

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 August 2025
for
Mid Cornwall Lifestyles

Streets Metherell Gard Limited
Burn View
Bude
Cornwall
EX23 8BX

Mid Cornwall Lifestyles

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for the Year Ended 31 August 2025

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Mid Cornwall Lifestyles

Report of the Trustees
for the Year Ended 31 August 2025

The trustees present their report with the financial statements of the charity for the year ended 31 August 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

OBJECTIVES AND ACTIVITIES

Public benefit

In setting their objectives and planning their activities the trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a charitable incorporated organisation (CIO) governed by its constitution most recently updated on 12th June 2013.

Recruitment and appointment of new trustees

Trustees are appointed by invitation from the existing board of trustees by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1152509

Principal address

Neetside Community Centre
Leven Road
Bude
Cornwall
EX23 8LB

Trustees

E R Morris
M Read (appointed 19/6/25)
A C Gill
B J Marsh (resigned 1/10/25)
F Rowe

Independent Examiner

Streets Metherell Gard Limited
Burn View
Bude
Cornwall
EX23 8BX

Approved by order of the board of trustees on 5 March 2026 and signed on its behalf by:

Signed by:

D16648FE58CB451...

M Read - Trustee

05-03-2026

Independent Examiner's Report to the Trustees of
Mid Cornwall Lifestyles

Independent examiner's report to the trustees of Mid Cornwall Lifestyles

I report to the charity trustees on my examination of the accounts of Mid Cornwall Lifestyles (the Trust) for the year ended 31 August 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Nigel Cox FCA
The Institute of Chartered Accountants in England and Wales

Streets Metherell Gard Limited
Burn View
Bude
Cornwall
EX23 8BX

Date: 5.3.26

Mid Cornwall Lifestyles

Statement of Financial Activities
for the Year Ended 31 August 2025

		Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies		6,148	8,110	14,258	11,625
Charitable activities	3				
Charitable activities		385,447	-	385,447	325,893
Investment income	2	1,680	-	1,680	53
Total		<u>393,275</u>	<u>8,110</u>	<u>401,385</u>	<u>337,571</u>
EXPENDITURE ON					
Charitable activities					
Charitable activities		<u>385,235</u>	<u>7,595</u>	<u>392,830</u>	<u>287,120</u>
NET INCOME		8,040	515	8,555	50,451
RECONCILIATION OF FUNDS					
Total funds brought forward		122,427	-	122,427	71,976
TOTAL FUNDS CARRIED FORWARD		<u><u>130,467</u></u>	<u><u>515</u></u>	<u><u>130,982</u></u>	<u><u>122,427</u></u>

The notes form part of these financial statements

Mid Cornwall LifestylesBalance Sheet
31 August 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	8	133	-	133	166
CURRENT ASSETS					
Debtors	9	37,936	-	37,936	33,780
Cash at bank		101,398	515	101,913	99,022
		<u>139,334</u>	<u>515</u>	<u>139,849</u>	<u>132,802</u>
CREDITORS					
Amounts falling due within one year	10	(9,000)	-	(9,000)	(10,541)
NET CURRENT ASSETS		<u>130,334</u>	<u>515</u>	<u>130,849</u>	<u>122,261</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>130,467</u>	<u>515</u>	<u>130,982</u>	<u>122,427</u>
NET ASSETS		<u>130,467</u>	<u>515</u>	<u>130,982</u>	<u>122,427</u>
FUNDS	11				
Unrestricted funds				130,467	122,427
Restricted funds				515	-
TOTAL FUNDS				<u>130,982</u>	<u>122,427</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 5 March 2026 and were signed on its behalf by:

Signed by:

D16648FE58CB451...

M Read - Trustee

05-03-2026

Mid Cornwall Lifestyles

Notes to the Financial Statements for the Year Ended 31 August 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Income

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

- Income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Grants are accounted for under the accruals model as permitted by FRS 102. Grants of a revenue nature are recognised in the Statement of Financial Activities in the same period as the related expenditure. The deferred element of grants is included in creditors as deferred income.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off costs, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Office equipment- 20% reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Mid Cornwall LifestylesNotes to the Financial Statements - continued
for the Year Ended 31 August 2025**1. ACCOUNTING POLICIES - continued****Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Financial instruments

All financial instruments are recognised initially at transaction price excluding transaction costs and subsequently at amortised cost. These include cash at bank, debtors and creditors.

2. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	<u>1,680</u>	<u>53</u>

3. INCOME FROM CHARITABLE ACTIVITIES**Funds held as an agent**

During the year £11,250 funds were received as an agent, at the year end the charity held £1,080. In accordance with the charity SORP section 19, these totals are not recognised in the accounts as the funds are not within the charity control.

4. SUPPORT COSTS

	Finance	Governance costs	Totals
	£	£	£
Charitable activities	<u>60</u>	<u>3,259</u>	<u>3,319</u>

Support costs, included in the above, are as follows:

Governance costs

	2025	2024
	Charitable activities	Total activities
	£	£
Examiners fees	<u>1,080</u>	<u>1,180</u>
Accountancy and legal fees	<u>2,179</u>	<u>1,741</u>
	<u>3,259</u>	<u>2,921</u>

Mid Cornwall LifestylesNotes to the Financial Statements - continued
for the Year Ended 31 August 2025**5. TRUSTEES' REMUNERATION AND BENEFITS**

	2025	2024
	£	£
Trustees' salaries	<u>1,369</u>	<u>805</u>

The above activities provided by Mr B Marsh relate to service/management support not trustee activity.

Trustees' expenses

	2025	2024
	£	£
Trustees' expenses	<u>330</u>	<u>172</u>

Number of trustees reimbursed for expenses: 1 (2024: 2).

6. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	275,672	196,544
Social security costs	11,317	3,704
Other pension costs	8,317	5,412
	<u>295,306</u>	<u>205,660</u>

The average monthly number of employees during the year was as follows:

	2025	2024
	25	21
Number of staff	<u>25</u>	<u>21</u>

No employees received emoluments in excess of £60,000.

The amount paid to key management personnel for their services to the charity is £47,338 (2024:£40,966).

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	11,625	-	11,625
Charitable activities			
Charitable activities	325,893	-	325,893
Investment income	53	-	53
Total	<u>337,571</u>	<u>-</u>	<u>337,571</u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	287,120	-	287,120
NET INCOME	50,451	-	50,451
RECONCILIATION OF FUNDS			
Total funds brought forward	71,976	-	71,976

Mid Cornwall Lifestyles

Notes to the Financial Statements - continued
for the Year Ended 31 August 2025

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued			
	Unrestricted fund £	Restricted fund £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>122,427</u>	<u>-</u>	<u>122,427</u>
8. TANGIBLE FIXED ASSETS			
			Plant and machinery £
COST			
At 1 September 2024 and 31 August 2025			<u>500</u>
DEPRECIATION			
At 1 September 2024			<u>334</u>
Charge for year			<u>33</u>
At 31 August 2025			<u>367</u>
NET BOOK VALUE			
At 31 August 2025			<u>133</u>
At 31 August 2024			<u>166</u>
9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
	2025	2024	
	£	£	
Trade debtors	6,413	1,845	
Other debtors	30,323	30,841	
Prepayments	1,200	1,094	
	<u>37,936</u>	<u>33,780</u>	
10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
	2025	2024	
	£	£	
Taxation and social security	5,245	2,900	
Other creditors	3,755	7,641	
	<u>9,000</u>	<u>10,541</u>	
Deferred income			
The following amounts are included in other creditors:			
	2025	2024	
	£	£	
At 1 September 2024	5,500	-	
Amount released to income	(5,500)	-	
Amount deferred in year (unfulfilled grants)	-	5,500	
At 31 August 2025	<u>-</u>	<u>5,500</u>	

Mid Cornwall Lifestyles

Notes to the Financial Statements - continued
for the Year Ended 31 August 2025

11. MOVEMENT IN FUNDS

	At 1.9.24 £	Net movement in funds £	At 31.8.25 £
Unrestricted funds			
General fund	122,427	8,040	130,467
Restricted funds			
Restricted	-	515	515
TOTAL FUNDS	<u>122,427</u>	<u>8,555</u>	<u>130,982</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	393,275	(385,235)	8,040
Restricted funds			
Restricted	8,110	(7,595)	515
TOTAL FUNDS	<u>401,385</u>	<u>(392,830)</u>	<u>8,555</u>

Comparatives for movement in funds

	At 1.9.23 £	Net movement in funds £	At 31.8.24 £
Unrestricted funds			
General fund	71,976	50,451	122,427
TOTAL FUNDS	<u>71,976</u>	<u>50,451</u>	<u>122,427</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	337,571	(287,120)	50,451
TOTAL FUNDS	<u>337,571</u>	<u>(287,120)</u>	<u>50,451</u>

Mid Cornwall Lifestyles

Notes to the Financial Statements - continued
for the Year Ended 31 August 2025

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.23 £	Net movement in funds £	At 31.8.25 £
Unrestricted funds			
General fund	71,976	58,491	130,467
Restricted funds			
Restricted	-	515	515
TOTAL FUNDS	<u>71,976</u>	<u>59,006</u>	<u>130,982</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	730,846	(672,355)	58,491
Restricted funds			
Restricted	8,110	(7,595)	515
TOTAL FUNDS	<u>738,956</u>	<u>(679,950)</u>	<u>59,006</u>

12. RELATED PARTY DISCLOSURES

See note 3 in regards to funds received as an agent, this transaction is in relation to a trustee of the charity.

Mid–Cornwall
Lifestyles
Annual Report
2024 - 2025



Background to Mid-Cornwall Lifestyles

Our Vision:

Our vision is to help you live your life, your way, with our support.

Our Mission Statement:

We will support individuals with a long term health condition, disability or with additional needs to fulfil their own personal ambitions and to live the lifestyle of their choice with the help of our trained and dedicated Support Workers.

Aim

The aim of Mid-Cornwall Lifestyles is to offer people the opportunity to develop the lifestyle of their choice. 'Lifestyles' describes a way of working with people as equal partners in a service. The participant is the central focus of any work undertaken; they have the responsibility for deciding the nature, direction and pace of that work. They have the right to expect to take informed risks; learn from experience; have fun; make mistakes; lead a life that has the same opportunities for happiness, disappointment and fulfilment as anyone else.

History

Mid-Cornwall Lifestyles emerged from a short-term Social Services initiative based in St Austell that people did not want to lose. A group of disabled people who had been receiving the service sought the help of Scope through its Community Field Worker and received a grant of £5,000 for development work. That year's work produced a successful lottery bid worth nearly £123,000 over three years and so enabled the project to begin. Mid-Cornwall Lifestyles is a Charitable Incorporated Organisation.

Management

The original management committee has been extended from within the participants of the project and the majority of Trustees of the charity are people with disabilities. The Chair of the Trustees is a remaining founder member of the original management committee. The CEO who led the Charity since its inception in 1999 handed over the overall management responsibility to the current CEO in 2020. A team of 26 dedicated and skilled Support Workers, a Digital Project Worker and a Deputy Manager (12 Full-Time Equivalent) assist the manager in the delivery of the service to the people of Cornwall.

Participants

Mid-Cornwall Lifestyles offers a service to people over the age of 18 with no upper age limit. The project offers a service to any person

with any disability (we operate a self-definition of disability) and a request can be made by the individual or by referral from a close companion or family member, Adult Social Care, G.Ps, NHS, Occupational Health or via partner organisations. The majority of our clients fund the support that we provide them through Direct Payments they receive from Cornwall Council Adult Social Care. These payments enable clients to have control over who they use to provide their care and support.

Our core work has 3 elements:

1. Individual Support

- a) Individual services for clients referred by the Department of Adult Social Care and Cornwall Partnership NHS Foundation Trust.
- b) Cornwall Disability Alliance projects
- c) Assisting individuals through their Direct Payment Personal Budgets or self funding.

The above Individual Support includes any or all of the following but does not include Personal Care: befriending, advocacy, attending court, liaising with police, providing transport and support to attend appointments, negotiating with debt support and other agencies, assisting with benefits forms and claims and attending appeals, writing letters, organising holidays, shopping, exercising, attending concerts, sporting events and developing online digital skills – all in the name of choice and increased access to the things in life that most people take for granted, thus increasing independence, health and well-being.

2. Advocacy

Mid-Cornwall Lifestyles supports clients with advocacy issues separate to general care and support. The range of intervention on behalf of individuals has included support in meetings with the Police, Solicitors and attendance at Courts, Citizens Advice Bureau, Adult Social Care, Safeguarding and Vulnerable Adult meetings, Debt Management Agencies, Care Agencies, Banks, Benefits Agency, Funding Agencies. This intervention covers a whole range of issues from debt to persecution and abuse.

3. Support of other charitable organisations

The project continues to support other charitable groups. We are a member of the Cornwall Disability Alliance network.

Chair of Trustee's Report for Year ending 31st August 2025

This year was a very big year for us because we celebrated our 25th year of operations. What began as a three year funded project has continued and developed into the charity we are today and we remain true to those original values and aims which is to support people to live their lives as they choose.

We held a celebration event in September 2024 where friends, clients and staff came together to reflect on our journey and enjoy music, fun and games. As Chair of Trustees, I was pleased to record a short interview video with our CEO's past and present about Mid-Cornwall Lifestyles which is on our website.

By sad coincidence the event took place on the same day as the funeral for our friend and trustee Simon Slatter. A number of us managed to attend both events. We discussed the event plans and his family and those who knew him were confident Simon would have wanted to celebration to go on. He always loved a party! Through donations made we decided to commemorate him with the creation of the annual Simon Slatter Award for someone who shows resilience, good humour and progress towards their goals. The first award has been given to a worthy client at our recent Christmas event.

Events and activities have been a big part of this year as we intended. We held a well attended beach BBQ in Bude, boat trips with Wet

Wheels in Falmouth, arts and crafts workshops as well as sporting events.

Unfortunately this year has also had another sad event where we lost our dear client Mark who died unexpectedly when out with his support. This was a tragic and traumatic incident that affected us all. The charity rallied to support those directly involved and carried out the requirements of the Charity Commission. Thanks must go to Matt Read, who as a valued new trustee, took on the review and report writing for this incident.

I would like to remember both Simon and Mark and reflect on what Mid-Cornwall Lifestyles can learn from their lives and experiences.

I wish to thank the whole Mid-Cornwall Lifestyles team, volunteers and my colleagues on the Trustee board as well as all the participants who make everything we do so worthwhile.

I also thank our partner organisations and funders for their continued support.

Artemis Trust

CAB

Claire Milne Trust

Cornwall Adult Social Care

Cornwall Disability Alliance

Cornwall Voluntary Services

Cornwall Voluntary Sector Forum

Cornwall Partnership NHS Foundation Trust

Cornwall Community Foundation

DisAbility Cornwall

Federation of Small Businesses

Food Banks

Neetside Community Centre, Bude

National Council for Voluntary Organisations

Scope for St Austell

Sovereign Payroll Solutions

St Austell PHAB

Signed:

Signed by:
Ewan Morris
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Ewan Morris - Chair of the Trustees, Mid-Cornwall Lifestyles

Date: 05-03-2026

CEO's Report for Year ending 31st August 2025

This year Mid-Cornwall Lifestyles has continued to build on the progress we have made as an organisation in the recent years whilst taking the time to look back at how it all began for MCL in September 1999. Retaining the ethos of "Your life, your way with our support" remains important and we continue to support many longstanding clients through Support Workers who have been with us for many years whilst starting support with new and younger clients.

In this year we supported 28 clients and delivered an average of 350 support hours a week through our 25 Support Workers.

Its great to look back and see how far we have come but MCL needs to look to the future.

As an example, during this year we have increased the number of younger clients we support who are moving from children's services to adult services. A number of these clients are neuro divergent or autistic and our support helps them access the community and build independent living skills. To help our Support Workers build knowledge and specialist skills we arranged some in person neuro divergency training and we are developing our expertise as an organisation supporting these clients. We are looking to build our reputation as an organisation in this area of support.

Behind the scenes we continued to improve our efficiency with charity administration and HR. I have been very grateful for Becky Rowland's support and we have made progress on sharing some of the duties regarding payroll, invoicing and HR. As a management team of two we are deeply involved in all aspects of the charity business.

We have also increased our Trustee group in the latter part of this year and the teamwork, management and commitment to helping our clients and Support Workers was required in July to help MCL through the experience of the death of a client in traumatic circumstances. We all pulled together during and after the event and have reviewed and developed from the sad occurrence and we are a stronger charity that understands what makes us special and is looking forward to the future.



DocuSigned by:
Ed Whitefield
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Edward Whitefield - CEO Mid-Cornwall Lifestyles

05/03/2025 05-03-2026

Treasurer's Report for Year ending 31st August 2025

I am pleased to present the financial report for Mid Cornwall Lifestyles for the year ended 31 August 2025. The charity has maintained a stable financial position while continuing to deliver and expand our core services.

Financial Summary

Total Income: £401,385 (an increase from £337,571 in the previous year).

Total Expenditure: £392,830 (compared to £287,120 in the previous year).

Net Income: The charity generated a net income of £8,555 for the year.

Income and Expenditure

The vast majority of our income continues to come directly from our charitable activities, which generated £385,447 this year. We also received £14,258 from donations and legacies.

Because our services rely on providing direct, personalised support, our largest expenditure is our staff. Total staff costs for the year were £295,306.

This reflects an investment in our workforce, as our average number of employees grew from 21 to 25 people during the year.

Reserves and Going Concern

The charity ends the year in a secure position. Total funds carried forward stand at £130,982, of which £130,467 are unrestricted general funds.

At the close of the year, our cash at bank was £101,913.

The Trustees are currently formalising a policy to hold between 3 and 6 months of average operating costs in unrestricted reserves. These reserves are held to ensure we can cover unexpected costs, continue providing support, and pay our staff without interruption if funding is temporarily delayed, or to allow for a responsible, managed wind-down of services should it ever become necessary.

However, after reviewing these figures, the Trustees believe that current and future sources of funding are more than adequate for the charity's needs. Therefore, there are no material uncertainties about the charity's ability to continue as a going concern.

Thank you to the funders, partners, and donors who make our work possible. I would also like to formally thank our management team, staff, and volunteers for their continued hard work and commitment to the charity throughout the year.

Signed:

Signed by:

D16648FE58CB451...

Matt Read – Treasurer Mid-Cornwall Lifestyles

Date: 05-03-2026