION AND INTERPRETING SERVICES

DRUG, HIV SEMINARS,HEALTH PREVENTION AND EDUCATION AWARENESS IT & BASIC INFORMATION, ESOLSPORT LEISURE'S & RECREATIONAL,YOUTH CLUB, PLAY GROUP & TRIPS.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Arts/culture/heritage/science, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** WORLDWIDE
- Congo (Democratic Republic)
- India
- Cambridgeshire
- Norfolk
- Peterborough City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£237,920	£336,707	-	-
2024-03-31	£481,966	£587,080	-	-
2023-03-31	£944,985	£819,940	£209,530	15
2022-03-31	£725,419	£781,024	£84,485	21
2021-03-31	£736,182	£653,853	£140,090	19

Trustees

Name	Role	Appointed
JAMILA MOHAMMED ABDU	Chair	2013-02-28
Khadija Ali Husein		2017-08-01
Mubange Kumbi		2018-10-18
NONDO JOHN KASENSA		2013-02-28

Accounts



**PETERBOROUGH
ASYLUM
REFUGEE
COMMUNITY
ASSOCIATION**

○ ○ ○ ○

Annual Report & Accounts

April 2024- March 2025



Registered Charity Number: 1152592
Registered in England and Wales Number: 08397491

Table of Contents

Legal and Administrative Information	3
Message from the Chair	4
Message from the CEO	5
Year of Activities	6
Why we exist	7
PARCA: Vision/ Mission	8
Trustees Report for the Year Ended 31 st March 2025	9-10
The Trustees Consider that the Main Risk for the Continued Undertaking of PARCA's Work related to	11
How we are funded	12
Beneficiaries	13
Overview of Key Activities	14-23
Outcome	24- 26
You Asked, We Acted:	27-29
Reflection	30
QR Code	31

Legal and Administrative Information

Legal Name: Peterborough Asylum and Refugees Community Association (PARCA)

Working Name: PARCA

Registered Charity Number: 1152592

**Registered in England and Wales
Number: 08397491**

**Head Office: Unity Hall,
Northfield Road, Peterborough,
PE1 3QH.**

**Website: www.parcaltld.org
Email: info@parcaltld.org**

Tel: 00 44 1733 563 420

Social media:

Facebook: PARCA

X: @PARCA1

Instagram: parca_peterborough

TikTok: parcapeterborough

**Linkedin: PETERBOROUGH ASYLUM
AND REFUGEE COMMUNITY
ASSOCIATION (PARCA)**

Board of Trustees: "Current"

Mrs: Jamila Abdu Chair of Board of Director

Mr: Nondo John Kasensa Director

Ms: Khadija Ali Husein Director

Mr: Mubange Kumbi Director

**Company Secretary & CEO:
Mr Moez Nathu BEM**

**Independent Examiner:
Nashir Valani BSC(HONS) MAAT
VAT Accountancy Services
96 Bridge Street,
Peterborough,
PE1 1DY**

Message from the Chair



'I am deeply honoured and thrilled to have been elected by our members as the first woman Chair of the Board of Trustees at PARCA Ltd, following in the footsteps of the brilliant John Kasensa. It is a privilege to continue serving this incredible organisation, having previously been a member of its Management Committee.

My journey to this moment has been shaped by personal experience. I am originally from Eritrea and fled my home country with my children in search of safety. I've walked the difficult path of seeking asylum and understand first-hand the challenges, the long waits, the uncertainty, and the hope.

I am now proud to be a British citizen, but I will never forget how it feels to be new in an unfamiliar city. I know that many of our team members and those we support have lived through similar experiences.

Last year, in August 2024, Peterborough remained safe during the unrest elsewhere, but in May 2023, our centre was tragically targeted in a burglary. The damage was severe. For many of us, it was a deeply personal and painful moment, shaking a place that represents sanctuary and hope.

PARCA's mission, to enable refugees and asylum seekers to build new lives in the UK

by supporting their integration, employment journeys, and understanding of life and law in a new country, feels more vital than ever.

That's why I feel so proud and privileged to be contributing to PARCA's work to foster a more inclusive, welcoming society.

The past year has brought immense financial challenges for the organisation. Keeping our doors open has not been easy. But thanks to the tireless efforts of our board, management team, staff and our incredible volunteers, we have continued to stand by the communities we serve. We've had to make some very difficult decisions, reducing staff hours and relying more heavily on volunteers—but the demand for our services remains high, and the response from our volunteer community has been nothing short of inspiring.

To everyone who has stood with us during this crisis, thank you. Your support has been unforgettable, and your solidarity has given us strength during one of the hardest times we've faced.

Looking ahead, I believe we have a meaningful and exciting year before us. I hope you will continue to walk alongside us on this journey, as we work to create a better future for those seeking safety, dignity, and belonging.'



Message from the CEO

Annual Summary: April 2024 – March 2025

"It is a true honour to receive the Civic Award for Community Involvement from the Peterborough City Council. I'm deeply grateful for this recognition."

I am pleased to present a summary of our work during the year April 2024 to March 2025, a period marked by increasing challenges and a growingly hostile environment. In the face of this, we are proud to have remained a constant source of support, standing alongside 4198 service users.

Everyone who comes to us is striving to build a better life in the UK. Our role is to offer emotional support, practical tools, and a sense of belonging, empowering individuals to move forward with confidence and dignity.

Over the past year, we provided a wide range of services and activities, including:

- Drop-in centre
- English language classes
- Women's group
- Youth and adult activities
- Breakfast Club
- Green for Race and Mental Health initiative
- Social activities and community events
- Food Hub
- E-visa support
- And much more

Alongside these, we offered vital casework support, helping individuals navigate complex challenges such as unfamiliarity with Universal Credit, Housing Registration, supporting cycling fine in restrictions areas, CV writing, Job Search, Employment, Volunteering Opportunities, Domestic Violence Support, access to free SIM cards, and more.

"Last year, we faced significant financial challenges covering our core costs, which was very difficult for us. We are truly grateful to everyone whose words of encouragement helped us stay strong and persevere." "PARCA has been facing financial difficulties in maintaining its core staff to deliver projects. Over the past 12 months, we have relied on our unrestricted funds to retain key personnel and keep the organisation operational."

The 2024 - 2025 year was also a time of internal growth. We undertook key initiatives to strengthen our leadership team and improve how we monitor and evaluate our impact. With the guidance of an external consultant, we began reviewing and upgrading our monitoring and evaluation processes, ensuring that we remain responsive, effective, and accountable.

We are an evolving organisation, committed to learning and adapting. The progress we've made this year is reflected throughout this report."

Thank you
Moez Nathu BME

Year of Activities



Why we exist:

Safe Environment, Building Trust & Friendly Atmosphere

Since 2002, PARCA has stood beside those navigating the challenges of starting over in a new place.

We understand how difficult it can be to integrate into a new city and society, because many of our board members and volunteers have lived that journey themselves. Whether seeking asylum, moving from another city, or arriving on a spouse visa, they've experienced the complexities of rebuilding a life in the UK.

Refugees and asylum seekers often face significant barriers when trying to integrate and gain employment, including:

- Long gaps in employment due to the asylum process
- Lack of UK work experience
- Limited understanding of the UK job market and no professional networks
- Non-recognition of overseas qualifications
- Language barriers
- Cultural differences
- Public misconceptions and discrimination

As a result, refugees in the UK are four times more likely to be unemployed than UK-born citizens—and even when employed, they typically earn only half as much per week. This is despite many having high levels of education, professional experience, and valuable skills.



Too often, refugees face these barriers alone.

At PARCA, we believe that's not just unfair—it's unacceptable. That's why we exist.

With the help of over 36 dedicated volunteers, our team offers one-to-one support, training, education, and guidance tailored to the unique needs of refugees and migrants. We empower individuals to overcome obstacles and take steps toward fulfilling, meaningful employment.

We also believe in the power of partnership.

By working with responsible businesses and organisations like Jobcentre Plus, local authority NHS, Work Well, and others, we help bridge the gap between refugees and employers. Together, we build skills, provide real work experiences, and open doors to lasting opportunities across the UK.

Together, we can break down the barriers, so every refugee has a fair chance to thrive.

PARCA

Vision

Refugees, Asylum Seekers and migrant communities have all the skills and confidence they need to realise their potential and they are integrated in Peterborough, in a city that respects diversity.

Mission

To develop and operate a one-stop community centre where refugees, asylum seekers, migrants, and disadvantaged communities can access the support and services they need to build meaningful, quality lives, and contribute to a cohesive, inclusive Greater Peterborough that celebrates diversity.

Values

We put our service users (Refugees, Asylum seekers, migrants and Others) first in everything we do. We listen and respond. We act with integrity. We're focussed on impact.

Welcoming

We welcome people of all backgrounds with an open mind.

We will make everybody feel comfortable working with us every step of the way.

We treat everybody fairly.

We champion diversity, equality, and inclusion

Equality, Diversity and Inclusion

We stand with everyone regardless of race, class, sexuality, gender identity an depression, faith national origin, language, education, age and disability.

We are always mindful of privilege and imbalances of power and seek to treat everyone fairly and equally.

Creativities, learning and reflection

"We welcome diverse ideas and skills, recognising that there are many paths to creating change. Our culture values continuous learning and encourages thoughtful reflection."

Kindness and Compassion

"We treat everyone with dignity, kindness, and compassion, valuing and nurturing the contributions of all we work with. Our approach is grounded in respect, support, and genuine care."



TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2025

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act, submit their annual report and the financial statements of Peterborough Asylum and Refugee Community Association (PARCA) for the year that ended 31 March 2025.

The Trustees confirm that the annual report and financial statements of the Company comply with current statutory requirements, the requirements of the Company's governing document and the provisions of the Statement of

Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102).

The Board of Trustees are satisfied with the performance of the charity during the year and consider the charity to be in a strong position to continue its activities during the coming year. The Trustees confirm that the charity's assets are adequate to fulfil its obligations. The legal and administrative information is set out in this report. The financial statements comply with current statutory requirements for the management of charity finances.

STRUCTURE, GOVERNANCE AND MANAGEMENT

PARCA is a charitable company limited by guarantee. The Company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association.

The Trustees are legally responsible for all aspects of the governance and management of the organisations, its finances, its employees, its services and its legal obligations to the Charity Commission. The Board meets bi-monthly to consider all matters of strategic management, financial probity, policy and direction. Smaller sub-groups or working parties may be formed and meet between these full meetings. Responsibility for day-to-day general management and expenditure within planned budgets is delegated to the CEO and the Senior Management Team

THE METHODS ADOPTED FOR THE RECRUITMENT AND APPOINTMENT OF NEW TRUSTEES:

It is the responsibility of the Trustees to seek out suitable new recruits to add skills and experience to the board. Potential Trustees are nominated by a current trustee or, if a member of PARCA for at least one year, they may put themselves forward for election at the AGM. The Board may also co-opt a new trustee to meet the specific skills needed by the board.

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2025

THE POLICIES AND PROCEDURES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES:

An induction procedure is in place for new trustees to ensure they are fully aware of the work of PARCA and their responsibilities as a trustee such as being issued with the Models and Articles of Association, key policies and CC3 (guidance on the role of trustees issued by the Charity Commission).

THE ORGANISATIONAL STRUCTURE OF THE CHARITY AND HOW DECISIONS ARE MADE:

Strategic decision making is the responsibility of the Board of Trustees. The implementation of these decisions is the responsibility of the CEO and Senior Management Team, who relay any key information to the staff and volunteers.

THE MAJOR RISKS TO WHICH THE CHARITY IS EXPOSED AND SYSTEMS TO MITIGATE RISKS:

The trustees identify the major risks to which the charity is exposed each financial year when preparing and updating a strategic plan, in particular those related to the operations and finances of the charity. The trustees then review any major risks which have been identified and establish systems to mitigate those risks. The charity is satisfied that the systems are in place to mitigate exposure to any major risks which have been identified.

WELCOME
COMMUNITY
LOVE
FRIENDSHIP
LEARNING
INCLUSIVE
RESPECT
CARING
ACTIVITIES
NON-JUDGEMENTAL
COMFORTABLE
SAFETY
MULTICULTURAL

THE TRUSTEES CONSIDER THAT THE MAIN RISKS FOR THE CONTINUED UNDETAKING OF PARCA'S WORK RELATE TO:

Fundraising – The way we raise and manage the funds and resources we have needs to be considered. We are reliant on relatively small grants that only cover part of the resources we need to continue our core activities. To reduce risks of inability to secure the funds needed to cover our core work, we need to identify and develop suitable projects that are deliverable over several years, in order to stabilise the growth experienced during the 2024/2025 financial year.

Staff Retention – We are dependent on the services of a very small team of specialist staff. If we were to lose key staff members this would make it very difficult to continue to deliver services at the current scale of what is needed. To mitigate this risk, we will undertake reviews with staff to ensure we are offering the development opportunities they need, therefore increasing the likelihood of retaining staff who are well motivated to serve PARCA and our communities.

Restructuring – We need to explore the correct structure to be able to deliver at the size and cope of our expanded delivery. This means really exploring the management structure and the staffing needed to deliver projects. We need to identify what core roles are needed in order for us to continue to serve communities in need, to guarantee that we have the paid staff needed and to ensure that volunteers who are essential to successful delivery feel supported in their roles.

Organisational Structure – We need to take some time to reflect on how we work and review systems that can be utilised to make us as efficient and effective as possible. We need to ensure we are always looking to improve how we work, so we can continue to use our resources effectively and continue to meet the growing needs of the community.

Partnerships – We need to continue to identify and bring on board new partners who refer individuals and families in need of our services. We also need to identify and develop new partners that we can refer on to, so that the people we encounter in our work can access the support that is available across different organisations. In this way, we will be able to ensure that people facing disadvantages have access to services needed to help lift them to achieve their true potential. We know that we cannot do everything that our service users need and it is prudent and effective use of our time to know who else can provide relevant services.



How we are funded:

Our work is made possible through the generous financial and in-kind support of trusts, foundations, and individual donors. Each funder listed below has played a vital role in helping us deliver essential support to the communities we serve. Without their commitment, PARCA could not have sustained its impact over the past two decades.

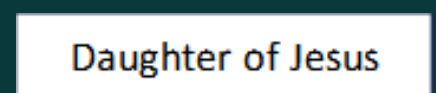
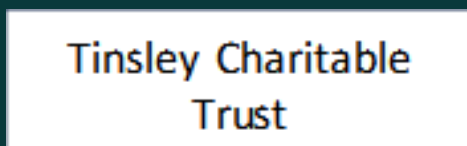
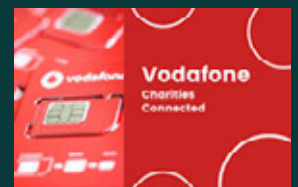
We are deeply grateful to all our donors, supporters, and partners, including those who choose to remain anonymous. Your continued support is empowering refugees, asylum seekers, and migrants across Peterborough and the surrounding areas to access meaningful opportunities, integrate into life in the UK, and build new, hopeful futures.

David Holdsworth, CEO of the Charity Commission, recently delivered a powerful message: **"Shine Your Light,"** calling on the sector to meet today's challenges with renewed commitment and purpose.

For PARCA's, this means standing firmly alongside for those who desperate need us for support most vulnerable, isolate and most affected with Mental Health

"Go to PARCA" has become a familiar phrase among local agencies when making referrals, a testament to the trust placed in us and the impact of our work.

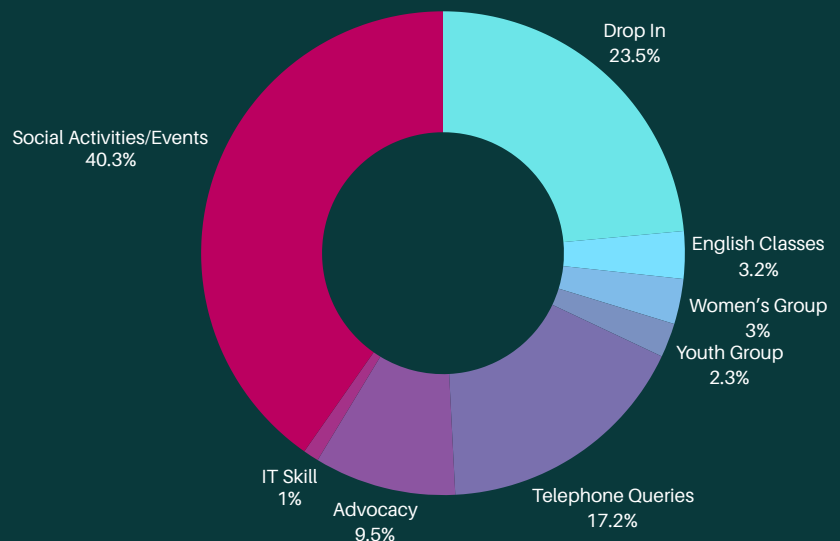
It reflects our deep knowledge, experience, and commitment to supporting individuals and **Bringing People Together** as part of our wider integration strategy



Beneficiaries

This chart shows how many beneficiaries we have supported through our services and activities this year.

Drop In	988
English Classes	133
Women's Group	127
Youth Group	96
Telephone queries	721
Advocacy	398
IT Skill	44
Social Activities / events	1691
Total	4198



The following are the different nationalities of service users we have supported this year:

- Afghanistan
- Albania
- Algeria
- Angola
- Argentina
- Belgium
- Belize
- Bolivia
- Botswana
- Brazil
- Bulgaria
- Canada
- Chad
- China
- Columbia
- Czech Republic
- DR Congo
- Egypt
- El Salvador
- Eritrea
- Ethiopia
- France
- Gambia
- Germany
- Ghana
- Greece
- Guinea-Bissau
- Hungary
- India
- Iran
- Iraq
- Italy
- Jamaica
- Kenya
- Kuwait
- Latvia
- Libya
- Lithuania
- Moldova
- Morocco
- Nepal
- Nigeria
- Pakistan
- Philippines
- Poland
- Portugal
- Romania
- Russia
- Saudi Arabia
- Senegal
- Sierra Leone
- Slovakia
- Slovenia
- Somalia
- Spain
- Sri Lanka
- South Sudan
- Sudan
- Syria
- Taiwan
- Thailand
- Timor-Leste
- The Netherlands
- Trinidad & Tobago
- Tunisia
- Türkiye
- Ukraine
- Uruguay
- United Kingdom
- United States of America
- Yemen
- Zambia
- Zimbabwe



Overview of Key Activities

a) "English Language Skills for Beginner and Intermediate Learners"

"Our face-to-face ESOL (English for Speakers of Other Languages) classes run eight times a week, offering a total of 16 hours of instruction across beginner to intermediate levels from Monday to Thursday and combined with IT skill.

Delivered by trained staff and dedicated volunteers, these sessions continue to meet a high level of demand. With an average attendance rate of 89% and participants representing a diverse range of nationalities, the programme clearly demonstrates the strong motivation and need within the community to develop English language skills."



a) Youth Activities

"The youth group meets twice a week, offering a diverse range of activities for young people, including sports, music, arts, games, stop-motion animation, and outdoor adventures.

The group has enjoyed reconnecting through social activities such as table football, air hockey, and simply spending time together. Session times vary between term time and school holidays. We will continue the activities as the centre has all the equipment to make the youth happy.

Overview of Key Activities

c) E-visa Project

The UK Visas and Immigration (UKVI) is transitioning to a Digital Immigration System, where physical documents are replaced with an online record of Immigration status, known as an e-visa.

Most physical immigration documents have been replaced by eVisas. This includes:

- residence permits (BRPs)
- biometric residence cards (BRCs)
- stamps in passports
- 'vignette' stickers in passports
- frontier permits

Getting an eVisa is free and won't change your permission to live in the UK.

You'll need to create a UK Visas and Immigration (UKVI) account to access. Appointment is required and available from Monday – Friday. Between 10.00 am – 4.00 pm



d) Household Fund & Surplus

The Household Support Fund is for anyone who is struggling with the cost of living and paying for essentials. Through the fund, you may be able to get help with food, energy bills and essential items, as well as Information advice and guidance on debt, benefits, employment. The project runs on Tuesday and Thursday.



Overview of Key Activities

e) Greening for Race and Mental Health (GRaMH)

This PARCA project is designed to improve mental health, by providing greater access to natural spaces and nature-based activities for adults experiencing mental health problems, socio-economic disadvantage, marginalisation and discrimination.

The project targets those with mental health issues, e.g., anxiety, panic attacks, stress related difficulties and depression.

The project is in 3 parts: first, a walking group encouraging regular exercise to alleviate mental health issues, as well as build friendships among people who experience serious isolation and loneliness, exacerbated by poverty and cost of living rises;

Second, an integration project by encouraging people to identify and use local resources in terms of parks and other natural sites. This will increase a sense of belonging and has been identified as one of the key factors in addressing loneliness and all the mental health issues that rise from this.



Overview of Key Activities

f) Drop-In Service

Overview

1. Purpose:

To provide a safe, welcoming, and accessible space where individuals can seek support, access resources, and connect with others without the need for an appointment.

2. Frequency and Timing:

- Open Monday to Thursday
- Hours: 10.00 am – 4.00 pm
- Flexible attendance—no booking required

3. Who It's For:

- Open to all community members, including refugees, asylum seekers, migrants, and local residents
- Particularly beneficial for those seeking advice, social interaction, or access to basic services

4. Services Offered:

Information & Advice:

- Housing, benefits, immigration referral support, and local services

5. Form-Filling & Advocacy:

- Assistance with applications and navigating services
- Language Support: Informal English conversation, help with understanding official documents

6. Digital Support:

- Help with accessing emails, government portals, or job applications
- Social Interaction: Space to relax, connect with others, and reduce isolation

7. Refreshments:

- Tea, coffee, and light snacks

8. Signposting:

- Referrals to specialist services and partner organisations

9. Staff & Volunteers:

- Run by a mix of trained staff and volunteers
- Interpreters available where possible

10. Impact:

- Helps reduce isolation and anxiety
- Builds trust and engagement within the community
- Offers immediate, low-barrier support
- Provides a pathway to further services and long-term support



Overview of Key Activities

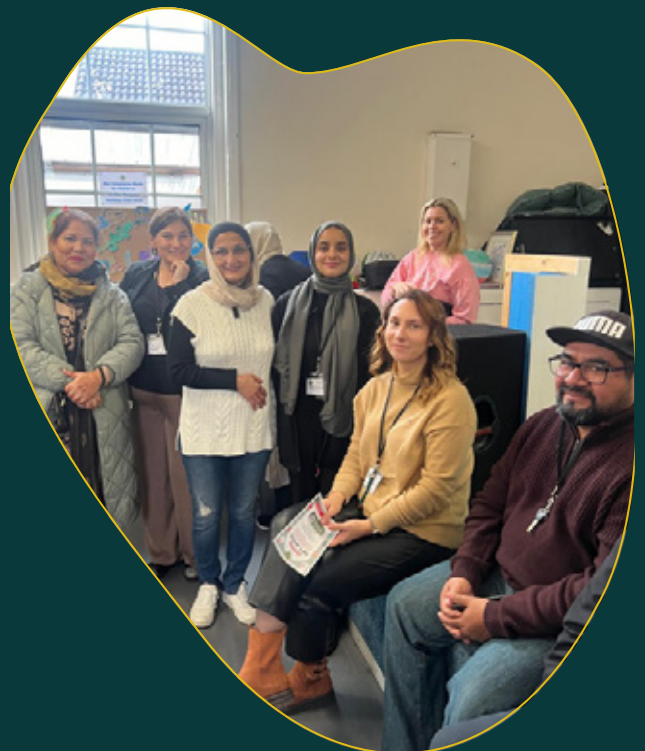
g) Volunteering

Volunteering plays a vital role in the heart of our organisation. It provides individuals with the opportunity to give back to their community, develop new skills, and build meaningful connections. Our volunteers come from diverse backgrounds and contribute in many ways, from supporting community events and delivering services, to offering administrative help and peer mentoring.

We offer flexible volunteering opportunities tailored to individual interests, availability, and goals. Volunteers receive training, ongoing support, and the chance to be part of a welcoming, inclusive team. For many, volunteering is not only a way to make a difference, but also a pathway to personal growth, confidence-building, and even future employment.

Key Benefits of Volunteering:

- Gaining new skills and experience
 - Increasing confidence and self-esteem
 - Building social connections and reducing isolation
 - Making a positive impact in the community
 - Enhancing CVs and career prospects
 - Our volunteers are essential to the success of our programmes and contribute to the spirit of solidarity and social action that defines our work.
- At present we have 36 volunteer from 2 to 6 hour a week / monthly.



Overview of Key Activities

h) Integration, Cohesion & Diversity” Social Action and wellbeing”

1. An Award-Winning Organisation for Bringing People Together (2023)

Our Social Action and Wellbeing initiatives are focused on empowering individuals, building stronger community connections, and promoting both mental and physical wellbeing. Through a blend of structured programmes and informal support, we aim to nurture a sense of belonging, resilience, and shared responsibility. These initiatives have a meaningful impact—boosting self-esteem, reducing isolation, encouraging healthier lifestyles, and strengthening the social fabric of our community.



2. Women's Group Overview

To provide a safe, supportive, and empowering space where women can come together, share experiences, build confidence, and access opportunities for personal and collective growth.

- Women from diverse backgrounds, including refugees, asylum seekers, migrants, and resident
- Open to all ages and cultures
- Particularly supportive for women facing isolation, trauma, or barriers to participation
- Sessions range from informal drop-ins to structured workshops
- Child-friendly environment, walking, gardening and more...
- **Wellbeing Support:** Mental health discussions, self-care workshops, mindfulness, and relaxation sessions
- **Skill Building:** English conversation, sewing, cooking, digital skills, financial literacy, and employment readiness
- **Creative Expression:** Arts, crafts, storytelling, and cultural exchange



Meets weekly every Wednesday 12 pm -2.30 pm and attendance is between 27-33 peoples per week.

Overview of Key Activities

3. Breakfast Club

The Breakfast Club provides a welcoming and supportive space for individuals and families to start their day with a nutritious meal and a sense of community. It is especially beneficial for those experiencing food insecurity, social isolation, or difficult living conditions.

- Open to all community members, including families, individuals, and vulnerable groups
- Particularly supportive for refugees, asylum seekers, low-income households, and those at risk of isolation
- A variety of breakfast items, such as cereal, toast, fruit, porridge, and hot drinks
- A warm, friendly environment to relax and socialise
- Access to staff and volunteers for informal support or signposting to other services
- The Breakfast Club not only helps meet basic needs but also strengthens community ties, reduces loneliness, and provides a positive start to the day for all who attend. The attendance is between 22 – 30 people every week
- Every Friday from 9.30 am – 11.30 am



Overview of Key Activities

4. International Women Day event

Our International Women's Day (IWD) event celebrates the achievements, resilience, and contributions of women from all walks of life. It provides a platform for empowerment, cultural expression, and community solidarity, while raising awareness about ongoing gender-based challenges. 120-143 people attended.

Performances:

- Music, dance, spoken word, and cultural presentations celebrating the diversity of women in our community

Creative Activities:

- Art, crafts, storytelling, and group projects reflecting the strength and stories of women

Shared Meal:

- A community lunch featuring dishes contributed by women from different cultural backgrounds

- Open to all, with a special focus on engaging women from refugee, migrant, and minority communities
- Promotes gender equality, confidence, and connection
- Celebrates cultural diversity and women's contributions
- Creates space for learning, support, and collective empowerment
- Strengthens community relationships and promotes inclusion

The event is every year in month of March.



Overview of Key Activities

5. Refugee Week event June 2024

Our Refugee Week event is a celebration of the strength, resilience, and contributions of refugees and asylum seekers within our community. It aims to raise awareness, challenge negative stereotypes, and foster understanding and solidarity through cultural exchange and storytelling.

Cultural Performances:

- Music, dance, poetry, and traditional dress showcases by community members from refugee backgrounds

Storytelling & Testimonies:

- First-hand accounts shared by individuals with lived experience of seeking refuge, promoting empathy and awareness

Food Sharing:

- A vibrant international food offering dishes from various cultures, promoting unity through shared meals
- Open to all, with active participation from refugee and migrant communities
- Celebrates diversity and inclusion
- Builds bridges between communities
- Increases public understanding of the refugee experience
- Promotes dignity, compassion, and social cohesion.
- The event is in June each year and the attendance 136-145 peoples.



Overview of Key Activities

6. Festive Party

It has become a tradition for our organisation to celebrate the end-of-year festive season with a special party and a gift-giving initiative for children aged 0–16. Donations were collected through an Amazon Wish List, with contributions coming from across the UK. Any remaining gaps were generously filled by the organisation.

In December 2024, we had the joy of welcoming over 180 children and their parents or guardians to receive gifts. It was a heart-warming event filled with smiles, food, music, and dancing. The atmosphere was full of joy and gratitude, with many expressing their heartfelt thanks to PARCA for creating such an incredible and memorable experience.



7. Other Social Activities

The organisation doesn't need a special day for social activities.

Every day is a unique opportunity to celebrate the birthdays of our staff and volunteers. We have a well-equipped kitchen that everyone is welcome to use for cooking and sharing meals. Weekends are the most suitable time for the organisation to host such events, helping to break social isolation and build stronger community connections.

8. Pro-Bono use of Hub

Throughout the year, we share our community centre with different community groups, outside of our opening hours. We provide the space free of charge, which gives grassroots organisations

the chance to host community events and activities.

Some of the groups include:

- Lithuanian kids Dance Group
- Raskila Group Dance
- Eritrean Community Group
- Multi Agency Forum (MAF)



OUTCOME



94% of client reported Quality of Life Improved



96% of learners reported English Improved



99% of service users Less Stressed



98% women reported Less Isolate



95% reported Physical Wellbeing Improved



88% reported have a new friendship



87% reported has knowledge of Local Asset



100% of our clients involve in activities or community events



78% of clients reported increased confident using digital technology digital inclusion

OUTCOME



100% our client reported has spread the word for PARCA as Ambassador

We continuously monitor the outcomes of our activities, events, and workshops. The feedback from our service users highlights the meaningful and lasting impact PARCA has had on their life journeys.

Over the past year, we are proud to have made a consistently positive difference in the lives of those engaged with our community services.

Through our funded projects, we have supported a wide range of individuals, including families, single parents, and others, achieving significant and empowering outcomes.

Notably, we've seen an increase in female participation at our community centre, particularly among women who have arrived on spouse visas. Many are eager to connect with others, build friendships, and improve their English skills to better integrate into society.

We have also welcomed a growing number of single male asylum seekers and dispersed families arriving in Peterborough, seeking support, guidance, and a sense of belonging. We closely monitor the services we offer to ensure that they are genuinely the services our community needs. We collect feedback twice each year, with a co-created survey to new starters every July and for all community members every December.

Below are the results from our full community survey about the Centre's impact over the last 12 months:

- I love meeting people at PARCA—it makes me feel happy.
- PARCA feels like my foster family.
- I enjoy cooking at the Centre.
- PARCA has brought light into my life.
- They helped break my isolation, and now I can smile again.
- When I have a problem, I go to PARCA for support. Thank you.
- Before, I didn't speak English, but now I'm learning. Thank you, Teacher Lina!
- PARCA helped me get a SIM card so I can talk to my mum in Sudan.
- PARCA helped me cancel a fine for my bike. Thank you so much.
- Everyone at PARCA is very kind.
- I really enjoy the art sessions and cooking activities.



OUTCOME: Case Studies

1)

'My name is Romi (not my real name), and I'm from Bangladesh. I am a survivor of modern slavery and exploitation. I was transferred to Peterborough, searching for a place where I could rebuild my life and contribute to society.

I discovered PARCA on Instagram and saw how active and welcoming the community seemed, so I decided to visit. One day, I came to the centre and saw many women chatting, eating, sewing, and doing art and crafts. I was warmly welcomed, and for the first time, I felt at home. Everyone was so friendly.

I started coming every week and began making new friends. I enjoy playing music as a DJ, and PARCA had music equipment available, which made me very happy. Over time, I got involved with the Breakfast Club, helping others as I became more integrated into the community.

PARCA has taken me from a place of darkness into the light. Now, I can see myself smiling again and feeling truly happy. Thank you, PARCA, for giving me hope and a sense of belonging.'

2)

'My name is Rachel (not my real name), and I'm from Lithuania. I was referred by the DWP to learn English at PARCA. I have registered and now attend English classes every Tuesday.

I've found a very friendly environment, with people from many different nationalities who are also learning the language, just like me. At first, I was very nervous, but now I've gained confidence and made new friends in the class.

Thank you to teacher Lina for all your help!'

3)

'My name is Frances (not my real name), and I'm from Guinea-Bissau. I'm a mother of two children and have been struggling to integrate because of language barriers. I spoke with my work coach, who advised me to visit PARCA, as they offer many activities for everyone.

I joined the Festive Party, where they gave gifts to the children. The PARCA team also gave presents to my own children, and I was so happy. Since arriving in the UK, no one had ever given my children a gift before. We were truly overjoyed.

After that, I started joining women's group activities, breakfast meetings, and other social events. Now, I am volunteering with PARCA. My life has changed—from sadness to happiness.

Thank you, PARCA'

4)

Raskila group always thanking PARCA to accommodate them by using our centre as pro-bono to be able to practice their culture dance and able to performance in wider community. We are grateful for this space is suitable to us to performance without charge.

Planned Social Activities / Events

- Refugees Week Event June 2024
- Summer Activities
- Festive Party
- International Women Day March 2026

You Asked, We Acted:

How the ESOL Project Supports Its Volunteers and Learners

Over the past few months, we have witnessed a growing interest among our ESOL volunteers in accessing training opportunities to improve their employability and strengthen their CVs. Many of our volunteers are actively seeking part-time or full-time employment, and they have expressed a strong desire for relevant professional development.

Volunteer Training

Opportunities

In response to this, we collaborated with Peterborough College to offer a Level 1 Volunteer Teaching Assistant training course. This initiative was well received, and we are pleased to report that it will continue in September with a new intake. Following the completion of Level 1, volunteers are eligible to progress to the Level 2 Volunteer Teaching Assistant training. So far, two of our volunteers have successfully completed both levels, and we hope to see more of our volunteers join this training in the upcoming term.



IT Skills Training

Another consistent request from our volunteers has been access to IT skills training, as many are eager to improve their digital literacy and better support ESOL learners. After listening to their needs, we reached out to local organisations and secured partnerships to offer two forms of IT training:

- A short, in-person training: This will consist of two 8-hour sessions focused on essential IT skills needed for drop-in support sessions.
- An online training program: A 50-hour flexible online course that volunteers can complete at their own pace in their free time.

Upon completion, volunteers will receive a certificate of achievement and a £50 voucher as a token of appreciation for their dedication. These trained volunteers will then be able to teach basic IT skills to ESOL learners, helping them with everyday tasks such as logging into their Universal Credit journals or checking emails—an area in which many learners currently struggle. We are planning to integrate IT skills training into our ESOL lessons, to make our learners more confident and independent in managing their digital needs.

You Asked, We Acted:

How the ESOL Project Supports Its Volunteers and Learners

Additional Reading Support

We also identified a group of learners who required extra reading and writing practice. In response, we established weekly reading sessions—currently held twice a week, totalling four hours per week. These sessions focus on improving reading comprehension and writing ability. The learners attending these sessions have expressed great satisfaction, and while their spoken English is developing, these targeted sessions are helping to accelerate their literacy skills.

One-on-One Support for Beginner Learners

Among our learners, we have encountered two elderly women—one from Pakistan and one from Afghanistan—who face unique challenges. Both have no formal education in their native languages and zero English proficiency. One of them also suffers from serious health problems. The Job Centre had instructed one of the ladies to attend English classes, but when she approached a local ESOL provider in Peterborough, she was turned away for having a level "too low" to join.

Fortunately, she found our organisation, and we took immediate steps to support her and the other woman. We trained a volunteer to work with them on a one-on-one basis, focusing on the basics such as the English alphabet and phonetic sounds. This tailored support ensures that these vulnerable learners are not left behind and can begin to build the foundations of the English language in a safe, compassionate environment.



Conclusion

Our approach in the ESOL project has been needs-led and community-focused. By listening to both volunteers and learners, we have tailored our services to provide meaningful support that leads to real progress. We will continue to expand training opportunities, develop practical skill sessions, and ensure that everyone—regardless of background or ability has access to learning and growth.

You Asked, We Acted:

A survey was conducted in regards to the cooker in the kitchen, and the women's group has given me the following feedback:

Person A: It is very slow and the heat is very low. It is very small, There is not a lot of space to put more than one pot on the hob. It would be better to have a larger hob. I have a gas cooker at home which cooks much faster. I have had to take things home to cook quickly as I live near PARCA.

Person B: It is very slow as it is electric.

Person C: The hobs are very small and not suitable to cook with more than one pot.

Person D: The cooker is very slow, and it takes a very long time to heat up- I cook with a gas cooker at home. I will cook the soup at home for the art launch so that it is ready on time.

We would have cooked the rice by now however the cooker is very slow and that is why we are not able to finish on time today.

S-Person E: A gas cooker would be better, and we would be able to cook much faster.



Before



After

Overall Reflection

We would like to take this opportunity to thank everyone who has taken the time to read this annual report. Your interest and continued support for our organisation mean a great deal to us.

The work of PARCA is made possible by a dedicated and hardworking team, including staff, volunteers, board members, and supporters. By working together, we are able to provide vital support to those in need within our community.

As we look ahead, we remain committed to evolving our services and projects to better meet the needs of our service users wherever possible. For the latest updates on our work, please visit our website and follow us on social media.

Thank you.





Peterborough Asylum and Refugee Community Association (PARCA)

Trustees' Annual Account Report

Year Ended 31st March 2025

Registered Charity Number: 1152592

Registered in England and Wales Number: 08397491

Head Office: Unity Hall, Northfield Road, Peterborough, PE1 3QH

Website: www.parcaltld.org **Email:** info@parcaltld.org

Tel & Fax: 00 44 1733 563 420

Social Media: www.facebook.com/parca.peterborough, Twitter: @PARCA1

Annual Report PARCA LTD April 2024-March 25: <https://www.parcaltld.org/annual-reports>

Board of Trustees: "Current"

Mrs: Jamila Abdu **Chair of Board of Director**

Mr: Nondo John Kasensa **Director**

Ms: Khadija Ali Husein **Director**

Mr: Mubange Kumbi **Director**

Company Secretary & CEO: Mr Moez Nathu

Independent Examiner:

Nashir Valani BSC(HONS) MAAT
VAT Accountancy Services
96 Bridge Street,
Peterborough,
PE1 1DY



CHARITY COMMISSION
FOR ENGLAND AND WALES

Peterborough Asylum and Refugee Community
Association

1152592

Receipts and payments accounts

CC16a

For the period	Period start date	To	Period end date
from	Apr-24		Mar-25

Section A Receipts and payments

Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
--	---	--	---------------------------------	-------------------------------

A1 Receipts

Grant	112,550	106,368	-	218,918	472,374
Donation	19,002	-	-	19,002	9,592
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	131,552	106,368	-	237,920	481,966

A2 Asset and investment sales, (see table).

	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	131,552	106,368	-	237,920	481,966

A3 Payments

Rent + Hall Hire + Utilities	9027					9027		18193
Equipment	3402		3699			7101		4892
Service User Expenses	5944		3899			9843		13527
Refreshments	19455		5066			24521		25639
Events and Activities	31625		5630			37255		74079
Youth Activities	4936		9481			14417		25261
Women's Activities	6892		6085			12977		12417
Publicity and Printing	1985		2366			4351		4989
Insurance and Bank costs	2863		1981			4844		3122
Consultancy and Training	3944		4150			8094		4850
Evaluation	3150					3150		2180
Salaries + Pension	65158		28980			94138		266449
Sessional Staff	4030		3490			7520		6380
Management Costs	3885		4000			7885		4850
Volunteer Expenses + Mileage	5098		1955			7053		8450
Educational Materials Equipment	6003		3010			9013		5296
Software and website maintenance	2950		2500			5450		3183
Building Maintenance & repair	5192		7690			12882		13619
DBS Checks	420					420		350
Independent Examiner (accounts)	750					750		750
Administrative Expenses	4069		3988			8057		25794
Staff Expenses	3193		5877			9070		8673
Hardship Support Financial & Other need			2045			2045		15630
Hardship Food Parcel & Hot Meal	26954		4069			31023		30980
Sundry	3188		2633			5821		7527
Sub total	224,113		112,594		-	336,707		587,080

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds		1,919	3,710	-
		-	-	-
		-	-	-
	Total cash funds	1,919	3,710	-

(agree balances with receipts and payments account(s))

OK

OK

OK

B2 Other monetary assets

Details	Unrestricted funds	Restricted funds	Endowment funds
	to nearest £	to nearest £	to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	-	-	-

		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Jamila Abdu	11/07/2025
	Khadija Hussein	11/07/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name

Peterborough Asylum and Refugee Community Association (PARCA)

On accounts for the year ended

31st March 2025

Charity no
(if any)

1152592

Set out on pages

CC16a

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31st March 2025**

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:



Date:

11/07/2025

Name:

Nashir Valani (HONS) MAAT

Relevant professional
qualification(s) or body (if
any):

VAT Accountancy Services

Address:

96 Bridge Street

Peterborough

PE1 1DY

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any
items that the examiner
wishes to disclose.



Scan our QR code to support our cause!



PETERBOROUGH ASYLUM REFUGEE COMMUNITY ASSOCIATION

Address: Unity Hall, Northfield Road, Peterborough, PE1 3QH.

Website: www.parcaltld.org

Email: info@parcaltld.org

Tel: 00 44 1733 563 420

Social media:

Facebook: PARCA

X: @PARCA1

Instagram: [parca_peterborough](https://www.instagram.com/parca_peterborough)

TikTok: [parcapeterborough](https://www.tiktok.com/@parcapeterborough)

Linkedin: PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION (PARCA)



Accounts



PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION (PARCA)

Bringing People Together

ANNUAL REPORT AND ACCOUNTS

1ST APRIL 2021 – 31ST MARCH 2022

Head Office: Unity Hall, Northfield Road, Peterborough PE1 3QH

Registered Charity Number (England and Wales): 1152592

Company Registration Number (England and Wales): 08397491

First African Community Organisation in Peterborough since Nov 2002



A YEAR OF ACTIVITIES AT PARCA

"Everyone at PARCA is part of the community, welcomed,
valued and included in all that we do"



Supporting Diversity & Challenging Adversity

CONTENTS

A Year of PARCA Activities	1
Contents	2
Legal and administrative information	3
Aims and Objective, Vision & Mission	4
Welcome from Chair and CEO	5 - 7
Funders	8
Beneficiaries	9
Governance and Strategy	10 - 12
Activities at PARCA	13
Summary of the main achievement • <i>Peterborough Empowerment Activities Community Hub (PEACH)</i> • <i>EU Settlement Scheme Advice</i> • <i>VPRS Resettlement</i> • <i>ARAP Resettlement</i> • <i>British Nationals (Overseas) Hong Kong Resettlement</i> • <i>Asylum and Refugee project</i> • <i>Rebuild Community Confident Integration Support</i> • <i>Wellbeing and Work for Refugee Integration Project</i> • <i>Asylum and Refugee project</i> • <i>Youth Ambassador</i> • <i>Refurbishment of the centre</i> • <i>Covid-19 support</i> • <i>Migrant Housing Rights Project</i> • <i>Social Events Activities</i>	14 - 26
Additional Activities During the Year • <i>Wider partnership</i> • <i>Volunteering</i> • <i>Pro-bono</i>	27
Upcoming • <i>Upcoming Events</i> • <i>Priorities</i> • <i>Moving forward</i>	28
Conclusion	29
Annual Accounts	30 - 46

LEGAL & ADMINISTRATIVE INFORMATION

Charity Principal Address:

Unity Hall, Northfield Road, Peterborough PE1 3QH

Registered Charity Number: 1152592

Company Registered in England and Wales Number: 08397491

Website: www.parcaltld.org

Email: enquiries@parcaltld.org

Telephone: +44 1733 563420

Facebook: www.facebook.com/parcaltld

Twitter: @PARCA1

TikTok: @parcapeterborough

Instagram: @Parca_peterborough

LinkedIn: Peterborough Asylum and Refugee Community Association (PARCA)

Board of Trustees

Mr Nondo John Kasensa (Chair)

Mrs Jamila Abdu

Mr Rusom K Embaye

Ms Khadija Ali Hussein

Mr Mubange Kumbi

CEO and Company Secretary

Mr Moez Nathu

Independent Examiner

Nashir Valani BSc (Hons) MAAT

VAT Accountancy Services

96 Bridge Street

Peterborough

PE1 1DY

AIMS AND OBJECTIVES

PARCA aims to improve the conditions and quality of life for refugees, asylum seekers and migrants who reside in Peterborough and its surrounding areas. It runs specific projects for young people and adults as well as through the following activities:

Providing a one stop centre with advocacy; interpreting and translation; job search, training and skills development; advice and information including advice on welfare benefits and household matters.

Providing refugees, asylum seekers and migrants with opportunities to meet one another, to access services including housing, education, and health, with activities to encourage the valuing of diversity, cohesion, and integration.

VISION

Refugees, Asylum Seekers, BAME and migrant communities and other disadvantaged people all have the skills and confidence they need to realise their potential, and they are integrated in Peterborough, a city that respects diversity.

MISSION

To develop and run a one-stop community centre where refugees, asylum seekers, disadvantaged and migrant communities get all the support and services they need to build a life of quality and contribute to a cohesive community in Greater Peterborough.

WELCOME FROM CHAIR & CEO

CHAIR'S MESSAGE

Welcome to this annual report for the year April 2021 to March 2022. This year has been challenging for all of us with the Covid-19 pandemic affecting millions of people in the country, and the Afghanistan and Ukraine crises respectively. PARCA has energised work and built for the future. I'm pleased we've done that by working hard to serve our service users. We continued to operate face to face with precautions for Covid-19, all the measures were in place, including handwashing, temperature check, and sanitiser to keep our service users safe.



PARCA has played a vital role in organising the invitations of MP Paul Bristow, City Council representatives, and Afghan Citizens to show our support and solidarity during the difficult times for our community in Peterborough.

Peterborough is a diverse city with a multi-cultural place. Diversity and inclusion will remain a priority in our board and workforce. PARCA had successfully collected Christmas presents for beneficiaries during the festive party in Dec 2021, and we have given away more than 200 gifts to children aged 0 -16 years of both genders. We saw the multinational community coming together to celebrate and receive gifts without any problems.

Throughout the last year, our employees have worked hard to achieve what we've done, some on the front line and others behind the scenes. We accelerated the transformation of our service at PARCA by investing and providing training to develop new skills for both employees and volunteers. We have managed to secure more equipment for our youth group activities and plan great events as soon as it became safe to do so. PARCA has launched a new website that can be accessed for more information.

Finally, I'm looking forward to the years ahead, I know that we will continue to work through every challenge that comes our way and support more people in need.

Best Wishes,
John Kasensa
Chair of PARCA

CEO MESSAGE

What a busy year we have had! I am delighted to say that we have been able to support service users more than ever with an increasing demand for various needs, including social activities where nationality met one another. This was achieved through drop in, learning sessions, youth clubs, volunteering, cultural activities, IT courses and employment as a whole. Most of our beneficiaries from different nationalities were satisfied with the services provided to them as PARCA was able to satisfy their needs and resolve the issues and other problems they encountered.



Overall, PARCA is having a defining impact on the lives of its beneficiaries, many of whom spend years engaging with the curriculum and inviting their families and friends to do the same. Beneficiaries often see PARCA's as a second home where they can grow in a friendly and supportive environment. We had very concrete feedback from our beneficiaries on how they trust PARCA and expressed their comfort in a safe environment.

Beneficiaries told us that PARCA is a place of refuge with "friendly people" and always eager to help. PARCA had also improved the well-being of beneficiaries in tackling mental health during the Covid-19 pandemic. PARCA ensured that people understood the language, and social norms and to be part of a society where everyone is welcomed and integrated into the city of Peterborough. There were no significant barriers to accessing Unity Hall as PARCA remains a user environmentally friendly for everyone and those with disabilities.

PARCA ESOL classes have seen the waiting list rising every month because people have realised how important it is to learn English, as this can help them to understand Life in the UK and build their career aims.

Social activities are on top of our survey where service users indicate the importance of breaking loneliness, mental health includes emotional, isolation and building a bridge of happiness, and joy and meeting new people for friendship.

I appreciate people joining our organisation as volunteers to give back to the community and help people to build their self-esteem to become strong. Every volunteer has been an ambassador for PARCA. This year we have increased the number of volunteers from 30 to 36.

CEO MESSAGE CONTINUED

The PARCA HUB has increased the number of community groups since the lockdown, and our centre became more operational from local grassroots groups of organisations that are unfunded to allow them to perform their activities freely.

With our strong team, we have been able to accomplish many challenges and meet the needs of our service users. Our volunteers have been great and give robust support to our organisation, from our new staff members and volunteers. Thank you all for your support.

A massive thank you to our funders and everyone's contribution as PARCA wouldn't be able to deliver the service needed to our service users, but with your support, we were able to convey and we will continue to do so.

Moez Nathu
CEO of PARCA



FUNDERS

We would not be able to meet our aims and objectives without the funders who have supported PARCA financially. Our thank you goes to all funders and individual donors who support PARCA to help people in need.



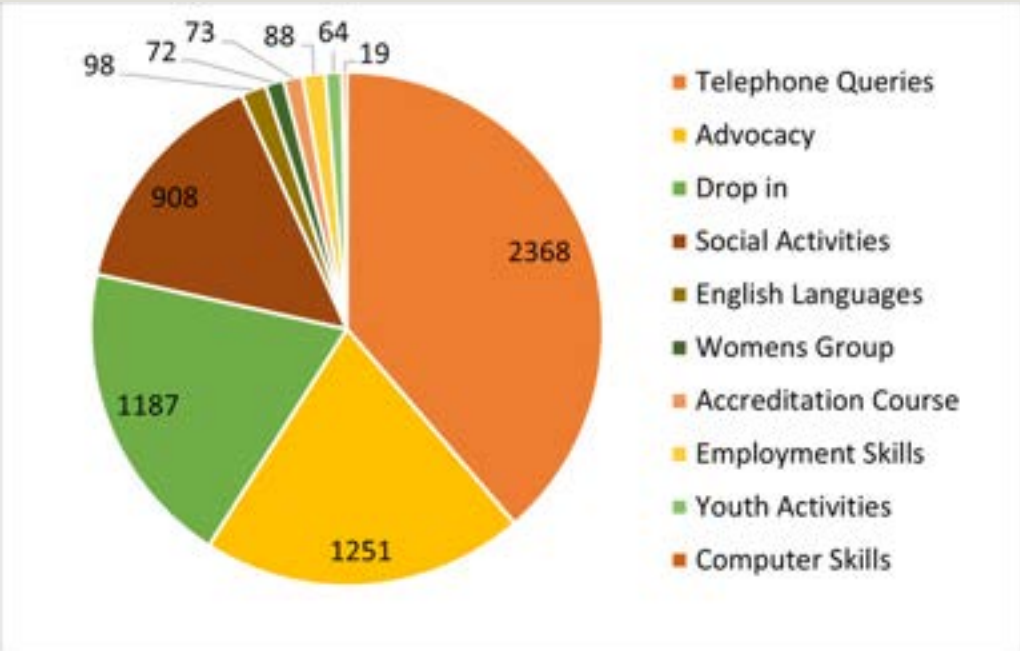
“

“PARCA is lifeline for many families who need support”

”

BENEFICIARIES

This chart shows how many beneficiaries we have supported through our different services and activities this year.



The following are the different nationalities of service users we have supported this year:

- | | |
|--------------------|---------------------------|
| 1. Afghanistan | 21. Guinea-Bissau |
| 2. Albania | 22. Hungary |
| 3. Algeria | 23. India |
| 4. Angola | 24. Iran |
| 5. Argentina | 25. Iraq |
| 6. Bolivia | 26. Italy |
| 7. Brazil | 27. Jamaica |
| 8. Bulgaria | 28. Kenya |
| 9. China | 29. Latvia |
| 10. Columbia | 30. Libya |
| 11. Czech Republic | 31. Lithuania |
| 12. DR Congo | 32. Moldova |
| 13. East Timor | 33. Nigeria |
| 14. Egypt | 34. Pakistan |
| 15. El Salvador | 35. Philippines |
| 16. Eritrea | 36. Poland |
| 17. France | 37. Portugal |
| 18. Germany | 38. Romania |
| 19. Ghana | 39. Sao Tome and Principe |
| 20. Greece | 40. Senegal |



- | | |
|-----------------------|------------------------------|
| 41. Sierra Leone | 51. Ukraine |
| 42. Slovakia | 52. Uruguay |
| 43. Somalia | 53. United States of America |
| 44. Spain | 54. Zambia |
| 45. Sudan | |
| 46. Spain | |
| 47. Thailand | |
| 48. Trinidad & Tobago | |
| 49. Tunisia | |
| 50. Turkey | |

GOVERNANCE & STRATEGY

TRUSTEES ANNUAL REPORT

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act, submit their annual report and the financial statements of Peterborough Asylum and Refugee Community Association (PARCA) for the year that ended 31 March 2022. The Trustees confirm that the annual report and financial statements of the Company comply with current statutory requirements, the requirements of the Company's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102).

The Board of Trustees are satisfied with the performance of the charity during the year and in the current position consider that the charity is in a strong position to continue its activities during the coming year and that the charity's assets are adequate to fulfil its obligations. The legal and administrative information is set out in this report. The financial statements comply with current statutory requirements for the management of charity finances.

STRUCTURE, GOVERNANCE AND MANAGEMENT

PARCA is a charitable company limited by guarantee. The Company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association.

The Trustees are legally responsible for all aspects of the governance and management of the organisations; its finances, its employees, its services and its legal obligations to the Charity Commission. The Board meets bi-monthly to consider all matters of strategic management, financial probity, policy and direction. Smaller sub-groups or working parties may be formed and meet between these full meetings. Responsibility for day-to-day general management and expenditure within planned budgets is delegated to the CEO and the Senior Management Team.

THE METHODS ADOPTED FOR THE RECRUITMENT AND APPOINTMENT OF NEW TRUSTEES:

It is the responsibility of the Trustees to seek out suitable new recruits to add skills and experience to the board. Potential Trustees are nominated by a current trustee or, if a member of PARCA for at least one year, may put themselves forward for election at the AGM. The Board may also co-opt a new trustee to meet the specific skills needed by the board.

THE POLICIES AND PROCEDURES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES:

An induction procedure is in place for new trustees to ensure they are fully aware of the work of PARCA and their responsibilities as a trustee such as being issued with the Models and Articles of Association, key policies and CC3 (guidance on the role of trustees issued by the Charity Commission).

THE ORGANISATIONAL STRUCTURE OF THE CHARITY AND HOW DECISIONS ARE MADE:

Strategic decision making is the responsibility of the Board of Trustees. The implementation of these decisions is the responsibility of the CEO and Senior Management Team, who relay any key information to the staff and volunteers.

THE MAJOR RISKS TO WHICH THE CHARITY IS EXPOSED AND SYSTEMS TO MITIGATE RISKS:

The trustees identify the major risks to which the charity is exposed each financial year when preparing and updating a strategic plan, in particular those related to the operations and finances of the charity. The trustees then review any major risks which have been identified and establish systems to mitigate those risks. The charity is satisfied that the systems are in place to mitigate exposure to any major risks which have been identified.

The trustees consider that the main risks for the continued undertaking of PARCA's work relate to:

Fundraising – How we raise and manage the funds and resources we have needs to be considered. We are reliant on relatively small grants that only cover part of the resources we need to continue our core activities. To reduce risks of inability to secure the funds needed to cover our core work, we need to identify and develop suitable projects that are deliverable over several years, in order to stabilise the growth experienced during the 2021/22 financial year.

Staff Retention – We are dependent on the services of a very small team of specialist staff. If we were to lose key staff this would make it very difficult to continue to deliver services at the current scale of what is needed. To mitigate this risk, we will undertake reviews with staff to ensure we are offering the development opportunities they need, therefore increasing the likelihood of retaining staff who are well motivated to serve PARCA and our communities.

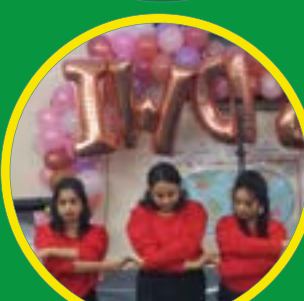
Restructuring – We need to explore the correct structure to be able to deliver at the size and scope of our expanded delivery. This means really exploring the management structure and the staffing needed to deliver projects. We need to identify what core roles are needed in order for us to continue to serve communities in need, to guarantee that we have the paid staff needed and to ensure that volunteers who are essential to successful delivery feel valued and supported in their roles.

Organisational Structure – We need to take some time to reflect on how we work and review systems that can be utilised to make us as efficient and effective as possible. We need to ensure we are always looking to improve how we work, so we can continue to use our resources effectively and continue to meet the growing demands that Covid-19 has exemplified.

Partnerships – We need to continue to identify and bring on board new partners who refer individuals and families in need of our services. We also need to identify and develop new partners that we can refer on to, so that the people we encounter in our work can access the support that is available across different organisations. In this way, we will be able to ensure that people facing disadvantages have access to services needed to help lift them to achieve their true potential. We know that we cannot do everything that our service users need and it is prudent and effective use of our time and resources to know who else can provide services needed by our service users.

Covid-19 – Much of what we have done in the last 12 months of this reporting period has really helped us to adapt to the changing context of our communities going forward. We have had to be agile in our response to what our communities need and moving into and out of remote services at short notice to comply with government restrictions. We know the communities we serve find it more challenging to access services remotely and now we have working through face to face to support those who are suffering or are digitally excluded. The Centre is fully operating face to face, using appropriate guidance with precaution for handwash and sanitise.

ACTIVITIES AT PARCA



SUMMARY OF THE MAIN ACHIEVEMENT

Projects Implemented April 2021 to March 2022

Over the last 12 months PARCA has continued to develop and deliver a range of projects to meet the needs of our service users.

PETERBOROUGH EMPOWERMENT ACTIVITY COMMUNITY HUB (PEACH)

This project is funded by The National Lottery. This is a fourth year of the project with successful outcome, and during the last 12 months as part of this multi-faceted project, we have achieved : ESOL, Youth, Employment, outreach and more.

ESOL: English for Speakers of Other Languages

Our English classes have returned to be face to face. The ESOL course has helped learners to boost self-confidence and encouraged self-reaction.

The ESOL course is non-accredited but has a high range of delivery and the course is arranged by levels progressing from Pre-entry/Basic to Entry Level 1/A2. Classes take place 8 times a week and our waiting lists have had increased numbers. The demand for ESOL is high and the classes are delivered by trained staff and volunteers.

Prior to joining an ESOL class from referral through Job Centre and other partners, potential learners are invited to attend an advice session where their reading, writing, speaking, and listening skills are assessed.

Feedback from ESOL Learners

"I would recommend this course as it gives confidence and motivation and support, I needed."
ESOL learner Inga

"It is a very nice, calm place. It helped me to meet nice, friendly people and to get involved in English society."
ESOL learner Maksood



Youth Club

Our youth club sessions have increased in numbers due to lack of opportunity in the areas. The transition of young people has been difficult, therefore our Youth Officer has engaged with many young people from different ethnic backgrounds to bring them together and create a friendship through sport activities indoor or outdoor. Our volunteers in sessions help the young people to understand their homework given by school.

The table tennis and soccer table are most popular, and the young people like to play to socialise and have fun. The times of the sessions change depending on whether it is term time or school holidays.



Volunteering

PARCA volunteers freely offer their time and expertise to the organisation. Our volunteers are at the heart of everything we do here at PARCA. Volunteering is becoming increasingly important these days due to language barriers, as they help us to understand the need of our clients and they can involve them in social activities.

Our volunteers contribution, passion and commitment mean that PARCA can provide support to those in our communities that seek our help during their most difficult moments.

“

“[PARCA] has allowed me to fulfil my desire to give back and help people

”



Drop in

Our drop-in sessions have increased over two years, this year we managed to support 6128 and 1251 advocacy from all nationalities, which are facing difficulty in reading or understanding the system. The advocacy session is to support and stand with our clients during their difficulties to make sure the transition goes well. We have learnt not everyone has knowledge of system.

Some of support we offer at our drop ins include:

- Helping clients in making new claims
- Use of phone to contact housing department, letting agencies, landlords and benefits agencies
- Liaising with other agencies and partners on behalf of service users
- Providing assistance with completing housing applications and other form filling support
- HMRC & Customs; Tax Credit, CHD Benefit, NI Number, and more



EMPLOYMENT & IT SUPPORT

We have continued with employment advice and supporting those that have a work permit. The number of people wanting to register to search for employment full or part-time is increasing. Support provided includes access to training, CV preparation, job search & interview/presentation skills, help obtaining a driving licence and more.

“**PARCA gave me more confidence in myself.**”

”



Direct feedback from group members who contributed to focus groups:

"Before starting at PARCA, I couldn't leave the house because I couldn't speak English at all... My whole body used to shake, and I started sweating because I was scared, as I didn't know how to respond. Now, this doesn't happen, and I can comfortably respond. I feel more confident in social spaces, and I feel comfortable going out, and enjoy shopping or going to the park."



"When I talk to people [at PARCA] I feel good inside; it gives an emotional release, so there is a big impact in my personal life"



"I was very stressful in my life, one day my friend takes me to PARCA for coffee and feel something relief to find table tennis people are playing and I ask to join. It was my first time I smile and shake hand with other who was playing together. I came out from centre with happiness."



EU SETTLEMENT SCHEME ADVICE

We continue to support EU Citizens to apply for settlement. PARCA successfully secured Office of the Immigration Services Commission (OISC) accreditation to provide advice to EU migrants who wanted to settle in Peterborough post Brexit. Additionally, we also secured vital funds from the Home Office to deliver advice and support for EU migrants who wanted to apply for pre-settled or settled status. The funding has been extending until March 2023.

Case Studies

A Romanian family was struggling to understand the system for filling the form of settlement and using Home Office Code as part of the system to log In. He approached our team for support and after successful submission, has received a successful outcome for his family. He bought a box of chocolate to say thank you to the team.

A Portuguese man who was working in the food industry 6 days a week, could not find a day to update his family paperwork for the Home Office. He requested help from the PARCA team after 8 pm. The caseworker has supported him, and he was very grateful and thanked everyone.

VPRS RESETTLEMENT

The Syrian Resettlement Scheme started when the lockdown became lifted. We have continued to support people who have arrived through this scheme through befriending support, which proved vital in helping to ensure we were able to continue to meet the needs of some of the most vulnerable arrivals in Peterborough. We have remained the preferred provider by Peterborough City Council under their agreement with the Home Office and have recently recommenced this service to new Syrian arrivals.

AFGHAN RELOCATIONS AND ASSISTANCE POLICY (ARAP)

Peterborough City Council has commissioned PARCA to support the ARAP project by assisting the new arrivals of Afghan refugees through the scheme. This is to help them with integration, orientation, and life in UK. Our first family of three arrived in October 2021. The council has pledged for 100 people to come to Peterborough and our packages are:

Meet and Greet - Orientation support - Integration Support

When they first arrive, families receive intensive support from caseworkers, ensuring that they have access to benefits, healthcare, housing and education. As they continue to settle, we support their integration through learning English, developing their skills to support employability and nurturing their individual goals. We have an induction information pack that covers all aspects of life in the UK, to make them understand how the system works.



BRITISH NATIONAL (OVERSEAS) HONG KONG RESETTLEMENT

Funded by DLUCH, this project provides one to one, holistic integration support for British National (Overseas) [BN(O)] status holders and their dependents who are living in Peterborough and the local area. We recruited a dedicated Project Manager to work solely with BN(O) status holders and be responsible for implementing the following streams of the project:

Completing a needs assessment with any new arrivals and providing advice and advocacy where necessary regarding the following issues:

- Housing and accommodation
- Welfare and financial support
- Applications for school places for children
- Employment
- Registering with a GP
- Setting up a bank account

In addition to casework support, the new arrivals will also be offered access to other projects at PARCA and external agencies. These projects will facilitate their integration such as ESOL classes, befriending and orientation in Peterborough, Women's group, skills-based training, volunteering opportunities and youth activities.

ASYLUM AND REFUGEE PROJECT

Lloyds Bank Foundation provided a second year of the grant during this financial year, to help us to ensure our clients who are seeking asylum or have gained refugee status in the last 2 years, are provided with essential advice and support. This enables us to help them to settle and integrate into their new community. Through this project we have provided support to engage with legal advisors, welfare rights advice, and advocacy to ensure they were receiving their true entitlements and helping with other complex problems experienced through lack of awareness of UK structures and systems.

“There are so many stresses, PARCA brings blessings, and positive outcomes with a personalised approach so you don’t fall through the cracks.”

REBUILD COMMUNITY CONFIDENT INTEGRATION SUPPORT

This project is funded by Award for All, to create a friendly environment with neighbours to rebuild communities together through social activities that we engage with different nationalities and faiths. We have built strong relationships in and across communities. We help more people to reach their potential, by supporting them at the earliest possible stage. Our volunteers who speak dual languages have helped to encourage community members to come to our centre, which is a safe space. Some people have lost the confidence to come out from their home due to the pandemic, but the PARCA Team encourages service users to come into our community centre to create a social gathering. This project runs every Friday.

“When I moved to the UK I felt isolated, and PARCA helped me meet many people and make friends. It also gives me a reason to get out of my house”

WELLBEING AND WORK FOR REFUGEE INTEGRATION PROJECT

In partnership with PARCA, SMP (Strategic Migration Partnership) and EELGA (East of England Local Government Association), continue to deliver the Wellbeing and Work for Refugee Integration Project. The project comes in two main strands: well-being and work. The well-being side is headed by qualified therapists working for the Refugee Council. The work aspect of the project is led by PARCA, and the main aim of the project is to help people into work or help to upskill them on the journey towards employment.

Anyone who is a refugee or a 3rd country national who doesn't have a UK/EU passport can sign up to this project. Signing up consists of a skills assessment with the employment coach who will take information from the client such as work and educational history and skills questions, and then make an action plan for the client.

The goal is meaningful employment, and the plan outlines the steps needed to be taken beforehand to reach their goals. A CV can be created or updated, free courses can be provided, including IT Skills, driving theory, life skills and job search. The project has also partnered with other organisations such as the Refugee Council and Starbucks to offer Retail & Hospitality courses.



4

Beneficiaries (3 Ukrainian and 1 Yemeni) were employed as full-time Christmas Temps at Waitrose for 3 weeks. The feedback from the beneficiaries and the Waitrose Manager was that it was a great experience and all will be considered going forward for permanent roles when they become available.

3

Ukrainian beneficiaries took part in the IKEA/Refugee Council Work Placement Program, all 3 completed an employability course and had successful interviews taking them onto the 8-week paid work placement starting in January. When the work placement is completed they will have 'internal interviews' for a permanent role with IKEA.

YOUTH AMBASSADORS

Through this project funded by Near Neighbours, we recruited, trained, and supported 12 “Youth Volunteer Ambassadors” to support engagement in local areas. This included answering questions, providing information and signposting around public health messages. The young volunteer ambassadors circulated and supported strategic messaging in their community around public health ensuring that messaging was culturally specific through appropriate mediums and via people they trust and respect.



We also recruited and facilitated 16 - 25 participants for the delivery of the Ripple Effect Training, which enabled them to develop other initiatives to support young people outside of PARCA. These initiatives included developing new organisations and projects and supporting these new groups to apply for further funds from Near Neighbours.

REFURBISHMENT OF THE CENTRE (UNITY HALL)

Daughter of Jesus funding has supported PARCA during the year for capital repairs and refurbishment of the centre. This included repairs to the roof and replacing a fire exit door, which were essential to us continuing to use Unity Hall, which is at the heart of the communities we support. This support also enabled PARCA to build a hygiene point in the entrance to ensure that any staff, volunteers, and visitors are easily able to wash their hands on entry to the centre.



COVID-19 SUPPORT

Peterborough City Council continue to provide a Covid-19 commissioned grant, which enabled the PARCA team to support people to get tested and understand the requirements for self-isolation throughout the pandemic. This helped to reduce the spread of infections in workplaces and in homes.

Our support included translating information into the mother languages of service users, for better understanding of the guidance from government information. The team worked very hard to save lives by providing this information. This service was especially hard because people were calling in during all hours of the day. We have also provided face masks, PPE and sanitisers to support their need.

Our support also included patrols in communities at Central wards with high rates of infection and/or high rates of migrant & refugee communities, who needed more support to engage with public health messaging around Covid-19 restrictions.

The range of advice we provided to people included:

1. Support in claiming Universal Credit, including advocacy over any issues with setting up their claim
2. Support in advocacy with landlords to agree repayment plans when they hadn't been able to pay rent due to loss of income
3. Budget advice
4. Support in looking for work, developing a CV and written applications, support in telephone calls to arrange interviews
5. Signposting to other local services
6. Support in accessing health care, including testing for Covid-19
7. Referrals into PARCA group activities to reduce loneliness and isolation amongst migrant and refugee communities
8. Food parcels for low-income families and those who are seeking asylum.



MIGRANT HOUSING RIGHTS PROJECT

The TDS Foundation has funded our organisation to support the housing rights of refugee and migrant communities, including:

- Best practice in the management of private rented housing
- Legal rights and obligations of those involved in the provision or management of private rented housing

The aim of this Migrant Housing Rights Project is to increase understanding amongst refugee and migrant communities about their rights as tenants in private rented accommodation. It also aims to improve communication and tenant-landlord relationships, so that tenants can get issues they are facing resolved quickly and private landlords are more open to renting their properties to people from migrant and refugee backgrounds.

Our team has supported those who are struggling with Tenancy Agreements and to make them understand under the law of Tenant Guide. Outside of the project sessions, anyone with complex cases been given the appointment to follow up. The training has provided monthly by local letting agency.

1ST COHORT	2ND COHORT
23rd July 2022: 11.30am - 1.30pm Advice for people who are looking for private rented accommodation	20th October 2022: 5.30pm - 7.30pm Advice for people who are looking for private rented accommodation
19th August 2022: 12pm - 2pm Advice for people facing issues with their landlords	11th November 2022: 12pm - 2pm Advice for people facing issues with their landlords
15th September 2022: 5.30pm - 7.30pm Budgeting advice to prevent people falling into rent arrears	10th December 11.30pm - 1.30pm Budgeting advice to prevent people falling into rent arrears

SOCIAL EVENT ACTIVITIES

In our last survey, social events and activities had the highest results, where service users expressed their gratitude and the importance of breaking the wall of loneliness, reducing isolation and mental health. This includes emotional, psychological, and social well-being, which we try to overcome through joyful meet up with refugees, asylum seekers, migrants and local communities for friendship.

Everyone who attend our events are very satisfied with the PARCA Team and they have appreciated the effort to organise such events. In our events, we have the opportunity to recruit more volunteers to support our work and build their capacity . This enabled people to build relationships of trust with others and helped to relieve some of the loneliness and distress they were feeling.

The PARCA Team were also able to give practical advice and signposting where appropriate and necessary. We have held three social gathering event that bring 608 people to PARCA, and monthly around 20-23 people for Breakfast Club, Women's Group, and other sessions.

International Women's Day

The theme of this years event was **#BreakTheBias**. It was very successful with performances, music, dance and cultural food. The event was planned for 5pm – 7pm but we finished at 9pm. 26 nationalities attended, and 188 people attended the event.

Event Feedback

" I live here (in Peterborough) with just my mother, so I love the social aspect of PARCA the most. The people that come here are the best, and it's just grown and grown in numbers over the years. These events are so great!"



Refugee Week

The theme for 2021 was "Healing" and was aimed at refugees, asylum seekers, migrants, and local residents. Due to Covid-19 restrictions the PARCA team made the decision to cancel the planned Refugee Week event. We were able to celebrate only virtually through social media, and we look forward to celebrating together in person again hopefully next year.

Festive Party

Unfortunately due to Covid-19 restrictions and guidance, the PARCA team made the decision to cancel the annual Festive Party. This was to protect service users, staff and volunteers. To ensure that no child missed out, the PARCA team delivered presents to all the children that had signed up to our Festive Gift Appeal following social distancing guidelines. Despite not being able to celebrate at the party, it was amazing to see the smiles of all the children that received a gift.

A big hank you to everyone that donated gifts to help brighten this festive period for the children we support.



ADDITIONAL ACTIVITIES DURING THE YEAR

WIDER PARTNERSHIP

- We continue our partnership with Local Authority in many pilot projects: Covid-19, UK VPRS and ARAP schemes.
- The Peterborough Multi Agency Forum (MAF) is a platform that bring 46 organisations together from statutory, voluntary sector and faith groups. The forum runs 6 meetings a year to find solution for any issues raised in the city. Our CEO is chair of the forum and it is well represented by leaders of communities.
- PARCA continues to partner with SMP (Strategic Migration Partnership) and EELGA (East of England Local Government Association) to run the Wellbeing and Work for Refugee Integration Project.

VOLUNTEERING

PARCA has a fantastic team of volunteers who make it possible to run the wide variety of projects that we do. Our volunteers also work “behind the scenes”, putting in considerable time to ensure the smooth running of these projects and the charity as a whole. Their experience is invaluable and we are confident that each volunteer feels pride from what we are able to achieve for some of the most vulnerable people in our communities. Volunteering remains a strong area of our work, that helps our service-users gain experience to help them when they are ready and able to seek paid employment.

“If I didn’t volunteer at PARCA, I would be sitting at home doing nothing and eating by myself. I love coming here to meet and socialise with people.”

PRO-BONO

During the year, we shared our centre free of charge to community groups and grassroots organisations, to allow them to host community events and activities. Some of the community groups include:

- East Timor Community
- Latvian Dance Group
- Multi Agency Forum (MAF)
- Eritrean Women Group
- Bulgarian Dance Group

UPCOMING

UPCOMING EVENTS

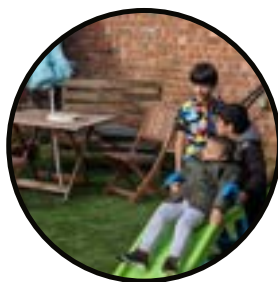
- Refugee Week - June 2022
- 20th Anniversary of PARCA - November 2022
- Festive Party - December 2022
- International Women's Day - March 2023

PRIORITIES

- PARCA will continue to develop neighbourhoods, workplace, and social spaces where different nationalities are welcome to celebrate TOGETHER.
- We will continue to implant our plan for Integration and Cohesion as well as diversity for refugees, asylum seekers, migrants, and local residents.
- PARCA will continue to run a wide range of empowerment activities for women to connect with each other and come together to take part in education, training, employment, volunteering, and social activities.
- We will continue to reduce the impacts of negative mental health by giving opportunities for service users to transfer talents and engage in the wider community - through creative activities and language skills practice.
- We will continue to invest in our staff for more training and to support their wellbeing.

MOVING FORWARD

- We will continue to follow our aims and objectives and set a priority for coming year due the demand are increasing every day. The service user's expectation is rising, and we are in need to increase staff hours for their dedication and passionate to help others.
- Funding is always needed to support much as we can.



CONCLUSION

Thank you to everyone who has taken the time to read our yearly report. PARCA is proud to have conscientious and dedicated staff members and volunteers who work incredibly hard, either in frontline delivery of projects or behind the scenes.

"GO TO PARCA" is the phrase using by referral agencies to service users for some of the most vulnerable in our communities, and recommendations from friends and family.

We thank you for your interest in our work and encourage you to support our organisation in whichever way you can, be that through funding support, donations, partnerships, volunteering or joining our team.

Please visit our website and social media for the latest updates from our organisation.

Thank you





**PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION
(PARCA)**

Integration & Cohesion

"Bring Peoples Together"

ANNUAL REPORT AND ACCOUNTS 2021 / 2022

Head Office:

Unity Hall, Northfield Road, Peterborough, PE1 3QH, United Kingdom

Registered Charity Number: 1152592

Registered in England and Wales Number: 08397491

First African Community Organisation in Peterborough since 2002
"Holding Hands Together for Development Across All Communities"

TABLE OF CONTENTS

Items	Page
Table of Contents	2
Report of Trustees	3
Independent Examiner's Report	4-6
Statement of Financial Activities	7
Statement of Financial Position	8
Notes to the Financial Statements	9-16

Trustees' Annual Report
Year Ended 31st March 2022

Registered Charity Number: 1152592

Registered in England and Wales Number: 08397491

Head Office: Unity Hall, Northfield Road, Peterborough, PE1 3QH

Website: www.parcaltld.org **Email:** info@parcaltld.org

Tel & Fax: 00 44 1733 563 420

Social Media: www.facebook.com/parca.peterborough, Twitter: @PARCA1

Board of Trustees: "Current"

Mr: Nondo John Kasensa **Chair of Board of Director**

Mrs: Jamila Abdu **Director**

Mr: Rusom K Embaye **Director**

Ms: Khadija Ali Husein **Director**

Mr: Mubange Kumbi **Director**

Company Secretary & CEO: Mr Moez Nathu

Independent Examiner:

Nashir Valani BSC(HONS) MAAT
VAT Accountancy Services
96 Bridge Street
Peterborough
PE1 1DY

**PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION(PARCA)
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED
31st MARCH 2022**

I report to the trustees of Peterborough Asylum and Refugee Community Association (the Charity Company) on my examination of the accounts of the Charity for the year ended 31st March 2022, which are set out on pages 11 to 16.

Respective responsibilities and basis of report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000, your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of MAAT, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any particular material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

The Independent Examiner



Nashir Valani BSC (HONS) MAAT
VAT ACCOUNTANCY Services
96 Bridge Street
Peterborough
PE1 1DY

PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION (PARCA)
STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE) FOR
THE YEAR ENDED 31 MARCH 2022

		Unrestricted	Restricted	Total	Total
		Funds 2022	Funds 2022	Funds 2022	Funds 2021
		£	£	£	£
Income					
Donations	3	106,358.00	0.00	106,358.00	120,863.00
Grants received	4	0.00	619,061.00	619,061.00	615,319.00
Total Income		106,358.00	619,061.00	725,419.00	736,182.00
Expenditure on Charitable activities		-113,082.00	- 667,942.00	- 781,024.00	-653,853.00
Total Expenditure	5-6	113,082.00	667,942.00	781,024.00	653,853.00
Net income/(Expenditure)		- 6,724.00	- 48,881.00	- 55,605.00	82,329.00
Reconciliation of Funds					
Total Funds Brought Forward		33,192.00	106,898.00	140,090.00	57,761.00
Total Funds Carried Forward	13	26,468.00	58,017.00	84,485.00	140,090.00

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 6 to 16 form part of these financial statements

PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION(PARCA)

BALANCE SHEET AS AT

31 MARCH 2022

	Notes	2022	2022	2021	2021
		£	£	£	£
Tangible fixed assets	12		31,966.00		21,437.00
Current Assets					
Cash at bank and in hand	13	84,485.00		140,090.00	
Creditors: Amounts falling due within one year	10	(31,966.00)	52,519.00	(21,437.00)	118,653.00
Net Current Assets			84,485.00		140,090.00
The funds					
Unrestricted funds			26,468.00		33,192.00
Restricted funds			58,017.00		106,898.00
Total Funds	13		84,485.00		140,090.00

The company was entitled to exemption from audit under section 477 of the Companies Act 2006. The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

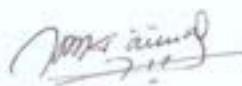
The trustees acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Nondo John Kasensa



Date: 25/11/2022

Jamila Abdu



Date: 25/11/2022

PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION(PARCA)
NOTES TO THE FINANCIAL STATEMENTS FOR YEAR ENDING
31 MARCH 2022

1 STATUTORY INFORMATION

Peterborough Asylum and Refugee Community Association is registered in England and Wales. The charitable company's registered company number, registered charity number and registered office address can be found in the reference and administrative details of the Report of the Trustees above.

Accounting Conventions

The financial statements have been prepared in accordance the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (issued in October 2019).

The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention.

The principal accounting policies adopted are set out below.

Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity is able to raise adequate resources to enable it to continue as a going concern for the foreseeable future.

Fund Accounting

Funds are classified as restricted funds and unrestricted funds.

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes

Restricted funds are used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Grants awarded are recognised in the financial statements when a commitment has been made, and there are no conditions to be met relating to the grant which remain in the control of the charity. Grants with performance conditions are only recognised in the financial statements once the recipient of the grant has provided the specified service or output.

Tangible fixed assets

Tangible assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Computer equipment	33.3% on a straight-line basis.
--------------------	---------------------------------

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

2 Critical accounting estimates and judgement

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Unrestricted incomes

	Unrestricted	Unrestricted
	2022	2021
Donations	21,818.00	3,150.00
Good Think Foundation	4,540.00	3,270.00
Near Neighbour	4,000.00	0.00
EELGA/SMP	0.00	12,619.00
Tudor Trust	16,000.00	0.00
Lloyds Bank Foundation	30,000.00	40,217.00
Daughter of Jesus	10,000.00	15,000.00
Living Sport	0.00	1,150.00
HMRC	0.00	17,352.00
Screwfix	0.00	5,000.00
National Lottery Fund	0.00	22,105.00
A B Charitable Trust	20,000.00	0.00
Letterhead seller	0.00	1,000.00
Total	<u>106,358.00</u>	<u>120,863.00</u>

4 Restricted income

	2022	2021
	£	£
National Lottery Community Fund	78,665.00	78,025.00
National Lottery Community Fund Covid	0.00	40,435.00
A4A	9,990.00	0.00
PCC Covid	131,387.00	0.00
Home Office EUSS	66,785.00	38,345.00
Tudor Trust	30,000.00	36,000.00
Lloyds Bank Foundation	0.00	20,000.00
Community Justice Fund	40,000.00	0.00
CCF GVC	5,000.00	0.00
TDS Charity	3,307.00	0.00
Ash Worth	3,000.00	0.00
DLUCH	24,057.00	0.00
CCF Community Think	5,000.00	0.00
Peterborough City Council SRRP & ARAP	203,937.00	85,975.00
EELGA/ SMP	17,933.00	0.00
CAF Charity	0.00	9,620.00
AB Charitable Trust	0.00	20,000.00
Peterborough City Council Covid-19	0.00	95,557.00
RAF Charity	0.00	4,600.00
Cambridgeshire Community Foundation	0.00	32,618.00
Cambridgeshire Community Foundation/ Timore	0.00	4,000.00
Sport England	0.00	5,000.00
Access Justice Fund	0.00	20,000.00
BAME	0.00	19,963.00
Postcode Neighbour	0.00	19,968.00
Barrow Cadbury	0.00	49,300.00
Strode Charity	0.00	5,000.00
BBC IN	0.00	13,800.00
Loan Shake	0.00	5,000.00
Voice4Change	0.00	8,963.00
Near Neighbour	0.00	3,150.00
Total	619,061.00	615,319.00

5 Unrestricted Expenditure

	2022	2021
	£	£
Service User Expenses	7,508.00	4,036.00
Refreshments	3,090.00	0.00
Youth Activities	5,574.00	8,655.00
Women's Activities	2,187.00	635.00
Publicity and Printing	1,099.00	506.00
Insurance and Bank costs	901.00	0.00
Consultancy and Training	15,949.00	0.00
Sessional Staff	22,358.00	16,315.00
Management Costs	2,515.00	0.00
Volunteer Expenses + Mileage	6,103.00	5,096.00
Educational Materials Equipment	9,152.00	8,306.00
Software and website maintenance	6,884.00	7,260.00
Building Maintenance & Adaption Covid-19	5,198.00	14,856.00
DBS Checks	355.00	1,540.00
Independent Examiner (accounts)	750.00	750.00
Staff Expenses	2,098.00	655.00
Hardship Support Financial Rent & Other need	14,987.00	18,994.00
Hardship Food Parcel & Hot Meal	3,188.00	9,555.00
Sundry	1,198.00	<u>2,005.00</u>
Vehicle + fuel cost	1,988.00	0.00
Total	<u>113,082.00</u>	<u>99,164.00</u>

6 Restricted Expenditure

	2022	2021
	£	£
Rent + Hall Hire + Utilities	31,655.00	22,750.00
Equipment	26,488.00	22,595.00
Service User Expenses	18,369.00	15,122.00
Refreshments	5,026.00	2,605.00
Events and Activities	4,982.00	1,560.00
Youth Activities	17,065.00	15,513.00
Women's Activities	9,542.00	7,360.00
Publicity and Printing	2,989.00	3,066.00
Insurance and Bank costs	3,101.00	2,986.00
Consultancy and Training	22,540.00	26,155.00
Evaluation	17,050.00	15,480.00
Salaries + Pension	345,843.00	276,345.00
Sessional Staff	81,569.00	74,745.00
Management Costs	4,500.00	5,250.00
Volunteer Expenses + Mileage	8,220.00	7,465.00
Educational Materials Equipment	8,219.00	7,876.00
Software and website maintenance	2,899.00	766.00
Building Maintenance & Adaption Covid-19	15,955.00	5,060.00
DBS Checks	1,045.00	0.00
Administrative Expenses	19,498.00	17,528.00
Staff Expenses	4,157.00	4,596.00
Hardship Food Parcel & Hot Meal	5,040.00	14,393.00
Sundry	2,988.00	5,473.00
Vehicle + fuel cost	9,202.00	0.00
Total	667,942.00	554,689.00

7 Net income/expenditure

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Net income/(expenditure) is stated after charging/(crediting):		
Independent examination	750.00	750.00

8 Trustees' remuneration

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

9 Staff Costs

2022	2021
£	£
345,843.00	276,345.00

The average monthly number of employees during the year was as follows:

	2022	2021
Administration staff	21	19

No employees received emoluments in excess of £60,000

10 Creditors: Amounts falling due within one year

	2022	2021
	£	£
Depreciation of fixed assets	<u>15,959.00</u>	<u>10,719.00</u>

11 Movement in funds

	On 1 April	Income	Expenditure	On 31 March
	2021	2022	2022	2022
	£	£	£	£
Unrestricted funds	33,192.00	106,358.00	(113,082.00)	26,468.00
Restricted funds	<u>106,898.00</u>	<u>619,061.00</u>	<u>(667,942.00)</u>	<u>58,017.00</u>
Total funds	<u>140,090.00</u>	<u>725,419.00</u>	<u>(781,024.00)</u>	<u>84,485.00</u>

12 Tangible fixed assets

	Computer equipment
Cost	£
As at 1 April 2021	21,437.00
Additions	26,488.00
At 31 March 2022	47,925.00
Depreciation	
Charge for the year	
At 31 March 2021	-15,959.00
Net book value	31,966.00
At 31 March 2022	31,966.00
At 1 April 2021	21,437.00

13 Cash at bank and in hand

Cash and cash equivalents include cash in hand, deposits and other short-term highly liquid investments that are readily convertible to known amounts of cash with insignificant risk of change in value.

14 Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total funds	Total funds
	2022	2022	2022	2021
	£	£	£	£
Tangible assets	0.00	31,966.00	31,966.00	21,437.00
Net current assets	26,468.00	58,017.00	84,485.00	140,090.00
Liabilities	0.00	(31,966.00)	(31,966.00)	(21,437.00)
Total funds	26,468.00	58,017.00	84,485.00	140,090.00

15 Related party transactions

The Company has not entered into any related party transactions during the year, nor are there any outstanding balances owing between related parties and the Company at 31 March 2022.

16 Ultimate controlling party

The Board of Trustees are considered to be the ultimate controlling party.



PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION (PARCA)

Head Office: Unity Hall, Northfield Road, Peterborough PE1 3QH

Accounts



PETERBOROUGH ASYLUM AND REFUGEE COMMUNITY ASSOCIATION

“Bringing People Together”



ANNUAL REPORT AND ACCOUNTS

1 APRIL 2020 – 31 MARCH 2021

Head Office:

Unity Hall, Northfield Road, Peterborough PE1 3QH

Registered Charity Number (England and Wales): 1152592

Company Registration Number (England and Wales): 08397491

First African Community Organisation in Peterborough since 2002

2021
2022



LEGAL AND ADMINISTRATIVE INFORMATION	2
VISION	3
CHAIRS FOREWORD	4
GOVERNANCE AND STRATEGY	5
RESERVES POLICY	7
PUBLIC BENEFIT STATEMENT	7
PROJECTS DELIVERED IN THIS YEAR	8
1. Peterborough Empowerment Activity Community Hub	8
2. EUSS Advice	10
3. Syrian Resettlement	11
4. ESOL Classes	11
5. Wellbeing and Work for Refugee Integration Project	12
6. Mental Health Support	14
7. Lloyds Bank Foundation	15
8. Physical Activity	15
9. Census Support	15
10. Covid-19 Support	15
11. BBC Children In Need	16
12. Near Neighbours	17
13. Daughter of Jesus	17
OTHER ACTIVITIES DURING THE YEAR	18
1. PARCA Gift Give Away	18
2. Volunteering	18
3. Paul Bristow MP Visit	18
4. PARCA Civic Award	18
WORK WITH REFUGEE SUPPORT NETWORKS IN PETERBOROUGH	20
1. BAME Community Group Workshops	20
2. Multi Agency Forum	20
BENEFICIARIES	21
FUNDERS	22
CHALLENGES AND COVID RESPONSE	23
UPCOMING PROJECTS	25
1. Afghan Resettlement	25
2. Hong Kong Resettlement	25
3. Priorities for PARCA Going Forward	25
CONCLUSION	26
ANNUAL ACCOUNTS	27

LEGAL AND ADMINISTRATIVE INFORMATION

Peterborough Asylum and Refugee Community Association (PARCA)

Registered Charity Number: 1152592

Company Registered in England and Wales Number: 08397491

Office Address: Unity Hall, Northfield Road, Peterborough PE1 3QH

Website: www.parcaltld.org

Email: info@parcaltld.org

Telephone: +44 1733 563420

Facebook: www.facebook.com/parcaltld

Twitter: @PARCA1

Board of Trustees

Mr Nondo John Kasensa (Chair)

Mrs Jamila Abdu

Mr Rusom K Embaye

Ms Khadija Ali Hussein

Mr Mubunge Kumbi

CEO and Company Secretary

Mr Moez Nathu

Independent Examiner

Nashir Valani BSc (Hons) MAAT

VAT Accountancy Services

60 Lincoln Road

Peterborough

PE1 2RZ

Refugees, asylum seekers, BAME and migrant communities and other disadvantaged people all have the skills and confidence they need to realise their potential and they are integrated in Peterborough, a city that respects diversity.

Aims and Objectives

PARCA aims to improve the conditions and quality of life for refugees, asylum seekers and migrants who reside in Peterborough and its surrounding areas. It runs specific projects for young people and adults as well as through the following activities:

- Providing a one stop centre with advocacy; interpreting and translation; job search, training and skills development; advice and information including advice on welfare benefits and household matters.
- Providing refugees, asylum seekers and migrants with opportunities to meet one another, to access services including housing, education, and health, with activities to encourage the valuing of diversity, cohesion and integration.

Welcome to this annual report for the year April 2020 to March 2021. This year has been especially challenging for all of us with the Covid-19 pandemic. As I write this we are hopeful that vaccine distribution will help steer us towards the ending of the constraints we have faced, however it is still looking like we will have to live with Covid-19 for some time to come.

When the pandemic first started, we had a very large contract put on hold, which was for our Syrian Resettlement work as the Home Office froze the programme. This caused significant concerns for PARCA as it was our largest project and largest source of income. Despite this, we achieved growth over the year, due in part to a large number of grants coming through that were focused on the pandemic response. However, many of these grants have come to an end at the close of this financial year and we are therefore again concerned about the financial options available to us. We have decided that it would be good to explore building a more sustainable funding model to reduce dependence on grants and this is something we plan to develop over the coming years.

One thing is clear to me though, which is how well people have worked together when it is for the greater good of the community. PARCA has seen that with the very generous donations which were given for the Xmas gift appeal to help families who are less fortunate during these tough times.

Throughout the last year staff have been working hard at PARCA, some in front line roles and others behind the scenes to implement projects that will improve our facilities and services here at Unity Hall.

We have invested in more equipment for our youth group activities and are planning some great events as soon as it is safe and permitted to do so - keep an eye on our website and social media feeds for more details.

I'm sure that we all are looking forward to brighter times ahead and we hope that in 2022 and beyond that we are able to start moving forward from the very challenging times we have recently experienced.

Best Wishes,
John Kasensa
Chair of PARCA

GOVERNANCE AND STRATEGY

Trustees Annual Report

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act, submit their annual report and the financial statements of Peterborough Asylum and Refugee Community Association (PARCA) for the year ended 31 March 2021. The Trustees confirm that the annual report and financial statements of the Company comply with current statutory requirements, the requirements of the Company's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102).

The Board of Trustees are satisfied with the performance of the charity during the year and in the current position, consider that the charity is in a strong position to continue its activities during the coming year and that the charity's assets are adequate to fulfil its obligations. The legal and administrative information set out on page 2 forms part of this report. The financial statements comply with current statutory requirements for the management of charity finances.

Structure, Governance and Management

PARCA is a charitable company limited by guarantee. The Company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association.

The Trustees are legally responsible for all aspects of the governance and management of the organisation; its finances, its employees, its services and its legal obligations to the Charity Commission. The Board meets bi-monthly to consider all matters of strategic management, financial probity, policy and direction. Smaller sub-groups or working parties may be formed and meet between these full meetings. Responsibility for day-to-day general management and expenditure within planned budgets is delegated to the CEO and the Senior Management Team.

The methods adopted for the recruitment and appointment of new Trustees:

It is the responsibility of the Trustees to seek out suitable new recruits to add skills and experience to the board. Potential Trustees are nominated by a current trustee or, if a member of PARCA for at least one year, may put themselves forward for election at the AGM. The Board may also co-opt a new trustee to meet the specific skills needed by the board.

The policies and procedures adopted for the induction and training of Trustees:

An induction procedure is in place for new Trustees to ensure they are fully aware of the work of PARCA and their responsibilities as a trustee such as being issued with the Memorandum and Articles of Association, key policies and CC3 (guidance on the role of Trustees issued by the Charity Commission).

The organisational structure of the charity and how decisions are made:

Strategic decision making is the responsibility of the Board of Trustees. The implementation of these decisions is the responsibility of the CEO and Senior Management Team, who relay any key information to the staff and volunteers.

The major risks to which the charity is exposed and systems to mitigate risks:

The Trustees identify the major risks to which the charity is exposed each financial year when preparing and updating a strategic plan, in particular those related to the operations and finances of the charity. The Trustees then review any major risks which have been identified and establish systems to mitigate those risks. The charity is satisfied that the systems are in place to mitigate exposure to any major risks which have been identified.

The Trustees consider that the main risks for the continued undertaking of PARCA's work relate to:

Fundraising – How we raise and manage the funds and resources we have needs to be considered. We are reliant on relatively small grants that only cover part of the resources we need to continue our core activities. To reduce risks of inability to secure the funds needed to cover our core work, we need to identify and develop suitable projects that are deliverable over several years, in order to stabilise the growth experienced during the 2020/21 financial year.

Staff Retention – We are dependent on the services of a very small team of specialist staff. If we were to lose key staff this would make it very difficult to continue to deliver services at the current scale of what is needed. To mitigate this risk, we undertake reviews with staff to ensure we are offering the development opportunities they need, therefore increasing the likelihood of retaining staff who are well motivated to serve PARCA and our communities.

Restructuring – We need to explore the correct structure to be able to deliver at the size and scope of our expanded delivery. This means really exploring the management structure and the staffing needed to deliver projects. We need to identify what core roles are needed in order for us to continue to serve communities in need, to guarantee that we have the paid staff needed and to ensure that volunteers who are essential to successful delivery, feel valued and supported in their roles.

Organisational Structure – We need to take some time to reflect on how we work and review systems that can be utilised to make us as efficient and effective as possible. We need to ensure we are always looking to improve how we work, so we can continue to use our resources effectively and continue to meet the growing demands that Covid-19 has exemplified.

Partnerships – We need to continue to identify and bring on board new partners who refer individuals and families in need of our services. We also need to identify and develop new partners that we can refer on to, so that the people we encounter in our work can access the support that is available across different organisations. In this way, we will be able to ensure that people facing disadvantage have access to services needed to help lift them to achieve their true potential. We know that we cannot do everything that our service users need and it is prudent and effective use of our time and resources to know who else can provide services needed by our service users.

Covid-19 – much of what we have done in the last 12 months of this reporting period has really helped us to adapt to the changing context of our communities going forward. We have had to be agile in our response to what our communities need, and moving into and out of remote services at short notice to comply with government restrictions. We know the communities we serve find it more challenging to access services remotely and we have had to change at speed but with full consideration of how remote delivery impacts some of the most marginalised communities.

RESERVES POLICY

The Trustees reserves policy is to work towards achieving 3 months running costs to enable the charity to manage in the event of a fundraising shortfall or the potential need to wind up the charity. During this financial year, we achieved restricted reserves of £109,214 (against restricted income of £615,319, therefore representing just over 2 months restricted funds) and unrestricted reserves of £30,876 (against unrestricted income of £120,863, therefore representing just under 3 months of unrestricted income).

The Trustees recognise this is partly due to an increase in funders making grants unrestricted during the year, as they reflected that charities needed more flexibility during the pandemic. Trustees are keen to continue to build reserves going forward to ensure we can maintain the flexibility needed to respond to the needs of vulnerable communities in Peterborough and will be exploring further innovations to improve our reserves position in the coming 2 years.

PUBLIC BENEFIT STATEMENT

The Trustees have considered Charity Commission guidance on Public Benefit and are satisfied that the charity is undertaking a wide variety of projects to support vulnerable migrant and refugee communities living in Peterborough. Our work is largely based in Unity Hall, which is at the heart of the most diverse ward in the city, where many of the migrant populations are living. Our work focuses on supporting communities through advice, advocacy and training to enable service users to integrate and become confident and independent, making a full contribution to their life in the UK.

PROJECTS DELIVERED IN THIS YEAR

PROJECTS IMPLEMENTED APRIL 2020 TO MARCH 2021

Over the last 12 months PARCA has continued to develop and deliver a range of projects to meet the needs of our service users.

1. Peterborough Empowerment Activity Community Hub (PEACH)

PARCA is just past the midway point on a 5 year project funded by The National Lottery (with match funding for this year provided kindly by AB Charitable Trust and Tudor Trust). During the last 12 months we have achieved the following as part of this multi-faceted project:

English Language Skills for Beginner and Intermediate

Delivered by zoom during the lockdown period, our English classes have now returned to be face to face. Classes take place 8 times a week and a total of 10 hours are delivered of varying levels. Demand for ESOL is high and the classes are delivered by trained staff and volunteers.

Youth Club and Youth Citizenship

The youth group meets three times a week. During the pandemic the youth group continued to meet via zoom instead of in person. We have covered a number of different activities with young people including sports, music, ESOL, arts, games, stop motion, outdoor activities etc. Now that we are able to meet face to face again young people come together to play table football, socialise and have fun. The times of the sessions change depending on whether it is term time or school holidays. We were also able to buy a new pool table and air hockey table to help the young people when it is safe to run activities at Unity Hall.

CASE STUDY

Anya is a refugee from Southern Asia with two children. When she approached PARCA, she was living in temporary accommodation provided by the Home Office but was struggling to access all of the support she was entitled to. She had no friends or family to help her in the local area and needed advice on claiming benefits as well as practical needs such as food and clothing. Our caseworker was able to support Anya to open a temporary bank account with Monzo which enabled her to receive both Child Benefit and Universal Credit. PARCA helped with the applications for these welfare benefits to make sure that she was receiving the correct amount. We also provided emergency food parcels and clothing which were delivered to Anya during the lockdown period. Anya was very happy with the support she received from PARCA and said that it made her feel more prepared for living independently now that she has been granted refugee status in the UK. Our caseworker continues to check in with Anya from time to time to offer emotional support and to see if there are any additional issues that she needs support and advice with.

Integration support services linked to settlement and employability

Trained advice and support staff and volunteers provide a range of different advice sessions to help our clients integrate successfully in their new community. Whilst the centre was closed we ran an advice telephone line where people could call up for help. Many requests for support during the pandemic were for emergency hardship grants, food parcels and Universal Credit applications after people lost their employment. General advice sessions now take place at the centre three times a week for a total of 13 hours. We are currently running a drop in session but with limited numbers to enable social distancing.

Employment related advice and support

We have supported people in a number of different ways to increase their employability skills and find a job. Support provided includes; access to training, CV preparation, job search & interview/presentation skills, help obtaining a driving licence and/or car insurance etc. Employment support sessions take place at our centre twice a week for a total of 10 hours. Now that employment opportunities are opening up again we have seen an increase in demand for this type of support.

CASE STUDY

Karolina is a female migrant from Eastern Europe. She approach PARCA for support with claiming her pension. She had two pensions from Latvia but together these only totalled £56 a month. She did not have a bank account in the UK which made claiming a pension here difficult. She was living with her son and his wife but really wanted to have her own place to live and independence. In addition, she had several health issues that weren't being treated properly. Our caseworker supported Karolina to apply for a pension and gather the documents she would need to prove her identity and address. This was soon being paid correctly. She also helped her to open a bank account and apply for council housing so that she could move out from her son and daughter-in-law's house. Finally, our caseworker helped Karolina to secure a free bus pass so that she could travel with ease around the city and liaised with her GP to make sure that she was receiving the right treatment and medication for her health issues. Karolina was very happy to have resolved so many issues by coming to PARCA for support and advice. She said that she really trusts our service and is sure that we will always do our best to support her.

Online training courses to build skills.

Because of the pandemic we have had to run skills based training courses and workshops online. These workshops will hopefully now be able to take place in person again so we can reach a wider range of people and we are running food hygiene, IT and security courses for our service users.

Social action, volunteering, and cultural activities.

Although it was difficult to run big cultural events this year, we did continue to encourage volunteering amongst our clients. Many of our volunteers worked remotely during the lockdowns providing advice, interpreting service and befriending for isolated people. Some delivered face to face services, either carrying out deliveries of food parcels to vulnerable people or volunteering at our centre once we reopened for appointments and activities. We increased our social media presence during this year of the project to be a source of information and to provide a place where people could come together online, even if they could not meet with peers in person.

Adam, a Sudanese male arrived in Peterborough as an Asylum Seeker and he didn't know anyone in the city when he first arrived. The telephone number of PARCA was on a notice board in the house that he had been moved into through the Home Office. We found that he spoke Arabic and we linked him with existing people involved in PARCA who are Arabic speakers. He had a smart phone but didn't have any credit to join us, so we topped up his mobile phone so he could access our remote delivery including online workshops and also we supplied food parcels to help him throughout the lockdown. He was very appreciative of our support and started to make friends through involvement in the project and meeting other people in our sessions. We have therefore had a huge impact on reducing isolation and loneliness with Adam.

“PARCA have made a huge impact on people's lives during the last twelve months ensuring delivery of food and other essential supplies to those in need, supporting those newly arrived in Peterborough and improving the lives of families who have experienced extreme circumstances. PARCA is unique in its reach and support to refugees, asylum seekers and other new arrivals making all feel welcome and connecting them with the local community.”

Christina Alexander

Communities Manager, Peterborough Council for Voluntary Services

Steering groups.

We have member steering groups for young people and adults who meet once every three months (this took place both online and in person during this year). These steering groups help to guide the direction of the project, share feedback from clients and volunteers and they advise the board on what activities or projects PARCA should implement in the future.

2. EUSS Advice

PARCA successfully secured Office of the Immigration Services Commission (OISC) accreditation to provide advice to EU migrants who wanted to settle in Peterborough post Brexit. Additionally, we also secured vital funds from the Home Office to deliver advice and support for EU migrants who wanted to apply for pre-settled or settled status. This funding has been extended beyond this financial year in recognition that many potential applicants had missed the initial deadline for applications, due to the language barrier and lack of understanding of the requirements on them to apply for this status, to be able to continue to live and work in the UK.

As well as receiving funds from the Home Office for our legal work, we also gained a grant from Access to Justice which enabled us to provide crucial advocacy with our

asylum seeking clients who needed support to engage with their legal advisors and it also meant we were able to expand our EUSS service to ensure more people were aware of their rights and can be supported in the process to apply for pre-settled or settled status beyond Brexit.

3. Syrian Resettlement

Unfortunately, the Syrian Resettlement Scheme was paused throughout this year due to the ongoing Covid-19 Pandemic. During this time, we have continued to support people who arrived through this scheme through befriending support, which proved vital in helping to ensure we were able to continue to meet the needs of some of the most vulnerable arrivals in Peterborough. We have remained the preferred provider by Peterborough City Council under their agreement with the Home Office and have recently recommenced this service to new Syrian arrivals.

4. ESOL Classes

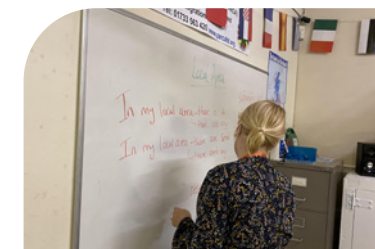
Each learner at PARCA is able to access 2 classes of 2 hours of ESOL per week. All together there are 8 classes over the week and structured around the language ability at the point of enrolment. Each learner has to complete 60 hours of structured learning time to be able to receive their certificate of achievement with PARCA.

We are proud that we are able to provide safe and nurturing environments for our learners, enabling them to progress. However, we also recognise that some people struggle to learn English and therefore we refer them for other classes in local colleges, to expose them to more practice. We also allow people to stay in their level for a repeat course if that is deemed suitable for that individual learner.

As well as having a qualified ESOL manager, we also engage volunteer ESOL teachers. This helps the volunteers as they build their own experience on their journey for qualification as an ESOL teacher themselves. We ground our classes on everyday English to help our learners to become more independent in terms of their skills and confidence with daily life and using their new skills in the community.

After 15 week sessions, the learners are able to:

- Ask and understand everyday questions
- Spell basic English words
- Use the newly learnt vocabulary
- Understand basic grammar rules and use them in everyday life situations



CASE STUDY

A Russian lady called Lina was very shy and chose to speak to the ESOL teacher in Russian on her first day. She advised that her levels of English and confidence were very low. It took 3 weeks to get her to settle into the class and to start expressing herself with her peers. She gradually became much more confident and started volunteering freely when the group were asked questions. She became very good at conveying her thoughts and ideas in English. The absolute key for Lina, was building her confidence over time. Lina said, "The safe and friendly environment at PARCA has built my confidence and I would like to repeat this course again. Whilst I was also going to college, it was the classes at PARCA that really helped me to learn."

CASE STUDY

Shamina came to PARCA to take some ESOL classes to improve her English but with the ultimate aim of finding work. In her first month she enrolled at Peterborough Regional College for 8 hours of ESOL a week and also with PARCA for a further 4 hours of ESOL weekly. She has also started an IT course which is 3 hours a week for 10 weeks with our partner GLADCA. Her CV is updated and she has started searching for jobs. She was helped through the application process and her interview was arranged, even taking place at PARCA following pre-interview preparation and successfully led to a job offer.

5. Wellbeing and Work for Refugee Integration Project

This project is based at PARCA in partnership with the Strategic Migration Partnership (SMP) and the East of England Local Government Association (EELGA).

The project comes in two main strands; well-being and work. The well-being side is headed by a qualified therapist working for the Refugee Council. The work aspect of the project is led by PARCA and the main aim of the project is to help people into work or help upskilling them on the journey towards employment.

Anyone who is a refugee or a 3rd country national who doesn't have a UK/EU passport can sign up to this project. Signing up consists of a skills assessment with the employment coach who will take information from the client such as work and educational history, some general skills questions, a questionnaire and then make an action plan for the client.

CASE STUDY

Minerva was helped to secure a job as a teaching assistant in a local school and has also started a course to provide a qualification as a teaching assistant. Her CV was updated and she has also completed a retail and hospitality course with the Refugee Council and Starbucks. She has also enrolled for 8 hours a week of ESOL through Peterborough Regional College and is very excited about her future knowing she can provide the income needed to support her children.

CASE STUDY

A Portuguese lady called Loretta completed her ESOL course with no absences at all. She really valued the time and contribution of the volunteer ESOL teachers. Loretta learned correct pronunciation of English words, how to use a dictionary and the correct grammar. Loretta stated "I feel like this place is blessed. I feel safe and always welcomed at the centre. I really enjoy the lessons with the volunteer ESOL teacher".

The Action Plan developed is a bespoke plan based on the wants and needs of the client. The goal is meaningful employment and the plan outlines the steps needed to be taken beforehand to reach their goals. A CV can be created or updated, free courses can be provided including; IT Skills, driving theory, life skills and job search. The project has also partnered with other organisations such as the Refugee Council and Starbucks to offer Retail & Hospitality courses. The client is provided with ESOL lessons to improve their English. The project focusses on widening the net of ESOL possibilities in Peterborough and as such will be giving clients the opportunity for more ESOL hours of learning each week at institutions such as; Peterborough College, GLADCA, Peterborough City College, PARCA and IQRA Academy. Our employment adviser also assists with job applications taking clients right the way through to interview.

"Through the 'Well-being and Work for Refugee Integration Project (WW4RI)' we have worked with PARCA alongside two other Peterborough-based services. The Refugee Council provide the well-being therapeutic support, GLADCA deliver ESOL and PARCA hosts the refugee employment adviser, Tom. Tom has worked effectively with colleagues in GLADCA and the Refugee Council as they all have as their focus the best interests of their clients, and together they support people as they move between the service providers. Tom has a caseload of over 100 people who [he] is supporting and bringing closer to the workplace, helping them to improve their English and skills for employment."

Louise Gooch

Manager, Wellbeing & Work for Refugee Integration Project, Strategic Migration Partnership

"PARCA has continued to serve the Community during the pandemic by coordinating the delivery of vital food, supplies and support to vulnerable residents in the local area. The team at PARCA works tirelessly to support the needs and demands of the communities, strengthening community cohesion, supporting people towards training and employment and resettling refugees."

GLADCA works in partnership with PARCA on the WW4RI project in supporting people by offering training and work experience opportunities, that can be added to a CV as well as building workplace confidence."

Yasmin Ilahi

Manager, GLADCA

6. Mental Health Support Project

Funded by Voice for Change England, our Mental Health Support project was implemented in order to offer support for vulnerable migrants, refugees and asylum seekers who were struggling with poor mental health during the pandemic. The aim was to reduce isolation and loneliness that had been growing amongst our service users and also to build our organisational capacity for supporting those with mental health needs which was a key concern during the early days of the pandemic.

We worked towards these aims in the three following ways:

1. Increasing the number of volunteers at PARCA who could offer one to one befriending support in different languages. This enabled people to build relationships of trust with other and helped to relieve some of the loneliness and distress they were feeling. Volunteers were also able to give practical advice and signposting where appropriate and necessary.
2. Developing a series of activities that reduced feelings of isolation and mental health challenges amongst our service users.
3. Delivering mental health training workshops online for both existing and newly recruited staff and volunteers.

CASE STUDY

Beata is an older woman from Latvia, who was struggling to use Zoom or WhatsApp. She participated in the project and her befriender volunteer supported her by teaching her how to use these apps. Now she can use her phone to call her befriender on Zoom, as well as access other services she needs from time to time. She is full of smiles when speaking with the befriender and can now use her phone to help her with overcoming isolation and keep in contact with friends and family both here and back home. She told her befriender that she is "very happy with PARCA, that I could not use my phone before, but now I am confident with these apps that help me keep connected. Thank you PARCA!"

Outcomes

- 17 volunteers recruited and trained from different faiths, ethnicities and nationalities who speak others' languages to support our service users.
- 112 people participated in the project and reported that they were happy with how the PARCA team has supported them to overcome the isolation and loneliness they have experienced over the time of the pandemic.
- 33% state they feel very comfortable because the support they received during lockdown was in their own language. This enabled them to better understand the restrictions that were in place at different times and reduced their levels of anxiety.
- 82% said that they feel less isolation and loneliness and were also more confident using online software after participating in the project.
- The majority of participants said they have made new friends, feel less stressed and have built confidence through speaking with a befriender.

- Another outcome of the project is a reduction in incidents of domestic violence amongst the communities we support. In several cases domestic violence only came to our attention through the relationship of trust built with the volunteer befriender. Without this service we wouldn't have been able to address these issues.

CASE STUDY

Grace is a woman from Zimbabwe, she thanked PARCA for support during her pregnancy over the pandemic period. After she reached out to her befriender and spoke about anxieties she was facing getting everything prepared for her new baby, PARCA was able to collect essential items for the baby such as clothes. She said, "Without PARCA befriender service, I will not be able to manage everything because of my very low income. I am very grateful for the support I have received"

7. Lloyds Bank Foundation

Lloyds Bank Foundation provided a grant during the financial year to help us to ensure our clients who are seeking asylum or have gained refugee status in the last 2 years, are provided with essential advice and support to enable them to settle and integrate in their new community. Through this project we provided support to engage with legal advisors, welfare rights advice and advocacy to ensure they were receiving their true entitlements and helping with other complex problems experienced through lack of awareness of UK structures and systems.

8. Physical Activity sessions

Over the course of the year we received grants from Barrow Cadbury and Sport England which enabled us to develop physical activity sessions as a relatively new activity for PARCA (we had done physical activity previously only with our Youth Project).

During the year we ran a wide range of physical activity sessions based on the expressed needs of our clients. This included team sports, where we could deliver them either at Unity Hall, when restrictions allowed or in local parks that are accessible to our participants. We also did zoom based sessions when meeting together was not permitted to encourage participants to still engage in physical activity to ensure their physical health did not deteriorate during lockdowns.

9. Census 2021

PARCA successfully contracted with the UK Online Centres to provide support to our service users to engage with the 2021 census. Our census 2021 team members helped a wide variety of people from many different nationalities to complete the online form. Many people did not understand the importance of the census, but we were able to communicate that it helps statutory services to plan for the future, to ensure they can have the resources needed for their local population in terms of planning for housing, education, employment and health etc. Our support meant many more people complied with the requirements to engage in this crucial survey, which also helped them to understand how services are shaped by the needs of their local population.

10. Covid-19 Support

During this year, we developed our services and support for people facing crisis. We thankfully received a number of grants from CAF Charity Hardship Fund, RAF Fund and Cambridgeshire

Community Foundation which funded a variety of emergency support strands to help our clients and also reach out to other isolated and destitute communities who we had not previously engaged with. The support we provided ranged from food parcels, to paying utility bills and rent to avoid evictions. These were often put into place very quickly to ensure we were able to respond to people facing crisis. Many people we supported lost work, as they had irregular work and therefore lost their employment during the pandemic. When this happened we provided the support they needed in that crisis but then also linked them to other projects to support them back into employment as soon as possible once the country started to open up again.

Peterborough City Council also provided a Covid-19 commissioned grant which enabled the team to support people to get tested and understand the requirements for self-isolation throughout the pandemic to help reduce spread of infections in workplaces and also in peoples homes. Our support through this was to have patrols in communities with high rates of infection and/or high rates of migrant & refugee communities, and therefore a higher rate of English as a Second Language who needed more support to engage with public health messaging around Covid-19 restrictions. We also received a grant from Peoples Postcode Lottery and Shrode Charity which enabled us to employ a Covid Response Support Worker – this role was able to coordinate what support people received in terms of the other grant funding we received, as well as translating government advice into community languages, provide PPE and develop a team of multi-lingual volunteers. We held regular sessions in the local community, giving people information in their language, passing out PPE such as face masks and sanitizer and informing them of the different projects that PARCA provides to encourage them to seek further support as their needs change over time.

The range of advice we provided to people included:

1. Support in claiming Universal Credit, including advocacy over any issues with setting up their claim
2. Support in advocacy with landlords to agree repayment plans when they hadn't been able to pay rent due to loss of income
3. Budget advice
4. Support in looking for work, developing a CV and written applications. Support in telephone calls to arrange interviews
5. Signposting to other local services
6. Support in accessing health care, including testing for Covid-19
7. Referrals into PARCA group activities to reduce loneliness and isolation amongst migrant and refugee communities.

11. BBC Children In Need

This funding helped PARCA to respond to the needs of children and young people from BAME and refugee backgrounds during the Covid-19 pandemic through provision of online activity sessions. We supported the children and young people to help identify things they had at home that could help them to maintain physical wellbeing especially during lockdowns and school closures. We helped them to identify things like tins of food being used for weights to exercise with and using gym equipment in the parks when that was available.

We provided other sessions such how to deal with bullying, staying safe in online education, social skills, rights and responsibilities, education improvements, online games and staying healthy. The number of young people reached between 17-22 in each session. The level of connection was very good to break isolation, good outcome in mental health by reduction of loneliness and feeling more empowered through connections developed with their peers.

The conversation and leadership skills sessions were very good as they helped the young people to understand how they need to act as leaders by listening, developing empathy, being strategic in planning, through creativity and ability to inspire others to get involved by sharing the positive benefits of participating in the youth project..

Another topic created by the young people was healthy eating to avoid fast food, obesity, or reducing weight gain by cooking healthy food from watching YouTube under supervision of their parents. The range of activities delivered through this project helped the young people navigate what is widely reported as a very difficult period for young people. They came out through the other end of school closures and lockdowns, with much reduced impact on physical and mental health in comparison to their peers at school who didn't participate in youth projects during this incredibly challenging period.

12. Near Neighbours

Through this project we recruited, trained and supported 12 "Youth Volunteer Ambassadors" to support engagement in local areas answering questions, providing information and signposting around public health messages. The young volunteer ambassadors circulated and supported strategic messaging in their community around public health ensuring that messaging was culturally specific through appropriate mediums and via people they trust and respect.

We also recruited and facilitated 16 - 25 participants for the delivery of the Ripple Effect Training, which enabled them to develop other initiatives to support young people outside of PARCA. These initiatives included developing new organisations and projects and supporting these new groups to apply for further funds from Near Neighbours.

13. Daughter of Jesus

This local funder supported PARCA during the year with a fund for capital repairs to Unity Hall. This included repairs to the roof and replacing a fire exit door, which were essential to us continuing to use Unity Hall, which is at the heart of the communities we support. This support also enabled PARCA to build a hygiene point in the entrance to ensure that any staff, volunteers and visitors are easily able to wash their hands on entry to the centre.

OTHER ACTIVITIES DURING THE YEAR

OTHER ACTIVITIES DURING THE YEAR 2020-21

1. PARCA Gift Giveaway

PARCA's annual gift appeal was very well received in 2020. Families visited PARCA by appointment to ensure we could distribute the gifts in a Covid-19-secure manner. Unfortunately, part way through the gift distribution, Peterborough was put under further Covid-19 restrictions, so our volunteer team distributed the remaining gifts to the children's homes.

2. Volunteering

PARCA has a fantastic team of volunteers who make it possible to run the wide variety of projects that we do. Our volunteers also work "behind the scenes", with considerable time put in to ensure the smooth running of these projects and the charity as a whole. Their experience is invaluable and we are confident that each volunteer feels pride from what we are able to achieve for some of the most vulnerable people in our communities. Volunteering remains a strong area of our work, that helps our service-users gain experience to help them when they are ready and able to seek paid employment.

3. Visit by Paul Bristow MP – 23rd October 2020

PARCA was delighted to welcome Paul Bristow MP (Peterborough) to our premises. Mr Bristow MP took great interest in hearing about all the activities that PARCA provides for the people of Peterborough and surrounding areas. We appreciate Mr Bristow MP taking his time to visit us and learning more about our work.

4. PARCA Civic Award

PARCA was extremely humbled to win a Civic Award for our contribution to supporting disadvantaged communities in Peterborough. This builds on previous awards from the Lord Lieutenants office and local authority commendation that has been awarded in prior years.



WORK WITH REFUGEE SUPPORT NETWORKS IN PETERBOROUGH

1. BAME Community Workshops

This project is based online and is designed for BAME community groups who wish to improve their knowledge and skills in a wide range of areas. The workshops provided were very well received. The workshops focused on communication, planning, finance, money & time and building structures for community groups.

2. Peterborough Multi-Agency Forum (for asylum seekers and refugees)

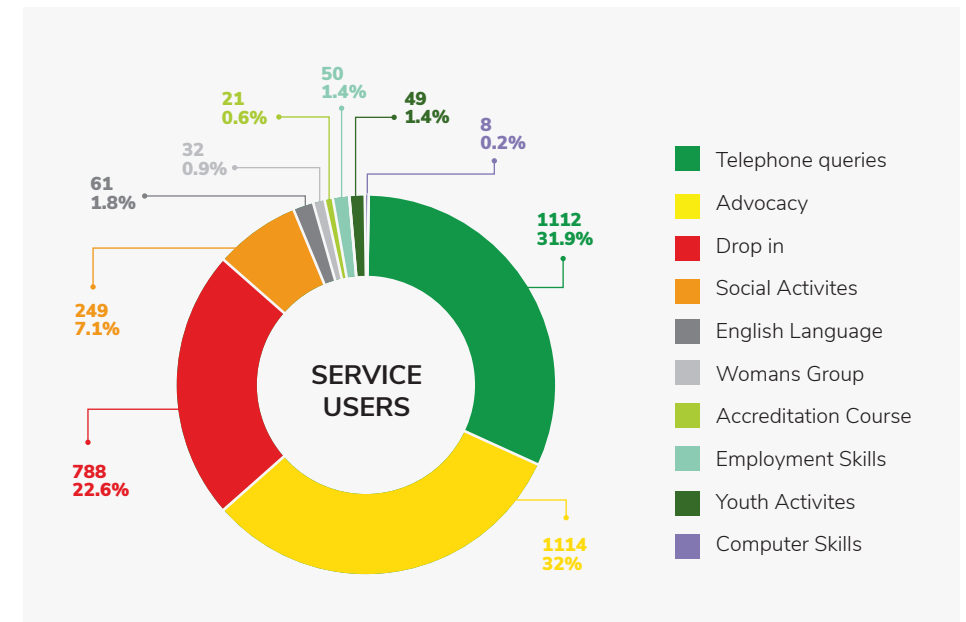
PARCA is proud that we continue to chair this vital forum for sharing information and partnership work across the city to support asylum seekers and refugees. This forum provides the opportunity to learn from one another and brings together statutory and voluntary sector organisations, so that we can provide holistic services and ensure that we minimize duplication of services. PARCA has chaired the forum for several years now and the group goes from strength to strength.

“I am grateful for the opportunity the Multi-Agency Forum has given me to link with community and faith leaders and thereby stay abreast of the most crucial developments in the city’s social and cultural life.”

Rebwar Hussein

Engagement Officer, Healthwatch Cambridgeshire

BENEFICIARIES



The chart above reflects the beneficiaries we have supported over the last 12 months. During the year we managed to support 4716 people from different nationalities, and diverse age groups, with both funded and unfunded projects

The organisation has now has 19 employees (equivalent of 7.5 full-time staff). We are incredibly proud of what the small teams of staff and volunteers have achieved for our clients over the year.

FUNDERS

We would not be able to meet our aims and objectives without the funders, who supported PARCA financially. Our THANK YOU goes to all funders and individual donors who support PARCA to help people in need.



CHALLENGES AND RESPONDING TO COVID-19

We are proud to have been able to respond quickly to needs of those we support in a crisis. At the beginning of the lockdown last year there was a great deal of confusion and fear amongst the refugee and migrant community in Peterborough. Our staff and volunteer team worked tirelessly to contact clients, reassure them and offer different forms of support.

We set up emergency food parcels and hardship grants and helped many people apply for Universal Credit or other statutory financial support. We also translated information on Covid-19 into different languages and published it on our website so that people could use it as a resource to check the current government guidance. Throughout the year we have been sharing updates on Covid-19 (including testing provision and access to vaccines) through a number of different channels such as WhatsApp, Facebook and Instagram.

Another achievement in this year is that we have successfully managed to continue to engage people in training and skills development. The majority of this was carried out online but with the return of face-to-face services we hope to engage a wider range of people in these activities over the next 12 months.

It has proved to be very challenging to engage the same numbers of people that we saw accessing PARCA's services pre-pandemic. Our provision of digital equipment and data certainly supported a significant number of people to engage with PARCA's projects during the lockdown period when we had to deliver activities remotely but there were many who didn't have the confidence or digital skills to connect with us when we couldn't meet in person.

Our centre reopened briefly in 2020 but then had to close again when Peterborough was moved into Tier 3 of restrictions. Activities we had planned to celebrate Christmas had to be cancelled and we had to stop face-to-face appointments again.

The constant changes to restrictions affected our provision and ability to plan. It also meant that, even when we were able to reopen the centre, some people did not return. They had either moved away from Peterborough during the pandemic or still did not feel completely comfortable mixing with other people. We have seen numbers of people attending the centre gradually increase over the past few months and we are working hard to raise awareness about the services on offer and the safety measures we have put in place to reassure our service users. We are doing this through an increased social media presence and through working with local Refugee Community Organisations.

We hope that over the next 12 months we will be able to return to pre-pandemic levels of engagement. We also anticipate an increase in demand for our services as protections put in place during the pandemic come to an end. This includes the Furlough scheme, ban on evictions and emergency accommodation provided by the Home Office and Local Authorities (Everyone In).

“PARCA have been an invaluable source of support to residents throughout the COVID crisis. They have worked tirelessly day after day on the streets of our communities, advising people on how to keep themselves and their families safe, and also signposting them to get support to help them isolate and cope with the financial hardship they might be facing.

PARCA have without question become a critical part of our partnership ‘frontline’ team and without their language skills, knowledge of communities and amazing dedication we would not have been able to reach so many people in Peterborough.”

Rob Hill

Local Authority Assistant Director and Chair of the Peterborough Rapid Response Outbreak Team

Funding continues to be an ongoing challenge, and whilst we successfully fundraised to maintain our services over the year, the pausing of Syrian Resettlement meant that we lost a significant amount of our budgeted income.



UPCOMING PROJECTS

1. Afghan Resettlement

In August 2021 a crisis began to unfold in Afghanistan as the American and British forces withdrew from the country and the Taliban took back control. Many Afghan lives were put in danger and they were forced to flee their country. Britain began evacuations of people who had worked with the British Army and also committed to a resettlement programme which would bring a total of 5000 people to the UK in the first year and up to 20,000 over the coming years. At PARCA we held an emergency meeting in collaboration with the Hazara and wider Afghan community to see what we could do to support those fleeing from this crisis. We have since been designated as the lead Afghan Resettlement provider by Peterborough City Council and have begun to collect donations of clothes and household items in preparation to welcome the new arrivals. We have also been supporting several Afghan clients with family currently in Afghanistan by providing emotional support and advocacy to facilitate the evacuation of their relatives where possible.

2. Hong Kong Resettlement Support

The situation in Hong Kong has also become an issue that has resulted in the UK government pledging that 3 million people from Hong Kong are entitled to resettle to the UK. Whilst their needs will be different, as they largely speak and understand English systems, they will still need support to help them successfully integrate in the UK. At the end of 2021, PARCA was advised that we have secured funding through to the summer of 2022 to support these new communities to settle and integrate in Peterborough and the East of England region.

3. Priorities For PARCA Going Forward

- Increasing income to be able to increase the hours of work of our dedicated team.
- Refurbishment of Unity Hall.
- Reducing hate crime against our service users by increasing our advocacy and awareness raising in the community.
- The need to continue to build strong relationships and partnerships with local and national bodies.
- Continued investment in staff professional development through in house and external training opportunities.
- Challenges of adapting to the threat of Covid-19.

PARCA is proud to have conscientious and dedicated staff and volunteers who work incredibly hard, either in frontline delivery of projects or behind the scenes. They are very well motivated to provide the best possible service for some of the most vulnerable in our communities.

We thank you for your interest in our work and encourage you to support our organisation in whichever way you can, be that through funding support, donations, partnerships, working for us or volunteering.

—
Please follow us on Facebook and Twitter to keep up to date with our work.



ANNUAL ACCOUNTS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

I report to the trustees of Peterborough Asylum Seeker and Refugee Association ("the charity") on my examination of the financial statements for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

Responsibilities and basis of report

As the Trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nashir Valani BSC(HONS) MAAT
VAT Accountancy Services, 60 Lincoln Road, Peterborough, PE1 2R

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted	Restricted	Total	Total
		Funds 2021	Funds 2021	Funds 2021	Funds 2020
		£	£	£	£
Incoming resources					
Donations	4	120,863.00	0.00	120,863.00	13,457.00
Grants received	5	0.00	615,319.00	615,319.00	430,056.00
Total Income		120,863.00	615,319.00	736,182.00	443,513.00
Expenditure on charitable activities	6 - 7	(99,164.00)	(554,689.00)	(653,853.00)	(434,336.00)
Total Expenditure		(99,164.00)	(554,689.00)	(653,853.00)	(434,336.00)
Net income/ (Expenditure) Net movement in funds	8	21,699.00	60,630.00	82,329.00	9,177.00
Reconciliation of Funds					
Total Funds Brought Forward		9,177.00	48,584.00	57,761.00	48,584.00
Total Funds Carried Forward	15	30,876.00	109,214.00	140,090.00	57,761.00

The statement of financial activities includes all gains and losses recognised in the year.
All transactions are derived from continuing activities.

The notes on pages 32 to 37 form part of these financial statements.

STATEMENT OF FINANCIAL POSITION FOR THE YEAR ENDING 31 MARCH 2021

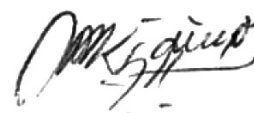
	Notes	2021 (£)	2021 (£)	2020 (£)	2020 (£)
Tangible fixed assets	14		21,437.00		9,561.00
Current Assets					
Cash at bank and in hand	15	140,090.00		57,761.00	
Creditors: Amounts falling due within one year		(21,437.00)		(9,561.00)	
			118,653.00		48,200.00
Net Current Assets	15		140,090.00		57,761.00
The Funds					
Unrestricted funds	4		33,192.00		9,561.00
Restricted funds	5		106,898.00		48,200.00
Total Funds	15		140,090.00		57,761.00

For the year ended 31 March 2021 the charity was entitled to exemption for audit under section 477 of the Companies Act 2016 relating to small companies. Director's responsibilities:

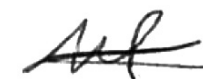
- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to the accounting records and the preparation of financial statements.

Approved by the Board and authorised for issue on 03/11/2021.



Nondo John Kasensa (Trustee)



Jamila Abdu (Trustee)

NOTES TO THE FINANCIAL STATEMENTS FOR YEAR ENDING 31 MARCH 2021

1. Company Information

Peterborough Asylum Seeker and Refugee Association is a private company limited by guarantee, incorporated in England and Wales under the Companies Act.

The address of the registered office is Unity Hall, Northfield Road, Peterborough PE1 3QH United Kingdom (Registered Charity Number: 1152592 and Company Registered in England and Wales Number: 08397491).

2. Statement of Compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland, the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting Policies

The principal accounting policies adopted, significant judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Peterborough Asylum Seeker and Refugee Association Ltd meets the definition of a public benefit entity under FRS102.

The financial statements have been prepared on the historical cost basis unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going Concern

There has been a global pandemic from the outbreak of Covid-19. The potential impact of Covid-19 became significant from March 2020 and caused widespread disruption to all aspects of economic, social and charitable activity across the UK. As a result, the charity's operations have been significantly changed from that period.

The Trustees are confident that the charity is in a position to manage the situation and consider that the charity is able to generate funds from the local authorities and other charitable organisations. There are no material uncertainties about the charity's ability to continue on a going concern basis.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstance.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for restricted purposes.

Income

Grants received and donations are included in the Statement of Financial Activities (SOFA) in the period to which they relate.

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is classified under headings of the statement of financial activities as expenditure on charitable activities, which all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Tangible fixed assets and depreciation

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following basis:

Computer and laptops equipment - 3 years straight line.

Taxation

The charity is exempt from tax on income and gains falling within Section 505 of the Taxes Act 1988 or Section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

Cash flow statement

The Charity is exempt from including a statement of cash flows in its financial Statements in accordance with Financial Reporting Standard (FRS102) as it is not a large charity

Limited by Guarantee

The charity is a company limited by guarantee and does not have a share capital. In the event of the charity being wound up, the members are committed to contributing a sum not exceeding £1 each.

4. Unrestricted income

	2021 (£)	2020 (£)
The Pat Newman	0.00	0.00
Jill Frank	0.00	1,000.00
National Lottery Community Fund Covid-19	22,105.00	0.00
Leathersellers Company Charitable Fund	1,000.00	0.00
Lloyds Bank Foundation	40,217.00	0.00
Daughter of Jesus	15,000.00	0.00
Living Sport	1,150.00	0.00
HMRC	17,352.00	0.00
Screwfix	5,000.00	0.00
EELGA / SMP	12,619.00	0.00
Good Things Foundation	3,270.00	0.00
Total	120,863.00	13,457.00

Restricted Income

	2021 (£)	2020 (£)
National Lottery Community Fund	78,025.00	77,390.00
Talk English	0.00	6,300.00
National Lottery Community Fund Covid-19	40,435.00	0.00
People's Health Trust	0.00	18,664.00
Home Office EUSS	38,345.00	28,496.00
Lloyds Bank Foundation	20,000.00	0.00
Peterborough City Council Syrian Vulnerable Persons Resettlement	85,975.00	156,797.00
Daughter of Jesus	0.00	10,000.00
ITV The Peoples Project	0.00	43,785.00
Viridor	0.00	10,000.00
CAF Charity	9,620.00	0.00
AB Charitable Trust	20,000.00	20,000.00
Peterborough City Council Integration Fund	0.00	7,788.00
Cambridgeshire Community Foundation - Tampon Tax	0.00	5,000.00
Cambridgeshire Community Foundation - I will	0.00	5,000.00
Peterborough City Council Covid-19	95,557.00	0.00
RAF Charity	4,600.00	0.00
Tudor Trust	36,000.00	35,000.00
Cambridgeshire Community Foundation	32,618.00	0.00
Cambridgeshire Community Foundation/ Timor	4,000.00	0.00
Sport England	5,000.00	0.00
Access to Justice Fund	20,000.00	0.00
BAME	19,963.00	0.00
Postcode Neighbourhood Trust	19,968.00	0.00
Barrow Cadbury	49,300.00	0.00
Shrode Charity	5,000.00	0.00
Loan Shark	5,000.00	0.00
BBC Children in Need	13,800.00	0.00
Voice4Change	8,963.00	0.00
Near Neighbours	3,150.00	5,836.00
Total	615,319.00	430,056.00

5. Unrestricted Expenditure

	2021 (£)	2020 (£)
Service User Expenses	4,036.00	1,053.00
Youth Activities	8,655.00	0.00
Women's Activities	635.00	2,344.00
Publicity and Printing	506.00	844.00
Sessional Staff	16,315.00	0.00
Volunteer Expenses + Mileage	5,096.00	2,155.00
Educational Materials Equipment	8,306.00	0.00
Software and website maintenance	7,260.00	0.00
Building Maintenance & Adaption Covid-19	14,856.00	2,351.00
DBS Checks	1,540.00	0.00
Independent Examiner (accounts)	750.00	0.00
Staff Expenses	655.00	655.00
Hardship Support Financial Rent & Other need	18,994.00	0.00
Hardship Food Parcel & Hot Meal	9,555.00	0.00
Sundry Expenses	2,005.00	1,555.00
Total	99,164.00	10,957.00

6. Restricted Expenditure

	2021 (£)	2020 (£)
Rent + Hall Hire + Utilities	22,750.00	23,855.00
Equipment	22,595.00	12,755.00
Service User Expenses	15,122.00	7,129.00
Refreshments	2,605.00	8,258.00
Events and Activities	1,560.00	21,557.00
Youth Activities	15,513.00	12,854.00
Women's Activities	7,360.00	18,106.00
Publicity and Printing	3,066.00	5,109.00
Insurance and Bank costs	4,906.00	2,986.00
Consultancy and Training	26,005.00	26,155.00
Evaluation	15,480.00	10,580.00
Salaries + Pension	276,345.00	155,746.00
Sessional Staff	74,745.00	33,711.00
Management Costs	5,250.00	5,250.00
Volunteer Expenses + Mileages	7,465.00	10,898.00
Educational Materials Equipment	7,876.00	7,876.00
Software and website maintenance	540.00	4,206.00
Building Maintenance & Adaption Covid-19	5,060.00	4,605.00
DBS Checks	226.00	980.00
Independent Examiner (accounts)	750.00	750.00
Administrative Expenses	13,208.00	17,528.00
Staff Expenses	2,036.00	4,596.00
SRRP Expenses	4360.00	26,990.00
Hardship Food Parcel & Hot Meal	14,393.00	0
Sundry Expenses	5,473.00	899
Total	554,689.00	423,379.00

7. Independent examination fees

Preparation and Independent examination of the financial statements

2021	2020
£750.00	£750.00

8. Number of staff

The total staff costs and employee benefits for the reporting period is analysed as follows:

2021	2020
19	14

9. Staff Costs

No employee received remuneration amounting to more than £60,000 in either year.

2021	2020
£276,345.00	£155,746.00

10. Trustee remuneration and benefits

The charity Trustees, who are also directors in company law and the key management personnel, were not paid or received any other benefits from employment with the charity (2020: Nil).

No charity trustee received payment for professional or other services supplied to the charity during this current year (2020: Nil).

11. Creditors: Amount falling due within one year

Depreciation of fixed asset cost during the year.

2021	2020
£10,708.00	£4,707.00

12. Tangible fixed assets

	Computer equipment (£)
Cost	
As at 1 April 2020	9,561.00
Additions	22,595.00
At 31 March 2021	32,156.00

Depreciation	
Charge for the year	
At 31 March 2021	-10,719.00

Net book value	
	21,437.00
At 31 at March 2021	21,437.00
At 1 April 2020	9,561.00

13. Cash at bank and in hand

Cash and cash equivalents include cash in hand, deposits and other short-term highly liquid investments that are readily convertible to known amounts of cash with insignificant risk of change in value.

Charity Funds in the bank at the year end

	2021 (£)	2020 (£)
Unrestricted Funds	30,876.00	9,177.00
Restricted Funds	109,214.00	48,584.00
Total Funds	140,090.00	57,761.00

14. Statement of movement in funds during the current year

	On 1 April 2020 (£)	Income 2021 (£)	Expenditure 2021 (£)	On 31 March 2021 (£)
Unrestricted funds	9,561.00	120,863.00	99,164.00	21,699.00
Restricted funds	48,200.00	615,319.00	554,689.00	60,630.00
Total funds	57,761.00	736,182.00	653,853.00	82,329.00

15. Analysis of net assets between funds

	Unrestricted Funds 2020 (£)	Restricted Funds 2020 (£)	Total funds 2020 (£)	Total funds 2020 (£)
Tangible assets	0.00	21,437.00	21,437.00	9,561.00
Net current assets	33,192.00	106,898.00	140,090.00	48,200.00
Liabilities	0.00	-21,437.00	-21,437.00	0.00
Total funds	33,192.00	106,898.00	140,090.00	57,761.00

16. Operating Lease Commitments

At 31 March 2021 the charity had annual commitments under non-cancellable operating leases as follows: **Expiry date: Sept 2025**

17. Ultimate controlling party

The Directors listed in the Trustees' Report are the ultimate controlling parties being members of the charity company. All Charity policies and executive decisions are determined by the Trustees.

The day to day running activities of the charitable company activities has been assigned to the Chief Executive Officer.

18. Related party transactions

During the year under review the charity had no related party transactions with related parties during the year in operation.



**PETERBOROUGH
ASYLUM AND
REFUGEE COMMUNITY
ASSOCIATION**

Office Address:

Unity Hall, Northfield Road, Peterborough PE1 3QH

Website: www.parcaltld.org

Email: info@parcaltld.org

Telephone: +44 1733 563420

Facebook: www.facebook.com/parcaltld

Twitter: @PARCA1