

REGISTERED COMPANY NUMBER: 08400970 (England and Wales)
REGISTERED CHARITY NUMBER: 1152437

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st March 2025
for
Spectrum People

Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Spectrum People

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Spectrum People
Report of the Trustees
for the year ended 31st March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Public benefit

The Trustees have considered the objectives of Spectrum People and are satisfied that they are wholly for the public benefit under section 17 (5) of the Charity Act.

ACHIEVEMENT AND PERFORMANCE

Year ended March 2025, the charity's 11th year again had many highlights in supporting beneficiaries and visitors; the charity continues to operate in a complex and challenging landscape to deliver its core objectives with stretched resources, high workloads and increasingly complexity of need in those we support.

The charity continued to seek new funding sources to maximise income and our apprenticeship and student placement opportunities thrive, with 7 opportunities over the last year.

Our main work areas continue to be using green space and creative arts including via social prescribing to impact positively on health and economic inequalities.

Key achievements for 2024/25 include:

CREATIVE OPPORTUNITIES

Art Therapy, student placements and apprentices

Opportunities at Appletree and Tieve Tara.

Increase in art therapy student placements from 4 to 5, alongside 2 qualified art therapists.

Successful completion of horticultural apprenticeship for one individual who has now gained employment elsewhere. Another apprentice started under the CoachCore qualification, having been referred by Spectrum CIC WYFI.

Volunteering

Increase in community engagement opportunities with 63 volunteers regularly engaged and many more giving one-off volunteering time. This continues to have a clear impact on activity (see infographic).

Increase in leadership capacity with a further trustee recruited. Currently the board has 11 trustees, bringing a range of skills, experiences, cultures and backgrounds - a number with lived experience.

Spectrum People
Report of the Trustees
for the year ended 31st March 2025

CREATIVE OPPORTUNITIES - continued

Events

Spectrum People led the sixth year of Postcards from Wakefield, organising with partners a series of 25 events across the district during national mental health week in May. For the first time these included a school where pupils and staff jointly said how helpful this had been.

Led by Wakefield PMHN (Positive Mental Health Network) this initiative encourages many people to talk about their mental health and give positive messages to others.

Appletree Garden hosted many events throughout the year, with 4 as part of the Nurture and Nourish strand of Wakefield's Our Year and a lantern festival in December. Over 470 visitors attended these 5 events, many for the first time.

Appletree Women's Group met weekly through the year, engaging in a range of activities based on crafts, gentle exercise and music. By the end of the year the group had grown to over 90.

CREATIVE SPACES

Tieve Time at Tieve Tara Medical Practice.

Saturday opening for anyone from the local community to drop in and have a cuppa and chat started January 2025.

Appletree Garden also started to open on a Saturday, from January 2025.

Both these opportunities mean people who work or are otherwise engaged during the week can visit these community spaces, meeting others and getting support, as needed.

In July 2024 Appletree Garden was awarded Green Flag Community Garden status, celebrated by everyone who visits and helps run this vibrant space, a former brownfield site.

Spectrum People

Report of the Trustees **for the year ended 31st March 2025**

FUNDING STREAMS

In 2024/25 the charity successfully secured further UK Shared Prosperity Fund (UKSPF) grant funding, managed by Wakefield Council. This delivered activity for Appletree Women's Group in Agbrigg, help and support in Airedale and creative health offers with partner organisation Crafting4Good, across the district.

Through a large Culture Fund grant the In Cahoots Collective and Spectrum People supported over 120 people across the district in music and movement; specifically designed for those with memory and mobility issues. The week of activity in September 2024 included a masterclass for 14 creatives to enable them to take the learning into their own practice.

Following Wakefield Council's commissioning of a programme of Adult Social Care activity the charity were successful in their bid. Two new roles were created in April 2024 and the provision of activity continued with no break, enabled by volunteers who transferred from Richmond Fellowship, the previous provider. A range of community support groups are run including cooking, craft, creative writing and IT support.

INNOVATION & PARTNERSHIP ACTIVITY

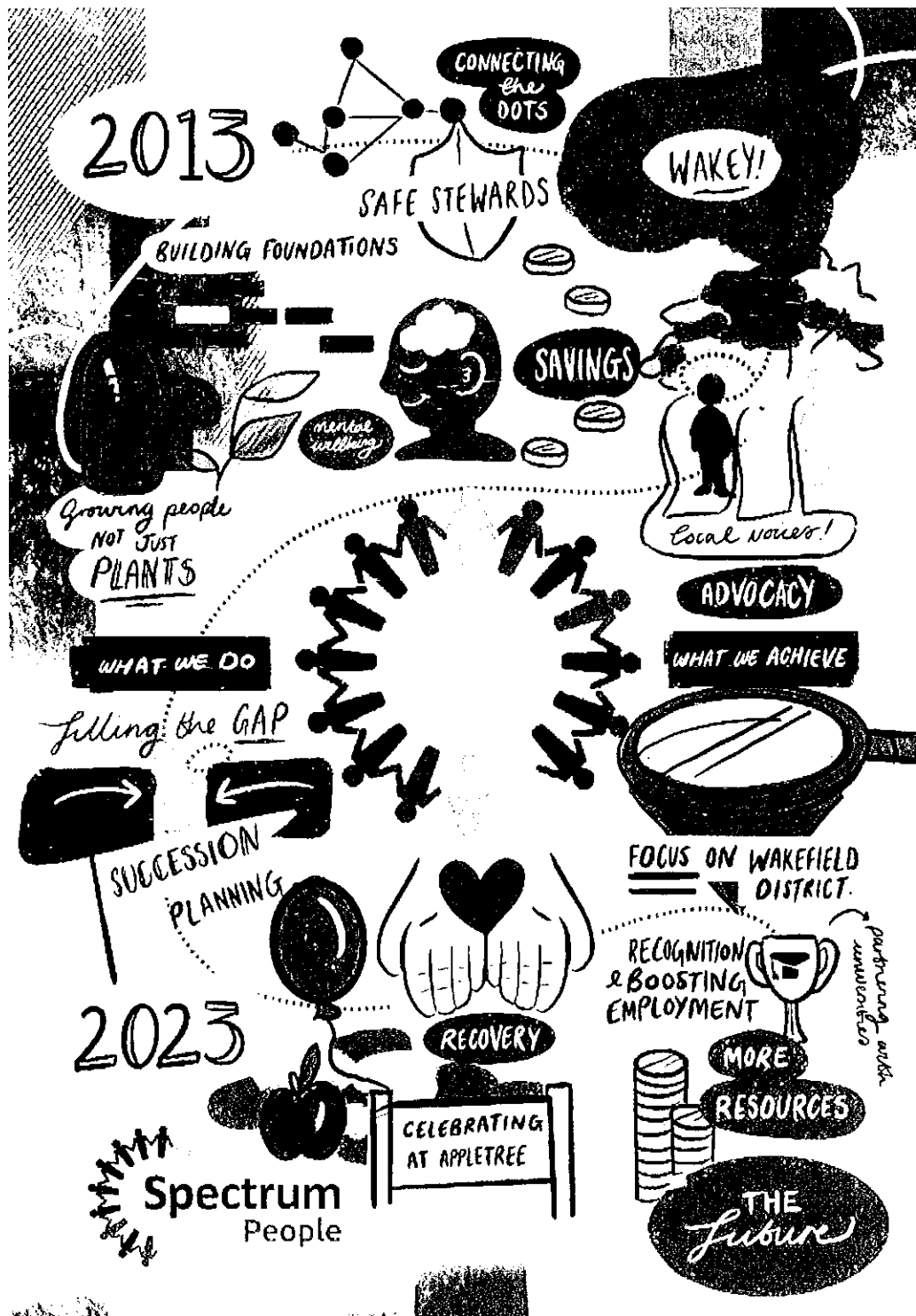
Partnership work with Huddersfield University continued to develop with Creative Health the main strand. With strong links to Creative Wakefield the charity contributed to Cultures of Creative Health and has various chapters referring to its' work in the publication Cultures of Creative Health:

<https://unipress.hud.ac.uk/plugins/books/>

Spectrum People continues to positively challenge and influence policy at local and regional level and beyond. The charity is a member of Wakefield District VCSE Collaborative and continues to drive Wakefield Positive Mental Health Network, now linked with Wakefield Mental Health Alliance Stakeholder group.

Spectrum People

Report of the Trustees for the year ended 31st March 2025



Report of the Trustees
for the year ended 31st March 2025

Green Space

3264 Visits
8160 Volunteer hours
13 Groups attending garden regularly

"I'm not a gardener and don't really come here for the gardening. I come for fresh air, social contact, community, being closer to nature. I was lonely and isolated, and this has made a big difference to my wellbeing."

"I do not speak any English and I come to the garden for 1:1 support with form filling and phone calls with Saima. Every time I come to the garden, I feel at ease, and I am made to feel comfortable by the team."

"I've made friends here and it's brought out my passion for art and giving back. Feeling included and part of something has relieved my loneliness and isolation. I'd come every day if it were open."

As someone from a different country, I've found it challenging to be part of a community in the UK due to the cultural differences. But I've learned a lot since starting at the garden. Now I've met and spoken with people from a variety of backgrounds. I see that my personal background isn't as unique as I thought it was before - that there are others out there who have experienced similar things, and that makes it easier to feel a part of a community.

Creative Health

189 Attendances
26 People Supported with Art Therapy
27 Young people in 95 1:1 sessions
50 Creative sessions; 500 attended

"The support from staff and new friends has massively reduced my want to self-harm"

"Craft group provides a relaxed atmosphere; I can talk about any issues in a safe space"

"I get to have adult conversation whilst learning new creative skills with no pressure"

"Compassion and empathy helps me to feel understood and gives me the space to express myself through art making or talking. My anxiety is then more manageable."

Community Support

244 Groups Held
85 People Attending
2889 Attendances

"I really enjoy the group and the camaraderie between everyone."

"It has helped my confidence a lot and has made me feel more included."

"Your support gets me through these tough times and helped me get to a place where I am able to return to work."

"Gets me out of the house to meet and talk to other people. I can learn and get the support I need which I can't get elsewhere. Staff and volunteers always help and guide me and are understanding of my disabilities and limits. At the same time they treat me as an equal and help to build my confidence and sense of self-worth."

Social Prescribing

243 Referrals/Individuals
850 Interventions x 2hrs each
150 Signposting contacts; one-off events providing advice and guidance
30 minutes per contact

"You are always there for me, no matter what the time, you always know just what to say and do"

"Without doubt, staff keep me out of A&E. If it wasn't for them, I would be there every week, but they know how to support me and make it all ok"

"It doesn't seem enough to say thank you but that cup of tea and biscuit makes Airedale a better place so, thank you!"

"Always make me feel at ease with myself and whatever problems I'm going through - if they don't know they find someone that does and don't just leave me, this is massive for me. I could ever thank them enough."

Spectrum People
Report of the Trustees
for the year ended 31st March 2025

FINANCIAL REVIEW

Reserves policy

The reserves fund remains at £40,000.

FUTURE PLANS

Partnering with others closely involved in Creative Health to bring funding to Wakefield - this includes:

A Creative People and Places bid to The Arts Council, led by Featherstone Rovers Foundation, with Spectrum People and Creative Minds as lead partners.

With the National Coal Mining Museum as lead, a bid to Esme Fairburn Communities and Collections Fund, linking the charities work at Tieve Tara, the former pit surgery for Fryston Colliery, with the work and collections of NCMM.

With Featherstone Rovers Foundation a bid to Tackling Health Inequalities: The Mayor's Big Ideas Challenge.

Continued expansion and further recognition of the strong body of Creative Health work via high-profile partnership activity with Creative Wakefield and Huddersfield University.

Continuing to influence relevant policy and practice locally, regionally and beyond.

Continuing to tell vital stories and celebrate success stories of community members the charity has helped.

As 2025 progresses the trustees and all in the charity remain aware of decreasing funding for charities, as challenges in the public sector mean further cutbacks in many areas. The work done by the entire team during 2024/25 remained focused on maximising the value offer from the charity whilst ensuring financial viability is always kept in mind. Trustees remain mindful of risks including succession planning and ensuring the charities work and offer is clearly communicated and known. Each of these issues is regularly scrutinised and discussed. The charity benefited from pro-bono support of Q5 Foundation as part of their Pop-Up Consulting support with two facilitated sessions in December 2024 and April 2025.

As the year ends the issue with regard to pension payments being incorrectly made into the NHS Pension Scheme over a period of time has been resolved with full repayment being made to the charity. No employee was adversely affected by this issue.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Management

The board of trustees remained strong with 10 trustees, up to the year end, with one further appointment on 22 April 2025 taking the total to 11.

Spectrum People

Report of the Trustees
for the year ended 31st March 2025

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08400970 (England and Wales)

Registered Charity number

1152437

Registered office

1 Navigation Walk
Hebble Wharf
Wakefield
West Yorkshire
WF1 5RH

Trustees

Dr L D Harris OBE Trustee
P Box CBE Trustee
Dr S P Michael OBE Chair of Trustees
Dr R E G Sloan MBE Trustee
A Pepper Trustee, Treasurer
J Major Trustee
J M Nye Trustee (resigned 2/5/24)
J L Beecham Trustee
R M Hill Trustee
U Ali Trustee (appointed 27/9/24)
A T Atkinson Trustee (appointed 27/9/24)
B Percy-Smith (appointed 22/4/25)

Independent Examiner

Paul Drant FCCA, ACA
Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Approved by order of the board of trustees on 4th August 2025 and signed on
its behalf by:



.....
A Pepper - Trustee

**Independent Examiner's Report to the Trustees of
Spectrum People**

Independent examiner's report to the trustees of Spectrum People ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent Examiner's Report to the Trustees of
Spectrum People

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Drant FCCA, ACA
The Association of Chartered Certified Accountants

Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Date:

Spectrum People

Statement of Financial Activities
for the year ended 31st March 2025

		2025	2024
		Unrestricted	Total
		fund	funds
	Notes	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>360,256</u>	<u>256,959</u>
EXPENDITURE ON			
Raising funds	2	<u>357,784</u>	<u>226,969</u>
NET INCOME		2,472	29,990
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>179,381</u>	<u>149,391</u>
TOTAL FUNDS CARRIED FORWARD		<u>181,853</u>	<u>179,381</u>

The notes form part of these financial statements

Spectrum People

Balance Sheet
31st March 2025

	Notes	2025 Unrestricted fund £	2024 Total funds £
CURRENT ASSETS			
Debtors	5	3,226	3,576
Cash at bank		<u>200,072</u>	<u>195,730</u>
		203,298	199,306
CREDITORS			
Amounts falling due within one year	6	<u>(21,445)</u>	<u>(19,925)</u>
NET CURRENT ASSETS		<u>181,853</u>	<u>179,381</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>181,853</u>	<u>179,381</u>
NET ASSETS		<u>181,853</u>	<u>179,381</u>
FUNDS	7		
Unrestricted funds		<u>181,853</u>	<u>179,381</u>
TOTAL FUNDS		<u>181,853</u>	<u>179,381</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements


Spectrum People

Balance Sheet - continued
31st March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

4th August 2025



.....
A Pepper - Trustee

The notes form part of these financial statements

Spectrum People

Notes to the Financial Statements **for the year ended 31st March 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2025

2. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Fundraising expenses and project costs	102,478	35,402
Support costs	<u>255,306</u>	<u>191,567</u>
	<u>357,784</u>	<u>226,969</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2025 nor for the year ended 31st March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2025 nor for the year ended 31st March 2024.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Charity manager	1	1
Admin assistant	<u>8</u>	<u>6</u>
	<u>9</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2025

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	<u>3,226</u>	<u>3,576</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	12,687	-
Other creditors	-	40
Accruals and deferred income	<u>8,758</u>	<u>19,885</u>
	<u>21,445</u>	<u>19,925</u>

7. MOVEMENT IN FUNDS

	At 1/4/24	Net movement in funds	At 31/3/25
	£	£	£
Unrestricted funds			
General fund	179,381	2,472	181,853
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>179,381</u>	<u>2,472</u>	<u>181,853</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	360,256	(357,784)	2,472
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>360,256</u>	<u>(357,784)</u>	<u>2,472</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2025

7. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	149,391	29,990	179,381
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>149,391</u>	<u>29,990</u>	<u>179,381</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	256,959	(226,969)	29,990
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>256,959</u>	<u>(226,969)</u>	<u>29,990</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/23 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	149,391	32,462	181,853
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>149,391</u>	<u>32,462</u>	<u>181,853</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2025

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	617,215	(584,753)	32,462
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>617,215</u>	<u>(584,753)</u>	<u>32,462</u>

8. RELATED PARTY DISCLOSURES

The sole member of the charity is Spectrum Community Health CIC (Reg no: 07300133), a company registered in England and Wales. During the period the charity received £55,000 (2024: £55,000) in donations from Spectrum Community Health CIC along with staff time and resources to the value of £81,998 (2024: £77,753).

At the balance sheet date, £0 (2024: £40) was owed by Spectrum People to Spectrum Community Health CIC.

9. ULTIMATE CONTROLLING PARTY

In the opinion of the Trustees, no one party controlled the charity during the period.