

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**for the Year Ended 31st March 2022**  
  
**for**  
**Spectrum People**

cbaSadofskys  
Chartered Accountants  
Princes House  
Wright Street  
Hull  
East Yorkshire  
HU2 8HX

**Spectrum People**

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**for the year ended 31st March 2022**

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**Report of the Trustees**  
**for the year ended 31st March 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Public benefit**

The Trustees have considered the objectives of Spectrum People and are satisfied that they are wholly for the public benefit under section 17 (5) of the Charity Act.

**ACHIEVEMENT AND PERFORMANCE**

The charity continued to support many beneficiaries and visitors, with its' workload continuing to increase as the pandemic continued and its' effects are felt. Achievements include the following:

- The work team has tripled in size since 2020 with 7 new members in 2022 alone
- Places for students continue to be provided and the first apprentice - in horticulture, based at Appletree - got underway in September 2021
- Volunteers have also grown in number and support befriending, art groups and Appletree, as well as our strong band of 7 trustees who continue to support the charity and meet at least 10 times a year
- Appletree Garden continues to attract more and more visitors - of all ages - many of whom return every week to donate time to dig, sow, tidy up, water, weed or simply listen, support and chat to others. In total 5226 hours were donated in 2021/22. Green space continues to be a vital offer helping improving the wellbeing of those who visit the Garden
- As things returned more to in person working the team have based themselves at two locations - Appletree in Agbrigg, and at Tieve Tara Medical Practice in Airedale. Both are located where people are looking for more support and being in the heart of the community fits the charities overall priority of focusing on support for those who are socially excluded
- Arts based activities and in particular art therapy continues to be a vital offer and 4 art therapists - 2 qualified, 2 on placement, have been supporting people of all ages, mostly in Airedale. Two offer art therapy via the FAC (Families Achieving Change) service for young people, based at The Hut, one is based at Tieve Tara and one runs a two hour session at Reflections House, Castleford. The latter two are part of The Art House Re-emerge project, funded via NHS Charities Together
- Social prescribing grows year on year and the charity particularly supports patients at Tieve Tara who are referred for this offer by GPs and other practice staff. Spectrum People offers this for all ages and is aware that the numbers of children being referred is growing significantly
- Safe Space Wakefield became completely embedded during the year and is now running 6 evenings a week and for those aged 16 and upwards. Alongside partners Touchstone and Gaspd, Spectrum People has worked hard to ensure those needing this person centred, trauma informed evening offer are helped and are kept safe, without having to call upon the blue light services
- Towards the end of the year Spectrum People partnered with Wakefield Authority and Huddersfield University in 'Empowering Communities', a project funded via the UK Community Renewal Fund. Despite the very tight timescales and much delayed start work was well underway in February/March 2022 with Spectrum People playing a lead role in linking local community organisations with funding and other support.
- The third year of Postcards from Wakefield was led by Wakefield Authority and Spectrum People with a physical postcard possible again after 2020s lockdowns
- A main highlight of the year was Spectrum People being awarded BBC Radio 4s All in the Mind project award; Dawn Bland, a long time beneficiary of the charity, nominated the team and joined Leanne (art therapist), Tina (social prescriber) and Bridget (charity lead) in London to hear this amazing news
- Obtaining increased funding including from Spectrum Community Health, WMDC and the Emergency Fund (covid fund). This last amount of funding allowed major infrastructure developments at Appletree which now boasts a very large, disabled access compost toilet (replacing portaloos) and a recovered polytunnel - where all our plants are grown. The funding also covered running 7 co-produced events with Open Country, whose aims are similar to those of Spectrum People.

**Report of the Trustees**  
**for the year ended 31st March 2022**

**FINANCIAL REVIEW**

**Reserves policy**

The reserves fund remains at £40,000.

**FUTURE PLANS**

These include:

- Running further Maternal Journal and other journaling activities and continuing art therapy as part of the Re-emerge project
- Taking on a further horticultural apprentice at Appletree which will strengthen the team and allow increased access by the community
- Updating and improving the Spectrum People website and further developing social media
- Leading on the fourth year of Postcards from Wakefield on behalf of the Positive Mental Health Network, collaborating with an increasing number of partners
- Continuing Spectrum People's co-production work to ensure individuals get joined up, person centred support
- Continuing to contribute to Safe Space as it further develops
- Developing the growing partnership working with Spectrum Community CIC, and particularly at Tieve Tara Medical Practice.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Management**

The board of trustees remained constant during the year with 7 trustees and no changes.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

08400970 (England and Wales)

**Registered Charity number**

1152437

**Registered office**

1 Navigation Walk  
Hebble Wharf  
Wakefield  
West Yorkshire  
WF1 5RH

**Trustees**

Dr L D Harris OBE Trustee  
P Box CBE Trustee  
Dr S P Michael OBE Chair of Trustees  
Dr R E G Sloan MBE Trustee  
R W Davies Trustee  
A Pepper Trustee, Treasurer  
J Major Trustee

**Report of the Trustees**  
**for the year ended 31st March 2022**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

cbaSadofskys  
Chartered Accountants  
Princes House  
Wright Street  
Hull  
East Yorkshire  
HU2 8HX

Approved by order of the board of trustees on 13th September 2022 and signed on its behalf by:

A Pepper - Trustee

**Independent Examiner's Report to the Trustees of**  
**Spectrum People**

**Independent examiner's report to the trustees of Spectrum People ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Drant FCCA, ACA  
cbaSadofskys  
Chartered Accountants  
Princes House  
Wright Street  
Hull  
East Yorkshire  
HU2 8HX

13th September 2022

**Spectrum People**

**Statement of Financial Activities**  
**for the year ended 31st March 2022**

		<b>2022</b>	<b>2021</b>
		<b>Unrestricted</b>	<b>Total</b>
		<b>fund</b>	<b>funds</b>
		<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS FROM</b>	Notes		
Donations and legacies		<b>219,765</b>	<b>216,865</b>
<b>EXPENDITURE ON</b>			
Raising funds	2	<b>258,205</b>	<b>153,205</b>
Other		<b>-</b>	<b>347</b>
<b>Total</b>		<b>258,205</b>	<b>153,552</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(38,440)</b>	<b>63,313</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		<b>180,872</b>	<b>117,559</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>142,432</b>	<b>180,872</b>

The notes form part of these financial statements

**Balance Sheet**  
**31st March 2022**

		<b>2022</b>	<b>2021</b>
		<b>Unrestricted</b>	<b>Total</b>
		<b>fund</b>	<b>funds</b>
		<b>£</b>	<b>£</b>
<b>CURRENT ASSETS</b>	Notes		
Debtors	5	<b>10,755</b>	40,558
Cash at bank and in hand		<b>247,523</b>	176,081
		<b>258,278</b>	216,639
<b>CREDITORS</b>			
Amounts falling due within one year	6	<b>(115,846)</b>	(35,767)
<b>NET CURRENT ASSETS</b>		<b>142,432</b>	180,872
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>142,432</b>	180,872
<b>NET ASSETS</b>		<b>142,432</b>	180,872
<b>FUNDS</b>	7		
Unrestricted funds		<b>142,432</b>	180,872
<b>TOTAL FUNDS</b>		<b>142,432</b>	180,872

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.



**Balance Sheet - continued**  
**31st March 2022**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13th September 2022 and were signed on its behalf by:

A Pepper - Trustee

## **Spectrum People**

### **Notes to the Financial Statements** **for the year ended 31st March 2022**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Spectrum People**

**Notes to the Financial Statements - continued**  
**for the year ended 31st March 2022**

**2. RAISING FUNDS**

**Raising donations and legacies**

	<b>2022</b>	2021
	<b>£</b>	£
Fundraising expenses and project costs	<b>48,697</b>	25,884
Support costs	<b>209,508</b>	127,321
	<hr/> <b>258,205</b> <hr/>	<hr/> 153,205 <hr/>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31st March 2022 nor for the year ended 31st March 2021.

**4. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	<b>2022</b>	2021
Charity manager	<b>1</b>	1
Admin assistant	<b>8</b>	3
	<hr/> <b>9</b> <hr/>	<hr/> 4 <hr/>

No employees received emoluments in excess of £60,000.

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	2021
	<b>£</b>	£
Trade debtors	<b>10,100</b>	34,028
Prepayments and accrued income	<b>655</b>	6,530
	<hr/> <b>10,755</b> <hr/>	<hr/> 40,558 <hr/>

**Spectrum People**

**Notes to the Financial Statements - continued**  
**for the year ended 31st March 2022**

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	2021
	<b>£</b>	£
Other creditors	<b>76,933</b>	33,119
Accruals and deferred income	<b>38,913</b>	2,648
	<hr/> <b>115,846</b> <hr/>	<hr/> 35,767 <hr/>

**7. MOVEMENT IN FUNDS**

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
<b>Unrestricted funds</b>			
General fund	<b>180,872</b>	<b>(38,440)</b>	<b>142,432</b>
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>180,872</b>	<b>(38,440)</b>	<b>142,432</b>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	<b>219,765</b>	<b>(258,205)</b>	<b>(38,440)</b>
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>219,765</b>	<b>(258,205)</b>	<b>(38,440)</b>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**Comparatives for movement in funds**

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
<b>Unrestricted funds</b>			
General fund	117,559	63,313	180,872
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	117,559	63,313	180,872
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**Spectrum People**

**Notes to the Financial Statements - continued**  
**for the year ended 31st March 2022**

**7. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	216,865	(153,552)	63,313
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>216,865</u>	<u>(153,552)</u>	<u>63,313</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	At 31/3/22 £
<b>Unrestricted funds</b>			
General fund	117,559	24,873	142,432
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>117,559</u>	<u>24,873</u>	<u>142,432</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	436,630	(411,757)	24,873
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>436,630</u>	<u>(411,757)</u>	<u>24,873</u>

**Spectrum People**

**Notes to the Financial Statements - continued**  
**for the year ended 31st March 2022**

**8. RELATED PARTY DISCLOSURES**

The sole member of the charity is Spectrum Community Health CIC (Reg no: 07300133), a company registered in England and Wales. During the period the charity received £40,133 (2021: £40,000) in donations from Spectrum Community Health CIC along with staff time and resources to the value of £70,181 (2021: £58,210).

At the balance sheet date, £76,933 (2021: £32,134) was owed by Spectrum People to Spectrum Community Health CIC.

**9. ULTIMATE CONTROLLING PARTY**

In the opinion of the Trustees, no one party controlled the charity during the period.