

SPECTRUM PEOPLE

England & Wales · Charity number 1152437

Details

Status	Registered
Legal form	Charitable company
Company number	08400970
Registered	2013-06-14
Register	View on the Charity Commission register

Contact

Address	One Navigation Walk Hebble Wharf Wakefield WF1 5RH
Phone	01924311400
Email	spectrumpeople@spectrum-cic.nhs.uk
Website	www.spectrumpeople.org.uk

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH PEOPLE PRINCIPALLY IN THE COUNTY OF YORKSHIRE WHO ARE SOCIALLY EXCLUDED TO RELIEVE THE NEEDS OF SUCH PEOPLE AND ASSIST THEM TO INTEGRATE INTO SOCIETY, IN PARTICULAR BY:-(1) PROVIDING TRAINING, EDUCATION AND INFORMATION TO SUPPORT AND ENABLE SUCH PERSONS TO MAXIMISE WELL BEING, EDUCATION, EMPLOYMENT AND VOLUNTEERING OPPORTUNITIES;(2) PROVIDING WORKSHOPS, FORUMS, TRAINING AND GENERAL SUPPORT; (3) PROVIDING RECREATIONAL ACTIVITIES AND OPPORTUNITIES FOR SUCH PEOPLE; AND(4) RAISING PUBLIC AWARENESS OF THE ISSUES AFFECTING SUCH PEOPLE, BOTH GENERALLY AND IN RELATION TO THEIR SOCIAL EXCLUSION.FOR THE PURPOSE OF THIS CLAUSE "SOCIALLY EXCLUDED" MEANS BEING EXCLUDED FROM SOCIETY, OR PART OF SOCIETY AS A RESULT OF ONE OR MORE OF THE FOLLOWING FACTORS: SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; UNEMPLOYMENT; FINANCIAL HARDSHIP; HOMELESSNESS; DISABILITY; PREVIOUS CRIMINAL CONVICTIONS; OR GENERALLY DUE TO THEIR PERSONAL, SOCIAL AND/OR ECONOMIC POSITION.

Activities: Spectrum People focuses on social inclusion programmes and develops 'meaningful activities' that are delivered in partnership with other local charities and enterprises. Cookery programs, allotment projects, fitness schemes and creative arts projects are all examples of meaningful activities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Other Defined Groups

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£360,256	£357,784	-	-
2024-03-31	£256,959	£226,969	-	-
2023-03-31	£284,032	£277,073	-	-
2022-03-31	£219,765	£258,205	-	-
2021-03-31	£216,865	£153,552	-	-

Trustees

Name	Role	Appointed
Adrian Thomas Atkinson		2024-09-27
Andrew Pepper		2018-10-18
Barry Percy-Smith		2025-04-22
Dr LINDA HARRIS		2013-04-08
Jayne Louise Beecham		2023-07-18
Peter Box		2020-01-21
Rosalind Merryn Hill		2023-08-22
STEVEN PETER MICHAEL		2013-04-08
USMAN ALI		2024-09-27

SPECTRUM PEOPLE

England & Wales - Charity number 1152437

Accounts

REGISTERED COMPANY NUMBER: 08400970 (England and Wales)
REGISTERED CHARITY NUMBER: 1152437

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st March 2025
for
Spectrum People

Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Spectrum People

Contents of the Financial Statements
for the year ended 31st March 2025

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8 to 9
Statement of Financial Activities	10
Balance Sheet	11 to 12
Notes to the Financial Statements	13 to 17

Spectrum People
Report of the Trustees
for the year ended 31st March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Public benefit

The Trustees have considered the objectives of Spectrum People and are satisfied that they are wholly for the public benefit under section 17 (5) of the Charity Act.

ACHIEVEMENT AND PERFORMANCE

Year ended March 2025, the charity's 11th year again had many highlights in supporting beneficiaries and visitors; the charity continues to operate in a complex and challenging landscape to deliver its core objectives with stretched resources, high workloads and increasingly complexity of need in those we support.

The charity continued to seek new funding sources to maximise income and our apprenticeship and student placement opportunities thrive, with 7 opportunities over the last year.

Our main work areas continue to be using green space and creative arts including via social prescribing to impact positively on health and economic inequalities.

Key achievements for 2024/25 include:

CREATIVE OPPORTUNITIES

Art Therapy, student placements and apprentices

Opportunities at Appletree and Tieve Tara.

Increase in art therapy student placements from 4 to 5, alongside 2 qualified art therapists.

Successful completion of horticultural apprenticeship for one individual who has now gained employment elsewhere. Another apprentice started under the CoachCore qualification, having been referred by Spectrum CIC WYFI.

Volunteering

Increase in community engagement opportunities with 63 volunteers regularly engaged and many more giving one-off volunteering time. This continues to have a clear impact on activity (see infographic).

Increase in leadership capacity with a further trustee recruited. Currently the board has 11 trustees, bringing a range of skills, experiences, cultures and backgrounds - a number with lived experience.

Spectrum People
Report of the Trustees
for the year ended 31st March 2025

CREATIVE OPPORTUNITIES - continued

Events

Spectrum People led the sixth year of Postcards from Wakefield, organising with partners a series of 25 events across the district during national mental health week in May. For the first time these included a school where pupils and staff jointly said how helpful this had been.

Led by Wakefield PMHN (Positive Mental Health Network) this initiative encourages many people to talk about their mental health and give positive messages to others.

Appletree Garden hosted many events throughout the year, with 4 as part of the Nurture and Nourish strand of Wakefield's Our Year and a lantern festival in December. Over 470 visitors attended these 5 events, many for the first time.

Appletree Women's Group met weekly through the year, engaging in a range of activities based on crafts, gentle exercise and music. By the end of the year the group had grown to over 90.

CREATIVE SPACES

Tieve Time at Tieve Tara Medical Practice.

Saturday opening for anyone from the local community to drop in and have a cuppa and chat started January 2025.

Appletree Garden also started to open on a Saturday, from January 2025.

Both these opportunities mean people who work or are otherwise engaged during the week can visit these community spaces, meeting others and getting support, as needed.

In July 2024 Appletree Garden was awarded Green Flag Community Garden status, celebrated by everyone who visits and helps run this vibrant space, a former brownfield site.

Spectrum People
Report of the Trustees
for the year ended 31st March 2025

FUNDING STREAMS

In 2024/25 the charity successfully secured further UK Shared Prosperity Fund (UKSPF) grant funding, managed by Wakefield Council. This delivered activity for Appletree Women's Group in Agbrigg, help and support in Airedale and creative health offers with partner organisation Crafting4Good, across the district.

Through a large Culture Fund grant the In Cahoots Collective and Spectrum People supported over 120 people across the district in music and movement; specifically designed for those with memory and mobility issues. The week of activity in September 2024 included a masterclass for 14 creatives to enable them to take the learning into their own practice.

Following Wakefield Council's commissioning of a programme of Adult Social Care activity the charity were successful in their bid. Two new roles were created in April 2024 and the provision of activity continued with no break, enabled by volunteers who transferred from Richmond Fellowship, the previous provider. A range of community support groups are run including cooking, craft, creative writing and IT support.

INNOVATION & PARTNERSHIP ACTIVITY

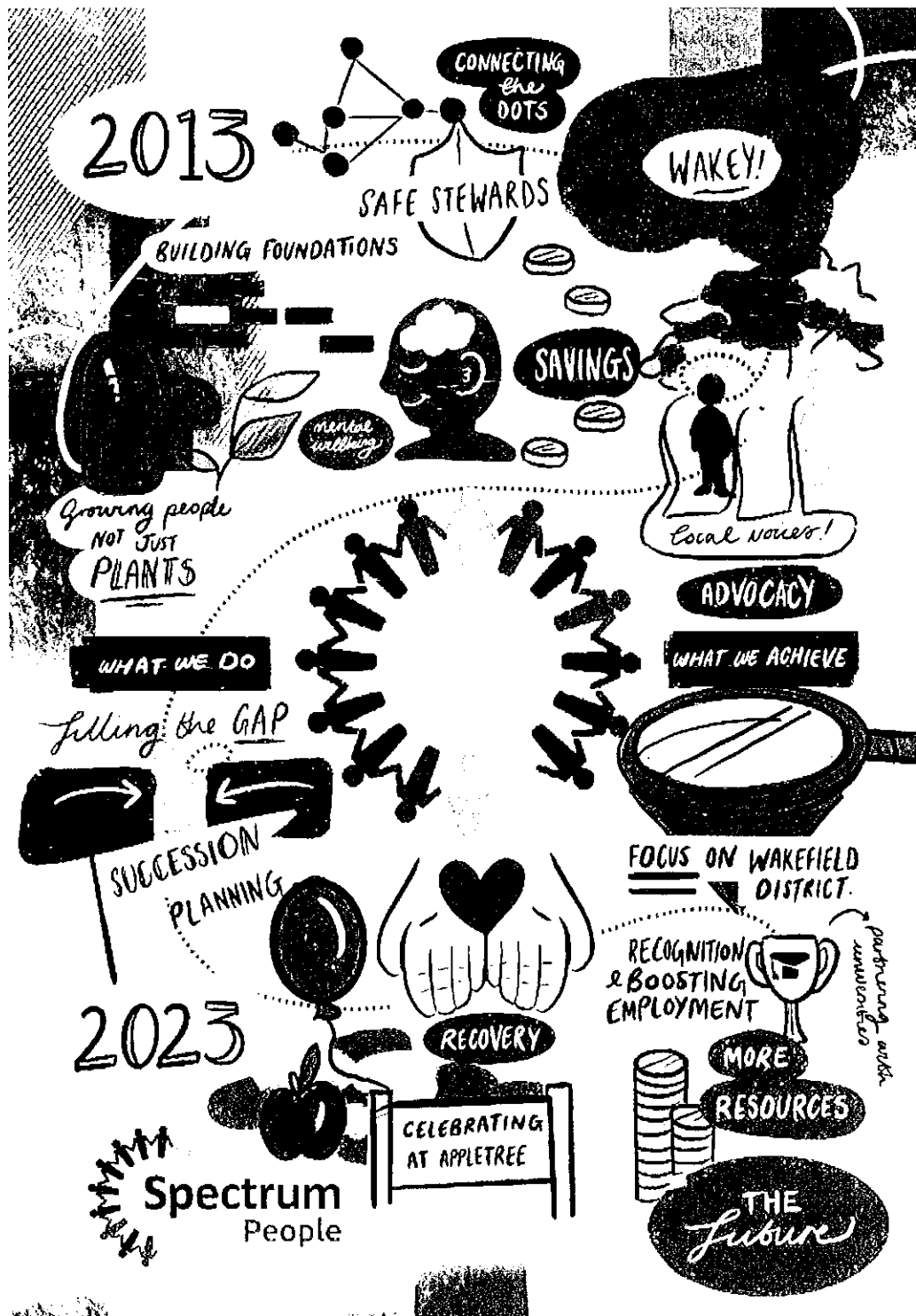
Partnership work with Huddersfield University continued to develop with Creative Health the main strand. With strong links to Creative Wakefield the charity contributed to Cultures of Creative Health and has various chapters referring to its' work in the publication Cultures of Creative Health:

<https://unipress.hud.ac.uk/plugins/books/>

Spectrum People continues to positively challenge and influence policy at local and regional level and beyond. The charity is a member of Wakefield District VCSE Collaborative and continues to drive Wakefield Positive Mental Health Network, now linked with Wakefield Mental Health Alliance Stakeholder group.

Spectrum People

Report of the Trustees
for the year ended 31st March 2025



Report of the Trustees
for the year ended 31st March 2025

Green Space

3264 Visits
8160 Volunteer hours
13 Groups attending garden regularly

"I'm not a gardener and don't really come here for the gardening. I come for fresh air, social contact, community, being closer to nature. I was lonely and isolated, and this has made a big difference to my wellbeing."

"I do not speak any English and I come to the garden for 1:1 support with form filling and phone calls with Saima. Every time I come to the garden, I feel at ease, and I am made to feel comfortable by the team."

"I've made friends here and it's brought out my passion for art and giving back. Feeling included and part of something has relieved my loneliness and isolation. I'd come every day if it were open."

As someone from a different country, I've found it challenging to be part of a community in the UK due to the cultural differences. But I've learned a lot since starting at the garden. Now I've met and spoken with people from a variety of backgrounds. I see that my personal background isn't as unique as I thought it was before - that there are others out there who have experienced similar things, and that makes it easier to feel a part of a community.

Creative Health

189 Attendances
26 People Supported with Art Therapy
27 Young people in 95 1:1 sessions
50 Creative sessions; 500 attended

"The support from staff and new friends has massively reduced my want to self-harm"

"Craft group provides a relaxed atmosphere; I can talk about any issues in a safe space"

"I get to have adult conversation whilst learning new creative skills with no pressure"

"Compassion and empathy helps me to feel understood and gives me the space to express myself through art making or talking. My anxiety is then more manageable."

Community Support

244 Groups Held
85 People Attending
2889 Attendances

"I really enjoy the group and the camaraderie between everyone."

"It has helped my confidence a lot and has made me feel more included."

"Your support gets me through these tough times and helped me get to a place where I am able to return to work."

"Gets me out of the house to meet and talk to other people. I can learn and get the support I need which I can't get elsewhere. Staff and volunteers always help and guide me and are understanding of my disabilities and limits. At the same time they treat me as an equal and help to build my confidence and sense of self-worth."

Social Prescribing

243 Referrals/Individuals
850 Interventions x 2hrs each
150 Signposting contacts; one-off events providing advice and guidance
30 minutes per contact

"You are always there for me, no matter what the time, you always know just what to say and do"

"Without doubt, staff keep me out of A&E. If it wasn't for them, I would be there every week, but they know how to support me and make it all ok"

"It doesn't seem enough to say thank you but that cup of tea and biscuit makes Airedale a better place so, thank you!"

"Always make me feel at ease with myself and whatever problems I'm going through - if they don't know they find someone that does and don't just leave me, this is massive for me. I could ever thank them enough."

Spectrum People
Report of the Trustees
for the year ended 31st March 2025

FINANCIAL REVIEW

Reserves policy

The reserves fund remains at £40,000.

FUTURE PLANS

Partnering with others closely involved in Creative Health to bring funding to Wakefield - this includes:

A Creative People and Places bid to The Arts Council, led by Featherstone Rovers Foundation, with Spectrum People and Creative Minds as lead partners.

With the National Coal Mining Museum as lead, a bid to Esme Fairburn Communities and Collections Fund, linking the charities work at Tieve Tara, the former pit surgery for Fryston Colliery, with the work and collections of NCMM.

With Featherstone Rovers Foundation a bid to Tackling Health Inequalities: The Mayor's Big Ideas Challenge.

Continued expansion and further recognition of the strong body of Creative Health work via high-profile partnership activity with Creative Wakefield and Huddersfield University.

Continuing to influence relevant policy and practice locally, regionally and beyond.

Continuing to tell vital stories and celebrate success stories of community members the charity has helped.

As 2025 progresses the trustees and all in the charity remain aware of decreasing funding for charities, as challenges in the public sector mean further cutbacks in many areas. The work done by the entire team during 2024/25 remained focused on maximising the value offer from the charity whilst ensuring financial viability is always kept in mind. Trustees remain mindful of risks including succession planning and ensuring the charities work and offer is clearly communicated and known. Each of these issues is regularly scrutinised and discussed. The charity benefited from pro-bono support of Q5 Foundation as part of their Pop-Up Consulting support with two facilitated sessions in December 2024 and April 2025.

As the year ends the issue with regard to pension payments being incorrectly made into the NHS Pension Scheme over a period of time has been resolved with full repayment being made to the charity. No employee was adversely affected by this issue.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Management

The board of trustees remained strong with 10 trustees, up to the year end, with one further appointment on 22 April 2025 taking the total to 11.

Spectrum People

Report of the Trustees
for the year ended 31st March 2025

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08400970 (England and Wales)

Registered Charity number

1152437

Registered office

1 Navigation Walk
Hebble Wharf
Wakefield
West Yorkshire
WF1 5RH

Trustees

Dr L D Harris OBE Trustee
P Box CBE Trustee
Dr S P Michael OBE Chair of Trustees
Dr R E G Sloan MBE Trustee
A Pepper Trustee, Treasurer
J Major Trustee
J M Nye Trustee (resigned 2/5/24)
J L Beecham Trustee
R M Hill Trustee
U Ali Trustee (appointed 27/9/24)
A T Atkinson Trustee (appointed 27/9/24)
B Percy-Smith (appointed 22/4/25)

Independent Examiner

Paul Drant FCCA, ACA
Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Approved by order of the board of trustees on 4th August 2025 and signed on
its behalf by:



.....
A Pepper - Trustee

**Independent Examiner's Report to the Trustees of
Spectrum People**

Independent examiner's report to the trustees of Spectrum People ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent Examiner's Report to the Trustees of
Spectrum People

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Drant FCCA, ACA
The Association of Chartered Certified Accountants

Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Date:

Spectrum People

Statement of Financial Activities
for the year ended 31st March 2025

		2025	2024
		Unrestricted	Total
		fund	funds
	Notes	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>360,256</u>	<u>256,959</u>
EXPENDITURE ON			
Raising funds	2	<u>357,784</u>	<u>226,969</u>
NET INCOME		2,472	29,990
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>179,381</u>	<u>149,391</u>
TOTAL FUNDS CARRIED FORWARD		<u>181,853</u>	<u>179,381</u>

The notes form part of these financial statements

Spectrum People

Balance Sheet
31st March 2025

	Notes	2025 Unrestricted fund £	2024 Total funds £
CURRENT ASSETS			
Debtors	5	3,226	3,576
Cash at bank		<u>200,072</u>	<u>195,730</u>
		203,298	199,306
CREDITORS			
Amounts falling due within one year	6	<u>(21,445)</u>	<u>(19,925)</u>
NET CURRENT ASSETS		<u>181,853</u>	<u>179,381</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>181,853</u>	<u>179,381</u>
NET ASSETS		<u>181,853</u>	<u>179,381</u>
FUNDS	7		
Unrestricted funds		<u>181,853</u>	<u>179,381</u>
TOTAL FUNDS		<u>181,853</u>	<u>179,381</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

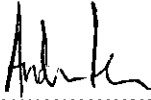
Spectrum People

Balance Sheet - continued
31st March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

4th August 2025



.....
A Pepper - Trustee

The notes form part of these financial statements

Spectrum People

Notes to the Financial Statements **for the year ended 31st March 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2025

2. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Fundraising expenses and project costs	102,478	35,402
Support costs	<u>255,306</u>	<u>191,567</u>
	<u>357,784</u>	<u>226,969</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2025 nor for the year ended 31st March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2025 nor for the year ended 31st March 2024.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Charity manager	1	1
Admin assistant	<u>8</u>	<u>6</u>
	<u>9</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2025

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	<u>3,226</u>	<u>3,576</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	12,687	-
Other creditors	-	40
Accruals and deferred income	<u>8,758</u>	<u>19,885</u>
	<u>21,445</u>	<u>19,925</u>

7. MOVEMENT IN FUNDS

	At 1/4/24	Net movement in funds	At 31/3/25
	£	£	£
Unrestricted funds			
General fund	179,381	2,472	181,853
	<u>179,381</u>	<u>2,472</u>	<u>181,853</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	360,256	(357,784)	2,472
	<u>360,256</u>	<u>(357,784)</u>	<u>2,472</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2025

7. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	149,391	29,990	179,381
TOTAL FUNDS	<u>149,391</u>	<u>29,990</u>	<u>179,381</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	256,959	(226,969)	29,990
TOTAL FUNDS	<u>256,959</u>	<u>(226,969)</u>	<u>29,990</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/23 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	149,391	32,462	181,853
TOTAL FUNDS	<u>149,391</u>	<u>32,462</u>	<u>181,853</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2025

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	617,215	(584,753)	32,462
TOTAL FUNDS	<u>617,215</u>	<u>(584,753)</u>	<u>32,462</u>

8. RELATED PARTY DISCLOSURES

The sole member of the charity is Spectrum Community Health CIC (Reg no: 07300133), a company registered in England and Wales. During the period the charity received £55,000 (2024: £55,000) in donations from Spectrum Community Health CIC along with staff time and resources to the value of £81,998 (2024: £77,753).

At the balance sheet date, £0 (2024: £40) was owed by Spectrum People to Spectrum Community Health CIC.

9. ULTIMATE CONTROLLING PARTY

In the opinion of the Trustees, no one party controlled the charity during the period.

SPECTRUM PEOPLE

England & Wales - Charity number 1152437

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st March 2024
for
Spectrum People

Sadofskys
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Princes House
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Spectrum People

Contents of the Financial Statements
for the year ended 31st March 2024

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10 to 13

Spectrum People
Report of the Trustees
for the year ended 31st March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Public benefit

The Trustees have considered the objectives of Spectrum People and are satisfied that they are wholly for the public benefit under section 17 (5) of the Charity Act.

ACHIEVEMENT AND PERFORMANCE

2023, the charity's 10th year, brought many successes in supporting beneficiaries and visitors; the charity continues to operate in a complex and challenging landscape to deliver its core objectives with stretched resources and high workloads

Amongst other measures the charity seeks new funding sources to maximise income and continues to develop opportunities for student placements, allowing increased activity offers in already supervised space.

Our main priorities are using green space and creative arts including via social prescribing to impact positively on health and economic inequalities.

Key achievements for 2023 include:

CREATIVE OPPORTUNITIES

Art Therapy and student placements - opportunities at Appletree and Tieve Tara

- Increase in student placements from 1 to 4.
- Introduction of OT (occupational therapy) students, in addition to art therapy students.

Volunteering

- Increase in community engagement opportunities with 40 volunteers regularly engaged and many more giving one-off volunteering time. Together with the increase in student placements this has had a clear impact on activity (see infographic).
- Increase in leadership capacity. Onboarding of 3 new Trustees bring a range of different experience and fresh insight.

Events

- Spectrum People organised a series of events 14 events across the district marking the fifth year Postcards from Wakefield project and held every day during national mental health week in May.

Led by Wakefield PMHN (positive mental health network) this initiative encourages many people to talk about their mental health and give positive messages to others.

- Appletree Garden hosted the main 10 year Celebration for the charity with its Open Day on 26 July. Over 270 visitors attended, many for the first time.

CREATIVE SPACES

- Tieve Tara Medical Practice, Airedale, Castleford - new community crafting room opened February 2024

FUNDING STREAMS

- Spectrum People was previously a delivery partner in the UK Community Renewal Fund (UKCRF) project 'Empowering Communities'.
- In 2023 the charity successfully secured grant funding from the successor funding UK Shared Prosperity Fund (UKSPF) managed by Wakefield Council to deliver core activity in Appletree, Agbrigg, and Airedale with £40,000 in total.

Spectrum People

Report of the Trustees
for the year ended 31st March 2024

INNOVATION & PARTNERSHIP ACTIVITY

- Huddersfield University (key partner in 'Empowering Communities' project) won Business School of the Year in 2023 with the judges noting;

One such consultancy project, with Spectrum People, an independent charity for vulnerable adults and young people in Wakefield, engaged 781 people and led to the creation of 82 jobs.

- Spectrum People helped produce a series of original films as part of community mental health transformation work with over 100 people contributing to their creation via 10 voluntary sector organisations across West Yorkshire.

Nominated for a PENNA award the Living with Lived Experience series, commissioned and funded by West Yorkshire Health and Care Partnership, were runners up in the category 'Engaging and Championing the Public'.

- Spectrum People continues to positively challenge and influence policy at local and regional level and beyond. Examples in the last year include Wakefield Council's direct VCSE funding via UKSPF, and stronger local knowledge across West Yorkshire and Wakefield of the current changes to the 111 phone service for mental health support.

Spectrum People

Report of the Trustees
for the year ended 31st March 2024



9 Priorities: Summary Information



More details within the [full document](#)



Spectrum People
Report of the Trustees
for the year ended 31st March 2024

FINANCIAL REVIEW

Reserves policy

The reserves fund remains at £40,000.

FUTURE PLANS

-Delivering a programme of Adult Social Care work commissioned by Wakefield Authority, formerly provided by Richmond Fellowship. Outputs include creation of 2 new job roles from April 2024.

- Application for Green Flag Community status for Appletree Community Garden following substantive growth in visitor numbers and activities in 2023.

- Continuation of the successful apprenticeship scheme to create a new post combining supporting visitors and those working in Appletree garden. Inception Summer 24.

- Expansion and further recognition of strong body of work in Creative Health via high-profile partnership activity with Creative Wakefield and Huddersfield University.

- Continuing to influence relevant policy and practice locally, regionally and beyond.

- Continuing to tell vital stories and celebrate success stories of community members supported by Spectrum. Publication of a new booklet, available electronically and in print.

As 2024 progresses the trustees and all in the charity are increasingly aware of decreasing funding for charities, as challenges in the public sector mean cutbacks in many areas. The work done by the entire team during 2023/24 is aimed at maximising the offer from the charity whilst ensuring financial viability is always kept in mind. Trustees are also mindful of risks including key staff leaving, insecurity of venues for delivery and lack of communication and research about what the charity achieves. Each of these issues is regularly scrutinised and discussed.

One issue which arose during 2023/24 was with regard to pension payments being incorrectly made into the NHS Pension Scheme for some employees and over a period of time. This was outwith the control of the charity and was rectified during the year with repayment of what were increased pension costs being credited to the charity over two years. No employee was adversely affected by this issue.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Management

The board of trustees consists of 10 trustees with 3 new appointment during the year.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08400970 (England and Wales)

Registered Charity number

1152437

Registered office

1 Navigation Walk
Hebble Wharf
Wakefield
West Yorkshire
WF1 5RH

Spectrum People

Report of the Trustees
for the year ended 31st March 2024

Trustees

Dr L D Harris OBE	- Trustee
P Box CBE	- Trustee
Dr S P Michael OBE	- Chair of Trustees
Dr R E G Sloan MBE	- Trustee
R W Davies	- Trustee (resigned 20/2/24)
A Pepper	- Trustee, Treasurer
J Major	- Trustee
J M Nye	- Trustee (appointed 20/6/23, resigned 2/5/2024)
J L Beecham	- Trustee (appointed 18/7/23)
Miss R M Hill	- Trustee (appointed 22/8/23)

Independent Examiner

Paul Drant FCCA, ACA
Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Approved by order of the board of trustees on 20th August 2024 and signed on its behalf by:

A Pepper - Trustee

**Independent Examiner's Report to the Trustees of
Spectrum People**

Independent examiner's report to the trustees of Spectrum People ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Drant FCCA, ACA
The Association of Chartered Certified Accountants

Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Date: 21st August 2024

Spectrum People

Statement of Financial Activities
for the year ended 31st March 2024

		2024 Unrestricted fund £	2023 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		<u>256,959</u>	<u>284,032</u>
EXPENDITURE ON			
Raising funds	2	<u>226,969</u>	<u>277,073</u>
NET INCOME		29,990	6,959
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>149,391</u>	<u>142,432</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>179,381</u></u>	<u><u>149,391</u></u>

The notes form part of these financial statements

Spectrum People

Balance Sheet
31st March 2024

		2024	2023
		Unrestricted	Total
		fund	funds
	Notes	£	£
CURRENT ASSETS			
Debtors	5	3,576	15,561
Cash at bank		<u>195,730</u>	<u>155,277</u>
		199,306	170,838
CREDITORS			
Amounts falling due within one year	6	(19,925)	(21,447)
NET CURRENT ASSETS		<u>179,381</u>	<u>149,391</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		179,381	149,391
NET ASSETS		<u>179,381</u>	<u>149,391</u>
FUNDS	7		
Unrestricted funds		<u>179,381</u>	<u>149,391</u>
TOTAL FUNDS		<u>179,381</u>	<u>149,391</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20th August 2024 and were signed on its behalf by:

A Pepper - Trustee

The notes form part of these financial statements

Spectrum People

Notes to the Financial Statements for the year ended 31st March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Fundraising expenses and project costs	35,402	62,676
Support costs	<u>191,567</u>	<u>214,397</u>
	<u>226,969</u>	<u>277,073</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2024

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2024 nor for the year ended 31st March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2024 nor for the year ended 31st March 2023.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
Charity manager	1	1
Admin assistant	<u>6</u>	<u>7</u>
	<u><u>7</u></u>	<u><u>8</u></u>

No employees received emoluments in excess of £60,000.

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	3,576	499
Prepayments and accrued income	<u>-</u>	<u>15,062</u>
	<u><u>3,576</u></u>	<u><u>15,561</u></u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	-	13,969
Other creditors	40	-
Accruals and deferred income	<u>19,885</u>	<u>7,478</u>
	<u><u>19,925</u></u>	<u><u>21,447</u></u>

7. MOVEMENT IN FUNDS

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	149,391	29,990	179,381
	<u>149,391</u>	<u>29,990</u>	<u>179,381</u>
TOTAL FUNDS	<u><u>149,391</u></u>	<u><u>29,990</u></u>	<u><u>179,381</u></u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2024

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	256,959	(226,969)	29,990
TOTAL FUNDS	<u>256,959</u>	<u>(226,969)</u>	<u>29,990</u>

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	142,432	6,959	149,391
TOTAL FUNDS	<u>142,432</u>	<u>6,959</u>	<u>149,391</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	284,032	(277,073)	6,959
TOTAL FUNDS	<u>284,032</u>	<u>(277,073)</u>	<u>6,959</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	142,432	36,949	179,381
TOTAL FUNDS	<u>142,432</u>	<u>36,949</u>	<u>179,381</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2024

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	540,991	(504,042)	36,949
TOTAL FUNDS	<u>540,991</u>	<u>(504,042)</u>	<u>36,949</u>

8. RELATED PARTY DISCLOSURES

The sole member of the charity is Spectrum Community Health CIC (Reg no: 07300133), a company registered in England and Wales. During the period the charity received £55,000 (2023: £40,000) in donations from Spectrum Community Health CIC along with staff time and resources to the value of £77,753 (2023: £71,435).

At the balance sheet date, £40 (2023: £10,123) was owed by Spectrum People to Spectrum Community Health CIC.

9. ULTIMATE CONTROLLING PARTY

In the opinion of the Trustees, no one party controlled the charity during the period.

SPECTRUM PEOPLE

England & Wales - Charity number 1152437

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st March 2023
for
Spectrum People

Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Spectrum People

Contents of the Financial Statements
for the year ended 31st March 2023

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 11

Report of the Trustees
for the year ended 31st March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Public benefit

The Trustees have considered the objectives of Spectrum People and are satisfied that they are wholly for the public benefit under section 17 (5) of the Charity Act.

Report of the Trustees
for the year ended 31st March 2023

ACHIEVEMENT AND PERFORMANCE

As it reaches its' tenth anniversary in 2023 the charity continues to support many beneficiaries and visitors; workloads remained extremely busy with the complexities of support needed deepening with the double effects of pandemic and economic pressures. Achievements include the following:

- The work team size continued at its' higher numbers, with a combination of paid workers, students on placement and volunteers.
- A second apprentice - again in horticulture and based at Appletree - underway in October 2022.
- The charity's strong group of 7 volunteer trustees met 11 times, including for a development workshop. Meeting venues included Appletree Garden, Airedale Community Workshop and Tieve Tara Medical Practice.
- Appletree Garden continues as one of our key venues and welcomed groups and individuals every week, including for a popular art session, run by one of our volunteers. There were a total of 1951 visits to the garden during the year, an average of 16 a day as our direct green space social prescribing helps improve the wellbeing of so many people.
- Tieve Tara Medical Practice in Airedale, Castleford, is the charity's other main venue. Social prescribing, art therapy/arts based creative health activities are the offer there with 104 referrals into social prescribing and 317 attendances against these in the first 6 months of 2023. All ages can benefit from this provision.
- Arts based and green space therapeutic activities are now the main offers alongside social prescribing. The charity continues with 4 art therapists, 2 qualified, 2 on placement with the overall Re-emerge project continuing into its second year with partner The Art House, Wakefield.
- Safe Space is a service which has developed well over recent years, bringing benefit to many people in mental health crisis. This has been achieved through collaboration between Touchstone, Gapsed and Spectrum People, with Touchstone as lead provider. As the offer has matured it has been important to reflect on what is the best model of partnership and leadership moving forward. Spectrum People provides a large and complex range of support to many people who find themselves in vulnerable life situations and has only a small resource to do so. Having reflected on our current involvement in Safe Space and in discussion with our partners and commissioners, we feel it is now timely to withdraw from the project as a partner. Spectrum People would like to wish Touchstone and Gapsed every success in the future and hope Safe Space continues to bring benefit to those who need the service." This statement was issued in March 2023 and the Safe Space Wakefield staff formerly employed via Spectrum People were successfully TUPE'd over to Touchstone on 1 May 2023.
- One key project during the year was the partnership with Wakefield Authority and Huddersfield University in 'Empowering Communities', funded via the UK Community Renewal Fund, which ended in December 2022. Independently evaluation via Karda Research included looking at the UKCRF objectives, the Programme performed well. UKCRF wanted projects to build on local insight and knowledge, develop projects that align with long-term local strategic growth plans, target people most in need and support community renewal. The Programme in Wakefield had a clear focus on the economically inactive and unemployed, and developed an alliance of organisations working to improve local well-being and stimulate economic activity. To conclude, it is clear the Programme delivered its activities largely as anticipated. The outputs and outcomes identified were overachieved and the survey has shown many wider economic, social and community benefits realised... it is evident that the lives of many individuals and organisations have been enhanced by support from the Programme. The estimated GVA to date of £3.4m would result in a cost-benefit ratio (BCR) of 1:4.7 i.e., each £1.00 of investment will generate £4.70. The estimated total NPV GVA of £4.4m would result in a cost-benefit ratio (BCR) of 1:6.0 i.e., each £1.00 invested has the potential to generate £6.00 once future benefits are realised.
- The fourth year of Postcards from Wakefield was designed by Spectrum People and included the yellow and blue of Ukraine. Using the postcards all year and led by Wakefield PMHN (positive mental health network) this initiative is now a successful annual approach encouraging people to talk about their mental health and give positive messages to others.
- The charity's role in developing partnerships and co-production is strong as is its role in influencing policy. This includes being one of 3 leads for the PMHN, representing the group on Wakefield MHA (Mental Health Alliance), encouraging other partners to go for funding, assessing bids on behalf of the PMHN and publishing the fortnightly newsletter. Eight projects from the voluntary and community sector were successful, totalling £497,951 from Mental Health Investment Standard Investment with additional Sustainable Development funding.
- Obtaining increased funding including from Spectrum Community Health, UKCRF, NHS Charities Together and WMDC. This included acting as banker for Airedale Community Workshop, enabling that offer to re-start and very successfully engage many in woodworking, as part of the UKCRF. As a result 84 people participated in 139 sessions, with 3 jobs secured in the Airedale area.

FINANCIAL REVIEW

Reserves policy

The reserves fund remains at £40,000.

Report of the Trustees
for the year ended 31st March 2023

FUTURE PLANS

These include:

- Having secured new funding running Re-emerge for a further year is underway with journaling in the NeoNatal Unit at Mid Yorkshire Pinderfields Hospital a successful new activity.
- As the numbers and complexities of those visiting Appletree Garden for its green therapy increase designing a role supporting the team there is crucial. This will start as the first apprentice ends their course in the summer of 2023.
- Ensuring Spectrum People's place in the rapidly developing area of Creative Health; the charity has long done this but as health and the creative sector develop links and potential funding streams it is important that this work is recognised, supported and funded.
- Developing the strong policy influence the charity already has within Wakefield, West Yorkshire and further afield.
- Leading on the fifth year of Postcards from Wakefield on behalf of the Positive Mental Health Network, collaborating with an increasing number of partners.
- Exploring funding avenues for Spectrum People's social prescribing offer, which remains unfunded locally.
- Celebrating the stories and success of those the charity has supported as part of our 10th year achievements.
- Having successfully recruited three new Trustees since 1 April 2023 the board will continue to meet on a monthly basis with restructured meetings focusing on each charity priority in turn.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Management

The board of trustees remained constant during the year with 7 trustees and no changes.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08400970 (England and Wales)

Registered Charity number

1152437

Registered office

1 Navigation Walk
Hebble Wharf
Wakefield
West Yorkshire
WF1 5RH

Trustees

Dr L D Harris OBE Trustee
P Box CBE Trustee
Dr S P Michael OBE Chair of Trustees
Dr R E G Sloan MBE Trustee
R W Davies Trustee
A Pepper Trustee, Treasurer
J Major Trustee
J M Nye (appointed 20/6/23)
J L Beecham (appointed 18/7/23)
Miss R M Hill (appointed 22/8/23)

Report of the Trustees
for the year ended 31st March 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Paul Drant FCCA, ACA

Sadofskys

Chartered Accountants

Princes House

Wright Street

Hull

East Yorkshire

HU2 8HX

Approved by order of the board of trustees on 22nd August 2023 and signed on its behalf by:

A Pepper - Trustee

**Independent Examiner's Report to the Trustees of
Spectrum People**

Independent examiner's report to the trustees of Spectrum People ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Drant FCCA, ACA
The Association of Chartered Certified Accountants

Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

22nd August 2023

Spectrum People

Statement of Financial Activities
for the year ended 31st March 2023

	Notes	2023 Unrestricted fund £	2022 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		284,032	219,765
EXPENDITURE ON			
Raising funds	2	277,073	258,205
NET INCOME/(EXPENDITURE)		6,959	(38,440)
RECONCILIATION OF FUNDS			
Total funds brought forward		142,432	180,872
TOTAL FUNDS CARRIED FORWARD		149,391	142,432

The notes form part of these financial statements

Spectrum People (Registered number: 08400970)

Balance Sheet
31st March 2023

		2023	2022
		Unrestricted	Total
		fund	funds
	Notes	£	£
CURRENT ASSETS			
Debtors	5	15,561	10,755
Cash at bank and in hand		155,277	247,523
		170,838	258,278
CREDITORS			
Amounts falling due within one year	6	(21,447)	(115,846)
NET CURRENT ASSETS		149,391	142,432
TOTAL ASSETS LESS CURRENT LIABILITIES		149,391	142,432
NET ASSETS		149,391	142,432
FUNDS	7		
Unrestricted funds		149,391	142,432
TOTAL FUNDS		149,391	142,432

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 22nd August 2023 and were signed on its behalf by:

A Pepper - Trustee

The notes form part of these financial statements

Spectrum People

Notes to the Financial Statements for the year ended 31st March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Fundraising expenses and project costs	62,676	48,697
Support costs	214,397	209,508
	<u>277,073</u>	<u>258,205</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2023

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2023 nor for the year ended 31st March 2022.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Charity manager	1	1
Admin assistant	7	8
	<u>8</u>	<u>9</u>

No employees received emoluments in excess of £60,000.

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade debtors	499	10,100
Prepayments and accrued income	15,062	655
	<u>15,561</u>	<u>10,755</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	13,969	-
Other creditors	-	76,933
Accruals and deferred income	7,478	38,913
	<u>21,447</u>	<u>115,846</u>

7. MOVEMENT IN FUNDS

	At 1/4/22	Net movement in funds	At 31/3/23
	£	£	£
Unrestricted funds			
General fund	142,432	6,959	149,391
	<u>142,432</u>	<u>6,959</u>	<u>149,391</u>
TOTAL FUNDS			
	<u>142,432</u>	<u>6,959</u>	<u>149,391</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2023

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	284,032	(277,073)	6,959
TOTAL FUNDS	<u>284,032</u>	<u>(277,073)</u>	<u>6,959</u>

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	180,872	(38,440)	142,432
TOTAL FUNDS	<u>180,872</u>	<u>(38,440)</u>	<u>142,432</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	219,765	(258,205)	(38,440)
TOTAL FUNDS	<u>219,765</u>	<u>(258,205)</u>	<u>(38,440)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	180,872	(31,481)	149,391
TOTAL FUNDS	<u>180,872</u>	<u>(31,481)</u>	<u>149,391</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2023

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	503,797	(535,278)	(31,481)
TOTAL FUNDS	<u>503,797</u>	<u>(535,278)</u>	<u>(31,481)</u>

8. RELATED PARTY DISCLOSURES

The sole member of the charity is Spectrum Community Health CIC (Reg no: 07300133), a company registered in England and Wales. During the period the charity received £40,000 (2022: £40,133) in donations from Spectrum Community Health CIC along with staff time and resources to the value of £71,435 (2022: £70,181).

At the balance sheet date, £10,123 (2022: £76,933) was owed by Spectrum People to Spectrum Community Health CIC.

9. ULTIMATE CONTROLLING PARTY

In the opinion of the Trustees, no one party controlled the charity during the period.

SPECTRUM PEOPLE

England & Wales - Charity number 1152437

Accounts

REGISTERED COMPANY NUMBER: 08400970 (England and Wales)
REGISTERED CHARITY NUMBER: 1152437

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st March 2022

for
Spectrum People

cbaSadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Spectrum People

Contents of the Financial Statements
for the year ended 31st March 2022

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6 to 7
Notes to the Financial Statements	8 to 12

Report of the Trustees
for the year ended 31st March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Public benefit

The Trustees have considered the objectives of Spectrum People and are satisfied that they are wholly for the public benefit under section 17 (5) of the Charity Act.

ACHIEVEMENT AND PERFORMANCE

The charity continued to support many beneficiaries and visitors, with its' workload continuing to increase as the pandemic continued and its' effects are felt. Achievements include the following:

- The work team has tripled in size since 2020 with 7 new members in 2022 alone
- Places for students continue to be provided and the first apprentice - in horticulture, based at Appletree - got underway in September 2021
- Volunteers have also grown in number and support befriending, art groups and Appletree, as well as our strong band of 7 trustees who continue to support the charity and meet at least 10 times a year
- Appletree Garden continues to attract more and more visitors - of all ages - many of whom return every week to donate time to dig, sow, tidy up, water, weed or simply listen, support and chat to others. In total 5226 hours were donated in 2021/22. Green space continues to be a vital offer helping improving the wellbeing of those who visit the Garden
- As things returned more to in person working the team have based themselves at two locations - Appletree in Agbrigg, and at Tieve Tara Medical Practice in Airedale. Both are located where people are looking for more support and being in the heart of the community fits the charities overall priority of focusing on support for those who are socially excluded
- Arts based activities and in particular art therapy continues to be a vital offer and 4 art therapists - 2 qualified, 2 on placement, have been supporting people of all ages, mostly in Airedale. Two offer art therapy via the FAC (Families Achieving Change) service for young people, based at The Hut, one is based at Tieve Tara and one runs a two hour session at Reflections House, Castleford. The latter two are part of The Art House Re-emerge project, funded via NHS Charities Together
- Social prescribing grows year on year and the charity particularly supports patients at Tieve Tara who are referred for this offer by GPs and other practice staff. Spectrum People offers this for all ages and is aware that the numbers of children being referred is growing significantly
- Safe Space Wakefield became completely embedded during the year and is now running 6 evenings a week and for those aged 16 and upwards. Alongside partners Touchstone and Gaspd, Spectrum People has worked hard to ensure those needing this person centred, trauma informed evening offer are helped and are kept safe, without having to call upon the blue light services
- Towards the end of the year Spectrum People partnered with Wakefield Authority and Huddersfield University in 'Empowering Communities', a project funded via the UK Community Renewal Fund. Despite the very tight timescales and much delayed start work was well underway in February/March 2022 with Spectrum People playing a lead role in linking local community organisations with funding and other support.
- The third year of Postcards from Wakefield was led by Wakefield Authority and Spectrum People with a physical postcard possible again after 2020s lockdowns
- A main highlight of the year was Spectrum People being awarded BBC Radio 4s All in the Mind project award; Dawn Bland, a long time beneficiary of the charity, nominated the team and joined Leanne (art therapist), Tina (social prescriber) and Bridget (charity lead) in London to hear this amazing news
- Obtaining increased funding including from Spectrum Community Health, WMDC and the Emergency Fund (covid fund). This last amount of funding allowed major infrastructure developments at Appletree which now boasts a very large, disabled access compost toilet (replacing portaloos) and a recovered polytunnel - where all our plants are grown. The funding also covered running 7 co-produced events with Open Country, whose aims are similar to those of Spectrum People.

Report of the Trustees
for the year ended 31st March 2022

FINANCIAL REVIEW

Reserves policy

The reserves fund remains at £40,000.

FUTURE PLANS

These include:

- Running further Maternal Journal and other journaling activities and continuing art therapy as part of the Re-emerge project
- Taking on a further horticultural apprentice at Appletree which will strengthen the team and allow increased access by the community
- Updating and improving the Spectrum People website and further developing social media
- Leading on the fourth year of Postcards from Wakefield on behalf of the Positive Mental Health Network, collaborating with an increasing number of partners
- Continuing Spectrum People's co-production work to ensure individuals get joined up, person centred support
- Continuing to contribute to Safe Space as it further develops
- Developing the growing partnership working with Spectrum Community CIC, and particularly at Tieve Tara Medical Practice.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Management

The board of trustees remained constant during the year with 7 trustees and no changes.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08400970 (England and Wales)

Registered Charity number

1152437

Registered office

1 Navigation Walk
Hebble Wharf
Wakefield
West Yorkshire
WF1 5RH

Trustees

Dr L D Harris OBE Trustee
P Box CBE Trustee
Dr S P Michael OBE Chair of Trustees
Dr R E G Sloan MBE Trustee
R W Davies Trustee
A Pepper Trustee, Treasurer
J Major Trustee

Report of the Trustees
for the year ended 31st March 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

cbaSadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Approved by order of the board of trustees on 13th September 2022 and signed on its behalf by:

A Pepper - Trustee

Independent Examiner's Report to the Trustees of
Spectrum People

Independent examiner's report to the trustees of Spectrum People ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Drant FCCA, ACA
cbaSadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

13th September 2022

Spectrum People

Statement of Financial Activities
for the year ended 31st March 2022

		2022	2021
		Unrestricted	Total
		fund	funds
		£	£
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		219,765	216,865
EXPENDITURE ON			
Raising funds	2	258,205	153,205
Other		-	347
Total		258,205	153,552
NET INCOME/(EXPENDITURE)		(38,440)	63,313
RECONCILIATION OF FUNDS			
Total funds brought forward		180,872	117,559
TOTAL FUNDS CARRIED FORWARD		142,432	180,872

The notes form part of these financial statements

Balance Sheet
31st March 2022

		2022	2021
		Unrestricted	Total
		fund	funds
		£	£
CURRENT ASSETS	Notes		
Debtors	5	10,755	40,558
Cash at bank and in hand		247,523	176,081
		258,278	216,639
CREDITORS			
Amounts falling due within one year	6	(115,846)	(35,767)
NET CURRENT ASSETS		142,432	180,872
TOTAL ASSETS LESS CURRENT LIABILITIES		142,432	180,872
NET ASSETS		142,432	180,872
FUNDS	7		
Unrestricted funds		142,432	180,872
TOTAL FUNDS		142,432	180,872

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Balance Sheet - continued
31st March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13th September 2022 and were signed on its behalf by:

A Pepper - Trustee

Spectrum People

Notes to the Financial Statements **for the year ended 31st March 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2022

2. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Fundraising expenses and project costs	48,697	25,884
Support costs	209,508	127,321
	258,205	153,205

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2022 nor for the year ended 31st March 2021.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Charity manager	1	1
Admin assistant	8	3
	9	4

No employees received emoluments in excess of £60,000.

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	10,100	34,028
Prepayments and accrued income	655	6,530
	10,755	40,558

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2022

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other creditors	76,933	33,119
Accruals and deferred income	38,913	2,648
	115,846	35,767

7. MOVEMENT IN FUNDS

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	180,872	(38,440)	142,432
TOTAL FUNDS	180,872	(38,440)	142,432

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	219,765	(258,205)	(38,440)
TOTAL FUNDS	219,765	(258,205)	(38,440)

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	117,559	63,313	180,872
TOTAL FUNDS	117,559	63,313	180,872

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2022

7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	216,865	(153,552)	63,313
TOTAL FUNDS	<u>216,865</u>	<u>(153,552)</u>	<u>63,313</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	117,559	24,873	142,432
TOTAL FUNDS	<u>117,559</u>	<u>24,873</u>	<u>142,432</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	436,630	(411,757)	24,873
TOTAL FUNDS	<u>436,630</u>	<u>(411,757)</u>	<u>24,873</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2022

8. RELATED PARTY DISCLOSURES

The sole member of the charity is Spectrum Community Health CIC (Reg no: 07300133), a company registered in England and Wales. During the period the charity received £40,133 (2021: £40,000) in donations from Spectrum Community Health CIC along with staff time and resources to the value of £70,181 (2021: £58,210).

At the balance sheet date, £76,933 (2021: £32,134) was owed by Spectrum People to Spectrum Community Health CIC.

9. ULTIMATE CONTROLLING PARTY

In the opinion of the Trustees, no one party controlled the charity during the period.

SPECTRUM PEOPLE

England & Wales - Charity number 1152437

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st March 2021
for
Spectrum People

cbaSadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Spectrum People

Contents of the Financial Statements
for the year ended 31st March 2021

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Financial Statements	7 to 10
Detailed Statement of Financial Activities	11

Spectrum People

Report of the Trustees **for the year ended 31st March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Public benefit

The Trustees have considered the objectives of Spectrum People and are satisfied that they are wholly for the public benefit under section 17 (5) of the Charity Act.

ACHIEVEMENT AND PERFORMANCE

The charity continued to support many beneficiaries, with its' workload increasing and innovating as the pandemic took effect. Achievements include the following:

- Swiftly adapting to remote working in mid-March 2020 with all employees working throughout the year and numbers of volunteers and placement students increasing.
- Ensuring Appletree Garden developed and grew. Despite closing for 6 months of the year well over 3000 hours was donated by NCS (National Citizen Service) and Askern Bryan FLEX groups as well as over 100 full days from individual volunteers. The garden was open 3 days a week - when the pandemic allowed - and will open 4 days a week in summer 2021.
- Art therapy support to the FAC (Families Achieving Change) service for young people, based at The Hut, Airedale; 1 qualified and 2 art therapists in training provide this increasingly important support helping a total of 14 individuals from October to March 2021. The support continues until at least summer 2021.
- Virtual events took over with Spectrum People taking part in WF Talks, ArtWalk at Home and Blooming Monday and taking a lead role in organising and running the IVAR (Institute for Voluntary Action Research) event in October titled How can the voluntary and community sector and statutory sector maximise opportunities to work more effectively together?
- On behalf of the third sector in Wakefield leading the initiative to get Safe Space, Wakefield conceived, designed and commissioned by Wakefield CCG. Following the successful procurement process Spectrum People partnered with Touchstone and Gaspod to mobilise this offer, which started virtually in October 2020 and at the Art House in December. From the initial 3 evening offer the CCG confirmed early in 2021 that funding was available for 7 evenings and mobilisation is underway to get this in place from May 2021.
- With the first lockdown increasing social isolation social media became key with the Spectrum People and Appletree Facebook pages active and attracting input; posts are made 3 times a week.
- Using funding from Creative Wakefield to support through Art Therapy with 18 individuals engaging. Together and Apart in June 2021 - an exhibition of artwork - will feature a number of those supported through our Creative Connections theme.
- Helping design and run the 2nd year of Postcards from Wakefield in May 2020 with a virtual offer attracting many contributions including singing and dancing postcards.
- Completing the final year project managing the Wakefield VCS Social Prescribing project with the 4 charities involved adapting their roles as the pandemic increased need.
- Obtaining increased funding including from Spectrum Community Health, WMDC and Live Well Wakefield.
- Virtual team meetings were held weekly during 2020, reducing to fortnightly in 2021. Seven virtual board meeting and one virtual board to board meeting with Spectrum CIC took place.
- A total of 2176 support sessions were given during the year including 803 phone supports and 353 face to face sessions.

Spectrum People

Report of the Trustees **for the year ended 31st March 2021**

FINANCIAL REVIEW

Reserves policy

The reserves fund remains at £40,000.

FUTURE PLANS

These include:

- Ensuring that social prescribing continues for those with enduring mental health issues and major barriers in their lives, and in particular working with Tieve Tara GP practice in Airedale to support their patients.
- Holding virtual group 'get togethers' encouraging engagement and communication and extending these into the groups meeting at Appletree Garden as the lockdown eases.
- Running the third year of Postcards from Wakefield on behalf of the Positive Mental Health Network and in collaboration with an increasing number of partners.
- Collaborative working and leadership with local organisations to best support individuals as they re-engage in the district and the emotional effects of the pandemic continue to impact.
- Continuing to lead and contribute to Safe Space as it mobilises to 7 evening working.
- Developing arts based and green space activities using Appletree and Fryston Trails with the support of a pipeline of placement students including art therapists and others.
- Developing the partnership working with Spectrum Community CIC further, including through the QualP project and as the CIC takes on Tieve Tara medical practice.

Following a board discussion in May 2021 Trustees agreed the following:

- An audit of need, both at that point and projected after lockdown, would be undertaken; it is planned that this would be a project by University of Huddersfield MSc students.
- Work to measure the existing objectives versus capacity would take place prior to the July 2021 board meeting.

These actions should provide the board of trustees with a clearer understanding to enable them to make informed decisions and action plans for the future.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Management

The board of trustees remained constant during the year with 7 trustees and no changes.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08400970 (England and Wales)

Registered Charity number

1152437

Registered office

1 Navigation Walk
Hebble Wharf
Wakefield
West Yorkshire
WF1 5RH

Spectrum People

Report of the Trustees
for the year ended 31st March 2021

Trustees

L D Harris Trustee
P Box Trustee
S P Michael Chair of Trustees
R E G Sloan Trustee
R W Davies Trustee
A Pepper Trustee, Treasurer
J Major Trustee

Independent Examiner

cbaSadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

Approved by order of the board of trustees on 8th June 2021 and signed on its behalf by:

A Pepper - Trustee

**Independent Examiner's Report to the Trustees of
Spectrum People**

Independent examiner's report to the trustees of Spectrum People ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Drant FCCA, ACA
cbaSadofskys
Chartered Accountants
Princes House
Wright Street
Hull
East Yorkshire
HU2 8HX

8th June 2021

Spectrum People

Statement of Financial Activities
for the year ended 31st March 2021

		2021	2020
		Unrestricted	Total
		fund	funds
		£	£
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		216,865	152,609
EXPENDITURE ON			
Raising funds	2	153,205	149,320
Other		347	-
Total		153,552	149,320
NET INCOME		63,313	3,289
RECONCILIATION OF FUNDS			
Total funds brought forward		117,559	114,270
TOTAL FUNDS CARRIED FORWARD		180,872	117,559

The notes form part of these financial statements

Spectrum People

Balance Sheet
31st March 2021

	Notes	2021 Unrestricted fund £	2020 Total funds £
CURRENT ASSETS			
Debtors	5	40,558	1,118
Cash at bank and in hand		176,081	131,003
		216,639	132,121
CREDITORS			
Amounts falling due within one year	6	(35,767)	(14,562)
NET CURRENT ASSETS		180,872	117,559
TOTAL ASSETS LESS CURRENT LIABILITIES		180,872	117,559
NET ASSETS		180,872	117,559
FUNDS	7		
Unrestricted funds		180,872	117,559
TOTAL FUNDS		180,872	117,559

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 8th June 2021 and were signed on its behalf by:

A Pepper - Trustee

The notes form part of these financial statements

Spectrum People

Notes to the Financial Statements for the year ended 31st March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. RAISING FUNDS

Raising donations and legacies

	2021	2020
	£	£
Fundraising expenses and project costs	25,884	20,174
Support costs	127,321	129,146
	<u>153,205</u>	<u>149,320</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2021

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2021 nor for the year ended 31st March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2021 nor for the year ended 31st March 2020.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Charity manager	1	1
Admin assistant	3	2
	<u>4</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	34,028	958
Prepayments and accrued income	6,530	160
	<u>40,558</u>	<u>1,118</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	-	944
Other creditors	33,119	-
Accrued expenses	2,648	13,618
	<u>35,767</u>	<u>14,562</u>

7. MOVEMENT IN FUNDS

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	117,559	63,313	180,872
	<u>117,559</u>	<u>63,313</u>	<u>180,872</u>

TOTAL FUNDS

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2021

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	216,865	(153,552)	63,313
TOTAL FUNDS	<u>216,865</u>	<u>(153,552)</u>	<u>63,313</u>

Comparatives for movement in funds

	At 1/4/19 £	Net movement in funds £	At 31/3/20 £
Unrestricted funds			
General fund	114,270	3,289	117,559
TOTAL FUNDS	<u>114,270</u>	<u>3,289</u>	<u>117,559</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	152,609	(149,320)	3,289
TOTAL FUNDS	<u>152,609</u>	<u>(149,320)</u>	<u>3,289</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/19 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	114,270	66,602	180,872
TOTAL FUNDS	<u>114,270</u>	<u>66,602</u>	<u>180,872</u>

Spectrum People

Notes to the Financial Statements - continued
for the year ended 31st March 2021

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	369,474	(302,872)	66,602
TOTAL FUNDS	<u>369,474</u>	<u>(302,872)</u>	<u>66,602</u>

8. RELATED PARTY DISCLOSURES

The sole member of the charity is Spectrum Community Health CIC (Reg no: 07300133), a company registered in England and Wales. During the period the charity received £40,000 (2020: £40,000) in donations from Spectrum Community Health CIC along with staff time and resources to the value of £58,210 (2020: £53,047).

At the balance sheet date, £32,134 (2020 £Nil) was owed by Spectrum People to Spectrum Community Health CIC.

9. ULTIMATE CONTROLLING PARTY

In the opinion of the Trustees, no one party controlled the charity during the period.

Spectrum People

Detailed Statement of Financial Activities
for the year ended 31st March 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	216,865	152,609
Total incoming resources	216,865	152,609
EXPENDITURE		
Raising donations and legacies		
Fundraising expenses and project costs	25,884	20,174
Other		
Bad debts	347	-
Support costs		
Management		
Wages	53,865	36,612
Social security	4,044	2,387
Pensions	5,799	2,494
Corporate services	58,210	53,047
Motor and travelling expenses	802	1,287
Computer expenses	319	1,464
Postage, stationery and telephone	1,840	1,322
Subscriptions and sundries	767	108
Consultancy fees	-	27,620
Insurance	752	1,492
Training expenses	-	394
	126,398	128,227
Finance		
Bank and payment processing charges	263	559
Governance costs		
Legal fees	300	-
Accountancy fees	360	360
	660	360
Total resources expended	153,552	149,320
Net income	63,313	3,289

This page does not form part of the statutory financial statements